

Wingate University Student Athlete Handbook



SOUTH ATLANTIC CONFERENCE



Table of Contents

1. Mission Statements	4
- University Mission Statement	4
- Athletic Department Philosophy	4
- Athletic Department Objectives	4
2. Bulldog Facts and Figures	5-7
- Division Classification	5
- Conference Affiliation	5
- Conference Members	5-6
- Athletic Facilities	6
- Sponsored Sports	7
3. Individual and Team Conduct	8-11
- Sportsmanship Statement	8
- NCAA Sportsmanship Statement	8
- Hazing	8-9
- Disciplinary Measures	9
- Wingate student handbook expectations	9-10
-Cancellation of Grant-In-Aid	11
-Student-Athlete Grievance Procedure	11
4. Drug Policy	12-16
- Notification Consent	12
- Penalties	13
- General Procedures and Random Testing	14
- Reinstatement	14-15
- PED policy overview	15-16
5. Athletic Training Room	16-18
- Athletic Training Facility Policies	16
-Athletic Training Program Policies and Procedures	17
- Important Phone Numbers	17
6. Student-Athlete Insurance	17
- Intercollegiate Athletic Insurance Coverage	17
- What is covered under this policy?	18
- The Reporting Procedure	18
7. Weight Room	18
8 Student Athlete Advisory Council	19-22
- What is it?	19
- What do they do?	19
- How do you become a member?	19
- Executive Board	20-21
- Campus Constitution	21-22

9. Academics	22-25
- Academic Resource Center (Tutors/writing center).....	23-24
- Disability Support services	25
- Student Success.....	25
10. Academic Advising	26-28
-Change of Major/Minor/Advisor	26
- Registration	27-28
- Study Skills	28
11. Grading System	28-29
- Calculating your GPA.....	29
12. Academic Policies	29-30
- Attendance Policies.....	29
- Drop/Add Procedures.....	29-30
- Repeat Course Policy.....	30
- Honor Code.....	30
13. Electronic Postings and On-Line Communities	31
-Online Communities – Student-Athlete Specific.....	31
14. Academic and Athletic Awards	31-33
- Academic Awards.....	32
- Athletic Awards.....	32-33
15. NCAA Rules	34-42
- Ten Semesters for Four Seasons.....	34-35
- Hardship Waiver/ Medical Redshirt.....	35
- Progress-Toward-Degree Requirements.....	35-36
- Daily and Weekly Hour Limitations.....	36-37
- Loss or Reduction of Athletics Aid.....	38
- Requesting Permission to Contact.....	38
- One Time Transfer Exception.....	38
- Appeal for Denial of Release.....	39
- South Atlantic Conference Transfer Rule.....	39
- South Atlantic Conference Transfer Rule Appeal Process.....	39-40
- Hosting a Prospective Student-Athlete.....	40-41
- Sport Wagering.....	41
- ARMS Account.....	41
- Complimentary Tickets.....	42
16. Bulldog Club and Endowed Scholarships	42-43

Wingate University Mission Statement

The mission of Wingate University is to develop educated, ethical and productive citizens at home and abroad. Following a Judeo-Christian heritage, the University seeks to cultivate the following in its students: Knowledge, Faith and Service.

Athletic Department Mission

The primary mission of the Wingate University Athletic Department is to provide student-athletes with the opportunities and expectations to earn a degree in the academic field of their choice. Furthermore, the Department strives to provide an athletic environment consistent with the high standards of competition, fair play, sportsmanship, leadership and spiritual growth. The outcome of this balanced student-athlete experience produces *Champions in Life*.

Athletic Department Philosophy

It is recognized that a healthy and successful intercollegiate athletic program will:

- Promote academic excellence conducive to graduation;
- Be an important part of a well-rounded private university dedicated to the service of a broad range of students, faculty and community interests;
- Develop character, maturity and a sense of fair play, as well as athletic excellence;
- Engender support for the Institution at the local, state and regional levels;
- Foster pride in the University among faculty, students, alumni and friends;
- Generate revenue to support, at least in part, intercollegiate teams and athletes;
- Support an atmosphere of non-discrimination on the basis of sex, race, sexual orientation, creed or national origin.

The Athletic Department Objectives

- To encourage scholarship, sportsmanship, fair play and a sense of responsibility among all student-athletes;
- To provide student-athletes with the opportunity to be recruited, coached and supported by skilled people who are dedicated to the observation of the spirit as well as the letter of all NCAA, Conference and University rules and regulations;
- To establish and maintain long term alumni involvement;
- To provide high quality athletic facilities commensurate with premiere NCAA Division II institutions;
- To have the Wingate University Athletic Department recognized as a leader among ethical, non-discriminatory and well-managed departments and to produce competitive programs characterized by excellence;
- To record, maintain and publish athletic department team and individual statistics for recruiting, publicity and awards;
- To maintain the highest standards of safety for every student-athlete in practice and games; and
- To encourage and support the physical, emotional and social welfare of student-athletes.

Division Classification

- NCAA Division II

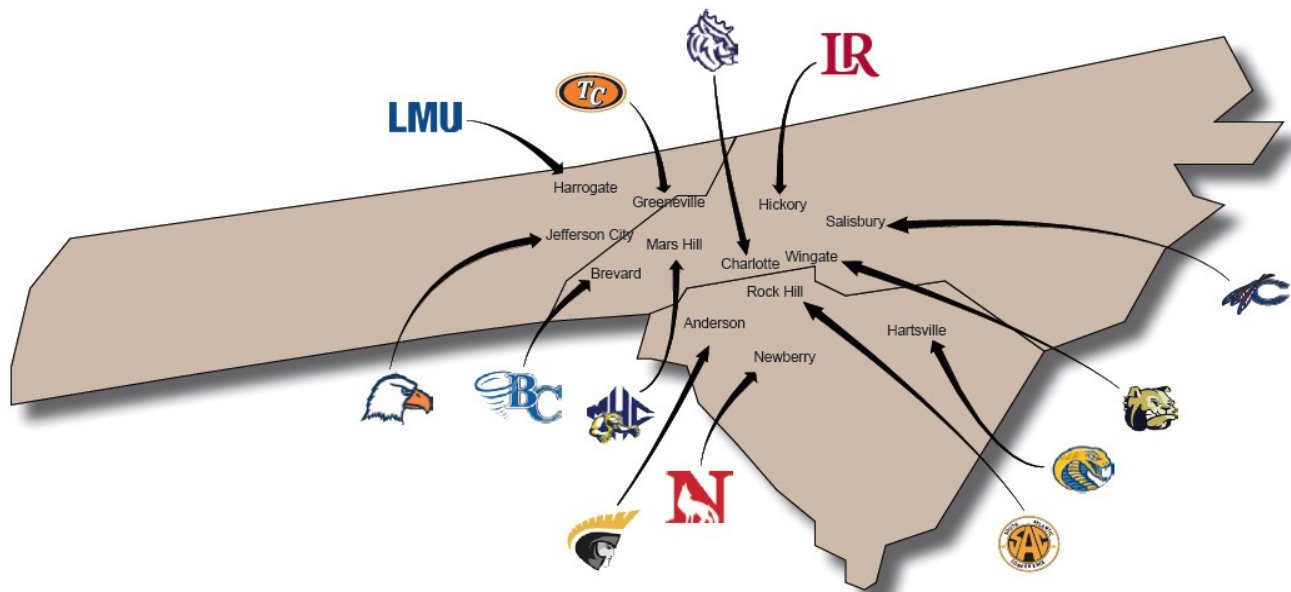
Conference Affiliation

- South Atlantic Conference

Conference Members

- Anderson University (Anderson, SC)
- Brevard College (Brevard, NC)
- Carson-Newman College (Jefferson City, TN)
- Catawba College (Salisbury, NC)
- Coker College (Hartsville, SC)
- Lenoir-Rhyne College (Hickory, NC)
- Lincoln Memorial (Harrogate, TN)
- Mars Hill College (Mars Hill, NC)
- Newberry College (Newberry, SC)
- Queens University of Charlotte (Charlotte, NC)
- Tusculum College (Greeneville, TN)
- Wingate University (Wingate, NC)

SAC MEMBERSHIP



SAC Mileage Chart

	Anderson	Brevard	Carson-Newman	Catawba	Coker	Lenoir-Rhyne	Lincoln Memorial	Mars Hill	Newberry	Queens	Tusculum	Wingate	SAC
Anderson	-	66	174	147	183	142	220	109	88	128	161	158	144
Brevard	66	-	116	154	233	104	161	50	124	124	102	178	133
Carson-Newman	174	116	-	219	307	168	57	112	201	208	50	261	214
Catawba	147	154	219	-	105	55	265	152	137	42	189	83	68
Coker	183	233	307	105	-	139	345	241	108	81	278	59	75
Lenoir-Rhyne	142	104	168	55	139	-	215	101	148	59	138	109	78
Lincoln Memorial	220	161	57	265	345	215	-	120	248	247	77	302	260
Mars Hill	109	50	112	152	241	101	120	-	140	142	67	200	149
Newberry	88	124	201	137	108	148	248	140	-	101	178	167	81
Queens	128	124	208	42	81	59	247	142	101	-	179	30	25
Tusculum	161	102	50	189	278	138	77	67	178	179	-	228	201
Wingate	158	178	261	83	59	109	302	200	167	30	228	-	51
SAC	144	133	214	68	75	78	260	149	81	25	201	51	-

Athletic Facilities

- Cuddy Arena: Basketball and Volleyball
- Irwin Belk Stadium: Football
- Irwin Belk Track and Lacrosse Field – Track & Field, M&W Lacrosse
- Plyler-Griffin Fieldhouse: Football and Lacrosse
- Plyler Athletic Field and Ron Christopher Stadium: Baseball
- Wingate University Soccer Field and Field House: M&W Soccer
- Wingate University Softball Field: Softball
- Ryan and Virginia Hucks Fieldhouse: Softball
- Wingate University Tennis Courts: Tennis
- Wingate University Swimming Pool: Swimming

Sponsored Sports

- Baseball
- Men's Basketball
- Women's Basketball
- M & W Cross Country
- Football
- Men's Lacrosse
- Women's Lacrosse
- Men's Golf
- Women's Golf
- Men's Soccer
- Women's Soccer
- Women's Tennis
- Men's Tennis
- Softball
- Men's and Women's Swimming
- Men's and Women's Indoor & Outdoor Track and Field
- Volleyball

Individual and Team Conduct

The behavior of every student-athlete is a representation of Wingate University. Whether on or off the playing surface, student-athletes are expected to conduct themselves in accordance with the University's expectations of its students as expressed in the Wingate University Student Handbook.

