

2023 Ken Shannon Last Chance Invite - 2/24/2023 to 2/25/2023**Dempsey Indoor, Seattle WA****Results****Women 60 Meter Dash**

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	Dempsey: !	7.15	1/17/2015	Todd, Cunliffe, Mays, Nelson,
	Meet: M	7.28	3/4/2006	Alexis Weatherspoon, USC
Name	Year	Team	Prelims	
=====				
Heat	1 Preliminaries			
1	744 Rossum, Alexa	Stanford	7.32q	
2	791 Doane, Maddy	Ucla	7.70	
3	886 Davis, Kelise	Utah	7.76	
4	940 Fletcher, Mackenzi	Washington St.	7.94	
Heat	2 Preliminaries			
1	644 Jones, Lily	Oregon	7.42q	
2	511 Mills, Makhaila	California	7.43q	
3	799 Jones, Jada	Ucla	7.60	
4	440 Hankins, Taryn	Arizona State	7.65	
5	942 Hollenbeck, Ashley	Washington St.	7.80	
Heat	3 Preliminaries			
1	959 Walton, Skyler	Washington St.	7.48	
2	541 Hollis, E'Lexis	Central Washington	7.57	
3	741 Olomu, Megan	Stanford	7.89	
4	789 Chan, Alexandra	Ucla	7.98	
Heat	4 Preliminaries			
1	852 Chandler, Caisja	Usc	7.39q	
2	406 Howard, Neysia	Arizona	7.46q	
3	892 Martin, Emily	Utah	7.55	
4	785 Alexander, Sophia	Ucla	7.67	
5	962 Wollman, Gilana	Washington St.	7.68	
Heat	5 Preliminaries			
1	647 Mays, Jadyn	Oregon	M 7.24q	7.239
2	514 Shaheed, Aysha	California	7.47	
3	448 Tatum, Adriana	Arizona State	7.57	
4	402 Ford, Lauryn	Arizona	7.66	
5	689 Howard, Chelsea	Oregon State	7.96	
Heat	6 Preliminaries			
1	887 Denis, Dinedye	Utah	7.34q	
2	864 Okonkwo, Chioma	Usc	7.49	
3	957 Unruh-Thomas, Elis	Washington St.	7.53	
4	915 McHenry, Sophia	Washington	8.21	
Heat	7 Preliminaries			
1	863 Moody, Samirah	Usc	M 7.24q	7.233
2	649 McCormick, Aaliyah	Oregon	7.51	
3	754 Wright, Cydney	Stanford	7.70	
4	912 Hunter, Danielle	Washington	7.70	

Women 60 Meter Dash

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Dempsey: !		7.15	1/17/2015	Todd, Cunliffe, Mays, Nelson,
Meet: M		7.28	3/4/2006	Alexis Weatherspoon, USC
Name			Year	Team
				Finals
=====				
Section 1 Finals				
1	644 Jones, Lily		Oregon	7.30
2	887 Denis, Dinedye		Utah	7.41
3	406 Howard, Neysia		Arizona	7.47
Section 2 Finals				
1	863 Moody, Samirah		Usc	7.07!

2023 Ken Shannon Last Chance Invite - 2/24/2023 to 2/25/2023**Dempsey Indoor, Seattle WA****Results****....Women 60 Meter Dash**

2	647 Mays, Jadyn	Oregon	7.13!
3	852 Chandler, Caisja	Usc	7.37
4	511 Mills, Makhaila	California	7.44

Women 200 Meter Dash

=====			
	Dempsey: ! 23.09	2/24/2017	Kendall Ellis, USC
	Meet: M 23.75	3/4/2006	Carol Rodriguez, USC
Name	Year	Team	Finals
=====			

Section 1

1	448 Tatum, Adriana	Arizona State	23.89
2	864 Okonkwo, Chioma	Usc	24.15

Section 2

1	514 Shaheed, Aysha	California	23.86
2	791 Doane, Maddy	Ucla	24.85

Section 3

1	892 Martin, Emily	Utah	24.55
2	440 Hankins, Taryn	Arizona State	24.60
3	785 Alexander, Sophia	Ucla	25.19

Section 4

1	912 Hunter, Danielle	Washington	24.78
2	748 Thomas, Samantha	Stanford	24.79
3	886 Davis, Kelise	Utah	25.04

Section 5

1	402 Ford, Lauryn	Arizona	24.71
2	890 Kealamakia, Bailey	Utah	24.97
3	921 Terrell, Anna	Washington	25.07
4	741 Olomu, Megan	Stanford	25.74

Section 6

1	885 Daniel, Harley	Utah	25.57
2	634 Blake, Jordyn	Oregon	25.72
3	916 Newton, Rhonda	Washington	26.16
4	915 McHenry, Sophia	Washington	26.80

Women 400 Meter Dash

=====			
	Dempsey: ! 51.60	2/29/2020	Bailey Lear, USC
	Meet: M 53.57	3/5/2005	Ashley Purnell, Stanford
Name	Year	Team	Finals
=====			

Section 1

1	858 Jones, Jan'Taijah	Usc	51.66M
2	856 John, Yemi	Usc	52.05M
3	860 Lear, Bailey	Usc	52.14M
4	637 Clayton, Ella	Oregon	52.63M

Section 2

1	862 Mallard, Christine	Usc	52.57M
2	855 Harris, Kimberly	Usc	52.68M
3	554 Glynn, Abbey	Colorado	54.04

Section 3

1	642 Hall, Shaniya	Oregon	53.45M
2	560 Pollak, Emma	Colorado	54.39

Section 4

1	790 Conyers, Alyssa	Ucla	54.03
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2023 Ken Shannon Last Chance Invite - 2/24/2023 to 2/25/2023**Dempsey Indoor, Seattle WA****Results****....Women 400 Meter Dash**

2	471 Hart, Annalise	Byu	54.79
3	556 Jenkins, Grace	Colorado	55.76
4	748 Thomas, Samantha	Stanford	56.20

Section 5

1	797 Johnson, Naomi	Ucla	54.82
2	754 Wright, Cydney	Stanford	54.85
3	553 Drame, Jaida	Colorado	57.02

Section 6

1	921 Terrell, Anna	Washington	56.20
2	634 Blake, Jordyn	Oregon	56.50
3	517 Wilson, Loreal	California	56.90
4	963 Yang, Renee	Washington St.	58.97

Section 7

1	958 Van Staden, Jada	Washington St.	56.95
2	591 Sartin, Maria	Cui	57.11
3	708 Gill, Avery	Portland	58.55

Women 800 Meter Run

Dempsey: ! 2:01.14 2/27/2021 Hannah Green, OTC Elite

Meet: M 2:02.56 3/5/2011 Geena Gall, Oregon Track Cl

Name Year Team Finals

Section 1

1	897 Wilcox, Millie	Utah	2:12.62
2	684 Brown, Jillian	Oregon State	2:12.86
3	834 Brown, Alyssia	Unattached	2:12.91
4	447 Rose, Caitlin	Arizona State	2:17.02
5	1013 Heien, Malia	Lewis & Clark	2:17.94

Section 2

1	480 Solomon, Krystie	Byu	2:11.57
2	895 Rinn, Brianna	Utah	2:11.82
3	850 Blockburger, Alyss	Usc	2:12.47
4	732 Foster, Morgan	Stanford	2:12.80
5	444 Lebrun, Lena	Arizona State	2:13.05
6	476 Moffitt, Madi	Byu	2:13.52

Section 3

1	474 Hunter, Meghan	Byu	2:06.49
2	734 James, Taylor	Stanford	2:07.22
3	477 Rohatinsky, Taylor	Byu	2:08.73
4	851 Brown, Janiah	Usc	2:08.97
5	464 Alder, Carmen	Byu	2:09.31

Section 4

1	908 Foerster, Chloe	Washington	2:05.71
2	804 Pittman, Rose	Ucla	2:06.11
3	891 Manson, Brooke	Utah	2:07.63
4	945 Kimtai, Neema	Washington St.	2:08.45
5	918 O'Sullivan, Sophie	Washington	2:10.21

Section 5

1	749 Tovkach, Anna	Stanford	2:04.67
2	861 Maccagnini, Gigi	Usc	2:05.15
3	651 Nelson, Ella	Oregon	2:05.17
4	795 Jendrezak, Kate	Ucla	2:05.69
5	466 Chamberlain, Riley	Byu	2:07.67

Section 6

2023 Ken Shannon Last Chance Invite - 2/24/2023 to 2/25/2023**Dempsey Indoor, Seattle WA****Results****....Women 800 Meter Run**

1	479 Seymour, Claire	Byu	2:02.75
2	698 Aneno, Susan	Pdc	2:03.07
3	468 Ellsworth, Alena	Byu	2:03.31
4	727 Deligianni, Ellie	Stanford	2:03.79
5	410 Lyesina, Alisa	Arizona	2:04.75
--	1015 Connor, Anna	Unattached	DNF

Women 1 Mile Run

Dempsey: ! 4:23.68 2/1/2020 Shelby Houlihan, Bowerman T

Meet: M 4:33.41 3/8/2003 Lena Nilsson, UCLA

Name Year Team Finals

Section 1

1	476 Moffitt, Madi	Byu	4:47.09
2	730 Flynn, Julia	Stanford	4:49.77
3	806 Shandro, Angelina	Ucla	4:51.51
4	731 Flynn, Lily	Stanford	4:52.23
5	712 Perez, Teresa	Portland	4:52.89
6	742 Parekh, Ava	Stanford	4:53.29
7	713 Pettersson, Stina	Portland	4:53.37
8	603 Rising, Ellie	George Fox	4:56.87
9	1014 Woodger, Tiahna	Portland	5:01.57
10	563 Valenti, Whitney	Colorado	5:04.15
11	605 Sclair, Brenna	George Fox	5:11.43

Section 2

1	518 Yerby, Claire	California	4:42.52
2	709 Klatt, Courtney	Portland	4:47.07
3	469 Frentheway, Aubrey	Byu	4:47.29
4	955 Stone Boggs, Alain	Washington St.	4:47.70
5	746 Suarez, Audrey	Stanford	4:48.98
6	837 Nordenholz, Sophia	Unattached	4:49.93
7	407 Hutton, Sailor	Arizona	4:50.90
8	796 Johnson, Ashley	Ucla	4:57.01

Section 3

1	470 Halladay-Lowry, Le	Byu	4:34.83
2	640 Elmore, Maddy	Oregon	4:35.25
3	836 DeLay, Kayley	Unattached	4:35.65
4	745 Stewart, Riley	Stanford	4:40.31
5	735 Jenks, Lucy	Stanford	4:40.41
6	792 George, Gwyn	Ucla	4:42.87
7	464 Alder, Carmen	Byu	4:46.26
8	747 Tanaka, Melissa	Stanford	4:47.31
--	632 Wayment, Courtney	On Running	DNF

Section 4

1	711 Pellicoro, Laura	Portland	4:32.91M
2	909 Gibson, Anna	Washington	4:33.41M
3	751 Whittaker, Juliett	Stanford	4:33.53
4	693 Mitchell, Kaylee	Oregon State	4:33.87
5	687 Fetherstonhaugh, G	Oregon State	4:34.32
6	787 Barnett, Mia	Ucla	4:34.93
7	478 Sargent, Sadie	Byu	4:36.34
8	466 Chamberlain, Riley	Byu	4:36.74
9	918 O'Sullivan, Sophie	Washington	4:37.36
10	477 Rohatinsky, Taylor	Byu	4:37.77

2023 Ken Shannon Last Chance Invite - 2/24/2023 to 2/25/2023**Dempsey Indoor, Seattle WA****Results****....Women 1 Mile Run**

