WASHINGTON STATE TRACK & FIELD



WSU vs. Washington Dual Meet April 23, Mooberry Track, Pullman

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WSUTRACK & FIELD 2016 OUTDOOR SCHEDULE

MARCH

17-18 @Whitworth Buc Scoring 18-19 @USCTrojan Invite, L.A.

22 @Jim Bush Collegiate, L.A. (WSU-Arizona-UCLA)
Pac-12 TV LIVE

26 @U. Idaho Invite, Moscow

APRIL

@ San Francisco StateDistance Carnival

1-2 @Stanford Invitational

 @ Sam Adams Classic, (Whitworth) Spokane

8-9 @Sun Angel Classic, Tempe

9 @SCC WAR IX, Spokane

13-14 @Mt. SAC Combined, Azusa

14-16 @Mt. SAC Relays, Norwalk

15 @ Bryan Clay Invite, Azusa

23 WSU vs. UW Dual, Pullman

30 Cougar Invitational

MAY

1 @ Stanford Payton Jordan Invite

7-8 @Pac-12 Combined, Seattle

14-15 @ Pac-12 Champs, Seattle

26-28 @ NCAA Prelim Rounds, Lawrence, Kan.

JUNE

8-11 @ NCAA Champs, Eugene

CATS AND DAWGS TO BATTLE IN T&F APRIL 23 IN PULLMAN

The Washington State track and field teams will compete in a dual meet against the University of Washington for the 97th year for men and the 37th year for women this Saturday, April 23, at WSU's Mooberry Track Complex in Pullman...field events begin at 11 a.m. and running events begin at 1:15 p.m....scoring is 5-3-1 for individual events and 5-0 for relays...in national rankings: MEN - UW No. 33, WSU No. 72; WOMEN - UW No. 45, WSU No. 69...spectators may attend free of charge with parking in the Beasley Coliseum lot...no pets allowed...results will be available online at www.wsucougars.com after the meet... for more information about the history of the meet, see below.

WAYNE PHIPPS, DIR. OF WSU CROSS COUNTRY/TRACK & FIELD

Wayne Phipps (Univ. of British Columbia '91/Oregon '94) become the 15th coach to take the reins of the Washington State men's program and the second coach for the combined men's and women's program at WSU on July 1, 2014...Phipps had been the University of Idaho's Director and Track & Field/Cross Country from 2010 through 2014, and was a coach with the Vandals program for a total of 19 years...he served as co-head coach from 2000-09, after serving as an assistant coach from 1995-99... at Idaho, he was named conference Coach of the Year 14 times and led the Vandals to a record 16 conference titles.

COUGAR COACHING STAFF

WSU Track & Field coaching staff includes Associate Head Coaches Julie Taylor (throws), and Yogi Teevens (sprints, relays and horizontal jumps)... Assistant Coaches are Brad Walker (vertical jumps), and Allix Potratz-Lee (distance)... Andrea Sabbatine is the Operations Coordinator... volunteeers working with the WSU track and field this year include: Jesse Jorgensen, Nigel Joseph, Hannah Kiser, Josiah Sims, Tim Taylor, and Liga Velvere.

2016 WASHINGTON STATE TRACK & FIELD TEAM CAPTAINS

Women's Track: Dominique Keel; Women's Field - Kelsie Taylor; Women's Distance: CharLee Linton; Men's Track: CJ Allen; Men's Field: Travis Pickett; Men's Distance: John Whelan.

COUGARS & HUSKIES DUAL MEET HISTORY: 37TH YEAR FOR WOMEN, 97TH YEAR FOR MEN

Huskies swept the dual meet in 2015: 113-50 men, 99-64 women...men's dual meet history is not clear-cut, with some multi-scored meets also scored as dual meets...after several years of research by both the Washington and WSU Athletic Communications offices, the WSU records show 2016 is 97th year of a dual meeting between the Cougars and Huskies men's teams...WSU leads the series 61-37-1...there are also records of meetings in multi-team meets but are not counted as the main dual meet of that season...this is the 37th year for a dual on the women's side...overall, UW women lead 22-18, but the WSU women has won 14 of the last 20 years.

LAST WSU WIN IN PULLMAN: Men - 2012 (WSU 87 - UW 76); Women - 2014 (WSU 82 - UW 81) **LAST WSU WIN OVERALL:** Men - 2012 (WSU 87 - UW 76); Women - 2014 (WSU 82 - UW 81)

MEET RECORDS HELD: Men - WSU 17, UW 3; Women - WSU 8, UW 12

DEFENDING 2015 WSU WINNERS: Women - Christiana Ekelem (400m), Candice McFarland (100m hurdles), Audrey Ketcham (high jump); Men - Thane Pierson (high jump).

