



# WASHINGTON STATE TRACK & FIELD

## 16TH ANNUAL COUGAR INVITATIONAL

### April 30, Mooberry Track, Pullman

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#### WSU TRACK & FIELD 2016 OUTDOOR SCHEDULE

##### MARCH

- 17-18 @Whitworth Buc Scoring  
18-19 @USCTrojan Invite, L.A.  
22 @Jim Bush Collegiate, L.A.  
(WSU-Arizona-UCLA)  
**Pac-12 TV LIVE**  
26 @U. Idaho Invite, Moscow

##### APRIL

- 1 @San Francisco State  
Distance Carnival  
1-2 @Stanford Invitational  
2 @Sam Adams Classic,  
(Whitworth) Spokane  
8-9 @Sun Angel Classic, Tempe  
9 @SCC WAR IX, Spokane  
13-14 @Mt. SAC Combined, Azusa  
14-16 @Mt. SAC Relays, Norwalk  
15 @Bryan Clay Invite, Azusa  
23 **WSU vs. UW Dual, Pullman**  
30 **Cougar Invitational**

##### MAY

- 1 @Stanford Payton Jordan Invite  
7-8 @Pac-12 Combined, Seattle  
14-15 @Pac-12 Champs, Seattle  
26-28 @NCAA Prelim Rounds,  
Lawrence, Kan.

##### JUNE

- 8-11 @NCAA Champs, Eugene

#### WASHINGTON STATE TRACK & FIELD HOSTS COUGAR INVITE

The Washington State track and field teams will compete on the Palouse and two other locations this weekend...WSU hosts the 16th Annual Cougar Invitational, a collegiate meet, Sat., April 30, at Mooberry Track in Pullman...field events start at 10 a.m...racing begins at Noon with the final race set to begin at 3:15 p.m...**schedule of events** is on page 6 of this release...spectators are admitted without charge...results will be posted at [www.wsucougars.com](http://www.wsucougars.com), when available after the meet...six WSU runners will compete April 30 at UW's Ken Shannon Invite...another five WSU runners will be at Stanford's Payton Jordan Invite, May 1.

#### WAYNE PHIPPS, DIR. OF WSU CROSS COUNTRY/TRACK & FIELD

Wayne Phipps (Univ. of British Columbia '91/Oregon '94) become the 15th coach to take the reins of the Washington State men's program and the second coach for the combined men's and women's program at WSU on July 1, 2014...Phipps had been the University of Idaho's Director and Track & Field/Cross Country from 2010 through 2014, and was a coach with the Vandals program for a total of 19 years...he served as co-head coach from 2000-09, after serving as an assistant coach from 1995-99... at Idaho, he was named conference Coach of the Year 14 times and led the Vandals to a record 16 conference titles.

#### COUGAR COACHING STAFF

WSU Track & Field coaching staff includes Associate Head Coaches Julie Taylor (throws), and Yogi Teevens (sprints, relays and horizontal jumps)...Assistant Coaches are Brad Walker (vertical jumps), and Alix Potratz-Lee (distance)...Andrea Sabbatine is the Operations Coordinator...volunteers working with the WSU track and field this year include: Jesse Jorgensen, Nigel Joseph, Hannah Kiser, Josiah Sims, Tim Taylor, and Liga Velve.

#### 2016 WASHINGTON STATE TRACK & FIELD TEAM CAPTAINS

Women's Track: Dominique Keel; Women's Field - Kelsie Taylor; Women's Distance: CharLee Linton; Men's Track: CJ Allen; Men's Field: Travis Pickett; Men's Distance: John Whelan.

#### COUGARS HIGHLIGHTS FROM WSU-UW DUAL MEET

Saturday, April 23, on a cool and blustery day at Mooberry Track, cross-state and Pac-12 rivals UW and WSU met for a dual track and field meet...in the 97th men's dual meet, UW won 95-68, and in the 37th women's dual meet, UW won 100-63...Cougars did find personal improvement during the meet, with men reaching 12 PRs and women recording 11 PRs...Liz Harper had a trio of wins in the long jump (6.00m/19-8 1/4), 100m hurdles in a PR time of 13.80, tied for 10th-best in school history, and 400m hurdles (59.80)...other WSU women with winning performances were: 4x100m relay (Regyn Gaffney, Danielle Darden, Christiana Ekelem, and Dominique Keel - 45.55), Lateah Holmes (high jump - PR 1.74m/5-8 1/2), Greer Alsop (triple jump - 12.56m/41-2 1/2), and Kelsie Taylor (javelin - 46.05m/151-1)...WSU men's winners included: Ja'Maun Charles (100m - PR 10.44), Terrance Chambers (200m - 21.19), 4x100m relay (Charles, Zach Smith, Chambers and Jonnie Green - 40.17), CJ Allen (400m hurdles - 50.74), 4x400m relay (Ray Littles, Allen, Dino Dodig and Matthew Swanson - 3:12.13), Thane Pierson (high jump - 2.16m/7-1), Adam Mahama (discus - PR 52.77m/173-1), and Travis Pickett (hammer - PR 59.61m/195-7).



