

Ambulatory Medicine

ERICA LARSON

Jaw Fracture Repair in the Field

Nobody wants to find their horse with a bloody mouth, displaced teeth, and broken, displaced jaw bones. But despite their ghastly appearance most jaw fractures can be repaired relatively easily in a field setting, noted one veterinarian.

David A. Wilson, DVM, MS, Dipl. ACVS, of the University of Missouri-Columbia, described one method of repairing rostral (closest to the front of the nose) jaw and cheek fractures.

Horses, especially young ones, sustain mandibular (jawbone) and maxillary (cheekbone) fractures in a number of ways, including biting and pulling back on a stationary object, crashing through or becoming entangled in a fence, and getting kicked by other horses. Although some fractures are immediately evident, others might not be, he explained. Whether subtle or readily apparent, these horses often have signs of anorexia, difficulty eating, quidding (dropping chewed food), ptyalism (excessive salivation), halitosis (bad breath), incisor misalignment, pain, and swelling at and around the injury site.

The veterinarian will perform an oral examination and often, Wilson noted, this is the only evaluation needed to confirm injury and develop a treatment plan. Radiographs are rarely required.

The repair method requires just a few pieces of equipment, including stainless steel wire; needle holders or pliers; wire cutters; acrylic; and a drill.

The veterinarian sedates the horse and administers local anesthesia to numb the affected and surrounding anchor teeth (those that are not displaced and remain well-rooted to serve as an anchor for the healing fracture), he explained. Wilson noted that if the veterinarian needs "improved access" to the mouth, he or she can use a spool speculum or insert a piece of PVC piping between the cheek teeth to accomplish this easily.

Then, using anchor teeth and drilling the occasional hole when necessary, the



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veterinarian wires the bones back into position. Immediately after wire application, the horse will look a bit like he's wearing braces; however, the veterinarian quickly covers the metal with acrylic to prevent injury to the sensitive lip and gum tissue.

Wilson recommended administering three to five days of broad-spectrum antibiotics after surgery ("These fractures are often open with significant contamination," he explained.) and one to three days of non-steroidal anti-inflammatory drugs. The horse should also be current on his tetanus vaccination.

He noted that horses typically can return to their normal diet immediately after surgery; however, some horses find pelleted feed or "gruel" easier to consume. He also suggested pulling hay flakes apart for easier access (the less pressure the horse needs to place on the healing fracture, such as when pulling hay out of a flake, the better chance the fracture will heal without incident). Finally, he stressed that the owner should not allow the horse to graze for two to four weeks to minimize the use of the incisors (to nip and bite grass).

For the first week, Wilson recommended rinsing the mouth at least twice daily and checking the steel for breakage.

Barring complications, Wilson said, most fractures heal in four to six weeks and "in most cases, the wires can be removed in the standing horse with minimal sedation." Wilson said that potential complications include:

- Pus drainage;
- Bone sequestration (lack of blood flow to the bone, causing it to "die");
- Septic osteitis or osteomyelitis (inflammation of bone beginning in the membrane encasing the bone);
- Difficulty chewing;
- Unusual incisor eruption (in horses with still-erupting teeth):
- Malocclusion;
- Wire loosening; and
- Fixation failure.

"Fortunately, the long-term prognosis for functional and cosmetic outcome is favorable," Wilson noted.

Rapid veterinary attention can reduce wound contamination and get the horse started on the road to recovery.

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Managing Severe Colic in the Field

According to a recent poll on TheHorse. com, nearly 49% of respondents named colic as their most feared horse health emergency. While some cases resolve without incident, others prove deadly. Colic surgery is an option for owners in some severe colic cases, but what if referral isn't possible? David Freeman, MVB, PhD, Dipl. ACVS, of the University of Florida, provided some insight on treating severe cases in the field.

Freeman began by discussing some considerations and decisions owners should make with their veterinarians prior to a colic emergency arising. First, he noted, it must be determined why referral is not an option in a severe colic situation. He gave four examples of common answers:

- 1. "Colic surgery is rarely successful."
- 2. "This is a pregnant mare, and it will be impossible to save her and the foal."
- 3. "This is an old horse, and old horses do not handle colic surgery well."
- 4. "This horse is much loved and valued, but we cannot justify spending the money on colic surgery in our present financial circumstances."

"Answers 1 to 3 are simply untrue," Freeman said. "Answer 4 is a reality ... even in a good economic climate, one must decide which horses in the barn warrant colic surgery and which ones do not."

