

2022 ADIDAS Winthrop Invitational  
Irwin Belk Track & Field Complex  
**FINAL MEET SCHEDULE**

Friday March 25, 2022

Field EVENTS

- 1:00 PM Hammer Throw – Women followed by Men
- 1:00 PM Pole Vault - Men followed by Women
- 2:00 PM High Jump – Women followed by Men
- 3:00 PM Long Jump – Women followed by Men
- 6:30 PM Javelin Throw – Men followed by Women

Saturday March 26, 2022

Field Events

- 10:00 AM Discus - Women followed by Men
- 11:00 AM Triple Jump – Women followed by Men
- 2:30 PM Shot Put – Women followed by Men

Friday March 25, 2022

Running Events

- 4:00 PM Women's 400mH
- 4:20 PM Men's 400mH
- 4:45 PM Women's 200m
- 5:15 PM Men's 200m
- 5:50 PM Women's 3k Steeple
- 6:10 PM Men's 3k Steeple
- 6:40 PM Women's 5k
- 7:15 PM Trevor Beesley Men's 5k

Saturday March 26, 2022

Running Events

- 10:00 AM Men's 110mH Prelims
- 10:15 AM Women's 100mH Prelims
- 10:35 AM Women's 1500m
- 11:00 AM Men's 1500m
- 11:30 AM Senior Recognition Ceremony
- 12:00 PM Women's 4x100m Relay
- 12:15 PM Men's 4x100m Relay
- 12:30 PM Women's 400m
- 12:50 PM Men's 400m
- 1:05 PM Women's 100m Prelims
- 1:20 PM Men's 100m Prelims
- 1:45 PM Women's 100mH Final
- 2:00 PM Men's 110mH Final
- 2:10 PM Women's 800m
- 2:35 PM Men's 800m
- 2:55 PM Women's 100m Final
- 3:00 PM Men's 100m Final
- 3:15 PM Women's 4x400m Relay
- 3:30 PM Men's 4x400m Relay