

Yeshiva University Athletics Student-Athlete Handbook

Dear Student-Athlete,

This handbook has been prepared for your benefit. It contains information, policies, and procedures concerning the eligibility, rights, and responsibilities of all student-athletes who participate in Yeshiva University's intercollegiate athletics program. Playing on a college athletic team is an experience most students don't get and something you'll remember your entire lives.

It's important to keep in mind that all actions on and off the playing field must be in accordance with the National Collegiate Athletic Association (NCAA), Skyline Conference and Yeshiva University rules, policies, and procedures. This handbook is intended to be a helpful resource for you and someplace where important information is compiled and easily accessible to you. Please remember you will be held responsible for the information contained in this handbook and any other documents or information that may be provided to you. Questions or concerns that are not addressed in this handbook should be directed to the University's Director of Athletics, Associate Director of Athletics, Assistant Director of Athletics, or your head coach. If at any time you need assistance, our doors are always open. Best of luck for a successful year both academically and athletically.

The Department of Athletics and Yeshiva University reserve the right to change the information contained in this handbook at any time.

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ABOUT ATHLETICS

ATHLETICS PHILOSOPHY

The Department of Athletics at Yeshiva University is committed to excellence in athletics as part of a larger commitment to excellence in education. Intercollegiate athletics promotes character traits of personal development, including learning to work with others in pursuit of a common goal, and the adherence to codes of fairness and respect. We strive to enhance the spirit, mind, and body of the Yeshiva University students and enhance the success of the University through athletics and physical activity conducted according to the ideals and mission of the University. The Torah mindset, ethical philosophy, and values promoted by Jewish tradition form a cornerstone of our philosophical outlook and inform our decision processes.

The University sponsors varsity intercollegiate athletic competition for men in baseball, basketball, cross country, fencing, golf, soccer, tennis and volleyball and for women in basketball, cross country, fencing, soccer, softball, tennis, and volleyball. There is also a wide range of student-led club teams, intramural activities, and an extensive recreation program.

The Department of Athletics seeks to establish and maintain an environment in which a student-athlete's athletic activities are conducted as an integral part of the overall educational experience. Emphasis is placed on Jewish ideals, academic integrity, classroom performance, social responsibility, and excellence in athletics while following the ethical standards and philosophies put forward by Yeshiva University, the NCAA and the Skyline Conference.

In many ways, the Athletic Department's philosophy mirrors that of the NCAA Division III philosophy. We place special emphasis on the impact of athletics on the participants rather than on the spectators. We adhere to the principles of fair play and amateurism while seeking to develop good sportsmanship, ethical conduct, and positive societal attitudes. While doing so, we seek to provide an honest, fair, respectful, and open environment where the student-athlete's health and well-being is protected, and gender equity assured. By that standard, hazing, harassment, discrimination, and misconduct of any kind is strictly prohibited.

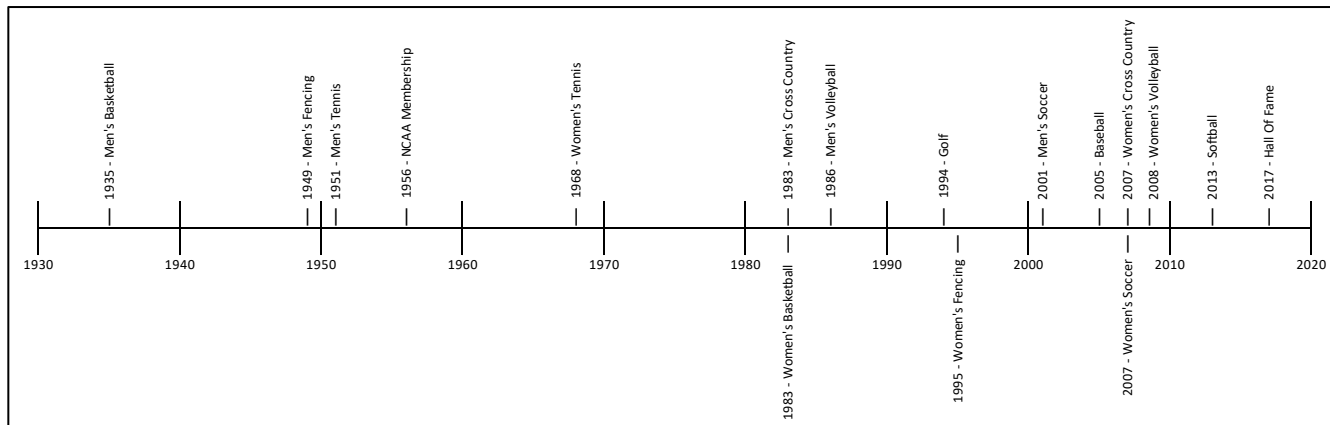
Our Vision is that every student-athlete, upon leaving YU, would answer "yes" if asked whether he or she would want to repeat their experience as a Maccabee. No student-athlete will be treated differently than other members of the student body; admission policies for student-athletes will fully comply with policies and procedures applicable to rest of the student body. The University does not award financial aid to any student on the basis of athletic leadership, ability, participation, or performance.

Ultimately, our goal is to coach and teach student-athletes their sport as well as prepare them for their future as leaders of the Jewish community of tomorrow. The highest priority of Yeshiva University and the Department of Athletics is the successful completion of the academic requirements.

HISTORY OF ATHLETICS AT YU

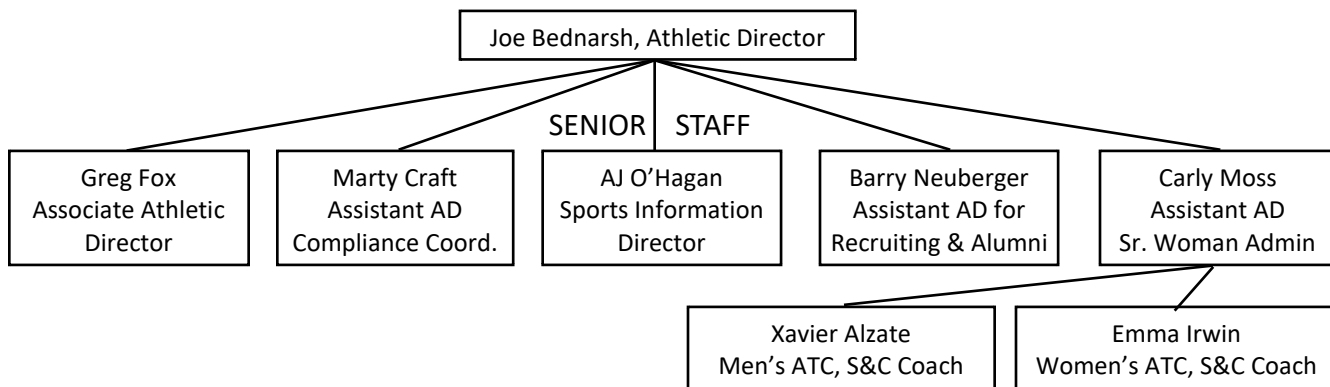
Yeshiva University was founded in 1886 and began to sponsor varsity athletic competition in 1935 with the men’s basketball team. We joined the NCAA in 1956 with 4 teams. The teams were called the Mighty Mites until the 1974-1975 season when the moniker was changed to the Maccabees. Over the years, wrestling, rifle, bowling, and swim were also sponsored.

The sponsorship history of our current sports by year is as follows:



Yeshiva University has the only NCAA sports program in the country where student-athletes do not have to compromise their Jewish beliefs in order to participate in high-level NCAA competition. No student-athlete will be asked to practice or compete on Shabbat or the Jewish Holidays. In fact, the NCAA will adjust the Championship schedule to accommodate observances. Should you need to be off campus over Shabbat for a competition, the Athletics Department will make sure you have the proper accommodations including food, prayer, and other logistical accommodations.

