

Cougar Indoor Invitational - 2/1/2019 to 2/2/2019**Cougar Indoor
Pullman, Washington
Performance List****Event 1 Women Indoor Pentathlon (13)**

Meet Record:		4260 2007	Diana Pickler
Name	School	Points	
1 Cai, Scout	Seattle Paci	3790	
2 Clark, Isabel	Whitworth	3155	
3 Collins, Katie	Central Wash	2943	
4 Hoiland, Jenna	Pacific (Ore	NP	
5 May, Kellie	Seattle Paci	3469	
6 Meyer, Renick	Seattle Paci	3714	
7 Ortega, HarLee	Central Wash	3707	
8 Sapp, Jenny	Lewis-Clark	3175	
9 Schauble, Lindsey	Washington S	3558	
10 Shirley, Maddie	Linfield	NP	
11 Swilley, Alissa	George Fox	3070	
12 Trinidad, Sidney	Central Wash	3197	
13 Wilson, Darian	Western Oreg	NP	

Event 2 Men Heptathlon (12)

Meet Record:		5788 2004	Phil McMullen
Name	School	Points	
1 Brown, Caleb	College of I	4011	
2 Caldwell, Kendrik	College of I	4098	
3 Forster, Michael	Central Wash	4555	
4 Griswold, Nate	College of I	NP	
5 Landis, Kodiak	Central Wash	5407	
6 Lanning, Owen	Lewis-Clark	4660	
7 Littles, Ray	Washington S	NP	
8 McGill, Nicholas	Whitworth	4488	
9 Morse, Alixander	Lewis-Clark	4205	
10 Simonson, Luke	UNAT-Spokane	4200	
11 Thieme, Falk	Lewis-Clark	4435	
12 Wood, Keaton	Linfield	NP	

Event 3 Men Triple Jump (7)**Friday 2/1/2019 - 5:00 PM**

Meet Record:		15.98m 2012	Stephan Scott-Ellis
Name	School	Seed Mark	
1 Claiborne, Kailan	Seattle U.	13.04m	
2 Flores, Robby	Washington S	15.33m	
3 Jones, Keegan	Pacific (Ore	12.91m	
4 Newby, Silas	Seattle Paci	13.24m	
5 Sedy, Jonathan	Linfield	12.45m	
6 Slack, Ryan	UNAT-Spokane	12.36m	
7 Whittaker, Zach	Central Wash	14.64m	

Event 4 Men Pole Vault (16)**Friday 2/1/2019 - 5:00 PM**

Meet Record:		5.27m 2010	Lucas Pope
Name	School	Seed Mark	
1 Barbour, Sean	Seattle Paci	4.00m	
2 Bennett, Bryce	UNAT-Spokane	4.50m	
3 Bushman, Trevor	Washington S	4.76m	
4 Campbell, Tysen	Unattached	4.60m	
5 Englar, Jacob	Washington S	4.90m	

6 Flintoff, Davis	Seattle Paci	4.28m
7 Gingerich, Troy	Washington S	4.90m
8 Hanes, Troy	Lewis-Clark	4.30m
9 Hillemann, Wyatt	Unattached	4.11m
10 Krutzikowsky, Ronan	Linfield	4.05m
11 Landis, Kodiak	Central Wash	4.85m
12 Maltba, Corbin	Lewis-Clark	4.45m
13 Moldau, Sander	Washington S	5.39m
14 Neumann, Cade	UNAT-Spokane	4.65m
15 Preston, Cameron	Lewis-Clark	4.20m
16 Thompson, Jacob	Unattached	4.30m

Event 5 Women Weight Throw (26)**Friday 2/1/2019 - 5:00 PM**

Meet Record:		18.28m 2014	Kaytlyn Coleman
Name	School	Seed Mark	
1 Beer, Kaylee	Providence (	12.45m	
2 Bell, Stacia	Washington S	16.44m	
3 DeZurney, Jaidah	Willamette	ND	
4 Dodge, Brittany	Central Wash	12.79m	
5 Duenas, Hope	Willamette	ND	
6 Fajer, Sarah	Multnomah	ND	
7 France, Brooke	Pacific (Ore	ND	
8 Gianotti, Moana	Western Oreg	13.20m	
9 Gronbach, Mariah	Western Oreg	16.72m	
10 Guerrero, Vanessa	Warner Pacif	ND	
11 Jones, Mariah	Central Wash	13.22m	
12 Korff, Halie	Western Oreg	13.12m	
13 Kraemer, Amy	Washington S	13.45m	
14 Krouse, Kaitlin	Washington S	13.83m	
15 La Rue, Samantha	Central Wash	16.28m	
16 Lombard-Chappell, Sayana	Central Wash	9.86m	
17 Martin, Aoife	Washington S	17.41m	
18 Nash, Kristen	Providence (	12.03m	
19 Salavea, Nini	Central Wash	12.48m	
20 Sanchez, Jillian	Providence (	13.25m	
21 Smallbeck, Meagan	Central Wash	13.55m	
22 Snyder, Hannah	Multnomah	ND	
23 Sova, Tallia	Seattle U.	ND	
24 Tresselt, Jami	Seattle U.	10.83m	
25 Tukuafu, Lovely	Washington S	14.71m	
26 Warren, Delaney	Lewis-Clark	13.31m	

Event 6 Men 5000 Meter Run (16)**Friday 2/1/2019 - 5:00 PM**

Name	School	Seed Time
1 Boutin, Colin	Seattle Paci	16:03.80
2 Bulger, Kellen	Willamette	16:10.52
3 Campbell, Cole	College of I	15:10.76
4 Cervantes, Marcos	College of I	14:58.70
5 Comer, Brian	Multnomah	15:53.92
6 Galloway, Shad	Seattle Paci	15:36.61
7 Jones, Peyton	Unattached	15:40.00
8 Larabee, Daniel	Multnomah	16:40.41
9 Leidig, Nick	Seattle Paci	15:55.00

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Performance List****Event 6 ... (Men 5000 Meter Run (16))**

	Name	School	Seed Time
10	McGee, Conor	Providence (	16:25.32
11	Montague, Michael	Willamette	15:10.94
12	Olsen, Cole	Lewis-Clark	15:06.90
13	Perkins, Joseph	Seattle Paci	16:04.29
14	Putney, Jared	Seattle Paci	15:35.00
15	Slenning, Nick	Pacific (Ore	16:10.70
16	Stewart, Riley	Pacific (Ore	15:44.33

Event 7 Women 5000 Meter Run (15)

Friday 2/1/2019 - 5:30 PM			
	Name	School	Seed Time
1	Diaz, McKenzie	Seattle Paci	19:20.00
2	Evans, Emily	Willamette	19:09.76
3	Foulk, Thea	Seattle U.	18:53.79
4	King-Shaw, Samantha	Washington S	18:26.58
5	Loe, Bethany	Multnomah	NT
6	Moyer, Erin	College of I	19:25.92
7	Redfield, Alexis	Washington S	19:25.35
8	Richards, Pia	Washington S	NT
9	Schut, Kaitlyn	College of I	18:33.85
10	Shutz, Risa	Willamette	20:18.13
11	Stein, Elle	Seattle U.	18:36.87
12	Stinger, Desi	Washington S	18:16.01
13	Vitale-Sullivan, Molly	College of I	17:12.69
14	Wallace, Serena	Pacific (Ore	17:55.00
15	Walter, Katherine	Seattle Paci	17:38.85

