



# Pioneer Women's Track & Field

## Women's Indoor Records

Event	Mark	Year	Athlete	Site
55m	6.76	2010	Kimberly Smith	Lubbock, TX
55m H	8.09	1996	Rowena Welford	NAIA Championships
60m	7.20	2010	Kimberly Smith	NAIA Championships
60m H	8.38	2018	Telecia Briscoe	NAIA Championships
200m	23.11	2012	Janelle Redhead	NAIA Championships
400m	53.25	2012	Janelle Redhead	NAIA Championships
500m	1:16.1 mt	1993	Magally Segovia	Lubbock, TX
600y	1:22.33	2016	Monique McPherson	Pittsburg, KS
600m	1:30.31	2016	Monique McPherson	Albuquerque, NM
800m	2:12.42	2016	Monique McPherson	Pittsburg, KS
1000m	2:51.85	2018	Silvia Sosa	Lubbock, TX
Mile	4:47.48	2009	Purity Biwott	Lubbock, TX
1600m	5:30.51	1987	Mwinga Sote	
3000m	9:31.80	1993	Tigist Moreda	Oklahoma City, OK
3200m	12:10.87	1992	Gina Cook	Lubbock, TX
5000m	16:23.57	1993	Tigist Moreda	Lubbock, TX
Mile Relay	3:49.55	1987	Reater Golston Donita Perry Starlette Daniels Althea Thomas	
4x400m	3:41.39	2015	Bianca Farrington Alexis Browner Kesley Gittens Monique McPherson	NAIA Championships
4x800m	8:58.54	2009	Elva Pedroza Erin Britton Caroline Karunde Purity Biwott	NAIA Championships
2 Mile Relay	9:32.28	1993	Shannan Albrecht Tigist Moreda Rosa Ibarra Rachel Rowberry	NAIA Championships
DMR	11:54.18	2009	Purity Biwott Demetrice Gilliam Erin Britton Caroline Karunde	Lubbock, TX
Shot Put	14.89m (48-10.25)	1997	Michelle Haage	NAIA Championships
20# WT	16.56m (54-3.75)	1998	Becky Dale	NAIA Championships
High Jump	1.80m (5-11.25)	1989	Kim Kayler	Oklahoma City, OK
Long Jump	6.21m (20-4.75)	1986	Comfort Igeh	NAIA Championships
Triple Jump	12.44m (40-9.75)	2019	Tiona Owens	NAIA Championships
Pole Vault	3.4m (11-1.75)	2004	Natalee Allen	
Pentathlon	3,409 pts	2008	Latanya Nation	NAIA Championships

## Women's Outdoor Records

Event	Mark	Year	Athlete	Site
100m	11.18	2015	Rochene Smith	Canyon, TX
200m	22.98	2022	Raheema Westfall	Gulf Shores, AL
400m	52.50	1986	Althea Thomas	
800m	2:05.86	2009	Purity Biwott	NAIA Championships
1500m	4:22.30	2009	Caroline Karunde	Lubbock TX
3000m	9:43.58	1996	Tamara Dingley	NAIA Championships
5000m	16:26	2009	Caroline Karunde	Mount SAC Relays
10,000m	33:49.35	1993	Tigist Moreda	Plainview, TX
100m H	13.52	1996	Rowena Welford	Arlington, TX
400m H	59.14	1993	Vivian Bell	NAIA Championships
Steeplechase	11:02.91	2009	Caroline Karunde	SAC Championships
Marathon	3:08:08.50	2017	Selene Lopez	NAIA Championships
4x100m	44.66	2015	Kesley Gittens Alexis Browner Gregria Higgs Rochene Smith	El Paso, TX
4x200m	1:35.86	1986	Nzael Kyomo Comfort Igeh Starlette Daniels Althea Thomas	
4x400m	3:38.72	2015	Bianca Farrington Alexis Browner Kesley Gittens Monique McPherson	NAIA Championships
SMR	3:57.80	2014	Gortia Ferguson Alexis Browner Kesley Gittens Shani Adams	Drake Relays
4x800m	8:50.94	2008	Kydia Echols Erin Britton Caroline Karunde Purity Biwott	NAIA Championships
DMR	11:37.41	2009	Caroline Karunde Leandria Lee Erin Britton Purity Biwott	Texas Relays
Hurdle Relay	1:00.70	1986	Donita Perry Jami Shores Penny Griffin Denise Williams	
Shot Put	14.84m (48-8.25)	1997	Michelle Haage	NAIA Championships
Discus	49.86m (163-7)	1996	Michelle Haage	Arlington, TX
Hammer	52.72m (172-11)	1998	Becky Dale	Tulsa, OK
Javelin	51.51m (169-0)	1985	Maria Haley	
High Jump	1.82m (5-11.75)	1990	Kim Kayler	Albuquerque, NM
Long Jump	6.54m (21-5.5)	1986	Comfort Igeh	
Triple Jump	12.85m (42-2)	1991	Antoinette Reed	College Station, TX
Pole Vault	3.15m (10-4)	2004	Jennifer Brigman	
Heptathlon	4,725 pts	2004	Priscilla Edwards	NAIA Championships

# Women's Indoor Top 10

55m	Time	Year
1. Kimberly Smith	6.76	2010
2. Kimberly Smith	6.80	2010
3. Kimberly Smith	6.83	2010
4. Kimberly Smith	6.84	2009
5. Kimberly Smith	6.86	2009
6. Kimberly Smith	6.87	2010
7. Kimberly Smith	6.91	2010
7. Kimberly Smith	6.91	2010
7. Kimberly Smith	6.91	2008
10. Gortia Ferguson	6.92	2013
10. Melissa Branch	6.92	2004

55m Hurdles	Time	Year
1. Rowena Welford	8.09	1996
2. Latanya Nation	8.13	2012
3. Rowena Welford	8.15	1996
4. Latanya Nation	8.17	2012
5. Rowena Welford	8.18	1996
6. Valencia Anderson	8.19	2013
7. Rowena Welford	8.22	1996
8. Rowena Welford	8.24	1995
9. Chyna Calloway	8.24	2013
10. Latanya Nation	8.25	2009

