**2023 CWU Wildcats Open - 4/22/2023**
**CWU Recreation Sport Complex**
**Performance List**

### Event 1 Men 100 Meter Dash

| | Name | School | Seed Time | |
|---|---|---|---|---|
| 1 | Campbell, Enrique | Alaska Ancho | 10.59 | |
| 2 | Andrews, Cameron | Unattached | 10.70 | |
| 3 | Greenwalt, Ryan | Western Wash | 10.83 | |
| 4 | Gordon, Jeff | Seattle Paci | 10.90 | |
| 5 | McCabe, Jaylen | Unattached | 10.92 | |
| 6 | Broussard Jr., Jb | Unattached | 10.94 | |
| 7 | Wagner, Joshua | Alaska Ancho | 11.00 | |
| 8 | Woodard, Tyrone | Western Wash | 11.00 | |
| 9 | Hansen, Christian | Spokane CC | 11.01 | |
| 10 | Wild, Dalton | Spokane CC | 11.04 | |
| 11 | Merrifield, Zach | Spokane CC | 11.10 | |
| 12 | Jamison, Wayne | Olympic Coll | 11.12 | |
| 13 | Le, Brian | Western Wash | 11.12 | |
| 14 | Angarita, Kevin | Alaska Ancho | 11.15 | |
| 15 | Kibler, Trent | Western Wash | 11.18 | |
| 16 | Johnson, Jaden | Western Wash | 11.21 | |
| 17 | Nguyen, Hewson | Saint Martin | 11.28 | |
| 18 | Williams jr, Alphonso | Unattached | 11.29 | |
| 19 | Belanger, Jacob | Alaska Ancho | 11.29 | |
| 20 | Sample, Collin | Alaska Ancho | 11.30 | |
| 21 | Doucette, Ben | Cascadia Eli | 11.30 | |
| 22 | Holmes, Jordan | G3 Performan | 11.30 | |
| 23 | Dearfield, Anthony | Central Wash | 11.34 | |
| 24 | Vongphet, Anouthai | Western Wash | 11.42 | |
| 25 | Thomas, Nate | Seattle Paci | 11.43 | |
| 26 | Barnes, Donald | Unattached | 11.50 | |
| 27 | Harris, Ashtin | Green River | 11.55 | |
| 28 | Carter, Kenneth | Saint Martin | 11.57 | |
| 29 | Moore, Hudson | Central Wash | 11.60 | |
| 30 | Cunningham, Isaiah | Spokane CC | 11.74 | |
| 31 | Brown, Nakota | Green River | 12.22 | |
| 32 | Conley, Rowyn | Green River | 12.24 | |
| 33 | Baisden, Scott | Northwest U. | 12.70 | |
| 34 | Beatty, Hunter | Spokane CC | 12.84 | |
| 35 | Georgia, Nick | Saint Martin | NT | |
| 36 | Greenlee, Manu | Western Wash | NT | |
| 37 | McQueen, Jaelin | Western Wash | NT | |
| 38 | Gonzalez, Andre | Spokane CC | NT | |
| 39 | Vizcarra, Sebastian | Green River | NT | |

### Event 2 Women 100 Meter Dash

| | Name | School | Seed Time | |
|---|---|---|---|---|
| 1 | Hollis, E'Lexis | Central Wash | 11.78 | |
| 2 | McHenry, Sophia | Unattached | 12.02 | |
| 3 | Cheney, Caitlyn | Western Wash | 12.22 | |
| 4 | Miller, Anna | Western Wash | 12.46 | |
| 5 | Vu, Madison | Saint Martin | 12.58 | |
| 6 | Polkinghorn, Hannah | Western Wash | 12.67 | |
| 7 | Hopper, Elise | Central Wash | 12.74 | |
| 8 | Porter, Isabella | Western Wash | 12.81 | |
| 9 | Sills, Grace | Saint Martin | 12.89 | |
| 10 | Green, Kiarra | Central Wash | 12.96 | |
| 11 | Callanan, Alexa | Green River | 13.16 | |
| 12 | VanAssche, Gracie | Northwest U. | 13.20 | |
| 13 | Mader, Mikayla | Alaska Ancho | 13.23 | |
| 14 | Cintron, Gabriela | Saint Martin | 13.46 | |
| 15 | Soderstrom, Kayla | Northwest U. | 13.65 | |
| 16 | Parker, Corona | Evergreen St | 13.74 | |
| 17 | Karsten, Karlie | Green River | 13.80 | |

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**Event 2 ...(Women 100 Meter Dash)**

| | Name | School | Seed Time | |
|---|---|---|---|---|
| 18 | Cervantez, Olivia | Saint Martin | 13.85 | |
| 19 | Campesino, Iris | Evergreen St | 13.98 | |
| 20 | Ward, Maycee | Spokane CC | 13.99 | |
| 21 | Ixmay, Angelina | Olympic Coll | 14.30 | |
| 22 | Martinez, Karla | Green River | 15.04 | |
| 23 | Lemos, Angie | Green River | 15.41 | |
| 24 | Twiss, Grace | Central Wash | NT | |

**Event 3 Men 200 Meter Dash**

| | Name | School | Seed Time | |
|---|---|---|---|---|
| 1 | Andrews, Cameron | Unattached | 21.61 | |
| 2 | Campbell, Enrique | Alaska Ancho | 21.65 | |
| 3 | Johnson, Noah | Western Wash | 21.82 | |
| 4 | Le, Brian | Western Wash | 22.01 | |
| 5 | Gordon, Jeff | Seattle Paci | 22.06 | |
| 6 | Wagner, Joshua | Alaska Ancho | 22.09 | |
| 7 | Angarita, Kevin | Alaska Ancho | 22.28 | |
| 8 | Wild, Dalton | Spokane CC | 22.40 | |
| 9 | Greenwalt, Ryan | Western Wash | 22.45 | |
| 10 | Carpenter, Evan | Seattle Paci | 22.45 | |
| 11 | Johnson, Jaden | Western Wash | 22.46 | |
| 12 | Vongphet, Anouthai | Western Wash | 22.48 | |
| 13 | Merrifield, Zach | Spokane CC | 22.56 | |
| 14 | Brenek, Lucas | Western Wash | 22.57 | |
| 15 | Shepherd, Julius | Seattle Paci | 22.63 | |
| 16 | Hunter, Timothy | Alaska Ancho | 22.67 | |
| 17 | Webster, Isaiah | Central Wash | 22.75 | |
| 18 | Belanger, Jacob | Alaska Ancho | 22.80 | |
| 19 | Woodard, Tyrone | Western Wash | 23.00 | |
| 20 | Thomas, Cantrell | Central Wash | 23.09 | |
| 21 | Williams jr, Alphonso | Unattached | 23.12 | |
| 22 | Leon, Zawadi | Unattached | 23.12 | |
| 23 | Pearson, Kaden | Evergreen St | 23.15 | |
| 24 | Barnes, Donald | Unattached | 23.20 | |
| 25 | Georgia, Nick | Saint Martin | 23.29 | |
| 26 | Hansen, Christian | Spokane CC | 23.30 | |
| 27 | Byers, Michael | Spokane CC | 23.35 | |
| 28 | Dearfield, Anthony | Central Wash | 23.41 | |
| 29 | Cunningham, Isaiah | Spokane CC | 23.46 | |
| 30 | Moore, Hudson | Central Wash | 23.53 | |
| 31 | Gonzalez, Andre | Spokane CC | 23.77 | |
| 32 | Kibler, Trent | Western Wash | 23.91 | |
| 33 | Richmond, Maximus | Spokane CC | 24.06 | |
| 34 | Wittrell, Solomon | Seattle Paci | 24.09 | |
| 35 | Carter, Kenneth | Saint Martin | 24.25 | |
| 36 | Boun, Brady | Seattle Paci | 24.56 | |
| 37 | Heidner, Salvin | Olympic Coll | 24.59 | |
| 38 | Brown, Nakota | Green River | 24.80 | |
| 39 | Charles, Guyland | Olympic Coll | 24.83 | |
| 40 | Woodard, Gabe | Seattle Paci | 24.90 | |
| 41 | Thomas, Nate | Seattle Paci | 25.03 | |
| 42 | Conley, Rowyn | Green River | 25.46 | |
| 43 | Beatty, Hunter | Spokane CC | NT | |

