

Cougar Indoor Invitational - 2/1/2019 to 2/2/2019**Pullman, Washington
Meet Program****Event 1 Indoor Pentathlon: #1 Women 60 Meter Hurdles (13)****Friday 2/1/2019 - 12:30 PM**

Lane	Name	School	Seed Time
Section 1 of 2 Finals			
3	Shirley, Maddie	Linfield	9.73
4	Wilson, Darian	Western Oreg	9.69
5	Collins, Katie	Central Wash	9.57
6	Swilley, Alissa	George Fox	9.70
7	Hoiland, Jenna	Pacific (Ore	10.15
Section 2 of 2 Finals			
1	Sapp, Jenny	Lewis-Clark	9.49
2	Trinidad, Sidney	Central Wash	9.27
3	Schauble, Lindsey	Washington S	9.14
4	Ortega, HarLee	Central Wash	8.97
5	Meyer, Renick	Seattle Paci	8.72
6	Cai, Scout	Seattle Paci	9.10
7	Clark, Isabel	Whitworth	9.24
8	May, Kellie	Seattle Paci	9.43

Event 1 Indoor Pentathlon: #2 Women High Jump (13)**Friday 2/1/2019 - 1:05 PM**

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	Meyer, Renick	Seattle Paci	NH
2	Ortega, HarLee	Central Wash	NH
3	Schauble, Lindsey	Washington S	NH
4	Hoiland, Jenna	Pacific (Ore	NH
5	Wilson, Darian	Western Oreg	NH
6	Collins, Katie	Central Wash	NH
7	Shirley, Maddie	Linfield	NH
8	May, Kellie	Seattle Paci	NH
9	Clark, Isabel	Whitworth	NH
10	Sapp, Jenny	Lewis-Clark	NH
11	Swilley, Alissa	George Fox	NH
12	Cai, Scout	Seattle Paci	NH
13	Trinidad, Sidney	Central Wash	NH

Event 1 Indoor Pentathlon: #3 Women Shot Put (13)**Friday 2/1/2019 - 2:55 PM**

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	May, Kellie	Seattle Paci	ND
2	Wilson, Darian	Western Oreg	ND
3	Ortega, HarLee	Central Wash	ND
4	Swilley, Alissa	George Fox	ND
5	Cai, Scout	Seattle Paci	ND
6	Meyer, Renick	Seattle Paci	ND
7	Shirley, Maddie	Linfield	ND
8	Trinidad, Sidney	Central Wash	ND
9	Clark, Isabel	Whitworth	ND
10	Hoiland, Jenna	Pacific (Ore	ND
11	Sapp, Jenny	Lewis-Clark	ND
12	Collins, Katie	Central Wash	ND
13	Schauble, Lindsey	Washington S	ND

Event 1 Indoor Pentathlon: #4 Women Long Jump (13)**Friday 2/1/2019 - 3:45 PM**

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	Sapp, Jenny	Lewis-Clark	ND
2	Schauble, Lindsey	Washington S	ND
3	Shirley, Maddie	Linfield	ND
4	Collins, Katie	Central Wash	ND
5	Hoiland, Jenna	Pacific (Ore	ND
6	Ortega, HarLee	Central Wash	ND
7	Swilley, Alissa	George Fox	ND
8	May, Kellie	Seattle Paci	ND
9	Cai, Scout	Seattle Paci	ND
10	Meyer, Renick	Seattle Paci	ND
11	Trinidad, Sidney	Central Wash	ND
12	Clark, Isabel	Whitworth	ND
13	Wilson, Darian	Western Oreg	ND

Event 2 Heptathlon: #1 Men 60 Meter Dash (12)**Friday 2/1/2019 - 2:00 PM**

Lane	Name	School	Seed Time
Section 1 of 2 Finals			
3	Griswold, Nate	College of I	7.73
4	Thieme, Falk	Lewis-Clark	7.49
5	Lanning, Owen	Lewis-Clark	7.46
6	Morse, Alixander	Lewis-Clark	7.67
7	Brown, Caleb	College of I	7.88
Section 2 of 2 Finals			
2	McGill, Nicholas	Whitworth	7.37
3	Caldwell, Kendrik	College of I	7.34
4	Landis, Kodiak	Central Wash	7.19
5	Littles, Ray	Washington S	7.03
6	Wood, Keaton	Linfield	7.25
7	Forster, Michael	Central Wash	7.36
8	Simonson, Luke	UNAT-Spokane	7.44

Event 2 Heptathlon: #2 Men Long Jump (12)**Friday 2/1/2019 - 2:35 PM**

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	Thieme, Falk	Lewis-Clark	ND
2	Lanning, Owen	Lewis-Clark	ND
3	Simonson, Luke	UNAT-Spokane	ND
4	Littles, Ray	Washington S	ND
5	Morse, Alixander	Lewis-Clark	ND
6	Landis, Kodiak	Central Wash	ND
7	McGill, Nicholas	Whitworth	ND
8	Caldwell, Kendrik	College of I	ND
9	Brown, Caleb	College of I	ND
10	Forster, Michael	Central Wash	ND
11	Wood, Keaton	Linfield	ND
12	Griswold, Nate	College of I	ND

Cougar Indoor Invitational - 2/1/2019 to 2/2/2019**Pullman, Washington****Meet Program****Event 2 Heptathlon: #3 Men Shot Put (12)****Friday 2/1/2019 - 3:45 PM**

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	Morse, Alixander	Lewis-Clark	ND
2	Forster, Michael	Central Wash	ND
3	Griswold, Nate	College of I	ND
4	McGill, Nicholas	Whitworth	ND
5	Simonson, Luke	UNAT-Spokane	ND
6	Lanning, Owen	Lewis-Clark	ND
7	Wood, Keaton	Linfield	ND
8	Caldwell, Kendrik	College of I	ND
9	Landis, Kodiak	Central Wash	ND
10	Brown, Caleb	College of I	ND
11	Littles, Ray	Washington S	ND
12	Thieme, Falk	Lewis-Clark	ND

Event 2 Heptathlon: #4 Men High Jump (12)**Friday 2/1/2019 - 4:35 PM**

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	Caldwell, Kendrik	College of I	NH
2	Littles, Ray	Washington S	NH
3	Simonson, Luke	UNAT-Spokane	NH
4	Thieme, Falk	Lewis-Clark	NH
5	Morse, Alixander	Lewis-Clark	NH
6	McGill, Nicholas	Whitworth	NH
7	Wood, Keaton	Linfield	NH
8	Brown, Caleb	College of I	NH
9	Lanning, Owen	Lewis-Clark	NH
10	Forster, Michael	Central Wash	NH
11	Griswold, Nate	College of I	NH
12	Landis, Kodiak	Central Wash	NH

Event 2 Heptathlon: #5 Men 60 Meter Hurdles (12)**Saturday 2/2/2019 - 10:00 AM**

Lane	Name	School	Seed Time
Section 1 of 2 Finals			
3	Griswold, Nate	College of I	NT
4	Thieme, Falk	Lewis-Clark	9.54
5	Littles, Ray	Washington S	9.17
6	Brown, Caleb	College of I	10.02
7	Simonson, Luke	UNAT-Spokane	10.14
Section 2 of 2 Finals			
2	Lanning, Owen	Lewis-Clark	8.99
3	Forster, Michael	Central Wash	8.72
4	Landis, Kodiak	Central Wash	8.69
5	Wood, Keaton	Linfield	8.64
6	Morse, Alixander	Lewis-Clark	8.71
7	McGill, Nicholas	Whitworth	8.85
8	Caldwell, Kendrik	College of I	9.08