Sportsmanship Statement

The South Atlantic Conference and Wingate University promote good sportsmanship by student-athletes, coaches and spectators. We request your cooperation by supporting the participants and officials in a positive manner. Profanity, racial or sexist comments or other intimidating actions directed at officials, student-athletes, coaches or team representatives will not be tolerated and are grounds for removal from the site of competition. Thank you for your cooperation.

NCAA Statement

Individuals employed by (or associated with) a member institution to administer, conduct or coach intercollegiate athletics, and all participating student-athlete, shall deport themselves with honesty and sportsmanship at all times so that intercollegiate athletics as a whole, their institutions and they as individuals, shall represent the honor and dignity of fair play and the generally recognized high standards associated with wholesome competitive sports.

Hazing

Hazing is defined as an act which endangers the mental or physical health or safety of a student or which destroys or removes public or private property for the purpose of initiation, admission into, affiliation with, or as a condition of continued membership in a group or organization. Hazing will not be tolerated by Wingate University.

The following are examples of hazing:

- Forcing someone to drink alcohol or use illegal substances as a requirement for social acceptance within a team, club or organization.
- Physically assaulting someone as a requirement for initiation into a team, club or organization.
- Cutting or shaving an individual's hair

Disciplinary Measures/Responsibilities

Violation of Sportsmanship Statement

It is the policy of the Wingate University Athletic Department that any player or coach that is ejected from a competition must be suspended for the team's next competition. However, because each situation varies, the athlete and/or coach that was ejected has the right to an appeal. In the case of an appeal a meeting should be set up with the Director of Athletics.

In addition, each head coach is charged with the responsibility of deciding and applying disciplinary action against his/her student-athlete that violates the University's sportsmanship statement. This action may be in addition to or in lieu of any action imposed by the University. Disciplinary actions may include suspension or removal of financial aid and/or suspension or dismissal from the team or athletic program.

Dismissal From Team

If a student athlete is dismissed from the team for disciplinary reasons, the student athlete may appeal to the Associate Athletic Director for Internal Operations within 3 business days after being notified by their coach. The appeal should be in written form and describe the situation and reason (s)/ justification (s) for an appeal.

Alleged Violations of State or Federal Law In the case where a student-athlete is arrested, regardless of when or where the incident occurs, the student-athlete must report the incident within 72 hours of the incident to his/her head coach. The head coach will notify the Director of Athletics who will determine the appropriate course of action. Failure to report the arrest within the acceptable time-line may result in suspension from the team and the reduction or cancellation of athletics financial aid.

In the case that a student-athlete is charged with a felony he or she will be suspended indefinitely from all athletics participation until further legal review.

Wingate University Student Handbook expectations:

Our **community expectations** (page 46) state that all members of Wingate University should behave according to these standards:

- Respect all students, faculty and staff and law enforcement officials.
- Comply with requests from faculty, staff and law enforcement officials.
- Observe quiet hour guidelines and be mindful of noise levels.
- Be aware that large groups on residential balconies or in other public places can create an unsafe environment.
- Exceeding an unsafe occupancy in any University facility, apartment or room is prohibited.
- Should anyone need assistance for personal, medical or emotional concerns, contact:
 - Union County Emergency Communications: 911
 - Wingate University Campus Safety: [704.233.8999](tel:704.233.8999)
 - Wingate University Residence Life: [704.233.8245](tel:704.233.8245)

Here are a few policies that you need to know about:

- Alcohol policy
- Tobacco policy
- Sexual misconduct policy

Wingate University's **alcohol policy** (page 57) states that students are expected to behave in a manner that does not jeopardize the health or safety of others or themselves. Students are expected to follow local, state and federal laws regarding the use, possession and distribution of alcohol.

- The University defines *alcohol misuse* as any use which adversely impacts a student's health or leads to inappropriate or unsafe behaviors.
- Disruptive or disrespectful alcohol-related behavior will not be tolerated.
- Public display of alcohol is prohibited.
- Provision of alcohol to underage individuals is prohibited.

Wingate University's **sexual misconduct policy** states that in accordance with North Carolina state law and federal Title IX guidelines, sexual misconduct is any conduct of a sexual nature that is not consensual. For complete information on the policy, please see page 53 in the Student Handbook and visit the [Title IX website](#).

- This includes, but is not limited to sexual harassment, sexual assault, and sexual exploitation.
- Consent is defined as clear, unambiguous and voluntary agreement between the participants to engage in a specific sexual activity.
- Individuals who witness or who are victims of sexual misconduct are strongly encouraged to report incident(s) immediately to the following:
 - o Town of Wingate Police Department: [704.233.1697](tel:704.233.1697) or 911
 - o Union County Sheriff's Office: [704.283.3789](tel:704.283.3789) or 911
 - o Wingate University Counseling Services: [704.233.8979](tel:704.233.8979)
 - o Wingate University Health Center: [704.233.8102](tel:704.233.8102)
 - o Wingate University Campus Safety: [704.233.8999](tel:704.233.8999)
 - o Wingate University Residence Life: [704.233.8245](tel:704.233.8245)
 - o Any faculty, staff or administrator and/or,
 - o Wingate University Title IX Coordinator Patrick Biggerstaff at dpbigg@wingate.edu or [704.233.8247](tel:704.233.8247)

More detailed information can be found on the campus safety website:
<https://www.wingate.edu/student-services/campus-safety/>

Grant-In-Aid

Student-athletes may have their grant-in-aid reduced or cancelled if he/she:

- Becomes ineligible for competition;
- Gives false information on my application, Letter of Intent or Financial Aid Agreement;
- Engage in misconduct that brings disciplinary action from this institution;
- Voluntarily choose to no longer participate in this sport;
- Sign a professional contract for this sport;
- Accept money from or other benefits from or agree to be represented by an agent;
- Fail to notify the Athletic Office of grants received such as the Pell Grant that may cause me to exceed financial aid limitations;
- Test positive of a substance banned by the NCAA;
- Fail to report an incident that results in my arrest while a member of the Wingate University Athletic program, regardless of where or when it occurs;
- Do not live in university housing;
- Fail to adhere to expectations and policies as set forth by my head coach

Student-Athlete Grievance Procedure

In the event that a student-athlete has taken issue with members of his or her coaching staff (i.e. unfair treatment) or with a decision made by the athletics department there is a grievance procedure to follow. The procedure is listed below. First and foremost, the student-athlete should discuss the current problem with his or her coach in hopes that the issue can be resolved. If the student athlete is not satisfied with the outcome of this meeting then he or she may appeal the decision.

The first step on the grievance procedure takes the student-athlete to the Associate Athletic Director. The student-athlete should share all pertinent information with the Associate Athletic Director on the issue at hand. The Associate Athletic Director will collect all necessary information in hopes of resolving the issue. If the student-athlete is not satisfied with the outcome he or she should then move on to the next step in the grievance procedure.

The student-athlete should then meet with the representatives from the Faculty Athletics Committee, under the direction of the Faculty Athletics Representative. The representatives will meet with the student-athlete and gather all additional information in hopes of resolving the issue. If the student-athlete is still not satisfied with the outcome he or she may appeal to the final phase of the procedure.

The student-athlete's final appeal is to the Director of Athletics. The Director of Athletics will meet with the student-athlete and review all applicable information in hopes of resolving the issue. The decision of the Director of Athletics is final.

Note that all scholarship grievances, according to the NCAA rules, must go to the Financial Aid Committee and only that committee. Drug Policy

Drug Policy

The Wingate University Department of Athletics recognizes substance and chemical abuse as one of the major problems facing student-athletes today. The Department of Athletics also understands that participation in intercollegiate sports, with their emphasis on winning, may make student-athletes susceptible to drug abuse. The Department of Athletics is committed to providing a safe, healthy, and drug-free atmosphere conducive to the overall development of our student-athletes. Consequently, the purpose of this policy is to establish guidelines and procedures to meet those goals in accordance with National Collegiate Athletic Association (NCAA) rules, Wingate University policy, and applicable law.

