

Moses Supposes His Toeses are Roses . . .

Traditional rhyme submitted by Stephanie Hoelscher

When the frustrations of putting on socks, shoes, or boots escalates, the tongue-twisting language in this short poem from an anonymous poet offers levity and an intimate moment for co-regulation, which can help a child move through the challenge. The poem also offers space for gentle or playful touch, depending upon the individual child.

*Moses supposes his toeses are roses,
But Moses supposes erroneously;
For nobody's toeses are posies of roses
As Moses supposes his toeses to be.*

This version comes from Caroline Kennedy, ed., *A Family of Poems* (Hyperion Books for Children).

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