SECRETS OF THE HEART
"The Upright Heart" Psalm 119:1-16

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I. Defining an Upright Heart.
- A. "Upright = lit. "to go straight." See 1 Samuel 6:12
- B. To be upright is to avoid that which is deviant.
- C. The upright heart discerns, desires and decides that which is "right."
- D. The heart is not by nature "upright." See Jeremiah 17:9, 14

II. Desiring an Upright Heart. vv. 1-3
- A. Recognizing what it means to be "blessed."
  1. "Blessed" = "O the happiness of…to be envied with desire."
  2. "Blessedness" is something that only God can impart.
- B. Recognizing what being "blessed" looks like.
  1. Walking in ways that are "blameless" = "complete, balanced."
  2. Seeking the Lord wholeheartedly.
  3. Behaving in a manner that is "right."
- C. Recognizing the beauty of the blessed life.

III. Developing an Upright Heart. vv. 4-16
- A. Appreciating God's Word.
  1. God's Word as a revelation of himself.
  2. God's Word as a resume of His purposes.
  3. God's Word as a resource for His people.
- B. Approaching God's Word.
  1. By practicing what God has lovingly conveyed (law). v. 1
  2. By accepting what God has revealed (statutes). v. 2
  3. By following what God has stipulated (ways). vv. 3, 15
  4. By applying what God has detailed (precepts). vv. 4, 15
  5. By obeying what God has "engraved" (decrees). vv. 5, 8
  6. By doing what God has commanded. vv. 6, 10
  7. By affirming what God has evaluated (laws). v. 7
  8. By believing what God has said (word). v. 9
  9. By claiming what God has promised (word). v. 11
- C. Applying God's Word.
  1. A matter of praying as you're longing. v. 5
  2. A matter of praising as you're learning. v. 7
  3. A matter of depending as you're obeying. v. 8
  4. A matter of storing as you're struggling. vv. 10-11
  5. A matter of rejoicing as you're discovering. v. 14
  6. A matter of disciplining as you're delighting. v. 16

Points to Ponder: What part does God's Word really play in my life?