



WICHITA STATE

TRACK & FIELD

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WICHITA STATE OUTDOOR SCHEDULE/RESULTS

Date	Event	Location	Time/Result
3/26-27	Shocker Spring Invitational	Wichita, KS	NTS
4/2-3	Hayward Premiere	Eugene, OR	NTS
4/10	Wichita State Open	Wichita, KS	NTS
4/14-17	KT Woodman Classic	Wichita, KS	NTS
4/24-25	John McDonnell Invitational	Fayetteville, AR	NTS
4/30-5/1	Rock Chalk Classic	Lawrence, KS	NTS
5/1	Trials of Miles KC Qualifier	Leavenworth, KS	NTS
5/7	Shocker Open	Wichita, KS	1:30 p.m.
5/14-16	AAC Championships	Tampa, FL	TBA
5/27-29	West Regionals	College Station, TX	TBA
6/9-12	NCAA Championships	Eugene, OR	TBA

COACH WISE ON THE MEET

On the goals and expectations for the Shocker Open

"There's three goals. We have 20 seniors that we're going to honor. It's special for them. A lot of these seniors are seniors that have hung around for an extra year waiting for their last meets. It's the last meet for them in Cessna Stadium. They've been competing here for a long, long time, especially if you're from Kansas. It's a special place for them and to be able to have a meet and do that is nice. Athletes that are definitely on our conference team are either going to get in one final tune-up or take the week off to rest and get ready for the conference meet. There are several others competing for the last few spots. We have spots on the men's and women's teams that are not decided. The results on Friday are meaningful in that regard. One more positive effort will help them and their chances. Obviously we want to stay healthy."

On the Shockers' senior class

"I'm going through and recapping their careers so I have that information to announce at the meet. It's remarkable when you look at the accomplishments of this senior class. Some people see the Missouri Valley Conference as a distant memory, but that's when we recruited these athletes. We recruited them to compete in the Valley. They've had to adjust to a new conference, which was challenging. They did really well. Then they had to adjust to this last year and a lot of them had to deal with changing academics for the last year to come back. This senior class is like no other senior class with what they've gone through. We're excited that they all hung in there and stuck it out. Many of them are finishing very very strong."

On the NCAA's decision to reinstate 48 regional spots

"It's great for us. We want that experience for those athletes. We've had several qualify from spots 32 to 48."

THE BASICS

The Shocker track and field teams honor their seniors and compete once more in the regular season at Friday's Shocker Open inside of Cessna Stadium.

Wichita State plans to honor 20 seniors at Friday's meet. The 2021 senior class has seen everything from a change of conference to a global pandemic.

The final roster spots for the conference team are also being decided and athletes get one final chance to state their case to make the limited roster.

FOLLOW THE MEET

Fans can follow along with updates on Twitter @GoShockersTFXC. A full recap of each day will be posted on Twitter, Facebook and GoShockers.com.

Fans are welcome to attend the meet in Cessna Stadium's East stands. Admission is free.

A live results link will be posted to GoShockers.com when it is made available.

MEET SCHEDULE

The Shocker Open kicks off at 1:30 p.m. with a handful of field events. Running events start at 5:10 p.m.

A senior recognition will precede the running events. That recognition is scheduled for 5 p.m.

LAST TIME OUT

The Shockers last outing featured a pair of meets: the Rock Chalk Classic and the Trials of Miles Kansas City Qualifier.

In Lawrence, Jed Helker and Clayton Duchatschek ran top-10 performances in school history. Helker finished third with a time of 14:24.66 and Duchatschek took sixth in 14:28.18. Helker's time puts him at No. 7 all-time and Duchatschek's race slots him at No. 9 on the Shockers' outdoor performance list.

Joakim Genereux had a strong performance in the 200 meters. The freshman ran a time of 21.23, which is just .03 seconds off No. 10 on the Shockers' performance list. Genereux took third in a field of 30 athletes.

On the women's side, Jacque Darby earned two top-10 finishes. She took third in the long jump with a jump of 5.91m/19-4.75(w) and finished eighth in the 200 meters with a time of 24.00.

Paula Garcia took seventh in front of Darby. She ran a time of 23.94 in the 200 meters, which is the first time she has run under 24 seconds in the event this season.

Davis Dubbert claimed the lone Shocker victory on Saturday. Dubbert took home an individual win in the men's high jump. He cleared 2.08m/6-9.75 for a new personal best in the event.



MEET NOTES

SEASON PREVIEW - MEN

- The Wichita State men bring back five of their six all-conference honorees from a year ago. Weston Lewis (High Jump), Joseph Holthusen (60-Meter Hurdles), Jed Helker (Men's DMR), Josh Cable (Men's DMR) and Adam Moore (Men's DMR) all return and have proven to be some of the conference's best.

- John Wise has a highly touted group of men's hurdlers including all-conference Holthusen, nearly all-conference Antonio Norman and freshman Jaleel Montgomery. Watch for the hurdlers to have a standout year. Holthusen is coming off an impressive indoor campaign. He earned Second Team All-America honors in the 60-meter hurdles.

- Michael Bryan had an outstanding indoor season where he set the weight throw school record and kept breaking it. He barely missed out on a trip to the indoor national meet. Watch for Bryan's success to translate to the hammer throw.

- Taran Taylor is slated for his long-awaited return after battling arm injuries and then seeing the javelin season canceled due to COVID-19. He is primed to continue All-American tradition in the javelin.

SEASON PREVIEW - WOMEN

- The Wichita State women come into the outdoor season as the reigning conference champions, winning the team title in 2019 in front of a home crowd at Cessna Stadium.

- Rebekah Topham and Nicole McMillen will be one of the best steeplechase duos in the country. Topham was an All-American in the event in 2019 and McMillen was Division II All-American in 2019.

- Paula Garcia had a breakout year for the Shocker women. She returns to lead the women's sprints group.

- Taniyah McMillian was primed for an excellent 2020 outdoor season, finding her stride in the 400 meters indoors, but the season was canceled. McMillian looks to pick up where she left off.

- Another year, another strong multis group for Wichita State. Kendra Henry, Sydney Wilson and Claudia Rojo all return and have proven to be some of the conference's best in the multis.

- Winny Koskei isn't to be forgotten about on the track. The cross country All-American was a Regional qualifier in the 10K in 2019 and figures to make a run at a national meet appearance.

HONORING THE SHOCKER SENIORS

The Shockers are set to honor 20 seniors on Friday for the Class of 2021's final meet at Cessna Stadium.

The Class of 2021 has been on a journey that has spanned as many as seven years in Wichita, Kansas.

This class has seen the changing of conferences as Wichita State moved to the American Athletic Conference before the 2017-18 academic year. Once recruited to compete in the Missouri Valley Conference, these Shockers will end their careers in the AAC.

Another change this class has had to deal with has been the COVID-19 pandemic. Their senior year in 2020 got cut short as all outdoor track and field competition was canceled last spring.

A handful of these athletes came back for their final eligibility outdoor despite not having eligibility remaining in cross country or indoors.

The Class of 2021 is set to be honored before their final event, and if they are not running, they will be honored at 5 p.m. inside of Cessna Stadium.

The Class of 2021 certainly is one of the most unique senior classes in program history.

48 REINSTATED

Earlier this season, the NCAA announced that outdoor regional meets would have a reduced qualifier list due to COVID-19 precautions. The field was going to be trimmed to 32 individuals per event per region.

Last week, the NCAA announced this policy has been changed back to the original qualification standard, which is the top 48 individuals and top 24 relays to the regional while the top 24 multi-event athletes go straight to the national meet.

This change helps the Shockers tremendously. Athletes who get in not only have a chance to move on to the NCAA Championships, but have an extra meet to hone skills and extra practices to work on techniques in their events.

All-in-all, the Shockers have 12 athletes who fall between spots 33 and 48 on the West Region qualification list.

The change was sparked by a social media campaign called Reinstate 48. Athletes, coaches and fans from across the country banded together in an attempt to get regional fields back up to 48 athletes and their efforts proved successful.

This change should prove to provide more experience for a lot of Shockers and college track and field athletes across the country.

ALL EYES ON TAMPA

The Shocker Open is the final meet before the AAC Outdoor Championships in Tampa on May 14-16.

This weekend figures to be one last tune-up for some Shocker athletes while other Shockers will be fighting for conference roster spots. Another section of the team will be resting in preparation for next weekend.

As of May 5, Wichita State athletes own six conference-leading marks and 48 marks in the top 8, which is what it takes to score team points.

Look for the Shocker men and women to vie for podium finishes in Tampa.

SHOCKERS IN THE NATIONAL RANKS

The Shocker currently have 19 top-100 NCAA marks, six of which are in the top 50.

Winny Koskei: No. 44 in the 10,000 meters - 34:12.23

Antonio Norman: No. 31 in the 110-meter hurdles - 13.81

Rebekah Topham: No. 17 in the 3,000-meter steeplechase - 9:58.39

Michael Bryan: No. 9 in the hammer throw - 70.45m/231-2

Taran Taylor: No. 17 in the javelin - 71.37m/234-2

Nate Vann: No. 37 in the decathlon - 6,989 points

WEATHER REPORT

Wichita, Kansas

Cessna Stadium

- Friday: AM Showers; High of 74°; 45% chance of rain; SSE winds at 19 mph

ROSTER/STAFF



MEN'S ROSTER

ATHLETE	CLASS (I/O)	HOMETOWN/PREVIOUS SCHOOL
Jeff Ast	SR/JR	Andale, Kansas/Andale HS
Hudson Bailey	FR/FR	Raymore, Missouri/Raymore-Peculiar HS
Bryce Bearden	JR/SO	Platte City, Missouri/Platte County HS
Tanner Brown	JR/JR	Russell, Kansas/Cloud County CC
Michael Bryan	SR/JR	Wamego, Kansas/Hutchinson CC
Josh Cable	SO/FR	Rochester, Illinois/Rochester HS
Aidan Camp	JR/SO	Andale, Kansas/Andale HS
Creighton Camp	FR/FR	Andale, Kansas/Andale HS
Shadrack Chumba	FR/FR	Nandi, Kenya/Lelmokwo HS
Davis Dubbert	JR/SO	Beloit, Kansas/St. John's HS
Clayton Duchatschek	JR/SO	Washington, Missouri/Washington HS
Dowdy Elazarig	SO/FR	Richardson, Texas/Richardson HS
Eric Etie	JR/JR	Keller, Texas/Keller HS
Ben Flowers	JR/JR	Jerseyville, Illinois/Jerseyville HS
Adam Gauzy	SR/JR	Washington, Missouri/Washington HS
Joakim Genereux	FR/FR	Saint-Constant, Quebec, Canada/Vanier College
Yuben Goncalves	JR/JR	Alcena-Alverca, Portugal/Cloud County CC
Dae'Trell Gordon	JR/JR	Columbia, Maryland/Cowley County CC
Cade Heikes	FR/FR	Olathe, Kansas/Olathe North HS
Jed Helker	JR/SO	Edmond, Oklahoma/Edmond Memorial HS
Joseph Holthusen	JR/SO	Wichita, Kansas/Bishop Carroll HS
Jake Horsch	SR/JR	Andale, Kansas/Andale HS
Kieron Hunter	SO/FR	Wylie, Texas/Wylie East HS
RJ Hutchison	FR/FR	Choctaw, Oklahoma/Choctaw HS
Josh Klein	SR/JR	Omaha, Nebraska/Millard West HS
Ethan Kossover	SR/JR	Wichita, Kansas/Maize South HS
Weston Lewis	JR/JR	Gove, Kansas/Colby County CC
Cauy Lindsay	SO/SO	Eisenhower, Kansas/Goddard HS
Slayde Little	JR/SO	Purcell, Oklahoma/Purcell HS
Chonnor Ludolph	SO/FR	Leroy, Kansas/Southern Coffey County HS
Britte Magnuson	SO/FR	Wichita, Kansas/Maize South HS
Cory Martens	--/SR	Newton, Kansas/Chadron State University
Bryce Merriman	SO/FR	Wichita, Kansas/Maize South HS
Kyler Meyer	FR/FR	Valley Center, Kansas/Valley Center HS
Alex Moen	JR/JR	Andover, Kansas/Andover HS
Asher Moen	SO/FR	Andover, Kansas/Andover HS
Jaleel Montgomery	FR/FR	Wichita, Kansas/Wichita West HS
Adam Moore	SR/JR	Staines-upon-Thames, England
Adria Navajon	FR/FR	Barcelona, Spain
Antonio Norman	JR/SO	St. Louis, Missouri/Lindenwood
Brady Palen	FR/FR	Beloit, Kansas/St. Johns HS
Zack Penrod	--/SR	Raytown, Missouri/Raytown HS
JD Prinsloo	SO/FR	Johannesburg, South Africa/Marais Viljoen HS
Trey Rios	FR/FR	Wichita, Kansas/Maize South HS
Chandler Stiawalt	JR/SO	Ness City, Kansas/Ness City HS
Taran Taylor	SO/SO	Arkansas City, Kansas/Arkansas City HS
Ethan Toy	SR/JR	Guyer, Texas/South Dakota/North Texas
Nathan Vann	JR/JR	Tulsa, Oklahoma/Cowley County CC

PRONUNCIATION GUIDE

Clayton Duchatschek	Duke-uh-check
Adam Gauzy	G00-zee
Kieron Hunter	Key-Aaron
Chandler Stiawalt	Sty-walt

COACHING STAFF

Steve Rainbolt

Director of Track and Field and Cross Country Multi Events and High Jump (21st Season)



John Wise

Assistant Director of Track and Field Sprints/Hurdles (14th Season)



Kirk Hunter

Head Cross Country Coach Distance (11th Season)



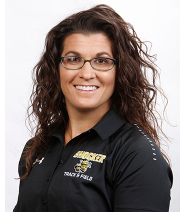
John Hetzendorf

Assistant Coach Throws (20th Season)



Heidi Benton (Yost)

Assistant Coach Horizontal Jumps (14th Season)



Pat Wilson

Assistant Coach Pole Vault (14th Season)



Rob Garcia

Director of Operations (4th Season)





ROSTER/FACILITIES

WOMEN'S ROSTER

ATHLETE	CLASS (I/O)	HOMETOWN/PREVIOUS SCHOOL
Alex Adams	--/SR	Keller, Texas/Keller HS
Cassidy Androff	SR/JR	Gardner, Kansas/Gardner Edgerton HS
Audrey Bebermeyer	FR/FR	Anthony, Kansas/Chaparral HS
Sadie Boos	FR/FR	Tulsa, Oklahoma/Bishop Kelley HS
Halie Brown	SO/SO	Arkansas City, Kansas/Arkansas City HS
Bey Lee Brummet	SO/FR	Downs, Kansas/Lakeside HS
Daysha Bullocks	SR/JR	Mesquite, Texas/Mesquite Horn HS
Anycia Cole	JR/SO	Goshen, New York/Goshen Central HS
Jacque Darby	SR/JR	Olathe, Kansas/Olathe South HS
Miranda Dick	FR/FR	Peculiar, Missouri/Raymore-Peculiar HS
Lidia DiLollo	FR/FR	Andover, Kansas/Andover HS
Paula Garcia	SR/JR	Madrid, Spain
Emily Gardiner	SR/JR	Southmoore, Oklahoma/Southmoore HS
Anna Heacock	FR/FR	Festus, Missouri/Jefferson HS
Kendra Henry	SR/JR	Waverly, Kansas/Waverly HS
Erica Hoag	SO/SO	Arkansas City, Kansas/Cowley County CC
Gabby Hopkins	SO/SO	Mill Valley, Kansas/Mill Valley HS
Kourni Hubert	JR/SO	Beloit, Kansas/Beloit HS
Amanda Kakoulias	SR/JR	Andover, Kansas/Andover Central HS
Anna Keller	JR/JR	Towanda, Kansas/Western Colorado
Sharon Kiprop	SO/FR	Iten, Kenya/Kapkenda HS
Winnie Koskei	SR/JR	Kericho, Kenya
Grace Lange	FR/FR	Johnstown, Colorado/Roosevelt HS
Claire Lieb	FR/FR	Wichita, Kansas/Trinity Academy
Madelynn Luster	FR/FR	Minco, Oklahoma/Minco HS
Karen Lyvers	JR/JR	Bradenton, Florida/South Florida
Destiny Masters	FR/FR	El Dorado, Kansas/Bluestem HS
Semaj McGhee	JR/JR	Jacksonville, Florida/Cloud County CC
Nicole McMillen	SR/SR	Pickering, Ontario, Canada/Tusculum University
Kylie Meier	SO/FR	Roach, Missouri/Arkansas
Kenisa Meyer	FR/FR	Valley Center, Kansas/Valley Center HS
Jalen Milligan	JR/SO	Chandler, Oklahoma/Chandler HS
Chidera Okoro	FR/FR	Dodge City, Kansas/Dodge City HS
Ezinne Okoro	SO/FR	Dodge City, Kansas/Dodge City HS
McKenna Paintin	SR/JR	Omaha, Nebraska/Central HS
Audrey Parson	FR/FR	Lee's Summit, Missouri/Lee's Summit West HS
Nerea Quiros	JR/SO	Madrid, Spain/Colegio San Gabriel
Jaazer Ridges	FR/FR	Murrieta, California/Murrieta Valley HS
Danielle Rinn	JR/SO	Lincoln, Nebraska/Lincoln Southwest HS
Claudia Rojo	--/SR	Naron, Spain/IES Sofia Casanova School
Maria Romero	JR/SO	Madrid, Spain/IES Leon Felipe
Jocelen Ruth	SR/SR	Shenandoah, Pennsylvania/Oklahoma State
Hope Saunders	SR/JR	Dublin, Ireland/Florida
Sarah Schaar	SO/SO	Valley Center, Kansas/Emporia State
Rita Schnacker	JR/SO	Kearney, Nebraska/Kearney HS
Destini Stuever	SO/FR	Wichita, Kansas/Maize South HS
Abeba Sullivan	JR/JR	Saukville, Wisconsin/Iowa Central CC
Margaux Thompson	JR/SO	Goodland, Kansas/Goodland HS
Erin Topham	SO/FR	Valley Center/Berean Academy
Rebekah Topham	--/SR	Griswold, Iowa/Homeschool
Faith Turner	FR/FR	Pittsburg, Kansas/Pittsburg HS
Shania VanNoster	--/SR	Independence, Kansas/Independence HS
Alexi Whatley	--/SR	Orting, Washington/St. Martin University
Alyssa Wheeler	SR/JR	Wichita, Kansas/Kapaun Mt. Carmel
Skaila White	SR/JR	Cleburne, Texas/Cleburne HS
Jalyn Whorton	FR/FR	McPherson, Kansas/McPherson HS
Bre Williams	FR/FR	Wichita, Kansas/Wichita Heights HS
Sydney Wilson	SR/JR	Sterling, Kansas/Sterling HS
Yazmine Wright	JR/SO	Hutchinson, Kansas/Hutchinson HS
Anna Zimmer	SO/FR	Moore, Montana/Fergus HS

