

WASHBURN

ICHABOD TRACK AND FIELD

WASHBURN OPEN & MULTI

FRIDAY, JAN. 28, 2022

Combined Events

| Time | Event | |
|-----------|----------------------|-----|
| 11:00 am | Heptathlon 60m Dash | Men |
| 11:40* am | Heptathlon Long Jump | Men |
| 12:50* pm | Heptathlon Shot Put | Men |
| 2:05* pm | Heptathlon High Jump | Men |

Field Events

| Time | Event | Accepted Entries |
|---------|--------------|--------------------|
| 3:00 pm | Weight Throw | Men |
| 3:00 pm | Pole Vault | Women Open Section |
| 4:00 pm | Triple Jump | Men & Women |
| 6:00 pm | Weight Throw | Women |
| 6:00 pm | Pole Vault | Men Open Section |
| 6:00 pm | High Jump | Men Open Section |
| | High Jump | Women Open Section |

Running Events

| Time | Event | Accepted Entries |
|---------|------------------------|----------------------|
| 3:00 pm | 60m Hurdles Qualifying | Men Top 16 Advance |
| 3:25 pm | 60m Hurdles Qualifying | Women Top 16 Advance |
| 3:50 pm | 60m Dash Qualifying | Men Top 16 Advance |
| 4:50 pm | 60m Dash Qualifying | Women Top 16 Advance |
| 5:30 pm | Distance Medley Relay | Men All Sections |
| 5:55 pm | Distance Medley Relay | Women All Sections |
| 6:25 pm | 600y Run | Men All Sections |
| 6:35 pm | 600y Run | Women All Sections |
| 6:45 pm | 200m Dash | Men All Sections |
| 7:25 pm | 200m Dash | Women All Sections |
| 8:05 pm | 5000m Run | Men All Sections |
| 9:05 pm | 5000m Run | Women All Sections |

SATURDAY, JAN. 29, 2022

Combined Events

| Time | Event | |
|-----------|-------------------------|-------|
| 9:00 am | Heptathlon 60m Hurdles | Men |
| 9:15 am | Pentathlon 60m Hurdles | Women |
| 9:50* am | Heptathlon Pole Vault | Men |
| 9:55* am | Pentathlon High Jump | Women |
| 11:30* am | Pentathlon Shot Put | Women |
| 12:45* pm | Pentathlon Long Jump | Women |
| 12:50* pm | Heptathlon 1,000 Meters | Men |
| 2:00* pm | Pentathlon 800m | Women |

Running Events - Early Session

| Time | Event | |
|----------|--------------------|--------------|
| 11:00 am | 3000m Run | Sections 1-2 |
| 11:25 am | 3000m Run | Sections 1-2 |
| 12:05 pm | 60m Hurdle Prelims | 4 Heats |
| 12:20 pm | 60m Hurdle Prelims | 4 Heats |
| 12:35 pm | 60m Dash Prelims | 4 Heats |
| 12:45 pm | 60m Dash Prelims | 4 Heats |

Running Events - Late Session

| Time | Event | |
|---------|--------------|--------------|
| 1:30 pm | 60m Hurdles | Final |
| 1:35 pm | 60m Hurdles | Final |
| 1:40 pm | 60m Dash | Final |
| 1:45 pm | 60m Dash | Final |
| 1:50 pm | Mile | All Sections |
| 2:25 pm | Mile | All Sections |
| 3:00 pm | 400m Dash | All Sections |
| 3:35 pm | 400m Dash | All Sections |
| 4:10 pm | 800m Run | All Sections |
| 4:40 pm | 800m Run | All Sections |
| 5:05 pm | 3000m Run | Section 3 |
| 5:20 pm | 3000m Run | Section 3 |
| 5:40 pm | 4x400m Relay | All Sections |
| 6:25 pm | 4x400m Relay | All Sections |

Field Events

| Time | Event | Accepted Entries |
|---------|------------|----------------------|
| 1:00 pm | Shot Put | Men |
| 2:00 pm | Pole Vault | Men Invite Section |
| 2:30 pm | Long Jump | Men & Women |
| 3:00 pm | High Jump | Men Invite Section |
| 4:00 pm | Shot put | Women |
| 4:30 pm | Pole Vault | Women Invite Section |
| 5:00 pm | High Jump | Women Invite Section |