ORGANIZATIONAL STRUCTURE



Please don’t hesitate to stop by our offices or email us with any comments, questions, or concerns

Joe Bednarsh
 Greg Fox
 Carly Moss
 Marty Craft
 Barry Neuberger
 AJ O’Hagan
 Xavier Alzate
 Emma Irwin

joe.bednarsh@yu.edu
gregory.fox@yu.edu
carly.moss@yu.edu
marty.craft@yu.edu
barry.neuberger@yu.edu
anthony.ohagan@yu.edu
xavier.alzate@yu.edu
emma.irwin@yu.edu

Rubin Hall room 104
 Rubin Hall room 111
 245 Lexington, 11th Floor
 Rubin Hall room 103A
 Rubin Hall room 103B
 Max Stern Athletic Center room 101
 Max Stern Athletic Center Trainers Room (in locker area)
 245 Lexington, 11th Floor

WHAT IS A MACCABEE?

The Maccabees were a band of Jewish freedom fighters that liberated the land of Israel from the Seleucid Empire. They re-established the ability of the people to follow Jewish traditions and Torah (biblical) law.

In 168 BCE, the Maccabees began a successful Jewish revolt against the Syrian Greek king Antiochus. Antiochus' aim was to Hellenize the Jews, and ultimately to transform Judaism into just another Greek religion. His army ransacked the Temple and installed altars to the Greek gods. Following Antiochus' decree to outlaw Judaism, the Hasmonean family, headed by Mathias and his son Judah the Maccabee, led the revolt against Antiochus. The force collectively became known as the Maccabees.

After many battles, the smaller Maccabee militia successfully liberated Jerusalem and the Temple, thereby restoring the right of the people to practice Judaism. The Holiday of Chanukah celebrates this historic story of "the few defeating the many". The tale of the single cask of ritually-pure oil for the Temple's menorah that should have lasted one day but miraculously lasted eight days until more could be made is a central theme of Chanukah. In fact, it is the reason why the modern celebration of Chanukah features an eight-night candle lighting tradition.

BEING AN ATHLETE AT YU

As a member of an athletic team, you are a Goodwill Ambassador for Yeshiva University. Your appearance, language, manner and conduct are the criteria by which YU will be judged. As a member of the YU community you are expected to assume this responsibility. We count on you to fulfill your obligations as both a student and an athlete and represent the University and the athletic program with dignity and class.

No potential student-athlete will be allowed to participate in athletic-related activities until they are cleared by the Athletics Department to do so. To be cleared to participate in practices and competitions your coach must provide us with your legal name and YU email address so that we may set you up for step one of the following three-step process:

1. Potential student-athletes should go to www.SWOL123.net, click "Sign in With Your Organization", enter your banner (YU email) credentials, and complete the online participation form(s) in its entirety. Detailed instructions can be found at yumacs.com/sports/2019/8/18/clearance-checklist.aspx?path=general. Missing information or attachments will delay your clearance to participate. The participation forms will be reviewed by the Athletic Trainer, Compliance Coordinator, Sports Information Director, and others. As each administrator reviews your forms, you may be asked follow-up questions or for additional paperwork.
2. There is a one-time mandatory online New York State Healthy Relationships course that each potential student-athlete must complete. After completing, student-athletes should send the confirmation email to Marty Craft at marty.craft@yu.edu.
3. After completing the participation form requirements as well as the mandatory online New York State Healthy Relationships course, you will receive an email from the NCAA. Follow the directions in that email to complete the last set of mandatory forms.

Please note that all International student-athletes have an additional one-time form they must complete with the Compliance Coordinator. Please see Marty Craft with any questions.

Once everything is complete and all questions have been resolved you will be notified if you are cleared to participate in athletic-related activities. Your coach will have real-time access to your status.

SPORTSMANSHIP

Yeshiva University strongly believes that sportsmanship is the cornerstone of any athletic competition. Showing proper behavior on the field of play, no matter what the score or game situation, is a primary principle of NCAA Division III and a pillar of what YU Athletics strives to be. When you put on your uniform you are not only representing the Maccabees but the University and the rest of the YU community. You are expected to conduct yourself at all times in an appropriate manner.

The NCAA, Skyline Conference, and the Athletic Department have minimum standards of sportsmanship and fair play. Failure to abide by any of these standards may result in various forms of ineligibility including but not limited to suspension from games or travel, ineligibility for awards or post-season play, and termination from the team. Please also keep in mind that various sports have their own policies regarding foul accumulations that result in automatic suspensions. In all cases, the final decision regarding sportsmanship infractions will be made by the Athletic Department and additional sanctions may be applied on a case-by-case basis.

SOCIAL MEDIA POLICY

Student-athletes are representatives of Yeshiva University. Anything put on a social media platform that reflects the University, coaches, players, or teams in a negative manner is not acceptable. Students are expected to use discretion and sound judgment when posting on social media accounts. You should be aware that anything you post online will be there forever and be aware of the audience that may see the post. A good test for posts is not to post anything you wouldn't want your grandparent to see. Violating this policy could result in disciplinary action from the Director of Athletics.

ACADEMIC REQUIREMENTS

In order to remain eligible at YU, **student-athletes must remain in good academic standing in both Jewish Studies and secular studies**. Students placed on probation are immediately ineligible to participate in any athletic-related activities. A student-athlete must also be enrolled in at least a minimum full-time program of studies and maintain satisfactory progress toward a baccalaureate or equivalent degree. If your academics begin to suffer, you may be asked to take a leave from your team until you can successfully balance your course load and team obligations. *The Athletics Department is available to assist you by connecting you with academic support. Please come see us to take advantage of the help that is available!*

A waiver of the minimum full-time enrollment requirement may be granted for a student who is:

- Enrolled in the final term of the baccalaureate program.
- Enrolled as a graduate student
- Enrolled and seeking a second baccalaureate degree
- No longer enrolled but the NCAA Championship occurs within 60 days of completion of the degree requirements

SPORTS INFORMATION

There is a full time Sports Information Director on staff who is responsible for keeping and reporting statistics, writing articles and updating the Athletic website and social media accounts, nominating student-athletes for awards and other wise maintaining the Maccabees public presence. If you have concerns about any of the above please reach out directly to A.J. O'Hagan at Anthony.ohagan@yu.edu

TRANSFER STUDENTS

Students who transfer to YU from another institution must have been academically and athletically eligible at the previous institution in order to be immediately eligible to play for YU. Otherwise, the student must sit out for one year. There are specific regulations to be followed so please speak with the Compliance Coordinator.

UNIFORMS & EQUIPMENT

Equipment, including uniforms and practice gear, will be distributed to each student-athlete prior to the traditional season of each sport. Within 72 hours of the conclusion of that season, each student-athlete must return the full uniform and practice gear, already cleaned, or run the risk of having a HOLD placed on their account. The hold can be lifted by returning all items issued to you (apart from spirit pack wear) or via financial remuneration. Third- and fourth-year graduating seniors may be able to keep a home or road jersey.

YU has received a waiver to the NCAA uniform regulations so that student-athletes may adhere to their level of Jewish observance or modesty. This waiver allows:

- Married Women to wear a 'safe' head covering
- Men to wear a kippa
- Women to wear long sleeve shirts beneath the uniform (there are other considerations so please speak with us first)
- Women to wear skirts for most sports (there are other considerations so please speak with us first)

TEAM GEAR

Should a team wish to purchase additional items, captains may use Under Armour seasonal catalogs to identify and recommend to the Athletic Department a purchase of additional team gear, using YU athletics-approved logos, at their own cost. Pre-payment by the team via cash or check must be completed prior to placing any order. See Greg Fox (gregory.fox@yu.edu) on the Wilf Campus, or Carly Moss (carly.moss@yu.edu) on the Beren Campus for help setting this up.

STUDENT-ATHLETE SURVEY

Each year, following the conclusion of your traditional season, student-athletes will be sent a link to complete an online survey of his or her experience as a Maccabee. **Your responses will be kept confidential.** The survey is used as a tool for the Athletic Department's administration to have a better idea of the state of a particular program from the student-athlete's perspective.