Event 8 Women 4x800 Meter Relay (1)

Friday 2/1/2019 - 6:15 PM			
	Team	Relay	Seed Time
1	Lewis-Clark	A	NT

Event 9 Men 4x800 Meter Relay (1)

Friday 2/1/2019 - 6:00 PM			
	Team	Relay	Seed Time
1	College of I	A	NT

Event 10 Women Triple Jump (19)

Friday 2/1/2019 - 6:30 PM			
Meet Record: 12.92m 2018		Kiana Davis	
	Name	School	Seed Mark
1	Carter, Sydney	Central Wash	10.25m
2	Davis, Charisma	Washington S	10.94m
3	Drader, Meghan	Western Oreg	ND
4	Evenson, Brevin	Unattached	ND
5	Golba, Nicole	Seattle U.	10.55m
6	Heyman, Sophia	Seattle U.	10.80m
7	Hoiland, Jenna	Pacific (Ore	10.95m
8	Igbonagwam, Peace	Seattle Paci	11.04m
9	Kaylor, Monica	UNAT-Spokane	ND
10	Ortega, HarLee	Central Wash	12.09m
11	Popchock, Anna	Western Oreg	11.02m
12	Sawyer, Carlie	UNAT-Spokane	10.18m

13	Servoss, Bailey	Pacific (Ore	ND
14	Skalskily, Whitnee	UNAT-Spokane	10.52m
15	Taylor, Jillyan	Central Wash	10.30m
16	Walts, Rose	Central Wash	11.21m
17	Warren, Kayla	Unattached	12.45m
18	Welk, Bayley	UNAT-Spokane	10.87m
19	Williams, Brooke	Central Wash	11.99m

Event 11 Men Weight Throw (25)

Friday 2/1/2019 - 6:30 PM			
Meet Record: 21.26m 2007		Matthew Wauters	
	Name	School	Seed Mark
1	Anderton, Brandon	UNAT-Spokane	12.21m
2	Atencio, Jaycob	Lewis-Clark	11.81m
3	Boos, Zebadiah	Providence (	14.50m
4	Brauchler, Jake	Warner Pacif	14.12m
5	Brown, Amani	Washington S	19.09m
6	Cain, Aidan	Central Wash	17.63m
7	Cairns, Kolten	UNAT-Spokane	9.82m
8	Child, Mont	Western Oreg	14.99m
9	Ciari, Peter	Puget Sound	ND
10	Cole, Sam	Western Oreg	14.25m
11	Collins, Karsten	Western Oreg	14.65m
12	Collins, Owen	Western Oreg	ND
13	Draper, Jason	Pacific (Ore	ND
14	Duvall, Jacob	Pacific (Ore	ND
15	Heidari, Daniel	Puget Sound	ND
16	Hubbard, Jacob	Whitworth	15.96m
17	Hurst, Silas	Washington S	15.57m
18	Jackson, Grant	Linfield	ND
19	Metcalfe, Matt	Linfield	15.02m
20	Munyon, Marty	UNAT-Spokane	10.92m
21	Sears, Julien	Linfield	10.32m
22	Silverthorn, Mark	Unattached	ND
23	Swan, Saige	Willamette	ND
24	Tonder, Ethan	Central Wash	16.04m
25	Wright, David	Pacific (Ore	ND

Event 12 Men Long Jump (31)

Saturday 2/2/2019 - 10:00 AM			
	Name	School	Seed Mark
1	Bass, Naom	Pacific (Ore	6.28m
2	Beckmann, Keaton	Willamette	6.93m
3	Brixey, Sam	Washington S	6.87m
4	Conley, Nathan	Whitworth	5.75m
5	Cortes, Bryan	Simon Fraser	6.20m
6	Davis, TJ	UNAT-Spokane	5.37m
7	Eck, Kameron	Unattached	6.30m
8	Flores, Robby	Washington S	6.36m
9	Handy, Rico	Warner Pacif	ND
10	Heitman, Joseph	Washington S	6.75m
11	Herrera, Travis	Whitworth	5.81m
12	Jackson, Andre	Warner Pacif	6.56m
13	Jones, Keegan	Pacific (Ore	6.31m
14	Kruse, Mitch	Western Oreg	6.38m

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Performance List****Event 12 ... (Men Long Jump (31))**

	Name	School	Seed Mark
15	Krutzikowsky, Ronan	Linfield	5.53m
16	Kuzyk, Zackary	Simon Fraser	6.28m
17	Lanning, Owen	Lewis-Clark	6.60m
18	McKeague, Ethan	Puget Sound	ND
19	Meyer, Caleb	Whitworth	5.93m
20	Newby, Silas	Seattle Paci	6.75m
21	Park, Namaka	Pacific (Ore	5.83m
22	Peck, Brian	Willamette	6.13m
23	Sedy, Jonathan	Linfield	6.07m
24	Sitton, Tyler	Linfield	5.92m
25	Slack, Ryan	UNAT-Spokane	6.21m
26	Smith, Aidan	Seattle U.	5.67m
27	Swillie, Isaac	Warner Pacif	ND
28	Thieme, Falk	Lewis-Clark	6.83m
29	Wagar, Ryan	Whitworth	5.82m
30	Whittaker, Zach	Central Wash	6.72m
31	Wood, Keaton	Linfield	6.74m

Event 13 Men 60 Meter Dash QUALIFYING (44)**Saturday 2/2/2019 - 10:10 AM****Meet Record: 6.69 2006****James McSwain**

	Name	School	Seed Time
1	Barker, Austin	Multnomah	7.68
2	Byerly, Raymond	Pacific (Ore	NT
3	Carlson, Miles	Puget Sound	7.33
4	Carpenter, Shayne	Seattle Paci	7.46
5	Conley, Nathan	Whitworth	7.83
6	Cootey, Jackson	Warner Pacif	NT
7	Curry, JJ	UNAT-Spokane	7.17
8	Ewell, Orion	Willamette	NT
9	Fernandez, Angelo	Western Wash	7.28
10	Fisher, Rodrick	Washington S	7.14
11	Giannini, Connor	Willamette	NT
12	Handy, Rico	Warner Pacif	NT
13	Hanes, Troy	Lewis-Clark	7.51
14	Herrera, Travis	Whitworth	7.46
15	Jordon, Jake	UNAT-Spokane	7.24
16	Kochis, Michael	Multnomah	7.68
17	Kwon, Devin	Pacific (Ore	7.86
18	Mason, Matt	UNAT-Spokane	7.34
19	Mattox, Caleb	Unattached	7.30
20	McKeague, Ethan	Puget Sound	NT
21	Meyer, Caleb	Whitworth	7.55
22	Nienhuis, Jake	Washington S	7.37
23	Novich, Dillon	Lewis-Clark	7.46
24	Payne, Isaiah	Seattle U.	7.10
25	Pennow, Louis	Lewis-Clark	NT
26	Pizzillo, Tony	Washington S	7.37
27	Ramon, Albert	Willamette	NT
28	Robinson-McClure, Jalen	Whitworth	7.45
29	Roussos, Nik	Lewis-Clark	7.54
30	Scott, Trevaughn	Central Wash	7.22
31	Sedy, Jonathan	Linfield	7.66

