

# Cougar Indoor Track & Field Meet

## February 1-2, 2019 - WSU Indoor Track Facility

### Final Schedule of Events

#### **FRIDAY, FEB 1**

**12:30 p.m.** 60m H (Pent - W)

**1:05 p.m.** High Jump (Pent - W)

**2:00 p.m.** 60m (Hept - M)

**2:35 p.m.** Long Jump (Hept - M)

**2:55 p.m.** Shot Put (Pent - W)

**3:45 p.m.** Shot Put (Hept - M)

**3:45 p.m.** Long Jump (Pent - W)

**4:35 p.m.** High Jump (Hept - M)

**4:50 p.m.** 800m (Pent - W)

**5:00p.m.** Triple Jump (M)  
Pole Vault (M)  
20# Weight (W)

***Immediately following W***  
54# Weight (M)

**5:00 p.m.** 5k (M)

**5:30 p.m.** 5K (W)

**6:00 p.m.** 3200m Relay (M)

**6:15 p.m.** 3200m Relay (W)

**6:30 p.m.** Triple Jump (W)

#### **SATURDAY, FEB 2**

**10:00 a.m.** 60m Hurdles (Hept - M)

**10:00 a.m.** Long Jump (M)

**10:10 a.m.** 60m (M) Qualifying

**10:25 a.m.** 60m (W) Qualifying

**10:35 a.m.** Pole Vault (Hept - M)

**10:45 p.m.** Mile (M)

**11:00 a.m.** High Jump (M)  
Shot Put (M)

**11:10 a.m.** Mile (W)

**11:35 a.m.** 60m Hurdles (M) Prelim

**11:45 a.m.** 60m Hurdles (W) Prelim

**12:00 p.m.** 60m (M) Prelim

**12:10 p.m.** 60m (W) Prelim

**12:20 p.m.** 400m (M)

**12:40 p.m.** 400m (W)

**1:00 p.m.** Long Jump (W)

**1:05 p.m.** 1000m (Hept - M)

**1:15 p.m.** Pole Vault (W)

**1:15 p.m.** 60m Hurdles (M) Final

**1:20 p.m.** 60m Hurdles (W) Final

**1:30 p.m.** High Jump (W)  
Shot Put (W)

**1:30 p.m.** 60m (M) Final

**1:35 p.m.** 60m (W) Final

**1:40 p.m.** 800m (M)

**2:00 p.m.** 800m (W)

**2:15 p.m.** 200m (M)

**2:35 p.m.** 200m (W)

**2:55 p.m.** 3000m (M)

**3:25 p.m.** 3000m (W)

**3:55 p.m.** 1600m Relay (M)

**4:00 p.m.** 1600m Relay (W)