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### USTFCCCA NATIONAL TEAM RANKINGS

The United States Track & Field and Cross Country Coaches Association (USTFCCCA) national rankings are a prediction of how teams and individuals will place at the 2016 NCAA Div. I Outdoor Championships, June 8-11, in Eugene.

### USTFCCCA TRACK & FIELD MEN'S TOP 25 TEAMS WEEK 4 RANKINGS April 25, 2016

School	Points	Last Ranking
1. Texas A&M	337.81	1
2. Florida	261.30	2
3. LSU	242.67	5
4. Arkansas	193.48	7
5. Georgia	179.19	8
6. Texas	178.85	4
7. Oregon	150.18	3
8. Alabama	149.58	9
9. Texas Tech	139.84	10
10. Virginia	123.74	6
11. Minnesota	117.93	36
12. Syracuse	115.11	29
13. Virginia Tech	108.57	22
14. Penn State	102.31	12
15. Mississippi St.	100.76	31
16. UCLA	93.67	23
17. South Carolina	86.58	11
18. Houston	84.98	41
19. TCU	84.96	25
20. Mississippi	82.93	51
21. Mid. Tennessee	82.05	20
22. Iowa	81.11	35
23. USC	80.21	15
24. Penn	79.71	26
25. Florida State	79.50	39

49. Washington State 49.15 72

**Next Ranking: May 2**

### WSU MEN ENTERED IN COUGAR INVITE MEET

100m - Terrance Chambers, Ethan Gardner, Christopherson Grant, Jonnie Green, Brandon Jetter, Ray Littles, Zach Smith  
 200m - Terrance Chambers, Ethan Gardner, Jonnie Green, Brandon Jetter, Zach Smith  
 400m - Will DeMaris, Tyler Hill, Jake Nienhuis  
 800m - Jake Finney, Jackson Haselnus, Kyler Little, Hironmoy, Redman, Alex Simpson  
 1500m - Jake Finney, Jackson Haselnus, Kyler Little, Alex Simpson  
 110m Hurdles - Dino Dodig, Christopherson Grant, Abu Kamara, Ian Markham  
 400m Hurdles - Ian Markham  
 4x400m Relay - Smith, Chambers, Hill, DeMaris  
 High Jump - Peyton Fredrickson, Keelan Halligan, Thane Pierson, Brendan Rexus  
 Pole Vault - Dino Dodig, Tucker Mjelde, Austin Sodorff, Kainoa Tom  
 Long Jump - Josh Colbert, Peyton Fredrickson, Ray Littles  
 Triple Jump - Josh Colbert, Robby Flores, Keelan Halligan  
 Shot Put - Jake Callaghan, Ray Littles, Matt Wardell  
 Discus - Cameron Brink, Dino Dodig, Adam Mahama  
 Hammer - Amani Brown, Derek Crites, Adam Mahama, Travis Pickett  
 Javelin - Ray Littles, Taylor O'Toole, Brad Stevens

