# WASHINGTON STATE TRACK & FIELD



# Pac-12 Track & Field Championships May 14-5, Husky Track, Seattle

Linda Chalich • Asst. Dir. Athl. Comm. (Track & Field Contact) • W-509-335-0268 • C-509-432-3263 • lindak@wsu.edu

## WSU TRACK & FIELD 2016 OUTDOOR SCHEDULE

### **MARCH**

17-18 @Whitworth Buc Scoring 18-19 @USCTrojan Invite, L.A.

22 @Jim Bush Collegiate, L.A. (WSU-Arizona-UCLA)

## Pac-12TV LIVE

26 @U. Idaho Invite, Moscow

## **APRIL**

- 1 @San Francisco State Distance Carnival
- 1-2 @Stanford Invitational
- @ Sam Adams Classic, (Whitworth) Spokane
- 8-9 @Sun Angel Classic, Tempe
- 9 @SCC WAR IX, Spokane
- 13-14 @Mt. SAC Combined, Azusa
- 14-16 @ Mt. SAC Relays, Norwalk
- 15 @Bryan Clay Invite, Azusa
- 23 WSU vs. UW Dual, Pullman 30 Cougar Invitational

## MAY

- 1 @ Stanford Payton Jordan Invite
- 7-8 @Pac-12 Combined, Seattle
- 14-15 @ Pac-12 Champs, Seattle
- 26-28 @NCAA Prelim Rounds, Lawrence, Kan.

### JUNE

8-11 @ NCAA Champs, Eugene

### PAC-12 TRACK & FIELD CHAMPIONSHIPS NEXT FOR COUGARS

The Pac-12 ConferenceTrack & Field Championships are Saturday and Sunday, May 14 & 15, at UW's HuskyTrack...returning Pac-12 Champion from WSU is junior CJ Allen who won the 2014 men's 400m hurdles but was injured last year and did not compete...missing champions on the women's side are heptathlete Alissa Brooks-Johnson (injury) and pole vaulter Kristine Felix (redshirt)...in 2015 the WSU women finished 5th (64 points) and WSU men finished 9th (31.5 points)...2016 Live Results can be viewed by clicking on the track schedule at www. wsucougars.com...Pac-12 TV Networks, will air tape-delayed 3-hour broadcast of the championships May 22 at 9 a.m. (PacificTime).

### WAYNE PHIPPS, DIR. OF WSU CROSS COUNTRY/TRACK & FIELD

Wayne Phipps (Univ. of British Columbia '91/Oregon '94) become the 15th coach to take the reins of the Washington State men's program and the second coach for the combined men's and women's program at WSU on July 1, 2014...Phipps had been the University of Idaho's Director and Track & Field/Cross Country from 2010 through 2014, and was a coach with the Vandals program for a total of 19 years...he served as co-head coach from 2000-09, after serving as an assistant coach from 1995-99... at Idaho, he was named conference Coach of the Year 14 times and led the Vandals to a record 16 conference titles.

## **COUGAR COACHING STAFF**

WSU Track & Field coaching staff includes Associate Head Coaches Julie Taylor (throws), and Yogi Teevens (sprints, relays and horizontal jumps)... Assistant Coaches are Brad Walker (vertical jumps), and Allix Potratz-Lee (distance)... Andrea Sabbatine is the Operations Coordinator... volunteeers working with the WSU track and field this year include: Jesse Jorgensen, Nigel Joseph, Hannah Kiser, Josiah Sims, Tim Taylor, and Liga Velvere.

## 2016 WASHINGTON STATE TRACK & FIELD TEAM CAPTAINS

Women's Track: Dominique Keel; Women's Field - Kelsie Taylor; Women's Distance: CharLee Linton; Men's Track: CJ Allen; Men's Field: Travis Pickett; Men's Distance: John Whelan.