32	Short, Mesepa	Linfield	7.45
33	Sidor, Bryan	Unattached	NT
34	Sitton, Tyler	Linfield	7.45
35	Streeter, Rhett	Whitworth	7.19
36	Strober, Cole	Pacific (Ore	7.50
37	Sutherland, Ryan	Puget Sound	NT
38	Swillie, Isaac	Warner Pacif	NT
39	Tagad, Travis	Western Oreg	7.36
40	Weeks, Sam	Lewis-Clark	7.20
41	Wick, Noland	UNAT-Spokane	7.15
42	Withrow, Zach	Pacific (Ore	7.70
43	Wong, Christian	Seattle Paci	7.37
44	Yamamoto, Brant	Seattle U.	7.33

Event 14 Women 60 Meter Dash QUALIFYING (42)**Saturday 2/2/2019 - 10:25 AM**

	Name	School	Seed Time
1	Amundsen, Sydney	Multnomah	8.84
2	Anderson, Persia	Multnomah	8.84
3	Baldwin-Case, Allie	Central Wash	8.36
4	Blackburn, Emma	Willamette	NT
5	Blix, Makenna	Linfield	NT
6	Borders, Christy	Southwest Sp	8.45
7	Cabrera, Jenette	Willamette	NT
8	Carson, Madison	Lewis-Clark	8.12
9	Carter, Troi	Central Wash	8.09
10	Cox-Raman, Sonja	Willamette	NT
11	Deniz, Estefania	Pacific (Ore	NT
12	Doss, Aujanique	Central Wash	7.93
13	Farner, Anna	Seattle Paci	8.31
14	Fletcher, Mackenzie	Washington S	8.00
15	Haskins, Naloni	Puget Sound	8.88
16	Hill, Tia	Central Wash	NT
17	Hunt, Kelby	Puget Sound	9.03
18	Iverson, Ronna	Washington S	NT
19	Jackson, Logan	Western Oreg	8.38
20	Keliheleua, Ani	Linfield	NT
21	Legras, Natalie	Western Oreg	8.47
22	Lincoln, Audrey	Pacific (Ore	NT
23	Lindsay, Emily	Simon Fraser	7.94
24	Madden, Michaela	Lewis-Clark	8.56
25	Mael, Jillian	UNAT-Spokane	8.44
26	McDaniel, Olivia	Linfield	8.37
27	Medallada, Kameha	Whitworth	7.93
28	Moore, Michaela	Seattle U.	8.01
29	Morton, Lura	Puget Sound	8.72
30	Petersen, Taylor	Linfield	NT
31	Roberts, Jessie	Multnomah	NT
32	Robydek, Morgan	Central Wash	8.15
33	Sawyer, Carlie	UNAT-Spokane	8.48
34	Sears, Hailey	Western Oreg	8.39
35	Smith, Alexa	Pacific (Ore	NT
36	Smith, Marissa	Pacific (Ore	NT
37	Soliman, Renee	Seattle U.	8.50
38	Volk, Alanna	Puget Sound	9.44

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Performance List****Event 14 ... (Women 60 Meter Dash QUALIFYING (42))**

	Name	School	Seed Time
39	Vongsaveng, Mariyah	Central Wash	7.93
40	Ward, Mackenzie	Whitworth	8.76
41	Welk, Bayley	UNAT-Spokane	8.86
42	Yuen, Camryn	Simon Fraser	7.99

Event 15 Men 1 Mile Run (40)

Saturday 2/2/2019 - 10:45 AM			
Meet Record: 4:08.97 2013		Todd Wakefield	
	Name	School	Seed Time
1	Bachtold, Jadon	Unattached	4:35.00
2	Comer, Brian	Multnomah	4:35.00
3	Cossette, Liam	Western Wash	4:22.81
4	Crocker, Stephen	Seattle U.	4:22.00
5	Crosswhite, Justin	Western Oreg	4:20.10
6	Crowell, Ben	Western Wash	4:35.09
7	Dawson, Dillon	Lewis-Clark	4:37.15
8	Dean, Cameron	Washington S	4:33.62
9	Delaney, Blake	Seattle U.	4:36.56
10	Dewey, Nick	UNAT-Spokane	4:44.00
11	DeWitt, Cody	Puget Sound	4:46.79
12	Dobkin, Finn	Puget Sound	NT
13	Fournier, Eli	Unattached	4:26.00
14	Franks, Macauley	Western Wash	4:26.48
15	Frey, Josh	College of I	4:28.50
16	Garcia, Royce	Seattle Paci	4:34.00
17	Graff, Elius	Seattle Paci	4:36.79
18	Green, Ethan	UNAT-Spokane	4:34.00
19	Grode, Caleb	Whitworth	NT
20	Haney, Cooper	Lewis-Clark	4:35.53
21	Hansen, Ben	Seattle Paci	4:26.00
22	Hensley, Taylor	Providence (	5:08.34
23	Hoggarth, Colton	Western Wash	4:25.73
24	Jasperson, James	Western Wash	4:18.19
25	Jones, Tyler	Western Oreg	4:07.00
26	Larabee, Daniel	Multnomah	4:35.00
27	Monaghan, Colin	Puget Sound	4:33.46
28	Monaghan, Liam	Puget Sound	4:54.29
29	Monk, Ben	Seattle U.	4:18.00
30	Montague, Michael	Willamette	NT
31	Morales, Gabriel	Whitworth	NT
32	Nicholson, Jacob	Washington S	4:19.23
33	Odegard, Bryce	College of I	4:17.00
34	Otero, Colby	Seattle Paci	4:23.80
35	Pendleton, Nate	Washington S	4:25.26
36	Pixler, Nathan	Seattle U.	4:15.00
37	Pullen, Aiden	Seattle Paci	4:34.00
38	Sager, Kyler	Western Wash	4:19.17
39	Schultz, Brayden	Seattle Paci	4:43.83
40	Tracy, Collin	College of I	4:31.72

Event 16 Men High Jump (15)

Saturday 2/2/2019 - 11:00 AM			
Meet Record: 2.24m 2010		Trent Arrivey	
	Name	School	Seed Mark
1	Davis, Jabriel	UNAT-Spokane	1.90m
2	English, Max	Washington S	2.08m
3	Ford, Jakobe	Unattached	2.20m
4	Fredrickson, Peyton	Washington S	2.12m
5	Gunther, Ryan	Central Wash	1.81m
6	Halligan, Keelan	Washington S	2.08m
7	Jacobson, Mitch	Washington S	2.08m
8	Kuzyk, Zackary	Simon Fraser	1.91m
9	Landis, Kodiak	Central Wash	1.84m
10	Sheeran, Beau	Washington S	2.05m
11	Simonson, Luke	UNAT-Spokane	1.83m
12	Stevenson, Randy	Unattached	1.72m
13	Taylor, Jonathon	UNAT-Spokane	1.85m
14	Wells, Matt	Puget Sound	1.88m
15	Wood, Keaton	Linfield	1.89m

Event 17 Men Shot Put (28)

