



# WASHINGTON STATE

2014 - 15 ROWING



## INFORMATION GUIDE



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# Quick Facts

## UNIVERSITY

Location: Pullman, Wash.  
 Enrollment: 19,446  
 Founded: 1890  
 Conference: Pac-12  
 Colors: Crimson and Gray  
 Nickname: Cougars  
 President: Dr. Elson S. Floyd  
 Athletics Director: Bill Moos  
 Sr. Associate Director/SWA: Anne McCoy  
 Faculty Athletics Representative: Ken Casavant  
 Athletic Dept. Phone: 509.335.0311  
 Home Course: Wawawai Landing/Snake River

## COACHING INFORMATION

Head Coach: Jane LaRiviere, 13th season  
 LaRiviere’s E-mail: janela@wsu.edu  
 office phone: 509-335-0309  
 Associate Head Coach: Josh Adam, Fifth season  
 Adam’s E-mail: joshua.adam@wsu.edu  
 office phone: 509-335-0340  
 Assistant Coach: Corrie McGrath, Seventh season  
 McGrath’s E-mail: cmcgrath@wsu.edu  
 office phone: 509-335-5146  
 Novice Coach: Devon Carroll, Third season  
 Carroll’s E-mail: devon\_carroll@wsu.edu  
 office phone: 509-335-0340  
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 Pullman, WA 99164-1602  
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 Cell Phone: 509.781.0550  
 E-mail: Jessica\_schmick@wsu.edu  
 Director: Bill Stevens  
 Assistant Directors: Linda Chalich and Bobby Alworth  
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 Pullman, WA 99164-1602

## CREDITS

The 2015 Washington State women’s rowing information guide was written, edited, and designed by Jessica Holmes and Trevor Williams.

# 2015 SCHEDULE

## FALL SEASON

Date	Day	Opponent	Site
Sept. 27	Saturday	Head of the Pend Oreille	Priest River, Idaho (Lake Pend Oreille)
<b>Oct. 18</b>	<b>Saturday</b>	<b>Head of the Snake</b>	<b>Pullman, Wash. (Wawawai Landing)</b>
Oct. 25	Saturday	Head of the Spokane	Spokane, Wash. (Spokane River)
Nov. 2	Sunday	Head of the Lake	Seattle, Wash. (Lake Union)

## SPRING SEASON

Date	Day	Opponent	Site
March 28-29	Sat.-Sun.	Pac-12 Challenge	Redwood Shores, Calif.
<b>April 4</b>	<b>Saturday</b>	<b>GONZAGA</b>	<b>Pullman, Wash. (Wawawai Landing)</b>
<b>April 11</b>	<b>Saturday</b>	<b>WASHINGTON</b>	<b>Pullman, Wash. (Wawawai Landing)</b>
April 18-19	Sat.-Sun.	Clemson Invite	Clemson, S.C. (Lake Hartwell)
May 2	Saturday	at Oregon State	Lowell, Ore. (Dexter Reservoir)
May 17	Sunday	Pac-12 Championships	Gold River, Calif. (Lake Natoma)
May 29-31	Fri.-Sun.	NCAA Rowing Championships	Gold River, Calif. (Lake Natoma)

## WAWAWAI LANDING AT THE SNAKE RIVER

One of the most successful athletic programs at Washington State, the Cougar rowing team calls Wawawai Landing its home. The spectacular views provided by the Snake River Canyon make Wawawai Landing one of the most scenic rowing courses in the nation. Cougar rowers have called the calm stretch of water between the Little Goose and Lower Granite Dams home since 1970.

Wawawai is located upstream of the Lower Granite Dam about 20 miles southwest of Pullman. The towering cliffs offer a breathtaking backdrop for the annual regattas held on the Snake River. A large shellhouse stores shells and other equipment.

### DIRECTIONS TO WSU BOATHOUSE AT WAWAWAI LANDING

- From Highway 195 (north or south), turn west on Wawawai Road at the blinking yellow light.
- Travel on Wawawai Road for 10 miles, the road will end at a stop sign.
- Turn right and drive six miles down into the canyon.
- Go past the county park on the right and over the railroad tracks.
- The boathouse is a cinderblock building on the right.
- Park on the side of the road or in the parking lot south of the boathouse.

## TOM AND BARBARA WILSON ROWING CENTER

The Tom and Barbara Wilson Rowing Center was officially dedicated, Sept. 19, 2009. Construction on the project began in July of 2008 and the center was completed in the spring of 2009.

Up to 16 people can row in the tank, which has a unique feature that allows the coaching staff to control the speed of the water, as high as 10 knots an hour. The tank allows the coaching staff to instruct in close proximity to the rowers to help improve form and technique, especially when coaching the novice student-athletes who are new to the sport.

The facility was named in honor of Cougar supporters and donors Tom and Barbara Wilson.





## 2015 Washington State Rowing Varsity Roster

Name	Year	Height	Major	Hometown/Last School
Ieva Adomaviciute	Jr.	6-4	Business Management	Kaunas, Lithuania/Gediminas Sport and Health HS
Mickey Aylard	Sr.	5-9	Economics	Sidney, British Columbia/St. Michael's University School
JoAnne Bates	Jr.	6-2	Kinesiology	Bellingham, Wash./Bellingham HS
Mihaela-Teodora Berindei	So.	6-0	Undeclared	Cimpeni, Romania/Traian Lalescu Orsovo
Brittany Brooks	So.	5-6	Chemical Engineering	Edmonds, Wash./Meadowdale HS
Rebecca Burns	Jr.	5-4	Sport Science/Kinesiology	Arnold, Md./Broadneck HS
Morgan Cathrea	Jr.	6-0	Neuroscience	Victoria, British Columbia./Lambrick Park Secondary School
Noël Christiansen	Sr.	6-1	Kinesiology	Bellevue, Wash./Issaquah HS
Kim Coon	Jr.	5-8	Kinesiology	Auburn, Wash./Auburn Riverside HS
Savannah Davison	Sr.	5-10	Biology/Anthropology	Aberdeen, Wash./Aberdeen HS
Jayme Dailey	Jr.	5-8	Kinesiology	Kirkland, Wash./Lake Washington HS
Tori Gerken	Jr.	5-7	Human Development	Kingston, Wash./Cal State Monterey Bay
Nicole Hare	Jr.	5-10	Marketing	Calgary, Alberta/Bowness HS
Kacie Hillery	Jr.	5-9	Environmental Science	Granite Falls, Wash./Granite Falls HS
Jessi Howe	So.	5-11	Civil Engineering	Bothell, Wash./Bothell HS
Mahal Johnson	Fr.	5-9	Kinesiology	Seattle, Wash./Holy Names Academy
Hunter Jones	So.	5-7	Communication	Anchorage, Alaska/South Anchorage HS
Christina Larsen	So.	5-11	Business	Spokane Valley, Wash./Central Valley HS
Kotryna Lasaitė	Jr.	6-3	Kinesiology	Radviliskis, Lithuania/Lithuanian Sports University
Lauren Leahy	Jr.	5-1	Human Development	Bellevue, Wash./Issaquah HS
Krista Lizardi	Sr.	5-9	Fine Arts	Miliani, Hawaii/Maryknoll HS
Jenna Mangiagli	Fr.	5-3	Elementary Education	Hermosa Beach Calif./Mira Costa HS
Carter Marks	Sr.	5-7	Wine Business Mgmt	Warden, Wash./Warden HS
Megan McDonald	Sr.	5-11	Civil Engineering	Victoria, British Columbia./Claremont Secondary School
Julia Monroe	Sr.	5-4	Criminal Justice/Pre-Law	Mount Vernon, Wash./Mount Vernon HS
Emily Morrow	Fr.	5-10	General Studies	Regina, Saskatchewan/Campbell Collegiate
Jessica Newson	Fr.	5-6	Undeclared	St. Austell, England/Poltair School
Isabella Nicosia	Fr.	5-8	Communications	Folsom, Calif./Vista del Lago HS
Chloe Payne	Sr.	5-10	Hospitality/Business Mgmt	Redmond, Ore./Redmond HS
Bethany Pupava	Jr.	5-5	Kinesiology	Seattle, Wash./Aviation HS
Chloe Rogers	Jr.	6-0	Human Development	Spokane, Wash./Gonzaga Preparatory School
Megan Sanders	Fr.	5-0	Elementary Education	Mill Creek, Wash./Henry M. Jackson HS
Kellen Srb	Sr.	5-11	Psychology/Kinesiology	Bothell, Wash./Lynnwood HS
Sarah Steger	Jr.	5-9	Communications	Perth, Western Australia/Shenton College
Katrina Tarrant	Jr.	6-1	Psychology	Creston, British Columbia/Prince Charles Secondary School
Lori VerMurlen	So.	5-11	Business/Communication	Seattle, Wash./Inglemoore HS
Alex Waddell	Sr.	6-0	Kinesiology/Psychology	Ashburton, Australia/Methodist Ladies' College
Kayla Wakulich	RS Jr.	5-6	Environmental Science	Ridgeville, Ontario/E.L. Crossley Secondary School
Jordan Watson	Jr.	5-11	Kinesiology	Victoria, British Columbia/Esquimalt HS
Isabella Watt	So.	5-8	Kinesiology/Pre-Med	Victoria, British Columbia/Oak Bay HS
Lucie Weisssova	Fr.	5-8	Undeclared	Prague, Czech Republic/Hotelova skola Radlicka
Sarah Wu	Sr.	5-3	Kinesiology	Vancouver, Wash./Columbia River HS

**Head Coach:** Jane LaRiviere, 13th season

**Associate Head Coach:** Josh Adam, Fifth season

**Assistant Coach:** Corrie McGrath, Seventh season

**Novice Coach:** Devon Carroll, Third season

**Coordinator of Operations:** Karl Huhta, First Season



**Jane  
LaRIVIERE**  
Head Coach  
13th Season  
Calgary, 1986

Under the direction of 13th-year head coach Jane LaRiviere, Washington State University has established a heritage as one of the leading women's rowing programs in the nation. The second head coach since Washington State rowing became an NCAA varsity team in 1990, LaRiviere led the Cougars to their ninth NCAA Championship appearance in program history last season (2014) and fourth in five years.

Entering the spring portion of the 2014 season, WSU was ranked 14th. The Cougars swept Gonzaga in dual action on the road and also won the Winchell Cup at Pullman. The Cougars finished sixth at the Pac-12 Championships and 14th at the NCAA Rowing Championships. One of LaRiviere's rowers (sophomore Nicole Hare) was named CRCA Second Team All-America, while seven cougars (seniors Kerry Hassall, Elise Jones; sophomores Ieva Adomaviciute, Morgan Cathrea, Nicole Hare, Kayla Wakulich, and Jordan Watson) were named CRCA 2014 Scholar Athletes, alongside 27 Pac-12 Rowing All-Academic honors.

WSU won each race against Gonzaga to open the 2013 season. LaRiviere's varsity eight placed second at the San Diego Crew Classic, while the second varsity eight won its heat. The Cougars' varsity four defeated Washington on the Snake River, and the Cougars placed sixth at the Pac-12 Championships and the team placed 14th overall at the NCAA Championships.

Senior Katie Dick was named the Pac-12 Women's Rowing Scholar-Athlete of the Year, and was the first Cougar rower to earn the honor. Freshman Ieva Adomaviciute was named Pac-12 Newcomer of the Year, and senior Allie Reilly was named to the Pac-12 All-Conference Team. Four Cougars (Katie Dick, Elise Jones, Erin Schuster, and Sarah Wu) were each named 2013 CRCA Scholar-Athletes, while 21 earned Pac-12 Rowing All-Academic Honors.

The Cougars opened the 2012 season ranked 14th. The team had an impressive showing at the Gonzaga dual, sweeping the events. A week later at home against Oregon State, the Cougars won every race again with the exception of the novice eight. The women placed fifth in the Pac-12 Championships.

LaRiviere helped coach the women in the boat and in the classroom as well. Sixteen Cougars

earned Pac-12 Rowing All-Academic honors.

During the fall of the 2011 season, the Cougars drew national attention after the varsity eight took first place in the OGE NightSprint at the Head of the Oklahoma, beating out Stanford, Oklahoma, Iowa, and Tulsa. Entering the spring season, all eyes were on the Cougars as they traveled to the Ohio State Invite where they defeated then-No. 15 Michigan and then-No. 11 Ohio State. To finish out the regular season, the Cougars swept Oregon State.

The Cougars were ranked 11th in the nation entering the Pacific-10 Conference Championships, taking home a fifth-place finish and securing a second straight at-large bid to the NCAA Rowing Championships, their seventh trip to the NCAA Championships in LaRiviere's nine seasons.

At the NCAA Championships, the Cougars took home a 12th-place finish, as all three boats competed in the petite finals. The varsity eight finished fifth in the petite final (12th overall), while the second varsity eight and varsity four each placed fourth in their races (10th overall).

To add to the success of the 2011 season, two rowers (Corinna Sharick and Sarah Wolff) were named to the Collegiate Rowing Coaches Association (CRCA) All-America Teams, marking just the third time the Cougars have had multiple honorees in a season. Two Cougars (Liz England and Corinna Sharick) were invited to Women's National Team camps, Lisa Roman earned All-Pac-10 All-Conference honors, and 17 Cougar rowers earned Pacific-10 Rowing All-Academic Honors. Additionally, Liz Beck, Ann Hoag, and Kasia Rademacher were named CRCA National Scholar-Athletes.

In 2010, and with a national ranking of 11th going into the Pac-10 Championships, the Cougars sixth place finish solidified its spot in the NCAA Championships for the fifth time. WSU finished 13th overall at the championships at Lake Natoma, Calif., hosted by Washington State. The varsity eight took second in the third final (14th overall), the second varsity eight finished second in the petite final (eighth overall), and the varsity four took third in the third final (15th overall).

In addition to the team's success, sophomore Katie Dick was named to the Pacific-10 Conference All-Conference team, Collegiate Rowing Coaches Association First Team, CRCA Division I West Region First Team and to the CRCA All-America Sec-

ond Team.

In the 2009 season the WSU varsity eight raced tough against UW and Michigan, while the solid second varsity eight defeated Michigan State, Michigan, Ohio State and Oregon State. In addition, 2009 marked the inauguration of the Tom and Barbara Wilson Rowing Center, a venture brought to fruition through the efforts of LaRiviere and former WSU rowing coach Tammy Crawford. The facility features a state-of-the-art moving water indoor rowing tank, and will serve as part of LaRiviere's legacy at WSU.

With an eighth-place overall team finish, the 2008 NCAA appearance marked the Cougars' fourth such outing under LaRiviere's direction. Leading out was the varsity eight's ninth place finish, with the second varsity eight and varsity four coming in eighth in their respective races.

Leading up to their reemergence to the NCAA Championships in 2008, LaRiviere led the Cougars to match their second best Pacific-10 Championship finish all-time, placing third overall. Several key races built the Cougars' success in the 2008 campaign, including varsity eight and second varsity eight finishing second and third, respectively, at the Head of the Oklahoma, wins at the Head of the Lake and against Oregon State, varsity eight placing third at the San Diego Crew Classic, and the fourth-consecutive victory over cross-state rival Washington.