60m	Time	Year
1. Kimberly Smith	7.20	2010
2. Kimberly Smith	7.23	2010
3. Kimberly Smith	7.29	2010
3. Kimberly Smith	7.29	2009
5. Kimberly Smith	7.30	2010
5. Kimberly Smith	7.30	2010
7. Kimberly Smith	7.32	2008
8. Raheema Westfall	7.33	2022
9. Raheema Westfall	7.36	2022
10. Kimberly Smith	7.37	2009

60m H	Time	Year
1. Telecia Briscoe	8.38	2018
2. Telecia Briscoe	8.45	2018
3. Valencia Anderson	8.50	2013
4. Telecia Briscoe	8.54	2017
5. Telecia Briscoe	8.58	2017
6. Telecia Briscoe	8.59	2017
7. Latanya Nation	8.63	2010
8. Valencia Anderson	8.65	2013
9. Telecia Briscoe	8.69	2017
9. Latanya Nation	8.69	2012

200m	Time	Year
1. Janelle Redhead	23.11	2012
2. Alexis Browner	23.39	2015
3. Alexis Browner	23.59	2015
4. Janelle Redhead	23.68	2012
5. Rochene Smith	23.87	2016
6. Alexis Browner	23.92	2015
7. Alexis Browner	23.96	2015
8. Alexis Browner	23.97	2016
9. Alexis Browner	23.99	2016
10. Rochene Smith	24.01	2016

400m	Time	Year
1. Janelle Redhead	53.25	2012
2. Janelle Redhead	54.09	2012
3. Bianca Farrington	54.58	2015
4. Patricia Mayers	54.59	2007
5. Bianca Farrington	54.60	2015
6. Janelle Redhead	54.76	2012
7. Patricia Mayers	55.62	2007
8. Bianca Farrington	55.67	2015
8. Patricia Mayers	55.67	2007
10. Janelle Redhead	55.82	2012

600y	Time	Year
1. Monique McPherson	1:22.33	2016
2. Ja'lanna Williams	1:23.16	2018
3. Coshan Campbell	1:23.25	2020
4. Kydia Echols	1:23.36	2010

5. Kydia Echols	1:23.64	2010
6. Monique McPherson	1:23.74	2015
7. Coshan Campbell	1:24.44	2020
8. Shani Adams	1:25.13	2014
9. Magally Segovia	1:25.23	1993
10. Angie Quaih	1:25.38	2013

600m	Time	Year
1. Monique McPherson	1:30.31	2016
2. Monique McPherson	1:31.23	2016
3. Shani Adams	1:31.53	2014
4. Monique McPherson	1:31.64	2016
5. Ja'lanna Williams	1:31.87	2018
6. Kydia Echols	1:32.19	2010
7. Monique McPherson	1:32.48	2015
8. Shani Adams	1:32.50	2014
9. Letitia Gilkes	1:32.36	2001
10. Kydia Echols	1:32.47	2010

800m	Time	Year
1. Monique McPherson	2:12.42	2016
2. Letitia Gilkes	2:12.70	2001
3. Milca Villegas	2:12.71	2011
4. Monique McPherson	2:13.14	2016
5. Purity Biwott	2:13.25	2009
6. Purity Biwott	2:13.72	2008
7. Teresha Jacobs	2:13.94	2020
8. Purity Biwott	2:13.94	2009
9. Milca Villegas	2:14.42	2011
10. Tiffany Cano	2:14.51	2019

1000m	Time	Year
1. Silvia Sosa	2:51.85	2018
2. Silvia Sosa	2:53.20	2018
3. Purity Biwott	2:55.05	2009
4. Jodie Young	2:55.06	1996
5. Erin Britton	2:56.04	2008
6. Teresha Jacobs	2:56.72	2019
7. Erin Britton	2:56.84	2008
8. Caroline Karunde	2:56.92	2009
9. Erin Britton	2:57.55	2009
10. Purity Biwott	2:57.64	2008

Mile	Time	Year
1. Purity Biwott	4:47.48	2009
2. Caroline Karunde	4:49.08	2009
3. Caroline Karunde	4:50.96	2009
4. Tamara Dingley	4:51.13	1996
5. Purity Biwott	4:53.72	2009
6. Tigist Moredo	4:54.95	1993
7. Tigist Moredo	4:55.93	1993
8. Jodie Young	4:57.07	1996
9. Rosa Ibarra	4:57.51	1994
10. Rosa Ibarra	4:59.93	1992

3000m	Time	Year
1. Tigist Moredo	9:31.80	1993
2. Rosa Ibarra	9:41.63	1994
3. Caroline Karunde	9:42.60	2009
4. Caroline Karunde	9:44.94	2009
5. Rosa Ibarra	9:46.20	1992
6. Rosa Ibarra	9:49.23	1996
7. Tamara Dingley	9:49.90	1996
8. Jodie Young	9:58.36	1995
9. Rosa Ibarra	9:59.08	1996
10. Tamara Dingley	10:00.07	1996

5000m	Time	Year
1. Tigist Moredo	16:23.57	1993
2. Selene Lopez	17:22.01	2014
3. Sarah Jerotich	17:25.19	2015
4. Jackline Jemeli	17:29.64	2017
5. Selene Lopez	17:33.76	2015
6. Jackline Cheronno	17:36.80	2019
7. Prudence Kiyeng	17:36.86	2020
8. Selene Lopez	17:38.21	2014
9. Jackline Jemeli	17:38.95	2019
10. Selene Lopez	17:39.06	2017

4x400m relay	Time	Year
1. Farrington, Browner, Gittens, McPherson	3:41.39	2015
2. Farrington, Browner, Gittens, McPherson	3:42.88	2015

3. Ross, Simmons, Echols, Mayers	3:42.95	2007
4. Sheppard, Gay, Lee, Redhead	3:43.59	2012
5. Quiah, Browner, Gittens, Adams	3:44.72	2014
6. Quiah, Browner, Gittens, Adams	3:44.83	2014
7. McPherson, Smith, Cano, Browner	3:45.28	2016
8. Ross, Smith, Lee, Echols	3:46.48	2010
9. Holmes, Sheppard, Walton, Lee	3:47.74	2012
10. at Geneva, OH	3:48.05	2012

