

2025-2026



# WYOMING



# TRACK & FIELD

WYOMING TRACK & FIELD

# CONTENTS

Media Relations/Quick Facts/Schedule	1
Coaching Staff	2-6
2024-25 Roster	7
2024 Cross Country Season in Review	8
Cross Country Records	9
2023-24 Track & Field Results	10-13
UW Hall of Fame	14
UW All-Americans	15
UW Conference Champions	16
Conference History	17-21
Track & Field Records	22-27
All-Time Letterwinners	28-35

## QUICK FACTS

Location	Laramie, Wyo.
Founded	1886
Enrollment	12,397
Nickname	Cowboys/Cowgirls
School Colors	Brown & Gold
President	Dr. Ed Seidel
Athletics Director	Tom Burman
Affiliation	NCAA Division I
Conference	Mountain West
Website	GoWyo.com

### Coaching Staff

Head Coach	Bryan Berryhill
Alma Mater	Colorado State, '01
Season at UW	13th
Associate Head Coach/Jumps	Quincy Howe
Season at UW	21st
Alma Mater	Wyoming, '03
Head Cross Country Coach/Distance	Scott Dahlberg
Season at UW	Ninth
Alma Mater	Western State, '08
Assistant Coach/Throws	Paul Barrett
Season at UW	27th
Alma Mater	Washington State, '91
Assistant Coach/Springs & Hurdles	Ben Santos
Season at UW	Sixth
Alma Mater	Cal State Northridge, '10
Assistant Coach/Distance	Oisin O'Gailin
Season at UW	First
Alma Mater	Wyoming, '22

### Team Info XXXXXXXXXXXXXXXXX

2025 Men's MW Indoor Finish	4th (72 points)
2025 Men's MW Outdoor Finish	6th (75 points)
Men's Indoor NCAA Finish	26th (10 points)
Men's NCAA West Preliminary Qualifiers	7
Men's Outdoor NCAA Finish	65th (2 points)
Men's All-MW Honors	14
Men's Returners	21
Men's Newcomers	11
2025 Women's MW Indoor Finish	11th (10.5 points)
2025 Women's MW Outdoor Finish	11th (25 points)
Women's NCAA West Preliminary Qualifiers	2
Women's All-MW Honors	0
Women's Returners	35
Women's Newcomers	6

# QUICK FACTS & SCHEDULE



## 2025-26 TRACK & FIELD SCHEDULE

### INDOOR

Date	Meet	Location
12/6	Power Meet	Laramie, Wyo.
	Sharon Colyear-Danville Season Opener	Boston, Mass.
1/16-17	Colorado Classic	Boulder, Colo.
1/23-24	Bobcat Challenge	Bozeman, Mont.
2/6-7	Colorado Invite	Boulder, Colo.
2/13-14	Battle Born Classic	Reno, Nev.
	David Hemery Valentine Invitational	Boston, Mass.
2/26-28	MW Championships	Reno, Nev.
3/14-15	NCAA Championships	Fayetteville, Ark.

### OUTDOOR

Date	Meet	Location
TBA		

## MEDIA RELATIONS

Main Office Phone Number.....	307-766-2256
Media Relations Assistant, T&F/XC Contact .....	Colton Merritt
Cell Phone.....	210-701-6661
Email Address .....	cmerritt6@uwyo.edu
Media Relations Mailing Address. ....	Dept. 3414
	1000 E. University Ave.
	Laramie, WY 82071



## BRYAN BERRYHILL

(Colorado State, 2001)  
*Head Track & Field Coach*



Bryan Berryhill enters his 13th season as head coach of the University of Wyoming track and field program in 2025. He spent the first seven seasons in charge of the Wyoming cross country teams, as well.

Under Berryhill, Wyoming track & field had five all-Mountain West performers during the 2019-20 indoor season. Paul Roberts was named the Outstanding Performer of the championships after he finished first in the 3,000m race and second in the 5,000m. Kirk Unland was Wyoming's other individual champion, placing first in the weight throw. Christopher Henry placed third in the 3,000m, while Shayla Howell finished third in the long jump. He coached middle-distance runner Jasmyne Cooper to the school record in the 800m, crossing the line in 2:09.20. Throughout the season, 20 Wyoming student-athletes recorded top-10 marks in UW's record books. The outdoor season was cancelled due to the COVID-19 pandemic.

In the classroom, both the men's and women's teams earned USTFCCCA All-Academic honors, while Paul Roberts, Kirk Unland and Shayla Howell earned individual honors from the same organization. Christopher Henry was named a first-team academic All-American by CoSIDA, and Wyoming had 22 student-athletes named to the Mountain West All-Academic team, and 22 student-athletes were named MW Scholar-Athletes.

Berryhill guided Wyoming track & field and cross country to a phenomenal season in 2018-19. The Cowboy cross country squad was ranked as high as No. 13 in the nation by the USTFCCCA poll, and finished 12th at the NCAA National Championships. It was the first time since 1986 the Cowboys had ran in the championship race. Paul Roberts earned All-America honors, while the trio of Roberts, Christopher Henry and Harry Ewing all earned all-Mountain West and all-region honors. Henry was also named a CoSIDA Academic All-American and earned the NCAA Elite 90 award at the cross country national championships.

The momentum didn't stop during the track & field season, as six school records were broken during the indoor and outdoor season, and Wyoming had four student-athletes earn a total of eight All-America honors. Ja'la Henderson was an indoor All-American in the triple jump, and an outdoor All-American in the triple jump and the 4x100m relay. Jerayah Davis became the first Cowgirl to compete in three events at a national championship, as she earned All-America honors in the 100m dash, long jump and 4x100m relay. Jordan Edmonds and Shayla Howell were also All-Americans on the relay team. Henderson set the school's indoor long and triple jump school records, while Davis set the school's outdoor 100m and long jump records. Harry Ewing set the steeplechase school record, while Christopher Henry set the new indoor 3,000m benchmark.

The Wyoming teams also excelled in the classroom under Berryhill's guidance, as the Cowboys had the highest GPA among all Mountain West schools, and both teams earned academic honors from the USTFCCCA. Eight Wyoming athletes earned academic awards from the USTFCCCA by having a high GPA and competing at the NCAA West Preliminary. On top of the USTFCCCA awards, 36 athletes earned academic all-MW honors.

During the 2017-18 campaign, Berryhill helped guide Ja'la Henderson into the Cowgirl record books. Henderson became just the fifth Cowgirl in program history to earn multiple All-American honors in the same season, as she earned Second Team All-America honors in the triple jump and Honorable Mention All-America honors in the long jump at the 2018 Outdoor National Championships. It was the first triple jump All-America honor in Cowgirl history. Throughout the season, Henderson broke the school's triple jump record four times, with the final time coming with a first-place jump at the NCAA West Preliminaries.

Berryhill's guidance was not only seen on the field of competition, but also in the classroom as Christopher Henry, who led the Cowboy harriers in four of five meets, earned First Team Academic All-District honors from CoSIDA and was named to the Google Cloud Academic All-America Men's Track & Field/Cross Country team. Henry paired a perfect 4.0 grade point average in molecular biology and physiology with an NCAA West Preliminary appearance in the 10,000 meters.

Berryhill guided the UW track & field program to an historic feat during the 2016-17 campaign as seniors Audra DeStefano and Scott Carter became the first Cowboy and Cowgirl duo to receive All-America honors at the NCAA Outdoor Track & Field Championships since 2004. Carter was the bronze medalist in the triple jump – the highest finish for a Cowboy at the NCAA outdoor championships since 2000 – while DeStefano earned Honorable Mention All-American status in the 3,000-meter steeplechase. DeStefano was later named the 2016-17 Mountain West Women's Scholar Athlete of the Year.

During the 2015 cross country season, the former professional runner led the Cowboys to a fourth-place finish in the Mountain West, tying the highest finish in program history. The men's harriers collected 89 points at the conference championships, just four points more than Wyoming's lowest total at a MW championship meet. Berryhill led the Cowgirls to a fifth-place finish at the MW championships despite having no seniors and just one junior in the team's top five.

Berryhill coached senior harriers Aaron Derner and Amos Bowen to USTFCCCA All-Region honors after each finished in the top 25 at the NCAA Mountain Regional meet. During the indoor track & field season, Wyoming collected eight individual All-MW honors while the women's squad earned All-MW status in the Distance Medley Relay. Hurdler Jordan Charles went on to become an Honorable Mention All-American. Outdoors, the team earned four more All-MW honors and seven athletes advanced to the NCAA West Preliminary Round. Under Berryhill Wyoming's student-athletes have notched 175 top-10 individual and relay marks in school history, including 15 school records.

Before Wyoming, Berryhill served as the head cross country and assistant track coach at Colorado State from 2006-2012. He was named the 2007 Women's NCAA Regional and Mountain West Conference Women's Cross Country Coach of the Year after the CSU women won their first ever team titles at the Mountain West championships and the NCAA Mountain Region championships in the same season.

He had a stellar collegiate career at CSU, earning 10 All-America honors in cross country and track. A national champion in the indoor 1-mile run and outdoor 1,500-meter run in 2001, Berryhill holds five individual and three relay records at CSU. He competed as a professional track athlete from 2001-04 and 2005-07.

The CSU women finished second or better at the MW Cross Country Championships in four of the six years of Berryhill's tenure. During his time with the Rams, he coached student-athletes to six school records and coached the only CSU woman to win a Mountain West cross country individual title with April Thomas' win in 2007.

Berryhill received his bachelor's degree in forestry from CSU in May 2001. He and his wife, Toni, have three children: Libby, Eli and Lainey.



# QUINCY HOWE

(Wyoming, 2003)

*Associate Head Track & Field Coach (Jumps/Multis)*

One of the most accomplished Cowboys of all time, Quincy Howe begins his 21st season with the UW program in 2025, entering his eighth season as associate head track & field coach. Howe oversees UW's jumpers. He spent the 2012-14 as an assistant coach at West Texas A&M University, after serving on the UW coaching staff from 2003 to 2012.

Since the 2021 season, Howe has led several jumpers to All-American status and to conference titles. Kareem Mersal has won three conference titles in the long jump as well as earning Second-Team All-American honors in the 2024 indoor season. Mersal was also joined by Remar Pitter as Second-Team All-American honoree in 2024. Howe has also led many women to conference podium finishes and NCAA Regionals in the long jump in Sadie McMullen and Shayla Howell.

In 2020, Howe guided Shayla Howell to all-Mountain West honors in the long jump, as she finished third at the league championships. She was also Wyoming's highest ranked national competitor, as she was ranked 29th in the nation in the long jump with a leap of 20-4.5, which is third all-time at Wyoming. She earned MW Athlete of the Week honors for that jump. Aumni Ashby placed sixth in the triple jump for the Cowgirls. The men's jumpers earned a total of 11 points at the championships, highlighted by William Nolan's fifth-place finish in the long jump. In the classroom, Howell was named an all-academic performer by the USTFCCA.

In 2019, Howe mentored four student-athletes to seven All-America honors during the indoor and outdoor seasons, while helping two student-athletes set school records. Ja'la Henderson earned indoor and outdoor All-America honors in the triple jump, and set the indoor school record in the event. He guided Jerayah Davis to All-America accolades in the outdoor long jump and 4x100m relay, after Davis set the outdoor long jump record. Jordan Edmonds and Shayla Howell were also on the relay team and earned All-America honors. For his efforts, Howe was named the USTFCCA Mountain Region Women's Assistant Coach of the Year, the first regional honor for any Wyoming coach in program history.

In 2018, Howe guided Ja'la Henderson to one of the best seasons for a Cowgirl jumper in program history. Henderson earned four all-Mountain West honors in the indoor and outdoor long jump and triple jump, with the season culminating in Henderson earning a pair of All-American honors in the outdoor long jump and triple jump, the first Cowgirl to earn the honor in triple jump. Henderson broke the school's triple jump record four times during the season.

In 2017, Howe led Scott Carter to an historic senior campaign. Carter won both the indoor and outdoor Mountain West triple jump championships as well as taking runner-up honors in the long jump at both meets. Carter posted a mark of 53 feet, 4.25 inches in the triple jump at a dual meet in May 2017, second on the UW all-time list behind only Howe. He went on to record the No. 2 mark on the UW all-time list in the outdoor long jump, leaping 25-3.5 at the MW outdoor championships. Carter ended his season with one of the most incredible performances in Cowboy track & field history, taking the bronze medal in the triple jump at the 2017 NCAA Outdoor Track & Field Championships with a jump of 53-3.5 to become the first Cowboy All-American in the event since Howe in 2002.

A 2009 inductee into the UW Athletics Hall of Fame, Howe is widely considered the best jumper in Cowboy history. He was a two-time All-American indoors in the triple jump in 2001 and 2002, but was dominant at the conference level. He never lost to a conference foe in his four years in the Western Athletic Conference and Mountain West, as he won a total of eight conference titles. The native of Parry Lands, Trinidad, still owns Wyoming school records in the triple jump indoors at 54-9.25 and outdoors at 54-4.75, while ranking seventh outdoors in the long jump at 24-5.5. His indoor triple jump mark still stands as a MW all-time record, while his outdoor mark is second in conference history. For his accomplishments, Howe was named to the MW 10th Anniversary Indoor and Outdoor Track and Field teams.

Howe went on to compete professionally for his native country of Trinidad & Tobago, as he placed third at the 2002 NACAC games and ninth at the 2002 Commonwealth Games. He was also a 2003 Pan-Am Games team selection, before joining the Wyoming coaching staff as a graduate assistant. He was hired full-time in 2005 and went on to coach three NCAA Championship participants, 12 conference champions, 37 all-conference performers and 17 NCAA Regional qualifiers during his first nine years with the Cowboys and Cowgirls.

During his two years at NCAA Division II West Texas, Howe coached six All-Americans, 12 NCAA Championship participants and three conference champions. Howe earned his bachelor's degree in bioelectrical engineering from UW in 2003 and a master's degree in biomechanics in 2010. He is a USATF Level I and Level II (jumps) certified coach.

He and his wife, Lay-nah, have two sons, Mahlon and Imriy, and a daughter, Adsila.



## SCOTT DAHLBERG

(Western State, 2008)  
**Head Cross Country Coach**  
**Assistant Track & Field Coach (Distance)**



Scott Dahlberg begins his ninth year at the University of Wyoming in 2025, coaching men's and women's cross country, mid-distance and distance runners.

The 2024 cross country season saw one of the best in program history. Ranked multiple weeks in the USTFCCCA National Coaches' Poll on the men's side and the women receiving their highest regional ranking since 2016, these teams were noticed from the national level. Kylie Simshauser and Jacob White earned Mountain West Athlete of the Week twice each and these two and newcomer Dylan van der Hock earned All-Mountain West honors at the conference championship. The Cowboys made the National Championship meet for the first time since 2018 and finished No. 30 in the country to end the season.

In the 2023 cross country season, the men's team finished eighth in the USTFCCCA mountain region poll while the women ended the year ranked 9th. Three Cowboys, Jacob White, Mason Norman and Ryker Holtzen earned their way on the top times list in the 8k while two Cowgirls, Abigail Whitman and Kylie Simshauser ran their way to 6k top times list. At the NCAA Mountain Regional, Whitman finished 28th overall in the 6k, the top Cowgirl finisher, with a time of 20:20. On the men's side, White grabbed the top Cowboy finish, crossing the line at 30:13 in the 10k.

The 2023 indoor and outdoor seasons saw a total of eight school records fall as well as 27 UW All-Time Top 10 marks in the middle-distance and distance events. Katelyn Mitchem broke the school record in the indoor 800m, indoor Mile, outdoor 1500, 3000m Steeplechase, and Outdoor 5000m. On the men's side Mason Norman broke the indoor 3000m record, Jacob White the indoor 5000m, and Ryker Holtzen the 3000m Steeplechase. Katelyn qualified for the NCAA Championships where she placed 13th in the nation and was 2nd Team All-American. Ryker Holtzen and Seth Bruxvoort qualified for the NCAA Preliminary Round in the 3000m steeplechase as well as Jacob White in the 5000m.

During the 2022 cross country season, the women's team received national votes for the first time in school history and were ranked as high as 34th in the country. Katelyn Mitchem qualified for the NCAA National Championships as an individual and also received the Elite 90 Award, given to the top student at the championships. Both Jacob White and Katelyn Mitchem placed 5th at the MWC Championships earning First Team All-Conference. The men's and women's teams finished top 10 in the competitive Mountain Region.

Dahlberg guided the Wyoming cross country teams to a successful season in 2019-20, as the Cowboys placed third, and the Cowgirls placed sixth at the Mountain West Championships. Harry Ewing, Christopher Henry and Paul Roberts each earned all-Mountain West honors at the meet. At the NCAA Mountain Region Championships, the Cowboys placed sixth and the Cowgirls finished 12th, as Henry earned all-region honors. Henry then represented the Cowboys at the NCAA National Championships, where he placed 136th and earned his second-consecutive NCAA Elite 90 award.

During the indoor cross track & field season, Roberts was named the Mountain West Championships Performer of the Meet, as he won the 3,000m race and finished runner-up in the 5,000m race. Henry was third in the 3,000m race, as well. During the season, Ewing ran the second-fastest 3,000m time in school history in 8:07.00, while Michael Downey ran the fourth-fastest 3,000m time in program history in 8:19.13. Kacey Doner ran the fourth-fastest 3,000m time in Cowgirl history and the sixth-fastest 5,000m time in Cowgirl history with times of 9:45.00 and 17:10.91, respectively.

In the classroom, both the men's and women's cross country teams earned all-academic honors by the USTFCCCA, while Henry earned the honor individually. During the cross country season, Roberts was named all-academic by the USTFCCCA.

The 2018-19 season saw almost unparalleled success for the men's cross country team, as it returned to the NCAA National Championships for the first time since 1986, was ranked in the U.S. Track & Field and Cross Country Coaches Association (USTFCCCA) national poll for the first time in program history, and defeated numerous nationally ranked teams. The Cowboys were ranked as high as No. 13 in the nation before finishing 12th at the National Championships.

During the 2018 cross country season, Dahlberg guided Paul Roberts to a pair of race wins, including the Mountain West individual championship that earned Roberts the MW Men's Cross Country Athlete of the Year distinction. Roberts then earned All-America, all-region and first-team all-MW honors. Christopher Henry and Harry Ewing each earned all-region and second-team All-MW honors during the competition season. At the NCAA National Championships, Henry earned the NCAA Elite 90 award as the top academic participant of a championship level meet.

As the men's distance crew transitioned to track & field season, Dahlberg's athletes recorded 10 marks on various Wyoming all-time top-10 lists, including the indoor 3,000m school record set by Henry and the outdoor steeplechase school record set by Ewing. Both Henry and Ewing competed at the NCAA West Preliminary for the second-consecutive season. During the indoor season, Henry earned a pair of all-MW honors in the 3,000m and 5,000m distances, before earning an all-MW accolade in the outdoor 10,000m race. At the conclusion of the academic year, Henry was named a Google Cloud first-team Academic All-American.

In his first season at Wyoming, Dahlberg guided five runners to the NCAA West Preliminaries, as Ricky Faure, Daniel Hintz, Michael Downey, Christopher Henry and Harry Ewing all competed in middle-distance or distance races at the penultimate meet of the season. Hintz's career-best 1,500m time of 3:43.20 is second all-time at UW, while Downey's time in the same race of 3:43.95 is third on the Wyoming all-time list. Additionally, Henry earned First Team Academic All-District honors from CoSIDA and was named to the Google Cloud Academic All-America Men's Track & Field/Cross Country team. Henry paired a perfect 4.0 grade point average in molecular biology and physiology with an NCAA West Preliminary appearance in the 10,000 meters.

As an athlete, Dahlberg earned two All-American honors in cross country and three All-American honors in track & field before he graduated from Western State in 2008 with honors in mathematics, secondary education and exercise sports science. He went on to earn a Master's degree in health, physical education and recreation from Emporia State University. As a post-collegiate runner, Dahlberg won the Bolder Boulder 10k in 2014 and placed 14th at the USATF Outdoor Championships in the 5,000m that same year. Dahlberg is also a Pikes Peak High-Altitude Mile Winner.

Dahlberg and his wife, Kristen, have two daughters, Brecklyn and Sawyer.



# PAUL BARRETT

(Washington State, 1991)

*Assistant Track & Field Coach (Throws/Strength)*



Barrett will be entering his 27th year as the Cowboy and Cowgirl Throwing Coach/Strength Coach for Throws at the University of Wyoming Track and Field Program.

Barrett has coached 2 NCAA Champions, 22 All – Americans, and 36 Conference Champions during his time at Wyoming. He has also had 49 conference Runner-Ups and a total of 127 All-Conference (Top 3) award winners while at Wyoming. Top athletes coached by Barrett at Wyoming include 3 Time All American Daniel Reynolds who recently won the 2025 NCAA 35lb Weight Throw Championships with an NCAA Meet Record and #2 All Time NCAA History Performance of 25.08m (82' 3.50") along with UW Hammer and Shot Put Records = 239' 5" / 64' 1.75"), 1996 NCAA Champion Ryan Butler in the 35lb Weight Throw (71' 1.5") as well as All American in the Hammer: (217' 4"), All American, 2016 Olympian, and 2018 World Championships Bronze Medalist Mason Finley in the Discus/Shot Put/35lb Weight (210' 6" – 66' 3.25" – 63' 8.75"), All-American Matt Spears in the Shot Put (61' 5.5"), All-American Jason Hammond in the 35lb/Hammer/Shot Put (69' 1.5"- 221' 1"- 61' 10.25"), All-American Andrea Batt in the Javelin/Shot Put/Discus/20lb (168' 8" – 53' 4.25" – 167' 8" – 64' 10.50"), All American Jake Shanklin in the 35lb/Hammer: (71' 10.25"/219' 11") , Olympic Trials competitor and UW School record holder Kate Burton in the Hammer/20lb/Discus (209' 8" – 63' 11.50" – 158' 5"), All-American Zack Schaefer in the 35lb/Hammer (68' 6" – 213' 10"), All-American Kyle Herl in the Hammer/35lb/Shot Put (219'10" – 67' 5.50" – 59' 11.75"),

While at the University of Kentucky (1997-1999), he coached 2 time All-American Matt Kavanaugh, who placed 7th in the Hammer Throw (221' 4" PR - Still Current UK School Record) at the 1999 NCAA Outdoor Championships. Kavanaugh was the 3rd best American finisher in that event.

Barrett competed at the college level for Washington State University, where he was a WSU Letterman / PAC-10 finalist in the Hammer throw and consistent dual meet scorer for the Cougars in the Discus and Javelin events as well. He finished up his senior year at WSU ranked 25th in the NCAA and 45th in the USA in the Hammer Throw. Barrett also competed for Spokane Community College before transferring to Washington State University, where he was a 2 time NWAACC Conference Champion in the Discus throw as well as 1 Time Champion in the Hammer throw, qualifying him as a 3 Time Juco All American. In April of 2013 Barrett was inducted into the Community Colleges of Spokane Hall of Fame for his achievements during his SCC Career. Competing for Class A Okanogan, WA High School, Barrett was the State Champion in the Discus Throw, and State Runner-up in the Javelin Throw in 1985. Barrett still owns Okanogan School Records in both events at 174' 0" and 196' 10". Barrett stays competitive by competing in Masters Track and Field competitions. In a competition in April 2003, he set an American Record in the Throws Pentathlon for the 35-39 age group, which is currently ranked 8th All Time on the World All Time Rankings.

Barrett graduated from Washington State University in 1991 with a Bachelor's Degree in Recreation Leisure Studies (Sport Management Emphasis) Paul has 2 children; Daughters Kala and Kelsey.



## OISIN O'GAILIN

(Wyoming, 2022)

*Assistant Coach (Cross Country/Distance)*



Oisín O'Gailin will begin his first year at the University of Wyoming in the 2025 season, coaching men's and women's cross country, mid-distance and distance runners.

A native of Balleybofey, Ireland, and graduate of the University of Tennessee - Martin, O'Gailin will make his coaching debut at the school where he once ran. As a graduate runner for Wyoming, he held the then mile school record and earned points at the Mountain West Indoor Championships. At UT-Martin, O'Gailin won the OVC DMR in 2019 and finished runner-up in the OVC 5,000 meters.

As a professional, O'Gailin ran for Finn Valley AC of Donegal, Ireland. He broke the Finn Valley and Donegal 10,000-meter record with a time of 29:02.05 at the European Cup in Pace, France. His outing was also his first time wearing the Irish uniform, representing his country.



## BEN SANTOS

(Cal State Northridge, '10)

*Assistant Coach (Sprints/Hurdles)*



Ben Santos begins his sixth season with Wyoming track & field in 2025. Santos coaches the sprinters and hurdles. Santos joined Wyoming following a one-year stint at the University of Nebraska.

In the 2025 outdoor season, Santos was pivotal in the development of freshman Taliah Morris qualifying for the NCAA West Prelims in multiple events. She was just one of five student-athletes to qualify in three events and Morris was the only to do so in the 100m, 200m and Long Jump.

During the 2019-20 indoor season, the quartet of Tyler Dahl, Jacob Harthun, Brandon McGuire and Jace Marx recorded the 10th-best 4x400m relay time in school history at the Mountain West Championships, as they crossed the line in 3:16.69. Caige McComb placed fourth at the MW Championships in the 60m hurdles, earning five team points for the Cowboys. Both Wyatt Moore and Brandon McGuire recorded sub-7.00 second times in the 60m dash during the season, with Moore's time of 6.89 being just 0.07 seconds off Wyoming's all-time top-10 list.

Santos spent the 2018-19 season as a volunteer assistant at Nebraska, working with the combined events and pole vaulters. Garrison Hughes and Tyler Lontjer leaped into the Nebraska indoor record book under Santos' guidance, while a Jared Seay posted the second-best heptathlon score, and Cale Wagner set the fifth-best score in school history. During the outdoor season, Erika Freyhof recorded the fifth-best mark in program history.

Prior to his stint at Nebraska, Santos served as an assistant track and field coach at Fort Hays State University. He joined the FHSU coaching staff as a graduate assistant in 2015 and was elevated to an assistant in 2017. He spent his time as a graduate assistant and as an assistant helping the sprint and hurdle groups and helped the team break school records on 12 occasions. Santos was also a sprinter as an undergraduate at California State University-Northridge, where he reached the NCAA Division I Track and Field Championships once as a member of the 4x100m relay team in 2010.

While at Fort Hays State, Santos helped guide Malcom Gardner (200m), Amber Forbes (100m, 200m) and Kelly Wycoff (200m, 400m) to the Division II Outdoor Track and Field Championships in 2018. Forbes earned a second-team All-American honor in the 100m and Wycoff made the final in the 400m and broke her previous school record and PR by almost one second to place fifth. During the 2017 season, Santos guided Dillando Allotey to the Division II Indoor Track and Field Championships in the 200m where he made the finals and garnered first-team All-American honors. In the spring of that year, Allotey and Wycoff made it to the outdoor championships in both the 200m and 400m and Wycoff earned All-American accolades in the 400m.

Santos graduated from California State-Northridge in 2010 with a bachelor's degree in psychology and earned a master's degree in health and human performance from Fort Hays State University in 2016.



## COWGIRLS

Name	Event(s)	Cl. (I/O)	Hometown
Koi Adderley	Jumps	So./So.	Nassau, Bahamas
Hanan Aldelemy	Distance	So./So.	Littleton, Colo.
Madison Antonino	Distance	Fr./Fr.	Pinedale, Wyo.
Payton Becker	Sprints/Hurdles	Fr./Fr.	Parker, Colo.
Teagan Becker	Throws	So./So.	Casper, Wyo.
Libby Berryhill	Distance	Sr./Sr.	Laramie, Wyo.
Madelyn Blazo	Distance	Sr./Sr.	Colorado Springs, Colo.
Nadhia Campos	Distance	Fr./Fr.	Colorado Springs, Colo.
Elayna Chafee	Jumps	Sr./Sr.	Casper, Wyo.
Lauren Clarke	Distance	So./Jr.	Cheyenne, Wyo.
Kayla Coppola	Distance	So./Jr.	League City, Texas
Eowyn Dalbec	Distance	Sr./Sr.	Peyton, Colo.
Eva Dellorco	Sprints	So./So.	Castle Rock, Colo.
Megan Doherty	Distance	So./So.	Gillette, Wyo.
Claire Engelhardt	Distance	So./So.	Brighton, Colo.
Kaitlyn Gallo	Throws	Jr./Sr.	Woodinville, Wash.
Reagan Gilman	Distance	So./So.	Hilton Head, S.C.
Isabelle Harvey	Sprints	Jr./Jr.	Baldwin City, Kan.
Brionna Holso	Distance	Jr./Jr.	Rapid City, S.D.
Desirae Iacovetto	Multis	Fr./Fr.	Wheatland, Wyo.
Faith Jehu	Sprints/Jumps	Sr./Sr.	Highlands Ranch, Colo.
Muriel Jones	Distance	So./Jr.	Gillette, Wyo.
Kais Kimuli	Throws	Sr./Sr.	Kampala, Uganda
Lily McDowell	Sprints	Sr./Sr.	Trophy Club, Texas
Gabbriella Mendoza-Molina	Sprints/Hurdles	Jr./Jr.	Gillette, Wyo.
Ava Morgan	Hurdles	Jr./Jr.	Afton, Wyo.
Tailah Morris	Sprints/Jumps	So./So.	Cheyenne, Wyo.
Avery Navest	Multis	So./So.	Boise, Idaho
Lily Nichols	Multis	So./So.	Wheatland, Wyo.
Carly Norman	Hurdles	So./So.	Buffalo, Wyo.
Julia Rudolph	Distance	So./So.	Niwot, Colo.
Rozlyn Slichko	Distance	Sr./Gr.	Puyallup, Wash.
Madeline Thorne	Sprints	So./So.	Casper, Wyo.
Marina Trave Ferrer	Distance	So./Jr.	Vilafrance del Penedes, Spain
Gracie Uhre	Distance	So./So.	Rapid City, S.D.
Hailey Uhre	Distance	Sr./Sr.	Rapid City, S.D.
Ella Unrein	Distance	So./So.	Fruita, Colo.
Jade West	Throws	Fr./Fr.	Niwot, Colo.
Megan Witkiewicz	Sprints	So./So.	Highlands Ranch, Colo.
Elliana Zock	Distance	So./So.	Anchorage, Alaska
Melody ZumBrunnen	Jumps	So./So.	Lusk, Wyo.

## COWBOYS

Name	Event(s)	Cl. (I/O)	Hometown
Austin Akers	Distance	So./Jr.	Sheridan, Wyo.
Jackson Aydelott	Sprints/Hurdles	Fr./Fr.	Vernon, Texas
Logan Brown	Sprints	So./So.	Laramie, Wyo.
Tanner Brown	Distance	So./So.	Parker, Colo.
Cam Burkett	Throws	Sr./Sr.	Casper, Wyo.
Sam Castle	Sprints	So./So.	Sioux Falls, S.D.
Gavin Cogle	Sprints	Sr./Sr.	Medford, Ore.
Christian Edwards	Sprints/Jumps	Jr./So.	Bakersfield, Calif.
Bradley Ekstrom	Sprints	So./So.	Gillette, Wyo.
Ryan Elsen	Sprints/Hurdles	So./So.	Brighton, Colo.
Cody Hape	Sprints	Jr./Jr.	Cheyenne, Wyo.
Ryker Holtzen	Distance	Sr./Sr.	Twin Falls, Idaho
Tristan Knueppel	Distance	Sr./Sr.	Cheyenne, Wyo.
Charles LaFore	Throws	So./So.	Littleton, Colo.
Quinn Lindsay	Throws	So./So.	Lovell, Wyo.
Guthrie Manzella	Distance	Fr./Fr.	Loveland, Colo.
Carter McComb	Sprints	Sr./Sr.	Sheridan, Wyo.
Ayden Mills	Throws	Fr./Fr.	Denver, Colo.
Gideon Moore	Distance	Fr./Fr.	Laramie, Wyo.
Chance Morris	Sprints/Hurdles	Fr./Fr.	Sheridan, Wyo.
Bridger Norton	Sprints	So./So.	Gillette, Wyo.
Colin Olson	Distance	Fr./Fr.	Loveland, Colo.
Quincy Paris	Jumps	Fr./Fr.	Midwest, Wyo.
Remar Pitter	Jumps	Sr./Sr.	Gillette, Wyo.
Aidan Ramsey	Distance	Jr./Jr.	Grimes, Iowa
Meyer Smith	Distance	Jr./So.	Laramie, Wyo.
Dylan van der Hock	Distance	So./Sr.	Concordia, Argentina
Habtamu Wetzal	Distance	Fr./Fr.	Grover, Wyo.
Jacob White	Distance	Sr./Sr.	Littleton, Colo.
Darius Wiggins	Sprints	Sr./Sr.	Casper, Wyo.
Mac Zastrow	Distance	Sr./Sr.	Fruita, Colo.