The Cougar varsity and second varsity eight recorded victories over UW in 2007, highlighting a season that ended with a seventh-place finish at the Pac-10 Championships.

In 2006, LaRiviere's rowing team made history by achieving the highest NCAA finish for any women's athletic program in WSU history. At the 2006 NCAA Division I Rowing Championship Regatta in West Windsor, N.J., all three WSU varsity boats posted top five finishes, earning the Cougars a fourth-place team standing.

At the 2006 Pac-10 Championships the WSU varsity eight and varsity four finished second in their respective grand finals, placing the team second overall, and marking the best Pac-10 finish in school history. Other top finishes included the varsity eights 10th-place overall standing at the prestigious Head of the Charles Regatta in Boston and a victory at the Head of the Lake Regatta in Seattle. The Cougars also recorded wins against Stanford, Tennessee, and Clemson along with two spectacular wins against Washington, only the second and third in program history.

LaRiviere received professional recognition from her coaching peers for her outstanding coaching success in 2006. The Collegiate Rowing Coaches Association named her the West Region Coach of the Year and the Pacific-10 Conference voted her the Women's Rowing Coach of the Year.

In the 2004 season (her second at WSU), LaRiviere guided the Cougars to a ninth overall finish at the NCAA Championships. The Cougars' NCAA appearance was highlighted by the second varsity eight's third-place finish. At the Pac-10 Conference Championships, WSU placed third overall under-scored by a runner-up effort from the second varsity eight squad.





During LaRiviere's first year with the Cougars (2003), third-place finishes by the varsity eight and varsity four crews led WSU to a tie for third at the Pac-10 Championships. Those results helped secure the program's first team bid to the NCAA Championships in school history. The Cougars' inaugural trip to the national championships resulted in a 12th-place team finish, which featured a top 10 performance by the varsity four crew.

LaRiviere came to the Palouse after spending eight years at Oregon State University where she served as the recruiting coordinator as well as the women's freshman and novice coach. While at OSU, LaRiviere guided the Beavers' novice eight to a 2002 Pac-10 Conference Championship and the varsity four to a second-place finish. In addition, LaRiviere directed the Beavers' novice eight to

respective second and third-place finishes at the Pac-10 Championships in 2000 and 2001 and the varsity four to a second-place effort at the 2001 conference championships.

During LaRiviere's tenure at Oregon State, the women's rowing program posted third-place overall finishes at the Pac-10 Championships in 1998, 2001 and 2002. In addition, the Beavers' varsity eight placed 13th and 15th at the NCAA Championships in 1999 and 2000, respectively.

LaRiviere began her coaching career in 1989 while attending graduate school at the University of Oregon. A native of Alberta, Canada, she went on to coach at the University of Western Ontario and for the London (Ontario) Rowing Club. While in Ontario, she assisted with the Canadian Women's National Team development camps. During the

summer of 2001, LaRiviere was an apprentice national rowing team coach in Canada.

A U.S. Rowing Level III certified coach, LaRiviere earned a bachelor's degree in physical education from the University of Calgary (1986), a master's degree in athletic therapy from Oregon (1990), and her Ph.D. in biomechanics from Oregon State (2002).

Her daughter, Alice Jean LaRiviere, was born in August, 2003.



**Josh  
ADAM**  
Associate Head Coach  
Fifth Season  
Seattle Pacific, 2000

Josh Adam enters his first season as an associate head women's rowing coach at Washington State, and fifth year overall, after a two-year stint at Indiana University. Prior to coming to the Palouse, Adam coached the U.S. Women's National Team Under-23 Scullers.

Last season, Adam led the varsity four to victories over Gonzaga and Oregon State in dual competition. His varsity four notched a win in the second session of the Clemson Invite, after finishing second in the first session. The varsity four finished fourth at the Pac-12 Championships and 13th at the NCAA Rowing Championships.

In 2013, Adam's varsity four boat finished fourth at the Pac-12 Championships and sixth at the NCAA Rowing Championships, marking the second-highest finish by a WSU varsity four boat.

During his second season, Adam led the varsity four to victories against Gonzaga and Oregon State in their respective duals. The Cougars out-stroked UCLA, Tennessee, USC, and Washington on their way to a second-place finish in the Karen Plumleigh Cortney Cup Grand Final at the San Diego Crew Classic. Adam coached the varsity four to a first place finish in their group final at the Lake

Natoma Invite. His varsity four took fourth in the Pac-12 Championships, beating out Stanford, Oregon State and USC.

In his first season at Washington State, Adam helped coach the Cougars varsity four to a second-place finish in the OGE NightSprint at the Head of the Oklahoma in the fall season, beating out Stanford and Oklahoma. Later in the fall, Adam led the four to a defeat over Gonzaga. During the spring season, the varsity four defeated then-No. 15 Michigan and then-No. 7 Michigan State at the Ohio State Invite and capped off the regular season with a sweep of Oregon State.

At the Pacific-10 Conference Championships, the varsity four took home a fourth-place finish after out-stroking UCLA, Oregon State, and Stanford. At the NCAA Rowing Championships, Adam helped the Cougars take home a 12th-place finish after all three varsity boats advanced to the Petite Final.

At Indiana, Adam worked to develop novice rowers for the varsity squad, collaborated with team training, and served as the domestic recruiting coordinator.

Adam began coaching at his alma mater, Se-

attle Pacific University, in 2000 where he acted as an assistant varsity and head novice coach for the men's and women's teams through 2002. Following his time at SPU, Adam was the head men's novice coach at Lewis and Clark College in Portland, Ore., from 2003-05. While living in Portland, he was also the head master's women's coach at Station L Rowing Club from 2004-05.

From 2005-08 Adam was the volunteer assistant and graduate assistant coach for the University of Minnesota women's rowing team. He volunteered to aid in the development of the novice women's squad for the fall 2005 season. Adam was reassigned in the spring of 2005 season to the varsity squad, where he remained as a graduate assistant through 2008.

Outside of collegiate and master's rowing, Adam has performed U.S. National team development work as a coach for both lightweight and open weight women. In 2006 he volunteered at the Pocock Rowing Center in Seattle, Wash. He coached the U23 LW2x at the U23 World Championship in Strathclyde, Scotland in 2007. During the summer of 2011, Adam coached the US Women's National Team Under-23 Scullers.

During the summer of 2008, Adam served as the head coach for the development camp and coached the U23 LW2x at the U23 World Championships in Brandenburg, Germany. In 2009, he led an U.S. National Pre-Elite group out of Indiana University. Adam is spending this summer as the head coach for the U.S. National Pre-Elite based out of the Vesper Boat Club in Philadelphia, Pa.

An athlete himself, Adam rowed for four years at Seattle Pacific University, culminating in receipt of the university's highest award for student-athletes, the Falcon Award for Excellence. He also participated in pre-elite rowing camps at Lake Washington Rowing Club in 1998 and Nereid Rowing Club in 2000.

Adam earned a B.A. in both history and Christian education with a minor in European studies from Seattle Pacific University in 2000 before going on to earn his master's degree in sports and exercise science at the University of Minnesota in 2008.



**Corrie  
McGRATH**  
Assistant Coach  
Seventh Season  
Washington State, 2003

A former standout rower for Washington State University, Corrie McGrath begins her seventh season on the Cougar coaching staff and first as assistant coach, after spending six seasons as the head novice coach. McGrath returned to the Palouse in 2008 after a year as the head novice coach and assistant varsity coach at Clemson University in Clemson, S.C.

Last season, McGrath's novice eight boat finished fifth at the Pac-12 Championships. McGrath's novices collected wins against Gonzaga and Oregon State in 2013 and the novice eight went on to place third at the Pac-12 Championships for the second-straight year.

In 2012, McGrath led the WSU novice boat to victories in duals against Washington, Gonzaga and Oregon State. The novice eight captured a third place

finish in the Lake Natoma Invite. To conclude the season, McGrath and the novice eight improved from 2011 and placed third at the Pac-12 Championships.

In the 2011 season, McGrath led the Cougar novice eight to a fourth-place finish at the San Diego Crew Classic, defeating Oklahoma and Tulsa in the Grand Final. The crew also out-stroked then No. 7 Michigan State and Oregon State during the spring season on its way to a fourth-place finish at the Pacific-10 Conference Championships.

During the 2010 season, McGrath led the WSU novice boat to win the Laurel V. Korholz Perpetual Trophy at the San Diego Crew Classic, as well as a second-place finish at the Lake Natoma Invite. Later in the season, the novice eight placed fifth at the Pac-

10 Championships.

In 2009, under McGrath's guidance, the novice eight crew finished third at the San Diego Crew Classic. The novice eight also notched a second-place finish at the Lake Natoma Invitational, a win over Ohio State at Columbus, and a fourth-place showing at the 2009 Pacific-10 Conference Championships.

In 2008, the Tigers' novice eight crew finished first at the ACC Championships under McGrath's direction. On top of her duties as novice coach at Clemson, McGrath was the director of recruiting and oversaw the graduate assistant and volunteer staff.

Prior to her work with the Tigers, McGrath served as the varsity lightweight coach at the University of Central Florida in 2005-06 and as an assistant coach for UCF, which placed 16th at the NCAA Championships in 2007.

Returning to her former high school rowing club, McGrath started her coaching career with the Everett Rowing Association from 2003-05. She was the masters recruiting coordinator, and coached the lightweight varsity and novices.

McGrath rowed at Washington State from 1999-03 where she earned four letters and served as team captain. A two-time Collegiate Rowing Coaches Association (CRCA) second team All-American, four-time CRCA West Region First Team and two-time Pacific-10 All-Conference honoree, McGrath led the Cougars to NCAA Championship appearances in 2002 and 2003.

Academically, McGrath was twice named to the Pacific-10 Conference All-Academic Team. She earned a degree in psychology, with minors in sociology and sport management from Washington State in 2003.



**Devon  
CARROLL**  
Novice Coach  
Third Season  
Washington State, 2004

A former Cougar rower, Devon Carroll enters her first season as the novice rowing coach and third as a member of the Cougar coaching staff at Washington State University. Carroll spent her time away from rowing as a club rowing coach.

Carroll spent the last two seasons as a graduate assistant with the Washington State women's rowing program.

After graduating, Carroll coached for the Sammamish Rowing Association, a community rowing club in Seattle. In her seven years with SRA, she worked with male and female adults and high school students. She led the novice girls to over 30 regional championship wins in numerous events. In 2009, Car-

roll was named the Northwest Rowing Coach of the Year after SRA swept the Regional Championships in all novice events.

While a rower at WSU, Carroll was a member of the 2004 varsity eight crew that placed 14th at the NCAA Championships her senior year and a part of the novice squad that won the 2001 Pac-10 Championships as a freshman.

Carroll graduated from Washington State, receiving a bachelor's degree in communication in 2004 and a second in fine arts in 2006. She returned to her alma mater as the graduate assistant and is working toward a master's degree in sport management.



**Karl  
HUHTA**  
Coordinator of Operations  
First Season  
Washington State, 2009





Ieva

**ADOMAVICIUTE**

Junior | 6-4

Kaunas, Lithuania

Gediminas Sport and Health HS



Mickey

**AYLARD**

Senior | 5-9

Sidney, British Columbia

St. Michael's University School

**WSU CAREER:** As a SOPHOMORE (2013-14), rowed with the second varsity four boat and the varsity eight crew in the fall...in the spring, participated with the second varsity eight in the Gonzaga dual, helping team win Fawley Cup...competed with the second varsity eight, which placed fourth in Grand Final at the San Diego Crew Classic... represented the second varsity eight which finished third in the Clemson Invite...competed with the second varsity four crew that defeated Oregon State as team claimed Winchell Cup...attained a fourth-place finish at the Pac-12 Championship with the varsity four boat...finished seventh in the women's single sculls at the 2013 World University Games while representing Lithuania...represented Lithuania at World Rowing U23 Championships...named a 2014 National Scholar-Athlete by the College Rowing Coaches Association (CRCA)...named to Pac-12 All-Academic Second Team with a 3.54 GPA...as a FRESHMAN (2012-13) competed with the varsity eight during the spring...helped row the Cougars to victory at Gonzaga dual and Oregon State Classic morning session...runner-up at Lake Natoma Invitational...wrapped up season with a 14th-place finish at NCAA Championships...named Pac-12 Newcomer of the Year and named to the 2013 Pocock All-American First Team...represented Lithuania at the World University Games and finished seventh in the women's single scull...placed 13th overall in single scull at World Rowing U23 Championships.

**HIGH SCHOOL:** Competed for Kaunas Rowing School...two-time European and world junior champion in the double class...placed fourth in the rowing U23 championships.

**PERSONAL:** Born Ieva Adomaviciute...March of 1994...father Algirdas and mother Grazina are entrepreneurs...older brothers Ernestas and Aurimas...enjoys rowing, swimming and cross-country skiing ...interested in pursuing a degree in business management at Washington State.

**WSU CAREER:** JUNIOR year (2013-14), competed with varsity eight and varsity four during the fall...competed with varsity eight during the spring...helped the crew win the Gonzaga Dual, capturing the Fawley Cup...was a part of the dead heat in against Oregon State as team won Winchell Cup...helped earn third-place finishes at the San Diego Crew Classic and at the Clemson Invite...varsity eight placed sixth at the Pac-12 Championships and 14th at the NCAA Championships, as the Cougars finished 14th as a team...named Pac-12 All-Academic Honorable Mention...during the fall of her SOPHOMORE year (2012-13), competed in varsity eight, second varsity eight and varsity four...competed in varsity eight and second varsity eight during the spring...helped the varsity eight boat win Portland Fall Classic and Oregon State Classic...varsity eight collected a sixth place finish at the Pac-12 Championships and a 14th place finish at the NCAA Championships...with the second varsity eight, helped the team win the Gonzaga dual...teamed up with fellow WSU rower Jordan Watson at the 2013 Canada Games in the women's four and helped British Columbia beat out Saskatchewan for the gold ... during the fall of her FRESHMAN (2011-12) year, competed with the varsity eight and junior varsity eight...in the spring, competed for both the second varsity eight and the varsity four...while competing with the varsity four, she helped the team place first in group B at the Lake Natoma Invite ... varsity four boat defeated Oregon State as the team captured the Winchell Cup for the third-straight year...varsity four finished fourth in the Pac-12 Championships

**HIGH SCHOOL:** Rowed for four years under head coach Susanne Walker Curry at St. Michael's University School... during sophomore year of high school, earned a gold medal at the Canadian High School Championships in the senior women's quad and earned a bronze medal in the junior women's single...as a junior, placed first at the Windermere Opening Day Regatta in junior 'A' quad and fourth at the Canadian Nationals in the senior women's quad and double...as a senior, finished fifth at the National Rowing Championships in the junior women's single and was one of eight women invited to BC camp...also rowed on the Junior National Development Team under coach Alan Oldham.

**PERSONAL:** Born Michelle Aylard...January of 1993...parents Dave and Lisa are farmers...sisters Sarah and Rachel...brother Chris...enjoys long boarding and surfing...interested in pursuing a degree in economics at Washington State.