### MEN'S COUGAR INVITE MEET RECORDS

100m - 10.37 Bennie Chatman (WSU) 2003  
 200m - 21.22 Anthony Buchanan (WSU) 2003  
 400m - 47.27 Christopher Tyler (Athletics Alberta) 2002  
 800m - 1:49.28 Japheth Kimutai (Puma) 2002  
 1500m - 3:48.62 Kip Kangogo (Athletics Alberta) 2002  
 3000m - 8:39.22 Ryan Freimuth (WSU) 2005  
 5000m - 14:37.94 Oscar Franco-Parra (WSU) 2001  
 110m Hurdles - 13.80 Arend Watkins (WSU) 2001  
 400m Hurdles - 51.61 Eric Dudley (WSU) 2003  
 3000m Steeplechase - 9:14.49 Randy Reeder (Idaho State) 2000  
 4x100m Relay - 39.81 Chatman, Henry, Cason, Buchanan (WSU) 2002  
 4x400m Relay - 3:14.74 Udy, Hurst, Knight Renner (Idaho St.) 2000  
 High Jump - 2.10m/6-10 3/4 Matt Alverson (WSU) 2001  
 Pole Vault - 5.30m/17-4 1/2 Tyson Byers (WSU) 2005  
 Long Jump - 7.53m/24-8 1/2 Demetrius Murray (WSU) 2000  
 Triple Jump - 15.02m/49-3 1/2 Tim Archer (Eastern Washington) 2000  
 Shot Put - 19.50m/63-11 3/4 Joachim Olsen (Idaho) 2001  
 Discus - 58.80m/192-11 Ian Waltz (WSU) 2000  
 Hammer Throw - 69.62m/228-5 James Steacy (Team Alberta) 2005  
 Javelin - 68.64m/225-2 Ryan Cole (Eastern Washington) 2000

### RETURNING NCAA CHAMPIONSHIPS PARTICIPANTS

Dino Dodig, Decathlon: 2015 (DNF)

### RETURNING PAC-12 CHAMPIONSHIPS SCORERS

CJ Allen, 400m Hurdles: 2014 (1st)  
 Terrance Chambers, 200m: 2014 (7th); 2015 (7th)  
 Dino Dodig, Decathlon: 2015 (5th)  
 Thane Pierson, High Jump: 2014 (t-5th); 2015 (t-5th)  
 Forrest Shaffer, 3000m Steeplechase: 2014 (6th); 2015 (7th)  
 Austin Sodorff, Pole Vault: 2014 (6th)  
 Brad Stevens, Javelin: 2015 (8th)



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### USTFCCCA TRACK & FIELD WOMEN'S TOP 25 TEAMS WEEK 4 RANKINGS April 25, 2016

School	Points	Last Ranking
1. Arkansas	295.85	2
2. Kentucky	284.02	8
3. Oregon	283.85	1
4. Texas	259.07	7
5. Florida	247.38	9
6. LSU	234.81	4
7. USC	227.40	3
8. Kansas State	206.88	10
9. Tennessee	170.05	16
10. Harvard	166.63	14
11. Stanford	165.46	12
12. Texas A&M	162.81	5
13. Georgia	154.73	6
14. Mississippi St.	131.82	11
15. Miami	125.91	13
16. Oklahoma	116.75	15
17. Baylor	115.40	17
18. Arizona	106.60	23
19. Wisconsin	85.90	27
20. Auburn	81.53	24
21. Oklahoma State	77.66	21
22. New Mexico	77.51	19
23. Nebraska	77.10	29
24. Mississippi	76.42	34
25. Michigan St.	73.12	26

78. Washington State 17.29 69

## Next Ranking: May 2

### WEST REGIONAL RANKINGS WEEK 4 April 25, 2016

Men	Women
Rank School	Rank School
1. Oregon	1. Oregon
2. Washington	2. USC
3. UCLA	3. Stanford
4. Stanford	4. UCLA
5. USC	5. Washington
6. Arizona State	6. Arizona
7. California	7. San Diego State
8. Long Beach St.	8. Washington St.
9. Arizona	9. Arizona State
10. Washington St.	10. California
11. Cal St. Fullerton	11. UNLV
12. UC Davis	12. Fresno State
13. Cal Poly	13. UC Riverside
14. UC Irvine	14. Long Beach State
15. UC Santa Barbara	15. UC Santa Barbara

### WSU WOMEN ENTERED AT COUGAR INVITE MEET

100m - Holly DeHart, Regyn Gaffney  
 200m - Holly DeHart, Regyn Gaffney  
 800m - Amanda Henderson, Jenaya Pynn  
 1500m - Josie Brown, Katherine Dittmann, Emily Dwyer, Alexys Garcia, Amanda Henderson, Steffie Pavey, Jenaya Pynn, Morgan Willson  
 100m Hurdles - Candice McFarland, ShaRaya Quinn  
 400m Hurdles - Stephanie Cho, ShaRaya Quinn  
 3000m Steeplechase - Emily Dwyer, Steffie Pavey  
 High Jump - Kiana Davis, Liz Harper, Lateah Holmes, Audrey Ketcham, Lindsey Schauble  
 Pole Vault - Danielle Carnahan, Katelyn Frost, Abby Webb  
 Long Jump - McKenna Hogan, Kayla Warren, Essence White  
 Triple Jump - Kiana Davis, Kayla Warren  
 Shot Put - Chrisshnay Brown, Liz Harper, Lindsey Schauble  
 Discus - Chrisshnay Brown, Kaitlin Krouse  
 Hammer - Kaitlin Krouse, Katie Wardsworth  
 Javelin - Liz Harper, Lindsey Schauble, Kelsie Taylor

