



# ***Tiffin Catholic CYO Meet***

**SUNDAY, MAY 5, 2024**  
**HEIDELBERG UNIVERSITY**  
**HOERNEMANN STADIUM, TIFFIN, OHIO**



Registration must be complete by Friday, May 3, 2024 at 11:59pm.

Scratches and relay alternates can be made during registration the day of the meet until 12:15pm.

**COST:** Per Participant: \$5.00  
Admission for Spectators: \$1.00 Students / Senior Citizens(65 & Older)  
\$3.00 Adults  
\$6.00 Family

**SCHEDULE:** 11:00 am Gates Open  
11:30 am Registration (Must pre-register online)  
12:30 pm Coaches Meeting / 1<sup>st</sup> call Field Events & Running Events  
12:50 pm CYO Prayer / National Anthem  
**1:00 pm MEET BEGINS**  
- 1:00 pm Running events in rolling order, small break after 400m Relay  
- Field Events Order below

**RUNNING EVENTS: In Order – (Girls then Boys)**

- |   |  |
|---|--|
| 1.) Minor 100m Dash                       | 11.) Junior 400m Run                         |
| 2.) Cadet 100m Dash                       | 12.) Cadet 800m Run                          |
| 3.) Junior 100m Dash                      | 13.) Junior 800m Run                         |
| 4.) Cadet 800m Relay(200, 200, 200, 200)  | 14.) Cadet 800m Medley(100, 100, 200, 400)   |
| 5.) Junior 800m Relay(200, 200, 200, 200) | 15.) Junior 1600m Medley(200, 200, 400, 800) |
| 6.) Cadet 1600m Run                       | 16.) Minor 200m Dash                         |
| 7.) Junior 1600m Run                      | 17.) Cadet 200m Dash                         |
| 8.) Cadet 400m Relay(100, 100, 100, 100)  | 18.) Junior 200m Dash                        |
| 9.) Junior 400m Relay(100, 100, 100, 100) | 19.) Junior 1600m Relay(400, 400, 400, 400)  |
| 10.) Cadet 400m Run                       |  |

**FIELD EVENTS:**

- 1.) HIGH JUMP: *Junior Boys/Girls, Cadet Boys/Girls*
  - 2.) LONG JUMP: *Minors Girls/Boys; Cadet Girls/Boys; Junior Girls/ Boys*
  - 3.) DISCUS: *Cadet Boys/Girls, Junior Boys/Girls*
  - 4.) SHOT PUT: *Junior Girls/Boys, Cadet Girls/Boys;*
- **All races are final – Places determined by time.**
  - **Individual awards for 1<sup>st</sup> – 6<sup>th</sup> places**
  - **LIMIT of three events per participant.**
  - **Maximum 3 team members in an individual event per gender/division (5 for Minors)**
  - **Team limit maximum 2 relay teams per gender/division**

**\*MUST USE PROVIDED EQUIPMENT SHOT-PUTS, DISCUS, & BATONS\***

**JUNIORS MAY WEAR ¼” PYRAMID STYLE SPIKE ONLY**

**QUESTIONS:** Howard Stultz (567)207-8287 or E-mail: [hstultz@calvertcatholic.org](mailto:hstultz@calvertcatholic.org)