4x800m relay	Time	Year
1. Pedroza, Britton, Karunde, Biwott	8:58.54	2009
2. Cano, Williams, Williams, Sosa	9:01.22	2018
3. Pedroza, Britton, Karunde, Biwott	9:05.27	2009
4. Pedroza, Secrest, Villegas, Echols	9:10.01	2010
5.	9:10.42	2011
6. Williams, Williams, Jacobs, Cano	9:11.19	2019
7. Pedroza, Britton, Baker, Echols	9:11.96	2007
8. at Geneva, OH	9:12.72	2012
9.	9:14.70	2011
10. Campbell, Cheronno, Williams, Jacobs	9:15.25	2020

Distance Medley Relay	Time	Year
1. Biwott, Gilliam, Britton, Karunde	11:54.18	2009
2. Williams, Brown, Cano, Sosa	11:56.80	2018
3. Jacobs, Campbell, Williams, Cheronno	11:57.57	2020
4. Williams, Williams, Cano, Sosa	12:00.70	2018
5. Williams, Williams, Cano, Sosa	12:00.78	2018
6. Ibarra, Wall, Dingley, Young	12:02.73	1996
7. Jerotich, Walton, Cejas, Lopez	12:05.26	2014
8. Williams, Daniels, Cano, Sosa	12:05.57	2018
9. Jacobs, Campbell, Williams, Cheronno	12:08.04	2020
10. Jacobs, Campbell, Williams, Cheronno	12:12.48	2020

Shot Put	Mark	Year
1. Michelle Haage	48-10.25	1997
2. Michelle Haage	48-06.25	1997
3. Michelle Haage	48-06.00	1997
4. Michelle Haage	48-04.75	1997
5. Michelle Haage	47-10.50	1995
6. Michelle Haage	47-10.50	1997
7. Michelle Haage	47-10.50	1997
8. Michelle Haage	47-10.00	1997
9. Michelle Haage	47-06.75	1995
10. Michelle Haage	47-06.25	1995

20# Weight Throw	Mark	Year
1. Becky Dale	54-03.75	1998
2. Becky Dale	53-02.25	1997
3. Becky Dale	53-01.50	1998
4. Becky Dale	52-07.25	1998
5. WyKeisha Thompson	52-05.00	2000
6. WyKeisha Thompson	51-10.00	1998
7. Michelle Haage	51-09.25	1999
8. WyKeisha Thompson	51-05.50	1999
9. WyKeisha Thompson	51-03.75	2000
10. Becky Dale	51-03.50	1998

Pole Vault	Mark	Year
1. Natalee Allen	11-01.75	2004
2. Jennifer Brigman	9-06.25	2004
3. Jennifer Brigman	9-00.00	2004
4. Kirsten Orwig	8-10.25	1998
5. Kirsten Orwig	8-10.00	1998
6. Jennifer Brigman	8-06.25	2004
7. Kirsten Orwig	8-06.00	1998
8. Kirsten Orwig	8-00.00	1998
9. Kirsten Orwig	7-06.00	1998

High Jump	Mark	Year
1. Kim Kayler	5-11.25	1989
2. Kim Kayler	5-10.75	1989
3. Kim Kayler	5-10.00	1990
3. Kim Kayler	5-10.00	1990
3. Kim Kayler	5-10.00	1990
6. Kim Kayler	5-09.75	1990
7. Kim Kayler	5-09.00	1989
8. Kim Kayler	5-08.75	1990
9. Kim Kayler	5-08.00	1988
9. Kim Kayler	5-08.00	1989

Long Jump	Mark	Year
1. Comfort Igeh	20-04.75	1986

2. Denise Williams	20-01.50	1986
3. Comfort Igeh	20-01.00	1987
4. Bianca Grant	19-11.75	2011
5. Bianca Grant	19-11.00	2010
6. Rowena Welford	19-09.50	1996
7. Rowena Welford	19-08.50	1995
7. Comfot Igeh	19-08.50	1988
9. Comfot Igeh	19-07.75	1983
10. Rowena Welford	19-07.00	1996
10. Rowena Welford	19-07.00	1994

#### Triple Jump

1. Tiona Owens	40-09.75	2019
2. Caroline Oladipo	40-08.75	2008
3. Tiona Owens	40-08.75	2019
4. Tiona Owens	40-08.25	2018
5. Caroline Oladipo	40-05.00	2008
6. Tiona Owens	40-03.50	2016
7. Tiona Owens	40-02.25	2019
8. Caroline Oladipo	40-01.50	2007
9. Caroline Oladipo	40-00.75	2007
9. Denise Williams	40-00.75	1986

#### Pentathlon

	Points	Year
1. Latanya Nation	3409	2008
2. Priscilla Edwards	3328	2003
3. Latanya Nation	3211	2008
4. Priscilla Edwards	3190	2003
5. Priscilla Edwards	3125	2003
6. Jennifer Brigman	2983	2003
7. Janelle Durrrough	2845	2014

#### 500m

1. Magally Segovia	1:16.1	1993
2. Vivian Bell	1:16.88	1994
3. Vivian Bell	1:17.60	1994
4. Kerry Evans	1:20.33	1989
5. Cathie Guischart	1:20.8	1991
6. Vivian Bell	1:21.38	1993
7. Vivian Bell	1:21.76	1993
8. Cathie Guischart	1:21.90	1990

#### 60y

1. Cathie Guischart	6.89	1991
2. Comfort Igeh	6.93	1988
3. Nzael Kyomo	6.94	1987
4. Comfort Igeh	6.95	1988
5. Comfort Igeh	6.96	1986
5. Nzael Kyomo	6.96	1986
7. Nzael Kyomo	6.97	1987
8. Marcia Brown	6.98	1987
8. Janet Posey	6.98	1989
10. Vicky Aoko	6.99	1988