## **COUGARS HIGHLIGHTS PAC-12 COMBINED EVENTS**

At the Pac-12 Combined Events Championships at HuskyTrack in Seattle May 7-8, junior Liz Harper finished third and freshman Lindsey Schauble finished 10th in the heptathlon and Dino Dodig placed fourth in the decathlon...Harper (Missoula, Mont.) competed in only her second heptathlon tallied PRs in first day points (3495), high jump (1.81m/5-11 1/4 - 10th-best in WSU all-time records), 200m (24.61), 800m (2:14.03)...her PR total of 5,564 points is seventh-best in WSU all-time records and ranked 20th-best nationally...Schauble (Kennewick, Wash.) scored 4,626 points for 10th out of the 14 competitors...she reached PRs in the 100m hurdles (15.00), 200m (26.25), and 800m (2:25.07)...In the decathlon, Dodig (Novi Sad, Serbia) tallied 7,339 points which is 16th-best nationally... Dodig was in fourth place after his first day PR of 3,909 points...other PRs included long jump (7.09m/23-3 1/4), and the 400m (48.83)...in the final event of the two-day competition, Dodig ran the 1500m in a time of 4:28.68, just 45/100s of a second off his PR time but Oregon's Joe Delgado climbed into third place with a two-point edge over Dodig...the top 24 heptathletes and decathletes advance to the national championships and do not compete at the Preliminary Rounds.

## WASHINGTON STATE TRACK & FIELD RELEASE

## Pac-12 Track & Field Championships, May 14-15, Seattle

Page 2



## USTFCCCA NATIONAL TEAM RANKINGS

The United States Track & Field and Cross Country Coaches Association (USTF-CCCA) national rankings are a prediction of how teams and individuals will place at the 2016 NCAA Div. I Outdoor Championships, June 8-11, in Eugene.

### USTFCCCA TRACK & FIELD MEN'S TOP 25 TEAMS WEEK 6 RANKINGS May 9, 2016

			Last
	<u>School</u>	<b>Points</b>	Rankin
1.	Texas A&M	331.50	1
2.	Florida	270.86	2
3.	LSU	235.02	3
4.	Arkansas	198.49	4
5.	Texas	185.07	6
6.	Georgia	167.74	5
7.	Oregon	158.78	7
8.		155.94	9
9.	Alabama	147.18	8
10.	Virginia Tech	118.76	10
11.	Virginia	115.36	11
12.	Syracuse	112.94	12
13.	Mississippi St.	105.66	13
14.	Minnesota	96.72	14
15.	Penn State	96.52	15
16.	UCLA	91.43	17
17.	Stanford	91.42	16
18.	Northern Arizona	86.46	18
19.	Houston	84.76	22
20.	BYU	82.92	33
21.	N. Carolina A&T	80.09	92
22.	South Carolina	79.45	19
23.	Kansas	78.48	31
24.	TCU	78.43	20
25.	Mid.Tennesse	76.74	21

## Next Ranking: May 23

41

50. Washington State 47.31

## WSU COMPETITORS ENTERED AT PAC-12 CHAMPIONSHIPS, MAY 14-15 WSU Men

100m - Ja'Maun Charles, Zach Smith

200m - Terrance Chambers, Ja'Maun Charles, Jonnie Green, Zach Smith

400m - Ray Littles

800m - Jackson Haselnus, Reid Muller, Matthew Swanson

1500m - Chandler Teigen

5000m - Sam Levora, Forrest Shaffer, Nathan Wadhwani,

John Whelan, Michael Williams

10,000m - John Whelan, Michael Williams

110m Hurdles - Christapherson Grant, Abu Kamara

400m Hurdles - CJ Allen

3000m Steeplechase - Forrest Shaffer, Nathan Wadhwani

4x100m Relay - Smith, Charles, Chambers, Green

4x400m Relay - Charles, Allen, Dodig, Swanson, Littles, Green, Chambers

High Jump - Peyton Fredrickson, Thane Pierson

Pole Vault - Dino Dodig, Austin Sodorff

Long Jump - Peyton Fredrickson

Triple Jump - Robby Flores

Shot Put - Jake Callaghan, Matt Wardell

Discus - Cameron Brink, Adam Mahama

Hammer - Travis Pickett

Javelin - Brad Stevens

## PAC-12 MEN'S TEAM STANDINGS AFTER 2016 DECATHLON

Oregon 14

Arizona 10

WSU 5

Washington 4

UCLA 4

Colorado 2

### WSU'S RETURNING NCAA CHAMPIONSHIPS PARTICIPANTS

Dino Dodig, Decathlon: 2015 (DNF)