The Department of Athletics hopes that the implementation of drug testing in accordance with this policy will serve to benefit everyone connected with Wingate University intercollegiate athletics. The Department of Athletics further believes that accurate and reliable testing for drug use will act not only as a screen to impermissible use and abuse, but also as a deterrent.

Notification and Consent

Each fall, every student –athlete will be made aware of Wingate University Athletic Departments Drug and Alcohol Policy. As part of this policy, and as a condition of participation in any intercollegiate sport (both scholarship and non-scholarship), each student-athlete will be required to sign a consent and release form, authorizing drug testing information to be released to Wingate University and other defined individuals. This consent is irrevocable for a period of 12 months. It is the student-athlete's responsibility to report any violations while participating as a student-athlete, regardless of where the incident occurs. This includes on-campus and off-campus infractions. Moreover, failure to sign the consent form or to submit required drug testing will result in disciplinary action, up to and including the termination of scholarship aid and the automatic suspension of eligibility for participation in intercollegiate athletics for one year of competition.

Banned substance, as the term is used in this policy, means any legal drug or controlled substance, the use of which is expressly prohibited by the NCAA, including any prescription drug for which a student-athlete does not have a valid prescription. A copy of those substances banned in accordance with NCAA rules will be distributed to all student-athletes and is also available for review with the Department of Athletics.

The unauthorized use of any banned substance by any member of an intercollegiate athletic team at Wingate University at any time during the academic year is expressly prohibited. Because many prescriptions and over-the-counter drugs are considered banned substances by the NCAA, student-athletes must notify and receive authorization from the Department of Athletics prior to engaging in such use.

Failure to follow these guidelines and the terms of this policy will result in disciplinary action as set forth in the following.

Penalties

Any student-athlete who is under the influence of or tests positive for any unauthorized banned substance, refuses to sign the consent and release form as described above, or refuses to submit to a requested drug test for banned substances shall be subject to the following regulations:

1. First Positive Drug Test

- Immediate Suspension from competitive athletic participation at Wingate University
- Minimum suspension of 25% of championship season regularly scheduled contest
- Reduction of athletic scholarship of 15% (up to \$500)
- Parental Notification
- Mandatory drug testing for one full academic year at the student-athlete's expense
- Meet with Community Standard Representative as well as Associate Athletic Director
- Meeting with the Athletic Director after Community Standards have been enforced
- Must complete a follow-up negative drug test prior to reinstatement of competition during championship season

2. Second Positive Drug Test

- Immediate termination of any athletic participation at Wingate University
- Loss of Athletic Aid

3. Violation of Community Standards Alcohol and Drug Policy

- Institutional sanctions
- Possible reduction of athletic scholarship and/or suspension from competition during championship season

4. Other Legal Issues (DUI, DWI, etc)

- Immediate suspension from athletic participation at Wingate University
- Minimum suspension of 25% of in-season participation
- Immediate reduction of athletic scholarship of 15% (up to \$500)
- Parental Notification
- Meeting with the Athletic Director after Community Standards have been enforced
- **2nd DUI/DWI:** results in immediate termination of any athletic participation at Wingate University

** If the student-athlete tests positive during the calendar year, he/she will be held to the same standards as if the student-athlete were on campus and/or in-season.

General Testing Procedures

Testing results will be reported directly to the Director of Sports Medicine and made available to other University Officials as appropriate. The Wingate University Athletic Department drug testing policy is, however, designed to protect the confidentiality of testing data and to assure that information regarding individual student-athletes will be transmitted to University agents and employees on a need-to-know basis only. Wingate University is further committed to selecting qualified drug testing laboratories with satisfactory procedures for the collection, protection, retention, and verification of samples. The statement, **Violation of Team Rules**, will be used when referring to a student-athlete that is serving his/her suspension following a positive test in order to maintain confidentiality.

Random Testing

All intercollegiate student-athletes will be subject to random, unannounced testing for banned substances. The University will use a random selection process to select and request student-athletes to be tested. Because the selection process is random and unpredictable, it is possible that some student-athletes will be tested more than others.

Reasonable Cause Testing

A student-athlete will be required to undergo testing for banned substances whenever the University, at its discretion, has reasonable cause or suspicion to believe that a student-athlete is under the influence of a banned substance. Indications of banned substance use include, but are not limited to, erratic behavior, involvement in an altercation on or off campus, a report of a banned substance use, or other incidents where there is reason to believe that a banned substance has been a contributing factor in actions or performance.

Reinstatement

A student-athlete's eligibility for participation in intercollegiate sports and grant-in-aid and consideration for reinstatement following violations of this policy are contingent upon meeting the following criteria:

1. The student-athlete shall have met with Community Standards representatives as well as an Associate Athletic Director and shall have gone over any necessary sanctions or recommendations given by the representatives
2. The student-athlete shall have produced a negative drug test.
3. The student-athlete shall have met with the Athletic Director regarding the occurrences of the served suspension.

** The cost of the banned substance testing required prior to reinstatement will be the sole responsibility of the student-athlete. In addition, testing negative on a reinstatement drug test in no way guarantees or provides a right to reinstatement or continued eligibility. The University reserves the right to deny reinstatement of eligibility and scholarship funds for any reason, regardless of the results of the reinstatement test.

** According to NCAA bylaw :

Wingate University Athletic Department follows the same policy; the usage of prescription medication without the presentation of a prescription for the specific medication taken, will be deemed a positive drug test. All ramifications of this occurrence will be the same as a positive test.

Wingate University Performance Enhancement Policy (PED) Overview

The use of Performance Enhancing Drugs (PED) is a strong concern within our athletic society. There are many mental and physical damages that can occur with the use of Performance Enhancing Drugs. It is the sole concern of Wingate University to help all student-athletes and employees to understand and avoid such damages through its established policy on Performance Enhancing Drugs that applies to all member of the academic community. However, this departmental policy is specifically designed for the members of our intercollegiate athletic teams. This policy is based on the premise that Performance Enhancing Drugs and athletics are incompatible and should not coexist.

First, many general banned substances, when used in conjunction with athletics or athletic events pose a great health risk to the athlete, as well as endanger other persons involved with the user. Such use may result in illness, temporary or permanent injury, or even death.

Second, the use of certain Performance Enhancing substances may temporarily improve some types of athletic performance and thereby create an unfair advantage for the person using them, violating the basic principle of sportsmanship.

Third, intercollegiate student-athletes often become highly recognized role models. The student-athletes use of banned substances can negatively influence other young people, as well as damage the reputation of the University.

Testing Procedure

1. Pre-season
2. Random
3. Reasonable Cause

Consequences of a Positive Test Result

1. Student-Athlete can no longer participate for an entire calendar year
2. Student-Athlete loses a year of eligibility
3. Proper notifications to all involved
4. Must meet with Athletic Department designee prior to returning
5. Must present a passed drug test prior to returning to sport

6. If there are more than one incident regarding testing positive for PED usage, the athlete is immediately terminated from intercollegiate participation at Wingate University.

Appeal Procedures

The student-athlete may request an appeal by addressing a request in writing to the Associate Director of Athletics for Internal Operations within three (3) business days after receiving the written notice from the Director of Athletics.

Confidentiality

All notifications or happenings surrounding the student-athlete and their involvement with PED's will be kept confidential.

Signed Acknowledgement

Each student-athlete will be required to sign that they have read and understand the university's policy regarding PED usage.

Student Athlete Responsibility

As the NCAA banned substance list changes frequently, it is the responsibility of the student-athlete to keep informed as to the NCAA banned substance list.

Athletic Training Room

Athletic Training Facility Policies and Procedures

- 1) In conjunction with the NCAA and Wingate University policy on smokeless tobacco, there is a zero tolerance for tobacco. No smokeless tobacco or any other tobacco products will be permitted in the training rooms.
- 2) No vulgar, racial, or abusive language will be tolerated in the training rooms.
- 3) No cleats or spikes in the training rooms. No shoes of any kind while on the taping or treatment tables.
- 4) Do not remove anything from the training rooms without permission (tape, wraps, crutches, coolers, books, etc...)
- 5) Do not bring athletic equipment into the training rooms. Please place any personal belongings in the cubby's provided
- 6) No food or drink in the training rooms.
- 7) Horseplay will not be tolerated.
- 8) Please shower before receiving treatments unless you injuries are an emergency.
- 9) Do not enter any office of a staff ATC without permission.
- 10) Shirts and shorts are required when entering the training room. No tight fitting clothing (i.e. spandex, yoga pants, etc.)
- 11) No loitering in the training room.

Athletic Training Program Policies and Procedures

- 1) Please treat student athletic trainers with respect. They are here to help YOU. Report all conflicts to the Head ATC.
- 2) NEVER move or remove equipment from an injured athlete.
- 3) All new injuries must be reported by 9:00 a.m. (or as designated by your coach and ATC)
- 4) Always be on time for your treatments and rehab. Your coach will receive injury reports during the season by noon. All “No Shows” for treatments will be included on this report.
- 5) The athletic training staff will arrange all doctor appointments. Do not make your own appointments without clearing it with your ATC first (except for emergencies). If you make your own doctor’s appointment, you will be financially responsible for your own bills.

