

2022 GNAC Championship - 5/13/2022 to 5/14/2022

Central Washington University

Meet Program

Event 1 Women 3000 Meter Steeplechase**Friday 5/13/2022 - 3:00 PM**

Lane	Name	School	Seed Time
Section 1 of 1 Finals			
1	Davis, Ila	Western Wash	10:51.21
2	Gohr, Caitlin	Central Wash	12:03.31
3	Stoppel, Kailee	Msu-Billings	11:15.57
4	Larson, Lindie	Western Oreg	12:54.78
5	Lester, Kay	Central Wash	13:19.86
6	Willett, Olivia	Simon Fraser	10:36.43
7	Chapman, Katie	Western Oreg	11:54.43
8	Spaic, Sofija	Alaska Ancho	12:24.59
9	Nyamasyo, Alfin	Alaska Ancho	11:25.18

Event 2 Men 3000 Meter Steeplechase**Friday 5/13/2022 - 3:15 PM**

Lane	Name	School	Seed Time
Section 1 of 1 Finals			
1	Korta, Kaleb	Western Wash	9:16.40
2	Diamond, Espen	Central Wash	10:09.18
3	Franks, Macauley	Western Wash	8:52.50
4	Harwell, Michael	Saint Martin	10:03.59
5	Mefford, Bryce	Western Oreg	NT
6	Gillingham, Jeret	Western Wash	8:59.42
7	Wilcox, Quinn	Western Wash	9:40.54
8	Smith, Bailey	Western Oreg	9:09.65
9	Yamaguchi, Shun	Central Wash	10:26.76
10	Jessop, Carson	Msu-Billings	9:07.74
11	Tveit, Ries	Alaska Ancho	10:20.22
12	Milodragovich, Henry	Central Wash	11:04.25
13	Ackerman, Ase	Msu-Billings	9:27.52
14	Blinn, Jason	Western Wash	9:47.48

Event 3 Women 100 Meter Hurdles**8 Advance: Top 1 Each Heat plus Next 6 Best Times****Friday 5/13/2022 - 3:35 PM**

Lane	Name	School	Seed Time
Heat 1 of 2 Prelims			
1	DeChenne, McCall	Central Wash	14.58
2	Zilla, Margaret	Saint Martin	16.83
3	Hurley, Jenelle	Western Oreg	14.55
4	Bates, Naomi	Western Wash	15.77
5	Cano, Elena	Alaska Ancho	14.15
6	Thompson, Maliyah	Western Oreg	15.09
7	De Arvizu Sarrias, Blanca	Alaska Ancho	15.10
8	Kibbee, Leanne	Western Wash	15.59

Heat 2 of 2 Prelims

1	Van Der Meer, Mette	Alaska Ancho	14.74
2	Blue, Hailey	Western Oreg	16.34
3	Chandler, Lauryn	Central Wash	14.23
4	Cook, Hannah	Saint Martin	16.11
5	Voloshin, Diana	Simon Fraser	14.23
6	Popchock, Ana	Western Oreg	14.88
7	Cintron, Gabriela	Saint Martin	15.28
8	Mortensen, Eden	Saint Martin	15.49

Event 4 Men 110 Meter Hurdles**8 Advance: Top 1 Each Heat plus Next 6 Best Times****Friday 5/13/2022 - 3:50 PM**

Lane	Name	School	Seed Time
Heat 1 of 2 Prelims			
1	Graves, Bradley	Msu-Billings	14.80
2	Okezie, Koby	Western Wash	14.77
3	McMillian-Thomas, Brandon	Saint Martin	16.72
4	Conklin, Justin	Western Oreg	15.04
5	Easley, Logan	Central Wash	15.63
6	Edwards, Jaden	Western Wash	15.09
7	Nye, Turner	Northwest Na	15.72
8	Hines, Christopher	Central Wash	16.82

Heat 2 of 2 Prelims

1	Wise, Aiden	Central Wash	14.82
2	Wagner, Joshua	Alaska Ancho	14.22
3	Robertson, Felix	Alaska Ancho	16.64
4	Boyd, Andrew	Saint Martin	14.87
5	Velasco, Adrian	Alaska Ancho	15.40
6	Klein, Drew	Central Wash	15.26
7	Rohde, Wyatt	Alaska Ancho	16.34

Event 5 Women 400 Meter Dash**8 Advance: Top 1 Each Heat plus Next 6 Best Times****Friday 5/13/2022 - 4:05 PM**

Lane	Name	School	Seed Time
Heat 1 of 2 Prelims			
1	Atlas, Tylantiss	Alaska Ancho	55.53
2	Hart, Jessy	Western Oreg	59.07
3	Backman, Kaitlyn	Alaska Ancho	1:00.07
4	Aniteye, Vanessa	Seattle Paci	54.60
5	DeJong, Laine	Northwest Na	59.07
6	Green, Aniya	Seattle Paci	58.88
7	Lindsay, Emily	Simon Fraser	55.01
Heat 2 of 2 Prelims			
1	Gomez, Alejandra	Northwest Na	1:00.56
2	Brence, Kalli	Northwest Na	58.78
3	Bell, Cree	Saint Martin	NT
4	Johansen, Victoria	Alaska Ancho	1:00.51
5	Severson, Madeline	Msu-Billings	1:01.16
6	Vidad, Joei	Alaska Ancho	57.90
7	Vanderput, Elizabeth	Simon Fraser	NT

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Event 6 Men 400 Meter Dash**8 Advance: Top 1 Each Heat plus Next 6 Best Times****Friday 5/13/2022 - 4:15 PM**

Lane	Name	School	Seed Time
Heat 1 of 2 Prelims			
1	Allen, Felix	Simon Fraser	49.76
2	Hunter, Timothy	Alaska Ancho	50.92
3	Chhim, Sonny	Western Wash	51.59
4	Angarita, Kevin	Alaska Ancho	50.74
5	Welch, Bryant	Western Wash	49.31
6	Arce-Torres, Gabe	Western Oreg	49.44
7	Witters, Ryan	Western Wash	51.00
8	Daniels, Mark	Western Wash	50.06