Horse owners need to make another set of decisions once a horse suffers a serious bout of colic, he said, including:

- "How much am I prepared to spend? What's my financial limit?"
- "How much of my time am I prepared to commit to around-the-clock monitoring and care?"
- "Can I handle watching a horse suffer through disease?"
- "Will I change my mind or stay the course?"

If the owner questions any of these issues and the colic is serious enough, consider euthanasia, Freeman noted.

Also, the veterinarian must consider whether his or her practice has the resources to devote to 24/7 care; the diagnostic and treatment abilities to support the case; and the ability to watch the horse suffer at times during treatment.

Euthanasia Guidelines Freeman explained several indicators that euthanasia is the best or only option for a horse. However, he added, none of these should be

considered on its own without regard for all other findings:

- A heart rate persistently elevated above 60 beats per minute;
- Red, congested mucous membranes;
- Persistently absent gut sounds;
- Moderate to severe and worsening abdominal distension (swelling);
- High volumes of or persistent gastric reflux; and
- Moderate to severe persistent pain.

"Failure to respond to analgesics or recurrence of pain after analgesics should be considered an indication for surgery or euthanasia," he added.

Diagnostics in the Field In combination with clinical signs, there are a number of diagnostic tools veterinarians treating colic in the field can use, Freeman said.

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DR. TERRY BLANCHARD

A simple rectal examination can provide veterinarians with useful information. He said the procedure should be repeated because veterinarians can discover by feel some life-threatening changes over time. This procedure is especially useful for detecting small intestinal distension, tight colonic bands, and impactions, and some findings can support euthanasia.

Freeman noted that abdominal ultrasound can be useful for diagnosing a number of ailments including intestinal strangulation; peritonitis (inflammation of the membrane lining the abdomen); intus-usceptions (when the gut telescopes back into itself); large colon displacements and volvulus (twist); renosplenic entrapment of the large colon (when the large intestine slips up and over the ligament between the left kidney and spleen); inguinal and scrotal hernias; and abdominal tumors.

Finally, Freeman discussed using belly taps (abdominocentesis). While the procedure can yield useful information about the nature of the colic, belly taps require

laboratory analysis to produce results for interpretation. If the time and technology are available, belly taps can support a decision for or against euthanasia, as well.

Prognosis Each assessment will yield an individual prognosis, Freeman said. There are, however, several types of colic that typically result in death or euthanasia if surgery or intensive hospital care are not pursued.

Impaction with a large enterolith (an intestinal stone) is one cause of colic that is always surgical, Freeman said.

Strangulating lipomas are fatty tumors on a stalk that strangle the small intestine and often prove fatal, Freeman said. These are most commonly found in horses older than 10 and affected horses often exhibit variable pain and small intestinal distension. In these cases, euthanasia could be the most humane choice if surgery is not an option, he added.

Epiploic foramen entrapments many times result in death or euthanasia in field settings. This condition—in which a section of small intestine threads itself through the epiploic foramen (a narrow opening connecting the two sacs of the abdominal cavity) and becomes trapped—is commonly found in horses that crib.

Uterine tears occur most commonly a few days post-foaling, he said, and are a known risk factor for developing peritonitis. While some uterine tears can resolve without issue, severe tears are indicators for either surgery or euthanasia.

Uterine torsions (twists) also are cause for concern in broodmares. These typically occur in late gestation and are a "strong indicator for euthanasia if surgery is not an option and 'rolling' the anesthetized horse is unsuccessful," Freeman said.

Finally, he noted that some fecaliths—hard concentrations of ingesta in the digestive tract—do not respond to medical treatment. Commonly found in ponies, foals, and Miniature Horses, fecaliths impacted in the small colon and nonresponsive to medical treatment must be removed surgically or the animal should be euthanized.

Managing a serious colic situation without the option of referral can be a difficult scenario. Horse owners should be prepared for such an event, knowing what will work best for them, their family, and their horse. In addition, calling a veterinarian early in a colic episode might increase a horse's chances of a full recovery.

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Handling Dystocia on the Farm

In an ideal world, broodmares would foal under veterinary supervision at a clinic with the latest technology at arm's length for correcting any health emergencies. In reality, practitioners often have to deal with dystocias—difficult births—in the field. Terry Blanchard, DVM, MS, Dipl. ACT, of Texas A&M University's Department of Large Animal Clinical Sciences, discussed approaches for managing dystocias in a farm setting. He also described when and how to manage referral care.

"To be able to successfully intervene in equine dystocia in a farm setting first requires an adequate understanding of normal parturition and knowledge of the causes of dystocia," he said.