**Event 4 Women 200 Meter Dash**

| | Name | School | Seed Time | |
|---|---|---|---|---|
| 1 | Williams, Juliette | Central Wash | 24.83 | |
| 2 | McHenry, Sophia | Unattached | 24.87 | |
| 3 | Cheney, Caitlyn | Western Wash | 25.14 | |
| 4 | Green, Aniya | Seattle Paci | 25.36 | |
| 5 | Miller, Anna | Western Wash | 25.41 | |

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**Event 4 ...(Women 200 Meter Dash)**

| | Name | School | Seed Time | |
|---|---|---|---|---|
| 6 | Vidad, Joei | Alaska Ancho | 25.61 | |
| 7 | Hollis, E'Lexis | Central Wash | 25.69 | |
| 8 | Hopper, Elise | Central Wash | 25.71 | |
| 9 | De Arvizu Sarrias, Blanca | Alaska Ancho | 25.72 | |
| 10 | Backman, Kaitlyn | Alaska Ancho | 25.84 | |
| 11 | Bell, Cree | Saint Martin | 25.87 | |
| 12 | Polkinghorn, Hannah | Western Wash | 25.95 | |
| 13 | Harris, Donna Marie | Central Wash | 26.03 | |
| 14 | Vu, Madison | Saint Martin | 26.10 | |
| 15 | DeGroot, Ellie | Central Wash | 26.14 | |
| 16 | Behnke, Lizzy | Northwest U. | 26.53 | |
| 17 | Chang, Hannah | Seattle Paci | 26.68 | |
| 18 | Callanan, Alexa | Green River | 26.74 | |
| 19 | Slate, Essence | Alaska Ancho | 26.75 | |
| 20 | Duenninger, Carlotta | Alaska Ancho | 26.75 | |
| 21 | Sills, Grace | Saint Martin | 26.92 | |
| 22 | VanAssche, Gracie | Northwest U. | 27.27 | |
| 23 | Crane, Marissa | Seattle Paci | 27.34 | |
| 24 | Chandler, Lauryn | Central Wash | 27.37 | |
| 25 | Lagerwey, Matty | Western Wash | 27.51 | |
| 26 | Sewell, Sarah | Central Wash | 27.67 | |
| 27 | Soderstrom, Kayla | Northwest U. | 27.76 | |
| 28 | Orocu, Callie | Olympic Coll | 27.80 | |
| 29 | Smith, Charisma | Seattle Paci | 27.80 | |
| 30 | Hicks, Maliyah | Seattle Paci | 27.82 | |
| 31 | Cervantez, Olivia | Saint Martin | 28.46 | |
| 32 | Karsten, Karlie | Green River | 28.75 | |
| 33 | Ward, Maycee | Spokane CC | 29.38 | |
| 34 | Briggs, Annika | Saint Martin | 29.43 | |
| 35 | Ixmay, Angelina | Olympic Coll | 29.76 | |
| 36 | Schoener, Saira | Spokane CC | 29.82 | |
| 37 | Bryson, Emma | Spokane CC | 30.02 | |
| 38 | Bohuta, Anya | Northwest U. | 30.42 | |
| 39 | Lemos, Angie | Green River | 31.88 | |
| 40 | Anderholm, Caitlin | Green River | 32.12 | |
| 41 | Martinez, Karla | Green River | 32.15 | |
| 42 | Porter, Isabella | Western Wash | NT | |
| 43 | Twiss, Grace | Central Wash | NT | |

**Event 5 Men 400 Meter Dash**

| | Name | School | Seed Time | |
|---|---|---|---|---|
| 1 | Archer, Isaiah | Seattle Paci | 48.24 | |
| 2 | Brenek, Lucas | Western Wash | 48.95 | |
| 3 | Byers, Michael | Spokane CC | 49.61 | |
| 4 | Carpenter, Evan | Seattle Paci | 50.04 | |
| 5 | Shepherd, Julius | Seattle Paci | 50.31 | |
| 6 | Thomas, Cantrell | Central Wash | 50.53 | |
| 7 | Hunter, Timothy | Alaska Ancho | 50.78 | |
| 8 | Tarasov, Nazar | Green River | 51.14 | |
| 9 | Richmond, Maximus | Spokane CC | 51.86 | |
| 10 | Seals, Austin | Western Wash | 52.41 | |
| 11 | Kenny, Ryan | Western Wash | 53.11 | |
| 12 | Heidner, Salvin | Olympic Coll | 53.57 | |
| 13 | Wittrell, Solomon | Seattle Paci | 54.46 | |
| 14 | Woodard, Gabe | Seattle Paci | 54.67 | |
| 15 | Alonzo- Miquel, Juan | Olympic Coll | 1:03.20 | |
| 16 | Pearson, Kaden | Evergreen St | NT | |
| 17 | Wani, Modi | Green River | NT | |