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WASHINGTON STATE TRACK & FIELD RELEASE

WSU vs. Washington Dual Meet, April 23, Pullman

Page 2



USTFCCCA NATIONALTEAM RANKINGS

The United States Track & Field and Cross Country Coaches Association (USTF-CCCA) national rankings are a prediction of how teams and individuals will place at the 2016 NCAA Div. I Outdoor Championships, June 8-11, in Eugene.

USTFCCCA TRACK & FIELD MEN'S TOP 25 TEAMS WEEK 3 RANKINGS April 18, 2016

			Last
	<u>School</u>	<u>Points</u>	Ranking
1.	Texas A&M	286.06	1
2.	Florida	253.30	2
3.	Oregon	247.27	3
4.	Texas	219.61	4
5.	LSU	208.06	5
6.	Virginia	184.67	6
7.	Arkansas	172.36	7
8.	Georgia	159.11	8
9.	Alabama	155.24	9
10.	Texas Tech	136.25	12
11.	South Carolina	124.81	10
12.	Penn State	119.24	18
13.	Illinois	119.23	11
14.	Tulsa	115.19	13
15.	USC	105.49	14
16.	Ohio State	104.96	15
17.	Oklahoma State	96.90	19
18.	Stanford	94.63	16
19.	North Carolina	94.53	20
20.	Mid. Tennessee	89.80	22
21.	Colorado	83.77	17
	Virginia Tech	81.10	21
23.	UCLA	78.60	39
24.	Tennessee	77.15	36
25.	TCU	77.11	24

Next Ranking: April 25

71

72. Washington State 27.66

WSU MENTENTTATIVELY ENTERED IN WSU-UW DUAL MEET

100m - Ja'Maun Charles, Ethan Gardner, Jonnie Green, Zach Smith

200m - Terrance Chambers, Ja'Maun Charles, Jonnie Green, Zach Smith

400m - Will DeMaris, Brandon Jetter, Ray Littles, Matthew Swanson

800m - Reid Muller, Hironmoy Redman, Matthew Swanson, Chandler Teigen

1500m - Jackson Haselnus, Sam Levora, Reid Muller, Chandler Teigen

3000m - Sam Levora, John Whelan, Michael Williams

110m Hurdles - Dino Dodig, Christapherson Grant, Abu Kamara, lan Markham

400m Hurdles - CJ Allen, Christapherson Grant, lan Markham

3000m Steeplechase - Jake Finney, Kyler Litte, Forrest Shaffer, Nathan Wadhwani

4x100m Relay - Smith, Charles, Chambers, Green

4x400m Relay - Charles, Allen, Green, Swanson

High Jump - Peyton Fredrickson, Keelan Halligan, Thane Pierson, Brendan Rexus

Pole Vault - Dino Dodig, Tucker Mjelde, Austin Sodorff, Kainoa Tom

Long Jump - Josh Colbert, Dino Dodig, Peyton Fredrickson, Ray Littles

Triple Jump - Josh Colbert, Robby Flores, Keelan Halligan

Shot Put - Jake Callaghan, Adam Mahama, Matt Wardell

Discus - Cameron Brink, Adam Mahama

Hammer - Amani Brown, Derek Crites, Travis Pickett

Javelin - Taylor O'Toole, Brad Stevens

MEN'S WSU-UW DUAL MEET RECORDS

100m - Anthony Buchanan, WSU 2009 (10.26)

200m - Jordan Boase, UW 2008 (20.37)

400m - Gabriel Tiacoh, WSU 1984 (45.74)

800m - Robert Webster, UW 1982 (1:47.96)

1500m - Richard Tuwei, WSU 1985 (3:42.60)

3000m - Gerry Lindgren, WSU 1967 (7:58.00)

5000m - Josephat Kapkory, WSU 1994 (13:46.52) 110m Hurdles - Arend Watkins, WSU 2001 (13.47)

400m Hurdles - Jeshua Anderson, WSU 2010 (49.63)

3k Steeplechase - Henry Rono, WSU 1978 (8:24.40)

4x100m Relay - WSU (Boston, Mason, McSwain, Buchanan) 2004 (39.55)

4x400m Relay - WSU (Williams, Avognan, Ramsey, Whitlock) 1981 (3:08.20)

High Jump - Brent Harken, WSU 1982 (7-5)

