

Winona State University Track & Field

All-Time Indoor Top Ten List

55m Dash

1. Caitlin Dhein	7.07	2011
2. Jenny Cuculi	7.21	2004
3. Deidra Faber	7.26	2005
4. Jamie Miller	7.32	2003
Lindsey Derby	7.32	2010
6. Sarah Finley	7.34	2011
7. Jessica Devine	7.38	2007
8. Hailey Deschaine	7.42	2015
9. Nikki Olson	7.50	2007
10. Lisowski/Albers/Hutchison	7.51	'07/'11/'17

300m Dash

1. Deidra Faber (o)	41.61	2005
2. Nicci Johnson (o)	42.04	2006
3. Beth Braun	42.14	2010
4. Kelly Milkent	42.58	2010
5. Nicole Drangstveit	42.97	2010
6. Lisa Meyer (o)	43.21	2006
7. Brittany Reinbolt (o)	43.57	2006
8. Jen Herbst (o)	43.73	2002
9. Jenny Cuculi (o)	43.78	2004
10. Lily Golbach	43.85	2010

Mile

1. Maureen Ryan	5:00.75	1993
2. Raissa Hansen (o)	5:06.18	2017
3. Jordan Skelly	5:06.45	2014
4. Amanda Kaiser	5:06.68	2015
5. Courtney Seyller	5:11.32	2012
6. Kayla Gudmundson	5:11.67	2013
7. Chelsea Schrubbe	5:13.26	2015
8. Olivia Anger	5:14.18	2017
9. Anna Rogahn (o)	5:15.52	2017
10. Nikki Staffen	5:16.10	2017

60m Dash

1. Caitlin Dhein	7.63	2011
2. Tamika Tucker	7.79	2016
3. Sarah Finley	7.82	2013
4. Abby Albers	7.84	2012
5. Hailey Deschaine	7.86	2015
6. Lindsey Derby	7.89	2009
7. Taylor Juresh	7.90	2017
8. Jenny Cuculi	7.93	2004
9. Jamie Miller	8.02	'02/'03
10. Brittany Schyvinck	8.05	2017

400m Dash

1. Kelly Shaw (b)	55.05	2010
2. Megan Seidl (o)	55.41	2016
3. Deidra Faber (o)	55.96	2005
4. Kelsey Bethke	57.13	2013
5. Catherine Whitcomb	57.32	2013
6. Brittany Schyvinck (o)	57.61	2017
7. Brit Rynda	57.85	2012
8. Jen Bradford	58.82	2008
9. Taylor Vogel	58.84	2014
10. Ali Skluzacek (o)	58.99	2017

3000m Run

1. Raissa Hansen	10:10.08	2017
2. Jordan Skelly	10:10.75	2015
3. Jessica Young	10:13.60	2013
4. Jordan Paschke	10:14.93	2016
5. Tracy Nelson	10:15.10	1987
6. Olivia Anger (o)	10:27.73	2017
7. Jenna Southworth	10:29.50	2009
8. Allie Glasbrenner	10:32.80	2009
9. Nancy Pribyl	10:44.60	1984
10. Steph Smith	10:46.44	2009

55m Hurdles

1. Jess Devine	8.26	2008
2. Hannah Mueller	8.46	2013
3. Emily Asuncion	8.51	2008
4. Deidra Faber	8.63	2005
5. Anna Blaske	8.72	2011
6. Olivia Fixsen	8.73	2016
7. Hillary Cunningham	8.74	2005
8. Brittany Dulak	8.75	2014
Taylor Weis	8.75	2015
10. Christine Eichstadt	8.82	1989

600m Run

1. Katie Bagley	1:35.71	2016
2. Ali Johnson (o)	1:37.15	2017
3. Jennifer Bradford	1:37.92	2008
4. Kelsey Bethke	1:38.94	2015
5. Taylor Vogel	1:39.49	2016
6. Adi Luedtke	1:40.14	2006
7. Madeline Tompach	1:40.29	2015
8. Michelle Schreiner	1:40.36	2008
9. Theresa Pawelko	1:40.38	2009
10. Kari Schneiss	1:40.79	2016

5000m Run

1. Jessica Young (o)	17:26.67	2013
2. Tracy Nelson	17:40.24	1987
3. Jordan Skelly	17:44.78	2015
4. Jordan Paschke	17:47.43	2016
5. Steph Smith	18:15.11	2010
6. Kayla Gudmundson(o)	18:20.22	2013
7. Jenna Southworth	18:20.82	2009
8. Jordana LeSavage	18:36.57	2014
9. Megan Snyder	18:47.71	2010
10. Lia Soto	18:48.77	2005