#### 300y

1. Marcia Brown	37.10
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#### 440y

1. Vivian Bell	55.79	1994
2. Althea Thomas	55.84	1986
3. Althea Thomas	56.23	1987
4. Althea Thomas	56.68	1987
5. Althea Thomas	56.76	1986
6. Althea Thomas	56.95	1988
7. Althea Thomas	56.96	1986
8. Althea Thomas	57.12	1988
9. Reater Golston	57.23	1986
10. Althea Thomas	57.58	1985

#### 2-Mile Relay

1. Echols, Villegas, Secrest, Pedroza	9:27.23	2010
2.	9:32.28	1993
3.	9:33.20	1994
4.	9:50.83	1985
5.	10:01.80	1992
6.	10:01.86	1994
7.	10:05.00	1994
8.	10:05.06	1992
9.	10:06.85	1992
10.	10:08.79	1993

#### Mile Relay

1.	3:49.55	1987
2.	3:51.25	1986
3.	3:51.59	1988
4.	3:53.80	1987
5.	3:55.31	1986
6.	3:56.60	1993
7.	3:56.85	1985
8.	3:56.90	1985
9.	3:57.08	1989
10.	3:57.84	1993

#### 60y Hurdles

1. Denise Williams	8.06	1986
1. Vivian Bell	8.06	1994
3. Denise Williams	8.08	1986
4. Denise Williams	8.13	1988
4. Denise Williams	8.13	1987
4. Vivian Bell	8.13	1994
7. Denise Williams	8.14	1987
8. Denise Williams	8.17	1988
9. Denise Williams	8.18	1986
10. Vivian Bell	8.19	1994

#### 1000 yards

1. Mwinga Sote	2:40.53	1986
2. Mwinga Sote	2:41.82	1985
3. Mwinga Sote	2:42.94	1987
4. Mwinga Sote	2:44.45	1987
5. Mwinga Sote	2:45.20	1986
6. Mwinga Sote	2:46.19	1985
7. Mwinga Sote	2:48.85	1987
8. Bernice Narvaiz	2:48.82	1984

#### 2-Mile

1. Tigist Moreda	10:27.90	1993
2. Tigist Moreda	10:31.20	1993
3. Rosa Ibarra	10:35.01	1992
4. Rosa Ibarra	10:45.80	1994
5. Rosa Ibarra	10:53.62	1994
6. Jodie Young	11:00.02	1994
7. Jodie Young	11:11.20	1994
8. Rosa Ibarra	11:07.50	1993
9. Jodie Young	11:38.70	1993

#### 3-Mile

1. Tigist Moreda	16:41.73	1993
2. Jodie Young	17:20.15	1993
3. Rosa Ibarra	17:24.03	1994

#### 100m

	Time	Year
1. Rochene Smith	11.18	2015
2. Raheema Westfall	11.20	2022
3. Rochene Smith	11.22	2016
4. Kimberly Smith	11.35	2010
4. Raheema Westfall	11.35	2022
6. Kimberly Smith	11.36	2009
7. Raheema Westfall	11.37	2022
8. Alexis Browner	11.39	2015
8. Alexis Browner	11.39	2015
9. Raheema Westfall	11.43	2022
9. Alexis Browner	11.43	2015

#### 100m Hurdles

1. Rowena Welford	13.52	1996
2. Telecia Briscoe	13.53	2017
3. Telecia Briscoe	13.70	2017
3. Telecia Briscoe	13.70	2017
5. Rowena Welford	13.80	1996
6. Rowena Welford	13.82	1997
7. Telecia Briscoe	13.83	2017
7. Vivian Bell	13.83	1994
9. Karis Parker	13.87	2017
10. Vivian Bell	13.91	1994

#### 200m

1. Raheema Westfall	22.98	2022
	(nat. meet rec.)	
2. Raheema Westfall	23.26	2022
2. Natasha Gay	23.40	2012
3. Raheema Westfall	23.41	2022
3. Natasha Gay	23.47	2012
4. Alexis Browner	23.48	2015
5. Devin Johnson	23.56	2019
6. Kerry Evans	23.58	1989
7. Devin Johnson	23.61	2019
8. Alexis Browner	23.62	2015
9. Rochene Smith	23.63	2016
10. Alexis Browner	23.65	2015

#### 400m

	Time	Year
1. Althea Thomas	52.50	1986
2. Althea Thomas	52.80	1986
3. Bianca Farrington	53.06	2015
4. Althea Thomas	53.35	1988
5. Althea Thomas	53.43	1987
6. Althea Thomas	53.45	1988
7. Althea Thomas	53.60	1986
8. Bianca Farrington	53.81	2015
9. Althea Thomas	53.90	1986
10. Althea Thomas	54.02	1986

#### 400m Hurdles

1. Vivian Bell	59.14	1993
2. Vivian Bell	59.17	1994
3. Vivian Bell	59.75	1994
4. Vivian Bell	60.12	1993
5. Vivian Bell	60.25	1993
6. Shani Adams	60.35	2014
7. Vivian Bell	60.40	1992
8. Vivian Bell	60.56	1993
9. Vivian Bell	60.81	1994
10. Chyna Calloway	60.89	2012

#### 800m

1. Purity Biwott	2:05.86	2009
2. Purity Biwott	2:06.27	2009
3. Purity Biwott	2:08.78	2008
4. Monique McPherson	2:08.96	2016
5. Purity Biwott	2:09.15	2009
6. Monique McPherson	2:09.40	2016
7. Ja'lanna Williams	2:10.30	2018
8. Purity Biwott	2:10.38	2008
9. Purity Biwott	2:10.39	2008
10. Purity Biwott	2:11.35	2008

#### 1500m

1. Caroline Karunde	4:22.30	2009
2. Purity Biwott	4:22.87	2009
3. Purity Biwott	4:26.03	2008
4. Caroline Karunde	4:26.29	2008
5. Purity Biwott	4:26.57	2009
6. Tamara Dingley	4:26.69	1996
7. Caroline Karunde	4:28.70	2008
8. Caroline Karunde	4:28.76	2008
9. Jodie Young	4:28.90	1996
10. Purity Biwott	4:31.41	2009