### WOMEN'S WSU-UW DUAL MEET RECORDS:

100m - 11.66 Angela Whyte (Idaho) 2001  
 200m - 23.91 Erin Reed (WSU) 2001  
 400m - 54.74 Liga Velvere (Vandal TC) 2014  
 800m - 2:08.22 Abby Regan (WSU) 2015  
 1500m - 4:28.89 Katrina Drenen (Montana) 2010  
 3000m - 10:15.84 Brenn Donnelly (Gonaga) 2010  
 5000m - 16:38.77 Shelby Mills (Gonzaga) 2015  
 100m Hurdles - 13.58 Agneta Rosenblad (WSU) 2001  
 400m Hurdles - 58.49 Ellannee Richardson (Unattached) 2004  
 3000m Steeplechase - 10:44.41 Letiwe Marakurwa (Unattached) 2002  
 4x100m Relay - 45.38 Rosenblad, Reed, Skinner, Richardson (WSU) 2001  
 4x400m Relay - 3:45.10 Hurrell, Hall, Schaffer, Velvere (Idaho) 2011  
 High Jump - 1.80m/5-10 3/4 Diana Pickler (WSU) 2008  
 Pole Vault - 4.25m/13-11 1/4 Tamara Diles (WSU) 2006  
 Long Jump - 6.31m/20-8 1/2 Agneta Rosenblad (WSU) 2000  
 Triple Jump - 12.54m/41-1 3/4 Sarah Burns (WSU) 2007  
 Shot Put - 14.92m/48-11 1/2 Georgette Reed (Athletics Alberta) 2003  
 Discus - 54.12m/177-6 Andrea Thornton (WSU) 2001  
 Hammer Throw - 62.33m/204-6 Andrea Thornton (Unattached) 2002  
 Javelin - 54.34m/178-3 Marissa Tschida (WSU) 2014

### RETURNING NCAA OUTDOOR WOMEN PARTICIPANTS

Alissa Brooks-Johnson, Heptathlon: 2015 (18th) / 400m Hurdles: 2015 (23rd)  
 Liz Harper, 400m Hurdles: 2015 (19th)  
 Audrey Ketcham, High Jump: 2015 (21st)  
 400m Relay (D. Darden, C. Ekelem, D. Keel): 2015 (17th)  
 1600m Relay (C. Ekelem, L. Harper, D. Keel): 2015 (21st)

### RETURNING PAC-12 CHAMPIONSHIPS WOMEN SCORERS

Greer Alsop, Triple Jump: 2015 (8th)  
 A. Brooks-Johnson, Heptathlon: 2014 (2nd); 2015 (1st) / 400m Hurdles: 2015 (7th)  
 Liz Harper, 400m Hurdles: 2015 (4th)  
 Lateah Holmes, High Jump: 2015 (t-6th)  
 Dominique Keel, 100m: 2014 (7th)  
 Audrey Ketcham, High Jump: 2014 (8th); 2015 (t-6th)  
 Candice McFarland, 100m Hurdles: 2015 (4th)  
 Kelsie Taylor, Javelin: 2015 (5th)  
 Kayla Warren, Triple Jump: 2015 (6th)



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### NCAA DESCENDING ORDER LISTS

The NCAA descending order of marks for inclusion in the 2016 NCAA Preliminary Rounds can be viewed at the United States Track & Field/Cross Country Coaches Association (USTFCCCA) Track & Field Results Reporting System website ([www.tfrrs.org](http://www.tfrrs.org))...the top 48 in each event advances to the East or West Region Preliminary Rounds...West Region Prelims are May 26-28, in Lawrence, Kansas.