60m Hurdles

1. Anna Blaske	8.86	2013
2. Hannah Mueller	9.01	2012
3. Jess Devine	9.03	2008
4. Brittany Dulak	9.06	2015
5. Olivia Fixsen	9.14	2017
6. Emily Asuncion	9.33	2010
7. Kacey Davitt	9.34	2017
8. Taylor Weis	9.39	2015
9. Jean Wedwick	9.40	2013
10. Ashley Sprain	9.43	2017

800m Run

1. Deidra Faber (u)	2:17.00	2006
2. Katie Bagley	2:17.13	2015
3. Ali Johnson (o)	2:17.35	2017
4. Maureen Ryan	2:17.58	1992
5. Ashton Lamp	2:19.19	2013
6. Nikki Staffen	2:20.44	2017
7. Chelsea Schrubbe	2:21.30	2015
8. Kelsey Stensland	2:21.31	2011
9. Madeline Tompach	2:21.51	2016
10. Theresa Pawelko	2:21.81	2007

Long Jump

1. Jenny Cuculi	18' 8 ½"	2004
2. Hannah Mueller	18' 8"	2014
3. Abby Albers	18' 7"	2011
4. Hailey Deschaine	18' 6"	2016
5. Deidra Faber	18' 3 ½"	2005
6. Jamie Miller	18' 3 ¼"	2003
Anna Blaske	18' 3 ¼"	2013
Taylor Juresh	18' 3 ¼"	2017
9. Gretchen Harty	18' ½"	2005
Tamika Tucker	18' ½"	2017

200m Dash

1. Megan Seidl (o)	24.74	2017
2. Sarah Finley	25.33	2013
3. Nicole Drangstveit	25.41	2012
4. Brittany Schyvinck (o)	25.53	2017
5. Tamika Tucker (o)	25.64	2016
4. Catherine Whitcomb	25.71	2014
6. Kelsey Bethke	25.78	2013
8. Jenny Cuculi	25.92	2004
9. Taylor Juresh (o)	25.94	2017
10. Jessica Devine	26.02	2007

1000m Run

1. Hope Willenbrink (o)	2:58.33	2017
2. Anna Rogahn (o)	3:00.57	2017
3. Maureen Ryan	3:03.64	1993
4. Natalie Jech	3:04.01	2014
5. McKenzie Carper	3:04.19	2015
6. Kelsey Stensland	3:04.54	2011
7. Allie Glasbrenner	3:04.72	2009
8. Leah Karsten	3:07.86	2012
9. Lauren Rusch	3:09.74	2014
10. Steph Sjostrom	3:13.88	2010

Triple Jump

1. Tracy Knippel	38'7"	2004
2. Andrea Bartz	37' 11 ¼"	2016
3. Keri Kreuzer	37'9 ½"	2004
4. Gretchen Harty	37' 7 ¾"	2006
5. Brit Rynda	37' 3 ¼"	2013
6. Tamika Tucker	37' 1 ¼"	2017
7. Amanda Schaefer	36' 10 ½"	2017
8. Annie Weinrich	36' 5"	2014
9. Haley Reinke	36' 4 ¾"	2016
10. Emily Asuncion	36' 4 ¼"	2010

High Jump

1. Hillary Cunningham	5' 6 ¼"	2005
2. Amanda Schaefer	5' 5 ¼"	15/'16
3. Lyndsey Thoma	5' 5"	2004
Gretchen Folkerts	5' 5"	2011
5. Maria Wrage	5' 4 ½"	2016
6. Brenda Gilles	5' 4 ¼"	2005
Taylor DePerry	5' 4 ¼"	2013
Haley Reinke	5' 4 ¼"	2016
Olivia Fixsen	5' 4 ¼"	2016
10. Nicole Reisner	5' 4"	2003

Pole Vault

1. Bria Magnuson	12' 8 ¾"	2007
2. Alyssa McCarthy	11' 4 ½"	2010
3. Brittany Reinbolt	10' 8 ¼"	2006
4. Jana Olson	10' 8"	2013
5. Alison Martin	10' 6"	2010
6. Jess Christy	10' 2 ½"	2011
7. Jamie Christy	10' 2"	'06/'07
8. Allyson Thelen	10' ¾"	2004
9. Jenny Foegen	10' 0"	2005
Kendra Taylor	10' 0"	2005

Shot Put

1. Rebecca Stier	51' ¼"	2011
2. Alissa Rausch	50' 2 ½"	2013
3. Mary Theisen	48' 8 ¼"	2011
4. Kaitlyn Long	48' ¾"	2016
5. Katie Taylor	47' 1 ½"	2017
6. Ashley Thooft	46' 8 ¼"	2016
7. Shanai Guider	46' 3 ¼"	2013
8. Heather Buckler	45' 11 ¼"	2016
9. Rachel Hamilton	45' 6 ½"	1989
10. Nicole Lonning	44' 6 ¼"	2007

