

## Resources: Engaging Men and Boys in Violence Prevention

\* = available in WCASA's resource center

S = available in Spanish

### Organizations

**A Call to Men:** <http://www.acalltomen.org/>

A great organization led by Tony Porter – a leader in this area. This is probably one of the more high profile campaigns, particularly because of their work with the NFL. This organization provides curriculum, presentations, trainings, and workshops tailored to a specific community (cost is unclear). See “Breaking Out of ‘The Man Box’” under Books and Further Reading and Videos, “LiveRespect” under Curriculum, and “A Call to Men” under Videos.

**Futures Without Violence:** <http://futureswithoutviolence.org>

This program's website contains many resources for engaging men, including some resources listed under other categories below. Their projects run from primary prevention (healthy masculinity curriculum/campaigns for a variety of ages) to tertiary prevention (interventions for men who use violence). Many materials are available for free. Some resources are available in Spanish. S

**Men Can Stop Rape:** <http://www.mencanstoprape.org/>

This organization does violence prevention work that is grounded in public health theory. They provide many resources: healthy masculinity summits, campaign materials, workshops/presentations, training for SA professionals, etc. – but unfortunately, none of it appears to be available for free. Some of their resources are listed in categories below.

**Mentors in Violence Prevention (MVP):** <http://www.mvpnational.org/>

Started by Jackson Katz – who is a leader in men's work. A great resource (trainings, curriculum, etc.) but there isn't much you can access without paying.

**Voices of Men:** <http://voicesofmen.com/>

This one is exciting because it comes from Wisconsin: a local project in the Fox Valley area. It is one of the few male-led initiatives in the state. They don't have curriculum-type resources; rather they are an excellent example of male leadership on the issue of VAW.

### Curriculum

**\*Coaching Boys Into Men:** <http://coachescorner.org/>

Curriculum from Futures Without Violence. Not only does this programming have some good preliminary evaluation outcomes, most of the resources are free and downloadable from their website. It is great as a train-the-trainer with men (coaches) with boys (athletes). There are some programs in the state implementing this as a prevention strategy with boys.

**LiveRespect:** <http://www.acalltomen.org/liverespect>

This is a product of A Call to Men. It is a 9-lesson curriculum about healthy masculinity for middle and high school boys, and can be downloaded for free at the link above. It does not contain an evaluation

plan for learning outcomes (ex: pre- and post-test), but one could be created using pre-existing standard measures available on WCASA's evaluation webpage.

**Men of Strength Club:** <http://www.mencanstoprape.org/The-Men-of-Strength-Club/>

From Men Can Stop Rape, a group for high school and middle school boys; there is also a Campus Men of Strength for college students. This includes a 22-week curriculum that has yielded some statistically significant positive changes in participants. You can apply to start a Men of Strength Club by downloading the brochure on this webpage.

**Paul Kivel:** <http://paulkivel.com/bookstore/>

Paul offers a variety of resources for working with boys/men around violence related topics. He also does great work around race and privilege. See Books and Further Reading section below for his titles, "Men's Work," "Men's Work: A Facilitator's Guide," and "Men Will Be Boys," available in the WCASA library.

## Awareness Campaigns

**#BeAModelMan:** <http://www.beamodelman.org/>

#BeAModelMan is a social-media-based awareness-raising campaign about healthy masculinity that is the result of a partnership between The Representation Project (*Miss Representation*, *The Mask You Live In*), Futures Without Violence, and Obscura Digital. There are several tips for engagement in the "take action" section of the website.

**Where Do You Stand?:** <http://www.mencanstoprape.org/Public-Awareness/>

From Men Can Stop Rape. "Where Do You Stand?" is a bystander intervention campaign aimed at encouraging men to intervene when they hear or see something potentially violent. You can purchase posters customized with your logo/contact information.

**White Ribbon Campaign:** <http://www.whiteribbon.ca/>

This campaign is out of Canada but has been adapted and used across the U.S. It started in 1991 by asking men to wear a white ribbon to signify they have pledged to "never commit, condone, or remain silent about violence against women and girls." It has since grown. One good example of how the campaign can be used is from Massachusetts: <http://whiteribbonday.janedoe.org/>. There are lots of great resources on both sites, including the "It's Starts With You" campaign aimed at fathers.