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### Event 6 Women 400 Meter Dash

| | Name | School | Seed Time | |
|---|---|---|---|---|
| 1 | Crane, Marissa | Seattle Paci | 57.81 | |
| 2 | Vidad, Joei | Alaska Ancho | 57.90 | |
| 3 | Green, Aniya | Seattle Paci | 57.99 | |
| 4 | Harris, Donna Marie | Central Wash | 58.01 | |
| 5 | Brown, Johanna | Seattle Paci | 58.80 | |
| 6 | Bell, Cree | Saint Martin | 58.97 | |
| 7 | Backman, Kaitlyn | Alaska Ancho | 59.71 | |
| 8 | Fletcher, McKenzie | Seattle Paci | 59.77 | |
| 9 | Thompson, Madison | Central Wash | 1:00.99 | |
| 10 | Smith, Charisma | Seattle Paci | 1:01.73 | |
| 11 | Orocu, Callie | Olympic Coll | 1:02.19 | |
| 12 | Behnke, Lizzy | Northwest U. | 1:02.53 | |
| 13 | Douglas, Madisen | Spokane CC | 1:02.91 | |
| 14 | Trim, Neo | Olympic Coll | 1:08.61 | |
| 15 | Campesino, Iris | Evergreen St | NT | |

### Event 7 Men 800 Meter Run

| | Name | School | Seed Time | |
|---|---|---|---|---|
| 1 | Cortes, Isaac | Saint Martin | 1:56.26 | |
| 2 | Perkins, Ryan | Green River | 1:58.05 | |
| 3 | Eifert, Ian | Western Wash | 1:58.30 | |
| 4 | Sundt, Zack | Central Wash | 1:58.42 | |
| 5 | Pearson, Dhevin | Unattached | 1:59.32 | |
| 6 | Riley, Cole | Green River | 1:59.36 | |
| 7 | Wani, Rudu | Saint Martin | 1:59.71 | |
| 8 | Phillips Nichols, William | Green River | 2:00.23 | |
| 9 | Sanchez, Noah | Green River | 2:00.35 | |
| 10 | Kopatich, Jack | Northwest U. | 2:00.43 | |
| 11 | Franco, Kade | Seattle Paci | 2:03.69 | |
| 12 | Ransford, Jarron | Northwest U. | 2:05.31 | |
| 13 | Hicks, Rowan | Green River | 2:06.31 | |
| 14 | Hitchcock, Colin | Green River | 2:06.98 | |
| 15 | Shepard, Nick | Green River | 2:07.87 | |
| 16 | Lara, Timothy | Washed Up | 2:10.65 | |
| 17 | Estrada, Harlan | Green River | 2:14.21 | |
| 18 | Williams, Alex | Edmonds Coll | 2:14.81 | |
| 19 | Guinther, Joshua | Olympic Coll | 2:23.85 | |
| 20 | Pagente, Kainalu | Saint Martin | NT | |

### Event 8 Women 800 Meter Run

| | Name | School | Seed Time | |
|---|---|---|---|---|
| 1 | Bassett, Elie | Western Wash | 2:17.21 | |
| 2 | Kroontje, Emmy | Western Wash | 2:18.76 | |
| 3 | Cvancara, Sophia | Alaska Ancho | 2:24.14 | |
| 4 | Collins-Winn, Evelyn | Western Wash | 2:26.43 | |
| 5 | Bohuta, Anya | Northwest U. | 2:28.55 | |
| 6 | Becker, Gabrielle | Olympic Coll | 2:43.59 | |
| 7 | Bisson, Brooklyn | Pierce Colle | NT | |
| 8 | Markrakis, Isabella | Olympic Coll | NT | |

### Event 9 Men 1500 Meter Run

| | Name | School | Seed Time | |
|---|---|---|---|---|
| 1 | Savely, Ty | Central Wash | 4:03.69 | |
| 2 | Pratapas, Jack | Central Wash | 4:05.18 | |
| 3 | Sundt, Zack | Central Wash | 4:05.20 | |
| 4 | Phillips, Corban | Unattached | 4:06.00 | |
| 5 | Sanchez, Noah | Green River | 4:06.99 | |
| 6 | Sheirbon, Ben | Seattle Paci | 4:07.66 | |
| 7 | Perkins, Ryan | Green River | 4:07.67 | |
| 8 | Kopatich, Jack | Northwest U. | 4:09.80 | |
| 9 | Slichko, Lance | Saint Martin | 4:09.93 | |
| 10 | Hitchcock, Colin | Green River | 4:10.11 | |
| 11 | Hough, Garrett | Central Wash | 4:11.36 | |

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### Event 9 ...(Men 1500 Meter Run)

| | Name | School | Seed Time | |
|---|---|---|---|---|
| 12 | Lambert, Craig | Northwest U. | 4:12.89 | |
| 13 | Clough, Shawn | Central Wash | 4:14.73 | |
| 14 | Shepard, Nick | Green River | 4:15.99 | |
| 15 | Hicks, Rowan | Green River | 4:17.00 | |
| 16 | Borg, Kiler | Spokane CC | 4:19.39 | |
| 17 | Martinez, Joel | Spokane CC | 4:19.99 | |
| 18 | Hurd, Luke | Spokane CC | 4:20.00 | |
| 19 | Ransford, Jarron | Northwest U. | 4:20.30 | |
| 20 | Kipchirchir, Kelvin | Central Wash | 4:20.94 | |
| 21 | Dhatt, Jaskaran | Saint Martin | 4:26.56 | |
| 22 | Slack, Darian | Spokane CC | 4:33.24 | |
| 23 | McClelland, Rory | Seattle Paci | 4:35.26 | |
| 24 | Estrada, Harlan | Green River | 4:42.54 | |
| 25 | Blair, Trevor | Northwest U. | 4:44.37 | |
| 26 | Elliott, Brady | Northwest U. | 4:46.21 | |
| 27 | Crowell, Alex | Evergreen St | NT | |

### Event 10 Women 1500 Meter Run

| | Name | School | Seed Time | |
|---|---|---|---|---|
| 1 | Michael, Libby | Seattle Paci | 4:37.30 | |
| 2 | Collins-Winn, Evelyn | Western Wash | 4:41.55 | |
| 3 | Boyle, Samantha | Washington S | 4:50.00 | |
| 4 | Nichols, Maya | Washington S | 4:51.36 | |
| 5 | Hartley, Naomi | Saint Martin | 4:54.51 | |
| 6 | Sabra, Sara | Saint Martin | 4:59.23 | |
| 7 | Cushman, Sophia | Washington S | 5:02.00 | |
| 8 | Thompson, Madison | Central Wash | 5:12.56 | |
| 9 | Le Gore, Beatrice | Central Wash | 5:24.06 | |
| 10 | Sautter, Lauren | Pierce Colle | 5:28.15 | |
| 11 | Mitchell, Olivia | Green River | 5:29.58 | |
| 12 | Farrington, Julia | Green River | 5:32.76 | |
| 13 | Burton, Abby | Saint Martin | 5:34.67 | |
| 14 | Olvera, Alex | Evergreen St | 5:45.79 | |
| 15 | Jones, Lauren | Green River | 5:52.01 | |
| 16 | Davis, Emma | Pierce Colle | NT | |