Important Phone Numbers

Emergencies	911
Woodall Sports Medicine Complex	233-8165
Belk Stadium Athletic Training Room	233-8229

Student-Athlete Insurance

****ALL STUDENT-ATHLETES MUST CARRY PRIMARY INSURANCE COVERAGE. YOU WILL NOT BE ABLE TO PARTICIPATE WITHOUT THE PROPER COVERAGE.**

Primary Insurance:

- Athletes must have primary insurance policy
- Wingate University offers an affordable primary insurance plan United Healthcare via Bob McCloskey Insurance, if needed. You can shop for your own policy.
- Insurance must be valid in the state of North Carolina
- Insurance must cover intercollegiate sports.
- Must submit primary insurance policy through the waiver process that is done by using the Wingate Student portal for Student Health

Secondary Policy:

- Wingate University offers an additional secondary policy for our student-athletes
- The NCAA offers additional catastrophic insurance coverage once medical bills exceed \$90,000.
- Please direct any additional questions to the Athletic Insurance Coordinator (704) 233-8350

What is covered under this policy?

Coverage under this policy provides payment of necessary medical bills due to a “covered accident” and other medical injuries/accident due to overuse. These include: tendonitis, bursitis, stress fracture, shin splints, and heat exhaustion up to a pre-determined maximum. This policy only applies to an “accident” and/or “injury” resulting from supervised athletic participation incurred during a schedule game, practice, team travel, and strength and conditioning sessions. Conditions such as heart, lung, and psychological, etc..... will not be covered under the university’s secondary policy.

The Reporting Procedure

The student-athlete is responsible for reporting to a staff athletic trainer all injuries and illnesses as soon as possible. The Athletic Training staff will make all of the necessary medical referrals as indicated. In the event of an emergency due to an athletic injury or illness, the athlete will be transported to a prearranged hospital or medical facility. The athlete should at no time seek outside medical attention for an athletic related injury or illness without prior authorization from either a staff athletic trainer or Infirmary staff member, except in the case of an emergency. Injuries that occur during the off-season or summer months should be reported immediately, preferably before seeking a doctor’s appointment. To control collection procedure, we the Sports Medicine Department asks that you submit all information (bills, EOB’s, etc..) regarding an injury within 30-45 days from the time of the injury. Please fax the requested information to (704) 233-8295.

Weight Room Policies and Procedures

- 1) Only Wingate University student-athletes and authorized athletic department personnel are allowed to use the intercollegiate weight training facility.
- 2) Student-athletes must be under the direct supervision of a coach or Strength Coach to use the weight training facility.
- 3) Absolutely no wrestling, play fighting, or any type of horseplay is allowed in the weight training facility at any time.
- 4) Safety collars and spotters are required at all times.
- 5) Shirts, proper training attire, and appropriate footwear are required in the weight training facility.
- 6) No food, drinks, or tobacco products allowed.
- 7) Upholstery must be wiped down after use.
- 8) All belts and straps must be returned to proper storage areas.
- 9) Free weights must be stripped from the bars immediately after use, stacked correctly on storage racks, and kept off the floor.
- 10) Dumbbells must be returned in proper order to storage racks.
- 11) No dumbbells are to be on the floor, upholstery, or wood platforms at any time. Failure to abide by these rules and regulations will forfeit a student-athlete’s privilege to train in the intercollegiate weight training facility.

Student Athlete Advisory Committee

Wingate University Student Athlete Advisory Committee Bylaws

What is the SAAC?

The Student-Athlete Advisory Committee (SAAC) is a group comprised of two student-athlete representatives from each team as well as representatives from the Sports Information Department and the Athletic Training Department. The representatives are assembled to provide insight on the student-athlete experience. The SAAC offers input on the rules, regulations and policies that affect student athletes' lives on NCAA member institution campuses. The SAAC also plans and implements athlete socials that build the community within Wingate athletics.

What is the mission?

The members of the SAAC act as liaisons between the student-athletes and the athletic department administration. The members communicate to the staff any cares and concerns that fellow student-athletes may have about the campus community or the athletic department as a whole.

SAAC members set up community service projects, handle student-athlete welfare issues, plan athlete socials, develop and enhance leadership skills, and act as the governing voice for all student-athletes.

Selection Process for Campus SAAC

Current SAAC members will nominate a member (s) of their team who is well respected within the respective team and will be responsible for bringing back information to his or her team. Coaches will then be asked to endorse the nominees. Again, the goal is consistent representation from each sport to the campus SAAC. It is suggested the teams have two representatives to the campus SAAC, one underclassman and one upperclassman to ensure consistent representation from each team.

Vacancies

The following steps should be followed when campus SAAC vacancies occur:

1. The SAAC member should notify the SAAC President and Advisor at least one semester prior to anticipated departure.
2. If possible, there should be some overlap between the new and “retiring” member so that the team receives consistent representation at campus SAAC meetings.

Attendance Policy

Total sport representation is crucial at campus SAAC meetings. The campus SAAC should create a policy, accepted by all members, which may include requirements such as the following:

1. Total sport representation at all campus SAAC meetings is required. If you are absent, another teammate should be in attendance.
2. If an individual plans to miss a meeting, he or she must inform the SAAC President and teammates regarding his or her planned absence **prior** to the meeting.
3. The SAAC member is required to refer relevant team concerns to the full committee prior to a missed meeting. At the conclusion of a missed SAAC meeting, it is the absent member's responsibility to contact a fellow SAAC member to discuss agenda items covered during the meeting.
4. If a SAAC member accumulates 3 unexcused absences in an academic year, he or she will be dismissed from the committee.

Executive Board

The Executive Board should include a President, Vice-President, Secretary, Make A Wish Chair, Event Chair and a Marketing and Promotions Chair.

Duties of the Executive Board

All members will participate in Executive Board meetings prior to SAAC meetings. During this time, important/current issues events will be discussed. The Executive Board shall create an agenda for each SAAC meeting.

President

- * Presides over meetings
- * Serves as liaison to the institution's department of athletics
- * Functions as spokesperson for institution's student-athletes
- * Oversee Executive Board and creation of meeting agenda. Agenda should be given to the advisor for approval prior to each meeting.

Vice President

- * Presides over meetings when chair is absent
- * Oversees subcommittees that may be formed as a response to the needs of the student-Athletes
- * Exercises all functions of the president in the absence of the President
- * Performs all duties which are required of the office by the committee

Secretary

- * Responsible for keeping attendance records
- * Responsible for a summary of the minutes of the meetings and historical record. These should be emailed to all SAAC members and the advisor in a timely manner after meetings
- * Maintain updated SAAC membership Roster

Make A Wish Chair

- * Responsible for overseeing all Make A Wish fundraising projects
- * Work collaboratively with all SAAC members on each Make A Wish Function
- * Oversee small committees, relay information to advisors, work with other campus Organizations/personnel on requested rental space, etc.

Event Chair

- * Work collaboratively with all SAAC members on all SAAC functions
- * Oversee small committees, relay information to advisors, work with other campus Organizations/personnel on requested rental space, etc.

Marketing and Promotions Coordinator

- * Promote and market all SAAC events
- * Work collaboratively with the Director of Marketing and Promotions in the WU Athletic Department.

Campus Constitution

Article I.

Name: The Student Athlete Advisory Committee (SAAC) is a committee composed of student-athlete representatives for their particular sport

Article II.

Purpose: The purpose of the campus SAAC is to make known the student-athlete voice and to encourage an exchange of ideas and resources within the campus.

Article III.

Membership: The membership of the student-athlete advisory committee is composed of two representatives from each sport. Each member serves as a liaison between the committee and his other sport. Membership in this committee is a responsibility. Dedication and participation are necessary to maintain membership.

Article IV.

Officers: The officers of the committee shall be: President, Vice-President, Secretary, Make A Wish Chair, Event Chair and Marketing and Promotions coordinator

Article V.

Section 1: The SAAC will meet once a week at a time and place convenient to a majority of the members. Additional meetings may be called by a majority of the officers when necessary. The campus SAAC adviser may also call a meeting if he or she desires.

Section 2: All representatives must attend every meeting unless there is a legitimate excuse. Each member must notify the President of an absence prior the meeting. Any unexcused absence will result in a loss of the vote for the absent representative's sport team. An excused absence will have no consequences.

Section 3: Three (3) unexcused absences will result in dismissal from the committee. Upon this, a new representative will be selected.

Article VI.

Amendments: The constitution may be amended by a two-third's majority vote. The vote is only valid if at least two-thirds of the members are present. Amendment proposals must be submitted to the committee at least one meeting in advance so that the membership may have time to ponder the amendment proposal and consult with his or her team.

Article VII

Non-discrimination Statement: This committee will not discriminate based on ethnicity, age, gender, sexual orientation, religion or sport.

ACADEMICS

Academic Support System

The first priority of the student-athlete should be to successfully complete an undergraduate degree at Wingate University. Intercollegiate athletics is intended to enhance the accomplishment of this goal by providing opportunities for personal growth and development outside of the classroom.

The individual coaches are responsible for monitoring their athlete's progress in the classroom. However, it is also the athlete's responsibility to attend class, participate in class and complete all assignments in a timely manner.

Student-athletes should turn in a copy of their game schedule to each professor in order that the professor may be aware of any classes that athlete may miss due to athletic competitions. In addition, the athlete must speak to the professor about any work that may be missed due to the involvement in athletics.