## Books and Further Reading

**\*Breaking Out of "The Man Box"** by Anthony (Tony) Porter

From Tony Porter, co-founder of A Call to Men. This book "...examines social norms, culture and traditional images of manhood that has created an environment that supports, tolerates and often encourages men's violence against women...provides concrete solutions and practical approaches toward ending men's violence against women...challenges the privileges and entitlements given to men." Companion DVD and TedTalk listed in Video section.

**\*Boys Will Be Men: Raising Our Sons for Courage, Caring and Community** by Paul Kivel

"Kivel helps parents and educators grapple with the complex forces in our son's lives, including racism, homophobia, pornography, drugs, class, consumerism, sexism and violence. He then provides practical

tools to empower boys to take the courageous step out of the ‘act like a man’ box to become allies to themselves, each other, and all those who are vulnerable to violence and injustice.”

**\*Empty Playground: A Survivor’s Story** by Callen Harty

This is an autobiographical story of surviving childhood sexual abuse in southwestern Wisconsin, which builds to a confrontation with the writer’s abuser (his brother). Read more about Callen’s story in this article: <http://isthmus.com/arts/books/book-empty-playground-callen-harty/>

**Engaging men in sexual assault prevention** by Mary Stathopoulos: <http://www.calcasa.org/wp-content/uploads/2013/11/Stathopoulos-2013.pdf>

*This is a highly recommended starting point!* This recent 20-page report published by the Australian Centre for the Study of Sexual Assault provides an overview of theories behind the engagement of men, programs doing this work, challenges in engaging men, and implications for practice.

**Jackson Katz:** <http://www.jacksonkatz.com/>

Jackson Katz is a leader in men’s engagement in violence prevention. You can find many resources and publications on his website for purchase. You can access “10 Things Men Can Do To Prevent Gender Violence” posters on his website for free.

**\*Men’s Work** by Paul Kivel

This book “shows men and women how to confront the harsh realities behind aggression and how to respond in new productive ways to the political, social, and personal forces that can lead to misogyny, hatred, anger, and violence. ...offers practical advice that will help men reclaim the power and responsibility needed to unlearn the lessons of control and aggression.”

**\*Men’s Work: Facilitator’s Guide** by Paul Kivel

A facilitator’s guide for a number of exercises that are considered a “re-education system for abusive men, or those in need of better relationships and parenting skills.”

**\*Oliver Button is a Sissy** by Tomie dePaola

A children’s book about a little boy who doesn’t like to do “the things that boys normally do,” but prefers to draw, read and dance. A heartwarming ending. **S**

**Reaching Men: Strategies for Preventing Sexist Attitudes, Behaviors, and Violence** by Rus Ervin Funk

This book, endorsed by the aforementioned Paul Kivel, provides a theoretical overview as well as exercises, sample outlines, and suggestions for educating men. You can find this book on Amazon.

**\*William’s Doll** by Charlotte Zolotow

A children’s book about a little boy who wants a doll, and is teased for his choice of toys. A heartwarming ending.

## Videos

**A Call to Men** (2010 TedTalk): <http://www.acalltomen.org/news/ted-talk-tony-porter>

A TedTalk by Tony Porter of A Call to Men. Telling powerful stories from his own life, he shows how the “act like a man” mentality can lead men to disrespect, mistreat and abuse women and each other. His solution: Break free of the “man box” (discussed in his book and in the DVD listed below). 11 min.

**\*A Way From Violence (2010)**

From Jeff Bucholtz and Carol Mosely of We End Violence. This video contains interviews, comedic and dramatic monologues, and lecture to look at the connections between different forms of oppression and how those oppressions facilitate violence. Includes discussion of gender normativity, masculinity, and sexism. 87 min.

