

The Raider Review

Wright State University Office of Compliance

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Can my coach make me do that? Efully defined the playing season regulations by which all students

The NCAA has carefully defined the playing season regulations by which all student-athletes and teams must abide. This includes practice, competition, conditioning, strength training, and practice and playing oriented meetings. The purpose is to have all teams compete by the same guidelines while helping student-athletes balance both athletic and academic commitments. Please note that at NO time may you miss class to attend practice.

What are the daily and weekly time limitations on countable athletically related activities?

<u>In Season</u>	Out-of-Season (during the academic year)
4 hours per day	8 hours per week
20 hours per week (including multi-sport)	Only 2 hours dedicated to skill instruction
Must have 1 day off/week	Must have 2 days off/week

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Below are <u>partial</u> lists of common activities that count and do not count against your daily and weekly time limits when you are in season (20 hour week).

Countable Athletically Related Activities	Non-Countable Athletically Related Activities	
Practices (not more than 4 hours/day).	Compliance meetings.	
Athletics meetings with a coach initiated or required by a coach (e.g., end of season individual meetings).	Meetings with a coach initiated by the student-athlete and at which no athletically related activities are discussed.	
Competition (and associated activities, regardless of their length, count as 3 hours). Note: No countable athletically related activities may occur after the competition.	Training room activities (e.g., treatment, taping), medical examinations and rehabilitation activities, as long as they are not conducted by a coaching staff member.	
Field, floor or on-court activity.	Study hall, tutoring or academic meetings.	
Discussion or review of game films.	Student-Athlete Advisory Council (SAAC) meetings.	
On-court or on-field activities called by any member of the team and confined primarily to members of that team.	Voluntary weight training not conducted by a coach or staff member.	
Required weight-training and conditioning activities.	Voluntary sport-related activities (e.g., initiated by student-athlete, no attendance taken, no coach present).	
Required participation in camps/clinics.	Traveling to/from the site of competition (as long as no countable activities occur).	
Visiting the competition site in the sports of cross country and golf.	Fund-raising activities, public relations or promotional activities and community service projects.	
Participation outside the regular season in individual skill- related instructional activities with a member of the coaching staff.	Drug/alcohol educational meeting, CHAMPS/Life Skills meetings or Leadership Academy events.	
	Training table meals or recruiting activities (e.g., student host).	

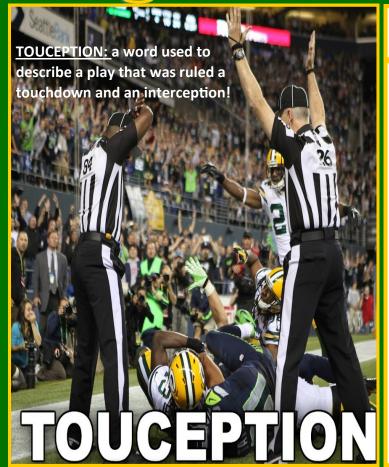
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Compliance Jeopardy

\$200	If there are multiple host for one recruit, how many hosts may receive a complimentary meal?	What is
\$400	For women's basketball, October 1st is this type of recruiting period.	What is
\$600	TRUE or FALSE: A recruit must be registered with the NCAA Eligibility Center prior to coming on an official visit.	What is
\$800	TRUE or FALSE: A recruit on an official visit is allowed to eat a pre-game meal with the team on-campus?	What is
\$1000	If a recruit and his parents are coming in late Thursday evening prior to starting the visit Friday morning, who may we purchase a drive -thru meal for Thursday night?	What is

Jeopardy Answers: 1.) One 2.) Contact Period 3.) True 4.) True 5.) Only the Recruit

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Compliance Conundrum

Question:

Our recruit is coming Thursday night and we will start the visit Friday morning. Can we stop by a drive thru and pick him and his parents up some food?

Answer:

You could buy the recruit his meal at the drive thru, however, the parents or anyone else who is accompanying him would need to pay for themselves. Since the official visit will not start until the morning, the NCAA does not allow for us to provide meals for his parents.

13.6.7.1.1 allows for us to pay a prospect's costs for reasonable expenses (meals) incurred while traveling to and from campus on the official visit.

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Recruiting Calendar

Sport	Contact Period	Evaluation Period
<u>Baseball</u>	Oct. 1 - 31	
M. Basketball	Oct. 1 - 31	
W. Basketball	Oct. 1 - 6	Oct. 7 - 31
<u>MXC</u>	Oct. 1 - 31	
<u>WXC/Track</u>	Oct. 1 - 31	
<u>Golf</u>	Oct. 1 - 31	
M. Soccer	Oct. 1 - 31	
<u>W. Soccer</u>	Oct. 1 - 31	
<u>Softball</u>	Oct. 1 - 31	
M. Swimming	Oct. 1 - 31	
W. Swimming	Oct. 1 - 31	
M. Tennis	Oct. 1 - 31	
W. Tennis	Oct. 1 - 31	
<u>Volleyball</u>	Oct. 1 - 31	

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In the News

Faculty concerned about new NCAA standards

Around the country, potential college athletes entering their first year of high school are doing so with new NCAA requirements hanging over their heads. The collegiate freshman class of 2016 -- meaning students who are beginning their freshmen year in high schools this fall -- will be required to finish 10 core courses before the beginning of their senior year of high school. This is a departure from the past, when students who had faltered (or just plain not done their work) could race to the finish in their final year of high school. The NCAA also bumped the minimum required core course GPA to 2.3, from 2.0, and lifted the minimum GPA for junior college transfers from 2.3 to 2.5.

While these may seem like incremental changes, they are in fact rather sweeping, especially considering the clock begins ticking immediately. Your friendly neighborhood ESPN.com college hoops reporters -- led by Dana O'Neil's reporting -- covered these reforms from a score of angles earlier this offseason. I spent time talking to a variety of secondary educators, from teachers at resource-strapped schools to administrators and coaches at elite high school outfits, to get a feel for the challenges they'll face in quickly bringing new students up to date. For some, this represents a monumental task, which is why the NCAA estimates that 43.1 percent of men's basketball players who enrolled in 2009-10 would not meet the 2016 academic standards.

Read full article here.