#### 3000m

1. Tamara Dingley	9:43.58	1996
2. Tamara Dingley	9:50.34	1996
3. Rosa Ibarra	9:51.32	1994
4. Rosa Ibarra	9:54.76	1992
5. Jodie Young	9:56.47	1995
6. Tamara Dingley	9:56.67	1995
7. Caroline Karunde	9:57.24	2009
8. Rosa Ibarra	9:58.90	1993
9. Rosa Ibarra	10:00.50	1992
10. Jodie Young	10:04.21	1994

#### 5000m

1. Caroline Karunde	16:27.52	2009
2. Tigist Moreda	16:44.24	1993
3. Tigist Moreda	16:52.44	1993
4. Caroline Karunde	16:54.05	2009
5. Rosa Ibarra	16:55.93	1995
6. Selene Lopez	17:04.43	2015

7. Rosa Ibarra	17:14.80	1994
8. Caroline Karunde	17:15.86	2008
9. Tigist Moreda	17:18.15	1993
10. Rosa Ibarra	17:18.92	1995

#### 10,000m

1. Tigist Moreda	33:49.35	1993
2. Caroline Karunde	34:24.44	2008
3. Rosa Ibarra	34:55.06	1995
4. Tigist Moreda	35:12.43	1993
5. Rosa Ibarra	35:18.64	1995
6. Rosa Ibarra	35:22.76	1994
7. Caroline Karunde	35:32.60	2009
8. Caroline Karunde	35:34.99	2009
9. Rosa Ibarra	35:44.12	1994
10. Selene Lopez	35:52.65	2014

#### 3000m Steeplechase

1. Caroline Karunde	11:02.91	2009
2. Teresha Jacobs	11:04.56	2019
3. Teresha Jacobs	11:06.29	2019
4. Teresha Jacobs	11:07.40	2019
5. Teresha Jacobs	11:17.00	2019
6. Jackline Cheronno	11:23.78	2017
7. Jennifer Baker	11:40.44	2005

#### Half Marathon

1. Selene Lopez	1:23.00	2017
2. Kristen Raines	1:31:15.40	2007
3. Karley Trammell	1:35:16.70	2007

#### Marathon

1. Selene Lopez	3:08.08.50	2017
2. Kristen Raines	3:33:22.57	2007

#### Steeplechase

1. Caroline Karunde	11:02.91	2009
2. Teresha Jacobs	11:04.56	2019
3. Teresha Jacobs	11:06.29	2019
4. Teresha Jacobs	11:07.40	2019
5. Teresha Jacobs	11:17	2019
6. Jackline Cheronno	11:23.78	2017
7. Jennifer Baker	11:40.44	2005

#### 4x100m Relay

	Time	Year
1. Gittens, Browner, Higgs, Smith	44.66	2015
2. Gittens, Browner, Higgs, Smith	44.91	2015
3. Gittens, Browner, Higgs, Smith	44.99	2015
4. Gittens, Browner, Higgs, Smith	45.17	2015
5. Lee, Grant, Gay Sheppard	45.19	2012
6. Kyomo, Igeh, Daniels, Thomas	45.26	1986
7. Nation, Smith, Grant, Ross	45.27	2009
8. Gittens, Browner, Higgs, Smith	45.30	2015
9. Brown, Igeh, Thomas, Aoko	45.33	1988
10. Hill-Johnson, Bright, Castillo, Westfall	45.35	2021

#### 4x200m Relay

	Time	Year
1. Kyomo, Igeh, Daniels, Thomas	1:34.86	1986
2. Browner, Ferguson, Adams, Quiah	1:36.03	2014
3. Igeh, Aoko, Brown, Thomas	1:36.09	1988
4. Browner, Gittens, Smith, Farrington	1:36.20	2015
5. Kyomo, Igeh, Daniels, Thomas	1:37.20	1987
6.	1:37.32	2012
7. at SEMO Relays	1:38.60	1985
8. Grant, Gay, Sheppard, Lee	1:38.70	2012
9. at Drake Relays	1:39.07	2013
10. Ferguson, Quiah, Adams, Browner	1:39.39	2014

#### Sprint Medley Relay

1. Ferguson, Browner, Gittens, Adams	3:57.80	2014
2. Browner, Smith, Farrington, McPherson	3:58.27	2015
3. Oladipo, Ross, Smith, Biwott	3:59.63	2008
4. Lee, Smith, Biwott, Karunde	3:59.88	2009
5.	4:00.05	2010
6.	4:08.01	1994
7.	4:25.20	1987

#### 4x400m Relay

1. Farrington, Browner, Gittens, McPherson	3:38.72	2015
2. Golston, Williams, Ushieagu, Thomas	3:38.87	1986
3. Farrington, Browner, Gittens, McPherson	3:39.53	2015
4. at Drake Relays	3:41.08	1986
5. Farrington, Browner, Gittens, McPherson	3:41.14	2015
6. Golston, Perry, Ushieagu, Thomas	3:42.15	1986
7. Bolton, Westfall, Bright, Campbell	3:42.76	2021

8. Golston, Perry, Ushieagu, Thomas	3:43.33	1986
9. Browner, Quaih, Gittens, Adams	3:43.46	2014
10. Ross, Smith, Lee, Biwott	3:44.52	2009

#### 4x800m Relay

1. Biwott, Karunde, Echols, Britton	8:50.94	2008
2. Williams, Cano, Williams, Sosa	8:56.26	2018
3. Sosa, Cano, Daniels, Williams	8:56.71	2017
4. Williams, Cano, Williams, Sosa	8:57.68	2018
5. Williams, Williams, Cano, Jacobs	8:57.84	2019
6. Pedroza, Villegas, Secret, Echols	9:02.15	2010
7. Williams, Williams, Jacobs, Cano	9:03.34	2019
8. Britton, Karunde, Pedroza, Biwott	9:04.43	2009
9. Sosa, Cano, Daniels, Williams	9:05.03	2017
10. Williams, Cano, Williams, Sosa	9:07.52	2018

#### Distance Medley Relay

1. Karunde, Lee, Britton, Biwott	11:37.41	2009
2. Jerotich, McPherson, Daniels, Lopez	11:54.38	2015
3. Jerotich, Gittens, McPherson, Lopez	12:03.17	2015
4. Williams, Parker, Cano, Sosa	12:11.48	2017
5.	13:29.54	1988