### WSU'S RETURNING PAC-12 CHAMPIONSHIPS SCORERS

CJ Allen, 400m Hurdles: 2014 (1st)

Terrance Chambers, 200m: 2014 (7th); 2015 (7th)

Dino Dodig, Decathlon: 2015 (5th)

Thane Pierson, High Jump: 2014 (t-5th); 2015 (t-5th)

Forrest Shaffer, 3000m Steeplechase: 2014 (6th); 2015 (7th)

Austin Sodorff, Pole Vault: 2014 (6th)

Brad Stevens, Javelin: 2015 (8th)

## PIERSON NAMED PAC-12 MEN'S FIELD ATHLETE OF THE WEEK

Thane Pierson (senior, Naches, Wash.) was named the Pac-12 Male Field Athlete of the Week of April 25-May 1, for his high jump of 2.21m/7-3 at the 16th Annual Cougar Invitational, April 30, in Pullman...his mark is the seventh-best high jump in WSU all-time records and currently tied for sixth-best in the nation and second-best in the Pac-12...he eclipsed the meet record of 6-10 3/4 (2.10m) set by WSU's Matt Alverson in 2001.





## WASHINGTON STATE TRACK & FIELD RELEASE

## Pac-12 Track & Field Championships, May 14-15, Seattle

Page 3

## USTFCCCA TRACK & FIELD WOMEN'S TOP 25 TEAMS WEEK 6 RANKINGS May 9, 2016

		Last
<u>School</u>	<u>Points</u>	Ranking
1. Kentucky	343.88	1
2. Arkansas	327.78	2
3. Oregon	268.60	3
4. USC	247.77	5
5. Texas	235.23	4
6. Florida	230.29	6
7. LSU	208.99	7
8. Stanford	193.53	8
9. Kansas State	189.65	9
10. Texas A&M	189.13	10
11. Georgia	185.35	11
12. New Mexico	144.35	14
13. Tennessee	144.24	13
14. Harvard	141.60	12
15. Oklahoma	123.87	15
16. Mississippi State	119.49	16
17. Miami	111.44	17
18. Oklahoma State	103.33	18
19. Texas Tech	103.31	27
20. Baylor	97.87	19
21. Wisconsin	95.99	21
22. Arizona	92.90	20
23. Nebraska	80.89	24
24. Auburn	76.40	22
25. Mississippi	71.62	23

## **Next Ranking: May 23**

78

62. Washington State 25.54

## WEST REGIONAL RANKINGS WEEK 6 May 9, 2016

1VIAY 3, 2010				
Men	<u>Women</u>			
Rank School	Rank School			
1. Oregon	1. Oregon			
2. Stanford	2. USC			
3. UCLA	3. Stanford			
4. Washington	4. UCLA			
5. Arizona State	5. Arizona			
6. USC	6. Washington			
7. California	7. San Diego State			
8. Long Beach St.	8. Arizona State			
9. Arizona	9. Washington St.			
10. Washington St.	10. California			
11. Cal St. Fullerton	11. UNLV			
12. UC Davis	12. Fresno State			
13. UC Santa Barbara	13. UC Riverside			
14. UC Irvine	14. UC Davis			
15. Cal Poly	15. Long Beach State			