Heat 2 of 2 Prelims

1	Ralston, Ben	Msu-Billings	50.61
2	Brenck, Lucas	Western Wash	49.96
3	Carpenter, Evan	Seattle Paci	50.27
4	Oglesby, Jon	Western Wash	52.27
5	Sidor, Bryan	Central Wash	50.14
6	Le, Brian	Western Wash	50.24
7	Archer, Isaiah	Seattle Paci	49.17
8	Wani, Rudu	Saint Martin	53.20

Event 7 Women 100 Meter Dash**8 Advance: Top 1 Each Heat plus Next 5 Best Times****Friday 5/13/2022 - 4:30 PM**

Lane	Name	School	Seed Time
Heat 1 of 3 Prelims			
1	Williams, Juliette	Central Wash	12.43
2	Young, Makylee	Central Wash	12.74
3	Vu, Madison	Saint Martin	12.89
4	Grande, Madison	Northwest Na	12.87
5	Jacobs, Jordan	Simon Fraser	12.88
6	Wood, Abbey	Northwest Na	12.17
7	Hopwood, Maya	Western Oreg	12.23

Heat 2 of 3 Prelims

1	Leclair, Marie-Eloise	Simon Fraser	11.88
2	Bouyer, Jenna	Seattle Paci	12.09
3	Hansen, Makenna	Central Wash	12.22
4	Igbonagwam, Peace	Seattle Paci	12.31
5	Baniaga, Katie	Northwest Na	12.63
6	Thompson, Maliyah	Western Oreg	12.14
7	Wilson, Taryn	Western Oreg	12.63

Heat 3 of 3 Prelims

2	Popchuck, Ana	Western Oreg	12.56
3	Ochoa, Yareli	Central Wash	12.85
4	Green, Kiarra	Central Wash	12.96
5	Hollis, E'Lexis	Central Wash	12.04
6	Baniaga, Kayla	Northwest Na	12.84
7	Cheney, Caitlyn	Western Wash	12.60

Event 8 Men 100 Meter Dash**8 Advance: Top 1 Each Heat plus Next 5 Best Times****Friday 5/13/2022 - 4:45 PM**

Lane	Name	School	Seed Time
Heat 1 of 3 Prelims			
2	Armstrong, Landon	Saint Martin	11.07
3	Schulz, Andrew	Saint Martin	11.17
4	Fischer, Derek	Western Wash	11.22
5	Braseth, Hunter	Northwest Na	10.84
6	Widmar, Bobby	Central Wash	11.01
7	Johnson, Noah	Western Wash	10.91

Heat 2 of 3 Prelims

2	Schulz, Josh	Saint Martin	11.19
3	Belcher, Jeremy	Simon Fraser	10.94
4	Hendrix, Amari	Western Oreg	11.13
5	Davis, Zachary	Central Wash	10.88
6	Gordon, Jeff	Seattle Paci	10.90
7	Campbell, Enrique	Alaska Ancho	10.59

Heat 3 of 3 Prelims

2	Hunt, Sylvanus	Northwest Na	11.04
3	Greenwalt, Ryan	Western Wash	10.90
4	Suzuki, Kaito	Simon Fraser	11.09
5	Penson-McCoy, Jesaiah	Simon Fraser	10.89
6	Wiley, Cameron	Northwest Na	11.02
7	Loggins, Dominique	Western Oreg	10.85

Event 9 Women 800 Meter Run**8 Advance: Top 2 Each Heat plus Next 4 Best Times****Friday 5/13/2022 - 5:05 PM**

Lane	Name	School	Seed Time
Heat 1 of 2 Prelims			
1	Wright, Sophie	Western Wash	2:13.78
2	Thompson, Madison	Central Wash	2:24.06
3	Rising, Ellie	Seattle Paci	2:11.83
4	Chilton, Emily	Simon Fraser	2:15.54
5	Roe, Bailey	Alaska Ancho	2:17.21
6	Green, Peyton	Western Oreg	2:22.97

Heat 2 of 2 Prelims

1	Stoppel, Kailee	Msu-Billings	2:17.98
2	Andrews-Paul, Alison	Simon Fraser	2:01.43
3	Walchak-Sloan, Cassidy	Saint Martin	2:14.14
4	Ranahan, Alicia	Simon Fraser	2:27.71
5	Saucedo, Alisha	Saint Martin	2:22.44
6	Prangley, Charlotte	Simon Fraser	2:24.76
7	Roxby, Megan	Simon Fraser	2:13.94

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Event 10 Men 800 Meter Run**8 Advance: Top 2 Each Heat plus Next 2 Best Times****Friday 5/13/2022 - 5:15 PM**

Lane	Name	School	Seed Time
Heat 1 of 3 Prelims			
1	Bogale, Kirubel	Simon Fraser	1:53.88
2	Dannatt, Charlie	Simon Fraser	1:50.50
3	Henry, Will	Western Wash	1:52.97
4	Chapman, Tomas	Simon Fraser	1:52.73
5	Good, Aiden	Simon Fraser	1:52.07
6	Schmidt, Jordan	Simon Fraser	1:51.69
Heat 2 of 3 Prelims			
1	Crosswhite, Justin	Western Oreg	1:52.09
2	Thompson, Drew	Seattle Paci	2:02.63
3	Bloom, Jonah	Western Wash	1:54.85
4	Buckingham, Paul	Simon Fraser	1:50.90
5	Ahl, Aaron	Simon Fraser	1:49.01
6	Knowles, Brock	Western Wash	1:55.56
Heat 3 of 3 Prelims			
1	Weber, Drew	Western Wash	1:49.81
2	Franks, Macauley	Western Wash	1:50.05
3	Rambo, Tim	Western Oreg	1:56.25
4	Klus, Emmett	Western Oreg	1:55.04
5	Sanchez, Keeton	Western Oreg	1:53.73

Event 11 Women 400 Meter Hurdles**8 Advance: Top 1 Each Heat plus Next 6 Best Times****Friday 5/13/2022 - 5:35 PM**