COACHES

If a student-athlete is having an issue with his or her coach and individual meetings with that coach have not rectified the situation, student-athletes at Wilf can schedule an appointment via email with the Associate Director of Athletics, Greg Fox, at gregory.fox@yu.edu. Student-athletes at Beren can schedule an appointment with the Assistant Director of Athletics, Carly Moss, at carly.moss@yu.edu.

MEAL SUBSIDIES

Funds will be added to a student-athlete's meal card for meals missed due to competitions off campus. The subsidy rate is:

- Breakfast: \$7.00
- Lunch: \$10.00
- Dinner: \$10.00

ATHLETICS TRANSPORTATION

The University has partnered with an outside company for its transportation services. Teams with transportation needs will use this service for practices and competitions. If a student-athlete encounters any issues with transportation, particularly pertaining to safety, he/she should immediately bring it to the attention of Greg Fox (gregory.fox@yu.edu). If a student-athlete would like to travel on his or her own to a practice or competition, he/she must complete a Transportation Release Form at least 24 hours in advance and email it to either Greg (Wilf Campus) or Carly Moss (carly.moss@yu.edu – Beren Campus)

PARTICIPATION GRADES

Student-athletes at YU are entitled to receive a one-credit Physical Education letter grade during the traditional season for their sport and a half credit for the non-traditional season. University rules state that a student-athlete cannot receive more than eight athletic participation credits throughout his or her academic career.

STUDENT-ATHLETE AWARDS

Each year, student-athletes will receive a clothing package (not including the uniform which is discussed elsewhere) from the Athletic Department. These are yours to keep. At the annual awards banquet, student-athletes will receive the following, as applicable:

First-Year Award – Chenille YU letter

Second-Year Award – Certificate

Third-year continuing award – Picture plaque

Third year graduating award – Shadowbox

Fourth-Year Graduating Seniors – Shadow box, Watch

NCAA Tournament Appearance - Ring

ATHLETICS AWARDS BANQUET

Every year the Athletics Department holds an awards banquet which is the only formal time we all get together to celebrate your accomplishments. This is a sit-down dinner and attendees are expected to wear semi-formal attire. It is expected that all student-athletes and all coaches will be in attendance and your cooperation and appropriate behavior at this event is required.

STUDENT-ATHLETE ADVISORY COMMITTEE (SAAC)

The Student-Athlete Advisory Committee is an important collective of student-athletes. At Yeshiva University we have more than 20 SAAC leaders, representing not just their own YU sport teams, but YU athletics as a whole. The SAAC regularly convenes to discuss and implement important issues with regards to athletics at YU. SAAC works hand in hand with the Athletic Department to provide the best possible experience for all of YU's student-athletes. They advocate on behalf of student-athletes and help maintain a healthy and professional dynamic between all student-athletes and the University's administration. SAAC values feedback from representatives and all student-athletes and aims to foster the growth of the athletics programs at large through innovative thinking, collaboration, and strong leadership.

Events and projects SAAC contributes to include: feedback on proposed NCAA legislation, Macs Live, gear sales, social action/community service, liaison between student-athletes and the Athletics Department, and the Athletics Shabbaton.

What does being a SAAC representative mean?

Dedication, passion, and teamwork are all integral qualities of a SAAC representative. SAAC representatives should be interested in working with others to listen to their peers' thoughts and concerns, think creatively about new projects and ideas, and advocate for change. Representatives are expected to attend all SAAC meetings, display a commitment to bettering the experiences of all student-athletes, and establish positions on proposed NCAA legislation. YU's SAAC works with the Skyline conference SAAC on select occasions.

How does one become a SAAC representative?

Any YU student-athlete can be a SAAC representative as long as he or she meets the following requirements:

- He or she is a member of a YU athletic team and has met all required NCAA regulations
- He or she has received permission and recommendation from his or her coach
- He or she is committed to representing not just their sport, but the entire YU Athletics Department at large

Skyline Conference SAAC

This committee, consisting of two student-athletes from each Conference institution (one male and one female), provides the Skyline Conference with a medium through which its student-athletes voices will be heard on the regional and national level and to provide the Skyline Conference student-athlete with a voice in the Conference's decisions. Two members of this committee will represent the Skyline Conference on the National Student Athlete Advisory Committee. Each Skyline Student-Athlete Committee representative will serve a two-year term.

WHAT DIVISION III HAS TO OFFER

- Division III athletics provides a well-rounded collegiate experience that involves a balance of rigorous academics, competitive athletics, and the opportunity to pursue the multitude of other co-curricular and extra-curricular opportunities offered on Division III campuses.
- Division III playing season and eligibility standards try to minimize conflicts between athletics and academics, allowing student-athletes to focus on their academic programs and the achievement of a degree.
- Division III offers an intense and competitive athletics environment for student-athletes who play for the love of the game, without the obligation of an athletics scholarship.
- Division III athletics departments place special importance on the impact of athletics on the participants rather than on the spectators. The student-athlete's experience is of paramount concern.
- Division III athletics departments are dedicated to offering broad-based programs with a high number and wide range of athletics participation opportunities for both men and women.
- Division III places primary emphasis on regional in-season and conference competition, while also offering 36 national championships annually.
- Division III affords student-athletes the opportunity to discover valuable lessons in teamwork, discipline, perseverance, and leadership, which in turn make student-athletes better students and responsible citizens.
- Division III features student-athletes who are subject to the same admission standards, academic standards, housing, and support services as the general student body. The integration of athletics with the larger institution enables student-athletes to experience all aspects of campus life.
- Division III encourages student-athletes to take advantage of the many opportunities available to them, both within and beyond athletics, so that they may develop their full potential as students, athletes, and members of the University community.

ACADEMICS

REGISTRATION

The Dean's Offices of Yeshiva College, Sy Syms, and SCW have partnered with the Athletics Department in order to help student-athletes balance their academic and athletic obligations. Below is a set of guidelines that will help you avoid academic/athletic conflicts for team practices and we hope for the majority of competition as well. Please note that in order for this system to work properly, student-athletes are expected to follow these rules as written and in a timely fashion. Exceptions will not be made for student-athletes who don't comply so we urge student-athletes to take their responsibilities seriously.

- Student-athletes must meet with an academic advisor in order to plan out a viable schedule prior to the start of the registration process.
- Academic advisors will provide student-athletes with a Plan "A" and a Plan "B" of courses for which you can register. Those plans will allow for a schedule that doesn't interfere with practice. Please note that one or both plans may contain a class you don't prefer. The advising office will keep a copy of these proposals.

- If there is a class required for your major that does not have multiple sections you will need to register for it despite the conflict. You will need to address any conflicts directly with the instructor. Teachers have been asked to be flexible but the final decision regarding adjustments is ultimately up to the professor.
- Student-athletes must register on-time for their class level.
- If, when your registration slot opens, neither plan "A" nor "B" are available due to closed classes, the advising office will endeavor to find you another appropriate class(es) that will not interfere with practice.

FULL-TIME ENROLLMENT

Pursuant to NCAA legislation, to be eligible for practice or competition, a student-athlete shall be enrolled in at least a minimum full-time program of studies leading to a baccalaureate or equivalent degree as defined by the University.

A student-athlete is no longer considered enrolled in a minimum full-time program of studies - after dropping a course that places the student below full-time status - when the dropped course becomes official in accordance with procedures determined by the University for all students. A student-athlete who is adding a course to reach full-time status shall become eligible for practice and competition once the course has been approved by the appropriate department head (or designated representative) and submitted to the Registrar. In order to have an uninterrupted period of eligibility we strongly encourage you to add a course before you drop one.

GOOD ACADEMIC STANDING

Your eligibility is also dependent on what is called "satisfactory academic progress". At YU in order to be considered making satisfactory progress you may not:

- Fail a course
- Receive a grade below a 'C' in a course you need for your major
- Withdraw from one or more classes and fall below full time status

Your coaches and YU administrators want you to be successful both on the field of play as well as in the classroom. We make efforts to support our student-athletes in their academics, but we need you to come to us if at any time you feel troubled or overwhelmed, or if you just need tutoring or support. More information on available support can be found later in this handbook and contact information can be found at the end of this handbook.