Saturday 2/2/2019 - 11:00 AM			
Meet Record: 19.68m 2007		Russ Winger	
	Name	School	Seed Mark
1	Anderton, Brandon	UNAT-Spokane	11.68m
2	Boos, Zebadiah	Providence (	12.50m
3	Brauchler, Jake	Warner Pacif	12.21m
4	Cain, Aidan	Central Wash	15.41m
5	Cairns, Kolten	UNAT-Spokane	10.61m
6	Child, Mont	Western Oreg	14.79m
7	Cole, Sam	Western Oreg	14.00m
8	Collins, Karsten	Western Oreg	12.89m
9	Collins, Owen	Western Oreg	13.20m
10	Duvall, Jacob	Pacific (Ore	13.30m
11	Granchukoff, Andrew	UNAT-Spokane	13.00m
12	Haugland, Stephen	Whitworth	11.35m
13	Heidari, Daniel	Puget Sound	7.38m
14	Herrera, Travis	Whitworth	8.19m
15	Huffman, Josh	Pacific (Ore	14.73m
16	Hurst, Reed	Whitworth	12.99m
17	Hurst, Silas	Washington S	12.83m
18	Jensen, Joey	Unattached	12.29m
19	Mitchell, Cody	Linfield	13.60m
20	Munyon, Marty	UNAT-Spokane	11.39m
21	Norvell, Drew	Washington S	15.46m
22	Post, Tyler	Linfield	12.81m
23	Silverthorn, Mark	Unattached	12.48m
24	Steffey, Chris	Western Oreg	14.79m
25	Swan, Saige	Willamette	15.17m
26	Taylor, Izaiya	Pacific (Ore	11.95m
27	Tonder, Ethan	Central Wash	15.59m
28	Wells, Matt	Puget Sound	11.32m

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Performance List****Event 18 Women 1 Mile Run (43)****Saturday 2/2/2019 - 11:10 AM****Meet Record: 4:44.31 2014****Hannah Kiser**

	Name	School	Seed Time
1	Ambrose, Ashley	Linfield	NT
2	Berdahl, Hannah	Pacific (Ore	NT
3	Carr, Hazel	Willamette	NT
4	Chahrouri, Marie-Therese	Seattle U.	5:10.00
5	Child, Madison	Central Wash	5:35.23
6	Cook, Makayla	Providence (	6:08.92
7	Gaudin, Marie	Washington S	5:02.62
8	Gohr, Caitlin	Central Wash	5:37.90
9	Henry, Morgan	Pacific (Ore	6:19.29
10	Irish, Eliza	Pacific (Ore	5:55.91
11	Johnson, Callie	Lewis-Clark	5:40.00
12	Kastama, Rachel	Seattle U.	5:05.00
13	King-Shaw, Samantha	Washington S	5:07.77
14	Lester, Kay	Central Wash	5:40.00
15	Lilly, Kate	Seattle Paci	5:05.23
16	Loe, Bethany	Multnomah	NT
17	MacKenzie, Lindsay	Warner Pacif	5:32.00
18	McGraw, Amber	Seattle Paci	5:21.87
19	Metzler, Rachael	Puget Sound	5:43.48
20	Mitchell, Kaylee	Seattle Paci	5:10.25
21	Mulligan, Darby	Puget Sound	NT
22	Nock, Paige	Simon Fraser	4:48.31
23	Pfundt, Erin	Whitworth	NT
24	Pilgrim, Kristin	Pacific (Ore	5:45.00
25	Putman, Kara	Pacific (Ore	5:46.77
26	Redfield, Alexis	Washington S	5:26.32
27	Rich, Whitney	Unattached	5:17.00
28	Richards, Pia	Washington S	5:21.76
29	Roberts, Kimberly	Linfield	NT
30	Roxby, Megan	Simon Fraser	5:13.11
31	Saxton, Rebecca	Lewis-Clark	5:31.34
32	Schaffer, Sam	Puget Sound	5:45.00
33	Schlepp, Geneva	Washington S	5:17.65
34	Schnorr, Ellie	Puget Sound	6:09.65
35	Shoop, Ellie	Whitworth	NT
36	Smith, Jamie	Willamette	NT
37	Stinger, Desi	Washington S	5:24.83
38	Tyrrell, Lily	Central Wash	5:17.91
39	Washenberger, Kelsey	Seattle Paci	5:15.01
40	Weingart, Kita	Providence (	6:07.35
41	White, Audrey	Puget Sound	5:45.00
42	Whiteley, Jolene	UNAT-Spokane	5:24.00
43	Zimmerdahl, Kendra	Western Oreg	NT

Event 19 Men 60 Meter Hurdles (22) Prelims**Saturday 2/2/2019 - 11:35 AM****Meet Record: 7.88 2009****Robert Williams**

	Name	School	Seed Time
1	Andres, Seth	Washington S	8.39
2	Beckmann, Keaton	Willamette	NT

3	Brixey, Sam	Washington S	7.84
4	Carpenter, Shayne	Seattle Paci	9.24
5	Davis, TJ	UNAT-Spokane	9.04
6	Grant, Christopherson	Washington S	8.05
7	Gunther, Ryan	Central Wash	8.49
8	Heitman, Joseph	Washington S	8.43
9	Herrera, Travis	Whitworth	9.96
10	Howard, Matthew	Washington S	9.12
11	Johnson, Nick	Unattached	7.98
12	Kruse, Mitch	Western Oreg	10.77
13	Krutzikowsky, Ronan	Linfield	9.57
14	Lanning, Owen	Lewis-Clark	8.99
15	Morse, Alixander	Lewis-Clark	8.71
16	Peck, Brian	Willamette	NT
17	Roussos, Nik	Lewis-Clark	8.78
18	Scott, Trevaughn	Central Wash	8.69
19	Simonson, Luke	UNAT-Spokane	9.30
20	Thieme, Falk	Lewis-Clark	9.54
21	Vallatini, Gunner	Unattached	9.00
22	Wood, Keaton	Linfield	8.64

Event 20 Women 60 Meter Hurdles (28) Prelims**Saturday 2/2/2019 - 11:45 AM****Meet Record: 8.06 2006****Virginia Powell**

	Name	School	Seed Time
1	Bland, Emily	Central Wash	9.14
2	Borders, Christy	Southwest Sp	9.64
3	Cameron, Baylie	Linfield	10.09
4	Ditter, Kaitlyn	Central Wash	9.50
5	Fletcher, Mackenzie	Washington S	8.92
6	Golba, Nicole	Seattle U.	9.99
7	Hamilton, Rachelle	Central Wash	10.25
8	Hill, Tia	Central Wash	9.72
9	Jackson, Logan	Western Oreg	NT
10	Kam, Maile	Multnomah	NT
11	Keliheleua, Ani	Linfield	9.88
12	Legras, Natalie	Western Oreg	10.35
13	Litton, McKinley	Lewis-Clark	10.57
14	Lompfrey, Serenity	Multnomah	NT
15	Newblom, Michelle	Seattle U.	9.25
16	Ortega, HarLee	Central Wash	8.97
17	Popchok, Anna	Western Oreg	9.84
18	Sapp, Jenny	Lewis-Clark	9.52
19	Schauble, Lindsey	Washington S	9.14
20	Schweiger, Anna Belle	Whitworth	10.56
21	Shirley, Maddie	Linfield	9.73
22	Snyder, Abby	Lewis-Clark	10.25
23	Soladey, Sarra	Western Oreg	NT
24	Taylor, Charisma	Washington S	8.47
25	Trinidad, Sidney	Central Wash	8.97
26	Vongsaveng, Mariyah	Central Wash	8.51
27	Warwick, Parker	UNAT-Spokane	9.76
28	Yonkman, Michaela	Western Oreg	9.75

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Performance List****Event 23 Men 400 Meter Dash (33)****Saturday 2/2/2019 - 12:20 PM****Meet Record: 48.28 2013****Ben Ayesu-Attah**

