



TRACK & FIELD

Twilight Invitational

Monday, May 3 – Tuesday, May 4

Chick Hislop Track, Stewart Stadium

MEET INFORMATION

ENTRY INFORMATION

DATE: Monday, May 3 and Tuesday, May 4

LOCATION: Chick Hislop Track – Stewart Stadium
3870 Stadium Way, Ogden, UT 84408

The Throwing Field is located at 4720 Old Post Road, Ogden, UT 84403 (About 1 mile to the south of the track stadium)

ENTRIES: Entries will open on directathletics.com on Thursday, April 8 and will close on Friday, April 30 at 12:00pm MST

ENTRY FEE: Teams are \$150 per gender (\$300 per school). Must be completed online through Direct Athletics.
Individuals are \$15 per athlete. Unattached athletes are subject to the same COVID 19 Protocols as attending teams. All individual entries must be completed and paid online at Direct Athletics.

TEAM CAMPS: Teams can use the West Bleachers for their team camps. Tents can be set up above row 20 in the bleachers.

CHECK-IN: Athletes in track events will need to check in and receive hip numbers at the bullpen on the southeast corner of the track (by the track shed). Please check-in no later than 20 minutes prior to your event. Field Event athletes will check in at the field event.

SPECTATORS: Spectators will be allowed at the meet. All spectators should remain in the East Bleachers for track events and high jump. Bleachers will also be available by the long jump and pole vault area. Bleachers will also be available for spectators at the throwing field. **Spectators will be required to wear masks and follow social distancing protocols.** The spectator entrance to Stewart Stadium will be through the north mainf gates. The spectator entrance to the throwing field will be through the north gate of the throwing field. There will be no charge for spectators.

PARKING: Teams and Spectators can park in the W-6 Lot to the north of the stadium.

COVID PROTOCOL: We will follow NCAA and Local Guidelines for current COVID protocols. Please refer to the attached Medical Information for more details.

CONTACT INFORMATION: Paul Pilkington / 801-518-8162 / ppilkington@weber.edu
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WEBER STATE TWILIGHT INVITATIONAL

May 3-4, 2021

TENTATIVE SCHEDULE

Monday, May 3

FIELD EVENTS

9:30-2:30	Weigh-in (at Throws Field)
11:00am	Men's Hammer
12:00pm	Women's High Jump
12:30pm	Women's Hammer
1:30pm	Men's High Jump
2:30pm	Men's Discus
4:00pm	Women's Discus

TRACK EVENTS

3:00pm	Women's 3000m Steeplechase
3:15pm	Men's 3000m Steeplechase
3:30pm	Women's 4 x 100m Relay
3:40pm	Men's 4 x 100m Relay
3:50pm	Women's 1500m Run
4:00pm	Men's 1500m Run
4:15pm	Women's 100m Hurdles
4:25pm	Men's 110m Hurdles
4:35pm	Women's 400m Dash
4:45pm	Men's 400m Dash
5:00pm	WSU Men's Senior Day Recognition
5:15pm	Women's 100m Dash
5:30pm	Men's 100m Dash
5:45pm	Women's 800m Run
5:55pm	Men's 800m Run
6:00pm	WSU Women's Senior Day Recognition
6:15pm	Women's 400m Hurdles
6:25pm	Men's 400m Hurdles
6:35pm	Women's 200m Dash
6:50pm	Men's 200m Dash
7:05pm	Women's 5000m Run
7:25pm	Men's 5000m Run
7:45pm	Women's 4 x 400m Relay
8:00pm	Men's 4 x 400m Relay

Tuesday, May 4

FIELD EVENTS

8:30-12:00	Weigh-in (at Throws Field)
10:00am	Women's Pole Vault
10:00am	Men's Long Jump
11:00am	Women's Javelin
11:00am	Men's Shot Put
11:30am	Women's Long Jump
12:30pm	Men's Pole Vault
1:00pm	Men's Javelin
1:00pm	Women's Shot Put
1:00pm	Men & Women Triple Jump

MEDICAL INFORMATION

Weber State University and the WSU Athletic Department are committed to the safety and well-being of all athletes, staff and administrators who will participate in athletic competition at Weber State. In consultation with our sports medicine staff and team doctors, we have established the following protocols for our Track & Field competitions hosted at WSU.

These recommendations will be policy for the 2021 season. Considering the evolving nature of this pandemic, all protocols may be updated periodically and changes will be communicated to the appropriate parties within a reasonable time frame if our medical staff determines that changes need to be made.

Testing Protocols

Each Institution is responsible for the health, safety, and wellness of its own student-athletes and staff and is subject to the restrictions imposed by its individual state and local health departments. In addition, all visiting teams are required to meet or exceed the Weber State University testing protocols as outlined in this document.