-- 1012 Orton Morgan, Whit Adidas DNF

Women 3000 Meter Run

Dempsey: ! 8:34.45 1/27/2018 Sifan Hassan, Nike Oregon P

Meet: M 9:07.79 3/3/2012 Aisling Cuffe, Stanford

Name Year Team Finals

Section 1

1	472 Hlusi, Natalie	Byu	9:44.88
2	443 Le Gallo, Claire	Arizona State	9:47.79
3	714 Prusse, Samantha	Portland	9:51.07
4	646 Martin, Kendall	Oregon	9:52.74
5	733 Gardiner, Imogen	Stanford	9:53.02
6	691 Martinez, Eimy	Oregon State	9:53.45
7	690 Laurent, Kate	Oregon State	9:54.25
8	590 Paradis, Jori	Cui	9:55.64
9	697 Simmons, Zoe	Oregon State	10:05.48
10	686 Downing, Liv	Oregon State	10:15.23
11	696 Peterson, Gabby	Oregon State	10:19.28
12	622 Buese, Riley	Lewis & Clark	10:38.42
--	604 Schmitt, Breanna	George Fox	DNF

Section 2

1	551 Barthell, Kaitlyn	Colorado	9:25.15
2	948 Molteni, Cristina	Washington St.	9:26.56
3	653 Pivec, Malia	Oregon	9:29.56
4	688 Geisler, Christina	Oregon State	9:33.01
5	800 Kane, Mia	Ucla	9:35.06
6	707 Deswaef, Mathilde	Portland	9:35.23
7	648 McClain, Harper	Oregon	9:39.30
8	710 Nielsen, Mie	Portland	9:41.57
9	893 Peterson, Lauren	Utah	9:42.69
10	442 Heeringa, Sadie	Arizona State	9:47.77
11	944 Jerotich, Caroline	Washington St.	10:09.79
--	1015 Connor, Anna	Unattached	DNF

Section 3

1	894 Plourde, Simone	Utah	8:53.95M
2	478 Sargent, Sadie	Byu	8:57.08M
3	470 Halladay-Lowry, Le	Byu	8:57.39M
4	550 Baran, Ella	Colorado	8:57.67M
5	687 Fetherstonhaugh, G	Oregon State	8:58.26M
6	896 Venters, Emily	Utah	8:58.50M
7	469 Frentheway, Aubrey	Byu	9:08.60
8	836 DeLay, Kayley	Unattached	9:09.86
9	557 Johnson, India	Colorado	9:11.98
10	898 Williams, Bella	Utah	9:17.21
11	709 Klatt, Courtney	Portland	9:33.46
12	837 Nordenholz, Sophia	Unattached	9:37.73
--	1012 Orton Morgan, Whit	Adidas	DNF

2023 Ken Shannon Last Chance Invite - 2/24/2023 to 2/25/2023**Dempsey Indoor, Seattle WA****Results****Women 5000 Meter Run**

=====			
Dempsey: ! 15:01.70		2/14/2009	Jenny Barringer, Colorado
Meet: M 15:50.78		3/1/2013	Emma Bates, Boise State
Name	Year	Team	Finals
=====			
Section 1			
1	722	Smee, Ruby	San Francisco 15:38.08M
2	735	Jenks, Lucy	Stanford 15:48.22M
3	914	Markezich, Andrea	Washington 15:54.32
4	475	Hutchins, Jenna	Byu 15:57.96
5	725	Connolly, Grace	Stanford 16:06.27
6	726	Dadamio, Audrey	Stanford 16:13.36
7	688	Geisler, Christina	Oregon State 16:16.68
8	633	Berry, Melissa	Oregon 16:20.94
9	889	Jensen, Morgan	Utah 16:22.68
10	728	Dudek, Zofia	Stanford 16:32.05
11	404	Hanley, Brigid	Arizona 16:41.95
12	407	Hutton, Sailor	Arizona 16:45.19
13	920	Smith, Naomi	Washington 16:50.29
14	482	Sumsion, Julie	Byu 16:51.17
15	481	Stallworth, Lindse	Byu 16:54.58
16	465	Bruening, Addi	Byu 17:09.74
17	786	Allen, Audrey	Ucla 17:29.30
18	622	Buese, Riley	Lewis & Clark 17:29.82
19	599	Aalpoel, Kayla	George Fox 17:59.93
--	632	Wayment, Courtney	On Running DNF
--	944	Jerotich, Caroline	Washington St. DQ Lap short

Women 60 Meter Hurdles

=====			
Dempsey: ! 7.93		3/4/2006	Virginia Powell, USC
Meet: M 7.93		3/4/2006	Virginia Powell, USC
Name	Year	Team	Prelims
=====			
Heat 1 Preliminaries			
1	649	McCormick, Aaliyah	Oregon 8.08q
2	857	Jones, Allie	Usc 8.17q
3	799	Jones, Jada	Ucla 8.47
--	719	Coker, Avery	Resolute Track Club DQ Pushed H down
Heat 2 Preliminaries			
1	802	Ndjip-Nyemeck, Yan	Ucla 8.28q
2	515	Shearer, Jazlynn	California 8.51
3	940	Fletcher, Mackenzi	Washington St. 8.80
4	1009	Hewson, Amelia	Whitworth 8.85
5	990	Popchuck, Ana	Western Oregon 8.93
Heat 3 Preliminaries			
1	398	Bonds, Talie	Arizona 8.11q
2	906	Eikeng, Ida	Washington 8.36q
3	885	Daniel, Harley	Utah 8.84
4	991	Thompson, Maliyah	Western Oregon 9.07
5	743	Romain, Madison	Stanford 9.27
Heat 4 Preliminaries			
1	483	Tabugbo, Adaobi	Byu 8.41q
2	939	De Mello, Micaela	Washington St. 8.42q
3	408	Lewis, Ajaysha	Arizona 8.64
4	789	Chan, Alexandra	Ucla 8.83

2023 Ken Shannon Last Chance Invite - 2/24/2023 to 2/25/2023**Dempsey Indoor, Seattle WA****Results****....Women 60 Meter Hurdles****Heat 5 Preliminaries**

1	507 Hicks, Jada	California	8.22q
2	890 Kealamakia, Bailey	Utah	9.04
3	537 Chandler, Lauryn	Central Washington	9.57
4	866 Strayhorn, Kiara	Usc	10.01

Women 60 Meter Hurdles

=====			
	Dempsey: !	7.93	3/4/2006 Virginia Powell, USC
	Meet: M	7.93	3/4/2006 Virginia Powell, USC
Name	Year	Team	Finals
=====			

Section 1 Finals

1	857 Jones, Allie	Usc	8.24
2	906 Eikeng, Ida	Washington	8.26
3	507 Hicks, Jada	California	8.34

Section 2 Finals

1	649 McCormick, Aaliyah	Oregon	8.01
2	398 Bonds, Talie	Arizona	8.05
3	802 Ndjip-Nyemeck, Yan	Ucla	8.10
4	483 Tabugbo, Adaobi	Byu	8.47

Women 4x400 Meter Relay

=====			
	Dempsey: !	3:29.92	2/29/2020 USC, USC
			Constantine, Roberts, Cockrell, Lear
	Meet: M	3:35.06	3/8/2003 UCLA, UCLA
			Roseby, Johnson, McKinnon, Henderson
Team			Finals
=====			

Section 1

1	Usc 'A'	3:29.78!
	1) 860 Lear, Bailey	2) 859 Jones, Jasmine
	3) 856 John, Yemi	4) 858 Jones, Jan'Taijah
2	Ucla 'A'	3:30.86M
	1) 790 Conyers, Alyssa	2) 795 Jendrezak, Kate
	3) 803 Pierre-Webster, Makenzy	4) 797 Johnson, Naomi
3	Stanford 'A'	3:31.71M
	1) 744 Rossum, Alexa	2) 751 Whittaker, Juliette
	3) 750 Valmon, Maya	4) 752 Willis, Roisin
4	Colorado 'A'	3:38.92
	1) 556 Jenkins, Grace	2) 560 Pollak, Emma
	3) 553 Drame, Jaida	4) 554 Glynn, Abbey
5	Utah 'A'	3:40.49
	1) 885 Daniel, Harley	2) 887 Denis, Dinedye
	3) 890 Kealamakia, Bailey	4) 888 Eriksen, Josefine

Section 2

1	Stanford 'B'	3:41.92
	1) 748 Thomas, Samantha	2) 754 Wright, Cydney
	3) 749 Tovkach, Anna	4) 734 James, Taylor
2	Washington St. 'A'	3:42.71
	1) 958 Van Staden, Jada	2) 949 Nijjar, Jasneet
	3) 957 Unruh-Thomas, Elise	4) 961 Willems, Elena

2023 Ken Shannon Last Chance Invite - 2/24/2023 to 2/25/2023**Dempsey Indoor, Seattle WA****Results****Women Distance Medley**

=====			
Dempsey: !	10:53.95	2/1/2020	BYU, BYU
			Camp, Ellsworth, Ellsworth, Orton
Meet: M	11:08.67	3/6/2004	Stanford, Stanford
			Trotter, Offor, Hotchkiss, Bei
Team			Finals
=====			

Section 1

1	Stanford 'A'	10:49.30!
	1) 747 Tanaka, Melissa	2) 750 Valmon, Maya
	3) 752 Willis, Roisin	4) 751 Whittaker, Juliette
2	Washington St. 'A'	11:15.35
	1) 945 Kimtai, Neema	2) 949 Nijjar, Jasneet
	3) 961 Willems, Elena	4) 955 Stone Boggs, Alaina
3	Western Washington 'A'	11:40.67
	1) 1002 Wright, Sophie	2) 1020 Miller, Anna
	3) 998 Crocker, Mia	4) 999 Davis, Ila
4	Cui 'A'	12:04.98
	1) 588 Feitz, Sara	2) 1019 Eismann, Porshe
	3) 591 Sartin, Maria	4) 590 Paradis, Jori
--	Pdc 'A'	DNF
	1) 698 Aneno, Susan	2)

Women High Jump

=====			
Dempsey: !	1.93m	2/25/2012	Brigetta Barrett, Arizona
Meet: M	1.83m	3/3/2012	Inika McPherson / La Tijera Avery, Cal
Name		Year Team	Finals
=====			

Flight 1

1	510 Lai, Yan Hei	California	1.80m	5-10.75
	1.60 1.65 1.70 1.75 1.80 1.83			
	--- --- 0 0 0 XXX			
2	398 Bonds, Talie	Arizona	J1.80m	5-10.75
	1.60 1.65 1.70 1.75 1.80 1.83 1.86			
	--- --- --- X0 0 X-- XX			
3	414 Porpaczy, Alexa	Arizona	J1.80m	5-10.75
	1.60 1.65 1.70 1.75 1.80 1.83 1.86			
	--- --- X0 XX0 XX0 --- XXX			
4	403 Gates, Emma	Arizona	1.75m	5-08.75
	1.60 1.65 1.70 1.75 1.80			
	--- --- 0 0 XXX			
5	561 Routledge, Allie	Colorado	J1.75m	5-08.75
	1.60 1.65 1.70 1.75 1.80			
	--- XX0 0 0 XXX			
6	695 Nelson, Emma	Oregon State	J1.75m	5-08.75
	1.60 1.65 1.70 1.75 1.80			
	--- --- X0 XX0 XXX			
7	683 Bahn, Delaney	Oregon State	1.70m	5-07.00
	1.60 1.65 1.70 1.75			
	0 0 0 XXX			
8	906 Eikeng, Ida	Washington	J1.70m	5-07.00
	1.60 1.65 1.70 1.75			
	X0 0 0 XXX			

Results

9	655	Sloan, Tori	Oregon	J1.70m	5-07.00
	1.60	1.65 1.70 1.75			
	---	--- XO XXX			
10	954	Sowle, Kaylee	Washington St.	1.65m	5-05.00
	1.60	1.65 1.70			
	0	0 XXX			
10	416	Ramos, Diana	Arizona	1.65m	5-05.00
	1.60	1.65 1.70			
	---	0 XXX			
12	950	Pace, Suzy	Washington St.	J1.65m	5-05.00
	1.60	1.65 1.70			
	XO	XO XXX			
13	952	Rhoads, Giovanna	Washington St.	1.60m	5-03.00
	1.60	1.65			
	0	XXX			
--	411	Mikinski, Paris	Arizona	NH	
	1.60	1.65 1.70			
	---	XX- R			
--	736	Jones, Alyssa	Stanford	NH	
	1.60	1.65 1.70			
	---	--- XXX			

