

Athletics Handbook



**William Carey University
Athletic Department**

2023

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The purpose of this handbook is to serve as a guide for graduate students. It is used as a supplement to *The Translation*.

As a student, you are responsible for reading this handbook in its entirety. Failure to read this handbook and other sources of regulations governing college life at WCU does not excuse the student from the requirements and regulations described therein.

You are accountable for your activities on campus and at WCU sponsored activities. A failure to abide by WCU or Program policies may result in probation, suspension, or expulsion from the program depending on the nature of the incident.

This handbook does not constitute a contract between WCU and its students. The plans, policies, and procedures described in this handbook are subject to change by the University at any time. This edition of the handbook does repeal and supersede all previous editions of the handbook.

This handbook does not replace *The Translation* or the applicable WCU Catalog. In the event of a discrepancy with this departmental handbook, *The Translation* and WCU policy will govern.

ATHLETICS DIRECTORY

Administration

DJ Pulley	Athletic Director	601-318-6048	djpulley@wmcarey.edu
Jessica Garriga	Asst. AD- SWL	601-318-6111	jgarriga@wmcarey.edu
Lauren Broom	Asst. AD Compliance Coordinator	601-318-6023	lbroom@wmcarey.edu
Kevin Rosiere	Sports Information Dir.	601-318-6225	krosiere@wmcarey.edu
Tom Dos Anjos	Sports Information Dir.	601-318-6277	tanjos@wmcarey.edu
Dr. Frank Baugh	Faculty Athletic Rep.	601-318-6000	fbaugh@wmcarey.edu
Susan Dickey	Asst. to Athletics	601-318-6375	sjdickey@wmcarey.edu

Archery

Johnnie Stinson	Head Coach	601-318-6349	jstinson@wmcarey.edu
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Baseball

Bobby Halford	Head Coach	601-318-6110	bhalford@wmcarey.edu
Ben Smith	Assistant Coach	601-318-6657	bsmith@wmcarey.edu
Eric Ebers	Assistant Coach	601-318-6657	eebers@wmcarey.edu

Men's Basketball

Steve Knight	Head Coach	601-318-6415	sknight@wmcarey.edu
Tracy English	Assistant Coach	601-318-6111	tenglish@wmcarey.edu
Phillip McCray	Assistant Coach	601-318-6588	pmccray@wmcarey.edu
Eric Burt	Assistant Coach	601-318-6510	eburt@wmcarey.edu

Women's Basketball

Tracy English	Head Coach	601-318-6111	tenglish@wmcarey.edu
Jessica Garriga	Assistant Coach	601-318-6111	jgarriga@wmcarey.edu

Men's & Women's Cross Country

Cooper Herrington	Head Coach	601-318-6755	therrington@wmcarey.edu
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Men & Women's Golf

Jeff Mixon	Head Coach	601-318-6597	jmixon@wmcarey.edu
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Men's Soccer

Barry Ferrell	Head Coach	601-318-6401	bferrell@wmcarey.edu
Ross Brooks	Assistant Coach	601-318-6138	rbrooks@wmcarey.edu

Women's Soccer

Danny Owens	Head Coach	601-318-6589	dowens@wmcarey.edu
Ryan Weir	Assistant Coach	601-318-6589	rweir@wmcarey.edu

Men & Women's Tennis

Marc Lux	Head Coach	601-318-6631	mlux@wmcarey.edu
Hugo Robuchon	Assistant Coach	601-318-6631	hrobuchon@wmcarey.edu

Softball

Craig Fletcher	Head Coach	601-318-6551	cfeltcher@wmcarey.edu
Rodney Williams	Assistant Coach	601-318-6617	rwilliams@wmcarey.edu
Megan Bond	Assistant Coach	601-318-6617	mbond@wmcarey.edu

Men & Women's Indoor/Outdoor Track & Field

Ryan McKenzie	Head Coach	601-318-6313	rmckenzie@wmcarey.edu
Malcolm Dias	Asst. Coach- Sprints/Hurdles	601-318-6313	mdias@wmcarey.edu
Cooper Herrington	Asst. Coach - Jumps	601-318-6755	therrington@wmcarey.edu

Cheerleading

Laura Lightsey	Head Coach	601-318-6444	llightsey@wmcarey.edu
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Volleyball/ Beach Volleyball

Ronda Shirley	Head Coach	601-318-6699	rshirley@wmcarey.edu
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ATHLETIC DEPARTMENT MISSION STATEMENT

The objective of the William Carey Athletic Department is to provide a quality intercollegiate athletic program which provides equal opportunity for men and women to develop physically, emotionally, socially, and spiritually.

The Athletics Department conducts programs consistent with both the policies and regulations set forth by the National Association of Intercollegiate Athletics (NAIA), the Southern States Athletic Conference (SSAC) and William Carey University. The mission of the Department is, and shall always remain, compatible with the mission of the University.

ATHLETIC TEAM NAME

When Mississippi Woman's College became co-educational and started competitive athletic team names, the name "Crusader" was chosen. In modern parlance, a crusader is one who is dedicated to a worthy cause, who is committed to achieving a goal, and upholds the highest standards of integrity and character. Should a military image be involved, it is a spiritual one as described in Eph. 6:10-17- truth, righteousness, peace, faith, salvation, and the Word of God.

NON-DISCRIMINATION POLICY

In compliance with state and federal law, including but not limited to the provisions of Section 504 of the Rehabilitation Act of 1973, Title IX of the Education Amendments of 1972, and the bylaws of the university, William Carey University does not discriminate against any person on the basis of race, color, national or ethnic origin, sex, gender, age or disability in admissions or in the administration of its education policies, scholarships, loan programs, athletic and other school-administered rights, privileges, programs and activities generally accorded or made available to students at the school. As a Christian University affiliated with the Mississippi Baptist Convention, William Carey University is exempt from provisions of certain non-discrimination laws and regulations. The following person has been designated to handle inquiries regarding the non-discrimination policies: Vice President for Academic Affairs, 710 William Carey Parkway, Hattiesburg, MS 39401 (601) 318-6101.

SOUTHERN STATES ATHLETIC CONFERENCE (SSAC)

The mission of the SSAC is to promote the development of athletics as an integral part of the educational offerings of member institutions by means of democratic participation at the conference level. This aim shall be accomplished by means of the functioning of committees composed of representatives of those institutions, which subscribe to and support athletic programs that shall culminate in truly democratic conference championship competition. The SSAC seeks membership only from accredited institutions that support this aim. The primary criteria for selection and encouragement of membership shall be educational emphasis.

Goals for SSAC Member Institutions

- Ensure that intercollegiate athletics is an integral part of the total educational offering, under the control of those responsible for the administration of the institution.
- Maintain high ethical standards through commitment to the principle of self-reporting.
- Evaluate the athletics program in terms of the educational purpose of the institution.

- Engage in competition with other institutions having similar athletic and academic philosophies and policies, while respecting the diversity that can exist in a conference setting and among its member institutions.

NATIONAL ASSOCIATION OF INTERCOLLEGIATE ATHLETICS (NAIA)

In the NAIA, a dedication to leadership development is balanced with sports accomplishment. The NAIA is a trailblazer in providing equal opportunity for all student-athletes and sets expectations of ethical behavior, fairness in competition, access to athletic scholarship, sportsmanship, and leadership development. At the core of all of this is character. The seed of the NAIA began in 1937 with the tip-off of a men's basketball tournament that has become the longest running basketball tournament in the country, celebrating 75 years in 2012. Out of the tournament grew the NAIA, an association of close to 300 member schools and more than 60,000 student-athletes.

Since 1937, the NAIA has administered programs and championships in proper balance with the overall educational experience. In 2000, the NAIA reaffirmed its purpose to enhance the character-building aspects of sport. Through Champions of Character, the NAIA seeks to create an environment in which every student-athlete, coach, official and spectator is committed to the true spirit of competition through five core values: integrity, respect, responsibility, sportsmanship and servant leadership.

NAIA CHAMPIONS OF CHARACTER

The vision of National Association of Intercollegiate Athletics (NAIA) Champions of Character program is to change the culture of sport. Its mission is to provide training to instill the values that build character so students, coaches and parents know, do and value the right thing on and off the field.

The Champions of Character program helps participants find the balance by keeping five core values - integrity, respect, responsibility, sportsmanship, and servant leadership - at the heart of the athletics experience.

Students learn to understand how the values play out in both practice and competition. Coaches are taught how to intentionally define, model, shape and reinforce the values through their coaching and mentoring. Parents learn how their behavior is key to supporting their athletes.

GUIDELINES FOR CONDUCT

Student-athletes are one of the most visible groups in the College community due to their public exposure via the competitive arena and the media. Consequently, their actions are often subject to scrutiny by other members of the campus community. Student-athletes are, therefore, placed in a position which requires exemplary behavior on campus and in the classroom.

Basic courtesy and responsibility as a representative of WCU Athletics requires that all student athletes:

1. Treat instructors and classmates with courtesy and respect.
2. Arrive to class on time and do not leave early.
3. Be attentive in note taking and active in participating in class discussions.
4. Notify instructors in advance when competition requires missed classes.
5. Discuss with instructors in advance the procedure to be followed if competition necessitates missing an examination or assignment deadline.

6. Follow the rules of WCU and the classroom instructor.

Similarly, student-athletes' conduct will be closely scrutinized during campus events, travel, and competition. Student-athletes are looked upon as role models, particularly by young children, and it is important that personal conduct be above reproach at all times. It is expected that representatives of WCU, either at the College or on road trips, will:

1. Abide by all team rules, training rules, and travel rules as outlined by WCU, the Athletics Department, and the head coach.
2. Dress appropriately as Ambassadors of WCU.
3. Be courteous, patient, and cooperative with fans, officials, community people and media personnel.
4. Refrain from use of inappropriate language, signs, symbols or unsportsmanlike conduct.
5. Refrain from loud, attention drawing, or discourteous behavior at all times.

***Student athletes are also subject to the Student Code of Conduct outlined in the student handbook, *The Translation*.**

CLASS ATTENDANCE

Athletes are required to attend all classes and to dress appropriately. The use of cell phones and other electronic devices are not permitted in the classroom. All classes are to be attended. Practices are generally scheduled around class times. Athletes are to make every effort to coordinate their schedule around required practice times set by the coaches. If the athlete has a class that is at the same time as practices, they should consult the coaching staff about the class prior to registration.

Some athletic events could interfere with the athlete's class schedule. The athlete is responsible for notifying the professor ahead of time and making arrangements for all missed work.

PRACTICE ATTENDANCE

All athletes are expected to attend practice and workouts on time every day. Attending practice is a requirement for all William Carey University athletes. Athletes are to plan their day around required practice and conditioning times set by the coaching staff in their respective sport. Failure to attend practices/conditioning/ games is grounds for dismissal from the athletic team and removal of scholarship immediately.

If a practice is missed, the athlete should notify the coaching staff and they are responsible for making up the work at a later time. If an athlete is unable to practice (injury/eligibility) they are still required to attend all practices.

CHAPEL ATTENDANCE

Students who receive institutional scholarships, work study or participate in athletics or represent the university at any capacity are required to pass chapel each trimester. In order to receive a passing grade the student is required to attend seven chapel programs each trimester. Opening convocation, Christmas Vespers, and Honors Day Convocation require mandatory attendance. Groups who participate in extracurricular activities or varsity sports and who must be absent from chapel because of these activities must have their sponsor submit their names to the department of biblical studies office. Such excused absences will not alleviate the student's responsibility in attending the required number of chapel programs in

order to pass chapel, unless such excused absences prohibit the student from attending the required number of chapel programs in order to pass.

Chapel is every Wednesday at 9:20. Student athletes are expected to dress appropriately for chapel, and to remove all hats or caps throughout the duration. The use of cell phones and other electronic devices are also not permitted during chapel service.

WILLIAM CAREY UNIVERSITY EJECTION POLICY

An ejection is an action enforced in conjunction with competition by a game official consistent with the playing rules in that sport. A suspension is required by NAIA bylaws (Article 6, Section B, Item 7) and William Carey University as an additional consequence related to ejections in conjunction with competition.

Any student-athlete ejected on one or more occasions while representing William Carey University in competition shall be subject automatically to the following penalties:

- a. Suspension for the next two contests after the student-athlete is ejected for the first time (in one sport) in a single season. A student-athlete ejected for fighting, as reported by the game official, shall be automatically suspended for a total of four contest.
- b. Suspension for the next four contests if a student-athlete accumulates two ejections (in one sport) in a single season. This includes postseason play and may carry over to the following year depending on when the ejection occurs. A student-athlete ejected for fighting, as reported by the game official, shall be automatically suspended for the next eight additional contests.
- c. Ineligibility for the remainder of all regular-season and post-season participation if a student-athlete accumulates three ejections (in one sport) in a single season. Should the third ejection occur in either of the last two contests of the year, the returning student-athlete will be suspended for the first two contests of the following year.

NOTE: If sport specific rules are more stringent than NAIA rules, the institution must also conform to the sport specific rules.

NOTE: The University, the Sport Head Coach, or an affiliated conference shall retain the right to apply more stringent penalties than the NAIA rules and standards.

NOTE: Any student-athlete ejected from a junior varsity or varsity contest shall be suspended for the next two contest at the same level or higher as the contest from which the student was ejected.

Contests that are defined as scrimmages and exhibitions shall not satisfy the suspension penalty.