Event 2 Heptathlon: #6 Men Pole Vault (12)**Saturday 2/2/2019 - 10:35 AM**

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	Littles, Ray	Washington S	NH
2	Caldwell, Kendrik	College of I	NH
3	Wood, Keaton	Linfield	NH
4	Griswold, Nate	College of I	NH
5	Landis, Kodiak	Central Wash	NH
6	Morse, Alixander	Lewis-Clark	NH
7	Thieme, Falk	Lewis-Clark	NH
8	Simonson, Luke	UNAT-Spokane	NH
9	Brown, Caleb	College of I	NH
10	Forster, Michael	Central Wash	NH
11	McGill, Nicholas	Whitworth	NH
12	Lanning, Owen	Lewis-Clark	NH

Event 3 Men Triple Jump (7)**Friday 2/1/2019 - 5:00 PM**

Meet Record:		15.98m 2012	Stephan Scott-Ellis
Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	Sedy, Jonathan	Linfield	12.45m
2	Flores, Robby	Washington S	15.33m
3	Slack, Ryan	UNAT-Spokane	12.36m
4	Jones, Keegan	Pacific (Ore)	12.91m
5	Newby, Silas	Seattle Paci	13.24m
6	Whittaker, Zach	Central Wash	14.64m
7	Claiborne, Kailan	Seattle U.	13.04m

Event 4 Women Pole Vault (21)**Friday 2/1/2019 - 5:00 PM**

Meet Record:		4.20m 2005	Ebbie Metzinger
Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	Blankenship, Tawni	Central Wash	3.19m
2	Eiswald, Erin	Central Wash	NH
3	Angier, Meg	Linfield	3.46m
4	Blyckert, Amy	Whitworth	3.25m
5	Roberts, Jessie	Multnomah	2.66m
6	Galli, Joanna	Linfield	3.57m
7	Wyatt, Kayla	Central Wash	3.20m
8	Carson, Madison	Lewis-Clark	3.55m
9	Coombs, Emily	Washington S	4.00m
10	Brown, Kristen	Unattached	4.51m
11	Lambert, Emma	Seattle Paci	3.12m
12	Beavers, Tayla	Washington S	3.36m
13	Stevens, Brittany	Central Wash	3.42m
14	Cai, Scout	Seattle Paci	3.78m
15	Otto von Askervold, Kendra	Central Wash	NH
16	Licari, Madison	Seattle Paci	3.30m
17	Kahaloa-Young, Aaliyah	Linfield	NH
18	Frost, Katelyn	Washington S	3.80m
19	Scharmann, Molly	Washington S	4.17m
20	McDaniel, Olivia	Linfield	3.81m
21	Irvine, Halle	Central Wash	3.93m

Cougar Indoor Invitational - 2/1/2019 to 2/2/2019
Pullman, Washington
Meet Program

Event 5 Women Weight Throw (26)**Friday 2/1/2019 - 5:00 PM****Meet Record: 18.28m 2014****Kaytlyn Coleman**

Pos	Name	School	Seed Mark
Flight 1 of 2 Finals			
1	Nash, Kristen	Providence (	12.03m
2	Duenas, Hope	Willamette	ND
3	Dodge, Brittany	Central Wash	12.79m
4	France, Brooke	Pacific (Ore	ND
5	Snyder, Hannah	Multnomah	ND
6	Fajer, Sarah	Multnomah	ND
7	Guerrero, Vanessa	Warner Pacif	ND
8	Tresselt, Jami	Seattle U.	10.83m
9	Beer, Kaylee	Providence (	12.45m
10	Sova, Tallia	Seattle U.	ND
11	Salavea, Nini	Central Wash	12.48m
12	Lombard-Chappell, Sayana	Central Wash	9.86m
13	DeZurney, Jeidah	Willamette	ND
14	Korff, Halie	Western Oreg	13.12m

Flight 2 of 2 Finals

1	Jones, Mariah	Central Wash	13.22m
2	Tukuafu, Lovely	Washington S	14.71m
3	Smallbeck, Meagan	Central Wash	13.55m
4	Kraemer, Amy	Washington S	13.45m
5	Gianotti, Moana	Western Oreg	13.20m
6	La Rue, Samantha	Central Wash	16.28m
7	Sanchez, Jillian	Providence (	13.25m
8	Krouse, Kaitlin	Washington S	13.83m
9	Martin, Aoife	Washington S	17.41m
10	Gronbach, Mariah	Western Oreg	16.72m
11	Warren, Delaney	Lewis-Clark	13.31m
12	Bell, Stacia	Washington S	16.44m

Event 6 Men 5000 Meter Run (16)**Friday 2/1/2019 - 5:00 PM**

Lane	Name	School	Seed Time
Section 1 of 1 Finals			
1	Cervantes, Marcos	College of I	14:58.70
2	Olsen, Cole	Lewis-Clark	15:06.90
3	Campbell, Cole	College of I	15:10.76
4	Montague, Michael	Willamette	15:10.94
5	Putney, Jared	Seattle Paci	15:35.00
6	Galloway, Shad	Seattle Paci	15:36.61
7	Jones, Peyton	Unattached	15:40.00
8	Stewart, Riley	Pacific (Ore	15:44.33
9	Comer, Brian	Multnomah	15:53.92
10	Leidig, Nick	Seattle Paci	15:55.00
11	Boutin, Colin	Seattle Paci	16:03.80
12	Perkins, Joseph	Seattle Paci	16:04.29
13	Bulger, Kellen	Willamette	16:10.52
14	Slenning, Nick	Pacific (Ore	16:10.70
15	McGee, Conor	Providence (	16:25.32
16	Larabee, Daniel	Multnomah	16:40.41

Event 7 Women 5000 Meter Run (12)**Friday 2/1/2019 - 5:30 PM**

Lane	Name	School	Seed Time
Section 1 of 1 Finals			
1	Vitale-Sullivan, Molly	College of I	17:12.69
2	Walter, Katherine	Seattle Paci	17:38.85
3	Wallace, Serena	Pacific (Ore	17:55.00
4	King-Shaw, Samantha	Washington S	18:26.58
5	Schut, Kaitlyn	College of I	18:33.85
6	McNerney, Sedona	Seattle Paci	18:35.45
7	Evans, Emily	Willamette	19:09.76
8	Diaz, McKenzie	Seattle Paci	19:20.00
9	Moyer, Erin	College of I	19:25.92
10	Shutz, Risa	Willamette	20:18.13
11	Richards, Pia	Washington S	NT
12	Loe, Bethany	Multnomah	NT

Event 8 Women 4x800 Meter Relay (1)**Friday 2/1/2019 - 6:15 PM**

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
1	Lewis-Clark	A	NT

Event 9 Men 4x800 Meter Relay (1)**Friday 2/1/2019 - 6:00 PM**

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
1	College of I	A	NT

Event 10 Women Triple Jump (19)**Friday 2/1/2019 - 6:30 PM****Meet Record: 12.92m 2018****Kiana Davis**

Pos	Name	School	Seed Mark
Flight 1 of 2 Finals			
1	Servoss, Bailey	Pacific (Ore	ND
2	Carter, Sydney	Central Wash	10.25m
3	Drader, Meghan	Western Oreg	ND
4	Skalskiy, Whitnee	UNAT-Spokane	10.52m
5	Evenson, Brevin	Unattached	ND
6	Golba, Nicole	Seattle U.	10.55m
7	Kaylor, Monica	UNAT-Spokane	ND
8	Taylor, Jillyan	Central Wash	10.30m
9	Sawyer, Carlie	UNAT-Spokane	10.18m
10	Heyman, Sophia	Seattle U.	10.80m
Flight 2 of 2 Finals			
1	Ortega, HarLee	Central Wash	12.09m
2	Igbonagwam, Peace	Seattle Paci	11.04m
3	Welk, Bayley	UNAT-Spokane	10.87m
4	Popchock, Anna	Western Oreg	11.02m
5	Williams, Brooke	Central Wash	11.99m
6	Warren, Kayla	Unattached	12.45m
7	Hoiland, Jenna	Pacific (Ore	10.95m
8	Walts, Rose	Central Wash	11.21m
9	Davis, Charisma	Washington S	10.94m