EXCUSED ABSENCES

At the discretion of your professors, student athletes may be excused from classes when travel and game schedules conflict, but not for practices. ***However, there is no obligation for a professor to do so.***

Professors should be notified at the start of the semester of such expected absences. Students are required to make up missed work when absent in consultation with their professors. The course schedules of student-athletes should be made each semester in light of scheduled competition. Finally, special efforts should be made by all parties to ensure that student-athletes miss final examinations only in extraordinary cases. Coaches are responsible for providing practice and competition schedules in advance of registration periods to allow student-athletes the most flexibility when scheduling classes.

- Student-athletes are responsible for informing all of their professors at the start of the term of all possible conflicts so that a plan can be worked out to make adjustments for any potential missed classes. Student-athletes must maintain constant communication with faculty during the term and must inform

faculty both at the beginning of the semester and then again the class before of their impending absence.

Faculty are under no obligation to excuse student-athlete absences.

- **NO CLASS TIME MAY BE MISSED FOR ANY PRACTICE.**
- Should conflicts arise during a term, student-athletes should communicate with the faculty first and promptly inform their head coach to work out a solution.
- If you have a professor that will not make any adjustments, please – in consultation with your head coach – use your allowed absences judiciously.

ELIGIBILITY AND COMPLIANCE

Yeshiva's Athletics Department has a dedicated Compliance Coordinator, Marty Craft, who can be reached at marty.craft@yu.edu. Additionally, we work with an outside expert on certain clearances and eligibility concerns. Compliance and Eligibility questions are complicated and challenging and mistakes can affect you, your team, the program, and the University so we ask that you bring all questions or concerns to Marty – no matter how inconsequential you may think they are.

SEASONS OF COMPETITION

Every student-athlete may participate in a maximum of 4 seasons of competition in any particular sport. Those 4 seasons must take place during the student-athlete's first 10 full-time semesters at a collegiate institution. Each sport you play will be evaluated separately. In other words, you can participate in four seasons of one sport during your first 8 semesters at YU and exhaust your eligibility in that particular sport but may still be eligible to play a different sport for your last 2 semesters.

If you spent time studying in Israel and received 12 or more credits in any semester then each of those semesters is counted against your 10 semester maximum.

AMATEURISM

A student-athlete is not eligible for participation in an intercollegiate sport if the individual takes or has taken pay or has accepted the promise of pay in any form for participation in that sport, or if the individual has violated any of the other regulations related to amateurism. Speak to the Compliance Coordinator if you have any concerns.

INELIGIBILITY FOR USE OF BANNED DRUGS

A student-athlete who is found to have used a substance on the list of banned drugs, will be declared ineligible for further participation in postseason and regular-season competition in accordance with ineligibility provisions. Please note that some banned substances are contained in over the counter supplements and knowledge of ingestion is immaterial. The list of banned substances can be found on the NCAA website. When in doubt, ask the Athletic Trainer.

NONPERMISSIBLE ACTIVITIES

There are non-permissible actions or activities both prior to and following initial collegiate enrollment that may affect your eligibility. Some of those include:

- Use of athletics skill for pay, promise of pay, prize, or cash award (or equivalent) for participation
- Playing on a team with someone who received pay.
- Signing a contract or entering into an agreement with an agent
- Receiving funds from or competing on a professional team
- Expenses or awards not permitted by amateurism rules
- Expenses above actual and necessary or from non-permissible entities
- Payment based on place finish

EMPLOYMENT

Criteria Governing Compensation to Student-Athletes

All compensation received by a student-athlete must be consistent with the limitations on financial aid set forth in NCAA Bylaw 15. Compensation may be paid to a student-athlete only for work actually performed; and at a rate commensurate with the going rate in that locality for similar services.

Camp/Clinic Employment

A student-athlete may be employed by his or her institution, by another institution, or by a private organization to work in a camp or clinic as a counselor, unless otherwise restricted by NCAA legislation

EXTRA BENEFITS

The NCAA defines an extra benefit as any special arrangement by an institutional employee or a representative of the institution's athletics interest (i.e., a "booster" or anyone that has donated to the program) to provide a student-athlete (or a student-athlete's relative or friend) a benefit that is not generally available to other Yeshiva University students and their relative(s) and/or friends or, is not expressly authorized by NCAA legislation. Therefore, **please be aware of the following:**

- You cannot accept anything from an employee of YU or an athletics booster (e.g., use of a car or cellphone, haircut, clothing, gifts, money, tickets for any kind of entertainment, etc.).
- You cannot accept a free or reduced cost room and/or board from any YU employee or booster of YU's athletic programs. This includes in New York City, in your home city or any other location.
- You cannot accept free or reduced merchandise or services from any merchant unless that free or reduced cost item is also available to the general public.
- You cannot receive a special discount arrangement or credit on a purchase (e.g., airline ticket, clothing), or service (e.g., laundry, dry cleaning) from an employee of YU or an athletics booster.
- On infrequent, special occasions (e.g., a birthday, Thanksgiving, etc.) a student-athlete may accept an invitation to the home of an employee of YU or an athletics booster for a meal.
- Members of the Athletic Department staff or an athletics booster are not permitted to type reports, papers, letters, etc., for a student-athlete.
- A YU employee or booster cannot provide a student-athlete with a loan of money, a guarantee of bond, the use of an automobile or the signing or co-signing of a note to arrange a loan.
- A YU employee may provide a student athlete only reasonable and occasional local (i.e., within 30-mile radius of the YU campus) transportation. However, a YU employee may not utilize a University vehicle for purposes of assisting a student-athlete's move from one residence to another.

REPRESENTATIVE OF ATHLETICS INTERESTS

The NCAA defines a representative of athletics interests as:

An individual who is known (or who should have been known) by a member of the institution's executive or athletics administration to:

- Have participated in or to be a member of an agency or organization promoting the institution's intercollegiate athletics program;
- Have made financial contributions to the athletics department or to an athletics booster organization of that institution;
- Be assisting or to have been requested (by the athletics department staff) to assist in the recruitment of prospective student-athletes;
- Be assisting or to have assisted in providing benefits to enrolled student-athletes or their families; or
- Have been involved otherwise in promoting the institution's athletics program.

INTERACTION WITH BOOSTERS

During your enrollment at YU, you may become acquainted with an individual or family that lives in the local community. These individuals may welcome you into their home or make themselves available should you need anything during your time away from home. Please be aware that the friendships you establish in and/or around the YU community are still subject to NCAA regulations.

A representative of athletic interests may not provide any extra benefit(s) to currently enrolled student-athletes (or the student-athletes family or friends). The acceptance by a student-athlete of any extra benefit is a violation of NCAA regulations and places the student-athletes eligibility for intercollegiate competition in immediate jeopardy.

The University is responsible for ensuring that all student-athletes and representatives of the University's athletics interests abide by NCAA rules and regulations. Any inappropriate and even inadvertent activity on your part could result in:

- A currently enrolled student-athlete being declared ineligible to participate for YU.
- The eligibility of a prospective student-athlete(s) being jeopardized.
- Violations of NCAA regulations and sanctions placed on the University and the athletics program.
- Restrictions placed upon your involvement with YU's athletics program.

**At any point if you have any questions about compliance please speak with our Compliance Coordinator

RECRUITING

You may be asked to participate or assist in recruiting a potential student-athlete (PSA). If you are involved in recruiting you must adhere to all the expectations of a Yeshiva University student-athlete including refraining from illegal, immoral, and other questionable activities while in contact with a PSA. If the PSA is a minor, you will need to read and sign a Student Host Agreement and your name will be checked against the National Sex Offender Registry. You may also be required to satisfy additional conditions such as training and more complete background checks and comply with applicable policies.