## WSU COMPETITORS ENTERED AT PAC-12 CHAMPIONSHIPS, MAY 14-15 WSU Women

100m - Danielle Darden, Regyn Gaffney

200m - Danielle Darden, Regyn Gaffney, Dominique Keel

400m - Christiana Ekelem, Dominique Keel

800m - no entry 1500m - no entry

5000m - Devon Bortfeld, Katherine Dittmann, CharLee Linton

10,000m - CharLee Linton, Morgan Willson

100m Hurdles - Candice McFarland

400m Hurdles - Liz Harper

3000m Steeplechase - Devon Bortfeld, Emily Dwyer

4x100m Relay - Gaffney, Darden, Ekelem, Keel

4x400m Relay - Keel, Darden, Ekelem, Harper, Gaffney

High Jump - Kiana Davis, Liz Harper, Lateah Holmes, Audrey Ketcham

Pole Vault - Katelyn Frost Long Jump - Essence White

Triple Jump - Greer Alsop, Kiana Davis, Kayla Warren

Shot Put - no entry

Discus - Chrisshnay Brown, Kaitlin Krouse

Hammer - Katie Wardsworth

Javelin - Kelsie Taylor

## PAC-12 WOMEN'S STANDINGS AFTER 2016 HEPTATHLON

USC 14 Arizona 11 WSU 6 Colorado 6 Washington 2

#### WSU'S RETURNING NCAA OUTDOOR WOMEN PARTICIPANTS

Liz Harper, 400m Hurdles: 2015 (19th) Audrey Ketcham, High Jump: 2015 (21st)

400m Relay (D. Darden, C. Ekelem, D. Keel): 2015 (17th) 1600m Relay (C. Ekelem, L. Harper, D. Keel): 2015 (21st)

### WSU'S RETURNING PAC-12 CHAMPIONSHIPS WOMEN SCORERS

Greer Alsop, Triple Jump: 2015 (8th) Liz Harper, 400m Hurdles: 2015 (4th) Lateah Holmes, High Jump: 2015 (t-6th) Dominique Keel, 100m: 2014 (7th)

Audrey Ketcham, High Jump: 2014 (8th); 2015 (t-6th)

Candice McFarland, 100m Hurdles: 2015 (4th)

Kelsie Taylor, Javelin: 2015 (5th) Kayla Warren, Triple Jump: 2015 (6th)

### SENIOR HONORS FOR T&F STUDENT-ATHLETES

WSU senior student-athletes were feted at the 34th Annual Senior Recognition Luncheon May 6...T&F student-athletes honored included: Senior Excellence in Academics - Dominique Keel, Thane Pierson, Forrest Shaffer, Kelsie Taylor; Pac-12 Conference Postgraduate Scholarship - Dominique Keel, Forrest Shaffer; Cougar Pride - Dominique Keel; Athletic Director's Star Performer - Terrance Chambers; Steve Gleason Community Service and Leadership - Kelsie Taylor; SAAC True Cougar - Terrance Chambers, Dominique Keel; Beulah M. Blankenship Outstanding Student-Athlete - Kelsie Taylor.

# AC

## WASHINGTON STATE TRACK & FIELD RELEASE

## Pac-12 Track & Field Championships, May 14-15, Seattle

Page 4



### NCAA DESCENDING ORDER LISTS

The NCAA descending order of marks for inclusion in the 2016 NCAA Preliminary Rounds can be viewed at the United States Track & Field/Cross Country Coaches Association (USTFCCCA) Track & Field Results Reporting System website (www.tfrrs.org)...the top 48 in each event advances to the East or West Region Preliminary Rounds...West Region Prelims are May 26-28, in Lawrence, Kansas.

## WSU MEN IN NCAA WEST REGION TOP 48/PAC-12 TOP 8 RANKINGS (as of May 9)

[Pac-12 top 8 rankings w/marks not in West Region Top 48]:

100m - Ja'Maun Charles 10.44 (44th/7th)

10,000m - Michael Williams 29:09.28 (14th/4th); John Whelan 29:15.94 (24th/5th)

400m Hurdles - CJ Allen 50.16 (3rd/1st)

3000m Steeplechase - Forrest Shaffer 8:51.73 (19th/3rd)

4x100m Relay - Z. Smith, Charles, Chambers, Green 40.17 (40th/4th)

4x400m Relay - Charles, Allen, Green, Swanson 3:13.75 (6th)

High Jump - Thane Pierson 2.21m/7-3 (5th/2nd)

Pole Vault - Austin Sodorff 5.20m/17-0 3/4 (29th/4th)

Hammer - Travis Pickett 59.61m/195-7 (39th/5th)

Javelin - Brad Stevens 68.10m/223-5 (20th/4th)

Heptathlon - Dino Dodig 7,339 points (9th Region - 16th nationally/5th)

## WSU WOMEN IN NCAA WEST REGION TOP 48/PAC-12 TOP 8 RANKINGS (as of May 9)

[Pac-12 top 8 rankings w/marks not in West Region Top 48]:

10,000m - CharLee Linton 34:05.29 (17th/2nd)