### WSU MEN IN NCAA WEST REGION TOP 48/PAC-12 TOP 8 RANKINGS (as of April 25)

*[Pac-12 top 8 rankings w/marks not in West Region Top 48 because the Pac-12 accepts indoor marks]:*

100m - Ja'Maun Charles 10.44 (38th/6th)  
200m - Terrance Chambers 21.09 (45th/7th); Ja'Maun Charles 21.13 (43rd)  
5000m - Michael Williams 14:04.16 (38th)  
10,000m - Michael Williams 29:09.28 (11th/3rd); John Whelan 29:15.94 (21st/4th)  
400m Hurdles - CJ Allen 50.16 (3rd/1st)  
3000m Steeplechase - Forrest Shaffer 8:51.73 (16th/3rd)  
4x100m Relay - Z. Smith, Charles, Chambers, Green 40.17 (31st/4th)  
4x400m Relay - Charles, Allen, Green, Swanson 3:13.75 (6th)  
High Jump - Thane Pierson 2.20m/7-2 1/2 (5th/2nd)  
Pole Vault - Austin Sodorff 5.20m/17-0 3/4 (26th/4th)  
Discus - Adam Mahama 52.77m/173-1 (47th)  
Hammer - Travis Pickett 59.61m/195-7 (39th/5th)  
Javelin - Brad Stevens 68.10m/223-5 (18th/4th)

### WSU WOMEN IN NCAA WEST REGION TOP 48/PAC-12 TOP 8 RANKINGS (as of April 25)

*[Pac-12 top 8 rankings w/marks not in West Region Top 48 because the Pac-12 accepts indoor marks]:*

200m - Dominique Keel 23.74 (45th)  
10,000m - CharLee Linton 34:05.29 (13th/2nd)  
100m Hurdles - Liz Harper 13.80 (48th/7th)  
400m Hurdles - Liz Harper 58.49 (13th/5th)  
3000m Steeplechase - Devon Bortfeld 10:41.82 (41st)  
4x100m Relay - Gaffney, Darden, Ekelem, Keel 44.75 (22nd/4th)  
4x400m Relay - Gaffney, Keel, Ekelem, Harper 3:36.76 (20th/5th)  
High Jump - Liz Harper 1.78m/5-10 (10th/2nd); Kiana Davis 1.75m/5-8 3/4 (26th/3rd);  
Lateah Holmes 1.74m/5-8 1/2 (35th/5th)  
Long Jump - Liz Harper 6.01m/19-8 3/4 (36th/6th)  
Triple Jump - Greer Alsop 12.66m/41-6 1/2 (23rd/6th); Kiana Davis 12.54m/41-1 3/4 (30th/8th);  
Kayla Warren 12.45m/40-10 1/4 (36th)  
Javelin - Kelsie Taylor 46.06m/151-1 (42nd/4th)  
Heptathlon - Liz Harper 5472 points (16th/3rd)



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### COUGARS

#### TRACK & FIELD

#### COUGARS RANKED IN WORLD AND USA 2015 TOP MARKS

The 69th Annual *Track & Field News* rankings list for 2015 World and USA (based on descending order of importance: 1. Honors Won, 2. Head-To-Head records with other athletes, and 3. Sequence Of Marks) has 10 current or former Cougar competitors (published February 2016):

#### MEN

**Joe Abbott**, 800m (1:47.52) 34th USA

**Jesse Jorgensen**, 800m (1:45.76), 13th USA

**Bernard Lagat**, mile (3:54.91i) 8th USA, 22nd World

**Bernard Lagat**, 3000m (7:37.92i) 1st USA, 8th World

**Bernard Lagat**, 2 miles (8:17.05i) 6th World

**Bernard Lagat**, 5000m (13:14.97), 8th USA

**Jeshua Anderson**, 400m hurdles (48.95) 12th USA, 23rd World

**Brad Stevens**, javelin (71.07m/233-2), 33rd USA

#### WOMEN

**Liz Harper**, 400m hurdles (57.31), 30th USA

**Audrey Ketcham**, high jump (1.82m/5-11 1/2) t-31st USA

**Kristine Felix**, pole vault (4.26m/13-11 3/4i), t-31st USA

**Blessing Ufodiana**, triple jump (13.47m/44-2 1/2), 12th USA

**Alissa Brooks-Johnson**, heptathlon (5803) 18th USA

#### LAGAT RUNS ANOTHER RECORD

Coug alum Bernard Lagat, 41, ran the Masters World Record time for the running a masters world record 13:38 5k at Carlsbad 5000.