**Returning NCAA Preliminary Qualifiers:** Cam Burkett (Shot Put), Ryker Holtzen (3,000m Steeple), Charles LaFore (Hammer), Taliah Morris (100m, 200m Long Jump), Remar Pitter (Long Jump), Jacob White (5,000m)

**Lost NCAA Preliminary Qualifiers:** Jaheim Ferguson (400m Hurdles), Daniel Reynolds (Hammer, Shot Put), Albert Steiner (3,000m Steeple), Abigail Whitman (3,000m Steeple)

**Returning Indoor All-MW Honorees:** Logan Brown (4x400m), Bradley Ekstrom (4x400m), Cody Hape (4x400m)

**Lost Indoor All-MW Honorees:** Jaheim Ferguson (4x400m), Kareem Mersal (Long Jump), Daniel Reynolds (Weight, Shot Put)

**Returning Outdoor All-MW Honorees:** Cam Burkett (Shot Put), Ryker Holtzen (3,000m Steeple), Remar Pitter (Long Jump), Jacob White (5,000m)

**Lost Outdoor All-MW Honorees:** Jaheim Ferguson (400m Hurdles), Daniel Reynolds (Hammer, Shot Put)



2025 TEAM RESULTS

Wyoming Invite  
Aug. 30 - Cheyenne, Wyo.

Cowboys 5k - 2nd of 4

Jacob White	2nd	15:03.36
Ryker Holtzen	8th	15:30.66
Mathis Chavand	9th	15:30.66
Mac Zastrow	10th	15:33.24
Austin Akers	23rd	16:10.92
Aidan Ramsey	24th	16:14.20
Tanner Brown	26th	16:31.05

Cowgirls 5k - 3rd of 4

Claire Engelhardt	9th	18:33.96
Marina Trave	13th	18:45.60
Hanan Aldelemy	14th	18:46.82
Rozlyn Slichko	16th	18:53.20
Brionna Holso	17th	18:54.38
Libby Berryhill	27th	19:21.11
Ella Unrein	28th	19:25.40

Roy Griak Invitational  
Sept. 19 - St. Paul, Minn.

Cowboys 8k - 2nd of 10

Jacob White	1st	24:39.8
Ryker Holtzen	3rd	24:57.6
Mathis Chavand	6th	25:10.2
Mac Zastrow	13th	25:32.4
Tanner Brown	35th	26:20.2
Colin Olson	45th	26:36.6
Aidan Ramsey	56th	27:00.4

Cowgirls 6k - 7th of 10

Muriel Jones	31st	22:50.9
Rozlyn Slichko	43rd	23:15.5
Gracie Uhre	49th	23:26.6
Hanan Aldelemy	52nd	23:34.4
Brionna Holso	53rd	23:35.4
Claire Engelhardt	56th	23:37.0
Marina Trave	58th	23:38.4

Joe Plane Invitational  
Oct. 3 - South Bend, Ind.

Cowboys 8k - 3rd of 18

Jacob White	3rd	22:45.1
Ryker Holtzen	9th	23:00.5
Mathis Chavand	10th	23:05.6
Mac Zastrow	26th	23:35.3
Aidan Ramsey	81st	24:22.9
Tanner Brown	84th	24:23.3
Colin Olson	113th	24:49.0

Cowgirls 5k - 16th of 20

Marina Trave	80th	17:23.3
Muriel Jones	81st	17:25.8
Claire Engelhardt	87th	17:27.4
Rozlyn Slichko	95th	17:33.2
Hanan Aldelemy	108th	17:38.5
Brionna Holso	112th	17:42.3
Libby Berryhill	147th	18:18.5

Pre Nationals  
Oct. 18 - Columbia, Mo.

Cowboys 8k - 12th of 32

Jacob White	7th	23:12.2
Mathis Chavand	20th	23:43.6
Ryker Holtzen	58th	24:14.5
Mac Zastrow	102nd	24:44.6
Tanner Brown	132nd	25:02.1
Aidan Ramsey	147th	25:10.7
Nolan Hoffman	155th	25:15.2

Cowgirls 6k - 29th of 38

Claire Engelhardt	133rd	21:20.3
Marina Trave	149th	21:30.7
Hanan Aldelemy	151st	21:31.8
Muriel Jones	165th	21:39.6
Brionna Holso	204th	21:58.0
Rozlyn Slichko	207th	21:59.2
Gracie Uhre	247th	22:16.0

MW Conference Championships  
Oct. 31 - Fresno, Calif.

Cowboys 8k - 4th of 10

Jacob White	5th	22:59.4
Ryker Holtzen	7th	23:03.6
Mathis Chavand	13th	23:20.7
Mac Zastrow	29th	23:52.6
Aidan Ramsey	42nd	24:20.0
Tanner Brown	49th	24:32.1
Nolan Hoffman	53rd	24:39.8

Cowgirls 6k - 6th of 12

Claire Engelhardt	33rd	21:05.7
Brionna Holso	38th	21:17.8
Marina Trave	43rd	21:26.4
Muriel Jones	45th	21:30.6
Libby Berryhill	46th	21:31.4
Hanan Aldelemy	47th	21:31.9
Rozlyn Slichko	48th	21:33.8

NCAA Mountain Regional  
Nov. 14 - Salt Lake City, Utah

Cowboys 10k- 10th of 18

Jacob White	16th	30:27.8
Mathis Chavand	46th	31:34.0
Ryker Holtzen	47th	31:34.1
Mac Zastrow	88th	33:22.5
Tanner Brown	96th	33:53.1
Nolan Hoffman	97th	33:59.0
Aidan Ramsey	113th	35:13.6

Cowgirls 6k - 12th of 17

Muriel Jones	50th	21:50.5
Brionna Holso	66th	22:21.1
Marina Trave	69th	22:23.1
Rozlyn Slichko	70th	22:25.0
Hanan Aldelemy	73rd	22:31.0
Libby Berryhill	81st	22:43.4
Claire Engelhardt	DNF	DNF

2025 INDIVIDUAL RESULTS

COWBOYS

**Austin Akers**

Wyoming Invite: 23rd, 16:10.92  
Roy Griak Invite: 57th, 27:01.5  
Joe Plane Invite: 127th, 25:09.7  
Pre Nationals: DNF  
Mountain West: 69th, 25:25.0

**Tanner Brown**

Wyoming Invite: 26th, 16:31.05  
Roy Griak Invite: 35th, 26:20.2  
Joe Plane Invite: 84th, 24:23.3  
Pre Nationals: 132nd, 25:02.1  
Mountain West: 49th, 24:32.1  
NCAA Regional: 96th, 33:53.1

**Mathis Chavand**

Wyoming Invite: 9th, 15:30.66  
Roy Griak Invite: 6th, 25:10.2  
Joe Plane Invite: 10th, 23:05.6  
Pre Nationals: 20th, 23:43.6  
Mountain West: 13th, 23:20.7  
NCAA Regional: 46th, 31:34.0

**Nolan Hoffman**

Wyoming Invite: 31st, 17:04.85  
Roy Griak Invite: 89th, 28:03.1  
Pre Nationals: 155th, 25:15.2  
Mountain West: 53rd, 24:39.8  
NCAA Regional: 97th, 33:59.0

**Ryker Holtzen**

Wyoming Invite: 8th, 15:29.98  
Roy Griak Invite: 3rd, 24:57.6  
Joe Plane Invite: 9th, 23:00.5  
Pre Nationals: 58th, 24:14.5  
Mountain West: 7th, 23:03.6  
NCAA Regional: 47th, 31:34.1

**Tristan Kneuppel**

Wyoming Invite: 34th, 17:13.80

**Colin Olson**

Roy Griak Invite: 45th, 26:36.6  
Joe Plane Invite: 113th, 24:49.0  
Pre Nationals: DNF  
Mountain West: 64th, 25:12.9

**Aidan Ramsey**

Wyoming Invite: 24th, 16:14.20  
Roy Griak Invite: 56th, 27:00.4  
Joe Plane Invite: 81st, 24:22.9  
Pre Nationals: 147th, 25:10.7  
Mountain West: 42nd, 24:20.2  
NCAA Regional: 113th, 35:13.6

**Meyer Smith**

Wyoming Invite: 30th, 17:00.49  
Roy Griak Invite: 66th, 27:24.3  
Joe Plane Invite: 132nd, 25:22.4  
Pre Nationals: 258th, 27:46.7  
Mountain West: 77th, 26:06.8

**Jacob White**

Wyoming Invite: 2nd, 15:03.36  
Roy Griak Invite: 1st, 24:39.8  
Joe Plane Invite: 3rd, 22:45.1  
Pre Nationals: 7th, 23:12.2  
Mountain West: 5th, 22:59.4  
NCAA Regional: 16th, 30:27.8

**Mac Zastrow**

Wyoming Invite: 10th, 15:33.24  
Roy Griak Invite: 13th, 25:32.4  
Joe Plane Invite: 26th, 23:35.3  
Pre Nationals: 102nd, 24:44.6  
Mountain West: 29th, 23:52.6  
NCAA Regional: 88th, 33:22.5

**Hanan Aldelemy**

Wyoming Invite: 14th, 18:46.82  
Roy Griak Invite: 52nd, 23:34.4  
Joe Plane Invite: 108th, 17:38.5  
Pre Nationals: 151st, 21:31.8  
Mountain West: 47th, 21:31.9  
NCAA Regional: 73rd, 22:31.0

**Libby Berryhill**

Wyoming Invite: 27th, 19:21.11  
Roy Griak Invite: 66th, 23:44.0  
Joe Plane Invite: 147th, 18:18.5  
Pre Nationals: 254th, 22:20.9  
Mountain West: 46th, 21:31.4  
NCAA Regional: 81st, 22:43.4

**Kayla Coppola**

Wyoming Invite: 44th, 21:08.64

**Megan Doherty**

Wyoming Invite: 39th, 19:58.63  
Roy Griak Invite: 87th, 24:09.6  
Pre Nationals: 286th, 22:44.8

**Claire Engelhardt**

Wyoming Invite: 9th, 18:33.96  
Roy Griak Invite: 56th, 23:37.0  
Joe Plane Invite: 87th, 17:27.4  
Pre Nationals: 133rd, 21:20.3  
Mountain West: 33rd, 21:05.7  
NCAA Regional: DNF

**Reagan Gilman**

Wyoming Invite: 34th, 19:36.29  
Roy Griak Invite: 95th, 24:20.0

**Brionna Holso**

Wyoming Invite: 17th, 18:54.38  
Roy Griak Invite: 53rd, 23:35.4  
Joe Plane Invite: 112th, 17:42.3  
Pre Nationals: 204th, 21:58.0  
Mountain West: 38th, 21:17  
NCAA Regional: 66th, 22:21.1

COWGIRLS

**Muriel Jones**

Wyoming Invite: 32nd, 19:32.07  
Roy Griak Invite: 31st, 22:50.9  
Joe Plane Invite: 81st, 17:25.8  
Pre Nationals: 165th, 21:39.6  
Mountain West: 45th, 21:30.6  
NCAA Regional: 50th, 21:50.5

**Rozlyn Slichko**

Wyoming Invite: 16th, 18:53.20  
Roy Griak Invite: 43rd, 23:15.5  
Joe Plane Invite: 95th, 17:33.2  
Pre Nationals: 207th, 21:59.2  
Mountain West: 48th, 21:33.8  
NCAA Regional: 70th, 22:25.0

**Marina Trave**

Wyoming Invite: 13th, 18:45.60  
Roy Griak Invite: 58th, 23:38.4  
Joe Plane Invite: 80th, 17:23.2  
Pre Nationals: 149th, 21:30.7  
Mountain West: 43rd, 21:26.4  
NCAA Regional: 69th, 22:23.1

**Gracie Uhre**

Wyoming Invite: 31st, 19:31.17  
Roy Griak Invite: 49th, 23:26.6  
Joe Plane Invite: 172nd, 18:59.7  
Pre Nationals: 247th, 22:16.0  
Mountain West: 68th, 22:09.8

**Ella Unrein**

Wyoming Invite: 28th, 19:25.40  
Mountain West: 87th, 22:44.8

**Eliana Zock**

Wyoming Invite: 38th, 19:51.81  
Roy Griak Invite: 72nd, 23:52.4  
Joe Plane Invite: 156th, 18:24.8  
Pre Nationals: 255th, 22:21.7  
Mountain West: 71st, 22:16.9

# CROSS COUNTRY RECORDS



## TOP CROSS COUNTRY TIMES SINCE 1990

(as of Dec. 1, 2025)

### COWGIRLS

### COWBOYS

4k			
1. Holly Page	13:37	2012	Highlander Invite
2. Christine Nelson	14:00	2012	Highlander Invite
3. Abi Bever	14:05	2012	Highlander Invite
4. Brooke Hughes	14:22	2012	Highlander Invite
5. Devon England	14:30	2012	Highlander Invite
6. Holly Page	14:33	2012	Rust Buster
Jennifer Thompson	14:33	2003	Wyoming Open
8. Christine Nelson	14:51	2010	Wyoming Invite
Gretchen Johnson	14:51	2007	Wyoming Invite
Natalie Kean	14:51	2003	Wyoming Open
11. Audra DeStefano	14:52	2012	Highlander Invite
12. Jessica Lemaster	15:03	2012	Highlander Invite
13. Devon England	15:06	2012	Rust Buster
Emily Higgins	15:06	2006	Wyoming Invite
Jennifer Thompson	15:06	2004	Wyoming Invite
Gretchen Johnson	15:06	2004	Wyoming Invite

6k			
1. Garrett Zans	17:48	2013	Highlander Invite
2. Garrett Zans	17:50	2012	Highlander Invite
Amos Bowen	17:50	2013	Highlander Invite
4. Aaron Derner	17:52	2012	Highlander Invite
5. Aaron Derner	17:53	2013	Highlander Invite
6. Mike Banks	17:57	2013	Highlander Invite
7. Mike Seas	18:01	2012	Highlander Invite
8. Dylan Morin	18:07	2013	Highlander Invite
9. Garrett Zans	18:08	2013	Utah Valley Invite
10. Joe Hall	18:10	1999	Wyoming Invite
11. Mike Banks	18:22	2013	Utah Valley Invite
Seth Bruxvoort	18:22	2020	Wyoming-CSU Dual
13. Michael Kesy	18:26	2013	Highlander Invite
14. Mike Banks	18:31	2012	Highlander Invite
Aaron Derner	18:31	2013	Utah Valley Invite

5k			
1. Kylie Simshauser	16:39	2024	Joe Piane Invitational
2. Abigail Whitman	16:58	2024	Joe Piane Invitational
3. Eowyn Dalbec	17:02	2024	Joe Piane Invitational
4. Madelyn Blazo	17:13	2024	Joe Piane Invitational
5. Kylie Simshauser	17:14	2024	Wyoming Invite
6. Katelyn Mitchem	17:15	2022	Wyoming Invite
7. Holly Page	17:18	2013	Highlander Invite
8. Kacey Doner	17:22	2019	Joe Piane Invitational
9. Christine Nelson	17:23	2010	Chile Pepper Festival
<b>Marina Trave</b>	<b>17:23</b>	<b>2025</b>	<b>Joe Piane Invitational</b>
11. Katelyn Mitchem	17:24	2019	Joe Piane Invitational
12. Hailey Uhre	17:24	2024	Joe Piane Invitational
<b>13. Muriel Jones</b>	<b>17:25</b>	<b>2025</b>	<b>Joe Piane Invitational</b>
<b>14. Claire Engelhardt</b>	<b>17:27</b>	<b>2025</b>	<b>Joe Piane Invitational</b>
15. Marina Trave	17:29	2024	Joe Piane Invitational

8k			
<b>1. Jacob White</b>	<b>22:45</b>	<b>2025</b>	<b>Joe Piane Invitational</b>
2. Jacob White	22:49	2024	Joe Piane Invitational
<b>3. Jacob White</b>	<b>22:59</b>	<b>2025</b>	<b>Mountain West Champs</b>
<b>4. Ryker Holtzen</b>	<b>23:00</b>	<b>2025</b>	<b>Joe Piane Invitational</b>
<b>5. Ryker Holtzen</b>	<b>23:03</b>	<b>2025</b>	<b>Mountain West Champs</b>
<b>6. Mathis Chavand</b>	<b>23:05</b>	<b>2025</b>	<b>Joe Piane Invitational</b>
7. Mason Norman	23:12	2024	Joe Piane Invitational
<b>Jacob White</b>	<b>23:12</b>	<b>2025</b>	<b>Pre Nationals</b>
9. Ryker Holtzen	23:19	2024	Joe Piane Invitational
10. Gus McIntyre	23:20	2024	Joe Piane Invitational
<b>Mathis Chavand</b>	<b>23:20</b>	<b>2025</b>	<b>Mountain West Champs</b>
12. Harry Ewing	23:22	2019	MW Championships
Jacob White	23:22	2024	Pre Nationals
14. Henry Christopher	23:26	2019	MW Championships
15. Paul Roberts	23:30	2019	MW Championships

6k			
1. Katelyn Mitchem	19:52	2022	MW Championships
2. Holly Page	20:18	2014	MW Championships
3. Abigail Whitman	20:20	2023	NCAA Mountain Regional
4. Abigail Whitman	20:27	2023	MW Championships
5. Abigail Whitman	20:29	2023	Pre Nationals
6. Katelyn Mitchem	20:30	2022	NCAA Mountain Regional
7. Holly Page	20:31	2014	Washington Invite
Katelyn Mitchem	20:31	2019	Bronco Invite
Leah Christians	20:31	2022	MW Championships
10. Kylie Simshauser	20:34	2024	Pre Nationals
Kylie Simshauser	20:34	2024	MW Championships
12. Leah Christians	20:41	2021	MW Championships
13. Abigail Whitman	20:43	2024	Pre Nationals
14. Madelyn Blazo	20:44	2022	MW Championships
15. Ashley Bock	20:46	2018	Bronco Invite

10k			
1. Jacob White	28:36	2022	NCAA Championships
2. Mark Korir	28:40	2006	Chile Pepper Festival
3. Mason Norman	28:43	2022	NCAA Championships
4. Albert Steiner	29:11	2022	NCAA Championships
5. Paul Roberts	29:27	2018	NCAA Mountain Regional
6. Gus McIntyre	29:29	2022	NCAA Championships
7. Mark Korir	29:33	2008	NCAA Mountain Regional
8. Ryker Holtzen	29:38	2022	NCAA Championships
9. Christopher Henry	29:39	2018	NCAA Mountain Regional
10. Paul Roberts	29:41	2018	NCAA Championship
11. Jacob White	29:43	2024	NCAA Mountain Regional
12. Harry Ewing	29:47	2018	NCAA Mountain Regional
13. Garrett Zans	29:50	2013	NCAA Mountain Regional
14. Mark Korir	29:56	2006	NCAA Mountain Regional
Amos Bowen	29:56	2014	NCAA Mountain Regional

## HISTORY AT NCAA CHAMPIONSHIPS

### Cowboy History (Since 1938)

Year	Team	Individuals
2024	29th (707)	119. Jacob White, 30:00.4 120. Ryker Holtzen, 30:01.3 184. Gus McIntyre, 30:34.9 211. Dylan van der Hock, 30:58.8 214. Mason Norman, 31:00.8 233. Trevor Stephen, 31:24.4 --- Asefa Wetzels, DNF
2019	---	136. Paul Roberts, 32:15.6
2018	12th (371)	20. Paul Roberts (AA), 29:41.4 63. Christopher Henry, 30:20.1 105. Harry Ewing, 30:39.5 116. Daniel Hintz, 30:47.6 157. Michael Downey, 31:07.0 211. Jerald Taylor, 31:52.2 243. Jonah Henry, 32:55.7
2014	---	217. Amos Bowen, 32:53
2013	---	65. Garrett Zans, 31:01
2008	---	71. Mark Korir, 30:38
2007	---	19. Mark Korir (AA), 30:13
2006	---	22. Mark Korir (AA), 31:24
2000	---	112. Joe Hall, 31:50
1996	---	81. Scott McDonald, 32:39
1995	---	12. Ryan Bolton (AA), 31:02
1989	---	34. John Wodny (AA), 30:36
1986	16th (345)	15. John Wodny (AA), 31:23 87. Michael Craven, 32:39 93. Arnie Anfinson, 32:43 117. Ed Jassmen, 33:06

129. Robert Durkee, 33:19		
168. Damien Betebenner, 35:28		
170. Richard Garnos, 35:56		
16. Geir Kvernmo (AA), 29:35		
24. Simon Killili (AA), 30:12		
38. Joe Nzau, 30:23		
82. James Kamau, 30:55		
93. Geir Kvernmo, 31:00		
226. James Hogue, 33:22		
233. Chuck Turner, 33:52		
241. Gary Fasules, 36:42		
6. Solomon Chebor (AA), 29:03		
7. Simon Killili (AA), 29:15		
35. Joe Nzau, 29:56		
36. Geir Kvernmo, 29:56		
169. Michael Cheronno, 31:32.5		
249. Curt Mobley, 33:07.7		
50. Geir Kvernmo, 29:40.16		
113. Wayne Jensen, 31:38		
1967	14th (328)	24. Bob Mason (AA), 32:44 102. Pete Smith, 36:51 106. Tore Svare, 37:52 108. Ed Schnackenberg, 40:00 111. Jerry Race, 41:54 112. Kurt Heuch, 42:47
12. Michael Gregorio (AA), 30:28		
39. John Finlay, 31:18		
86. Harry Bilof, 32:22		
115. Alfred Crampton, 33:17		
122. Charles Pell, 33:28		
1979	---	---
1978	13th (353)	---
1977	3rd (156)	---
1976	---	---
1968	---	---
1965	10th (275)	---

1964	---	138. Roman Pysanczyn, 35:17 39. Harry Bilof, 21:07 100 Douglas McDonald, 21:50 133. Michael Gregorio, 22:10
1947	15th (382)	66. Allen Clark, 22:55 74. Harry Mangus, 23:06.1 92. Bruce Badley, 23:24 107. Allan Benton, 23:50 110. Lee Covington, 23:58 128. Paul Zimmerman, 24:36

### Cowgirl History (Since 1981)

Year	Team	Individuals
2022	---	143. Katelyn Mitchem, 20:52
2014	---	71. Holly Page, 21:01
2007	---	116. Gretchen Fagley-Johnson, 21:41.1
2004	---	70. Jennifer Thompson, 21:39
1990	---	100. Necia Hoffman, 17:43
1983	---	13. Andrea Everett (AA), 17:03
1982	---	60. Andrea Everett, 18:12
1981	---	79. Brenda Grahm, 18:14



# 2024-25 MEN'S RESULTS

## 2024-25 Returning Men's Individual Breakdown

### Austin Akers

Meet	Date	Event	Mark	
Indoor	CU Invite	2/1/25	Mile	23rd, 4:16.96
Outdoor	Jack Christiansen	3/29/25	1,500m	11th, 3:55.82
	Mines Kit Mayer	4/11/25	3,000m Steeple	2nd, 9:44.75
	Bryan Clay	4/16/25	3,000m Steeple	82nd, 9:18.83
	Border Dual	4/26/25	1,500m	3rd, 3:59.08
	Doug Max	5/3/25	3,000m Steeple	2nd, 9:39.99
	MW Champs	5/15/25	3,000m Steeple	12th, 9:16.32

### Logan Brown

Meet	Date	Event	Mark	
Indoor	Power Meet	12/7/24	200m	3rd, 23.17
	Bobcat Challenge	1/25/25	200m	6th, 22.88
			4x400m	2nd, 3:18.21
	CU Invite	2/1/25	200m	17th, 22.46
			400m	25th, 50.91
	Don Kirby	2/14/25	200m	42nd, 22.34
			400m	34th, 49.70
			4x400m	9th, 3:15.18
	MW Champs	2/27/25	DMR	3rd, 9:59.84
		3/1/25	4x400m	3rd, 3:12.36
Outdoor	Jack Christiansen	3/29/25	4x100m	3rd, 41.14
	Mines Kit Mayer	4/11/25	400m	7th, 48.72
			4x100m	1st, 40.84
	Bryan Clay	4/16/25	4x400m	7th, 3:14.10
	Pacific Coast	4/17/25	200m	61st, 22.40
	Border Dual	4/26/25	400m	3rd, 48.28
			4x400m	1st, 3:13.20
	Doug Max	5/3/25	200m	6th, 21.66
	MW Champs	5/15/25	400m	16th, 49.05
			4x100m	6th, 41.50
			4x400m	4th, 3:15.04

### Cam Burkett

Meet	Date	Event	Mark	
Indoor	Power Meet	12/7/24	Shot Put	2nd, 59' 8"
	Bobcat Challenge	1/25/25	Shot Put	1st, 61' 2 3/4"
	CU Invite	1/31/25	Shot Put	1st, 59' 11"
	Don Kirby	2/15/25	Shot Put	1st, 59' 4 1/4"
	MW Champs	3/1/25	Shot Put	4th, 58' 7 1/4"
Outdoor	Jack Christiansen	3/29/25	Shot Put	1st, 60' 9 1/4"
	Mines Kit Mayer	4/11/25	Shot Put	1st, 58' 6 1/2"
	Pacific Coast	4/17/25	Shot Put	6th, 58' 2"
	Beach Invite	4/18/25	Shot Put	3rd, 59' 1 1/4"
	Border Dual	4/26/25	Shot Put	1st, 61' 0"
	Doug Max	5/3/25	Shot Put	1st, 63' 1 1/4"
	MW Champs	5/15/25	Shot Put	2nd, 61' 3"
	NCAA West	5/28/25	Shot Put	14th, 61' 9 1/2"

### Gavin Cogle

Meet	Date	Event	Mark	
Indoor	Don Kirby	2/14/25	200m	13th, 21.78
Outdoor	Border Dual	4/26/25	100m	5th, 10.84

### Christian Edwards

Meet	Date	Event	Mark	
Indoor	Power Meet	12/7/24	Long Jump	4th, 22' 11 3/4"
	Bobcat Challenge	1/25/25	Long Jump	2nd, 22' 3"
			Triple Jump	1st, 43' 11 1/4"
	Don Kirby	2/14/25	Long Jump	23rd, 22' 3 1/2"
	MW Champs	2/28/25	Long Jump	6th, 22' 9"
		3/1/25	Triple Jump	9th, 44' 9 3/4"
Outdoor	Jack Christiansen	3/29/25	4x100m	3rd, 41.14
			Long Jump	5th, 22' 8 1/2"
	Mines Kit Mayer	4/11/25	Long Jump	16th, 17' 0 3/4"
			Triple Jump	3rd, 45' 10 3/4"
			4x100m	1st, 40.84
	Pacific Coast	4/17/25	Long Jump	18th, 22' 5"
	Beach Invite	4/18/25	Long Jump	20th, 22' 1 3/4"
	Border Dual	4/26/25	Long Jump	1st, 23' 2"
			Triple Jump	1st, 40' 5"
	Doug Max	5/3/25	Long Jump	4th, 23' 4 1/2"
	MW Champs	5/15/25	Triple Jump	12th, 45' 3"
			4x100m	6th, 41.50

### Bradley Ekstrom

Meet	Date	Event	Mark	
Indoor	Power Meet	12/7/24	600y	1st, 1:13.52
	Bobcat Challenge	1/25/25	400m	1st, 49.08
			4x400m	2nd, 3:18.21
	CU Invite	2/1/25	200m	6th, 21.97
			400m	4th, 47.46
	Don Kirby	2/15/25	400m	8th, 47.58
			4x400m	9th, 3:15.18
	MW Champs	3/1/25	400m	5th, 47.81
			4x400m	3rd, 3:12.36
Outdoor	Jack Christiansen	3/29/25	400m	3rd, 47.70
	Mines Kit Mayer	4/11/25	100m	20th, 11.13
			200m	12th, 21.71
	Bryan Clay	4/16/15	400m	21st, 48.24
			4x400m	7th, 3:14.10
	Pacific Coast	4/17/25	200m	52nd, 22.14
	Border Dual	4/26/25	200m	5th, 21.62
			4x400m	1st, 3:13.20
	Doug Max	5/3/25	400m	2nd, 47.26

	MW Champs	5/15/25	400m	8th, 48.92
			4x400m	4th, 3:15.04

### Cody Hape

Meet	Date	Event	Mark	
Indoor	Power Meet	12/7/24	200m	1st, 22.86
	Bobcat Challenge	1/25/25	400m	4th, 50.32
			4x400m	2nd, 3:18.21
	CU Invite	2/1/25	200m	12th, 22.29
			400m	10th, 49.13
	Don Kirby	2/14/25	400m	14th, 48.58
			4x400m	9th, 3:15.18
	MW Champs	3/1/25	400m	7th, 48.19
			4x400m	3rd, 3:12.36
Outdoor	Jack Christiansen	3/29/25	400m	2nd, 47.39
	Mines Kit Mayer	4/11/25	200m	16th, 21.88
	Bryan Clay	4/16/25	400m	14th, 47.95
			4x400m	7th, 3:14.10
	Pacific Coast	4/17/25	200m	36th, 21.93
	Border Dual	4/26/25	4x400m	1st, 3:13.20
	MW Champs	5/15/25	400m	15th, 49.03
			4x400m	4th, 3:15.04

### Nolan Hoffman

Meet	Date	Event	Mark	
Indoor	CU Invite	2/1/25	3,000m	35th, 8:37.21
	Husky Classic	2/14/25	3,000m	31st, 7:55.27
Outdoor	Jack Christiansen	3/29/25	5,000m	9th, 15:35.05
	Mines Kit Mayer	4/11/25	1,500m	42nd, 4:20.03
	Border Dual	4/26/25	1,500m	5th, 4:10.31

### Ryker Holtzen

Meet	Date	Event	Mark	
Indoor	BU Season Opener	12/7/24	5,000m	45th, 13:41.39
	Bobcat Challenge	1/25/25	3,000m	3rd, 8:03.10
	CU Invite	2/1/25	Mile	3rd, 4:02.33
	Husky Classic	2/14/25	3,000m	31st, 7:55.27
		2/15/25	Mile	23rd, 4:01.24
	MW Champs	2/27/25	5,000m	10th, 13:47.36
		3/1/25	3,000m	20th, 8:10.97
Outdoor	Jack Christiansen	3/29/25	1,500m	2nd, 3:45.04
	Stanford Invite	4/4/25	3,000m Steeple	5th, 8:35.70
	Bryan Clay	4/16/25	5,000m	17th, 13:57.93
	Doug Max	5/3/25	1,500m	12th, 3:52.75
	MW Champs	5/15/25	3,000m Steeple	2nd, 8:38.46
	NCAA West	5/28/25	3,000m Steeple	8th, 8:34.95
	NCAA Champs	6/11/25	3,000m Steeple	15th, 8:38.09

### Tristan Kneuppel

Meet	Date	Event	Mark	
Indoor	Bobcat Challenge	1/25/25	800m	2nd, 1:53.34
			Mile	10th, 4:09.73
	CU Invite	2/1/24	800m	13th, 1:54.88
	Mountain Lion	2/15/25	800m	1st, 1:54.44
	MW Champs	2/27/25	DMR	4th, 9:59.84
		2/28/25	800m	10th, 1:52.24
Outdoor	Jack Christiansen	3/29/25	800m	1st, 1:53.69
	Mines Kit Mayer	4/11/25	800m	15th, 1:56.12
	MW Champs	5/17/25	800m	19th, 1:57.00

### Charles LaFore

Meet	Date	Event	Mark	
Indoor	Bobcat Challenge	1/25/25	Shot Put	6th, 52' 6 3/4"
			Weight Throw	4th, 60' 6"
	CU Invite	1/31/25	Weight Throw	2nd, 61' 3 1/2"
	Don Kirby	2/14/25	Weight Throw	5th, 63' 6"
		2/15/25	Shot Put	7th, 56' 9 1/4"
	MW Champs	2/28/25	Weight Throw	5th, 64' 5"
		3/1/25	Shot Put	6th, 56' 10"
Outdoor	Jack Christiansen	3/29/25	Shot Put	3rd, 56' 8 1/2"
			Discus	4th, 157' 10"
	Mines Kit Mayer	4/11/25	Shot Put	5th, 55' 2 3/4"
			Hammer	1st, 218; 9"
	Pacific Coast	4/17/25	Hammer	5th, 208' 5"
	Beach Invite	4/18/25	Hammer	2nd, 213' 8"
	Border Dual	4/26/25	Shot Put	3rd, 56' 6"
			Hammer	2nd, 209' 7"
	Doug Max	5/3/25	Shot Put	7th, 57' 0 3/4"
			Discus	5th, 164' 1"
			Hammer	6th, 206' 0"
	MW Champs	5/15/25	Shot Put	7th, 55' 9"
			Discus	9th, 169' 8"
			Hammer	7th, 203' 2"
	NCAA West	5/28/25	Hammer	37th, 199' 10"

### Quinn Lindsay

Meet	Date	Event	Mark	
Indoor	Power Meet	12/7/24	Shot Put	13th, 46' 8 1/2"
	Bobcat Challenge	1/25/25	Shot Put	8th, 51' 3 1/2"
	CU Invite	1/31/25	Shot Put	2nd, 54' 4 3/4"
	Don Kirby	2/15/25	Shot Put	15th, 50' 1 1/2"
	MW Champs	3/1/25	Shot Put	12th, 47' 3 3/4"
Outdoor	Jack Christiansen	3/29/25	Shot Put	10th, 45' 11 3/4"
			Discus	2nd, 161' 5"
	Pacific Coast	4/17/25	Shot Put	37th, 48' 4 1/2"
			Discus	34th, 158' 6"
	Beach Invite	4/18/25	Shot Put	42nd, 49' 0 1/4"