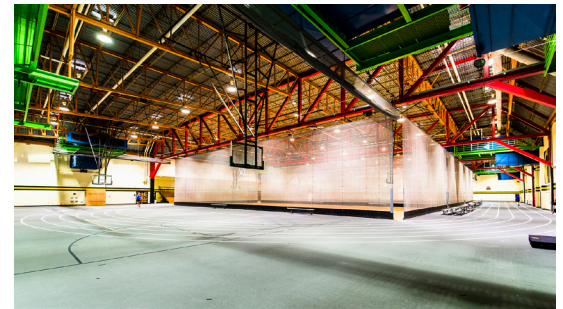
PRONUNCIATION GUIDE

Anycia Cole	Uh-NEE-see-uh	Nerea Quiros	Key-rose
Jacque Darby	Like "Jackie"	Caludia Rojo	Ro-ho
Paula Garcia	Pao-luh	Jaazer Ridges	Eye-zjuh
Erica Hoag	"Hoyg"		
Winnie Koskei	Kohs-key		
Margaux Thompson	Mar-go		
Yazmine Wright	Yazz-min		

FACILITIES REPORT

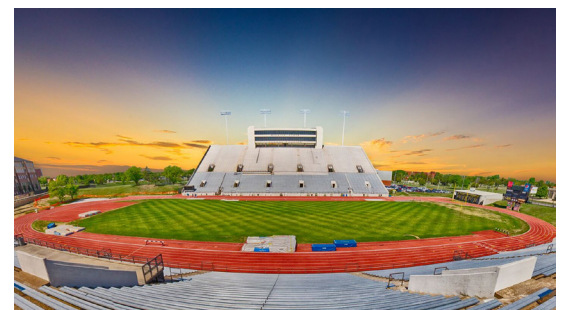
HESKETT CENTER

- The Heskett Center is an on-campus recreation center at Wichita State University
- The Heskett Center plays host to Shocker indoor track and field meets
- This year, the Heskett is hosting: the Shocker Multis, the Intrasquad Meet, the Shocker Prelude, the Triangular, the WSU Invitational and the Herm Wilson High School Invitational
- The Heskett Center added an E-Sports Hub in October 2019



CESSNA STADIUM

- Cessna Stadium is the Wichita State track and field stadium, and used to play host to the Wichita State football team
- Cessna Stadium hosts the Kansas State Championships every year, drawing the best high school track and field athletes from around the state
- Cessna Stadium hosted the 2019 American Athletic Conference Outdoor Championships where the Shocker women won their first ever track conference title as a member of the American Athletic Conference



2021 SEASON RESULTS



MEN'S RESULTS BY MEET

SHOCKER SPRING INVITATIONAL

March 26-27, 2021 | Wichita, Kansas | Cessna Stadium

Place	Athlete	Event	Time/Mark
1.	Jaleel Montgomery	100 Meters	10.66
1.	Joakim Genereux	200 Meters	21.54
3.	Jaleel Montgomery	200 Meters	22.07
4.	Adam Gauzy	400 Meters	49.07
5.	JD Prinsloo	400 Meters	50.21
1.	Zack Penrod	800 Meters	1:52.62
4.	Josh Cable	800 Meters	1:54.76
--.	Jed Helker	800 Meters	DNF
1.	Zack Penrod	1,500 Meters	3:50.75
2.	Adam Moore	1,500 Meters	3:51.36
3.	Jed Helker	1,500 Meters	3:51.39
13.	Cade Heikes	1,500 Meters	4:27.03
--.	Josh Cable	1,500 Meters	DNF
7.	Clayton Duchatschek	5,000 Meters	14:58.25
8.	Ethan Kossover	5,000 Meters	15:05.82
12.	Jackson Caldwell	5,000 Meters	15:31.75
14.	Alex Moen	5,000 Meters	15:44.34
1.	Joseph Holthusen	110-Meter Hurdles	14.24
3.	Nate Vann	110-Meter Hurdles	15.24
4.	Tanner Brown	110-Meter Hurdles	15.50
6.	Yuben Goncalves	110-Meter Hurdles	15.81
--.	Kieron Hunter	110-Meter Hurdles	DQ
1.	Yuben Goncalves	400-Meter Hurdles	54.28
3.	Joseph Holthusen	400-Meter Hurdles	1:00.00
1.	Brittne Magnuson	3,000-Meter Steeple	9:51.77
1.	Wichita State "B"	4X100-Meter Relay	44.62
2.	Wichita State "A"	4X400-Meter Relay	3:17.29
3.	Nate Vann	Long Jump	7.00m/22-11.75
5.	Ethan Toy	Long Jump	6.57m/21-6.75
1.	Ethan Toy	Triple Jump	12.87m/42-2.75
4.	Cory Martens	Shot Put	16.56m/54-4
3.	Cory Martens	Discus	51.57m/169-2
8.	Dae'Trell Gordon	Discus	45.05m/147-10
9.	Michael Bryan	Discus	44.97m/147-6
11.	Jeff Ast	Discus	42.92m/140-10
1.	Michael Bryan	Hammer Throw	66.72m/218-11
6.	Cory Martens	Hammer Throw	56.11m/184-1
7.	Aidan Camp	Hammer Throw	53.69m/176-2
12.	Dae'Trell Gordon	Hammer Throw	40.22m/131-11
4.	Taran Taylor	Javelin	68.72m/225-5
5.	Jeff Ast	Javelin	60.41m/196-11
6.	Davis Dubbert	Javelin	60.03m/196-11
7.	Cauy Lindsay	Javelin	58.90m/193-3
11.	Nate Vann	Javelin	44.51m/146-0
12.	Tanner Brown	Javelin	42.00m/137-9
1.	Brady Palen	High Jump	2.05m/6-8.75
2.	Davis Dubbert	High Jump	1.98m/6-6
4.	Tanner Brown	High Jump	1.95m/6-4.75
1.	Bryce Bearden	Pole Vault	4.61m/15-1.50
--.	Nate Vann	Pole Vault	NH
--.	Eric Etie	Pole Vault	NH

HAYWARD PREMIERE

April 2-3, 2021 | Eugene, Oregon | Hayward Field

Place	Athlete	Event	Time/Mark
2.	Zack Penrod	1,500 Meters	3:43.64
9.	Jed Helker	1,500 Meters	3:47.42
7.	Ethan Kossover	3,000-Meter Steeple	9:01.42
2.	Cory Martens	Shot Put	16.02m/52-6.75
1.	Michael Bryan	Hammer Throw	68.54m/224-10
7.	Cory Martens	Hammer Throw	56.29m/184-8
3.	Cory Martens	Discus	50.87m/166-10
3.	Taran Taylor	Javelin	69.14m/226-10

WICHITA STATE OPEN

April 10, 2021 | Wichita, Kansas | Cessna Stadium

Place	Athlete	Event	Time/Mark
1.	Tanner Brown	100 Meters	10.47
14.	Nate Vann	100 Meters	10.82
12.	Jaleel Montgomery	200 Meters	22.24
5.	Adam Gauzy	400 Meters	48.86
16.	JD Prinsloo	400 Meters	50.16
2.	Zack Penrod	800 Meters	1:52.10
4.	Jed Helker	800 Meters	1:53.55
5.	Josh Cable	800 Meters	1:53.68
6.	Adam Moore	800 Meters	1:53.77
8.	Bryce Merriman	1,500 Meters	3:56.95
--.	Zack Penrod	1,500 Meters	DNF

9.	Shadrack Chumba	10,000 Meters	31:15.04
15.	Alex Moen	10,000 Meters	31:41.62
16.	Jackson Caldwell	10,000 Meters	32:00.46
--.	Jed Helker	10,000 Meters	DNF
--.	Bryce Merriman	10,000 Meters	DNF
2.	Joseph Holthusen	110-Meter Hurdles	14.37
3.	Jaleel Montgomery	110-Meter Hurdles	14.90
17.	Nate Vann	110-Meter Hurdles	16.99
2.	Yuben Goncalves	400-Meter Hurdles	54.40
3.	Antonio Norman	400-Meter Hurdles	54.48
13.	Joseph Holthusen	400-Meter Hurdles	59.29
1.	Ethan Kossover	3,000-Meter Steeple	9:02.23
5.	Clayton Duchatschek	3,000-Meter Steeple	9:23.26
8.	Brittne Magnuson	3,000-Meter Steeple	9:41.89
2.	Wichita State "A"	4X100-Meter Relay	41.46
--.	Wichita State "B"	4X100-Meter Relay	DNF
--.	Wichita State "A"	4X400-Meter Relay	DNF
1.	Dowdy Elazarig	Long Jump	7.38m/24-2.50
8.	Tanner Brown	Long Jump	6.67m/21-10.75
9.	Ethan Toy	Long Jump	6.65m/21-10
10.	Nate Vann	Long Jump	6.57m/21-6.75
7.	Ethan Toy	Triple Jump	12.58m/41-3.25
1.	Cory Martens	Shot Put	16.84m/55-3
7.	Dae'Trell Gordon	Shot Put	15.13m/49-7.75
15.	Chonnor Ludolph	Shot Put	11.76m/38-7
3.	Cory Martens	Discus	49.66m/162-11
9.	Dae'Trell Gordon	Discus	42.94m/140-10
13.	Jeff Ast	Discus	41.37m/135-9
17.	Chandler Stiawalt	Discus	36.46m/119-7
--.	Michael Bryan	Discus	NM
1.	Michael Bryan	Hammer Throw	70.15m/230-2
8.	Aidan Camp	Hammer Throw	52.22m/171-4
--.	Dae'Trell Gordon	Hammer Throw	NM
2.	Cauy Lindsay	Javelin	61.19m/200-9
4.	Davis Dubbert	Javelin	60.86m/199-8
6.	Jeff Ast	Javelin	56.66m/185-11
8.	Chonnor Ludolph	Javelin	54.54m/178-11
3.	Brady Palen	High Jump	2.00m/6-6.75
4.	Weston Lewis	High Jump	2.00m/6-6.75
5.	Davis Dubbert	High Jump	2.00m/6-6.75
--.	Nate Vann	Pole Vault	NH
--.	Eric Etie	Pole Vault	NH
--.	Bryce Bearden	Pole Vault	NH

KT WOODMAN CLASSIC

April 14-17, 2021 | Wichita, Kansas | Cessna Stadium

Place	Athlete	Event	Time/Mark
1.	Jaleel Montgomery	100 Meters	10.71(w)
15.	Joseph Holthusen	100 Meters	11.14
18.	JD Prinsloo	100 Meters	11.21
1.	Joakim Genereux	200 Meters	21.77
3.	Adam Gauzy	200 Meters	21.88
7.	Nate Vann	200 Meters	22.36
8.	Antonio Norman	200 Meters	22.47
9.	Jaleel Montgomery	200 Meters	22.51
10.	JD Prinsloo	200 Meters	22.62
1.	Adam Gauzy	400 Meters	49.93
3.	Joakim Genereux	400 Meters	50.44
9.	Antonio Norman	400 Meters	51.11
2.	Adam Moore	1,500 Meters	3:47.19
5.	Bryce Merriman	1,500 Meters	3:54.54
6.	Clayton Duchatschek	1,500 Meters	3:55.14
9.	Josh Cable	1,500 Meters	4:00.33
10.	Ethan Kossover	1,500 Meters	4:02.66
7.	Brittne Magnuson	5,000 Meters	15:05.55
--.	Bryce Merriman	5,000 Meters	DNF
2.	Joseph Holthusen	110-Meter Hurdles	14.38
6.	Chonnor Ludolph	110-Meter Hurdles	14.95
11.	Jaleel Montgomery	110-Meter Hurdles	15.97
3.	Yuben Goncalves	400-Meter Hurdles	53.99
2.	Elazarig, Montgomery, Holthusen, Genereux	4X100-Meter Relay	41.68
5.	Dowdy Elazarig	Long Jump	6.94m/22-9.25
1.	Yuben Goncalves	Triple Jump	14.44m/47-4.50
2.	Cory Martens	Shot Put	16.87m/55-4.25
9.	Dae'Trell Gordon	Shot Put	14.59m/47-10.50
1.	Cory Martens	Discus	51.93m/170-4
2.	Dae'Trell Gordon	Discus	48.51m/159-2
7.	Jeff Ast	Discus	41.92m/137-6
9.	Michael Bryan	Discus	41.37m/135-8
10.	Chandler Stiawalt	Discus	39.68m/130-2
15.	Chonnor Ludolph	Discus	27.92m/91-7
1.	Michael Bryan	Hammer Throw	68.32m/224-1
3.	Aidan Camp	Hammer Throw	55.51m/182-1
10.	Creighton Camp	Hammer Throw	44.65m/146-6



2021 SEASON RESULTS

--.	Dae'Trell Gordon	Hammer Throw	NM
2.	Taran Taylor	Javelin	71.37m/234-2
3.	Chandler Stiawalt	Javelin	63.02m/206-9
4.	Davis Dubbert	Javelin	61.11m/200-6
5.	Jeff Ast	Javelin	56.32m/184-9
6.	Cauy Lindsay	Javelin	55.84m/183-2
9.	Chonnor Ludolph	Javelin	50.25m/164-10
1.	Davis Dubbert	High Jump	2.04m/6-8.25
3.	Chandler Stiawalt	High Jump	1.86m/6-1.25
1.	Nate Vann	Pole Vault	4.57m/15-0
2.	Bryce Bearden	Pole Vault	4.27m/14-0
--.	Eric Etie	Pole Vault	NH

JOHN MCDONNELL INVITATIONAL

April 24-25, 2021 | Fayetteville, Arkansas | John McDonnell Field

Place	Athlete	Event	Time/Mark
7.	Joakim Genereux	100 Meters	10.48(w)
7.	Joakim Genereux	200 Meters	21.67
14.	Adam Gauzy	200 Meters	21.87
19.	Jaleel Montgomery	200 Meters	22.14
25.	JD Prinsloo	200 Meters	22.50(w)
19.	Adam Gauzy	400 Meters	49.19
22.	JD Prinsloo	400 Meters	49.58
6.	Jed Helker	800 Meters	1:51.90
9.	Zack Penrod	800 Meters	1:52.04
15.	Josh Cable	800 Meters	1:53.15
1.	Zack Penrod	1,500 Meters	3:43.39
3.	Jed Helker	1,500 Meters	3:44.22
4.	Adam Moore	1,500 Meters	3:44.67
18.	Bryce Merriman	1,500 Meters	3:52.81
3.	Antonio Norman	110-Meter Hurdles (P)	13.95(w)q
7.	Joseph Holthusen	110-Meter Hurdles (P)	14.39(w)q
11.	Jaleel Montgomery	110-Meter Hurdles (P)	14.71(w)
14.	Chonnor Ludolph	110-Meter Hurdles (P)	14.91(w)
3.	Antonio Norman	110-Meter Hurdles (F)	13.81(w)
7.	Joseph Holthusen	110-Meter Hurdles (F)	14.41(w)
3.	Antonio Norman	400-Meter Hurdles	52.06
5.	Yuben Goncalves	400-Meter Hurdles	52.87
3.	Ethan Kossover	3,000-Meter Steeple	8:58.45
5.	Clayton Duchatschek	3,000-Meter Steeple	9:03.36
11.	Britte Magnuson	3,000-Meter Steeple	9:22.28
3.	Wichita State	4X100-Meter Relay	40.68
4.	Wichita State	4X400-Meter Relay	3:17.16
9.	Dowdy Elazarig	Long Jump	7.31m/23-11.75(w)
11.	Ethan Toy	Long Jump	7.11m/23-4(w)
12.	Yuben Goncalves	Long Jump	7.06m/23-2(w)
1.	Dowdy Elazarig	Triple Jump	15.31m/50-2.75(w)
3.	Yuben Goncalves	Triple Jump	15.08m/49-5.75(w)
1.	Cory Martens	Shot Put	17.53m/57-6.25
--.	Dae'Trell Gordon	Shot Put	NM
1.	Cory Martens	Discus	53.79m/176-5
7.	Dae'Trell Gordon	Discus	42.54m/139-7
11.	Chonnor Ludolph	Discus	25.84m/84-9.50
2.	Michael Bryan	Hammer Throw	70.45m/231-2
6.	Cory Martens	Hammer Throw	60.92m/199-10
7.	Aidan Camp	Hammer Throw	55.98m/183-8
1.	Taran Taylor	Javelin	71.03m/233-0
2.	Davis Dubbert	Javelin	64.32m/211-0
4.	Cauy Lindsay	Javelin	55.82m/183-2
5.	Jeff Ast	Javelin	55.01m/180-5
8.	Chonnor Ludolph	Javelin	47.38m/155-5
1.	Brady Palen	High Jump	2.11m/6-11
3.	Davis Dubbert	High Jump	2.05m/6-8.75
4.	Weston Lewis	High Jump	2.05m/6-8.75
6.	Nate Vann	Decathlon	6,989 points
4.	100 Meters		11.04
2.	Long Jump		7.01m/23-0(w)
5.	Shot Put		12.04m/39-6
4.	High Jump		1.89m/6-2.25
2.	400 Meters		49.54
5.	110-Meter Hurdles		15.28
9.	Discus		31.41m/103-0
5.	Pole Vault		4.60m/15-1
7.	Javelin		42.96m/140-11
5.	1,500 Meters		4:55.08

ROCK CHALK CLASSIC

April 30-May 1, 2021 | Lawrence, Kansas | Rock Chalk Park

Place	Athlete	Event	Time/Mark
3.	Joakim Genereux	100 Meters	10.46(w)
3.	Joakim Genereux	200 Meters	21.23
17.	Jaleel Montgomery	200 Meters	21.92
11.	Adam Gauzy	400 Meters	48.90
24.	JD Prinsloo	400 Meters	52.50

11.	Adam Moore	800 Meters	1:52.22
6.	Bryce Merriman	1,500 Meters	3:51.13
11.	Josh Cable	1,500 Meters	3:57.93
14.	Britte Magnuson	1,500 Meters	3:58.91
3.	Jed Helker	5,000 Meters	14:24.66
6.	Clayton Duchatschek	5,000 Meters	14:28.18
19.	Alex Moen	5,000 Meters	15:09.52
21.	Jackson Caldwell	5,000 Meters	15:12.85
2.	Antonio Norman	110-Meter Hurdles	13.92(w)
8.	Joseph Holthusen	110-Meter Hurdles	14.20(w)
13.	Jaleel Montgomery	110-Meter Hurdles	14.53(w)
23.	Nate Vann	110-Meter Hurdles	15.45(w)
14.	Antonio Norman	400-Meter Hurdles	54.74
17.	Yuben Goncalves	400-Meter Hurdles	56.52
6.	Genereux, Norman, Goncalves, Gauzy Vann, Montgomery, Cable, Holthusen	4X400-Meter Relay	3:20.16
--.		4X400-Meter Relay	DNF
5.	Dowdy Elazarig	Long Jump	7.43m/24-4.50
8.	Ethan Toy	Long Jump	7.12m/23-4.50
4.	Yuben Goncalves	Triple Jump	14.75m/48-4.75(w)
--.	Dae'Trell Gordon	Shot Put	NM
10.	Cory Martens	Discus	52.41m/171-11
20.	Dae'Trell Gordon	Discus	45.63m/149-8
7.	Michael Bryan	Hammer Throw	68.21m/223-9
8.	Cory Martens	Hammer Throw	62.08m/203-8
18.	Aidan Camp	Hammer Throw	55.25m/181-3
26.	Creighton Camp	Hammer Throw	49.24m/161-6
3.	Davis Dubbert	Javelin	62.49m/205-0
6.	Cauy Lindsay	Javelin	58.26m/191-2
1.	Davis Dubbert	High Jump	2.08m/6-9.75
2.	Brady Palen	High Jump	2.05m/6-8.75
8.	Weston Lewis	High Jump	1.90m/6-2.75
T7.	Nate Vann	Pole Vault "B"	4.52m/14-10

