

WWU'S GNAC ATHLETES OF THE WEEK

WWU Track & Field

2024-25		20	Most in Career:	
Kora Cook (W)	Dec. 9-15	M: 8	Katie Potts	9
Bec Bennett (W)	Jan. 13-19	W: 12	Alex Donigian (M)	7
Jessica Polkinghorn (W)	Jan. 13-19		Bethany Drake (W)	7
Evin Ford (M)	Jan. 27-Feb. 2		Sarah Porter (W)	6
Mia Crocker (W)	Feb. 10-16		Emily Warman (W)	5
Liam Wall (M)	Feb. 10-16		Katie Reichert (W)	5
Jakob Braunstein (M)	Feb. 24-Mar. 2		Kevin McDermott	4
Maurice Woodring (M)	Mar. 3-9		Bec Bennett (W)	4
Bec Bennett (W)	Mar. 3-9		Ila Davis (W)	4
Jessica Polkinghorn (W)	Mar. 3-9		Anna Paradee (W)	4
Noah Turner (M)	Mar. 10-16		Jordan Welling (M)	4
Bec Bennett (W)	Mar. 17-23		Raquel Pellecer (W)	4
Maurice Woodring (M)	Mar. 31-Apr. 6		Ryan Brown (M)	4
Katie Potts (W)	Mar. 31-Apr. 6		Ethan Sterkel (M)	4
4x400 Relay (M)	April 7-13		Jessica Polkinghorn (W)	3
4x400 Relay (W)	April 7-13		Mia Crocker (W)	3
Bec Bennett (W)	April 14-20		Drew Weber (M)	3
Jessica Polkinghorn (W)	April 14-20		Calahan Warren (M)	3
Katie Potts (W)	April 21-27		Amanda Short (F)	3
Kevin McDermott (M)	April 21-27		Brandon Pless (M)	3
2023-24		18	Brett Watson (M)	3
Kevin McDermott (M)	Jan. 8-14	M: 9	Frank Catelli (M)	3
Kevin McDermott (M)	Jan. 22-28	W: 9	Jessica Telleria (W)	3
Ryan Greenwalt (M)	Jan. 22-28		Lindsay Wells (W)	3
Katie Potts (W)	Jan. 22-28		Michael Hoffman (M)	3
Ila Davis (W)	Feb. 19-25		Tanya Bjornsson (W)	3
Katie Potts (W)	Feb. 19-25		Travis Millbrandt (M)	3
Ryan Clough (M)	Feb. 26-Mar. 3		Tyler Thombrue (M)	3
Katie Potts (W)	March 4-10		Aliyah Dawkins (W)	3
Jakob Braunstein (M)	March 4-10		Maurice Woodring (M)	2
Brian Le (M)	March 4-10		Jakob Braunstein (M)	2
Jeret Gillingham (M)	March 18-24		Liam Wall (M)	2
Ila Davis (W)	March 25-31		Jeret Gillingham	2
Katie Potts (W)	April 1-6		Raine Westfall (W)	2
Katie Potts (W)	April 22-28		Mac Franks (M)	2
Miller Campbell (M)	April 22-28		Christy Miller (W)	2
Sophie Wnght (W)	April 29-May 5		Dania Swosinski (W)	2
Katie Potts (W)	April 29-May 5		Ellie Siler (W)	2
Liam Wall (M)	April 29-May 5		Gordon Kordas (M)	2
2022-23		15	Heidi Dimmitt (W)	2
Raine Westfall (W)	Dec. 5-11	M: 9	Hunter Vemer (M)	2
Miller Campbell (M)	Jan. 23-29	W: 6	Hannah Nienaber (W)	2
Drew Weber (M)	Feb. 20-26		Katelyn Steen (W)	2
Andrew Oslin (M)	Feb. 27-Mar. 5		Keith Lemay (M)	2
Katie Potts (W)	March 6-12		Megan Mortensen (W)	2
Ila Davis (W)	March 6-12		Ryan Macdonald (M)	2
Gabe Menicke (M)	March 6-12		JT Konrad (M)	2
George Karamitsos (M)	March 13-19		Karlington Anunagba (M)	2
Marian Ledesma (W)	March 20-26		Cordell Cummings (M)	2
Kevin McDermott (M)	March 27-April 2		228	All-Time Selections
Ashley Reeck (W)	April 3-9			Most in Season
Mara Parks (W)	April 3-9			
Drew Weber (M)	April 10-16			
Jonah Bloom (M)	April 24-30			
Jaydon Tryon (M)	April 24-30			
2021-22		18		
Aliyah Dawkins (W)	Nov. 29-Dec. 5	M: 10		
Cooper Cummings (M)	Nov. 29-Dec. 5	W: 8		
Mac Franks (M)	Dec. 6-12			
Ethan Sterkel (M)	Jan. 10-16			
Ethan Sterkel (M)	Jan. 24-30			
Ethan Sterkel (M)	Jan. 31-Feb. 6			
Ethan Sterkel (M)	Feb. 21-27			
Mac Franks (M)	Feb. 21-27			
Aliyah Dawkins (W)	Feb. 21-27			
Mia Crocker (W)	Feb. 21-27			
Amanda Short (W)	Feb. 28-Mar. 6			
Sean Sands (M)	Feb. 28-Mar. 6			
Ila Davis (F)	March 7-13			
Raine Westfall (F)	March 7-13			
Amanda Short (W)	March 28-April 3			
Damian Mercado (M)	April 4-10			
Mia Crocker (W)	April 25-May 1			
Drew Weber (M)	May 2-8			
2020-21		11		
Calahan Warren (M)	March 15-21	M: 6		
Hannah Nienaber (W)	March 15-21	W: 5		
Calahan Warren (M)	March 22-28			
Hannah Nienaber (W)	March 22-28			
Calahan Warren (M)	March 29-April 4			
Karlie Hurley (W)	March 29-April 4			
Trent Kibler (M)	April 5-11			
Natalie Vetto (W)	April 19-25			
David Tran (M)	April 26-May 2			