**JoAnne  
BATES**  
Junior | 6-2  
Bellingham, Wash.  
Bellingham HS

**WSU CAREER:** **SOPHOMORE** year (2013-14), competed with the third varsity eight boat in the fall, winning its respective heat at the Head of the Lake...competed with the open eight boat and third varsity eight boat in the spring...helped third varsity eight crew defeat Oregon State as team captured Winchell Cup...member of novice team **FRESHMAN** (2011-12) year.

**HIGH SCHOOL:** Lettered three times in basketball...also played volleyball.

**PERSONAL:** Born JoAnne Bates...January of 1994...parents Dean and Jeri Bates are business owners...older brother Loren and younger brother Garth.



**Mihaela-Teodora  
BERINDEI**  
Sophomore | 6-0  
Cimpeni, Romania  
Traian Lalescu Orsovo

**WSU CAREER:** As a **FRESHMAN** (2013-14), competed with the second varsity four and varsity eight during the fall...competed with the varsity eight and second varsity eight during the spring...was a part of the dead heat against Oregon State in the race for the Crawford Perpetual Plate...helped the second varsity eight boat take first at the Gonzaga dual...helped the second varsity eight boat place fourth in the Grand Final at San Diego Crew Classic...in three races over three sessions at the Clemson invite, helped the second varsity eight boat place third, first, and third...helped the varsity eight boat with a sixth-place finish at the Pac-12 Championships, along with a sixth-place team finish...at NCAA championships, helped the varsity eight boat finish 15th overall as team placed 14th...represented Romania at World Rowing U23 Championships.

**HIGH SCHOOL:** Rowed in high school for head coach Christian Malis...competed in 2013 World Rowing U23 Championships in Linz-Ottensheim, Austria...helped Romania capture gold medal in women's quadruple sculls, one of four gold medals for Romania.

**PERSONAL:** Born Mihaela-Teodora Berindei...October of 1994...father Mihai Berindei is a mediator and mother Corina Berindei is an economist...older sister Diana-Marie Berindei...began rowing at age 14...enjoys skiing, reading, acting, climbing, and art.





Brittany  
**BROOKS**  
Sophomore | 5-6  
Edmonds, Wash.  
Meadowdale HS

**WSU CAREER:** As a FRESHMAN (2013-14), competed with the novice team that finished fifth at the Pac-12 Championships.

**HIGH SCHOOL:** Competed in volleyball, lacrosse, wrestling, and track at Spanaway Lake High School at Spanaway, Wash...was a three-year letterwinner as an outside hitter in volleyball...team captain 2011-13...played as a mid in lacrosse and won two varsity letters...team captain 2011-12...senior year, wrestled and placed second at the district tournament and third at the regional tournament...competed at state tournament...qualified for the district tournament in pole vault as a senior.

**PERSONAL:** Born Brittany Joy Brooks...November of 1994 at Laplata, Md...father Azrael is a truck driver...mother Dorinda is a FedEx driver...sister Ashley...enjoys Olympic-style weight lifting and being outdoors...GPA ranked in top 5 percent of high school class...interested in majoring in chemical engineering at Washington State.



Rebecca  
**BURNS**  
Junior | 5-4  
Arnold, Md.  
Broadneck HS

**WSU CAREER:** As a SOPHOMORE (2013-14), coxed varsity four and second varsity four boats...opened spring season by leading second varsity four to a win over Gonzaga as team won the Fawley Cup...led varsity four to a fourth-place finish in Grand Final at San Diego Crew Classic...coxed with the varsity four in all three sessions at the Clemson Invite...led boat to a fourth-place finish in the first session, a second-place finish in the second session and a victory in the third session...coxed varsity four to a win over Oregon State, while Cougars claimed Winchell Cup...coxswain of varsity four boat that took fourth at Pac-12 Championships...at NCAA Championships, coxed varsity four to a 13th-place overall finish, as team placed 14th...named Pac-12 All-Academic Honorable Mention...during the fall of FRESHMAN (2012-13) year, coxed varsity eight, second varsity four, and junior varsity four...in the spring, coxed varsity eight and second varsity eight...led junior varsity four to victory at the Portland Fall Classic...coxed varsity four to win at Head of the Lake...second varsity eight defeated Gonzaga in dual action and finish third behind California and Wisconsin at San Diego Crew Classic...helped varsity eight record win at Oregon State Classic morning session...crew also finished sixth at Pac-12 Championships and 14th at NCAA Championships.

**HIGH SCHOOL:** Served as coxswain for the Annapolis Junior Rowing Association for four years under head coach Todd Nix...reigning US Rowing Junior Rower of the Year...as a freshmen, coxed the men's novice eight to a second-place finish at the Baltimore Championships...earned team's Most Improved Award sophomore year...helped the women's lightweight four to a first-place finish at the Baltimore Championships...during junior year, coxed the women's varsity four to victory in a field of 20 teams at the Head of the Occoquan...as a senior in high school, coxed the men's varsity eight, men's varsity four, and women's varsity four...coxed the Southeast men's junior four and eight at the US Rowing Club National Championships...won three gold medals at the US Rowing Masters Championships summer 2012...member of the National Honor Society

**PERSONAL:** Born Rebecca Hayley Burns...July of 1994...father Jim is a teacher...older sisters Emily and Jenna...sister Emily rowed for Rochester Institute of Technology...sister Jenna rowed at the University of New Hampshire...member of the National Honor Society...interested in pursuing a degree in sports science at Washington State.



**Morgan**  
**CATHREA**  
 Junior | 6-0  
 Victoria, British Columbia  
 Michigan State University  
 Lambrick Park Secondary School



**Noël**  
**CHRISTIENSEN**  
 Senior | 6-1  
 Bellevue, Wash.  
 Issaquah HS

**WSU CAREER:** As a SOPHOMORE (2013-14), competed with the varsity eight boat in the spring and contributed to the crew's first-place finish at the Gonzaga dual... helped team to third-place finish at the San Diego Crew Classic...rowed with first-place varsity eight crew in the second session of the Clemson Invite and against Oregon State...helped the varsity eight boat to a sixth-place finish at the Pac-12 Championships, along with a sixth-place team finish...at NCAA Championships, rowed the varsity eight boat to a 15th overall finish as team placed 14th...named a 2014 National Scholar-Athlete by the College Rowing Coaches Association (CRCA)...named Pac-12 All-Academic First Team with a 3.80 GPA.

**MICHIGAN STATE CAREER:** FRESHMAN (2012-13) season rowed with varsity eight and varsity four...helped varsity eight collect win at Head of the Schuylkill...wrapped season with fourth place finish at Big Ten Championships...at 2013 Canada Summer Games, helped women's eight win gold.

**HIGH SCHOOL:** Captain of rowing team during 2010-11 and 2011-12 seasons...two-time British Columbia Championships competitor...junior year, pair took first at B.C. Championships...senior year took fourth in single scull at B.C. Championships...also competed at Western Canada Summer Games, CanAmMex and Canadian National Rowing Championships...honor roll member throughout high school.

**PERSONAL:** Born Morgan Pamela Cathrea...June of 1994...father Michael Cathrea is a transit operator and mother Katherine Cathrea is an administrator at St. Michael's University School...younger sisters Leigh and Brynn...enjoys reading and yoga...plans to major in neuroscience.

**WSU CAREER:** JUNIOR (2013-14) year, competed with the second varsity eight in spring...crew defeated Gonzaga as team won Fawley Cup...placed fourth in San Diego Crew Classic Grand Final...in three races over three sessions at the Clemson invite, helped the second varsity eight boat place third, first and third...helped the second varsity eight defeat Oregon State in dual action as team took the Winchell Cup...earned fifth-place finish with second varsity eight at Pac-12 Championships...helped the second varsity eight boat finish fifth in the Petite Final at the NCAA Championships, helping the crew finish 11th and the team 14th...Pac-12 All-Academic Honorable Mention...as a SOPHOMORE (2012-13), competed in varsity eight, second varsity eight, and varsity four during the fall...in the spring, competed in the varsity four, second varsity four and third varsity four...helped varsity eight finish second at Head of the Lake...rowed third varsity four to victory at Washington dual...concluded season with the varsity four and placed sixth at NCAA Championships...competed for the third varsity eight boat in the fall as a FRESHMAN (2011-12)...competed in novice boat that placed third at Pac-12 Championships.

**HIGH SCHOOL:** Competed in track and field, crew, and basketball at Issaquah High School.

**PERSONAL:** Born Noël Christiansen...December of 1992...father John is an architect and mother Shannon is an accountant...brother Aaron and sister Lauren...enjoys hiking, skiing, and backpacking...plans to pursue a degree in kinesiology at Washington State...plans to study physical therapy in graduate school.





Kim  
**COON**  
Junior | 5-8  
Auburn, Wash.  
Auburn Riverside HS



Jayme  
**DAILEY**  
Junior | 5-8  
Kirkland, Wash.  
Lake Washington HS

**WSU CAREER:** SOPHOMORE (2013-14) year, rowed with varsity four boat...helped the crew defeat Gonzaga, capturing the Fawley Cup...finished fourth with varsity four in Grand Final at San Diego Crew Classic...finished third with varsity four against Washington...rowed with the varsity four in all three sessions at the Clemson Invite...helped boat to a fourth-place finish in the first session, a second-place finish in the second session and a victory in the third session...helped varsity four to a win over Oregon State as team claimed Winchell Cup...part of varsity four boat that took fourth at Pac-12 Championships...at NCAA Championships, rowed with varsity four on its way to a 13th-place overall finish, as team placed 14th...named Pac-12 All-Academic Honorable Mention...competed with the novice team as a FRESHMAN (2012-13).

**HIGH SCHOOL:** Lettered nine times at Auburn Riverside HS...four letters for track coach Christie Rogers...four letters for swimming coach Patrick McKeehan...one letter for basketball coach Laine Lenihan...captain of both the track and swim teams in 2012.

**PERSONAL:** Born Kimberly Elaine Coon...October of 1993...father Raymond works for Boeing and mother Karen is a para-educator at Auburn HS...younger brother John...enjoys music, collecting and running...interested in pursuing a degree in kinesiology.

**WSU CAREER:** SOPHOMORE (2013-14) year, competed with the third varsity boat in fall...did not compete in spring...member of the novice team FRESHMAN (2012-13) year.

**HIGH SCHOOL:** Lettered four times in softball at Lake Washington HS...sophomore and senior year, team made it to state tournament...also played soccer...named team captain sophomore year...led team to undefeated season...senior year, team won KingCo Championships...accomplished musician in high school...competed with ensemble in both Vancouver, B.C. and San Francisco, Calif.

**PERSONAL:** Born Jayme Lynn Dailey...May 1994...mother Tara Dailey...brothers Joshua and Justin...sister Luci...enjoys snow and water sports, camping, and music...pursuing a degree in kinesiology.





Savannah  
**DAVISON**  
Senior | 5-10  
Aberdeen, Wash.  
Aberdeen HS

**WSU CAREER:** As a JUNIOR (2013-14), rowed with the varsity four crew in the first session of the Clemson Invite and helped crew to a fourth-place finish...rowed with second varsity four against Oregon State, helping crew defeat the Beavers and team to capture Winchell Cup...member of the novice team SOPHOMORE (2012-13) year.

**HIGH SCHOOL:** Earned four varsity letters for swim coach Jan Simmons...freshman year qualified for state championships...sophomore year team won state championships...junior year voted most inspirational...named team captain senior year...won Bus Fairbairne Award for work ethic.

**PERSONAL:** Born Savannah Rose Davison...December of 1992...father Michael is a software engineer and mother Michelle is an accountant...brother Keegan and sisters Linnea and Amelia...enjoys reading and hiking...prior to Washington State, attended Grays Harbor College...pursuing a degree in biology at WSU.



Tori  
**GERKEN**  
Junior | 5-7  
Kingston, Wash.  
Cal State Monterey Bay

**WSU CAREER:** As a FRESHMAN (2013-14), was a member of the novice team.

**PRIOR TO WSU:** Transferred from Cal State Monterey Bay at Seaside, Calif...competed in soccer as a forward at Cal State Monterey Bay in 2012.

**HIGH SCHOOL:** Competed in soccer, gymnastics, track and golf at Kingston High School at Kingston, Wash... won four varsity letters in gymnastics and was named captain as a senior...was named all-league in soccer three times...helped team to district tournament in freshman-junior years...was a member of the golf team and made it to districts as a junior...was named all-league in gymnastics three times...advanced to districts as a freshman, sophomore, and senior...advanced to districts in track as a freshman and sophomore as a pole vaulter...played club soccer for Washington Premier.

**PERSONAL:** Born Victoria Gerken...January of 1994 at Elgin, Ill...father Ken...mother Debra...sisters Jessica and Kimie...was a member of high school ASB for four years, and was ASB President as a senior...plans to study human development at Washington State.





**Nicole  
HARE**

Junior | 5-10  
Calgary, Alberta  
Bowness HS



**Kacie  
HILLERY**

Junior | 5-9  
Granite Falls, Wash.  
Granite Falls HS

**WSU CAREER:** As a SOPHOMORE (2013-14), competed with the varsity eight boat in the spring...contributed to first-place finishes against Gonzaga and in the second session of the Clemson Invite...part of second and third-place finishes for the varsity eight in first and third sessions of Clemson Invite...helped varsity eight place third at the San Diego Crew Classic...race against Oregon State ended in a tie... helped the varsity eight boat with a sixth-place finish at the Pac-12 Championships, along with a sixth-place team finish...at NCAA Championships, helped the varsity eight boat finish 15th overall, as team placed 14th...named to the Pac-12 All-Conference and Collegiate Rowing Coaches Association (CRCA) All-West Region First Teams...named Second Team All-America...received Pac-12 All-Academic First Team honors with a 3.80 GPA...named a 2014 National Scholar-Athlete by the College Rowing Coaches Association (CRCA)...finished third with Canada at 2014 World Rowing Under-23 Championships...**FRESHMAN** (2012-13) year, member of the varsity eight and junior varsity eight... helped varsity eight win at Head of the Spokane and Oregon State Classic morning session...defeated Gonzaga in dual action...concluded season with 14th place finish at NCAA Championships...named 2012 Junior Female Sculler of the Year by Rowing Canada Aviron...represented Canada took fifth place in women's eight at 2013 World Rowing Under-23 Championships.

**HIGH SCHOOL:** Named female junior rower of the year by both the Calgary Rowing Club and Alberta Rowing Association in 2011...in 2010, won gold at the Royal Canadian Henley in double competition...took first for Alberta in a singles event at the 2011 Western Canada Summer Games...competed in swimming, cross country, volleyball, and field hockey at Bowness High School...earned female athlete of the year freshmen and sophomore years...cross-country MVP as a freshmen...named swimming and field hockey MVP following her sophomore year...earned Great Bear Award for leadership.

**PERSONAL:** Born Nicole Bailey Hare...July of 1994 in Calgary...father Lyle is a chiropractor, mother Pia Steinmuller is a registered nurse...sister Danielle competed for Syracuse in field hockey...brother Karl...enjoys sports and geocaching...interested in a pursuing a business degree at Washington State.