	Name	School	Seed Time
1	Albertin, Austin	UNAT-Spokane	49.74
2	Arce-Torres, Gabe	Western Oreg	50.44
3	Barker, Austin	Multnomah	54.54
4	Betancourt, Xavier	Whitworth	49.50
5	Brown, Steve	Seattle U.	51.91
6	Burgett, Issac	Western Oreg	54.23
7	Calderon, Daniel	Central Wash	49.01
8	Cervantes, Jacob	Lewis-Clark	54.69
9	Claiborne, Kailan	Seattle U.	51.76
10	Conrad, Ben	Simon Fraser	51.90
11	Cootey, Jackson	Warner Pacif	NT
12	Ellison, Gerald Chase	Lewis-Clark	NT
13	Fournier, Isaac	Puget Sound	52.88
14	Gonzalez, Zach	Seattle U.	52.25
15	Hites, Tristan	Lewis-Clark	51.94
16	Howard, Matthew	Washington S	51.60
17	Kirk, Jalen	Lewis-Clark	56.15
18	Kochis, Michael	Multnomah	54.54
19	Lenton, Jorin	Simon Fraser	52.86
20	Mattox, Caleb	Unattached	52.00
21	McDonald, Sayer	Unattached	55.00
22	Milne, Lucas	Seattle U.	51.50
23	Monaghan, Jack	Puget Sound	52.39
24	Morse, Alixander	Lewis-Clark	NT
25	Person, Payton	Linfield	57.43
26	Porter, Doc	Central Wash	49.28
27	Preston, Cameron	Lewis-Clark	52.07
28	Rogers, RoShaan	Willamette	NT
29	Sarmiento, Kennedy	Unattached	55.29
30	Scott, Trevaughn	Central Wash	49.92
31	Sun, William	Seattle U.	53.00
32	Vallatini, Gunner	Unattached	50.50
33	Wendling, Justin	Unattached	52.50

Event 24 Women 400 Meter Dash (36)**Saturday 2/2/2019 - 12:40 PM****Meet Record: 55.78 2008****Carol Rodriguez**

	Name	School	Seed Time
1	Altamirano, Bethanie	Western Oreg	59.99
2	Amundsen, Sydney	Multnomah	1:06.90
3	Anderson, Persia	Multnomah	1:06.90
4	Bland, Emily	Central Wash	58.06
5	Blyckert, Amy	Whitworth	1:01.72
6	Bradlina, Emery	Puget Sound	1:00.55
7	Bryan, Jazzmin	Lewis-Clark	58.55
8	Cameron, Baylie	Linfield	1:01.47
9	Collins, Katie	Central Wash	57.96
10	Cottnair, Hannah	Puget Sound	NT
11	Crookham-Guy, Grace	Willamette	NT
12	Dawson, Lexi	UNAT-Spokane	1:09.44

13	Deleissegues, Chloe	Seattle U.	1:01.51
14	Eberhardt, Megan	Pacific (Ore	58.88
15	Emerick, Iris	Puget Sound	NT
16	Golba, Nicole	Seattle U.	1:00.50
17	Grady, Regie	Seattle U.	59.00
18	Grujic, Jelena	Washington S	58.41
19	Juarez, Noelia	Central Wash	1:00.76
20	Kalmbach, Rebekka	Lewis-Clark	1:01.79
21	Litton, McKinley	Lewis-Clark	1:02.54
22	McClurkin, Brooke	Lewis-Clark	1:00.85
23	Neria, Jasmyne	Central Wash	57.94
24	Niskanen, Nicole	Western Oreg	1:01.74
25	Petersen, Taylor	Linfield	1:01.41
26	Robinson, Natalie	Lewis-Clark	NT
27	Smith, Karlie	Lewis-Clark	NT
28	Snyder, Abby	Lewis-Clark	NT
29	Soladey, Sarra	Western Oreg	NT
30	Solano, Isabel	Willamette	1:04.04
31	Stewart, Lutishe	Unattached	1:03.00
32	Stills, Megan	Puget Sound	1:05.88
33	Trinidad, Sidney	Central Wash	58.43
34	Troescher, Rebecca	Seattle Paci	58.96
35	Willems, Elena	Washington S	59.88
36	Yonkman, Michaela	Western Oreg	1:01.77

Event 25 Women Long Jump (34)**Saturday 2/2/2019 - 1:00 PM****Meet Record: 5.94m 2006****Michelle Sanford**

	Name	School	Seed Mark
1	Angier, Meg	Linfield	ND
2	Baldwin-Case, Allie	Central Wash	4.66m
3	Berry, Lauren	Western Oreg	5.08m
4	Blix, Makenna	Linfield	ND
5	Borders, Christy	Southwest Sp	4.89m
6	Carter, Sydney	Central Wash	4.37m
7	Davis, Charisma	Washington S	4.89m
8	Ditter, Kaitlyn	Central Wash	ND
9	Drader, Meghan	Western Oreg	ND
10	Fortune, Erin	Simon Fraser	4.82m
11	Galli, Joanna	Linfield	4.38m
12	Hamilton, Rachelle	Central Wash	ND
13	Haskins, Naloni	Puget Sound	4.56m
14	Heyman, Sophia	Seattle U.	4.59m
15	Igbonagwam, Peace	Seattle Paci	5.41m
16	Irvine, Halle	Central Wash	5.34m
17	Kam, Maile	Multnomah	4.40m
18	Lehnert, Geneva	Seattle Paci	5.15m
19	Lunning, Caylah	Seattle U.	5.68m
20	Lytle, Olivia	Whitworth	5.10m
21	Madden, Michaela	Lewis-Clark	4.80m
22	McDaniel, Olivia	Linfield	5.17m
23	Newman, Lauren	Washington S	5.88m
24	Ochoa, Yareli	Central Wash	5.14m
25	Robydek, Morgan	Central Wash	4.32m
26	Sawyer, Carlie	UNAT-Spokane	5.09m

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Performance List****Event 25 ... (Women Long Jump (34))**

	Name	School	Seed Mark
27	Skalskily, Whitnee	UNAT-Spokane	4.66m
28	Smith, Alvanique	UNAT-Spokane	4.77m
29	Soliman, Renee	Seattle U.	5.42m
30	Stacy, Alex	Willamette	4.67m
31	Taylor, Jillyan	Central Wash	5.05m
32	Watts, Rose	Central Wash	5.44m
33	Welk, Bayley	UNAT-Spokane	5.10m
34	Williams, Brooke	Central Wash	5.71m

Event 26 Women Pole Vault (21)

Saturday 2/2/2019 - 1:15 PM			
Meet Record:	4.20m	2005	Ebbie Metzinger
	Name	School	Seed Mark
1	Angier, Meg	Linfield	3.46m
2	Beavers, Tayla	Washington S	3.36m
3	Blankenship, Tawni	Central Wash	3.19m
4	Blyckert, Amy	Whitworth	3.25m
5	Brown, Kristen	Unattached	4.51m
6	Cai, Scout	Seattle Paci	3.78m
7	Carson, Madison	Lewis-Clark	3.55m
8	Coombs, Emily	Washington S	4.00m
9	Eiswald, Erin	Central Wash	NH
10	Frost, Katelyn	Washington S	3.80m
11	Galli, Joanna	Linfield	3.57m
12	Irvine, Halle	Central Wash	3.93m
13	Kahaloa-Young, Aaliyah	Linfield	NH
14	Lambert, Emma	Seattle Paci	3.12m
15	Licari, Madison	Seattle Paci	3.30m
16	McDaniel, Olivia	Linfield	3.81m
17	Otto von Askervold, Kendra	Central Wash	NH
18	Roberts, Jessie	Multnomah	2.66m
19	Scharmann, Molly	Washington S	4.17m
20	Stevens, Brittany	Central Wash	3.42m
21	Wyatt, Kayla	Central Wash	3.20m