2024-25 Returning Men's Individual Breakdown

	Border Dual	4/26/25	Discus	33rd, 158' 11"
			Shot Put	8th, 51' 11 1/4"
	Doug Max	5/3/25	Discus	2nd, 161' 10"
			Shot Put	17th, 44' 9 1/2"
	MW Champs	5/15/25	Discus	7th, 163' 0"
			Shot Put	11th, 47' 5"
			Discus	16th, 143' 9"
<b>Carter McComb</b>				
	<b>Meet</b>	<b>Date</b>	<b>Event</b>	<b>Mark</b>
Indoor	Bobcat Challenge	1/25/25	60m	1st, 6.81
	CU Invite	2/1/25	60m	1st, 6.77
	Don Kirby	2/15/25	60m	12th, 6.84
	MW Champs	3/1/25	60m	7th, 6.85
Outdoor	Jack Christiansen	3/29/25	100m	2nd, 10.63
			4x100m	3rd, 41.14
	Mines Kit Mayer	4/11/25	100m	4th, 10.48
			4x100m	1st, 40.84
	Pacific Coast	4/17/25	100m	14th, 10.55
	Beach Invite	4/18/25	100m	24th, 10.92
	Border Dual	4/26/25	100m	2nd, 10.49
	Doug Max	5/3/25	100m	5th, 10.55

<b>Bridger Norton</b>				
	<b>Meet</b>	<b>Date</b>	<b>Event</b>	<b>Mark</b>
Indoor	Power Meet	12/7/24	200m	2nd, 22.88
	Bobcat Challenge	1/25/25	60m	6th, 7.13
			200m	3rd, 22.45
	CU Invite	2/1/24	60m	29th, 7.26
			200m	13th, 22.29
Outdoor	Jack Christiansen	3/29/25	100m	11th, 11.09
			4x100m	3rd, 41.14
	Mines Kit Mayer	4/11/25	100m	16th, 10.92
			200m	15th, 21.86
			4x100m	1st, 40.84
	Pacific Coast	4/17/25	200m	40th, 21.97
	Border Dual	4/26/25	100m	7th, 11.13
			200m	3rd, 21.46
	Doug Max	5/3/25	100m	12th, 10.90
			200m	2nd, 21.41
	MW Champs	5/15/25	200m	17th, 21.77
			4x100m	6th, 41.50

<b>Remar Pitter</b>				
	<b>Meet</b>	<b>Date</b>	<b>Event</b>	<b>Mark</b>
Indoor	Power Meet	12/7/24	Long Jump	2nd, 23' 5 3/4"
	N.M. Team Open	1/31/25	Long Jump	15h, 21' 11 3/4"
Outdoor	Jack Christiansen	3/29/25	Long Jump	3rd, 23' 0 1/2"
	Mines Kit Mayer	4/11/25	Long Jump	1st, 25' 2 1/2"
	Pacific Coast	4/17/25	Long Jump	7th, 23' 7 1/4"
	Doug Max	5/2/25	Long Jump	3rd, 23' 8 1/4"
	MW Champs	5/17/25	Long Jump	3rd, 24' 5"
	NCAA West	5/28/25	Long Jump	32nd, 23' 6 3/4"

<b>Dylan van der Hock</b>				
	<b>Meet</b>	<b>Date</b>	<b>Event</b>	<b>Mark</b>
Indoor	Bobcat Challenge	1/25/25	3,000m	7th, 8:24.32
	Husky Classic	2/14/25	5,000m	16th, 14:16.01
	MW Champs	2/27/25	3,000m	28th, 8:32.67
			5,000m	21st, 15:16.84
Outdoor	Doug Max	5/3/25	1,500m	26th, 4:16.43

<b>Jacob White</b>				
	<b>Meet</b>	<b>Date</b>	<b>Event</b>	<b>Mark</b>
Indoor	BU Season Opener	12/7/24	5,000m	90th, 13:54.87
			3,000m	1st, 7:54.38
	CU Invite	2/1/25	Mile	1st, 4:00.46
	Husky Classic	2/14/25	3,000m	33rd, 7:55.70
		2/15/25	Mile	33rd, 4:02.38
	MW Champs	2/27/25	5,000m	16th, 14:08.72
		3/1/25	3,000m	4th, 7:49.17
Outdoor	Jack Christiansen	3/29/25	1,500m	3rd, 3:45.32
	Stanford Invite	4/4/25	5,000m	5th, 13:37.77
	Bryan Clay	4/16/25	10,000m	19th, 28:47.07
	Doug Max	5/3/25	1,500m	1st, 3:45.62
	MW Champs	5/15/25	5,000m	3rd, 13:37.74
	NCAA West	5/28/25	5,000m	7th, 13:27.32
	NCAA Champs	6/11/25	5,000m	15th, 13:37.82

<b>Darius Wiggins</b>				
	<b>Meet</b>	<b>Date</b>	<b>Event</b>	<b>Mark</b>
Indoor	CU Invite	2/1/25	200m	15th, 22.31
			400m	24th, 51.02
	MW Champs	2/28/25	400m	12th, 49.32
Outdoor	Jack Christiansen	3/29/25	400m	6th, 48.75
	Mines Kit Mayer	4/11/25	200m	17th, 22.03
			400m	6th, 48.35
	Bryan Clay	4/16/25	4x400m	7th, 3:14.10
	Pacific Coast	4/17/25	200m	53rd, 22.16
			400m	26th, 49.62
	Border Dual	4/26/25	400m	4th, 48.74
			4x400m	1st, 3:13.20
	Doug Max	5/3/25	400m	3rd, 47.62
	MW Champs	5/15/25	400m	11th, 48.33
			4x100m	6th, 41.50
			4x400m	4th, 3:15.04

<b>Mac Zastrow</b>				
	<b>Meet</b>	<b>Date</b>	<b>Event</b>	<b>Mark</b>
Indoor	Bobcat Challenge	1/25/25	800m	5th, 1:54.66
				5th, 4:02.24
	CU Invite	2/1/25	Mile	4th, 4:03.69
	Husky Classic	2/15/25	Mile	39th, 4:03.82
	MW Champs	2/28/25	Milw	15th, 4:10.72
		3/1/25	3,000m	21st, 8:12.02
Outdoor	Jack Christiansen	3/29/25	1,500m	4th, 3:46.44
	Mines Kit Mayer	4/11/25	1,500m	2nd, 3:55.65
	Bryan Clay	4/16/25	800m	54th, 1:53.27
			1,500m	79th, 3:50.93
	Border Dual	4/26/25	800m	4th, 1:54.70
	Doug Max	5/3/25	1,500m	10th, 3:50.18
	MW Champs	5/15/25	1,500m	11th, 3:52.76

# 2024-25 WOMEN'S RESULTS

## 2024-25 Returning Women's Individual Breakdown

### Koi Adderley

Meet	Date	Event	Mark	
Indoor	Power Meet	12/7/24 High Jump	2nd, 5' 4 3/4"	
	Power Meet	12/7/24 Long Jump	6th, 18' 6 3/4"	
	Bobcat Challenge	1/25/25 High Jump	2nd, 5' 5"	
	CU Invite	1/31/25 Long Jump	2nd, 18' 1 1/2"	
	Don Kirby	2/14/25 Long Jump	66th, 17' 0"	
		High Jump	13th, 5' 3 3/4"	
	MW Champs	2/28/25 Long Jump	20th, 17' 11 1/2"	
		High Jump	3/1/25 High Jump	5th, 5' 6 1/2"
Outdoor	Jack Christiansen	3/29/25 High Jump	4th, 5' 5 1/4"	
	Mines Kit Mayer	4/11/25 High Jump	4th, 5' 5"	
		Long Jump	7th, 18' 5"	
	Pacific Coast	4/17/25 High Jump	12th, 5' 3 3/4"	
		Long Jump	38th, 17' 3 1/2"	
	Border Dual	4/26/25 High Jump	3rd, 5' 5"	
	Doug Max	5/3/25 High Jump	3rd, 5' 5 1/4"	
		Long Jump	9th, 18' 8"	
	MW Champs	5/15/25 High Jump	9th, 5' 5"	
		Long Jump	18th, 18' 1"	

### Hanan Aldelemy

Meet	Date	Event	Mark
Indoor	Bobcat Challenge	1/25/25 800m	8th, 2:18.06
		Mile	3rd, 5:05.42
	CU Invite	2/1/25 Mile	18th, 5:05.09
	MW Champs	2/27/25 DMR	8th, 12:12.93
		800m	2/28/25 11th, 2:13.39
Outdoor	Jack Christiansen	3/29/25 800m	6th, 2:14.50
	Mines Kit Mayer	4/11/25 1,500m	5th, 4:38.20
	Bryan Clay	4/16/25 800m	13th, 2:11.14
		1,500m	60th, 4:37.90
	Border Dual	4/26/25 1,500m	2nd, 4:38.22
	Doug Max	5/3/25 800m	4th, 2:10.90
	MW Champs	5/15/25 800m	14th, 2:10.94
		1,500m	20th, 4:33.11

### Teagan Becker

Meet	Date	Event	Mark
Indoor	Power Meet	12/7/24 Shot Put	6th, 44' 3"
	Bobcat Challenge	1/25/25 Shot Put	3rd, 42' 7 1/2"
	CU Invite	1/31/25 Shot Put	2nd, 41' 3 3/4"

### Libby Berryhill-Worshek

Meet	Date	Event	Mark
Indoor	Bobcat Challenge	1/25/25 800m	2nd, 2:13.92
	CU Invite	2/1/25 Mile	17th, 5:03.07
	Husky Classic	2/15/25 Mile	110th, 5:02.43
	MW Champs	3/1/25 800m	8th, 2:16.23
Outdoor	Jack Christiansen	3/29/25 800m	4th, 2:12.67
	Bryan Clay	4/16/25 800m	110th, 2:12.05
		1,500m	97th, 4:33.59
	Border Dual	4/26/25 800m	1st, 2:12.65
	Doug Max	5/3/25 800m	5th, 2:11.13
	MW Champs	5/15/25 800m	21st, 2:14.18
		1,500m	15th, 4:31.32

### Elayna Chafee

Meet	Date	Event	Mark
Indoor	Power Meet	12/7/24 High Jump	8th, 18' 2 3/4"
	Power Meet	12/7/24 Triple Jump	1st, 38' 10 3/4"
	Bobcat Challenge	1/25/25 Long Jump	6th, 17' 11 1/2"
		Triple Jump	2nd, 38' 0 3/4"
	CU Invite	2/1/25 60m	6th, 7.83
	Don Kirby	2/14/25 Long Jump	61st, 17' 2 1/4"
		Triple Jump	28th, 38' 4"
	MW Champs	2/28/25 Long Jump	13th, 18' 5"
		Triple Jump	3/1/25 13th, 38' 2"
Outdoor	Jack Christiansen	3/29/25 Long Jump	4th, 18' 2 1/4"
	Mines Kit Mayer	4/11/25 Triple Jump	2nd, 38' 9 3/4"
		200m	6th, 24.75
		4x100m	1st, 45.60
		Long Jump	2nd, 19' 5 1/4"
		Triple Jump	1st, 39' 3 2/4"
	Pacific Coast	4/17/25 Long Jump	15th, 18' 6 1/2"
		Triple Jump	23rd, 36' 4 1/4"
	Beach Invite	4/18/25 Long Jump	21st, 18' 4 1/2"
		Triple Jump	19th, 37' 11 1/4"
	Border Dual	4/26/25 100m	2nd, 12.13
		Triple Jump	1st, 39' 3 1/4"
	Doug Max	5/3/25 Long Jump	2nd, 19' 5 1/2"
		Triple Jump	1st, 40' 11 3/4"
	MW Champs	5/15/25 Long Jump	15th, 18' 5 3/4"
		Triple Jump	5th, 40' 7 3/4"

### Kayla Coppola

Meet	Date	Event	Mark
Outdoor	Jack Christiansen	3/29/25 800m	8th, 2:18.88
	Mines Kit Mayer	4/11/25 1,500m	31st, 5:10.30
	Border Dual	4/26/25 800m	3rd, 2:21.79
	Doug Max	5/3/25 800m	12th, 2:17.39

### Eva Dellorco

Meet	Date	Event	Mark
Indoor	Power Meet	12/7/24 600y	2nd, 1:27.55
	Bobcat Challenge	1/25/25 400m	4th, 57.19
		4x400m	2nd, 3:49.66

	CU Invite	2/1/25 200m	12th, 25.50
		400m	5th, 56.49
	Don Kirby	2/15/25 4x400m	11th, 3:43.26
	MW Champs	2/28/25 400m	15th, 55.39
		3/1/25 4x400m	5th, 3:41.50
Outdoor	Mines Kit Mayer	4/11/25 200m	8th, 25.14
	Bryan Clay	4/16/25 4x400m	10th, 3:46.29
	Pacific Coast	4/17/25 200m	41st, 25.14
	Border Dual	4/26/25 400m	1st, 56.11
	Doug Max	5/3/25 400m	1st, 55.98
	MW Champs	5/15/25 400m	17th, 57.25
		4x400m	10th, 3:50.48

### Kaitlyn Gallo

Meet	Date	Event	Mark
Indoor	Power Meet	12/7/24 Weight Throw	49' 0 1/2"
Outdoor	Jack Christiansen	3/28/25 Hammer	173' 0"
	Mines Kit Mayer	4/11/25 Hammer	9th, 170' 8"
	Pacific Coast	4/17/25 Hammer	24th, 167' 10"
	Beach Invite	4/17/25 Hammer	40th, 159' 11"
	Border Dual	4/26/25 Hammer	9th, 160' 4"
	Doug Max	5/3/25 Hammer	13th, 153' 4"

### Reagan Gilman

Meet	Date	Event	Mark
Indoor	Bobcat Challenge	1/25/25 Mile	6th, 5:25.21
	CU Invite	2/1/25 Mile	34th, 5:14.75
Outdoor	Jack Christiansen	3/29/25 1,500m	15th, 4:49.71
	Mines Kit Mayer	4/11/25 1,500m	10th, 4:47.99
	Byan Clay	4/16/25 1,500m	30th, 4:48.12
	Border Dual	4/26/25 800m	6th, 2:26.45
	Doug Max	5/2/25 1,500m	30th, 5:09.86

### Isabelle Harvey

Meet	Date	Event	Mark
Indoor	Bobcat Challenge	1/25/25 400m	8th, 58.29
	CU Invite	2/1/25 200m	21st, 26.29
		400m	14th, 58.52
	MW Champs	2/27/25 DMR	8th, 12:12.93
		200m	26th, 26.08
		400m	28th, 57.84
Outdoor	Jack Christiansen	3/29/25 400m	1st, 57.29
	Mines Kit Mayer	4/11/25 200m	10th, 25.38
		400m	3rd, 57.08
	Border Dual	4/26/25 400m	4th, 57.61

### Faith Jehu

Meet	Date	Event	Mark
Indoor	Power Meet	12/7/24 Long Jump	14th, 15' 9 1/4"
	CU Invite	2/1/25 60m	33rd, 8.31
	Mountain Lion	2/15/25 60m	17th, 8.21
Outdoor	Jack Christiansen	3/29/25 100m	14th, 12.82
	Mines Kit Mayer	4/11/25 100m	13th, 12.62
	Border Dual	4/26/25 100m	6th, 12.95
	Doug Max	5/3/25 100m	7th, 12.50

### Muriel Jones

Meet	Date	Event	Mark
Indoor	CU Invite	2/1/25 Mile	27th, 5:10.96
	Mountain Lion	2/15/25 Mile	6th, 5:07.89
Outdoor	Jack Christiansen	3/29/25 1,500m	14th, 4:48.76
	Mines Kit Mayer	4/11/25 1,500m	8th, 4:44.99
	Bryan Clay	4/16/25 1,500m	1st, 4:36.15
	Border Dual	4/26/25 800m	2nd, 2:18.53
	Doug Max	5/3/25 1,500m	4th, 4:36.01

### Kais Kimuli

Meet	Date	Event	Mark
Indoor	Power Meet	12/7/24 Shot Put	4th, 46' 9 1/4"
	Bobcat Challenge	1/25/25 Shot Put	5th, 41' 9 1/4"
	CU Invite	1/31/25 Shot Put	1st, 42' 4 3/4"
	MW Champs	2/1/25 Shot Put	11th, 43' 4 1/2"
Outdoor	Jack Christiansen	3/29/25 Shot Put	3rd, 45' 10 3/4"
	Mines Kit Mayer	4/11/25 Shot Put	2nd, 46' 4 1/4"
		Hammer	11th, 164' 10"
	Pacific Coast	4/17/25 Shot Put	32nd, 43' 2 1/4"
	Beach Invite	4/18/25 Shot Put	22nd, 45' 4 1/4"
		Hammer	42nd, 157' 2"
	Border Dual	4/26/25 Shot Put	4th, 44' 11 1/2"
		Hammer	7th, 168' 6"
	Doug Max	5/3/25 Shot Put	4th, 46' 2 1/2"
		Hammer	12th, 157' 10"
	MW Champs	5/15/25 Shot Put	8th, 46' 4 1/4"

### Lily McDowell

Meet	Date	Event	Mark
Indoor	Power Meet	12/7/24 200m	3rd, 26.24
	Bobcat Challenge	1/25/25 200m	8th, 26.34
		4x400m	3rd, 4:00.47
	CU Invite	2/1/24 60m	19th, 7.98
		200m	13th, 25.61
	Don Kirby	2/14/25 200m	62nd, 25.32
		400m	44th, 57.60
		4x400m	19th, 3:52.62
	MW Champs	2/28/25 200m	24th, 25.43
		400m	26th, 57.73
Outdoor	Mines Kit Mayer	4/11/25 400m H	9th, 1:02.52



2024-2025 Returning Women's Individual Breakdown

Bryan Clay	4/16/25	400m H	27th, 1:02.52
		4x400m	10th, 3:46.29
Pacific Coast	4/17/25	400m H	16th, 1:03.30
Border Dual	4/26/25	400m H	3rd, 1:02.18
		4x400m	1st, 3:42.74
Doug Max	5/3/25	400m H	4th, 1:03.09
MW Champs	5/15/25	400m H	12th, 1:02.62
		4x400m	10th, 3:50.48

**Gabby Mendoza-Molina**

Meet	Date	Event	Mark	
Indoor	Power Meet	12/7/24	600y	5th, 1:31.32
	Bobcat Challenge	1/25/25	400m	3rd, 57.13
			4x400m	3rd, 4:00.47
	CU Invite	2/1/25	200m	9th, 25.25
			400m	7th, 56.60
	Don Kirby	2/14/25	400m	20th, 55.86
			4x400m	11th, 3:43.26
	MW Champs	2/28/25	400m	20th, 56.29
Outdoor	MW Champs	4/11/25	400m H	4th, 1:01.02
	Mines Kit Mayer	4/11/25	400m H	22nd, 1:02.28
	Bryan Clay	4/16/25	4x400m	10th, 3:46.29
			400m H	13th, 1:02.58
	Pacific Coast	4/17/25	400m H	2nd, 1:01.17
	Border Dual	4/26/25	400m H	2nd, 1:01.17
			4x400m	1st, 3:42.74
	MW Champs	5/15/25	400m H	8th, 1:02.51
			4x400m	10th, 3:50.48

**Ava Morgan**

Meet	Date	Event	Mark	
Indoor	Bobcat Challenge	1/25/25	60m Hurdles	7th, 9.12
	CU Invite	2/1/25	60m Hurdles	7th, 9.10
	MW Champs	2/28/25	60m Hurdles	17th, 9.25

**Taliah Morris**

Meet	Date	Event	Mark	
Indoor	Power Meet	12/7/24	Long Jump	3rd, 19' 3"
	Bobcat Challenge	1/25/25	60m	3rd, 7.66
			Long Jump	2nd, 18' 10"
	N.M. Team Open	1/31/25	200m	1st, 23.75
			Long Jump	6th, 18' 11 1/4"
	Don Kirby	2/14/25	Long Jump	11th, 19' 3 1/2"
			200m	13th, 24.16
			60m	33rd, 7.74
	MW Champs	2/28/25	Long Jump	8th, 18' 11 1/4"
			60m	16th, 7.69
			200m	6th, 23.80
Outdoor	Jack Christiansen	3/29/25	Long Jump	1st, 20' 5 3/4"
	Mines Kit Mayer	4/11/25	100m	2nd, 11.80
			4x100m	1st, 45.60
	Border Dual	4/26/25	200m	1st, 23.63
			Long Jump	1st, 19' 11"
	Doug Max	5/3/25	100m	1st, 11.67
	MW Champs	5/15/25	100m	4th, 11.45
			200m	4th, 23.31
			Long Jump	5th, 19' 8"
	NCAA West	5/28/25	100m	4th, 11.73
			200m	40th, 24.03
			Long Jump	40th, 19' 2"

**Avery Navest**

Meet	Date	Event	Mark	
Indoor	Power Meet	12/7/24	Shot Put	15th, 31' 5"
	CU Invite	2/1/25	200m	27th, 26.45
			60m Hurdles	22nd, 9.70
	MW Champs	2/27/25	Pentathlon	11th, 3,409 pts
			60m Hurdles	18th, 9.33
Outdoor	Jack Christiansen	3/29/25	100m Hurdles	7th, 15.36
			High Jump	8th, 5' 1 1/4"
	Mines Kit Mayer	4/11/25	Heptathlon	2nd, 4,803 pts
	Border Dual	4/26/25	200m	2nd, 24.32
			100m H	4th, 14.98
	MW Champs	5/15/25	Long Jump	7th, 16' 9 1/4"
			Heptathlon	7th, 4,800 pts

**Lily Nichols**

Meet	Date	Event	Mark	
Indoor	Power Meet	12/7/24	Long Jump	11th, 17' 3 3/4"
	Bobcat Challenge	1/25/25	800m	10th, 2:23.48
			60m Hurdles	4th, 9.73
	CU Invite	2/1/25	200m	39th, 27.41
			60m Hurdles	25th, 9.77
	MW Champs	2/27/25	Pentathlon	17th, 1,699 pts
Outdoor	Jack Christiansen	3/29/25	100m Hurdles	13th, 16.60
			Long Jump	8th, 16' 6"
	Mines Kit Mayer	4/11/25	Heptathlon	6th, 4,072 pts
	Border Dual	4/26/25	800m	5th, 2:23.01
			100m H	5th, 15.74
			Long Jump	6th, 16' 11 1/2"
	Doug Max	5/3/25	200m	16th, 27.22
			800m	15th, 2:19.36
			100m H	11th, 15.82

**Carly Norman**

Meet	Date	Event	Mark	
Indoor	Bobcat Challenge	1/25/25	60m Hurdles	4th, 8.95

	CU Invite	2/1/25	60m Hurdles	3rd, 8.84
	Don Kirby	2/15/25	60m Hurdles	30th, 8.94
			4x400m	19th, 3:52.62
	MW Champs	2/28/25	60m Hurdles	9th, 8.74
Outdoor	Jack Christiansen	3/29/25	100m Hurdles	5th, 15.07
	Mines Kit Mayer	4/11/25	200m	20th, 26.75
			100m H	5th, 14.92
	Border Dual	4/26/25	100m H	3rd, 14.81
	Doug Max	5/3/25	100m H	5th, 14.68
	MW Champs	5/15/25	100m H	18th, 14.78

**Rozlyn Slichko**

Meet	Date	Event	Mark	
Indoor	Bobcat Challenge	1/25/25	3,000m	6th, 9:57.95
	CU Invite	2/1/25	3,000m	15th, 9:57.73
	Husky Classic	2/14/25	3,000m	72nd, 9:52.46
	MW Champs	2/27/25	DMR	8th, 12:12.93
			3,000m	35th, 10:02.32
Outdoor	Jack Christiansen	3/29/25	1,500m	10th, 4:43.32
	Mines Kit Mayer	4/11/25	3,000m Steeple	2nd, 11:32.17
	Bryan Clay	4/16/25	3,000m Steeple	69th, 10:52.27
	Border Dual	4/26/25	1,500m	6th, 4:50.74
	Doug Max	5/3/25	3,000m Steeple	1st, 11:28.92
	MW Champs	5/15/25	5,000m	39th, 18:02.21
			3,000m Steeple	11th, 10:54.70

**Madeline Thorne**

Meet	Date	Event	Mark	
Indoor	Bobcat Challenge	1/25/25	200m	7th, 26.27
			60m	10th, 8.01
			4x400m	3rd, 4:00.47
	CU Invite	2/1/25	60m	17th, 7.97
			200m	15th, 25.71
	Don Kirby	2/14/25	200m	55th, 25.17
			400m	49th, 58.09
			4x400m	19th, 3:52.62
	MW Champs	2/28/25	200m	21st, 25.08
			400m	24th, 57.40
Outdoor	Jack Christiansen	3/29/25	400m	2nd, 57.54
	Mines Kit Mayer	4/11/25	200m	5th, 24.66
			400m	5th, 57.34
	Border Dual	4/26/25	100m	4th, 12.31
			200m	3rd, 24.43
			4x400m	1st, 3:42.74
	MW Champs	5/15/25	200m	24th, 24.92

**Marina Trave**

Meet	Date	Event	Mark	
Indoor	BU Season Opener	12/7/24	5,000m	112th, 16:54.22
	Bobcat Challenge	1/25/25	3,000m	4th, 9:51.92
	CU Invite	2/1/25	Mile	19th, 5:05.20
	Husky Classic	2/14/25	5,000m	31st, 17:03.85
	MW Champs	2/27/25	5,000m	20th, 17:33.79
			3,000m	32nd, 9:57.34
Outdoor	Jack Christiansen	3/29/25	1,500m	8th, 4:42.60
	Stanford Invite	4/4/25	10,000m	19th, 34:24.27
	Bryan Clay	4/16/25	5,000m	17th, 16:48.65
	Doug Max	5/3/25	1,500m	12th, 4:45.77
	MW Champs	5/15/25	5,000m	23rd, 16:56.32
			10,000m	11th, 35:13.14

**Megan Witkiewicz**

Meet	Date	Event	Mark	
Indoor	Power Meet	12/7/24	200m	2nd, 26.23
	Bobcat Challenge	1/25/25	200m	4th, 25.74
			4x400m	2nd, 3:49.66
	CU Invite	2/1/25	60m	13th, 7.89
			200m	8th, 25.23
	Don Kirby	2/14/25	200m	51st, 25.11
			60m	43rd, 7.86
			4x400m	11th, 3:43.26
	MW Champs	2/28/25	200m	19th, 24.91
			4x400m	5th, 3:41.50
Outdoor	Jack Christiansen	3/29/25	100m	3rd, 12.24
	Mines Kit Mayer	4/11/25	100m	6th, 12.08
			4x100m	1st, 45.60
	Bryan Clay	4/16/25	200m	55th, 25.53
			4x400m	10th, 3:46.29
	Pacific Coast	4/17/25	100m	37th, 12.29
			200m	34th, 24.96
	Border Dual	4/26/25	100m	3rd, 12.24
	MW Champs	5/15/25	200m	22nd, 24.75
			4x400m	10th, 3:50.48

**Melody ZumBrunnen**

Meet	Date	Event	Mark	
Indoor	Power Meet	12/7/24	Long Jump	12th, 16' 6 1/4"
	Bobcat Challenge	1/25/25	Long Jump	9th, 16' 3"
	CU Invite	1/31/25	Long Jump	6th, 16' 7"
Outdoor	Jack Christiansen	3/29/25	100m	12th, 12.72
			Long Jump	6th, 17' 1 1/2"
	Mines Kit Mayer	4/11/25	100m	11th, 12.52
			Long Jump	9th, 17' 11"
	Border Dual	4/26/25	Long Jump	8th, 16' 6 1/2"



# HISTORY & RECORDS

## WYOMING TRACK & FIELD HALL OF FAME INDUCTEES



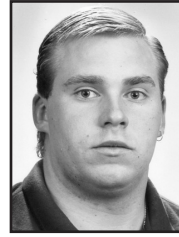
**Jim Sanchez**  
1981-2003  
Class of 2024



**Erin Kirby**  
2011-15  
Class of 2022



**Wayne Jensen**  
1969-71  
Class of 2022



**Kevin Mannon**  
1998-99  
Class of 2020-21



**Andrea Everett Blocher**  
1982-83  
Class of 2019



**Jessica Fox**  
2003-05  
Class of 2018



**Duane Schopp**  
1984-97  
Class of 2014



**Jason Gervais**  
1991-2001  
Class of 2013



**Wesley Maiyo**  
1974-75  
Class of 2011



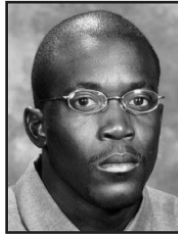
**Shauna Smith**  
2003-05  
Class of 2011



**Karen Sanford Gall**  
1979-82  
Class of 2010



**Staale Engen**  
1971-74  
Class of 2010



**Quincy Howe**  
1999-02  
Class of 2009



**Jesseca Cross**  
1994-98  
Class of 2009



**Thomas "Rupe" Garrison**  
1987-91  
Class of 2008



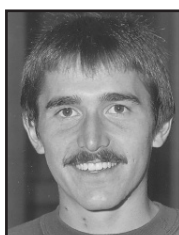
**Geir I. Kvernmo**  
1977-80  
Class of 2008



**Brenda Graham-Gray**  
1980-84  
Class of 2007



**Ryan Butler**  
1995-96  
Class of 2005



**John Wodny**  
1986-90  
Class of 2003



**Mickey Dunn**  
1949-51  
Class of 2001



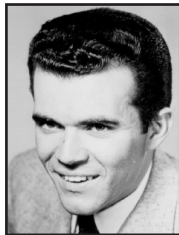
**Kathleen Van Huele-Romsa**  
1983-85  
Class of 1998



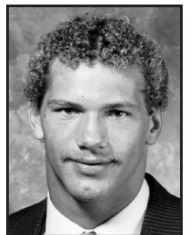
**Joseph N. Nzau**  
1977-82  
Class of 1997



**Patricia L. Miller-Davis**  
1980, 1982  
Class of 1995



**Paul Carlin**  
1951-53  
Class of 1994



**Jay Novacek**  
1982-84  
Class of 1993



The University of Wyoming Athletics Hall of Fame was established in 1993 in conjunction with the Football Centennial Celebration, in order to honor individuals and teams who have brought honor and distinction to the Intercollegiate Athletics Department of the University of Wyoming over its long and storied history. The Hall of Fame is on display in the concourse of the Arena-Auditorium. It is open for public viewing during normal University hours.