### WSU T&F RECORD BOOK MARKS RECORDED BY 2016 STUDENT-ATHLETES

#### Women's All-Time Marks (season achieved mark)

60m - 7th. 7.57i Dominique Keel (2014) & 7.57i Danielle Darden (2015)

200m - 5th. 23.74 Dominique Keel (2016)

3000m - 8th. 9:35.49i CharLee Linton (2016)

5000m - 7th. 16:31.43 CharLee Linton (2016)

(16:34.89i CharLee Linton (2016) - **INDOOR RECORD**)

10,000m - 1st. 34:03.69 CharLee Linton (2015)

6th. 36:06.48 Morgan Willson (2016)

8th. 36:33.54 Katherine Dittmann (2016) **FRESHMAN SR**

60m Hurdles - t-5th. 8.45i Candice McFarland (2015)

t-5th. 8.45i Liz Harper (2016)

100m Hurdles - 4th. 13.57 Candice McFarland (2015)

t-10th 13.80 Liz Harper (2016)

400m Hurdles - 2nd. 57.31 Liz Harper (2015),

7th. 58.81 Alissa Brooks-Johnson (2015)

3000m Steeplechase - 8th. 10:41.82 Devon Bortfeld (2015)

4x100m Relay - 2nd. 44.61 D. Darden, Christiana Ekelem, D. Keel

4x400m Relay - 4th. 3:36.76 R. Gaffney, D. Keel, C. Ekelem, L. Harper

High Jump - 7th. 1.82m / 5-11 1/2 Audrey Ketcham (2015)

t-9th. 1.81m / 5-11 1/4i Liz Harper (2016)

Pole Vault - 2nd. 4.26m / 13-11 3/4i Kristine Felix (2015)

Triple Jump - 3rd. 12.67m / 41-7i Greer Alsop (2016)

10th. 12.55m / 41-2 1/4i Kiana Davis (2016)

Weight Throw - 8th. 16.46m / 54-0i Katie Wardsworth (2016)

Hammer - 5th. 55.58m / 182-4 Katie Wardsworth (2016)

Pentathlon - 3rd. 4,146i points Liz Harper (2016)

4th. 4,101i points Liz Harper (2016)

10th. 3,322i points Lindsey Schauble (2016)

Heptathlon - 4th. 5,803 points Alissa Brooks-Johnson (2015)

7th. 5,472 points Liz Harper (2016)

#### Men's All-Time Marks

Distance Medley Relay - 9:59.67 Paul Ryan, Ray Littles,

Reid Muller, Nathan Tadesse (2016) - **FRESHMAN SR**

400m Hurdles - 6th. 50.16 CJ Allen (2016)

High Jump - t-7th. 2.20m / 7-2 1/2 Thane Pierson (2016)

Pole Vault - t-10th. 5.20m / 17-0 3/4 Austin Sodorff (2016)

Javelin - 10th. 71.07m / 233-2 Brad Stevens (2015)

Weight Throw - 7th. 19.27m / 63-2 3/4i Brock Eager (2016)

Heptathlon - 1st. 5,635i points Dino Dodig (2016)

Decathlon - 10th. 7,416 points Dino Dodig (2015)



**16th Annual Cougar Invitational, Mooberry Track, Pullman**  
**April 30, 2016**  
**REVISED SCHEDULE**

10:00 a.m.	Javelin	Women
	Hammer	Men
	Long Jump	Women
10:30 a.m.	Pole Vault	Women
11:00 a.m.	Long Jump	Men
11:15 a.m.	Javelin	Men
	Hammer	Women
11:30 p.m.	High Jump	Women
12:00 p.m.	Triple Jump	Women
12:30 p.m.	4x100m Relay	Women
	Shot Put	Men
	Discus	Women
12:35 p.m.	4x100m Relay	Men
12:45 p.m.	1500m	Women
12:55 p.m.	1500m	Men
1:00 p.m.	Triple Jump	Men
1:10 p.m.	100m Hurdles	Women
1:25 p.m.	110m Hurdles	Men
1:30 p.m.	Pole Vault	Men
1:35 p.m.	400m	Women
1:40 p.m.	400m	Men
1:45 p.m.	Discus	Men
	Shot Put	Women
1:50 p.m.	100m	Women
1:55 p.m.	100m	Men
2:10 p.m.	800m	Women
2:15 p.m.	800m	Men
2:30 p.m.	High Jump	Men
2:35 p.m.	400m IH	Women
2:45 p.m.	400m IH	Men
2:55 p.m.	200m	Women
3:00 p.m.	200m	Men
3:10 p.m.	3000m Steeplechase	Men
3:25 p.m.	4x400m Relay	Women
3:35 p.m.	4x400m Relay	Men

Revised: 4/28/16 at 5:15 p.m.