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		Dempsey: ! 4.67m		1/29/2021		Olivia Gruver, Unattached								
		Meet: M 4.33m		2/15/2019		Olivia Gruver, Unatt-Washington								
Name				Year		Team		Finals						
=====														
1	903	Campbell, Nastassj				Washington				4.50mM				14-09.00
	3.50	3.65	3.80	3.95	4.10	4.20	4.30	4.35	4.40	4.50	4.60			
	---	---	---	---	X0	0	0	---	X0	0	XXX			
2	400	Daily, Katie				Arizona				4.30m				14-01.25
	3.50	3.65	3.80	3.95	4.10	4.20	4.30	4.35						
	---	---	---	X0	X0	X0	0	XXX						
3	516	Turner, Amari				California				4.20m				13-09.25
	3.50	3.65	3.80	3.95	4.10	4.20	4.30							
	---	---	0	X0	0	0	XXX							
4	902	Borton, Sarah				Washington				4.10m				13-05.25
	3.50	3.65	3.80	3.95	4.10	4.20								
	---	---	---	0	XX0	XXX								
5	508	Hilton, Kylie				California				3.95m				12-11.50
	3.50	3.65	3.80	3.95	4.10									
	---	---	0	0	XXX									
6	911	Helms, Ashleigh				Washington				J3.95m				12-11.50
	3.50	3.65	3.80	3.95	4.10									
	---	0	0	X0	XXX									
6	441	Hanson, Sevanna				Arizona State				J3.95m				12-11.50
	3.50	3.65	3.80	3.95	4.10									
	---	---	0	X0	XXX									
8	513	Sahaida, Ali				California				J3.95m				12-11.50
	3.50	3.65	3.80	3.95	4.10									
	---	0	XX0	X0	XXX									
9	838	Okoronkwo, Chinne				Unattached				J3.95m				12-11.50
	3.50	3.65	3.80	3.95	4.10									
	---	---	0	XX0	XXX									

2023 Ken Shannon Last Chance Invite - 2/24/2023 to 2/25/2023**Dempsey Indoor, Seattle WA****Results****....Women Pole Vault**

10	737 Kern, Kelly	Stanford	J3.95m	12-11.50
	3.50 3.65 3.80 3.95 4.10			
	0 0 X0 XX0 XXX			
10	907 Ferguson, Sarah	Washington	J3.95m	12-11.50
	3.50 3.65 3.80 3.95 4.10			
	--- 0 X0 XX0 XXX			
10	753 Wong, Laurel	Stanford	J3.95m	12-11.50
	3.50 3.65 3.80 3.95 4.10			
	0 X0 0 XX0 XXX			
13	446 Masucci, Kristen	Arizona State	3.80m	12-05.50
	3.50 3.65 3.80 3.95			
	--- 0 0 XXX			
13	439 Bond, Paris	Arizona State	3.80m	12-05.50
	3.50 3.65 3.80 3.95			
	--- --- 0 XXX			
15	919 Pilukas, Holland	Washington	J3.80m	12-05.50
	3.50 3.65 3.80 3.95			
	--- XX0 0 XXX			
16	652 Nilsen, Isabella	Oregon	J3.80m	12-05.50
	3.50 3.65 3.80 3.95			
	--- X0 X0 XXX			
17	788 Cervantes, Mia	Ucla	J3.80m	12-05.50
	3.50 3.65 3.80 3.95			
	--- XX0 X0 XXX			
18	793 Grant, Isabella	Ucla	J3.80m	12-05.50
	3.50 3.65 3.80 3.95			
	X0 X0 XX0 XXX			
19	738 Kistler, Lianne	Stanford	3.65m	11-11.75
	3.50 3.65 3.80			
	XX0 0 XXX			
20	784 Adamiec, Katerina	Ucla	J3.65m	11-11.75
	3.50 3.65 3.80			
	--- X0 XXX			
21	960 Weiss, Kolby	Washington St.	J3.65m	11-11.75
	3.50 3.65 3.80			
	--- XX0 XXX			
22	396 Abueg, Malaya	Arizona	J3.65m	11-11.75
	3.50 3.65 3.80			
	X0 XX0 XXX			
--	783 Abrille, Ka'Leila	Ucla	NH	
	3.50 3.65 3.80			
	--- --- XXX			

Women Long Jump

Dempsey: ! 6.55m 2/14/2004 Grace Upshaw, Brittney Reese, Nike									
Meet: M 6.46m 3/5/2011 Jamesha Youngblood, Oregon									
Name		Year		Team		Finals			
1	866 Strayhorn, Kiara			Usc		5.98m 19-07.50			
	5.39m	5.37m	5.98m	5.72m	5.85m	FOUL			
2	865 Reed, Lauren			Usc		5.84m 19-02.00			
	5.84m	5.68m	5.67m	5.43m	5.67m	5.66m			
3	857 Jones, Allie			Usc		5.69m 18-08.00			
	5.69m	FOUL		5.65m					

2023 Ken Shannon Last Chance Invite - 2/24/2023 to 2/25/2023**Dempsey Indoor, Seattle WA****Results****....Women Long Jump**

4	910 Heggen, Lauren	Washington	5.61m	18-05.00
	5.47m 5.61m 5.47m			
5	794 Hartwell, Sophia	Ucla	5.48m	17-11.75
	5.46m 5.48m 5.48m			
6	740 Oakes, Alaysia	Stanford	5.40m	17-08.75
	FOUL 5.40m 5.29m			
7	641 Ganashamoorthy, Ha	Oregon	5.38m	17-08.00
	FOUL FOUL 5.38m			
8	689 Howard, Chelsea	Oregon State	5.35m	17-06.75
	4.96m 5.35m 5.30m			
9	905 Duckett, Camille	Washington	5.32m	17-05.50
	5.20m 4.97m 5.32m			
10	901 Bir, Rachel	Washington	5.19m	17-00.50
	FOUL FOUL 5.19m			
11	739 Miller, Elise	Stanford	5.06m	16-07.25
	5.06m FOUL			
--	989 Nwokoma, Ujunwa	Western Oregon	FOUL	
	FOUL FOUL FOUL			

Flight 2

1	643 Hickey, Alysah	Oregon	6.39m	20-11.75
	6.39m FOUL 4.55m 6.29m	FOUL 6.38m		
2	736 Jones, Alyssa	Stanford	6.18m	20-03.50
	FOUL 5.10m 6.18m FOUL	5.42m 5.49m		
3	559 McMullen, Avery	Colorado	6.07m	19-11.00
	5.70m 6.07m 6.06m 6.05m	FOUL 6.00m		
4	399 Bosko, Jenica	Arizona	6.02m	19-09.00
	5.73m FOUL 5.81m 5.93m	6.02m 5.86m		
5	906 Eikeng, Ida	Washington	5.99m	19-08.00
	5.99m 5.93m 5.95m 5.85m	5.91m 5.99m		
5	953 Rodgers, Anna	Washington St.	5.99m	19-08.00
	5.81m FOUL 5.99m FOUL	FOUL FOUL		
7	683 Bahn, Delaney	Oregon State	5.97m	19-07.00
	5.84m 5.97m 5.87m FOUL	FOUL 5.88m		
8	558 Lucyk, Kara	Colorado	5.78m	18-11.75
	5.78m 5.64m 5.63m			
9	962 Wollman, Gilana	Washington St.	5.75m	18-10.50
	5.66m 5.75m 5.40m			
10	506 Fletcher, Asha	California	5.58m	18-03.75
	FOUL FOUL 5.58m			
11	449 Warren, Christina	Arizona State	5.53m	18-01.75
	FOUL 5.51m 5.53m			
12	988 Hurley, Jenelle	Western Oregon	5.49m	18-00.25
	FOUL 4.16m 5.49m			
13	445 Lee, Kiara	Arizona State	5.42m	17-09.50
	5.42m FOUL 5.38m			

Women Triple Jump

=====				
Dempsey: ! 13.91m 2/27/2016 Andrea Geubelle, Unattached				
Meet: M 13.25m 3/6/2004 Kamila Ryelska, BYU				
Name	Year	Team	Finals	
=====				

Flight 1

1	639 Ellis, Lexi	Oregon	13.12m	43-00.50
	13.12m 12.81m FOUL FOUL	12.74m 13.10m		

2023 Ken Shannon Last Chance Invite - 2/24/2023 to 2/25/2023**Dempsey Indoor, Seattle WA****Results****....Women Triple Jump**

2	504 Akinduro, Busola	California	12.84m	42-01.50
	12.33m 12.06m 12.33m 12.31m 12.64m 12.84m			
3	449 Warren, Christina	Arizona State	12.48m	40-11.50
	12.43m 12.48m 12.25m 12.10m 12.12m FOUL			
4	413 Perkins, Rylee	Arizona	12.32m	40-05.00
	FOUL 12.13m 12.28m 12.14m 12.32m 12.15m			
5	419 Wise, Taylen	Arizona	12.22m	40-01.25
	12.22m 11.97m FOUL 11.57m FOUL 12.19m			
6	910 Heggen, Lauren	Washington	12.11m	39-08.75
	12.11m FOUL 11.90m FOUL 11.84m FOUL			
7	506 Fletcher, Asha	California	12.09m	39-08.00
	FOUL 11.94m 12.09m 12.09m FOUL FOUL			
8	794 Hartwell, Sophia	Ucla	12.08m	39-07.75
	11.74m 11.93m 11.96m 11.90m 12.08m 11.67m			
9	397 Akinlosotu, Esther	Arizona	12.01m	39-05.00
	12.01m FOUL 11.31m FOUL 11.72m 11.83m			
10	901 Bir, Rachel	Washington	11.57m	37-11.50
	11.42m 11.34m 11.57m			
11	445 Lee, Kiara	Arizona State	11.47m	37-07.75
	FOUL FOUL 11.47m			
12	990 Popchock, Ana	Western Oregon	10.81m	35-05.75
	10.61m 10.81m 10.74m			
--	740 Oakes, Alaysia	Stanford	FOUL	
	FOUL FOUL FOUL			

Women Shot Put

=====				
	Dempsey: ! 18.98m	2/24/2018	Maggie Ewen, Arizona State	
	Meet: M 16.72m	3/6/2004	Jill Camarena, Stanford	
	Name	Year Team	Finals	
=====				
1	941 Gyedu, Nana	Washington St.	14.78m	48-06.00
	14.14m 14.78m 14.56m			
2	692 McLaughlin, Keely	Oregon State	14.68m	48-02.00
	14.67m 14.68m FOUL			
3	805 Ramirez, Natalie	Ucla	14.45m	47-05.00
	13.77m FOUL 14.45m			
4	685 Crockem, Taylor	Oregon State	14.23m	46-08.25
	14.23m FOUL FOUL			
4	587 Fajer, Sarah	Cui	14.23m	46-08.25
	13.67m 13.66m 14.23m			
6	724 Atuatasi, Brandy	Stanford	13.57m	44-06.25
	11.81m 13.57m 13.57m			
7	943 Hughes, Audrey	Washington St.	13.30m	43-07.75
	13.30m 12.79m 13.00m			
8	564 Whyrick, Lauren	Colorado	13.19m	43-03.25
	13.19m FOUL 12.37m			
9	956 Strickland, Gracie	Washington St.	12.85m	42-02.00
	12.85m 12.76m 12.35m			
10	857 Jones, Allie	Usc	12.17m	39-11.25
	11.52m 12.17m 11.58m			
11	729 Fisher, Kaiah	Stanford	12.00m	39-04.50
	12.00m 12.00m FOUL			
--	409 Love, Lauryn	Arizona	FOUL	
	FOUL FOUL FOUL			