A transfer student who was suspended or declared otherwise ineligible due to misconduct while representing an institution in competition, must serve the period of suspension at the institution to which the student transfers before intercollegiate participation shall be permitted.

TRANSPORTATION POLICY

All athletes must ride to and from athletic contests with the team in order to participate. An exception to this policy will require approval from the team coach or athletic director.

ALCOHOL AND TOBACCO PRODUCTS

The use of alcohol, tobacco or tobacco products, including electronic cigarettes and vaping, is not permitted by participants, coaches, cheerleaders, trainers, game administrators, or officials in the playing areas **during all NAIA regular season and national tournament competition** and practices for such competition. The institution's coaching staff, event games committee, administrator or host site coordinator (as applicable) shall enforce this policy through the following steps.

- A. On the first offense, the individual(s) shall receive an official warning.
- B. A second offense will cause expulsion from the game, tournament or event.

DRUG TESTING

Any student athlete who takes part in intercollegiate athletic activities, regardless of the sport or likelihood of participation in competition, may be required to provide a sample to be tested for the use of drugs. Such tests may be conducted randomly, upon individuals or an entire team, or upon individuals selected because of a reasonable suspicion of drug use. Such tests may or may not be announced in advance, and may be administered at any time selected by the university.

Reasonable suspicion is defined as any behavior, odor, or appearance that is indicative of the use of drugs. Examples include, but are not limited to: physical symptoms of being under the influence (e.g. unexplained sweating, nausea, unresponsiveness, or tremors), information from a reliable source, odor of a controlled substance, unsteady gait, slurred speech, dilated or pinpoint pupils, or confusion.

General Testing Procedures:

Specimen collections will be administered by an outside testing agency. The testing agency will utilize a drug screen. A drug screen refers to an initial, on site, five panel "dip-stick" test to determine if there are any substances in the body. Upon a positive screening, the agency will send a split sample to a certified lab where confirmation of a positive result or negative result will occur. This lab test refers to the off-site analysis of the sample to more accurately identify if the substance found in the screening is legal or illegal and detailing the amount of the substance in the body.

Disclosure of Results:

Results of a positive drug screening will be communicated to the Director of Athletics and the head coach of the sport(s) in which the student athlete participates. The student athlete will then be notified by one or more of the above athletic department officials of the positive test result. Once the student athlete has been notified of the positive test, such results will be disclosed to the appropriate university officials.

Results of an adulterated drug screening will be communicated to the Director of Athletics and the head coach of the sport(s) in which the student athlete participates. The student athlete will then be notified by one or more of the above athletic department officials of the need to submit to a hair follicle drug test at the student's expense.

Athletic Sanctions for Positive Results:

Athletic sanctions listed below will only be enforced for positive lab test results. A positive screening will not warrant any sanctions.

First Offense: The first offense will result in the student athlete being suspended from all team activities for thirty (30) days. During this time the student athlete should not be allowed to dress out or travel with their respective team for competitions. The student athlete will also be required to complete a drug counseling program. The student athlete will have 5 business days from the time of notification to arrange for counseling. The student athlete may be reinstated once the suspension period has been served, counseling has been completed, and the student athlete has produced a negative drug test.

Second Offense: A second offense, regardless of whether it occurs in the same year as the first, will result in the student athlete being dismissed from the athletic program and loss of all athletic scholarships.

Refusal to Comply:

Refusal to comply with the drug testing program will result in immediate dismissal from the program and loss of all athletic scholarships.

PROFANITY

Profanity should not be used at any time for any reason in an athletic event or on campus. William Carey has a no tolerance policy for abusive, lewd, obscene, or vulgar language or expression that is contrary to its Christian values and principles.

SOCIAL MEDIA

Each athlete should be aware that anything posted on social networks (i.e. Facebook, Twitter, Instagram, Vine, etc.) is easily accessed by the whole world. Athletes should not post anything on these sites that is considered inappropriate per standards set by William Carey University. This would include foul language, reference to drugs/alcohol use, or sexually explicit material.

OFF CAMPUS BEHAVIOR

Any athlete found participating in off campus activities that do not uphold the mission statement of William Carey University will be punished accordingly by the coaching staff. Athletes are not to attend bars, clubs, etc. and are not to be at houses or apartments where drug and alcohol use are taking place.

GAMBLING

WCU student-athletes are governed by NAIA policies and procedures regarding gambling, regardless of age of participant. All gambling, wagering, providing of information to an organized gambling group or anything else associated with money (gifts) and competition is strictly prohibited and subject to disciplinary action.

Athletic Grievances

The following procedures have been established to help guide a student-athlete through a potential grievance (with a staff member of the Athletic Department) and hopefully settle the matter in a professional manner:

1. The student-athlete should meet with the staff member with whom he/she has a grievance.
2. If the grievance is not resolved to the satisfaction of the student-athlete, the student-athlete should write a statement in full detail about the grievance and submit the statement to the Athletic Director. The Athletic Director will then schedule an appointment with the student-athlete.
3. After the first meeting between the student-athlete and the Athletic Director, a second meeting may be called to include the person against whom the grievance has been filed and the AD will issue a written ruling.
4. If the grievance is still not resolved to the satisfaction of the student-athlete, he/she may submit a written appeal to the President.

Interviews, Media Conferences & Media Releases

The Athletic Director, working in conjunction with the Sports Information Director and the coaches, is ultimately responsible for determining which types of information and commentary are appropriate for media release. Although coaches and student-athletes have the ability to speak with media representatives without supervision, they must keep in mind that certain types of information concerning the Department should be carefully stated and in certain cases discussed with the Head Coach prior to the interview.

** The administration and coaches should inform the Sports Information Director of any schedule changes, injuries, suspensions, roster changes, personnel changes, etc., ASAP so that the office may be properly informed.

Release of Student Information - FERPA

FERPA (Family Educational Rights and Privacy Act of 1974) protects students' education records maintained by educational institutions. The University has information available on its website related to student privacy rights and can be found at Student Privacy - FERPA | William Carey University (wmcarey.edu) and in *The Translation*.

Student information protected by FERPA includes any student education records not designated as "directory information" by the University. Therefore, the release of non-directory student records without proper authorization by the student is a violation of federal law. Departmental release forms, consistent with athletics are filled out online by student-athletes when they join a team at the University.

All departmental personnel are expected to comply with University, NAIA and all conference rules and regulations, as well as federal laws regarding the release of student-athletes and prospective student-athletes education records.

Photographs

The Sports Information Director is responsible for maintaining an active file of photographs of University student-athletes, members of the coaching staff and principal administrative officials. Copies are made available to members of the media upon request without charge. "Picture Days" are scheduled at a time when the Head Coach of the particular sport knows which squad members will be on the team for the next season and in sufficient time to produce the photographs necessary for use. The Sports Information Director schedules these events in conjunction with the Head Coach. The photography file contains head-and-shoulder portraits of each person noted above. In addition, a file is maintained by sport, containing photographs taken at events during the sports season.

Prohibition Against Sexual Harassment and Sexual Misconduct

William Carey University is committed to providing a safe and non-discriminatory learning and living, environment free of all forms of harassment for all members of the university community and in compliance with all federal and state laws . Additional detailed information is found in the WCU Student Handbook, The Translation

Reporting Sex Discrimination, Sexual Harassment, and Sexual Violence

Students who believe they have been subjected to discrimination or sexual misconduct in violation of Title IX should follow the procedures outlined in the university's Title IX procedures to report these concerns immediately to the Title IX coordinator identified below. Title IX prohibits retaliation by any student and/or employee against anyone who reports an alleged Title IX violation. The university's Title IX policy and operational procedures are available on the William Carey website. If an incident of sexual misconduct does not meet the Title IX threshold, then the university's other policies apply.

Complaints of discrimination or sexual misconduct or inquiries, regarding the application of Title IX and other laws, regulations, and policies prohibiting discrimination and sexual misconduct may be directed to Jordan Hickson, Title IX Coordinator, 710 William Carey Parkway, Box 2, Hattiesburg, MS 39401, 601-318-6433; jhickson@wmcarey.edu

For sexual offenses falling outside Title IX, complaints may be directed to the Vice President for Student Affairs at 601-318-6188.

Financial Athletic Award (Letter of Intent-LOI)

The Head Coach of each sport recommends the amount of the award to the Athletic Director.

1. Upon the recommendation of the Head Coach, the Financial Athletic Award (LOI) may be renewed each year for up to four years if the student-athlete has met the conditions of the Financial Athletic Award (LOI) Agreement each year.
2. A Financial Athletic Award (LOI) may be refused by a student-athlete. The student- athlete should notify the Head Coach that he/she does not intend to participate prior to the end of the academic year. This action will result in the termination of the Financial Athletic Award (LOI) for the upcoming term.
3. The Head Coach can recommend a Financial Athletic Award (LOI) be reduced for the following academic year.
4. The Head Coach can recommend a Financial Athletic Award (LOI) not be renewed at the end of the academic year.

5. The Head Coach can recommend a Financial Athletic Award (LOI) be terminated during the academic year the agreement applies.
6. A student-athlete receiving a Financial Athletic Award (LOI) is required to make every effort to improve as a player, a student and be a responsible and positive team member as outlined in this Handbook. Failure to do so may result in reduction, non-renewal, or termination of the Financial Athletic Award (LOI).
7. The Financial Athletic Award and other Financial Aid will be awarded by WCU Office of Financial Aid. The office will award in compliance of all federal, and state regulations, and institutional policies.

Non-Renewal of a Financial Athletic Award (LOI)

Non-renewal of a Financial Athletic Award (LOI) occurs when the agreement expires at the end of the academic year.

1. The Head Coach will inform the student-athlete either in person and/or in writing of their decision NOT to renew the student-athlete's Financial Athletic Award (LOI)

Termination of a Financial Athletic Award (LOI)

Terminating a Financial Athletic Award (LOI) refers to the immediate cancellation of an award during the academic year the agreement applies.

1. The Head Coach will inform the Athletic Director in writing of the recommendation to terminate the student athletes Financial Athletic Award (LOI). This correspondence should include the reasons for this action and all documentation supporting the termination of the Financial Athletic Award (LOI).
2. The Head Coach will schedule a meeting with the student-athlete and at this time inform the student athlete in writing of the recommendation to immediately terminate the student-athletes Financial Athletic Award (LOI). The notification must include the reasons for this action.
3. An official letter notifying the student-athlete of such action will be delivered via e-mail.

Appeal Process

The following procedures have been established to help guide the student-athlete through the appeal process for non-renewal or termination of a Financial Athletic Award.

For Non-Renewal or Termination of a Financial Athletic Award

1. All appeals must be submitted in writing and addressed to the Athletic Director.
2. The written appeal must state on what basis the appeal is being made and contain specific information.
3. The student-athlete has five (5) business days to appeal the Head Coach's and/or the Associate Athletic Director's decision to NOT renew the Financial Athletic Award (LOI) from the day of the Head Coach's meeting and/or written notification to the student-athlete.

4. The Athletic Director will make a decision on the appeal and present it to both parties in writing.
 - The student-athlete may be requested to meet with the Head Coach and Athletic Director. If the student athlete fails to appear for the scheduled meeting, the meeting will be conducted in their absence and a decision rendered.

All athletes must be certified as eligible to participate in accordance with all eligibility rules and regulations outlined in the NAIA bylaws. All eligibility information must be submitted to the SSAC eligibility chair prior to the team's first scrimmage or contest. The NAIA Eligibility Center determines all initial eligibility including all previous season of competition and terms of attendance to be charge to the student-athlete.

NEW STUDENT – ATHLETES – NAIA Eligibility Center

The NAIA Eligibility Center is responsible for determining the NAIA eligibility of first-time student-athletes. Any student playing NAIA championship sports for the first time must meet the eligibility requirements. Students must have their eligibility determined by the NAIA Eligibility Center, and all NAIA schools are bound by the center's decisions. Student-athletes can register at www.playnaia.org

WHO NEEDS TO REGISTER?

Every student interested in playing championship sports at NAIA colleges for the first time needs to register and receive an eligibility determination. This applies to:

- High school seniors
- Home schooled and GED students
- Current NAIA students who will play sports for the first time at an NAIA school
- Transfers from two-year colleges
- Transfers from four-year colleges

Incoming Freshman must meet 2 of the 3 following requirements to be eligible to compete

1. Top 50 of graduating class
2. ACT score of 18 or higher or an SAT score of 860 or higher
3. 2.0 GPA in high school

GED Students

The GED will be recognized as satisfying the grade point average equivalent. The GED student must achieve a score of 18 on the Enhanced ACT or 860 on the SAT to meet the freshman requirements.

Home-schooled Students

Home-schooled students who complete a home schooling program conducted in accordance with the laws of the student's state of residence and achieve a minimum score of 20 on the ACT or 950 (Critical Reading and Math) on the SAT will meet entering freshmen requirements.

Any student who completes a home schooling program, conducted in accordance with the laws of the student's state of residence, may request a home school waiver from the NAIA Home School Committee if the student fails to achieve the required test scores. A student receiving a home school waiver will be recognized as meeting entering freshman requirements. The Council of Faculty Athletics Representatives shall establish policy governing the issuance of a home school waiver by the NAIA Home School Committee.