TRIALS OF MILES KC QUALIFIER

May 1, 2021 | Leavenworth, Kansas | Charles Berkel Memorial Stadium

Place	Athlete	Event	Time/Mark
7.	Zack Penrod	1,500 Meters	3:43.97

WOMEN'S RESULTS BY MEET

SHOCKER SPRING INVITATIONAL

March 26-27, 2021 | Wichita, Kansas | Cessna Stadium

Place	Athlete	Event	Time/Mark
1.	Jacque Darby	100 Meters	11.81
1.	Jacque Darby	200 Meters	24.47
7.	Destiny Masters	200 Meters	26.77
8.	Alexi Whatley	200 Meters	27.78
2.	Paula Garcia	400 Meters	57.33
7.	Sharon Kiprop	800 Meters	2:18.75
8.	Anna Keller	800 Meters	2:29.29
4.	Yazmine Wright	1,500 Meters	4:31.98
1.	Rebekah Topham	3,000 Meters	9:40.74
2.	Winny Koskei	3,000 Meters	9:53.08
3.	Nicole McMillen	3,000 Meters	10:01.68
4.	Danielle Rinn	3,000 Meters	10:27.88
5.	McKenna Paintin	3,000 Meters	10:28.80
6.	Sharon Kiprop	3,000 Meters	10:30.64
7.	Hope Saunders	3,000 Meters	10:49.03
8.	Erin Topham	3,000 Meters	11:28.56
9.	Miranda Dick	3,000 Meters	11:42.17
10.	Sarah Schaar	3,000 Meters	11:46.30
--.	Yazmine Wright	3,000 Meters	DNF
2.	Claudia Rojo	100-Meter Hurdles	14.23
5.	Maria Romero	100-Meter Hurdles	14.78
6.	Anna Heacock	100-Meter Hurdles	14.79
7.	Sydney Wilson	100-Meter Hurdles	14.84
9.	Destiny Masters	100-Meter Hurdles	14.93
10.	Kendra Henry	100-Meter Hurdles	15.04
11.	Nerea Quiros	100-Meter Hurdles	15.08
12.	Jalen Milligan	100-Meter Hurdles	16.53
1.	Claudia Rojo	400-Meter Hurdles	1:01.21
3.	Daysha Bullocks	400-Meter Hurdles	1:06.07
6.	Anna Heacock	400-Meter Hurdles	1:10.97
1.	Wichita State "A"	4X100-Meter Relay	46.22
2.	Wichita State "B"	4X100-Meter Relay	50.37
2.	Wichita State "A"	4X400-Meter Relay	3:59.46
1.	Jacque Darby	Long Jump	5.96m/19-6.75
4.	Semaj McGhee	Long Jump	5.45m/17-10.75
5.	Destiny Masters	Long Jump	5.45m/17-10.75
6.	Nerea Quiros	Long Jump	5.42m/17-9.50
7.	Maria Romero	Long Jump	5.37m/17-5.50

2021 SEASON RESULTS



8.	Faith Turner	Long Jump	5.36m/17-7
9.	Jalen Milligan	Long Jump	5.23m/17-2
11.	Ezinne Okoro	Long Jump	4.96m/16-3.25
13.	Anna Heacock	Long Jump	4.87m/15-11.75
14.	Kendra Henry	Long Jump	4.83m/15-10.25
1.	Semaj McGhee	Triple Jump	11.69m/38-4.25
3.	Faith Turner	Triple Jump	11.48m/37-8
4.	Ezinne Okoro	Triple Jump	11.41m/37-5.25
6.	Paula Garcia	Triple Jump	11.19m/36-8.50
8.	Amanda Kakoulias	Shot Put	14.13m/46-4.25
11.	Anna Zimmer	Shot Put	13.18m/43-3
13.	Kendra Henry	Shot Put	12.72m/41-8.75
15.	Sydney Wilson	Shot Put	11.16m/36-7.50
6.	Alex Adams	Discus	41.64m/136-7
7.	Amanda Kakoulias	Discus	41.56m/136-4
9.	Jocelen Ruth	Discus	38.76m/127-2
11.	Cassidy Androff	Discus	37.97m/124-7
12.	Anna Zimmer	Discus	37.75m/123-10
--.	Gabby Hopkins	Shot Put	NM
9.	Alex Adams	Hammer Throw	53.27m/174-9
12.	Jocelen Ruth	Hammer Throw	46.13m/151-4
13.	Sadie Boos	Hammer Throw	45.14m/148-1
15.	Cassidy Androff	Hammer Throw	42.89m/140-8
3.	Kourtnei Hubert	Javelin	44.45m/145-10
4.	Erika Hoag	Javelin	39.37m/129-2
5.	Jocelen Ruth	Javelin	35.13m/115-3
6.	Bey Lee Brummet	Javelin	34.80m/114-2
7.	Halie Brown	Javelin	32.68m/107-3
1.	Kendra Henry	Javelin "B" Section	46.80m/153-6
2.	Destiny Masters	Javelin "B" Section	34.12m/111-11
4.	Sydney Wilson	Javelin "B" Section	32.60m/106-11
5.	Anna Heacock	Javelin "B" Section	29.51m/96-10
7.	Maria Romero	Javelin "B" Section	28.41m/93-2
2.	Destiny Masters	High Jump	1.65m/5-5
T3.	Semaj McGhee	High Jump	1.60m/5-3
T3.	Marissa Jensen	High Jump	1.60m/5-3
5.	Sydney Wilson	High Jump	1.60m/5-3
6.	Shania VanNoster	High Jump	1.55m/5-1
2.	Emily Gardiner	Pole Vault	3.67m/12-0.50
T6.	Alyssa Wheeler	Pole Vault	3.37m/11-0.75
8.	Margaux Thompson	Pole Vault	3.37m/11-0.75

9.	Jalen Milligan	Long Jump	5.34m/17-6.25
12.	Nerea Quiros	Long Jump	5.26m/17-3.25
14.	Ezinne Okoro	Long Jump	5.20m/17-0.75
2.	Faith Turner	Triple Jump	11.81m/38-9
3.	Ezinne Okoro	Triple Jump	11.79m/38-8.25
7.	Semaj McGhee	Triple Jump	11.53m/37-10
2.	Amanda Kakoulias	Shot Put	13.97m/38-9
3.	Anna Zimmer	Shot Put	13.55m/44-5.50
20.	Anna Heacock	Shot Put	8.76m/28-9
2.	Amanda Kakoulias	Discus	41.08m/134-9
3.	Alex Adams	Discus	40.97m/134-5
9.	Jocelen Ruth	Discus	37.56m/123-3
10.	Anna Zimmer	Discus	37.48m/122-11
7.	Alex Adams	Hammer Throw	53.22m/174-7
8.	Sadie Boos	Hammer Throw	51.49m/168-11
9.	Jocelen Ruth	Hammer Throw	48.85m/160-3
11.	Cassidy Androff	Hammer Throw	47.68m/156-5
7.	Kourtnei Hubert	Javelin	40.63m/133-4
11.	Erika Hoag	Javelin	37.22m/122-1
15.	Halie Brown	Javelin	35.45m/116-4
18.	Bey Lee Brummet	Javelin	32.89m/107-11
--.	Jocelen Ruth	Javelin	NM
4.	Marissa Jensen	High Jump	1.65m/5-5
10.	Anna Heacock	High Jump	1.45m/4-9
--.	Semaj McGhee	High Jump	NH
5.	Emily Gardiner	Pole Vault	3.36m/11-0.25
T8.	Margaux Thompson	Pole Vault	3.21m/10-6.25
10.	Alyssa Wheeler	Pole Vault	3.21m/10-6.25

KT WOODMAN CLASSIC

April 14-17, 2021 | Wichita, Kansas | Cessna Stadium

Place	Athlete	Event	Time/Mark
1.	Paula Garcia	200 Meters	24.31
2.	Jacque Darby	200 Meters	24.48
4.	Taniyah McMillian	200 Meters	25.10
5.	Faith Turner	200 Meters	25.31(w)
17.	Alexi Whatley	200 Meters	27.68(w)
1.	Winnie Koskei	1,500 Meters	4:39.05
3.	Danielle Rinn	1,500 Meters	4:42.21
6.	Sharon Kipro	1,500 Meters	4:43.49
13.	Anna Keller	1,500 Meters	5:04.56
14.	Miranda Dick	1,500 Meters	5:08.00
15.	Erin Topham	1,500 Meters	5:14.69
1.	Rebekah Topham	5,000 Meters	16:30.57
9.	McKenna Paintin	5,000 Meters	18:02.24
13.	Hope Saunders	5,000 Meters	18:46.89
16.	Sarah Schaar	5,000 Meters	19:31.03
18.	Destini Stuever	5,000 Meters	19:50.16
--.	Winnie Koskei	5,000 Meters	DNF
--.	Sharon Kipro	5,000 Meters	DNF
1.	Anna Heacock	100-Meter Hurdles	14.69
2.	Anycia Cole	100-Meter Hurdles	14.73
5.	Nerea Quiros	100-Meter Hurdles	15.61
7.	Jalen Milligan	100-Meter Hurdles	16.01
--.	Sydney Wilson	100-Meter Hurdles	FS
2.	Anycia Cole	400-Meter Hurdles	1:04.35
3.	Daysha Bullocks	400-Meter Hurdles	1:05.40
4.	Anna Heacock	400-Meter Hurdles	1:07.31
7.	Alexi Whatley	400-Meter Hurdles	1:11.07
1.	Turner, Garcia, Darby, McMillian	4X100-Meter Relay	45.64
5.	Quiros, Milligan, E. Okoro, Whatley	4X100-Meter Relay	50.08
2.	Nerea Quiros	Long Jump	5.58m/18-3.75(w)
7.	Sydney Wilson	Long Jump	5.31m/17-5.25(w)
8.	Jalen Milligan	Long Jump	5.22m/17-1.50
10.	Ezinne Okoro	Long Jump	5.09m/16-8.50
1.	Ezinne Okoro	Triple Jump	11.75m/38-6.75(w)
2.	Faith Turner	Triple Jump	11.72m/38-5.50
3.	Paula Garcia	Triple Jump	11.62m/38-1.50
2.	Amanda Kakoulias	Shot Put	14.15m/46-5.25
3.	Anna Zimmer	Shot Put	13.60m/44-7.50
1.	Amanda Kakoulias	Discus	45.15m/148-1
5.	Anna Zimmer	Discus	37.66m/123-6
7.	Jocelen Ruth	Discus	34.36m/112-8
1.	Alex Adams	Hammer Throw	53.74m/176-3
3.	Jocelen Ruth	Hammer Throw	49.50m/162-5
4.	Cassidy Androff	Hammer Throw	48.97m/160-8
6.	Sadie Boos	Hammer Throw	44.78m/146-11
2.	Halie Brown	Javelin	39.77m/130-5
3.	Erika Hoag	Javelin	39.55m/129-9
5.	Bey Lee Brummet	Javelin	37.54m/123-2
1.	Sydney Wilson	High Jump	1.71m/5-7.25
3.	Semaj McGhee	High Jump	1.60m/5-3
4.	Marissa Jensen	High Jump	1.55m/5-1

HAYWARD PREMIERE

April 2-3, 2021 | Eugene, Oregon | Hayward Field

Place	Athlete	Event	Time/Mark
11.	Yazmine Wright	1,500 Meters	4:25.97
4.	Rebekah Topham	3,000-Meter Steeple	10:04.38
7.	Nicole McMillen	3,000-Meter Steeple	10:32.45
18.	Winnie Koskei	10,000 Meters Inv.	34:12.23
3.	Claudia Rojo	100-Meter Hurdles	14.26
3.	Claudia Rojo	400-Meter Hurdles	1:00.53

WICHITA STATE OPEN

April 10, 2021 | Wichita, Kansas | Cessna Stadium

Place	Athlete	Event	Time/Mark
1.	Paula Garcia	100 Meters	11.68
2.	Paula Garcia	200 Meters	24.23
3.	Jacque Darby	200 Meters	24.67
6.	Faith Turner	200 Meters	25.00
11.	Nerea Quiros	200 Meters	25.65
1.	Taniyah McMillian	400 Meters	56.94
1.	Yazmine Wright	800 Meters	2:10.85
9.	Sharon Kipro	800 Meters	2:17.49
1.	Rebekah Topham	1,500 Meters	4:23.22
2.	Yazmine Wright	1,500 Meters	4:23.33
13.	Anna Keller	1,500 Meters	4:53.96
16.	Hope Saunders	1,500 Meters	5:00.11
--.	Nicole McMillen	5,000 Meters	17:02.80
--.	Rebekah Topham	5,000 Meters	DNF
1.	Anycia Cole	100-Meter Hurdles	14.58
4.	Sydney Wilson	100-Meter Hurdles	14.84
7.	Nerea Quiros	100-Meter Hurdles	15.14
14.	Jalen Milligan	100-Meter Hurdles	16.23
1.	Claudia Rojo	400-Meter Hurdles	1:00.85
2.	Daysha Bullocks	400-Meter Hurdles	1:02.69
5.	Alexia Whatley	400-Meter Hurdles	1:09.39
--.	Anycia Cole	400-Meter Hurdles	DNF
4.	McKenna Paintin	3,000-Meter Steeple	11:28.33
1.	Wichita State "A"	4X100-Meter Relay	45.87
8.	Wichita State "B"	4X100-Meter Relay	49.90
--.	Wichita State "A"	4X400-Meter Relay	DNF
2.	Jacque Darby	Long Jump	5.70m/18-8.50
5.	Semaj McGhee	Long Jump	5.56m/18-3
8.	Sydney Wilson	Long Jump	5.43m/17-9.75



2021 SEASON RESULTS

3.	Emily Gardiner	Pole Vault	3.52m/11-6.50
4.	Margaux Thompson	Pole Vault	3.37m/11-0.75
--.	Alyssa Wheeler	Pole Vault	NH
2.	Maria Romero	Heptathlon	4,603 points
	2. 100-M Hurdles		14.59
	T5. High Jump		1.54m/5-0.50
	4. Shot Put		10.29m/33-9.25
	6. 200 Meters		26.90
	2. Long Jump		5.24m/17-2.25
	6. Javelin		28.24m/92-8
	1. 800 Meters		2:29.20
4.	Anna Heacock	Heptathlon	4,396 points
	3. 100-M Hurdles		14.64
	T7. High Jump		1.51m/4-11.50
	14. Shot Put		8.82m/28-11.25
	3. 200 Meters		26.34
	T6. Long Jump		5.03m/16-6
	3. Javelin		31.47m/103-3
	10. 800 Meters		2:39.13

44.	Maria Romero	200 Meters	26.62
15.	Daysha Bullocks	400 Meters	59.93
5.	Yazmine Wright	1,500 Meters	4:30.49
9.	Nicole McMillen	1,500 Meters	4:35.45
15.	Danielle Rinn	1,500 Meters	4:42.69
23.	Anna Keller	1,500 Meters	4:53.32
24.	Erin Topham	1,500 Meters	5:00.35
6.	Sharon Kiprof	5,000 Meters	17:50.85
10.	McKenna Paintin	5,000 Meters	18:18.30
9.	Claudia Rojo	100-Meter Hurdles	14.10(w)
11.	Sydney Wilson	100-Meter Hurdles	14.24
12.	Maria Romero	100-Meter Hurdles	14.43
14.	Anycia Cole	100-Meter Hurdles	14.46
18.	Nerea Quiros	100-Meter Hurdles	14.91(w)
24.	Jalen Milligan	100-Meter Hurdles	15.50(w)
8.	Claudia Rojo	400-Meter Hurdles	1:02.12
16.	Anna Heacock	400-Meter Hurdles	1:08.08
--.	Daysha Bullocks	400-Meter Hurdles	DQ
--.	Anycia Cole	400-Meter Hurdles	DQ
8.	Rojo, Wright, Wilson, Romero	4X400-Meter Relay	3:58.86

JOHN McDONNELL INVITATIONAL

April 24-25, 2021 | Fayetteville, Arkansas | John McDonnell Field

Place	Athlete	Event	Time/Mark
4.	Jacque Darby	100 Meters	11.73(w)
6.	Paula Garcia	100 Meters	11.84(w)
5.	Paula Garcia	200 Meters	24.08
16.	Jacque Darby	200 Meters	24.72
18.	Taniyah McMillian	200 Meters	24.86
23.	Faith Turner	200 Meters	25.18
30.	Sydney Wilson	200 Meters	25.51
39.	Destiny Masters	200 Meters	26.34
41.	Maria Romero	200 Meters	27.31
42.	Kendra Henry	200 Meters	27.43
7.	Yazmine Wright	800 Meters	4:27.11
18.	McKenna Paintin	800 Meters	4:52.29
4.	Danielle Rinn	5,000 Meters	17:36.04
8.	Winnie Koskei	5,000 Meters Inv.	16:50.09
15.	Destiny Masters	100-Meter Hurdles (P)	14.44(w)
16.	Maria Romero	100-Meter Hurdles (P)	14.56(w)
18.	Sydney Wilson	100-Meter Hurdles (P)	14.61(w)
19.	Anna Heacock	100-Meter Hurdles (P)	15.03(w)
22.	Anycia Cole	100-Meter Hurdles (P)	15.48(w)
5.	Daysha Bullocks	400-Meter Hurdles	1:03.17
6.	Anycia Cole	400-Meter Hurdles	1:03.22
10.	Anna Heacock	400-Meter Hurdles	1:06.18
1.	Rebekah Topham	3,000-Meter Steeple	9:58.39
5.	Nicole McMillen	3,000-Meter Steeple	10:21.09
6.	Wichita State	4X100-Meter Relay	46.32
10.	Destiny Masters	Long Jump	5.66m/18-7(w)
12.	Jacque Darby	Long Jump	5.46m/17-11
13.	Maria Romero	Long Jump	5.45m/17-10.75(w)
18.	Ezinne Okoro	Long Jump	5.32m/17-5.50
21.	Faith Turner	Long Jump	5.29m/17-4.25(w)
23.	Anna Heacock	Long Jump	5.12m/16-9.75
5.	Faith Turner	Triple Jump	12.16m/39-10.75(w)
8.	Semaj McGhee	Triple Jump	11.98m/39-3.75
11.	Ezinne Okoro	Triple Jump	11.49m/37-8.50
2.	Amanda Kakoulias	Shot Put	14.59m/47-10.50
4.	Anna Zimmer	Shot Put	14.33m/47-0.25
3.	Alex Adams	Hammer Throw	54.12m/177-7
4.	Cassidy Androff	Hammer Throw	52.35m/171-9
6.	Jocelen Ruth	Hammer Throw	49.16m/161-3
--.	Sadie Boos	Hammer Throw	NM
4.	Alex Adams	Discus	41.67m/136-8
5.	Amanda Kakoulias	Discus	40.77m/133-9
7.	Anna Zimmer	Discus	37.54m/123-2
9.	Jocelen Ruth	Discus	34.10m/11-10
1.	Kendra Henry	Javelin	47.90m/157-2
3.	Erika Hoag	Javelin	37.39m/122-8
4.	Jocelen Ruth	Javelin	33.53m/110-0
5.	Halie Brown	Javelin	29.29m/96-1
2.	Sydney Wilson	High Jump	1.65m/5-5
7.	Marissa Jensen	High Jump	1.55m/5-1
11.	Emily Gardiner	Pole Vault	3.79m/12-5.25

3.	Jacque Darby	Long Jump	5.91m/19-4.75(w)
8.	Nerea Quiros	Long Jump	5.64m/18-6(w)
15.	Maria Romero	Long Jump	5.37m/17-7.50
16.	Destiny Masters	Long Jump	5.34m/17-6.25
18.	Jalen Milligan	Long Jump	5.29m/17-4.25
19.	Faith Turner	Long Jump	5.06m/16-7.25
22.	Ezinne Okoro	Long Jump	4.91m/16-1.50
6.	Faith Turner	Triple Jump	11.85m/38-10.50(w)
7.	Ezinne Okoro	Triple Jump	11.77m/38-7.50(w)
16.	Amanda Kakoulias	Shot Put	14.31m/46-11.50
17.	Anna Zimmer	Shot Put	14.29m/46-10.75
19.	Alex Adams	Discus	41.08m/134-9
21.	Amanda Kakoulias	Discus	37.11m/121-9
22.	Anna Zimmer	Discus	34.49m/113-2
16.	Alex Adams	Hammer Throw	52.37m/171-10
17.	Cassidy Androff	Hammer Throw	52.24m/171-5
19.	Jocelen Ruth	Hammer Throw	49.96m/163-11
22.	Sadie Boos	Hammer Throw	47.35m/113-2
12.	Bey Lee Brummet	Javelin	38.53m/126-5
16.	Erika Hoag	Javelin	35.74m/117-3
19.	Halie Brown	Javelin	34.49m/113-2
4.	Destiny Masters	High Jump	1.73m/5-8
T7.	Sydney Wilson	High Jump	1.63m/5-4.25
T12.	Marissa Jensen	High Jump	1.58m/5-2.25
T12.	Shania VanNoster	High Jump	1.58m/5-2.25
9.	Emily Gardiner	Pole Vault	3.66m/12-0
--.	Alyssa Wheeler	Pole Vault	NH
--.	Margaux Thompson	Pole Vault	NH

TRIALS OF MILES KC QUALIFIER

May 1, 2021 | Leavenworth, Kansas | Charles Berkel Memorial Stadium

Place	Athlete	Event	Time/Mark
12.	Rebekah Topham	3K Steeplechase	10:09.21

MEN'S RESULTS BY ATHLETE

JEFF AST

5.	Javelin	60.41m/198-2	3/26/21	Shocker Spring Invite
11.	Discus	42.92m/140-10	3/27/21	Shocker Spring Invite
13.	Discus	41.37m/135-9	4/10/21	Wichita State Open
6.	Javelin	56.66m/185-11	4/10/21	Wichita State Open
7.	Discus	41.92m/137-6	4/17/21	KT Woodman Classic
5.	Javelin	56.32m/184-9	4/17/21	KT Woodman Classic
5.	Javelin	55.01m/180-5	4/24/21	John McDonnell Inv.