## MEN'S ALL-AMERICANS

**Indoor:** 32 (19 in MW)  
**Outdoor:** 27 (15 in MW)  
**Cross Country:** 11 (3 in MW)  
**Total:** 65 (32 in MW)

Year	Name	Event	Place	Time/Mark
1953	Paul Carlin	880-Yard Run (O)	3rd	1:53.00
1965	Mike Gregorio	Cross Country	12th	30:28.00
1974	Wesley Maiyo	1,000-Yard (I)	1st	2:08.10
1975	Wesley Maiyo	1,000-Yard (I)	2nd	2:10.50
1977	Solomon Chebor	Cross Country	6th	29:03.40
1977	Simon Kilili	Cross Country	7th	29:15.10
1978	Simon Kilili	Cross Country	24th	30:12.60
1978	Mike White	High Jump (I)	6th	7-1
1978	Joe Nzau	2-Mile Run (I)	3rd	8:45.10
1978	Joe Nzau	10,000-Meters (O)	5th	28:45.69
1979	Geir Kvernmo	Cross Country	16th	29:35.90
1979	Joe Nzau	10,000-Meters (O)	5th	28:20.62
1980	Geir Kvernmo	10,000-Meters (O)	3rd	29:43.82
1982	Joe Nzau	10,000-Meters (O)	4th	29:14.85
1984	Jay Novacek	Decathlon (O)	4th	7,762 pts
1984	Espen Borge	800-Meters (I)	6th	1:50.70
1986	John Wodny	Cross Country	15th	31:23.29
1989	John Wodny	Cross Country	34th	30:36.87
1995	Ryan Butler	Weight Throw (I)	5th	66-9 1/4
1995	Ryan Bolton	Cross Country	12th	31:02.00
1996	Ryan Butler	Hammer (O)	11th	214-0
1996	Ryan Butler	Weight Throw (I)	1st	71-1 1/2
1996	Nick Thiel	Mile Run (I)	DNP	4:07.60
1997	Matt Spears	Shot Put (I)	11th	59-4
1997	Matt Spears	Shot Put (O)	7th	60-10 1/2
1998	Kevin Mannon	Shot Put (I)	12th	58-5 1/4
1998	Kevin Mannon	Weight Throw (I)	8th	64-5 3/4
1998	Kevin Mannon	Hammer (O)	11th	213-5
1998	Kevin Mannon	Shot Put (O)	7th	60-7 1/4
1999	Kevin Mannon	Weight Throw (I)	2nd	72-2 1/4
1999	Jason Gervais	Weight Throw (I)	8th	69-4 1/4
1999	Kevin Mannon	Hammer (O)	11th	212-9
1999	Kevin Mannon	Discus (O)	12th	183-4
2000	Jason Gervais	Shot Put (I)	9th	60-10
2000	Jason Gervais	Weight Throw (I)	3rd	71-9
2000	Jason Hammond	Weight Throw (I)	14th	62-6
2000	Jason Gervais	Discus (O)	2nd	206-1

2000	Jason Gervais	Shot Put (O)	7th	62-0 1/4
2000	Jason Hammond	Shot Put (O)	9th	60-5 1/4
2001	Quincy Howe	Triple Jump (I)	6th	53-1 3/4
2001	Jason Gervais	Weight Throw (I)	7th	69-2
2001	Derek Woodske	Weight Throw (I)	8th	68-10 3/4
2001	Jason Hammond	Weight Throw (I)	10th	67-5 1/4
2001	Jason Gervais	Discus (O)	7th	191-11
2001	Jason Hammond	Hammer (O)	8th	217-11
2002	Quincy Howe	Triple Jump (I)	7th	52-3 3/4
2004	Zach Schaefer	Weight Throw (I)	7th	66-5 1/4
2004	Kyle Herl	Weight Throw (I)	9th	65-7 3/4
2004	Jeremiah Johnson	800 Meters (I)	14th	1:50.94
2006	Mark Korir	Cross Country	22nd	31:24.80
2007	Mark Korir	Cross Country	19th	30:13.20
2008	Mark Korir	5,000-Meter (I)	4th	13:57.87
2008	Jake Shanklin	Weight Throw (I)	11th	67-10 1/4
2009	Jake Shanklin	Weight Throw (I)	7th	69-5 1/2
2009	Jake Shanklin	Hammer Throw (O)	10th	207-11
2013	Mason Finley	Shot Put (I)	DNP	Foul
2014	Mason Finley	Shot Put (I)	4th	65-0
2014	Mason Finley	Discus (O)	6th	196-5
2015	Harry Fisher	800 Meters (O)	12th	1:48.93
2017	Scott Carter	Triple Jump (O)	3rd	53-3 1/2
2018	Paul Roberts	Cross Country	20th	29:41.4
2021	Colton Paller	Discus (O)	7th	186-6
2022	Kareem Mersal	Long Jump (O)	16th	24-6.5
2022	Nathan Reid	Discus (O)	23rd	163-5
2023	Kareem Mersal	Long Jump (O)	20th	24-5
2024	Kareem Mersal	Long Jump (I)	11th	24-5.5
2024	Remar Pitter	Long Jump (I)	15th	22-1.75
2025	Daniel Reynolds	Weight Throw (I)	1st	82-3 1/2
2025	Daniel Reynolds	Hammer Throw (O)	7th	228-7
2025	Ryker Holtzen	3,000m Steeple (O)	15th	8:38.09
2025	Jacob White	5,000m (O)	15th	13:37.82

## WOMEN'S ALL-AMERICANS

**Indoor:** 13 (7 in MW)  
**Outdoor:** 30 (24 in MW)  
**Cross Country:** 3 (0 in MW)  
**Total:** 44 (22 in MW)

Year	Name	Event	Place	Time/Mark
1976	Carol Cox	High Jump (O)*		
1980	Patricia Miller-Davis	Long Jump (O)*	5th	19-10
1980	Laura Ferguson	600-Meter Run (O)*		1:33.84
1981	Kerry Cerda	Cross Country#	8th	18:23
1981	Brenda Graham-Gray	Cross Country#	10th	18:29
1982	Patricia Miller-Davis	Long Jump (O)*	20th	17-5
1982	Karen Sanford	3,000-Meters (I)*		
1982	Lory Stock	3,000-Meters (I)*		
1982	Laura Anderson	3,000-Meters (I)*		
1983	Andrea Everett	Cross Country	13th	17:03.60
1998	Jessica Cross	Shot Put (I)	3rd	56-0
1998	Jessica Cross	Weight Throw (I)	10th	61-6 3/4
1998	Jessica Cross	Shot Put (O)	8th	53-10 1/4
1999	Robin Lyons	Weight Throw (I)	6th	63-7
1999	Robin Lyons	Hammer Throw (O)	4th	198-11 1/2
2000	Robin Lyons	Weight Throw (I)	3rd	67-11 1/2
2000	Julie Thomas	Weight Throw (I)	7th	61-10 1/2
2000	Dana Dillon	Weight Throw (I)	9th	61-2
2000	Robin Lyons	Hammer (O)	3rd	206-9
2000	Dana Dillon	Hammer (O)	10th	189-7
2000	Robin Lyons	Discus (O)	5th	169-8
2001	Andrea Batt	Javelin (O)	5th	167-10

2003	Jessica Fox	400-Meter (O)	11th	52.66
2003	Shauna Smith	400-Meter Hurdles (O)	7th	52.70
2004	Jessica Fox	400-Meter (I)	12th	52.90
2004	Shauna Smith	400-Meter (I)	6th	51.79
2004	Shauna Smith	400-Meter Hurdles (O)	3rd	55.54
2005	Shauna Smith	400-Meter Hurdles (O)	1st	54.32
2005	Shauna Smith	400-Meter Relay (O)	7th	3:31.29
2005	Jessica Fox	400-Meter Relay (O)	7th	3:31.29
2005	Amanda Hopper	400-Meter Relay (O)	7th	3:31.29
2005	Sharon Larrier	400-Meter Relay (O)	7th	3:31.29
2011	Afiya Walker	400-Meter (I)	16th	54.69
2017	Audra DeStefano	Steeplechase (O)	21st	10:20.50
2018	Ja'la Henderson	Long Jump (O)	17th	20-1
2018	Ja'la Henderson	Triple Jump (O)	15th	42-8 1/4
2019	Ja'la Henderson	Triple Jump (I)	13th	42-0.75
2019	Ja'la Henderson	Triple Jump (O)	23rd	43-3.75
2019	Jerayah Davis	Long Jump (O)	23rd	19-6.25
2019	Jerayah Davis	100m Dash (O)	20th	11.46
2019	Jerayah Davis	4x100m Relay (O)	23rd	44.77
2019	Ja'la Henderson	4x100m Relay (O)	23rd	44.77
2019	Jordan Edmonds	4x100m Relay (O)	23rd	44.77
2019	Shayla Howell	4x100m Relay (O)	23rd	44.77
2022	Shayla Howell	Long Jump (I)	14th	20-5
2023	Katelyn Mitchem	Steeplechase (O)	13th	9:56.18
2024	Salma Elbadra	1500-Meter (O)	20th	4:15.24

\* - AIAW National Championships

# - Track & Field Association/U.S. National XC Championships



# RECORDS & HISTORY

## MEN'S CONFERENCE CHAMPIONS

**Indoor:** 62 (45 in MW)  
**Outdoor:** 72 (38 in MW)  
**Cross Country:** 6 (2 in MW)  
**Total:** 140 (85 in MW)

Year	Name	Event	Mark
1945	Harry Mangus	2-Mile Run (O)	
1946	Harry Mangus	2-Mile Run (O)	10:10.7
1949	Mickey Dunn	220 Dash (O)	21.6
1950	Mickey Dunn	220 Dash (O)	21.5
1951	Mickey Dunn	220 Dash (O)	21.1
1952	Paul Carlin	880 Run (O)	1:56.0
1953	Paul Carlin	880 Run (O)	1:56.4
1953	Louis Madrid	Mile Run (O)	4:21.7
1955	John Rushing	Long Jump (O)	23-9 1/4
1955	Jim Elder	Mile Run (O)	4:20.4
1956	Jim Elder	Mile Run (O)	4:21.5
1956	John E. Watts	440 Dash (O)	49.0
1956	Phil Mulkey	120 Hurdles (O)	14.7
1958	Harold Farmer	440 Dash (O)	49.0
1958	Jerry Lane	High Jump (O)	6-4 5/8
1959	Jerry Lane	High Jump (O)	6-4 3/4
1969	Mike Frazier	100 Dash (O)	9.6
1970	Wayne Jensen	Mile Run (O)	4:02.27
1971	Arbia Jones	440 Dash (O)	47.4
1977	Simon Killili	Cross Country	29:09
1979	Mike White	High Jump (O)	6-10
1983	Espen Borge	1,000 Run (I)	2:11.45
1984	Jay Novacek	Decathlon (O)	7,601 pts
1984	Espen Borge	1,500 Run (O)	3:45.46
1985	Morton Jurs	800 Meters (O)	1:49.32
1986	John Wodny	Cross Country	30:18
1987	John Wodny	Cross Country	22:56
1987	Tom Garrison	60-Yard Hurdles (I)	7.49
1987	James Bennett	60-Yard Dash (I)	6.20
1988	Max Haynes	55-Meter Dash (I)	6.24
1988	John Wodny	5,000 Meter (O)	14:42.33
1989	John Wodny	Cross Country	30:15
1989	Tom Garrison	55-Meter Hurdles (I)	7.33
1989	Tom Garrison	110-Meter Hurdles (O)	13.95
1990	Tom Garrison	110-Meter Hurdles (O)	14.03
1991	Tom Garrison	55-Meter Hurdles (I)	7.34
1991	Derek Mitchum	Steeplechase (O)	9:03.10
1992	Joel Giorgis	55-Meter Hurdles (I)	7.42
1993	Mike Abbey	Javelin (O)	220-6
1994	Jim McCreery	800-Meter Run (I)	1:51.21
1995	Jim McCreery	800-Meter Run (I)	1:51.37
1996	Ryan Butler	Weight Throw (I)	70-7 1/4
1996	Nick Thiel	Mile Run (I)	4:13.37

1996	Keith Ladson	110-Meter Hurdles (O)	14.28
1997	Matt Spears	Shot Put (I)	60-1
1997	Matt Spears	Shot Put (O)	61-2
1998	Kevin Mannon	Weight Throw (I)	70-10
1998	Kevin Mannon	Shot Put (I)	60-1 1/4
1998	Kevin Mannon	Shot Put (O)	59-9 1/2
1999	Quincy Howe	Triple Jump (I)	49-7
1999	Kevin Mannon	Weight Throw (I)	71-10 1/4
1999	Gregg Sawyer	Pentathlon (I)	3,948 pts
1999	Quincy Howe	Triple Jump (O)	50-9 1/2
1999	Kevin Mannon	Discus (O)	184-3
1999	Gregg Sawyer	Decathlon (O)	7,025 pts
2000	Jason Gervais	Weight Throw (I)	74-1 3/4
2000	Mervin Swaby	Long Jump (I)	24-11 1/4
2000	Carlington Duncan	Mile Relay (I)	3:13.74
	Seth Billy	Mile Relay (I)	3:13.74
	Cody Millemon	Mile Relay (I)	3:13.74
	Max Charlemagne	Mile Relay (I)	3:13.74
2000	Quincy Howe	Triple Jump (I)	50-8 1/4
2000	Jason Gervais	Shot Put (I)	64-7
2000	Mervin Swaby	Long Jump (O)	25-0
2000	Quincy Howe	Triple Jump (O)	52-9 1/4
2000	Carlington Duncan	4x400 Relay (O)	3:09.48
	Seth Billy	4x400 Relay (O)	3:09.48
	Cody Millemon	4x400 Relay (O)	3:09.48
	Max Charlemagne	4x400 Relay (O)	3:09.48
2000	Jason Hammond	Hammer Throw (O)	208-5
2001	Jason Gervais	Weight Throw (I)	73-0
2001	Quincy Howe	Triple Jump (I)	54-9 1/2
2001	Mervin Swaby	Long Jump (I)	25-1 1/4
2001	Seth Billy	400-Meter Hurdles (O)	51.31
2001	Jason Gervais	Discus (O)	196-2
2001	Jason Hammond	Hammer (O)	214-2
2002	Quincy Howe	Triple Jump (I)	53-4 1/4
2002	Quincy Howe	Triple Jump (O)	54-4 3/4
2002	Seth Billy	400-Meter Hurdles (O)	50.07
2003	Mervin Swaby	Triple Jump (I)	51-1 1/2
2003	Quincy Howe	Triple Jump (O)	52-7 1/2
2004	Jeremiah Johnson	800-Meters (I)	1:51.04
2004	Kyle Herl	Weight Throw (I)	67-5 1/2
2004	Jeremiah Johnson	800-Meters (O)	1:48.80
2004	Zack Schaefer	Hammer Throw (O)	213-10
2005	Jeremy Thompson	800-Meters (I)	1:54.67
2006	Mark Korir	5000-Meter Run (O)	14:19.48
2007	Mark Korir	3000-Meter Run (I)	8:19.40
2007	Blake Jackson	Long Jump (I)	23-11
2007	Blake Jackson	Triple Jump (I)	51-5
2007	Jake Shanklin	Weight Throw (I)	66-10 3/4
2008	Jake Shanklin	Weight Throw (I)	71-1 1/4

2008	Mark Korir	5,000-Meter Run (I)	14:25.06
2008	Jeremiah James	Long Jump (I)	24-0 3/4
2008	Jeremiah James	Long Jump (O)	24-9 1/4
2008	Mark Korir	Cross Country	24:22
2009	Jake Shanklin	Weight Throw (I)	71-9
2009	Jeremiah James	Long Jump (I)	23-6 1/4
2009	Jeremiah James	Triple Jump (I)	49-6 1/2
2009	Jeremiah James	Long Jump (O)	24-10
2009	Jeremiah James	Triple Jump (O)	50'-9 1/4
2010	Jeremiah James	Triple Jump (I)	50-3 1/2
2010	Jeremiah James	Long Jump (I)	24-6 1/4
2010	Kekoa Chavez	400-Meter Hurdles (O)	50.74
2011	Jeremiah James	Long Jump (I)	23-8
2011	Mario Harris	60-Meter Dash (I)	6.79
2012	Joe Plante	Discus (O)	184-7
2012	Nick Ekel	10,000-Meter Run (O)	29:26.85
2013	Mason Finley	Shot Put (I)	65-1 1/2
2013	Henry Ferreira	Javelin Throw (O)	224-0
2014	Mason Finley	Shot Put (I)	64-7
2014	Kyle Sullivan	Decathlon (O)	6,776 pts
2014	Mason Finley	Discus (O)	202-11
2014	Garrett Zans	Steeplechase (O)	8:56.61
2014	Mason Finley	Shot Put (O)	60-11 1/4
2015	Jordan Charles	60-Meter Hurdles (I)	7.90
2015	Ricky Faure	800 Meters (O)	1:48.79
2016	Tyler Anderson	Weight Throw (I)	63-6 1/4
2016	Scott Carter	Triple Jump (I)	51-8 1/2
2016	Tyler Anderson	Hammer Throw (O)	202-9
2017	Scott Carter	Triple Jump (I)	50-8 1/4
2017	Scott Carter	Triple Jump (O)	51-5 3/4
2017	Damon Unland	Hammer Throw (O)	197-8
2018	Damon Unland	Hammer Throw (O)	199-1
2018	Paul Roberts	Cross Country	24:34.1
2019	Hap Frketch	Weight Throw (I)	66-2.5
2019	Kirk Unland	Hammer Throw (O)	205-11
2020	Paul Roberts	3,000m (I)	8:09.36
2020	Kirk Unland	Weight Throw (I)	66-3.25
2021	Colton Paller	Discus (O)	189
2022	Kareem Mersal	Long Jump (I)	23-11.5
2022	Pete Mead	High Jump (O)	6-9
2022	Kareem Mersal	Long Jump (O)	25-2
2024	Kareem Mersal	Long Jump (I)	24-9.25
2024	Daniel Reynolds	Weight Throw (I)	70-5
2024	Ryker Holtzen	Steeplechase (O)	8:43.14
2025	Kareem Mersal	Long Jump (I)	25-5 1/4
2025	Daniel Reynolds	Weight Throw (I)	82-2 3/4
2025	Daniel Reynolds	Shot Put (I)	62-6
2025	Daniel Reynolds	Shot Put (O)	64-1 3/4

## WOMEN'S CONFERENCE CHAMPIONS

**Indoor:** 34 (28 in MW)  
**Outdoor:** 51 (36 in MW)  
**Cross Country:** 1 (0 in MW)  
**Total:** 86 (64 in MW)

Year	Name	Event	Mark
1977	Kathy Merklin	Javelin (O)	130-0 1/2
1980	Patricia Miller-Davis	Long Jump (O)	19-10 3/4
1980	Julie Jones	Discus (O)	162-9
1980	Laura Ferguson	4x220 Relay (I)	1:42.0
	Judy Johnson	4x220 Relay (I)	1:42.0
	Patricia Miller-Davis	4x220 Relay (I)	1:42.0
	Jeanette Bradley	4x220 Relay (I)	1:42.0
1981	S. Bjerkenas	10,000-Meters (O)	38:07.50
1982	Patricia Miller-Davis	Long Jump (I)	19-5 3/4
1982	Patricia Miller-Davis	55-Meter Dash (I)	7.21
1983	Andrea Everett	3,000-Meter Run (O)	9:39.42
1983	Andrea Everett	1,500-Meter Run (O)	4:25.12
1983	Andrea Everett	Cross Country	17:37.2
1983	K. van Heule-Romsa	Heptathlon (O)	4,800 pts
1984	K. van Heule-Romsa	Heptathlon (O)	
1984	K. van Heule-Romsa	100-Meter Hurdles (O)	
1985	K. van Heule-Romsa	Heptathlon (O)	4,963 pts
1988	Brenda Frost	100-Meter Hurdles (O)	14.02
1988	Vicki Bell	Long Jump (O)	18-7 1/2
1988	Nicole Stancato	Triple Jump (O)	37-2 1/2
1990	Mary Sehmman	800-Meter Dash (O)	2:12.72
1995	Kamber Backman	Javelin (O)	168-5
2000	Robin Lyons	Weight Throw (I)	70-11 1/4
2000	Robin Lyons	Hammer (O)	204-10
2000	Mandy Kinney	Shot Put (O)	50-5 1/2
2001	Andrea Batt	Javelin (O)	168-8
2002	Shauna Smith	60-Meter Hurdles (I)	8.47
2002	Julie Thomas	Weight Throw (I)	62-6 1/2
2002	Andrea Batt	Shot Put (O)	51-0 3/4
2002	Kelly-Ann Charles	100-Meter Hurdles (O)	14.09
2003	Jessica Fox	400-Meter Dash (I)	53.07
2003	Jessica Fox	400-Meter Dash (O)	51.92
2004	Kima Wells	60-Meters (I)	7.30
2004	Jessica Fox	200-Meter Dash (I)	23.71
2004	Shauna Smith	60-Meter Hurdles (I)	8.34
2004	Andrea Batt	Weight Throw (I)	63-3 1/2
2004	Kima Wells	4x400 Relay (O)	3:41.07
	Amanda Hopper	4x400 Relay (O)	3:41.07
	Jessica Fox	4x400 Relay (O)	3:41.07
	Tanice Barnett	4x400 Relay (O)	3:41.07

2005	Jessica Fox	200-Meter (I)	24.57
2005	Jessica Fox	400-Meter (I)	53.89
2005	Jessica Fox	200-Meter (O)	23.25
2005	Jessica Fox	400-Meter (O)	51.72
2005	Shauna Smith	400-Meter Hurdles (O)	55.31
2005	Shauna Smith	4x400 Relay (O)	3:34.91
	Amanda Hopper	4x400 Relay (O)	3:34.91
	Jessica Fox	4x400 Relay (O)	3:34.91
	Sharon Larrier	4x400 Relay (O)	3:34.91
2007	Shannon Popp	Weight Throw (I)	63-6
2007	Adriana Friezen	60-Meter Hurdles (I)	8.48
2007	Shannon Popp	Hammer Throw (O)	193-9
2008	Sharon Larrier	400-Meter Dash (I)	54.65
2008	Kate Burton	Weight Throw (I)	63-11 1/2
2008	Kate Burton	Hammer Throw (O)	192-9
2008	Shaylee Babbitt	100-Meter Hurdles (O)	13.62
2009	Amanda Aimone	Weight Throw (I)	58-3 1/4
2009	Emily Higgins	3,000-Meter Steeple (O)	11:05.88
2010	Afiya Walker	400-meter dash (I)	53.40
2011	Afiya Walker	400-meter dash (I)	53.10
2011	Afiya Walker	400-meter dash (O)	53.65
2011	Erin Kirby	400m hurdles (O)	59.39
2013	Sabina Sandberg	High Jump (I)	5-8 3/4
2014	Holly Page	5,000 Meters (I)	17:50.00
2014	Kereston Thomas	200 Meters (I)	24.27
2014	Kereston Thomas	100 Meters (O)	11.57
2014	Kereston Thomas	4x100 Relay (O)	45.32
	Jenna Mann	4x100 Relay (O)	45.32
	Taylor Gardner	4x100 Relay (O)	45.32
	Audrey West	4x100 Relay (O)	45.32
2014	Taylor Gardner	400-Meter Hurdles (O)	58.52
2015	Holly Page	3,000 Meters (I)	9:26.39
2016	E. Malm-Annann	Weight Throw (I)	62-10 1/2
2016	Ja'la Henderson	Long Jump (I)	19-4 3/4
2016	Audra DeStefano	3,000-Meter Steeple (O)	10:07.35
2018	Ja'la Henderson	Triple Jump (I)	42-11
2018	Ja'la Henderson	Triple Jump (O)	43-10 1/2
2019	Ja'la Henderson	Long Jump (I)	19-11.5
2019	Ja'la Henderson	Triple Jump (I)	42-8.25
2019	Ja'la Henderson	Triple Jump (O)	42-7.5
2019	Jerayah Davis	Long Jump (O)	20-7
2019	Jerayah Davis	100m Dash (O)	11.35
2022	Shayla Howell	Long Jump (I)	21-4.75
2022	Shayla Howell	Long Jump (O)	20-3.75
2024	Salma Elbadra	Mile (I)	4:46.07
2024	Salma Elbadra	1500m (O)	4:17.18



## ALL-MOUNTAIN WEST HONOREES

Indoor: 128  
Outdoor: 160  
Total: 288

### 2006

Name	Season	Event
Shaylee Babbitt	Indoor	60 Meters
Katie Burton	Indoor	Weight Throw
Shaylee Babbitt	Outdoor	100-Meter Hurdles
Michelle Knermno	Outdoor	10,000 Meters
Jeremiah Johnson	Outdoor	800 Meters
Brian Knight	Outdoor	5,000 Meters
Mark Korir	Outdoor	5,000 Meters
Philemon Tanui	Outdoor	3,000-Meter Steeplechase

### 2007

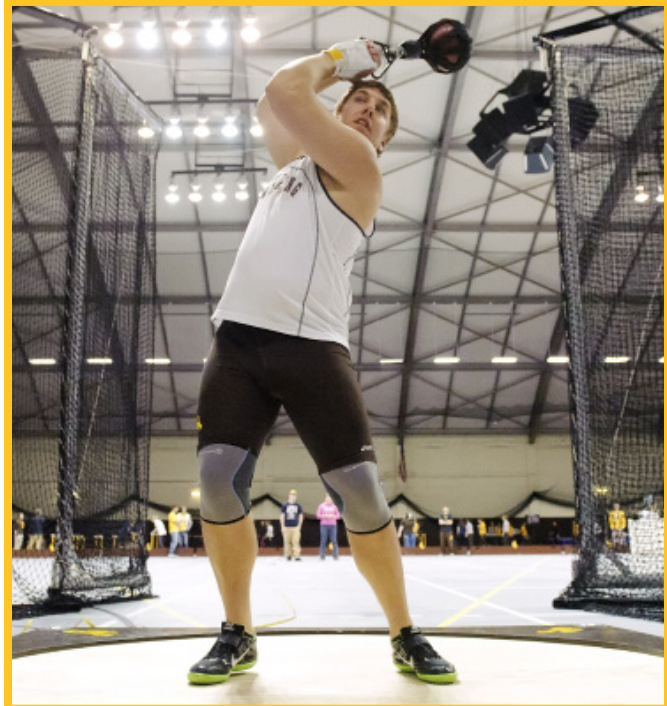
Name	Season	Event
Shaylee Babbitt	Indoor	60 Meter Hurdles
Shannon Popp	Indoor	Weight Throw
John Alderson	Indoor	Triple Jump
Blake Jackson	Indoor	Triple Jump
Blake Jackson	Indoor	Long Jump
Jake Shanklin	Indoor	Weight Throw
Mark Korir	Indoor	3,000 Meters
Adriana Friezen	Indoor	60-Meter Hurdles
Philemon Tanui	Indoor	Distance Medley Relay
Keith Brauneis	Indoor	Distance Medley Relay
Nick Cramer	Indoor	Distance Medley Relay
Mark Korir	Indoor	Distance Medley Relay
Shaylee Babbitt	Outdoor	100-Meter Hurdles
Shannon Popp	Outdoor	Hammer Throw
John Alderson	Outdoor	Long Jump
John Alderson	Outdoor	Triple Jump
Brad Charters	Outdoor	Hammer Throw
Olav Roe	Outdoor	Decathlon
Jake Shanklin	Outdoor	Hammer Throw
Philemon Tanui	Outdoor	3,000-Meter Steeplechase
Blake Jackson	Outdoor	Triple Jump

### 2008

Name	Season	Event
Gretchen Johnson	Indoor	5,000 Meter
Kate Burton	Indoor	Weight Throw
Shaylee Babbitt	Indoor	60-Meter Hurdles
Jeremiah James	Indoor	Long Jump
Jeremiah James	Indoor	High Jump
John Alderson	Indoor	Long Jump
John Alderson	Indoor	Triple Jump
Courtney Gougler	Indoor	Weight Throw
Emily Higgins	Indoor	Mile
Emily Higgins	Indoor	3,000 Meters
Sharon Larrier	Indoor	400 Meters
Mark Korir	Indoor	3,000 Meters
Mark Korir	Indoor	5,000 Meters
Jake Shanklin	Indoor	Weight Throw
Sam Lambert	Indoor	Weight Throw
Kate Burton	Outdoor	Hammer Throw
Kate Burton	Outdoor	Discus
Shaylee Babbitt	Outdoor	100-Meter Hurdles
Gretchen Johnson	Outdoor	5,000 Meters
Jeremiah James	Outdoor	Long Jump
John Alderson	Outdoor	Long Jump
John Alderson	Outdoor	Triple Jump

### 2009

Name	Season	Event
Jeremiah James	Indoor	Long Jump
Jeremiah James	Indoor	Triple Jump
Jake Shanklin	Indoor	Weight Throw
Amanda Aimone	Indoor	Weight Throw
Sam Lambert	Indoor	Weight Throw
Shaylee Babbitt	Outdoor	100-Meter Hurdles
Emily Higgins	Outdoor	3000-Meter Steeplechase
Johnna Jeffries	Outdoor	High Jump
Joe Plante	Outdoor	Discus
Jake Shanklin	Outdoor	Hammer Throw
Jeremiah James	Outdoor	Long Jump
Jeremiah James	Outdoor	Triple Jump



**JOE PLANTE**

### 2010

Name	Season	Event
Afiya Walker	Indoor	400 Meter
Jeremiah James	Indoor	Long Jump
Jeremiah James	Indoor	High Jump
Jeremiah James	Indoor	Triple Jump
Lenyn Leonce	Indoor	Long Jump
Stephen Michael	Indoor	Triple Jump
Jay Petch	Indoor	Heptathlon
Joe Plante	Indoor	Weight Throw
Ashley Hutchins	Indoor	Weight Throw
Afiya Walker	Outdoor	400 Meters
Taylor Garner	Outdoor	400-Meter Hurdles
Kekoa Chavez	Outdoor	400 Meter Hurdles
Mario Harris	Outdoor	200 Meters
Sam Lambert	Outdoor	Hammer Throw
Jay Petch	Outdoor	Decathlon
Joe Plante	Outdoor	Discus
Tyler Skinner	Outdoor	High Jump
Jeremiah James	Outdoor	Long Jump
Lenyn Leonce	Outdoor	Long Jump
Stephen Michel	Outdoor	Triple Jump

### 2011

Name	Season	Event
Afiya Walker	Indoor	400 Meters
Ashley Hutchins	Indoor	Weight Throw
Mario Harris	Indoor	60 Meters
Mario Harris	Indoor	200 Meters
Jeremiah James	Indoor	Long Jump
Tyler Skinner	Indoor	High Jump
Erin Kirby	Indoor	4x400-Meter Relay
Lindsey Simmons	Indoor	4x400-Meter Relay
Diana Long	Indoor	4x400-Meter Relay
Afiya Walker	Indoor	4x400-Meter Relay
Erin Kirby	Outdoor	400-Meter Hurdles
Afiya Walker	Outdoor	400 Meters
Diana Long	Outdoor	400-Meter Hurdles
Candace Wollert	Outdoor	800 Meters
Erin Kirby	Outdoor	4x400-Meter Relay
Lindsey Simmons	Outdoor	4x400-Meter Relay
Candace Wollert	Outdoor	4x400-Meter Relay
Afiya Walker	Outdoor	4x400-Meter Relay



# RECORDS & HISTORY

## 2012

Name	Season	Event
Erin Kirby	Indoor	400-Meter Hurdles
Joe Plante	Indoor	Weight Throw
Ashley Hutchins	Outdoor	Hammer Throw
Jenna Mann	Outdoor	Heptathlon
Candace Wollert	Outdoor	800 Meters
Audrey West	Outdoor	4x400-Meter Relay
Lindsey Simmons	Outdoor	4x400-Meter Relay
Samantha Kee	Outdoor	4x400-Meter Relay
Erin Kirby	Outdoor	4x400-Meter Relay
Nick Ekel	Outdoor	10,000 Meters
Henry Ferreira	Outdoor	Javelin
Jeremiah James	Outdoor	Triple Jump
Greg Miller	Outdoor	5,000 Meters
Joe Plante	Outdoor	Discus
Garrett Zans	Outdoor	3,000-Meter Steeplechase
Erin Kirby	Outdoor	400-Meter Hurdles

## 2013

Name	Season	Event
Brandon Douglas	Indoor	60-Meter Hurdles
Katy Hall	Indoor	60-Meter Hurdles
Jenna Mann	Indoor	Pentathlon
Sabina Sandberg	Indoor	High Jump
Mason Finley	Indoor	Shot Put
Mason Finley	Indoor	Weight Throw
Lenyn Leonce	Indoor	Long Jump
Garrett Zans	Indoor	3,000 Meters
Brandon Douglas	Outdoor	110-Meter Hurdles
Henry Ferreira	Outdoor	Javelin
Stephen Michael	Outdoor	Long Jump
Joe Plante	Outdoor	Hammer Throw
Jaymes Talkington	Outdoor	Triple Jump
Molly Dahl	Outdoor	Shot Put
Jenna Mann	Outdoor	Heptathlon
Jenna Mann	Outdoor	100-Meter Hurdles
Holly Page	Outdoor	10,000 Meters

## 2014

Name	Season	Event
Shreese Daniels	Indoor	Weight Throw
Audra DeStefano	Indoor	5,000 Meters
Jenna Mann	Indoor	60-Meter Hurdles
Holly Page	Indoor	5,000 Meters
Kereston Thomas	Indoor	200 Meters
Jordan Charles	Indoor	60-Meter Hurdles
Mason Finley	Indoor	Shot Put
Harry Fisher	Indoor	800 Meters
Kyle Sullivan	Indoor	Heptathlon
Scott Carter	Outdoor	Triple Jump
Jordan Charles	Outdoor	110-Meter Hurdles
Mason Finley	Outdoor	Shot Put
Mason Finley	Outdoor	Discus
Harry Fisher	Outdoor	800 Meters
Kyle Sullivan	Outdoor	Decathlon
Paul Thomas	Outdoor	Discus
Garrett Zans	Outdoor	Steeplechase
McKenzie Brogan	Outdoor	400 Meters
Audra DeStefano	Outdoor	Steeplechase
Taylor Gardner	Outdoor	400-Meter Hurdles
Jenna Mann	Outdoor	Heptathlon
Kereston Thomas	Outdoor	100 Meters
Kereston Thomas	Outdoor	200 Meters
Jenna Mann	Outdoor	4x100-Meter Relay
Kereston Thomas	Outdoor	4x100-Meter Relay
Taylor Gardner	Outdoor	4x100-Meter Relay
Audrey West	Outdoor	4x100-Meter Relay
Candace Wollert	Outdoor	4x400-Meter Relay
Taylor Gardner	Outdoor	4x400-Meter Relay
Kerry White	Outdoor	4x400-Meter Relay
McKenzie Brogan	Outdoor	4x400-Meter Relay

## 2015

Name	Season	Event
Tyler Anderson	Indoor	Weight Throw
Scott Carter	Indoor	Long Jump
Jordan Charles	Indoor	60 Hurdles
Ricky Faure	Indoor	800 Meters
Colin Herold	Indoor	60 Hurdles
Holly Page	Indoor	3,000 Meters
Holly Page	Indoor	5,000 Meters
Tyler Anderson	Outdoor	Hammer
Jordan Charles	Outdoor	110 Hurdles
Ricky Faure	Outdoor	800 Meters
Harry Fisher	Outdoor	800 Meters
Kyle Sullivan	Outdoor	Decathlon
Shreese Daniels	Outdoor	Hammer
Audra DeStefano	Outdoor	3,000 Steeplechase
Erin Kirby	Outdoor	400 Hurdles
Holly Page	Outdoor	10,000 Meters
Kerry White	Outdoor	800 Meters
Erin Kirby	Outdoor	4x400 Relay
McKenzie Brogan	Outdoor	4x400 Relay
Audrey West	Outdoor	4x400 Relay
Kimberley Robertson	Outdoor	4x400 Relay