#### Shuttle Hurdle Relay

1. Perry, Shores, Griffin, Williams	1:00.70	1986
2.	1:03.33	1987

#### Hammer Throw

	Mark	Year
1. Becky Dale	172-11.0	1998
2. WyKiesha Thompson	169-01.0	1998
3. WyKiesha Thompson	167-03.0	2000
4. WyKiesha Thompson	166-04.0	1998
4. Becky Dale	166-04.0	1998
6. WyKiesha Thompson	165-05.0	2000
7. WyKiesha Thompson	164-11.0	1998
8. WyKiesha Thompson	164-01.9	1998
9. WyKiesha Thompson	163-09.0	1998
10. WyKiesha Thompson	163-07.5	1998

#### Discus

	Mark	Year
1. Michelle Haage	163-07.0	1996
2. Michelle Haage	162-02.0	1999
3. Michelle Haage	160-00.0	1996
4. Michelle Haage	159-02.0	1996
5. Michelle Haage	156-03.0	1995
6. Michelle Haage	155-04.0	1997
7. Michelle Haage	153-05.0	1997
8. Michelle Haage	153-02.0	1996
9. Michelle Haage	153-01.0	1997
10. Michelle Haage	152-06.0	1996

#### Shot Put

1. Michelle Haage	48-08.25	1997
2. Michelle Haage	48-01.75	1997
3. Michelle Haage	47-04.50	1996
4. Michelle Haage	47-04.00	1996
5. Michelle Haage	47-00.75	1996
6. Michelle Haage	47-00.25	1996
7. Michelle Haage	46-11.50	1995
8. Michelle Haage	46-09.00	1999
9. Michelle Haage	46-02.25	1996
10. Michelle Haage	45-10.9	1996

#### Javelin

1. Maria Haley	169-00.9	1985
2. Maria Haley	166-10.0	1984
3. Maria Haley	166-01.0	1985
4. Maria Haley	164-11.0	1985
5. Maria Haley	164-00.5	1983
6. Maria Haley	162-10.0	1984
7. Maria Haley	160-03.0	1985
8. Maria Haley	157-01.0	1985
9. Maria Haley	156-01.0	1984
10. Maria Haley	152-03.0	1984

#### Pole Vault

1. Jennifer Brigman	10-04	2004
2. Jennifer Brigman	10-02	2004
3. Jennifer Brigman	9-08	2004
4. Jennifer Brigman	9-04	2004
5. Jennifer Brigman	9-01	2004

#### High Jump

1. Kim Kayler	5-11.75	1990
2. Kim Kayler	5-10.75	1990
2. Kim Kayler	5-10.75	1990
4. Kim Kayler	5-10.00	1990
4. Kim Kayler	5-10.00	1989
6. Kim Kayler	5-09.50	1986
7. Kim Kayler	5-09.00	1990
7. Kim Kayler	5-09.00	1990
7. Kim Kayler	5-09.00	1990
10. Kim Kayler	5-08.75	1990

#### Long Jump

1. Comfort Igeh	21-05.50	1986
2. Comfort Igeh	21-02.00	1986
3. Comfort Igeh	21-01.25	1986
4. Comfort Igeh	20-11.75	1987
5. Comfort Igeh	20-09.50	1986
6. Denise Williams	20-08.25	1986
7. Denise Williams	20-08.00	1987
8. Comfort Igeh	20-07.75	1988
9. Comfort Igeh	20-07.50	1987
10. Denise Williams	20-07.25	1986

#### Triple Jump

1. Antoinette Reed	42-02.00	1991
2. Tiona Owens	41-03.00	2019
3. Tiona Owens	41-02.75	2018
4. Tiona Owens	41-02.25	2019
5. Tiona Owens	41-00.75	2018
6. Denise Williams	41-00.25	1987
7. Tiona Owens	40-08.25	2019
8. Caroline Oladipo	40-06.25	2007
9. Denise Williams	40-06.00	1986
10. Denise Williams	40-05.00	1986

#### Heptathlon

	Points	Year
1. Priscilla Edwards	4725	2004
2. Priscilla Edwards	4451	2003
3. Jami Shores	4407	1986
4. Jami Shores	4242	1986
5. Jennifer Brigman	4227	2003
6. Jennifer Brigman	4205	2004
7. Priscilla Edwards	4189	2003
8. Jami Shores	4174	1986