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### Women's Outdoor Records

Event	School	Mooberry Stadium	Pac-12 Conference
100m	11.52 Pam Reynolds 1987 Corvallis, Ore.	11.21 Jenna Prandini 2014 Oregon	10.88 Jasmine Todd 2015 Oregon
200m	23.30 Pam Reynolds 1987 Corvallis, Ore.	22.60 Jenna Prandini 2014 Oregon	22.21 Jenna Prandini 2015 Oregon
400m	52.04 Celestine N'Drin 1988 Seoul	51.87 Phyllis Francis 2014 Oregon	49.96 M. Henderson 2005 UCLA
800m	2:02.99 Celestine N'Drin 1990 Durham, NC	2:03.79 Karen Bennett 1994 Arizona	1:58.51 B. Langerholc 2000 USC
1500m	4:14.69 Jennifer Bravard 1993 Seattle, Wash.	4:15.67 Shelby Houlihan 2014 ASU	4:06.87 Emma Coburn 2013 Colorado
Mile	4:51.10 Jennifer Bravard 1993 Stanford, Calif.	NA	4:50.68 Penny Graves 1987 Oregon
3000m	10:08.49 Caroline Austin 2013 Los Angeles, Calif.	10:04.19 Shalaya Kipp 2014 Colorado	9:28.26 Emma Coburn 2013 Colorado
5000m	16:09.02 Ruby Roberts 2014 Stanford, Calif.	16:11.63 Shelby Houlihan 2014 ASU	15:11.13 Aisling Cuffe 2014 Stanford
10,000m	34:25.63 Anna Blue 2003 Walnut, Calif.	33:44.19 Kirsten O'Hara 1985 California	32:06.64 Jordan Hasay 2013 Oregon
100m Hurdles	13.25 Diana Pickler 2007 Sacramento, Calif.	13.08 Lauren Blackburn 2014 USC	12.48 Virginia Powell 2006 USC
400m Hurdles	57.07 Randi Smith 2000 Denton, Texas	56.99 Jaide Stepter 2014 USC	52.95 Sheena Johnson 2004 UCLA
400m Relay	44.50 A. Higgins, L. Mucker, E. Richardson, F. Green 1999 Tempe, Ariz	43.21 L. Laarman, J. Davis, A. Faulkner, T. Gaither 2014 USC	42.96 Powell, Onyepunuka, Davis, Rodriguez 2006 USC
1600m Relay	3:33.65 T. Giles, M. Jessie, T. Gulley, E. Richardson 2003 Stanford, Calif.	3:31.97 B. Ogunleye, A. McKinnon, S. Johnson, M. Henderson 2002 UCLA	3:24.54 Gardner, Okodoge, Roesler, P. Francis 2012 Oregon
High Jump	6-2 Mary Moore 1986 Walnut, Calif.	6-2 Carina Westover 1984 Oregon State	6-7 Brigetta Barrett 2012 Arizona
Pole Vault	13-11 1/4 Tamara Diles 2006 Pullman, Wash.	14-0 1/2 Diamara Planell Cruz 2014 Washington	15-1 Chelsea Johnson 2006 UCLA
Long Jump	21-4 3/4 Agneta Rosenblad 2001 Berkeley, Calif.	21-5 3/4 Shu-Ahin 1988 China	23-9 Jackie Joyner-Kersey 1985 UCLA
Triple Jump	42-10 1/4 Cicely Clinkenbeard 2000 Eugene, Ore.	43-2 1/4 Roshanda Glenn 1994 UCLA	46-5 1/4 Erica McLain 2007 Stanford
Shot Put	54-6 Georgette Reed 1991 Calgary, Canada	57-2 Julie Labonte 2014 Arizona	61-10 1/4 Valeyta Althouse 1995 UCLA
Discus	189-10 Laura Lavine 1988 Tucson, Ariz.	205-3 Ai-Lan Xing 1988 China	215-3 Aretha Hill 1998 Washington
Hammer	210-3 McKenzie Garberg 2008 Des Moines, Iowa	221-3 Jillian Weir 2014 Oregon	230-3 Eva Orban 2008 USC
Javelin	186-1 Marissa Tschida 2010 Austin, Texas	186-10 Inga Stasiulionyte 2002 USC	195-7 Rachel Yurkovich 2009 Oregon
Heptathlon	6,205 Diana Pickler 2007 Austin, Texas	5,821 Ellannee Richardson 2002 WSU	6,440 Brianne Theisen 2012 Oregon

