

About Me Exercise

1. Am I a reader or a listener? (How do I perform best)

2. How do I learn? (Writing, notes, doing, talking, etc.)

3. Do I work well with people or am I a loner?

4. Do I produce results as a decision maker or as an advisor?

5. Do I perform well under stress or do I need a highly structured and predictable environment?

6. Do I work best in a big organization or a small one?

7. Where do I NOT belong?

8. What should I contribute?

9. Where and how can I achieve results that will make a difference within the next 18 months?

- a. The results should be hard to achieve - they should require stretching, but they should be within reach.
- b. The results should be meaningful. They should make a real difference.
- c. Results should be visible and measurable.