International Students

An incoming freshman who graduated from a high school outside of the United States or one of the U.S. territories shall meet the same eligibility criteria required of a regular freshman student listed in Article V, Section C, Item 1 and Article V, Section C, Item 2 of the NAIA Handbook. High school graduation and cumulative grade point averages shall be determined based on current published NAIA initial-eligibility academic guidelines for international students.

Maintaining Eligibility

William Carey University Student-Athletes have 15 terms in which to compete four seasons of competition. Each trimester counts as one term. Students transferring from a semester school are charged 1.5 term per semester attended

Students-Athletes are to be enrolled full time (9 hours for undergraduate studies and 6 hours for graduate studies) at all times in order to compete in competition (Note: during last term before graduation a student may be enrolled in less than nine hours if they will meet graduation requirements except for the currently enrolled classes. This must be confirmed by the WCU Registrar in writing.)

Student –Athletes must accumulate 18 hours in two terms in order to compete along with a total of 24 hours in the previous three terms. If transferring from a semester school, they must accumulate 24 hours in the previous two terms.

One Seasons of Competition
24 total hours plus a 2.0 GPA

Two Seasons of Competition
48 total hours plus a 2.0 GPA

Three Seasons of Competition
72 total hours plus a 2.0 GPA

Once the Student- Athlete completes ONE season of competition or is certified as a sophomore academically they must maintain a 2.0 GPA in order to participate along with above requirements.

Once a student athlete exhausts 15 quarters of attendance their eligibility ends at the end of the term. (note: students-athletes who have qualified for post season play will be allowed to continue to play and complete the season)

TRANSFER: PREVIOUS IDENTIFICATION AT A FOUR-YEAR INSTITUTION

1. A student who has participated in an intercollegiate contest at the immediately previous four-year institution and then transfers to an NAIA member institution shall be required to be in residence for a period of 16 calendar weeks before being eligible for the sport(s) previously participated in at the four-year institution. A student shall have the 16 calendar weeks residency requirement waived for participation in that same sport provided the student has a cumulative minimum overall GPA of 2.000 (on a 4.000 scale) from all previously attended institutions of higher learning and receives a written release from the athletics director, assistant or associate athletics director, or compliance officer at the immediately previous four-year institution.
2. A student who has not participated in an intercollegiate contest at the immediately previous four-year institution is not subject to the residency period in that sport. The term "16 weeks" refers to 16 consecutive calendar weeks (112 calendar days), including vacations and inter-terms (except summer terms). The 16 weeks does not refer to school weeks.
3. This period shall be counted from the opening date of classes as stated in the official college catalog or from the date on which the student enrolls, whichever is later. No part of the 16 weeks shall fall between the end of the term immediately preceding the regular summer term and/or summer vacations and the beginning of the fall term.
4. The residency requirement shall be satisfied at the beginning of the day following the end of the 16 calendar weeks (at the beginning of the 113th calendar day) from the first day of class. Should the 16-week period be satisfied after the institution's regular season has been completed, the student has established eligibility for the following season in that sport but is not eligible for postseason athletic competition in that sport which is held during an extended period of the term just completed.

Transfer Policy

Any student -athlete who wishes to transfer from WCU should take the following steps:

- a. Contact the head coach prior to initiating contact with other schools to discuss options
- b. Once a decision is made and the head coach agrees to the release, the Student-Athlete will then setup a meeting with the head coach and the athletic director to finalize the release.
- c. Once the release is granted by WCU, the student-athletes scholarship will not be eligible for renewal unless the head coach desires it. The student-athlete will no longer be able to practice or condition in WCU athletic facilities.

SSAC Transfer Policy

Any student who has participated in any varsity intercollegiate (as defined by the NAIA) athletic contest at one SSAC institution and transfers to another SSAC institution shall not be eligible to participate in that sport for one calendar year from the date they leave the original SSAC institution. Student may request a release from their previous school and if granted, they would be eligible to compete.

Student-Athletes Withdrawing From a Class

Student athletes must be always enrolled in at least 9 hours unless completing degree requirements for graduation. If you wish to drop a class, you must do the following:

1. The student-athlete must notify their head coach and/or a member of the athletic staff that oversees academics of their intentions to withdraw from a class.
2. The coaching staff member and/or the student-athlete will verify with the Compliance Coordinator that withdrawing from the class will not affect eligibility for the current semester or future semesters.

*Drop/add deadlines for official withdrawal are found in the WCU Student Handbook, The Translation.

Season of Competition:

- a. Participation in more than 20% of the maximum allowable number of intercollegiate contests or dates (excluding scrimmages) at an NAIA institution, whether in a varsity, junior varsity or freshman program, during the 24-week season. Any participation in NAIA-approved postseason shall result in a season of competition. The NAIA shall count seasons of competition based on intercollegiate participation charged by another intercollegiate athletic association.

A student who participates in the following number of contests or dates during the 24-week season will be charged a season of competition.

Baseball	11 contests
Basketball	7 contests
Softball	11 contests
Tennis	6 dates/tournaments
Indoor Track & Field	3 meets
Cross Country	3 meets
Outdoor Track & Field	3 meets
Volleyball	7 dates
Golf	4 contests
Soccer	5 contests

NOTE 1: These limits shall be updated annually to reflect 20% of the maximum allowable contests or dates as listed in Article I, Section H, Item 1 of the NAIA Bylaws.

- b. Participation in any elite-level competition on or after the first day of the thirteenth month following high school graduation. The NAIA shall take at face value seasons of competition based on non-collegiate participation as assessed by another intercollegiate athletic association, including determination of unattached status. Additional seasons of competition, based on non-collegiate participation, will be charged when the student is not enrolled in a collegiate institution, or is enrolled but does not represent the institution in intercollegiate competition

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Athletic Training Staff:

Jeff Davis LAT, ATC

Head Athletic Trainer

601-319-4200

jdavis@wmcarey.edu

Sam Morris LAT, ATC

Assistant Athletic Trainer

601-270-5423

smorris@wmcarey.edu

Bella Smiley LAT, ATC

Assistant Athletic Trainer

601-319-2236

bsmiley@wmcarey.edu

Local Sports Medicine & General Medical Clinics:

Southern Bone & Joint Specialists, P.A.

3688 Veterans Memorial Drive

Hattiesburg, MS 39401

601-554-7400

William Carey University Student Health Clinic

710 William Carey Parkway

Hattiesburg, MS 39401

601-318-6736

The Immediate Care of Hattiesburg Clinic

105 Thornhill Drive

Hattiesburg, MS 39402

601-261-3737

Local Hospitals:

Forest General Hospital

6051 US 49 Hattiesburg, MS 39401

601-288-7000

Merit Health Wesley Hospital

5001 Hardy Street Hattiesburg, MS 39402

601-268-8000

Medical Expectations

As a student-athlete at William Carey University, you are expected to take care of yourself both physically and mentally. WCU athletics provides medical services for you thru ATC services with Encore Rehab, primary care services with Hattiesburg Clinic, mental health services through our Office of Student Affairs counseling team, and Orthopedic services with Southern Bone and Joint. As a student-athlete at William Carey University you are expected to follow all orders from the medical staff at all times. When appointments are scheduled, you are expected to be on time and dressed appropriately. When the medical staff lays out a treatment plan, you are expected to follow every detail of the treatment plan. Any documentation provided to you regarding an athletic injury, must returned to the ATC office as soon as possible. Procedures for reporting injuries, insurance policies, mental health procedures, among other important items are listed below. Please review each section carefully.

Athletic Training Room Policies & Procedures

Hours of Operation: 6:30 am- 5:00 pm

The hours of operation for the athletic training room are designed to accommodate the many facets of our day...administrative duties and treatments for athletes. These times are also based on the volume of athletes we may see at any given time.

Please understand that you are responsible for reporting injuries to the athletic training staff.

You are also responsible for giving the athletic training staff sufficient time to complete your treatment. We are not responsible if you are late for practice. If a class conflicts with the treatment times special accommodations can be made on an individual and situational basis.

Athletic Training Room Rules:

1. All student-athletes receiving treatment/rehabilitation **MUST SIGN OUT** before leaving the ATR. This includes "just getting ice or getting medications."
2. It is the student-athletes responsibility to report all new injuries to the athletic training staff **IMMEDIATELY**.
3. Student-athletes are **NOT** permitted to treat themselves or dictate their own treatments. All treatments are at the discretion of the athletic training staff.
4. Dirty shoes or cleats **SHOULD NOT** be worn in the athletic training room. Please take dirty shoes and cleats off before entering the athletic training room.
5. Please come to the athletic training room with appropriate clothing for treatment or rehabilitation exercises.
6. It is the student-athletes responsibility to get treatment within a reasonable time before your practices or games. We **WILL NOT** be responsible for you being late.
7. Please **DO NOT** take anything out of the athletic training room without permission from the athletic training staff.
8. Student-athletes are **NOT ALLOWED** to go through athletic trainer's office or training room cabinets without permission from the athletic training room staff. This means you

are not to get any tape, medication, or other supplies out of the cabinet without permission.

9. All equipment (wraps, slings, crutches, or any borrowed equipment) must be returned once they are no longer needed. The only exception to this rule is ankle braces.
10. NO FOOD OR BEVERAGES, besides water, are allowed in the athletic training room.
11. DO NOT hang out in the athletic training room. If you are not seeing an athletic trainer for an injury or if you are not performing rehab, then we ask that you please NOT stay in the training room to socialize. This is to keep the athletic training room from unnecessary crowding.
12. DO NOT touch or use athletic training room equipment or supplies without permission from the athletic training staff.
13. Student-athletes must follow COLD TUB RULES that are provided in the athletic training room:
 - a. Must sign in on cold tub sign in sheet
 - b. All athletes MUST SHOWER before entering the whirlpool
 - c. DO NOT TOUCH temperature setting on the cold tub. You will permanently lose privileges if you are caught adjusting the settings.
14. Student-athletes will treat all athletic trainers with respect. This respect will then be returned to student-athletes.
15. There will be no photography, video recording or audio recordings of any kind, by any student-athlete in the athletic training room.

If You Are Sick or Injured (Outside your sports participation):

Methods of Treatment for sickness/illness: (not covered by WCU insurance)

1. Athlete should contact their coach regarding sickness or illness.
2. Athlete should contact athletic trainer for information on available physicians.
3. Have the physician place in writing any limitations on activity.
4. Meet with athletic trainer and the coach to discuss the physicians' findings. Athletes must bring athletic training staff a doctor's note of any restrictions.

Late Night (5:00 pm to 6:30 am)

1. Athlete should contact resident advisor and decide regarding possible emergency.
2. If an emergency: Contact coach – seek treatment if needed.
3. Meet with an athletic trainer the next day to determine course of action to be taken regarding physical activity.

If a student athlete contracts a general illness, he/she may contact a local physician (see Local Clinics).

****Neither the athletic department nor the athletic training office is responsible for any expenses due to general illness or injury received outside the student-athletes assigned sport. Student-athletes are responsible for all general illness and outside sports injury physician costs and medications (i.e. e.g. co-pays, deductibles, etc...)**

If You Are Injured (While participating in your sport):

Athletic Injury due to intercollegiate play:

1. Athletes must immediately report all intercollegiate related sports injuries to the athletic training staff who will arrange for the athlete to see a physician, if needed. All visits to a physician due to injury need to be prearranged by the athletic training staff, or in the case of an emergency, need to be reported to the athletic trainer or coach as soon as possible.
2. The student athlete is responsible for providing each medical facility they have been to the correct health insurance and address information regardless of the injury or sickness. Failure to do so can mean a claim will go unpaid and can jeopardize the athlete's credit. Please list the address provided below as your place to bill you as we can help intercept the bills without delay.

***William Carey University
Attn: Sports Medicine Department
Athlete's Name
710 William Carey Parkway
Hattiesburg, MS 39401***

3. The student athlete should coordinate all claim forms and itemized bills with the athletic training staff and bring all bills related to the injury back to the athletic training staff where a student folder will be kept on file to chart a claims progress. Failure to bring these bills to the attention of the head athletic trainer can result in the athlete being responsible for the claim. **William Carey University will not be responsible for an injury that is handled outside of these parameters. You will be responsible for any bills that you incur from a second opinion that is not properly reported to the athletic training staff.**

NO CARE WILL BE GIVEN, NOR BILLS COVERED BY THE WILLIAM CAREY UNIVERSITY ATHLETIC DEPARTMENT UNLESS THE ABOVE STEPS ARE TAKEN.

**In the event an athlete sees a private physician without consent from the athletic training staff, or Athletic Director, it will become the student's responsibility to handle and pay for all medical bills for that injury.

** William Carey University reserves the right **not** to pay for second opinions.

** William Carey University cannot provide reimbursement for travel to and from doctors' visits, regardless of the location.

Pre-Participation Physicals

Each athlete is required to have a physical before the first practice and workouts prior to the athlete competing in their designated sport. Physicals must be done with William Carey University Physicians. NO outside physicals will be accepted.

For the athlete to participate in any intercollegiate activity the physical must be on file with the head athletic trainer prior to any team practice, scrimmage, or athletic event.

Annual physicals are given at William Carey University prior to the start of each Fall

semester. There is NO FEE for these physical exams. If you miss the dates for annual physicals, the athletic trainers will schedule you an appointment to receive your physical. **Athletes must complete pre-participation forms upon arriving for their physical.**

Clearance to play is withheld until all parts of the pre-participation forms and concussion baseline testing is completed and on file in the athletic training room. Physical examinations **are only valid for one year from the date of service and can only be validated by an MD, D.O.**

Mental Health

William Carey athletics treats the mental health of all our student-athletes very seriously. As a student- athlete if you need help with anything please reach out to our ATC staff or a member of the athletic staff immediately. Once reported to the ATC staff and/or coaching staff, evaluation and treatment of student-athletes with possible mental health concerns will be coordinated through the primary athletics health care providers (athletic trainers and team physicians).