Lane	Name	School	Seed Time
Heat 1 of 2 Prelims			
1	De Arvizu Sarrias, Blanca	Alaska Ancho	1:06.18
2	Brown, Johanna	Seattle Paci	1:08.60
3	Cano, Elena	Alaska Ancho	1:00.16
4	Drury, Kaitlyn	Northwest Na	1:08.35
5	Mortensen, Eden	Saint Martin	1:07.20
6	Bartolaba, Haley	Alaska Ancho	1:07.06
7	Hurley, Jenelle	Western Oreg	1:06.31
8	Krill, Rachel	Central Wash	1:10.69
Heat 2 of 2 Prelims			
1	Binder, Erika	Simon Fraser	1:04.87
2	Graham, Hailey	Northwest Na	1:08.84
3	DeChenne, McCall	Central Wash	1:01.60
4	Bates, Naomi	Western Wash	1:07.61
5	Fletcher, McKenzie	Seattle Paci	1:07.34
6	Bosma, Claire	Simon Fraser	1:06.49
7	Lambing, Madeline	Western Oreg	1:06.35
8	Durbin, Sierra	Msu-Billings	1:09.60

Event 12 Men 400 Meter Hurdles**8 Advance: Top 1 Each Heat plus Next 5 Best Times****Friday 5/13/2022 - 5:50 PM**

Lane	Name	School	Seed Time
Heat 1 of 3 Prelims			
2	Hines, Christopher	Central Wash	57.53
3	Albertin, Austin	Central Wash	53.42
4	Boyd, Andrew	Saint Martin	57.63
5	Okezie, Koby	Western Wash	54.99
6	Williams, Reilly	Central Wash	56.17
Heat 2 of 3 Prelims			
2	Wise, Aiden	Central Wash	56.40
3	Wagner, Joshua	Alaska Ancho	54.18
4	Bushnell, Daryl	Alaska Ancho	57.87
5	Rohde, Wyatt	Alaska Ancho	57.42
6	Hurd, Collin	Alaska Ancho	1:00.60
7	Velasco, Adrian	Alaska Ancho	54.83
Heat 3 of 3 Prelims			
2	Hanible, Aaron	Western Oreg	56.55
3	Edwards, Jaden	Western Wash	54.60
4	Engbretsen, Kale	Western Wash	58.80
5	Shepherd, Julius	Seattle Paci	56.66
6	Lenton, Jorin	Simon Fraser	54.78
7	Easley, Logan	Central Wash	58.91

Event 13 Women 200 Meter Dash**8 Advance: Top 1 Each Heat plus Next 6 Best Times****Friday 5/13/2022 - 6:10 PM**

Lane	Name	School	Seed Time
Heat 1 of 2 Prelims			
1	Atlas, Tylantiss	Alaska Ancho	24.64
2	Johansen, Victoria	Alaska Ancho	26.61
3	Wood, Abbey	Northwest Na	25.31
4	Thompson, Maliyah	Western Oreg	25.55
5	Hopwood, Maya	Western Oreg	25.63
6	Bouyer, Jenna	Seattle Paci	24.68
7	Hansen, Makenna	Central Wash	25.14
8	Brence, Kalli	Northwest Na	25.54
Heat 2 of 2 Prelims			
1	Backman, Kaitlyn	Alaska Ancho	25.84
2	Hollis, E'Lexis	Central Wash	25.69
3	Jacobs, Jordan	Simon Fraser	26.52
4	Bell, Cree	Saint Martin	26.29
5	Vidad, Joei	Alaska Ancho	25.61
6	Leclair, Marie-Eloise	Simon Fraser	24.30
7	Igbonagwam, Peace	Seattle Paci	24.77
8	Aniteye, Vanessa	Seattle Paci	25.19

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Event 14 Men 200 Meter Dash**8 Advance: Top 1 Each Heat plus Next 6 Best Times****Friday 5/13/2022 - 6:20 PM**

Lane	Name	School	Seed Time
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Heat 1 of 2 Prelims

1	Angarita, Kevin	Alaska Ancho	22.77
2	Penson-Mccoy, Jesaiah	Simon Fraser	21.87
3	Campbell, Enrique	Alaska Ancho	21.65
4	Braseth, Hunter	Northwest Na	21.67
5	Suzuki, Kaito	Simon Fraser	22.16
6	Sidor, Bryan	Central Wash	22.10
7	Hunt, Sylvanus	Northwest Na	22.42
8	Willey, Cameron	Northwest Na	22.14

Heat 2 of 2 Prelims

1	Welch, Bryant	Western Wash	21.82
2	Henry, Ryan	Western Wash	22.56
3	Le, Brian	Western Wash	22.53
4	Gordon, Jeff	Seattle Paci	22.06
5	Johnson, Noah	Western Wash	22.30
6	Armstrong, Landon	Saint Martin	22.42
7	Hunter, Timothy	Alaska Ancho	22.67
8	Brenek, Lucas	Western Wash	22.57

Event 15 Women 10000 Meter Run**Friday 5/13/2022 - 6:35 PM**

Lane	Name	School	Seed Time
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Section 1 of 1 Finals

1	Sabra, Sara	Saint Martin	38:41.95
2	Aquino, Brittany	Western Wash	40:06.60
3	Mastin, Zoie	Central Wash	42:02.51
4	McMahon, Emily	Northwest Na	44:27.09
5	Esvelt, Annika	Seattle Paci	34:20.76
6	Wiersema, Kit	Msu-Billings	43:05.97
7	Belton, Kalen	Northwest Na	NT
8	Himelbloom, Arielle	Alaska Ancho	NT
9	Burton, Abby	Saint Martin	46:05.55
10	Whitmer, Ally	Msu-Billings	41:53.15
11	Garcia, Luz	Western Oreg	38:54.51
12	Heim, Kelli	Central Wash	42:27.45
13	Heldt, Caitlin	Western Oreg	NT

Event 16 Men 10000 Meter Run**Friday 5/13/2022 - 7:25 PM**

Lane	Name	School	Seed Time
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Section 1 of 1 Finals