Cougar Indoor Invitational - 2/1/2019 to 2/2/2019**Pullman, Washington
Meet Program****Event 11 Men Weight Throw (25)****Friday 2/1/2019 - 6:30 PM****Meet Record: 21.26m 2007****Matthew Wauters**

Pos	Name	School	Seed	Mark
Flight 1 of 2 Finals				
1	Draper, Jason	Pacific (Ore	ND	
2	Ciari, Peter	Puget Sound	ND	
3	Swan, Saige	Willamette	ND	
4	Cairns, Kolten	UNAT-Spokane	9.82m	
5	Heidari, Daniel	Puget Sound	ND	
6	Wright, David	Pacific (Ore	ND	
7	Silverthorn, Mark	Unattached	ND	
8	Duvall, Jacob	Pacific (Ore	ND	
9	Sears, Julien	Linfield	10.32m	
10	Collins, Owen	Western Oreg	ND	
11	Munyon, Marty	UNAT-Spokane	10.92m	
12	Jackson, Grant	Linfield	ND	
13	Atencio, Jaycob	Lewis-Clark	11.81m	

Flight 2 of 2 Finals

1	Tonder, Ethan	Central Wash	16.04m	
2	Brauchler, Jake	Warner Pacif	14.12m	
3	Cole, Sam	Western Oreg	14.25m	
4	Cain, Aidan	Central Wash	17.63m	
5	Child, Mont	Western Oreg	14.99m	
6	Brown, Amani	Washington S	19.09m	
7	Metcalfe, Matt	Linfield	15.02m	
8	Collins, Karsten	Western Oreg	14.65m	
9	Anderton, Brandon	UNAT-Spokane	12.21m	
10	Boos, Zebadiah	Providence (	14.50m	
11	Hurst, Silas	Washington S	15.57m	
12	Hubbard, Jacob	Whitworth	15.96m	

Event 12 Men Long Jump (31)**Saturday 2/2/2019 - 10:00 AM**

Pos	Name	School	Seed	Mark
Flight 1 of 2 Finals				
1	Meyer, Caleb	Whitworth	5.93m	
2	Davis, TJ	UNAT-Spokane	5.37m	
3	Sedy, Jonathan	Linfield	6.07m	
4	Park, Namaka	Pacific (Ore	5.83m	
5	Sitton, Tyler	Linfield	5.92m	
6	Krutzikowsky, Ronan	Linfield	5.53m	
7	Wagar, Ryan	Whitworth	5.82m	
8	Cortes, Bryan	Simon Fraser	6.20m	
9	Herrera, Travis	Whitworth	5.81m	
10	Conley, Nathan	Whitworth	5.75m	
11	Handy, Rico	Warner Pacif	ND	
12	Peck, Brian	Willamette	6.13m	
13	Swillie, Isaac	Warner Pacif	ND	
14	Smith, Aidan	Seattle U.	5.67m	
15	McKeague, Ethan	Puget Sound	ND	
16	Slack, Ryan	UNAT-Spokane	6.21m	

Flight 2 of 2 Finals

1	Lanning, Owen	Lewis-Clark	6.60m
2	Bass, Naom	Pacific (Ore	6.28m
3	Newby, Silas	Seattle Paci	6.75m
4	Flores, Robby	Washington S	6.36m
5	Wood, Keaton	Linfield	6.74m
6	Beckmann, Keaton	Willamette	6.93m
7	Heitman, Joseph	Washington S	6.75m
8	Thieme, Falk	Lewis-Clark	6.83m
9	Whittaker, Zach	Central Wash	6.72m
10	Brixy, Sam	Washington S	6.87m
11	Eck, Kameron	Unattached	6.30m
12	Kruse, Mitch	Western Oreg	6.38m
13	Kuzyk, Zackary	Simon Fraser	6.28m
14	Jackson, Andre	Warner Pacif	6.56m
15	Jones, Keegan	Pacific (Ore	6.31m

Event 13 Men 60 Meter Dash QUALIFYING (44)**Saturday 2/2/2019 - 10:10 AM****Heat Winners + 10 Fastest Advance to Prelim Round****Meet Record: 6.69 2006****James McSwain**

Lane	Name	School	Seed	Time
Section 1 of 6 Finals				
1	Payne, Isaiah	Seattle U.	7.10	
2	Hanes, Troy	Lewis-Clark	7.51	
3	Carlson, Miles	Puget Sound	7.33	
4	Mason, Matt	UNAT-Spokane	7.34	
5	Swillie, Isaac	Warner Pacif	NT	
6	Strober, Cole	Pacific (Ore	7.50	
7	Sidor, Bryan	Unattached	NT	

Section 2 of 6 Finals

1	Pizzillo, Tony	Washington S	7.37	
2	Conley, Nathan	Whitworth	7.83	
3	Sutherland, Ryan	Puget Sound	NT	
4	Sitton, Tyler	Linfield	7.45	
5	Jordon, Jake	UNAT-Spokane	7.24	
6	Streeter, Rhett	Whitworth	7.19	
7	Pennow, Louis	Lewis-Clark	NT	
8	Barker, Austin	Multnomah	7.68	

Section 3 of 6 Finals

1	Giannini, Connor	Willamette	NT	
2	Tagad, Travis	Western Oreg	7.36	
3	Cootey, Jackson	Warner Pacif	NT	
4	Yamamoto, Brant	Seattle U.	7.33	
5	Fisher, Rodrick	Washington S	7.14	
6	Carpenter, Shayne	Seattle Paci	7.46	
7	Roussos, Nik	Lewis-Clark	7.54	

Section 4 of 6 Finals

1	Wick, Noland	UNAT-Spokane	7.15	
2	McKeague, Ethan	Puget Sound	NT	
3	Handy, Rico	Warner Pacif	NT	
4	Meyer, Caleb	Whitworth	7.55	
5	Wong, Christian	Seattle Paci	7.37	
6	Mattox, Caleb	Unattached	7.30	
7	Novich, Dillon	Lewis-Clark	7.46	

Cougar Indoor Invitational - 2/1/2019 to 2/2/2019**Pullman, Washington
Meet Program****Section 5 of 6 Finals...(Event 13 Men 60 Meter Dash QUALIFYING (**

1	Kwon, Devin	Pacific (Ore	7.86
2	Fernandez, Angelo	Western Wash	7.28
3	Nienhuis, Jake	Washington S	7.37
4	Curry, JJ	UNAT-Spokane	7.17
5	Byerly, Raymond	Pacific (Ore	NT
6	Herrera, Travis	Whitworth	7.46
7	Sedy, Jonathan	Linfield	7.66

Section 6 of 6 Finals

1	Scott, Trevaughn	Central Wash	7.22
2	Robinson-McClure, Jalen	Whitworth	7.45
3	Ewell, Orion	Willamette	NT
4	Short, Mesepa	Linfield	7.45
5	Ramon, Albert	Willamette	NT
6	Weeks, Sam	Lewis-Clark	7.20
7	Withrow, Zach	Pacific (Ore	7.70
8	Kochis, Michael	Multnomah	7.68

Event 14 Women 60 Meter Dash QUALIFYING (42)**Saturday 2/2/2019 - 10:25 AM****Heat Winners + 11 Fastest Advance to Prelim Round**

Lane	Name	School	Seed Time
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Section 1 of 6 Finals

1	Lindsay, Emily	Simon Fraser	7.94
2	Keliheleua, Ani	Linfield	NT
3	Mael, Jillian	UNAT-Spokane	8.44
4	Madden, Michaela	Lewis-Clark	8.56
5	Iverson, Ronna	Washington S	NT
6	Hunt, Kelby	Puget Sound	9.03
7	Carson, Madison	Lewis-Clark	8.12