### Event 13 Women 100 Meter Hurdles

| | Name | School | Seed Time | |
|---|---|---|---|---|
| 1 | Chandler, Lauryn | Central Wash | 13.99 | |
| 2 | Chang, Hannah | Seattle Paci | 14.50 | |
| 3 | DeGroot, Ellie | Central Wash | 14.89 | |
| 4 | De Arvizu Sarrias, Blanca | Alaska Ancho | 14.98 | |
| 5 | Cintron, Gabriela | Saint Martin | 14.99 | |
| 6 | Porter, Isabella | Western Wash | 15.06 | |
| 7 | Bates, Naomi | Western Wash | 15.69 | |
| 8 | Avery, Nicole | Western Wash | 15.79 | |
| 9 | Lagerwey, Matty | Western Wash | 15.98 | |
| 10 | Mansfield, Brooke | Western Wash | 16.06 | |
| 11 | Strickland, Abigail | Evergreen St | 16.10 | |
| 12 | Twiss, Grace | Central Wash | 16.16 | |
| 13 | Huber, Carley | Central Wash | 16.27 | |
| 14 | Dupont, Averie | Olympic Coll | 16.27 | |
| 15 | McDevitt, Zoe | Central Wash | 16.41 | |
| 16 | Duenninger, Carlotta | Alaska Ancho | 16.42 | |
| 17 | Duncan, Alyssa | Saint Martin | 16.74 | |
| 18 | Mader, Mikayla | Alaska Ancho | 16.88 | |
| 19 | Irwin, Miranda | Spokane CC | 17.05 | |
| 20 | Karsten, Karlie | Green River | 19.57 | |
| 21 | Anderholm, Caitlin | Green River | NT | |

### Event 14 Men 110 Meter Hurdles

| | Name | School | Seed Time | |
|---|---|---|---|---|
| 1 | Doucette, Ben | Cascadia Eli | 13.88 | |

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### Event 14 ...(Men 110 Meter Hurdles)

| | Name | School | Seed Time | |
|---|---|---|---|---|
| 2 | Wagner, Joshua | Alaska Ancho | 14.00 | |
| 3 | McCabe, Jaylen | Unattached | 14.76 | |
| 4 | Wise, Aiden | Central Wash | 14.77 | |
| 5 | Boyd, Andrew | Saint Martin | 14.87 | |
| 6 | Easley, Logan | Central Wash | 15.21 | |
| 7 | Katsuda, Sam | Central Wash | 15.81 | |
| 8 | Martelles, Sean | Western Wash | 15.85 | |
| 9 | Kenny, Ryan | Western Wash | 16.39 | |
| 10 | Hines, Christopher | Central Wash | 16.69 | |
| 11 | Seals, Austin | Western Wash | 16.71 | |
| 12 | Nichols, Jaxson | Spokane CC | 17.21 | |
| 13 | Morse, Jack | Green River | 17.55 | |
| 14 | Harris, Ashtin | Green River | NT | |

### Event 15 Men 400 Meter Hurdles

| | Name | School | Seed Time | |
|---|---|---|---|---|
| 1 | Albertin, Austin | Central Wash | 53.42 | |
| 2 | Wise, Aiden | Central Wash | 55.66 | |
| 3 | Martelles, Sean | Western Wash | 55.83 | |
| 4 | Correa, Johan | Central Wash | 57.04 | |
| 5 | Easley, Logan | Central Wash | 57.67 | |
| 6 | Katsuda, Sam | Central Wash | 58.00 | |
| 7 | Vertefeuille, Wyatt | Olympic Coll | 59.64 | |
| 8 | Galbreath, Cameron | Spokane CC | 59.71 | |
| 9 | Boyd, Noah | Saint Martin | 1:00.29 | |
| 10 | McQueen, Jaelin | Western Wash | 1:01.40 | |
| 11 | Wise, Branden | Central Wash | 1:04.98 | |
| 12 | Baisden, Scott | Northwest U. | 1:06.60 | |
| 13 | Vicente, Christian | Olympic Coll | 1:07.74 | |
| 14 | Okinaka, Deylan | Central Wash | 1:08.15 | |

### Event 16 Women 400 Meter Hurdles

| | Name | School | Seed Time | |
|---|---|---|---|---|
| 1 | DeChenne, McCall | Central Wash | 1:01.59 | |
| 2 | Flad, Leonie | Alaska Ancho | 1:04.86 | |
| 3 | Fletcher, McKenzie | Seattle Paci | 1:05.00 | |
| 4 | Hopper, Elise | Central Wash | 1:05.22 | |
| 5 | McDevitt, Zoe | Central Wash | 1:05.26 | |
| 6 | Mansfield, Brooke | Western Wash | 1:05.88 | |
| 7 | Bates, Naomi | Western Wash | 1:06.23 | |
| 8 | Bartolaba, Haley | Alaska Ancho | 1:07.06 | |
| 9 | Strickland, Abigail | Evergreen St | 1:07.33 | |
| 10 | Irwin, Miranda | Spokane CC | 1:08.26 | |
| 11 | Huber, Carley | Central Wash | 1:08.82 | |
| 12 | Dupont, Averie | Olympic Coll | 1:13.17 | |
| 13 | Zumek, Alexia | Green River | 1:17.54 | |
| 14 | Wansitler, Alivia | Green River | NT | |
| 15 | Bell, Cree | Saint Martin | NT | |

### Event 17 Men 3000 Meter Steeplechase

| | Name | School | Seed Time | |
|---|---|---|---|---|
| 1 | Ritter, Alec | Western Wash | 9:41.87 | |
| 2 | Slack, Darian | Spokane CC | 10:36.38 | |
| 3 | Guinther, Joshua | Olympic Coll | 12:00.94 | |
| 4 | Alonzo- Miquel, Juan | Olympic Coll | 13:26.31 | |

### Event 18 Men 4x100 Meter Relay

| | Team | Relay | Seed Time | |
|---|---|---|---|---|
| 1 | Central Wash | A | 41.79 | |
| 2 | Alaska Ancho | A | 41.87 | |
| 3 | Seattle Paci | A | 42.25 | |
| 4 | Spokane CC | A | 42.54 | |
| 5 | Green River | A | 44.53 | |
| 6 | Olympic Coll | A | 46.45 | |

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### Event 19 Women 4x100 Meter Relay

| | Team | Relay | Seed Time | |
|---|---|---|---|---|
| 1 | Seattle Paci | A | 45.88 | |
| 2 | Central Wash | A | 47.13 | |
| 3 | Western Wash | A | 48.78 | |
| 4 | Northwest U. | A | 51.78 | |
| 5 | Green River | A | 53.21 | |
| 6 | Olympic Coll | A | 53.76 | |