1	Shea, Tyler	Northwest Na	NT
2	McDermott, Kevin	Western Wash	32:07.43
3	Edgerton, Bryant	Msu-Billings	32:36.52
4	Daos, Keanu	Western Oreg	31:49.49
5	Theophilus, Abbas	Western Wash	33:11.69
6	LeBlanc, Brennan	Seattle Paci	33:18.69
7	Straus, Logan	Msu-Billings	NT
8	Conley, Treyson	Northwest Na	33:19.68
9	Alderfer, Jared	Western Wash	33:01.07
10	Javurek, Jalen	Western Wash	32:20.72
11	Nash, Cole	Alaska Ancho	29:24.40
12	Avalos, Jesus	Alaska Ancho	30:56.60
13	Ritter, Alec	Western Wash	32:28.08
14	Endresen, Gabe	Seattle Paci	33:52.04
15	Gill, Rajesh	Central Wash	32:38.10
16	Boutin, Colin	Seattle Paci	31:11.10
17	Slichko, Lance	Saint Martin	32:39.77
18	Sands, Sean	Western Wash	31:30.26

Event 17 Men Javelin Throw**Friday 5/13/2022 - 11:00 AM**

Pos	Name	School	Seed Mark
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Flight 1 of 2 Finals

1	Halme, Tyrel	Western Wash	43.38m
2	Mitchell, Abe	Northwest Na	47.55m
3	Klein, Drew	Central Wash	48.85m
4	Boyd, Andrew	Saint Martin	45.89m
5	Klein, Ryder	Msu-Billings	48.42m
6	Geck, Brandon	Msu-Billings	42.58m

Flight 2 of 2 Finals

1	Cortes, Bryan	Simon Fraser	59.21m
2	Nafziger, Eli	Western Oreg	54.52m
3	Chong, Jarrett	Simon Fraser	66.33m
4	Warmouth, Collin	Western Oreg	55.24m
5	Waldbauer, Laurenz	Northwest Na	72.38m
6	Schmidt, Steven	Northwest Na	51.50m
7	Goldstein, Austin	Western Oreg	62.96m
8	Tryon, Jaydon	Western Wash	58.15m
9	Armstrong, Landon	Saint Martin	51.16m

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Pos	Name	School	Seed Mark
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Flight 1 of 2 Finals

1	Kania, Sydney	Simon Fraser	5.36m
2	DeJong, Laine	Northwest Na	5.38m
3	Popchock, Ana	Western Oreg	5.29m
4	Clark, Emma	Northwest Na	5.30m
5	Waller, Danielle	Simon Fraser	5.34m
6	Severson, Madeline	Msu-Billings	5.25m
7	Maywin, Akor	Alaska Ancho	5.27m
8	Deters, Amity	Western Oreg	5.34m

Flight 2 of 2 Finals

1	Lynn, Kendall	Msu-Billings	5.39m
2	Lyamba, Lainnie	Western Wash	5.57m
3	Igbonagwam, Peace	Seattle Paci	6.00m
4	Dawkins, Aliyah	Western Wash	5.60m
5	Lagerwey, Matty	Western Wash	5.71m
6	Hurley, Jenelle	Western Oreg	5.79m
7	Young, Makaylee	Central Wash	5.40m
8	Cano, Elena	Alaska Ancho	5.62m
9	Kibbee, Leanne	Western Wash	5.50m

Event 19 Women Shot Put**Friday 5/13/2022 - 11:30 AM**

Pos	Name	School	Seed Mark
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Flight 1 of 2 Finals

1	Noser, Riley	Msu-Billings	11.13m
2	Christman, Aubrie	Msu-Billings	11.22m
3	Andres, Krystal	Western Oreg	11.05m
4	Crawford, Jordan	Northwest Na	10.50m
5	Short, Amanda	Western Wash	ND
6	Hargett, Halle	Western Oreg	11.80m
7	Lyness, Liliana	Western Oreg	11.76m
8	Moline, Ryann	Msu-Billings	11.19m

Flight 2 of 2 Finals

1	Elenbaas, Payton	Central Wash	12.10m
2	Herbert, Destany	Northwest Na	12.95m
3	Lobmeyer, Dakota	Msu-Billings	12.37m
4	Cleveland Barrera, Carmen	Western Wash	11.94m
5	Potts, Katie	Western Wash	13.46m
6	Kaufman, Jasmine	Western Wash	11.99m
7	Gianotti, Moana	Western Oreg	13.99m
8	Saribay, Jocelyn	Saint Martin	12.82m
9	Fisk, Avery	Central Wash	13.37m

Event 20 Men Discus Throw**Friday 5/13/2022 - 1:45 PM**

Pos	Name	School	Seed Mark
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Flight 1 of 1 Finals

1	Lamb, Lars	Northwest Na	36.16m
2	Guisti, Coen	Msu-Billings	36.87m
3	Malquist, Ben	Western Wash	45.09m
4	Robbins, Cody	Northwest Na	44.60m
5	Au-Haupt, Micah	Saint Martin	40.42m
6	Young, Omar	Central Wash	47.86m
7	Swaney, Braden	Northwest Na	37.38m
8	Cross, Forrest	Msu-Billings	45.60m
9	Burr, Colton	Northwest Na	36.13m
10	Knight, Derek	Northwest Na	39.32m
11	Franklin, Wyatt	Central Wash	45.43m
12	Anderson, Braden	Msu-Billings	36.80m
13	Hendry, Dylan	Northwest Na	44.44m

Event 21 Men Long Jump**Friday 5/13/2022 - 1:00 PM**

Pos	Name	School	Seed Mark
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Flight 1 of 2 Finals

1	Gibbs, Mitchell	Simon Fraser	6.41m
2	Jackman, Joshua	Alaska Ancho	6.44m
3	Klein, Drew	Central Wash	6.57m
4	Harper, Lucas	Msu-Billings	6.31m
5	Mazzeo, James	Western Oreg	6.23m
6	McAllister, Cyrus	Western Wash	6.26m
7	Dances, Seren	Western Wash	6.70m
8	Kenny, Ryan	Western Wash	6.56m
9	Harrison, Marley	Western Oreg	6.50m
10	Schmidt, Steven	Northwest Na	6.67m
11	Hines, Christopher	Central Wash	6.45m
12	Silva, Tre	Central Wash	6.57m