Section 2 of 6 Finals

1	Yuen, Camryn	Simon Fraser	7.99
2	Hill, Tia	Central Wash	NT
3	Volk, Alanna	Puget Sound	9.44
4	Carter, Troi	Central Wash	8.09
5	Soliman, Renee	Seattle U.	8.50
6	Borders, Christy	Southwest Sp	8.45
7	Deniz, Estefania	Pacific (Ore	NT

Section 3 of 6 Finals

1	Baldwin-Case, Allie	Central Wash	8.36
2	Cox-Raman, Sonja	Willamette	NT
3	Smith, Marissa	Pacific (Ore	NT
4	Vongsaveng, Mariyah	Central Wash	7.93
5	Amundsen, Sydney	Multnomah	8.84
6	McDaniel, Olivia	Linfield	8.37
7	Anderson, Persia	Multnomah	8.84

Section 4 of 6 Finals

1	Ward, Mackenzie	Whitworth	8.76
2	Jackson, Logan	Western Oreg	8.38
3	Welk, Bayley	UNAT-Spokane	8.86
4	Farner, Anna	Seattle Paci	8.31
5	Petersen, Taylor	Linfield	NT
6	Doss, Aujanique	Central Wash	7.93
7	Blix, Makenna	Linfield	NT

Section 5 of 6 Finals

1	Legras, Natalie	Western Oreg	8.47
2	Blackburn, Emma`	Willamette	NT
3	Fletcher, Mackenzie	Washington S	8.00
4	Sawyer, Carlie	UNAT-Spokane	8.48
5	Lincoln, Audrey	Pacific (Ore	NT
6	Moore, Michaela	Seattle U.	8.01
7	Smith, Alexa	Pacific (Ore	NT

Section 6 of 6 Finals

1	Sears, Hailey	Western Oreg	8.39
2	Morton, Lura	Puget Sound	8.72
3	Cabrera, Jenette	Willamette	NT
4	Haskins, Naloni	Puget Sound	8.88
5	Roberts, Jessie	Multnomah	NT
6	Medallada, Kameha	Whitworth	7.93
7	Robydek, Morgan	Central Wash	8.15

Event 15 Men 1 Mile Run (40)**Saturday 2/2/2019 - 10:45 AM****Meet Record: 4:08.97 2013****Todd Wakefield**

Lane	Name	School	Seed Time
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Section 1 of 3 Finals

1	Bachtold, Jadon	Unattached	4:35.00
2	Comer, Brian	Multnomah	4:35.00
3	Crowell, Ben	Western Wash	4:35.09
4	Haney, Cooper	Lewis-Clark	4:35.53
5	Dawson, Dillon	Lewis-Clark	4:37.15
6	Dewey, Nick	UNAT-Spokane	4:44.00
7	DeWitt, Cody	Puget Sound	4:46.79
8	Monaghan, Liam	Puget Sound	4:54.29
9	Hensley, Taylor	Providence (	5:08.34
10	Grode, Caleb	Whitworth	NT
11	Saleh, Maamoon	Unattached	NT
12	Dobkin, Finn	Puget Sound	NT
13	Montague, Michael	Willamette	NT
14	Morales, Gabriel	Whitworth	NT

Section 2 of 3 Finals

1	Nicholson, Jacob	Washington S	4:19.23
2	Hoggarth, Colton	Western Wash	4:25.73
3	Hansen, Ben	Seattle Paci	4:26.00
4	Fournier, Eli	Unattached	4:26.00
5	Franks, Macauley	Western Wash	4:26.48
6	Frey, Josh	College of I	4:28.50
7	Schultz, Brayden	Seattle Paci	4:30.00
8	Tracy, Collin	College of I	4:31.72
9	Monaghan, Colin	Puget Sound	4:33.46
10	Dean, Cameron	Washington S	4:33.62
11	Pullen, Aiden	Seattle Paci	4:34.00
12	Garcia, Royce	Seattle Paci	4:34.00
13	Green, Ethan	UNAT-Spokane	4:34.00
14	Larabee, Daniel	Multnomah	4:35.00

Cougar Indoor Invitational - 2/1/2019 to 2/2/2019**Pullman, Washington
Meet Program****Section 3 of 3 Finals...(Event 15 Men 1 Mile Run (40))**

1	Jones, Tyler	Western Oreg	4:07.00
2	Pendleton, Nate	Washington S	4:13.00
3	Pixler, Nathan	Seattle U.	4:15.00
4	Odegard, Bryce	College of I	4:17.00
5	Monk, Ben	Seattle U.	4:18.00
6	Jasperson, James	Western Wash	4:18.19
7	Sager, Kyler	Western Wash	4:19.17
8	Crosswhite, Justin	Western Oreg	4:20.10
9	Crocker, Stephen	Seattle U.	4:22.00
10	Cossette, Liam	Western Wash	4:22.81
11	Graff, Elius	Seattle Paci	4:23.24
12	Otero, Colby	Seattle Paci	4:23.80

Event 16 Men High Jump (15)**Saturday 2/2/2019 - 11:00 AM****Meet Record: 2.24m 2010 Trent Arrivey**

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	Kuzyk, Zackary	Simon Fraser	1.91m
2	Sheeran, Beau	Washington S	2.05m
3	Simonson, Luke	UNAT-Spokane	1.83m
4	Davis, Jabriel	UNAT-Spokane	1.90m
5	Wells, Matt	Puget Sound	1.88m
6	Landis, Kodiak	Central Wash	1.84m
7	English, Max	Washington S	2.08m
8	Taylor, Jonathon	UNAT-Spokane	1.85m
9	Gunther, Ryan	Central Wash	1.81m
10	Jacobson, Mitch	Washington S	2.08m
11	Wood, Keaton	Linfield	1.89m
12	Stevenson, Randy	Unattached	1.72m
13	Fredrickson, Peyton	Washington S	2.12m
14	Ford, Jakobe	Unattached	2.20m
15	Halligan, Keelan	Washington S	2.08m

Event 17 Men Shot Put (28)**Saturday 2/2/2019 - 11:00 AM****Meet Record: 19.68m 2007 Russ Winger**

Pos	Name	School	Seed Mark
Flight 1 of 2 Finals			
1	Wells, Matt	Puget Sound	11.32m
2	Anderton, Brandon	UNAT-Spokane	11.68m
3	Cairns, Kolten	UNAT-Spokane	10.61m
4	Heidari, Daniel	Puget Sound	7.38m
5	Haugland, Stephen	Whitworth	11.35m
6	Taylor, Izaiya	Pacific (Ore)	11.95m
7	Munyon, Marty	UNAT-Spokane	11.39m
8	Boos, Zebadiah	Providence (	12.50m
9	Hurst, Silas	Washington S	12.83m
10	Brauchler, Jake	Warner Pacif	12.21m
11	Silverthorn, Mark	Unattached	12.48m
12	Post, Tyler	Linfield	12.81m
13	Herrera, Travis	Whitworth	8.19m
14	Jensen, Joey	Unattached	12.29m

Flight 2 of 2 Finals

1	Steffey, Chris	Western Oreg	14.79m
2	Cole, Sam	Western Oreg	14.00m
3	Swan, Saige	Willamette	15.17m
4	Mitchell, Cody	Linfield	13.60m
5	Child, Mont	Western Oreg	14.79m
6	Cain, Aidan	Central Wash	15.41m
7	Huffman, Josh	Pacific (Ore)	14.73m
8	Collins, Owen	Western Oreg	13.20m
9	Tonder, Ethan	Central Wash	15.59m
10	Collins, Karsten	Western Oreg	12.89m
11	Granchukoff, Andrew	UNAT-Spokane	13.00m
12	Hurst, Reed	Whitworth	12.99m
13	Duvall, Jacob	Pacific (Ore)	13.30m
14	Norvell, Drew	Washington S	15.46m

Event 18 Women 1 Mile Run (40)**Saturday 2/2/2019 - 11:10 AM****Meet Record: 4:44.31 2014 Hannah Kiser**