WCU will conduct mental health evaluations. ~~These~~ assessments will be administered two times per year to track the mental health of our student athletes. If further action is needed, WCU team physicians, athletic mental health coordinator, and ATC staff will schedule the necessary appointments with counseling services.

Formal evaluation and treatment will be conducted by a licensed practitioner who is qualified to provide mental health services. Such licensed practitioners may include:

- Clinical or counseling psychologists.
- Psychiatrists.
- Licensed clinical social workers.
- Psychiatric mental health nurses.
- Licensed mental health counselors.
- Licensed family therapists/licensed marriage and family therapists.
- Primary care physicians with core competencies to treat mental health disorders

Student-Athletes are expected to maintain compliance with all treatment plans with counselors and/or psychologists.

Insurance Compliance:

All student athletes are required to have a primary insurance to compete in athletics at William Carey University.

Domestic Student -Athlete Insurance (Primary Insurance)

All domestic student-athletes must provide proof of insurance at the time of their physical to participate.

Failure to provide or update the athletic training staff with primary insurance information will result in the student-athlete being issued an athletic accidental insurance policy by WCU and the cost of the policy is the responsibility of the student-athlete.

Student-athletes must upload a picture of front & back of primary insurance card to EMR system.

International Student – Athlete Insurance

All international students are **required** to be enrolled in the William Carey University's student insurance program.

***Purchasing insurance in your native country to cover medical costs in the United States is not allowed, as these policies typically have exclusions for intercollegiate athletics or are considered accident only policies.* These policies would only cover emergency room care and not costs associated with specialists, medical tests, laboratory tests, and other billed expenses.

Procedures for Enrolling for International Policy

1. The WCU coaching staff will provide the athletic trainer with information about your visa status.
2. Your insurance policy will become effective on the first day of practice or the first day of school, whichever comes first.
3. The policy premium will be directly billed to your student account at the start of each semester; therefore, becoming your responsibility at that time.
4. The policy will be in effect from your first day on campus until the last day of spring semester or the last day of competition.

**** This insurance is a sickness and accident policy.**

**** There is a \$20.00 co-pay each time you are seen by a physician for either a sickness or injury. If the cause of your doctor's visit is for sickness or an injury unrelated to your**

participation in the WCU athletic program this co-pay will be the student-athlete's responsibility.

**** It is YOUR responsibility to complete necessary medical, insurance, and billing forms if you seek treatment for any sickness or injury unrelated to your participation in the WCU athletic program.**

**It is the student-athlete's responsibility to know what your insurance plan covers and how much will come out of your pocket each time you visit the doctor. You can find all this information at [GeoBlue Member Login | International Health Insurance \(geoblue.com\)](http://geoblue.com). The website will describe how to login.

** This insurance is required of all international student athletes if they are enrolled at WCU, regardless of whether they are still competing on their respective teams.

WCU's Secondary Insurance

AG Administrators, Inc. (WCU's Excess Policy)

This insurance is a full excess plan of benefits. This means that all bills must first be submitted to **YOUR** medical insurance carrier (primary insurance company) with whom the athlete may be insured, then the claim will be processed by WCU's secondary insurance plan.

1. What are the parameters for filing with AG?

- Coverage is provided while: (a) participating in play or practice of an intercollegiate sport sponsored by the policyholder; (b) off season physical conditioning of an intercollegiate sport, must be part of WCU athletics and supervised by a WCU coach. **Important: This policy does not include coverage of injuries incurred in competition outside of the NAIA-sanctioned 24-week season.**

2. How are claims filed?

- Claim forms are completed by the Head Athletic Trainer and Assistant Athletic Trainers at the time of injury and scanned to AG.
- A student insurance folder will house the submitted claim form and any bills or explanation of benefits that are received throughout this time.
- Once the claim is submitted, AG can then recognize the student athlete's injury once claims are received within their office.

3. Why is it important to notify the athletic training staff of an injury upon onset of symptoms?

- AG must receive claim forms within 90 days of the injury being sustained for the secondary insurance to cover the claim.

- If no record of the injury exists within the athletic training staff's database then the injury cannot be verified as having occurred while participating in WCU sponsored events.

4. How long does a student athlete have after time of injury to see a physician and be covered under this policy?

- A student athlete must be seen by a physician within 90 days of the injury for the injury to be covered by AG.

5. How long is the benefit period for the injury?

- This is regarding how long AG will continue to pay for treatment and care for this injury. The answer is 104 weeks or 2 years from the date of injury. This means that the athlete must be finished with treatment and care within 2 years of the DOI (*Date of injury*) for the claimed injury for AG to continue paying.

Example: A baseball player hurts his elbow in the final month of his senior season. He sees a physician immediately after the injury and it is determined surgery will be needed. The athlete decides to put off surgery for 6 months. He has the surgery, begins therapy, and progresses. At the 2-year mark, regardless of whether the athlete has completed therapy or has had complications the policies benefits will be terminated. This would mean that from that moment on the athlete's primary insurance would be the sole source of coverage.

6. Does this insurance policy cover sickness or general medical illness/issues? (i.e. cold, flu, heart murmurs, sickle cell treatments, etc.)

- No. The student-athlete's primary insurance will have sole responsibility.
- This also includes any medications prescribed for any general medical issues. William Carey University Athletics will ONLY reimburse for prescriptions that are related to an Athletic Injury, where an athletic claim must be filed to receive reimbursement.

7. Does this insurance policy cover summer workouts assigned to the student athlete by the coach?

- No. Injuries incurred while training during the summer and outside the NAIA- 24-week season are not covered, even if the coach has given a program to follow.

8. Does this insurance policy cover me if I am done with my athletic eligibility, but still have one additional year of academic work?

- No, coverage is available only while you are a student athlete participating in your designated intercollegiate sport.

9. Who has the final say about whether an injury will be covered by WCU's secondary policy?

- AG. Once claim forms are submitted and any additional information requested from AG is received, they will make the final decision about covering a claim. Please understand that simply completing a claim form, does not guarantee payment for medical bills incurred.

10. What happens when YOU receive a bill for a sports related injury incurred at WCU?

- We ask all student athletes to put WCU's physical address on all documentation pertaining to a sports injury.
- If the bill comes to your home. You can submit or bring that bill to the insurance claim rep at WCU or bring bills to the athletic training staff, who will then forward the bill to the insurance claim rep for payment. Due to HIPAA laws WCU may not receive all the bills incurred by a student athlete. This makes it even more important to relay this information back to the athletic trainer as quickly as possible.
- The WCU insurance claim rep will work as quickly as possible to pay all bills and determine if each bill received shows both the student athlete's primary insurance and WCU's secondary insurance has paid.

11. What happens if my child reports an injury during the summer and is seen by a physician for that injury?

- If the injury is related to a WCU injury that student-athlete should have notified an athletic trainer prior to leaving for summer break. If no injury is documented by an athletic trainer, then the student is responsible for payment.

12. What happens if my child is sent to several different medical facilities for testing during that referral for a WCU related injury?

- It is the student-athlete's responsibility to notify the athletic training staff of each medical facility they are referred. This allows WCU to give the proper insurance information to each facility.
- The student-athlete can also get AG's information from athletic training staff to give to the different medical facilities.

13. What happens if your insurance changes?

- The William Carey University's Athletic Training Department must receive any changes to a health insurance policy as soon as they occur. If proper notification is not received, William Carey University will not be responsible for any delays in payment, collections notices, credit reports, etc. that occur.
- **If cancellation of a policy occurs without proper notification, all bills incurred during that period will be the responsibility of the student-athlete and/or his/her parents(s)/ guardian(s). This will include the cost up to WCU's deductible of \$2,500.**

14. How can I make sure my sports related claims are handled quickly?

- It is the studentathletes and his/her parent(s)/guardian(s) responsibility to understand the conditions that apply to their policy and comply with any request for information, etc. from the primary insurance company. Insurance companies request information on their policyholders when injury/illness medical claims are billed. Examples include, but are not limited to, accident/injury questionnaires mailed to your home asking you to answer and mail back to the insurance company and/or student enrollment verification, proving he/she is in college.

15. Any delinquent bills resulting in bad credit due to non-compliance with insurance company requests will be the responsibility of the student-athlete.

- If a student-athlete and/or his/her parent(s)/guardian(s) receives payment/reimbursement directly from their insurance company for athletic related injury/illness claims, **the full account balance becomes the responsibility of the student-athlete and/or his/her parent(s)/guardian(s), until payment is turned over to the provider.**

Pregnancy Referral and Management Guidelines

William Carey University's athletic department has as its primary concern the health and welfare of the student-athlete and the unborn child. Therefore, the student-athlete is required to inform the Athletic Training staff at the earliest known date of pregnancy.

Medical Costs

Medical Costs for the coverage of gynecological or obstetrics care, including pregnancy, are not covered by William Carey University.

Resources and Chain of Command

If a student-athlete indicates to any athletics department staff member that she may be pregnant, the Head Athletic Trainer is notified, and the following procedures willtake place:

1. The athlete will be removed from practice/competition and immediately referred to an OB/GYN physician of their choosing for physical examination.

2. Following the OB/GYN examination and testing, the athlete will provide William Carey University's athletic training staff copies of all doctors notes and laboratory tests results concerning her pregnancy status. Information submitted will be used by the team physician when determining the safety of continued participation in athletic competition.

****If pregnancy is confirmed through laboratory testing, the following procedures will take place:**

1. The following athletics department staff members will be informed that there is a change in the athlete's medical clearance status and why:
 1. Team Physician
 2. Head Athletic Trainer
 3. Staff Athletic Trainer
 4. Athletic Director
 5. Head Coach

Note: Information regarding pregnancy will not be disclosed to individuals without an Authorization to Disclose Medical Information form signed by the student-athlete.

2. The student -athlete must provide the athletic training staff copies of all doctor's notes, etc. which indicate whether or not continued participation in athletics is advised. A letter from the OB/GYN clearly outlining safe parameters for continued participation on doctor's letterhead is also required.
3. The team physician will review all available information and make a decision regarding the continued participation of the student-athlete in intercollegiate activity. This decision is final, and the student-athlete is required to abide by the physicians recommendations.

****If it is determined that the student-athlete is permitted to continue activity, she will still be required to do the following:**

1. Attend regular follow-up examinations with OB/GYN once a month (or as often as the OB/GYN determines it is necessary) to re-assess her health status.
2. Provide the athletic training staff with copies of all lab results, doctor's notes and office notes concerning the athlete's medical fitness to continue participation. The athlete must understand this is a continual process that will be examined throughout the course of each visit to determine the athlete's activity level.

Counseling

It may be necessary for the pregnant student-athlete to receive emotional support or care from a counselor or psychologist as well. If the student-athlete desires or the OB/GYN and/or athletic training staff feel it is necessary, counseling may be sought on campus through William Carey University student services department.

**PLEASE READ THE FOLLOWING CONSENT FORMS CAREFULLY:
(If you are under 18 years of age, your parents or guardians must also sign)**

The basic content of each is:

- | | |
|----------------------------------|--|
| A. Medical Consent: | Allows WCU Athletic Trainers and Physicians to treat any injury you receive while at WCU |
| B. Waiver of Liability: | Acknowledge that there are certain inherent risks involved in participating in intercollegiate athletics and that you are willing to assume responsibility for such risks. |
| C. Release of Information | Allows WCU Athletic Trainers to release information to athletic department personnel, as outlined in policies and procedures manual.

Allows WCU to release information necessary for award bios, nomination for awards and scholarship opportunities, and eligibility requirements. |
| D. Photographic Release | Allows WCU to release photographic and video recordings as appropriate |
| E. Acknowledgment | Acknowledgment of understanding and consent |

A. Medical Consent:

I, hereby grant permission to William Carey University (herein after "WCU") team physicians, trainers, and/or consulting physicians to render to the student athlete any treatment, medical or surgical care (including drug testing) that they deem reasonably necessary to the health and well-being of the student athlete.

The student athlete and/or parent/guardian also hereby grant permission to the athletic trainers at WCU, who are under the direction and guidance of WCU team physicians, to render any preventive, first-aid, rehabilitation or emergency treatment they deem reasonably necessary (including drug testing) to the health and well-being of the aforementioned student athlete.

Also, when necessary for executing such case, the student athlete and/or parent/guardian grants permission for hospitalization at an accredited hospital.

The student athlete and/or parent/guardian will be responsible for any and all costs of medical treatment, provided such is not paid by applicable insurance.

Student Athlete

Date

Parent or Guardian
(If student is under 18 years of age)

Date

B. Waiver of Liability

I understand that there are risks of injury or death arising from participation in intercollegiate sports and that even though proper coaching techniques are used, the possibility of injury or death still exists. To decrease the risk of injury, the student athlete and/or parent/guardian understands that equipment must be worn properly and that student athlete must adhere to all instructions and all rules applying to their chosen activity. The student athlete and/or parent/guardian agree that it is the responsibility of the student athlete to do so, as well as to report to their coach or Athletic Trainer, any defects, or change of fit, in athletic equipment. However, student athlete and/or parent/guardian acknowledge that proper use of equipment, proper training, and adherence to the rules may not prevent all risks of injury and the student athlete assumes those risks.

