

PRAAYER

PARENT CONVERSATION GUIDE

Prayer is how we talk to God and build a relationship with him. It's an on-going conversation about every area of our lives! If you're looking for an easy way to teach your kids how to do this, consider the P.R.A.Y method!



HOW TO P.R.A.Y

P - PRAISE

Start by praising God and thanking him for who he is, what he has created, and what he has done! (PSALM 100:1-5)

R - REFLECT

Reflect on your behavior...Is there anyone you need to forgive? Anything you need to confess? Do that now! (ACTS 3:19)

A - ASK

Ask God for help! He is a loving Father who wants to speak to you and answer your prayers. (MATTHEW 7:7-8)

Y - YES

Say YES to following Jesus, either for the first time or again, e.g., "I want to follow you, Jesus, and be your friend forever!" (JOHN 14:6)

A WAY OF LIFE

When we talk to God constantly, we show our kids that prayer is a way of life! We also teach them that healthy relationships are formed on good communication and trust, so our friendship with God is no different. Therefore, talk to God often and in front of your kids! Maybe even teach them one of the prayers below. (Scan QR codes for additional resources.)

THE LORD'S PRAYER

Matthew 6:9-13



THE ARMOR PRAYER

Ephesians 6:13-17



PRAYERS FOR OTHERS

1 Timothy 2:1

