



THE Possibility MOM

CHAPTER 4

YOUR OBITUARY

STEP 1: Identify what matters

Think about the things in your life that you would be willing to stand on a soapbox for and passionately tell the world about. You may or may not be actually doing this right now, but you know these things are important to you. What are they? Questions to get you thinking about this: What do I wish everyone knew about X? If everyone knew X, their lives would be so much better. Write your responses below:

STEP 2: Identify the important people in your life

Who are the important people in your life? This can include God, your spouse, kids, parents, siblings, extended family, work colleagues, friends, community groups, people on social media, the industry you are involved in, an organization you volunteer for, etc. List all these groups below.



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STEP 3: How do you want to be remembered by each group of people?

In point form, jot down how you want to be remembered by each of these groups. What stories would they tell about you? What memories would they share? How would they summarize what your life meant to them? What impact did your life make in their life? We'll make these more specific in the next section, feel free to use this space below to get the ideas flowing:

STEP 4: Write your own obituary

Now is the time to write your own obituary. Remember to make the sentiments as SPECIFIC as possible. Consider including a paragraph on each of the following: the causes you support, your relationship with your spouse, your relationship with your children, and relationships with any other key groups of people. Feel free to write this in the space provided, or on a Google Document that you can save and revise over time. Examples are also enclosed for inspiration. And make sure you also tackle the reflection questions enclosed in this package when you are done your obituary!



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Nikki's obituary

Nikki Fisher-Gigault was a caring wife and mother. She would move mountains for those she loved dearly, especially her son and husband.

She was described by many as inspirational, driven, hard working, creative, funny and loyal to all who crossed paths with her in their lifetime. She was never afraid to talk about her failures and was humble when speaking about her successes.

With Andy she shared all of her life's passions and he always encouraged her to go after what she wanted. They were best friends. Partners embracing life's journey. Nikki always planning for the future, and Andy always taking it day by day. But together through every walk of life they embraced the good, the bad and the ugly; but always came out of it together.

Nikki was the loving mother to Sebastian. She always made sure he knew how deeply he was loved, that he could achieve anything he set his mind to and worked hard for and that nothing else in this life matters more than family. She encouraged his talents and allowed him freedom to discover all of what life has to offer; but was always there as a hand to hold, through a tight embrace, and the voice of reassurance and guidance in the moments when life can feel cruel.

Andy and Sebastian were always amazed with how Nikki could balance her successful career as an entrepreneur, put it aside and show them as a mother and wife that nothing else matters other than those moments she spent with them. Nikki wanted her family, her whole family, to know that nothing more than loving them, shaped her to be the person you knew her as.



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Jackie's obituary

Jacqueline Lavery loved Jesus. She had encountered Jesus in a profound, personal way, and was dedicated to proclaiming the Gospel message in a clearly and simply, so that others could also encounter the life-changing love of Jesus. Her relationship with Jesus formed every aspect of her life, especially the decisions she made and the relationships she cherished.

Jackie loved life, and lived it to the fullest by being joyfully abandoned to God's plan for her life. Jackie loved her husband Jeff, intensely and unreservedly, and with the conviction that Jeff was perfect for her. Together, they devoted themselves to Christ's mission, choosing to live as a missionary family, relying on providence and willing to go anywhere for the sake of sharing Christ's love.

Jackie's zest for life extended to the way she and Jeff joyfully embraced their fertility and all the children and life that God blessed them with. Jackie loved her children, Xavier, Raphaëlle, Simon and Faber. She delighted in them and filled their home with joy and laughter. Her children grew up confident in their mother's unconditional and ardent love for them, and her desire to help them live the lives they were created for.

Jackie knew that the best life was a life with Christ, and the joy she experienced from this was tangible in the way she laughed and the way she expressed her heart by singing. What mattered most to Jackie was that Jesus be proclaimed. This was her greatest joy.



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Ashley's obituary

Ashley Ples was a caring mother, wife, and daughter who showed kindness and empathy to everyone she met. She was passionate about empowering mothers to feel confident in themselves and their family life by accepting the reality of parenthood through humor, honesty and compassion. She achieved this through her work as a documentary family photographer by showcasing the beauty found in the chaos to hundreds of families across Canada.

She was a loving wife to her husband Tony. They were truly each others sidekick in everything from trips to the store, outings with their two children or their favourite activity, relaxing at home. She leaned on her husband for support as she ran her photography business and they were united in raising their two boys in a home filled with love and laughter.

Ashley put first before anything, the needs of her two boys, Nicholas and Theo. She laughed and shared her love of life with them while raising them to be confident men with humility, a strong work ethic and compassion.

Through her work as an award winning photographer, she wanted nothing more than for families to appreciate the small meaningful moments taken for granted in their everyday lives.



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Questions for reflection

On a scale of one to ten, how closely does your obituary describe your current life? Would people in your life likely describe you in the way you want to be remembered?

If your obituary does not describe your current life, what steps can you take to make it so?

What is currently getting in the way of your life taking shape in this manner?



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Edit your lengthy obituary down to three to five main bullet points and write them here:

Now, finish this sentence: at the end of my life, I want to be remembered for:

What is one thing you could do TODAY to make your current life more closely resemble the life you want to be remembered for?