In consideration of the student athlete's being permitted to participate in WCU Athletic Department, the student athlete and/or parent/guardian hereby acknowledge and agree that he/she is aware that there are certain foreseeable and unforeseeable risks and dangers associated with participating in intercollegiate sports, including risks of illness, injury and death and understands that these risks and hazards may be caused by student athlete's own actions or inaction or the actions or inactions of others. He/she also understands that there are risks in traveling to and from competition, including motor vehicle accidents resulting in injury or even death.

Student athlete and/or parent/guardian knowingly and voluntarily accepts and assumes responsibility for all such risks and dangers that could arise out of, or occur during, student athlete's participation in intercollegiate athletics at WCU. The student athlete and/or parent/guardian hereby releases WCU, its Trustees, officers, employees, agents, and representatives together with all persons assisting with any phase of the program, from all liability and responsibility for any loss or injury, however caused, related to the student athlete's participation in WCU athletic program. Further, and to the same extent and scope, he/she releases said parties from any claim whatsoever that may be attributable to the receipt of first aid or other medical treatment rendered to student athlete in connection with his/her participation in intercollegiate athletics at WCU. The student athlete and/or parent/guardian further agree to indemnify and hold harmless said parties, past, present and future and their representatives from any and all claims and/or costs arising out of or related to student athlete's participation in intercollegiate athletics at WCU. It is the intent of the student athlete and parent or guardian, that this Agreement shall bind all members of the student's family, heirs, assigns and personal representatives.

I also expressly agree that the foregoing assumption of risk, release and indemnification agreement is intended to be as broad and inclusive as is permitted by the law of the State of Mississippi and that if any portion thereof is held invalid, it is agreed that the balance shall, notwithstanding, continue in full legal force and effect.

Student Athlete

Date

Parent or Guardian
(If student is under 18 years of age)

Date

C. Release of Information:

I, hereby authorize WCU, and the physicians, athletic trainers, and health care personnel representing WCU to release the protected health information and any related information of the student athlete regarding any injury or illness during the training for and participation in intercollegiate athletics. This protected health information may concern medical status, medical condition, injuries, prognosis, diagnosis, athletic participation status, and related personally identifiable health information. The purpose of this authorization is to permit the disclosure of information among health care professionals, coaches, training staff, insurance personnel, medical vendors, academic counselors, university administrators, and the media with respect to WCU athletes. I understand that my injury/illness information is protected by federal regulations under either the Health Insurance Portability and Accountability Act (HIPAA) or the Family Educational Rights and Privacy Act of 1974 (FERPA) and may not be disclosed without either my authorization or consent. I understand that my signing of this authorization/consent is voluntary. I also understand that once information is disclosed per my authorization/consent, the information is subject to re-disclosure and may no longer be protected by HIPAA and/or FERPA. I understand that I may revoke this authorization/consent at any time by notifying in writing the Athletic Director at WCU, but if I do, it will not have any effect on actions that WCU took in reliance on this authorization/consent prior to receiving the revocation. I reserve the right to review all records at any time and to obtain a copy of all records released at any time upon request. This authorization shall automatically expire when the student athlete named herein is no longer participating in intercollegiate athletics for WCU. I hereby acknowledge that I have received a copy of this authorization.

Student Athlete

Date

Parent or Guardian
(If student is under 18 years of age)

Date

D. Photographic Consent and Release

I hereby authorize WCU, and those acting pursuant to its authority to:

(a) Record my likeness and voice on a video, audio, photographic, digital, electronic or any other medium,

(b) Use my name in connection with these recordings, and

(c) Use, reproduce, exhibit or distribute in any medium, these recordings for any purpose that WCU, and those acting pursuant to its authority, deem appropriate.

I release WCU and those acting pursuant to its authority from liability for any violation of any personal or proprietary right I may have in connection with such use. I understand that all such recordings, in whatever medium, shall remain the property of the University. I have read and fully understand the terms of this release.

Student Athlete

Date

Parent or Guardian
(If student is under 18 years of age)

Date

E. Acknowledgment

I have read this consent, release, and waiver of liability, understand its terms, agree to its terms, and sign it freely and voluntarily.

Student Athlete

Date

Parent or Guardian
(If student is under 18 years of age)

Date

Concussion Information for Student-Athletes

What is a Concussion?

A concussion is a brain injury caused by a blow to the head, face or elsewhere on the body with a force transmitted to the head. Concussions can result from hitting a hard surface, such as the ground/floor, colliding with another person, or being hit by a ball, bat or other sporting equipment.

Signs & Symptoms of Concussion:

1. Headache or “pressure” in head
2. Nausea or vomiting
3. Balance problems or dizziness
4. Double or blurry vision
5. Feeling sluggish, hazy, foggy or groggy
6. Concentration or memory problems
7. Confusion
8. Sensation that one does not “feel right”
9. Loss of consciousness (although concussions can occur without loss of consciousness)

Why knowing you have a Concussion is important:

Most concussions resolve, but some concussions can lead to chronic symptoms. Resting, avoiding another blow to the head, and following the advice of medical staff are critical in helping you recover as soon and as safely possible. Sustaining another concussion prior to recovery from the first increases your chance of long-term symptoms. In rare cases, there have been reports of brain damage or even death with a second concussion in athletes. It is very important that you report any concussion symptoms to your athletic trainer or team physician at the time of the injury.

Assessment tools for Concussions:

Athletic trainers/sports medicine staff at William Carey University will use standardized methods to obtain a more objective measurement of post-concussion signs and symptoms, cognitive dysfunction, and postural instability. These methods allow the sports medicine staff to determine the severity of injury and measure the student-athlete’s progress over the course of post-injury recovery. The SAC and SCAT3, use brief screening tools to evaluate post-concussion signs and symptoms, and cognitive functioning on the sideline immediately after a concussion. C3 Logix Concussion Software is used to track recovery further out from the time of injury. Student-athletes are required to take a baseline C3 Logix Concussion test every year before they start workouts, practices, and games.

Sickle Cell Trait Information for Student-Athletes

What is Sickle Cell Trait?

Sickle cell trait is not a disease. Sickle cell trait is the inheritance of one gene for sickle hemoglobin and one for normal hemoglobin. Athlete's with the Sickle Cell Trait need to be aware of exertional sickling, and the potential for collapse, which result when red blood cells change shape during extensive periods of exertion. During intense exercise, red blood cells containing the sickle hemoglobin can change shape from round to quarter-moon or "sickle". Sickled red cells can accumulate in the bloodstream during intense exercise, blocking normal blood flow to the tissues and muscles. Sickling collapse is a medical emergency and someone suffering a sickling collapse should seek medical attention immediately.

Signs of Exertional Sickling

1. Collapse can happen during the first 30 minutes of full-out exertion.
2. Unable to catch breath/ fatigue
3. Unlike heat cramping, muscles will not visibly twinge or spasm. They will feel normal to touch.
4. Muscles feel weak, causing the player to slump to the ground.
5. Pain, swelling, weakness, and tenderness

Factors that can increase a sickle cell trait athlete's vulnerability to collapse, include: heat stress, dehydration, altitude, and asthma.

Not all athletes who experience sickling present the same way. The primary limiting symptoms are leg or low back cramps or spasms, weakness, debilitating low back pain, difficulty recovering, and fatigue.

Treatment

1. If a student-athlete with diagnosed sickle cell trait presents with any signs and symptoms of exertional sickling, they will be immediately withdrawn from any activity.
2. For any student-athlete who is experiencing exertional sickling will be monitored by Athletic Trainer/medical staff. If patient's vitals start to decline, EMS will be activated for further medical treatment.

Exertional Heat Related Illnesses Information for Student-Athletes

Student-athletes can suffer from heat-related illness when body temperature rises rapidly and their bodies cannot properly cool themselves down by sweating. Exertional heat related illness can be serious and life threatening. High body temperatures may damage the brain and other vital organs, and can cause disability and even death. Although heat related illnesses are life-threatening, they are preventable.

Signs/Symptoms & Treatment of Heat Related Illnesses

Heat Exhaustion: core body temperature <104°F, difficulty in continuing to exercise in the heat, dizziness, lightheadedness, headache, nausea, diarrhea, and persistent muscle cramps.

Treatment: remove patient from heat to a cooler shaded environment, remove excess clothing and equipment, cool the patient with fans and/ or ice towels, monitor vital signs, provide fluids for the patient to rehydrate, if patient does not improve within 5 minutes, treat as exertional heat stroke.

Heat Stroke: core body temperature >104°F (need for immediate assessment; only valid method is rectal temperature-if available), CNS dysfunction (dizziness, confusion, irrational behavior, aggressiveness, seizures, coma), hot, wet or dry skin, hypotension, tachycardia, hyperventilation, vomiting, diarrhea, convulsions.

Treatment: immediately remove patient from activity to a cooler shaded area, initiate emergency action plan, obtain and monitor core body temperature (rectal temperature- if available), immediate on-site cold water immersion is the gold standard for heat stroke treatment, cool until rectal temperature is 102°F and then remove from cooling, transport to hospital once core body temperature has reached 102°F, return to play following physician clearance.

Hyponatremia: condition with low blood sodium values (<130mEq/L); overdrinking, nausea, vomiting, dizziness, swelling or tingling in extremities, altered mental status, seizures. Risk factors include: excessive sweat sodium losses that are not replaced, and overdrinking hypotonic fluids. Preventative measures: develop individual hydration plan based on fluid and electrolyte losses, ensure athletes consume adequate dietary sodium.

Treatment: If hyponatremia is suspected, immediate transfer to an emergency medical center via the emergency medical system is indicated. An athlete with suspected hyponatremia should not be administered fluids until a physician is consulted. Return to play following physician clearance and a plan to prevent further episodes.

Acknowledgement and Consent

I acknowledge that I have received, read, and understand the fact sheets concerning concussions, sickle cell trait and exertional heat related illnesses, the symptoms and the treatment procedures. I also understand that it is my responsibility to report all injuries and illnesses to the athletic trainers and/or team physician.

With this knowledge, I voluntarily consent and authorize William Carey University and the Athletic Trainers and collaborating physicians contracted by the University to assess, treat, rehabilitate and refer me if necessary during the year. I further authorize these health care professionals to disseminate information concerning any athletic injury or health status to the appropriate athletic department staff members, my parent(s)/guardian, or outside professionals who are involved in my care.

Student Signature: _____ Date: _____

Parent/Guardian Name & Signature (if Student is under age 18): _____



NAIA Banned Drugs

It is your responsibility to check with the appropriate or designated athletics staff before using any substance.

1. The NAIA bans the following classes of drugs:
 1. Stimulants.
 2. Anabolic Agents.
 3. Diuretics and Other Masking Agents.
 4. Peptide Hormones and Analogues.
 5. Anti-estrogens; and
 6. Beta-2 Agonists.

Note: Any substance chemically related to these classes is also banned.

The institution and the student-athlete shall be held accountable for all drugs within the banned drug class regardless of whether they have been specifically identified.

2. Drugs and Procedures Subject to Restrictions:
 1. Blood Doping.
 2. Local Anesthetics (under some conditions).
 3. Manipulation of urine samples.
 4. Beta-2 Agonists permitted only by prescription and inhalation.
 5. Caffeine if concentrations in urine exceed 15 micrograms/ml.
3. NAIA Nutritional / Dietary Supplements Warning

Before consuming any nutritional/dietary supplement product, review the product with the appropriate or designated athletics department staff!

1. Dietary supplements, including vitamins and minerals, are not well regulated and may cause a positive drug test result.
2. Student-athletes have tested positive and lost their eligibility using dietary supplements.
3. Many dietary supplements are contaminated with banned drugs not listed on the label.
4. Any product containing a dietary supplement ingredient is taken at your own risk.

Note to Student-Athletes: There is no complete list of banned substances. Do not rely on this list to rule out any supplement ingredient.

Check with your athletics department staff prior to using a supplement.



Some Examples of NAIA Banned Substances in Each Drug Class:

1. Stimulants:

Amphetamine (Adderall); caffeine (guarana); cocaine; ephedrine; fenfluramine (Fen); methamphetamine; methylphenidate (Ritalin); phentermine (Phen); synephrine (bitter orange); methylhexanamine, "bath salts" (mephedrone) etc.

Exceptions: phenylephrine and pseudoephedrine are not banned.

2. Anabolic Agents (sometimes listed as a chemical formula, such as 3,6,17-androstenedione):
Androstenedione; boldenone; clenbuterol; DHEA (7-Keto); epi-trenbolone; etiocholanolone; methasterone; methandienone; nandrolone; norandrostenedione; ostarine, stanozolol; stenbolone; testosterone; trenbolone; etc.

3. Diuretics (water pills) and Other Masking Agents:

Bumetanide; chlorothiazide; furosemide; hydrochlorothiazide; probenecid; spironolactone (canrenone); triameterene; trichlormethiazide; etc.

4. Peptide Hormones and Analogues:

Growth hormone (hGH); human chorionic gonadotropin (hCG); erythropoietin (EPO); etc.

5. Anti-Estrogens:

Anastrozole; tamoxifen; formestane; ATD, clomiphene etc.

6. Beta-2 Agonists:

Bambuterol; formoterol; salbutamol; salmeterol; etc.

