

Cougar Indoor Track & Field Meet

February 1-2, 2019 - WSU Indoor Track Facility

Final Schedule of Events

FRIDAY, FEB 1

12:30 p.m. 60m H (Pent - W)

1:05 p.m. High Jump (Pent - W)

2:00 p.m. 60m (Hept - M)

2:35 p.m. Long Jump (Hept - M)

2:55 p.m. Shot Put (Pent - W)

3:45 p.m. Shot Put (Hept - M)

3:45 p.m. Long Jump (Pent - W)

4:35 p.m. High Jump (Hept - M)

4:50 p.m. 800m (Pent - W)

5:00p.m. Triple Jump (M)
Pole Vault (W)
20# Weight (W)

Immediately following W
54# Weight (M)

5:00 p.m. 5k (M)

5:30 p.m. 5K (W)

6:00 p.m. 3200m Relay (M)

6:15 p.m. 3200m Relay (W)

6:30 p.m. Triple Jump (W)

SATURDAY, FEB 2

10:00 a.m. 60m Hurdles (Hept - M)

10:00 a.m. Long Jump (M)

10:10 a.m. 60m (M) Qualifying

10:25 a.m. 60m (W) Qualifying

10:35 a.m. Pole Vault (Hept - M)

10:45 p.m. Mile (M)

11:00 a.m. High Jump (M)
Shot Put (M)

11:10 a.m. Mile (W)

11:35 a.m. 60m Hurdles (M) Prelim

11:45 a.m. 60m Hurdles (W) Prelim

12:00 p.m. 60m (M) Prelim

12:10 p.m. 60m (W) Prelim

12:20 p.m. 400m (M)

12:40 p.m. 400m (W)

1:00 p.m. Long Jump (W)

1:05 p.m. 1000m (Hept - M)

1:15 p.m. Pole Vault (M)

1:15 p.m. 60m Hurdles (M) Final

1:20 p.m. 60m Hurdles (W) Final

1:30 p.m. High Jump (W)
Shot Put (W)

1:30 p.m. 60m (M) Final

1:35 p.m. 60m (W) Final

1:40 p.m. 800m (M)

2:00 p.m. 800m (W)

2:15 p.m. 200m (M)

2:35 p.m. 200m (W)

2:55 p.m. 3000m (M)

3:25 p.m. 3000m (W)

3:55 p.m. 1600m Relay (M)

4:00 p.m. 1600m Relay (W)