

WASHINGTON STATE

T R A C K & F I E L D

2025 Cougar Classic

Meet Schedule

Friday, April 25

| | | |
|---------|--------------------|-------|
| 3 pm | Triple Jump | Women |
| | Discus | Women |
| 4 pm: | 200m | Women |
| 4:15pm | 200m | Men |
| 4:30pm | 3000m Steeplechase | Women |
| 4:50pm | 3000m Steeplechase | Men |
| 5 pm: | Triple Jump | Men |
| | Discus Throw | Men |
| 5:10pm: | 5000m | Women |
| 5:35pm: | 5000m | Men |

Saturday, April 26

| | | |
|---------|--------------------|-------|
| 10 am | Javelin | Women |
| | Hammer Throw | Men |
| 11:30am | Senior Recognition | |
| Noon | High Jump | Women |
| | Pole Vault | Men |
| | Javelin | Men |
| | Hammer | Women |
| 12:15pm | 4 x 100m Relay | Women |
| 12:25pm | 4 x 100m Relay | Men |
| 12:35pm | 1500m | Women |
| 12:50pm | 1500m | Men |
| 1 pm | Long Jump | Women |
| 1:15pm | 100m Hurdles | Women |
| 1:30pm | Shot Put | Men |
| 1:35pm | 110m Hurdles | Men |
| 1:50pm | 400m | Women |
| 1:55pm | 400m | Men |
| 2 pm | High Jump | Men |
| 2:05pm | 100m | Women |
| 2:15pm | 100m | Men |
| 2:30pm | Pole Vault | Women |
| 2:25pm | 800m | Women |
| 2:35pm | 800m | Men |
| 3 pm | Shot Put | Women |
| | Long Jump | Men |
| 3:10pm | 400m Hurdles | Women |
| 3:20pm | 400m Hurdles | Men |
| 3:35pm | 3000m | Women |
| 3:55pm | 3000m | Men |
| 4:15pm | 4 x 400m Relay | Women |
| 4:25pm | 4 x 400m Relay | Men |