**WSU CAREER:** As a SOPHOMORE (2013-14), competed with the novice team that finished fifth at the Pac-12 Championships.

**HIGH SCHOOL:** Attended Granite Falls High School at Granite Falls, Wash...competed in volleyball as a right side and middle hitter...was volleyball team captain as a senior... awarded Leadership in Sportsmanship, Captain's Award and Coach's Award as a senior...helped team to WIAA Scholastic Award all four years (team GPA of 3.0 or higher)...competed in volleyball at Lake Volleyball Club for three years.

**PERSONAL:** Born Kacie Jean Hillery...May of 1994 at Olympia, Wash...father Jamie is a plant manager at McFarland Cascade...mother Jody is a marketing manager at FSX Inc. and Owner of Cascade Preschool... brother Ryan...aunt Jenny Gillett played volleyball at Everett Community College and Central Washington University...pursuing a degree in environmental and ecosystem sciences at Washington State.



**Jessi  
HOWE**  
Sophomore | 5-11  
Bothell, Wash.  
Bothell HS

**WSU CAREER:** FRESHMAN (2013-14) year, competed with the novice team and was a member of the novice boat that finished fifth at the Pac-12 Championships.

**HIGH SCHOOL:** Competed in track, basketball and soccer at Bothell High School in Bothell, Wash...captain of the track team in 2012 and 2013...named MVP in track as a sophomore and junior...as a junior, placed 14th in triple jump at WIAA 4A Track and Field State Championships... as a senior, placed 7th in the 4x200m Relay and competed in 4x100m Relay at state meet...won Coach's Award in soccer and track as a senior...basketball team captain as a senior...All-In award-winner in basketball as a junior and senior...three-sport varsity athlete as a junior and senior.

**PERSONAL:** Born Jessica Marie Howe...September of 1994 at Bellevue, Wash...mother Kristi...brothers Connor and Dylan...enjoys hiking, biking and scrapbooking... in 2013, was Editor-In-Chief of Bothell HS newspaper... President of high school Earth Club in 2012 and 2013... won the National Wildlife Federation 2013 Conservation Achievement Award (Youth)...named a United States Marine Corps Distinguished Athlete in 2013...interested in majoring in civil engineering at Washington State.



**Mahal  
JOHNSON**  
Freshman | 5-9  
Seattle, Wash.  
Holy Names Academy

**HIGH SCHOOL:** Competed in basketball and rowing at Holy Names Academy at Seattle, Wash...in 2010-11, helped women's basketball team to a 3A WIAA State Championship...named most improved rower with 2013 Spring Experienced Crew at Holy Names Academy.

**PERSONAL:** Born Mahal Johnson...July of 1996 at Seattle...father, Wayne, played football at Washington State, mother Carolyn...brother Wayne Jr...enjoys baking, yoga and spending time with family and friends...member of National Honor Society and was a Sport and Spirit Officer...interested in majoring in kinesiology and exercise science at Washington State.





Hunter  
**JONES**

Sophomore | 5-7  
Anchorage, Alaska  
South Anchorage HS

**WSU CAREER:** FRESHMAN (2013-14) year, competed with the novice team and was a member of novice boat that finished fifth at the Pac-12 Championships.

**HIGH SCHOOL:** Competed in cross-country skiing, flag football and track and field at Anchorage High School in Anchorage, Alaska...helped cross-country skiing team to regional championships sophomore and senior year... named Honorable Mention All-Cook Inlet Conference in flag football, senior year and was a team captain in 2012.

**PERSONAL:** Born Hunter Valerie Jordan Jones... August of 1995 at Anchorage, Alaska...father Carl is a safety manager, mother Beverly is a customer service manager...brother Bradford...fourth cousin, Drake Nevis, was a defensive tackle for the LSU football team and plays for the Carolina Panthers in the NFL... enjoys watching movies and hanging out with friends... in 2013, received a varsity letter in music at Anchorage High School for orchestra...interested in majoring in communication at Washington State.



Christina  
**LARSEN**

Sophomore | 5-11  
Spokane Valley, Wash.  
Central Valley HS

**WSU CAREER:** As a FRESHMAN (2013-14), competed with the novice team that finished fifth at the Pac-12 Championships.

**HIGH SCHOOL:** Attended Central Valley High School at Spokane Valley, Wash...competed in soccer and basketball...member of the soccer team during freshman year...played basketball as a freshman and sophomore...team captain as a sophomore.

**PERSONAL:** Born Christina Larsen...October of 1994 at Seattle, Wash...father Jeff is a firefighter and paramedic in Snohomish County...mother Elizabeth is a realtor... brother Nathan...sister Carly...enjoys skiing, traveling, spending time outdoors and volunteering in the community...was a key club officer and president as a senior...four-year DECA member...qualified for DECA State three times...National Honor Society member... Washington Drug Free Youth member...Class of 2013 Cabinet Officer...danced for 12 years...accumulated 500+ hours of community service in high school... recipient of Spokane Kiwanis' Scholarship...plans to pursue a degree in business operations at Washington State, with a minor in HBM with a food and wine focus.





Kotryna  
**LASAITĖ**  
Junior | 6-3  
Radviliskis, Lithuania  
Lithuanian Sports University



Lauren  
**LEAHY**  
Senior | 5-1  
Bellevue, Wash.  
Issaquah HS

**PRIOR TO WSU:** Attended Lithuanian Sports University.

**HIGH SCHOOL:** Attended Vaizganto Gymnasium at Radviliskis, Lithuania...rowed for IK Favoritas club in Lithuania...achieved second in the first European Ergometer Championships at Rome in 2009...placed first with an uncoxed crew at the International Regatta "Friendship."

**PERSONAL:** Kotryna Lasaitė...April of 1994 at Radviliskis, Lithuania...father Rolandas is a company director...mother Daiva is an accountant...brothers Tautvydas and Povilas...attended music school...plans to pursue a degree in health sciences at Washington State.

**WSU CAREER:** As a SOPHOMORE (2013-14), coxed the third varsity eight in spring...led crew to a third-place finish against Gonzaga...coxed third varsity eight boat versus Oregon State and led it to a first-place finish...fall of FRESHMAN (2012-13) year, coxed third varsity eight and second junior varsity eight...during the spring, coxed third varsity four...led third varsity eight to win at Head of the Lake...coxed third varsity four to wins at Gonzaga Dual and Washington Dual.

**HIGH SCHOOL:** Attended Issaquah High School at Issaquah, Wash...served as a DECA member for three years and was an officer.

**PERSONAL:** Born Lauren Leahy...May of 1994...father Tim and mother Kathy...cousin Will Leahy graduated in 2012...cousin Will Leahy played football at Washington State for one year...cousin Malloy Leahy played soccer at Portland and College of Charleston...cousin Austen Everett Leahy played soccer at Santa Barbara and Miami...enjoys hanging out with friends, reading, playing sports, and watching television...plans to major in human development.





Krista  
**LIZARDI**  
Senior | 5-9  
Miliani, Hawaii  
Maryknoll HS

**WSU CAREER:** As a JUNIOR (2013-14), competed with the third varsity eight...crew defeated Oregon State as team took Winchell Cup...fall of SOPHOMORE (2012-13) year, rowed with varsity eight, second varsity four, third varsity eight and second junior varsity eight...during spring, competed in fourth varsity eight and third varsity four...helped third varsity four defeat Gonzaga in dual action...as a FRESHMAN (2011-12) was a novice team member.

**HIGH SCHOOL:** Three years in paddling under head coach Kapono Ciotti and three years in volleyball under head coach Lee Lamb...Maryknoll high school varsity paddler of the year both sophomore and senior year...ILH Division I All-Star Female Paddler Mixed Crew.

**PERSONAL:** Born Krista Lizardi...May of 1993...father Victor is a supervisor of general maintenance...mother Jean is a registered nurse...older sister Kelly...father played college basketball...uncles Leo Pohlkamp and Joseph Pohlkamp played college football...she enjoys paddling, hiking, hanging out at the beach, and hula...pursuing a fine arts degree at Washington State.



Jenna  
**MANGIAGLI**  
Freshman | 5-3  
Hermosa Beach, Calif.  
Mira Costa HS

**HIGH SCHOOL:** Competed in swimming at Mira Costa High School at Manhattan Beach, Calif...was a coxswain for the Marina Aquatic Center club rowing team.

**PERSONAL:** Born Jenna Lynn Mangiagli...May of 1996 at Torrance, Calif...father Steve is a surfboard manufacturer...mother Teresa works for Alaska Airlines...brothers, Jesse and Jon...enjoys rowing, surfing, going to the beach, watching Netflix, spending time with friends and family, and traveling...named to the Honor Roll...won scholar-athlete award...Co-President of Italian Heritage Club...interested in majoring in elementary education at Washington State.



Carter  
**MARKS**  
 Senior | 5-7  
 Warden, Wash.  
 Warden HS

**WSU CAREER:** JUNIOR (2013-14) year, competed with the second varsity eight in spring...crew defeated Gonzaga as team captured Fawley Cup...placed fourth in San Diego Crew Classic Grand Final...defeated Oregon State with the second varsity eight as team captured Winchell Cup...in three races over three sessions at the Clemson invite, helped the second varsity eight boat place third, first and third...rowed with fifth-place second varsity eight at the Pac-12 Championships...helped the second varsity eight boat finish fifth in the Petite Final at the NCAA Championships, helping the crew finish 11th overall and the team place 14th...received Pac-12 All-Academic Honorable Mention honors...SOPHOMORE (2012-13) year, competed with third varsity eight, fourth varsity eight, and junior varsity four during the fall... in the spring, competed with varsity four and second varsity four... third varsity eight won at Head of the Lake...varsity four defeated Washington in dual action... took first at Oregon State Classic morning session and in Group B final at Lake Natoma Invite...second varsity four defeated Gonzaga in dual action...wrapped season helping varsity four take sixth at NCAA Championships... competed with the novice team her FRESHMAN (2011-12) year...member of novice boat that placed third at Pac-12 Championships.

**HIGH SCHOOL:** Lettered four years in golf, three years in wrestling, and three years in volleyball...all-state academic honorable mention in wrestling junior and senior year...placed seventh individually junior year and fourth senior year...was wrestling and volleyball captain senior year...The United States Army Reserve National Scholar Athlete Award recipient senior year.

**PERSONAL:** Born Carter Ann Marks...September of 1992...father Scott is an assistant managing director for Brotherton Seed Company...mother Ann is a middle school science teacher...younger brother Garritt...honor roll student all four years in high school...interested in pursuing a degree in wine business management from Washington State.



Megan  
**McDONALD**  
 Senior | 5-11  
 Victoria, British Columbia  
 Claremont Secondary School

**WSU CAREER:** JUNIOR (2013-14) year, competed with the second varsity eight in spring...member of second varsity eight that defeated Gonzaga as team won Fawley Cup... placed fourth in San Diego Crew Classic Grand Final... in three races over three sessions at the Clemson invite, helped the second varsity eight boat place third, first and third...placed first with the second varsity eight crew against Oregon State as team won the Winchell Cup... rowed with fifth-place second varsity eight at the Pac-12 Championships...helped the second varsity eight boat finish fifth in the Petite Final at the NCAA Championships, helping the crew finish 11th overall, while the team placed 14th...selected as a member of Pac-12 All-Academic Honorable Mention team...fall of SOPHOMORE (2012-13) year, competed with second varsity eight and junior varsity eight...in the spring, competed with varsity four and third varsity four...junior varsity eight captured win at Portland Fall Classic...helped varsity four take wins at Washington Dual and Group B final at Lake Natoma Invite...received Pac-12 All-Academic honorable mention...competed with the novice boat her FRESHMAN (2011-12) year... helped the novice eight defeat Washington, Gonzaga and Oregon State in dual action...helped the team capture the Winchell Cup for the third consecutive year against Oregon State... competed in novice boat at Pac-12 Championships.

**CLUB CAREER:** Rowed for three years at the Victoria City Rowing Club...selected as one of six girls to train in the Victoria City Rowing Club Development Camp in 2010... placed first in Head of the Gorge and Head of the Elk regattas and finished second at the Head of the Lake in 2010 in the junior quad...in 2010, selected to represent British Columbia in the 2010 National Rowing Championships... placed second at the Royal Canadian Henley Regatta 2010 in the junior pair and junior four.

**HIGH SCHOOL:** Rowed one year at Claremont Secondary School.

**PERSONAL:** Born Megan McDonald...June of 1993...father Jeff is a contractor ...mother Deb is a manager of economic and regularity affairs...sister Delaine...enjoys reading.





Julia  
**MONROE**  
Senior | 5-4  
Mount Vernon, Wash.  
Mount Vernon HS



Emily  
**MORROW**  
Freshman | 5-10  
Regina, Saskatchewan

**WSU CAREER:** As a JUNIOR (2013-14), coxed the varsity and second varsity four... led the varsity four boat to a victory over Gonzaga...guided second varsity four boat to a second place finish as team captured Winchell Cup against Oregon State...fall of SOPHOMORE (2012-13) year, coxed varsity eight...during spring, coxed fourth varsity eight...competed with the novice boat her FRESHMAN (2011-12) year.

**HIGH SCHOOL:** Lettered four years in swimming and track and field...lettered three years in cheerleading...state competitor in swimming all four years...all-American cheerleader nominee sophomore year...her junior year, set record for 4x200 meter relay...relay county champion in 4x100 meter...captained swimming, track and field, and cheer teams senior year.

**PERSONAL:** Born Julia Dean Monroe...April of 1993...father Richard...mother Jodi...younger sister Jacqueline...younger brother Robert...father played collegiate baseball...grandfather played professional baseball...grandfather Robert Dean competed in track and field at WSU...grandmother was collegiate swimmer at WSU...enjoys weight lifting and skiing...interested in pursuing a degree in pre law Washington State.

**HIGH SCHOOL:** Competed in basketball at Campbell Collegiate at Regina, Saskatchewan...played post for the Tartans and team won the City Championship her sophomore year...member of the Regina Rowing Club during junior and senior year...attended the Canada Summer Games at Sherbrooke, Quebec, August of 2013...senior year, was voted Most Improved Oarsperson with Regina Rowing Club.

**PERSONAL:** Born Emily Grace Morrow...February of 1996 at Regina, Saskatchewan...father Brent is an information technology systems analyst...mother Grace is a registered nurse and played volleyball at Western Wyoming College...sister Jill...brother Evan...enjoys scrapbooking, cake decorating, and playing the piano...has been on the Honor Roll since 7th grade...attained a 90-92 percent average throughout high school...has received 12 years of piano instruction...currently has a 20 hour-per-week retail job...intends to major in business at Washington State.



Jessica  
**NEWSON**

Freshman | 5-6  
St. Austell, England  
Poltair School

**PRIORTOWSU:** Competed in rowing at Hartpury College at Gloucester, England...helped the Gloucester-Hartpury girls' quad win the Diamond Jubilee Challenge Cup at the Henley Royal Regatta...member of the Great Britain Under-18 women's quad, which won a gold medal.