Lane	Name	School	Seed Time
Section 1 of 3 Finals			
1	Schnorr, Ellie	Puget Sound	6:09.65
2	Henry, Morgan	Pacific (Ore)	6:19.29
3	Shoop, Ellie	Whitworth	NT
4	Mulligan, Darby	Puget Sound	NT
5	Zimmerdahl, Kendra	Western Oreg	NT
6	Loe, Bethany	Multnomah	NT
7	Ambrose, Ashley	Linfield	NT
8	Smith, Jamie	Willamette	NT
9	Berdahl, Hannah	Pacific (Ore)	NT
10	Roberts, Kimberly	Linfield	NT
11	Pfundt, Erin	Whitworth	NT
12	Carr, Hazel	Willamette	NT
Section 2 of 3 Finals			
1	Saxton, Rebecca	Lewis-Clark	5:31.34
2	MacKenzie, Lindsay	Warner Pacif	5:32.00
3	Child, Madison	Central Wash	5:35.23
4	Gohr, Caitlin	Central Wash	5:37.90
5	Lester, Kay	Central Wash	5:40.00
6	Johnson, Callie	Lewis-Clark	5:40.00
7	Metzler, Rachael	Puget Sound	5:43.48
8	Pilgrim, Kristin	Pacific (Ore)	5:45.00
9	White, Audrey	Puget Sound	5:45.00
10	Schaffer, Sam	Puget Sound	5:45.00
11	Putman, Kara	Pacific (Ore)	5:46.77
12	Irish, Eliza	Pacific (Ore)	5:55.91
13	Weingart, Kita	Providence (	6:07.35
14	Cook, Makayla	Providence (	6:08.92

Cougar Indoor Invitational - 2/1/2019 to 2/2/2019**Pullman, Washington
Meet Program****Section 3 of 3 Finals...(Event 18 Women 1 Mile Run (40))**

1	Nock, Paige	Simon Fraser	4:48.31
2	Gaudin, Marie	Washington S	5:02.62
3	Lilly, Kate	Seattle Paci	5:05.23
4	Schlepp, Geneva	Washington S	5:05.85
5	King-Shaw, Samantha	Washington S	5:07.77
6	Mitchell, Kaylee	Seattle Paci	5:10.25
7	Roxby, Megan	Simon Fraser	5:13.11
8	Washenberger, Kelsey	Seattle Paci	5:15.01
9	Rich, Whitney	Unattached	5:17.00
10	Tyrrell, Lily	Central Wash	5:17.91
11	McGraw, Amber	Seattle Paci	5:21.87
12	Whiteley, Jolene	UNAT-Spokane	5:24.00
13	Stinger, Desi	Washington S	5:24.83
14	Redfield, Alexis	Washington S	5:26.32

Event 19 Men 60 Meter Hurdles (22)**Saturday 2/2/2019 - 11:35 AM****Heat Winners + 5 Fastest Advance to Final**

Meet Record:		7.88 2009	Robert Williams
Lane	Name	School	Seed Time

Heat 1 of 3 Prelims

1	Brixy, Sam	Washington S	7.84
2	Wood, Keaton	Linfield	8.64
3	Vallatini, Gunner	Unattached	9.00
4	Gunther, Ryan	Central Wash	8.49
5	Davis, TJ	UNAT-Spokane	9.04
6	Krutzikowsky, Ronan	Linfield	9.57
7	Herrera, Travis	Whitworth	9.96

Heat 2 of 3 Prelims

1	Scott, Trevaughn	Central Wash	8.69
2	Kruse, Mitch	Western Oreg	10.77
3	Johnson, Nick	Unattached	7.98
4	Heitman, Joseph	Washington S	8.43
5	Lanning, Owen	Lewis-Clark	8.99
6	Howard, Matthew	Washington S	9.12
7	Thieme, Falk	Lewis-Clark	9.54

Heat 3 of 3 Prelims

1	Beckmann, Keaton	Willamette	NT
2	Grant, Christopherson	Washington S	8.05
3	Andres, Seth	Washington S	8.39
4	Peck, Brian	Willamette	NT
5	Morse, Alixander	Lewis-Clark	8.71
6	Roussos, Nik	Lewis-Clark	8.78
7	Simonson, Luke	UNAT-Spokane	9.30
8	Carpenter, Shayne	Seattle Paci	9.24

Event 20 Women 60 Meter Hurdles (28)**Saturday 2/2/2019 - 11:45 AM****Heat Winners +4 Fastest Advance to Final**

Meet Record:		8.06 2006	Virginia Powell
Lane	Name	School	Seed Time

Heat 1 of 4 Prelims

1	Newblom, Michelle	Seattle U.	9.25
2	Kam, Maile	Multnomah	NT
3	Litton, McKinley	Lewis-Clark	10.57
4	Taylor, Charisma	Washington S	8.47
5	Popchock, Anna	Western Oreg	9.84
6	Ditter, Kaitlyn	Central Wash	9.50
7	Keliheleua, Ani	Linfield	9.88

Heat 2 of 4 Prelims

1	Hamilton, Rachelle	Central Wash	10.25
2	Lompfrey, Serenity	Multnomah	NT
3	Trinidad, Sidney	Central Wash	8.97
4	Shirley, Maddie	Linfield	9.73
5	Ortega, HarLee	Central Wash	8.97
6	Snyder, Abby	Lewis-Clark	10.25
7	Hill, Tia	Central Wash	9.72

Heat 3 of 4 Prelims

1	Fletcher, Mackenzie	Washington S	8.92
2	Borders, Christy	Southwest Sp	9.64
3	Yonkman, Michaela	Western Oreg	9.75
4	Legras, Natalie	Western Oreg	10.35
5	Bland, Emily	Central Wash	9.14
6	Soladey, Sarra	Western Oreg	NT
7	Cameron, Baylie	Linfield	10.09

Heat 4 of 4 Prelims

1	Schweiger, Anna Belle	Whitworth	10.56
2	Jackson, Logan	Western Oreg	NT
3	Golba, Nicole	Seattle U.	9.99
4	Sapp, Jenny	Lewis-Clark	9.52
5	Schauble, Lindsey	Washington S	9.14
6	Vongsaveng, Mariyah	Central Wash	8.51
7	Warwick, Parker	UNAT-Spokane	9.76

Event 23 Men 400 Meter Dash (33)**Saturday 2/2/2019 - 12:20 PM**

Meet Record:		48.28 2013	Ben Ayesu-Attah
Lane	Name	School	Seed Time

Section 1 of 7 Finals

3	Ellison, Gerald Chase	Lewis-Clark	NT
4	Morse, Alixander	Lewis-Clark	NT
5	Cootey, Jackson	Warner Pacif	NT

Section 2 of 7 Finals

2	Rogers, RoShaan	Willamette	NT
3	Kirk, Jalen	Lewis-Clark	56.15
4	McDonald, Sayer	Unattached	55.00
5	Sarmiento, Kennedy	Unattached	55.29
6	Person, Payton	Linfield	57.43

Cougar Indoor Invitational - 2/1/2019 to 2/2/2019**Pullman, Washington
Meet Program****Section 3 of 7 Finals...(Event 23 Men 400 Meter Dash (33))**

2	Cervantes, Jacob	Lewis-Clark	54.69
3	Kochis, Michael	Multnomah	54.54
4	Sun, William	Seattle U.	53.00
5	Burgett, Issac	Western Oreg	54.23
6	Barker, Austin	Multnomah	54.54

Section 4 of 7 Finals

2	Fournier, Isaac	Puget Sound	52.88
3	Wendling, Justin	Unattached	52.50
4	Gonzalez, Zach	Seattle U.	52.25
5	Monaghan, Jack	Puget Sound	52.39
6	Lenton, Jorin	Simon Fraser	52.86