Pole Vault - Jax Thoirs, UW 2015 (18-1 3/4)

Long Jump - Demetrios Araouzos, WSU 1986 (25-8 1/2)

Tirple Jump - Ian Campbell, WSU 1981 (54-3 1/2)

Shot Put - Dimitrios Koutsoukis, WSU 1985 (64-4 1/2)

Discus - John van Reenen, WSU 1986 (199-1)

Hammer -Tore Gustafsson, WSU 1986 (255-1)

Javelin - Stefan Wikstrom, WSU 1990 (252-3)

RETURNING NCAA CHAMPIONSHIPS PARTICIPANTS

Dino Dodig, Decathlon: 2015 (DNF)

RETURNING PAC-12 CHAMPIONSHIPS SCORERS

CJ Allen, 400m Hurdles: 2014 (1st)

Terrance Chambers, 200m: 2014 (7th); 2015 (7th)

Dino Dodig, Decathlon: 2015 (5th)

Thane Pierson, High Jump: 2014 (t-5th); 2015 (t-5th)

Forrest Shaffer, 3000m Steeplechase: 2014 (6th); 2015 (7th)

Austin Sodorff, Pole Vault: 2014 (6th) Brad Stevens, Javelin: 2015 (8th)



WASHINGTON STATE TRACK & FIELD RELEASE

WSU vs. Washington Dual Meet, April 23, Pullman

Page 3

USTFCCCA TRACK & FIELD WOMEN'S TOP 25 TEAMS **WEEK 3 RANKINGS** April 18, 2016

Calmand	Delete	Last
<u>School</u>	<u>Points</u>	Ranking
1. Oregon	319.88	4
2. Arkansas	286.87	1
3. USC	246.25	3
4. LSU	243.83	2
5. Texas A&M	232.44	5
6. Georgia	224.85	6
7. Texas	222.28	7
8. Kentucky	196.38	8
9. Florida	191.66	9
10. Kansas State	189.35	10
11. Mississippi St.	162.94	11
12. Stanford	125.93	13
13. Miami	122.15	14
14. Harvard	121.23	12
15. Oklahoma	115.44	16
16. Tennessee	109.59	19
17. Baylor	108.50	15
18. Virginia Tech	99.01	17
19. New Mexico	94.56	18
20. Florida State	91.82	22
21. Oklahoma State	89.59	23
22. Notre Dame	88.98	20
23. Arizona	86.13	21
24. Auburn	83.30	24
25. Michigan	80.43	25

69. Washington State 22.04 66

Next Ranking: April 25

WEST REGIONAL RANKINGS WEEK 3 April 18, 2016

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15. Fresno State

Man

15. UC Irvine

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Rank School	Rank School
1. Oregon	1. Oregon
2. UCLA	2. USČ
3. Washington	3. Stanford
4. Arizona State	4. UCLA
5. USC	5. Washington
6. Stanford	6. Arizona
7. Arizona	7. San Diego State
8. Long Beach St.	8. Washington St.
9. California	9. Arizona State
10. Washington St.	10. California
11. Cal St. Fullerton	11. UNLV
12. UC Davis	12. UC Riverside
13. UC Santa Barbara	
14. Cal Poly	14. UC Santa Barbara

WSU WOMEN TENTATIVELY ENTERED AT WSU-UW DUAL MEET

100m - Danielle Darden, Holly DeHart, Regyn Gaffney, Dominique Keel 200m - Danielle Darden, Holly DeHart, Regyn Gaffney, Dominique Keel

400m - Christiana Ekelem

800m - Natalie Ackerley, Amanda Henderson, Jenaya Pynn

1500m - Amanda Henderston, CharLee Linton, Jenaya Pynn, Morgan Willson 3000m - Josie Brown, Katherine Dittman, CharLee Linton, Morgan Willson 100m Hurdles - Alissa Brooks-Johnson, Liz Harper, Candice McFarland, ShaRaya Quinn 400m Hurdles - Alissa Brooks-Johnson, Stephanie Cho, Liz Harper, ShaRaya Quinn

3000m Steeplechase - Devon Bortfeld, Steffie Pavey

4x100m Relay - Gaffney, Darden, Ekelem, Keel

4x400m Relay - Gaffney, Keel, Ekelem, Harper

High Jump - Kiana Davis, Lateah Holmes, Audrey Ketcham

Pole Vault - Danielle Carnahan, Katelyn Frost, Abby Webb

Long Jump - Greer Alsop, Liz Harper, McKenna Hogan, Essence White

Triple Jump - Greer Alsop, Kiana Davis, Kayla Warren

Shot Put - Chrisshnay Brown, Kaitlin Krouse

Discus - Chrisshnay Brown, Kaitlin Krouse

Hammer - Katie Wardsworth, Kelsie Taylor

Javelin - Kelsie Taylor

WOMEN'S WSU-UW DUAL MEET RECORDS:

100m - Princess Joy Griffey, WSU 2010 (11.65)

200m - Bria'una Watley, WSU 2015 (23.35)

400m - Jordan Carson, UW 2012 (53.15)

800m - Celestine N'Drin, WSU 1987 (2:04.61)

1500m - Christine Babcock, UW 2009 (4:18.32

3000m - Anita Campbell, UW 2009 (9:23.42)

5000m - Laura Halverson, UW 2005 (10:41.67)

100m Hurdles - Ashley Lodree, UW 2006 (13.25)

400m Hurdles - Gianna Woodruff, UW 2014 (57.72)

3k Steeplechase - Mel Lawrence, UW 2009 (10:07.52)

4x100m Relay - WSU (Higgins, Mucker, Brown, Green) 2000 (44.78)

4x400m Relay - WSU (Higgins, Evans, Smith, Richardson) 1999 (3:41.13)

High Jump - Vicki Borsheim, UW 1987 (6-2 3/4)

Pole Vault - Kristina Owsinski, UW 2015 (13-9 3/4)

Long Jump - Chantal Brunner, WSU 1993 (20-10 3/4)

Triple Jump - Shaniae Lakes, UW 2012 (41-4 1/2)

Shot Put - Jennifer Ponath, UW 1988 (55-7)

Discus - Aretha Hill, UW 1998 (198-7)

Hammer - McKenzie Garberg, WSU 2008 (204-9)

Javelin - Marissa Tschida, WSU 2009 (181-8)

RETURNING NCAA OUTDOOR WOMEN PARTICIPANTS

Alissa Brooks-Johnson, Heptathlon: 2015 (18th) / 400m Hurdles: 2015 (23rd)

Liz Harper, 400m Hurdles: 2015 (19th)

Audrey Ketcham, High Jump: 2015 (21st)

400m Relay (D. Darden, C. Ekelem, D. Keel): 2015 (17th) 1600m Relay (C. Ekelem, L. Harper, D. Keel): 2015 (21st)

RETURNING PAC-12 CHAMPIONSHIPS WOMEN SCORERS

Greer Alsop, Triple Jump: 2015 (8th)

A. Brooks-Johnson, Heptathlon: 2014 (2nd); 2015 (1st) / 400m Hurdles: 2015 (7th)

Liz Harper, 400m Hurdles: 2015 (4th)

Lateah Holmes, High Jump: 2015 (t-6th)

Dominique Keel, 100m: 2014 (7th)

Audrey Ketcham, High Jump: 2014 (8th); 2015 (t-6th)

Candice McFarland, 100m Hurdles: 2015 (4th)

Kelsie Taylor, Javelin: 2015 (5th) Kayla Warren, Triple Jump: 2015 (6th)



► WASHINGTON STATE TRACK & FIELD RELEASE

WSU vs. Washington Dual Meet, April 23, Pullman

Page 4



NCAA DESCENDING ORDER LISTS

The NCAA descending order of marks for inclusion in the 2016 NCAA Preliminary Rounds can be viewed at the United States Track & Field/Cross Country Coaches Association (USTFCCCA) Track & Field Results Reporting System website (www.tfrrs.org)...the top 48 in each event advances to the East or West Region Preliminary Rounds...West Region Prelims are May 26-28, in Lawrence, Kansas.

WSU MEN IN NCAA WEST REGION TOP 48/PAC-12 TOP 8 RANKINGS (as of April 18)

[Pac-12 top 8 rankings w/marks not in West Region Top 48 because the Pac-12 accepts indoor marks]:

100m - Ja'Maun Charles 10.49 (33rd/8th)

200m - Terrance Chambers 21.09 (39th/7th); Ja'Maun Charles 21.13 (43rd)

5000m - Michael Williams 14:04.16 (33rd)

10,000m - Michael Williams 29:09.28 (11th/3rd); John Whelan 29:15.94 (21st/4th)

400m Hurdles - CJ Allen 50.16 (3rd/1st)

3000m Steeplechase - Forrest Shaffer 8:51.73 (14th/3rd)

4x100m Relay - Z. Smith, Charles, Chambers, Green 40.39 (34th/5th)