**HIGH SCHOOL CAREER:** Competed in rowing, netball and track and field at Poltair School at St. Austell, England.

**PERSONAL:** Born Jessica Diane Newson, January of 1996 at Truro, England...father Steve is a heavy goods vehicle driver, mother Joanna is administrative officer...brother Adam...enjoys rowing, fitness, and socializing...interested in majoring in kinesiology and exercise science at Washington State.



Isabella  
**NICOSIA**

Freshman | 5-8  
Folsom, Calif.  
Vista del Lago HS

**HIGH SCHOOL:** Competed in softball at Vista del Lago High School in Folsom, Calif..., leading her team to playoff appearances in 2011 and 2012...rowed with Capital Crew in Gold River, Calif...placed second in the novice four and third in the novice eight at the 2013 Southwest Junior Championships at Lake Natoma...reached the Grand Final in the varsity eight at the Championships in 2014.

**PERSONAL:** Born Isabella Arline Nicosia...August of 1996 at San Jose, Calif...father Tod is a sales manager, mother Kristie is a teacher...sister Olivia...brother Michael...uncle, Michael Hegglund, was a member of UC Santa Barbara track team...enjoys listening to music and spending time with family and friends...interested in majoring in communication at Washington State.





Chloe  
**PAYNE**  
Senior | 5-10  
Redmond, Ore.  
Redmond HS



Bethany  
**PUPAVA**  
Junior | 5-5  
Seattle, Wash.  
Aviation HS

**WSU CAREER:** As a JUNIOR (2013-14), competed with the third varsity eight and the open eight in spring... competed with third varsity eight against Oregon State and contributed to first-place finish as team won Winchell Cup...named to Pac-12 All-Academic First Team with a 3.99 GPA...**SOPHOMORE** (2012-13) year, rowed with varsity eight, fourth varsity eight, and second junior varsity eight...during the spring, rowed with fourth varsity eight...helped fourth varsity eight defeat Gonzaga in dual action...competed with the novice boat **FRESHMAN** (2011-12) year.

**HIGH SCHOOL:** Lettered in volleyball for one year under head coach Lisa Pom-Arleau...finished high school with a 3.8 GPA.

**PERSONAL:** Born Chloe Elizabeth Payne...May of 1993... father Paul is a natural gas technician...mother Michele is a commercial appraiser...younger brother Charles... enjoys hiking, skiing and biking...maintained a 4.0 GPA in Honors College her freshmen and sophomore year at Washington State...pursuing a degree in hospitality business management with minors in economics and Spanish at Washington State.

**WSU CAREER:** Member of novice team **FRESHMAN** (2012-13) year.

**HIGH SCHOOL:** Member of club gymnastics team at Aviation HS...named captain senior year...qualified for state championships all four years...collected two state titles and five regional titles.

**PERSONAL:** Born Bethany Rae Pupava...June of 1994... father Frantisek is a handyman and mother Joanne is an environmentalist...older sister Veronica...enjoys skiing...pursuing a degree in kinesiology.





Chloe  
**ROGERS**  
Junior | 6-0  
Spokane, Wash.  
Gonzaga Preparatory School



Megan  
**SANDERS**  
Freshman | 5-0  
Mill Creek, Wash.  
Henry M. Jackson HS

**WSU CAREER:** As a SOPHOMORE (2013-14), rowed with the varsity four, second varsity eight and second varsity four...helped the varsity four boat defeat Gonzaga... finished fourth with varsity four in Grand Final at San Diego Crew Classic...rowed with second varsity four and finished second as team captured Winchell Cup with victory over Oregon State... helped the second varsity eight boat place fifth at Pac-12 Championships as the team finished sixth overall...helped the second varsity eight boat finish fifth in the Petite Final at the NCAA Championships, helping the crew finish 11th overall and team finish 14th...member of the novice team FRESHMAN (2012-13) year.

**HIGH SCHOOL:** Earned six letters at Gonzaga Preparatory School...three letters in softball...three letters in track and field...competed in javelin and triple jump.

**PERSONAL:** Born Chloe Zoann Rogers...May of 1994... father Brett Rogers...mother Cecelia is a cake decorator... younger sister Sophia...enjoys skiing and softball.

**HIGH SCHOOL:** Attended Henry M. Jackson High School at Mill Creek, Wash...member of the Everett Rowing Association as a coxswain...led women's second varsity eight to a second-place finish at Northwest Regionals.

**PERSONAL:** Born Megan Sanders...September of 1995 at Kirkland, Wash...father Mike...mother Michelle... sister Madison...interested in majoring in elementary education or criminal justice at Washington State.





**Kellen  
SRB**

Senior | 5-11  
Bothell, Wash.  
Lynnwood HS



**Sarah  
STEGER**

Junior | 5-9  
Perth, Western Australia  
Shenton College

**WSU CAREER:** JUNIOR (2013-14) year, competed with the open eight and second varsity four...rowed with second varsity four that defeated Oregon State's varsity four as team captured Winchell Cup...fall of SOPHOMORE (2012-13) year, competed with varsity eight, second varsity eight, and junior varsity eight... in the spring, rowed with second varsity eight...helped junior varsity eight take win at Portland Fall Classic... rowed second varsity eight to victory at San Diego Crew Classic...received Pac-12 All-Academic honorable mention...as a FRESHMAN (2011-12) competed with the second varsity four in the fall season and the novice eight in the spring season...led the novice squad to victories in the novice eight events at the Washington, Gonzaga and Oregon State duals...Oregon State victory helped the Cougars capture the Winchell Cup for the third consecutive year...competed in novice boat at Pac-12 Championships.

**CLUB CAREER:** Rowed for the Green Lake Crew Club for coaches Erika Sweet and Coby Stites.

**HIGH SCHOOL:** As a junior, won the US Rowing Erg Competition for high school girls at regionals ...boat was invited to the Pacific-10 Challenge during senior year of high school...attended the high performance camp for coach Tony Carr.

**PERSONAL:** Born Kellen Peck Srb...July of 1993...father Brian works in sales...mother Linda is a music director... brother Jonah...enjoys art, swimming, reading, and playing sports...interested in pursuing a degree in psychology at Washington State.

**WSU CAREER:** As a SOPHOMORE (2013-14), competed with the third varsity eight in spring...crew defeated Oregon State as team captured Winchell Cup... FRESHMAN (2012-13) year, rowed with the third varsity eight, fourth varsity eight, junior varsity eight, and second junior varsity eight...named Pac-12 All-Academic Honorable Mention.

**PRIOR TO WSU:** Competed in rowing, cross-country and swimming at Shenton College in Western Australia... freshman year, won gold for St. Peters Lutheran College at the Schoolgirl U14 quad at the Head of the River... rowed for the West Australian Rowing Club and took silver at the National Championships in U19 eight and U17 single scull...as a sophomore, gold in each the U21, single and quad events at the Youth Cup in Sydney... took silver junior year at the National Championships in U19 quad...WAIS selection in 2011...Nation Sporting Champion Grant senior year.

**PERSONAL:** Born Sarah Kate Steger...January 1994... mother Elmi Carlean...mother is a lawyer...younger sisters Jamie and Danya...enjoys rowing, running, the beach, swimming, and hanging out with friends.



**Katrina**  
**TARRANT**  
 Junior | 6-1  
 Creston, British Columbia  
 Prince Charles Secondary School



**Lori**  
**VERMURLEN**  
 Sophomore | 5-11  
 Seattle, Wash.  
 Inglemoore HS

**WSU CAREER:** SOPHOMORE (2013-14) year, rowed with second varsity eight during fall season...competed with the third varsity eight, the open eight, and the third varsity four in spring...competed with third varsity four, which defeated Oregon State's varsity four as team captured Winchell Cup...named to the Pac-12 All-Academic Second Team with a 3.68 GPA...**FRESHMAN** (2012-13) year, member of novice team...helped novice eight to a third-place finish at Pac-12 Championships.

**HIGH SCHOOL:** A member of the rowing , basketball, volleyball, and swimming teams in high school... helped the volleyball team to a second-place finish in their division freshmen year and sophomore years... captained the basketball team and earned two letters... Prime Minister Student Council junior year...honor student throughout high school.

**PERSONAL:** Born Katrina Sasha Tarrant...December of 1994 in Creston, B.C....father Donald is a retired RCMP Officer and mother Sharen Popoff-Tarrant is a retired principal...Sharen graduated from Washington State in 1983...brother Peter, attends the British Columbia Institute of Technology...enjoys rowing and photography...is pursuing a degree in psychology with an intended double minor in sport management and strength and conditioning at Washington State.

**WSU CAREER:** As a **FRESHMAN** (2013-14), was a member of novice team...rowed with novice boat that placed fifth at Pac-12 Championships.

**HIGH SCHOOL:** Earned three letters in swimming at Inglemoor HS for coach Perry Dolan...member of Everett Rowing Association...senior year, competed at Head of the Charles and San Diego Crew Classic.

**PERSONAL:** Born Lori Anne VerMurlen...February of 1995...father Mark and mother Cheri...sisters Marie and Jill...enjoys hiking and volunteering with pets and kids...vice president of sales for DECA in high school... placed fourth internationally in automotive service management...plans to pursue a degree in political science with an emphasis in pre-law.





Alex  
**WADDELL**  
 Senior | 6-0  
 Ashburton, Australia  
 Methodist Ladies' College



Kayla  
**WAKULICH**  
 RS Junior | 5-6  
 Ridgeville, Ontario  
 E.L. Crossley Secondary School

**WSU CAREER:** As a JUNIOR (2013-14), competed with third varsity eight, varsity four and varsity eight boats... finished fourth with varsity four in the Grand Final at San Diego Crew Classic...rowed with the varsity four in all three sessions at the Clemson Invite...helped boat to a fourth-place finish in the first session, a second-place finish in the second session and a victory in the third session... helped the varsity eight boat with a sixth-place finish at the Pac-12 Championships, along with a sixth-place team finish...at NCAA Championships, helped the varsity eight boat finish 15th overall as team placed 14th...named Pac-12 All-Academic Honorable Mention...fall of SOPHOMORE (2012-13) year, member of junior varsity eight...in the spring, rowed with second varsity four and third varsity four...notched win with junior varsity eight boat at Portland Fall Classic...helped third varsity four defeat Gonzaga in dual action... received Pac-12 All-Academic Honorable Mention... rowed in the varsity four boat during the fall season of her FRESHMAN (2011-12) year...out-stroked Gonzaga and Oregon State in their respective duals in the second varsity eight events...win against Oregon State helped the Cougars capture third consecutive Winchell Cup.

**HIGH SCHOOL:** Competed in basketball, track and field, and rowing at Methodist Ladies College...rowed all four years in high school under coach Peter Kupeis...as a junior in 2009, placed 12th at the National Championships and placed first at the Head of School Girls Regatta...placed first at the Victorian State Championships and Head of the School Girl Regatta as a senior, and rowed at the national championships in 2010, placing second.

**PERSONAL:** Born Alexandra Louise Waddell...February of 1993...parents Steve and Sheena... brother Lachlan... enjoys cooking, netball, swimming, and spending time with friends...pursuing a double major in Kinesiology and Psychology at Washington State.

**WSU CAREER:** RS-SOPHOMORE (2013-14) year, competed with the second varsity eight in spring... crew defeated Gonzaga to capture Fawley Cup...placed fourth in San Diego Crew Classic Grand Final...in three races over three sessions at the Clemson invite, helped the second varsity eight boat place third, first and third...helped the second varsity eight defeat Oregon State as team captured Winchell Cup...named a 2014 National Scholar-Athlete by the College Rowing Coaches Association (CRCA)...member of Pac-12 All-Academic Second Team with a 3.54 GPA...redshirted her SOPHOMORE (2012-13) year...member of the varsity eight and junior varsity eight boats in the fall of her FRESHMAN (2011-12) year...helped the varsity eight boat defeat Gonzaga in their quest to keep the Fawley Cup...second varsity eight boat defeated Oregon State as the team captured the Winchell Cup for the third consecutive year.

**HIGH SCHOOL:** Competed in cross country, hockey, and rowing for E.L. Crossley Secondary School... rowed all four years of secondary school for head coach Patrick MacNally...as a freshman, won eight gold medals at the Canadian Secondary School Rowing Association Championships...during sophomore year of high school, placed first at the Stotsbury Regatta in a women's lightweight eight...competed on the Junior National Team for Canada under head coach Phil Marshall in 2010 and helped the team place ninth at world championships...as a senior, placed first at the Head of the Charles in a four.

**PERSONAL:** Born Kayla Alexandria Wakulich...enjoys running, biking, and painting...interested in pursuing a degree in environmental science at Washington State.



**Jordan**  
**WATSON**  
 Junior | 5-11  
 Victoria, British Columbia  
 Esquimalt HS



**Isabella**  
**WATT**  
 Sophomore | 5-8  
 Victoria, British Columbia  
 Oak Bay HS

**WSU CAREER:** As a SOPHOMORE (2013-14), competed with the varsity eight boat in spring...contributed to first-place finishes for the varsity eight crew against Gonzaga, second session of the Clemson Invite and against Oregon State as team won the Winchell Cup...part of second and third place finishes for the varsity eight in first and third sessions of Clemson Invite...contributed to a third-place finish for the varsity eight at the San Diego Crew Classic...assisted the varsity eight boat with a sixth-place finish at the Pac-12 Championships, along with a sixth-place team finish...at NCAA championships, helped the varsity eight boat finish 15th overall as team placed 14th...named a 2014 National Scholar-Athlete by the College Rowing Coaches Association (CRCA)...Pac-12 All-Academic Second Team with a 3.64 GPA...member of the novice team FRESHMAN (2012-13) year...crew placed third at Pac-12 Championships...teamed up with fellow WSU rower Mickey Aylard at the 2013 Canada Summer Games in the women's eight and helped British Columbia beat out Ontario for the gold.

**HIGH SCHOOL:** While in high school, participated in rowing, basketball, volleyball, swimming, tennis, badminton, curling, soccer, and sailing...competed in rowing for four years at the Gorge Rowing and Paddling Center in Victoria, British Columbia and the Esquimalt High School rowing team under head coach Jared Csizmaida...won the U19 women's pair at the Canadian National Rowing Regatta...selected to the 2012 Canadian team for the Junior World Rowing Championships in Plovdiv, Bulgaria, placing 10th in the world...took first at the 2011 National Rowing Championships in the junior women's pair event.

**PERSONAL:** Born Jordan Jean Watson...May of 1994 in Victoria, B.C....parents Bruce and Ida...older brother William...enjoys rowing, art, science, reading, and working out...pursuing a degree in kinesiology.

**WSU CAREER:** As a FRESHMAN (2013-14), competed with the varsity eight and second varsity eight boats in spring...contributed to victories for the varsity eight over Gonzaga and at second session of the Clemson Invite...part of second and third place finishes for the varsity eight in first and third sessions of Clemson Invite, respectively...helped varsity eight place third at the San Diego Crew Classic...assisted with the second varsity eight's win over Oregon State as team captured Winchell Cup...rowed with fifth-place second varsity eight at the Pac-12 Championships...helped the second varsity eight boat finish fifth in the Petite Final at the NCAA Championships, helping the crew finish 11th as team placed 14th.