Additional examples of banned drugs can be found at www.naia.org/wellness.

Any substance that is chemically related to the class, even if it is not listed as an example, is also banned!

Information about ingredients in medications and nutritional/dietary supplements can be obtained by contacting the Drug Free Sport AXISTM 866.635.7877 or www.drugfreesport.com/axis password naialive5.

It is your responsibility to check with the appropriate or designated athletics staff before using any substance.

INCLEMENT WEATHER/ LIGHTENING GUIDELINE PROCEDURES

Monitoring the Game/ Practice

Prior to Game/ Practice

Perry Weather System will be used by both athletic trainers and coaches to monitor changing weather patterns. This program allows for up to the minute information for severe weather and lightening to the **Athletic Trainer/ Game Manager/ Coaching Staff**.

***** Athletic Trainers/ Game Manager can contact Local Emergency Management if necessary to determine weather conditions if Perry Weather is not working correctly.***

***** The athletic trainer will notify the game officials/ head coaches of the possibility of severe weather and lightening prior to the event and throughout the game / practice. The athletic trainer has the right to delay play if lightening has been spotted prior to the game / practice.***

Game Started

***** Once the game has started it is the responsibility of the game official to make the call about suspending play. This decision should be based on weather information received from the athletic training staff.***

***** In the event of severe weather or lightening, announcements via the PA system will be made regarding the potential for such storms to develop and the possibility of vacating the sports facilities for safer areas.***

Practice Started

***** Once practice has started it is the responsibility of the head coach to make the call about suspending practice. This decision should be based on weather information received from thru the Perry Weather App***

I. The following alerts will prompt athletic training staff and athletics staff to make accommodations for both student- athletes and spectators to begin seeking safe areas.

Alerts for Real time Lightening Procedures to Take Effect

Alert	Meaning	Action
"Heads Up"	Lightning within 15 miles	1.ATC notifies Game Official 2.SID makes PA announcement
"Begin safety Procedures"	Lightning within 10 Miles	1.Suspend Play 2.Begin moving student-athletes to designed safe areas 3. PA announcement to clear spectators from field and surrounding area.
"You are now in danger; area safety procedures should be complete"	Lightning within 6 Miles	1. All student-athletes should be indoors. 2. All spectators should be clear of field/ facility 3. ATC monitors weather to determine when play can resume
"All Clear"	Lightning has not be detected at 6 for 30 Minutes	1.Student-athletes and spectators are allowed back on the field/facility

HEAT GUIDELINE PROCEDURES FOR PRACTICE- WET BULB GLOBE TEMPERATURE

Extreme heat is a major weather-related hazard. Even a short period of exposure can be so taxing on the body that it results in a heat-related illness. Although outdoor physical activity may be unavoidable, heat-related illnesses and fatalities are preventable by using NWS forecast tools like Heat Index (which tells you how temperature feels to the human body in a shady area) or alternatively, Wet Bulb Globe Temperature (WBGT), before heading outside.

What is WBGT?

WBGT is an experimental forecast tool indicating expected heat stress on the human body when in direct sunlight. It estimates the effect of temperature, relative humidity, wind speed, and solar radiation on humans using a combination of temperatures from three thermometers:

- A Wet bulb measures the temperature read by a thermometer covered in a wet cloth. As water evaporates from the cloth, evaporation cools the thermometer. This mirrors how the human body cools itself with sweat.
- A black globe is used to measure solar radiation. Solar radiation heats the globe and wind blowing across it cools the globe.
- A Dry bulb calculates the air temperature measured in the shade. It is the temperature you would see on your thermometer outside

Temperature	Activity
Under 82*	Normal Activities- Provide at least three rest breaks each hour for a minimum of 3 minutes during workout.
82-86.9*	Use discretion for intense or prolonged exercise; watch at-risk players carefully; Provide at least three separate rest breaks each hour of a minimum of four minutes duration each.
87-89*	Maximum practice time is two hours. For football; players restricted to helmet, shoulder pads, and shorts during practice. All protective equipment must be removed for conditioning activities. For all sports: Provide at least four separate rest breaks each hour of a minimum of four minutes each.
90-92*	Maximum length of practice is one hour, no protective equipment may be worn during practice and there may be no conditioning activities. There must be 20 minutes of rest breaks provided during the hour of practice.
>92*	No outdoor workouts; Cancel exercise; delay practice until a cool WBGT reading occurs

HYDRATION PLAN

Ways to stay Hydrated:

- Drink throughout the day
- Drink 17-20oz of fluid 2-3 hours BEFORE practice
- Drink an additional 7-10oz of fluid 10-20 min prior to starting practice
- Drink 28-40oz of fluid per hour to replace sweat loss during exercise
- Drink 20oz per pound of weight loss within two hours of finishing training
- For optimal performance, drink as much as sweat was lost.

Ways to stay Cool:

- Get in shape and acclimate to humidity
- Know the warning signs of dehydration and heat illness
- Don't rely on thirst to drink, it is not a good indicator of dehydration
- Favor sport drinks if possible
- Monitor body weight
- Watch urine color: the clearer the better
- Avoid caffeine
- Drink a lot of fluids during your meal time
- Consume adequate dietary sodium

Signs of Dehydration and Heat Illness:

- Headache
- Dizziness or Lightheadedness
- Weakness
- Irritability
- Early Fatigue and weakness
- Nausea or vomiting
- Muscle Cramps --To avoid heat cramps, consume sodium in your diet and drink sports drinks

Signs of Heat Stroke (Life Threatening):

- Dangerously high temperature
- Confusion and disorientation
- Irrational Behavior
- Drowsiness
- Nausea

Fluids to Avoid:

- Carbonated beverages, as in soda
- Fruit Juice
- Energy drinks
- Protein Supplements

Heat illnesses such as Heat Cramps, Heat Exhaustion and life-threatening Heat Stroke are very serious. You must do your part to prevent these situations, let the medical staff know how you are feeling. Be aware of your teammates. If you believe they are displaying any signs of heat illness, let the medical staff know immediately. Drink plenty of fluids before, during, and after exercise.

William Carey University Concussion Policy

What is a Concussion?

A concussion is a brain injury caused by a blow to the head, face or elsewhere on the body with a force transmitted to the head. Concussions can result from hitting a hard surface, such as the ground/floor, colliding with another person, or being hit by a ball, bat or other sporting equipment. Concussion can be serious and potentially life threatening injuries in sports. A concussion may present itself differently for each student-athlete and occurrence. Coaches and teammates can be helpful in identifying those who may potentially have a concussion, because a concussed athlete may not be aware of a concussion or potentially try to hide the injury to stay in the game. Signs and symptoms of a concussion may show up right after an injury or can take hours or days to fully appear.

<u>Symptoms may include one or more of the following (reported by the athlete)</u>	
Headache	Brief loss of consciousness (LOC)
Fatigue/Vomiting/Nausea	Poor recall for events prior to injury or after injury
“Pressure in Head”	Difficulty with memory
Sensitivity to light or noise/sound	Feeling Sluggish
More Emotional	Difficulty concentrating/confusion/feeling “foggy”
Change in sleep patterns	Neck Pain
Balance problems or dizziness	Irritability
Repeating the same question/comment	Balance problem or dizziness
Blurred, double or fuzzy vision	Report they “don’t feel right”

NOTE: Not all symptoms have to be present with concussion. Each concussion will present itself differently for each individual. An athlete shall be withheld from competition in accordance with RTP protocol when (1) the athlete reports headache, (2) there is a mechanism of injury and (3) one other symptom is present.

<u>Signs observed by athletic trainers, teammates, coaches, parents</u>	
Appears dazed/stunned/ confused	Balance problems or move clumsily
Vacant facial expression	Personality change
Unsure of game, score, or opponent	Memory changes
Responds slowly to questions	Slurred speech
Loss of consciousness (LOC)	Seizures or convulsion
Can’t recall events prior to hit	Can’t recall events after hit

Assessment Tools for Evaluating a Concussion

Athletic trainers/sports medicine staff at William Carey University will use standardized methods to obtain a more objective measurement of post-concussion signs and symptoms, cognitive dysfunction, and postural instability. These methods allow the sports medicine staff to determine the severity of injury and measure the student-athlete’s progress over the course of post-injury

recovery. Every student-athlete is required to complete a computerized baseline concussion test annually prior to preseason of their perspective sport. William Carey University utilizes a computerized cognitive assessment called C3 Logix to measure athletes' brain performance. Athlete's baseline test will be compared to any additional test performed after a head injury. The BESS Test and SCAT3, use brief screening tools to evaluate post-concussion signs and symptoms, and cognitive functioning on the sideline immediately after a concussion.

Take Home Concussion Sheet

Athletes will be given a take home concussion sheet after being diagnosed with a concussion by athletic training staff. This take home sheet includes potential symptoms that can occur, what to do and not to do and the contact information of the athletic trainer if any questions come up. Depending on the situation, it is recommended for the athlete's roommate or friend to be around or to be contacted via phone, during the time the take home sheet is discussed so they also understand what they may see while looking after the athlete. The take home concussion sheet is provided below.

Concussion Assessment

No athlete suspected of having a concussion is permitted to return to play the same day. No athlete is permitted to return to play while symptomatic while following a concussion.

-Baseline Testing: to be completed by every student-athlete annually.

-Time of injury: clinical evaluation and symptom checklist to be completed.

-Next Day: follow-up clinical evaluation and symptom checklist to be completed.

-Daily: follow-up evaluations to track symptom recovery.

-Weekly: continue follow-up evaluations, once 24-hours asymptomatic, and the return to play progression protocol will start.

- Once athlete becomes asymptomatic: determine where athlete is relative to their baseline with C3 Logix Neurocognitive Assessment.

****If the student-athlete becomes symptomatic at any point during the process, they should be re-assessed daily until asymptomatic. ****

Return-to-Play Progression

Rehabilitation Stage	Functional Exercise	Objective of Stage	Criteria to Advance
1. No Activity	Complete Physical & Cognitive Patience (Rest)	Recovery	No symptoms at rest, neurocognitive and physical tests normal
2. Light Aerobic Exercise	Walking, swimming or stationary bike	Increase Heart Rate	No return of symptoms @ 2 days of activity

3. Sport-specific exercise	Running drills, shooting drills, etc.. No Head impact activities	Add movement	No return of symptoms @ 1 day
4. Non-contact training	Progression to more complex training drills, start resistive training	Exercise, coordination, cognitive load	No return of symptoms
5. Full contact practice	Normal training activities	Restore Confidence, assessment of functional skills	No return of symptoms
6. Return to play	Normal game play	Full participation	

****Symptoms will be reassessed immediately following exertional activities. If the student-athlete becomes symptomatic at any point during the process, they should be re-assessed daily until asymptomatic. Once they become asymptomatic, the return to play progression will start over.****

Second Impact Syndrome

Athletes with the signs and symptoms of a concussion should be removed from play immediately. Continuing to play with signs and symptoms of a concussion leave the student-athlete especially vulnerable to a greater injury. There is an increased risk for a period of time after a concussion occurs, particularly if the athlete suffers another concussion, before recovering from the first concussion. This could lead to prolonged recovery or even to severe brain swelling (second impact syndrome) with devastating and even fatal consequences.

It does not require a strong blow to the head to cause the effects of second impact syndrome. The student-athlete may receive a minor blow to the head, chest, or back that snaps the head. The second impact may often go undetected because it is not directly or under reported by the student-athlete.

Concussion Home Instruction Sheet

Athlete: _____ Date: _____

This athlete has sustained or is suspected to have sustained a head injury/concussion. Quite often signs of a head injury/concussion do not appear immediately after trauma. The purpose of this sheet is to alert you to the symptoms of significant head injuries/concussions that may occur several hours after the initial head injury.

Please follow the instructions listed below:

Keep careful watch over the athlete and observe overall physical and mental health.

Contact the athlete's primary care physician or take the athlete to the nearest hospital emergency department IMMEDIATELY if any of the following symptoms persist or worsen:

Increasingly severe headaches	Difficulty in waking the athlete
Repeated vomiting	Blurred Vision
Dizziness, poor balance or unsteadiness	Weakness or numbness in arms or legs
Convulsion/Seizures	Unusual bizarre behavior
Persistent ringing in the ears	Any discharge from ears or nose
Slurred speech	Pupils are dilated, unequal in size
Neck pain	More emotional

It is OK to	Do Not
Use an ice pack on head and neck as needed	Do not exercise or lift weights
Eat a light diet	Do not take aspirin or ibuprofen
Go to sleep	Do not use sedating medication or alcohol
Rest (no strenuous exercise or sports)	Do not drive while you have symptoms
Consult your physician about prescription meds	DO not lie about or minimize your symptoms, be honest.