Event 27 Women High Jump (19)

Saturday 2/2/2019 - 1:30 PM			
Meet Record:	1.75m	2010	Holly Parent
	Name	School	Seed Mark
1	Broughton, Brittany	Willamette	1.55m
2	Carter, Sydney	Central Wash	1.45m
3	Denham, Sydney	Puget Sound	1.55m
4	Ditter, Kaitlyn	Central Wash	1.55m
5	Fortune, Erin	Simon Fraser	1.55m
6	Hagfors, Madison	Washington S	1.60m
7	Hamilton, Rachelle	Central Wash	1.55m
8	Kaylor, Monica	UNAT-Spokane	1.53m
9	Lehnert, Geneva	Seattle Paci	1.70m
10	Lytle, Olivia	Whitworth	1.56m
11	Mack-Wilson, Laurel	Seattle U.	1.50m
12	Meadows, Shaddia	Central Wash	1.63m
13	Ochoa, Yareli	Central Wash	1.50m
14	Pace, Suzy	Washington S	1.70m

15	Peppers, Madison	Washington S	1.60m
16	Schauble, Lindsey	Washington S	1.66m
17	Shirley, Maddie	Linfield	1.49m
18	Van Liew, Rachel	Seattle U.	1.45m
19	Wall, Tiffany	Linfield	1.49m

Event 28 Women Shot Put (32)

Saturday 2/2/2019 - 1:30 PM			
Meet Record:	16.13m	2006	Karen Freeberg
	Name	School	Seed Mark
1	Aenson, Hannah	Unattached	11.26m
2	Beer, Kaylee	Providence (	10.16m
3	Borders, Christy	Southwest Sp	9.15m
4	Brown, Chrissnay	Washington S	15.56m
5	Cai, Scout	Seattle Paci	10.76m
6	Carlson, Abbie Jo	Whitworth	10.19m
7	Carlson, Tallie	Whitworth	10.98m
8	Collins, Katie	Central Wash	9.42m
9	Dodge, Brittany	Central Wash	11.49m
10	Du, Karen	Pacific (Ore	12.92m
11	Fajer, Sarah	Multnomah	10.21m
12	Fisk, Avery	Central Wash	11.38m
13	Forse, Lita	Washington S	10.39m
14	France, Brooke	Pacific (Ore	10.68m
15	Gianotti, Moana	Western Oreg	11.84m
16	Gronbach, Mariah	Western Oreg	11.36m
17	Guerrero, Vanessa	Warner Pacif	10.63m
18	Kam, Maile	Multnomah	ND
19	Korff, Halie	Western Oreg	9.33m
20	Krouse, Kaitlin	Washington S	12.69m
21	Meadows, Shaddia	Central Wash	9.33m
22	Miles, Sara	Linfield	10.87m
23	Nash, Kristen	Providence (	10.09m
24	Ortega, HarLee	Central Wash	11.72m
25	Rambo, Kayla	Whitworth	11.69m
26	Sanchez, Jillian	Providence (	10.82m
27	Shirley, Maddie	Linfield	11.55m
28	Smallbeck, Meagan	Central Wash	10.00m
29	Snyder, Hannah	Multnomah	ND
30	Sova, Tallia	Seattle U.	10.72m
31	Trinidad, Sidney	Central Wash	7.70m
32	Tukuafu, Lovely	Washington S	12.65m

Event 29 Men 800 Meter Run (42)

Saturday 2/2/2019 - 1:40 PM			
Meet Record:	1:52.82	2005	Alex McClary
	Name	School	Seed Time
1	Alnazer, Adam	Western Oreg	1:54.50
2	Bachtold, Jadon	Unattached	2:02.00
3	Burgett, Issac	Western Oreg	NT
4	Carmona, Max	Western Oreg	1:52.90
5	DeWitt, Cody	Puget Sound	2:11.49
6	Diop, Ibrahim	Whitworth	2:09.28
7	Fey, Stephen	Western Oreg	1:57.38
8	Foster, Liam	Simon Fraser	1:57.48

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Performance List****Event 29 ... (Men 800 Meter Run (42))**

	Name	School	Seed Time
9	Fournier, Isaac	Puget Sound	1:56.28
10	Franklin, Alex	Seattle U.	1:56.50
11	Franks, Macauley	Western Wash	1:56.00
12	Glick, William	Whitworth	1:55.07
13	Hasty, Devin	Seattle U.	2:00.43
14	Hutton, Hunter	Western Oreg	1:54.50
15	Ihling, Matt	Willamette	NT
16	Joss, Oliver	Pacific (Ore	2:04.95
17	Kanelis, Zach	Western Oreg	1:55.63
18	Keene, Stewart	Seattle U.	1:56.92
19	Kruse, Mitch	Western Oreg	1:59.00
20	Llamas, Alec	Seattle Paci	2:07.23
21	Martinez-Santos, Efrain	Linfield	2:06.72
22	McDonald, Sayer	Unattached	2:03.00
23	Monaghan, Jack	Puget Sound	1:57.53
24	Mosman, Hunter	Western Oreg	1:58.18
25	O'Neil, Preston	Washington S	1:56.19
26	Paulsen, Sean	Simon Fraser	2:01.87
27	Pendleton, Nate	Washington S	1:56.23
28	Phan, Jesse	Seattle Paci	1:55.05
29	Pixler, Nathan	Seattle U.	1:54.75
30	Pullen, Aiden	Seattle Paci	2:03.00
31	Redfield, Ian	Whitworth	2:16.27
32	Reed, Trey	Western Oreg	1:57.95
33	Scott, Trevaughn	Central Wash	1:55.77
34	Stewart, Garrett	Pacific (Ore	1:59.36
35	Tetreault, Matt	Puget Sound	NT
36	Thomas, Derek	College of I	2:00.00
37	Wallace, Noah	Washington S	1:57.70
38	Walsh, Simon	Western Oreg	NT
39	Willey, Garret	Whitworth	2:12.20
40	Wisely, Cameron	Warner Pacif	2:03.00
41	Woodbury, Sakti	Lewis-Clark	2:04.84
42	Zdroy-Oja, Nick	Linfield	1:58.80

Event 30 Women 800 Meter Run (30)**Saturday 2/2/2019 - 2:00 PM**

	Meet Record:	2:10.05	2014	Liga Velvere	
	Name	School	Seed Time		
1	Adams, Emily	Lewis-Clark	2:20.44		
2	Bayly, Rachel	Western Oreg	2:22.33		
3	Bloomquist, Kayla	Central Wash	2:22.10		
4	Borrego, Dallas	Lewis-Clark	2:20.75		
5	Bradlina, Emery	Puget Sound	2:17.92		
6	Brown, Rylee	Lewis-Clark	2:22.32		
7	Chilton, Emily	Simon Fraser	2:14.67		
8	Cunningham, Amanda	Pacific (Ore	2:40.69		
9	Duxbury, Isabel	Willamette	2:19.59		
10	Echiverri, Kristi	Pacific (Ore	2:30.00		
11	Ferguson, Anne	Linfield	NT		
12	Gohr, Caitlin	Central Wash	2:30.32		
13	Kaufman, Krystal	Seattle Paci	2:20.60		
14	Klassen, Adrianna	Simon Fraser	2:26.27		