**HIGH SCHOOL:** Competed in rowing, soccer and cross country at Oak Bay HS...sophomore year, took first in U17 quad at the Royal Canadian Henley Regatta...junior year named captain of rowing team...took first in junior women's double at Brentwood Regatta...also won junior women's single at West National Development Trials...competed with junior women's four at Junior World Championships...senior year, runner-up in junior women's single at National Rowing Championships.

**PERSONAL:** Born Isabella Rose Watt...March of 1995...father Chris is a physician and mother Valerie is a therapist...brother Angus and sister Emma...enjoys rock climbing and running...is pursuing a degree in kinesiology and pre-medicine.

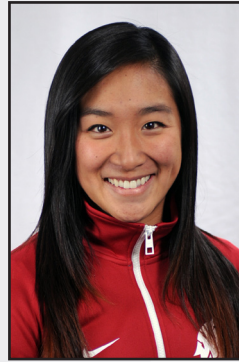




Lucie  
**WEISSOVA**  
Freshman | 5-8  
Prague, Czech Republic

**HIGH SCHOOL:** Attended Hotelova skola Radlicka at Prague, Czech Republic...placed second at the 2007 and 2008 Czech Republic National Championships in a single scull...finished first at Primatorky...placed eighth with an uncoxed four at European and World Championships in 2011... won a fourth-place finish at European Championships in 2012...finished third at Under-23 National Championships in 2013 and 2nd in 2014.

**PERSONAL:** Born Lucie Weissova, November of 1994 at Prague, Czech Republic...father Tomas...major is undecided.



Sarah  
**WU**  
Senior | 5-3  
Vancouver, Wash.  
Columbia River HS

**WSU CAREER:** As a JUNIOR (2013-14), coxed the varsity eight boat...led first-place finishes for the varsity eight over Gonzaga and in the second session of the Clemson Invite...coxed second and third-place finishes for the varsity eight in first and third sessions of Clemson Invite, respectively...led varsity eight to a third-place finish at the San Diego Crew Classic...led varsity eight to a tie against Oregon State...coxed the varsity eight boat to a sixth-place finish at the Pac-12 Championships, along with a sixth-place team finish...at the NCAA Championships, led the varsity eight crew to a 15th overall finish as team placed 14th...named Pac-12 All-Academic Honorable Mention... SOPHOMORE (2012-13) year, coxed varsity four at the NCAA Championships and led them to a 6th place finish in the Grand Final. Coxed the varsity eight boat to a fifth place finish at Pac 12 Championships. Led varsity four to victory at Portland Fall Classic, Washington Dual, and Oregon State Classic morning session...received Pac-12 All-Academic honorable mention...spent the fall season of FRESHMEN (2011-2012) with the third varsity eight...competed in the second varsity four events at the Washington, Gonzaga and Oregon State duals.

**HIGH SCHOOL:** Competed in club rowing and gymnastics throughout high school.

**CLUB CAREER:** Attended Naydenov Gymnastics for over 10 years...during freshman year of high school attended the Western National for competitive gymnastics, placing first on the floor and third on the uneven bars ...competed at Nationals for competitive gymnastics and placed first on the uneven bars at the National Invitation Tournament... also competed at the Vancouver Lake Crew Club for two years...attended regionals twice and Nationals during senior year in a lightweight double.

**PERSONAL:** Born Sarah Lauren Wu...April of 1993... father Stephen is a dentist...mother Lynn works as a para-educator...brother Chris, works in China as a English teacher...member of the National Honors Society (3.7)... enjoys motivating others and pushing her limits...pursuing a degree in Kinesiology with a minor in Psychology.

# 2013-14 SEASON RESULTS

## FALL SEASON

### HEAD OF THE PEND OREILLE

September 28, 2013 – Priest River, Idaho

Varsity Fours Flight:

1. Washington State B, 18:46.7; 2. Washington State A, 19:06.8; 3. Gonzaga A, 19:16.4; 4. Washington State C, 19:25.6; 5. Washington State D, 19:34.3; 6. Gonzaga B, 21:00.0

Varsity Eights Flight:

1. Washington State G, 18:03.6; 2. Gonzaga A, 18:28.8; 3. Washington State C, 18:53.0; 4. Gonzaga B, 19:13.3

### GONZAGA

October 26, 2013 - Spokane, Wash.

Women's Varsity 8+:

1. Gonzaga Varsity 8+, 16:34; 2. Washington State Varsity 8+, 16:38; 3. Washington State Second Varsity 8+, 16:50; 4. Gonzaga Second Varsity 8+, 17:41; 5. Gonzaga Third Varsity 8+, 17:43; 6. Washington State Third Varsity 8+, 18:20

Women's Varsity 4+:

1. Washington State Varsity 4+, 18:30; 2. Washington State Second Varsity 4+, 19:07; 3. Washington State Third Varsity 4+, 19:23

Women's Novice 8+:

1. Washington State Novice 8+, 21:11; 2. Gonzaga Novice 8+, 21:57; 3. Gonzaga Second Novice 8+, 22:05; 4. Gonzaga Third Novice 8+, 22:07; 5. Washington State Second Novice 8+, 22:55

### PORTLAND FALL CLASSIC

October 27, 2013 – Portland, Ore.

Women's Collegiate Varsity 8+:

1. Washington State Varsity 8+, 17:02.54; 2. Portland Varsity 8+, 17:41.30; 3. Seattle Varsity 8+, 19:32.15

Women's Collegiate Junior Varsity 8+:

1. Washington State Second Varsity 8+, 17:27.48; 2. Oregon State Varsity 8+, 17:55.45; 3. Washington State Third Varsity 8+, 18:16.05; 4. Portland Second Varsity 8+, 18:27.91; 5. Portland Third Varsity 8+, 19:59.37

Women's Collegiate Varsity 4+:

1. Washington State Varsity 4+, 19:54.68; 2. Oregon State Varsity 4+, 20:43.26; 3. Portland Varsity 4+, 20:48.82; 4. Lewis and Clark Second Varsity 4+, 22:29.54; 5. Puget Sound Varsity 4+, 22:31.20; 6. Seattle Varsity 4+, 23:06.96; 7. Lewis and Clark Varsity 4+, 23:08.69; 8. Portland State Varsity 4+, 23:12.33; 9. Willamette Varsity 4+, 23:21.26; 10. Oregon Varsity 4+, 23:43.16

Women's Collegiate Junior Varsity 4+:

1. Washington State Second Varsity 4+, 20:30.71; 2. Oregon State Second Varsity 4+, 21:21.19

### HEAD OF THE LAKE

November 3, 2013 – Seattle

CHAMP Women's 8+:

1. Washington Varsity 8+, 17:24.74; 2. Washington State Varsity 8+, 17:42.84; 3. Stanford Varsity 8+, 17:49.04; 4. Gonzaga Varsity 8+, 18:12.56; 5. Portland Varsity 8+, 18:51.41

Women's Collegiate JV 8+:

1. Washington Second Varsity 8+, 17:54.80; 2. Washington State Second Varsity 8+, 18:23.59; 3. Gonzaga Second Varsity 8+, 18:48.41; 4. Portland Second Varsity 8+, 19:27.67; 5. Seattle Varsity 8+, 19:36.30; 6. Lewis Varsity 8+, 20:33.31; 7. Pacific Lutheran Varsity 8+, 20:42.01; 8. Puget Sound Varsity 8+, 22:44.31; Victoria Varsity 8+, 19:36.93 (Excluded)

Women's Collegiate 3V 8+:

1. Washington State Third Varsity 8+, 18:40.22; 2. Washington Third Varsity 8+, 18:50.57; 3. Gonzaga Third Varsity 8+, 19:25.32; 4. Victoria Second Varsity 8+, 20:12.56; 5. Portland Third Varsity 8+, 20:14.95; 6. Puget Sound Second Varsity 8+, 20:53.34; 7. Camosun Varsity 8+, 21:04.97; 8. Lewis Second Varsity 8+, 21:16.31; 9. Washington State Men's Fourth Varsity 8+, 21:54.10; 10. Gonzaga Fourth Varsity 8+, 22:02.99; 11. British Columbia Varsity 8+, 22:12.39; 12. Seattle Second Varsity 8+, 22:36.77

Women's Collegiate/Open 4+:

1. Washington State Varsity 4+, 19:53.94; 2. Stanford Varsity 4+, 19:59.55; 3. Washington Varsity 4+, 20:00.61; 4. Washington State Second Varsity 4+, 20:19.29; 5. Vancouver Varsity 4+, 21:51.92; 6. British Columbia Varsity 4+, 21:53.32; 7. Portland State Varsity 4+, 23:03.51; 8. Oregon Varsity 4+, 23:52.23; 9. Simon Fraser Varsity 4+, 23:53.48; 10. Seattle Varsity 4+, 24:11.24





# 2013-14 SEASON RESULTS

## SPRING SEASON

### GONZAGA

#### March 22, 2014 – Spokane, Wash.

##### Women's Varsity 8+:

1. Washington State Varsity 8+, 6:55.49; 2. Gonzaga Varsity 8+, 7:04.64

##### Women's Varsity 4+:

1. Washington State Varsity 4+, 7:51.40; 2. Gonzaga Varsity 4+, 8:17.71

##### Women's Second Varsity 4+:

1. Washington State Second Varsity 4+, 8:07.88; 2. Gonzaga Second Varsity 4+, 8:13.22

##### Women's Second Varsity 8+/Third Varsity 8+:

1. Washington State Second Varsity 8+, 6:51.28; 2. Gonzaga Second Varsity 8+, 7:03.65; 3. Washington State Third Varsity 8+, 7:52.84

##### Women's Novice 8+:

1. Gonzaga Novice 8+, 7:44.75; 2. Washington State Novice 8+, 8:03.14

##### Women's Second Novice 8+/Third Novice 8+:

1. Gonzaga Second Novice 8+, 7:47.01; 2. Washington State Second Novice 8+, 8:06.41; 3. Washington State Third Novice 8+, 8:14.77

### SAN DIEGO CREW CLASSIC

#### April 5-6, 2014 – San Diego

##### Women's Collegiate Varsity - Grand Final:

1. USC Varsity 8+, 6:38.61; 2. Washington Varsity 8+, 6:40.86; 3. Washington State Varsity 8+, 6:48.57; 4. San Diego Varsity 8+, 6:50.83; 5. Wisconsin Varsity 8+, 6:52.78; 6. UCLA Varsity 8+, 6:53.34

##### Women's Collegiate Varsity 4+ - Grand Final:

1. USC Varsity 4+, 7:36.92; 2. California Varsity 4+, 7:42.41; 3. UCLA Varsity 4+, 7:45.19; 4. Washington State Varsity 4+, 7:46.55; 5. San Diego Varsity 4+, 7:52.86; 6. Iowa Varsity 4+, 7:56.63

##### Women's Collegiate Second Varsity 8+ - Grand Final:

1. California Second Varsity 8+, 6:51.36; 2. Washington Second Varsity 8+, 6:53.13; 3. USC Second Varsity 8+, 6:53.97; 4. Washington State Second Varsity 8+, 6:55.74; 5. UCLA Second Varsity 8+, 6:55.83; 6. Wisconsin Second Varsity 8+, 6:59.25

##### Women's Collegiate Novice - Grand Final

1. Washington Novice 8+, 7:04.59; 2. California Novice 8+, 7:10.11; 3. UCLA Novice 8+, 7:10.29; 4. San Diego Novice 8+, 7:36.45; 5. USC Novice 8+, 7:39.94; 6. Washington State Novice 8+, 7:55.55

### Washington Dual

#### April 12, 2014 – Seattle

##### Women's Varsity 8+:

1. Washington Varsity 8+, 6:17.52; 2. Washington State Varsity 8+, 6:22.60

##### Women's Varsity 4+:

1. Washington Varsity 4+, 7:12.51; 2. Washington Second Varsity 4+, 7:15.75; 3. Washington State Varsity 4+, 7:20.69; 4. Washington State Second Varsity 4+, 7:29.30

##### Women's Second Varsity 8+:

1. Washington Second Varsity 8+, 6:37.80; 2. Washington State Second Varsity 8+, 6:38.46

##### Women's Novice 8+:

1. Washington Novice 8+, 6:52.92; 2. Washington Second Novice 8+, 7:05.96; 3. Washington State Second Novice 8+, 7:17.06; 4. Washington State Novice 8+, 7:45.28

##### Women's Open 8+:

1. Washington Second Open 8+, 7:06.95; 2. Washington Open 8+; 3. Washington State Open 8+, 7:13.46

### CLEMSON INVITE

#### April 19-20, 2014 - Clemson S.C.

##### Saturday Session:

##### Women's Varsity 8+ Heat 2:

1. Indiana Varsity 8+, 7:05.8; 2. Washington State Varsity 8+, 7:06.6; 3. Harvard Varsity 8+, 7:09.4; 4. Syracuse Varsity 8+, 7:12.2; 5. Wisconsin Varsity 8+, 7:14.4; 6. Dartmouth Varsity 8+, 7:17.2; 7. Iowa Varsity 8+, 7:31.9

##### Women's Second Varsity 8+ Heat 2:

1. Harvard Second Varsity 8+, 7:28.2; 2. Indiana Second Varsity 8+, 7:31.8; 3. Washington State Second Varsity 8+, 7:32.1; 4. Wisconsin Second Varsity 8+, 7:33.3; 5. Syracuse Second Varsity 8+, 7:36.7; 6. Iowa Second Varsity 8+, 7:50.7; 7. Dartmouth Second Varsity 8+, 8:00.4

##### Women's Varsity 4+ Heat 2:

1. Wisconsin Varsity 4+, 8:19.5; 2. Syracuse Varsity 4+, 8:27.1; 3. Harvard Varsity 4+, 8:28.7; 4. Washington State Varsity 4+, 8:36.0; 5. Iowa Varsity 4+, 8:41.3; 6. Indiana Varsity 4+, 8:51.0; 7. Dartmouth Varsity 4+, 8:55.7

##### Women's Third Varsity 8+ Heat 2:

1. Harvard Third Varsity 8+, 7:37.6; 2. Wisconsin Third Varsity 8+, 7:38.3; 3. Indiana Third Varsity 8+, 7:44.6; 4. Syracuse Third Varsity 8+, 8:00.2; 5. Iowa Third Varsity 8+, 8:06.6; 6. Washington State Third Varsity 8+, 8:07.5; 7. Texas Fourth Varsity 8+, 8:13.1

##### Sunday Session 1:

##### Women's Varsity 8+ Heat 2:

1. Washington State Varsity 8+, 6:52.3; 2. Michigan State Varsity 8+, 6:54.2; 3. Gonzaga Varsity 8+, 6:56.3; 4. Oregon State Varsity 8+, 6:56.7; 5. Syracuse Varsity 8+, 6:59.9; 6. Pennsylvania Varsity 8+, 7:09.9; 7. Miami Varsity 8+, 7:18.4