Academic Resource Center

Contact Information:

<p>Academic Resource Center Offices</p>	<p>Debbie Farrell <i>Administrative Assistant for the ARC and Academic Advising</i></p> <ul style="list-style-type: none"> • ARC Office 215 • 704-233-8265 • d.farrell@wingate.edu • Best contact for testing, all general questions 	<p>Alex Finley <i>Director of Academic Advising</i></p> <ul style="list-style-type: none"> • ARC Office 212 • 704-233-8266 • a.finley@wingate.edu • Best contact for academic advising, academic advisor and care team questions 	<p>Cari E. King (Thompson) <i>Assistant Director of the ARC for Tutoring and Supplemental Instruction</i></p> <ul style="list-style-type: none"> • ARC Office TBD • 704-233-8269 • c.thompson@wingate.edu • Best contact for tutoring, supplemental instruction, student employees in the ARC, educational presentations
<p>Kristin Wharton <i>Director of the ARC and Student Success Office (Disability Support Services)</i></p> <ul style="list-style-type: none"> • ARC Office 214 • 704-233-8366 • kwharton@wingate.edu • Best contact for Disability Support Services, student alerts for seniors, academic appeals, escalated issues, any ARC related concerns 	<p>Carol Whitley <i>Assistant Director of the Student Success Office</i></p> <ul style="list-style-type: none"> • ARC Office 220 • 704-233-8036 • cwhitley@wingate.edu • Best contact for absence notifications, financial aid appeal requests, need-based book loan program, TLA's, student alerts for juniors 	<p>Kevin Winchester <i>Director of the Writing Center</i></p> <ul style="list-style-type: none"> • ARC Office 205 • 704-233-8070 • kwinchester@wingate.edu • Best contact for the Writing Center 	<p>Chris Ziegler <i>Assistant Director of the ARC for Student Outreach</i></p> <ul style="list-style-type: none"> • ARC Office 213 • 704-233-8243 • c.ziegler@wingate.edu • Best contact for student alerts for freshmen, sophomores, and student athletes, withdrawal counseling, non-returning students, testing services

Social Media:

FB: Wingate University Academic Resource Center (ARC)

Twitter: @WingateARC

Location:

2nd floor of the library in the Academic Resource Center (ARC) Services offered by the ARC include:

- Peer Tutoring
- Writing Center
- Disability Support Services
- Student Support Services (Student Success office)
- Academic Advising (*please see Academic Advising pages for more information*)

About Us:

The people and programs of the ARC will play an important role in the academic and personal progress of many students. Students are encouraged to visit the Academic Resource Center to develop better study habits, work with peer tutors, get help from Writing Center

tutors for any writing assignments, and ask any questions they may have about learning strategies, time management, or academic advising.

Also, look out for Lyceums co-hosted by the Academic Resource Center. There are several offered each semester to help supplement your learning abilities.

Office hours:

The Academic Resource Center is open the same hours as the Ethel K. Smith Library and will be staffed by trained student staff members. Professional Staff office hours for the Academic Resource Center are typically Monday – Friday, 8:30 a.m. - 5:00 p.m. Tutoring hours coincide with the hours of the Ethel K. Smith Library.

Tutoring and Supplemental Instruction

The Academic Resource Center will always recommend that any student needing assistance in an academic subject first visit with his or her professor(s) to get specific course-related information. All students who need additional assistance should visit the ARC if they would like additional tutoring. All efforts will be made to find a qualified tutor in the subject area if one does not already exist. Wingate's tutors are qualified, trained peers who have been selected by professors in the course area. Tutoring typically takes place in the ARC, which provides an atmosphere conducive to learning and studying. Students can request a peer tutor by calling or visiting the center. Tutoring is free and students can request appointments at any time during the semester. Students may schedule ongoing tutorial sessions. Drop-in hours may also be available in select classes during the semester. Students may also benefit from the resources through the Center's website.

Supplemental Instruction is assistance that takes place in conjunction with a specific course. The student SI leader is embedded in the class and offers additional assistance throughout the semester. SI leaders were recommended by the instructor, work closely with the professor, and have previously taken the course whose sessions they lead.

Writing Center

The Writing Center is located on the second floor of the Ethel K. Smith Library, in room 204, adjacent to the ARC, and offers students, staff and faculty an opportunity to improve and strengthen their writing skills. Students from all majors and classes are encouraged to visit the Writing Center. Peer writing consultants help students with assignments at any stage of the writing process— from brainstorming topic ideas, shaping a thesis, revising a draft, learning to better edit their own work, or understanding style demands for papers in different disciplines.

The Writing Center is staffed by faculty recommended student writing consultants who have been trained to help other students improve their writing. Students may schedule ongoing tutorial sessions, make appointments for specific writing assignments, or drop-in for a session with an available tutor.

Students may also benefit from writing tutorial handouts and checklists available in the Writing Center and through the Center's website.

Disability Support Services

Wingate University is committed to ensuring that no otherwise qualified individual with a disability is excluded from participation in, denied the benefits of, or subjected to discrimination in university programs or activities due to his or her disability. The university is fully committed to complying with all requirements of the Americans with Disabilities Act of 1990 (ADA) and its amendments and the Rehabilitation Act of 1973 (section 504) and to providing equal educational opportunities to otherwise qualified students with disabilities.

Disability support services are available to otherwise qualified students with disabilities to ensure equal access to the university's programs and services. Services may include making academic and/or non-academic accommodations for students. The University's Office of Disability Services is the only designated department authorized to coordinate disability related services. Students should contact the Office of Disability Services when seeking academic and/or non-academic accommodations. The Office is located on the 2nd floor of the Ethel K. Smith Library, in the Academic Resource Center (the ARC), studentsuccess@wingate.edu, 704-233-8366.

Disability Accommodations

Requests for accommodations must be made to the Director. The Director will review the supporting disability related documentation, make a decision about the request, notify the student about approved accommodations, and make arrangements for the accommodations. For more information, please see the Wingate University Student Handbook.

Student Success

The Office of Student Success promotes success of the overall educational experience by helping students get connected to Wingate University faculty and staff with whom they build positive and lasting relationships. The Office of Student Success is dedicated to the notion that all students are important and deserve the chance to succeed. Our goal is to make sure students and families feel supported and then guide them to the personnel who can best work to assist them.

These are some of the functions of the office:

- Wingate Early Alert
- Probation/Suspension Monitoring
- Academic Suspension Contracts
- Financial Appeals
- Withdrawal counseling (Students will now begin Withdrawal process in Registrar's office)
- Temporary Leave of Absence
- Student Exit Interview

Academic Advising

Contact Information:

Ms. Alexandra Finley
a.finley@wingate.edu
704-233-8266

Location:

2nd floor of the library in the Academic Resource Center (ARC)

Social Media:

FB: Wingate University Academic Resource Center

Twitter: none

Instagram: none

Wingate University Academic Advising Mission

At Wingate University, Academic Advising educates and empowers students with the resources, knowledge, and experiences that will enable them to successfully develop interdependence and achieve realistic academic and professional goals that will prepare them to be ethical, global citizens.

Academic Advising

Undergraduate academic advising is coordinated by the Director of Academic Advising whose primary role includes serving as an academic advising consultant to faculty and students and directing advisor training and development. Advisor assignments are made by the Office of Academic Advising, located in the Academic Resource Center (ARC) on the 2nd floor of the EKS Library.

Advisor Assignments

All students are assigned to Care Team members who assist them in planning their academic major and career. The Care Team members meet with their student advisees to help them prepare for degree requirements and career goals.

Change of Major, Minor or Advisor

Students who desire to change majors, minors or an advisor can consult with a Care Team member to determine what options are available based on their educational and career goals. "Major Check Sheets" and "Four Year Academic Plans" are also available through the myGate online portal under the Academic Advising tab. These documents help students determine how their completed credits can apply toward a new major or minor.

Once a student has identified a new major or minor, he should complete the "Major/Minor/Advisor Change Form" located in myGate under the Academic Advising tab. If the student is changing majors, they will be re-assigned to a Care Team who works closely with the new major. The student as well as the former and new Care Team members will be notified, via email, of the student's new designation.

Registration

LEVEL	HOURS EARN ED
Senior	87+ hours earned
Junior	57-86 hours earned
Sophomore	24-56 hours earned
Freshman	1-23 hours earned

- Students will register for classes based on their total hours **earned** as listed on their unofficial transcript in WinLINK. Note that this does not include the hours currently enrolled for this semester.
- Students must be authorized to register, by a Care Team member advisor. Care Team member advisor information is located on the student schedule in WinLINK. Students should contact their Care Team member advisor to schedule an appointment to discuss course selections prior to their designated registration date.

Tips for a speedy registration process

- For assistance with the registration process in WinLINK, a short video is available for students to demonstrate how to drop and add classes from their carts and finalize their schedules. To view the video, click [here](#).
- Students can use the DPC computer lab for direct internet access on registration day. A direct connection is recommended and should help speed up the process.
- Students with laptops should use Ethernet cables for direct internet access and turn off the wireless function on computers before attempting to register.