### Event 20 Men 4x400 Meter Relay

| | Team | Relay | Seed Time | |
|---|---|---|---|---|
| 1 | Western Wash | A | 3:15.86 | |
| 2 | Central Wash | B | 3:18.83 | |
| 3 | Central Wash | A | 3:18.83 | |
| 4 | Seattle Paci | A | 3:20.86 | |
| 5 | Spokane CC | B | 3:21.81 | |
| 6 | Spokane CC | A | 3:21.81 | |
| 7 | Green River | A | 3:26.05 | |
| 8 | Central Wash | C | 3:30.00 | |
| 9 | Olympic Coll | A | 3:46.75 | |

### Event 21 Women 4x400 Meter Relay

| | Team | Relay | Seed Time | |
|---|---|---|---|---|
| 1 | Seattle Paci | A | 3:45.91 | |
| 2 | Alaska Ancho | A | 3:50.35 | |
| 3 | Central Wash | B | 3:50.97 | |
| 4 | Central Wash | A | 3:50.97 | |
| 5 | Central Wash | C | 4:22.00 | |
| 6 | Olympic Coll | A | 4:23.18 | |
| 7 | Green River | A | 4:37.69 | |

### Event 22 Men High Jump

| | Name | School | Seed Mark | |
|---|---|---|---|---|
| 1 | Kibler, Trent | Western Wash | 1.97m | |
| 2 | Greenlee, Manu | Western Wash | 1.93m | |
| 3 | Morse, Jack | Green River | 1.92m | |
| 4 | Klein, Drew | Central Wash | 1.80m | |
| 5 | Vertefeuille, Wyatt | Olympic Coll | 1.75m | |
| 6 | Beatty, Hunter | Spokane CC | NH | |

### Event 23 Women High Jump

| | Name | School | Seed Mark | |
|---|---|---|---|---|
| 1 | Avery, Nicole | Western Wash | 1.51m | |
| 2 | Gebers, Madeline | Spokane CC | 1.49m | |
| 3 | Mader, Mikayla | Alaska Ancho | 1.49m | |
| 4 | Chang, Hannah | Seattle Paci | 1.40m | |
| 5 | Lara, Stephanie | Olympic Coll | 1.38m | |
| 6 | Schoener, Saira | Spokane CC | 1.33m | |
| 7 | Bryson, Emma | Spokane CC | 1.28m | |
| 8 | Harris, Donna Marie | Central Wash | NH | |
| 9 | Anderholm, Caitlin | Green River | NH | |

### Event 24 Men Pole Vault

| | Name | School | Seed Mark | |
|---|---|---|---|---|
| 1 | Provo, Kacey | Western Wash | 4.72m | |
| 2 | Hoskinson, Gavin | Spokane CC | 4.66m | |
| 3 | Klein, Drew | Central Wash | 4.56m | |
| 4 | Bowman, Brad | Seattle Paci | 4.55m | |
| 5 | Lee, Kainoa | Seattle Paci | 4.53m | |
| 6 | Doidge, Ryan | Saint Martin | 4.25m | |
| 7 | Erlandsen, Jacob | Spokane CC | 4.22m | |
| 8 | Armbruster, Garrett | Olympic Coll | 4.22m | |
| 9 | Okinaka, Deylan | Central Wash | 4.22m | |
| 10 | Henderson, Lakotah | Spokane CC | 4.21m | |
| 11 | Katsuda, Sam | Central Wash | 4.20m | |
| 12 | Seals, Austin | Western Wash | 4.16m | |
| 13 | Montero, Kurt | Western Wash | 4.15m | |
| 14 | Weishaar, Pilot | Spokane CC | 4.12m | |

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### Event 24 ...(Men Pole Vault)

| | Name | School | Seed Mark | |
|---|---|---|---|---|
| 15 | Kenny, Ryan | Western Wash | 3.92m | |
| 16 | Klein, Aidan | Western Wash | 3.72m | |
| 17 | Boyd, Andrew | Saint Martin | 3.55m | |

### Event 25 Women Pole Vault

| | Name | School | Seed Mark | |
|---|---|---|---|---|
| 1 | Daugherty, Lizzy | Seattle Paci | 3.76m | |
| 2 | Thomason, Emily | Seattle Paci | 3.63m | |
| 3 | Tran, Annie | Western Wash | 3.50m | |
| 4 | Hill, Charlie | Seattle Paci | 3.50m | |
| 5 | Skaggs, Claire | Saint Martin | 3.40m | |
| 6 | Coble, Kaylee | Western Wash | 3.22m | |
| 7 | Kinch, Sydney | Spokane CC | 3.06m | |
| 8 | Hardan, Sierra | Spokane CC | 2.77m | |
| 9 | Huber, Carley | Central Wash | NH | |

### Event 26 Men Long Jump

| | Name | School | Seed Mark | |
|---|---|---|---|---|
| 1 | Jamison, Wayne | Olympic Coll | 7.20m | |
| 2 | Njeri, David | Seattle Paci | 6.98m | |
| 3 | Sample, Collin | Alaska Ancho | 6.97m | |
| 4 | Nguyen, Hewson | Saint Martin | 6.97m | |
| 5 | Webster, Isaiah | Central Wash | 6.93m | |
| 6 | Hansen, Christian | Spokane CC | 6.86m | |
| 7 | Hines, Christopher | Central Wash | 6.68m | |
| 8 | Silva, Tre | Central Wash | 6.57m | |
| 9 | Menicke, Gabe | Western Wash | 6.50m | |
| 10 | Vongphet, Anouthai | Western Wash | 6.39m | |
| 11 | Cunningham, Isaiah | Spokane CC | 6.31m | |
| 12 | Leon, Zawadi | Unattached | 6.22m | |
| 13 | Manwell, Jeshua | Central Wash | 6.20m | |
| 14 | Thomas, Nate | Seattle Paci | 6.10m | |
| 15 | Boyd, Andrew | Saint Martin | 6.06m | |
| 16 | Robertson, Felix | Alaska Ancho | 6.04m | |
| 17 | Boun, Brady | Seattle Paci | 5.96m | |
| 18 | Easley, Logan | Central Wash | 5.94m | |
| 19 | Hauser, Colin | Evergreen St | 5.80m | |
| 20 | Armbruster, Garrett | Olympic Coll | 5.37m | |
| 21 | Catalan, Alex | Olympic Coll | 4.57m | |
| 22 | Woodard, Tyrone | Western Wash | ND | |