2023 Ken Shannon Last Chance Invite - 2/24/2023 to 2/25/2023**Dempsey Indoor, Seattle WA****Results****....Women Shot Put****Flight 2**

1	654 Ross, Jaida	Oregon	18.23mM	59-09.75
	18.23m 17.58m 17.85m 17.37m 17.59m 17.69m			
2	657 Van Klinken, Jorin	Oregon	17.79mM	58-04.50
	17.63m 17.74m 17.43m FOUL 17.79m FOUL			
3	922 Tupu-South, Kaia	Washington	17.10mM	56-01.25
	15.95m 16.06m 16.23m 17.10m 16.14m 16.65m			
4	638 De Klerk, Mine	Oregon	17.02mM	55-10.25
	16.52m 16.56m 16.29m 17.02m 16.60m 16.47m			
5	913 Kelby, Makayla	Washington	16.72mM	54-10.25
	16.68m 16.72m FOUL FOUL 13.42m FOUL			
6	473 Hoekstre, Gretchen	Byu	16.38m	53-09.00
	15.42m 16.09m 15.74m 16.36m 16.38m FOUL			
7	405 Havea, Tapanisa	Arizona	15.76m	51-08.50
	14.18m 14.28m 15.76m 15.24m 15.11m 15.71m			
8	412 Orie, Mackenna	Arizona	15.61m	51-02.75
	15.61m 15.31m FOUL FOUL 15.26m			
9	807 Su'esai, Lyvante	Ucla	15.36m	50-04.75
	FOUL 14.21m 15.36m FOUL 15.07m FOUL			
10	484 Thompson, Jessica	Byu	15.26m	50-00.75
	14.55m 14.55m 15.26m			

Women Weight Throw

Dempsey: ! 22.73m 2/25/2022 Camryn Rogers, California

Meet: M 21.24m 2/21/2020 Angel Nkwonta, Washington

Name	Year	Team	Finals
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Flight 1

1	512 Rogers, Camryn	California	22.82m!	74-10.50
	FOUL 22.67m FOUL FOUL 22.63m 22.82m			
2	801 Mahama, Mayyi	Ucla	21.08m	69-02.00
	19.48m 20.64m 20.77m FOUL 21.08m FOUL			
3	900 Asomaning, Beatric	Washington	20.85m	68-05.00
	20.39m 20.34m 20.85m 20.72m 19.93m 20.07m			
4	562 Sami, Gya'ni	Colorado	18.87m	61-11.00
	18.23m 18.46m FOUL FOUL 18.31m 18.87m			
5	807 Su'esai, Lyvante	Ucla	18.75m	61-06.25
	18.00m 18.75m FOUL FOUL 18.24m 18.21m			
6	484 Thompson, Jessica	Byu	18.30m	60-00.50
	18.30m FOUL 17.59m FOUL FOUL FOUL			
7	401 David, Ava	Arizona	18.26m	59-11.00
	FOUL FOUL 18.26m FOUL 17.03m FOUL			
8	509 Jacobs, Audrey	California	17.26m	56-07.50
	16.40m 17.26m FOUL FOUL FOUL FOUL			
9	904 Colson, Yvonne	Washington	16.55m	54-03.75
	FOUL 16.55m FOUL 15.68m FOUL FOUL			
10	951 Payne, Alex	Washington St.	16.04m	52-07.50
	16.04m FOUL FOUL			
11	835 Coleman, Adrianna	Unattached	15.53m	50-11.50
	FOUL 15.53m 14.91m			
12	692 McLaughlin, Keely	Oregon State	15.30m	50-02.50
	FOUL FOUL 15.30m			

2023 Ken Shannon Last Chance Invite - 2/24/2023 to 2/25/2023**Dempsey Indoor, Seattle WA****Results****Indoor Pentathlon: #5 Women 800 Meter Run**

Name	Year Team	Finals	Points
Section 1			
1 552 Bruce, Eva	Colorado	2:17.60	856
2 415 Powers, Hollan	Arizona	2:17.91	852
3 694 Moersdorf, Anneke	Oregon State	2:18.24	848
4 555 Green, Jada	Colorado	2:23.43	778
5 418 Sieben, Skylar	Arizona	2:25.50	750
6 636 Chocek, Taylor	Oregon	2:26.15	742
7 947 Meyer, Renick	Washington St.	2:29.08	704
8 798 Johnson, Sydney	Ucla	2:29.33	701
9 739 Miller, Elise	Stanford	2:31.95	669
10 946 Kovich, Sarah	Washington St.	2:39.35	580
11 606 VandenHoek, Brecke	George Fox	2:40.41	568
12 505 Anderson, Torre	California	2:41.38	557
13 656 Uzoekwe, Colleen	Oregon	2:41.78	553

Indoor Pentathlon: #1 Women 60 Meter Hurdles

Name	Year Team	Finals	Points
1 636 Chocek, Taylor	Oregon	8.47	1024
2 555 Green, Jada	Colorado	8.56	1004
3 656 Uzoekwe, Colleen	Oregon	8.58	1000
Section 2			
1 635 Bullock, Gianna	Oregon	8.65	984
2 418 Sieben, Skylar	Arizona	8.71	971
3 798 Johnson, Sydney	Ucla	8.80	952
Section 3			
1 739 Miller, Elise	Stanford	8.72	969
2 415 Powers, Hollan	Arizona	8.74	965
3 947 Meyer, Renick	Washington St.	8.84	944
Section 4			
1 694 Moersdorf, Anneke	Oregon State	8.73	967
2 552 Bruce, Eva	Colorado	8.77	959
3 505 Anderson, Torre	California	9.07	895
Section 5			
1 606 VandenHoek, Brecke	George Fox	9.15	879
2 946 Kovich, Sarah	Washington St.	9.42	824
3 561 Routledge, Allie	Colorado	9.56	796

Indoor Pentathlon: #2 Women High Jump

Name	Year Team	Finals	Points
Flight 1			
1 656 Uzoekwe, Colleen	Oregon	1.70m	5-07.00 855
1.37 1.40 1.43 1.46 1.49 1.52 1.55 1.58 1.61 1.64 1.67 1.70 1.73			
---	0 0 0 XX0 0 XXX		
1 561 Routledge, Allie	Colorado	1.70m	5-07.00 855
1.37 1.40 1.43 1.46 1.49 1.52 1.55 1.58 1.61 1.64 1.67 1.70 1.73 1.76			
---	0 --- XO --- XXX		
3 694 Moersdorf, Anneke	Oregon State	1.67m	5-05.75 818
1.37 1.40 1.43 1.46 1.49 1.52 1.55 1.58 1.61 1.64 1.67 1.70			
---	0 0 0 XO XO XXX		

2023 Ken Shannon Last Chance Invite - 2/24/2023 to 2/25/2023**Dempsey Indoor, Seattle WA****Results****....Indoor Pentathlon: #2 Women High Jump**

3	798 Johnson, Sydney	Ucla	1.67m	5-05.75	818
	1.37 1.40 1.43 1.46 1.49 1.52 1.55 1.58 1.61 1.64 1.67 1.70				
	---	---	0 --- XX0 XXX		
5	739 Miller, Elise	Stanford	1.61m	5-03.25	747
	1.37 1.40 1.43 1.46 1.49 1.52 1.55 1.58 1.61 1.64				
	---	---	0 0 XX0 XXX		
5	418 Sieben, Skylar	Arizona	1.61m	5-03.25	747
	1.37 1.40 1.43 1.46 1.49 1.52 1.55 1.58 1.61 1.64				
	---	---	0 0 0 0 X0 XXX		
7	415 Powers, Hollan	Arizona	1.58m	5-02.25	712
	1.37 1.40 1.43 1.46 1.49 1.52 1.55 1.58 1.61				
	---	---	XX0 0 XX0 X0 XXX		
7	635 Bullock, Gianna	Oregon	1.58m	5-02.25	712
	1.37 1.40 1.43 1.46 1.49 1.52 1.55 1.58 1.61				
	---	---	0 XXX		
7	636 Chocek, Taylor	Oregon	1.58m	5-02.25	712
	1.37 1.40 1.43 1.46 1.49 1.52 1.55 1.58 1.61				
	---	---	0 XXX		
7	552 Bruce, Eva	Colorado	1.58m	5-02.25	712
	1.37 1.40 1.43 1.46 1.49 1.52 1.55 1.58 1.61				
	---	---	XX0 0 XXX		
7	606 VandenHoek, Brecke	George Fox	1.58m	5-02.25	712
	1.37 1.40 1.43 1.46 1.49 1.52 1.55 1.58 1.61				
	---	---	0 0 0 XXX		
12	946 Kovich, Sarah	Washington St.	1.55m	5-01.00	678
	1.37 1.40 1.43 1.46 1.49 1.52 1.55 1.58				
	---	---	0 0 X0 XXX		
12	505 Anderson, Torre	California	1.55m	5-01.00	678
	1.37 1.40 1.43 1.46 1.49 1.52 1.55 1.58				
	---	---	0 0 X0 XX0 XXX		
14	555 Green, Jada	Colorado	1.49m	4-10.50	610
	1.37 1.40 1.43 1.46 1.49 1.52				
	---	---	X0 XXX		
15	947 Meyer, Renick	Washington St.	1.46m	4-09.50	577
	1.37 1.40 1.43 1.46 1.49				
	0 0 0 0 XXX				

Indoor Pentathlon: #4 Women Long Jump

Name	Year Team	Finals	Points
1 694 Moersdorf, Anneke	Oregon State	5.94m 19-06.00	831
5.81m 5.82m 5.94m			
2 798 Johnson, Sydney	Ucla	5.80m 19-00.50	789
5.72m FOUL 5.80m			
3 739 Miller, Elise	Stanford	5.66m 18-07.00	747
5.66m FOUL FOUL			
4 636 Chocek, Taylor	Oregon	5.58m 18-03.75	723
5.24m 5.47m 5.58m			
5 418 Sieben, Skylar	Arizona	5.57m 18-03.25	720
5.55m 5.57m 5.34m			
5 415 Powers, Hollan	Arizona	5.57m 18-03.25	720
5.57m 5.35m 5.56m			
7 656 Uzoekwe, Colleen	Oregon	5.56m 18-03.00	717
5.56m 5.31m 5.06m			

2023 Ken Shannon Last Chance Invite - 2/24/2023 to 2/25/2023**Dempsey Indoor, Seattle WA****Results****....Indoor Pentathlon: #4 Women Long Jump**

8	947 Meyer, Renick	Washington St.	5.54m	18-02.25	712
	FOUL 5.54m FOUL				
9	505 Anderson, Torre	California	5.45m	17-10.75	686
	5.45m 5.35m FOUL				
9	552 Bruce, Eva	Colorado	5.45m	17-10.75	686
	FOUL 5.45m 5.20m				
11	555 Green, Jada	Colorado	5.40m	17-08.75	671
	5.40m 5.27m				
12	635 Bullock, Gianna	Oregon	5.37m	17-07.50	663
	5.37m 5.30m FOUL				
13	946 Kovich, Sarah	Washington St.	5.19m	17-00.50	612
	5.19m 5.02m 4.86m				
14	606 VandenHoek, Brecke	George Fox	5.17m	16-11.50	606
	5.05m 5.04m 5.17m				