Flight 2 of 2 Finals

1	Sample, Collin	Alaska Ancho	6.95m
2	Greenwalt, Ryan	Western Wash	6.82m
3	Kuzyk, Zackary	Simon Fraser	7.03m
4	Njeri, David	Seattle Paci	6.93m
5	Rihari, Gerohm	Northwest Na	6.86m
6	Schulz, Andrew	Saint Martin	6.87m
7	Sterkel, Ethan	Western Wash	7.20m
8	Schulz, Josh	Saint Martin	7.40m
9	Furtado, Blake	Simon Fraser	6.82m

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Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	Lagerwey, Matty	Western Wash	36.63m
2	Coe, Taliah	Western Wash	35.20m
3	Buckway, Nizhoni	Northwest Na	39.95m
4	Andres, Krystal	Western Oreg	36.43m
5	Short, Amanda	Western Wash	47.48m
6	Hurley, Jenelle	Western Oreg	35.86m
7	Wright, Kaylee	Western Oreg	48.37m
8	Jolma, Brynn	Msu-Billings	33.00m
9	Moline, Ryann	Msu-Billings	39.35m
10	Duenninger, Carlotta	Alaska Ancho	37.49m
11	McLauchlin, Lyndee	Western Oreg	40.90m
12	Ekness, Faith	Msu-Billings	32.85m
13	Cookman, Jordan	Msu-Billings	34.57m

Event 23 Women Pole Vault**Friday 5/13/2022 - 3:45 PM**

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	Van Der Meer, Mette	Alaska Ancho	3.52m
2	Hill, Charlie	Seattle Paci	3.50m
3	Brelsford, Mariah	Alaska Ancho	NH
4	Young, Phoebe	Saint Martin	2.94m
5	Yenor, Kinsey	Northwest Na	3.76m
6	Coleman, Allison	Central Wash	3.10m
7	Northey, Emily	Seattle Paci	2.91m
8	Licari, Madison	Seattle Paci	3.66m
9	Tran, Annie	Western Wash	3.50m
10	Daugherty, Lizzy	Seattle Paci	3.76m
11	Cabrera, Brianna	Saint Martin	3.26m
12	Konrad, Shawnee	Western Wash	3.37m
13	Coble, Kaylee	Western Wash	3.22m
14	Skaggs, Claire	Saint Martin	3.40m
15	Cheney, Julie	Northwest Na	3.75m
16	Mancinelli, Olivia	Northwest Na	2.55m

Event 24 Women Discus Throw**Friday 5/13/2022 - 4:30 PM**

Pos	Name	School	Seed Mark
Flight 1 of 2 Finals			
1	Christman, Aubrie	Msu-Billings	32.68m
2	Board, Brenna	Central Wash	36.26m
3	Lobmeyer, Dakota	Msu-Billings	33.97m
4	Kaufman, Jasmine	Western Wash	36.26m
5	Tulimaiau, Danara	Msu-Billings	32.63m
6	Ekness, Faith	Msu-Billings	32.80m
7	Saribay, Jocelyn	Saint Martin	37.46m

Flight 2 of 2 Finals

1	Crawford, Jordan	Northwest Na	38.95m
2	Hargett, Halle	Western Oreg	38.09m
3	Herbert, Destany	Northwest Na	39.56m
4	Elenbaas, Payton	Central Wash	39.43m
5	Fisk, Avery	Central Wash	42.70m
6	Potts, Katie	Western Wash	43.88m
7	Andres, Krystal	Western Oreg	37.58m
8	Coe, Taliah	Western Wash	42.80m
9	Moline, Ryann	Msu-Billings	40.56m

Event 25 Men High Jump**Friday 5/13/2022 - 4:45 PM**

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	Mercado, Damian	Western Wash	1.93m
2	Manju, Iyan	Western Wash	1.88m
3	Cummings, Cooper	Western Wash	1.84m
4	Hasher, Devin	Western Oreg	1.95m
5	Kenny, Ryan	Western Wash	1.90m
6	Rihari, Gerohm	Northwest Na	2.01m
7	Sheeran, Beau	Western Wash	2.03m
8	Kibler, Trent	Western Wash	1.97m
9	Schmidt, Steven	Northwest Na	2.06m
10	Okere, Favor	Msu-Billings	1.90m
11	Dances, Seren	Western Wash	1.84m
12	Sterkel, Ethan	Western Wash	2.00m
13	Kuzyk, Zackary	Simon Fraser	1.85m
14	Conklin, Justin	Western Oreg	1.96m
15	Sorah, Brennan	Western Oreg	1.90m
16	Steele, Jacob	Northwest Na	1.87m

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Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
1	Saint Martin	A	49.54
	1) Vu, Madison	2) Bell, Cree	
	3) Zilla, Margaret	4) Cintron, Gabriela	
	5) Mortensen, Eden	6) Cook, Hannah	
2	Western Oreg	A	48.91
	1) Hopwood, Maya	2) Wilson, Taryn	
	3) Popchock, Ana	4) Thompson, Maliyah	
	5) Lavato, Josie	6) Jackson, Logan	
3	Alaska Ancho	A	48.46
	1) Johansen, Victoria	2) Backman, Kaitlyn	
	3) De Arvizu Sarrias, Blanca	4) Vidad, Joei	
	5) Atlas, Tylantiss	6) Cano, Elena	
4	Simon Fraser	A	47.27
	1) Binder, Erika	2) Leclair, Marie-Eloise	
	3) Lindsay, Emily	4) Voloshin, Diana	
5	Seattle Paci	A	46.43
	1) Igbonagwam, Peace	2) Aniteye, Vanessa	
	3) Green, Aniya	4) Bouyer, Jenna	
6	Central Wash	A	47.46
	1) Hansen, Makenna	2) Williams, Juliette	
	3) Ochoa, Yareli	4) Hollis, E'Lexis	
	5) Young, Makaylee		
7	Northwest Na	A	48.81
	1) Baniaga, Katie	2) Wood, Abbey	
	3) Grande, Madison	4) Brence, Kalli	
	5) Williams, Shayna		
8	Western Wash	A	49.31
	1) Lyamba, Lainnie	2) Cheney, Caitlyn	
	3) Sanford, Jamie	4) Bates, Naomi	
	5) Dawkins, Aliyah	6) Neal, Jessica	