Closed Classes

When students add courses to their carts and attempt to finalize schedules in WinLINK, they may encounter classes that are closed. It is important to remove such course(s) from the cart and finalize registration with courses currently open. It will be imperative for students to notify their academic advisor of any major-specific, essential course(s) not acquired during registration so that secondary options can be discussed. The Office of Academic Advising will maintain a waitlist for students in need of such courses. To submit a waitlist request, click [here](#)

Business Office balances

Students must take care of all financial obligations prior to registration. Students with a "**past due**" status may be able to register for classes; however, students with unsettled accounts will have their schedules removed by the end of the semester. Please note that the Business Office utilizes other hold codes (hold refund, Note, Expired Address) where these do not affect registration. Students may view balances and statements under the financial tab on WinLINK.

Course Withdrawals

Students will need to make note of the last day to withdraw from a class. Blank withdrawal forms are located under the [forms](#) tab of myGate or at the Registrar's Office. Withdrawal forms must be signed by a student's **Care Team Advisor** and **Instructor** who will list the student's last date of attendance. In addition, student-athletes must obtain the signature of the Associate Athletic Director for Compliance or the Faculty Athletics Representative on their withdrawal forms prior to withdrawing from a class. A student will not be considered withdrawn from a course and given a grade of "W" until the Registrar has processed the withdrawal form. A student may withdraw from a course up to the deadline stated in the University calendar to receive a "W" on the academic record. Refunds will not be given for classes once the drop/add period closes. This includes dropping below 12 semester hours or decreasing an overload of semester hours. **Note that when a student-athlete drops below full time status he or she is no longer eligible for athletics participation.**

Changes to your major

For students wanting to change their major, the online request form can be accessed through myGate by clicking [here](#). Students should meet with their current Care Team advisors for registration authorization; otherwise, a student may not be cleared to register for classes.

Study Skills

In order to succeed on the field or on the court one must put forth effort. The same is true of succeeding in the classroom. Listed below are some tips to assist you as you strive for excellence in the classroom.

- Attend class regularly
- Participate in class discussions
- Take notes in class and then rewrite them in more detail after class
- If you feel as though you are falling behind go to the professor for extra help or get a tutor.
- Prepare yourself for each class by reading and doing all assignments in a timely manner.
- Keep a calendar, marking the days when you have quizzes, tests, assignments, papers, athletic events and travel times.

Grading System

Wingate University does not have a set grading scale. Each professor has their own preference on whether they grade with a seven point grading scale or a ten point grading scale. The grading scale will be stated clearly in each professor's syllabus.

Calculating Your GPA

A grade point average is based on a four-point scale. This average is a weighted average of the grades you receive throughout your academic career at Wingate University

Grade	Quality Points
A	4 quality points
B	3 quality points
C	2 quality points
D	1 quality point
F	0 quality point

To calculate your grade point average, use the formula below:

<u>Class</u>	<u>Grade</u>	<u>Hours</u>	<u>Points</u>	<u>Quality Points</u>
Psych.	A	3	4	12
Eng.	B	3	3	9
Math	A	3	4	12
Hist.	B	3	3	9
P.E.	A	<u>2</u>	4	<u>8</u>
		14		50

Total: 50 quality points/14 attempted hours = 3.57 GPA

Attendance Policy

Regular attendance is a student's obligation and a student is responsible for all the work, including tests and written work, that he or she may miss due to a class absence. Student-athletes should not skip class. **Unexcused absences will not be tolerated** by the athletic department

Each professor will inform the class on the first day of the course of that particular Professor's attendance policy. Students who represent the University at officially recognized activities are responsible for making necessary plans for class absence with each professor **in advance**.

Drop /Add Procedure

During the first four days of a regular semester, a student may drop and/or add courses to his or her schedule in consultation with the academic advisor. A course that is dropped during the drop/add period is entirely deleted from the student's record. It is the student's responsibility to make up all assignments missed prior to adding a course.

It is important to note that a student-athlete who drops to part time at any point in the semester is not eligible for practice or competition. Therefore, during the drop/add period it is important that as a student-athlete you are always enrolled full-time.

Repeat Course Policy

A student may repeat a course that was previously completed. Only the last grade earned is used in the calculation of the GPA. However, all grades are shown on the transcript. A course may be repeated twice under this policy. This applies only to courses taken and repeated at Wingate University. All grades are included in the calculation of the GPA for honors at graduation. The student is responsible for informing the Office of the Registrar any time a Wingate University is repeated.

A student may not repeat a course that is a prerequisite for a course for which credit has already been earned.

A student may repeat a course under the repeat policy a maximum of two times. Retaking a course more than twice will not remove the last grade from the GPA.

A student may not transfer in a course from another institution to count as a repeat of Credit already taken at Wingate University.

For NCAA eligibility purposes, a passed class can only be counted once towards hour requirements under progress towards degree rules. For example, if a student-athlete takes and passes English 110 with a D in the fall and then takes it and passes it with a C in the spring, the three hours associated with the passed class can only be counted once towards eligibility requirements.

Honor Code

Membership in the Wingate University community is a privilege conferred by reason of demonstrated merit and sustained by continuing commitment to high standards of performance and conduct. The University expects that all members of the community will voluntarily conduct themselves in a manner reflecting respect for all other members of the community. It is the responsibility of all Wingate University students to report any suspected violations of the honor code.

- Wingate University students do not lie, cheat, steal or plagiarize, nor do they tolerate in their company one who does.
- Wingate University students conduct themselves at all times in a manner that is conducive to the maintenance of a strong, positive environment for study and learning.
- Wingate University student respect the rules and regulations of the university as outlined in the student handbook.

Electronic Postings and On-Line Communities

Students utilizing the internet for electronic communities and messaging should take security precautions to protect themselves from predators and others by not posting personally identifiable or contact information. Students should also be careful of their communication and postings related to Wingate University Honor Code for academic and non-academic violations. The University reserves the right to contact students regarding information posted on the internet, such as things that violate a Wingate University policy or procedure or inappropriate behavior to ensure that the individual and the University are represented in a positive manner.

On-line Communities - Student-Athlete Specific

While online communities such as Facebook and Twitter offer great networking opportunities, there are several areas of concern. As a student-athlete who represents both Wingate University and the NCAA, you should portray yourself in a way that will not bring embarrassment to you or those that you represent. Should you choose to publicize through an online community inappropriate behavior such as underage drinking, drinking on campus or hazing, you can be held accountable for those actions by Wingate University's athletic department as well as student affairs. The publication of inappropriate actions on any social networking website could result in suspension or expulsion, depending on the severity of the violation.

Finally, it is important to be aware of the fact that many employers will use websites such as Facebook and Twitter to investigate possible employees. Therefore it is important to your own personal gain and benefit to represent yourself in the most positive manner.

Academic and Athletic Awards

Academic Awards

In order for a student to graduate Summa Cum Laude, Magna Cum Laude or Cum Laude the following GPAs are required.

- Cum Laude: 3.50 to 3.649
- Magna Cum Laude: 3.65 to 3.899
- Summa Cum Laude: 3.90 and above

It is important to remember that as a transfer, although a student's GPA does not transfer when determining your final transcript GPA it does transfer when calculating honors.

Athletic Awards

Student athletes are eligible for several athletic awards. The awards and the requirements are as follows:

- **Verizon Academic All-America:** To be nominated for this award the student-athlete must be a starter or an important reserve with at least a 3.2 cumulative grade point average for his/her career. No athlete is eligible until he/she has reached sophomore athletic and academic standing at his/her current institution. In the cases of transfers, graduate students, and junior college graduates, the athlete must have completed one full academic year at the nominating institution to be eligible.
- **South Atlantic Conference Honor Roll:** Nominees must have a 3.3 GPA or higher

At the end of each athletic year a banquet, which we call the WUSPYs, is held in order to honor Wingate's student-athletes. The individual awards given out at this banquet are as follows.

The Arthur Joseph "Pepper" Geddings, Jr. Athletic Leadership Award

This award is in memory of former Wingate baseball player Pepper Geddings. The award stands for everything that is right about college athletics: athletic ability, scholarship, leadership, citizenship and service. Pepper Geddings was an once-in-a-lifetime student-athlete who made his mark on Wingate University in his short two years. A star baseball player for Hall of Fame coach Ron Christopher, Pepper went on to study at Appalachian State University. He was tragically killed when he was struck by a baseball in a scrimmage game at Wingate.

C.B. and Beadie Haskins Scholar-Athlete Award

This award honors the parents of Dr. Donald B. Haskins – "Dean Haskins" to most of us – C.B. and Beadie Haskins. Dr. Haskins believed strongly that excellence is exemplified when one combines scholarship and athletic ability. This award is presented to the senior male or female student-athlete with the highest grade point average.

1. The student-athlete's GPA is determined by the overall GPA on all undergraduate work attempted at any accredited school and on all credit attempted at Wingate University. Transfer work will not raise the Wingate average.
2. The student-athlete must have been a student-athlete for a minimum of three years and be a part of a team his or her senior year.

Wingate University Student-Athlete Advisory Committee Leadership Award

Each year, the Wingate University SAAC Leadership Award will honor a student-athlete who has made significant contributions to the efforts of Wingate's Student-Athlete Advisory Committee.

Bulldog Club Spirit Award

The Bulldog Club wishes to recognize one student-athlete who represents the true spirit of Wingate University. The Bulldog Club wants to honor an athlete who is loyal and loves Wingate.