Indoor Pentathlon: #3 Women Shot Put

Name	Year Team	Finals	Points
1 656 Uzoekwe, Colleen	Oregon	14.33m 47-00.25	816
		12.30m 12.12m 14.33m	
2 636 Choczek, Taylor	Oregon	13.29m 43-07.25	747
		12.56m 12.67m 13.29m	
3 635 Bullock, Gianna	Oregon	12.08m 39-07.75	666
		9.43m 12.08m 11.53m	
4 418 Sieben, Skylar	Arizona	11.55m 37-10.75	631
		11.55m 10.74m 10.96m	
5 694 Moersdorf, Anneke	Oregon State	11.50m 37-08.75	628
		11.50m 10.98m 11.27m	
6 415 Powers, Hollan	Arizona	11.39m 37-04.50	621
		10.68m 11.39m 11.36m	
7 555 Green, Jada	Colorado	11.33m 37-02.25	617
		11.20m 11.33m FOUL	
8 798 Johnson, Sydney	Ucla	11.00m 36-01.25	595
		10.57m 11.00m FOUL	
9 505 Anderson, Torre	California	10.62m 34-10.25	570
		FOUL 10.09m 10.62m	
10 739 Miller, Elise	Stanford	10.47m 34-04.25	560
		9.45m 10.47m 9.90m	
11 552 Bruce, Eva	Colorado	10.19m 33-05.25	542
		10.19m 9.87m 9.87m	
12 606 VandenHoek, Brecke	George Fox	9.76m 32-00.25	514
		9.75m 9.28m 9.76m	
13 947 Meyer, Renick	Washington St.	9.47m 31-01.00	495
		9.47m 9.21m 8.94m	
14 946 Kovich, Sarah	Washington St.	8.80m 28-10.50	451
		8.57m 8.80m 8.15m	

2023 Ken Shannon Last Chance Invite - 2/24/2023 to 2/25/2023**Dempsey Indoor, Seattle WA****Results****Women Indoor Pentathlon**

Dempsey: ! 4614 2/26/2021 Annie Kunz, Unattached
 Meet: M 4444

	Name	Year	Team	Finals
1	694 Moersdorf, Anneke		Oregon State	4092
2	636 Chocek, Taylor		Oregon	3948
3	656 Uzoekwe, Colleen		Oregon	3941
4	415 Powers, Hollan		Arizona	3870
5	798 Johnson, Sydney		Ucla	3855
6	418 Sieben, Skylar		Arizona	3819
7	552 Bruce, Eva		Colorado	3755
8	739 Miller, Elise		Stanford	3692
9	555 Green, Jada		Colorado	3680
10	947 Meyer, Renick		Washington St.	3432
11	505 Anderson, Torre		California	3386
12	606 VandenHoek, Brecke		George Fox	3279
13	946 Kovich, Sarah		Washington St.	3145

Men 60 Meter Dash

Dempsey: ! 6.50 2/14/2015 Ryan Bailey, Nike
 Meet: M 6.66 3/2/2002 Sammie Parker, Oregon

	Name	Year	Team	Prelims
Heat 1 Preliminaries				
1	976 Hinchliffe, Louie		Washington St.	6.69q 6.683
2	867 Allen, Ashton		Usc	6.69q 6.690
3	825 Reynolds, Kaden		Ucla	6.78
4	965 Brewer, Bode		Washington St.	6.87
5	721 Cieslak, Milan		Resolute Track Club	7.08
6	816 Lieb, Aiden		Ucla	7.10
Heat 2 Preliminaries				
1	523 Foster, David		California	6.72q 6.711
2	978 Lawyer, Mason		Washington St.	6.75q
3	839 Adekanbi, Dimeji		Unattached	6.77
4	720 Bartley, Jayce		Resolute Track Club	7.00
5	967 Deringer, Blake		Washington St.	7.01
6	1011 Belanger, Jacob		Alaska Anchorage	7.33
Heat 3 Preliminaries				
1	669 Lynn, Kwabena		Oregon	6.85
2	565 Andrada, Luc		Colorado	6.90
3	874 Johnson, Curtis		Usc	6.95
4	778 Simon, Dorian		Stanford	6.99
5	680 Trucks, Anthony		Oregon	7.12
6	933 Parnagian, Jake		Washington	7.13
Heat 4 Preliminaries				
1	870 Borzor, Chris		Usc	6.71q
2	935 Smith, Anthony		Washington	6.78
3	815 Kirk, Benjamin		Ucla	7.02
4	826 Robinson, John		Ucla	7.07
5	774 Navarro, Gabe		Stanford	7.07
6	617 Ojukwu, John		George Fox	7.12
Heat 5 Preliminaries				
1	775 Onwuzurike, Udodi		Stanford	6.68q

2023 Ken Shannon Last Chance Invite - 2/24/2023 to 2/25/2023**Dempsey Indoor, Seattle WA****Results****....Men 60 Meter Dash**

2	877 Okonkwo, Matthew	Usc	6.76	
3	671 Nairne, Xavier	Oregon	6.85	
4	531 Monroe, George	California	6.99	
Heat 6 Preliminaries				
1	841 Brown, Deven	Unattached	6.74q	
2	534 Schurr, Gavin	California	6.80	
3	666 Ize-Iyamu Jr., PJ	Oregon	6.85	
4	596 Tirado, Cooper	Cui	7.05	
Heat 7 Preliminaries				
1	438 White-Austin, Tray	Arizona	6.72q	6.716
2	431 Onanubosi, James	Arizona	6.82	
3	616 Morris, Byron	George Fox	6.98	
4	809 Anderson, Liam	Ucla	7.15	

Men 60 Meter Dash

Dempsey: !	6.50	2/14/2015	Ryan Bailey, Nike	
Meet: M	6.66	3/2/2002	Sammie Parker, Oregon	
Name		Year Team		Finals
Section 1 Finals				
1	438 White-Austin, Tray	Arizona	6.71	
2	978 Lawyer, Mason	Washington St.	6.74	
Section 2 Finals				
1	775 Onwuzurike, Udodi	Stanford	6.59M	
2	976 Hinchliffe, Louie	Washington St.	6.60M	
3	523 Foster, David	California	6.62M	
4	841 Brown, Deven	Unattached	6.81	

Men 200 Meter Dash

Dempsey: !	20.65	2/25/2022	Kasaun James, USC	
Meet: M	21.47	3/8/2008	Jody Johnson, Sacramento Stat	
Name		Year Team		Finals
Section 1				
1	882 Thomas, Max	Usc	20.96M	
2	438 White-Austin, Tray	Arizona	21.04M	
3	877 Okonkwo, Matthew	Usc	21.23M	
Section 2				
1	534 Schurr, Gavin	California	21.24M	
2	531 Monroe, George	California	21.96	
3	778 Simon, Dorian	Stanford	22.22	
Section 3				
1	431 Onanubosi, James	Arizona	21.76	
2	565 Andrada, Luc	Colorado	21.96	
3	815 Kirk, Benjamin	Ucla	22.58	
Section 4				
1	572 Gilmore, Ian	Colorado	21.58	
2	826 Robinson, John	Ucla	21.64	
Section 5				
1	681 Wheeler, Camden	Oregon	21.96	
2	576 Milholen, James	Colorado	22.20	
3	430 Marquez, Diego	Arizona	22.21	
Section 6				

2023 Ken Shannon Last Chance Invite - 2/24/2023 to 2/25/2023**Dempsey Indoor, Seattle WA****Results****....Men 200 Meter Dash**

1	769 Kroeger, John	Stanford	22.01
--	874 Johnson, Curtis	Usc	DNF
Section 7			
1	774 Navarro, Gabe	Stanford	22.13
2	720 Bartley, Jayce	Resolute Track Club	22.62
3	721 Cieslak, Milan	Resolute Track Club	22.78

Men 400 Meter Dash

=====			
Dempsey: ! 45.94 2/24/2018		Rai Benjamin, USC	
Meet: M 46.03 3/1/2013		Mike Berry, Oregon	
Name	Year	Team	Finals
=====			
Section 1			
1	872 Braun, Justin	Usc	46.48
2	829 Turner, Ismail	Ucla	46.66
3	585 Williams, Tyler	Colorado	47.56
4	457 Moyer, Trevin	Arizona State	48.35
Section 2			
1	878 Phillippy, Michael	Usc	46.89
2	453 Curry, Jeremiah	Arizona State	47.01
3	869 Blockburger, Johnn	Usc	47.47
--	820 Misener-Daley, Myl	Ucla	DQ Interfere W lane 3
Section 3			
1	867 Allen, Ashton	Usc	46.81
2	502 Taylor, Josh	Byu	46.87
3	496 Jackson, Trey	Byu	46.98
4	458 Nwachukwu, Dubem	Arizona State	47.62
Section 4			
1	833 Wright, Willington	Ucla	47.62
2	576 Milholen, James	Colorado	47.80
3	497 Jensen, Jace	Byu	48.09
4	429 Lopez, Lyricc	Arizona	48.36
Section 5			
1	875 Jones, William	Usc	46.97
2	425 Hicks, Carl	Arizona	47.72
3	781 Zoltak, Miles	Stanford	47.93
Section 6			
1	526 Larkin, Henry	California	48.00
2	771 Lippert, Karson	Stanford	48.04
3	870 Borzor, Chris	Usc	48.63
--	424 Hasher, Logan	Arizona	DQ 3 step on line
Section 7			
1	930 Gaik, Daniel	Washington	47.70
2	572 Gilmore, Ian	Colorado	47.78
3	926 Birchman, Jonathan	Washington	47.81
4	420 Davis, Isaac	Arizona	48.35
Section 8			
1	681 Wheeler, Camden	Oregon	48.54
2	762 Cole, Olufemi	Stanford	48.92
3	577 Nelson, Garrett	Colorado	49.20
4	389 Kremser, Maximilia	Alaska Anchorage	51.08
Section 9			
1	925 Baricevic, Sam	Washington	48.61
2	544 Correa, Johan	Central Washington	49.29

2023 Ken Shannon Last Chance Invite - 2/24/2023 to 2/25/2023**Dempsey Indoor, Seattle WA****Results****....Men 400 Meter Dash**

3	423 Hasher, Brayden	Arizona	49.58
4	673 Poff, Nathan	Oregon	50.57

Section 10

1	821 Nortje, Antonie	Ucla	47.70
2	830 Vazquez, Yan	Ucla	49.61
3	1010 Angarita, Kevin	Alaska Anchorage	49.73
4	387 Hunter, Timothy	Alaska Anchorage	51.40

Men 800 Meter Run

Dempsey: ! 1:46.36 2/13/2010 Andrew Wheatling, Oregon

Meet: M 1:48.42 3/8/2003 Gary Reed, Pacific Athletic

Name Year Team Finals

Section 1

1	757 Bergen, Zane	Stanford	1:53.15
2	456 Leslie, Asher	Arizona State	1:56.20
3	597 Tondryk, Bryce	Cui	1:57.05
4	436 Simmons, Evan	Arizona	1:57.89
5	969 Easton, Jacob	Washington St.	2:03.45

Section 2

1	832 Wingo, Kai	Ucla	1:52.12
2	970 Emerson, Aiden	Washington St.	1:52.18
3	663 Folmli, Angus	Oregon	1:52.64
4	433 Russo, Cade	Arizona	1:52.87
5	972 Gonzalez, Evan	Washington St.	1:55.51
6	982 Ortega-Gammill, Ky	Washington St.	1:59.19

Section 3

1	770 Lester, John	Stanford	1:46.93M
2	662 Cook, Elliott	Oregon	1:47.01M
3	450 Carlson, Dayton	Arizona State	1:47.29M
4	818 McMahon-Staggs, Ro	Ucla	1:48.31M
5	1007 Weber, Drew	Western Washington	1:49.86
6	879 Poynter, Bobby	Usc	1:50.08
7	492 Fernandez, Sebasti	Byu	1:56.73
--	489 Cibart, Ryan	Byu	DNF