##### Women's Second Varsity 8+ Heat 2:

1. Washington State Second Varsity 8+, 7:03.4; 2. Syracuse Second Varsity 8+, 7:04.0; 3. Michigan State Second Varsity 8+, 7:08.6; 4. Oregon State Second Varsity 8+, 7:10.7; 5. Gonzaga Second Varsity 8+, 7:13.3; 6. Pennsylvania Second Varsity 8+, 7:17.4; 7. Miami Second Varsity 8+, 7:38.1

##### Women's Varsity 4+ Heat 2:

1. Syracuse Varsity 4+, 7:50.6; 2. Washington State Varsity 4+, 7:52.0; 3. Michigan State Varsity 4+, 8:01.2; 4. Oregon State Varsity 4+, 8:16.7; 5. Pennsylvania Varsity 4+, 8:22.2; 6. Miami Varsity 4+, 8:24.9; 7. Gonzaga Varsity 4+, 8:26.9

##### Women's Third Varsity 8+ Heat 2:

1. Michigan State Third Varsity 8+, 7:36.3; 2. Indiana Third Varsity 8+, 7:39.6; 3. Syracuse Third Varsity 8+, 7:42.8; 4. Oregon State Third Varsity 8+, 7:47.7; 5. Washington State Third Varsity 8+, 7:56.1; 6. Clemson Fourth Varsity 8+, 8:04.1; 7. Duke Fourth Varsity 8+, 8:10.8

##### Sunday Session 2:

##### Women's Varsity 8+ Heat 1:

1. UCLA Varsity 8+, 7:04.3; 2. Indiana Varsity 8+, 7:05.5; 3. Washington State Varsity 8+, 7:11.4; 4. Michigan State Varsity 8+, 7:11.6; 5. Dartmouth Varsity 8+, 7:13.1; 6. Cornell Varsity 8+, 7:16.0; 7. Clemson Varsity 8+, 7:20.2

##### Women's Second Varsity 8+ Heat 1:

1. Indiana Second Varsity 8+, 7:22.4; 2. UCLA Second Varsity 8+, 7:24.7; 3. Washington State Second Varsity 8+, 7:27.4; 4. Michigan State Second Varsity 8+, 7:37.7; 5. Clemson Second Varsity 8+, 7:41.3; 6. Dartmouth Second Varsity 8+, 7:41.7; 7. Cornell Second Varsity 8+, 7:55.3

##### Women's Varsity 4+:

1. Washington State Varsity 4+, 8:34.6; 2. Clemson Varsity 4+, 8:39.2; 3. UCLA Varsity 4+, 8:41.0; 4. Indiana Varsity 4+, 8:42.1; 5. Michigan State Varsity 4+, 8:45.8; 6. Cornell Varsity 4+, 8:53.5; 7. Dartmouth Varsity 4+, 8:58.8

### OREGON STATE DUAL

#### May 3, 2014 – Pullman, Wash.

Women's Varsity 8+: T-1. Washington State Varsity 8+, 7:18.88; T-1. Oregon State Varsity 8+, 7:18.88

Women's Second Varsity 8+: 1. Washington State Second Varsity 8+, 7:43.95; 2. Oregon State Second Varsity 8+, 8:04.63

Women's Varsity 4+: 1. Washington State A, 8:18.44; 2. Washington State B, 8:30.95; 3. Washington State C, 8:40.14; Oregon State, 8:50.97

Women's Novice 8+: 1. Oregon State Novice 8+, 7:47.6; 2. Washington State Novice 8+, 8:09.3

Women's Third Varsity 8+: 1. Washington State Third Varsity 8+, 7:50.37; 2. Oregon State Third Varsity 8+, 8:00.91; 3. Washington State Second Novice 8+, 8:31.44

### PAC-12 CHAMPIONSHIPS

#### May 18, 2014 – Gold River, Calif.

Women's Varsity 8+: 1. Stanford Varsity 8+, 6:20.8; 2. Washington Varsity 8+, 6:21.9; 3. California Varsity 8+, 6:22.5; 4. USC Varsity 8+, 6:24.9; 5. UCLA Varsity 8+, 6:29.5; 6. Washington State Varsity 8+, 6:30.8; 7. Oregon State Varsity 8+, 6:31.0

Women's Second Varsity 8+: 1. Stanford Second Varsity 8+, 6:43.2; 2. UCLA Second Varsity 8+, 6:37.1; 3. California Second Varsity 8+, 6:39.2; 4. Washington Second Varsity 8+, 6:40.6; 5. Washington State Second Varsity 8+, 6:41.8; 6. USC Second Varsity 8+, 6:47.2; 7. Oregon State Second Varsity 8+, 6:52.4

Women's Varsity 4+: 1. Stanford Varsity 4+, 7:13.2; 2. Washington Varsity 4+, 7:17.1; 3. California Varsity 4+, 7:19.8; 4. Washington State Varsity 4+, 7:30.5; 5. UCLA Varsity 4+, 7:33.5; 6. USC Varsity 4+, 7:35.8; 7. Oregon State Varsity 4+, 7:47.4

Women's Novice 8+: 1. Washington Novice 8+, 6:49.8; 2. UCLA Novice 8+, 6:54.8; 3. Stanford Novice 8+, 7:01.8; 4. California Novice 8+, 7:02.8; 5. Washington State Novice 8+, 7:09.9; 6. Oregon State Novice 8+, 7:14.9; 7. USC Novice 8+, 7:19.8

### NCAA CHAMPIONSHIPS

#### May 31-June 2, 2014 – Indianapolis, Ind.

Women's Final Team Scores: 1. Ohio State, 126; 2. California, 119; 3. Brown, 116; 4. Stanford, 110; 5. Virginia, 105; 6. Princeton, 102; 7. Washington, 101; 8. Michigan, 101; 9. Notre Dame, 81; 10. Southern California, 72; 11. Indiana, 71; 12. UCLA, 68; 13. Harvard, 62; 14. Washington State, 58; 15. San Diego, 48; 16. Wisconsin, 45; 17. Louisville, 44; 18. Northeastern, 27; 19. Oklahoma, 27; 20. Boston University, 17; 21. Massachusetts, 13; 22. Jacksonville, 6

Women's Division I Eights C Final: 13. UCLA, 6:48.995; 14. San Diego, 6:52.555; 15. Washington State, 6:52.635; 16. Louisville, 6:57.324; 17. Wisconsin, 7:00.830; 18. Northeastern, 7:10.375

Women's Division I Second Eights B Semifinal: 7. Michigan, 7:02.998; 8. UCLA, 7:05.603; 9. Notre Dame, 7:06.847; 10. Washington, 7:08.530; 11. Washington State, 7:10.070; 12. USC, 7:20.936; 13. Harvard, 7:32.275

Women's Division I Fours C Semifinal: 13. Washington State, 7:36.126; 14. San Diego, 7:40.606; 15. UCLA, 7:42.908; 16. Louisville, 7:46.557; 17. Harvard, 7:48.064; 18. Oklahoma, 7:52.597

# NCAA CHAMPIONSHIP HISTORY

## 2014 NCAA Rowing Championships

Indianapolis, Ind. (Eagle Creek Park)

Team Overall	14th
Varsity 8	15th
Second Varsity 8	11th
Varsity 4	13th

## 2013 NCAA Rowing Championships

Indianapolis, Ind. (Eagle Creek Park)

Team Overall	14th
Varsity 8	14th
Second Varsity 8	14th
Varsity 4	6th

## 2011 NCAA Rowing Championships

Gold River, Calif. (Lake Natoma)

Team Overall	12th
Varsity 8	11th
Second Varsity 8	10th
Varsity 4	10th

## 2010 NCAA Rowing Championships

Gold River, Calif. (Lake Natoma)

Team Overall	13th
Varsity 8	14th
Second Varsity 8	8th
Varsity 4	15th

## 2008 NCAA Rowing Championships

Gold River, Calif. (Lake Natoma)

Team Overall	8th
Varsity 8	9th
Second Varsity 8	8th
Varsity 4	8th

## 2006 NCAA Rowing Championships

West Windsor, N.J. (Mercer Lake)

Team Overall	4th
Varsity 8	4th
Second Varsity 8	5th
Varsity 4	4th

## 2004 NCAA Rowing Championships

Gold River, Calif. (Lake Natoma)

Team Overall	9th
Varsity 8	14th
Second Varsity 8	3rd
Varsity 4	11th

## 2003 NCAA Rowing Championships

Indianapolis, Ind. (Eagle Creek Park)

Team Overall	12th
Varsity 8	15th
Second Varsity 8	11th
Varsity 4	10th

## 2002 NCAA Rowing Championships

Indianapolis, Ind. (Eagle Creek Park)

Varsity 8	13th
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# CONFERENCE CHAMPIONSHIP HISTORY

Year	Varsity Eight Finish	Second Varsity Eight Finish	Varsity Four Finish	Novice Finish	Team Finish
2014	Sixth	Fifth	Fourth	Fifth	Sixth
2013	Sixth	Sixth	Fourth	Third	Sixth
2012	Sixth	Fifth	Fourth	Third	Sixth
2011	Fourth	Fifth	Fourth	Fourth	Fifth
2010	Sixth	Fourth	Sixth	Fifth	Sixth
2009	Sixth	Sixth	Seventh	Fourth	Sixth
2008	Third	Fifth	Fourth	Third	Third
2007	Seventh	Sixth	Sixth	Fourth	Seventh
2006	Second	Third	Second	Seventh	Second
2005	Sixth	Sixth	Fifth	Fourth	Sixth
2004	Fifth	Second	Fourth	Fourth	Third
2003	Third	Fourth	Third	Fifth	Third
2002	Third	Fifth	Fifth	Second	Fourth
2001	Fifth	Second	Third	Pac-10 Champions	Third
2000	Fifth	Fourth	Fourth	Fourth	Fourth
1999	Sixth	Third	Fifth	Third	Fourth
1998	Fourth	Second	Fourth	14th	Fourth
1997	Fourth	Second	Fourth	Eighth	Fourth
1996	Second	Pac-10 Champions	DNC	Fifth	Fourth
1995	Third	Pac-10 Champions	Second	Second	Fifth
1994	Fourth	Second	Fourth	PCRC Champions	Fourth
1993	Third	DNC	Fourth	Third	--
1992	Fifth	DNC	DNC	Fourth	--

\* - Prior to 1995 competed at Pacific Coast Rowing Championships

# COUGARS

## R O W I N G





### COLLEGIATE ROWING COACHES ASSOCIATION (CRCA) DIVISION I ALL-AMERICA AWARD

#### First Team

2013 Ieva Adomaviciute  
2011 Corinna Sharick  
2008 Irena Neffeova  
2006 Sarah Waterfield

#### Second Team

2014 Nicole Hare  
2012 Lisa Roman  
2011 Sarah Wolff  
2010 Katie Dick  
2008 Karin Brevick  
2007 Sarah Waterfield  
2006 Jody Thomas  
2005 Jody Thomas  
2004 Erin Patterson  
2003 Corrie McGrath  
2002 Corrie McGrath

#### West Region First Team

2014 Nicole Hare  
2013 Ieva Adomaviciute  
2012 Lisa Roman  
2011 Corinna Sharick  
2010 Katie Dick  
2009 Erica Lewis  
2008 Karin Brevick, Irena Neffeova  
2007 Sarah Waterfield  
2006 Jody Thomas, Sarah Waterfield  
2005 Jody Thomas  
2004 Erin Patterson  
2003 Corrie McGrath, Emily Rains, Emily Tribe  
2002 Corrie McGrath, Emily Tribe  
2001 Corrie McGrath  
2000 Corrie McGrath

#### West Region Second Team

2011 Sarah Wolff  
2008 Tiana Rodriguez  
2006 Kasia Bloch, Laura Griffin, Kelly O'Brien  
2004 Jody Thomas  
2002 Gunilla Grafnings  
2001 Sarah Allen, Amy Armstrong  
2000 Amy Armstrong, Autumn Miller

#### West Region Third Team

2001 Emily Tribe

### ALL-CONFERENCE

#### Pac-12

2014 Nicole Hare  
2013 Allie Reilly  
2012 Lisa Roman

#### Pacific-10

2011 Lisa Roman  
2010 Katie Dick  
2009 Erica Lewis  
2008 Kelly O'Brien, Tiana Rodriguez

2007 Sarah Waterfield  
2006 Kasia Bloch, Jody Thomas, Sarah Waterfield  
2005 Jody Thomas  
2004 Erin Patterson  
2003 Corrie McGrath, Jamie Orth, Emily Tribe  
2002 Corrie McGrath, Gunilla Grafnings  
2001 Sarah Allen  
2000 Lisa Phillips  
1999 Anna Carlson  
1998 Shannon Tyler  
1997 Dana Horne  
1996 Kristi Hall, Kelli Kamphouse, Michelle Kistler  
1995 Lisa Swaye  
1994 Shannon Lipsy Jensen  
1993 Nicole Harper, Jenipher Smith  
1992 Elaine Geczi  
1991 Astrid Dragoy  
1990 Jodi Rutter  
1989 Stacey Gosney  
1988 Brenda Risch  
1987 Georgia Yuill

### PAC-12 NEWCOMER OF THE YEAR

2013 Ieva Adomaviciute

### COLLEGIATE ROWING COACHES ASSOCIATION (CRCA) WEST REGION COACH OF THE YEAR

Tammy Crawford, 2001, 2002  
Jane LaRiviere, 2006

### PACIFIC-10 CONFERENCE COACH OF THE YEAR

Jane LaRiviere, 2006

### COLLEGIATE ROWING COACHES ASSOCIATION (CRCA) NATIONAL SCHOLAR-ATHLETE

2014 Ieva Adomaviciute, Morgan Cathrea, Nicole Hare, Kerry Hassall, Elise Jones, Kayla Wakulich, Jordan Watson  
2013 Katie Dick, Elise Jones, Erin Schuster, Sarah Wu  
2011 Liz Beck, Ann Hoag, Kasia Rademacher  
2010 Corina Chilibeck, Katie Dick, Erica Lewis, Kyann Martin, Hannah Rothstrom  
2009 Corina Chilibeck, Carly Farris, Christina Kinck, Erica Lewis, Kyann Martin, Hannah Rothstrom  
2008 Corina Chilibeck, Erika Jorgensen, Erica Lewis, Kyann Martin, Hannah Rothstrom  
2007 Becca Gibson, Carey Homan, Tiana Rodriguez, Catherine Watt  
2006 Kasia Bloch, Laura Griffin, Tiana Rodriguez

2005 Kasia Bloch, Lina Brazinskaite, May Lundberg  
2004 Courtney Goodridge, Jody Thomas  
2003 Tristin Curtis, Corrie McGrath  
2002 Gunilla Grafnings  
2001 Sarah Allen, Gunilla Grafnings, Jennifer Hughes, Emily Larson  
2000 Sarah Allen, Emily Larson, Lisa Phillips, Liz Snook

