

**2023 WHITWORTH PEACE MEET  
WHITWORTH UNIVERSITY  
GOOD FRIDAY - APRIL 7, 2023  
FINAL SCHEDULE**

**Field Events**

11:00 am	Women's Discus, Men to follow (3F/4F)	Top 8 to finals
11:00 am	Men's Shot Put, Women to follow (3F/3F)	Top 8 to finals
12:00 pm	Women's PV, Men to follow      Open 2.56/3.34 (10cm after 4.06/5.14)	
12:00 pm	Women's Triple Jump, Men to follow (2F/1F)	Top 8 to finals
1:00 pm	Women's High Jump, Men to follow	Open 1.32/1.67 by 5cm
3:00 pm	Men's Javelin, Women follow (2F/2F)	Top 8 to finals
Approx 2:30 Follow MDisc	Women's Hammer, Men to follow (3F/3F)	Top 8 to finals
Approx 2:30 Follows MTJ	Women's Long Jump, Men follows (2F/3F)	Top 8 to finals

**Track Events**      Women events precede men's heats. Fastest heats first

12:45 pm	Women's 10K	1H
1:30	Men's 10K	1H
2:05	Women's Steeplechase	1H
2:20	Men's Steeplechase	1H or 2H
2:45	400 meter relay	1H/1H
2:55	1500m	3H/4H
3:35	100H	3H
3:45	110H	2H
3:55	400m	2H/5H
4:20	100m	4H/6H
4:55	800m	4H/4H
5:25	400H	3H/2H
5:45	200m	6H/8H
6:25	Women's 5K	1H
6:50	Men's 5K	1H or 2H
7:15	1600m relay	2H/2H
7:35	100m Wheelchair	
7:42	400m Wheelchair	

**THIS WILL BE A SCORED MEET – DUAL MEET SCORING – 5-3-1**

**Check in to Field Events at the Event Approx. 30 min prior to event**

**Check in to Running Events at the CLERKING TABLE NEAR THE  
TIMING TRAILER 30MIN BEFORE RACE!**

**RUNNING EVENTS WILL STICK TO SCHEDULE!**