400m Hurdles - Liz Harper 58.49 (13th/5th)

3000m Steeplechase - Devon Bortfeld 10:34.10 (46th)

4x100m Relay - Gaffney, Darden, Ekelem, Keel 44.75 (26th/4th)

4x400m Relay - Gaffney, Keel, Ekelem, Harper 3:36.76 (26th/5th)

High Jump - Liz Harper 1.81m/5-11 1/4 (6th/2nd); Kiana Davis 1.75m/5-8 3/4 (36th/7th);

Lateah Holmes 1.74m/5-8 1/2 (43rd/8th)

Long Jump - Liz Harper 6.01m/19-8 3/4 (41st)

Triple Jump - Greer Alsop 12.66m/41-6 1/2 (27th/6th); Kiana Davis 12.54m/41-1 3/4 (34th/8th);

Kayla Warren 12.45m/40-10 1/4 (40th)

Javelin - Kelsie Taylor 46.06m/151-1 (43rd/4th)

Heptathon - Liz Harper 5472 points (15th Region - 20th nationally/3rd)

### LAGAT RUNS ANOTHER RECORD

Coug alum Bernard Lagat, 41, ran ANOTHER Masters World Record time Sunday, May 1...Lagat, a WSU Athletics Hall of Fame member, ran his first 10,000 meters at Stanford's Payton Jordan Invite and not only did her win but his time of 27:49 is well-below the Olympic standard of 28:00, but it is a Masters World Record time... Lagat's 10k time is better than any collegiate time this season...last month, Lagat ran the Masters World Record of 13:38 in the 5k at Carlsbad 5000...Sunday's 10k time is Lagat's seventh World Record since joining the Masters age group last year.



# AC

## WASHINGTON STATE TRACK & FIELD RELEASE

## Pac-12 Track & Field Championships, May 14-15, Seattle

Page 5

# COUGARS

## COUGARS RANKED IN WORLD AND USA 2015 TOP MARKS

The 69th Annual *Track & Field News* rankings list for 2015 World and USA (based on descending order of importance: 1. Honors Won, 2. Head-To-Head records with other athletes, and 3. Sequence Of Marks) has 10 curent or former Cougar competitors (published February 2016):

#### MEN

Joe Abbott, 800m (1:47.52) 34th USA Jesse Jorgensen, 800m (1:45.76), 13th USA

Bernard Lagat, mile (3:54.91i) 8th USA, 22nd World

Bernard Lagat, 3000m (7:37.92i) 1st USA, 8th World

**Bernard Lagat**, 2 miles (8:17.05i) 6th World

**Bernard Lagat**, 5000m (13:14.97), 8th USA

**Jeshua Anderson**, 400m hurdles (48.95) 12th USA, 23rd World

Brad Stevens, javelin (71.07m/233-2), 33rd USA

### WOMEN

**Liz Harper**, 400m hurdles (57.31), 30th USA

Audrey Ketcham, high jump (1.82m/5-11 1/2) t-31st USA

Kristine Felix, pole vault

(4.26m/13-11 3/4i), t-31st USA

Blessing Ufodiama, triple jump (13.47m/44-2 1/2), 12th USA

Alissa Brooks-Johnson, heptathlon (5803) 18th USA

# WSUTRACK & FIELD RECORD BOOK MARKS RECORDED BY 2016 STUDENT-ATHLETES

Women's All-Time Marks (season achieved mark)

60m - 7th. 7.57i Dominique Keel (2014) & 7.57i Danielle Darden (2015)

200m - 5th. 23.74 Dominique Keel (2016)

3000m - 8th. 9:35.49i CharLee Linton (2016)

5000m - 7th. 16:31.43 CharLee Linton (2016)

(16:34.89i CharLee Linton (2016) - INDOOR RECORD)

10,000m - 1st. 34:03.69 CharLee Linton (2015)

6th. 36:06.48 Morgan Willson (2016)

8th. 36:33.54 Katherine Dittmann (2016) FRESHMAN SR

60m Hurdles - t-5th. 8.45i Candice McFarland (2015)

t-5th. 8.45i Liz Harper (2016)

100m Hurdles - 4th. 13.57 Candice McFarland (2015)

t-10th 13.80 Liz Harper (2016)