BRYCE BEARDEN

1.	Pole Vault	4.61m/15-1.50	3/27/21	Shocker Spring Invite
--.	Pole Vault	NH	4/10/21	Wichita State Open
2.	Pole Vault	4.27m/14-0	4/17/21	KT Woodman Classic

TANNER BROWN

12.	Javelin	42.00m/137-9	3/26/21	Shocker Spring Invite
4.	110-M Hurdles	15.50	3/27/21	Shocker Spring Invite
4.	High Jump	1.95m/6-4.75	3/27/21	Shocker Spring Invite
1.	100 Meters	10.47	4/10/21	Wichita State Open
8.	Long Jump	6.67m/21-10.75	4/10/21	Wichita State Open

ROCK CHALK CLASSIC

April 30-May 1, 2021 | Lawrence, Kansas | Rock Chalk Park

Place	Athlete	Event	Time/Mark
10.	Jacque Darby	100 Meters	11.71(w)
24.	Jalen Milligan	100 Meters	12.52(w)
7.	Paula Garcia	200 Meters	23.94
8.	Jacque Darby	200 Meters	24.00
19.	Taniyah McMillian	200 Meters	24.67
25.	Faith Turner	200 Meters	24.91

2021 SEASON RESULTS



MICHAEL BRYAN

1.	Hammer Throw	66.72m/218-11	3/26/21	Shocker Spring Invite
9.	Discus	44.97m/147-6	3/27/21	Shocker Spring Invite
1.	Hammer Throw	68.54m/224-10	4/2/21	Hayward Premiere
1.	Hammer Throw	70.15m/230-2	4/10/21	Wichita State Open
--.	Discus	NM	4/10/21	Wichita State Open
9.	Discus	41.37m/135-8	4/17/21	KT Woodman Classic
1.	Hammer Throw	68.32m/224-1	4/17/21	KT Woodman Classic
2.	Hammer Throw	70.45m/231-2	4/24/21	John McDonnell Inv.
7.	Hammer Throw	68.21m/223-9	4/30/21	Rock Chalk Classic

JOSH CABLE

--.	1,500 Meters	DNF	3/26/21	Shocker Spring Invite
4.	800 Meters	1:54.76	3/27/21	Shocker Spring Invite
5.	800 Meters	1:53.68	4/10/21	Wichita State Open
9.	1,500 Meters	4:00.33	4/17/21	KT Woodman Classic
15.	800 Meters	1:53.15	4/25/21	John McDonnell Inv.
11.	1,500 Meters	3:57.93	4/30/21	Rock Chalk Classic

JACKSON CALDWELL

12.	5,000 Meters	15:31.75	3/26/21	Shocker Spring Invite
16.	10,000 Meters	32:00.46	4/10/21	Wichita State Open
21.	5,000 Meters	15:12.85	4/30/21	Rock Chalk Classic

AIDAN CAMP

7.	Hammer Throw	53.69m/176-2	3/26/21	Shocker Spring Invite
8.	Hammer Throw	52.22m/171-4	4/10/21	Wichita State Open
3.	Hammer Throw	55.51m/182-1	4/17/21	KT Woodman Classic
7.	Hammer Throw	55.98m/183-8	4/24/21	John McDonnell Inv.
18.	Hammer Throw	55.25m/181-3	4/30/21	Rock Chalk Classic

CREIGHTON CAMP

10.	Hammer Throw	44.65m/146-6	4/17/21	KT Woodman Classic
26.	Hammer Throw	49.24m/161-6	4/30/21	Rock Chalk Classic

SHADRACK CHUMBA

9.	10,000 Meters	31:15.04	4/10/21	Wichita State Open
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DAVIS DUBBERT

6.	Javelin	60.03m/196-11	3/26/21	Shocker Spring Invite
2.	High Jump	1.98m/6-6	3/27/21	Shocker Spring Invite
4.	Javelin	60.86m/199-8	4/10/21	Wichita State Open
5.	High Jump	2.00m/6-6.75	4/10/21	Wichita State Open
4.	Javelin	61.11m/200-6	4/17/21	KT Woodman Classic
1.	High Jump	2.04m/6-8.25	4/17/21	KT Woodman Classic
2.	Javelin	64.32m/211-0	4/24/21	John McDonnell Inv.
3.	High Jump	2.05m/6-8.75	4/24/21	John McDonnell Inv.
3.	Javelin	62.49m/205-0	4/30/21	Rock Chalk Classic
1.	High Jump	2.08m/6-9.75	5/1/21	Rock Chalk Classic

CLAYTON DUCHATSCHKE

7.	5,000 Meters	14:58.25	3/26/21	Shocker Spring Invite
5.	3K Steeplechase	9:23.36	4/10/21	Wichita State Open
6.	1,500 Meters	3:55.14	4/17/21	KT Woodman Classic
5.	3K Steeplechase	9:03.36	4/24/21	John McDonnell Inv.
6.	5,000 Meters	14:28.18	4/30/21	Rock Chalk Classic

DOWDY ELAZARIG

1.	Long Jump	7.38m/24-2.50	4/10/21	Wichita State Open
5.	Long Jump	6.94m/22-9.25	4/17/21	KT Woodman Classic
1.	Triple Jump	15.31m/50-2.75(w)	4/24/21	John McDonnell Inv.
9.	Long Jump	7.31m/23-11.75(w)	4/25/21	John McDonnell Inv.
5.	Long Jump	7.43m/24-4.50	4/30/21	Rock Chalk Classic

ERIC ETIE

--.	Pole Vault	NH	3/27/21	Shocker Spring Invite
--.	Pole Vault	NH	4/10/21	Wichita State Open
--.	Pole Vault	NH	4/17/21	KT Woodman Classic

ADAM GAUZY

4.	400 Meters	49.07	3/27/21	Shocker Spring Invite
5.	400 Meters	48.86	4/10/21	Wichita State Open
3.	200 Meters	21.88	4/17/21	KT Woodman Classic
1.	400 Meters	49.93	4/17/21	KT Woodman Classic
14.	200 Meters	21.87	4/24/21	John McDonnell Inv.
19.	400 Meters	49.19	4/25/21	John McDonnell Inv.
11.	400 Meters	48.90	5/1/21	Rock Chalk Classic

JOAKIM GENEREUX

1.	200 Meters	21.54	3/27/21	Shocker Spring Invite
1.	200 Meters	21.77	4/17/21	KT Woodman Classic
3.	400 Meters	50.44	4/17/21	KT Woodman Classic
7.	200 Meters	21.67	4/24/21	John McDonnell Inv.
7.	100 Meters	10.48(w)	4/25/21	John McDonnell Inv.
3.	200 Meters	21.23	4/30/21	Rock Chalk Classic
3.	100 Meters	10.46(w)	5/1/21	Rock Chalk Classic

YUBEN GONCALVES

6.	110-M Hurdles	15.81	3/27/21	Shocker Spring Invite
1.	400-M Hurdles	54.28	3/27/21	Shocker Spring Invite
2.	400-M Hurdles	54.40	4/10/21	Wichita State Open
3.	400-M Hurdles	53.99	4/17/21	KT Woodman Classic
1.	Triple Jump	14.44m/47-4.50	4/17/21	KT Woodman Classic
5.	400-M Hurdles	52.87	4/24/21	John McDonnell Inv.
3.	Triple Jump	15.08m/49-5.75	4/24/21	John McDonnell Inv.
12.	Long Jump	7.06m/23-2(w)	4/25/21	John McDonnell Inv.
17.	400-M Hurdles	56.52	4/30/21	Rock Chalk Classic
4.	Triple Jump	14.75m/48-4.75(w)	5/1/21	Rock Chalk Classic

DAE'TRELL GORDON

12.	Hammer Throw	40.22m/131-11	3/26/21	Shocker Spring Invite
8.	Discus	45.05m/147-10	3/27/21	Shocker Spring Invite
7.	Shot Put	15.13m/49-7.75	4/10/21	Wichita State Open
9.	Discus	42.94m/140-10	4/10/21	Wichita State Open
--.	Hammer Throw	NM	4/10/21	Wichita State Open
9.	Shot Put	14.59m/47-10.50	4/17/21	KT Woodman Classic
2.	Discus	48.51m/159-2	4/17/21	KT Woodman Classic
--.	Hammer Throw	NM	4/17/21	KT Woodman Classic
--.	Shot Put	NM	4/24/21	John McDonnell Inv.
7.	Discus	42.54m/139-7	4/25/21	John McDonnell Inv.
--.	Shot Put	NM	5/1/21	Rock Chalk Classic
20.	Discus	45.63m/149-8	5/1/21	Rock Chalk Classic

CADE HEIKES

13.	1,500 Meters	4:27.03	3/26/21	Shocker Spring Invite
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JED HELKER

3.	1,500 Meters	3:51.39	3/26/21	Shocker Spring Invite
--.	800 Meters	DNF	3/27/21	Shocker Spring Invite
9.	1,500 Meters	3:47.42	4/2/21	Hayward Premiere
4.	800 Meters	1:53.55	4/10/21	Wichita State Open
--.	10,000 Meters	DNF	4/10/21	Wichita State Open
3.	1,500 Meters	3:44.22	4/24/21	John McDonnell Inv.
6.	800 Meters	1:51.90	4/25/21	John McDonnell Inv.
3.	5,000 Meters	14:24.66	4/30/21	Rock Chalk Classic

JOSEPH HOLTHUSEN

1.	110-M Hurdles	14.24	3/27/21	Shocker Spring Invite
3.	400-M Hurdles	1:00.00	3/27/21	Shocker Spring Invite
2.	110-M Hurdles	14.37	4/10/21	Wichita State Open
13.	400-M Hurdles	59.29	4/10/21	Wichita State Open
15.	100 Meters	11.14	4/17/21	KT Woodman Classic
2.	110-M Hurdles	14.38	4/17/21	KT Woodman Classic
7.	110-M Hurdles (P)	14.49(w)q	4/25/21	John McDonnell Inv.
7.	110-M Hurdles (P)	14.41(w)	4/25/21	John McDonnell Inv.
8.	110-M Hurdles	14.02(w)	5/1/21	Rock Chalk Classic

KIERON HUNTER

--.	110-M Hurdles	DQ	3/27/21	Shocker Spring Invite
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2021 SEASON RESULTS

ETHAN KOSSOVER

8.	5,000 Meters	15:05.82	3/26/21	Shocker Spring Invite
7.	3K Steeple Inv.	9:01.42	4/2/21	Hayward Premiere
1.	3K Steeplechase	9:02.23	4/10/21	Wichita State Open
10.	1,500 Meters	4:02.66	4/17/21	KT Woodman Classic
3.	3K Steeplechase	8:58.45	4/24/21	John McDonnell Inv.

WESTON LEWIS

4.	High Jump	2.00m/6-6.75	4/10/21	Wichita State Open
4.	High Jump	2.05m/6-8.75	4/24/21	John McDonnell Inv.
8.	High Jump	1.90m/6-2.75	5/1/21	Rock Chalk Classic

CAUY LINDSAY

7.	Javelin	58.90m/193-3	3/26/21	Shocker Spring Invite
2.	Javelin	61.19m/200-9	4/10/21	Wichita State Open
6.	Javelin	55.84m/183-2	4/17/21	KT Woodman Classic
4.	Javelin	55.82m/183-2	4/24/21	John McDonnell Inv.
6.	Javelin	58.26m/191-2	4/30/21	Rock Chalk Classic

CHONNOR LUDOLPH

15.	Shot Put	11.76m/38-7	4/10/21	Wichita State Open
8.	Javelin	54.54m/178-11	4/10/21	Wichita State Open
6.	110-M Hurdles	14.95	4/17/21	KT Woodman Classic
15.	Discus	27.92m/91-7	4/17/21	KT Woodman Classic
9.	Javelin	50.25m/164-10	4/17/21	KT Woodman Classic
8.	Javelin	47.38m/155-5	4/24/21	John McDonnell Inv.
14.	110-M Hurdles (P)	14.91(w)	4/25/21	John McDonnell Inv.
11.	Discus	25.84m/84-9.50	4/25/21	John McDonnell Inv.

BRITTE MAGNUSON

1.	3K Steeplechase	9:51.77	3/26/21	Shocker Spring Invite
8.	3K Steeplechase	9:41.89	4/10/21	Wichita State Open
7.	5,000 Meters	15:05.55	4/17/21	KT Woodman Classic
11.	3K Steeplechase	9:22.28	4/24/21	John McDonnell Inv.
14.	1,500 Meters	3:58.91	4/30/21	Rock Chalk Classic

CORY MARTENS

6.	Hammer Throw	56.11m/184-1	3/26/21	Shocker Spring Invite
4.	Shot Put	16.56m/54-4	3/27/21	Shocker Spring Invite
3.	Discus	51.57m/169-2	3/27/21	Shocker Spring Invite
7.	Hammer Throw	56.29m/184-8	4/2/21	Hayward Premiere
2.	Shot Put	16.02m/52-6.75	4/3/21	Hayward Premiere
3.	Discus	50.87m/166-10	4/3/21	Hayward Premiere
1.	Shot Put	16.84m/55-3	4/10/21	Wichita State Open
3.	Discus	49.66m/162-11	4/10/21	Wichita State Open
2.	Shot Put	16.87m/55-4.25	4/17/21	KT Woodman Classic
1.	Discus	51.93m/170-4	4/17/21	KT Woodman Classic
1.	Shot Put	17.53m/57-6.25	4/24/21	John McDonnell Inv.
6.	Hammer Throw	60.92m/199-10	4/24/21	John McDonnell Inv.
1.	Discus	53.79m/176-5	4/25/21	John McDonnell Inv.
8.	Hammer Throw	62.08m/203-8	4/30/21	Rock Chalk Classic
10.	Discus	52.41m/171-11	5/1/21	Rock Chalk Classic

BRYCE MERRIMAN

8.	1,500 Meters	3:56.95	4/10/21	Wichita State Open
--.	10,000 Meters	DNF	4/10/21	Wichita State Open
5.	1,500 Meters	3:54.54	4/17/21	KT Woodman Classic
--.	5,000 Meters	DNF	4/17/21	KT Woodman Classic
18.	1,500 Meters	3:52.81	4/24/21	John McDonnell Inv.
6.	1,500 Meters	3:51.13	4/30/21	Rock Chalk Classic

JALEEL MONTGOMERY

1.	100 Meters	10.66	3/27/21	Shocker Spring Invite
3.	200 Meters	22.07	3/27/21	Shocker Spring Invite
12.	200 Meters	22.24	4/10/21	Wichita State Open
3.	110-M Hurdles	14.90	4/10/21	Wichita State Open
1.	100 Meters	10.71(w)	4/17/21	KT Woodman Classic
11.	110-M Hurdles	15.97	4/17/21	KT Woodman Classic
9.	200 Meters	22.51	4/17/21	KT Woodman Classic
19.	200 Meters	22.14	4/24/21	John McDonnell Inv.
11.	110-M Hurdles (P)	14.71(w)	4/25/21	John McDonnell Inv.
17.	200 Meters	21.92	4/30/21	Rock Chalk Classic
13.	110-M Hurdles	14.53(w)	5/1/21	Rock Chalk Classic

ALEX MOEN

14.	5,000 Meters	15:44.34	3/26/21	Shocker Spring Invite
15.	10,000 Meters	41:41.62	4/10/21	Wichita State Open
19.	5,000 Meters	15:09.52	4/30/21	Rock Chalk Classic

ADAM MOORE

2.	1,500 Meters	3:51.36	3/26/21	Shocker Spring Invite
6.	800 Meters	1:53.77	4/10/21	Wichita State Open
2.	1,500 Meters	3:47.19	4/17/21	KT Woodman Classic
4.	1,500 Meters	3:44.67	4/24/21	John McDonnell Inv.
11.	800 Meters	1:52.22	4/30/21	Rock Chalk Classic

ANTONIO NORMAN

3.	400-M Hurdles	54.48	4/10/21	Wichita State Open
8.	200 Meters	22.47	4/17/21	KT Woodman Classic
9.	400 Meters	51.11	4/17/21	KT Woodman Classic
3.	400-M Hurdles	52.06	4/24/21	John McDonnell Inv.
3.	110-M Hurdles (P)	13.95(w)q	4/25/21	John McDonnell Inv.
3.	110-M Hurdles (F)	13.81(w)q	4/25/21	John McDonnell Inv.
14.	400-M Hurdles	54.74	4/30/21	Rock Chalk Classic
2.	110-M Hurdles	13.92(w)	5/1/21	Rock Chalk Classic

BRADY PALEN

1.	High Jump	2.05m/6-8.75	3/27/21	Shocker Spring Invite
3.	High Jump	2.00m/6-6.75	4/10/21	Wichita State Open
1.	High Jump	2.11m/6-11	4/24/21	John McDonnell Inv.
2.	High Jump	2.05m/6-8.75	5/1/21	Rock Chalk Classic

ZACK PENROD

1.	1,500 Meters	3:50.75	3/26/21	Shocker Spring Invite
1.	800 Meters	1:52.62	3/27/21	Shocker Spring Invite
2.	1,500 Meters	3:43.64	4/2/21	Hayward Premiere
2.	800 Meters	1:52.10	4/10/21	Wichita State Open
--.	1,500 Meters	DNF	4/10/21	Wichita State Open
1.	1,500 Meters	3:43.39	4/24/21	John McDonnell Inv.
9.	800 Meters	1:52.04	4/25/21	John McDonnell Inv.
7.	1,500 Meters	3:43.97	5/1/21	Trials of Miles KC

JD PRINSLOO

5.	400 Meters	50.21	3/27/21	Shocker Spring Invite
16.	400 Meters	50.16	4/10/21	Wichita State Open
18.	100 Meters	11.21	4/17/21	KT Woodman Classic
10.	200 Meters	22.62	4/17/21	KT Woodman Classic
25.	200 Meters	22.50(w)	4/24/21	John McDonnell Inv.
22.	400 Meters	49.58	4/25/21	John McDonnell Inv.
24.	400 Meters	52.50	5/1/21	Rock Chalk Classic

CHANDLER STIAWALT

17.	Discus	36.46m/119-7	4/10/21	Wichita State Open
10.	Discus	39.68m/130-2	4/17/21	KT Woodman Classic
3.	Javelin	63.02m/206-9	4/17/21	KT Woodman Classic
3.	High Jump	1.86m/6-1.25	4/17/21	KT Woodman Classic

TARAN TAYLOR

4.	Javelin	68.72m/225-5	3/26/21	Shocker Spring Invite
3.	Javelin	69.14m/226-10	4/2/21	Hayward Premiere
2.	Javelin	71.37m/234-2	4/17/21	KT Woodman Classic
1.	Javelin	71.03m/233-0	4/24/21	John McDonnell Inv.