Event 27 Men 4x100 Meter Relay**Saturday 5/14/2022 - 2:50 PM**

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
1	Saint Martin	A	44.06
	1) Tanicala, Josh	2) Armstrong, Landon	
	3) Schulz, Andrew	4) Schulz, Josh	
	5) Georgia, Nick	6) Boyd, Andrew	
2	Seattle Paci	A	43.17
	1) Njeri, David	2) Gordon, Jeff	
	3) Shepherd, Julius	4) Holmes, Darius	
3	Western Wash	A	42.03
	1) Greenwalt, Ryan	2) Le, Brian	
	3) Daniels, Mark	4) Johnson, Noah	
	5) Fischer, Derek	6) Witters, Ryan	
4	Central Wash	A	41.87
	1) Sidor, Bryan	2) Davis, Zachary	
	3) Widmar, Bobby	4) Albertin, Austin	
	5) Klein, Drew	6) Silva, Tre	
5	Alaska Ancho	A	41.87
	1) Campbell, Enrique	2) Wagner, Joshua	
	3) Hunter, Timothy	4) Belanger, Jacob	
	5) Angarita, Kevin	6) Velasco, Adrian	
6	Northwest Na	A	41.98
	1) Wong, Nicholas	2) Braseth, Hunter	
	3) Willey, Cameron	4) Hunt, Sylvanus	
	5) Breuer, Dylan		
7	Msu-Billings	A	43.14
	1) Ullery, William	2) Graves, Bradley	
	3) Okere, Favor	4) Ralston, Ben	
8	Western Oreg	A	44.00
	1) Loggins, Dominique	2) Mazzeo, James	
	3) Hendrix, Amari	4) Arce-Torres, Gabe	

Event 28 Women 1500 Meter Run**Saturday 5/14/2022 - 3:00 PM**

Lane	Name	School	Seed Time
Section 1 of 1 Finals			
1	Chilton, Emily	Simon Fraser	4:35.16
2	Wright, Sophie	Western Wash	4:32.59
3	Cameron, Kate	Simon Fraser	4:44.29
4	Nyamasyo, Alfin	Alaska Ancho	4:42.41
5	Child, Madison	Central Wash	4:46.86
6	Walchak-Sloan, Cassidy	Saint Martin	4:38.95
7	Roe, Bailey	Alaska Ancho	4:42.01
8	Andrews-Paul, Alison	Simon Fraser	4:21.29
9	Michael, Libby	Seattle Paci	4:37.30
10	Rising, Ellie	Seattle Paci	4:40.87
11	Willett, Olivia	Simon Fraser	4:42.87
12	Chapman, Katie	Western Oreg	4:48.38
13	Crocker, Mia	Western Wash	4:31.25
14	Chalk, Grace	Simon Fraser	4:43.32

2022 GNAC Championship - 5/13/2022 to 5/14/2022**Central Washington University****Meet Program****Event 29 Men 1500 Meter Run****Saturday 5/14/2022 - 3:05 PM**

Lane	Name	School	Seed Time
Section 1 of 1 Finals			
1	Dannatt, Charlie	Simon Fraser	3:42.01
2	Arndt, Scott	Simon Fraser	3:55.43
3	Warren, Calahan	Western Wash	3:43.00
4	Franks, Macauley	Western Wash	3:42.22
5	Castro, Jose	Simon Fraser	3:58.06
6	Sundt, Zack	Central Wash	3:56.28
7	Ahl, Aaron	Simon Fraser	3:39.97
8	Crosswhite, Justin	Western Oreg	3:48.93
9	Ritter, Alec	Western Wash	4:01.94
10	Hutton, Hunter	Western Oreg	3:49.48
11	Klus, Emmett	Western Oreg	3:58.07
12	Good, Aiden	Simon Fraser	3:51.81
13	Ruckman-Utting, Henry	Simon Fraser	3:52.31
14	Sanchez, Keeton	Western Oreg	3:53.45
15	Owen, Jon	Seattle Paci	4:01.36
16	Ackerman, Ase	Msu-Billings	3:52.71

Event 42 Women 5000 Meter Run**Saturday 5/14/2022 - 4:50 PM**

Lane	Name	School	Seed Time
Section 1 of 1 Finals			
1	Melville, Rosie	Central Wash	18:51.96
2	Davis, Ila	Western Wash	17:49.45
3	Belton, Kalen	Northwest Na	18:09.10
4	Cantu, Kaylin	Western Oreg	18:34.25
5	Sabra, Sara	Saint Martin	18:17.97
6	Child, Madison	Central Wash	19:25.94
7	Himelbloom, Arielle	Alaska Ancho	19:18.20
8	Hartley, Naomi	Saint Martin	17:50.82
9	Aquino, Brittany	Western Wash	18:26.74
10	Marion, Ella	Simon Fraser	18:08.50
11	Johnson, Emily	Western Oreg	19:19.17
12	Esvelt, Annika	Seattle Paci	16:14.31
13	Garcia, Luz	Western Oreg	18:15.34
14	Mattson, Molly	Central Wash	19:02.95
15	Heldt, Caitlin	Western Oreg	18:27.31
16	Yorges, Nicki	Seattle Paci	18:14.74