ATHLETIC TRAINING

INJURY PROCEDURES

All injuries and illnesses must immediately be reported to the Athletic Trainer (ATC) on your campus. If your injury is an emergency please seek immediate medical treatment. For non-emergent injuries or illnesses, the ATC will work with you to determine if outside medical treatment is warranted and assist you in setting up a doctors appointment. If you make an appointment without consulting the ATC, your medical expenses may not be covered by the Athletic Department's supplemental insurance. You are expected to keep all scheduled appointments and must contact the ATC when you return from the doctor. You are required to bring to the ATC a copy of a doctor's note, diagnosis, or clearance note. For more information, please visit the Athletic Training section on YUmacs.com

You can contact the Athletic Trainers with any questions or concerns

Xavier Alzate	xavier.alzate@yu.edu	Office (212) 960-5486	Cell (347) 640-2920
Emma Irwin	emma.irwin@yu.edu	Office (212) 340-7891	Cell (347) 758-2266

ATHLETIC TRAINING ROOM PROCEDURES

The Yeshiva Athletic Training Rooms, on both campuses, are open to all YU student-athletes. Professional, mature and respectful behavior is required at all times in either Athletic Training Room or in the presence of an Athletic Trainer.

- Profanity, inappropriate dress, poor hygiene, and intoxication are never permitted in the Athletic Training Room.
- The Athletic Training Room will be open Sunday- Friday at times that are best-suited for the general student-athlete population, unless posted changes are made. Weekend hours will be determined in accordance with scheduled practices and games.
- Cell phone use in the Athletic Training Room is prohibited.
- Food and beverages are not permitted in the Athletic Training Room at any time.
- Cleats, spikes and field shoes are not permitted in the Athletic Training Room and should be removed before entering the building.
- Please report to the Athletic Training Room alone, unless you require help getting there.
- Bring shorts and/ or T-shirts (if needed) for treatment. Change in the locker room prior to your appointment.
- Students are only permitted in the Athletic Training Room when a Certified Athletic Trainer is present during scheduled hours.

REHAB & TREATMENT APPOINTMENTS

- All injuries, no matter the severity, must be reported to the Certified Athletic Trainer within 24 hours of the incident. All medical information and records are kept completely confidential.
- The Athletic Training Rooms are considered Medical Offices, appointments are required for treatment and rehabilitation. Once your session has ended, we ask that you refrain from hanging out in or near the Athletic Training Room.
- Student-athletes are required to report on time for appointments. If you cannot be on time, a call should be placed to the Athletic Training Room (prior to your scheduled appointment) to reschedule.
- Student-athletes who are not participating due to injury are required to schedule regular appointments
- Taping, bandaging, stretching, etc. will be performed in the Athletic Training Room no later than 10 minutes prior to departure for practice, and NOT on the field or court.
- Excessive lateness, missed appointments or any unprofessional behavior will be immediately reported to the coaches and handled accordingly. Two or more infractions will be reported to the Athletic Director.
- Treatment protocols are at the discretion of Head Athletic Trainer and/ or Team Physician. **DO NOT** request modalities.

PHYSICIAN APPOINTMENTS

- Yeshiva University's Athletics Department has partnered with NYU-Langone for its medical services. Student-athletes are required to be seen by the ATC first and then if necessary the YU Team Physician for any sports-related injury. A doctor of your choice may be seen for a second opinion, if requested. However, all decisions on play statuses (i.e. return to play) will be determined by YU physicians and the Head Athletic Trainer. If treatment is to be provided by your personal physician, the Athletic Training Office reserves the right to refer the injured student-athlete to private physical therapy.
- Student-athletes must comply with the medical recommendations of the Team Physicians and or Certified Athletic Trainers.

CONCUSSION MANAGEMENT POLICIES AND PROCEDURES

Yeshiva University recognizes that concussions and head injuries are commonly reported injuries in children and adolescents who participate in sports and recreational activity and can have serious consequences if not managed properly. Therefore, YU, in collaboration with the NYU Langone Concussion Center (NYULMC), has developed the following policy to support the proper evaluation and management of head injuries. A concussion is an injury to the brain caused by a jolt or force that is transmitted to the head by an impact or blow occurring anywhere on the body. Recovery from concussion will vary. Avoiding re-injury and overexertion until fully

recovered are the cornerstones of proper concussion management. Any student-athlete who is observed to sustain, or is suspected of suffering a significant blow to the head or body, has fallen from any height, or collides hard with another person or object may have sustained a concussion. The student-athlete should be observed for the signs and symptoms of concussion and be immediately removed from athletic activity until evaluated and cleared by a licensed physician. All decisions on play status (i.e. return to play) will be determined by YU physicians and the Athletic Trainers.

Signs of a Concussion Include but are Not Limited To:

- Appears dazed or stunned
- Is confused about assignment or position
- Forgets an instruction
- Is unsure of the game, score, or opponent
- Moves clumsily
- Answers questions slowly
- Loses consciousness, even briefly
- Shows mood, behavior, or personality changes
- Can't recall events **prior** to hit or fall
- Can't recall events **after** hit or fall

Symptoms of a Concussion Include but are Not Limited To:

- Headache or head pressure
- Confusion
- Amnesia - Retrograde (can't remember events before the incident) / Anterograde (can't remember events after the incident)
- Balance difficulties or dizziness
- Double or blurry vision
- Sensitivity to light and/or sound
- Nausea and/or vomiting
- Irritability, sadness or change in personality
- Feeling sluggish or lightheaded
- Concentration or focusing problems
- Slowed reaction time
- Fatigue and/or sleep issue
- Loss of consciousness
- Just not "feeling right" or is "feeling down"

Signs and Symptoms that warrant immediate medical attention

Student-athletes who develop any of the following signs, or if signs or symptoms worsen, must be seen and evaluated immediately at the nearest hospital emergency room. A Yeshiva University employee or affiliated adult will accompany the student-athlete to the nearest emergency room.

- Headaches that worsen
- Seizures
- Looks drowsy and/or cannot be awakened – loss of consciousness
- Increasing confusion or irritability
- Repeated vomiting
- Slurred speech
- Unable to recognize people or places
- Weakness or numbness in extremities; facial drooping

- Unsteady gait
- Change of pupil size in one eye
- Significant irritability
- Any loss of consciousness
- Blood draining from the ears and/or nose

The staff member who observes or learns of the possible concussion must immediately remove the student-athlete from athletic activity and institute the Emergency Action Plan (see below). At no time should a student-athlete suspected of sustaining a concussion be returned to physical activities until at least 24 hours have passed without symptoms and the student-athlete has been assessed and cleared by a licensed physician to begin a graduated return to physical and cognitive activities. Any student-athlete removed from athletic activities for a suspected concussion must be evaluated by and receive written and signed authorization from a physician in order to return to athletic activities. All decisions on play status (i.e. return to play) will be determined by YU physicians and the Athletic Trainers.

Baseline Testing

All student-athletes will undergo a neurocognitive baseline assessment upon entry and prior to athletic participation at Yeshiva University. The method of assessment will be SCAT5. For follow-up testing, SCAT5, King-Devick and MULES testing (Mobile Universal Lexicon Evaluation System) will be administered.

Reporting a Concussion

If a coach or team member suspects a student athlete may be suffering from a concussion, he/she must report this to a member of the Yeshiva Sports Medicine Staff or to the attending sports medicine staff at AWAY contests. At practices, the coach should remove the student-athlete from participation.

Acute Management of a Concussion

If a student-athlete sustains an injury and an MTBI/concussion is suspected, the following procedure should be followed

- A member of the YU Sports Medicine Staff or per diem athletic trainer will remove the student-athlete from play and immediately perform a cranial nerve assessment, SCAT3, and/or King-Devick assessments. If there is no Athletic Trainer on site, the coach will remove the student-athletes from participation and the athletic trainer evaluation will occur within 24 hours.