15	Klein, Tatiana	Puget Sound	2:45.00
16	Lindsay, Nicole	Simon Fraser	2:15.31
17	Metzler, Rachael	Puget Sound	2:26.15
18	Neder, Mary	Whitworth	NT
19	Nock, Paige	Simon Fraser	2:09.17
20	O'Hara, Emily	Seattle U.	2:22.00
21	Piacsek, Audrey	Willamette	NT
22	Plaznik, Maja	Lewis-Clark	2:23.11
23	Postma, Ellie	Seattle U.	2:17.00
24	Rubio, Siobhan	Seattle U.	2:13.59
25	Sabisch, Drew	Central Wash	2:49.00
26	Shields-Brown, Mairin	Simon Fraser	2:15.50
27	Solomon, Shayla	Western Oreg	2:18.62
28	Stark, Courtney	UNAT-Spokane	2:30.00
29	Willems, Elena	Washington S	2:22.56
30	Wynne, Brea	Washington S	2:27.49

Event 31 Men 200 Meter Dash (46)**Saturday 2/2/2019 - 2:15 PM**

	Meet Record:	21.59	2005	Darren Woods	
	Name	School	Seed Time		
1	Beckmann, Keaton	Willamette	22.81		
2	Blodgett, Codi	Western Oreg	22.13		
3	Calderon, Daniel	Central Wash	22.97		
4	Campos-Davis, Gabriel	Western Oreg	23.07		
5	Carlson, Miles	Puget Sound	23.89		
6	Carrasco, Alexandro	Seattle U.	23.36		
7	Cervantes, Jacob	Lewis-Clark	24.87		
8	Curry, JJ	UNAT-Spokane	22.26		
9	Davis, Jabriel	UNAT-Spokane	NT		
10	Davis, TJ	UNAT-Spokane	NT		
11	Ellison, Gerald Chase	Lewis-Clark	23.89		
12	Ewell, Orion	Willamette	23.51		
13	Fernandez, Angelo	Western Wash	23.07		
14	Fortier, Devon	Western Oreg	22.21		
15	Giannini, Connor	Willamette	22.33		
16	Gunther, Ryan	Central Wash	23.07		
17	Hanes, Troy	Lewis-Clark	23.47		
18	Herrera, Travis	Whitworth	24.24		
19	Jordon, Jake	UNAT-Spokane	NT		
20	Kirk, Jalen	Lewis-Clark	24.35		
21	Mason, Matt	UNAT-Spokane	23.46		
22	McKeague, Ethan	Puget Sound	NT		
23	Meyer, Caleb	Whitworth	23.71		
24	Milne, Lucas	Seattle U.	23.25		
25	Newby, Silas	Seattle Paci	23.00		
26	Novich, Dillon	Lewis-Clark	24.10		
27	Payne, Isaiah	Seattle U.	22.73		
28	Peck, Brian	Willamette	24.28		
29	Pennow, Louis	Lewis-Clark	23.60		
30	Person, Payton	Linfield	26.08		
31	Porter, Doc	Central Wash	23.05		
32	Ramon, Albert	Willamette	NT		
33	Robinson-McClure, Jalen	Whitworth	22.44		
34	Sarmiento, Kennedy	Unattached	24.89		

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Performance List****Event 31 ... (Men 200 Meter Dash (46))**

	Name	School	Seed Time
35	Short, Mesepa	Linfield	24.20
36	Sitton, Tyler	Linfield	23.77
37	Streeter, Rhett	Whitworth	23.46
38	Sun, William	Seattle U.	23.75
39	Sutherland, Ryan	Puget Sound	23.94
40	Tagad, Travis	Western Oreg	NT
41	Vallatini, Gunner	Unattached	23.93
42	Weeks, Sam	Lewis-Clark	22.51
43	Wendling, Justin	Unattached	23.00
44	Wick, Noland	UNAT-Spokane	22.73
45	Wong, Christian	Seattle Paci	23.50
46	Yamamoto, Brant	Seattle U.	24.10

Event 32 Women 200 Meter Dash (47)

Saturday 2/2/2019 - 2:35 PM			
Meet Record:		24.34	2006 Carol Rodriguez
	Name	School	Seed Time
1	Baldwin-Case, Allie	Central Wash	28.37
2	Blackburn, Emma`	Willamette	NT
3	Bland, Emily	Central Wash	26.23
4	Blyckert, Amy	Whitworth	28.94
5	Cabrera, Jenette	Willamette	NT
6	Carter, Troi	Central Wash	26.81
7	Cox-Raman, Sonja	Willamette	28.38
8	Dawson, Lexi	UNAT-Spokane	30.34
9	Deleissegues, Chloe	Seattle U.	27.50
10	Ditter, Kaitlyn	Central Wash	29.49
11	Doss, Aujanique	Central Wash	25.25
12	Dweh, Marchaline	Unattached	27.20
13	Farner, Anna	Seattle Paci	26.00
14	Gaudin, Marie	Washington S	27.00
15	Hamilton, Rachelle	Central Wash	27.80
16	Haskins, Naloni	Puget Sound	29.31
17	Hill, Tia	Central Wash	26.20
18	Hunt, Kelby	Puget Sound	30.67
19	Jackson, Logan	Western Oreg	NT
20	Juarez, Noelia	Central Wash	27.72
21	Kaylor, Monica	UNAT-Spokane	28.00
22	Keliheleua, Ani	Linfield	27.94
23	Lindsay, Emily	Simon Fraser	26.00
24	Lomprey, Serenity	Multnomah	NT
25	Lunning, Caylah	Seattle U.	25.25
26	Mael, Jillian	UNAT-Spokane	28.94
27	Medallada, Kameha	Whitworth	25.33
28	Moore, Michaela	Seattle U.	27.19
29	Morton, Lura	Puget Sound	30.44
30	Neria, Jasmyne	Central Wash	26.03
31	Petersen, Taylor	Linfield	27.13
32	Quaynor, Meyer	Simon Fraser	25.12
33	Robinson, Natalie	Lewis-Clark	NT
34	Robydek, Morgan	Central Wash	27.05
35	Sapp, Jenny	Lewis-Clark	27.18
36	Schreiber, Kristina	Washington S	25.82

37	Schweiger, Anna Belle	Whitworth	28.34
38	Sears, Hailey	Western Oreg	26.11
39	Smith, Alvanique	UNAT-Spokane	27.99
40	Stewart, Lutishe	Unattached	26.70
41	Stills, Megan	Puget Sound	29.09
42	Troescher, Rebecca	Seattle Paci	25.40
43	Volk, Alanna	Puget Sound	32.26
44	Vongsaveng, Mariyah	Central Wash	25.30
45	Ward, Mackenzie	Whitworth	29.55
46	Warwick, Parker	UNAT-Spokane	27.42
47	Wilson, Taryn	Western Oreg	27.45

Event 33 Men 3000 Meter Run (39)