- Weber State requires testing for SARS-CoV-2 virus (COVID 19) utilizing either antigen or PCR testing. Prior to competition, teams and individuals will be required to perform a test no earlier than 3 days prior to competition.
- All coaches, athletes and staff traveling to the competition site should be included in the testing protocol.
- *Attestation Form* – Each team must provide an attestation form signed by the team physician or team physical trainer affirming that the tests were conducted as outlined above. The attestation form is at the end of this document and must be sent to Weber State prior to the start of the competition. Please send signed attestation forms to whitneyfowers1@weber.edu

Participation after Positive Results

- The Big Sky Conference protocol states Individuals who have tested positive more than 10 days before competition are not required to participate in the testing protocol for 150 days from the date of positive test. It is the responsibility of the Team Physician and Athletic Director or Sport Administrator to approve the participation of that athlete on the affidavit.
- Asymptomatic Individuals
 - Individuals who test positive for COVID-19 who are asymptomatic must isolate for 10 days from the date of their first positive COVID-19 test.
 - After isolation has been completed the asymptomatic athlete may participate in the contest if:
 - They are cleared by their team physician to resume athletic participation.
 - **AND** The team Physician signs the appropriate paperwork disclosing the initial positive test date and certifying that each athlete in question has followed and completed the appropriate CDC designated isolation period.
- Symptomatic Individuals
 - Individuals who test positive for COVID-19 and experience mild to moderate symptoms will undergo quarantine a minimum of 10 days from the day of their positive test result **AND** must be symptom free for the last 3 days of the quarantine period without the use of any medications to reduce fever or any other COVID-19 symptoms.
 - After the quarantine has been completed the athlete may participate in the contest if:
 - They are cleared by their team physician to resume athletic participation.

- **AND** the team Physician signs the appropriate paperwork disclosing the initial positive test date and certifying that each athlete in question has followed and completed the appropriate CDC designated isolation period.

Contact Tracing

Per CDC, Local Health Department and State guidelines each school must contract trace their athletes with a positive test to determine high risk contacts in the 48 hours preceding the collection of the positive test sample.

High Risk contact

- Per the CDC, a High-Risk contact is defined as the following:
 - Those with prolonged close contact (>15 minutes cumulative within 6 feet over 24hrs) during the period of 2 days prior to a positive test until the onset of isolation, while one or both parties were not wearing a mask.
- Individuals who have had a High-Risk exposure to COVID-19 will be required to undergo a mandatory 10-day quarantine without a PCR test, or 7-day quarantine with a negative PCR test when administered a minimum of 5 days after the quarantine began, based on NCAA and CDC guidelines.
- These individuals may return to athletic participation at the end of the 10-day quarantine period as long as they are asymptomatic without the use of any medication to control any symptoms of COVID-19 for the last 3 days of their quarantine.

Isolation Protocol

Prior to Travel:

- Any individual who tests positive 10 days or less from the date of travel is not allowed to travel due to not having sufficient time to complete the required isolation period.
- Individuals with High-Risk exposure who have not completed their quarantine may not travel.

During Travel:

- If an individual(s) tests positive or develops COVID-19 symptoms while traveling, that individual(s) shall be placed in isolation and not participate in the competition or accompany the team onto Weber State University's campus.
- Contact tracing for that individual needs to be done immediately with appropriate quarantine of any High-Risk exposures that occurred during the trip.

After Travel

- The visiting team agrees to notify Weber State of any athlete who participated in the contest who tests positive in the 2 days following the contest. Disclosure need not identify the individual by name but should include the positive individual's role on the team as well as a summary of their interactions with the opposing team. Weber State will reciprocate the reporting in the same manner with the visiting team.
- This information shall be shared as quickly as possible, no later than 24 hours after the receipt of positive results.



SARS-CoV-2 (COVID-19) Attestation

Each institution's Director of Athletics or Sport Administrator and Team Physician or Team Athletic Trainer must complete this document and exchange it with the opposing team the day of, but prior to, a contest.

By signing and dating this form, you attest that your institution has satisfied the policy requirements outlined below:

1. The travel party (including student-athletes, coaches, staff, and others that will be participating in the contest) have all undergone SARS-CoV-2 testing in accordance with WSU-accepted standards. Note that those individuals who are post-positive and are within ninety (90) days of the date of testing positive are excluded from this testing requirement.
2. No member of the travel party has had a verified positive test within a week prior to the contest. A PCR or antigen test should be completed within 72 hours of the competition. In the case of a multiple competition series, the testing can apply to all contests in the series so long as the travel party remains bubbled throughout the series.
3. No member of the travel party has been identified as being in close contact with another individual who has tested positive in the past fourteen (14) days.
4. Upon date and time of signature, no member of the travel party has developed symptoms that might indicate an infection of SARS-CoV-2 between the time the most recent SARS-CoV-2 test was collected and the beginning of the contest. Should any member of the travel party exhibit or report such symptoms at any time prior to the contest, he/she will be held out of the contest.
5. In the event a member of the travel party becomes symptomatic or has a positive test for SARS-CoV-2 within forty-eight (48) hours after a contest, the Director of Athletics and the Team Physician or Team Athletic Trainer will contact the opponent as soon as reasonably able and the same day they are notified of the result.

Institution: _____

Sport: _____

Contest Date: _____

Director of Athletics or Sport Administrator

Team Physician or Head Athletic Trainer

Signature

Signature

Print or type Name

Print or type Name

Date

Time

Date

Time