

ADIDAS Winthrop Invitational

Irwin Belk Track & Field Complex

FINAL MEET SCHEDULE

Thursday March 22, 2018

2:00 PM 100mH – Amami Antia-Obong Heptathlon
2:30 PM 100m - Decathlon

Friday March 23, 2018

10:00 AM 110mH - Decathlon
10:15 AM LJ – Amami Antia-Obong Heptathlon

**** Combined-Events will start approximately
 30 minutes at the end of each prior event ****

Friday March 23, 2018

Field Events

2:00 PM Hammer Throw - W then M
2:30 PM Travis Coleman Men's Shot Put
 Women's Shot Put to follow
3:00 PM Nicole Tucker Women's LJ
 Men's LJ to follow
4:00 PM HJ - W
5:00 PM Pole Vault - W

Running Events

3:00 PM Rebecca Holmes Women's 100mH Prelims
3:30 PM Kandrick Cooper Men's 110mH Prelims
3:50 PM Hampton Inn & Suites Women's 100m Prelims
4:15 PM TownePlace Suites Men's 100m Prelims
4:45 PM Sasha Robinson Women's 400m Prelims
5:15 PM Render Hill Men's 400m Prelims
5:45 PM Octavia Goode Women's 200m Prelims
6:15 PM Fairfield Inn Men's 200m Prelims
7:00 PM 5K - W (2 heats)
7:45 PM Trevor Beesley Men's 5K (2 heats)

Saturday March 24, 2018

Field Events

9:00 AM TJ - W then M
9:00 AM Javelin - W then M
9:00 AM Discus - M - followed by
 Ashley Howard Women's Discus Throw
10:00 AM Pole Vault - M
2:00 PM HJ - M

Running Events

9:30 AM 1500m Developmental - W
10:00 AM 1500m Developmental - M
10:30 AM 800m Developmental - W
10:50 AM 800m Developmental - M
11:30 AM Senior Recognition
11:40 AM Lupus Walk
12:00 PM Alumni & Staff 4x100m Relay
12:10 PM 4x100m Relay - W
12:20 PM 4x100m Relay - M
12:30 PM 1500m - W (top 24 athletes)
12:45 PM 1500m – M (top 24 athletes)
1:00 PM Kandrick Cooper Men's 110mH Finals
1:10 PM Rebecca Holmes Women's 100mH Finals
1:20 PM Sasha Robinson Women's 400m Finals
1:25 PM Render Hill Men's 400m Finals
1:30 PM THINK Invitational 60m Finals
1:35 PM Alumni 60m Finals – W then M
1:40 PM Hampton Inn & Suites Women's 100m Finals
1:45 PM TownePlace Suites Men's 100m Finals
1:50 PM 800m Finals on time - W (top 24 athletes)
2:05 PM 800m Finals on time - M (top 24 athletes)
2:20 PM Alesha Love Women's 400mH - Finals on time
2:35 PM Drew Franklin Men's 400mH - Finals on time
2:50 PM Octavia Goode Women's 200m Finals
2:55 PM Fairfield Inn Men's 200m Finals
3:00 PM 3K Steeple Invitational - W
3:15 PM 3K Steeple Invitational – M
3:30 PM Women's 4x400m Relay
3:55 PM Men's 4x400m Relay