## 2016

Name	Season	Event
Tyler Anderson	Indoor	Weight Throw
Scott Carter	Indoor	Long Jump
Scott Carter	Indoor	Triple Jump
Ricky Faure	Indoor	800 Meters
Jerayah Davis	Indoor	60 Meters
Audra DeStefano	Indoor	5,000 Meters
Ja'la Henderson	Indoor	Long Jump
Emelda Malm-Annan	Indoor	Weight Throw
Lauren Hamilton	Indoor	DMR
Kimberley Robertson	Indoor	DMR
Cassidy Meade	Indoor	DMR
Audra DeStefano	Indoor	DMR
Tyler Anderson	Outdoor	Hammer Throw
Jordan Charles	Outdoor	110 Hurdles
McKenzie Brogan	Outdoor	400 Hurdles
Audra DeStefano	Outdoor	3,000 Steeplechase

## 2017

Name	Season	Event
Bryce Ailshie	Indoor	800 Meters
Bryce Ailshie	Indoor	4x400-Meter Relay
Kevin Blackett	Indoor	4x400-Meter Relay
Scott Carter	Indoor	Long Jump
Scott Carter	Indoor	Triple Jump
Jordan Charles	Indoor	60-Meter Hurdles
Jerayah Davis	Indoor	60 Meters
Jerayah Davis	Indoor	Long Jump
Ja'la Henderson	Indoor	Long Jump
Jace Marx	Indoor	4x400-Meter Relay
Jackson Wood	Indoor	4x400-Meter Relay
Scott Carter	Outdoor	Long Jump
Scott Carter	Outdoor	Triple Jump
Jordan Charles	Outdoor	110-Meter Hurdles
Audra DeStefano	Outdoor	3,000 Steeplechase
Ricky Faure	Outdoor	800 Meters
Emelda Malm-Annan	Outdoor	Hammer Throw
Damon Unland	Outdoor	Hammer Throw

## 2018

Name	Season	Event
Jerayah Davis	Indoor	60 Meters
Ja'la Henderson	Indoor	Triple Jump
Ja'la Henderson	Indoor	Long Jump
William Nolan	Indoor	Triple Jump
Jackson Wood	Indoor	400 Meters
Harry Ewing	Outdoor	3,000 Steeplechase
Ja'la Henderson	Outdoor	Triple Jump
Ja'la Henderson	Outdoor	Long Jump
Jace Marx	Outdoor	100 Meters
Brandon McGuire	Outdoor	400-Meter Hurdles
William Nolan	Outdoor	Triple Jump
William Nolan	Outdoor	Long Jump
Damon Unland	Outdoor	Hammer Throw
Kirk Unland	Outdoor	Hammer Throw
Jackson Wood	Outdoor	400 Meters



## 2019

Name	Season	Event
Jerayah Davis	Indoor	60 Meters
Jerayah Davis	Indoor	200 Meters
Ja'la Henderson	Indoor	Triple Jump
Ja'la Henderson	Indoor	Long Jump
Christopher Henry	Indoor	3,000 Meters
Christopher Henry	Indoor	5,000 Meters
Hap Frketch	Indoor	Weight Throw
Kirk Unland	Indoor	Weight Throw
Jace Marx	Indoor	4x400m Relay
Jacob Harthun	Indoor	4x400m Relay
Brandon McGuire	Indoor	4x400m Relay
Bryce Ailshie	Indoor	4x400m Relay
Jerayah Davis	Outdoor	100 Meters
Jerayah Davis	Outdoor	Long Jump
Jerayah Davis	Outdoor	4x100m Relay
Ja'la Henderson	Outdoor	Triple Jump
Ja'la Henderson	Outdoor	Long Jump
Ja'la Henderson	Outdoor	4x100m Relay
Jordan Edmonds	Outdoor	4x100m Relay
Shayla Howell	Outdoor	4x100m Relay
Emelda Malm-Annan	Outdoor	Hammer Throw
Christopher Henry	Outdoor	10,000 Meters
Eric McArthur	Outdoor	Hammer Throw
William Nolan	Outdoor	Triple Jump
Kirk Unland	Outdoor	Hammer Throw

## 2020

Name	Season	Event
Paul Roberts	Indoor	3,000m
Paul Roberts	Indoor	5,000m
Christopher Henry	Indoor	3,000m
Kirk Unland	Indoor	Weight Throw
Shayla Howell	Indoor	Long Jump
No Outdoor Season		

## 2021

Name	Season	Event
No Indoor Season		
Hap Frketch	Outdoor	Hammer Throw
Colton Paller	Outdoor	Shot Put
Colton Paller	Outdoor	Discus
Kareem Mersal	Outdoor	Long Jump
Albert Steiner	Outdoor	3,000m
Albert Steiner	Outdoor	Steeplechase

## 2022

Name	Season	Event
Hunter Brown	Indoor	Long Jump
Kitana Burgard	Indoor	60m
Jefferson Danso	Indoor	Triple Jump
Shayla Howell	Indoor	Long Jump
Kareem Mersal	Indoor	Long Jump
Katelyn Mitchem	Indoor	Mile
Katelyn Mitchem	Indoor	5,000m
Aumni Ashby	Outdoor	Triple Jump
Shayla Howell	Outdoor	Triple Jump
Katelyn Mitchem	Outdoor	3,000m
Katelyn Mitchem	Outdoor	Steeplechase
Hunter Brown	Outdoor	Long Jump
Daniel Carrillo	Outdoor	Shot Put
Tarique George	Outdoor	Discus
Pete Mead	Outdoor	High Jump
Kareem Mersal	Outdoor	Long Jump

## 2023

Name	Season	Event
Salme Elbadra	Indoor	Mile
Salme Elbadra	Indoor	3,000m
Jacob White	Indoor	5,000m
Saide McMullen	Outdoor	Long Jump
Katelyn Mitchem	Outdoor	3,000m
Katelyn Mitchem	Outdoor	Steeplechase
Tarique George	Outdoor	Discus
Ryker Holtzen	Outdoor	Steeplechase
Samuel Schneider	Outdoor	High Jump

## 2024

Name	Season	Event
Cam Burkett	Indoor	Shot Put
Jefferson Danso	Indoor	Triple Jump
Kareem Mersal	Indoor	Long Jump
Daniel Reynolds	Indoor	Weight Throw
Salma Elbadra	Outdoor	800m
Salma Elbadra	Outdoor	1,500m
Hunter Brown	Outdoor	Long Jump
Jaheim Ferguson	Outdoor	400m Hurdles
Ryker Holtzen	Outdoor	Steeplechase
Daniel Reynolds	Outdoor	Hammer Throw
Daniel Reynolds	Outdoor	Shot Put

## 2025

Name	Season	Event
Logan Brown	Indoor	4x400m
Bradley Ekstrom	Indoor	4x400m
Jaheim Ferguson	Indoor	4x400m
Cody Hape	Indoor	4x400m
Kareem Mersal	Indoor	Long Jump
Daniel Reynolds	Indoor	Weight Throw
Daniel Reynolds	Indoor	Shot Put
Cam Burkett	Outdoor	Shot Put
Jaheim Ferguson	Outdoor	400m Hurdles
Ryker Holtzen	Outdoor	Steeplechase
Remar Pitter	Outdoor	Long Jump
Daniel Reynolds	Outdoor	Hammer Throw
Daniel Reynolds	Outdoor	Shot Put
Jacob White	Outdoor	5,000m



## WOMEN'S CONFERENCE CHAMPIONSHIP HISTORY

Indoor				Outdoor			
Year	Place	Points	Conference	Year	Place	Points	Conference
1981	6th	37	AIAW Region 7	1981	7th	38	AIAW Region 7
1982	3rd	42	AIAW Region 7	1982	6th	48	AIAW Region 7
1983*	N/A	N/A	N/A	1983	3rd	95	High Country
1984*	N/A	N/A	N/A	1984	3rd	126	High Country
1985*	N/A	N/A	N/A	1985	6th	38	High Country
1986*	N/A	N/A	N/A	1986	6th	30.5	High Country
1987*	N/A	N/A	N/A	1987	3rd	75	High Country
1988*	N/A	N/A	N/A	1988	2nd	95	High Country
1989*	N/A	N/A	N/A	1989	3rd	110	High Country
1990*	N/A	N/A	N/A	1990	5th	91	High Country
1991	3rd	51	WAC	1991	4th	71.5	WAC
1992	3rd	74	WAC	1992	5th	80	WAC
1993	7th	17	WAC	1993	5th	64	WAC
1994	5th	45	WAC	1994	4th	76	WAC
1995	5th	56	WAC	1995	6th	51	WAC
1996	8th	18.5	WAC	1996	8th	22	WAC
1997	11th	17	WAC	1997	12th	19	WAC
1998	10th	22	WAC	1998	12th	14.5	WAC
1999	9th	31.5	WAC	1999	11th	32	WAC
2000	5th	82.5	Mountain West	2000	3rd	121.5	Mountain West
2001	5th	56	Mountain West	2001	4th	70	Mountain West
2002	3rd	101	Mountain West	2002	5th	95	Mountain West
2003	4th	78	Mountain West	2003	4th	78	Mountain West
2004	4th	88	Mountain West	2004	4th	96	Mountain West
2005	3rd	80	Mountain West	2005	3rd	92.5	Mountain West
2006	7th	31	Mountain West	2006	7th	43	Mountain West
2007	5th	47	Mountain West	2007	8th	42	Mountain West
2008	5th	64	Mountain West	2008	7th	46	Mountain West
2009	9th	26	Mountain West	2009	9th	49.5	Mountain West
2010	7th	37	Mountain West	2010	9th	28.5	Mountain West
2011	6th	46	Mountain West	2011	8th	56	Mountain West
2012	8th	27	Mountain West	2012	8th	63	Mountain West
2013	8th	53	Mountain West	2013	8th	56	Mountain West
2014	2nd	84	Mountain West	2014	4th	94	Mountain West
2015	5th	52	Mountain West	2015	8th	52	Mountain West
2016	5th	59	Mountain West	2016	9th	35	Mountain West
2017	10th	36	Mountain West	2017	10th	36	Mountain West
2018	9th	41	Mountain West	2018	11th	44	Mountain West
2019	7th	57	Mountain West	2019	T-7th	64	Mountain West
2020	9th	18	Mountain West	2020	Cancelled due to	COVID-19	
2021	Cancelled Due to	COVID-19		2021	11th	8	Mountain West
2022	11th	20	Mountain West	2022	10th	33	Mountain West
2023	8th	32	Mountain West	2023	10th	21.5	Mountain West
2024	T-10th	27	Mountain West	2024	9th	35	Mountain West
2025	11th	10.5	Mountain West	2025	11th	25	Mountain West

\*The High Country Athletic Conference did not sponsor an indoor championship meet.



## MEN'S CONFERENCE CHAMPIONSHIP HISTORY

### Indoor

Year	Place	Points	Conference
1976	7th	19	WAC
1977	8th	9	WAC
1978	5th	57	WAC
1979	4th	60	WAC
1980	5th	36	WAC
1981	6th	38	WAC
1982	7th	19	WAC
1983	7th	32	WAC
1984	5th	35	WAC
1985	5th (tie)	16	WAC
1986	4th	21	WAC
1987	2nd	75	WAC
1988	5th	53	WAC
1989	8th	30	WAC
1990	6th	17	WAC
1991	5th	12	WAC
1992	4th	65	WAC
1993	5th	29	WAC
1994	4th	87.5	WAC
1995	6th	84	WAC
1996	3rd	32	WAC
1997	5th	14	WAC
1998	9th	38	WAC
1999	4th	78	WAC
2000	2nd	142	Mountain West
2001	4th	127.5	Mountain West
2002	4th	88	Mountain West
2003	4th	80	Mountain West
2004	4th	85	Mountain West
2005	4th	78	Mountain West
2006	6th	27	Mountain West
2007	4th	100	Mountain West
2008	4th	100	Mountain West
2009	6th	77	Mountain West
2010	4th	98	Mountain West
2011	5th	80	Mountain West
2012	6th	38	Mountain West
2013	5th	72	Mountain West
2014	5th	86	Mountain West
2015	5th	52	Mountain West
2016	5th	70	Mountain West
2017	5th	60	Mountain West
2018	6th	41	Mountain West
2019	5th	76	Mountain West
2020	5th	78	Mountain West
2021	Cancelled due to COVID-19		
2022	4th	70	Mountain West
2023	6th	49	Mountain West
2024	6th	61.5	Mountain West
2025	4th	72	Mountain West

### Outdoor

Year	Place	Points	Conference
1922	9th	0	
1923	10th	0	
1924	8th	5	
1925	6th	9	
1926	7th	7	
1927	8th	5	
1928	7th	9	
1929	9th	9	

1930	9th	2	
1931	6th	8	
1932	10th	1.5	
1933	12th	0	
1934	10th	0	
1935	9th	2	
1936	11th	1	
1937	11th	0	
1938	7th	0	
1939	7th	6.5	
1940	7th	2	
1941	7th	7	
1942	7th	4*	
1946	6th	16*	Big 7 Conference
1947	5th	15.5	Big 7 Conference
1948	6th	18.5	Mountain States
1949	3rd	43	Mountain States
1950	5th	29	Mountain States
1951	4th	31	Mountain States
1952	6th	13	Mountain States
1953	5th	20	Mountain States
1954	3rd (tie)	32	Mountain States
1955	6th	14	Mountain States
1956	2nd	33	Mountain States
1957	8th	7	Mountain States
1958	7th (tie)	15.5	Mountain States
1959	8th	5	Mountain States
1960	8th	8	Mountain States
1961	8th	5	Mountain States
1962	8th	0	Mountain States
1963	6th	0	WAC
1964	6th	9	WAC
1965	5th	15	WAC
1966	5th	16	WAC
1967	6th	4	WAC
1968	6th	10	WAC
1969	7th	17	WAC
1970	6th	24	WAC
1971	6th	23	WAC
1972	8th	11	WAC
1973	8th	4	WAC
1974	8th	24	WAC
1975	6th	31	WAC
1976	8th	8	WAC
1977	8th	0	WAC
1978	8th	16	WAC
1979	6th	45	WAC
1980	7th	33	WAC
1981	7th	8	WAC
1982	7th	5	WAC
1983	6th (tie)	23	WAC
1984	5th	45	WAC
1985	5th	41	WAC
1986	8th	12	WAC
1987	7th	34	WAC
1988	8th	33	WAC
1989	5th	29	WAC
1990	5th	91	WAC
1991	7th	63	WAC
1992	4th	98	WAC
1993	7th	72	WAC
1994	4th	100	WAC
1995	6th	71.5	WAC
1996	6th	91.5	WAC
1997	10th	30	WAC
1998	6th	63	WAC

1999	5th	80	WAC
2000	3rd	148	Mountain West
2001	5th	90	Mountain West
2002	4th	77	Mountain West
2003	5th	76	Mountain West
2004	5th	72	Mountain West
2005	5th	64	Mountain West
2006	6th	69	Mountain West
2007	5th	85	Mountain West
2008	6th	53	Mountain West
2009	6th	84	Mountain West
2010	5th	96	Mountain West
2011	6th	40	Mountain West
2012	6th	96	Mountain West
2013	6th	85	Mountain West
2014	5th	110	Mountain West
2015	5th	99	Mountain West
2016	6th	44	Mountain West
2017	6th	81.5	Mountain West
2018	5th	81.5	Mountain West
2019	6th	76	Mountain West
2020	Cancelled due to COVID-19		
2021	4th	93	Mountain West
2022	4th	93.5	Mountain West
2023	6th	72	Mountain West
2024	6th	51	Mountain West
2025	6th	75	Mountain West

\*No program from 1943-45 due to World War II

# SCHOOL RECORDS

## Men's Indoor School Records

(as of Dec 5, 2025)

60 Meters			60-Meter Hurdles			200 Meters			400 Meters		
Name	Result	Year	Name	Result	Year	Name	Result	Year	Name	Result	Year
1. Marcus Brunson	6.65	97	1. Jordan Charles	7.68	16	1. Carlington Duncan	21.17	01	1. Jaymison Cox	47.46	23
2. Max Haynes	6.69	88	2. Jason Medearis	7.83	97	2. Collin Thomas	21.38	02	<b>Bradley Ekstrom</b>	<b>47.46</b>	<b>25</b>
3. Carlington Duncan	6.71	01	3. Tom Garrison	7.89	89	3. Vashone West	21.40	08	3. Seth Billy	47.68	02
4. Wyatt Moore	6.76	23	4. Brandon Douglass	7.90	13	4. Mario Harris	21.43	11	4. Cody Hape	47.72	24
5. <b>Carter McComb</b>	<b>6.77</b>	<b>25</b>	5. Scott Carter	7.95	17	5. Jaymison Cox	21.46	24	5. Mario Harris	48.03	10
6. Stephen Michel	6.78	10	6. Colin Herold	7.95	15	Marcus Brunson	21.46	97	6. Chris Welsh	48.05	95
7. Jordan Charles	6.79	15	Joel Giorgis	7.95	93	7. Jordan Charles	21.53	16	7. Jackson Wood	48.10	18
Mario Harris	6.79	11	8. Jacob Edwards	8.13	13	8. Richard Peace	21.60	96	8. Cody Millemon	48.17	00
Mervin Swaby	6.79	00	9. Colin Herold	8.14	12	9. Jace Marx	21.71	17	9. Clay Carlson	48.63	16
Collin Thomas	6.79	02	10. Brandon McGuire	8.15	19	10. Max Haynes	21.86	88	10. Keith Ladson	48.64	94
800 Meters			Mile			3,000 Meters			5,000 Meters		
Name	Result	Year	Name	Result	Year	Name	Result	Year	Name	Result	Year
1. Jeremiah Johnson	1:48.30	04	1. <b>Jacob White</b>	<b>4:00.46</b>	<b>25</b>	1. <b>Jacob White</b>	<b>7:49.17</b>	<b>25</b>	1. <b>Ryker Holtzen</b>	<b>13:41.39</b>	<b>24</b>
2. Ricky Faure	1:48.78	17	2. Oisin O'Gailin	4:00.48	22	4. <b>Ryker Holtzen</b>	<b>7:55.27</b>	<b>25</b>	2. Mason Norman	13:52.29	24
3. Harry Fisher	1:49.29	14	3. <b>Ryker Holtzen</b>	<b>4:01.24</b>	<b>25</b>	2. Mason Norman	7:58.35	24	3. <b>Jacob White</b>	<b>13.54.87</b>	<b>24</b>
4. Bryce Ailshie	1:49.56	17	4. Mike Cheron	4:02.14	78	3. <b>Gus McIntyre</b>	<b>8:00.98</b>	<b>25</b>	4. Mark Korir	13:57.60	07
5. Jim McCreery	1:49.94	94	5. <b>Mac Zastrow</b>	<b>4:02.24</b>	<b>25</b>	5. Christopher Henry	8:05.88	19	5. <b>Gus McIntyre</b>	<b>13:58.69</b>	<b>25</b>
6. Thomas Atkinson	1:50.16	15	6. Nick Theil	4:02.71	96	6. Seth Bruxvoort	8:06.16	22	6. Paul Roberts	14:04.12	19
7. Espen Borge	1:50.70	84	7. Wayne Jensen	4:03.74	71	7. Albert Steiner	8:06.32	22	7. Taylor Kelting	14:10.04	12
8. Joseph Rodgers	1:51.37	22	8. <b>Jake Bach</b>	<b>4:05.13</b>	<b>25</b>	8. Harry Ewing	8:07.07	20	8. Christopher Henry	14:15.75	20
9. Morten Jurs	1:51.62	82	9. Espen Borge	4:05.53	84	9. Mark Korir	8:07.43	07	9. <b>Dylan van der Hock</b>	<b>14:16.01</b>	<b>25</b>
10. Nick Cramer	1:51.78	07	10. Michael Downey	4:05.71	19	10. Michael Downey	8:09.13	20	10. Greg Miller	14:20.01	11
4x400-Meter Relay			Distance Medley Relay								
1. <b>Hape, Ferguson, Brown, Ekstrom</b>			3:12.36	25	1. Jurs, Slabach, Murray, Borge	9:47.50	84				
2. Marx, Blackett, Wood, Ailshie			3:13.46	17	2. <b>Wetzel, Brown, Stephen, Bach</b>	9:50.76	25				
3. Duncan, Millemon, Billy, Charlemagne			3:13.74	00	3. Her Many Horses, Praska, Wilde, Zans	9:54.86	11				
4. Billy, Millemon, Duncan, Davis			3:14.26	00	4. Steiner, Kaminski, Knueppel, Holtzen	9:56.02	24				
5. Carlson, Blackett, Faure, Fisher			3:14.69	15	5. Ewing, Dahl, Moulai, Taylor	9:56.16	20				
6. Kelly, Arnwine, Harris, Johnson			3:14.70	06	6. Tanui, Brauneis, Cramer, Korir	9:56.56	07				
7. Brauneis, Chavez, Petsch, Harris			3:14.75	10	7. Ewing, Harthun, Kepler, Henry	9:57.11	18				
8. Marx, Harthun, McGuire, Ailshie			3:15.21	19	8. Wetzel, Dahl, Stephen, Steiner	9:57.42	22				
9. Hape, McComb, Ferguson, Cox			3:15.81	24	9. Johnson, Harris, Cramer, Tanui	9:57.77	06				
10. Cox, Kaminski, Wiggins, Ferguson			3:16.03	23	10. Chirchir, Chavez, Too, Huntington	9:58.60	08				
Shot Put			Long Jump			High Jump			Heptathlon		
Name	Result	Year	Name	Result	Year	Name	Result	Year	Name	Result	Year
1. Mason Finley	66-3 1/4	14	1. Kareem Mersal	26-3 3/4	24	1. Bud Hamilton	7-3	93	1. Olav Roe	5,274	06
2. Jason Gervais	64-7	00	2. Remar Pitter	25-10 1/4	23	Mike White	7-3	80	2. Kyle Sullivan	5,262	14
3. <b>Daniel Reynolds</b>	<b>62-6</b>	<b>25</b>	3. Charles Thomas	25-8 1/2	65	3. Chris Larson	7-1 3/4	96	3. Brandon Douglass	5,098	12
4. Cameron Burkett	62- 0 1/4	24	4. Tim Cawley	25-4 1/4	98	4. Bryan Coventry	6-11	87	4. Sage Coventry	5,085	22
5. Jason Hammond	61-10 1/4	01	5. Mervin Swaby	25-3 3/4	01	Justin Smith	6-11	96	5. Jay Petsch	5,081	10
6. Kevin Mannon	61-0 3/4	99	6. Bud Hamilton	25-1 1/4	95	Tim Cawley	6-11	96	6. Brett Zowada	5,033	05
7. Matt Spears	60-10	97	7. Jeremiah James	24-11 1/4	09	7. Tyler Skinner	6-10 1/4	10	7. Caleb Seeton	4,955	16
8. Kyle Herl	59-11 3/4	04	8. Eric Coleman	24-7	87	8. Dan Orange	6-10	75	8.. Phillip Thomas	4,909	07
9. Chad Lindsay	59-4 3/4	92	Dave Shannon	24-7	92	9. Mike Klyop	6-9 1/2	90	9. Bryson Engebretsen	4,896	21
10. Craig Sutter	58-3 1/4	02	10. Hunter Brown	24- 6 1/2	23	10. Jeremiah James	6-9	10	10. Eric Suter	4,474	04
35-Pound Weight Throw			Triple Jump			Pole Vault					
Name	Result	Year	Name	Result	Year	Name	Result	Year			
1. <b>Daniel Reynolds</b>	<b>82-3 1/2</b>	<b>25</b>	1. Quincy Howe	54-9 1/4	01	1. Gregg Sawyer	17-0 3/4	99			
2. Jason Gervais	74-1 3/4	00	2. Jeremiah James	52-6	10	2. Jay Novacek	16-3	84			
3. Kevin Mannon	72-2 1/4	99	3. Blake Jackson	52-2 3/4	05	3. Brandon Douglass	16-0 3/4	11			
4. Jake Shanklin	71-10 1/4	08	4. Tim Cawley	52-2	97	4. Darren Niedermeyer	15-9	02			
5. Derek Woodske	71-3 1/4	00	5. Scott Carter	51-8 1/2	16	5. Ed Steele	15-8	75			
6. Ryan Butler	71-1 1/2	96	6. Mikael Norman	51-2	75	Brian Stevenson	15-8	84			
7. Jason Hammond	69-1 1/2	01	7. Mervin Swaby	50-10 1/4	01	Beecher Strube	15-8	90			
8. Zack Schaefer	68-6	04	8. Jefferson Danso	50- 4 1/2	24	8. Cliff Cotton	15-6	72			
9. Hap Frketich	67-11 1/2	21	9. Stephen Michel	50-3 1/4	10	Steve McNorris	15-6	90			
10. Kyle Herl	67-5 1/2	04	10. John Alderson	50-0 1/2	08	10. Eric Richey	15-4	89			

### School Record Key

#### Indoor

- For running events 400 meters and below (including the 4x400-meter relay), no marks are converted for altitude or track size
- Except the 55 meters/55 hurdles which are converted to the 60 meters/60 hurdles
- For running events 800 meters and above (including the distance medley relay), all marks are converted for altitude and track size
- Bold indicates marks from 2024-25 season



## Women's Indoor School Records

(as of Dec. 5, 2025)

60 Meters			60-Meter Hurdles			200 Meters			400 Meters		
Name	Result	Year	Name	Result	Year	Name	Result	Year	Name	Result	Year
1. Jerayah Davis	7.25	17	1. Shauna Smith	8.33	04	1. <b>Taliah Morris</b>	<b>23.64</b>	<b>25</b>	1. Shauna Smith	51.79	04
2. Kima Wells	7.30	04	2. Shaylee Babbitt	8.37	08	2. Jessica Fox	23.71	04	2. Jessica Fox	52.88	04
3. Kitana Burgard	7.37	23	3. Trecia Roberts	8.38	92	3. Kitana Burgard	23.75	23	3. Afiya Walker	53.10	11
4. Patricia Miller	7.42	82	4. Adriana Friezen	8.42	07	4. Jerayah Davis	23.76	19	4. Sharon Larrier	54.65	08
5. Jessica Fox	7.45	04	5. Jenna Mann	8.45	14	5. Jordan Edmonds	24.02	18	5. Kima Wells	54.75	04
Kereston Thomas	7.45	14	6. Katy Hall	8.51	13	6. Kereston Thomas	24.20	14	6. Erin Kirby	54.82	11
7. Lori Grillo	7.49	88	7. Kelly Ann Charles	8.53	04	7. Adelaide Harper	24.31	01	Amanda Hopper	54.82	05
8. Shayla Howell	7.50	22	8. Mikalah Skates	8.60	14	8. Fiona Lindo-Jeffrey	24.43	02	McKenzie Brogan	54.82	16
9. Shauna Smith	7.54	05	9. Jennifer Schmitz	8.66	10	9. Audrey West	24.61	14	9. <b>Eva Dellorco</b>	<b>55.39</b>	<b>25</b>
10. Ja'la Henderson	7.58	16	Brenda Frost	8.66	88	10. Kima Wells	24.62	03	10. Lindsey Simmons	55.40	11
Adelaide Harper	7.58	01			Afiya Walker	24.62	11				
800 Meters			Mile			3,000 Meters			5,000 Meters		
Name	Result	Year	Name	Result	Year	Name	Result	Year	Name	Result	Year
1. Katelyn Mitchem	2:08.20	23	1. Salma Elbadra	4:35.02	24	1. Salma Elbadra	9:10.04	24	1. Holly Page	16:20.10	15
2. Jasmyne Cooper	2:09.20	20	2. Katelyn Mitchem	4:38.11	23	2. <b>Kylie Simshauser</b>	<b>9:22.75</b>	<b>25</b>	2. <b>Kylie Simshauser</b>	<b>16:22.85</b>	<b>24</b>
3. Cassidy Meade	2:09.76	17	3. Molly Moulton	4:46.32	98	3. Holly Page	9:26.39	15	3. Hailey Uhr	16:25.71	24
4. Candace Wollert	2:10.52	12	4. Lauren Hamilton	4:46.85	17	4. Katelyn Mitchem	9:26.50	23	4. Abigail Whitman	16:34.35	23
5. <b>Libby Berrhil-Worshek</b>	<b>2:10.76</b>	<b>25</b>	5. Madelyn Blazo	4:48.57	23	5. Audra DeStefano	9:32.83	16	5. Audra DeStefano	16:35.84	16
6. Kerry White	2:10.96	15	6. Audra DeStefano	4:49.92	16	6. <b>Abigail Whitman</b>	<b>9:33.13</b>	<b>25</b>	6. Eowyn Dalbec	16:36.97	24
7. Deby Anderson	2:11.30	94	7. <b>Abigail Whitman</b>	<b>4:51.85</b>	<b>25</b>	7. Hailey Uhr	9:38.11	24	7. Christine Nelson	16:48.24	11
8. Tanice Barnett	2:12.25	04	8. Kaylee Kears	4:52.57	23	8. Eowyn Dalbec	9:38.83	24	8. <b>Marin Trave Ferrer</b>	<b>16:54.22</b>	<b>24</b>
9. Molly Moulton	2:12.45	98	9. Emily Higgins	4:53.43	08	9. Madelyn Blazo	9:38.84	24	9. Gretchen Johnson	16:58.30	08
10. Laura Ferguson	2:12.96	79	10. Kacey Doner	4:54.74	19	10. Emily Higgins	9:42.25	09	9. Megan Brunette	17:03.72	17
4x400-Meter Relay			Distance Medley Relay								
1. Smith, Wells, Hopper, Fox			3:31.87	04	1. Hamilton, Robertson, Meade, DeStefano			11:21.19	16		
2. Smith, Fox, Hopper, Larrier			3:33.66	05	2. White, Harris, Meade, Hamilton			11:33.30	17		
3. <b>Mendoza-Molina, Witkiewicz, Drube, Dellorco</b>			<b>3:41.50</b>	<b>25</b>	3. Person, Harris, White, Hamilton			11:40.19	18		
4. Kirby, Simmons, Long, Walker			3:43.84	11	4. Macdermid, Cooper, Quistorff, Doner			11:43.99	19		
Drube, Sefried, Weidinger, Cooper			3:43.84	24	5. Berryhill, Ramirez, Sefired, Blazo			11:46.12	24		
6. Kirby, Gardner, Wollert, Simmons			3:44.57	12	6. Simshauser, Ramirez, Kears, Uhr			11:50.09	23		
7. Snyder, Robertson, Harris, Brogan			3:45.45	16	7. Kears, Cunningham, O'Neill, Mitchem			11:52.84	20		
8. Long, Gardner, Kee, Brogan			3:45.53	13	8. Meade, Lloyd, Robertson, White			11:56.19	15		
9. Kirby, Lloyd, West, Robertson			3:45.71	15	9. Ferguson, Barrinaga, Bradley, Sanford			11:58.54	80		
10. Kirby, Simmons, Wollert, Walker			3:45.97	11	10. <b>Whitman, Thorne, Aldelemy, Slichko</b>			<b>12:01.84</b>	<b>25</b>		
Shot Put			Long Jump			High Jump			Pentathlon		
Name	Result	Year	Name	Result	Year	Name	Result	Year	Name	Result	Year
1. Jessica Cross	57-0 1/2	98	1. Shayla Howell	21-4 3/4	22	1. Julie Burgess	5-10 1/2	88	1. Jenna Mann	3,898	14
2. Andrea Batt	53-4 1/4	04	2. Sadie McMullen	20-7 3/4	24	2. Sabina Sandberg	5-8 3/4	16	2. Sabina Sandberg	3,500	15
3. Mary Le Jour	50-0 3/4	00	3. Ja'la Henderson	20-7	18	3. Keeley Johnson	5-8	88	3. Rebecca Harris	3,410	15
4. Grace Apiafi	49-11 1/4	84	4. Patricia Miller	20-5	80	Joanna Wilson	5-8	98	4. <b>Avery Navest</b>	<b>3,409</b>	<b>25</b>
5. Robin Lyons	49-9	00	5. Jerayah Davis	19-11	17	Chan Johnson	5-8	02	5. Britney Jackson	3,388	10
6. Naomi Elliott	49-6 1/4	00	6. Renee Guy-Garth	19-5 1/4	97	6. Chris Lazz	5-7 1/4	91	6. Patty Harrington	3,340	86
7. Addison Henry	49-1	20	7. <b>Taliah Morris</b>	<b>19-3 1/2</b>	<b>25</b>	Jamie Davies	5-7 1/4	96	7. Clare Nicolas	3,233	17
8. Ashley Hutchinson	48-8 1/4	11	8. Adrienne Prosser	19-3 1/4	96	Lisa Throener	5-7 1/4	00	8. Leah Burke	3,226	05
9. Shreese Daniels	48-2	13	9. B.J. Eldridge	19-3	82	9. Vicki Bell	5-7	88	9. Kuuipo Nakoa	3,152	11
10. Mollie Dahl	48-1 3/4	13	10. Davina Strauss	19-2 1/2	01	Johnna Jeffries	5-7	07	10. Kim Demers	3,113	02
						Britney Jackson	5-7	09			
20-Pound Weight Throw			Triple Jump			Pole Vault					
Name	Result	Year	Name	Result	Year	Name	Result	Year			
1. Robin Lyons	70-11 1/4	00	1. Ja'la Henderson	43-9 3/4	19	1. Jamie Davies	12-4 1/4	98			
2. Shreese Daniels	68-1	15	2. Aumni Ashby	40-10 1/2	23	2. Kayla Stibley	12-0 3/4	24			
3. Ashley Hutchinson	65-4 3/4	12	3. Day Timberman	40-2 1/4	16	3. Lauri Smith	11-8 1/2	06			
4. Andrea Batt	64-10 1/2	04	4. Tomeca Brown	39-10 1/2	00	4. Kat Doherty	11-6 1.2	05			
5. Shannon Popp	64-4	07	5. Allegra Carson	39-7 3/4	16	5. Stephanie Anderson	11-5 3/4	04			
6. Emelda Malm-Annan	64-3 1/4	15	6. Enioma Haynes	39-6 1/2	02	6. Madison Friend	10-11 3/4	22			
7. Julie Thomas	64-2 1/4	02	7. Shayla Howell	39-1 1/4	19	Kaela Thayer	10-11 3/4	03			
8. Kate Burton	63-11 1/2	08	8. <b>Elayna Chafee</b>	<b>38-11</b>	<b>24</b>	Ana George	10-11 3/4	18			
9. Crystal Smith	63-7 1/2	03	9. Adrienne Prosser	38-9 1/2	96	Aubry Sanchez	10-11 3/4	21			
10. Dana Dillon	63-3 1/4	00	Courtney Schlequel	38-9 1/2	04	10. Hallie Baker	10-8	04			
						Jodie Sanborn	10-8				