The birthing process occurs in stages, he explained. Stage 1, which can last from 30 minutes to four hours, is when the foal moves into birthing position prior to rupture of the fetal membrane ("breaking water") and birth. Stage 2 ("active labor") often lasts only 20 to 30 minutes and is when the foal proceeds through the birth canal.

"Suspect dystocia if either Stage 1 or 2 is prolonged or interrupted," Blanchard said. "Call in a vet for assistance. Early intervention improves the chance of success."

Blanchard suggested a few things you can do that will help the practitioner work optimally upon his or her arrival:

- Ensure there's a clean delivery area with good footing and good lighting;
- Have a clean bucket with soap and water available;
- Wrap or bag the mare's tail;
- Have a lip twitch available: and
- Have a truck and trailer with clean bedding ready in case of hospital referral.

While waiting for the veterinarian, keep the mare as quiet as possible to minimize fetal distress. In some cases, this might require hand walking to prevent her from lying down and straining or rolling. In the event of a "red bag" delivery (premature separation of the placenta, with the placenta coming out before the foal; this can cause the foal to suffocate if the birth is unattended), carefully cut the bag to more easily reach the foal for delivery. Prompt handling of a red bag delivery will often allow sufficient oxygen to reach the foal.

Once the veterinarian arrives, he or she should examine the mare quickly to determine the dystocia's severity and begin treatment. Blanchard recommends examining the standing mare, if possible, but said to be especially careful using stocks if the mare repeatedly tries to lie down. Sometimes veterinarians can correct mild dystocias by manipulating the foal while the mare is walking. More severe dystocias will require correction in an alternate manner, he noted.

"Develop a plan of action" before intervening, he stressed to veterinarians. It's important to determine whether the fetus is alive before selecting a course of action, as this factor could have a bearing on the action taken. Also, "keep track of time and progress," in case a referral is indicated.

66 Suspect dystocia if either Stage 1 or 2 (of labor) is prolonged or interrupted (and) call in a vet for assistance. Early intervention improves the chance of success. ">

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Blanchard explained that a host of complications can cause severe dystocias, including uterine or vaginal rupture, fetal impaction in the birth canal, posterior presentations (hindquarters present first), "dog sitting" posture of the fetus, and fetal abnormalities. Veterinarians can often correct positional abnormalities via manual manipulation, he added.

The veterinarian can apply traction (i.e., pulling the foal out) if needed, Blanchard noted, but only when the mare pushes. This typically takes more than one person to achieve, and often the foal will need resuscitation upon birth.

Finally, although veterinarians are able to resolve many dystocias without issue, they will recommend referral upon arrival if it's immediately apparent that the dystocia is unlikely to be resolved on the farm, or they'll refer if there's no progress after 15 to 20 minutes of treatment.

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1025 - 1274	50	-	-

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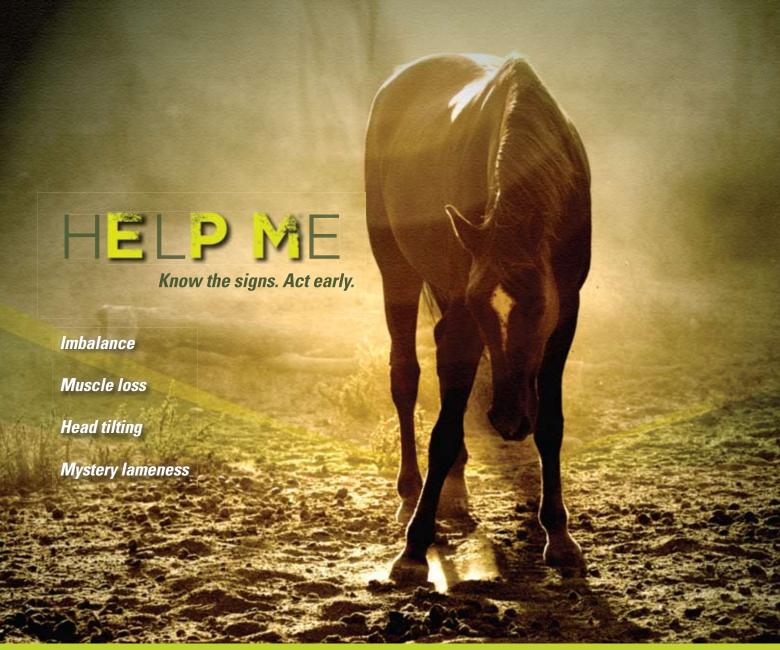
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