# Pioneers at NAIA Championships

INDOOR			OUTDOOR		
Year	Finish	Points	Year	Finish	Points
			1983	14th	11
1984	15th	6	1984	15th	12
1985	10th	14	1985	4th	37
1986	1st	106	1986	2nd	110
1987	2nd	81	1987	2nd	82
1988	1st	84	1988	2nd	82
1989	unknown (Rick Beelby)	unknown	1989	unknown (Rick Beelby)	unknown
1990	17th (Rick Beelby)	10	1990	unknown (Rick Beelby)	8
1991	8th (Rick Beelby)	23	1991	8th (Rick Beelby)	30
1992	3rd (Rick Beelby)	55	1992	3rd (Rick Beelby)	55
1993	2nd (Rick Beelby)	65	1993	4th (Rick Beelby)	62
1994	1st (Rick Beelby)	80	1994	3rd (Rick Beelby)	58
1995	5th (Rick Beelby)	38	1995	6th (Rick Beelby)	30
1996	2nd (Rick Beelby)	86	1996	3rd (Rick Beelby)	62
1997	7th (Rick Beelby)	24	1997	11th (Rick Beelby)	25
1998	10th (Rick Beelby)	16	1998	7th (Rick Beelby)	33
1999	12th (Rick Beelby)	16	1999	13th (Rick Beelby)	24
2000	6th (Rick Beelby)	25	2000	8th (Rick Beelby)	32
2001	9th (Rick Beelby)	25	2001	21st (Rick Beelby)	16
2002	28th (Pat Bonder)	6	2002	31st (Pat Ponder)	8
2003	6th (Chris Beene)	24	2003	18th (Chris Beene)	17
2004	13th (Chris Beene)	14	2004	10th (Chris Beene)	28
2005	32nd (Scott Weiser)	2	2005	24th (Scott Weiser)	13
2006	15th (Scott Weiser)	8	2006	17th (Scott Weiser)	12
2007	2nd (Scott Weiser)	51	2007	4th (Scott Weiser)	54
2008	1st (Brian Whitlock)	71	2008	1st (Brian Whitlock)	80
2009	1st (Brian Whitlock)	68	2009	1st (Brian Whitlock)	102
2010	2nd (Brian Whitlock)	67	2010	11th (Brian Whitlock)	29
2011	7th (Brian Whitlock)	80	2011	13th (Brian Whitlock)	23
2012	3rd (Rohan Thompson)	59	2012	5th (Rohan Thompson)	45
2013	8th (Rohan Thompson)	23	2013	8th (Rohan Thompson)	30
2014	7th (Rohan Thompson)	27	2014	8th (Rohan Thompson)	33
2015	3rd (Rohan Thompson)	73	2015	1st (Rohan Thompson)	91
2016	1st (Brian Whitlock)	72	2016	T20th (Brian Whitlock)	16
2017	3rd (Brian Whitlock)	40	2017	1st (Brian Whitlock)	75
2018	1st (Brian Whitlock)	100	2018	4th (Brian Whitlock)	50
2019	1st (Brian Whitlock)	83	2019	4th (Brian Whitlock)	50
2020	5th (Brian Whitlock)	42	2020	Cancelled (COVID)	
2021	7th (Brian Whitlock)	33	2021	4th (Brian Whitlock)	39

# Individual Indoor National Champions

Athlete	Year	Event	Mark
Reater Golston	1986	Mile relay	3:55.31
Starlette Daniels			
Comfort Igeh			
Florence Ushieagu			
Comfort Igeh	1986	Long Jump	20-04.75
Nzael Kyomo	1986	60y	6.96
Denise Williams	1986	Triple Jump	40-00.75
Marcia Brown	1987	60y	6.98
Denise Williams	1987	Triple Jump	39-08.00
Vicky Aoko	1988	Mile relay	3:51.59
Althea Thomas			
Kenda Reeves			
Comfort Igeh			
Comfort Igeh	1988	60y	6.93
Jeanette Pusey	1989	55m	6.98
Felicia Amajali	1989	Long Jump	19-02.00
Antoinette Reed	1992	Triple Jump	39-05.50
~Tigist Moreda	1993	2-mile	10:27.30
~Tigist Moreda	1993	3-mile	16:41.73
^Rosa Ibarra	1994	2-mile	10:53.62
^Rosa Ibarra	1994	3-mile	17:24.03
Rowena Welford	1994	Long Jump	19-04.00
Jodie Young	1995	2-mile	10:05.79
Michelle Hagge	1995	Shot Put	47-10.50
Rosa Ibarra	1996	2-mile	9:49.23
Rosa Ibarra	1996	3-mile	17:40.23
Michelle Hagge	1997	Shot Put	48-10.25
Becky Dale	1997	Weight Throw	53-02.25
Becky Dale	1998	Weight Throw	54-03.75
Letitia Gilkes	2001	600m	1:32.36+
Letitia Davis	2001	4x400m relay	3:52.41
Letitia Gilkes			
Carissa Graves			
Keisha Esprit			
Melissa Branch	2003	55m	7.07
Melissa Branch	2004	55m	6.92
Patricia Mayers	2007	400m	54.59
Patricia Mayers	2007	4x400m relay	3:42.95
Akisha Simmons			
Keliesha Ross			
Kydia Echols			
Kimberly Smith	2008	60m	7.40+
Kimberly Smith	2008	200m	24.44
Elva Pedroza	2008	4x800m relay	9:15.53
Erin Britton			
Kydia Echols			
Purity Biwott			
Kimberly Smith	2009	60m	7.37+
Kimberly Smith	2009	200m	24.34
Caroline Karunde	2009	3,000m	9:42.60
Elva Pedroza	2009	4x800m relay	8:58.54
Erin Britton			
Caroline Karunde			
Purity Biwott			

	Year	Event	Mark
@Kimberly Smith	2010	60m	7.20+
@Kimberly Smith	2010	200m	24.17
Kydia Echols	2010	600m	1:32.47
Bianca Grant	2011	Long Jump	19-07.5
Janelle Redhead	2012	400m	53.25
Latanya Nation	2012	Long Jump	19-02.75
Alexis Browner	2015	60m	7.49
	2015	200m	23.39
Bianca Farrington	2015	400m	54.60
Bianca Farrington	2015	4x400m relay	3:41.39
Alexis Browner			
Kesley Gittens			
Monique McPherson			
Monique McPherson	2016	600m	1:31.23
Rochene Smith@	2016	200m	23.87
Telecia Briscoe	2017	60 hurdles	8.54
	2017	Long Jump	19-5.24
Telecia Briscoe	2018	60m hurdles	8.38
Devin Johnson*	2018	60m	7.46
	2018	200m	24.24
Tiona Owens	2018	Triple Jump	40-8.25
Ja'lanna Williams	2018	600m	1:31.87
Tiffany Cano	2018	4x800m relay	9:01.22
Silvia Sosa			
Elizabeth Williams			
Ja'lanna Williams			
Tiona Owens-`	2019	Triple jump	40-9.75
Devin Johnson-`	2019	60	7.53
Devin Johnson-`	2019	200	24.08
Taylor Williams	2019	4x800 relay	9:11.19
Teresha Jacobs			
Elizabeth Williams			
Tiffany Cano			
Argyanna Bolton			
Safia Bright	2021	4x400 relay	3.42.76
Raheema Westfall			
Coshan Campbell			
Raheema Westfall	2022	200	23.56

~Tigist Moreda named Outstanding Female Performer at 1993 NAIA Indoor Championships

^Rosa Ibarra named Outstanding Female Performer at 1994 & 1996 NAIA Indoor Championships

@Kimberly Smith named Outstanding Female Performer at 2010 NAIA Indoor Championships