### School Record Key

#### Indoor

- For running events 400 meters and below (including the 4x400-meter relay), no marks are converted for altitude or track size
- Except the 55 meters/55 hurdles which are converted to the 60 meters/60 hurdles
- For running events 800 meters and above (including the distance medley relay), all marks are converted for altitude and track size
- Bold indicates marks from 2024-25 season

# SCHOOL RECORDS

## Men's Outdoor School Records

(as of 2024)

100 Meters			200 Meters			400 Meters			800 Meters		
Name	Result	Year	Name	Result	Year	Name	Result	Year	Name	Result	Year
1. Vashone West	10.38	08	1. Mario Harris	20.87	11	1. Darius Taruru	46.44	77	1. Wesley Maiyo	1:46.44	75
2. Mario Harris	10.43	11	2. Jordan Charles	21.12	14	2. Max Charlemagne	46.99	00	2. Ricky Faure	1:47.59	15
3. John Davis	10.44	81	3. Jaymison Cox	21.25	23	3. Robert Harris	47.13	04	3. Harry Fisher	1:48.34	15
4. Stephen Michel	10.46	10	4. Vashone West	21.29	08	4. Jackson Wood	47.14	18	4. Jeremiah Johnson	1:48.54	06
5. <b>Carter McComb</b>	<b>10.48</b>	<b>25</b>	5. Carlington Duncan	21.30	00	5. Jaymison Cox	47.18	23	5. Wayne Jensen	1:48.84	69
6. Jordan Charles	10.49	16	Jason Roascio	21.30	15	6. <b>Bradley Ekstrom</b>	<b>47.26</b>	<b>25</b>	6. Thomas Atkinson	1:49.11	15
Wyatt Moore	10.49	23	7. Jaymison Cox	21.32	23	7. Chris Welsh	47.32	95	7. Bryce Ailshie	1:49.25	18
8. Jace Marx	10.52	17	8. Jace Marx	21.32	17	8. <b>Cody Hape</b>	<b>47.39</b>	<b>25</b>	8. Morten Jurs	1:49.32	85
Mervin Swaby	10.52	03	9. <b>Bridger Norton</b>	<b>21.41</b>	<b>25</b>	9. Harry Fisher	47.58	15	9. Eliud Chirchir	1:49.38	09
10. Dwight Neptune	10.55	07	Jackson Wood	21.49	17	10. <b>Darius Wiggins</b>	<b>47.62</b>	<b>25</b>	10. Roald Horten	1:49.52	80
Robert Harris			Robert Harris	21.49	03						
1,500 Meters			3,000-Meter Steeplechase			5,000 Meters			10,000 Meters		
Name	Result	Year	Name	Result	Year	Name	Result	Year	Name	Result	Year
1. <b>Jacob White</b>	<b>3:40.52</b>	<b>25</b>	1. <b>Ryker Holtzen</b>	<b>8:34.95</b>	<b>25</b>	1. <b>Jacob White</b>	<b>13:27.32</b>	<b>25</b>	1. Joseph Nzau	28:20.74	79
2. <b>Mason Norman</b>	<b>3:42.57</b>	<b>25</b>	2. Harry Ewing	8:42.72	19	2. Geir Kvernmo	13:41.24	80	2. Simon Killili	28:31.60	79
3. Wayne Jensen	3:42.94	69	3. Joseph Nzau	8:43.14	79	3. Ryker Holtzen	13:48.85	24	3. <b>Jacob White</b>	<b>28:47.07</b>	<b>25</b>
4. Daniel Hintz	3:43.20	18	4. Espen Borge	8:45.74	84	4. Joseph Nzau	13:54.54	78	4. Mason Norman	28:51.31	24
5. Michael Downey	3:43.95	18	5. Geir Kvernmo	8:46.14	80	5. Greg Miller	13:58.43	11	5. John Wodny	29:08.74	88
6. <b>Mac Zastrow</b>	<b>3:44.98</b>	<b>25</b>	6. Albert Steiner	8:48.43	24	6. Mark Korir	13:58.86	06	6. Mark Korir	29:09.25	06
7. <b>Ryker Holtzen</b>	<b>3:45.04</b>	<b>25</b>	7. Seth Bruxvoort	8:49.21	22	7. Gus McIntyre	13:59.09	24	7. Joe Hall	29:10.77	01
8. Philemon Kimutai	3:45.23	09	8. Mark Korir	8:49.60	09	8. Mason Norman	14:01.08	24	8. Greg Miller	29:22.55	12
9. Wesley Maiyo	3:45.44	74	9. Garrett Zans	8:50.45	14	9. Simon Killili	14:01.44	78	9. James Kamau	29:23.63	79
10. Espen Borge	3:45.46	84	10. Philemon Tanui	8:50.80	07	10. Solomon Chebor	14:06.14	78	10. Christopher Henry	29:24.74	19
4x100-Meter Relay			4x400-Meter Relay								
1. Duncan, Davis, Charlemagne, Swaby	40.54	00	1. Millemon, Billy, Dunca, Charlemagne	3:09.48	00						
Michel, Brauneis, Leonce, Harris	40.54	10	2. Loken, Blackett, Faure, Fisher	3:10.43	15						
3. Marx, Blackett, Charles, Kirkeide	40.60	17	3. Johnson, Harris, Baysinger, Kelly	3:11.32	04						
4. Douglass, Gunderson, Harris, Leonce	40.63	11	4. Ailshie, Faure, Blackett, Marx	3:11.81	17						
5. Brauneis, Gunderson, Michel, Harris	40.64	10	5. Loken, Blackett, Atkinson, Fisher	3:11.92	15						
6. Billy, Swaby, Charlemagne, Duncan	40.68	00	6. Sawyer, Milemon, Duncan, Medearis	3:12.04	99						
7. Blackett, Marx, Charles, Kirkeide	40.69	17	7. Johnson, Fenton, Arnwine, Kelly	3:12.61	06						
Brauneis, Kelly, West, Neptune	40.69	07	8. Harris, Kelly, Baysinger, Arnwine	3:12.82	05						
9. Zowada, Neptune, Kelly, Harris	40.82	04	9. Mundt, Wilcox, Farnham, Ladson	3:13.02	92						
10. <b>Edwards, Norton, Brown, McComb</b>	<b>40.84</b>	<b>25</b>	10. <b>Ekstrom, Wiggins, Hape, Brown</b>	<b>3:13.20</b>	<b>25</b>						
110-Meter Hurdles			Shot Put			Long Jump			Pole Vault		
Name	Result	Year	Name	Result	Year	Name	Result	Year	Name	Result	Year
1. Jordan Charles	13.81	17	1. <b>Daniel Reynolds</b>	<b>64-1 3/4</b>	<b>25</b>	1. Kareem Mersal	26-0 3/4	23	1. Eric Richey	16-9	90
Jason Medearis	13.81	99	2. Jason Gervais	63-11 3/4	00	2. Mervin Swaby	25-4 3/4	02	2. Gregg Sawyer	16-6	99
Tom Garrison	13.81	90	3. Jason Hammond	63-5 3/4	00	3. Scott Carter	25-3 1/2	17	Steve Morris	16-6	90
4. Joel Giorgis	13.84	95	4. <b>Cameron Burkett</b>	<b>63-1</b>	<b>25</b>	4. <b>Remar Pitter</b>	<b>25-2 1/2</b>	<b>25</b>	4. Jay Novacek	16-4	84
5. Brandon Douglass	13.97	13	5. Kevin Mannon	62-3	99	5. Charles Thomas	25-1 1/2	65	5. Darren Niedermeyer	16-0 3/4	02
6. Keith Ladson	14.09	96	6. Matt Spears	61-5 1/2	97	6. Bud Hamilton	24-11 1/4	93	6. Ed Steele	15-6	73
7. Scott Carter	14.16	17	7. Mason Finley	60-11 1/4	14	7. Lenyn Leonce	24-10 1/2	10	Brian Stevenson	15-6	83
8. Colin Herold	14.25	13	8. Mike Wood	57-6 3/4	70	8. Jeremiah James	24-10	09	8. Cliff Cotton	15-2	69
9. Jaheim Ferguson	14.37	23	9. Chad Lindsay	57-4 1/4	92	9. Hunter Brown	24-9 3/4	23	9. Brandon Douglass	15-1	10
10. Kyle Sullivan	14.44	15	10. Kyle Herl	57-3 3/4	05	10. Justin Smith	24-7 3/4	96	10. Jay Petsch	14-5 1/2	10
400-Meter Hurdles			Discus			Triple Jump			Decathlon		
Name	Result	Year	Name	Result	Year	Name	Result	Year	Name	Result	Year
1. Seth Billy	50.07	02	1. Jason Gervais	210-10	00	1. Quincy Howe	54-4 3/4	02	1. Jay Novacek	7,762	84
2. <b>Jaheim Ferguson</b>	<b>50.64</b>	<b>25</b>	2. Mason Finley	210-6	14	2. Scott Carter	53-4 1/4	17	2. Gregg Sawyer	7,250	99
3. Kekoa Chavez	50.74	10	3. Jared Finley	192-3	79	3. Jeremiah James	52-10 1/4	10	3. Olav Roe	7,222	06
4. Jason Medearis	50.82	99	4. Kevin Mannon	191-9	99	4. Tim Cawley	51-7	98	4. Phil Mulkey	7,116	56
5. Gladstone Williams	50.83	78	5. Paul Thomas	190-11	13	5. Mervin Swaby	51-1 3/4	02	5. Jay Petsch	7,112	10
6. Keith Ladson	50.93	96	6. Colton Paller	189-0	21	6. Blake Jackson	51-0 1/2	07	6. Kyle Sullivan	6,949	15
7. Jordan Charles	51.49	16	7. Jeff Honey	188-11	97	7. Bud Hamilton	50-5 1/2	94	7. Dan Orange	6,934	74
8. Carlington Duncan	51.64	99	8. Joe Plante	188-1	10	8. William Nolan	50-4 3/4	21	8. Bret Zowada	6,773	02
9. Joel Giorgis	52.07	94	9. Ryan Butler	183-6	96	9. Stephen Michel	50-0 1/2	10	9. Sage Coventry	6,714	22
10. Aaron Praska	52.44	14	10. Nathan Reid	182-4	22	10. John Alderson	49-9	07	10. Phillip Thomas	6,632	07
Hammer			Javelin (200 standard)			High Jump					
Name	Result	Year	Name	Result	Year	Name	Result	Year			
1. <b>Daniel Reynolds</b>	<b>239-5</b>	<b>25</b>	1. Henry Ferreira	224-0	13	1. Mike White	7-2	80			
2. Kevin Mannon	226-6	99	2. Guy Tucker	223-0	95	2. Bud Hamilton	7-1 3/4	94			
3. Jason Hammond	221-1	01	3. Mike Abbey	221-11	93	3. Chris Larson	7-1 1/4	95			
4. Jake Shanklin	219-11	09	4. Joshua McMullen	212-6	00	4. Tyler Skinner	7-0 1/4	11			
5. Kyle Herl	219-10	05				5. Bryan Coventry	7-0	85			
6. <b>Charles LaFore</b>	<b>218-9</b>	<b>25</b>				Dan Orange	7-0	74			
7. Ryan Butler	217-4	96				7. Mike Klyop	6-11	91			
8. Kirk Unland	214-2	21				8. Mike Miller	6-10	76			
9. Zack Schaefer	213-10	04				9. Phillip Thomas	6-9 1/2	07			
10. Jason Gervais	207-3	00				10. Peter Mead	6-9	23			

### School Record Key

#### Outdoor

- For running events 400 meters and below (including the 4x100- and 4x400-meter relays), no marks are converted for altitude
- For running events 800 meters and above, all marks are converted for altitude
- All marks are in any conditions (i.e. all wind readings are counted)
- Bold indicates marks from 2025 season



## Women's Outdoor School Records

(as of 2024)

100 Meters			200 Meters			400 Meters			800 Meters		
Name	Result	Year	Name	Result	Year	Name	Result	Year	Name	Result	Year
1. Jerayah Davis	11.18	19	1. Jessica Fox	23.22	05	1. Jessica Fox	51.72	05	1. Salma Elbadra	2:05.14	24
2. <b>Taliah Morris</b>	<b>11.45</b>	<b>25</b>	2. <b>Taliah Morris</b>	<b>23.31</b>	<b>25</b>	2. Afiya Walker	52.93	10	2. Deby Anderson	2:07.15	94
3. Kereston Thomas	11.50	14	3. Shauna Smith	23.53	04	3. Shauna Smith	53.04	02	3. Cassidy Meade	2:08.12	17
4. Kima Wells	11.70	04	4. Jerayah Davis	23.57	19	4. Kima Wells	53.41	04	4. Jasmyne Cooper	2:08.27	21
5. Jessica Fox	11.75	05	5. Adelaide Harper	23.62	03	5. Sharon Larrier	53.53	05	5. Candace Wollert	2:08.30	11
6. Adelaide Harper	11.78	03	6. Kereston Thomas	23.71	14	6. Amanda Hopper	54.07	05	6. Kerry White	2:08.38	17
7. Trecia Roberts	11.80	91	7. Audrey West	23.80	14	7. Jordan Edmonds	55.20	18	7. <b>Hanan Aldelemy</b>	<b>2:10.14</b>	<b>25</b>
8. Audrey West	11.83	15	8. Lori Grillo	23.85	88	8. Lindsey Simmons	55.31	11	8. <b>Libby Berryhill-Worshek</b>	<b>2:10.37</b>	<b>25</b>
9. Natika Brame	11.84	94	9. Sharon Larrier	23.86	07	9. Samantha Kee	55.40	13	9. Tanice Barnett	2:10.39	04
Kathy Romsa	11.84	85	10. Jordan Edmonds	24.02	18	10. McKenzie Brogan	55.43	14	10. Brenna Dooley	2:10.58	07
1,500 Meters			3,000-Meter Steeplechase			5,000 Meters			10,000 Meters		
Name	Result	Year	Name	Result	Year	Name	Result	Year	Name	Result	Year
1. Katelyn Mitchem	4:13.25	23	1. Katelyn Mitchem	9:52.49	23	1. Katelyn Mitchem	16:08.43	23	1. Holly Page	33:49.66	15
2. Salama Elbadra	4:14.03	24	2. Audra DeStefano	10:07.35	16	2. Holly Page	16:16.17	15	2. Eowyn Dalbec	33:50.10	24
3. Molly Moulton	4:19.57	97	3. Kacey Doner	10:19.86	19	3. <b>Kylie Simshauser</b>	<b>16:18.26</b>	<b>25</b>	3. Leah Christians	34:14.69	22
4. Andrea Everett	4:20.20	83	4. <b>Abigail Whitman</b>	<b>10:24.48</b>	<b>25</b>	4. Hailey Uhre	16:24.74	24	4. <b>Marina Trave</b>	<b>34:24.27</b>	<b>25</b>
5. Madelyn Blazo	4:23.17	24	5. Emily Higgins	10:30.81	09	5. <b>Abigail Whitman</b>	<b>16:30.29</b>	<b>25</b>	5. Brenda Graham-Gray	34:34.62	82
6. <b>Kylie Simshauser</b>	<b>4:23.22</b>	<b>25</b>	6. Anna Spear	10:47.98	23	6. Christine Nelson	16:31.61	11	6. Megan Brunette	34:48.85	17
7. Tanice Barnett	4:24.43	05	7. Abi Bever	10:48.66	12	7. Leah Christians	16:32.72	22	7. Abigail Whitman	35:18.32	22
8. Hege Jorgensen	4:24.67	87	8. <b>Rozlyn Slichko</b>	<b>10:52.27</b>	<b>25</b>	8. Leandra Barinaga	16:35.94	80	8. Hailey Uhre	35:58.72	24
9. Emily Higgins	4:25.31	09	9. Keely Wolf	10:57.81	24	9. Gretchen Johnson	16:35.98	08	9. Dodie Kocsis	36:04.80	92
10. Emily Person	4:27.28	18	10. Kaylee Kearse	11:00.74	22	10. Megan Brunette	16:36.71	17	10. Kiah Leonard	36:07.09	19
4x100-Meter Relay			4x400-Meter Relay								
1. Smith, Wells, Hopper, Fox	44.63	04	1. Smith, Larrier, Hopper, Fox	3:30.68	05						
2. Davis, Henderson, Howell, Edmonds	44.66	19	2. Fox, Wells, Hopper, Smith	3:31.83	04						
3. Mann, Thomas, Gardner, West	45.04	14	3. Smith, Larrier, Hopkins, Fox	3:34.91	05						
4. Davis, Henderson, Edmonds, Harris	45.39	17	4. Anderson, Walker, Simmons, Larrier	3:38.98	09						
5. Smith, Harper, Charles, Fox	45.54	03	5. Kirby, Simmons, Wollert, Walker	3:39.69	11						
6. <b>Morris, Chafee, Witkiewicz, Drube</b>	<b>45.60</b>	<b>25</b>	6. Hopper, DaCosta, Friezen, Larrier	3:40.18	07						
7. Smith, Hopper, Babbitt, Fox	45.63	05	7. Hopper, Wells, Barnett, Fox	3:41.07	04						
8. Davis, Edmonds, Henderson, Harris	45.70	18	8. Kirby, Brogan, West, Robertson	3:41.77	15						
9. Davis, Edmonds, Henderson, Pfoor	45.73	18	9. Brogan, Gardner, West, Thomas	3:41.88	14						
10. Babbitt, Hopper, Larrier, Rudolph	45.91	07	10. Kee, Kirby, Simmons, West	3:42.70	12						
100-Meter Hurdles			Shot Put			Long Jump			Pole Vault		
Name	Result	Year	Name	Result	Year	Name	Result	Year	Name	Result	Year
1. Shauna Smith	13.29	04	1. Jesseca Cross	55-0 3/4	98	1. Jerayah Davis	21-2 1/2	19	1. Kayla Stibley	12-3	21
2. Trecia Roberts	13.45	92	2. Andrea Batt	51-9	02	2. Shayla Howell	21-0 3/4	22	2. Lauri Smith	12-1 1/2	06
3. Shaylee Babbitt	13.52	08	3. Mollie Dahl	51-2 1/4	13	3. Ja'la Henderson	20-6 1/2	19	3. Kayla Stibley	11-9	24
4. Jenna Mann	13.54	14	4. Mandy Kinney	50-6 3/4	00	4. Sadie McMullen	20-6 1/4	21	4. Stephani Anderson	11-6 1/2	05
5. Kathy Romsa	13.60	85	5. Addison Henry	50-1 1/4	22	5. <b>Taliah Morris</b>	<b>20-5 3/4</b>	<b>25</b>	5. Kat Doherty	11-5 1/4	05
6. Kelly Ann Charles	13.72	03	6. Grace Apiafi	49-6 1/2	84	6. Patricia Miller	20-4	80	6. Jody Sanborn	11-2	03
7. Jennifer Schmitz	13.84	09	7. Shreese Daniels	48-11 3/4	12	7. Nicole Stancato	19-10	89	Kaela Thayer	11-2	03
8. Adriana Friezen	13.86	07	8. Ashley Hutchinson	48-10 1/4	12	8. Renee Guy-Garth	19-8	96	8. Hallie Baker	11-0	03
9. Ariana Williams	13.97	18	9. Naomi Elliot	48-0 1/2	00	9. B.J. Eldridge	19-7 3/4	81	9. Aubry Sanchez	10-11 1/2	21
10. Joanna Wilson	13.99	98	10. <b>Allyson Fertig</b>	<b>47-10 3/4</b>	<b>25</b>	10. Shelly Thacker	19-6 1/2	91	10. Julia Popish	10-10	14
									Morgan Hartigan	10-10	14
400-Meter Hurdles			Discus			Triple Jump			Heptathlon		
Name	Result	Year	Name	Result	Year	Name	Result	Year	Name	Result	Year
1. Shauna Smith	54.32	05	1. Robin Lyons	179-5	00	1. Ja'la Henderson	44-3 1/2	18	1. Kathy Romsa	5,258	84
2. Taylor Gardner	57.93	14	2. Jesseca Cross	167-8	98	2. Aumni Ashby	41-5	23	2. Jenna Mann	5,255	14
3. Gabby Drube	58.39	24	Andrea Batt	167-8	02	3. Tomeca Brown	41-2 1/4	99	3. <b>Avery Navest</b>	<b>4,803</b>	<b>25</b>
4. Erin Kirby	58.45	15	4. Courtney Gougler	166-0	08	4. <b>Elayna Chafee</b>	<b>40-11 1/2</b>	<b>25</b>	4. Patty Harrington	4,708	87
5. McKenzie Brogan	59.30	16	5. Cossette Stellern	164-10	23	5. Nicole Stancato	40-2 3/4	89	5. Joanna Wilson	4,704	98
Taylor Weidinger	59.30	24	6. Julie Jones	162-9	80	6. Courtney Schlegel	40-2	05	6. Sabina Sandberg	4,681	15
6. Diana Long	59.34	13	7. Hannah Carr	162-7	18	7. Enioma Haynes	39-11 1/2	02	7. Ingvild Carstens	4,478	04
7. Anne Vollmer	59.80	97	8. Mandy Kinney	160-5	00	8. Tori Connett	39-2 1/2	93	8. Britney Jackson	4,290	10
8. Kim Demers	59.91	02	9. Madison Seaman	159-10	15	9. Emily Moore	38-10 1/4	12	9. Katy Hall	4,282	12
9. Adriana Friezen	1:00.24	07	10. Mary Le Jour	159-8	00	10. Allegra Carson	38-7	16	10. Clare Nicolas	4,277	16
Hammer			Javelin (150 standard)			High Jump					
Name	Result	Year	Name	Result	Year	Name	Result	Year			
1. Kate Burton	209-8	08	1. Andrea Batt	168-8	01	1. Julie Burgess	5-10	87			
2. Robin Lyons	206-9	00	2. Jorah Roylance	163-1	00	2. Sabina Sandberg	5-9 1/4	15			
3. Emelda Malm-Annan	202-7	19				3. Johnna Jeffries	5-8 3/4	09			
4. Shannon Popp	196-10	07				4. Joanna Wilson	5-8	98			
5. Shreese Daniels	195-8	15				Chan Johnson	5-8	02			
6. Ashley Hutchinson	193-3	12				6. Kathy Romsa	5-7 1/2	83			
7. Mary Carbee	193-2	21				Kathy Van Huele	5-7 1/2	83			
8. Dana Dillon	192-5	00				8. Britney Jackson	5-7 1/4	09			
9. Anna Gillis	191-1	21				9. Keeley Johnson	5-6	89			
10. Julie Thomas	190-9	00									

### School Record Key

#### Outdoor

- For running events 400 meters and below (including the 4x100- and 4x400-meter relays), no marks are converted for altitude
- For running events 800 meters and above, all marks are converted for altitude
- All marks are in any conditions (i.e. all wind readings are counted)
- Bold indicates marks from 2025 season



# DISCONTINUED EVENTS

## Men's Indoor

Event	Name	Result	Year
50-Yard Dash	Max Haynes	5.40	88
60-Yard Dash	Max Haynes	6.15	88
50-Yard Low Hurdles	Ben Bonham	6.04	74
60-Yard Low Hurdles	Tom Garrison	6.50	87
50-Yard High Hurdles	Tom Garrison	6.21	88
60-Yard High Hurdles	Tom Garrison	7.45	87
300-Yard Dash	Jim Thoeming	32.34	72
300-Meter Dash	Dave Wilsea	36.88	98
440-Yard Dash	Darius Taruru	48.04	77
500-Meter Run	Ronald Holton	1:05.14	81
600-Yard Run	Darius Taruru	1:10.24	77
880-Yard Run	Mike Cherono	1:48.84	78
1000-Yard Run	Wesley Maiyo	2:07.54	75
1000-Meter Run	Mike Penny	2:28.14	81
1500-Meter Run	Espen Borge	3:52.56	83
2-Mile Run	Joe Nzau	8:43.20	78
3-Mile Run	Simon Kilili	13:31.95	79
2-Mile Relay	Jurs, Moe Holton, Turner	7:35.50	83
35lb. Weight Throw (Outdoor Implement)			
	Derek Woodske	74' 8.25"	99
	Kevin Mannon	74' 8.25"	99

## Men's Outdoor

Event	Name	Result	Year
2-Mile Run	Joe Nzau	9:09.74	82
3-Mile Run	Joe Nzau	13:56.34	81
4x800 Meter Relay	Turner, Borge Slayback, Jurs	7:23.44	83
4x1600 Meter Relay	Schrag, Harvey Zambrano, Greenslit	17:02.34	90
Distance Medley Relay	Wyoming	10:09.44	85

## Women's Indoor

Event	Name	Result	Year
50-Yard Dash	Patricia Miller	5.97	80
50-Meter Dash	Sue Stone	6.73	79
50-Yard Hurdles	Brenda Frost	6.88	88
55-Yard Hurdles	Leslie Scott	8.32	82
50-Meter Hurdles	Jean Brady	7.94	80
220-Yard Dash	Pam Klein	29.24	79
300-Yard Dash	Lori Grillo	35.84	87
300-Meter Dash	Judy Johnson	41.34	80
500-Meter Run	J. Fairbourne	1:12.14	87
600-Yard Run	Laura Ferguson	1:21.96	80
660-Yard Run	Juanita Neff	1:26.72	81
600-Meter Run	Laura Ferguson	1:33.84	80
880-Yard Run	Kerry Cerda	2:15.94	82
1000-Yard Run	Julie Larkins	2:24.39	80
1000-Meter Run	Hege Jorgenson	2:52.82	87
1500-Meter Run	Andrea Everett	4:33.35	83
2000-Meter Run	Karen Sanford	6:40.84	80
2-Mile Run	B. Graham-Gray	10:40.64	84
3-Mile Run	Leanne Larson	17:13.21	87
4x200 Meter Relay	Wyoming	1:41.94	80
1-Mile Relay	Wyoming	3:49.61	05
4x400 Yard Relay	Fairbourne, Grillo Jorgenson, Campbell	4:01.57	87
4x800 Meter Relay	Sanford, Neff Paine, Anderson	8:58.54	81
2-Mile Relay	Wyoming	9:31.62	92

## Women's Outdoor

Event	Name	Result	Year
220-Yard Dash	Tanya Johnson	26.48	76
4x200 Meter Relay	Eldridge, Bradley Johnson, Ferguson	1:46.71	80
4x800 Yard Relay	Ferguson, Neff Paine, Sanford	8:58.34	80
Sprint Medley Relay	Wyoming	4:05.84	84
Distance Medley Relay	Grey, Simpson Wilger, Reid	12:29.49	84
Mile Relay	Grillo, Fairbourn Newcomer, Campbell	3:58.14	86



Enioma Haynes



Mervin Swaby



Wesley Maiyo



## Louis S. Madrid Sports Complex

### Men

100-Meter Dash	10.13	Nic Bowens	Utah State	2014
200-Meter Dash	20.67	Mychal Dungey	TCU	2009
400-Meter Dash	45.68	Jarrin Solomon	New Mexico	2009
800-Meter Dash	1:48.90	Ricky Faure	Wyoming	2015
1,500-Meter Run	3:52.21	Daniel Hintz	Wyoming	2018
3,000-Meter Run	8:45.07	Philemon Kimutai	Wyoming	2009
Steeplechase	9:17.46	Kyle Perry	BYU	2009
5,000-Meter Run	14:42.79	Luke Caldwell	New Mexico	2014
10,000-Meter Run	31:19.99	Luke Caldwell	New Mexico	2014
110-Meter Hurdles	13.64	Trevor Brown	Colorado State	2014
400-Meter Hurdles	49.64	Trevor Brown	Colorado State	2014
400-Meter Relay	39.42	Warner, McDaniel	TCU	2009
		Dungey, Mitchell		
1,600-Meter Relay	3:08.18	Henry, Pitts	TCU	2009
		Zurko, Guy		
High Jump	7-0 1/2	Adam Kring	Eastern Mich.	2007
Pole Vault	17-10 1/2	Bob Low	BYU	2009
Long Jump	25-4 1/2	Devin Harrison	Fresno State	2014
Triple Jump	51-11	Reneilwe Aphane	New Mexico	2014
Shot Put	60-11 1/4	Mason Finley	Wyoming	2014
Discus	210-6	Mason Finley	Wyoming	2014
Javelin	225-7	Blaine Baker	BYU	2009
Hammer	221-0	Alex Godell	Colorado State	2009
Decathlon	6,776	Kyle Sullivan	Wyoming	2014

### Women

100-Meter Dash	11.23	Jessca Young	TCU	2009
200-Meter Dash	23.17	Jessca Young	TCU	2009
400-Meter Dash	52.81	Nicole Stone	San Diego State	2009
800-Meter Dash	2:08.76	A. Crowe-Carter	UNLV	2014
1,500-Meter Run	4:30.58	Katie Palmer	BYU	2009
3,000-Meter Run	10:16.41	Kristin Hemphill	Colorado State	2008
Steeplechase	10:47.22	Audra DeStefano	Wyoming	2015
5,000-Meter Run	17:23.42	Holly Page	Wyoming	2015
10,000-Meter Run	37:27.71	Cecily Lemmon	BYU	2009
100-Meter Hurdles	13.37	Kristen Brown	San Diego State	2014
400-Meter Hurdles	57.88	Chelsea Shapard	Utah	2009
400-Meter Relay	44.66	Gipson, Clarke	TCU	2009
		Juarez, Young		
1,600-Meter Relay	3:36.56	Stewart, Stewart	BYU	2009
		Cramer, Palmer		
High Jump	5-10 3/4	Niomi Ridge	Colorado State	2008
Pole Vault	13-1 1/2	Kathryn Tomczak	Air Force	2018
Long Jump	20-9 1/4	Karoline Koehler	San Diego State	2009
Triple Jump	44-9 1/2	Shanieka Thomas	San Diego State	2014
Shot Put	52-8 3/4	Aaliyah Pete	Colorado State	2014
Discus	193-1	Jessica Sharbono	Colorado State	2014
Javelin	174-6	Katie Coronado	New Mexico	2009
Hammer	212-7	Hayli Bozarth	Boise State	2014
Heptathlon	5,697	Nicole Oudenaarden	San Diego State	2014

## War Memorial Fieldhouse

### Men

55-Meter Dash	6.17	Cole Norman	Colorado State	2024
55-Meter Hurdles	7.13	Jordan Charles	Wyoming	2016
200-Meter Dash	21.71	Tyler Anderson	BYU	1993
400-Meter Dash	48.58	Sean Maye	BYU	2003
800-Meter Dash	1:52.37	Jim McCreery	Wyoming	2005
Mile Run	4:14:94	Doug Padilla	BYU	1979
3,000-Meter Run	8:49.56	Greg Schabron	Wyoming	2002
1,600 Medley Relay	3:19.98	Ladson, Schaff,	Wyoming	1994
		Giron, Farnham		
Long Jump	25-10 1/4	Remar Pitter	Wyoming	2023
Triple Jump	53-5 3/4	Quincy Howe	Wyoming	2001
High Jump	7-3	Bud Hamilton	Wyoming	1993
Pole Vault	17-8	Scott Slover	UCLA	1995
Shot Put	66-3 1/4	Mason Finley	Wyoming	2014
<b>Weight Throw</b>	<b>75-1 1/4</b>	<b>Daniel Reynolds</b>	<b>Wyoming</b>	<b>2024</b>