4x400m Relay - Charles, Allen, Green, Swanson 3:13.75 (6th)

High Jump - Thane Pierson 2.20m/7-2 1/2 (4th/2nd)

Pole Vault - Austin Sodorff 5.20m/17-0 3/4 (19th/3rd)

Triple Jump - Robby Flores 14.67m/48-1 3/4 (6th); Josh Colbert 13.64m/44-9 (8th)

Discus - Adam Mahama 52.71m/172-11 (43rd)

Hammer - Travis Pickett 59.34m/194-8 (38th/5th)

Javelin - Brad Stevens 68.10m/223-5 (16th/4th)

WSU WOMEN IN NCAA WEST REGION TOP 48/PAC-12 TOP 8 RANKINGS (as of April 18)

[Pac-12 top 8 rankings w/marks not in West Region Top 48 because the Pac-12 accepts indoor marks]:

200m - Dominique Keel 23.74 (43rd)

400m - Dominique Keel 54.59 (40th); Christiana Ekelem 54.59 (40th)

5000m - CharLee Linton 16:31.43 (41st)

10,000m - CharLee Linton 34:05.29 (15th)

100m Hurdles - Liz Harper 13.88 (7th)

400m Hurdles - Liz Harper 58.49 (11th/5th)

3000m Steeplechase - Devon Bortfeld 10:41.82 (41st)

4x100m Relay - Gaffney, Darden, Ekelem, Keel 44.75 (19th/4th)

4x400m Relay - Gaffney, Keel, Ekelem, Harper 3:36.76 (16th/5th)

High Jump - Liz Harper 1.78m/5-10 (9th/1st); Kiana Davis 1.75m/5-8 3/4 (21st/3rd);

Lateah Holmes 1.73m/5-8 (32nd/5th)

Long Jump - Liz Harper 6.01m/19-8 3/4 (32nd/6th)

Triple Jump - Greer Alsop 12.66m/41-6 1/2 (20th/6th); Kiana Davis 12.54m/41-1 3/4 (25th/8th);

Kayla Warren 12.28m/40-3 1/2 (44th)

Javelin - Kelsie Taylor 43.57m/142-11 (5th)

Heptathon - Liz Harper 5472 points (15th/3rd)



WASHINGTON STATE TRACK & FIELD RELEASE

WSU vs. Washington Dual Meet, April 23, Pullman

Page 5

COUGARS

COUGARS RANKED IN WORLD AND USA 2015 TOP MARKS

The 69th Annual *Track & Field News* rankings list for 2015 World and USA (based on descending order of importance: 1. Honors Won, 2. Head-To-Head records with other athletes, and 3. Sequence Of Marks) has 10 curent or former Cougar competitors (published February 2016):

MEN

Joe Abbott, 800m (1:47.52) 34th USA Jesse Jorgensen, 800m (1:45.76), 13th USA

Bernard Lagat, mile (3:54.91i) 8th USA, 22nd World

Bernard Lagat, 3000m (7:37.92i) 1st USA, 8th World

Bernard Lagat, 2 miles (8:17.05i) 6th World

Bernard Lagat, 5000m (13:14.97), 8th USA

Jeshua Anderson, 400m hurdles (48.95) 12th USA, 23rd World

Brad Stevens, javelin (71.07m/233-2), 33rd USA

WOMEN

Liz Harper, 400m hurdles (57.31), 30th USA

Audrey Ketcham, high jump (1.82m/5-11 1/2) t-31st USA

Kristine Felix, pole vault

(4.26m/13-11 3/4i), t-31st USA

Blessing Ufodiama, triple jump

(13.47m/44-2 1/2), 12th USA

Alissa Brooks-Johnson, heptathlon (5803) 18th USA

LAGAT RUNS ANOTHER RECORD

Coug alum Bernard Lagat, 41, ran the Masters World Record time for the running a masters world record 13:38 5k at Carlsbad 5000.