ETHAN TOY

5.	Long Jump	6.57m/21-6.75	3/27/21	Shocker Spring Invite
1.	Triple Jump	12.87m/42-2.75	3/27/21	Shocker Spring Invite
9.	Long Jump	6.65m/21-10	4/10/21	Wichita State Open
7.	Triple Jump	12.58m/41-3.25	4/10/21	Wichita State Open
11.	Long Jump	7.11m/23-4(w)	4/25/21	John McDonnell Inv.
8.	Long Jump	7.12m/23-4.50	4/30/21	Rock Chalk Classic

NATE VANN

11.	Javelin	44.51m/146-0	3/26/21	Shocker Spring Invite
3.	110-M Hurdles	15.24	3/27/21	Shocker Spring Invite
3.	Long Jump	7.00m/22-11.75	3/27/21	Shocker Spring Invite
--.	Pole Vault	NH	3/27/21	Shocker Spring Invite
14.	100 Meters	10.82	4/10/21	Wichita State Open

2021 SEASON RESULTS



17.	110-M Hurdles	16.99	4/10/21	Wichita State Open
10.	Long Jump	6.57m/21-6.75	4/10/21	Wichita State Open
--.	Pole Vault	NH	4/10/21	Wichita State Open
7.	200 Meters	22.36	4/17/21	KT Woodman Classic
1.	Pole Vault	4.57m/15-0	4/17/21	KT Woodman Classic
4.	Decathlon	6,989 points	4/25/21	John McDonnell Inv.
	4. 100 Meters	11.04		
	2. Long Jump	7.01m/23-0(w)		
	5. Shot Put	12.04m/39-6		
	4. High Jump	1.89m/6-2.25		
	2. 400 Meters	49.54		
	5. 110-M Hurdles	15.28		
	9. Discus	31.41m/103-0		
	5. Pole Vault	4.60m/15-1		
	7. Javelin	42.96m/140-11		
	5. 1,500 Meters	4:55.08		
T7.	Pole Vault "B"	4.52m/14-10	4/30/21	Rock Chalk Classic
23.	110-M Hurdles	15.45(w)	5/1/21	Rock Chalk Classic

22.	100-M Hurdles	15.48(w)	4/25/21	John McDonnell Inv.
--.	400-M Hurdles	DQ	4/30/21	Rock Chalk Classic
14.	100-M Hurdles	14.46	5/1/21	Rock Chalk Classic

JACQUE DARBY

1.	100 Meters	11.81	3/27/21	Shocker Spring Invite
1.	200 Meters	24.47	3/27/21	Shocker Spring Invite
1.	Long Jump	5.96m/19-6.75	3/27/21	Shocker Spring Invite
3.	200 Meters	24.67	4/10/21	Wichita State Open
2.	Long Jump	5.70m/18-8.50	4/10/21	Wichita State Open
2.	200 Meters	24.48	4/17/21	KT Woodman Classic
16.	200 Meters	24.72	4/24/21	John McDonnell Inv.
4.	100 Meters	11.73	4/25/21	John McDonnell Inv.
12.	Long Jump	5.46m/17-11	4/25/21	John McDonnell Inv.
8.	200 Meters	24.00	4/30/21	Rock Chalk Classic
3.	Long Jump	5.91m/19-4.75(w)	4/30/21	Rock Chalk Classic
10.	100 Meters	11.71(w)	5/1/21	Rock Chalk Classic

MIRANDA DICK

9.	3,000 Meters	11:42.17	3/26/21	Shocker Spring Invite
14.	1,500 Meters	5:08.00	4/17/21	KT Woodman Classic

PAULA GARCIA

2.	400 Meters	57.33	3/27/21	Shocker Spring Invite
6.	Triple Jump	11.19m/36-8.50	3/27/21	Shocker Spring Invite
1.	100 Meters	11.68	4/10/21	Wichita State Open
2.	200 Meters	24.23	4/10/21	Wichita State Open
1.	200 Meters	24.31	4/17/21	KT Woodman Classic
3.	Triple Jump	11.62m/38-1.50	4/17/21	KT Woodman Classic
5.	200 Meters	24.08	4/24/21	John McDonnell Inv.
6.	100 Meters	11.84	4/25/21	John McDonnell Inv.
7.	200 Meters	23.94	4/30/21	Rock Chalk Classic

EMILY GARDINER

2.	Pole Vault	3.67m/12-0.50	3/27/21	Shocker Spring Invite
5.	Pole Vault	3.36m/11-0.25	4/10/21	Wichita State Open
3.	Pole Vault	3.52m/11-6.50	4/17/21	KT Woodman Classic
11.	Pole Vault	3.79m/12-5.25	4/24/21	John McDonnell Inv.
9.	Pole Vault	3.66m/12-0	5/1/21	Rock Chalk Classic

ANNA HEACOCK

6.	100-M Hurdles	14.79	3/27/21	Shocker Spring Invite
6.	400-M Hurdles	1:10.97	3/27/21	Shocker Spring Invite
13.	Long Jump	4.87m/15-11.75	3/27/21	Shocker Spring Invite
5.	Javelin "B"	29.51m/96-10	3/27/21	Shocker Spring Invite
20.	Shot Put	8.76m/28-9	4/10/21	Wichita State Open
10.	High Jump	1.45m/4-9	4/10/21	Wichita State Open
4.	Heptathlon	4,396 points	4/15/21	KT Woodman Classic
	3. 100-M Hurdles	14.64		
	T7. High Jump	1.51m/4-11.50		
	14. Shot Put	8.82m/28-11.25		
	3. 200 Meters	26.34		
	T6. Long Jump	5.03m/16-6		
	3. Javelin	31.47m/103-3		
	10. 800 Meters	2:39.13		
1.	100-M Hurdles	14.69	4/17/21	KT Woodman Classic
4.	400-M Hurdles	1:07.31	4/17/21	KT Woodman Classic
10.	400-M Hurdles	1:06.18	4/24/21	John McDonnell Inv.
18.	100-M Hurdles	15.03(w)	4/25/21	John McDonnell Inv.
23.	Long Jump	5.12m/16-9.75	4/25/21	John McDonnell Inv.
16.	400-M Hurdles	1:08.08	4/30/21	Rock Chalk Classic

KENDRA HENRY

10.	100-M Hurdles	15.04	3/27/21	Shocker Spring Invite
14.	Long Jump	4.83m/15-10.25	3/27/21	Shocker Spring Invite
13.	Shot Put	12.72m/41-8.75	3/27/21	Shocker Spring Invite
1.	Javelin "B"	46.80m/153-6	3/27/21	Shocker Spring Invite
42.	200 Meters	27.43	4/24/21	John McDonnell Inv.
1.	Javelin	47.90m/157-2	4/24/21	John McDonnell Inv.

ERIKA HOAG

4.	Javelin	39.37m/129-2	3/26/21	Shocker Spring Invite
11.	Javelin	37.22m/122-1	4/10/21	Wichita State Open
3.	Javelin	39.55m/129-9	4/17/21	KT Woodman Classic

WOMEN'S RESULTS BY ATHLETE

ALEX ADAMS

9.	Hammer Throw	53.27m/174-9	3/26/21	Shocker Spring Invite
6.	Discus	41.64m/136-7	3/27/21	Shocker Spring Invite
3.	Discus	40.97m/134-5	4/10/21	Wichita State Open
7.	Hammer Throw	53.22m/174-7	4/10/21	Wichita State Open
1.	Hammer Throw	53.74m/176-3	4/17/21	KT Woodman Classic
3.	Hammer Throw	54.12m/177-7	4/24/21	John McDonnell Inv.
4.	Discus	41.67m/136-8	4/24/21	John McDonnell Inv.
16.	Hammer Throw	52.37m/171-10	4/30/21	Rock Chalk Classic
19.	Discus	41.08m/134-9	5/1/21	Rock Chalk Classic

CASSIDY ANDROFF

15.	Hammer Throw	42.89m/140-8	3/26/21	Shocker Spring Invite
11.	Discus	37.97m/124-7	3/27/21	Shocker Spring Invite
11.	Hammer Throw	47.68m/156-5	4/10/21	Wichita State Open
4.	Hammer Throw	48.97m/160-8	4/17/21	KT Woodman Classic
4.	Hammer Throw	52.35m/171-9	4/24/21	John McDonnell Inv.
17.	Hammer Throw	52.24m/171-5	4/30/21	Rock Chalk Classic

SADIE BOOS

13.	Hammer Throw	45.14m/148-1	3/26/21	Shocker Spring Invite
8.	Hammer Throw	51.49m/168-11	4/10/21	Wichita State Open
6.	Hammer Throw	44.78m/146-11	4/17/21	KT Woodman Classic
--.	Hammer Throw	NM	4/24/21	John McDonnell Inv.
22.	Hammer Throw	47.35m/155-4	4/30/21	Rock Chalk Classic

HALIE BROWN

7.	Javelin	32.68m/107-3	3/26/21	Shocker Spring Invite
15.	Javelin	35.45m/116-4	4/10/21	Wichita State Open
2.	Javelin	39.77m/130-5	4/17/21	KT Woodman Classic
5.	Javelin	29.29m/96-1	4/24/21	John McDonnell Inv.
19.	Javelin	34.49m/113-2	4/30/21	Rock Chalk Classic

BEY LEE BRUMMET

6.	Javelin	34.80m/114-2	3/26/21	Shocker Spring Invite
18.	Javelin	32.89m/107-11	4/10/21	Wichita State Open
5.	Javelin	37.54m/123-2	4/17/21	KT Woodman Classic
12.	Javelin	38.53m/126-5	4/30/21	Rock Chalk Classic

DAYSHA BULLOCKS

3.	400-M Hurdles	1:06.07	3/27/21	Shocker Spring Invite
2.	400-M Hurdles	1:02.69	4/10/21	Wichita State Open
3.	400-M Hurdles	1:05.40	4/17/21	KT Woodman Classic
5.	400-M Hurdles	1:03.17	4/24/21	John McDonnell Inv.
--.	400-M Hurdles	DQ	4/30/21	Rock Chalk Classic
15.	400 Meters	59.93	5/1/21	Rock Chalk Classic

ANVCIA COLE

1.	100-M Hurdles	14.58	4/10/21	Wichita State Open
--.	400-M Hurdles	DNF	4/10/21	Wichita State Open
2.	100-M Hurdles	14.73	4/17/21	KT Woodman Classic
2.	400-M Hurdles	15.61	4/17/21	KT Woodman Classic
6.	400-M Hurdles	1:03.22	4/24/21	John McDonnell Inv.



2021 SEASON RESULTS

3.	Javelin	37.39m/122-8	4/24/21	John McDonnell Inv.
16.	Javelin	35.74m/117-3	4/30/21	Rock Chalk Classic

GABBY HOPKINS

--.	Shot Put	NM	3/27/21	Shocker Spring Invite
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KOURTNI HUBERT

3.	Javelin	44.45m/145-10	3/26/21	Shocker Spring Invite
7.	Javelin	40.63m/133-4	4/10/21	Wichita State Open

MARISSA JENSEN

T3.	High Jump	1.60m/5-3	3/27/21	Shocker Spring Invite
4.	High Jump	1.65m/5-5	4/10/21	Wichita State Open
4.	High Jump	1.55m/5-1	4/17/21	KT Woodman Classic
7.	High Jump	1.55m/5-1	4/25/21	John McDonnell Inv.
T12.	High Jump	1.58m/5-2.25	4/30/21	Rock Chalk Classic

AMANDA KAKOULIAS

8.	Shot Put	14.13m/46-4.25	3/27/21	Shocker Spring Invite
7.	Discus	41.56m/136-4	3/27/21	Shocker Spring Invite
2.	Shot Put	13.97m/45-10	4/10/21	Wichita State Open
2.	Discus	41.08m/134-9	4/10/21	Wichita State Open
2.	Shot Put	14.15m/46-5.25	4/17/21	KT Woodman Classic
1.	Discus	45.15m/148-1	4/17/21	KT Woodman Classic
5.	Discus	40.77m/133-9	4/24/21	John McDonnell Inv.
2.	Shot Put	14.59m/47-10.50	4/25/21	John McDonnell Inv.
16.	Shot Put	14.31m/46-11.50	5/1/21	Rock Chalk Classic
21.	Discus	37.11m/121-9	5/1/21	Rock Chalk Classic

ANNA KELLER

8.	800 Meters	2:29.29	3/27/21	Shocker Spring Invite
13.	1,500 Meters	4:53.96	4/10/21	Wichita State Open
13.	1,500 Meters	5:04.56	4/17/21	KT Woodman Classic
23.	1,500 Meters	4:53.32	4/30/21	Rock Chalk Classic

SHARON KIPROP

6.	3,000 Meters	10:30.64	3/26/21	Shocker Spring Invite
7.	800 Meters	2:18.75	3/27/21	Shocker Spring Invite
9.	800 Meters	2:17.49	4/10/21	Wichita State Open
6.	1,500 Meters	4:43.49	4/17/21	KT Woodman Classic
--.	5,000 Meters	DNF	4/17/21	KT Woodman Classic
6.	5,000 Meters	17:50.85	4/30/21	Rock Chalk Classic

WINNY KOSKEI

2.	3,000 Meters	9:53.08	3/26/21	Shocker Spring Invite
18.	10,000 M Inv.	34:12.23	4/2/21	Hayward Premiere
1.	1,500 Meters	4:39.05	4/17/21	KT Woodman Classic
--.	5,000 Meters	DNF	4/17/21	KT Woodman Classic
8.	5,000 M Inv.	16:50.09	4/24/21	John McDonnell Inv.

DESTINY MASTERS

7.	200 Meters	26.77	3/27/21	Shocker Spring Invite
9.	100-M Hurdles	14.93	3/27/21	Shocker Spring Invite
5.	Long Jump	5.45m/17-10.75	3/27/21	Shocker Spring Invite
2.	Javelin "B"	34.12m/111-11	3/27/21	Shocker Spring Invite
2.	High Jump	1.65m/5-5	3/27/21	Shocker Spring Invite
39.	200 Meters	26.34	4/24/21	John McDonnell Inv.
15.	100-M Hurdles	14.44(w)	4/25/21	John McDonnell Inv.
10.	Long Jump	5.66m/18-7(w)	4/25/21	John McDonnell Inv.
16.	Long Jump	5.34m/17-6.25	4/30/21	Rock Chalk Classic
4.	High Jump	1.73m/5-8	4/30/21	Rock Chalk Classic

SEMAJ MCGHEE

4.	Long Jump	5.45m/17-10.75	3/27/21	Shocker Spring Invite
1.	Triple Jump	11.69m/38-4.25	3/27/21	Shocker Spring Invite
T3.	High Jump	1.60m/5-3	3/27/21	Shocker Spring Invite
5.	Long Jump	5.56m/18-3	4/10/21	Wichita State Open
7.	Triple Jump	11.53m/37-10	4/10/21	Wichita State Open
--.	High Jump	NH	4/10/21	Wichita State Open
3.	High Jump	1.60m/5-3	4/17/21	KT Woodman Classic
8.	Triple Jump	11.98m/39-3.75	4/24/21	John McDonnell Inv.

