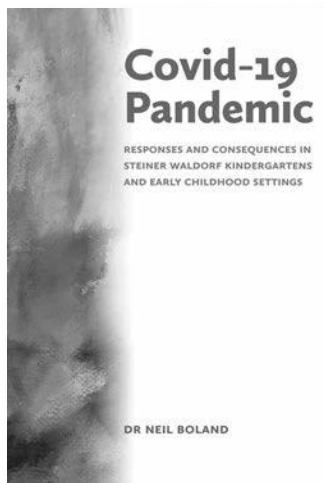


Publication Announcements

A Look at the Effects of the Covid-19 Pandemic on Our EC Programs ***Covid-19 Pandemic: Responses and Consequences in Steiner Waldorf Kindergartens and Early Childhood Settings*** **Dr. Neil Boland**

In response to the sudden isolation and other effects that early childhood families and educators experienced during the years of the pandemic, the International Association for Steiner-Waldorf Early Childhood Education (IASWECE) gathered and reported on educators' experiences, opinions, and thoughts. Dr. Neil Boland, who has a background in Steiner education as an early childhood, primary school, and secondary school teacher, and now teaches at the university level, prepared the report; he came to the project after doing considerable



research on the effects of lockdown on early childhood programs in New Zealand and Australia.

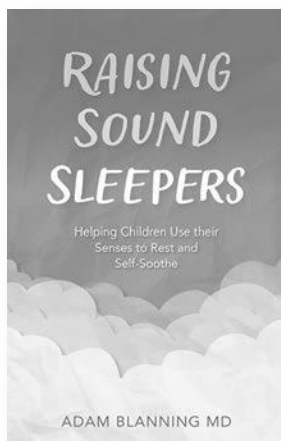
With gratitude for the support of IASWECE, which is translating the report into languages worldwide, WECAN has published Dr. Boland's findings as *Covid-19 Pandemic: Responses and Consequences in Steiner Waldorf Kindergartens and Early Childhood Settings*. It is a rich and revealing summary of educators' thoughts on how well-being, resilience, and relationships were affected by the Covid-19 pandemic,

and on how practices were modified in response. We hope this report, filled with personal accounts as well as clear graphics comparing responses from different countries, will provide valuable material for study, both individually and in groups.

Covid-19 Pandemic is available in our online store, store.waldorfearlychildhood.org. ♦

Support Children in Consistent, Restful Sleep: ***Raising Sound Sleepers*** **by Dr. Adam Blanning**

Sleep and rest aren't always the natural processes we expect them to be. In *Raising Sound Sleepers*, Dr. Adam Blanning offers observations, research, insight, and practical advice for helping children from infants to teenagers learn skills and habits to assist healthy sleep. The discussion ranges from how parents can avoid bedtime meltdowns to the simple, natural steps caregivers can take to help children feel calm and to encourage them to fall asleep more consistently. Detailed insights will help parents and caregivers to support children in using an anthroposophic understanding of the senses—from



taste, smell, and touch to balance and movement—to self-soothe, sleep, and ultimately build resilience for life.

Dr. Blanning, a family physician practicing anthroposophic medicine and a past president of the Anthroposophic Health Association, lectures and teaches internationally on topics relating to holistic medicine and the dynamics of human development, with a special interest in supporting children. He is also the author of *Understanding Deeper Developmental Needs*, an in-depth exploration of challenging behaviors in children.

Raising Sound Sleepers is forthcoming from Floris Books and will appear on our online store as soon as it is available. ♦



Celebrate Spring with Original Art from WECAN Cover Art Prints and Mother-Child Art Prints

Brighten and refresh the home and classroom during this season of renewal with art prints created especially for Waldorf families and teachers. Our Cover Art Prints feature beautiful watercolors by Sheila Harrington, reprising images that first appeared as the covers of *The Singing*, *Playing Kindergarten*, *Merrily We Sing*, and our *Waldorf Early Childhood Education: An Introductory Reader*. Sherri Gionet's Mother-Child Art Prints, *In the Garden* and *Mother and Child*, are inspired by multicultural representations of the familiar new mother holding her baby in color moods that evoke different seasons and regional climates. Each artist's work is available either individually or as sets in our online store. ♦