A consistent goodwill ambassador for the University, the Bulldog Club Spirit Award winner should be someone who has represented the athletic department with class on the field of competition, in the classroom and around the community. The Bulldog Club Spirit Award winner is proud to wear the blue-and-gold.

Athletic excellence is not a requirement, but rather sacrifice, dedication and teamwork are the main criteria for this award. The Bulldog Club Spirit Award should be a graduating senior who has contributed to a Wingate athletic team for at least three years. This person truly puts team above self.

Athlete of the Year Awards

The Freshman Female Athlete of the Year Award

The Freshman Male Athlete of the Year Award

The Freshman Female and Male Athlete of the Year awards are presented each year to outstanding first year student-athletes at Wingate University.

The Joyce Gragg Pipes Award for Female Athlete of the Year Award

The J. Howard Williams Award for Male Athlete of the Year Award

In 1998, the Wingate University athletic department announced the establishment of the **Joyce Gragg Pipes Award for Female Athlete of the Year**, in memory of long-time Wingate faculty member Joyce G. Pipes.

The **J. Howard Williams Award** is presented to the male athlete of the year at Wingate University. The award honors the memory of J. Howard Williams, a Wingate graduate and local businessman and an ardent supporter of Wingate athletics.

NCAA Compliance

1) **Ten Semesters for Four Seasons:** A student-athlete has ten semesters of full-time collegiate enrollment to use their four seasons of eligibility.

- **What triggers the use of a semester?** The use of a semester is triggered when you attend class while enrolled as a full-time student, even if after that, the SA drops to part-time.
- **What triggers the use of a season?** The use of a season is triggered the moment you compete against outside competition. There are exceptions to this.

Example: This SA did not compete their freshman year because they were injured. The SA was then able to use their four seasons of eligibility in the next eight full-time semesters of enrollment.

	Fall	Spring
2016-2017 – Did not compete	Enrolled full-time – Semester 1	Enrolled full-time – Semester 2
2017-2018 – Used season 1	Enrolled full-time – Semester 3	Enrolled full-time – Semester 4
2018-2019 – Used season 2	Enrolled full-time – Semester 5	Enrolled full-time – Semester 6
2019-2020 – Used season 3	Enrolled full-time – Semester 7	Enrolled full-time – Semester 8
2020-2021 – Used season 4	Enrolled full-time – Semester 9	Enrolled full-time – Semester 10

Example: This SA, a spring sport athlete, did not compete their freshman year because the coach wanted to give the SA some time to develop. The SA was then injured in the 18-19 academic year and could not compete. In order to fit his four seasons of eligibility into ten full-time semesters of enrollment, the SA had to take some semesters off. Note that the SA's tenth full-time semester of enrollment was used by attending graduate school.

	Fall	Spring
2016-2017 – Did not compete	Enrolled full-time – Semester 1	Enrolled full-time – Semester 2
2017-2018 – Used season 1	Enrolled full-time – Semester 3	Enrolled full-time – Semester 4

2018-2019 – Did not compete	Enrolled full-time – Semester 5	Enrolled full-time – Semester 6
2019-2020 – Used season 2	Enrolled full-time – Semester 7	Enrolled full-time – Semester 8
2020-2021 – Used season 3	Was not enrolled	Enrolled full-time, graduated – Semester 9
2021-2022 – Used season 4	Was not enrolled	Full-time graduate school – Semester 10

- 2) **Medical Hardship Waiver/Medical Redshirt:** A medical hardship waiver is filed in order to regain a season in the case that a student-athlete uses a season of competition and in that same season suffers a season ending injury. A student-athlete in this situation may qualify for a medical hardship waiver, and therefore gain the season of eligibility back, if the following criteria is met:
- The injury or illness occurs in one of the four seasons of intercollegiate competition at any two-year or four-year collegiate institution;
 - The injury or illness results in an incapacity to compete for the remainder of that playing season; and
 - The injury or illness occurs when the student-athlete has not participated in more than two contests or dates of competition (whichever is applicable to that sport), 20 percent of the institution’s completed contests or dates of competition or 20 percent of the maximum permissible number of contests or dates of competition.
- 3) **Progress Towards Degree:** As an NCAA student-athlete, you are required to meet some specific academic requirements over the course of your academic career. Those requirements are listed below.
- **9-Hour Rule:** In each regular academic term (fall and spring) you must earn at least 9 hours to be eligible for the following term. If you fail to meet this rule, you cannot recover from it by attending summer school.
 - **18- Hour Rule:** In each regular academic year you must earn at least 18 hours between the fall and spring semesters in order to be eligible for the following academic year. If you fail to meet this rule, you cannot recover from it by attending summer school.
 - **24-Hour Rule:** In each year, between the fall, spring and summer, you must earn at least 24 hours in order to be eligible for the following academic year.

- **2.0 GPA Rule:** Student-athlete’s must achieve a minimum cumulative GPA of 2.0 prior to the beginning of each fall term.
- **Declaration of Degree:** By the beginning of the fifth full-time term of enrollment, a student-athlete must officially declare a degree with the institution. From a student-athlete’s fifth full-time term and on, the only hours that can be used towards a student-athlete’s eligibility requirements are those hours that count towards the degree that has been **officially declared**.
 - **Minors:** Up to six minor hours per term (fall and spring) can be used towards eligibility requirements. The minor must be officially declared however.
 - **Double Majors:** For those student-athletes that are double majors, hours earned in a given term that are applicable to either major can be used towards eligibility requirements.

4) Countable Athletically Related Activity: Countable athletically related activity (CARA) is a required activity with an athletics purpose that involves student-athletes and is at the direction of, or supervised by a member(s) of an institution’s coaching staff. The NCAA has rules on how many hours of CARA in which a student-athlete may participate. These hour requirements are different during the different segments of the year. The below chart can assist you in gaining a general understanding of the CARA rules.

Championship Season	Non-Championship Season	Out-of-Season
CARA limited to 20 hours/week, games count as 3 hours.	CARA limited to 20 hours/week, games count as 3 hours.	No competition 8 hours/week of CARA in the form of strength & conditioning, individual workouts and/or team activities
CARA limited to 4 hours/day	CARA limited to 4 hours/day	No more than 2 of the 8 hours can be used for individual workouts and/or team activities
One day off/week	One day off/week	Two days off/week
SA can miss class for practice or workouts	SA cannot miss class for practice or workouts	SA cannot miss class for CARA
SA can miss class for competition	SA cannot miss class for competition	

To further assist you in understanding the limits on CARA, an excerpt from a chart in the NCAA manual is below. The chart demonstrates examples of activities that count and do not count towards CARA limitations.

Type of Activity	Countable	Non Countable
Competition	X (3 hours only)	
Individual workouts (as required or supervised by a member of the coaching staff)	X	
Participation of SAs in tryouts involving PSAs	X	
Required weight training & conditioning activities held at direction of or supervised by an institutional staff member	X	
Visiting the competition site (XC and Golf)	X	
Voluntary skill instruction at the request of the SA	X	
Observation of SAs in non-organized sport-specific activities (pick-up games)	X	
Required participation as a demonstrator in a camp or clinic	X	
Participation as a counselor in an a camp or clinic, provided the participation is voluntary		X
Any athletically related activity organized or monitored by other SAs, provided the activities are not done at the direction of a coach or considered as a requisite for participation		X
Type of Activity	Countable	Non Countable
Study hall		X
Attendance at an awards banquet		X
Participation in fundraising activities, community service or community engagement		X
Required preparation of playing field		X
Travel to and from games and practice		X

- 5) **Loss or Reduction of Athletics Aid:** When a student-athlete's athletically related financial aid is reduced or cancelled he or she will receive notification from the Office of Student Financial Planning. Should a student-athlete choose to appeal the financial aid decision, he or she may do so via the Office of Student Financial Planning. Direction on how to file such an appeal will be included in the notification of cancellation/reduction letter from the Office of Student Financial Planning.
- 6) **Requesting Permission to Contact for Transfer:** Should a current student-athlete wish to explore his/her transfer options, a permission to contact letter from the Office of Compliance must be obtained by the student-athlete. The permission to contact letter is a letter that permits other four-year domestic institutions to speak with the student-athlete about transferring and competing in a sport. To request such a permission to contact letter the student-athlete should email the Associate Athletic Director for Compliance.

The Associate Athletic Director for Compliance will discuss the request with the appropriate head coach prior to issuing the permission to contact letter. It is therefore suggested that student-athlete speak with their head coach prior to requesting a permission to contact letter.

If the institution does not grant or deny the student-athlete's request for a permission to contact letter within 14 consecutive calendar days of receiving request, then the permission to contact letter is to be granted automatically.

- 7) **One-Time Transfer Exception:** Typically, when a student-athlete transfers from one four-year institution to another the institution to which the student-athlete is transferring to will certify the student-athlete under the one-time transfer exception. In general, a student-athlete will be eligible for the one-time transfer exception if they have never transferred away from another four-year institution and are eligible at their initial institution. Additionally, in order to be certified under the one-time transfer exception, the student-athlete's initial four-year institution must certify in writing that they do not object to the student-athlete being certified under the one-time transfer exception.

If an institution receives a written request for such a release from a student-athlete, the institution is required to grant or deny the request within 14 consecutive calendar days. If the institution fails to grant or deny the request within that time period then such a release will be automatically granted.