Jeret Gillingham (M) April 26-May 2
 Natalie Vetto (W) May 3-9

2019-20		6
Tupre Wickliff (M)	Dec. 2-8	M: 4
Aliyah Dawkins (W)	Jan. 27-Feb. 2	W: 2
Ethan Sterkel (M)	Feb. 24-Mar. 1	
Ed Kiobasa (M)	Feb. 24-Mar. 1	
Amanda Short (W)	Mar. 2-8	
Avery Lux (M)	Mar. 2-8	

2018-19		11
Anna Paradee (W)	Feb. 18-24	M: 6
Raquel Pellecer (W)	Feb. 25-Mar. 3	W: 5
Molly House (W)	Feb. 25-Mar. 3	
Cordell Cummings (M)	Mar. 4-10	
Dylan Hayes (M)	Mar. 11-17	
Savannah Smith (W)	Mar. 11-17	
Maddie Taylor (W)	Mar. 11-17	
JT Konrad (M)	Mar. 25-31	
Karlington Anunagba (M)	Apr. 1-7	
Karlington Anunagba (M)	Apr. 8-14	
Cordell Cummings (M)	Apr. 15-21	

2017-18		7
JT Konrad (M)	Feb. 19-25	M: 3
Raquel Pellecer (W)	Feb. 26-Mar. 4	W: 4
Bryant Welch (M)	Mar. 5-11	
Alex Barry (M)	Mar. 5-11	
Raquel Pellecer (W)	Mar. 5-11	
Raquel Pellecer (W)	Mar. 26-April 1	
Emily Sytsma (W)	April 23-29	

2016-17		11
Brandon Pless (M)	Jan. 8-15	M: 6
Gordon Kordas (M)	Jan. 23-29	W: 5
Peter Butler (M)	Feb. 27-Mar. 5	
Jacob Ringold (M)	Feb. 27-Mar. 5	
Megan Mortensen (W)	Feb. 27-Mar. 5	
Brandon Pless (M)	Mar. 6-12	
Brandon Pless (M)	Mar. 20-26	
Bethany Drake (W)	Mar. 27-April 2	
Bethany Drake (W)	April 10-16	
Anna Paradee (W)	April 24-30	
Anna Paradee (W)	May 1-7	

2015-16		10
Travis Millbrandt (M)	Feb. 1-7	M: 5
Miranda Osadchey (W)	Feb. 22-28	W: 5
Matt Lutz (M)	Feb. 29-Mar. 6	
Bethany Drake (W)	Feb. 29-Mar. 6	
Katie Reichert (W)	Mar. 21-27	
Alex Donigian (M)	Mar. 28-April 3	
Bethany Drake (W)	Mar. 28-April 3	
Alex Donigian (M)	April 11-17	
Travis Millbrandt (M)	April 18-24	
Bethany Drake (W)	April 25-May 1	

2014-15		12
Alex Donigian (M)	Jan. 12-18	M: 6
Travis Millbrandt (M)	Feb. 9-15	W: 6
Gordon Kordas (M)	Feb. 23-Mar 1	
Haley O'Connor (W)	Mar. 2-8	
Katie Reichert (W)	Mar. 2-8	
Ryan Macdonald (M)	Mar. 16-22	
Anna Paradee (W)	Mar. 16-22	
Alex Donigian (M)	Mar. 23-29	
Megan Mortensen (W)	Mar. 30-April 5	
Katelyn Steen (W)	April 13-19	
Katie Reichert (W)	April 13-19	
Brett Watson (M)	April 13-19	