Special Instructions:

- Follow up with the Athletic Trainer/Physician the next day or as soon as possible to discuss signs/symptoms and receive directions for post-concussion care and treatment.
- Keep all medical paperwork about your concussion for your records and give instructions or medical clearance forms from your physician to the athletic trainer for guidelines for return to participation. Recommendations provided to: _____ phone# _____
Recommendations provided by: _____ phone# _____

Emergency Action Plan

WCU Soccer Complex

EMERGENCY PLAN: Crusader Field

Emergency Personnel: Certified Athletic Trainers, Student Athletic Trainers, Team Physicians (*if present*), Coaching staff onsite, Campus Security

Emergency Equipment: AED (*Home Games- Behind Media Table. Practices- Tennis Locker Room-right beside door*), Splint Bag, Crutches, & Athletic Trainer's Kit (*Practices- In Athletic Training Room. Home Games- Behind Media Table*)

Emergency Communication: Emergency Personnel's Cell Phone

EMERGENCY PLAN RESPONSIBILITIES

1. **Certified Athletic Trainer**
 - Immediate Care of injury/ill athlete, assess the situation
 - Call Emergency Medical System (EMS)
2. **Student Athletic Trainer/Coach/Athletic Department Staff**
 - Instructed to **CALL 911** by Certified Athletic Trainer
 - When calling EMS, say the following:
 - *Identify yourself. (My name is (YOUR NAME). I am a (JOB TITLE) at William Carey University. We have an injured athlete(s) on Soccer Field at CRUSADER FIELD. (710 William Carey Parkway Hattiesburg, MS 39401. Proceed down William Carey Parkway until you reach 4th stop sign. Soccer Field is immediately on your left.*
 - *Give campus location of injured athlete. (Crusader Field/ Soccer Field)*
 - a) *On Game Field/ Practice Field- inform ambulance where Staff will meet them to direct to athlete.*
 - b) *In Field House/Locker Room- inform ambulance where Staff will meet to direct to athlete.*
 - *Inform them of what injury is suspected, provide what signs and symptoms are present or current state of athlete. (WE SUSPECT THE ATHLETE HAS...)*
 - *Ask if other information is needed.*
 - **HANG UP LAST!!!!!!**
 - *Bring athlete's personal history and insurance information*
 - Emergency personnel/ Coach/ Athletic trainer will accompany athlete in ambulance to the hospital
3. **Athletic Department Staff/Coach/ Student Athletic Trainer**
 - Someone will need to call Campus Security to inform them of accident.
 - This person will go to ensure all doors/gates are unlocked and to direct the ambulance to the injury site.

Emergency Contact List

Emergency Number-----911
Campus Security-----601-318-6300
Jeff Davis: Head Athletic Trainer-----601-319-4200
Bella Smiley: Asst. Athletic Trainer -----601-319-2236
Sam Morris: Assis. Athletic Trainer-----601-270-5423
AAA Ambulance Services-----601-264-5211
Forest General Emergency Room-----601-288-2100

PENTON APARTMENTS

WILLIAM CAREY UNIVERSITY

SCHOOL OF BUSINESS



You are here
Located at Field House in
Tennis Locker Room (To the
right of the door)



FAIL-ASBURY HALL (NURSING)

ALUMNI MEMORIAL DRIVE

WHEELER HOUSE (ALUMNI ADMISSIONS)



MURAL BY JACK JONES FIELD HOUSE

SOCCER FIELD

PRACTICE FIELD



WILLIAM CAREY PARKWAY



SCHOOL OF BUSINESS

WARREN PRAYER GARDEN

BASS CHAPEL

COLLEGE OF OSTEOPATHIC MEDICINE

MARY ROSS HALL

THOMAS BUILDING

THOMAS HALL (FINE ARTS CENTER)

DONNELL HALL (CAREY CENTER)

BASS HALL

THOMAS HALL (FINE ARTS CENTER)

SMITH HALL LIBRARY

SARAH GILLESPIE MUSEUM

STATUE OF WILLIAM CAREY

BIOLOGY LAB

GREEN SCIENCE

POLK HALL

BRYANT HALL

CHERRY STREET

CLINTON GYM

BRASWELL HALL BYRD HALL

FUTRAL HALL DAVIS HALL

JACKSON-WILLIAMS GARDEN

MISSIONS PLAZA

WILKES HALL (STUDENT DINING HALL, STUDENT CONFERENCE CENTER, PRESIDENT'S MEETING ROOM)

STUDENT CENTER

COFFEE HOUSE

CRAWFORD HALL (BSU)

LAWRENCE HALL (ART BUILDING, ad.)

GREEN SCIENCE

POLK HALL

BRYANT HALL

WIDOW WALLIS WAY WEST COMMISSION DRIVE

COBBLER CORNER

INDIGO DRIVE

MULTI-PURPOSE ATHLETIC FACILITY & TRACK

JOSEPH AND NANCY FAIL FIELD

KENNEDY SPORTS COMPLEX

GILLESPIE BATTING FACILITY

MILTON WHEELER FIELD

GILLESPIE BIRD SANCTUARY

HATTIESBURG CAMPUS



Emergency Action Plan **WCU Basketball Complex**

EMERGENCY PLAN: Clinton Gymnasium

Emergency Personnel: Certified Athletic Trainers, Student Athletic Trainers, Team Physicians (*if present*), Coaching staff onsite, Campus Security

Emergency Equipment: AED (*Home Games- Home Sideline. Practices- Athletic Training Room*), Splint Bag, Crutches, & Athletic Trainer's Kit (*Practices- In Athletic Training Room. Home Games- With Athletic Trainer*)

Emergency Communication: Emergency Personnel's Cell Phone

EMERGENCY PLAN RESPONSIBILITIES

1. **Certified Athletic Trainer**
 - Immediate Care of injury/ill athlete, assess the situation
 - Call Emergency Medical System (EMS)
2. **Student Athletic Trainer/Coach/Athletic Department Staff**
 - Instructed to **CALL 911** by Certified Athletic Trainer
 - When calling EMS, say the following:
 - **Identify yourself (My name is (YOUR NAME). I am a (JOB TITLE) at William Carey University. We have an injured athlete(s) on the Basketball Court at CLINTON GYMNASIUM. (710 William Carey Parkway Hattiesburg, MS 39401. Proceed down William Carey Parkway until you reach the 4th stop sign, turn right into main entrance of campus; Clinton Gym is located on the left passed the main gate.)**
 - *Give campus location of injured athlete (Clinton Gymnasium)*
 - c) **On Court-** inform ambulance where *Staff* will meet ambulance to direct to injured athlete.
 - d) **In ATR/ Locker Room-** inform ambulance where *Staff* will be at front entrance of Clinton Gym- Annex to meet ambulance.
 - *Inform them of what injury is suspected, provide what signs and symptoms are present or current state of athlete. (WE SUSPECT THE ATHLETE HAS...)*
 - *Ask if other information is needed.*
 - **HANG UP LAST!!!!!!**
 - *Bring athlete's personal history and insurance information*
 - Athletic Department Personnel/ Athletic trainer will accompany athlete in ambulance to the hospital
3. **Student Athletic Trainer/ Coach/ Athletic Department Staff**
 - Someone will call Campus Security to inform them of the accident.
 - This person will go to ensure all doors/gates are unlocked and to direct the ambulance to the injury site.



Emergency Contact List

Emergency Number----- 911
Campus Security-----601-318-6300
Jeff Davis: Head Athletic Trainer-----601-319-4200
Bella Smiley: Asst. Athletic Trainer -----601-319-2236
Sam Morris: Assis. Athletic Trainer-----601-270-5423
AAA Ambulance Services-----601-264-5211
Forest General Emergency Room-----601-288-2100

PENTON APARTMENTS

WILLIAM CAREY UNIVERSITY

SCHOOL OF BUSINESS

 You are here
 Located in Athletic Training room (practices) & with Athletic Trainers for

FAIL-ASBURY HALL (NURSING)

WHEELER HOUSE (ALUMNI ADMISSIONS)

INTRAMURAL FIELD, TENNIS, JACOBS FIELD HOUSE

SOCCER FIELD



WILLIAM CAREY PARKWAY

TUSCAN AVENUE

COLLEGE OF OSTEOPATHIC MEDICINE

MARY ROSS HALL

THOMAS BUILDING

BASS HALL

DONNELL HALL (CAREY CENTER)

BASS CHAPEL

WARREN PRAYER GARDEN

CHAIN GARDEN

THOMAS HALL (FINE ARTS CENTER)

SMITH HALL

LIBRARY

SARAH GILLESPIE MUSEUM

STATUE OF WILLIAM CAREY

BIOLOGY LAB

GREEN SCIENCE

POLK HALL

BRYANT HALL

WIDOW WALLIS WAY

JACKSON-WILLIAMS GARDEN

KRISHNA PAL PLACE

McMILLAN HALL (IT, POST OFFICE, BOOKSTORE)

MISSIONS PLAZA

WILKES HALL (STUDENT DINING HALL, STUDENT CONFERENCE CENTER, PRESIDENT'S MEETING ROOM)

CRAWFORD HALL (BSU)

COFFEE HOUSE

STUDENT CENTER

LAWRENCE HALL (ART BUILDING, adj.)

COBBLER CORNER

COFFEE HOUSE

STUDENT CENTER

FUTRAL HALL

DAVIS HALL

BRASWELL HALL

BYRD HALL

MAIN GATE

WEST COMMISSION DRIVE

INDIGO DRIVE

CHERRY STREET

JOSEPH AND NANCY FAIL FIELD

KENNEDY SPORTS COMPLEX

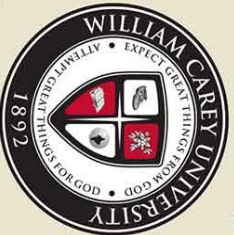
GILLESPIE BATTING FACILITY

MILTON WHEELER FIELD

GILLESPIE BIRD SANCTUARY

FACILITIES

MULTI-PURPOSE ATHLETIC FACILITY & TRACK



HATTIESBURG CAMPUS

49

Emergency Action Plan
WCU Larry W. Kennedy Sports Complex

EMERGENCY PLAN: Milton Wheeler Field

Emergency Personnel: Certified Athletic Trainers, Student Athletic Trainers, Team Physicians (*if present*), Coaching staff onsite, Campus Security

Emergency Equipment: AED (*Home game- Home Dugout. Practices- Located in Batting Facility*), Splint Bag, Crutches, & Athletic Trainer’s Kit(*Practices- In Athletic Training Room. Home Games- Home Dugout*).

Emergency Communication: Emergency Personnel’s Cell Phone

EMERGENCY PLAN RESPONSIBILITES

1. Certified Athletic Trainer

- Immediate Care of injury/ill athlete, assess the situation
- Call Emergency Medical System (EMS)

2. Student Athletic Trainer/Coach/Athletic Department Staff

- Instructed to **CALL 911** by Certified Athletic Trainer
- When calling EMS, say the following:
 - *Identify yourself.* **(My name is (YOUR NAME). I am a (JOB TITLE) at William Carey University. We have an injured athlete(s) on Baseball Field at LARRY W. KENNEDY SPORTS COMPLEX. (710 William Carey Parkway Hattiesburg, MS 39401. Proceed down William Carey Parkway until you reach the 3rd stop sign. Turn right at 3rd stop sign on County Drive. Field is located directly on the right.**
 - *Give campus location of injured athlete (Larry W. Kennedy Sports Complex)*
 - e) On Field (Milton Wheeler Field)- inform ambulance where Staff will meet to direct to athlete.
 - f) In Locker Room/Batting Facility- inform ambulance where Staff will meet to direct to athlete.
 - *Inform them of what injury is suspected*, provide what signs and symptoms are present or current state of athlete. **(WE SUSPECT THE ATHLETE HAS...)**
 - *Ask if other information is needed.*
 - **HANG UP LAST!!!!!!**
 - *Bring athlete’s personal history and insurance information*
 - Emergency personnel/ Coach/ Athletic trainer will accompany athlete in ambulance to the hospital

3. Athletic Department Staff/Coach/ Student Athletic Trainer

- Someone will need to call Campus Security to inform them of the accident.
- This person will go to ensure all doors/gates are unlocked and to direct the ambulance to the injury site.

Emergency Contact List

Emergency Number----- 911
Campus Security-----601-318-6300
Jeff Davis: Head Athletic Trainer-----601-319-4200
Bella Smiley: Asst. Athletic Trainer -----601-319-2236
Sam Morris: Assis. Athletic Trainer-----601-270-5423
AAA Ambulance Services-----601-264-5211
Forest General Emergency Room-----601-288-2100

PENTON APARTMENTS

WILLIAM CAREY UNIVERSITY

SCHOOL OF BUSINESS



You are here



Located in Gillespie Bating Facility (during practices). Located in Home



HATTIESBURG CAMPUS

MULTI-PURPOSE ATHLETIC FACILITY & TRACK

Emergency Action Plan
WCU Larry W. Kennedy Sports Complex

EMERGENCY PLAN: Joseph & Nancy Fail Softball Field

Emergency Personnel: Certified Athletic Trainers, Student Athletic Trainers, Team Physicians (*if present*), Coaching staff onsite, Campus Security

Emergency Equipment: AED (*Home game- Home Dugout. Practices- Located in Batting Facility*), Splint Bag, Crutches, & Athletic Trainer’s Kit (*Practices- In Athletic Training Room. Home Games- Home Dugout*).