400m Hurdles - 2nd. 57.31 Liz Harper (2015),

7th. 58.81 Alissa Brooks-Johnson (2015)

3000m Steeplechase - 7th. 10:34.10 Devon Bortfeld (2016)

4x100m Relay - 2nd. 44.61 D. Darden, Christiana Ekelem, D. Keel

4x400m Relay - 4th. 3:36.76 R. Gaffney, D. Keel, C. Ekelem, L. Harper

High Jump - 7th. 1.82m / 5-11 1/2 Audrey Ketcham (2015)

t-9th. 1.81m / 5-11 1/4 Liz Harper (2016)

Pole Vault - 2nd. 4.26m / 13-11 3/4i Kristine Felix (2015)

Triple Jump - 3rd. 12.67m / 41-7i Greer Alsop (2016)

10th. 12.55m / 41-2 1/4i Kiana Davis (2016)

Weight Throw - 8th. 16.46m / 54-0i Katie Wardsworth (2016)

Hammer - 5th. 55.58m / 182-4 Katie Wardsworth (2016)

Pentathlon - 3rd. 4,146i points Liz Harper (2016)

4th. 4,101i points Liz Harper (2016)

10th. 3,322i points Lindsey Schauble (2016)

Heptathlon - 4th. 5,803 points Alissa Brooks-Johnson (2015)

7th. 5,472 points Liz Harper (2016)

### Men's All-Time Marks

Distance Medley Relay - 9:59.67 Paul Ryan, Ray Littles, Reid Muller, Nathan Tadesse (2016) - FRESHMAN SR

400m Hurdles - 6th. 50.16 CJ Allen (2016)

High Jump - 6th. 2.21m / 7-3 Thane Pierson (2016)

Pole Vault - t-10th. 5.20m / 17-0 3/4 Austin Sodorff (2016)

Javelin - 10th. 71.07m / 233-2 Brad Stevens (2015)

Weight Throw - 7th. 19.27m / 63-2 3/4i Brock Eager (2016)

Heptathlon - 1st. 5,635i points Dino Dodig (2016)

Decathlon - 10th. 7,416 points Dino Dodig (2015)

# AC

## WASHINGTON STATE TRACK & FIELD RELEASE

## Pac-12 Track & Field Championships, May 14-15, Seattle

Page 4

## WSU MEN COMPETITORS TO WATCH AT THE 2016 PAC-12 CHAMPIONSHIPS SPRINTS/RELAYS

Ja'Maun Charles (freshman, Pleasanton, Calif.) - 100m/200m/Relays

Rising star - leads team in 100m (10.44) and 200m (21.13w)

Terrance Chambers (junior, Federal Way, Wash.) - 200m/Relays

200m - 2014 Pac-12 Championships (7th)

200m - 2015 Pac-12 Championships (7th)

#### **HURDLES**

CJ Allen (sophomore, Allyn, Wash.) - 400m Hurdles

Men's Track events team captain

400m Hurdles - 2014 Pac-12 Championships champion

400m Hurdles - 2015 Pac-12 Chamionships - sat out with foot stress fracture

WSU All-time Records: 400m Hurdles (50.16 - 6th)

Forrest Shaffer [pronounced shay-fur] (redshirt senior, Petaluma, Calif.) - 3000m Steeplechase

Steeplechase - 2014 Pac-12 Championships (6th)

Steeplechase - 2015 Pac-12 Championships (7th)

Majoring in neuroscience and works in lab at WSU

## MIDDLE DISTANCE/DISTANCE

Matthew Swanson (redshirt junior, North Vancouver, B.C. Canada) - 800m

PR time in 800m of 1:50.14

John Whelan (junior, Etna, Calif.) - 5,000m/10,000m

Men's Distance events team captain

2015 Pac-12 Cross Country Championships - 9th / All-Pac-12 XC second team honors

2015 NCAA Cross Country West Regionals - 2nd

10,000m PR 29:15.94 at Stanford Invite (2016)

Michael Williams (sophomore, Richland, Wash.) - 5,000m/10,000m

2015 Pac-12 Cross Country Championships - 12th / All-Pac-12 XC second team honors

2015 NCAA Cross Country West Regionals - 3rd

10,000m PR 29:09.28 at Stanford Invite (2016)