NICOLE MCMILLEN

3.	3,000 Meters	10:01.68	3/27/21	Shocker Spring Invite
7.	3K Steeple Inv.	10:32.45	4/2/21	Hayward Premiere
2.	5,000 Meters	17:02.80	4/10/21	Wichita State Open
5.	3K Steeplechase	10:21.09	4/24/21	John McDonnell Inv.
9.	1,500 Meters	4:35.45	4/30/21	Rock Chalk Classic

TANIYAH MCMILLIAN

1.	400 Meters	56.94	4/10/21	Wichita State Open
4.	200 Meters	25.10	4/17/21	KT Woodman Classic
18.	200 Meters	24.86	4/24/21	John McDonnell Inv.
19.	200 Meters	24.67	4/30/21	Rock Chalk Classic

JALEN MILLIGAN

12.	100-M Hurdles	16.53	3/27/21	Shocker Spring Invite
9.	Long Jump	5.23m/17-2	3/27/21	Shocker Spring Invite
14.	100-M Hurdles	16.23	4/10/21	Wichita State Open
9.	Long Jump	5.34m/17-6.25	4/10/21	Wichita State Open
7.	100-M Hurdles	16.01	4/17/21	KT Woodman Classic
8.	Long Jump	5.22m/17-1.50	4/17/21	KT Woodman Classic
18.	Long Jump	5.29m/17-4.25	4/30/21	Rock Chalk Classic
24.	100 Meters	12.52(w)	5/1/21	Rock Chalk Classic
24.	100-M Hurdles	15.50(w)	5/1/21	Rock Chalk Classic

EZINNE OKORO

11.	Long Jump	4.96m/16-3.25	3/27/21	Shocker Spring Invite
4.	Triple Jump	11.41m/37-5.25	3/27/21	Shocker Spring Invite
14.	Long Jump	5.20m/17-0.75	4/10/21	Wichita State Open
3.	Triple Jump	11.79m/38-8.25	4/10/21	Wichita State Open
10.	Long Jump	5.09m/16-8.50	4/17/21	KT Woodman Classic
1.	Triple Jump	11.75m/38-6.75(w)	4/17/21	KT Woodman Classic
11.	Triple Jump	11.49m/37-8.50	4/24/21	John McDonnell Inv.
18.	Long Jump	5.32m/17-5.50	4/25/21	John McDonnell Inv.
22.	Long Jump	4.91m/16-1.50	4/30/21	Rock Chalk Classic
7.	Triple Jump	11.77m/38-7.50(w)	5/1/21	Rock Chalk Classic

MCKENNA PAINTIN

5.	3,000 Meters	10:28.80	3/26/21	Shocker Spring Invite
4.	3K Steeplechase	11:28.33	4/10/21	Wichita State Open
9.	5,000 Meters	18:02.24	4/17/21	KT Woodman Classic
18.	800 Meters	4:52.29	4/24/21	John McDonnell Inv.
10.	5,000 Meters	18:17.30	4/30/21	Rock Chalk Classic

NEREA QUIROS

11.	100-M Hurdles	15.08	3/27/21	Shocker Spring Invite
6.	Long Jump	5.42m/17-9.50	3/27/21	Shocker Spring Invite
1.	200 Meters	25.65	4/10/21	Wichita State Open
7.	100-M Hurdles	15.14	4/10/21	Wichita State Open
12.	Long Jump	5.26m/17-3.25	4/10/21	Wichita State Open
5.	100-M Hurdles	15.61	4/17/21	KT Woodman Classic
2.	Long Jump	5.58m/18-3.75(w)	4/17/21	KT Woodman Classic
8.	Long Jump	5.64m/18-6(w)	4/30/21	Rock Chalk Classic
18.	100-M Hurdles	14.91(w)	5/1/21	Rock Chalk Classic

DANIELLE RINN

4.	3,000 Meters	10:27.88	3/26/21	Shocker Spring Invite
3.	1,500 Meters	4:42.21	4/17/21	KT Woodman Classic
4.	5,000 Meters	17:36.04	4/24/21	John McDonnell Inv.
15.	1,500 Meters	4:42.69	4/30/21	Rock Chalk Classic

CLAUDIA ROJO

2.	100-M Hurdles	14.23	3/27/21	Shocker Spring Invite
1.	400-M Hurdles	1:01.21	3/27/21	Shocker Spring Invite
3.	100-M Hurdles	14.26	4/3/21	Hayward Premiere
3.	400-M Hurdles	1:00.53	4/3/21	Hayward Premiere
1.	400-M Hurdles	1:00.85	4/10/21	Wichita State Open
8.	400-M Hurdles	1:02.12	4/30/21	Rock Chalk Classic
9.	100-M Hurdles	14.10(w)	5/1/21	Rock Chalk Classic

2021 SEASON RESULTS



MARIA ROMERO

5.	100-M Hurdles	14.78	3/27/21	Shocker Spring Invite
7.	Long Jump	5.37m/17-7.50	3/27/21	Shocker Spring Invite
7.	Javelin "B"	28.41m/93-2	3/27/21	Shocker Spring Invite
2.	Heptathlon	4,603 points	4/15/21	KT Woodman Classic
	2. 100-M Hurdles	14.59		
	T5. High Jump	1.54m/5-0.50		
	4. Shot Put	10.29m/33-9.25		
	6. 200 Meters	26.90		
	2. Long Jump	5.24m/17-2.25		
	6. Javelin	28.24m/92-8		
	1. 800 Meters	2:29.20		
41.	200 Meters	27.31	4/24/21	John McDonnell Inv.
16.	100-M Hurdles	14.56(w)	4/25/21	John McDonnell Inv.
13.	Long Jump	5.45m/17-10.75(w)	4/25/21	John McDonnell Inv.
44.	200 Meters	26.62	4/30/21	Rock Chalk Classic
15.	Long Jump	5.37m/17-7.50	4/30/21	Rock Chalk Classic
12.	100-M Hurdles	14.43	5/1/21	Rock Chalk Classic

JOCELEN RUTH

12.	Hammer Throw	46.13m/151-4	3/26/21	Shocker Spring Invite
5.	Javelin	35.13m/115-3	3/26/21	Shocker Spring Invite
9.	Discus	38.76m/127-2	3/27/21	Shocker Spring Invite
9.	Discus	37.56m/123-3	4/10/21	Wichita State Open
9.	Hammer Throw	48.85m/160-3	4/10/21	Wichita State Open
--.	Javelin	NM	4/10/21	Wichita State Open
7.	Discus	34.36m/112-8	4/17/21	KT Woodman Classic
3.	Hammer Throw	49.50m/162-5	4/17/21	KT Woodman Classic
6.	Hammer Throw	49.16m/161-3	4/24/21	John McDonnell Inv.
9.	Discus	34.10m/111-10	4/24/21	John McDonnell Inv.
4.	Javelin	33.53m/110-0	4/24/21	John McDonnell Inv.
19.	Hammer Throw	49.96m/163-11	4/30/21	Rock Chalk Classic

HOPE SAUNDERS

7.	3,000 Meters	10:49.03	3/26/21	Shocker Spring Invite
16.	1,500 Meters	5:00.11	4/10/21	Wichita State Open
13.	5,000 Meters	18:46.89	4/17/21	KT Woodman Classic

SARAH SCHAAR

10.	3,000 Meters	11:46.30	3/26/21	Shocker Spring Invite
16.	5,000 Meters	19:31.03	4/17/21	KT Woodman Classic

DESTINI STUEVER

18.	5,000 Meters	19:50.16	4/17/21	KT Woodman Classic
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MARGUAX THOMPSON

8.	Pole Vault	3.37m/11-0.75	3/27/21	Shocker Spring Invite
T8.	Pole Vault	3.21m/10-6.25	4/10/21	Wichita State Open
4.	Pole Vault	3.37m/11-0.75	4/17/21	KT Woodman Classic
--.	Pole Vault	NH	5/1/21	Rock Chalk Classic

ERIN TOPHAM

8.	3,000 Meters	11:28.56	3/26/21	Shocker Spring Invite
15.	1,500 Meters	5:14.69	4/17/21	KT Woodman Classic
25.	1,500 Meters	5:00.35	4/30/21	Rock Chalk Classic

REBEKAH TOPHAM

1.	3,000 Meters	9:40.74	3/26/21	Shocker Spring Invite
4.	3K Steeple Inv.	10:04.38	4/2/21	Hayward Premiere
1.	1,500 Meters	4:23.22	4/10/21	Wichita State Open
--.	5,000 Meters	DNF	4/10/21	Wichita State Open
1.	5,000 Meters	16:30.57	4/17/21	KT Woodman Classic
1.	3K Steeplechase	9:58.39	4/24/21	John McDonnell Inv.
12.	3K Steeplechase	10:09.21	5/1/21	Trials of Miles KC

FAITH TURNER

8.	Long Jump	5.36m/17-7	3/27/21	Shocker Spring Invite
3.	Triple Jump	11.48m/37-8	3/27/21	Shocker Spring Invite
6.	200 Meters	25.00	4/10/21	Wichita State Open
2.	Triple Jump	11.81m/38-9	4/10/21	Wichita State Open
5.	200 Meters	25.31(w)	4/17/21	KT Woodman Classic
2.	Triple Jump	11.72m/38-5.50	4/17/21	KT Woodman Classic
23.	200 Meters	25.18	4/24/21	John McDonnell Inv.

5.	Triple Jump	12.16m/39-10.75(w)	4/24/21	John McDonnell Inv.
21.	Long Jump	5.29m/17-4.25(w)	4/25/21	John McDonnell Inv.
25.	200 Meters	24.91	4/30/21	Rock Chalk Classic
19.	Long Jump	5.06m/16-7.25	4/30/21	Rock Chalk Classic
6.	Triple Jump	11.85m/38-10.50(w)	5/1/21	Rock Chalk Classic

SHANIA VANNOSTER

6.	High Jump	1.55m/5-1	3/27/21	Shocker Spring Invite
T12.	High Jump	1.58m/5-2.25	4/30/21	Rock Chalk Classic

ALEXI WHATLEY

8.	100 Meters	27.78	3/27/21	Shocker Spring Invite
5.	400-M Hurdles	1:09.39	4/10/21	Wichita State Open
17.	200 Meters	27.68(w)	4/17/21	KT Woodman Classic
7.	400-M Hurdles	1:11.07	4/17/21	KT Woodman Classic

ALYSSA WHEELER

T6.	Pole Vault	3.37m/11-0.75	3/27/21	Shocker Spring Invite
10.	Pole Vault	3.21m/10-6.25	4/10/21	Wichita State Open
--.	Pole Vault	NH	4/17/21	KT Woodman Classic
--.	Pole Vault	NH	5/1/21	Rock Chalk Classic

SYDNEY WILSON

7.	100-M Hurdles	14.84	3/27/21	Shocker Spring Invite
15.	Shot Put	11.16m/36-7.50	3/27/21	Shocker Spring Invite
4.	Javelin "B"	32.60m/106-11	3/27/21	Shocker Spring Invite
5.	High Jump	1.60m/5-3	3/27/21	Shocker Spring Invite
4.	100-M Hurdles	14.84	4/10/21	Wichita State Open
8.	Long Jump	5.43m/17-9.75	4/10/21	Wichita State Open
--.	100-M Hurdles	FS	4/17/21	KT Woodman Classic
7.	Long Jump	5.31m/17-5.25(w)	4/17/21	KT Woodman Classic
1.	High Jump	1.71m/5-7.25	4/17/21	KT Woodman Classic
30.	200 Meters	25.51	4/24/21	John McDonnell Inv.
18.	100-M Hurdles	14.61(w)	4/25/21	John McDonnell Inv.
2.	High Jump	1.65m/5-5	4/25/21	John McDonnell Inv.
T7.	High Jump	1.63m/5-4.25	4/30/21	Rock Chalk Classic
11.	100-M Hurdles	14.24	5/1/21	Rock Chalk Classic

YAZMINE WRIGHT

4.	1,500 Meters	4:31.98	3/26/21	Shocker Spring Invite
--.	3,000 Meters	DNF	3/26/21	Shocker Spring Invite
11.	1,500 Meters	4:25.97	4/2/21	Hayward Premiere
1.	800 Meters	2:10.85	4/10/21	Wichita State Open
2.	1,500 Meters	4:23.33	4/10/21	Wichita State Open
7.	800 Meters	4:27.11	4/24/21	John McDonnell Inv.
5.	1,500 Meters	4:30.49	4/30/21	Rock Chalk Classic

ANNA ZIMMER

11.	Shot Put	13.18m/43-3	3/27/21	Shocker Spring Invite
12.	Discus	37.75m/123-10	3/27/21	Shocker Spring Invite
3.	Shot Put	13.55m/44-5.50	4/10/21	Wichita State Open
10.	Discus	37.48m/122-11	4/10/21	Wichita State Open
3.	Shot Put	13.60m/44-7.50	4/17/21	KT Woodman Classic
5.	Discus	37.66m/123-6	4/17/21	KT Woodman Classic
7.	Discus	37.54m/123-2	4/24/21	John McDonnell Inv.
4.	Shot Put	14.33m/47-0.25	4/25/21	John McDonnell Inv.
17.	Shot Put	14.29m/46-10.75	5/1/21	Rock Chalk Classic
22.	Discus	34.49m/113-2	5/1/21	Rock Chalk Classic



MEN'S PERSONAL BESTS

JEFF AST

SHOT PUT - 15.12M/49-7.75
WEIGHT THROW - 15.10M/49-6.5
DISCUS THROW - 45.22M/148-4
HAMMER THROW - 38.91M/127-8
JAVELIN - 62.09M/203-8

HUDSON BAILEY

HIGH JUMP - 2.00M/6-7
60 METERS - 7.45
110-METER HURDLES - 15.01
300-METER HURDLES - 39.46
JAVELIN - 36.52M/119-10
TRIPLE JUMP - 13.25M/43-6

BRYCE BEARDEN

POLE VAULT - 4.86M/15-11.25

TANNER BROWN

60 METERS - 6.79
100 METERS - 10.75 (10.54W)
200 METERS - 22.08
400 METERS - 47.99
600-YARDS - 1:13.56
800 METERS - 1:55.34
1,000 METERS - 2:40.41
1,500 METERS - 4:30.31
60-METER HURDLES - 8.74
110-METER HURDLES - 16.76
400-METER HURDLES - 59.03
HIGH JUMP - 1.95M/6-4.75
POLE VAULT - 4.20M/13-9.25
LONG JUMP - 6.67M/21-10.75
SHOT PUT - 12.18M/39-11.50
DISCUS THROW - 29.56M/97-0
JAVELIN - 45.89M/150-7
HEPTATHLON - 5,260 POINTS
DECATHLON - 6,301 POINTS

MICHAEL BRYAN

SHOT PUT - 14.53M/47-8
WEIGHT THROW - 21.17M/69-5.50
DISCUS THROW - 45.52M/149-4
HAMMER THROW - 70.45M/231-2
JAVELIN - 34.59M/113-6

JOSH CABLE

400 METERS - 52.33
600 METERS - 1:24.27
800 METERS - 1:53.15
1,500 METERS - 3:57.93

JACKSON CALDWELL

3,000 METERS - 8:43.32

AIDAN CAMP

SHOT PUT - 11.22M/36-9.75
WEIGHT THROW - 15.55M/51-0.25
DISCUS THROW - 38.57M/126-6
HAMMER THROW - 55.98M/183-8
JAVELIN - 42.91M/140-9

CREIGHTON CAMP

WEIGHT THROW - 13.68M/44-10.75
HAMMER THROW - 49.24M/161-6
SHOT PUT - 14.50M/47-7.25
DISCUS THROW - 41.09M/134-10

SHADRACK CHUMBA

MILE - 4:35.19
3,000 METERS - 9:18.26

DAVIS DUBBERT

60 METERS - 7.97
100 METERS - 12.25 (12.15W)
400 METERS - 54.19
1,000 METERS - 2:44.86
1,500 METERS - 4:38.89
60-METER HURDLES - 9.43
110-METER HURDLES - 17.08
HIGH JUMP - 2.08M/6-9.75
POLE VAULT - 4.00M/13-1.5
LONG JUMP - 6.12M/20-1
SHOT PUT - 11.39M/37-4.5
DISCUS THROW - 37.25M/122-2
JAVELIN - 64.32M/211-0
HEPTATHLON - 4,525 POINTS
DECATHLON - 6,332 POINTS

CLAYTON DUCHATSCHKE

800 METERS - 1:59.41
1,500 METERS - 3:59.10
3,000 METERS - 8:44.05
5,000 METERS - 14:28.18
3,000-METER STEEPLECHASE - 9:03.36

DOWDY ELAZARIG

100 METERS - 11.01
200 METERS - 22.26
LONG JUMP - 7.43M/24-4.50
TRIPLE JUMP - 15.31M/50-2.75

ERIC ETIE

POLE VAULT - 4.80M/15-9

BEN FLOWERS

800 METERS - 2:05.84
1,500 METERS - 3:55.32
MILE - 4:12.34
3,000 METERS - 8:33.01
5,000 METERS - 14:37.82

ADAM GAUZY

60 METERS - 7.03
200 METERS - 21.76
400 METERS - 47.59
600-YARDS - 1:13.04
600 METERS - 1:23.55

JOAKIM GENEREUX

60 METERS - 6.92
100 METERS - 10.48 (10.46W)
200 METERS - 21.23
300 METERS - 35.00

YUBEN GONCALVES

60-METER HURDLES - 8.30
400-METER HURDLES - 52.87
LONG JUMP - 7.22M/23-8.25
TRIPLE JUMP - 15.08M/49-5.75

DAE'TRELL GORDON

SHOT PUT - 15.93M/52-3.25
WEIGHT THROW - 13.70M/44-11.50
DISCUS THROW - 48.51M/159-2
HAMMER THROW - 38.74M/127-1

CADE HEIKES

MILE - 4:49.89
HS 3,200 METERS - 9:28

JED HELKER

800 METERS - 1:51.90
1,500 METERS - 3:44.22
MILE - 4:06.03
5,000 METERS - 14:24.66

JOSEPH HOLTHUSEN

60 METERS - 6.97
200 METERS - 22.27
60-METER HURDLES - 7.74
110-METER HURDLES - 14.19
400-METER HURDLES - 56.75

JAKE HORSCH

60 METERS - 7.05
100 METERS - 11.01
400 METERS - 48.05
600-YARDS - 1:11.57
600 METERS - 1:22.31
1,000 METERS - 2:33.28
1,500 METERS - 4:21.05
60-METER HURDLES - 8.39
110-METER HURDLES - 14.94
HIGH JUMP - 1.83M/6-0
POLE VAULT - 4.40M/14-5.25
LONG JUMP - 6.73M/22-1
SHOT PUT - 11.53M/37-10
DISCUS THROW - 37.12M/121-9
JAVELIN - 51.50M/168-11
HEPTATHLON - 5,338 POINTS
DECATHLON - 7,080 POINTS

KIERON HUNTER

110-METER HURDLES - 14.20

RJ HUTCHISON

400 METERS - 49.90
800 METERS - 1:58

JOSH KLEIN

1,500 METERS - 4:16.88
MILE - 4:26.27
3,000 METERS - 8:41.59
5,000 METERS - 14:56.97
10,000 METERS - 32:23.12

ETHAN KOSOVER

800 METERS - 2:00.29
1,500 METERS - 4:02.66
MILE - 4:19.53
3,000 METERS - 8:33.86
5,000 METERS - 14:51.66
3,000-METER STEEPLECHASE - 8:58.45

CORY LANDON

600 METERS - 1:22.84
800 METERS - 1:56.79
1,000 METERS - 2:34.87
1,500 METERS - 3:56.83
MILE - 4:17.84
3,000 METERS - 8:27.33
5,000 METERS - 14:59.50
3,000-METER STEEPLECHASE - 9:07.57

MEN'S PERSONAL BESTS



WESTON LEWIS

HIGH JUMP - 2.05M/6-8.75

CAUY LINDSAY

JAVELIN - 61.19M/200-9

SLAYDE LITTLE

60 METERS - 7.59

POLE VAULT - 4.90M/16-0.75

CHONNOR LUDOLPH

60 METERS - 7.20

100 METERS - 11.27

1,000 METERS - 2:51.80

60-METER HURDLES - 8.41

110-METER HURDLES - 14.91

HIGH JUMP - 1.85M/6-0.75

POLE VAULT - 4.15M/13-7.25

LONG JUMP - 6.44M/21-1.5

SHOT PUT - 11.76M/38-7

JAVELIN - 54.54M/178-11

HEPTATHLON - 4,520 POINTS

BRITTE MAGNUSON

3,000 METERS - 8:54.47

5,000 METERS - 15:05.55

3,000-METER STEEPLECHASE - 9:22.28

HS MILE - 4:24

HS 3,200 METERS - 9:38

CORY MARTENS

SHOT PUT - 17.63M/57-10.25

WEIGHT THROW - 19.97M/65-6.25

DISCUS THROW - 55.26M/181-3

HAMMER THROW - 62.08M/203-8

JAVELIN - 31.67M/103-11

BRYCE MERRIMAN

800 METERS - 1:57.07

1,500 METERS - 3:51.13

MILE - 4:12.38

KYLER MEYER

100 METERS - 11.40

200 METERS - 23.00

400 METERS - 50.00

800 METERS - 2:05

MILE - 5:07

300-METER HURDLES - 40.00

HIGH JUMP - 1.87M/6-2

TRIPLE JUMP - 13.13M/43-1.25

ALEX MOEN

1,500 METERS - 4:11.08

MILE - 4:25.28

3,000 METERS - 8:46.90

5,000 METERS - 15:09.52

10,000 METERS - 31:32.16

ASHER MOEN

3,000 METERS - 9:10.72

5,000 METERS - 16:29.91

HS 1,600 METERS - 4:25

HS 3,200 METERS - 9:24

JALEEL MONTGOMERY

60 METERS - 6.87

100 METERS - 10.66

200 METERS - 21.66

60-METER HURDLES - 8.08

110-METER HURDLES - 14.71 (14.53W)

