

General questions

- 1. What problems can you identify in this story? Are solutions presented?
- 2. In what way might this story be relevant in your community?

Further exploration

- 1. The post-traumatic stress from violence in a conflict-ravaged country only adds to the many mental pressures facing Pakistanis. How much effort should be focused on prevention of mental health issues by addressing the root causes versus treatment of existing issues?
- 2. How do you think Pakistani society is impacted by the overwhelming burden of unaddressed mental health issues?
- 3. Should mental health be highly prioritized in a country facing so many other physical ailments? Why or why not?