



General questions

1. What problems can you identify in this story? Are solutions presented?
2. In what way might this story be relevant in your community?

Further exploration

1. How did the ancient Native food traditions and diets “disappear” into history?
2. Beyond health, what are some other impacts of not having access to healthy food?
3. One option suggested by the Sean and Dana is foraging from nature around you. Does that seem like a realistic option? Why or why not?
4. “Food deserts” are common on reservations and impoverished areas. What other “deserts” exist?