Section 5 of 7 Finals

2	Preston, Cameron	Lewis-Clark	52.07
3	Hites, Tristan	Lewis-Clark	51.94
4	Conrad, Ben	Simon Fraser	51.90
5	Brown, Steve	Seattle U.	51.91
6	Mattox, Caleb	Unattached	52.00

Section 6 of 7 Finals

2	Claiborne, Kailan	Seattle U.	51.76
3	Milne, Lucas	Seattle U.	51.50
4	Arce-Torres, Gabe	Western Oreg	50.44
5	Vallatini, Gunner	Unattached	50.50
6	Howard, Matthew	Washington S	51.60

Section 7 of 7 Finals

2	Scott, Trevaughn	Central Wash	49.92
3	Betancourt, Xavier	Whitworth	49.50
4	Calderon, Daniel	Central Wash	49.01
5	Porter, Doc	Central Wash	49.28
6	Albertin, Austin	UNAT-Spokane	49.74

Event 24 Women 400 Meter Dash (36)**Saturday 2/2/2019 - 12:40 PM****Meet Record: 55.78 2008 Carol Rodriguez**

Lane	Name	School	Seed Time
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Section 1 of 8 Finals

3	Cottinair, Hannah	Puget Sound	NT
4	Snyder, Abby	Lewis-Clark	NT
5	Crookham-Guy, Grace	Willamette	NT

Section 2 of 8 Finals

3	Smith, Karlie	Lewis-Clark	NT
4	Soladey, Sarra	Western Oreg	NT
5	Emerick, Iris	Puget Sound	NT

Section 3 of 8 Finals

2	Robinson, Natalie	Lewis-Clark	NT
3	Amundsen, Sydney	Multnomah	1:06.90
4	Stills, Megan	Puget Sound	1:05.88
5	Anderson, Persia	Multnomah	1:06.90
6	Dawson, Lexi	UNAT-Spokane	1:09.44

Section 4 of 8 Finals

2	Solano, Isabel	Willamette	1:04.04
3	Litton, McKinley	Lewis-Clark	1:02.54
4	Yonkman, Michaela	Western Oreg	1:01.77
5	Kalmbach, Rebekka	Lewis-Clark	1:01.79
6	Stewart, Lutishe	Unattached	1:03.00

Section 5 of 8 Finals

2	Niskanen, Nicole	Western Oreg	1:01.74
3	Deleissegues, Chloe	Seattle U.	1:01.51
4	Petersen, Taylor	Linfield	1:01.41
5	Cameron, Baylie	Linfield	1:01.47
6	Blyckert, Amy	Whitworth	1:01.72

Section 6 of 8 Finals

2	McClurkin, Brooke	Lewis-Clark	1:00.85
3	Bradlina, Emery	Puget Sound	1:00.55
4	Altamirano, Bethanie	Western Oreg	59.99
5	Golba, Nicole	Seattle U.	1:00.50
6	Juarez, Noelia	Central Wash	1:00.76

Section 7 of 8 Finals

2	Willems, Elena	Washington S	59.88
3	Troescher, Rebecca	Seattle Paci	58.96
4	Bryan, Jazzmin	Lewis-Clark	58.55
5	Eberhardt, Megan	Pacific (Ore	58.88
6	Grady, Regie	Seattle U.	59.00

Section 8 of 8 Finals

2	Trinidad, Sidney	Central Wash	58.43
3	Bland, Emily	Central Wash	58.06
4	Neria, Jasmyne	Central Wash	57.94
5	Collins, Katie	Central Wash	57.96
6	Grujic, Jelena	Washington S	58.41

Event 25 Women Long Jump (34)**Saturday 2/2/2019 - 1:00 PM****Meet Record: 5.94m 2006 Michelle Sanford**

Pos	Name	School	Seed Mark
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Flight 1 of 3 Finals

1	Robydek, Morgan	Central Wash	4.32m
2	Kam, Maile	Multnomah	4.40m
3	Heyman, Sophia	Seattle U.	4.59m
4	Carter, Sydney	Central Wash	4.37m
5	Skalskily, Whitnee	UNAT-Spokane	4.66m
6	Haskins, Naloni	Puget Sound	4.56m
7	Blix, Makenna	Linfield	ND
8	Galli, Joanna	Linfield	4.38m
9	Ditter, Kaitlyn	Central Wash	ND
10	Hamilton, Rachelle	Central Wash	ND
11	Drader, Meghan	Western Oreg	ND
12	Angier, Meg	Linfield	ND

Cougar Indoor Invitational - 2/1/2019 to 2/2/2019

Pullman, Washington

Meet Program

Flight 2 of 3 Finals...(Event 25 Women Long Jump (34))

1	Stacy, Alex	Willamette	4.67m
2	Taylor, Jillyan	Central Wash	5.05m
3	Lytle, Olivia	Whitworth	5.10m
4	Smith, Alvanique	UNAT-Spokane	4.77m
5	Berry, Lauren	Western Oreg	5.08m
6	Sawyer, Carlie	UNAT-Spokane	5.09m
7	Madden, Michaela	Lewis-Clark	4.80m
8	Fortune, Erin	Simon Fraser	4.82m
9	Davis, Charisma	Washington S	4.89m
10	Baldwin-Case, Allie	Central Wash	4.66m
11	Borders, Christy	Southwest Sp	4.89m

Flight 3 of 3 Finals

1	Walts, Rose	Central Wash	5.44m
2	Lehnert, Geneva	Seattle Paci	5.15m
3	Soliman, Renee	Seattle U.	5.42m
4	Irvine, Halle	Central Wash	5.34m
5	Newman, Lauren	Washington S	5.88m
6	Williams, Brooke	Central Wash	5.71m
7	McDaniel, Olivia	Linfield	5.17m
8	Lunning, Caylah	Seattle U.	5.68m
9	Ochoa, Yareli	Central Wash	5.14m
10	Welk, Bayley	UNAT-Spokane	5.10m
11	Igbonagwam, Peace	Seattle Paci	5.41m

Event 26 Men Pole Vault (17)

Saturday 2/2/2019 - 1:15 PM			
Meet Record:		5.27m	2010
		Lucas Pope	

Pos	Name	School	Seed Mark
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Flight 1 of 1 Finals

1	Cadena, Bryan	Unattached	4.50m
2	Moldau, Sander	Washington S	5.39m
3	Barbour, Sean	Seattle Paci	4.00m
4	Bennett, Bryce	UNAT-Spokane	4.50m
5	Hillemann, Wyatt	Unattached	4.11m
6	Hanes, Troy	Lewis-Clark	4.30m
7	Neumann, Cade	UNAT-Spokane	4.65m
8	Thompson, Jacob	Unattached	4.30m
9	Flintoff, Davis	Seattle Paci	4.28m
10	Preston, Cameron	Lewis-Clark	4.20m
11	Krutzikowsky, Ronan	Linfield	4.05m
12	Englar, Jacob	Washington S	4.90m
13	Campbell, Tysen	Unattached	4.60m
14	Gingerich, Troy	Washington S	4.90m
15	Landis, Kodiak	Central Wash	4.85m
16	Maltba, Corbin	Lewis-Clark	4.45m
17	Bushman, Trevor	Washington S	4.76m

Event 27 Women High Jump (19)

Saturday 2/2/2019 - 1:30 PM			
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Meet Record:		1.75m	2010	Holly Parent	
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Pos	Name	School	Seed Mark
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Flight 1 of 1 Finals