Men 1 Mile Run

Dempsey: ! 3:51.90 1/27/2023 Joe Waskom, Washington

Meet: M 3:57.27 2/16/2019 Carlos Villarreal, Arizona

Name Year Team Finals

Section 1

1	674 Reynolds, Benjamin	Oregon	4:09.70
2	627 Ackerman, Ase	Msu-Billings	4:12.91
3	777 Sherry, Callum	Stanford	4:15.52
4	592 Arteaga, Hector	Cui	4:15.74
5	394 Zapherson, Michael	Alaska Anchorage	4:17.14
6	969 Easton, Jacob	Washington St.	4:17.44
7	979 Limo, Kelvin	Washington St.	4:17.67
8	595 Plaza, Noah	Cui	4:18.04
9	977 Lawrence, Jacob	Washington St.	4:24.70

Section 2

1	756 Beaudoin-Rousseau,	Stanford	4:03.27
---	------------------------	----------	---------

2023 Ken Shannon Last Chance Invite - 2/24/2023 to 2/25/2023**Dempsey Indoor, Seattle WA****Results****....Men 1 Mile Run**

2	899 Timlin, David	Wannabeast	4:06.99
3	823 Parker, Jake	Ucla	4:07.01
4	388 Johnson, Drew	Alaska Anchorage	4:07.71
5	982 Ortega-Gammill, Ky	Washington St.	4:07.84
6	432 Quigley, Cooper	Arizona	4:07.85
7	846 Laird, Will	Unattached	4:09.56
8	718 Sado, Ahmed	Portland	4:10.38
9	574 Greene, Ben	Colorado	4:12.51
10	970 Emerson, Aiden	Washington St.	4:15.52

Section 3

1	573 Givens, Isaiah	Colorado	3:55.99M
2	486 Bons, Lucas	Byu	3:57.11M
3	527 MacQuiddy, Garrett	California	3:58.67
4	434 Sanchez Lopez, Ike	Arizona	4:00.77
5	757 Bergen, Zane	Stanford	4:01.67
6	813 Herold, Peter	Ucla	4:02.44
7	831 Wilbur, Dylan	Ucla	4:04.35
8	811 Dawson, Jai	Ucla	4:06.48
9	499 Rooks, Kenneth	Byu	4:06.95
10	763 DiDonato, Robert	Stanford	4:07.26
11	578 Niednagel, Caleb	Colorado	4:10.04
--	489 Cibart, Ryan	Byu	DNF

Men 3000 Meter Run

Dempsey: ! 7:40.66 2/11/2022 Abdihamid Nur, Northern Ari

Meet: M 7:44.45 3/3/2012 Andrew Bumbalough, Nike OTC

Name Year Team Finals

Section 1

1	782 Barraza, Brian	Tinman Elite	7:52.23
2	501 Stanford, Jacob	Byu	8:03.78
3	579 Overberg, James	Colorado	8:06.77
4	715 Abdala, Daniel	Portland	8:06.93
5	758 Boutelle, Caleb	Stanford	8:06.97
6	500 Stanford, Garrett	Byu	8:07.95
7	983 Swanson, Leif	Washington St.	8:08.40
8	581 Rauba, Grady	Colorado	8:09.36
9	567 Aschbrenner, Jace	Colorado	8:09.54
10	571 Fraser, Brendan	Colorado	8:11.00
11	842 Crabtree, James	Unattached	8:11.46
12	964 Barsaiya, Brian	Washington St.	8:12.28
13	718 Sado, Ahmed	Portland	8:18.06
14	973 Griffith, Sam	Washington St.	8:23.70
15	997 Smith, Bailey	Western Oregon	8:28.30
16	986 Wilcott, Grayson	Washington St.	8:44.43
--	780 Topper, Nolan	Stanford	DNF

Section 2

1	776 Robinson, Ky	Stanford	7:42.30M
2	767 Hicks, Charles	Stanford	7:47.45
3	761 Burke, Evan	Stanford	7:53.60
4	819 Mireles, Michael	Ucla	7:54.82
5	717 Kirk, Zak	Portland	7:56.13
6	849 Trippas, Ed	Unattached	7:57.93
7	494 Grundvig, Luke	Byu	7:58.18

2023 Ken Shannon Last Chance Invite - 2/24/2023 to 2/25/2023**Dempsey Indoor, Seattle WA****Results****....Men 3000 Meter Run**

8	485 Allen, Christian	Byu	7:59.38
9	566 Appleton, Hunter	Colorado	7:59.62
10	390 Nash, Cole	Alaska Anchorage	8:09.19
--	765 Hart, Devin	Stanford	DNF

Men 5000 Meter Run

=====			
Dempsey: ! 13:21.85 2/11/2022 Ky Robinson, Stanford			
Meet: M 13:47.40 3/6/2004 Mike Donnelly, Nike			
Name	Year	Team	Finals
=====			

Section 1

1	844 Edwards, Josh	Unattached	13:56.01
2	672 Norman, Quincy	Oregon	13:57.84
3	665 Hussein, Abdinisir	Oregon	14:04.18
4	661 Brown, Caleb	Oregon	14:09.36
5	677 Stein, Cameron	Oregon	14:12.74
6	780 Topper, Nolan	Stanford	14:18.72
7	983 Swanson, Leif	Washington St.	14:19.20
8	928 Daschbach, Leo	Washington	14:19.29
9	843 Distel, Jamar	Unattached	14:20.05
10	848 Stevens, Kutoven	Unattached	14:24.70
11	981 Morlan, Turlan	Washington St.	14:33.83
12	659 Affolder, Luke	Oregon	14:41.53
--	676 Schumacher, Josh	Oregon	DNF
--	840 Balazs, Benjamin	Unattached	DNF
--	675 Scasso, Giuliano	Oregon	DNF

Section 2

1	765 Hart, Devin	Stanford	13:29.31M
2	493 Garnica, Brandon	Byu	13:33.65M
3	583 Sweeney, Charlie	Colorado	13:36.09M
4	813 Herold, Peter	Ucla	13:37.22M
5	503 Thompson, Creed	Byu	13:38.81M
6	756 Beaudoin-Rousseau,	Stanford	13:39.57M
7	717 Kirk, Zak	Portland	13:49.55
8	491 Corrigan, James	Byu	13:58.66
9	498 Nokes, Joey	Byu	14:02.57
--	490 Clinger, Casey	Byu	DNF
--	964 Barsaiya, Brian	Washington St.	DNF

Men 60 Meter Hurdles

=====			
Dempsey: ! 7.60 2/27/2016 Devon Allen, Oregon			
Meet: M 7.77 3/4/2006 Jeff Hunter, Arizona			
Name	Year	Team	Prelims
=====			

Heat 1 Preliminaries

1	519 Bates, Di'Niko	California	8.02q
2	680 Trucks, Anthony	Oregon	8.13
3	545 Easley, Logan	Central Washington	8.76

Heat 2 Preliminaries

1	876 Ojora, Omotade	Usc	M 7.67q
2	524 Hunt, Riley	California	7.97q
3	816 Lieb, Aiden	Ucla	8.13q
4	968 Duskin, Parker	Washington St.	8.18

2023 Ken Shannon Last Chance Invite - 2/24/2023 to 2/25/2023**Dempsey Indoor, Seattle WA****Results****....Men 60 Meter Hurdles****Heat 3 Preliminaries**

1	871 Brackins, Johnny	Usc	M 7.65q
2	529 McMorris, Hakim	California	7.99q
3	809 Anderson, Liam	Ucla	8.07q
4	421 Extine, Zachary	Arizona	8.09q

Men 60 Meter Hurdles

=====			
Dempsey: !	7.60	2/27/2016	Devon Allen, Oregon
Meet: M	7.77	3/4/2006	Jeff Hunter, Arizona
Name		Year Team	Finals
=====			

Section 1 Finals

1	529 McMorris, Hakim	California	7.91
2	809 Anderson, Liam	Ucla	7.99
3	524 Hunt, Riley	California	8.07
4	816 Lieb, Aiden	Ucla	8.16

Section 2 Finals

1	871 Brackins, Johnny	Usc	7.60!
2	876 Ojora, Omotade	Usc	7.64M
3	519 Bates, Di'Niko	California	7.92
4	421 Extine, Zachary	Arizona	8.09

Men 4x400 Meter Relay

=====			
Dempsey: !	3:05.68	2/26/2022	Arizona State, ASU
			Nwachukwu, Brown, Felix, Robinson
Meet: M	3:09.08	3/3/2007	Washington, Washington
			Gudaitis, Still, Brown, Fredrickson
Team			Finals
=====			

Section 1

1	Usc 'A'	3:05.01!
	1) 872 Braun, Justin	2) 867 Allen, Ashton
	3) 875 Jones, William	4) 869 Blockburger, Johnnie
2	Ucla 'A'	3:05.74M
	1) 821 Nortje, Antonie	2) 820 Misener-Daley, Myles
	3) 833 Wright, Willington	4) 829 Turner, Ismail
3	Byu 'A'	3:06.12M
	1) 496 Jackson, Trey	2) 488 Carlile, Spencer
	3) 495 Hazlett, Eli	4) 502 Taylor, Josh
4	Arizona 'A'	3:08.05M
	1) 425 Hicks, Carl	2) 420 Davis, Isaac
	3) 438 White-Austin, Trayvion	4) 429 Lopez, Lyricc
5	Arizona State 'A'	3:10.13
	1) 453 Curry, Jeremiah	2) 458 Nwachukwu, Dubem
	3) 450 Carlson, Dayton	4) 457 Moyer, Trevin

Section 2

1	Colorado 'A'	3:09.75
	1) 585 Williams, Tyler	2) 572 Gilmore, Ian
	3) 577 Nelson, Garrett	4) 576 Milholen, James
2	Stanford 'A'	3:12.32
	1) 781 Zoltak, Miles	2) 769 Kroeger, John
	3) 771 Lippert, Karson	4) 775 Onwuzurike, Udodi
3	Washington St. 'A'	3:15.35

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1) 980 McAlvey, Jared	2) 987 Willems, Ethan
3) 978 Lawyer, Mason	4) 968 Duskin, Parker
4 Cui 'A'	3:24.63
1) 596 Tirado, Cooper	2) 593 Chin, Josiah
3) 597 Tondryk, Bryce	4) 1018 Wilson, Donovan

Men Distance Medley

Dempsey: ! 9:21.77	2/12/2010	OTC
Meet: M 9:28.14	2/15/2019	Washington, Washington
		Morello, Elliott, Kirk, Stanovsek
Team		Finals

Section 1

1 Azusa Pacific 'A'	9:47.00
1) 462 Nyberg, Ezekiel	2) 459 Bessolo, Daniel
3) 461 Melendres, Nicolas	4) 463 Sumner, Ben
2 Oklahoma Christian 'A'	9:47.88
1) 629 Burrows, Dylan	2) 631 Williamson, Keiontae
3) 628 Anthony, Ethan	4) 630 Pearce, Owen
3 Western Oregon 'A'	9:48.43
1) 996 Sanchez, Keeton	2) 992 Arce-Torres, Gabe
3) 995 Klus, Emmett	4) 994 Hutton, Hunter
4 Washington St. 'A'	9:57.08
1) 982 Ortega-Gammill, Kyle	2) 968 Duskin, Parker
3) 986 Wilcott, Grayson	4) 970 Emerson, Aiden
5 Central Washington 'A'	10:32.18
1) 548 Pratapas, Jack	2) 545 Easley, Logan
3) 546 Klein, Drew	4) 549 Savely, Ty
6 Alaska Anchorage 'A'	10:40.55
1) 393 Tveit, Ries	2) 1011 Belanger, Jacob
3) 395 Zukowski, Stephen	4) 1001 Avalos, Jesus

Men High Jump

Dempsey: ! 2.31m	2/13/2010	Jesse Williams, Nike
Meet: M 2.23m	3/3/2012	Bryan McBride, Arizona State
Name	Year Team	Finals