2014		16
Alex Donigian (M)	Jan. 13-19	M: 8
Frank Catelli (M)	Jan. 13-19	W: 8
Chip Jackson (M)	Jan. 27-Feb. 2	
Brett Watson (M)	Jan. 27-Feb. 2	
Tanya Bjornsson (W)	Feb. 10-16	
Slater Hirst (M)	Feb. 24-Mar. 2	
Bethany Drake (W)	Feb. 24-Mar. 2	
Frank Catelli (M)	Mar. 17-23	
Katie Reichert (W)	Mar. 17-23	
Katelyn Steen (W)	Mar. 24-30	
Lindsay Wells (W)	Mar. 24-30	
Bethany Drake (W)	Mar. 31-April 6	
Frank Catelli (M)	April 14-20	
Lindsay Wells (W)	April 14-20	
John Haskin (M)	April 21-27	
Lindsay Wells (W)	April 21-27	

2013		9
Alex Donigian (M)	Jan. 7-13	M: 4
Emily Warman (W)	Jan. 21-27	W: 5
Karis Anderson (W)	Feb. 4-10	
Tanya Bjornsson (W)	Feb. 18-24	

Cheyanna Pinley (W)	April 1-7
Ryan Macdonald (M)	April 8-14
Alex Donigian (M)	April 15-21
Brett Watson (M)	April 15-21
Tanya Bjomsson (W)	April 15-21

2012		6
Emily Waman (W)	Feb. 20-26	M: 2
Katie Reichert (W)	Mar. 19-25	W: 4
Michael Hoffman (M)	Mar. 26-April 1	
Emily Waman (W)	April 16-22	
Eleanor Siler (W)	April 23-29	
Alex Harrison (M)	April 30-May 6	

2011		5
Ryan Brown (M)	Jan. 24-30	M: 3
Sarah Porter (W)	Feb. 7-13	W: 2
Jordan Welling (M)	Mar. 21-27	
Sarah Porter (W)	April 11-17	
Michael Hoffman (M)	April 18-24	

2010		8
Ryan Brown (M)	Jan. 25-31	M: 5
Anthony Tomsich (M)	Feb. 8-14	W: 3
Michelle Howe (W)	Feb. 22-28	
Courtney Olsen (W)	Mar. 29-April 4	
Ben Elder (M)	April 5-11	
Michael Hoffman (M)	April 19-25	
Sarah Porter (W)	April 26-May 2	
Ryan Brown (M)	May 3-9	

2009		14
Emily Waman (W)	Dec. 1-7	M: 4
Ryan Brown (M)	Jan. 12-18	W: 10
Jordan Welling (M)	Jan. 26-Feb. 1	
Jordan Welling (M)	Feb. 9-15	
Ellie Siler (W)	Feb. 9-15	
Sarah Porter (W)	Feb. 23-Mar. 1	
Emily Waman (W)	Mar. 9-15	
Sarah Porter (W)	Mar. 30-April 5	
Will Davis (M)	April 6-12	
Christy Miller (W)	April 20-26	
Heidi Dimmitt (W)	April 27-May 2	
Sarah Brownell (W)	April 27-May 2	
Megan O'Connell (W)	April 27-May 2	
Ellie Siler (W)	April 27-May 2	

2008		6
Sarah Porter (W)	Nov. 26-Dec. 2	M: 3
Christy Miller (W)	Feb. 25-Mar. 2	W: 3
Jordan Welling (M)	Mar. 31-April 6	
Keith Lemay (M)	April 21-27	
Kevin Myhre (M)	May 5-11	
Heidi Dimmitt (W)	May 19-25	

2007		11
Anthony Tomsich (M)	Jan. 22-28	M: 9
Michael Dean (M)	Feb. 5-11	W: 2
Tyler Thombrue (M)	Feb. 19-25	
Kim Bascom (W)	Feb. 19-25	
Sam Brancheau (M)	Mar. 5-11	
Adam Neff (M)	Mar. 5-11	
Erik Bies (M)	Mar. 5-11	
Anthony Tomsich (M)	Mar. 5-11	
Keith Lemay (M)	Mar. 12-18	
Anthony Tomsich (M)	May 21-27	
Monika Gruszecki (W)	May 21-27	

2006		4
Tyler Thombrue (M)	Feb. 20-26	M: 2
Jessica Telleria (W)	Feb. 27-Mar. 5	W: 2
Jessica Telleria (W)	Mar. 27-April 2	
Scott Romney (M)	April 24-30	

2005		3
Hunter Vemer (M)	Feb. 21-27	M: 3
Tyler Thombrue (M)	Feb. 21-27	W: 0
Hunter Vemer (M)	Mar. 28- April 3	

2004		3
Danielle Juarez (W)	Jan. 12-18	M: 1
Kurt Hartmaier (M)	Mar. 8-14	W: 2
Jessica Telleria (W)	April 26-May 2	

2003		3
Dania Swosinski (W)	Mar. 10-16	M: 1
Ashlee Vincent (W)	Mar. 24-30	W: 2
Zach Boteilho (M)	Mar. 24-30	

2002		1
Dania Swosinski (W)	April 15-21	M: 0
		W: 1