### Women

55-Meter Dash	6.73	Jerayah Davis	Wyoming	2016
55-Meter Hurdles	7.84	Shauna Smith	Wyoming	2004
		Rochelle Frazier	Colorado State	1990
		Shaylee Babbitt	Wyoming	2008
200-Meter Dash	24.48	Sharon Larrier	Wyoming	2008
400-Meter Dash	55.33	Shauna Smith	Wyoming	2003
800-Meter Dash	2:14.60	Becky Hammit	Colorado State	2005
Mile Run	5:04.98	Katie Yemm	Colorado State	2002
3,000-Meter Run	10:20.24	Katie Yemm	Colorado State	2002
1,600 Medley Relay	3:52.72	Drube, Sefried,	Wyoming	2024
		Ramirez, Weidinger		
Long Jump	21-0 3/4	Jackie Edwards	Stanford	1992
		Janay DeLoach	Colorado State	2007
Triple Jump	41-10	Jackie Edwards	Stanford	1992
High Jump	6-1	Meredy Porter	Nebraska	1990
Pole Vault	13-3 1/2	Kimberly Shealy	Air Force	2010
Shot Put	58-1 3/4	Valeyta Althouse	UCLA	1995
Weight Throw	71-2 1/2	Loree Smith	Colorado State	2005



# ALL-TIME LETTERWINNERS

## WOMEN'S CROSS COUNTRY

**A**  
Ackerman, Galena 1999  
Aldelemy, Hanan 2025  
Anderson, Deby 1993  
Anderson, Heather 1997, 98  
Anderson, Laura 1981  
Arp, Nichole 1995, 97, 98

**B**  
Barnett, Tanice 2004, 05, 06  
Bentley, Kaylee, 2019, 21, 22  
Berryhill, Libby 2023, 24, 25  
Bever, Abi 2011, 12  
Birch, Tammy 1988, 89, 90  
Bjerkenas, Sissel 1981  
Blanton, Sarah 2000  
Blazo, Madelyn 2023, 24  
Bock, Ashley 2017, 18, 19  
Bogue, Heidi 1994  
Brauneis, Kristen 2003, 04  
Brunette, Megan 2014, 15, 16  
Burgess, Christy 1999  
Burch, Kennedy, 2022  
Byra, Emily 2008, 09, 10

**C**  
Cason, Celeste 1985  
Cerda, Kerry 1982  
Christians, Leah, 2022, 23, 24  
Cloetta, Catherine 2015  
Cooper, Cathy 2003  
Cooper, Tami 1991, 93

**D**  
Dalbec, Eowyn 2023, 24  
Davis, Alysha 2009, 10, 11  
Davison, McKenzie 2019, 21  
DeStefano, Audra 2013, 14, 16  
DeStefano, Quinn 2014, 16, 17  
Dillon, Dana 2000  
Doner, Kacey 2017, 18, 19  
Dooley, Brenna 2007, 08  
Douglass, Kaleigh 2019  
Duriyea, Chelsey 2000

**E**  
Elliot, Naomi 2000  
England, Devon 2012, 13, 14  
Engle, Erin 1993, 94  
Espinoza, Debbie 1985  
Everett, Andrea 1983, 84

**F**  
Fagley (Johnson), Gretchen 2006, 07, 08  
Frankel, Riley 2022, 23, 24  
Ferguson, Laura 1981  
Forbes, Lee-Ann 2002

**G**  
Geldean, Riley 2022

Gipson, Francis 2010, 11  
Goodspeed, Darby 2000  
Graham, Brenda 1982, 83, 84  
Greer, Melissa 1997, 98, 99  
Grimes, Brooklan 2005

**H**  
Haggard, Teresa 1987  
Hamilton, Lauren 2015, 16, 17  
Hanks, Stephanie 2001, 02, 03  
Hann, Darlene 1991  
Harris, Hope 2000  
Harris, Stephanie Jane 1993, 94, 95  
Hawkins, Tamara 2007  
Hay, Karla 1989, 90  
Head, Erin 1990  
Heffron, Erin 2008, 09, 10  
Helmerick, Elena 2003, 04  
Heneage, Meri 2017  
Higgins, Emily 2007, 08, 09  
Hill, Amy 1998, 99, 00  
Hladky, Dusty 1991  
Hoffman, Necia 1989, 90, 91  
Hollington, Alison 1983, 84  
Holzworth, Brooke 2023, 24  
Hughes, Brooke 2010, 11, 12

**I**  
Iken, Addi 2018, 19, 21

**J**  
Jackson, Leslie 2001  
James, Cheryl 1988  
Jensen, Torill 1982  
Jerotich, Gladys 2005  
Johnson, Jessica 2002  
Jones, Hailey 2022  
Jones, Lisa 2000  
Jones, Mary 2001  
Jones, Muriel 2025  
Jorgensen, Hege 1986, 87, 89

**K**  
Kean, Natalie 2003, 04, 05  
Kearse, Kaylee 2019, 21  
Kinney, Amanda 2000  
Knight, Kim 2000  
Kocsis, Dodie 1989, 90  
Kozlowski, Mary 2013  
Kvernmo, Michelle 2005, 06

**L**  
LaMay, Tara 1999, 00, 01  
Larson, Leanne 1987  
Latchinin Sky, Marina 2001  
LeJour, Marie 2000  
Lemaster, Jessica 2012  
Leonard, Kiah 2016, 17, 18  
Long, Mary 1987  
Lyons, Robin 2000

**M**  
Maass, Mary 1989, 90, 91  
Magness (Nickel), Lisa 1981, 82  
Mansell, Jennifer 2001, 02, 03  
Martinez, Maya 2009, 10, 11  
Mathison, Kirsten 1997, 98  
Matthias, Abby 2022  
McAfee, Felicia 2010, 11  
McDougall, Alison 1984  
Meade, Cassidy 2014, 15, 16  
Mecham, Ashley 2002, 03  
Michel, Christine 2003, 04  
Mitchell, Amy 1988, 89, 90  
Mitchem, Katelyn 2019, 21, 22  
Moulton, Molly 1994, 95, 98  
Murff, Kristy 2000, 01

**N**  
Neff, Juanita 1981  
Nelson, Christine 2010, 12  
Nelson, Tammy 1987, 88

**O**  
Oldfield, Jane 1985  
O'Neal, Connie 1987

**P**  
Page, Holly 2012, 13, 14  
Paine, Stephanie 1981  
Pape, Isabella 2015, 16  
Parry, Sally 1995  
Pedersen, Ashley 2004  
Person, Emily 2017, 18  
Peterson, Nikki 2006

**Q**  
Quistorff, Solana 2018

**R**  
Rademacher, Michelle 1994, 95  
Reid, Annie 1985  
Reid, Emerald 2003, 04, 05  
Renken, Erin 2000  
Renner, Michelle 2019, 21, 22  
Rodriguez, Delores 1987  
Roycastle, Jorah 2000  
Russell, Diane 1992

**S**  
Sanford, Karen 1981, 82  
Simpson, Deena 1985  
Sims, Lisa 1999  
Simshauser, Kylie 2022, 23, 24  
Sitter, Molly, 2022  
Slichko, Rozlyn 2023, 24  
Smith, Heather 1994  
Spear, Anna 2022  
Stacy, Rachel 2004  
Stafford, Baylee 2022, 23  
Starr, Gail 1985  
Stewart, Amy 1995

Stinson, Taylen 2024  
Stock, Lory 1982  
Strahan, Jessica 1999  
Swigart, Emily 2011, 12, 13

**T**  
Tenpenny, Victoria 2019  
Thomas, Julie 2000  
Thompson, Jennifer 2003, 04, 05  
Trave, Marina 2025

**U**  
Uhre, Gracie 2025  
Uhre, Hailey 2023, 24  
Unrein, Ella 2025

**V**  
VanDePol, Regan 2015, 17, 18  
Vessa, Jennifer 2000, 01  
Vranka, Marilyn 1981

**W**  
Walker, Ali 2013, 14, 15  
Wallowing Bull, Jola 2000  
White, Kerry 2015, 16, 17  
Whitman, Abigail 2022, 23, 24  
Willis, Mady 2022, 23  
Wroe, Amy 1993, 94

**Z**  
Zraik, Nina 2024



**ROZLYN SLICHKO**

## MEN'S CROSS COUNTRY

**A**  
Akers, Austin 2025  
Allen, Chester (Art) 1948  
Allen, Clark 1948, 49  
Anfinsen, Arne 1985, 86, 87  
Arnold, Bret 1989

**B**  
Badley, Bruce 1949, 51  
Banks, Michael 2011, 12, 13  
Beck, Fred 1954  
Benton, Alan 1948  
Betebenner, Damian 1987

Bilof, Harry 1965, 66, 68  
Boehler, Bob 1979  
Bolton, Ryan 1992, 94, 96  
Borge, Espen 1983, 84  
Bowen, Amos 2013, 14, 15  
Boysen, Ryan 1998  
Bradshaw, Dermott 1984, 85, 86  
Bragassa, Pat 1985, 86  
Breau, Roland J. 1949  
Brown, Cody 2000, 01, 02  
Brown, Cooper 2022, 23  
Bruxvoort, Seth 2022, 23

Bulinga, Lothar 1963  
Burke, Paul 2011  
Burns, David 1947

**C**  
Carlin, Paul 1951, 52, 53  
Catterall, Chuck 1988, 90, 91  
Chebor, Solomon 1978  
Cherono, Michael 1978  
Cheesebrough, Kyle 2004  
Chirchir, Eliud 2009  
Colling, Rex A. 1959  
Collins, Murray 1949

Collins, Vance 1995  
Covington, Lee 1948  
Crampton, Alfred 1966, 67  
Craven, Michael 1985, 86, 87  
Curtis, George 1960

**D**  
Darnell, Gary 1958, 59  
Davidson, Tom 1959  
Deiningner, Nick 2010  
Delaney, Jason 2002, 03, 04  
DeLisa, Nick 1994  
Derner, Aaron 2013, 14, 15



DeSousa, Tony 1970, 71  
 DiDomenico, Dante 1949, 50  
 Disney, Todd 1998, 00  
 Donley, Russ 1959, 60, 61  
 Downey, Michael 2016, 17, 18  
 Driver, Ragan 2004, 06  
 Durkee, Robert 1987, 88  
**E**  
 Edson, Bryan 1988  
 Edwards, Dave 1950  
 Ekel, Nick 2010, 2011  
 Ekerberg, Mark 1990  
 Elder, Jim 1954, 55, 56  
 Engen, Staale 1972, 73  
 Ewing, Harry 2017, 18, 19  
**F**  
 Faure, Ricky 2015, 16, 18  
 Fasules, Gary 1978, 79, 80  
 Finley, John 1966, 67, 68  
 Fischer, Seth 1995, 96, 98  
**G**  
 Gardner, Del 1947  
 Garnos, Richard 1986, 87  
 Gatch, Richard 1966  
 Gifford, Tyler 2012  
 Gilbertson, Graig 1970  
 Goble, George R. 1949, 50, 51  
 Goll, Oscar 2023, 24  
 Gray, Jesse 2015, 16  
 Gregario, Mike 1965, 66, 67  
 Greenslit, Craig 1989, 90  
 Griesbach, Ryan 2009, 10, 11  
 Grossman, Seth 2008, 09  
**H**  
 Hall, Joe 1997, 98, 99, 01  
 Harnisch, Brian 2003, 04  
 Harrison, Ed 1995, 96  
 Harvey, Ray 1989, 90  
 Henn, Chick 1959  
 Henry, Christopher 2017, 18, 19  
 Henry, Jonah 2015, 16, 18  
 Henry, Philip 2021  
 Hernandez, Troy 2003  
 Heselius, Meredith 1947  
 Hess, Joel 2001, 02, 03  
 Hintz, Daniel 2017, 18, 19  
 Hoblit, Buddy 1985  
 Hoffman, Tony 1985, 86  
 Holtzen, Ryker, 2023, 24, 25  
 Houge, James 1978, 79  
 Hubert, Blake 2019  
 Hudson, Matt 2002  
 Huhn, Arte 2002, 03  
 Huntington, Michael 2003, 07, 09  
 Hurrell, Robert 1949, 50  
**J**  
 Jassman, Ed 1986, 87, 88  
 Jensen, Wayne 1969, 70, 71  
 Johnson, Bruce 1947, 48  
 Johnson, Kyle 2001, 02  
 Jones, Josh 2002  
 Jons, Chris 2000, 01, 02  
**K**  
 Kamenski, Joe 1956, 57  
 Kean, Kelsey 1995, 96, 97  
 Kelting, Taylor 2008, 10, 11  
 Kepler, Calum 2017, 18  
 Kesy, Michael 2013, 14  
 Killili, Simon 1978, 79  
 Kmau, James 1981, 82, 83  
 Knight, Brian 2004, 05, 06

Knueppel, Tristan 2024, 25  
 Korir, Mark 2007, 08, 09  
 Kurtz, Don 1951, 52, 53  
 Kvernmo, Geir 1978, 79, 80  
**L**  
 Lambert-Belanger, Justin 2002  
 Landeen, Don 1955  
 Lane, Ken 2012  
 Layton, Myron 1948  
 Leckman, Glenn 1971, 72, 73  
 Lee, Chris 1998, 99  
 Lever, Steve 1997  
**M**  
 Madrid, Louis 1953, 54  
 Magnus, Dave 1980, 81  
 Maiyo, Wesley 1975  
 Manewal, Ernest 1958  
 Mangus, Harry 1948  
 Martinez, Carlos 1997  
 Mason, Bob 1968, 69, 70  
 McCreery, Jim 1994  
 McDonald, Doug 1965  
 McDonald, Scott 1995, 96, 97  
 McIntyre, Gus 2022, 23, 24  
 McLeland, Morgan 2002  
 McLeland, Nathan 1998, 99, 00  
 Mecham, Amasa 2003  
 Miller, Greg 2009, 10, 11  
 Miranda, Dave 1980  
 Mitchum, Derek 1989, 90, 91  
 Mobley, Curt 1977, 1978  
 Mork, Per-Kristian 1988  
 Morin, Dylan 2013, 14, 15  
 Moulai, Tom 2019  
 Murdock, Stanley 1958, 59  
 Murry, Ronan 1983, 84  
**N**  
 Noecker, Brian 1994, 95, 96  
 Norby, Bjorn Olav 1987, 88  
 Norman, Mason, 2022, 23, 24  
 Nzau, Joseph 1978, 79, 82  
**O**  
 O'Gailin, Oisín 2018, 19, 21  
 Okwiya, Isaya 1995, 96  
**P**  
 Paolillo, Ben 1978, 81, 82  
 Pawlak, Alex 2012, 14, 15  
 Pease, Bob 1976  
 Pederson, Tom 1992  
 Penny, Mike 1980  
 Persin, Will 2021, 22  
 Peyton, Alfred 1951, 53, 54  
 Phillips, Ralph 1948  
 Pittman, Phil 1953  
 Porede, Benjamin 1949, 50  
 Prien, Sam 1988, 89, 90  
 Pysanczyn, Roman 1966  
**R**  
 Radosevich, Dan 1985  
 Richard, John B. 1957  
 Rickard, Michael 1989, 90  
 Rief, Jerry 1992  
 Rigsby, Paul 2000  
 Roberts, Dave 1998, 99  
 Roberts, Paul 2018, 19  
 Rodgers, Josh 2022, 23  
 Rotellini, Michael 2013  
 Ruckman, Tom 1956  
 Ruhkala, Marshall 1969, 70  
 Ryder, Michael E. 1957, 58  
**S**

Sackos, John 1981  
 Salverson, Kevin 2002  
 Sanders, Jason 2004  
 Schabron, Chris 2007  
 Schabron, Greg 1998, 00, 01  
 Schabron, Nicholas 2001, 02  
 Schuler, Brett 2006, 08, 09  
 Seas, Michael 2013, 14, 16  
 Shatto, Shane 2002  
 Shellenbarger, Andy 1999  
 Simonsen, Oyvind 1989, 90, 91  
 Slabach, Chris 1985  
 Slotta, Larry 1954, 55, 56  
 Smith, Jordan 1954, 55, 56  
 Smith, Meyer 2025  
 Smith, Pete 1968  
 Smith, Phillips 1988, 91  
 Stark, Stan 1960, 61  
 Steiner, Albert 2021, 22  
 Stephen, Trevor 2022, 23, 24  
 Still, Monte 1994  
 Stine, Don 1950, 51, 54  
 Suter, Paul 1977  
**T**  
 Tanui, Philemon 2006, 07  
 Taylor, Jerald 2018, 19, 21  
 Theil, Nick 1994, 95, 96  
 Thomas, Dan 1976, 77  
 Thomas, Mike 1991  
 Thomas, Phil 2017  
 Thompson, Jeremy 2002, 03, 04  
 Too, Shadrack 2006, 07, 08

Turner, Chuck 1979  
**V**  
 Vandenberg, David 1957, 58  
 Vosler, Scott 1977  
**W**  
 Walsh, William 1950  
 Westlake, Garrett 2014  
 Wetzel, Asefa 2022, 23, 24  
 White, Jacob 2023, 24, 25  
 Widick, Donald 1957, 58  
 Wilde, Sean 2010  
 Wilson, Hugh 1976  
 Winchill, Bob 1960  
 Wodny, John 1987, 88, 90  
 Woodard, Jim 1971  
 Wyatt, Glen 1953  
**Z**  
 Zans, Garrett 2011, 12, 13  
 Zastrow, Mac 2023, 24, 25  
 Zimmerman, Paul 1948  
 Zydek, Connor 2022, 23



Jacob White



## WOMEN'S INDOOR TRACK

### A

Aimone, Amanda 2009, 10, 11  
 Aker, Amber 1994  
 Anderson, Bobi 1992  
 Anderson, Deby 1992, 93, 94  
 Anderson, Erica 2009  
 Anderson, Kamilah 1991  
 Anderson, Laura 1982  
 Anderson, Stephanie 2001  
 Apiafi, Grace 1984  
 Arp, Nikki 1998  
 Ashby, Aumni 2020, 22, 23  
 Ashworth, Madison 2018, 19

### B

Babbitt, Shaylee 2006, 07, 08  
 Barnett, Tanice 2003, 04, 05  
 Batt, Andrea 2002, 03, 04  
 Bell, Vicki 1986, 1988, 89  
 Bentley, Kaylee 2023  
 Berryhill, Libby 2024, 25  
 Blanton, Sara 2000  
 Blazo, Madelyn 2024  
 Bock, Ashley 2020  
 Brame, Natika 1994  
 Brathwaite, Janine 2005  
 Brogan, McKenzie 2014, 16  
 Brown, Tomeca 2000, 01  
 Brunko, Melanie 1999  
 Bryant, Darla 1990  
 Burgard, Kitana 2023  
 Burgess, Bobbie 1999  
 Burgess, Christy 1999  
 Burgess, Julie 1987, 88, 89  
 Burton, Kate 2006, 08

### C

Campbell, Linda 1986, 87  
 Carbee, Mary 2022, 23, 24  
 Carson, Allegra 2017, 18  
 Carstens, Ingvild 2003, 04  
 Cerda, Kerry 1982  
 Chafee, Elayna, 2024, 25  
 Charles, Kelly Ann 2000, 01, 02  
 Childers, Allie 2008  
 Christians, Leah 2024  
 Christensen, Jordan 2021, 22, 23  
 Connett, Tori 1991, 93  
 Cooper, Cathy 2002  
 Cooper, Jasmine 2020, 22, 24  
 Copeland, Lindsay 2012  
 Cross, Jesseca 1998  
 Cunningham, Sophia 2021

### D

Dahl, Mollie 2012, 13  
 Dalbec, Eowyn 2024  
 Daniels, Shreese 2013, 14, 15  
 Davies, Jaime 1996, 98  
 Davis, Jerayah 2017, 18, 19  
 Davis, Pat 1982, 1983  
 Davison, McKenzie 2022  
 Dedic, Maddy 2022  
 Delgado, Dara 2000  
 Demers, Kim 2001, 02  
 DeStefano, Audra 2014, 15, 16  
 Dillon, Dana 1998, 99, 00  
 Disbrow, Kaitlyn 2024  
 Doherty, Marie 2019, 20, 21  
 Doner, Kacey 2018, 19, 20  
 Donovan, Melissa 1991  
 Dooley, Brenna 2007  
 Doyle, Kaylyn 2003, 04  
 Drube, Gabby 2023, 24  
 Duryea, Chelsey 2000

### E

Easter, Joan 2023, 24  
 Edmonds, Jordan 2017, 18, 19

Elliott, Naomi 2000  
 Engle, Erin 1993, 94  
 Everett, Andrea 1983

### F

Fairbourn, Julie 1986  
 Forbes, Lee Ann 2001, 03  
 Foster, Camille 2022  
 Fox, Jessica 2003, 04, 05  
 Fox, Lynnae 2006  
 Frankel, Riley 2023, 24  
 Friedly, Jayden 2024  
 Friend, Madison 2022, 23  
 Friezen, Adriana 2007  
 Frost, Brenda 1988, 89

### G

Gardner, Taylor 2010, 12  
 Gegax, Jessa 2019  
 Geldean, Riley 2023  
 George, Anna 2012  
 Gillis, Anna 2020, 21  
 Gonzales, Ximena 1989  
 Gonzales-Gibbs, Kiona 2022, 23  
 Goodspeed, Darby 1998, 99  
 Gougler, Courtney 2007, 08  
 Gordon, Amanda 2008  
 Graham, Brenda 1982, 84  
 Green, Rashida 2000  
 Greer, Melissa 1996  
 Grillo, Lori 1987, 88, 89  
 Guy-Garth, Renae 1996, 99

### H

Hall, Katy 2013, 14  
 Hamilton, Kai 1999  
 Hamilton, Lauren 2016  
 Hamilton, Rachael 2024  
 Hanks, Stephanie 2000, 02  
 Harper, Adelaide 2000, 01, 02  
 Harrington, Patty 1986  
 Harris, Melina 2016, 17, 18  
 Harris, Stephanie Jane 1997  
 Harvey, Isabelle 2025  
 Hawkins, Tamara 1998, 99  
 Haynes, Enioma 2002  
 Heaston, Olivia 2011  
 Heier, Beverly 1986  
 Henderson, Ja'la 2017, 18, 19  
 Henry, Addison 2019, 20, 22  
 Herman, Dee 1982  
 Higgins, Emily 2008, 09  
 Higgins, Katie 2015  
 Hill, Amy 1997, 99, 00  
 Hollington, Alison 1983, 84  
 Holzworth, Brooke 2024  
 Hopkins, Aniiis 2004, 05  
 Hopper, Amanda 2004, 05, 07  
 Howell, Shayla 2020, 22  
 Huber, Holly 2017, 18, 19  
 Hutchinson, Ashley 2010, 11, 12

### I

Iken, Addi 2020, 22

**J**  
 Jackson, Brittany 2008, 09, 10  
 Janike, Kathy 1990  
 Jefferies, Johnna 2010  
 Jehu, Faith 2024, 25  
 Jerotich, Gladys 2005  
 Johnson, Chan 2002  
 Johnson, Gretchen 2007, 08  
 Johnson, Keeley 1986, 88, 89  
 Johnson, Tiffany 1994, 95  
 Jones, Hailey 2023  
 Jones, Nicole 1992  
 Jorgensen, Hege 1988, 89

### K

Kearse, Kaylee 2020, 22, 23

Kee, Samantha 2012, 13  
 Kinney, Mandy 2000  
 Kirby, Erin 2011, 12, 15  
 Knapp, Sheri 1991  
 Knight, Kim 2000  
 Kocsis, Dodie 1991  
 Kohlhoff, Moni 1986  
 Kovar, Gina 1986  
 Kvernmo, Michelle 2006

### L

LaMay, Tara 1999, 00  
 Larrier, Sharon 2006, 07, 08  
 Laycock, Melissa 2000, 02  
 Lazz, Chriss 1991  
 LeJour, Marie 1999, 00  
 Lemley, Zoe 2022, 23  
 Leonard, Kiah 2017, 18, 19  
 Lindo, Flona (Jeffery) 1999, 00, 02  
 Lodi, Giulia 2022  
 Long, Diana 2011, 12  
 Lyons, Robin 1999, 00

### M

Malm-Annan, Emelda 2017, 18, 19  
 Mann, Jenna 2012, 13, 14  
 Mathison, Kirsten 1997, 98  
 McLeod, Rhona 1984  
 McDougall, Alison 1983  
 McMullen, Sadie 2023, 24  
 Meade, Cassidy 2016, 17  
 Mitchem, Katelyn 2022, 23, 24  
 Mobley, Mateya 2022, 23  
 Montler, Christine 2023, 24  
 Moore, Emily 2011, 12  
 Moore, Nyomi 2024  
 Morgan, Ava 2025  
 Morris, Piper 2022, 23  
 Moulton, Molly (Cochran) 1995, 97, 98  
 Murdock, Damiana 2020

### N

Nelson, Christine 2011  
 Newcomer, Sharon 1986, 88  
 Nicholas, Elaine 1991

### O

O'Neil, Julia Kay 2022, 23

### P

Page, Holly 2013, 14, 15  
 Paine, Stephanie 1982  
 Person, Emily 2017, 18, 19  
 Pfoor, Heidi 2018  
 Podenski, Dalanne 1982, 83  
 Popp, Shannon 2007  
 Powell-Peters, Tay'Maro 2022, 23  
 Prosser, Adrienne 1994, 95, 96  
 Pzinski, Makayla 2018

### Q

Quistorff, Solana 2017, 18, 19

### R

Ramirez, Jenae 2022, 23, 24  
 Reed, Emma 2023  
 Reid, Amber 1991, 93, 94  
 Reid, Annie 1982, 83  
 Reimann, Isabella, 2024  
 Renner, Michelle 2022, 23  
 Roberts, Trecia 1990  
 Robertson, Kimberley 2016  
 Romsa, Kathy 1984, 85  
 Roylance, Jorah 2000  
 Rufenacht, Karlin 2017, 18, 19

### S

Sanchez, Aubry 2022, 23, 24  
 Sandberg, Sabina 2013, 15, 16  
 Sanford, Karen 1982  
 Sazama, Debra 1994  
 Schlegel, Courtney 2003, 04, 05

Schmitz, Jennifer 2010  
 Schreiner, Bobbie 1998, 99  
 Scott, Lesley 1982  
 Sriver, Greta 1999  
 Sehmman, Mary 1990  
 Serbick, Allyson 2020  
 Shatto, Tanisha 1999  
 Simmons, Lindsey 2011, 12  
 Simpson, Deena 1983  
 Sims, Lisa 1998  
 Simshauser, Kylie 2023, 24  
 Sitter, Molly 2023  
 Slichko, Rozlyn 2024, 25  
 Smith, Crystal 2002, 03  
 Smith, Shauna 2003, 04, 05  
 Spear, Anna 2022, 23  
 Sperry, Nikki 1994, 95, 96  
 Stafford, Baylee 2023, 24  
 Stancato, Nicole 1987, 88, 89  
 Stellern, Cosette 2020, 22, 23  
 Stenseng, Sandra 1984  
 Stibley, Kayla 2022, 23  
 Stock, Lory 1982, 1983  
 Strahan, Jessica 1998, 99, 00  
 Strauss, Davina 1999, 00, 01  
 Swenson, Rebekah 1996

### T

Tanner, Grace 2021  
 Tenpenny, Victoria 2022  
 Thacker, Shelly 1987, 89, 91  
 Thomas, Julie 2000, 01, 02  
 Thomas, Kereston 2013, 14  
 Thompson, Jennifer 2004, 05  
 Throener, Lisa 2000  
 Timberman, Day 2016  
 Tomlin, Margie 1986

### U

Uhre, Hailey 2024  
 Urbanoski, Erin 2011  
 Urman, Ashley 2017, 18

### V

Vallejos, Melissa 2003, 04  
 Vandepool, Regan, 2017, 18  
 VanHuele, Kathy 1983  
 Ventling, Jeffie 1992  
 Vessa, Jennifer 2000  
 Vincent, Annie 2023, 24  
 Vollmer, Anne 1994, 95  
 Vranka, Marilyn 1982

### W

Walker, Afiya 2010, 11  
 Wambeam, Tammy 1993  
 Warner, Anissa 2018, 19, 20  
 Wedemeyer, Shelly 1998, 99  
 Weidinger, Taylor 2022, 23, 24  
 Wells, Kima 2000, 01, 03, 04  
 West, Audrey 2012, 14, 15  
 White, Kerry 2015, 17, 18  
 Whitman, Abigail 2023, 24  
 Wilger, Dawn, 1983, 84, 85  
 Willis, Mady 2023, 24  
 Wilson, Joanna 1998  
 Wolf, Keely 2023, 24  
 Wollert, Candace 2011, 12, 14  
 Wood, Ashley 2024  
 Wroe, Amy 1994, 95