WSUT&F RECORD BOOK MARKS RECORDED BY 2016 STUDENT-ATHLETES

Women's All-Time Marks (season achieved mark)

60m - 7th. 7.57i Dominique Keel (2014) & 7.57i Danielle Darden (2015)

200m - 5th. 23.74 Dominique Keel (2016)

3000m - 8th. 9:35.49i CharLee Linton (2016)

5000m - 7th. 16:31.43 CharLee Linton (2016)

(16:34.89i CharLee Linton (2016) - INDOOR RECORD)

10,000m - 1st. 34:03.69 CharLee Linton (2015)

6th. 36:06.48 Morgan Willson (2016)

8th. 36:33.54 Katherine Dittmann (2016) FRESHMAN SR

60m Hurdles - t-5th. 8.45i Candice McFarland (2015)

t-5th. 8.45i Liz Harper (2016)

100m Hurdles - 4th. 13.57 Candice McFarland (2015)

400m Hurdles - 2nd. 57.31 Liz Harper (2015),

7th. 58.81 Alissa Brooks-Johnson (2015)

3000m Steeplechase - 8th. 10:41.82 Devon Bortfeld (2015)

4x100m Relay - 2nd. 44.61 D. Darden, Christiana Ekelem, D. Keel

4x400m Relay - 4th. 3:36.76 R. Gaffney, D. Keel, C. Ekelem, L. Harper

High Jump - 7th. 1.82m / 5-11 1/2 Audrey Ketcham (2015)

t-9th. 1.81m / 5-11 1/4i Liz Harper (2016)

Pole Vault - 2nd. 4.26m / 13-11 3/4i Kristine Felix (2015)

Triple Jump - 3rd. 12.67m / 41-7i Greer Alsop (2016)

10th. 12.55m / 41-2 1/4i Kiana Davis (2016)

Weight Throw - 8th. 16.46m / 54-0i Katie Wardsworth (2016)

Hammer - 5th. 55.58m / 182-4 Katie Wardsworth (2016)

Pentathlon - 3rd. 4,146i points Liz Harper (2016)

4th. 4,101i points Liz Harper (2016)

10th. 3,322i points Lindsey Schauble (2016)

Heptathlon - 4th. 5,803 points Alissa Brooks-Johnson (2015)

7th. 5,472 points Liz Harper (2016)

Men's All-Time Marks

Distance Medley Relay - 9:59.67 Paul Ryan, Ray Littles, Reid Muller, Nathan Tadesse (2016) - FRESHMAN SR

400m Hurdles - 6th. 50.16 CJ Allen (2016)

High Jump - t-7th. 2.20m / 7-2 1/2Thane Pierson (2016)

Pole Vault - t-10th. 5.20m / 17-0 3/4 Austin Sodorff (2016)

Javelin - 10th. 71.07m / 233-2 Brad Stevens (2015)

Weight Throw - 7th, 19.27m / 63-2 3/4i Brock Eager (2016)

Heptathlon - 1st. 5,635i points Dino Dodig (2016)

Decathlon - 10th. 7,416 points Dino Dodig (2015)

WASHINGTON STATE TRACK & FIELD RELEASE WSU vs. Washington Dual Most April 22 2 "

Page 6

Washington State vs. Washington Dual Meet **April 23, 2016**

11:00 a.m.	Long Jump	Men
	Javelin Throw	Men
	Hammer Throw	Women
	Pole Vault	Men
12:30 p.m.	Long Jump	Women
	Hammer Throw	Men
	High Jump	Women
12:45 p.m.	Javelin Throw	Women
1:15 p.m.	3000m Steeplechase	Men
1:30 p.m.	3000m Steeplechase	Women
1:45 p.m.	400m Relay	Men
1:50 p.m.	400m Relay	Women
2:00 p.m.	Shot Put	Women
	Pole Vault	Women
	Discus	Men
	Triple Jump	Men
	1500m Run	Men
2:10 p.m.	1500m Run	Women
2:20 p.m.	110m Hurdles	Men
2:25 p.m.	100m Hurdles	Women
2:30 p.m.	400m	Men
2:35 p.m.	400m	Women
2:40 p.m.	100m	Men
2:45 p.m.	100m	Women
2:50 p.m.	800m	Men
2:55 p.m.	800m	Women
3:00 p.m.	High Jump	Men
3:05 p.m.	400m Hurdles	Men
3:15 p.m.	400m Hurdles	Women
	Triple Jump	Women
3:20 p.m.	200m	Men
3:25 p.m.	200m	Women
3:30 p.m.	Discus	Women
	Shot Put	Men
	3000m Run	Men
3:50 p.m.	3000m Run	Women
4:10 p.m.	1600m Relay	Men
4:15 p.m.	1600m Relay	Women