Event 43 Men 5000 Meter Run**Saturday 5/14/2022 - 5:15 PM**

Lane	Name	School	Seed Time
Section 1 of 1 Finals			
1	McDermott, Kevin	Western Wash	14:29.29
2	Gillingham, Jeret	Western Wash	14:31.57
3	Daos, Keanu	Western Oreg	14:57.97
4	Mekonnen, Ephrem	Simon Fraser	14:56.60
5	Alderfer, Jared	Western Wash	14:51.63
6	Avalos, Jesus	Alaska Ancho	14:54.31
7	Javurek, Jalen	Western Wash	14:54.10
8	Moos, Jacob	Alaska Ancho	14:28.59
9	Smith, Bailey	Western Oreg	14:48.92
10	Korta, Kaleb	Western Wash	14:51.99
11	Warren, Calahan	Western Wash	14:13.90
12	Boutin, Colin	Seattle Paci	15:05.23
13	Savely, Ty	Central Wash	14:57.09
14	Brinkman, Sebastian	Simon Fraser	14:38.80
15	Wilcox, Quinn	Western Wash	14:54.20
16	Gill, Rajesh	Central Wash	15:06.97
17	Shea, Tyler	Northwest Na	14:18.84
18	Nash, Cole	Alaska Ancho	13:53.33

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Event 44 Women 4x400 Meter Relay

Saturday 5/14/2022 - 5:40 PM

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
1	Msu-Billings	A	4:08.59
	1) Severson, Madeline	2) Durbin, Sierra	
	3) Hamill, Katelyn	4) Stoppel, Kailee	
2	Western Wash	A	4:03.27
	1) Bates, Naomi	2) Wright, Sophie	
	3) Cheney, Caitlyn	4) Crocker, Mia	
	5) Davis, Ila	6) Lagerwey, Matty	
3	Northwest Na	A	3:54.30
	1) Brence, Kalli	2) Gomez, Alejandra	
	3) Wood, Abbey	4) DeJong, Laine	
4	Seattle Paci	A	3:45.91
	1) Igbonagwam, Peace	2) Bouyer, Jenna	
	3) Green, Aniya	4) Aniteye, Vanessa	
5	Simon Fraser	A	3:42.35
	1) Binder, Erika	2) Andrews-Paul, Alison	
	3) Leclair, Marie-Eloise	4) Lindsay, Emily	
	5) Bosma, Claire	6) Vanderput, Elizabeth	
6	Alaska Ancho	A	3:50.35
	1) Cano, Elena	2) Vidad, Joei	
	3) De Arvizu Sarrias, Blanca	4) Atlas, Tylantiss	
	5) Bartolaba, Haley	6) Backman, Kaitlyn	
7	Western Oreg	A	4:02.48
	1) Lambing, Madeline	2) Thompson, Maliyah	
	3) Green, Peyton	4) Hart, Jessy	
	5) Deters, Amity	6) Lavato, Josie	
8	Central Wash	A	4:06.24
	1) Hansen, Makenna	2) Hollis, E'Lexis	
	3) Ochoa, Yareli	4) DeChenne, McCall	
	5) Williams, Juliette	6) Chandler, Lauryn	

Event 45 Men 4x400 Meter Relay

Saturday 5/14/2022 - 5:45 PM

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
1	Msu-Billings	A	3:28.03
	1) Ullery, William	2) Graves, Bradley	
	3) Harper, Lucas	4) Ralston, Ben	
2	Northwest Na	A	3:27.20
	1) Braseth, Hunter	2) Wilkins, Shalkar	
	3) Kosgei, Norman	4) Nye, Turner	
3	Western Wash	A	3:23.78
	1) Le, Brian	2) Brenek, Lucas	
	3) Daniels, Mark	4) Welch, Bryant	
	5) Greenwalt, Ryan	6) Weber, Drew	
4	Alaska Ancho	A	3:20.41
	1) Angarita, Kevin	2) Wagner, Joshua	
	3) Velasco, Adrian	4) Campbell, Enrique	
	5) Rohde, Wyatt	6) Hunter, Timothy	
5	Simon Fraser	A	3:17.70
	1) Allen, Felix	2) Lenton, Jorin	
	3) Buckingham, Paul	4) Ahl, Aaron	
	5) Schmidt, Jordan	6) Dannatt, Charlie	
6	Seattle Paci	A	3:22.08
	1) Njeri, David	2) Carpenter, Evan	
	3) Shepherd, Julius	4) Archer, Isaiah	
7	Central Wash	A	3:24.57
	1) Hines, Christopher	2) Wise, Aiden	
	3) Klein, Drew	4) Albertin, Austin	
	5) Sidor, Bryan	6) Williams, Reilly	
8	Western Oreg	A	3:27.35
	1) Arce-Torres, Gabe	2) Hendrix, Amari	
	3) Sanchez, Keeton	4) Rambo, Tim	
	5) Crosswhite, Justin	6) Hanible, Aaron	

Event 46 Men Triple Jump

Saturday 5/14/2022 - 10:15 AM

Pos	Name	School	Seed Mark
Flight 1 of 2 Finals			
1	Flury, Jacob	Western Oreg	12.63m
2	Silva, Tre	Central Wash	12.65m
3	Sample, Collin	Alaska Ancho	12.56m
4	Robertson, Felix	Alaska Ancho	12.71m
5	Johnson, Josh	Northwest Na	12.30m
6	Olson, Bryce	Msu-Billings	12.08m
7	Sedlacek, Colton	Northwest Na	11.98m

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Flight 2 of 2 Finals...(Event 46 Men Triple Jump)

1	Harrison, Marley	Western Oreg	13.79m
2	Njeri, David	Seattle Paci	15.19m
3	Hines, Christopher	Central Wash	13.51m
4	McMillen, Garrett	Msu-Billings	13.06m
5	Schulz, Josh	Saint Martin	14.00m
6	Kuzyk, Zackary	Simon Fraser	13.43m
7	Dances, Seren	Western Wash	13.20m
8	Mercado, Damian	Western Wash	13.50m
9	Rihari, Gerohm	Northwest Na	12.87m

Event 47 Men Shot Put**Saturday 5/14/2022 - 10:45 AM**

Pos	Name	School	Seed Mark
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Flight 1 of 1 Finals