Flight 1

1 435 Sigfinnsson, Krist	Arizona	2.20m	7-02.50
1.81 1.86 1.91 1.96 2.01 2.06 2.11 2.14 2.20 2.23			
--- --- --- --- 0 0 0 0 XO XXX			
2 536 Williams, Jai	California	2.11m	6-11.00
1.81 1.86 1.91 1.96 2.01 2.06 2.11 2.14			
--- --- --- --- 0 0 0 XXX			
3 451 Cody, Jeremy	Arizona State	J2.11m	6-11.00
1.81 1.86 1.91 1.96 2.01 2.06 2.11 2.14			
--- --- --- --- 0 0 XO XXX			
4 873 Gerald, Elias	Usc	2.06m	6-09.00
1.81 1.86 1.91 1.96 2.01 2.06 2.11			
--- XO 0 0 XX0 0 XXX			

2023 Ken Shannon Last Chance Invite - 2/24/2023 to 2/25/2023

Dempsey Indoor, Seattle WA

Results

....Men High Jump

5	613 King, James	George Fox	J2.06m	6-09.00
	1.81 1.86 1.91 1.96 2.01 2.06 2.11			
	--- --- --- 0 XX0 XO XXX			
6	975 Hicks, Daylon	Washington St.	2.01m	6-07.00
	1.81 1.86 1.91 1.96 2.01 2.06			
	--- --- --- 0 0 XXX			
6	814 Kim, Aaron	Ucla	2.01m	6-07.00
	1.81 1.86 1.91 1.96 2.01 2.06			
	--- --- --- 0 0 XXX			
8	971 Ferdinand, Taino	Washington St.	J2.01m	6-07.00
	1.81 1.86 1.91 1.96 2.01 2.06			
	--- --- --- --- XX0 XXX			
9	779 Stevens, James	Stanford	1.96m	6-05.00
	1.81 1.86 1.91 1.96 2.01			
	--- 0 0 XX0 XXX			
10	931 Lieberg, Leland	Washington	1.91m	6-03.25
	1.81 1.86 1.91 1.96			
	0 XO XO XXX			
11	575 Meyer, Jackson	Colorado	1.86m	6-01.25
	1.81 1.86 1.91			
	--- 0 XXX			

Men Pole Vault

Dempsey: ! 5.81m 1/31/2004 Toby Stevenson, Unattached

Meet: M 5.58m 3/5/2011 Brad Walker, Nike

Name	Year	Team	Finals	
1	760 Brown, Garrett	Stanford	5.43m	17-09.75
	4.28 4.43 4.58 4.73 4.88 5.03 5.18 5.33 5.43 5.53			
	--- --- --- --- 0 XO 0 0 0 XXX			
2	528 Magula, Skyler	California	J5.43m	17-09.75
	4.28 4.43 4.58 4.73 4.88 5.03 5.18 5.33 5.43 5.53			
	--- --- --- --- --- XX0 --- XX0 XXX			
2	772 Manson, Max	Stanford	J5.43m	17-09.75
	4.28 4.43 4.58 4.73 4.88 5.03 5.18 5.33 5.43 5.53			
	--- --- --- --- --- 0 XO XO XX0 XXX			
4	520 Burns, Tyler	California	5.33m	17-05.75
	4.28 4.43 4.58 4.73 4.88 5.03 5.18 5.33 5.43			
	--- --- --- --- --- 0 0 XXX			
5	452 Cox, Austin	Arizona State	5.18m	17-00.00
	4.28 4.43 4.58 4.73 4.88 5.03 5.18 5.33			
	--- --- --- --- --- 0 0 XXX			
6	929 Englar, Jacob	Washington	J5.18m	17-00.00
	4.28 4.43 4.58 4.73 4.88 5.03 5.18 5.33			
	--- --- --- --- --- XO 0 XXX			
7	660 Angove, Hunter	Oregon	5.03m	16-06.00
	4.28 4.43 4.58 4.73 4.88 5.03 5.18			
	--- --- --- 0 0 0 XXX			
7	426 Kippes, Tanner	Arizona	5.03m	16-06.00
	4.28 4.43 4.58 4.73 4.88 5.03 5.18			
	--- --- --- --- 0 0 XXX			
9	682 Yamafuji, J Kai	Oregon	J5.03m	16-06.00
	4.28 4.43 4.58 4.73 4.88 5.03 5.18			
	--- --- 0 XO XX0 XO XXX			

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10	766	Herrscher, JT	Stanford	J5.03m	16-06.00		
	4.28	4.43	4.58	4.73	4.88	5.03	5.18
	---	---	---	---	0	XX0	XXX
11	822	O'Brien, Hunter	Ucla	4.88m	16-00.00		
	4.28	4.43	4.58	4.73	4.88	5.03	
	---	---	0	0	0	XXX	
12	984	Tailin, Lucas	Washington St.	4.73m	15-06.25		
	4.28	4.43	4.58	4.73	4.88		
	---	---	---	0	XXX		
12	923	Anderson, Will	Washington	4.73m	15-06.25		
	4.28	4.43	4.58	4.73	4.88		
	---	0	0	0	XXX		
12	611	Gibson, Levi	George Fox	4.73m	15-06.25		
	4.28	4.43	4.58	4.73	4.88		
	---	---	0	0	XXX		
--	455	Kasprzyk, Hunter	Arizona State	NH			
	4.28	4.43	4.58				
	---	---	XXX				
--	667	Katahdin, Arthur	Oregon	NH			
	4.28	4.43	4.58				
	---	---	XXX				

Men Long Jump

=====							
Dempsey: ! 8.12m 2/29/2008				Norris Frederick, Washington			
Meet: M 7.74m 3/7/2009				Luis Rivera-Morales, Arizona			
Name		Year		Team		Finals	
=====							
1	924 Artis, Prestin			Washington		7.75mM	25-05.25
	7.36m	FOUL	5.74m	7.75m	7.67m 7.43m		
2	768 Hunter, Allan			Stanford		7.39m	24-03.00
	FOUL	5.56m	7.15m	7.03m	7.35m 7.39m		
3	529 McMorris, Hakim			California		7.38m	24-02.50
	7.19m	7.20m	7.26m	FOUL	7.29m 7.38m		
4	679 Tactay, Jonah			Oregon		7.34m	24-01.00
	7.10m	7.11m	7.25m	7.34m	7.11m 7.06m		
5	437 Sims, Sir Jonathan			Arizona		7.33m	24-00.75
	7.33m	7.01m	6.81m	6.90m	6.98m 7.31m		
6	883 Wise, Dallas			Usc		7.32m	24-00.25
	7.21m	7.32m	FOUL	FOUL	FOUL FOUL		
7	612 Kassebaum, Ethan			George Fox		7.26m	23-10.00
	FOUL	7.26m					
8	620 Seymour, Cameron			George Fox		7.14m	23-05.25
	6.97m	7.10m	6.67m	6.88m	6.88m 7.14m		
9	392 Sample, Collin			Alaska Anchorage		6.86m	22-06.25
	6.81m	5.34m	6.86m	6.79m	6.60m 6.61m		
10	569 Christiansen, Aida			Colorado		6.84m	22-05.25
	6.84m	5.66m	6.69m				
11	575 Meyer, Jackson			Colorado		6.82m	22-04.50
	FOUL	FOUL	6.82m				
12	615 Migani, Dieumerici			George Fox		6.79m	22-03.50
	6.75m	FOUL	6.79m				
13	769 Kroeger, John			Stanford		5.57m	18-03.25
	5.57m	FOUL	FOUL				

2023 Ken Shannon Last Chance Invite - 2/24/2023 to 2/25/2023**Dempsey Indoor, Seattle WA****Results****Men Triple Jump**

Dempsey: ! 16.62m 2/1/2003 Julien Kapek, USC						
Meet: M 15.81m 3/4/2006 Solomon Welch, Stanford						
Name	Year	Team	Finals			
1	679	Tactay, Jonah	Oregon	15.45m	50-08.25	
		13.30m	15.06m	15.23m	15.45m	15.24m
2	883	Wise, Dallas	Usc	15.28m	50-01.75	
		FOUL	FOUL	15.28m	FOUL	15.13m
3	810	Davis, Jelaani	Ucla	15.22m	49-11.25	
		FOUL	15.14m	15.22m	FOUL	FOUL 15.04m
4	723	Njeri, David	Seattle Pacific	14.91m	48-11.00	
		14.85m	FOUL	14.79m	14.74m	14.20m 14.91m
5	437	Sims, Sir Jonathan	Arizona	14.84m	48-08.25	
		14.43m	14.63m	14.74m	14.50m	14.84m 14.53m

Men Shot Put

Dempsey: ! 21.47m 3/1/2008 Ryan Whiting, Arizona State						
Meet: M 19.94m 3/3/2007 Russ Winger, Idaho						
Name	Year	Team	Finals			
1	428	Landa, Zach	Arizona	19.28m	63-03.25	
		18.60m	FOUL	19.28m	18.16m	FOUL FOUL
2	427	Koudssi, Youssef	Arizona	18.20m	59-08.50	
		18.20m	FOUL	FOUL	FOUL	FOUL FOUL
3	522	Duensing, Jeff	California	18.09m	59-04.25	
		17.88m	18.09m	FOUL	FOUL	17.40m 17.44m
4	487	Bryant, Danny	Byu	17.43m	57-02.25	
		17.00m	FOUL	16.42m	16.85m	16.85m 17.43m
5	824	Pinckney, Michael	Ucla	17.33m	56-10.25	
		15.40m	16.85m	17.33m	FOUL	16.56m FOUL
6	974	Grueso Mosquera,	Washington St.	17.30m	56-09.25	
		17.25m	16.45m	FOUL	17.25m	FOUL 17.30m
7	812	Elbettar, Aidan	Ucla	17.18m	56-04.50	
		16.03m	17.18m	FOUL	16.82m	16.85m FOUL
8	532	Porter, Jake	California	16.95m	55-07.50	
		16.95m	FOUL	FOUL	16.60m	16.28m FOUL
9	668	Kinder, Jett	Oregon	13.89m	45-07.00	
		13.89m	FOUL	13.83m	FOUL	FOUL FOUL
10	764	Gross, Garin	Stanford	13.76m	45-01.75	
		FOUL	FOUL	13.76m		
--	625	Olsen, Nick	Linfield	FOUL		
		FOUL	FOUL			

Men Weight Throw

Dempsey: ! 23.60m 2/27/2015 Conor McCullough, USC						
Meet: M 21.09m 3/3/2007 Jake Shanklin, Wyoming						
Name	Year	Team	Finals			
1	773	McKhann, Max	Stanford	22.48mM	73-09.00	
		21.93m	22.48m	22.48m	FOUL	FOUL 22.12m
2	937	White, Jayden	Washington	21.99mM	72-01.75	
		21.99m	FOUL	21.88m	FOUL	21.31m FOUL

2023 Ken Shannon Last Chance Invite - 2/24/2023 to 2/25/2023**Dempsey Indoor, Seattle WA****Results****....Men Weight Throw**

3	824 Pinckney, Michael	Ucla	21.18mM	69-06.00
	FOUL 21.18m FOUL FOUL 21.12m FOUL			
4	530 Moisander, Ivar	California	19.40m	63-07.75
	19.06m 19.07m 19.38m 19.17m 19.24m 19.40m			
5	582 Sconce, Tyler	Colorado	19.14m	62-09.50
	17.77m FOUL FOUL 17.71m 18.28m 19.14m			
6	755 Argyropoulos, Anth	Stanford	18.85m	61-10.25
	17.75m 18.20m FOUL 18.80m 18.85m 18.65m			
7	533 Schroeter, Kegan	California	18.39m	60-04.00
	17.91m FOUL FOUL FOUL 18.39m 18.23m			
8	584 Ward, Matt	Colorado	17.58m	57-08.25
	17.34m FOUL 17.58m 16.58m FOUL 16.76m			
9	487 Bryant, Danny	Byu	17.44m	57-02.75
	17.16m 16.99m 16.97m FOUL FOUL 17.44m			