### Y

Yentes, Amanda 2008  
 Young, Robyn 1990, 93

### Z

Zuver, Luchia 2020



## MEN'S INDOOR TRACK

- A**  
 Ailshie, Bryce 2017, 2019  
 Alderson, John 2007, 08, 09  
 Alexander, Kyle 2017  
 Applegate, David 1986, 87  
 Anderson, Tyler 2014, 15, 16  
 Arnwine, Michael 2005  
 Atkinson, Thomas 2014, 15
- B**  
 Bates, Brian 1987  
 Baysinger, Dominic 2004, 05  
 Bennett, James 1987  
 Bennett, Kip 1999  
 Billy, Seth 2000, 01, 02  
 Blackett, Kevin 2017  
 Bolton, Ryan 1995  
 Borge, Espen 1983  
 Bowen, Amos 2014  
 Boysen, Ryan 1998  
 Braisted, Branden 1998  
 Brauneis, Keith 2007  
 Bromley, Hal 2002  
 Brown, Cody 2000  
 Brown, Cooper 2022, 23, 24  
 Brown, Hunter 2022, 23, 24  
 Butler, Ryan 1994, 95, 96  
 Burkett, Cam 2024, 25
- C**  
 Carrillo, Daniel 2020, 22  
 Carter, Scott 2015, 16, 17  
 Cavinee, Justin 1999, 00  
 Cawley, Tim 1995, 96, 98  
 Charlemagne, Maxime 2000  
 Charles, Jordan 2015, 16, 17  
 Charters, Brad 2007  
 Chavez, Kekoa 2010  
 Colin, Damien 1989  
 Cook, Dave 1983  
 Corrow, Travis 2008  
 Coventry, Bryan 1986, 87, 88  
 Coventry, Sage 2022, 23, 24  
 Craig, Ted 1996  
 Cramer, Nick 2007
- D**  
 Dahl, Tyler 2019, 20, 22  
 Danso, Jefferson 2022, 23, 24  
 Davis, Jones 1981  
 Davis, Karal 2000, 02  
 Denhardt, Josh 1998  
 Derner, Aaron 2014, 16  
 DeRock, Mikey 2020, 22  
 Disney, Todd 1998  
 Douglass, Brandon 2011, 12, 13  
 Downey, Michael 2020  
 Duncan, Carlington 1999, 00, 01
- E**  
 Echternacht, Aaron 1995  
 Edwards, Jacob 2014  
 Einspahr, Harrison 2013  
 Engebretson, Bryson 2020, 22  
 Ewing, Harry 2020
- F**  
 Farnham, Greg 1992, 1994  
 Faure, Ricky 2016, 17, 18  
 Ferguson, Jaheim 2022, 23, 24  
 Finley, Mason 2013  
 Fisher, Harry 2014, 15  
 Fitzwater, Martin 2017  
 Flegel, Mark 2012  
 Floyd, Eric 1999  
 Freeman, Mike 1982  
 Frketich, Hap 2018, 19
- G**  
 Garcia, Devon 2015  
 Garrison, Tom 1988, 89, 91
- Gervais, Jason 1999, 00, 01  
 Geslin, Mike 1982  
 Giorgis, Joel 1994  
 Giron, Danny 1994  
 Goll, Oscar 2023, 24  
 Gottsch, Marty 1983  
 Grant, Jared 2004, 06, 07  
 Greenslit, Craig 1989  
 Griffin, Ricky 1983  
 Griffith, Gage 2023, 24  
 Griffith, John 2001, 02, 03  
 Gross, Greg 1988
- H**  
 Hall, Joe 1998, 99, 00  
 Hall, Tom 2003, 05, 06  
 Hamilton, Bud 1992, 94, 95  
 Hammond, Jason 1999, 00, 01  
 Hape, Cody 2025  
 Harris, Mario 2010, 11  
 Harris, Robert 2003, 04, 05  
 Harrison, Carlton 2002  
 Harrison, Ed 1994, 96  
 Harthun, Jacob 2019  
 Haynes, Max 1986, 87, 88  
 Henry, Christopher 2019, 20  
 Henry, Jonah 2017  
 Henry, Philip 2020  
 Herl, Kyle 2004, 05  
 Her Many Horses, Caleb 2011, 12  
 Herold, Colin 2012, 14, 15  
 Hintz, Daniel 2018, 19, 20  
 Hoenner, Chris 1983, 85  
 Holten, Roald 1981, 82, 83  
 Holtzen, Ryker 2024, 25  
 Honey, Jeff 1997  
 Hopkins, Doug 1983, 85, 86  
 Howe, Quincy 2000, 01, 02  
 Huntington, Michael 2007
- I**  
 Inman, Brandon 2002, 03
- J**  
 Jackson, Blake 2004, 05, 07  
 James, Jeremiah 2009, 10, 11  
 John, Alan 2008  
 Johnson, DeVale 2004  
 Johnson, Jeremiah 2003, 04, 06  
 Johnson, Kyle 2001  
 Johnson, McCade 2018, 19  
 Jones, Josh 2000  
 Jons, Chris 1999, 00  
 Jurs, Morten 1983, 84, 85
- K**  
 Kaminski, Carson 2022, 23, 24  
 Kaufman, Matt 1999, 00  
 Kean, Kelsey 1997  
 Kelly, Adam 2004, 05, 07  
 Kelly, Jermaine 2004, 05  
 Kelting, Taylor 2010, 11, 12  
 Kirkeide, Sam 2018  
 Klyop, Mike 1990  
 Knight, Brian 2006, 07  
 Knueppel, Tristan 2024, 25  
 Korir, Mark 2007, 08
- L**  
 Ladson, Keith 1994, 96  
 Lambert, Sam 2008, 09  
 Larson, Chris 1995, 96, 97  
 Lass, Casey 2006  
 Laucomer, Chris 1994, 95, 96  
 Lee, Chris 1998, 99  
 Leonce, Lenyn 2011, 12, 13  
 Livingston, Waymon 1994  
 Lindsay, Chad 1994  
 Loescher, Todd 1985  
 Long, Matt 1982, 84
- Long, Tyg 2004, 05  
 Lynch, Garrett 2018
- M**  
 Magness, Dave 1981  
 Mannon, Kevin 1998, 99  
 Marx, Jace 2017, 19, 20  
 McArthur, Eric 2019  
 McCalla, Deon 1998  
 McComb, Cage 2020, 22, 23  
 McComb, Carter 2024, 25  
 McCreery, Jim 1994, 95  
 McDonald, Scott 1995, 97  
 McIntyre, Gus 2022, 23, 24  
 McLeeland, Nathan 1998, 99  
 McMullen, Josh 2001  
 Mead, Pete 2020, 22, 23  
 Medearis, Jason 1995, 97, 98  
 Mersal, Kareem 2022, 23, 24  
 Meyer, Chris 1999  
 Michel, Stephen 2010, 12, 13  
 Mignery, Les 1998  
 Millemon, Cody 1999, 00, 01  
 Miller, Greg 2011  
 Mitchum, Derek 1989  
 Moe, Petter 1983, 85, 86  
 Moore, Wyatt 2020, 22, 23  
 Morin, Dylan 2015  
 Morrow, Brian 1998  
 Mundt, Eric 1989  
 Murei, Lazarus 1999  
 Murray, Ronan 1983, 86
- N**  
 Neptune, Dwight 2004, 05  
 Niedermeyer, Darren 2001  
 Noecker, Brian 1996  
 Nolan, William 2018, 19, 20  
 Norman, Mason 2022, 23, 24  
 Novacek, Jay 1982  
 Nzau, Joe 1981
- O**  
 Overland, Ben 1987, 88, 89  
 Owings, Larry 1986
- P**  
 Paller, Colton 2019, 20  
 Paolillo, Ben 1981, 82  
 Parham, Grant 1987, 88  
 Peace, Richard 1996  
 Pendleton, Jason 1999, 00  
 Penney, Mike 1981  
 Persin, Will 2020, 22, 23  
 Petsch, Jay 2008, 09, 10  
 Pitter, Remar 2024, 25  
 Plante, Joe 2010, 11, 12  
 Pollock, Kyle 2018  
 Praska, Aaron 2013, 14  
 Prien, Sam 1989
- R**  
 Rademaker, Bill 1999  
 Rasby, Shane 1998, 99, 01  
 Reid, Nathan, 2022, 23  
 Reynolds, Daniel 2024  
 Riccio, Joe 2011  
 Richardson, Alec 2020, 22  
 Richey, Eric 1987  
 Roberts, David 1998, 1999  
 Roberts, Paul 2019, 20  
 Rodgers, Josh 2020, 23, 24  
 Roe, Olav 2006, 2007
- S**  
 Sackos, John 1981, 82  
 Salverson, Kevin 2001  
 Samuels, Eron 2002  
 Sawyer, Gregg 1999  
 Schaefer, Zack 2003, 04, 05  
 Schabron, Greg 1998, 99, 01
- Schaff, Dave 1994  
 Schellenbarger, Andy 1999  
 Schmitz, Stephen 1996  
 Schneider, Samuel 2022, 23, 24  
 Schrage, Mike 1990  
 Seeton, Caleb 2014, 16  
 Shanklin, Jake 2007, 08, 09  
 Shannon, Dave 1991  
 Shannon, Reece 2019, 20, 21  
 Simms, Jeff 1997  
 Sinner, Brian 2002  
 Skinner, Tyler 2010, 11, 12  
 Slabach, Chris 1983, 84  
 Smith, Justin 1996, 97, 98  
 Smith, Kenny 2012  
 Smith, Phillip 1989, 90  
 Smith, Roman 2019, 20  
 Snover, Rich 1982  
 Sotelo, Colt 2024  
 Sparks, Mark 2010, 11  
 Spears, Matt 1994, 96, 97  
 Spiker, Jeff 1989  
 Steiner, Albert 2022, 23, 24  
 Stellern, John 1986, 87  
 Stephen, Trevor 2022, 23, 24  
 Still, Monte 1991, 94  
 Stube, Beecher 1989, 90  
 Sullivan, Kyle 2013, 14, 15  
 Suter, Craig 2002  
 Suter, Eric 2005  
 Swaby, Mervin 2000, 01, 03  
 Sybrant, Dalton 2013
- T**  
 Talkington, Jaymes 2011  
 Tanui, Philemon 2007  
 Tasker, Michael 2011, 12, 13  
 Taylor, Jerald 2019, 2020  
 Taylor, Jim 1986  
 Teasley, Shawn 2008  
 Theil, Nicholas 1992, 1994, 1996  
 Thomas, Collin 2002  
 Thomas, Phillip 2005, 06, 07  
 Thompson, Jeremy 2003, 04, 05  
 Turner, Chuck 1982, 83
- U**  
 Unland, Damon 2015, 16, 17  
 Unland, Kirk 2019, 20
- V**  
 Vignery, David 1986, 87  
 Vodika, Brad 2002, 03
- W**  
 Weiss, Frank 1976  
 Welsh, Chris 1995  
 West, Vashone 2007, 08  
 Wetzell, Asefa 2022, 23, 24  
 White, Jacob 2024, 25  
 White, Mike 1980  
 Wiggins, Darius 2024, 25  
 Wiggins, Shawn 1989  
 Wilcox, David 1989  
 Williams, Dan 2001, 02, 03  
 Willsea, Dave 1998  
 Wingeleth, Bobby 2015  
 Wojcieszak, Craig 1989, 90, 91  
 Wood, Jackson 2017, 18  
 Wood, Michael 1986  
 Woodske, Derek 1999, 00, 01  
 Write, Willie 1987
- Z**  
 Zambrano, Peter 1990  
 Zans, Garrett 2013, 14  
 Zastrow, Mac 2024, 25  
 Zowada, Bret 2003, 04, 05  
 Zydeck, Connor 2022, 23



## WOMEN'S OUTDOOR TRACK

- A**  
 Abudu, Adewunmi 2005, 06  
 Ackerman, Galea 1999  
 Aimone, Amanda 2009, 10  
 Aker, Alayna 1994  
 Anderson, Deby 1993, 94  
 Anderson, Erica 2008, 09  
 Anderson, Laura 1979, 81, 82  
 Anderson, Stephanie 2001, 02, 03, 04  
 Apiafi, Grace 1984  
 Arnold, Dalene 1979  
 Arp, Nikki 1998
- B**  
 Babbitt, Shaylee 2007, 08, 09  
 Backman, Kamber 1993, 94, 95  
 Baker, Hallie 2003  
 Barnett, Tanice 2003, 04, 05  
 Batt, Andrea 2002, 03, 04  
 Bernabo, Chantel 2009, 10, 11  
 Bever, Abi 2013  
 Bjerkenas, Sissel 1981  
 Bond, Merry 1988  
 Bovey, Marjorie 2005, 06  
 Brame, Natika 1994  
 Brathwaite, Janine 2004, 05  
 Brogan, McKenzie 2014, 15, 16  
 Brown, Jenelle 1988  
 Brown, Tomeca 1999, 00  
 Brunette, Megan 2015, 16, 17  
 Brunko, Melanie 1999  
 Burgess, Christy 1999  
 Burke, Leah 2003  
 Burton, Kate 2006, 08
- C**  
 Campbell, Jennifer 1989  
 Campbell, Linda 1988, 89  
 Carpenter, Heather 2002  
 Carr, Hannah 2018  
 Carstens, Ingvild 2004, 05, 06  
 Cerda, Kerry 1981, 82, 85  
 Charles, Kelly Ann 2001, 02, 03  
 Collen, Cheryl 2003, 04  
 Collier, Cecilia 1984  
 Connett, Tori 1990, 93  
 Copeland, Lindsay 2011  
 Cress, Maria 2011  
 Crosby, Marlo 1993  
 Cross, Jesseca 1995, 97, 98
- D**  
 DaCosta, Maricel 2007, 08  
 Dahl, Mollie 2012, 13  
 Daniels, Shreese 2013, 14, 15  
 Davis, Jerayah 2017, 18, 19  
 Demers, Kim 2001, 02, 03  
 DeStefano, Audra 2015, 16, 17  
 Diller, Maggie 2004  
 Dillon, Dana 1998, 99, 00  
 Doherty, Kat 2005, 06  
 Doner, Kacey 2019  
 Dooley, Brenna 2007  
 Doyle, Kaylyn 2003  
 Dress, Amy 1998
- E**  
 Edmonds, Jordan 2019  
 Eldridge, B.J. 1981  
 Elliott, Naomi 1999  
 Engle, Erin 1993  
 Espinoza, Debby 1983, 84, 87
- F**  
 Fairborn, Julie 1985  
 Ferguson, Laura 1979, 81
- Ferrell, Margaret 1982  
 Flaggley, Gretchen (Johnson) 2005, 06, 07  
 Fox, Jessica 2003, 04, 05  
 Frary, Andrea 2010  
 Friezen, Adriana 2007  
 Frost, Brenda 1990  
 Fuller, Lindsey 2008, 09
- G**  
 Garber, Jenelle 2009  
 Gardner, Taylor 2012, 13, 14  
 Garth, Renae 1996, 97, 99  
 Gavell, Kathy 1979  
 George, Anna 2012  
 Gonzales, Ximena 1990  
 Goodspeed, Darby 1998, 99  
 Gosar, Grace 1983, 84  
 Gougler, Courtney 2007, 08  
 Graham, Brenda 1981, 82, 83  
 Grebe, Lourie 1979  
 Green, Rashida 2000  
 Greer, Melissa 1998  
 Gustafson, Kerry 1993
- H**  
 Hall, Katy 2014  
 Hamilton, Lauren 2018  
 Hanks, Stephanie 2002  
 Harper, Adelaide 2000, 02, 03  
 Harrington, Patty 1987  
 Harris, Hope 1999  
 Harris, Stephanie Jane 1995, 97  
 Hawkins, Tamara 1998, 99  
 Haynes, Enloma 2002  
 Heaston, Olivia 2011  
 Heier, Beverly 1987, 88  
 Henderson, Ja'la 2017, 18, 19  
 Henry, Addison 2019  
 Herman, Dee 1982  
 Heyer, Sue 1979  
 Higgins, Emily 2008, 09  
 Hill, Amy 1998, 99  
 Hopkins, Anis 2005, 06, 07  
 Hopper, Amanda 2004, 05, 07  
 Howell, Shayla 2019  
 Hughes, Brooke 2010  
 Hutchinson, Ashley 2011, 12
- J**  
 Jackson, Brittany 2009, 10  
 Jeffries, Johnna 2008, 09, 10  
 Jensen, Torrill 1981  
 Johnson, Chan 2002  
 Johnson, Tiffany 1994, 95
- K**  
 Kean, Natalie 2003, 04, 05  
 Kee, Sam 2012, 13  
 Kemp, Kim 1979  
 Kinney, Amanda 2000  
 Kirby, Erin 2011, 12, 15  
 Kline, Pam 1979  
 Knapp, Sherri 1988, 89  
 Knecht, Erin 2003  
 Kocsis, Dodie 1989  
 Kohlhoff, Moni 1984, 85, 86  
 Kroencke, Jane 1979  
 Kvernmo, Michelle 2004, 05, 06
- L**  
 LaMay, Tara 1999  
 Larrier, Sharon 2006, 07, 09  
 Laycock, Melissa 2000, 01, 03  
 LeJour, Marie 1999, 00  
 Lindo-Jeffrey, Fiona 1999, 00, 01  
 Long, Diana 2011, 12, 13
- Lush, Alyson 1979  
 Lyons, Robin 1999, 00
- M**  
 Malm-Annan, Emelda 2017, 18, 19  
 Mann, Jenna 2012, 13, 14  
 Mathison, Kirsten 1998  
 McDougall, Alison 1984  
 Meade, Cassidy 2014, 16, 17  
 Mickelson, Liz 2002  
 Miller, Jennifer 1987  
 Moore, Emily 2011, 12  
 Moulton, Molly (Cochran) 1995, 97, 98
- N**  
 Navai, Klare 1991, 94  
 Neff, Juanita 1981  
 Nelson, Christine 2011  
 Nelson, Jackie 1979  
 Newcomer, Sharon 1984, 85  
 Nicholas, Elaine 1994
- O**  
 Ochsner, Maggie 2013
- P**  
 Page, Holly 2013, 14, 15  
 Paine, Stephanie 1979, 81  
 Perryman, Amber 2002, 03  
 Peterson, Nikki 2008  
 Pfoor, Heidie, 2018  
 Piper, Misha 2001  
 Podenski, Dalanne 1982  
 Polson, Gelsey 2002, 03, 04  
 Popp, Shannon 2006  
 Prosser, Adrienne 1993, 94, 95
- Q**  
 Quistorff, Solana 2019
- R**  
 Reid, Amber 1990, 93, 94  
 Reid, Annie 1982, 84  
 Reid, Emerald 2004, 05  
 Robertson, Kim 2015  
 Robertson, Gail 1979  
 Romsa, Kathy 1984  
 Rous, Amy 1997  
 Royslance, Jorah 2000, 01  
 Rudolph, Latash 2006, 07  
 Russell, Joyce 1984
- S**  
 Salyers, Tracee 1989  
 Sanborn, Jody 2002, 03  
 Sandberg, Sabina 2013, 15  
 Sanford, Karen 1979, 81, 82  
 Sazma, Deb 1990, 93, 94  
 Schlegel, Courtney 2003, 04, 05  
 Schmitz, Jennifer 2009  
 Schreiner, Bobbie 1999, 00  
 Schriver, Ashley (Knight) 2006  
 Schroth, Amy 1988, 89, 90  
 Scott, Lesley 1982  
 Scriver, Greta 1999  
 Seaman, Madison 2015  
 Sehmman, Mary 1989  
 Shatto, Tanisha 1999  
 Siggins, Gina 1991  
 Simmons, Lindsey 2009, 11, 12  
 Simpson, Deena 1984  
 Sims, Lisa 1998, 99  
 Smith, Crystal 2002  
 Smith, Joi 2009  
 Smith, Karen 1979  
 Smith, Shauna 2003, 04, 05  
 Starr, Gail 1985  
 Stelpflug, Stephanie 1988
- Stenseng, Sandy 1984  
 Stock, Lory 1982  
 Stone, Sue 1979  
 Strahan, Jessica 1998, 99  
 Strauss, Davina 1999, 00, 01  
 Swenson, Rebekah 1996, 97
- T**  
 Thacker, Shelly 1990  
 Thomas, Julie 2000, 01, 02  
 Thomas, Kereston 2014  
 Thompson, Jennifer 2003, 04  
 Thraikill, Ainsley 2004  
 Throener, Lisa 2000, 03  
 Tranel, Lori 1979  
 Trijillo, Veronica 1990
- U**  
 Urbanoski, Erin 2010
- V**  
 Vallejos, Melissa 2003, 04  
 Vollmer, Anne 1994, 95, 96, 97  
 Vranka, Marilyn 1981, 82
- W**  
 Walker, Afiya 2009, 10, 11  
 Wambeam, Tammy 1990, 93  
 Ward, Cheryl 1993, 94, 95  
 Wedemeyer, Shelly 1998, 99  
 Wells, Kima 2001, 03, 04  
 West, Audrey 2012, 14, 15  
 West, Dannika 2012  
 White, Kerry 2014, 15, 18  
 Wilger, Dawn 1984  
 Williams, Ariana 2018  
 Wilson, Joanna 1995, 97, 98  
 Wilson, Kathy 1988, 90  
 Wollert, Candace 2011, 12, 14  
 Wroe, Amy 1993, 94
- Y**  
 Yentes, Amanda 2008  
 Yolanda, Theis 1986, 87  
 Young, Robyn 1993



Taliah Morris



## MEN'S OUTDOOR TRACK

### A

Abbey, Mike 1991  
 Ailshie, Bryce 2017, 18, 19  
 Alderson, John 2007, 08  
 Alexander, Kyle 2017, 18  
 Allen, Art 1948  
 Allen, Clark 1948  
 Andersen, Jerry 1972, 73, 74, 75  
 Anderson, Tyler 2014, 15, 16  
 Antleman, Mark 1975  
 Ariel, Gideon 1964, 65, 66  
 Arnwine, Michael 2005, 06  
 Atkinson, Thomas 2015  
 Averett, Wallace 1955, 56

### B

Badley, Bruce 1947, 49, 50, 51  
 Badinelli, Don 1953  
 Banks, Michael 2011, 13  
 Barge, Josh 2006, 07  
 Batiuk, Tim 1971  
 Baures, Art 1990  
 Baysinger, Dominic 2004, 05  
 Bell, Anson 1951, 52, 53, 54  
 Bennett, Kip 1999  
 Benton, Allen 1947, 48  
 Billy, Seth 2001, 02  
 Bilof, Harry 1965  
 Binley, Bob 1951, 52, 53  
 Binning, John 1970, 71, 72  
 Binning, Tom 1964  
 Birt, Trent 1976, 77  
 Black, Robert 1972, 73  
 Blackett, Kevin 2017  
 Bolton, Ryan 1994, 95  
 Bowen, Amos 2014, 15  
 Boysen, Ryan 1998  
 Braisted, Branden 1998  
 Brauneis, Keith 2009  
 Brauss, Arthur 1957  
 Breaux, Roland J. 1949  
 Brebrick, Paul 1948  
 Brooks, William 1956  
 Brown, Cody 1999  
 Brown, L.H. 1984, 85  
 Bullinga, Lothar 1963  
 Butler, Ryan 1994, 96

### C

Capellen, Warren 1947, 48  
 Carlin, Paul 1951, 52, 53, 54  
 Carlson, Clay 2015  
 Carter, Allen Brent 1966  
 Carter, Scott 2014, 15, 17  
 Cavinee, Justin 1999  
 Cawley, Tom 1995, 96, 97, 98  
 Charles, Freeman 2003  
 Charles, Jordan 2014, 15, 16, 17  
 Charters, Brad 2006  
 Chavez, Kekoa 2008, 09, 10  
 Clapham, Britt 1970, 71, 72  
 Cleave, Gerry 1966, 67  
 Colin, Damien 1990  
 Cooley, Michael 1991  
 Cooney, Kevin 1976, 77  
 Corrow, Travis 2009  
 Cotton, Cliff 1970, 71, 72  
 Cramer, Nick 2007  
 Crampton, Al 1967  
 Curtis, George 1960, 61

### D

Darnell, Gary 1958, 59, 60



**Cam Burkett**

Davidson, Gary 1978, 79, 80  
 Davidson, Tom 1958, 60  
 Davis, John 1981  
 Davis, Karal 2001  
 Dawson, Mike 1974, 76  
 Day, Mickey 1958  
 Dean, Roy 1947, 48, 49  
 Delaney, Jason 2004  
 DeLisa, Nicholas 1994  
 Derner, Aaron 2014, 15, 16  
 DeSousa, Tony 1970, 71  
 DiDomenico, Dante 1949, 50, 51  
 Dolan, Pat 1971  
 Donley, Russ 1959, 60, 61  
 Donovan, Denis 1961  
 Douglass, Brandon 2010, 11, 12  
 Downey, Michael 2019  
 Doyle, Jack 1954  
 Driver, Ragan 2006  
 Duncan, Carlington 1999  
 Duncan, Joe 1976  
 Dunn, Charles L. 1949, 51  
 Dunn, Donovan 1948, 49, 50  
 Durkee, Robert 1986  
 Dutton, Ernie 1969

### E

Echtenacht, Aaron 1995  
 Edwards, David 1949, 50  
 Ekel, Nick 2012  
 Eklund, Val 1979  
 Elder, John 1954, 55, 56  
 Engen, Stale 1971  
 Erickson, Dean 1975  
 Erickson, Oscar 1972, 73, 74, 75  
 Ewing, Harry 2018, 19

### F

Farmer, Damien 2006

Farmer, Harold 1957, 58, 59  
 Farnham, Gregory 1994  
 Fasules, Gary 1979  
 Faure, Ricky 2015, 17, 18  
 Ferreira, Henry 2012, 13  
 Felker, Winfield 1947, 48  
 Fenton, Terrence 2006  
 Finlay, Jon 1967, 68, 69  
 Finley, Jared 1979  
 Finley, Mason 2014  
 Fisher, Harry 2014, 15  
 Fisher, Kraig 1970, 71  
 Flegel, Mark 2010, 11  
 Floyd, Eric 1999  
 Folsom, Bob 1976  
 Frazier, Paul 1953, 54  
 Frketch, Hap 2018  
 Fuller, Jeff 1973, 74

### G

Galbaugh, Glenn 1972, 73, 74, 75  
 Garcia, Devon 2014, 15  
 Garrison, Tom 1988, 90  
 Gatch, Richard 1966  
 Gervais, Jason 2001  
 Gewecke, Bill 1976  
 Giorgis, Joel 1991, 94, 95  
 Giurlando, Charles 1950, 52  
 Glenn, Joe 1966  
 Goble, George 1949, 50, 51  
 Golden, Lee 1961  
 Grant, Jared 2004, 05, 06, 07  
 Gregorio, Mike 1965, 66, 67  
 Griffith, John 2002, 03  
 Gross, Greg 1985, 87  
 Grossnicklaus, Jan 1960  
 Gunderson, Travis 2011, 12  
 Guzevich, John 1976

### H

Hadlow, Bob 1970  
 Hall, Joe 1999, 01  
 Halmi, Terry 1968, 69  
 Hall, Tom 2003, 05, 06  
 Hamilton, Bud 1994, 96  
 Hamilton, Dick 1960  
 Hammer, Mike 1976  
 Hammond, Forrest 1976  
 Hammond, Jason 2001  
 Hampton, Steve 1976  
 Harris, Mario 2010, 11  
 Harris, Robert 2003, 04  
 Hausman, Mike 1970  
 Henn, Chick 1959, 60  
 Henry, Christopher 2018, 19  
 Henry, Jonah 2017  
 Herbinson, Alan 1975  
 Herl, Kyle 2005  
 Herman, Lane 1971  
 Herold, Colin 2012, 13, 15  
 Heron, Jack 1946  
 Hess, Joel 2003  
 Higgins, Darrell 1958, 59, 61  
 Hinkle, Don 1949  
 Hintz, Daniel 2018  
 Hively, Allen 1968, 69  
 Holliday, Cook 1965, 66, 67  
 Holmstrom, Jerry 1976  
 Honey, Jeff 1996, 97  
 Hopkins, Doug 1984  
 Hopper, Randy 1976  
 Housley, Joe 1969, 70  
 Howe, Quincy 1999, 02, 03  
 Hudson, Matt 2004  
 Huntington, Michael 2003  
 Hurrell, Robert 1949, 50



## MEN'S OUTDOOR TRACK (CONT.)



**Ryker Holtzen**

Hurst, Tom 1951, 52

### I

Illingworth, Don 1964

Inman, Brandon 2003

### J

Jackson, Blake 2003, 04, 06, 07

Jackson, Dallas 1968, 69

James, Jeremiah 2008, 09, 10, 12

Jensen, Vern 1948

Jensen, Wayne 1969, 70, 71

John, Alan 2008

Johnson, Cody 1990

Johnson, DeVale 2004

Johnson, Jeremiah 2003, 04, 05, 06

Johnson, Kent 1967

Johnson, McCade 2019

Johnson, Norval 1947, 48

Jones, Arbia 1970, 1971

Jones, Latrail 1976

Jons, Chris 1999

### K

Kanski, Joe F. 1956

Kean, Kelsey 1997

Keller, Dave 1948

Kelley, Gary 1971

Kelly, Adam 2004, 05

Kelly, Jermaine 2004, 05

Kilili, Simon 1979

King, Wayne 1970, 71

Kirkeide, Sam 2017, 18

Kmau, James 1979

Knight, Brian 2003, 06

Konon, Paul 1969

Korir, Mark 2006, 07, 09

Kurtz, Don 1951, 52, 53

Kvernmo, Geir 1977

### L

Ladson, Keith 1993, 94, 96

Lambert, Sam 2009, 10

Lane, Jerry 1959, 60, 61

Larson, Chris 1994, 95

Laucomer, Chris 1994

Leckman, Glen 1973

Lee, Chris 1998

Lee, Jeri 1978

Lehnortt, Kurt 1979

Lekatsos, Constantine 1948

Leonce, Lenyn 2010, 11, 12, 13

Lewis, Ted 1961

Lind, Richard 1947

Lindsay, Chad 1990, 94

Loescher, Todd 1984

Long, Matt 1985

Long, Tyg 2003, 05

Lundmark, Leif 1976

Lynch, Garrett 2015, 16, 17

### M

Madrid, Louis 1953, 54, 55

Magness, Dave 1981

Maiyo, Wes 1974

Malody, James Dale 1976

Manandag, Bill 1973

Mangus, Harry 1946, 48

Mannon, Kevin 1998, 99

Mapp, John 1966, 67

Markley, Martin 1948

Marsh, Mike 1979

Martinez, Carlos 1997

Marx, Jace 2017, 18

Mason, Bob 1968, 69, 70

Matthews, Joe 1949, 50

Mattix, Larry 1969

McArdle, Paul 1967

McArthur, Eric 2019

McBeth, Ian 1998

McCalla, Deon 1997, 98

McCreery, Jim 1994

McDonald, Doug 1965, 66, 67

McDonald, Scott 1995, 96, 97

McElliney, Bill 1951

McGuire, Brandon 2018, 19

McKane, Gene 1947, 48

McLeland, Nathan 1998, 99

McMorris, Steve 1990, 91

McVay, Scott 1976

Mead, Pete 2019

Medearis, Jason 1995, 96, 98, 99

Meter, Robin 1979

Metro, Bud 1965, 66, 67

Meyer, Chris 1999

Michaelis, Tony 2008

Michel, Stephen 2010, 11, 12, 13

Millemon, Cody 2002, 03

Miller, Charles 1946

Miller, Greg 2009, 11, 12

Miller, Mark 1975

Miller, Mike 1976, 78

Mirich, Wyatt 2015

Mitcham, George 1965

Moore, Ken 1955, 56, 57

Morrow, Brian 1998

Mulkey, Philip 1956

Murdock, Stan 1958, 59

Murray, Floyd 1952

### N

Nemitz, Tony 1990

Neptune, Dwight 2004, 05, 07

Nicholis, Don 1975

Niedermeyer, Darren 2002

Noecker, Brian 1994, 96

Nolan, Don 1960

Nolan, William 2018, 19

Nordstrom, Craig 1970, 71

Norman, Mikael 1975

Novacek, Jay 1982

Nye, Tom 1951

Nzau, Joseph 1978, 79, 80, 82

### O

Obange, Michael 1979

Odson, Bruce 1967

Orange, Dan 1973, 74, 75, 76

Owings, Larry 1986

### P

Paller, Colton 2019

Paolillo, Ben 1978, 81, 82

Parham, Craig 1974, 76

Pearce, LeRoy 1946

Pease, Bob 1975

Pendleton, Jason 1999

Penney, Mike 1978, 79, 82

Petsch, Jay 2008, 10

Peyton, Al 1953, 54

Pfrangle, Louis 1964, 65

Phillips, George 1950, 51, 52

Phillips, Ralph 1947, 48, 49

Plante, Joe 2009, 10, 12, 13

Pollock, Kyle 2017

Poreda, Ben 1949, 50, 51

Praska, Aaron 2011, 12, 13

Prudenti, Mike 1968, 69

Pysanczyn, Roman 1964, 67

### Q

Quilan, Bill 1946

### R

Rasby, Shane 1998, 99, 01

Ray, Oscar 1947, 48, 49

Reed, Thomas 1981, 83, 84

Richardson, Alec 2019

Richey, Eric 1988

Roascio, Jason 2013

Roberts, David 1998, 99

Robinson, Herman 1963

Rodgers, Michael 1991

Roe, Olav 2007

Rohn, Henry 1946, 47

Romanshek, Paul 1971

Romsa, Dwain 1986

Rushing, John 1954, 55, 56

Russell, Tim 2003, 04

Ryder, Mike 1955, 57, 58

### S

Sackos, John 1979

Saffell, Jerry 1965, 66, 67

Sawyer, Bob 1957

Sawyer, Gregg 1998, 99

Schabron, Greg 1999

Schaefer, Zach 2004, 05

Schaff, Dave 1995

Schaub, Gordon 1964

Schell, Jim 1954

Schillinger, Tom 1976

Schuler, Brett 2006, 08

Seeton, Caleb 2014, 16

Serem, David 1975

Sgalio, Arnold 1973, 74, 75

Shanklin, Jake 2007, 09

Shannon, Dave 1990

Shannon, Reece 2019

Siek, Harold 1965

Simms, Jeff 1997

Sinner, Brian 2002, 06

Skinner, Tyler 2010, 11

Slotta, Larry 1954, 55, 56

Smith, Del 1970

Smith, Jordan 1954, 55, 56

Smith, Justin 1996, 97, 98, 99

Smith, Mark 1974

Smith, Pete 1967, 68

Snover, Rich 1981

Sparks, Mark 2010, 13

Spears, Matt 1994, 96, 97

Specht, Robert 1973, 74

Spicer, Bud 1962, 63

Spicer, Les 1948, 49

Stark, Stan 1959, 60, 61

Steadman, Bryan 1975, 76



MEN'S OUTDOOR TRACK (CONT.)



**Remar Pitter**

Woodske, Derek 2001  
 Woodward, Jim 1971  
 Worden, Merle 1956, 57  
 Wyatt, Glenn 1952  
**Y**  
 Youtz, Rodger 1947, 48  
**Z**  
 Zans, Garrett 2011, 12, 14, 15  
 Zigler, Tom 1973  
 Zimmerman, Paul 1948  
 Zowada, Bret 2002, 03, 04, 05

Steele, Ed 1973, 74, 75  
 Stewart, Robert 1981  
 Stevenson, Brian 1983, 84, 85  
 Still, Monte 1994  
 Stine, Donald 1950, 54  
 Stine, Frank 1946, 47, 48, 49  
 Stiteler, Darrel 1947, 48  
 Sue, Dick 1960, 1961  
 Sullivan, Kyle 2014, 15, 16  
 Suter, Craig 2002  
 Suter, Eric 2003, 04, 05  
 Suter, Paul (Kandie) 1976  
 Svensson, Joel 1976  
 Swaby, Mervin 1999, 02, 04  
**T**  
 Talkington, Jaymes 2010, 11, 12, 13  
 Tanui, Philemon 2006, 07  
 Taruru, Darius 1975, 76, 77  
 Taylor, Don Lynn 1956  
 Theil, Nicholas 1994, 95, 96  
 Thoeming, Jim 1971, 72, 73  
 Thomas, Charles 1965  
 Thomas, Dan 1976  
 Thomas, Paul 2013, 14, 15  
 Thomas, Phillip 2004, 05, 06, 07  
 Too, Shadrack 2006  
 Tucker, Guy 1992, 94, 95, 96  
 Turner, Chuck 1979

**U**  
 Ukaegbu, Obi 1999  
 Unland, Damon 2015, 17, 18  
 Unland, Kirk 2018, 19  
 Utzinger, Jim 1981  
**V**  
 Vandenberg, Dave 1957, 58  
 Vodicka, Brad 2003, 04  
 VonKrosigk, Gary 1966  
**W**  
 Warnke, John 1963  
 Watts, John 1955, 56  
 Weingarten, Gilad 1964, 65, 66  
 Weiss, Frank 1976  
 Welsh, Chris 1991, 95  
 Welty, Bill 1950, 51, 52  
 Wham, Terry 1974  
 Whipple, John 1950  
 White, Mike 1978, 79  
 Widick, Donald L 1956  
 Williams, Dan 2001, 02, 03  
 Williams, Gladstone 1975, 78  
 Willsea, Dave 1998, 99  
 Winchell, Bob 1960  
 Wincovitch, Dan 1951  
 Wingeleth, Bobby 2014  
 Wodny, John 1989  
 Wood, Jackson 2017, 18  
 Wood, Mike 1969, 70