ADAM MOORE

800 METERS - 1:52.22

MILE - 4:17.43

1,500 METERS - 3:43.2

ANTONIO NORMAN

200 METERS - 22.28

300 METERS - 34.50

400 METERS - 48.12

60-METER HURDLES - 7.79

400-METER HURDLES - 51.82

BRADY PALEN

HIGH JUMP - 2.11M/6-11

ZACK PENROD

800 METERS - 1:50.50

1,000 METERS - 2:25.08

MILE - 4:03.39

3,000 METERS - 8:37.01

JD PRINSLOO

400 METERS - 48.96

600 METERS - 1:20.94

TREY RIOS

1,600 METERS - 4:31

3,200 METERS - 9:21.3

5K (XC) - 16:12

CHANDLER STIAWALT

60 METERS - 7.35

100 METERS - 11.22

400 METERS - 52.03

1,000 METERS - 2:57.48

1,500 METERS - 4:49.83

60-METER HURDLES - 8.88

110-METER HURDLES - 15.61

HIGH JUMP - 1.99M/6-6.25

POLE VAULT - 4.17M/13-8.25

LONG JUMP - 6.87M/22-6.5

TRIPLE JUMP - 14.08M/46-2.5

SHOT PUT - 12.81M/42-0.50

DISCUS THROW - 39.68M/130-2

JAVELIN - 63.02M/206-9

HEPTATHLON - 4,580 POINTS

DECATHLON - 6,829 POINTS

TARAN TAYLOR

JAVELIN - 74.26M/243-8

ETHAN TOY

60 METERS - 7.11

LONG JUMP - 7.43M/24-4.5

TRIPLE JUMP - 13.66M/44-9.75

NATE VANN

60 METERS - 6.99

100 METERS - (11.00W)

400 METERS - 51.34

1,000 METERS - 2:53.58

1,500 METERS - 4:58.59

60-METER HURDLES - 8.66

110-METER HURDLES - 16.31

HIGH JUMP - 1.89M/6-2.25

POLE VAULT - 4.62M/15-1.75

LONG JUMP - 7.01M/23-0

SHOT PUT - 12.16M/39-10.75

DISCUS THROW - 32.68M/107-3

JAVELIN - 48.22M/158-2

HEPTATHLON - 5,227 POINTS

DECATHLON - 6,276 POINTS



WOMEN'S PERSONAL BESTS

ALEX ADAMS

SHOT PUT - 13.59M/44-7
WEIGHT THROW - 18.55M/60-10.5
HAMMER THROW - 55.42M/181-10

CASSIDY ANDROFF

SHOT PUT - 12.70M/41-8
WEIGHT THROW - 16.65M/54-7.50
DISCUS THROW - 37.97M/124-7
HAMMER THROW - 52.35M/171-9

AUDREY BEBERMEYER

POLE VAULT - 3.42M/11-3

SADIE BOOS

SHOT PUT - 12.20M/40-0.5
WEIGHT THROW - 17.84M/58-6.50
HAMMER THROW - 51.49M/168-11

HALIE BROWN

JAVELIN - 40.35M/132-4

BEY LEE BRUMMET

SHOT PUT - 12.56M/41-2.5
JAVELIN - 38.53M/126-5

DAYSHA BULLOCKS

200 METERS - 25.25
400 METERS - 55.11
600-YARDS - 1:24.44
600 METERS - 1:35.28
800 METERS - 2:19.23
400-METER HURDLES - 1:02.69
LONG JUMP - 5.17M/16-11.5

ANYCIA COLE

400 METERS - 1:02.87
60-METER HURDLES - 9.07
100-METER HURDLES - 14.46
400-METER HURDLES - 1:00.31
LONG JUMP - 5.42M/17-9.5
TRIPLE JUMP - 10.42M/34-2.25

JACQUE DARBY

60 METERS - 7.61
100 METERS - 11.73 (11.56W)
200 METERS - 23.89
400 METERS - 58.08
LONG JUMP - 5.80M/19-0.5

MIRANDA DICK

HS 1,600 METERS - 5:07
HS 3,200 METERS - 11:01

LIDIA DILOLO

60-METER HURDLES - 9.60
100-METER HURDLES - 15.18

DESTINI ESKRIDGE

MILE - 5:26.27
3,000 METERS - 10:41.97
5,000 METERS - 18:26.05

PAULA GARCIA

60 METERS - 7.55
100 METERS - 11.68
200 METERS - 23.66
400 METERS - 57.32
LONG JUMP - 5.45M/17-10.75 (5.60M/18-4.5W)
TRIPLE JUMP - 11.62M/38-1.50

EMILY GARDINER

POLE VAULT - 3.84M/12-7.25

ANNA HEACOCK

200 METERS - 26.34
800 METERS - 2:39.13
60-METER HURDLES - 9.24
100-METER HURDLES - 14.64
HIGH JUMP - 1.51M/4-11.50
LONG JUMP - 5.12M/16-9.75
JAVELIN - 31.47M/103-3
PENTATHLON - 3,018 POINTS
HEPTATHLON - 4,396 POINTS

KENDRA HENRY

200 METERS - 26.85
400 METERS - 1:03.19
600-YARDS - 1:36.26
800 METERS - 2:25.91
60-METER HURDLES - 9.18
100-METER HURDLES - 14.88
HIGH JUMP - 1.66M/5-5.25
POLE VAULT - 2.54M/8-4
LONG JUMP - 5.21M/17-1.25
SHOT PUT - 12.97M/42-6.75
JAVELIN - 49.08M/161-0
PENTATHLON - 3,572 POINTS
HEPTATHLON - 5,249 POINTS

ERICA HOAG

JAVELIN - 39.55M/129-9

GABBY HOPKINS

SHOT PUT - 12.54M/41-1.75

KOURTNI HUBERT

SHOT PUT - 12.21M/40-0.75
JAVELIN - 44.45M/145-10

AMANDA KAKOULIAS

SHOT PUT - 14.89M/48-10.25
WEIGHT THROW - 15.12M/49-7.25
DISCUS THROW - 46.66M/153-1
HAMMER THROW - 45.64M/149-9
JAVELIN - 40.08M/131-6

ANNA KELLER

800 METERS - 2:16.90
1,500 METERS - 4:50.28
MILE - 5:26.42
3,000-METER STEEPLECHASE - 12:11.40
5K (XC) - 18:16.8
6K (XC) - 23:08.9

SHARON KIPROP

800 METERS - 2:17.49
MILE - 5:05.82

WINNY KOSKEI

1,500 METERS - 4:29.30
MILE - 4:57.37
3,000 METERS - 9:30.46
5,000 METERS - 16:05.65
10,000 METERS - 33:30.31

GRACE LANGE

LONG JUMP - 5.23M/17-2
TRIPLE JUMP - 11.79M/38-8.5

CLAIRE LIEB

HS 1,600 METERS - 5:42
HS 3,200 METERS - 12:10

MADLYNN LUSTER

DISCUS - 42.34M/138-11
SHOT PUT - 13.29M/43-7.25

KAREN LYVERS

60-METER HURDLES - 8.90
100-METER HURDLES - 14.10
POLE VAULT - 3.77M/12-4.75

DESTINY MASTERS

60-METER HURDLES - 9.21
200 METERS - 26.34
800 METERS - 2:51.33
HIGH JUMP - 1.73M/5-8
POLE VAULT - 2.34M/7-8
LONG JUMP - 5.66M/18-7
SHOT PUT - 9.65M/31-8
PENTATHLON - 3,129 POINTS

SEMAJ MCGHEE

HIGH JUMP - 1.67M/5-5.75
LONG JUMP - 5.56M/18-3
TRIPLE JUMP - 11.98M/39-3.75
PENTATHLON - 2,885 POINTS
HEPTATHLON - 3,733 POINTS

NICOLE MCMILLEN

1,500 METERS - 4:37.74
MILE - 4:53.57
3,000 METERS - 9:39.38
5,000 METERS - 16:53.86
3,000-METER STEEPLECHASE - 10:21.09

KYLIE MEIER

60-METER HURDLES - 9.19
400 METERS - 1:00.98

KENISA MEYER

100 METERS - 13.94
100-METER HURDLES - 15.51
LONG JUMP - 5.30M/17-5

JALEN MILLIGAN

60 METERS - 8.06
100 METERS - 12.52
200 METERS - 26.74 (26.35W)
800 METERS - 2:57.30
60-METER HURDLES - 9.09
100-METER HURDLES - 15.57 (15.50W)
HIGH JUMP - 1.52M/4-11.75
LONG JUMP - 5.56M/18-3
SHOT PUT - 11.77M/38-7.5
JAVELIN - 26.52M/87-0
PENTATHLON - 3,235 POINTS
HEPTATHLON - 3,916 POINTS

CHIDERA OKORO

LONG JUMP - 5.50M/18-0.75
TRIPLE JUMP - 11.68M/38-4

EZINNE OKORO

LONG JUMP - 5.47M/17-11.50
TRIPLE JUMP - 11.79M/38-8.25
HS 400 METERS - 1:00.73

MCKENNA PAINTIN

800 METERS - 2:28.73
1,000 METERS - 3:05.26
1,500 METERS - 4:52.29
MILE - 5:05.40
3,000 METERS - 10:23.88
3,000-METER STEEPLECHASE - 10:28.80

AUDREY PARSON

800 METERS: 2:13.19

NEREA QUIROS

60 METERS - 7.92
100 METERS - 12.51
200 METERS - 25.65
60-METER HURDLES - 9.15
100-METER HURDLES - 15.08 (14.91W)
LONG JUMP - 5.64M/18-6

JAAZER RIDGES

LONG JUMP - 4.72M/15-6
TRIPLE JUMP - 11.12M/36-6

WOMEN'S PERSONAL BESTS



DANIELLE RINN

800 METERS - 2:28.99
1,500 METERS - 4:42.21
MILE - 5:05.59
3,000 METERS - 10:27.88
5,000 METERS - 17:36.04
3,000-METER STEEPLECHASE - 12:01.27

CLAUDIA ROJO

200 METERS - 25.78
400 METERS - 59.35
600-YARDS - 1:28.82
600 METERS - 1:38.94
800 METERS - 2:19.96
60-METER HURDLES - 8.81
100-METER HURDLES - 14.15 (14.10W)
400-METER HURDLES - 59.93
HIGH JUMP - 1.64M/5-4.5
LONG JUMP - 5.85M/19-2.5
TRIPLE JUMP - 10.85M/35-7.25
SHOT PUT - 10.97M/36-0
JAVELIN - 35.13M/115-3
PENTATHLON - 3,754 POINTS
HEPTATHLON - 5,219 POINTS

MARIA ROMERO

200 METERS - 26.58 (26.54W)
600-YARDS - 1:35.53
600 METERS - 1:41.24
800 METERS - 2:26.81
60-METER HURDLES - 8.95
100-METER HURDLES - 14.43
HIGH JUMP - 1.54M/5-0.50
LONG JUMP - 5.45M/17-10.75
SHOT PUT - 10.54M/34-7
JAVELIN - 28.41M/93-2
PENTATHLON - 3,507 POINTS
HEPTATHLON - 4,603 POINTS

JOCELEN RUTH

SHOT PUT - 13.55M/44-5.5
WEIGHT THROW - 17.49M/57-4.75
HAMMER THROW - 50.61M/166-0
DISCUS THROW - 43.80M/143-8
JAVELIN - 38.29M/125-7

HOPE SAUNDERS

800 METERS - 2:44.24
1,000 METERS - 3:28.96
1,500 METERS - 5:00.11
MILE - 5:10.39
3,000 METERS - 10:20.98

SARAH SCHAAR

5K (XC) - 18:44.7
6K (XC) - 22:55.7

RITA SCHNACKER

1,500 METERS - 4:46.96
MILE - 5:10.97
3,000 METERS - 10:08.52
5,000 METERS - 17:29.10
10,000 METERS - 36:32.28

ABEBA SULLIVAN

1,500 METERS - 4:47
3,000 METERS - 10:26

MARGAUX THOMPSON

POLE VAULT - 3.71M/12-2

ERIN TOPHAM

1,500 METERS - 5:00.35
MILE - 5:33.59

REBEKAH TOPHAM

800 METERS - 2:12.38
1,000 METERS - 2:54.96
1,500 METERS - 4:23.09
MILE - 4:45.75
3,000 METERS - 9:16.32
5,000 METERS - 16:09.62
3,000-METER STEEPLECHASE - 9:53.92

FAITH TURNER

LONG JUMP - 5.84M/19-2
TRIPLE JUMP - 12.20M/40-0.5
60 METERS - 7.73
100 METERS - 12.30

SHANIA VANNOSTER

200 METERS - 27.65
800 METERS - 2:46.97
60-METER HURDLES - 11.38
100-METER HURDLES - 18.22
HIGH JUMP - 1.65M/5-5
LONG JUMP - 4.80M/15-9
SHOT PUT - 7.82M/25-8
JAVELIN - 26.89M/88-3
HEPTATHLON - 3,638 POINTS

ALEXI WHATLEY

200 METERS - 26.05
400 METERS - 1:00.13
600-YARDS - 1:30.20
600 METERS - 1:41.94
60-METER HURDLES - 8.93
100-METER HURDLES - 14.65
400-METER HURDLES - 1:00.40

ALYSSA WHEELER

POLE VAULT - 3.69M/12-1.25

SKAILA WHITE

60 METERS - 7.91
100 METERS - 12.81
LONG JUMP - 5.57M/18-3.25
TRIPLE JUMP - 12.40M/40-8.25

JALYN WHORTON

200 METERS - 29.29
60-METER HURDLES - 10.25
LONG JUMP - 4.56M/14-11.50
SHOT PUT - 9.47M/31-1
PENTATHLON - 2,443 POINTS

BRE WILLIAMS

60 METERS - 8.26
200 METERS - 26.30
400 METERS - 1:00.70

SYDNEY WILSON

200 METERS - 25.51 (25.45W)
800 METERS - 2:27.41
60-METER HURDLES - 9.03
100-METER HURDLES - 14.24
HIGH JUMP - 1.71M/5-7.25
LONG JUMP - 5.65M/18-6.5
TRIPLE JUMP - 11.13M/36-6.25
SHOT PUT - 11.42M/37-5.75
JAVELIN - 32.60M/106-11
PENTATHLON - 3,596 POINTS
HEPTATHLON - 5,106 POINTS

YAZMINE WRIGHT

200 METERS - 27.15
400 METERS - 58.25
600-YARDS - 1:26.34
600 METERS - 1:36.53
800 METERS - 2:10.76
1,500 METERS - 4:23.33
MILE - 4:57.68

ANNA ZIMMER

SHOT PUT - 14.43M/47-4.25
WEIGHT THROW - 12.25M/40-2.25



MEN'S OUTDOOR RECORDS

100 METERS

1. Iziaq Adeyanju	10.20	1990
2. Clyde Neal	10.26	1981
3. Alfred Mitchell	10.28	1979
4. Mike Wells	10.32	2017
5. Bruce Swan	10.33	2003
6. Trevor Wells	10.36	1997
7. Henry Peel	10.38	1980
8. Michael Reckley	10.44	2003
9. Patrick Hill	10.45	1983
10. Tanner Brown	10.47	2021

200 METERS

1. Bruce Swan	20.70	2002
2. Iziaq Adeyanju	20.74	1990
3. Tucker Davis	20.98	2016
4. Clyde Neal	21.01	1981
5. Shannon Armstrong	21.03	2004
6. Trevor Wells	21.10	1997
7. Cody Scheck	21.14	2017
7. Lyle Sturdy	21.14 (ht)	1942
9. Dylan Hartnett	21.17	2011
10. Keven Peppers	21.20	1982

400 METERS

1. Keven Peppers	46.39	1983
2. Vic Everett	46.52	1976
3. Viktors Lacis	46.56	2001
4. Rondall Moore	46.71	2000
5. Justin Chandler	46.76	2005
6. Derrick Powell	46.93	2000
7. David Morris	46.94 (ht)	1976
8. Darrel Chapel	47.00	1993
9. Dylan Hartnett	47.11	2012
10. Justin Cole	47.24	2007

800 METERS

1. Einars Tupuritis	1:43.90	1996
2. Viktors Lacis	1:48.25	2002
3. Kelvin Buseine	1:49.58	2014
4. Girts Azis	1:49.62	2006
5. Alan Walker	1:49.84 (ht)	1972
6. Lew Merriman	1:49.94 (ht)	1959
7. Mark Anderson	1:50.35	1985
8. Brad Smisor	1:50.44 (ht)	1973
9. Jon Muir	1:50.83	1992
10. Werner Botha	1:50.86	1998

1,500 METERS

1. Einars Tupuritis	3:41.00	1996
2. Girts Azis	3:42.71	2008
3. Zack Penrod	3:42.96	2019
4. Alan Walker	3:43.34 (ht)	1972
5. Jed Helker	3:44.22	2021
6. Ugis Jocis	3:44.39	2016
7. Adam Moore	3:44.67	2021
8. Jake Wike	3:46.61	2012
9. Dean Hagemon	3:47.34 (ht)	1976
10. Martin Alksnis	3:48.07	1997

5,000 METERS

1. Brady Johnson	14:03.58	2015
2. Mornay Annandale	14:07.91	1991
3. Trey Harrison	14:09.40	1989
4. Tjaart Van Neiuwenheizer	14:12.06	1989
5. George Collier	14:12.33	1982
6. Chris Burnett	14:22.51	2015
7. Jed Helker	14:24.66	2021
8. Nathan Wadsworth	14:27.37	2005
9. Clayton Duchatschek	14:28.18	2021
10. Terry Glenn	14:28.34 (ht)	1977

10,000 METERS

1. Mornay Annandale	28:48.64	1991
2. Brady Johnson	29:21.39	2015
3. Nathan Wadsworth	29:39.78	2005
4. George Collier	29:43.54 (ht)	1980
5. Paul Raymond	29:55.17	2016
6. Chris Burnett	29:55.53	2014
7. Keith Pharr	30:00.24 (ht)	1972
8. Rick Johnson	30:04.24 (ht)	1980
9. Reggie Boudreau	30:27.24 (ht)	1983
10. Scott Reed	30:35.64	2008

110-METER HURDLES

1. Todd McKown	13.42	2012
2. Shannon Armstrong	13.57	2003
3. Lawson Montgomery	13.63	2012
4. Antonio Norman	13.81	2021
5. Jordan Kitchen	13.96	2004
6. Preston Carrington	14.07	1970
7. Jonathan Duvall	14.13	2015
8. Joseph Holthusen	14.19	2019
8. Cory Beenken	14.19	2012
10. Ken Lewis	14.21	1983

400-METER HURDLES

1. Viktors Lacis	49.60	2001
2. Austin Corley	50.07	2018
3. Jordan Kitchen	50.61	2004
4. Jonathan Duvall	50.91	2015
5. Isaac Poe	51.64	2018
6. Randy Lind	52.01	1980
7. Antonio Norman	52.06	2021
8. Reginald Malvo	52.13	2004
9. Matt Baker	52.24	2005
10. Tim Reynolds	52.40	1999