Emergency Communication: Emergency Personnel’s Cell Phone

EMERGENCY PLAN RESPONSIBILITIES

4. Certified Athletic Trainer

- Immediate Care of injury/ill athlete, assess the situation
- Call Emergency Medical System (EMS)

5. Student Athletic Trainer/Coach/Athletic Department Staff

- Instructed to **CALL 911** by Certified Athletic Trainer
- When calling EMS, say the following:
 - *Identify yourself.* **(My name is (YOUR NAME). I am a (JOB TITLE) at William Carey University. We have an injured athlete(s) on Softball Field at LARRY W. KENNEDY SPORTS COMPLEX. (710 William Carey Parkway Hattiesburg, MS 39401. Proceed down William Carey Parkway until you reach the 3rd stop sign. Turn right at 3rd stop sign on County Drive. Field is located on the right.**
 - *Give campus location of injured athlete (Larry W. Kennedy Sports Complex)*
 - g) On Field- inform ambulance where *Staff* will meet ambulance to direct to injured athlete.
 - h) In Locker Room- inform ambulance that *Staff* will meet ambulance to direct to injured athlete.
 - *Inform them of what injury is suspected*, provide what signs and symptoms are present or current state of athlete. **(WE SUSPECT THE ATHLETE HAS...)**
 - *Ask if other information is needed.*
 - **HANG UP LAST!!!!!!**
 - *Bring athlete’s personal history and insurance information*
 - Emergency personnel/ Coach/ Athletic trainer will accompany athlete in ambulance to the hospital

6. Athletic Department Staff/Coach/ Student Athletic Trainer

- Someone will need to call Campus Security to inform them of the accident.
- This person will go to ensure all doors/gates are unlocked and to direct the ambulance to the injury site.

Emergency Contact List

Emergency Number----- 911
Campus Security-----601-318-6300
Jeff Davis: Head Athletic Trainer-----601-319-4200
Bella Smiley: Asst. Athletic Trainer -----601-319-2236
Sam Morris: Assis. Athletic Trainer-----601-270-5423
AAA Ambulance Services-----601-264-5211
Forest General Emergency Room-----601-288-2100

PENTON APARTMENTS

WILLIAM CAREY UNIVERSITY

P

SCHOOL OF BUSINESS

TUSCANA AVENUE



You are here

Located in Gillespie

Batting Facility (during practices). Located in Home dugout during Home games



Emergency Action Plan **WCU Volleyball Complex**

EMERGENCY PLAN: Ben Waddle Sports Facility

Emergency Personnel: Certified Athletic Trainers, Student Athletic Trainers, Team Physicians (*if present*), Coaching staff onsite, Campus Security

Emergency Equipment: AED (*Home Games- Home Sideline. Practices- In Ben Waddle Facility right beside bathroom*), Splint Bag, Crutches, & Athletic Trainer's Kit (*Practices- In Athletic Training Room. Home Games- Behind Media Table*).

Emergency Communication: Emergency Personnel's Cell Phone

EMERGENCY PLAN RESPONSIBILITIES

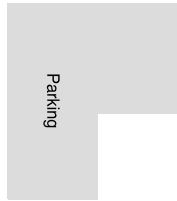
4. **Certified Athletic Trainer**
 - Immediate Care of injury/ill athlete, assess the situation
 - Call Emergency Medical System (EMS)
5. **Student Athletic Trainer/Coach/Athletic Department Staff**
 - Instructed to **CALL 911** by Certified Athletic Trainer
 - When calling EMS, say the following:
 - *Identify yourself. **(My name is (YOUR NAME). I am a (JOB TITLE) at William Carey University. We have injured athlete(s) on Volleyball Gym at BEN WADDLE FACILITY. (710 William Carey Parkway Hattiesburg, MS 39401. Proceed down William Carey Parkway until you reach the 3rd stop sign, turn right onto County Drive, Volleyball Facility will be directly past softball & baseball field on the right.***
 - *Give campus location of injured athlete. (Ben Waddle Sports Facility)*
 - i) On Court- inform ambulance where Staff will meet them to direct to athlete.
 - j) In Locker Room- inform ambulance where Staff will meet them to direct to athlete.
 - *Inform them of what injury is suspected, provide what signs and symptoms are present or current state of athlete. **(WE SUSPECT THE ATHLETE HAS...)***
 - *Ask if other information is needed.*
 - **HANG UP LAST!!!!!!**
 - *Bring athlete's personal history and insurance information.*
 - Emergency personnel/ Coach/ Athletic trainer will accompany athlete in ambulance to the hospital
6. **Athletic Department Staff/Coach/ Student Athletic Trainer**
 - Someone will need to contact Campus Security to inform them of the accident.
 - This person will go to ensure all doors/gates are unlocked and to direct the ambulance to the injury site.

Emergency Contact List

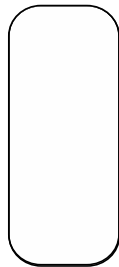
Emergency Number----- 911
Campus Security-----601-318-6300
Jeff Davis: Head Athletic Trainer-----601-319-4200
Bella Smiley: Asst. Athletic Trainer -----601-319-2236
Sam Morris: Assis. Athletic Trainer-----601-270-5423
AAA Ambulance Services-----601-264-5211
Forest General Emergency Room-----601-288-2100


Penion
Apts.

School of Business



Parking



AED 

You are here

Located in Ben
Waddle Sports Facility at
the front entrance by



Fall
Field

Offices

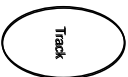


Winter
Field

Maintenance
Building

MAP NOT TO SCALE.

Waddle
Sports Facility



Track

Emergency Action Plan
WCU Track & Field/ Cross Country

EMERGENCY PLAN: Ben Waddle Sports Facility at Track & Field Complex

Emergency Personnel: Certified Athletic Trainers, Student Athletic Trainers, Team Physicians (*if present*), Coaching staff onsite, Campus Security

Emergency Equipment: AED (*Home Meets- Sports Medicine Tent. Practices- In Ben Waddle Facility right beside bathroom*), Splint Bag, Crutches, & Athletic Trainer’s Kit (*Practices- In athletic training room. Home Meets- Sports Med. Tent*)

Emergency Communication: Emergency Personnel’s Cell Phone

EMERGENCY PLAN RESPONSIBILITIES

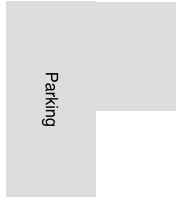
- 7. **Certified Athletic Trainer**
 - Immediate Care of injury/ill athlete, assess the situation
 - Call Emergency Medical System (EMS)
- 8. **Student Athletic Trainer/Coach/Athletic Department Staff**
 - Instructed to **CALL 911** by Certified Athletic Trainer
 - When calling EMS, say the following:
 - *Identify yourself. **(My name is (YOUR NAME). I am a (JOB TITLE) at William Carey University. We have injured athlete(s) on the track at BEN WADDLE FACILITY. (710 William Carey Parkway Hattiesburg, MS 39401. Proceed down William Carey Parkway until you reach the 3rd stop sign, turn right onto County Drive, Track & Field Complex will be directly past softball & baseball field on the right.***
 - *Give campus location of injured athlete. (Ben Waddle Sports Facility)*
 - k) On Track- inform ambulance where *Staff* will meet them to direct to athlete.
 - l) In Locker Room- inform ambulance where *Staff* will meet them to direct to athlete.
 - *Inform them of what injury is suspected, provide what signs and symptoms are present or current state of athlete. (WE SUSPECT THE ATHLETE HAS...)*
 - *Ask if other information is needed.*
 - **HANG UP LAST!!!!!!**
 - *Bring athlete’s personal history and insurance information.*
 - Emergency personnel/ Coach/ Athletic trainer will accompany athlete in ambulance to the hospital
- 9. **Athletic Department Staff/Coach/ Student Athletic Trainer**
 - Someone will need to contact Campus Security to inform them of the accident.
 - This person will go to ensure all doors/gates are unlocked and to direct the ambulance to the injury site.


Emergency Contact List


Emergency Number----- 911
Campus Security-----601-318-6300
Jeff Davis: Head Athletic Trainer-----601-319-4200
Bella Smiley: Asst. Athletic Trainer -----601-319-2236
Sam Morris: Assis. Athletic Trainer-----601-270-5423
AAA Ambulance Services-----601-264-5211
Forest General Emergency Room-----601-288-2100

Penton
Apts.

School of Business



 You are here

 Located in Ben Waddle Sports Facility at the front entrance by restrooms. (Practices) During Meets- in sports medicine

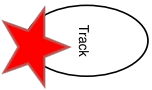


Offices

Maintenance Building

MAP NOT TO SCALE.

Waddle Sports Facility



EMERGENCY ACTION PLAN

Canebrake Golf Course

EMERGENCY PLAN: Golf Course

Emergency Personnel: Coach

Emergency Equipment: AED (*In Pro Shop locker room provided by WCU*)

Emergency Communication: Emergency Personnel's Cell Phone

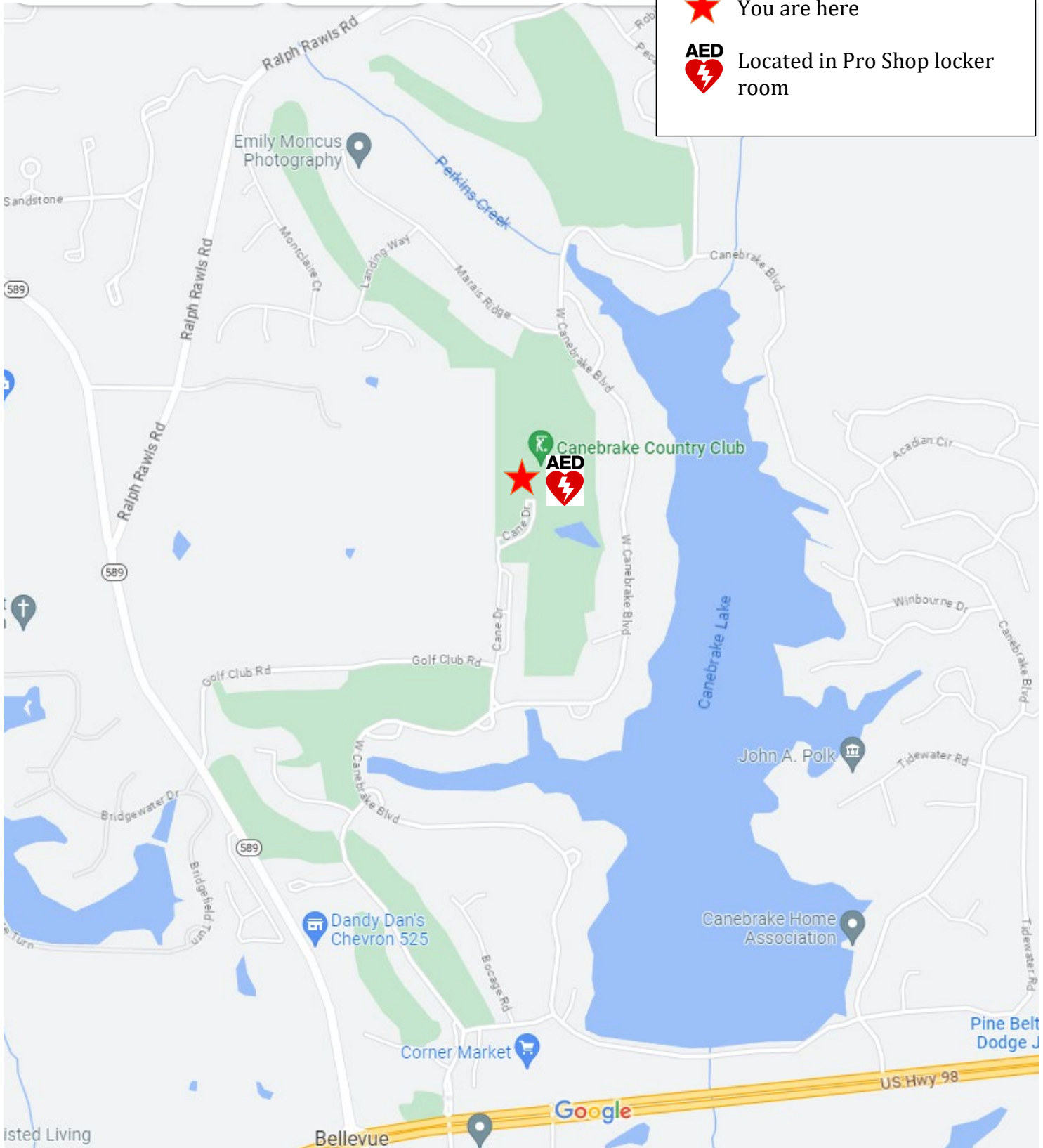
EMERGENCY PLAN RESPONSIBILITIES

1. Coach

- **CALL 911**
- When calling EMS, say the following:
 - *Identify yourself!* **(My name is (YOUR NAME). I am a (JOB TITLE) at William Carey University. We have an injured athlete(s) on the golf course at CANEBRAKE COUNTRY CLUB. (1 Cane Drive, Hattiesburg, MS 39402).**
 - *Give course location of injured athlete. (Canebrake Golf Course)*
 - a) On Course - Inform ambulance where *Staff* will meet them to direct to athlete.
 - *Inform them of what injury is suspected.* Provide what signs and symptoms are present or current state of athlete. **(WE SUSPECT THE ATHLETE HAS....)**
 - *Ask if other information is needed.*
 - **HANG UP LAST!!!!**
 - *Bring athlete's personal history and insurance information.*

EMERGENCY CONTACT LIST

Emergency Number-----911
Jeff Davis: Head Athletic Trainer-----601-319-4200
Bella Guthrie: Assis. Athletic Trainer-----601-319-2236
Sam Morris: Assis. Athletic Trainer-----601-270-5423
AAA Ambulance Services-----601-264-5211
Forest General Emergency Room-----601-288-2100



You are here



Located in Pro Shop locker room