### Event 27 Women Long Jump

| | Name | School | Seed Mark | |
|---|---|---|---|---|
| 1 | Lagerwey, Matty | Western Wash | 5.80m | |
| 2 | Polkinghorn, Hannah | Western Wash | 5.46m | |
| 3 | Cabanos, Erica | Central Wash | 5.38m | |
| 4 | Duncan, Alyssa | Saint Martin | 5.35m | |
| 5 | Zilla, Margaret | Saint Martin | 5.26m | |
| 6 | Slate, Essence | Alaska Ancho | 5.25m | |
| 7 | Duenninger, Carlotta | Alaska Ancho | 5.13m | |
| 8 | Chang, Hannah | Seattle Paci | 5.12m | |
| 9 | Hicks, Maliyah | Seattle Paci | 5.04m | |
| 10 | Chandler, Lauryn | Central Wash | 4.95m | |
| 11 | DeGroot, Ellie | Central Wash | 4.87m | |
| 12 | Cintron, Gabriela | Saint Martin | 4.86m | |
| 13 | Sewell, Sarah | Central Wash | 4.83m | |
| 14 | Moore, Tehya | Central Wash | 4.75m | |
| 15 | Huber, Carley | Central Wash | 4.67m | |
| 16 | Short, Calli | Spokane CC | 4.63m | |
| 17 | Cook, Hannah | Saint Martin | 4.45m | |
| 18 | Schoener, Saira | Spokane CC | 4.26m | |
| 19 | Aleu, Nebol | Spokane CC | 4.20m | |

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### Event 27 ...(Women Long Jump)

| | Name | School | Seed Mark | |
|---|---|---|---|---|
| 20 | Bryson, Emma | Spokane CC | 4.17m | |
| 21 | Green, Kiarra | Central Wash | ND | |
| 22 | Lara, Stephanie | Olympic Coll | ND | |

### Event 28 Men Triple Jump

| | Name | School | Seed Mark | |
|---|---|---|---|---|
| 1 | Njeri, David | Seattle Paci | 15.19m | |
| 2 | Webster, Isaiah | Central Wash | 14.10m | |
| 3 | Menicke, Gabe | Western Wash | 14.04m | |
| 4 | Hines, Christopher | Central Wash | 14.02m | |
| 5 | Manwell, Jeshua | Central Wash | 13.23m | |
| 6 | Nguyen, Hewson | Saint Martin | 13.02m | |
| 7 | Silva, Tre | Central Wash | 13.00m | |
| 8 | Robertson, Felix | Alaska Ancho | 12.78m | |
| 9 | Harris, Ashtin | Green River | 12.21m | |

### Event 29 Women Triple Jump

| | Name | School | Seed Mark | |
|---|---|---|---|---|
| 1 | Cabanos, Erica | Central Wash | 11.70m | |
| 2 | Zilla, Margaret | Saint Martin | 11.43m | |
| 3 | Moore, Tehya | Central Wash | 10.93m | |
| 4 | Duncan, Alyssa | Saint Martin | 10.43m | |
| 5 | Short, Calli | Spokane CC | 9.74m | |
| 6 | Aleu, Nebol | Spokane CC | 9.42m | |
| 7 | Cook, Hannah | Saint Martin | 8.84m | |
| 8 | Trim, Neo | Olympic Coll | ND | |
| 9 | Green, Kiarra | Central Wash | ND | |

### Event 30 Men Shot Put

| | Name | School | Seed Mark | |
|---|---|---|---|---|
| 1 | Fillis, Bradley | Eastern Wash | 16.74m | |
| 2 | Miller, Daniel | Eastern Wash | 15.16m | |
| 3 | Ramos, Angelo | Western Wash | 14.41m | |
| 4 | Moore, Mason | Eastern Wash | 14.38m | |
| 5 | Franklin, Wyatt | Central Wash | 14.09m | |
| 6 | Niuamoa, JJ | Eastern Wash | 14.07m | |
| 7 | Campbell, Miller | Western Wash | 13.58m | |
| 8 | Simicich, Nathan | Western Wash | 13.55m | |
| 9 | Engel, Sebastian | Olympic Coll | 13.35m | |
| 10 | Beaton, Angus | Central Wash | 13.08m | |
| 11 | Close, Dan | Spokane CC | 12.88m | |
| 12 | Orr, Jaxson | Spokane CC | 12.81m | |
| 13 | Warren, Jacob | Saint Martin | 12.75m | |
| 14 | Martin, Logan | Central Wash | 11.52m | |
| 15 | Kenny, Ryan | Western Wash | 10.49m | |
| 16 | Klein, Drew | Central Wash | 10.47m | |
| 17 | Nichols, Jaxson | Spokane CC | 10.45m | |
| 18 | Davis, Nathan | Olympic Coll | 10.10m | |
| 19 | Easley, Logan | Central Wash | 9.87m | |
| 20 | Galbreath, Cameron | Spokane CC | 9.37m | |
| 21 | Katsuda, Sam | Central Wash | 8.96m | |
| 22 | Catalan, Alex | Olympic Coll | 8.13m | |
| 23 | Bereket, Nayel | Northwest U. | ND | |

### Event 31 Women Shot Put

| | Name | School | Seed Mark | |
|---|---|---|---|---|
| 1 | Gyedu, Nana | Washington S | 15.63m | |
| 2 | Stovall, Carissa | Eastern Wash | 14.78m | |
| 3 | Fonoti, Dyvhine | Eastern Wash | 13.78m | |
| 4 | Strickland, Gracie | Washington S | 13.70m | |
| 5 | Potts, Katie | Western Wash | 13.46m | |
| 6 | Young, Bailey | Eastern Wash | 13.42m | |
| 7 | Dibisceglie, Chloe | Eastern Wash | 13.41m | |
| 8 | Fuiava, Pono | Olympic Coll | 12.98m | |

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**Event 31 ...(Women Shot Put)**

| | Name | School | Seed Mark | |
|---|---|---|---|---|
| 9 | Saribay, Jocelyn | Saint Martin | 12.82m | |
| 10 | Parks, Mara | Western Wash | 12.72m | |
| 11 | Pedro, Abigail | Olympic Coll | 12.47m | |
| 12 | Elenbaas, Payton | Central Wash | 12.10m | |
| 13 | Board, Brenna | Central Wash | 10.83m | |
| 14 | Wersland, Faith | Spokane CC | 10.73m | |
| 15 | Carpenter, Isabella | Spokane CC | 10.68m | |
| 16 | Emigh, Sam | Spokane CC | 10.43m | |
| 17 | Flores, Sierra | Everett CC | 9.89m | |
| 18 | Gerber-Perham, Brooke | Olympic Coll | 9.68m | |
| 19 | Mendoza, Jazmin | Central Wash | 9.62m | |
| 20 | Mackenzie, Sophia | Everett CC | 9.36m | |
| 21 | Avery, Nicole | Western Wash | 9.20m | |
| 22 | Green, Jenisha | Northwest U. | 9.06m | |
| 23 | Franco, Felicia | Northwest U. | 9.01m | |
| 24 | Holmes, Isabella | Central Wash | 8.98m | |
| 25 | Duenninger, Carlotta | Alaska Ancho | 8.96m | |
| 26 | Anderholm, Caitlin | Green River | 8.96m | |
| 27 | Sewell, Sarah | Central Wash | 8.67m | |
| 28 | Grandbois, Maddy | Western Wash | ND | |