1	Broughton, Brittany	Willamette	1.55m
2	Fortune, Erin	Simon Fraser	1.55m
3	Kaylor, Monica	UNAT-Spokane	1.53m
4	Mack-Wilson, Laurel	Seattle U.	1.50m
5	Carter, Sydney	Central Wash	1.45m
6	Peppers, Madison	Washington S	1.60m
7	Lytle, Olivia	Whitworth	1.56m
8	Meadows, Shaddia	Central Wash	1.63m
9	Pace, Suzy	Washington S	1.70m
10	Shirley, Maddie	Linfield	1.49m
11	Denham, Sydney	Puget Sound	1.55m
12	Ochoa, Yareli	Central Wash	1.50m
13	Hagfors, Madison	Washington S	1.60m
14	Ditter, Kaitlyn	Central Wash	1.55m
15	Van Liew, Rachel	Seattle U.	1.45m
16	Hamilton, Rachelle	Central Wash	1.55m
17	Lehnert, Geneva	Seattle Paci	1.70m
18	Wall, Tiffany	Linfield	1.49m
19	Schauble, Lindsey	Washington S	1.66m

Event 28 Women Shot Put (32)

Saturday 2/2/2019 - 1:30 PM			
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Meet Record:		16.13m	2006	Karen Freeberg	
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Pos	Name	School	Seed Mark
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Flight 1 of 2 Finals

1	Collins, Katie	Central Wash	9.42m
2	Carlson, Abbie Jo	Whitworth	10.19m
3	Guerrero, Vanessa	Warner Pacif	10.63m
4	Trinidad, Sidney	Central Wash	7.70m
5	Meadows, Shaddia	Central Wash	9.33m
6	Sova, Tallia	Seattle U.	10.72m
7	Snyder, Hannah	Multnomah	ND
8	France, Brooke	Pacific (Ore	10.68m
9	Forse, Lita	Washington S	10.39m
10	Nash, Kristen	Providence (	10.09m
11	Borders, Christy	Southwest Sp	9.15m
12	Smallbeck, Meagan	Central Wash	10.00m
13	Kam, Maile	Multnomah	ND
14	Korff, Halie	Western Oreg	9.33m
15	Beer, Kaylee	Providence (	10.16m
16	Fajer, Sarah	Multnomah	10.21m

Cougar Indoor Invitational - 2/1/2019 to 2/2/2019**Pullman, Washington
Meet Program****Flight 2 of 2 Finals...(Event 28 Women Shot Put (32))**

1	Miles, Sara	Linfield	10.87m
2	Krouse, Kaitlin	Washington S	12.69m
3	Gianotti, Moana	Western Oreg	11.84m
4	Gronbach, Mariah	Western Oreg	11.36m
5	Cai, Scout	Seattle Paci	10.76m
6	Brown, Chrishnay	Washington S	15.56m
7	Carlson, Tallie	Whitworth	10.98m
8	Shirley, Maddie	Linfield	11.55m
9	Aaenson, Hannah	Unattached	11.26m
10	Ortega, HarLee	Central Wash	11.72m
11	Dodge, Brittany	Central Wash	11.49m
12	Rambo, Kayla	Whitworth	11.69m
13	Fisk, Avery	Central Wash	11.38m
14	Tukuafu, Lovely	Washington S	12.65m
15	Du, Karen	Pacific (Ore	12.92m
16	Sanchez, Jillian	Providence (	10.82m

Event 29 Men 800 Meter Run (41)**Saturday 2/2/2019 - 1:40 PM****Meet Record: 1:52.82 2005****Alex McClary**

Lane	Name	School	Seed Time
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Section 1 of 4 Finals

1	Joss, Oliver	Pacific (Ore	2:04.95
2	Martinez-Santos, Efrain	Linfield	2:06.72
3	Diop, Ibrahim	Whitworth	2:09.28
4	DeWitt, Cody	Puget Sound	2:11.49
5	Wiley, Garret	Whitworth	2:12.20
6	Redfield, Ian	Whitworth	2:16.27
7	Tetreault, Matt	Puget Sound	NT
8	Walsh, Simon	Western Oreg	NT
9	Ihling, Matt	Willamette	NT
10	Burgett, Issac	Western Oreg	NT

Section 2 of 4 Finals

1	Stewart, Garrett	Pacific (Ore	1:59.36
2	Thomas, Derek	College of I	2:00.00
3	Hasty, Devin	Seattle U.	2:00.43
4	Llamas, Alec	Seattle Paci	2:00.80
5	Paulsen, Sean	Simon Fraser	2:01.87
6	Bachtold, Jadon	Unattached	2:02.00
7	McDonald, Sayer	Unattached	2:03.00
8	Wisely, Cameron	Warner Pacif	2:03.00
9	Pullen, Aiden	Seattle Paci	2:03.00
10	Woodbury, Sakti	Lewis-Clark	2:04.84

Section 3 of 4 Finals

1	Fournier, Isaac	Puget Sound	1:56.28
2	Franklin, Alex	Seattle U.	1:56.50
3	Keene, Stewart	Seattle U.	1:56.92
4	Fey, Stephen	Western Oreg	1:57.38
5	Foster, Liam	Simon Fraser	1:57.48
6	Monaghan, Jack	Puget Sound	1:57.53
7	Reed, Trey	Western Oreg	1:57.95
8	Mosman, Hunter	Western Oreg	1:58.18
9	Zdroy-Oja, Nick	Linfield	1:58.80
10	Kruse, Mitch	Western Oreg	1:59.00

Section 4 of 4 Finals

1	Carmona, Max	Western Oreg	1:52.90
2	Hutton, Hunter	Western Oreg	1:54.50
3	Alnazer, Adam	Western Oreg	1:54.50
4	Pixler, Nathan	Seattle U.	1:54.75
5	Phan, Jesse	Seattle Paci	1:55.05
6	Glick, William	Whitworth	1:55.07
7	Kanelis, Zach	Western Oreg	1:55.63
8	Scott, Trevaughn	Central Wash	1:55.77
9	Franks, Macauley	Western Wash	1:56.00
10	O'Neil, Preston	Unattached	1:56.19
11	Pendleton, Nate	Washington S	1:56.23

Event 30 Women 800 Meter Run (31)**Saturday 2/2/2019 - 2:00 PM****Meet Record: 2:10.05 2014****Liga Velvere**

Lane	Name	School	Seed Time
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Section 1 of 3 Finals

1	Wynne, Brea	Washington S	2:27.49
2	Stark, Courtney	UNAT-Spokane	2:30.00
3	Echiverri, Kristi	Pacific (Ore	2:30.00
4	Gohr, Caitlin	Central Wash	2:30.32
5	Cunningham, Amanda	Pacific (Ore	2:40.69
6	Klein, Tatiana	Puget Sound	2:45.00
7	Sabisch, Drew	Central Wash	2:49.00
8	Neder, Mary	Whitworth	NT
9	Piacsek, Audrey	Willamette	NT
10	Ferguson, Anne	Linfield	NT

Section 2 of 3 Finals

1	Duxbury, Isabel	Willamette	2:19.59
2	Adams, Emily	Lewis-Clark	2:20.44
3	Borrego, Dallas	Lewis-Clark	2:20.75
4	O'Hara, Emily	Seattle U.	2:22.00
5	Bloomquist, Kayla	Central Wash	2:22.10
6	Brown, Rylee	Lewis-Clark	2:22.32
7	Bayly, Rachel	Western Oreg	2:22.33
8	Plaznik, Maja	Lewis-Clark	2:23.11
9	Cooney, Lisa	Seattle U.	2:26.00
10	Metzler, Rachael	Puget Sound	2:26.15
11	Klassen, Adrianna	Simon Fraser	2:26.27

Section 3 of 3 Finals

1	Nock, Paige	Simon Fraser	2:09.17
2	Willems, Elena	Washington S	2:12.00
3	Rubio, Siobhan	Seattle U.	2:13.59
4	Kaufman, Krystal	Seattle Paci	2:14.52
5	Chilton, Emily	Simon Fraser	2:14.67
6	Lindsay, Nicole	Simon Fraser	2:15.31
7	Shields-Brown, Mairin	Simon Fraser	2:15.50
8	Postma, Ellie	Seattle U.	2:17.00
9	Bradlina, Emery	Puget Sound	2:17.92
10	Solomon, Shayla	Western Oreg	2:18.62