Post-Concussion Management

A member of the Yeshiva Sports Medicine Staff will implement post-concussion protocol:

- The student-athlete must complete a post-concussion self-report symptom scale 1 hour post-injury. **This scale must be completed every day until the student-athlete returns to play.**
- The student-athlete and the student-athlete's parents/guardians/roommates (as applicable) must be given the Yeshiva Post-Concussion home instructions. A member of the YU Sports Medicine Staff will review this information with the appropriate individual before releasing the student-athlete, and keep a copy for our medical records.
- Following the diagnosis of a concussion by the Sports Medicine staff and/or the Team Physician the Return to Play Protocol will be initiated.
- When the student-athlete's self-reports asymptomatic (SRA), he/she will undergo comparative testing, which may include SCAT3, MULES (Mobile Universal Lexicon Evaluation System), BESS and King-Devick testing.
- Once SRA and the additional testing is comparatively similar to baseline tests the student-athlete will proceed to Rehabilitation stage 2 and be progressed throughout each stage as long as they remain SRA.

- **If a student-athlete becomes symptomatic during or after ANY PHASE of stress testing, they will return to concussed procedures until SRA.**

**Please note that return to play is individualized and depends on symptomatology. These rehabilitative stages can be completed at a maximum of two per day, or over a longer period of time. The progression is determined at the discretion of the Athletic Trainer and/or the Team Physician.

Physician referral

Student-athletes removed from participation need to be evaluated and cleared by a licensed physician before being allowed to return to athletic activity.

Health care providers who may evaluate and clear the student-athlete include:

- Sports Medicine physician
- Neurologist
- Psychiatrist
- Family Medicine physician
- Pediatrician

In cases of athletic or non-athletic related concussions, the Athletic Trainer is to alert and work with the Concussion Management Team on returning the student-athlete to academics and athletics participation based on the physician's evaluation and recommendation. The Athletic Trainer is the final arbiter of return to play decisions.

Cognitive Rest and Return to Learn

Following a concussion, the student-athlete should avoid participation in, or exposure to, activities requiring concentration or mental stimulation that exacerbate symptoms. The Director of Athletics will work with the return to play committee to transition the student-athlete back to school based on the recommendations of the treating physician. The Athletic Trainer and treating physician will communicate regularly about any changes in academic adjustments for the student-athlete. Any changes will be disseminated to the Concussion Management Team.

Return to Play

Student-athletes must be fully integrated in to school before full participation in athletics and will be managed on an individual basis as approved by the treating physician.

Decision to return a student-athlete back to participation in athletics is based on all of the following:

- Clearance by treating physician
- Clearance by Concussion Management Team
- Student-athlete is asymptomatic at rest and with exertion
- Student-athlete must complete functional return to play protocol before returning to full participation in athletics

Concussion Contacts

The following YU Staff must be notified in the event that a student-athlete sustains an MTBI/concussion:

- Xavier Alzate, Head Athletic Trainer/Strength & Conditioning Coach, Wilf Campus
- Emma Irwin, Head Athletic Trainer/Strength & Conditioning Coach, Beren Campus
- Chaim Nissel, Dean of Students, Wilf Campus
- Carly Moss, Assistant Director of Athletics, Beren Campus
- Greg Fox, Associate Director of Athletics, Wilf Campus

- The student-athlete's head coach

If the student-athlete is under the age of 18, his/her parents or guardian will also be notified

EMERGENCY ACTION PLAN

When a student-athlete shows any signs or symptoms of a concussion or a concussion is suspected by a coach, Athletic Trainer, or other staff member:

- The student-athlete should be immediately removed from activity
- The staff member who observes or suspects a possible concussion will immediately contact the Athletic Trainer
- During home athletic events the staff member who observes or suspects a possible concussion will immediately contact the Athletic Trainer or sideline physician.
- During away athletic events the staff member who observes or suspects will ask assistance from the home team's medical staff.
- When contacted, the athletic trainer will perform an initial assessment to include a cranial nerve assessment, SCAT3, BESS, TTG, and King-Devick. This testing will take place in a quiet area when possible, for example, the Athletic Training Room.
- If a physician is present, he/she will perform the sideline assessment.
- If there is no physician present and the Athletic Trainer is not immediately available, he/she will perform the assessment as soon as reasonably possible.
- A more extensive clinical examination may be performed if deemed necessary by the physician or the athletic trainer. This may include, but is not limited to, previous injury history, eye examination, motor control examination, and orthopedic examination.
- Results of testing should be compared to baseline data, when available; however the results of said tests will not be the sole determining factor when evaluating a potential concussion.
- Emergency Medical Services will immediately be contacted in the event of a student-athlete sustaining any loss of consciousness or any signs or symptoms listed in the "Signs and Symptoms that warrant Immediate Medical Attention" section of the protocol.
- In the event that Emergency Medical Services/911 is contacted due to a head injury, and the Athletic Trainer or physician is present, the Athletic Trainer or physician will monitor the student-athlete until EMS arrives. A YU employee or affiliated adult will accompany the student-athlete to the hospital.
- The Athletic Trainer will contact the Co-Medical Directors to inform them of the incident so that they may arrange for expedited care at the Emergency Department.
- It is the responsibility of the Medical staff and/or Yeshiva University faculty/staff member to provide the student-athlete and a roommate or other responsible adult with the Head Injury Home Care Instructions and/or explain how to obtain concussion information from the school website.
- If a concussion is suspected, the student-athlete will be removed from play for a minimum of 24 hours or until evaluated by a physician, whichever is longer.

INSURANCE POLICIES

YU Insurance Requirement

Yeshiva University requires that all students enrolled for 6 credits or more have health insurance. If you are a US citizen, you may be entitled to a waiver if you are enrolled in a family or employer plan which has a network of providers in New York City.

For domestic students who are not currently insured through acceptable family or employer plans and for international students Yeshiva University has partnered with Gallagher Student Health to provide health insurance that meets ACA and Visa Requirements. Note all plans must be Affordable Care Act (ACA) compliant.

To apply for a waiver or to enroll:

- Go to www.gallagherstudent.com/yeshiva
- Click on 'Student Waive/Enroll'.
- Log in. If it is the first time you are logging in, your user name is your Yeshiva University email address and your temporary password will be your student ID number. You will be required to change your password the first time you log in.
- Choose either 'I want to enroll' or 'I want to waive'.
- Follow the instructions to complete the form. If waiving the insurance, have your current health insurance ID card ready as you will need this information in order to complete the waiver form. You will be asked to review the information provided and click 'submit' to complete the process. Immediately upon submitting your Online Form you will receive a reference number. Please note and keep this information for your record.

Athletics' Insurance Requirement

All student-athletes are required to have current valid health insurance. If you sustain an injury during official practice or competition, the Athletics Department has supplemental insurance that generally will cover any costs above and beyond those covered by your personal insurance. The supplemental insurance does not cover injuries sustained outside of official practice or competition. If at any time your insurance coverage changes, immediately update your status on your SportsWare account.

In order to be covered under such supplemental insurance you must follow all of the required policies and procedures. Such policies and procedures may be found on the Athletics website, www.YUmacs.com. Some important items to note:

- You must take with you to the doctor all the forms given to you by the Athletic Trainer.
- If you wish to see your own doctor, they must be in our network. Doctor's bills for visits with an out-of-network doctor may not be covered by our insurance.
- HMO's may require you to get a referral. This is your responsibility. Failure to do so may negate our ability to cover any costs.
- Co-pays for a doctors visit due to injuries incurred during official practice or competition may be reimbursed if a receipt is provided to the Athletics Department by the student-athlete (provided all other applicable conditions are also satisfied).

For more information, visit www.YUmacs.com, click on athletic training, and then click on Injury/Insurance FAQs.

If you receive any correspondence from an insurance company or collection agency please immediately bring it to the Athletic Trainers so they can work with our broker to clear up any issues.