**\*Boys and Men Healing**

Funded in part by 1in6. "A documentary about the epidemic of sexual abuse of boys, the impact on individuals, families, and society, and the importance of male survivors healing and speaking out to end child sexual abuse." 58 min. [S \(subtitles\)](#)

**\*Breaking Out of "The Man Box"**

A product of A Call to Men, and a complement to the book by the same name by Anthony (Tony) Porter. It addresses "well-meaning men" (AKA non-offenders), introduces them to the "man box" that restricts their self-expression and encourages violence, and appeals to them to help end violence against women. 28 min.

**\*Hip-Hop: Beyond Beats & Rhymes (2006)**

From the Media Education Foundation, directed by Byron Hurt (another expert in this field). Provides an "examination of representations of manhood in hip-hop culture" with emphasis on sexism, violence and homophobia. English subtitles. 61 min.

**\*The Boy Game (2012)**

"The Boy Game looks to unpack the complex dynamics that propel some boys to bully and the majority to stand watching in silent conflict. The truth is boys desperately need a way to talk about the painful gender strait jacketing they are subject to in order to develop the resilience to stand up, be themselves and redefine masculinity in terms of emotional, tolerant strength." 16 min.

**\*The Mask You Live In (2015)**

From The Representation Project (creators of *Miss Representation*). A documentary about how America's narrow definition of masculinity negatively affects men (and women). Comes with curriculum for K-12 schools and universities. 97 min. \*WCASA may have this available in the future.

**\*Together We Can (2013)**

From Jeff Bucholtz and Carol Mosely of We End Violence. This video shows a talk Jeff gave at a university that is at times comedic and interactive, and uses pop culture to examine sexism, masculinity, and gender normativity. 60 min.

**\*Tough Guise (1 and 2):**

Documentaries with Jackson Katz. These movies discuss the socialization of men and the depiction of masculinity in the media and how this affects both men and women. You can purchase from the Media Education Foundation.

**\*Use Your Strength: Mobilizing young men to prevent sexual and dating violence (2010)**

A product from Men Can Stop Rape, film by Jane Pittman. "Through this dynamic and entertaining video, educators and youth-serving professionals will visit Men of Strength Club and Men Creating Change meetings to learn how dominant stories and counter stories of masculinity can help young men play a role in constructing a world free of violence." 34 min.

**Violence Against Women—It’s a Men’s Issue** (2012 TedTalk):

[https://www.ted.com/talks/jackson\\_katz\\_violence\\_against\\_women\\_it\\_s\\_a\\_men\\_s\\_issue?language=en](https://www.ted.com/talks/jackson_katz_violence_against_women_it_s_a_men_s_issue?language=en).

A popular TedTalk by Jackson Katz about reframing the way we thinking about violence against women. It’s great for SA response/prevention professionals and laymen alike. You can access it for free by using the link above or googling the name of the video. 17 min. Jackson Katz also gave a 20-min talk at the National Sexual Assault Conference, which you can view here:

<https://www.youtube.com/watch?v=Bmsk0OyIqNY>

**\*Wrestling with Manhood: Boys, Bullying & Battering** (2003)

From the Media Education Foundation, including Jackson Katz and Sut Jhally. A critique of the “popularity of professional wrestling among male youth, addressing its relationship to real-life violence.” 60 min/45 min abridged version. English subtitles. 60 min.

## Other Resources

**Engaging Men & Youth Grant Program:** <http://engagingmen.futureswithoutviolence.org/>

From Futures Without Violence. It doesn’t appear that FWV is running this grant program any longer, but you can see the work of the previous grantees. You can also look at tips for engaging men and creating healthy masculinity campaigns under the “Mobilize Your Community” tab.

**Voice Male Magazine:** <http://voicemalemagazine.org/>

From the website: “Voice Male has evolved into a magazine exploring critical issues relevant to men’s growth and health while cataloguing the damaging effects of men’s isolation and violence. Think of it as a tool to assist men and boys navigating their passage to an engaged understanding of manhood and masculinities.”

**The Bristlecone Project:** <http://bristleconeproject.org/>

A project of 1in6 in collaboration with Dr. David Lisak (famous for his research on the “undetected rapist”), this project features portraits and biographies of male survivors of childhood sexual abuse. This is a great example of what it could look like to engage male survivors. See also: <http://1in6.org>