1	Collins, Owen	Western Oreg	14.50m
2	Robbins, Cody	Northwest Na	14.28m
3	Au-Haupt, Micah	Saint Martin	14.71m
4	Swaney, Braden	Northwest Na	10.96m
5	Anderson, Braden	Msu-Billings	14.42m
6	Malquist, Ben	Western Wash	16.06m
7	Burr, Colton	Northwest Na	14.06m
8	Franklin, Wyatt	Central Wash	13.53m
9	Warren, Mark	Western Oreg	13.36m
10	Knight, Derek	Northwest Na	12.24m
11	Lee, Jerrod	Western Wash	14.13m
12	Hendry, Dylan	Northwest Na	14.75m
13	Cross, Forrest	Msu-Billings	14.45m

Event 48 Women Triple Jump**Saturday 5/14/2022 - 12:45 PM**

Pos	Name	School	Seed Mark
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Flight 1 of 2 Finals

1	Alberts, Ellie	Northwest Na	10.81m
2	Deters, Amity	Western Oreg	10.95m
3	Blue, Hailey	Western Oreg	10.05m
4	Jackson, Logan	Western Oreg	10.02m
5	Paugh, Madison	Simon Fraser	10.50m
6	Sanford, Jamie	Western Wash	10.96m
7	Zilla, Margaret	Saint Martin	10.63m
8	Lagerwey, Matty	Western Wash	ND

Flight 2 of 2 Finals

1	Cabanos, Erica	Central Wash	11.32m
2	Clark, Emma	Northwest Na	11.20m
3	Lyamba, Lainnie	Western Wash	11.16m
4	Hurley, Jenelle	Western Oreg	11.13m
5	Clemens, Macy	Western Oreg	11.00m
6	Popchock, Ana	Western Oreg	11.51m
7	Primrose, Kennedy	Simon Fraser	11.37m
8	Dawkins, Aliyah	Western Wash	11.67m
9	Lynn, Kendall	Msu-Billings	11.24m

Event 49 Women Hammer Throw**Saturday 5/14/2022 - 1:15 PM**

Pos	Name	School	Seed Mark
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Flight 1 of 2 Finals

1	Cookman, Jordan	Msu-Billings	40.99m
2	Saribay, Jocelyn	Saint Martin	43.45m
3	Mendoza, Jazmin	Central Wash	40.72m
4	Crawford, Jordan	Northwest Na	44.04m
5	Potts, Katie	Western Wash	41.25m
6	Auelua, Marylinn	Central Wash	44.02m
7	Board, Brenna	Central Wash	42.51m
8	Carpenter, Emillia	Western Oreg	43.27m
9	Tulimaiau, Danara	Msu-Billings	37.46m

Flight 2 of 2 Finals

1	Westfall, Raine	Western Wash	49.86m
2	Liniewski, Zuzanna	Simon Fraser	49.02m
3	Elenbaas, Payton	Central Wash	45.12m
4	Smallbeck, Meagan	Central Wash	45.78m
5	Gianotti, Moana	Western Oreg	44.71m
6	Herbert, Destany	Northwest Na	49.65m
7	Lyness, Liliana	Western Oreg	45.32m
8	Hanger, Kaitlyn	Simon Fraser	46.78m
9	Pesina, Mercedes	Central Wash	45.94m

Event 50 Men Pole Vault**Saturday 5/14/2022 - 3:10 PM**

Pos	Name	School	Seed Mark
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Flight 1 of 1 Finals

1	Halme, Tyrel	Western Wash	3.97m
2	Campbell, Tysen	Central Wash	4.28m
3	Koenig, William	Northwest Na	4.00m
4	Schmidt, Steven	Northwest Na	4.25m
5	Bowman, Brad	Seattle Paci	4.31m
6	Okinaka, Deylan	Central Wash	4.22m
7	Lee, Kainoa	Seattle Paci	4.52m
8	Cummings, Cooper	Western Wash	4.22m
9	Nye, Turner	Northwest Na	4.00m
10	Provo, Kacey	Western Wash	4.72m
11	Klein, Drew	Central Wash	4.46m
12	Thompson, Jacob	Central Wash	4.52m

Event 51 Men Hammer Throw**Saturday 5/14/2022 - 3:40 PM**

Pos	Name	School	Seed Mark
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Flight 1 of 2 Finals

1	Au-Haupt, Micah	Saint Martin	44.59m
2	Guisti, Coen	Msu-Billings	47.77m
3	Swaney, Braden	Northwest Na	44.09m
4	Lee, Jerrod	Western Wash	45.61m
5	Knight, Derek	Northwest Na	46.14m
6	Warren, Mark	Western Oreg	47.71m
7	Reece, Francesco	Saint Martin	46.49m

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1	Cole, Samuel	Western Oreg	52.81m
2	Cross, Forrest	Msu-Billings	47.99m
3	Burr, Colton	Northwest Na	55.17m
4	Eiland, Josh	Saint Martin	49.76m
5	Hendry, Dylan	Northwest Na	53.09m
6	Young, Omar	Central Wash	49.82m
7	Collins, Owen	Western Oreg	50.48m
8	Beaton, Angus	Central Wash	51.26m
9	Peralta, Noa	Saint Martin	48.65m

Event 52 Women High Jump**Saturday 5/14/2022 - 3:45 PM**

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	Hurley, Jenelle	Western Oreg	1.56m
2	Kania, Sydney	Simon Fraser	1.66m
3	Neal, Jessica	Western Wash	1.66m
4	Dawkins, Aliyah	Western Wash	1.59m
5	Clemens, Macy	Western Oreg	1.56m
6	Kibbee, Leanne	Western Wash	1.53m
7	Cano, Elena	Alaska Ancho	1.71m
8	Ngaida, Kalulusno	Western Oreg	1.56m
9	Maywin, Akor	Alaska Ancho	1.56m
10	Mader, Mikayla	Alaska Ancho	1.48m
11	Severson, Madeline	Msu-Billings	1.50m
12	Lagerwey, Matty	Western Wash	1.45m
13	Koch, Miya	Northwest Na	1.69m
14	Mortensen, Eden	Saint Martin	1.49m
15	Deters, Amity	Western Oreg	1.60m