IMPORTANT POLICIES

POLICY ON PROTECTING STUDENT-ATHLETES AT YU

The University is committed to ensuring the well-being, safety, and protection of our student-athletes and will not tolerate any bullying, hazing, harassment, or other misconduct. Considering the influence, power, and position of trust wielded by coaches and other members of the athletic staff, as well as the influence and power that may be wielded by other student-athletes, the University believes it is important to set forth guidelines to help define appropriate behavior and conduct of its athletic staff and student-athletes in order to cultivate a safe and positive environment. These guidelines apply to the behavior and conduct of all members of the University athletic staff and student-athletes, whether on or off campus. ***Please see the University's Policy on Protecting Student-Athletes for additional information, as well as for complaint reporting procedures and guidelines (available at www.YUmacs.com > Inside Athletics > Important Policies).*

APPROPRIATE STAFF BOUNDARIES

The University expects its athletic staff to serve as role models and proper mentors to its student-athletes and facilitate their intellectual, athletic, and personal growth. Each member of the athletic staff should maintain professionalism and avoid any appearance of impropriety in his/her relationships with student-athletes. Relationships of a peer-to-peer nature between an athletic staff member and a student-athlete should be avoided. The athletic staff member must recognize that he/she is the educator and must refrain from getting too close and forming an inappropriate relationship with the student-athlete. Behaviors that an athletic staff member should avoid include, but are not limited to, the following:

- Being alone with a student-athlete, especially when engaging in otherwise permitted physical contact such as when teaching a skill
- Inappropriate socializing with a student-athlete outside of team functions either in person, online or through other electronic means
- Engaging in horseplay, roughhousing or other inappropriate games with a student-athlete
- Providing alcohol or drugs to a student-athlete, or permitting him/her to drink alcohol or take drugs
- Giving inappropriate gifts to a student-athlete
- Physically touching a student-athlete in an inappropriate manner
- Giving a student-athlete a rubdown or massage unless the athletic staff member is an athletic trainer and it is conducted in an open and public location in the presence of others
- Showering or otherwise undressing in front of a student-athlete
- Being in changing areas, restrooms/showers or locker rooms while a student-athlete is undressed
- Sharing a hotel room or other sleeping arrangement with a student-athlete unless the athletic staff member is the parent, guardian or sibling of that particular student-athlete
- Promoting, providing access to, and/or sharing pornographic material with a student-athlete
- Communicating with a student-athlete on any topic that is sexual or inappropriate in nature

Every member of the athletic staff also must refrain, and prohibit others, from using audio or visual recording (including a cell phone camera) in changing areas, restrooms/showers, or locker rooms used by student-athletes. Under no circumstances should an audio or visual recording of a student-athlete unclothed or partially clothed be taken.

BULLYING & HAZING

The University recognizes bullying and hazing as unacceptable behavior and it will not be tolerated. Bullying generally refers to any form of physical, verbal, demonstrative, or electronic harassment that one should reasonably expect would demean, threaten, or physically or emotionally hurt its victims or others. Examples of conduct that may constitute prohibited bullying include, but are not limited to: (I) threatening another with physical harm; (II) pushing, elbowing, poking, tripping, sitting on, kicking, or hitting; (III) unreasonable demeaning others' athletic ability or performance; and (IV) using one's position of power to coerce or intimidate another person in any way.

Hazing generally refers to any activity expected of someone joining a group (e.g., athletic team) or expected of someone to maintain any status in a group that: (I) humiliates; (II) degrades; or (III) risks emotional and/or physical harm or embarrassment to the individual or the University community, regardless of the person's willingness to participate and regardless of its intended result or effect. Examples of conduct that may constitute prohibited hazing include, but are not limited to, requiring someone to: (a) drink alcohol or use drugs; (b) engage in any degrading or humiliating act, or any activity that violates any aspect of the University's Code of

Conduct or other policies; or (c) endure any physical striking, beating, burning or branding (or commit such acts upon another), or engage in self-mutilation.

***Please see the University's Anti-Bullying and Hazing Policy for Students for additional information, as well as for complaint reporting procedures and guidelines (available on-line at <http://yu.edu/student-life/resources-and-services/standards-policies/>).*

ROMANTIC RELATIONSHIPS AND/OR SEXUAL CONDUCT

Romantic relationships and/or sexual conduct between athletic staff and student-athletes are not permitted.

***Please see the University's Romantic Relationship Policy for additional information, as well as for complaint reporting procedures and guidelines (available on-line at <http://yu.edu/student-life/resources-and-services/standards-policies/>).*

SEXUAL HARASSMENT

The University prohibits, and will not tolerate, any form of sexual harassment, including sexual abuse/assault. Sexual harassment is generally defined as any unwelcome or unwanted sexual advances, requests for sexual favors, or other verbal, physical, demonstrative, or electronic conduct or communication of a sexual nature. Examples of conduct which may constitute sexual harassment include, but are not limited to: (I) verbal comments of an overtly sexual nature, whether in the form of jokes, innuendoes, slurs, or other statements; (II) the use of sexual teaching materials or comments of a sexual nature not relevant to the material being taught or any other academic purpose; (III) remarks of a sexual nature about an individual's clothing or body; (IV) remarks speculating about an individual's sexual orientation, gender identity, sexual activity, or previous sexual experiences; (V) verbal harassment or abuse of a sexual nature; (VI) making offensive gender-based remarks; (VII) the display or transmission of sexually offensive objects, photographs, drawings, graffiti, email, electronic social media communications, computer graphics or programs when sexual content is not relevant to any academic purpose; (VIII) non-verbal behaviors of a sexually degrading or offensive nature, such as gesturing, or leering; (IX) unwanted touching, hugging, or brushing against an individual's body; and (X) requests, demands, or persistent pressure for sexual favors, particularly when accompanied by an offer of rewards or threats of retaliation. Sexual violence refers to physical contact with a sexual or intimate part of the body without consent. It includes various forms of sexual intercourse (e.g., rape, incest, statutory rape) as well as other forms of sexual touching (e.g., fondling).

***Please see the University's Non-Discrimination and Anti-Harassment Policy (TIX Policy) for additional information, as well as complaint reporting procedures and guidelines (available on-line at <http://yu.edu/student-life/resources-and-services/standards-policies/>).*

YU SERVICES

ACADEMIC SUPPORT

The Wilf Campus Office of Academic Support works to help improve skills such as critical reading, time management, note-taking, memory and test preparation. In addition, students are invited to participate in study skill workshops designed to help facilitate a smooth academic transition to college.

The Beren Campus Study Center is a resource to help students with organizational skills, study skills, test taking skills (essay & multiple choice), note taking, critical reading and self-awareness in all areas of academics.

ACADEMIC ADVISING

Academic Advisement is a valuable resource for all students. From your first registration through graduation they provide a supportive environment to help you define and meet your academic goals. Dedicated advisers

are available to meet with you and guide you as you advance through your college career. The Academic Advisement staff connects you with resources on campus and beyond that can facilitate important life decisions.

They can help with with all aspects of your academic experience including choosing a major, developing an academic plan, selecting classes, understanding the requirements for CORE, Jewish Studies, & all Majors and Minors, and reviewing completed & outstanding requirements.

DISABILITY SERVICES

The Office of Disability Services collaborates with students, faculty and staff to provide reasonable accommodations and services to students with disabilities. In serving as a resource to all members of the Yeshiva University community, their goal is to provide access to all campus programs and activities, thereby empowering students with disabilities to actualize their full academic and personal potential. Please visit their website www.yu.edu/Student-Life/Resources-and-Services/Disability-Services for important information on how to take advantage of this important resource.

PEER TUTORING

The Peer Tutoring Center provides free one-on-one tutoring by fellow students in specific subjects to all undergraduate students on both the Wilf and Beren Campuses.