- 8) **Appeal for Denial of Permission to Contact or Use of One-Time Transfer Rule:** In the case that a student-athlete wishes to appeal an athletic department decision regarding a permission to contact letter or use of the one-time transfer exception, he or she may appeal the decision via the Faculty Athletic Committee and the Faculty Athletic Representative. To initiate an appeal, the student-athlete should e-mail a letter of appeal to the Faculty Athletic Representative (FAR) within 14 days of the notification of the denial of the release. The FAR will then set up interviews with the involved student-athlete and any other individuals pertinent to the case. After gathering all applicable information, the FAR will present the case to the Faculty Athletics Committee in the form of a hearing. Per NCAA rules the student-athlete must be provided the opportunity to actively participate (e.g. via telephone) in the hearing. Following the hearing, the Faculty Athletics Committee will render a decision. Upon issuing that final decision, the FAR will communicate the outcome of the appeal to the student-athlete and copy the Office of Compliance, Vice President and Director of Athletics and the appropriate head coach. The Faculty Athletics Committee's decision is the final decision and must be rendered within 30 days of the receipt of the student-athlete's appeal.
- 9) **South Atlantic Conference Transfer Rule:** A student-athlete that transfers from one South Atlantic Conference institution (A) to another SAC institution (B) is required to sit one year in residence at the certifying institution (B) before they are eligible to represent the certifying institution (B) against outside competition.
- 10) **South Atlantic Conference Transfer Rule Appeals Process:** Any appeal of the South Atlantic Conference (SAC) transfer rule by a student-athlete must be predicated on an exception listed under NCAA bylaw 14.5.5.3 and will be heard by an ad hoc committee of SAC Faculty Athletics Representatives (FARs) according to the process outlined below. This ad hoc committee has the authority to waive the Intra-Conference Transfer Rule for extraordinary circumstances (death of a spouse, death of a parent, documented health needs, etc.)
- The student-athlete must submit a written request for an Appeals Hearing to the FAR at his or her current institution. In the written request, a student-athlete should indicate the exception (see NCAA bylaw 14.5.5.3) upon which the appeal is being based, should articulate the reasons and unusual circumstances that he or she believes warrant a waiver of the Intra-Conference Transfer Rule and should include any supporting documents that are deemed pertinent to the deliberation. The FAR will also contact the Coach or another representative at the institution to document the Athletics Department's position on the student-athlete's desire to transfer. The FAR will then forward the hearing request and all supporting

documentation to the Conference Office who will in turn notify the Chair of the FAR Committee.

- The Chair of the FAR Committee shall inform the student-athlete, within 14 consecutive days of receiving the student-athlete's written request, that he or she will be provided a hearing.
- The notification of the hearing opportunity shall include a copy of the Conference Office's Appeal Process for conducting the hearing. The Chair of the FAR Committee shall be responsible for distributing the letter of appeal and supporting documentation from the student-athlete and the document from the Coach or Athletics Department Representative to the ad hoc committee members in advance of the hearing so that they may review the materials and prepare any questions that they may have.
- The hearing shall be conducted by an ad hoc Committee of five SAC FARs. The Chair of the FAR Committee is responsible for assembling a committee to hear the appeal. (FAR participation on these hearing committees will generally rotate according to institutional order: Anderson, Brevard, Carson-Newman, Catawba, Coker, Lenoir-Rhyne, Lincoln Memorial, Mars Hill, Newberry, Queens, Tusculum, and Wingate.) When an FAR is unavailable to serve, or a student-athlete making the appeal is enrolled at or plans to transfer to an FAR's institution, then the next FAR (in institutional order) will be asked to participate on the committee. The Chair of the FAR Committee will not be a voting member of the ad hoc committee.
- The Chair of the FAR Committee will conduct the hearing within 30 consecutive calendar days of receiving the student-athlete's request for the hearing. The Conference Office will make every effort to set aside a convenient, regular monthly time for such hearings to be conducted (e.g. the first Wednesday at 3:30 pm.)
- The hearing will be conducted via conference call. At the conclusion of a hearing, the Conference Office will email the ad hoc Committee members to collect their votes. The decision, as rendered by majority vote of the five ad hoc Committee members, is final. The student-athlete, coach and athletic director will be notified, in writing, by the Chair of the FAR Committee within 5 days of the ad hoc Committee's decision.
- A copy of the notification will also be sent to the Conference Office.

11) Hosting a Prospective Student-Athlete: Acting as a student host to a prospective student-athlete (PSA) is an important service to the institution and the athletics department. Appropriate conduct is required of you by your institution, conference and NCAA. In addition to the below NCAA rules, you are expected to follow all state and federal laws as well as Wingate University policies. Below are the NCAA rules that you must follow as a current student-athlete hosting a prospective student-athlete.

- You must be enrolled at Wingate University. If you are a freshman, you cannot host a PSA if you are a non-qualifier out of high school.
- You may be provided with a maximum of \$30 for each day of the visit (not to exceed \$60 total) to cover all actual costs of entertaining the PSA (and the PSA's relatives or legal guardians), excluding the cost of meals and admission to campus athletics events. These funds may not be used for the purchases of souvenirs such as t-shirts or other institutional mementos. You may be provided with an additional \$15 per day for each additional PSA that you are hosting.
- No cash may be given to the PSA or the PSA's relatives or legal guardians.
- You may not use vehicles provided or arranged for by any institutional staff member or representative of athletics interest (i.e. booster club member).
- You may not transport the PSA or anyone accompanying the PSA more than 30 miles from campus.
- You should not allow recruiting conversations to occur off-campus between the PSA and a booster of the athletics program. (If an unplanned meeting occurs, only an exchange of greetings is permissible.)
- You are responsible for turning in receipts and/or remaining cash from the funds advanced. This should be done on the first business day following the end of the official visit.

12) **Sport Wagering:** The NCAA has strict rules regarding the involvement of student-athletes and athletic department personnel in sports wagering activities. Sports wagering activities that are prohibited by NCAA legislation are listed below.

- It is impermissible to participate in a sports bet of any kind by putting something at risk (money, entry fee, or tangible item) for the opportunity to win something. This would include participation in fantasy leagues, Super Bowl pools, March Madness brackets, etc
- It is not permissible to share information that can be used to wager on sports (i.e., team disciplinary actions, team morale, new plays, injuries, etc.).

13) **ARMS Account:** Each student-athlete is assigned an account to ARMS software. ARMS is an athletic software utilized by Wingate University's Department of Athletics for a variety of functions. One such function is the use of electronic forms. All student-athletes will be required to log on to their ARMS account to complete the yearly compliance forms which are generally assigned to each student-athlete in August. A student-athlete's username for signing on to ARMS will be their Wingate University email address (in all lowercase). Upon first sign-on to ARMS a student-athlete's password will be their Wingate University student ID number, beginning with a capital P.

- 14) **Complimentary Tickets:** NCAA rules allow Wingate University to provide student-athletes with four complimentary tickets for each of the student-athlete's home athletic events. Therefore, volleyball, football and basketball student-athlete's will be allotted four complimentary general admission tickets to disburse to family and friends for each of their home regular season games. These tickets can be requested via ARMS by logging on to your ARMS account. The deadline for requesting such tickets for a Saturday or Sunday game is 4:00 pm on Friday. For a weekday game, the deadline for requesting such tickets is 9:00 am on the day of the game.

BULLDOG CLUB

The Wingate University Bulldog Club is an organization of alumni, former student-athletes, parents of former and current student-athletes, Wingate University faculty and staff and community fans. The priority of this organization is to raise funds to support the university's athletic scholarships. Members may direct their membership gift towards a specific sport but not a specific student-athlete. Bulldog Club members will receive (depending on membership level) a membership card (which provides discount at the university campus store and admission to Bulldog Club pregame hospitality events), window decal, parking at home football games, invitations and in some cases admission tickets to Bulldog Club events, complimentary game tickets and recognition in the Wingate Society if participating at the appropriate level. The Bulldog Club sponsors a number of important events which provide support for Wingate University athletics and scholarships. Included in these events are the Wingate University Clambake and Bill Connell Memorial Golf Tournament during Homecoming weekend, the President's Cup Golf Tournament and the Sports Hall of Fame Induction Banquet. Each year at the annual Athletic Banquet to conclude the academic year, the Bulldog Club will recognize an outstanding student-athlete who has demonstrated outstanding qualities in representing the university and their team (the Bulldog Club Award). Bulldog Club members are called upon on numerous occasions to participate in university sponsored activities.

The relationship between Bulldog Club members and current student-athletes are governed by the NCAA under the guise of Representative of Athletics Interest. Each Bulldog Club member is presented with the appropriate legislation to guide their involvement with individual student-athletes and teams.

ENDOWED SCHOLARSHIPS AND ANNUAL SCHOLARSHIPS

Scholarship assistance provided by Wingate University support for intercollegiate athletics is determined within the budgeted allowances of the university. These limits are affected by standards of the NCAA Division II provisions and the South Atlantic Conference. This amount can be supported additionally by endowed and annual scholarships. These scholarship awards will complement the predetermined athletics grant limits. The Office of Financial Aid will have final authority on the determination of the recipient of the named athletic scholarships. Student-athletes will be expected to participate in any such event or activity directed by the university to honor donors who financially support Wingate University athletic scholarships.