**Event 32 Men Discus Throw**

| | Name | School | Seed Mark | |
|---|---|---|---|---|
| 1 | Grueso Mosqquera, Ronald | Washington S | 54.42m | |
| 2 | Moore, Max | Washington S | 50.99m | |
| 3 | Fillis, Bradley | Eastern Wash | 49.01m | |
| 4 | Hottman, Caden | Washington S | 46.73m | |
| 5 | Grimes, Alaxander | Eastern Wash | 45.65m | |
| 6 | Franklin, Wyatt | Central Wash | 45.43m | |
| 7 | Moore, Mason | Eastern Wash | 45.27m | |
| 8 | Niuamoa, JJ | Eastern Wash | 43.45m | |
| 9 | Orr, Jaxson | Spokane CC | 43.37m | |
| 10 | Martin, Logan | Central Wash | 42.84m | |
| 11 | Close, Dan | Spokane CC | 40.68m | |
| 12 | Campbell, Miller | Western Wash | 38.72m | |
| 13 | Simicich, Nathan | Western Wash | 36.36m | |
| 14 | Warren, Jacob | Saint Martin | 35.91m | |
| 15 | Davis, Nathan | Olympic Coll | 33.22m | |
| 16 | Kenny, Ryan | Western Wash | 32.98m | |
| 17 | Beaton, Angus | Central Wash | ND | |
| 18 | Bereket, Nayel | Northwest U. | ND | |

**Event 33 Women Discus Throw**

| | Name | School | Seed Mark | |
|---|---|---|---|---|
| 1 | Hughes, Audrey | Washington S | 47.68m | |
| 2 | Fuiava, Pono | Olympic Coll | 45.44m | |
| 3 | Stovall, Carissa | Eastern Wash | 44.52m | |
| 4 | Potts, Katie | Western Wash | 44.27m | |
| 5 | Schloss, Kahlani | Eastern Wash | 43.92m | |
| 6 | Fonoti, Dyvhon | Eastern Wash | 43.48m | |
| 7 | Parra, Julia | Washington S | 42.29m | |
| 8 | Strickland, Gracie | Washington S | 41.74m | |
| 9 | Young, Bailey | Eastern Wash | 40.97m | |
| 10 | Fonoti, Dyvhine | Eastern Wash | 40.29m | |
| 11 | Keyes, Vatoria | Eastern Wash | 40.28m | |
| 12 | Elenbaas, Payton | Central Wash | 39.43m | |
| 13 | Board, Brenna | Central Wash | 39.33m | |
| 14 | Paller, Kaitlyn | Eastern Wash | 38.35m | |
| 15 | Holmes, Isabella | Central Wash | 35.62m | |
| 16 | Carpenter, Isabella | Spokane CC | 34.84m | |
| 17 | Mackenzie, Sophia | Everett CC | 33.79m | |

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### Event 33 ...(Women Discus Throw)

| | Name | School | Seed Mark |
|---|---|---|---|
| 18 | Balzer, Sydnee | Spokane CC | 31.59m |
| 19 | Pope, Karrah | Spokane CC | 31.51m |
| 20 | Gerber-Perham, Brooke | Olympic Coll | 31.07m |
| 21 | Flores, Sierra | Everett CC | 30.31m |
| 22 | Franklin, Dorothy | Unat-Western | 30.00m |
| 23 | Stewart, Colbi | Evergreen St | 29.64m |
| 24 | Franco, Felicia | Northwest U. | 28.95m |
| 25 | Yamasaki, Shy | Saint Martin | 27.29m |
| 26 | Green, Jenisha | Northwest U. | 25.52m |

### Event 34 Men Javelin Throw

| | Name | School | Seed Mark |
|---|---|---|---|
| 1 | Rieckmann, Ryan | Eastern Wash | 67.49m |
| 2 | Ashbeck, Logan | Eastern Wash | 59.15m |
| 3 | Tryon, Jaydon | Western Wash | 58.15m |
| 4 | Raymond, Reise | Spokane CC | 57.35m |
| 5 | Guidry, Ethan | Saint Martin | 56.75m |
| 6 | Dobosh, Konner | Eastern Wash | 56.60m |
| 7 | Wise, Branden | Central Wash | 54.99m |
| 8 | Koehn, Kacey | Northwest U. | 52.70m |
| 9 | Pelayo, Ryan | Washington S | 52.61m |
| 10 | Armstrong, Landon | Saint Martin | 51.24m |
| 11 | Klein, Drew | Central Wash | 50.66m |
| 12 | Nichols, Jaxson | Spokane CC | 45.45m |
| 13 | Charles, Guyland | Olympic Coll | 44.58m |
| 14 | Dewey, Ryan | Spokane CC | 44.31m |
| 15 | Galbreath, Cameron | Spokane CC | 43.21m |
| 16 | Yonko, Gabe | Northwest U. | 42.16m |
| 17 | Slupski, Ryan | Northwest U. | 39.24m |
| 18 | Hines, Christopher | Central Wash | 36.94m |
| 19 | Beatty, Hunter | Spokane CC | 30.29m |

### Event 35 Women Javelin Throw

| | Name | School | Seed Mark |
|---|---|---|---|
| 1 | Tareski, Madison | Eastern Wash | 46.19m |
| 2 | Lindquist, Laura | Washington S | 44.75m |
| 3 | Gebers, Madeline | Spokane CC | 43.25m |
| 4 | Kelly, Lucy | Eastern Wash | 41.60m |
| 5 | Lagerwey, Matty | Western Wash | 36.63m |
| 6 | Avery, Nicole | Western Wash | 32.49m |
| 7 | Chang, Hannah | Seattle Paci | 30.36m |
| 8 | DeGroot, Ellie | Central Wash | 27.50m |
| 9 | Sanchez, Lexi | Evergreen St | 27.24m |
| 10 | Sewell, Sarah | Central Wash | 26.12m |
| 11 | Huber, Carley | Central Wash | 25.93m |
| 12 | Anderholm, Caitlin | Green River | 25.81m |
| 13 | Holmes, Isabella | Central Wash | 25.37m |

### Event 40 Women 3000 Meter Steeplechase

| | Name | School | Seed Time |
|---|---|---|---|
| 1 | Halsell, Laura | Western Wash | 11:33.42 |
| 2 | Becker, Gabrielle | Olympic Coll | 13:27.44 |
| 3 | Neff, Alexa | Central Wash | NT |
| 4 | Markrakis, Isabella | Olympic Coll | NT |

### Event 57 Men Hammer Throw

| | Name | School | Seed Mark |
|---|---|---|---|
| 1 | Hottman, Caden | Washington S | 57.22m |
| 2 | Campbell, Miller | Western Wash | 55.19m |
| 3 | Grimes, Alaxander | Eastern Wash | 54.59m |
| 4 | Ramos, Angelo | Western Wash | 53.99m |
| 5 | Fillis, Bradley | Eastern Wash | 52.15m |
| 6 | Beaton, Angus | Central Wash | 51.26m |
| 7 | Miller, Daniel | Eastern Wash | 50.79m |

