



Discussion questions

1. How does the direct primary care model used by Dr. Kristen Dall-Winther challenge the traditional insurance-based health care system in the United States? What trade-offs does it involve for doctors and patients alike?
2. What does Dr. Dall-Winther's story reveal about the causes of physician burnout, and how might her approach represent both a personal solution and a broader critique of the U.S. medical system?
3. The Direct Primary Care model makes health care more affordable in most cases. Do you think this model could be applied to more complex, urgent medical needs?
4. How do you think provider job satisfaction might impact the quality of care delivered?
5. There are about 2,000 DPC model providers across the U.S., but critics don't see it making a substantial impact in U.S. healthcare. What are some reasons that many healthcare providers might not adopt this system?