#### **JUMPS**

Thane Pierson (junior, Naches, Wash.) - High Jump

2014 Pac-12 Championships (t-5th)

2015 Pac-12 Championships (t-5th)

WSU All-time Records: High Jump (2.21m/7-3 - 6th)

Austin Sodorff (junior, Woodinville, Wash.) - Pole Vault

2014 Pac-12 Championships (6th)

2015 Pac-12 Championships - not on team roster

WSU All-time Records: Pole Vault (5.20m/17-0 3/4 - t-10th)

## **THROWS**

Travis Pickett (redshirt junior, Snohomish, Wash.) - Hammer

Men's Field events team captain

Leads team in hammer throw with 59.61m/195-7

Brad Stevens (redshirt sophomore, Snoqualmie, Wash.) - Javelin

WSU All-time Records: Javelin (71.07m/233-2 - 10th)

Battled shoulder injury this season

# ALC.

## WASHINGTON STATE TRACK & FIELD RELEASE

## Pac-12 Track & Field Championships, May 14-15, Seattle

Page 4

## WSU WOMEN COMPETITORS TO WATCH AT THE 2016 PAC-12 CHAMPIONSHIPS SPRINTS/RELAYS

Danielle Darden (junior, Aliso Viejo, Calif.) - 100m/Relays

2015 NCAA 4x100m Relay (17th)

Dominique Keel (junior, Beaverton, Ore.) - 200m/Relays

Women's Track events team captain

100m - 2014 Pac-12 Championships (7th)

2015 NCAA 4x100m Relay (17th)

2015 NCAA 4xx400m Relay (21st)

WSU All-time Records: 60m (7.57i - 7th-best), 200m (23.74 - 5th)

Christiana Ekelem (senior, Etiwanda, Calif.) - 400m/Relays

2015 NCAA 4x100m Relay (17th)

2015 NCAA 4x400m Relay (21st)

### **HURDLES**

Candice McFarland (redshirt senior, Las Vegas) - 100m Hurdles

2015 Pac-12 (4th)

WSU All-time Records: 100m Hurdles (13.57 - 4th)

Liz Harper (junior, Missoula, Mont.) - 400m hurdles/Relay

2015 Pac-12 Championships (4th)

WSU All-time Records: 100m Hurdles (13.80 - t-10th), 400m Hurdles (57.31- 2nd)

2015 NCAA 400m Hurdles (19th); 4x400m Relay (21st)

2015 NCAA 4x400m Relay (21st)

Devon Bortfeld (sophomore, Sammamish, Wash.) - 3,000m Steeplechase

WSU All-time Records: Steeplechase (10:34.10 - 7th)

#### **DISTANCE**

CharLee Linton [pronounced Charlie] (senior, Shoreline, Wash.) - 5,000m/10,000m

Women's Distance events team captain

10,000m time of 34:03.69 is School Record (2015 Stanford Invite)

WSU All-time records: 3000m (9:35.49i - 7th), 5,000m (16:31.43 - 7th); 10,000m (34:03.69 - 1st)

#### **JUMPS**

Greer Alsop (redshirt sophomore, Invercargill, New Zealand) - Triple Jump

2015 Pac-12 Championships (8th)

WSU All-time Records: Triple Jump (12.67m/41-7i - 3rd)

Kiana Davis (junior, Longview, Wash.) - Triple Jump/ High Jump

Transfered in January 2015 from Vanguard University

WSU All-time Records: Triple Jump (12.55m/41-2 1/4i - 10th)

Liz Harper (junior, Missoula, Mont.) - High Jump

WSU All-time Records: High Jump (1.81m/5-11 1/4i - t-9th)

Audrey Ketcham (senior, Wenatchee, Wash.) - High Jump

2014 Pac-12 Championships (8th)

2015 Pac-12 Championships (t-6th)

2015 NCAA High Jump (21st)

## **THROWS**

Katie Wardsworth (redshirt sophomore, Spokane Valley, Wash.) - Hammer

Transfered from Idaho in Fall 2015, sat out 2014-15 season

WSU All-time Records: Hammer (55.58m/182-4 - 4th)