3,000-METER STEEPLECHASE

1. Randy Smith	8:28.00	1975
2. Bob Christensen	8:32.64 (ht)	1976
3. Tomas Cotter	8:41.02	2013
4. Gary Gregory	8:42.28	1983
5. Steve Shaad	8:51.34 (ht)	1976
6. Tim Wilson	8:51.40	1981
7. Marius Sava	8:57.11	2010
8. Hal Hays	8:57.30	1973
9. Mickael Colin	8:57.37	2003
10. Ugis Jocis	8:58.10	2016

4X100-METER RELAY

1. Reckley, Grove Swan, Armstrong	39.46	2003
2. DGriffin, Allen Ngaiza, Belardo	40.28	2018
3. Peel, Reynolds Madden, Peppers	40.39	1982
4. DGriffin, Scheck Powell, Wells	40.45	2017
5. Belardo, Scheck Davis, Powell	40.54	2016

4X400-METER RELAY

1. Swan, Powell Johansson, Lacis Morris, Fitch Lucas, Everett	3:07.71	2001
2. Morris, Thornton Fitch, Everett	3:08.34 (ht)	1975
3. Morris, Duell Lucas, Everett	3:08.23 (ht)	1976
4. Reed, Lindsay Long, Hartnett	3:09.33 (ht)	1977
5. Blanding, Foley Dickman, Smith	3:09.90	2012
6. Dickman, Hartnett Cole, Smith	3:10.24	2008
7. Gauzy, Corley Coppoc, Allen	3:10.27	2010
8. Gauzy, Corley Coppoc, Allen	3:10.51	2019

HIGH JUMP

1. David Puvogel	2.25m/7-4.5	1982
2. Mark Todd	2.22m/7-3.25	1985
3. Temoer Terry	2.18m/7-1.75	1974
4. Brandon Childs	2.16m/7-1	2011
4. Al Troyer	2.16m/7-1	1983
6. Mason Buckmaster	2.15m/7-0.5	2019
7. Austin Chippeaux	2.14m/7-0.25	2017
8. Garret Lynch	2.13m/6-11.75	2014
8. Zach Budda	2.13m/6-11.75	2013
10. Rich Dreiling	2.12m/6-11.5	1974

POLE VAULT

1. Ryan Barkdull	5.65m/18-6.5	1996
2. Eric Boxley	5.35m/17-6.5	1998
3. Beau Morris	5.30m/17-4.5	2008
3. Spencer Frame	5.30m/17-4.5	2003
3. Mike Heath	5.30m/17-4.5	1992
6. Phillip Holden	5.29m/17-4.25	1994
7. Jeremy Mull	5.26m/17-3	1998
8. Jeff Dutoit	5.22m/17-1.5	1997
9. Dylan Schmidt	5.20m/17-0.75	2006
T10. Chris Peters	5.18m/17-0	2016
T10. Bill Clouse	5.18m/17-0	1983
T10. Bob Stuhlsatz	5.18m/17-0	1995

LONG JUMP

1. Don Duvall	7.99m/26-2.5	1980
2. Randy Lewis	7.97m/26-1.75	2002
3. Preston Carrington	7.91m/25-11.5	1971
4. Jared Belardo	7.85m/25-9.25	2018
5. Hunter Veith	7.78m/25-6.25	2018
6. Wayne Barber	7.76m/25-5.5	1995
7. Rayvon Allen	7.75m/25-5.25	2019
8. Ralston Varlack	7.74m/25-4.75	1998
9. Marvell Reid	7.64m/25-1	1982
10. Veryl Crawford	7.61m/24-11.75	1975

TRIPLE JUMP

1. Randy Lewis	16.80m/55-1.5	2003
2. Jared Belardo	16.01m/52-6.5	2016
3. Josh Crawford	16.00m/52-6	2011
4. Don Duvall	15.81m/51-10.5	1980
5. Preston Carrington	15.70m/51-6.25	1971
6. Very Crawford	15.65m/51-4.25	1979
7. Reginald Blackman	15.59m/51-1.75	1997
8. Rayvon Allen	15.49m/50-10	2018
9. Shazz-Michael Lindo	15.45m/50-8.25	2016
10. Kaden Griffin	15.43m/50-7.5	2019

SHOT PUT

1. Brad Johnson	18.55m/60-10.5	2003
2. Todd Tuckwood	18.16m/59-7	1997
3. Zach Loesch	18.11m/59-5	2017
4. Chris Tozier	18.06m/59-3	1995
5. Casey Smith	18.05m/59-2.75	2003
6. Tom Holiday	17.77m/58-3.75	1967
7. Cory Martens	17.63m/57-10.25	2019
8. Brian Baker	17.58m/57-8.25	2006
9. DePaul Brewer	17.47m/57-3.75	2007
10. Skylar Arneson	17.41m/57-1.5	2016

DISCUS THROW

1. Chris Tozier	60.28m/197-9	1995
2. Gene Abernathy	60.22m/197-7	1989
3. Clint Panek	56.94m/186-10	1997
4. Casey Smith	56.54m/185-6	2003
5. Phil Coonce	55.78m/183-0	1979
6. Cory Martens	55.26m/181-3	2019
7. DePaul Brewer	54.33m/178-3	2007
8. Bryan Tapia	53.32m/174-11	2008
9. Skylar Arneson	52.94m/173-8	2016
10. Thad Trimble	52.65m/172-9	1990

HAMMER THROW

1. Michael Bryan	70.45m/231-2	2021
2. Weston Cottrell	65.60m/215-3	2015
3. Skylar Arneson	63.41m/208-0	2015
4. John Hamilton	62.74m/205-9	1991
5. Cory Martens	62.08m/203-8	2021
6. Taylor Goldsmith	62.05m/203-7	2015
7. Jon Cook	60.14m/197-4	2001
8. Isaiah Evans	59.73m/195-11	2019
9. Casey Smith	59.59m/195-6	2003
10. Jeff Conner	58.42m/191-8	2013

JAVELIN

1. Aaron True	77.49m/254-3	2018
2. Taran Taylor	74.26m/243-8	2018
3. Damien Odle	73.36m/240-8	2016
4. Trent Mazanec	72.56m/238-1	2010
5. Brett Trudo	72.42m/237-7	2008
6. Jon Rizzo	70.94m/232-9	2013
7. Dylan Reimer	70.23m/230-5	2016
8. Jay Krom	70.03m/229-9	1997
9. John Hoplin	68.88m/226-0	2018
10. Kyle Becker	68.61m/225-1	2008

DECATHLON

1. Hunter Veith	8,046 points	2018
2. Austin Bahner	7,847 points	2013
3. Paul Speer	7,564 points	2004
4. Ben Johnson	7,413 points	2019
5. Jens Lukoschat	7,364 points	2003
6. Krzysztof Slupkowski	7,350 points	2011
7. Aaron Young	7,324 points	2012
8. Tobias Boese	7,167 points	2013
9. Keith Honchell	7,110 points	1989
10. Mac Griffith	7,109 points	2013

WOMEN'S OUTDOOR RECORDS



100 METERS

1.	Nikki Larch-Miller	11.38	2015
2.	Taylor Larch-Miller	11.47	2015
3.	Audacia Moore	11.51	2011
4.	Alicia McQueen	11.54 (ht)	1983
5.	Karen Brown	11.64 (ht)	1984
6.	Shamoya Pruitt	11.67	2012
7.	Paula Garcia	11.68	2021
8.	Jacque Darby	11.73	2021
T9.	Romonía Breedlove	11.74 (ht)	1977
T9.	Nina Thompson	11.74 (ht)	1982

200 METERS

1.	Nikki Larch-Miller	23.23	2015
2.	Audacia Moore	23.51	2011
3.	Paula Garcia	23.66	2019
4.	Taniyah McMillian	23.68	2019
5.	Nina Thompson	23.74	1985
6.	Alicia McQueen	23.78	1983
7.	Taylor Larch-Miller	23.79	2017
8.	Jacque Darby	23.89	2019
9.	Stephanie Forbes	24.12	1987
10.	Karen Brown	24.16	1984

400 METERS

1.	Stephanie Forbes	53.33	1988
2.	Florence Chillberry	53.70	1987
3.	Tianna Holmes	53.80	2019
4.	Inese Petruna	54.19	2005
5.	Krista Harmon	54.71	2007
6.	Audacia Moore	54.73	2011
7.	Daysha Bullocks	55.11	2017
8.	Taylor Larch-Miller	55.28	2016
9.	Nikki Larch-Miller	55.42	2017
10.	Keesha Middlemass	55.50	1992

800 METERS

1.	Kellyn Johnson	2:06.12	2009
2.	Danielle Chapman	2:06.69	2012
3.	Linda Feldberga	2:07.54	2006
4.	Mandie Brandt	2:08.95	2001
5.	Desiraye Osburn	2:10.03	2005
6.	Yazmine Wright	2:10.76	2019
7.	Tricia Linder	2:11.15	1999
8.	Chris Kopsa	2:12.05	1989
9.	Berna Stulting	2:12.30	1988
10.	Teri McCarthy	2:12.32	1990

1,500 METERS

1.	Kellyn Johnson	4:16.72	2009
2.	Desiraye Osburn	4:19.95	2006
3.	Tonya Nero	4:22.74	2011
4.	Rebekah Topham	4:23.09	2016
5.	Yazmine Wright	4:23.33	2021
6.	Aliphine Tuliamuk	4:25.22	2012
7.	Danielle Chapman	4:27.16	2012
8.	Samantha Shukla	4:29.16	2012
9.	Winnie Koskei	4:29.30	2019
10.	Berna Stulting	4:30.04	1988

5,000 METERS

1.	Aliphine Tuliamuk-Bolton	15:18.86	2013
2.	Desiraye Osburn	15:53.51	2006
3.	Kellyn Johnson	16:02.25	2007
4.	Rebekah Topham	16:17.69	2017
5.	Tonya Nero	16:19.17	2011
6.	Winnie Koskei	16:19.47	2018
7.	Sidney Hirsch	16:40.72	2016
8.	Irene Kosgei	16:44.18	2010
9.	Leah Thompson	16:45.75	2010
10.	Ebeissa Nyandwi	16:50.61	2014

10,000 METERS

1.	Aliphine Tuliamuk-Bolton	32:07.20	2013
2.	Tonya Nero	33:11.71	2011
3.	Winnie Koskei	33:30.31	2018
4.	Sidney Hirsch	34:37.87	2017
5.	Leah Thompson	35:06.85	2010
6.	Scarla Nero	35:07.18	2012
7.	Julie Duncan	35:16.91	1983
8.	Riana Van Rensburg	35:50.02	1999
9.	Ebeissa Nyandwi	36:00.80	2014
10.	Sarah Becker	36:13.94	2005

100-METER HURDLES

1.	Nikki Larch-Miller	13.08	2015
2.	Taylor Larch-Miller	13.19	2015
3.	Lindsay Eck	13.37	2005
4.	Jennifer Snyder	13.47	2007
5.	Denise Brungardt	13.50	1993
6.	Natalie Morerod	13.53	2012
7.	Shanice Andrews	13.79	2015
T8.	Gavyn Yetter	13.80	2017
T8.	Martiesha Caines	13.80	2017
T8.	Rene Bumgarner	13.80	1983

400-METER HURDLES

1.	Natalie Morerod	57.48	2012
2.	Natasha Foreman	59.14	2002
3.	Taylor Larch-Miller	59.23	2015
4.	Tasha Gallegos	59.32	2007
5.	Wendy Kelly	59.35	1988
6.	Taylor Thomas	59.70	2014
7.	Jennifer Snyder	59.79	2008
8.	Claudia Rojo	59.93	2016
T9.	Nora Zajovics	59.99	2015
T9.	Nikki Larch-Miller	59.99	2015

3,000-METER STEEPLECHASE

1.	Rebekah Topham	9:53.92	2019
2.	Mica Land	10:12.28	2008
3.	Sidney Hirsch	10:16.71	2016
4.	Sarah Becker	10:19.73	2005
5.	Nicole McMillen	10:21.09	2021
6.	Kellyn Johnson	10:23.70	2009
7.	Kayla Deighan	10:28.29	2016
8.	Rachel York	10:40.27	2009
9.	Scarla Nero	10:56.97	2011
10.	Pavla Havlova	11:02.31	2002

4X100-METER RELAY

1.	Andrews, Young, NL-Miller, TL-Miller	44.30	2015
2.	Maples, Darby, NL-Miller, TL-Miller	44.45	2017
3.	Garcia, Darby, Holmes, McMillian	44.98	2019
4.	Morerod, NL-Miller, TL-Miller, Pruitt	45.43	2014
5.	Cato, Moore, Hallman, Hemphill	45.56	2009
6.	Williams, Moore, Moore, Pruitt	45.60	2012
7.	Turner, Garcia, Darby, McMillian	45.64	2021
8.	Pinkston, Young, NL-Miller, TL-Miller	45.67	2015
9.	Bolan, Moore, Hallman, Pruitt	45.69	2010
10.	Maples, Garcia, Darby, McMillian	45.71	2019

4X400-METER RELAY

1.	Bullocks, Garcia, McMillian, Holmes	3:38.21	2019
2.	TL-Miller, Bullocks, Caines, NL-Miller	3:39.18	2017
3.	Petruna, Harmon, Feldberga, Gallegos	3:41.45	2005
4.	Feldberga, Gallegos, Snyder, Harmon	3:41.56	2006
5.	Holmes, Darby, Bullocks, McMillian	3:41.86	2019
6.	Chillberry, Kelly, Carson, Forbes	3:42.47	1985
7.	NLarch-Miller, TLarch-Miller, Halfman, Bullocks	3:43.01	2017
8.	TLarch-Miller, Bullocks, Caines, Yetter	3:43.51	2017

HIGH JUMP

1.	Connie Long	1.86m/6-1.25	1989
2.	Ashley Petersen	1.80m/5-10.75	2016
3.	Tanya Friesen	1.79m/5-10.5	2013
T4.	J'Lynn Ledesma	1.78m/5-10	2012
T4.	Iveta Grunte	1.78m/5-10	2005
T4.	Mellaneey Welty	1.78m/5-10	1998
T7.	Sidney Sapp	1.77m/5-9.75	2019
T7.	Koya Webb	1.77m/5-9.75	2004
T9.	Denise Brungardt	1.75m/5-8.75	1992
T9.	Elizabeth Bitz	1.75m/5-8.75	2006

POLE VAULT

1.	Brooke Demo	4.20m/13-9.25	2008
2.	Jackie Brown	4.15m/13-7.25	2006
3.	Taylor Swanson	4.12m/13-6.25	2016
4.	Cassie Craig	4.08m/13-4.5	2012
5.	Alesa Frey	4.06m/13-3.75	2017
6.	Page Stuhlsatz	4.01m/13-1.75	2016
7.	Meg Loontjer	3.81m/12-6	2016
T8.	Kalyee Eklund	3.80m/12-5.5	2014
T8.	Janelle Wilgers	3.80m/12-5.5	2014
T8.	Cara Detmer	3.80m/12-5.5	2012

LONG JUMP

1.	La'Taish Brown	6.36m/20-10.5	2010
2.	Jelena Petrovic	6.30m/20-8	2005
3.	Ineta Radevica	6.26m/20-6.5	2002
4.	Lindsay Eck	6.25m/20-6.25	2003
5.	Angela Isaac	6.18m/20-3.5	1993
6.	Tanya Friesen	6.17m/20-3	2013
7.	Nikki Larch-Miller	6.13m/20-1.5	2015
8.	Tanya Johnson	6.04m/19-9.75	1985
9.	Heidi Yost	6.00m/19-8.25	2001
10.	Denise Brungardt	5.97m/19-7	1993

TRIPLE JUMP

1.	Ineta Radevica	13.37m/43-10.5	2002
2.	Stephanie Miller	13.11m/43-0.25	2006
3.	Heidi Yost	12.79m/41-11.5	2002
T4.	Courtney Mills	12.70m/41-8	2017
T4.	Shanice Andrews	12.70m/41-8	2014
6.	Angela Isaac	12.68m/41-7.25	1993
7.	Amiya Anoma	12.67m/41-7	2019
8.	Courtney Reinke	12.66m/41-6.5	2012
9.	Erica Kovesi	12.57m/41-3.25	2007
10.	Skaila White	12.40m/40-8.25	2019

SHOT PUT

1.	Kelsey Slawson	15.90m/52-2	2019
T2.	Amanda Kakoulias	14.79m/48-6.25	2019
T2.	Tyra Bickham	14.79m/48-6.25	2017
4.	Kellie Wartick	14.62m/47-11.75	2007
5.	Kate Schaake	14.56m/47-9.25	2007
T6.	Emily Cook	14.40m/47-3	2014
T6.	Jeanine Banks	14.40m/47-3	1988
8.	Anna Zimmer	14.33m/47-0.25	2021
9.	Janelle Jackson	14.29m/46-10.75	1998
10.	Jamesia Milton	14.18m/46-6.25	2016

DISCUS THROW

1.	Mariah Garcia	55.39m/181-9	2013
2.	Tyra Bickham	52.24m/171-5	2017
3.	Sadie Suenram	51.04m/167-5	2016
4.	Megan Fuller	50.62m/166-1	2012
5.	Kelsey Slawson	50.32m/165-1	2019
6.	Kate Schaake	49.70m/163-1	2008
7.	Amanda Kakoulias	46.66m/143-3	2019
8.	Katie Panek	46.65m/153-1	1998
9.	Krystal Bowes	46.31m/151-11	2003
10.	Caitlin Bauer	45.78m/150-2	2014

HAMMER THROW

1.	Jamesia Milton	62.29m/205-8	2017
2.	Katie Panek	61.28m/201-0	1998
3.	Chandra Andrews	61.06m/200-4	2007
4.	Emily Cook	55.58m/182-4	2014
5.	Alexandra Adams	55.42m/181-10	2019
6.	Emily Peterson	52.96m/173-9	2002
7.	Cassidy Androff	52.35m/171-9	2021
8.	Sadie Boos	51.49m/168-11	2021
9.	Jocelen Ruth	49.96m/163-11	2021
10.	Sadie Suenram	49.03m/160-10	2016

JAVELIN

1.	Carlea Holt	50.28m/164-11	2016
2.	Kendra Henry	49.08m/161-0	2018
T3.	Erica Evans	48.72m/159-10	2008
T3.	Vicki Webb	48.72m/159-10	1999
5.	Allison Berry	48.34m/158-7	2002
6.	Krystal Bowes	46.50m/152-7	2002
7.	Meagan Williams	46.05m/151-1	2014
8.	Breanne Borman	46.01m/150-11	2016
9.	Jenna Fast	44.66m/14606	2006
10.	Kourtini Hubert	44.45m/145-10	2021

HEPTATHLON

1.	Tanya Friesen	5,899 points	2013
2.	Nikki Larch-Miller	5,812 points	2015
3.	Breanna Borman	5,640 points	2017
4.	Gavyn Yetter	5,553 points	2017
5.	Denise Brungardt	5,548 points	1993
6.	Mellaneey Welty	5,398 points	1999
7.	Martiesha Caines	5,295 points	2017
8.	Kendra Henry	5,249 points	2019
9.	Koya Webb	5,241 points	2004
10.	Iveta Grunte	5,238 points	2004