Cougar Indoor Invitational - 2/1/2019 to 2/2/2019**Pullman, Washington****Meet Program****Event 33 Men 3000 Meter Run (35)****Saturday 2/2/2019 - 2:55 PM****Meet Record: 8:18.11 2012****Andrew Gonzales**

Lane	Name	School	Seed Time
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Section 1 of 2 Finals

1	Creagan, Matthew	Western Wash	9:02.00
2	Monaghan, Liam	Puget Sound	9:05.92
3	Boutin, Colin	Seattle Paci	9:07.28
4	Leidig, Nick	Seattle Paci	9:08.00
5	Perkins, Joseph	Seattle Paci	9:17.66
6	Heckard, Sawyer	Western Oreg	9:19.31
7	Fournier, Eli	Unattached	9:20.00
8	Spencer, Peter	Lewis-Clark	9:25.00
9	McGee, Conor	Providence (	9:30.97
10	Smith, Colton	Lewis-Clark	9:40.00
11	Smith, Aidan	Whitworth	9:41.09
12	Hensley, Taylor	Providence (	10:14.85
13	Hoskins, Mason	Pacific (Ore	10:35.45
14	Bulger, Kellen	Willamette	NT
15	Bennett, Casey	UNAT-Spokane	NT
16	Saleh, Maamoon	Unattached	NT
17	Montague, Michael	Willamette	NT

Section 2 of 2 Finals

1	Kiolbasa, Edward	Western Wash	8:28.00
2	Martin, Alex	College of I	8:30.00
3	Hayes, Dylan	Western Wash	8:39.66
4	Jones, Peyton	Unattached	8:40.00
5	Carlton, Corbin	Central Wash	8:41.51
6	Carlson, Keith	Willamette	8:42.00
7	Otero, Colby	Seattle Paci	8:42.00
8	Davidson-Turner, Cal	Seattle U.	8:43.96
9	Kennedy, Kyle	Seattle U.	8:45.00
10	Graff, Elius	Seattle Paci	8:46.00
11	Hansen, Ben	Seattle Paci	8:52.00
12	Putney, Jared	Seattle Paci	8:53.00
13	Sobczak, Chris	Simon Fraser	8:54.00
14	Schultz, Brayden	Seattle Paci	8:54.00
15	Celestino, Jerry	College of I	8:55.00
16	Galloway, Shad	Seattle Paci	8:55.74
17	Monaghan, Colin	Puget Sound	8:57.30
18	Garcia, Royce	Seattle Paci	8:59.97

Event 34 Women 3000 Meter Run (46)**Saturday 2/2/2019 - 3:25 PM****Meet Record: 9:51.25 2009****Allix Lee-Painter**

Lane	Name	School	Seed Time
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Section 1 of 2 Finals

1	Stein, Elle	Seattle U.	10:49.76
2	McKinney, Cassie	Western Oreg	10:53.79
3	Diaz, McKenzie	Seattle Paci	10:55.00
4	Tyrrell, Lily	Central Wash	10:55.00
5	Foulk, Thea	Seattle U.	10:56.80
6	Kimminau, Kiersten	Central Wash	11:05.54
7	Long, Emily	Seattle Paci	11:09.00
8	Mattson, Molly	Central Wash	11:12.82
9	Child, Madison	Central Wash	11:15.59
10	Evans, Kate	Central Wash	11:21.77
11	Roberts, Kimberly	Linfield	11:35.55
12	Ambrose, Ashley	Linfield	11:42.46
13	Wanke, Kristen	Unattached	11:45.00
14	Lewis, Emily	Central Wash	11:48.28
15	Michaels, Chloe	Unattached	11:50.00
16	Farley, Airl	Pacific (Ore	11:58.14
17	Thomas, Maisie	Unattached	12:00.00
18	Fahey, Ashley	Central Wash	12:24.02
19	Hettick, Erika	Central Wash	12:45.95
20	Shutz, Risa	Willamette	NT
21	Murphy-Brown, Molly	Willamette	NT
22	Evans, Emily	Willamette	NT
23	Hashimoto, Uhuru	Unattached	NT
24	Chapin, Maggie	Willamette	NT
25	Shade, Kyla	Willamette	NT

Section 2 of 2 Finals

1	Vitale-Sullivan, Molly	College of I	9:55.00
2	Willett, Olivia	Simon Fraser	9:58.18
3	Lilly, Kate	Seattle Paci	10:02.40
4	Mitchell, Kaylee	Seattle Paci	10:07.45
5	Hruska, Melissa	Washington S	10:14.29
6	Kastama, Rachel	Seattle U.	10:20.00
7	Cantu, Kaylin	Western Oreg	10:20.00
8	Walter, Katherine	Seattle Paci	10:27.26
9	Washenberger, Kelsey	Seattle Paci	10:28.00
10	Mauer, Larissa	College of I	10:28.00
11	King-Shaw, Samantha	Washington S	10:28.32
12	Rich, Whitney	Unattached	10:32.00
13	Russell, Tamika	College of I	10:33.00
14	Ribeiro, Chelsea	Simon Fraser	10:34.48
15	McGraw, Amber	Seattle Paci	10:35.00
16	Richards, Pia	Washington S	10:36.93
17	McNerney, Sedona	Seattle Paci	10:38.00
18	Charlton, Calli	Simon Fraser	10:43.22
19	Clem, Delaney	Central Wash	10:44.07
20	Spencer, Stephenie	Pacific (Ore	10:45.00
21	Morris, Amy	Simon Fraser	10:45.87

Cougar Indoor Invitational - 2/1/2019 to 2/2/2019**Pullman, Washington
Meet Program****Event 35 Women 4x400 Meter Relay (6)****Saturday 2/2/2019 - 4:00 PM****Meet Record: 3:46.07 2013 WSU****Watley, Winfrey, Keel, Fermin**

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
1	Spokane CC	A	4:22.95
	1) Mael, Jillian	2) Warwick, Parker	
	3) Sawyer, Carlie	4) Smith, Alvanique	
2	Puget Sound	A	4:15.53
	1) Bradlina, Emery	2) Klein, Tatiana	
	3) Stills, Megan	4) Metzler, Rachael	
3	Pacific (Ore)	A	3:59.12
	1) Eberhardt, Megan	2) Smith, Marissa	
	3) Lincoln, Audrey	4) Putman, Kara	
4	Central Wash	A	3:45.52
	1) Juarez, Noelia	2) Vongsaveng, Mariyah	
	3) Neria, Jasmyne	4) Trinidad, Sidney	
5	Whitworth	A	3:51.90
	1) Medallada, Kameha	2) Shoop, Ellie	
	3) Neder, Mary	4) Blyckert, Amy	
6	Seattle U.	A	3:58.98
	1) Deleissegues, Chloe	2) Lunning, Caylah	
	3) Rubio, Siobhan	4) Van Liew, Rachel	

Event 36 Men 4x400 Meter Relay (6)**Saturday 2/2/2019 - 3:55 PM**

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
1	Puget Sound	A	3:34.17
	1) Sutherland, Ryan	2) Wells, Matt	
	3) Monaghan, Jack	4) Fournier, Isaac	
2	Spokane CC	A	3:34.09
	2) Jordon, Jake	4) Albertin, Austin	
	3) Mason, Matt		
3	Seattle U.	A	3:24.51
	1) Brown, Steve	2) Carrasco, Alexandro	
	3) Keene, Stewart	4) Payne, Isaiah	
4	Central Wash	A	3:15.03
	1) Calderon, Daniel	2) Porter, Doc	
	3) Gunther, Ryan	4) Scott, Trevaughn	
5	Whitworth	A	3:17.36
	1) Glick, William	2) Herrera, Travis	
	3) Betancourt, Xavier	4) Robinson-McClure, Jalen	
6	Seattle Paci	A	3:23.12
	1) Newby, Silas	2) Phan, Jesse	
	3) Llamas, Alec	4) Hansen, Ben	