Heptathlon: #1 Men 60 Meter Dash

Name	Year Team	Finals	Points
Section 1			
1 927 Comin Pescador, Br	Washington	6.99	886
2 985 Walburn, Lee	Washington St.	7.19	816
3 570 Colleran, Troy	Colorado	7.23	802
4 619 Phillips, Tayler	George Fox	7.27	789
Section 2			
1 934 Schlueter, Jami	Washington	7.04	868
2 936 Thorner, Oliver	Washington	7.19	816
3 535 Whatley, Cole	California	7.28	785
4 422 Gehr, Dominic	Arizona	7.32	772
Section 3			
1 1017 Lemma, Grady	Pacific Lutheran	7.25	796
2 624 Stade, Nicholas	Lewis & Clark	7.36	759
3 525 Knott, Riley	California	7.38	752
4 568 Bianco, Nick	Colorado	7.43	736
5 547 Maier, Braydon	Central Washington	7.43	736

Heptathlon: #7 Men 1000 Meter Run

Name	Year Team	Finals	Points
Section 1			
1 927 Comin Pescador, Br	Washington	2:37.02	907
2 985 Walburn, Lee	Washington St.	2:41.35	858
3 535 Whatley, Cole	California	2:42.06	851
4 934 Schlueter, Jami	Washington	2:42.42	847
5 568 Bianco, Nick	Colorado	2:42.90	841
6 1017 Lemma, Grady	Pacific Lutheran	2:44.23	827
7 624 Stade, Nicholas	Lewis & Clark	2:49.31	773
8 619 Phillips, Tayler	George Fox	2:54.91	715
9 525 Knott, Riley	California	3:04.55	620
10 422 Gehr, Dominic	Arizona	3:06.84	599
-- 936 Thorner, Oliver	Washington	DNF	

2023 Ken Shannon Last Chance Invite - 2/24/2023 to 2/25/2023**Dempsey Indoor, Seattle WA****Results****Heptathlon: #5 Men 60 Meter Hurdles**

Name	Year Team	Finals	Points
1 927 Comin Pescador, Br	Washington	8.11	954
2 934 Schlueter, Jami	Washington	8.28	913
3 568 Bianco, Nick	Colorado	8.36	893
Section 2			
1 619 Phillips, Tayler	George Fox	8.34	898
2 422 Gehr, Dominic	Arizona	8.85	779
Section 3			
1 535 Whatley, Cole	California	8.34	898
2 936 Thorner, Oliver	Washington	8.62	832
Section 4			
1 525 Knott, Riley	California	8.48	865
2 985 Walburn, Lee	Washington St.	8.67	820
Section 5			
1 1017 Lemma, Grady	Pacific Lutheran	8.85	779
2 624 Stade, Nicholas	Lewis & Clark	9.11	722

Heptathlon: #4 Men High Jump

Name	Year Team	Finals	Points
Flight 1			
1 927 Comin Pescador, Br	Washington	2.03m	6-08.00 831
1.61 1.64 1.67 1.70 1.73 1.76 1.79 1.82 1.85 1.88 1.91 1.94 1.97 2.00 2.03 2.06			
---		0 --- 0 0 X0 0 0 XXX	
2 525 Knott, Riley	California	1.97m	6-05.50 776
1.61 1.64 1.67 1.70 1.73 1.76 1.79 1.82 1.85 1.88 1.91 1.94 1.97 2.00			
---		X0 X0 X0 XXX	
3 619 Phillips, Tayler	George Fox	1.91m	6-03.25 723
1.61 1.64 1.67 1.70 1.73 1.76 1.79 1.82 1.85 1.88 1.91 1.94			
---		X0 X0 XX0 XXX	
4 985 Walburn, Lee	Washington St.	1.88m	6-02.00 696
1.61 1.64 1.67 1.70 1.73 1.76 1.79 1.82 1.85 1.88 1.91			
---		X0 X0 XXX	
4 568 Bianco, Nick	Colorado	1.88m	6-02.00 696
1.61 1.64 1.67 1.70 1.73 1.76 1.79 1.82 1.85 1.88 1.91			
---		0 X0 X0 0 XX0 XXX	
4 422 Gehr, Dominic	Arizona	1.88m	6-02.00 696
1.61 1.64 1.67 1.70 1.73 1.76 1.79 1.82 1.85 1.88 1.91			
---		0 --- 0 --- 0 X0 XX0 XXX	
7 934 Schlueter, Jami	Washington	1.85m	6-00.75 670
1.61 1.64 1.67 1.70 1.73 1.76 1.79 1.82 1.85 1.88			
---		0 --- 0 --- 0 X0 0 XXX	
8 535 Whatley, Cole	California	1.82m	5-11.50 644
1.61 1.64 1.67 1.70 1.73 1.76 1.79 1.82 1.85			
---		XX0 XXX	
9 1017 Lemma, Grady	Pacific Lutheran	1.79m	5-10.50 619
1.61 1.64 1.67 1.70 1.73 1.76 1.79 1.82			
0 --- X0 0 0 X0 0 XXX			
9 624 Stade, Nicholas	Lewis & Clark	1.79m	5-10.50 619
1.61 1.64 1.67 1.70 1.73 1.76 1.79 1.82			
---		0 0 XX0 0 XXX	

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Results

....Heptathlon: #4 Men High Jump

9	547 Maier, Braydon	Central Washington	1.79m	5-10.50	619
	1.61 1.64 1.67 1.70 1.73 1.76 1.79 1.82				
	---	---	XX0	XXX	
--	936 Thorner, Oliver	Washington	NH		
	1.61				
	XXX				

Heptathlon: #6 Men Pole Vault

Name	Year Team	Finals	Points
1 927 Comin Pescador, Br	Washington	4.90m 16-00.75	880
	3.40 3.50 3.60 3.70 3.80 3.90 4.00 4.10 4.20 4.30 4.40 4.50 4.60 4.70 4.80 4.90 5.00		
	---	0 0 XO 0 0 XO XXX	
1 568 Bianco, Nick	Colorado	4.90m 16-00.75	880
	3.40 3.50 3.60 3.70 3.80 3.90 4.00 4.10 4.20 4.30 4.40 4.50 4.60 4.70 4.80 4.90 5.00		
	---	---	XX0 XO 0 XX0 XXX
3 535 Whatley, Cole	California	4.70m 15-05.00	819
	3.40 3.50 3.60 3.70 3.80 3.90 4.00 4.10 4.20 4.30 4.40 4.50 4.60 4.70 4.80		
	---	XO XO 0 0 XO 0 XXX	
4 985 Walburn, Lee	Washington St.	4.60m 15-01.00	790
	3.40 3.50 3.60 3.70 3.80 3.90 4.00 4.10 4.20 4.30 4.40 4.50 4.60 4.70		
	---	0 0 XXX	
5 936 Thorner, Oliver	Washington	4.50m 14-09.00	760
	3.40 3.50 3.60 3.70 3.80 3.90 4.00 4.10 4.20 4.30 4.40 4.50 4.60		
	---	XX0 XXX	
5 934 Schlueter, Jami	Washington	4.50m 14-09.00	760
	3.40 3.50 3.60 3.70 3.80 3.90 4.00 4.10 4.20 4.30 4.40 4.50 4.60		
	---	0 0 0 0 XO 0 XXX	
7 525 Knott, Riley	California	4.40m 14-05.25	731
	3.40 3.50 3.60 3.70 3.80 3.90 4.00 4.10 4.20 4.30 4.40 4.50		
	---	0 0 0 0 0 XXX	
8 1017 Lemma, Grady	Pacific Lutheran	4.10m 13-05.25	645
	3.40 3.50 3.60 3.70 3.80 3.90 4.00 4.10 4.20		
	---	0 XX0 XXX	
9 624 Stade, Nicholas	Lewis & Clark	4.00m 13-01.50	617
	3.40 3.50 3.60 3.70 3.80 3.90 4.00 4.10		
	---	0 0 0 0 XXX	
10 619 Phillips, Tayler	George Fox	3.80m 12-05.50	562
	3.40 3.50 3.60 3.70 3.80 3.90		
	0 --- --- XX0 0 XXX		
-- 422 Gehr, Dominic	Arizona	NH	
	3.40 3.50 3.60 3.70 3.80 3.90 4.00 4.10 4.20 4.30 4.40		
	---	XXX	

Heptathlon: #2 Men Long Jump

Name	Year Team	Finals	Points
1 927 Comin Pescador, Br	Washington	7.26m 23-10.00	876
	6.66m 7.26m PASS		
2 934 Schlueter, Jami	Washington	7.12m 23-04.50	842
	7.12m 6.97m 6.63m		
3 936 Thorner, Oliver	Washington	6.71m 22-00.25	746
	6.68m 6.71m FOUL		

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4	568 Bianco, Nick	Colorado	6.67m	21-10.75	736
	6.63m 6.66m 6.67m				
5	422 Gehr, Dominic	Arizona	6.59m	21-07.50	718
	6.36m 6.21m 6.59m				
6	535 Whatley, Cole	California	6.56m	21-06.25	711
	6.35m 6.56m 6.55m				
7	525 Knott, Riley	California	6.55m	21-06.00	709
	6.16m 6.55m 6.54m				
8	547 Maier, Braydon	Central Washington	6.45m	21-02.00	686
	6.24m 6.45m 6.38m				
9	985 Walburn, Lee	Washington St.	6.29m	20-07.75	650
	6.08m 6.29m 6.23m				
10	619 Phillips, Tayler	George Fox	6.21m	20-04.50	632
	6.21m 4.25m 5.89m				
11	624 Stade, Nicholas	Lewis & Clark	6.08m	19-11.50	604
	5.89m 6.08m 6.00m				
12	1017 Lemma, Grady	Pacific Lutheran	6.04m	19-09.75	595
	6.04m FOUL 6.03m				

Heptathlon: #3 Men Shot Put

Name	Year Team	Finals	Points
1 927 Comin Pescador, Br	Washington	13.98m 45-10.50	727
		13.72m 13.40m 13.98m	
2 934 Schlueter, Jami	Washington	13.83m 45-04.50	718
		13.83m FOUL FOUL	
3 422 Gehr, Dominic	Arizona	13.29m 43-07.25	685
		12.78m 12.96m 13.29m	
4 985 Walburn, Lee	Washington St.	13.02m 42-08.75	668
		11.60m 13.02m FOUL	
5 936 Thorner, Oliver	Washington	12.74m 41-09.75	651
		12.74m FOUL FOUL	
6 525 Knott, Riley	California	12.62m 41-05.00	644
		11.88m 12.62m 12.13m	
7 535 Whatley, Cole	California	12.56m 41-02.50	640
		11.50m 12.49m 12.56m	
8 619 Phillips, Tayler	George Fox	12.23m 40-01.50	620
		FOUL 11.97m 12.23m	
9 547 Maier, Braydon	Central Washington	12.01m 39-05.00	607
		11.58m 11.66m 12.01m	
10 568 Bianco, Nick	Colorado	10.65m 34-11.25	525
		10.45m 10.65m 10.53m	
11 1017 Lemma, Grady	Pacific Lutheran	10.48m 34-04.75	515
		10.27m 10.29m 10.48m	
12 624 Stade, Nicholas	Lewis & Clark	8.34m 27-04.50	386
		8.09m 8.34m 7.57m	

Men Heptathlon

Dempsey: ! 6344 1/31/2015 Jeremy Taiwo, Chula Vista OTC
Name Year Team Finals
1 927 Comin Pescador, Br Washington 6061

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2	934	Schlueter, Jami	Washington	5618
3	535	Whatley, Cole	California	5348
4	568	Bianco, Nick	Colorado	5307
5	985	Walburn, Lee	Washington St.	5298
6	525	Knott, Riley	California	5097
7	619	Phillips, Tayler	George Fox	4939
8	1017	Lemma, Grady	Pacific Lutheran	4776
9	624	Stade, Nicholas	Lewis & Clark	4480
10	422	Gehr, Dominic	Arizona	4249
11	936	Thorner, Oliver	Washington	3805