### Men's Outdoor Records

Event	School	Mooberry Stadium	Pac-12 Conference
100m	10.17 Anson Henry 2002 Walnut, Calif.	10.16 Aaron Brown 2014 USC	9.75 Andre DeGrasse 2015 USC
200m	20.52 Anson Henry 2002 Pullman, Wash.	20.26 Aaron Brown 2014 USC	19.58 Andre DeGrasse 2015 USC
400m	44.30 Gabriel Tiacoh 1986 Indianapolis, Ind.	45.05 Mike Berry 2014 Oregon	43.50 Quincy Watts 1992 USC
800m	1:45.5 Art Sandison 1969 Knoxville, Tenn.	1:45.12 Joaquim Cruz 1984 Oregon	1:41.77 Joaquim Cruz 1984 Oregon
1500m	3:30.56 (CR) Bernard Lagat 1999 Zurich	3:42.29 Jim Hill 1984 Oregon	3:30.56 Bernard Lagat 1999 WSU
Mile	3:57.84 Samuel Kibiri 1991 Stanford, Calif.	4:01.9 Jim Johnson 1972 Washington	3:51.74 Andrew Wheating 2010 Oregon
3000m	8:05.4 Henry Rono 1978 Seattle, Wash.	8:24.4 Henry Rono 1978 WSU	8:05.4 Henry Rono 1978 WSU
5000m	13:06.2 Henry Rono 1981 Knarvik	13:38.2 Joel Cheruiyot 1978 WSU	13:00.95 Lawi Lalang 2013 Arizona
10,000m	27:22.5 Henry Rono 1978 Vienna, Austria	28:53.3 S. Kimombwa 1980 WSU	27:22.5 Henry Rono 1978 WSU
110m Hurdles	13.37 Tony Li 1991 Sapporo, Japan	13.35 Aleec Harris 2014 USC	13.16 Devon Allen 2014 USC
400m Hurdles	47.93 Jeshua Anderson 2011 Eugene, Ore.	49.63 Jeshua Anderson 2010 WSU	47.72 Kevin Young 1988 UCLA
400m Relay	39.24 G. Ogbeide, T. Li, B. Burroughs, A. Olobia 1985 Eugene, Ore.	39.17 F. Heard, L. Burrell, D. Mitchell, J. Simpson 1985 USA Juniors	38.44 (A) McCullough, Kuller, Simpson, Miller 1967 USC
1600m Relay	3:05.58 L. Gordon, D. Livingston C. Harris, G. Tiacoh 1985 Tucson, Ariz.	3:06.03 L. Parham, S. Amoo, P. Lopez, S. Fitch 2002 Arizona State	2:59.91 Lewis, K. Young, Everett, Thomas 1988 UCLA
High Jump	7-7 Brent Harken 1984 Rome, Italy	7-6 3/4 Dothel Edwards 1985 USA Juniors	7-7 1/4 Del Davis 1982 UCLA 7-7 1/4 Jesse Williams 2006 USC
Pole Vault	18-1 3/4 Christos Pallakis 1992 Athens	18-2 1/2 Nick Hysong 1994 ASU	19-0 1/4i Brad Walker 2003 Washington 19-0 1/4 Tommy Skipper 2007 Oregon
Long Jump	27-0 1/2 George Ogbeide 1991 Cottbus, Germany	26-4 3/4 Randy Williams 1975 USC	27-4 1/2 R. Williams 1972 USC
Triple Jump	56-4 3/4 Joseph Taiwo 1984 Lagos, Nigeria	54-11 3/4 Ian Campbell 1978 WSU	56-4 3/4 Joseph Taiwo 1984 WSU
Shot Put	67-6 3/4 D. Koutsoukis 1986 Indianapolis, Ind.	69-2 John Brenner 1984 UCLA	72-2 1/4 John Godina 1995 UCLA
Discus	211-5 Ian Waltz 1998 Salinas, Calif.	210-9 Julian Wruck 2014 USC	223-7 Julian Wruck 2013 UCLA
Hammer	255-1 Tore Gustafsson 1986 Pullman, Wash.	255-1 Tore Gustafsson 1986 WSU	271-1 Balazs Kiss 1995 USC
Javelin	257-2 Stephan Wikstrom 1990 Pullman, Wash.	257-2 Stephan Wikstrom 1990 WSU	272-10 Cyrus Hostetler 2009 Oregon
Decathlon	8,036 Simon Shirley 1988 Seoul, S. Korea	8,267 Dan O'Brien 1990 Moscow, USA	8,457 Ashton Eaton 2010 Oregon