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### Event 57 ...(Men Hammer Throw)

| | Name | School | Seed Mark | |
|---|---|---|---|---|
| 8 | Martin, Logan | Central Wash | 47.25m | |
| 9 | Close, Dan | Spokane CC | 44.25m | |
| 10 | Franklin, Wyatt | Central Wash | 42.39m | |
| 11 | Engel, Sebastian | Olympic Coll | 40.28m | |
| 12 | Niuamoa, JJ | Eastern Wash | 38.62m | |
| 13 | Simicich, Nathan | Western Wash | 38.50m | |
| 14 | Orr, Jaxson | Spokane CC | 37.67m | |
| 15 | Dewey, Ryan | Spokane CC | 36.89m | |
| 16 | Davis, Nathan | Olympic Coll | 35.66m | |
| 17 | Bereket, Nayel | Northwest U. | ND | |

### Event 58 Women Hammer Throw

| | Name | School | Seed Mark | |
|---|---|---|---|---|
| 1 | Payne, Alex | Washington S | 57.01m | |
| 2 | Kraemer, Amy | Washington S | 55.33m | |
| 3 | Koonce, Tara | Washington S | 55.04m | |
| 4 | Paller, Kaitlyn | Eastern Wash | 52.30m | |
| 5 | Fonoti, Dyvhine | Eastern Wash | 51.95m | |
| 6 | Westfall, Raine | Western Wash | 51.84m | |
| 7 | Stovall, Carissa | Eastern Wash | 51.29m | |
| 8 | Dibisceglie, Chloe | Eastern Wash | 49.07m | |
| 9 | Fonoti, Dyvhon | Eastern Wash | 47.95m | |
| 10 | Keyes, Vatoria | Eastern Wash | 46.49m | |
| 11 | Elenbaas, Payton | Central Wash | 46.19m | |
| 12 | Hughes, Audrey | Washington S | 45.92m | |
| 13 | Schloss, Kahlani | Eastern Wash | 45.90m | |
| 14 | Young, Bailey | Eastern Wash | 44.63m | |
| 15 | Potts, Katie | Western Wash | 44.19m | |
| 16 | Saribay, Jocelyn | Saint Martin | 43.45m | |
| 17 | Board, Brenna | Central Wash | 42.51m | |
| 18 | Fuiava, Pono | Olympic Coll | 42.03m | |
| 19 | Stewart, Lily | Evergreen St | 41.37m | |
| 20 | Neilsen, Sarah | Saint Martin | 41.18m | |
| 21 | Pedro, Abigail | Olympic Coll | 40.85m | |
| 22 | Mendoza, Jazmin | Central Wash | 40.72m | |
| 23 | Parks, Mara | Western Wash | 39.72m | |
| 24 | Emigh, Sam | Spokane CC | 38.54m | |
| 25 | Suka, Taylor | Evergreen St | 38.11m | |
| 26 | Wersland, Faith | Spokane CC | 36.81m | |
| 27 | Carpenter, Isabella | Spokane CC | 35.96m | |
| 28 | Flowers, Quinci | Saint Martin | 35.67m | |
| 29 | Mackenzie, Sophia | Everett CC | 33.35m | |
| 30 | Franco, Felicia | Northwest U. | 27.57m | |
| 31 | Pope, Karrah | Spokane CC | 25.89m | |
| 32 | Green, Jenisha | Northwest U. | 20.98m | |

### Event 61 Men 10000 Meter Run

| | Name | School | Seed Time | |
|---|---|---|---|---|
| 1 | Hegarty, Tiernan | Olympic Coll | 34:40.34 | |
| 2 | Lara, Timothy | Washed Up | 36:24.43 | |
| 3 | Accola, Oliver | Edmonds Coll | NT | |

### Event 63 Women 3000 Meter Run

| | Name | School | Seed Time | |
|---|---|---|---|---|
| 1 | Boyle, Samantha | Washington S | 10:14.05 | |
| 2 | Sabra, Sara | Saint Martin | 10:30.71 | |
| 3 | Mulch, Matise | Seattle Paci | 10:36.20 | |
| 4 | Hartley, Naomi | Saint Martin | 10:40.27 | |
| 5 | Lopez, Monserrat | Edmonds Coll | 11:15.00 | |
| 6 | Ewing, Maya | Seattle Paci | 11:20.01 | |
| 7 | Heim, Kelli | Central Wash | 11:37.03 | |
| 8 | Le Gore, Beatrice | Central Wash | 11:46.72 | |
| 9 | Wyatt, Olivia | Central Wash | 12:17.11 | |

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**Event 63 ...(Women 3000 Meter Run)**

| | Name | School | Seed Time | |
|---|---|---|---|---|
| 10 | Sautter, Lauren | Pierce Colle | 12:26.65 | _____ |
| 11 | Burton, Abby | Saint Martin | 12:54.92 | _____ |
| 12 | Howard, Grace | Central Wash | 12:57.94 | _____ |
| 13 | Davis, Emma | Pierce Colle | NT | _____ |
| 14 | Thompson, Madison | Central Wash | NT | _____ |
| 15 | Thompson, Lauren | Central Wash | NT | _____ |

**Event 64 Men 3000 Meter Run**

| | Name | School | Seed Time | |
|---|---|---|---|---|
| 1 | Savely, Ty | Central Wash | 8:49.81 | _____ |
| 2 | Owen, Jon | Seattle Paci | 9:08.75 | _____ |
| 3 | LeBlanc, Brennan | Seattle Paci | 9:15.35 | _____ |
| 4 | Hurd, Luke | Spokane CC | 9:26.56 | _____ |
| 5 | Lambert, Craig | Northwest U. | 9:28.13 | _____ |
| 6 | Accola, Oliver | Edmonds Coll | 9:30.00 | _____ |
| 7 | Williams, Alex | Edmonds Coll | 9:30.00 | _____ |
| 8 | Endresen, Gabe | Seattle Paci | 9:31.73 | _____ |
| 9 | Venable, Isaac | Seattle Paci | 9:42.68 | _____ |
| 10 | Gale, Nathaniel | Seattle Paci | 9:50.22 | _____ |
| 11 | Hegarty, Tiernan | Olympic Coll | 10:01.43 | _____ |
| 12 | Guinther, Joshua | Olympic Coll | NT | _____ |
| 13 | Kipchirchir, Kelvin | Central Wash | NT | _____ |
| 14 | Coon, Ethan | Central Wash | NT | _____ |
| 15 | Hough, Garrett | Central Wash | NT | _____ |
| 16 | Christensen, Steiner | Central Wash | NT | _____ |
| 17 | Blair, Trevor | Northwest U. | NT | _____ |
| 18 | Elliott, Brady | Northwest U. | NT | _____ |
| 19 | Crowell, Alex | Evergreen St | NT | _____ |