Weight Throw

1. Kaitlyn Long	74' 5 ¾"	2016
2. Jenny Schuler	64' 4 ½"	2012
3. Mary Theisen	62' 2 ½"	2011
Abbey Ristow	62' 2 ½"	2016
5. Emily King	61' 7"	2007
6. Michelle Potter	60' 2"	2012
Megan Elliott	60' 2"	2013
8. Alissa Rausch	60' ½"	2015
9. Shanai Guider	59' 2 ¼"	2013
10. Elisa Kupferschmid	59' 2"	2014

Pentathlon

1. Deidra Faber	3324	2006
2. Anna Blaske	3260	2013
3. Teri Valinski	3253	1977
4. Haley Reinke	3211	2017
5. Keri Kreuzer	3194	2004
6. Olivia Fixsen	3132	2017
7. Kaitlyn Jensen	3081	2010
8. Jess Devine	3024	2007
9. Lindsey Lowe	2956	2014
10. Hannah Mueller	2944	2012

4 x 200m Relay

1. Grassl, Housem. Whitcomb Bethke	1:46.06	2012
2. Finley, Finley, Golb. Drangstv't	1:46.48	2012
3. Lisowski, Olson, Luedtke, Devine	1:46.77	2007
4. Lisowski, Milkent, Johnson, Olson	1:46.79	2008
5. Milkent, Jensen, Bailey, Drangstv't	1:47.86	2009
6. Knippel, Herbst, Cuculi, Miller	1:48.04	2003
7. Derby, Reinbolt, Olson, Devine	1:48.11	2006
8. Teske, Cuculi, Luessler, Miller	1:48.42	2002
9. Lisowksi/Marg/Olson/Johnson	1:49.57	2006
10. Reinbolt, Luedtke, Harty, Faber	1:50.73	2004

4 x 400m Relay

1. Seidl/Bethke/Schvinck/White (b)	3:47.10	2015
2. Bethke/Bagley/Rynda/White (o)	3:48.32	2013
3. Bethke/Vogel/Bagley/Whitcomb	3:49.16	2014
4. Drngv't/Rynda/Whitcomb/Bethke	3:50.39	2012
5. Seidl/Bagley/Skluzacek/Schvinck	3:52.17	2016
6. Bethke/Vogel/Schvinck/Whitcomb	3:52.79	2015
7. Braun/Milkent/Rynda/Shaw	3:53.92	2010
8. Braun/Helmers/Rynda/Shaw	3:54.24	2010
9. Vogel/Bagley/Tompach/Whitcomb	3:56.65	2014
10. Bethke/Tompach/Vogel/Whitcomb	3:58.08	2014

4 x 800m Relay

1. Coleman/Roelofs/Tredway/Beier	10:15.82	2004
2. Sarell/Stier/Schneider/Nelson	10:18.24	1987
3. Peters/Maslowski/Martin/Sarell	10:20.04	1985
4. Burt/Meyer/Weyland/Runde	10:20.35	2002
5. NSIC Team	10:24.14	2000
6. NSIC Team	10:24.73	1999
7. Burt/Larkin/Cousins/Ferguson	10:31.68	2001
8. Larson/Longoria/Holland/Ryan	10:31.74	1993
9. Root/Carr/Hachenberg/Holmes	10:32.94	1984
10. Luther Col. Alumni Meet Team	10:43.26	1999

Distance Medley Relay

1. Schrubbe/Whitcomb/Bagley/Skelly	12:13.33	2015
2. Gudmundson/Bagley/Lamp/Skelly	12:19.62	2013
3. Karsten/Vogel/Schroeder/Schrubbe	12:20.02	2015
4. Carper/Whitcomb/Bagley/Skelly	12:21.83	2015
5. Jech/Whitcomb/Bagley/Skelly	12:28.25	2014
6. Gudmundson/Vogel/Lamp/Paschke	12:33.98	2013
7. Glasbr/Bradfd/Schrein/Southwth	12:34.45	2008
8. Anderson/Drangst/Lamp/Seyller	12:36.72	2012
9. Staffen/Patterson/Willb'k/Rogahn	12:40.49	2017
10. Carper/Skluzacek/Bagley/Kaiser	12:41.07	2016

Times are actual. No adjustment for track size or altitude.

The following annotations mark track size differences:

(u) – Undersized

(b) – Banked

(o) – Oversized



W
A
R
R
R
I
O
R
S