Saturday 2/2/2019 - 2:55 PM			
Meet Record:		8:18.11	2012 Andrew Gonzales
	Name	School	Seed Time
1	Bennett, Casey	UNAT-Spokane	NT
2	Boutin, Colin	Seattle Paci	9:07.28
3	Bulger, Kellen	Willamette	NT
4	Carlson, Keith	Willamette	8:42.00
5	Carlton, Corbin	Central Wash	8:41.51
6	Celestino, Jerry	College of I	8:55.00
7	Cooper, Andrew	Washington S	8:53.44
8	Creagan, Matthew	Western Wash	9:02.00
9	Davidson-Turner, Cal	Seattle U.	8:43.96
10	Dean, Cameron	Washington S	8:42.66
11	Fournier, Eli	Unattached	9:20.00
12	Galloway, Shad	Seattle Paci	8:55.74
13	Garcia, Royce	Seattle Paci	8:59.97
14	Graff, Elius	Seattle Paci	8:46.00
15	Hansen, Ben	Seattle Paci	8:52.00
16	Hayes, Dylan	Western Wash	8:39.66
17	Heckard, Sawyer	Western Oreg	9:19.31
18	Hensley, Taylor	Providence (	10:14.85
19	Hoskins, Mason	Pacific (Ore	10:35.45
20	Jones, Peyton	Unattached	8:40.00
21	Kennedy, Kyle	Seattle U.	8:45.00
22	Kiolbasa, Edward	Western Wash	8:28.00
23	Leidig, Nick	Seattle Paci	9:08.00
24	Martin, Alex	College of I	8:30.00
25	McGee, Conor	Providence (	9:30.97
26	Monaghan, Colin	Puget Sound	8:57.30
27	Monaghan, Liam	Puget Sound	9:05.92
28	Monk, Ben	Seattle U.	8:43.33
29	Montague, Michael	Willamette	NT
30	Nicholson, Jacob	Washington S	8:47.87
31	Otero, Colby	Seattle Paci	8:42.00
32	Pendleton, Nate	Washington S	NT
33	Perkins, Joseph	Seattle Paci	9:17.66
34	Putney, Jared	Seattle Paci	8:53.00
35	Schultz, Brayden	Seattle Paci	8:54.00
36	Smith, Aidan	Whitworth	9:41.09
37	Smith, Colton	Lewis-Clark	9:40.00
38	Sobczak, Chris	Simon Fraser	8:54.00
39	Spencer, Peter	Lewis-Clark	9:25.00

Cougar Indoor Invitational - 2/1/2019 to 2/2/2019**Cougar Indoor
Pullman, Washington
Performance List****Event 34 Women 3000 Meter Run (47)****Saturday 2/2/2019 - 3:25 PM****Meet Record: 9:51.25 2009****Allix Lee-Painter**

	Name	School	Seed Time
1	Ambrose, Ashley	Linfield	11:42.46
2	Cantu, Kaylin	Western Oreg	10:20.00
3	Chapin, Maggie	Willamette	NT
4	Charlton, Calli	Simon Fraser	10:43.22
5	Child, Madison	Central Wash	11:15.59
6	Clem, Delaney	Central Wash	10:44.07
7	Diaz, McKenzie	Seattle Paci	10:55.00
8	Evans, Emily	Willamette	NT
9	Evans, Kate	Central Wash	11:21.77
10	Fahey, Ashley	Central Wash	12:24.02
11	Farley, Airl	Pacific (Ore	11:58.14
12	Foulk, Thea	Seattle U.	10:56.80
13	Hashimoto, Uhuru	Unattached	NT
14	Hettick, Erika	Central Wash	12:45.95
15	Kastama, Rachel	Seattle U.	10:20.00
16	Kimminau, Kiersten	Central Wash	11:05.54
17	King-Shaw, Samantha	Washington S	10:28.32
18	Lewis, Emily	Central Wash	11:48.28
19	Lilly, Kate	Seattle Paci	10:02.40
20	Long, Emily	Seattle Paci	11:09.00
21	Mattson, Molly	Central Wash	11:12.82
22	Mauer, Larissa	College of I	10:28.00
23	McGraw, Amber	Seattle Paci	10:35.00
24	McKinney, Cassie	Western Oreg	10:53.79
25	McNerney, Sedona	Seattle Paci	10:38.00
26	Michaels, Chloe	Unattached	11:50.00
27	Mitchell, Kaylee	Seattle Paci	10:07.45
28	Morris, Amy	Simon Fraser	10:45.87
29	Murphy-Brown, Molly	Willamette	NT
30	Redfield, Alexis	Washington S	10:42.25
31	Ribeiro, Chelsea	Simon Fraser	10:34.48
32	Rich, Whitney	Unattached	10:32.00
33	Richards, Pia	Washington S	10:36.93
34	Roberts, Kimberly	Linfield	11:35.55
35	Russell, Tamika	College of I	10:33.00
36	Shade, Kyla	Willamette	NT
37	Shutz, Risa	Willamette	NT
38	Spencer, Stephenie	Pacific (Ore	10:45.00
39	Stein, Elle	Seattle U.	10:49.76
40	Stinger, Desi	Washington S	10:19.57
41	Thomas, Maisie	Unattached	12:00.00
42	Tyrrell, Lily	Central Wash	10:55.00
43	Vitale-Sullivan, Molly	College of I	9:55.00
44	Walter, Katherine	Seattle Paci	10:27.26
45	Wanke, Kristen	Unattached	11:45.00
46	Washenberger, Kelsey	Seattle Paci	10:28.00
47	Willett, Olivia	Simon Fraser	9:58.18

Event 35 Women 4x400 Meter Relay (6)**Saturday 2/2/2019 - 4:00 PM****Meet Record: 3:46.07 2013****WSU****Watley, Winfrey, Keel, Fermin**

	Team	Relay	Seed Time
1	Central Wash	A	3:45.52
	1) Juarez, Noelia	2) Vongsaveng, Mariyah	
	3) Neria, Jasmyne	4) Trinidad, Sidney	
2	Pacific (Ore	A	3:59.12
	1) Eberhardt, Megan	2) Smith, Marissa	
	3) Lincoln, Audrey	4) Putman, Kara	
3	Puget Sound	A	4:15.53
	1) Bradlina, Emery	2) Klein, Tatiana	
	3) Stills, Megan	4) Metzler, Rachael	
4	Seattle U.	A	3:58.98
	1) Deleissegues, Chloe	2) Lunning, Caylah	
	3) Rubio, Siobhan	4) Van Liew, Rachel	
5	Spokane CC	A	4:22.95
	1) Mael, Jillian	2) Warwick, Parker	
	3) Sawyer, Carlie	4) Smith, Alvanique	
6	Whitworth	A	3:51.90
	1) Medallada, Kameha	2) Shoop, Ellie	
	3) Neder, Mary	4) Blyckert, Amy	

Event 36 Men 4x400 Meter Relay (6)**Saturday 2/2/2019 - 3:55 PM**

	Team	Relay	Seed Time
1	Central Wash	A	3:15.03
	1) Calderon, Daniel	2) Porter, Doc	
	3) Gunther, Ryan	4) Scott, Trevaughn	
2	Puget Sound	A	3:34.17
	1) Sutherland, Ryan	2) Wells, Matt	
	3) Monaghan, Jack	4) Fournier, Isaac	
3	Seattle Paci	A	3:23.12
	1) Newby, Silas	2) Phan, Jesse	
	3) Llamas, Alec	4) Hansen, Ben	
4	Seattle U.	A	3:24.51
	1) Brown, Steve	2) Carrasco, Alexandro	
	3) Keene, Stewart	4) Payne, Isaiah	
5	Spokane CC	A	3:34.09
		2) Jordon, Jake	
	3) Mason, Matt	4) Albertin, Austin	
6	Whitworth	A	3:17.36
	1) Glick, William	2) Herrera, Travis	
	3) Betancourt, Xavier	4) Robinson-McClure, Jalen	