### CONFERENCE ALL-ACADEMIC AWARD

#### First Team

2014 Morgan Cathrea, Nicole Hare, Kerry Hassall, Elise Jones, Chloe Payne, Erin Schuster  
2013 Katie Dick, Brianne Gould, Elise Jones, Erin Schuster  
2012 Katie Dick, Brianne Gould, Gina Head, Elise Jones, Kasia Rademacher, Erin Ranney  
2011 Liz Beck, Katie Dick, Brianne Gould, Ann Hoag, Kasia Rademacher  
2010 Corina Chilibeck, Katie Dick, Erica Lewis, Hannah Rothstrom  
2009 Corina Chilibeck, Carly Farris, Christina Kinck, Erica Lewis, Kyann Martin, Hannah Rothstrom  
2008 Alex Bond, Kyann Martin, Tara McTavish, Liz Rand, Tiana Rodriguez, Hannah Rothstrom  
2007 Lina Brazinskaite, Becca Gibson, Carey Homan, Tara McTavish, Michelle Morris, Tiana Rodriguez, Catherine Watt  
2006 Kasia Bloch, Becca Gibson, Laura Griffin, Carey Homan, Casey Long, Michelle Morris, Vanessa Serratore, Suzanne Vogt, Catherine Watt  
2005 Kasia Bloch, Becca Gibson, Tamber Hilton, Carey Homan, Casey Long, May Lundberg, Meghann Price, Jody Thomas, Suzanne Vogt, Catherine Watt  
2004 Kasia Bloch, Debbie Curry, Courtney Goodridge, May Lundberg, Rosy Miller, Suzanne Vogt  
2003 Laura Barnes, Debbie Curry, Tristen Curtis, Corrie McGrath, Rosy Miller  
2002 Gunilla Grafnings, Corrie McGrath  
2001 Sarah Allen, Amy Armstrong, Gunilla Grafnings, Jennifer Hughes, Jackie Kern, Emily Larson, Corrie McGrath, Erin Walker  
2000 Sarah Allen, Emily Larson, Lisa Phillips, Liz Snook  
1999 Lisa Phillips  
1998 Shannon Tyler

- 1997 Molly Jordan
- 1996 Kelli Kamphouse
- 1995 Stefanie Magill
- 1994 Nicole Harper
- 1993 Susan Olson
- 1992 Lenora Waelti

**Second Team**

- 2014 Ieva Adomaviciute, Kendall Boliba, Gina Head, Ella Odland, Katrina Tarrant, Kayla Wakulich, Jordan Watson
- 2013 Jennifer Hale, Heidi Kim, Erin Ranney
- 2012 Jennifer Hale, Sarah Powell, Alison Smith
- 2011 Jennifer Hale, Christina Kinck, Crystal Martin, Marina Morshead, Natasha Ostopovich, Sarah Powell
- 2010 Erika Jorgensen, Christina Kinck, Sarah Powell, Katie Wollstein
- 2009 Annie Eastwood, Lauren Johnson, Erika Jorgensen
- 2008 Suzanne Cox, Corina Chilibeck, Carly Farris, Erika Jorgensen, Erica Lewis, Kelly O'Brien, Katie Wollstein
- 2007 Lexie Conley, Carly Farris, Sarah Lende, Sarah Waterfield
- 2006 Jessica Bills, Lina Brazinskaite, Amy Jo Hendershot, Tara McTavish, Jody Thomas
- 2005 Lina Brazinskaite, Rebekah Eschenbacher, Laura Griffin, Amy Jo Hendershot, Michelle Morris
- 2003 Kathryn Dahlgren, May Lundberg, Angela Manson, Emily Rains, Christian Van Ess, Kelsey Wertzler

**Honorable Mention**

- 2014 Mickey Aylard, Rebecca Burns, Noel Christiansen, Kim Coon, Carly Johnson, Katelyn Maley, Carter Marks, Megan McDonald, Alyssa Rumann, Emily Starkel, Sarah Steger, Alex Waddell, Mallory Wordell, Sara Wu
- 2013 Kendall Boliba, Liana DeMaris, Gina Head, Stephanie Hinkle, Samantha Hoepfer, Carly Johnson, Megan McDonald, Ella Odland, Alyssa Rumann, Alison Smith, Kellen Srb, Emily Starkel, Alex Waddell, Sarah Wu
- 2012 Stephanie Hinkle, Samantha Hoepfer, Carly Johnson, Heidi Kim, Ella Odland, Alyssa Rumann, Emily Starkel
- 2011 Annie Eastwood, Stephanie Hinkle, Heidi Kim, Erin Ranney, Cayla

- Ravancho, Alison Smith
- 2010 Kyann Martin, Natasha Ostopovich
- 2009 Amy Brevick
- 2008 Kasey Heil, Amanda Kyle, Sarah Law, Crystal Martin
- 2007 Kelly O'Brien
- 2006 Sharon Finney, Sarah Lende, Kelly O'Brien, Sarah Waterfield
- 2005 Amy Antisdell, Jessica Bills, Emily Collins, Lexie Conley, Jennifer Copeland, Jackie Hedlund, Sarah Lende, Lori Maricle, Sarah Waterfield
- 2004 Emily Collins, Lexie Conley, Jennifer Copeland
- 2002 Debbie Curry, Kathryn Dahlgren, Pamela Foley, Patricia Goodell, Emily Rains, Erin Walker, Elizabeth Winsper
- 2001 Michelle Darbous, Carolyn Oury, Emily Rains

**COSIDA ALL-ACADEMIC AT-LARGE**

**District VIII Academic At-Large**

- 2013 Katie Dick, First Team
- 2012 Katie Dick, First Team
- 2011 Katie Dick, Second Team
- 2010 Corina Chilibeck, Second Team
- 2007 Carey Homan, First Team

**Academic All-America**

- 2013 Katie Dick, Second Team





<b>A</b>	
Aadland, Callie	1994
Adomaviciute, Ieva	2013-present
Allen, Sarah	1999-2001
Anderson, Jennifer	1994
Armstrong, Amy	1999-2001
Arthur, Becky	1992-95
Aylard, Mickey	2012-present

<b>B</b>	
Baker, Amy	1998-99
Bankston, Sara	2001-02
Barnes, Laura	2002-03
Barney, Holly	1997
Bauer, Nicole	1994-97
Beck, Liz	2011
Behrends, Kim	2005-07
Berindei, Mihaela-Teodora	2014-pres.
Bills, Jessica	2005-06
Bloch, Katarzyna	2003-06
Boliba, Kendall	2012-14
Bonahoom, Ashlee	2012-14
Bonora, Nicole	1995
Boquet, Emily	2011-12, 2014
Bowers, Christine	1998-2000
Brazinskaite, Lina	2004-07
Brevick, Amy	2007-09
Brevick, Karin	2007-09
Burns, Rebecca	2013-present
Bushnell, Stacy	1995-97

<b>C</b>	
Carlson, Anna	1997-99
Carroll, Devon	2001-02, 2004
Carroll, Shannon	1993-94
Cathrea, Morgan	2014-present
Chilibeck, Corina	2007-10
Christiansen, Noel	2013-present
Clark, Erin	1995
Collins, Emily	2003-06
Conley, Lexie	2005, 2007
Coon, Kim	2014-present
Copeland, Jennifer	2005-06
Cormey, Jennifer	1995-97
Crossett, Deedee	1994
Cummins, Angie	1992
Curry, Paula	1994-97
Curry, Deborah	2002-04
Curtis, Tristen	2002-03

<b>D</b>	
Dahlgren, Katie	2001-03
Darbous, Michelle	2000-01
Davidson, Rebecca	1997
DeMaris, Liana	2011-13
de Nys, Dina	1999-2000
deVos, Hannah	2011-13
Deyette, Jamie	2007-09
Dick, Katie	2009-10, 2012-13
Dragoy, Astrid	1991-93
Durfey, Adele	2005
Durfey, Audra	2001-04

<b>E</b>	
Earnst, Janet	1995, 1997
Eastwood, Annie	2008-11
England, Liz	2010-11
English, Willow	2005

<b>F</b>	
Farris, Carly	2007-09
Fellows, Lauren	2004
Finney, Sharon	2004-06
Fix, Cora	2003
Fleischer, Kristin	2001
Foley, Pam	2000, 2002
Frazier, Beth	1995
French, Emily	1994-96

<b>G</b>	
Gailbraith, Justine	2008-11
Geczi, Elaine	1991-92
Geigert, Heather	1994
Gerig, Johanna	2010
Gibson, Becca	2005-07
Goodell, Patricia	2002
Goodridge, Courtney	2003-04
Gould, Brianne	2013
Grafnings, Gunilla	2001-02
Griffin, Laura	2004-06

<b>H</b>	
Hagfors, Michelle	1994-95
Hale, Jennifer	2011-13
Hall, Kristi	1993-96
Hall, Marietta	1991
Hankins, Jane	1995
Hare, Nicole	2013-present
Haring, Christy	1994-95
Harper, Nicola	1992-95
Hasey, Cristal	2001
Hatchett, Deanne	1994-97
Head, Gina	2012-14
Heggum, Robin	2000
Hendershot, Amy Jo	2003-06
Hepworth, Nicole	1993-95
Hinkle, Stephanie	2011-13
Hoag, Ann	2010-11
Hoang, Ann	1994-97
Holtan, Karen	1993
Homan, Carey	2004-07
Horne, Dana	1995-97
Horner, Celeste	1993
Howard, Alisha	1998-99
Hue, Courtney	1996-97
Hughes, Jenny	2000-01
Hunter, Dorthea	2002

<b>J</b>	
Johnson, Carly	2011-14
Johnson, Lauren	2008-09
Johnson, Rachel	1991-94
Johnson, Rachel	2012
Jones, Elise	2012-14
Jonoubeh, Tamara	2008
Jordan, Molly	1994-97
Jorgensen, Erika	2008-09

<b>K</b>	
Kamphouse, Kelli	1993-96
Kern, Jackie	2000-01
Kim, Heidi	2012-13
Kinck, Christina	2008-11
Kistler, Michelle	1993-96
Koci, Kirsten	2000
Kressin, Heidi	1993-95
Kuelthau, Jenny	1991
Kyle, Amanda	2009

<b>L</b>	
Landon, Tara	1992-93
Larson, Emily	1999-2001
Laughery, Mel	1995
Lende, Sarah	2006-07
Levesque, Danya	2009-10
Lewis, Erica	2007-10
Lipsy, Shannon	1991-94
Littlejohn, Michella	1997
Lloyd, Emily	1997
Long, Casey	2005-06
Lortie, Catherine	1999, 2002-03
Lundberg, Maryann	2003-05

<b>M</b>	
Magill, Stefanie	1994-96
Magruder, Claire	2001
Malone, Lacey	2001
Manson, Angela	2003-05
Maricle, Lori	2003-05
Marks, Carter	2013-present
Marshall, Crissy	1993
Martin, Crystal	2010-11
Martin, Kyann	2008-10
McCabe Mollie	2011-14
McClintock, Kristin	1996-99
McDonald, Megan	2013-present
McGrath, Corrie	2000-03
McKnight, Amber	2003-04, 2006-07
McNeil, Rachel	2010-11
McTavish, Tara	2006-08
Meeker, Cara	1997
Meller, Kristin	1996
Merker, Marissa	1996-99
Mernaugh, Sally	1991
Metzger, Jill	1991-92
Miller, Autumn	1997-2000
Miller, Melissa	1996
Miller, Rosy	2003-04
Miller, Sarah	1993-95
Miller, Terese	1996
Mindemann, Michelle	2007-09
Moreno, Sally	1995-97
Morgan, Shayna	2004
Morris, Michelle	2005-07
Morse, Carly	2001
Munro, Jess	2012
Myers, Meghan	1994

<b>N</b>	
Nachazelova, Daniela	2004
Neal, Allison	1999
Neffeova, Irena	2008-10
Nesbitt, Vicki	2001
Newman, Chelsea	1994
Nicholson, Sarah	1993-96
Niell, Heather	2000
Nielson, Christy	2000-01

<b>O</b>	
Odland, Ella	2014
Oergel, Kim	1999-2001
O'Brien, Kelly	2005-08
O'Hare, Shannon	1991
Olson, Susan	1991-94
Orth, Jamie	2001-03
Ostopovich, Natasha	2008-11
Oury, Carolyn	2000-03

<b>P</b>	
Papke, Mykel	1994-97
Park, Camille	2001
Passons, Dana	1998-99
Patten, Jill	1992, 1994-95
Patterson, Erin	2001-04
Paszkowski, Kate	1996-97
Pein, Airion	1991
Peters, Monica	1998-2000
Phillips, Lisa	1997, 2000
Powell, Sarah	2008-12
Price, Meghann	2005
Prichard, Lydia	1999

<b>R</b>	
Rademacher, Kasia	2011
Ranney, Erin	2013
Rains, Emily	2000-03
Rand, Liz	2006
Ravancho, Cayla	2009-11
Reilly, Allie	2010-11
Rich, Ann	1992-95
Roman, Lisa	2010-11
Roberts, Pearl	2001

Rodford, Beth	2002
Rodriguez, Tiana	2006-08
Rothstrom, Hannah	2008-10
Ruman, Alyssa	2014
Ryman, Lexi	2009-11

<b>S</b>	
Schaeffer, Angie	2001
Schwarz, Nicole	1996
Schlachter, Patricia	2008
Schuster, Erin	2013
Scott, Angela	1998-99
Sekreta, Collen	1992
Serratore, Vanessa	2006
Shanahan, Christy	1997-99
Sharick, Corinna	2010-11
Shirley, Catherine	2005
Smith, Alison	2011-13
Smith, Jenipher	1992-94
Snook, Liz	1997-2000
Srb, Kellen	2013
Starkel, Emily	2012-14
Steele, Wendy	1993
Stephenson, Robyn	2005-06
Stoneham, Amanda	2000
Storbo, Jennie	1992
Summerville, Phillippa	2008-09
Swanson, Kelli	1993

<b>T</b>	
Taylor, Lori	1991
Taylor, Summer	1995-97
Teague, Monica	2007-09
Thomas, Jody	2004-06
Tribe, Emily	2001-04
Trout, Stephanie	1992-94
Turman, Connie	1996-97
Turnbull, Naomi	2000-03
Tyler, Shannon	1997

<b>V</b>	
Vogt, Suzanne	2004-05
Vos, Kathy	1996

<b>W</b>	
Waddell, Alex	2012, 2013-present
Waelti, Lynn	1992
Wakulich, Kayla	2012
Walby, Susan	1996
Walker, Erin	2001-02
Waterfield, Sarah	2004-07
Watson, Jordan	2014-present
Watt, Catherine	2005-07
Watt, Isabella	2014-present
Wedin, Alison	1996
Wedin, Megan	1996-97
Wertzler, Kelsey	2002-03
Whitney, Lisa	1997
Wiggs, Megan	1996-97
Winsper, Elizabeth	2002
Williams, E'Lana	1992-94
Wilson, Cynthia	2001
Windau, Nicole	1999-2000
Wolff, Sarah	2009-11
Wollstein, Katie	2008-10
Woodham, Brianna	2000-01
Wright, Nicole	2002-04
Wu, Sarah	2013-present

<b>Y</b>	
Yust, Jennifer	1995-97