

2022 ADIDAS Winthrop Invitational
Irwin Belk Track & Field Complex

TENTATIVE MEET SCHEDULE

*(Times are subject to change once we get closer to the meet)
As of 02/10/23*

Friday March 24, 2023

Field EVENTS

1:00 PM Hammer Throw – Women then Men
1:00 PM Pole Vault - Men then Women
2:00 PM High Jump – Women then Men
3:00 PM Long Jump – Women then Men
4:00 PM Discus – Women then Men

Saturday March 25, 2023

Field Events

10:00 AM Javelin - Women then Men
1:00 PM Triple Jump – Women then Men
2:30 PM Shot Put – Women then Men

Friday March 24, 2023

Running Events

4:00 PM Women's 400mH
4:30 PM Men's 400mH
5:00 PM Women's 200m
5:30 PM Men's 200m
6:00 PM Women's 3k Steeple
6:20 PM Men's 3k Steeple
6:45 PM Women's 5k
7:15 PM Men's 5k

Saturday March 25, 2023

Running Events

10:30 AM Women's 1500m
11:00 AM Men's 1500m
11:30 AM Senior Recognition Ceremony
12:00 PM Women's 4x100m Relay
12:15 PM Men's 4x100m Relay
12:30 PM Women's 400m
12:50 PM Men's 400m
1:10 PM Women's 100m Prelims
1:30 PM Men's 100m Prelims
1:50 PM Women's 100mH
2:00 PM Men's 110mH
2:10 PM Women's 800m
2:40 PM Men's 800m
3:05 PM Women's 100m Final
3:10 PM Men's 100m Final
3:25 PM Women's 4x400m Relay
3:50 PM Men's 4x400m Relay