TRANSPORTATION

The Department of Safety and Security offers campus transportation services (also known as shuttles). They operate regular shuttle service with local stops and shuttles that travel between Yeshiva University's undergraduate Manhattan campuses. *** See <https://www.yu.edu/safety-security/> for additional information.*

FOOD SERVICE

There are numerous dining options offering a wide variety of fresh, prepared and packaged foods available on the Wilf and Beren campuses. Depending on the day of the week and location, sites are open as early as 8 a.m. and stay open as late as 1 a.m. *** Please see <https://www.yu.edu/dining/> for additional information.*

HEALTH SERVICES

The Undergraduate Student Health Center is administered by Beth Israel Medical Center and offers care for episodic illnesses and minor injuries on campus at no cost. It is open for walk-in care during regular business hours. Should you require emergency department services, specialist physician services or diagnostic testing, you will be referred appropriately. The Health Center also reviews the health forms and immunization history of entering students.

Beren Campus (Women)	Wilf Campus (Men)
Brookdale Residence Hall 2B 50 East 34th Street New York, NY 10016 Phone: 212-340-7792 Fax: 212-340-7858 Email: yuhealthcenter@yu.edu	Furst Hall Room 520 500 West 185th Street New York, NY 10033 Phone: 646-592-4290 Fax: 646-685-0395 Email: yuhealthcenter@yu.edu

COUNSELING CENTER

The Counseling Center is available to consult with you on a confidential basis, free of charge. Staff are qualified and caring professionals who provide a calm and objective listening ear, and can help you address any issues of concern. Call, email, or drop by to make an appointment.

Beren Campus Counseling Center
205 Lexington Avenue

Suite 401 (32nd & 33rd streets)
Phone: (646) 592-4210

counseling@yu.edu

Wilf Campus Counseling Center
500 West 185th Street

Furst Hall, Suite 520
Phone: (646) 592-4200
counseling@yu.edu

INTERNATIONAL STUDENTS

International students are an important part of Yeshiva University's vibrant community. More than 500 students and scholars from over 50 countries enroll each year at the graduate and undergraduate level.

The Office of International Student and Scholar Services (OISS) provides international students with immigration support and assistance with cultural adjustment, to help them achieve their educational goals. The OISS also acts as a liaison with the U.S. Department of Homeland Security (DHS) to ensure University-wide legal compliance with government immigration regulations and reporting requirements. For more information please visit www.yu.edu/student-life/resources/international

In case of after-hours emergency, call campus security or dial 911 or Hatzalah Volunteer Ambulance Corps at (212) 230-1000.

Campus Security @ Beren: (212) 340-7709

Campus Security @ Wilf: (212) 960-5200

ABOUT YU

Yeshiva University is the world's premier Jewish institution for higher education. Rooted in Jewish thought and tradition, it sits at the educational, spiritual and intellectual epicenter of a robust global movement that is dedicated to advancing the moral and material betterment of the Jewish community and broader society, in the service of God.

In September 2017, [Ari Berman](#) was inaugurated as the fifth president of Yeshiva University. He succeeded Richard M. Joel, who was inaugurated in 2003, and [Norman Lamm](#), who had held the office since 1976. President Berman's two other predecessors were [Bernard Revel](#), president from 1915 to 1940, and [Samuel Belkin](#), who served from 1943 to 1975.

Four New York City Locations, One University

Our students study at our [four campuses](#): Wilf Campus (500 West 185th Street), Israel Henry Beren Campus (245 Lexington Avenue) and Brookdale Center (55 Fifth Avenue) in Manhattan, and the Jack and Pearl Resnick Campus in the Bronx (Eastchester Road and Morris Park Avenue). The undergraduate schools offer a unique dual curriculum comprising Jewish studies and liberal arts and sciences courses, and our graduate and affiliate schools offer tremendous opportunities for graduate and professional studies. While part of a multifaceted University community, each school retains the intimate character of a smaller institution.

Our schools include:

Undergraduate Studies

- [Katz School of Science and Health](#)
- [Stern College for Women](#)
- [Sy Syms School of Business](#)
- [Yeshiva College](#)
- [Yeshiva University Summer Classes](#)

Graduate Studies

- [Albert Einstein College of Medicine](#)

- [Azrieli Graduate School of Jewish Education and Administration](#)
- [Benjamin N. Cardozo School of Law](#)
- [Bernard Revel Graduate School of Jewish Studies](#)
- [Ferkauf Graduate School of Psychology](#)
- [Katz School of Science and Health](#)
- [Sy Syms School of Business Graduate Studies](#)
- [Wurzweiler School of Social Work](#)

Affiliate Schools

- [Samuel H. Wang Yeshiva University High School for Girls](#)
- [The Marsha Stern Talmudical Academy – Yeshiva University High School for Boys](#)
- [Rabbi Isaac Elchanan Theological Seminary \(RIETS\)](#)

Study in Israel

For students who choose to begin their YU education in Israel, the [S. Daniel Abraham Israel Program](#) is the formal arrangement between Yeshiva University and yeshivot and seminaries in Israel. This program provides structure, support and guidance for the more than 600 young men and women who study in Israel each year. We encourage you to explore this site and learn about all the exciting ways Yeshiva University is bringing wisdom to life.

A Faculty That Engages and Inspires

Some of the world's leading minds make their home in Yeshiva University's classrooms. Beyond a commitment to research and writing, [YU faculty](#) members and [Roshei Yeshiva](#) [professors of Talmud] engage and inspire their students, drawing them into a continuing pursuit of knowledge and wisdom. They value close interactions with their students and the opportunity to engage with students outside the classroom setting, whether it's meeting informally to continue a discussion started in the classroom or collaborating in the laboratory on new research.

Distinguished Alumni Near and Far

[YU alumni](#) have gone on to become distinguished rabbinic leaders, world political leaders, business giants and philanthropists. Alumni have achieved immense success and made significant contributions to society and the Jewish community both nationally and worldwide. They serve, lead and inspire by example: a testament to the University's greatest resources—our students and faculty.

CONTACTS AND WEBSITES

DEPARTMENT CONTACTS

Academic Advising – SCWscwadvisement@yu.edu
Academic Advising - Symssymsadvising@yu.edu
Academic Advising – YCadvising@yu.edu
Academic Computinglabhelp@yu.edu
Academic Support – Berenhait@yu.edu
Academic Support – Wilfacademicsupport.wilf@yu.edu
Career Centercareercenter@yu.edu
Counseling Centercounseling@yu.edu
Dean of Studentsdrnissel@yu.edu
Disability Services - Berenrkohn1@yu.edu
Disability Services - Wilfakelsen@yu.edu
Food Servicechasan@yu.edu
General Questionsanswers@yu.edu

Health Insurancecelia.seigerman-levit@yu.edu
Housing - Berenberenhousing@yu.edu
Housing - Wilfwilfhousing@yu.edu
International Studentsoiss@yu.edu
Peer Tutoring - Berenyu2.mywconline.com
Peer Tutoring - Wilfyuacad.mywconline.com
Registrar - Berenberenregistrar@yu.edu
Registrar - Wilfwilfregistrar@yu.edu
Securitysecurity@yu.edu
Student Health Centeryuhealthcenter@yu.edu
Student Lifejoshua.weisberg@yu.edu
Writing Center - Berenberenwritingcenter@yu.edu
Writing Center – Wilfwilfwritingcenter@yu.edu

IMPORTANT WEBSITES

Yeshiva Universityyu.edu
AthleticsYUmacs.com
YU Online StoretheYUstore.com
NCAAncaa.com
Skyline Conferenceskylineconference.org

ATHLETICS SOCIAL MEDIA

Twitter@YUathletics
Instagram@yeshivaathletics
FacebookYUathletics
YouTubeYUathletics

IMPORTANT NUMBERS

Campus Security – Beren (212) 340-7709
Campus Security – Wilf (212) 960-5200
Xavier Alzate – Men’s ATC (347) 640-2920
Emma Irwin – Women’s ATC (347) 758-2266

POLICIES

[Athlete Protection Policy](#)
[Requirements for Working with Minors](#)
[Anti-Bullying and Hazing Policy](#)
[Drug and Alcohol Policy](#)
[Romantic Relationships Policy](#)
[Sexual Assault Student Bill of Rights](#)
[Non-Discrimination and Anti-Harassment Policy](#)