Revised: 4/14/16



WASHINGTON STATE TRACK & FIELD RELEASE WSU vs. Washington Dual Most Ar 1100 7

Page 7

Women's Outdoor Records

Men's Outdoor Records

Wolliell's Outdoor necolds				Men a Outuooi necolua			
Event	School	Mooberry Stadium	Pac-12 Conference	Event	School N	Nooberry Stadium	Pac-12 Conference
100m	11.52 Pam Reynolds 1987 Corvallis, Ore.	11.21 Jenna Prandini 2014 Oregon	10.88 Jasmine Todd 2015 Oregon	100m	10.17 Anson Henry 2002 Walnut, Calif.	10.16 Aaron Brown 2014 USC	9.75 Andre DeGrasse 2015 USC
200m	23.30 Pam Reynolds 1987 Corvallis, Ore.	22.60 Jenna Prandini 2014 Oregon	22.21 Jenna Prandini 2015 Oregon	200m	20.52 Anson Henry 2002 Pullman, Wash.	20.26 Aaron Brown 2014 USC	19.58 Andre DeGrasse 2015 USC
400m	52.04 Celestine N'Drin 1988 Seoul	51.87 Phyllis Francis 2014 Oregon	49.96 M. Henderson 2005 UCLA	400m	44.30 Gabriel Tiacoh 1986 Indianapolis, Ind.	45.05 Mike Berry 2014 Oregon	43.50 Quincy Watts 1992 USC
800m	2:02.99 Celestine N'Drin 1990 Durham, NC	2:03.79 Karen Bennett 1994 Arizona	1:58.51 B. Langerholc 2000 USC	800m	1:45.5 Art Sandison 1969 Knoxville, Tenn.	1:45.12 Joaquim Cruz 1984 Oregon	1:41.77 Joaquim Cruz 1984 Oregon
1500m	4:14.69 Jennifer Bravard 1993 Seattle, Wash.	4:15.67 Shelby Houlihan 2014 ASU	4:06.87 Emma Coburn 2013 Colorado	1500m	3:30.56 (CR) Bernard Lagat 1999 Zurich	3:42.29 Jim Hill 1984 Oregon	3:30.56 Bernard Lagat 1999 WSU
Mile	4:51.10 Jennifer Bravard 1993 Stanford, Calif.	NA	4:50.68 Penny Graves 1987 Oregon	Mile	3:57.84 Samuel Kibiri 1991 Stanford, Calif.	4:01.9 Jim Johnson 1972 Washington	3:51.74 Andrew Wheating 2010 Oregon
3000m Steeplechase	10:08.49 Caroline Austin 2013 Los Angeles, Calif.	10:04.19 Shalaya Kipp 2014 Colorado	9:28.26 Emma Coburn 2013 Colorado	3000m Steeplechase	8:05.4 Henry Rono 1978 Seattle, Wash.	8:24.4 Henry Rono 1978 WSU	8:05.4 Henry Rono 1978 WSU
5000m	16:09.02 Ruby Roberts 2014 Stanford, Calif.	16:11.63 Shelby Houlihan 2014 ASU	15:11.13 Aisling Cuffe 2014 Stanford	5000m	13:06.2 Henry Rono 1981 Knarvik	13:38.2 Joel Cheruiyot 1978 WSU	13:00.95 Lawi Lalang 2013 Arizona
10,000m	34:25.63 Anna Blue 2003 Walnut, Calif.	33:44.19 Kirsten O'Hara 1985 California	32:06.64 Jordan Hasay 2013 Oregon	10,000m	27:22.5 Henry Rono 1978 Vienna, Austria	28:53.3 S. Kimombwa 1980 WSU	27:22.5 Henry Rono 1978 WSU
100m Hurdles	13.25 Diana Pickler 2007 Sacramento, Calif.	13.08 Lauren Blackburn 2014 USC	12.48 Virginia Powell 2006 USC	110m Hurdles	13.37 Tony Li 1991 Sapporo, Japan	13.35 Aleec Harris 2014 USC	13.16 Devon Allen 2014 USC
400m Hurdles	5 57.07 Randi Smith 2000 Denton, Texas	56.99 Jaide Stepter 2014 USC	52.95 Sheena Johnson 2004 UCLA	400m Hurdles	47.93 Jeshua Anderson 2011 Eugene, Ore.	49.63 Jeshua Anderson 2010 WSU	47.72 Kevin Young 1988 UCLA
