2022 WHITWORTH TWILIGHT INVITE WHITWORTH UNIVERSITY APRIL 14, 2022

***** MEET INFORMATION *******

SCHEDULE: See the schedule below

We will do our best to run on time. Field size may require minor meet day changes. Your assistance with correct entries and patience is always much appreciated.

ENTRY DEADLINE: All entries are due using <u>www.directathletics.com</u> by

Tuesday April 14 by 8pm. Please submit only those who

will be competing.

ENTRY FEE: \$30 per athlete per gender for invited teams. Maximum

\$300 per team (\$600 both genders). Unattached athletes allowed with permission of the meet director. No High

School athletes allowed.

RESULTS AND TIMING: Athletictiming.net will be providing all timing and live

results and live streaming.

SCRATCHES: I will attempt to email an entry list back to each school by

Wednesday evening so you may check and make corrections. Please email, or call with any scratches, additions, or corrections **as soon as possible**. We would like to avoid any additions on meet day and limit scratches

on meet day.

FACILITIES: 1/4 inch pyramid spikes only. All events will be held on the

BEYNON surface (excluding SP, Disc, Hammer which will take place on cement surfaces). The Javelin will be thrown down the center of the football field on the northeast runway ON THE FIELD TURF. The Hammer and Discus will be held in the Ham/Disc Area. Restrooms are located in Graves Gym

(adjacent to the track) and the Fieldhouse.

ATHLETIC TRAINERS: Athletic Trainers will be on site and a training area will be

located in the shed on the north end of the track. Please have any athletic trainers who travel with you contact the Whitworth

staff upon arrival.

PLACING/SCORING: Individuals in multi-section races will be placed by time.

Dual meet scoring.

PRACTICE: NO PRACTICE TIME AVAILABLE

IMPLEMENT WEIGHIN: 1-2PM

QUESTIONS/PROBLEMS: Please contact Toby Schwarz at (509) 777 - 4361 or email at

tschwarz@whitworth.edu

2022 WHITWORTH TWILIGHT INVITE WHITWORTH UNIVERSITY APRIL 14, 2002

(tentative schedule)

Field Events		
2:00 pm	Women's Discus, Men to follow	Top 8 to finals
2:00 pm	Women's Pole Vault, Men to follow	
2:30 pm	Women's High Jump, Men to follow	
After WDisc	Women's Shot Put, Men to follow	Top 8 to finals
4:00 pm	Women's Triple Jump, Men to follow	Top 8 to finals
4:00 pm	Men's Javelin, Women follow	Top 8 to finals
Follows MTJ	Women's Long Jump, Men follows	Top 8 to finals
Follow MDisc	Women's Hammer, Men to follow	Top 8 to finals
<u>Track Events</u> Women events precede men's unless otherwise listed		
1:50 pm	Women's 10K	
2:40	Men's 10K	
3:20	Women's Steeplechase	
2.40	M 2 C4 1	

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2:40	Men's 10K
3:20	Women's Steeplechas
3:40	Men's Steeplechase
4:00	400 meter relay
4:15	1500m
4:40	100H
4:50	110H
5:00	400m
5:15	100m
5:30	800m
5:40	400H
6:00	200m
6:15	Women's 5K
6:40	Men's 5K
7:00	1600m relay

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THIS WILL BE A SCORED MEET – DUAL MEET SCORING – 5-3-1

Check in to Field Events at the Event Approx. 20 min prior to event

Check in to Running Events at the Starting line of that event at 1st call

RUNNING EVENTS MAY BEGIN AS MUCH AS 10 MIN BEFORE SCHEDULED TIME, BUT NOT MORE!