

ADIDAS Winthrop Invitational
March 22-24, 2018
Meet Notes

 NOTE THE REVISED MEET SCHEDULE

-  Developmental Heats will be run on Saturday morning in the 1500m & 800m for both M&W.
-  Men's & Women's LJ only -- flight 1 will compete on the back stretch pits. Flight 2, immediately followed by flight 3, & then finals will compete on the home stretch pits. Please have your jumpers prepared.
-  Opening Heights: Women HJ – 1.44m, Men HJ – 1.75m, Women PV – 2.50m, Men PV – 3.10m
-  Minimum Measurements:

W Disc – 30.00m	M Disc - 32.00m
W Hammer- 32.00m	M Hammer – 35.00m
W Javelin – 20.00m	M Javelin – 25.00m
W Shot – 10.00m	M Shot – 12.00m
-  Bus & van drop off will be at the South end of the track; they will then be directed on where to park.
-  All tents will be placed in “tent city” on the East side of the track, outside the fence; NO TENTS in the stands
-  Only ¼” pyramid spikes will be allowed on the track & runway surfaces. For javelin, only ½” or shorter will be permitted. No needles or Christmas tree spikes. Officials will be inspecting spikes at check-in.
-  All finalists will advance by time.
-  **Check-in will CLOSE 1 hour before the posted time on the meet schedule.** If you are not checked in 1 hour before your event, you WILL be scratched – we will be seeding on the fly.
-  Implement weigh-in: Please weigh in implements that are being contested that day only
 - Thursday – Combined Events - All Implements Must Weigh In: 12noon – 1:30pm
 - Friday - 11:30am – 1:30pm
 - Saturday - 7am - 8:30am – we will CLOSE check in at 8:30am – please have your athletes ready.
-  Training room is located at the North end of the stadium
-  T-shirts will be given to event winners – they will not be available until Saturday.
-  LIVE Results & heat sheets: www.mitchelltiming.com