400m Relay	44.50 A. Higgins, L. Mucker E. Richardson, F. Green 1999 Tempe, Ariz	, 43.21 L. Laarman, J. Davis, A. Faulknor, T. Gaither 2014 USC	42.96 Powell, Onyepunuka, Davis, Rodriguez 2006 USC	400m Relay	39.24 G. Ogbeide, T. Li, B. Burroughs, A. Olobia 1991 Eugene, Ore.	39.17 F. Heard, L. Burrel, D. Mitchell, J. Simpson 1985 USA Juniors	38.44 (A) McCullouch, Kuller, Simpson, Miller 1967 USC
1600m Relay	3:33.65 T. Giles, M. Jessie T. Gulley, E. Richardson 2003 Stanford, Calif.	, 3:31.97 B. Ogunleye, A.McKinnon, S. Johnson, M. Henderson 2002 UCLA	3:24.54 Gardner, Okodoge, Roesler, P. Francis 2012 Oregon	1600m Relay	3:05.58 L. Gordon, D. Livingston C. Harris, G. Tiacoh 1985 Tucson, Ariz.	3:06.03 L. Parham, S. Amoo, P. Lopez, S. Fitch 2002 Arizona State	2:59.91 Lewis, K.Young, Everett, Thomas 1988 UCLA
High Jump	6-2 Mary Moore 1986 Walnut, Calif.	6-2 Carina Westover 1984 Oregon State	6-7 Brigetta Barrett 2012 Arizona	High Jump	7-7 Brent Harken 1984 Rome, Italy	7-6 3/4 Dothel Edwards 1985 USA Juniors	7-7 1/4 Del Davis 1982 UCLA 7-7 1/4 Jesse Williams 2006 USC
Pole Vault	13-11 1/4Tamara Diles 2006 Pullman, Wash.	14-0 1/2 Diamara Planell Cruz 2014 Washington	15-1 Chelsea Johnson 2006 UCLA	Pole Vault	18-1 3/4 Christos Pallakis 1992 Athens	18-2 1/2 Nick Hysong 1994 ASU	19-0 1/4i Brad Walker 2003 Washington 19-0 1/4 Tommy Skipper 2007 Oregon
Long Jump	21-4 3/4 Agneta Rosenblad 2001 Berkeley, Calif.	d 21-5 3/4 Shu-Ahin 1988 China	23-9 Jackie Joyner-Kersee 1985 UCLA	Long Jump	27-0 1/2 George Ogbeide 1991 Cottbus, Germany	26-4 3/4 Randy Williams 1975 USC	27-4 1/2 R. Williams 1972 USC
Triple Jump	42-10 1/4 Cicely Clinkenbear 2000 Eugene, Ore.	d 43-2 1/4 Roshanda Glenn 1994 UCLA	46-5 1/4 Erica McLain 2007 Stanford	Triple Jump	56-4 3/4 JosephTaiwo 1984 Lagos, Nigeria	54-11 3/4 Ian Campbell 1978 WSU	56-4 3/4 Joseph Taiwo 1984 WSU
Shot Put	54-6 Georgette Reed 1991 Calgary, Canada	57-2 Julie Labonte 2014 Arizona	61-10 1/4 Valeyta Althouse 1995 UCLA	Shot Put	67-6 3/4 D. Koutsoukis 1986 Indianapolis, Ind.	69-2 John Brenner 1984 UCLA	72-2 1/4 John Godina 1995 UCLA
Discus	189-10 Laura Lavine 1988 Tucson, Ariz.	205-3 Ai-Lan Xing 1988 China	215-3 Aretha Hill 1998 Washington	Discus	211-5 Ian Waltz 1998 Salinas, Calif.	210-9 Julian Wruck 2014 USC	223-7 Julian Wruck 2013 UCLA
Hammer	210-3 McKenzie Garberg 2008 Des Moines, Iowa	221-3 Jillian Weir 2014 Oregon	230-3 Eva Orban 2008 USC	Hammer	255-1 Tore Gustafsson 1986 Pullman, Wash.	255-1 Tore Gustafsson 1986 WSU	271-1 Balazs Kiss 1995 USC
Javelin	186-1 Marissa Tschida 2010 Austin, Texas	186-10 Inga Stasiulionyte 2002 USC	195-7 Rachel Yurkovich 2009 Oregon	Javelin	257-2 Stephan Wikstrom 1990 Pullman, Wash.	257-2 Stephan Wikstrom 1990 WSU	272-10 Cyrus Hostetler 2009 Oregon
Heptathlon	6,205 Diana Pickler 2007 Austin, Texas	5,821 Ellannee Richardson 2002 WSU	6,440 BrianneTheisen 2012 Oregon	Decathlon	8,036 Simon Shirley 1988 Seoul, S. Korea	8,267 Dan O'Brien 1990 Moscow, USA	8,457 Ashton Eaton 2010 Oregon