@Rochene Smith 2016 MVP

\*Devin Johnson 2018 co-MVP

`Devin Johnson & Tiona Owens 2019 co-MVP (w/2 others)

John Creer NAIA Women's Indoor Coach of the Year in 1986 and 1988

Rick Beelby NAIA Women's Indoor Coach of the Year in 1994 and 1996

Brian Whitlock NAIA Indoor Coach of the Year in 2008, 2009, 2016,

2018, 2019

Brian Whitlock USTFCCA Indoor Coach of Year in 2018, 2019

+ denotes meet record

# Individual Outdoor National Champions

Athlete	Year	Event	Mark
Maria Haley	1983	Javelin	164-05.00
#Comfort Igeh	1986	Long Jump	21-01.25
#Comfort Igeh	1986	100m	11.68
#Comfort Igeh	1986	200m	23.69
#Comfort Igeh	1986	SMR	1:39.55
Nzael Kyomo Starlette Daniels Althea Thomas			
#Comfort Igeh	1986	4x100m relay	45.37
Nzael Kyomo Starlette Daniels Althea Thomas			
Denise Williams	1986	Triple Jump	39-06.75
Denise Williams	1987	100m H	13.95
Comfort Igeh	1987	Long Jump	20-07.50
Comfort Igeh	1988	Long Jump	20-07.75
Kimberlee Gersbach	1989	SMR	1:42.02
Kerry Evans Kim Kayler Felicia Amajali			
Tigist Moreda	1993	5,000m	16:52.44
Tigist Moreda	1993	10,000m	35:12.46
Rosa Ibarra	1994	5,000m	17:14.80
Rosa Ibarra	1994	10,000m	35:44.12
^Rosa Ibarra	1995	5,000m	16:55.93
^Rosa Ibarra	1995	10,000m	34:55.06
Tamara Dingley	1996	1,500m	4:26.69
Tamara Dingley	1996	3,000m	9:43.58
Rowena Welford	1996	Long Jump	20-01.50
Michelle Hagge	1997	Shot Put	48-08.25
Becky Dale	1998	Hammer Throw	172-11.00
WyKiesha Thompson	2000	Hammer Throw	167-03.00
Patricia Mayers Akisha Simmons Keliesha Ross Caroline Oladipo	2007	4x100m relay	46.21
Kimberly Smith	2008	100m	11.68
Kimberly Smith	2008	200m	24.18
Latanya Nation	2008	4x100m relay	46.21
Kimberly Smith Caroline Oladipo Kelisha Ross			
Kimberly Smith	2009	100m	11.58
Kimberly Smith	2009	200m	23.72
Purity Biwott	2009	800m	2:05.86
Purity Biwott	2009	1500m	4:26.57
Kimberly Smith	2009	4x100m relay	45.27
Latanya Nation Bianca Grant Keliesha Ross			
Bianca Grant	2010	Long Jump	19-08.00
Bianca Grant	2012	Long Jump	20-05.25
Alexis Browner	2015	100m	11.43
Alexis Browner	2015	200m	23.48
Bianca Farrington	2015	400m	53.81
Kesley Gittens	2015	4x100m relay	44.99
Alexis Browner Gregria Higgs Rochene Smith			

Bianca Farrington	2015	4x400m relay	3:38.72
Alexis Browner Kesley Gittens Monique McPherson			
Telecia Briscoe	2017	100 hurdles	13.70
Tiona Owens	2019	100 hurdles	13.96
Tiona Owens	2019	Triple jump	40-8.25
Raheema Westfall	2022	100	11.43
Raheema Westfall+2022	200		22.98

#Comfort Igeh named Outstanding Female Performer at  
1986 NAIA Outdoor Championships  
^Rosa Ibarra named Outstanding Female Performer at  
1995 Outdoor Championships  
+Raheema Westfall Most Outstanding Performer

Brian Whitlock named NAIA Outdoor Coach of the Year  
in 2008 and 2009

# Women's All-Americans

## \* Indoor Nationals

ATHLETE (TOTAL)	YEAR	EVENT	PLACE	MARK	
Adams, Shani (5)	2014	600m *	4th	1:31.53	
	2014	4x400m relay *	3rd	3:44.72	
	2014	4x800m relay *	5th	9:18.68	
	2014	400m H	3rd	1:00.35	
	2014	4x400m relay	3rd	3:46.17	
Albrecht, Shannan (3)	1993	2-mile *	3rd	9:32.28	
	1993	DMR *	2nd	12:24.31	
	1994	DMR *	2nd	12:24.02	
Amajali, Felicia (7)	1989	60y *	4th	7.06	
	1989	Long Jump *	1st	19-01	
	1989	Mile relay *	2nd	3:57.08	
	1989	100m	2nd	11.67	
	1989	200m	4th	23.89	
	1989	SMR	1st	1:42.02	
	1989	4x100m relay	2nd	46.25	
Anderson, Brooklyn (1)	2013	4x400m relay *	8th	3:54.52	
Aoko, Vickie (8)	1987	100m	4th	12.12	
	1987	200m	5th	24.72	
	1988	60y *	2nd	6.99	
	1988	440y *	4th	58.52	
	1988	Mile relay *	1st	3:51.59	
	1988	100m	5th	11.90	
	1988	SMR	3rd	1:42.82	
	1988	4x100m relay	2nd	46.05	
	Baker, Jennifer (4)	2003	400m H	4th	1:02.22
		2005	800m *	5th	2:16.26
2007		4x800m relay *	2nd	9:11.96	
2007		4x800m relay	5th	9:12.27	
Banks, Chatrinia (1)		1990	Shot Put *	5th	43-06.5
Bell, Vivian (18)	1991	400m H	5th	1:01.45	
	1991	4x400m relay	6th	3:51.37	
	1992	440y *	4th	58.72	
	1992	Mile relay *	2nd	3:59.72	
	1992	400m H	4th	1:00.40	
	1992	SMR	4th	1:44.17	
	1992	4x400m relay	5th	3:48.93	
	1993	440y *	5th	58.01	
	1993	Mile relay *	3rd	3:56.60	
	1993	100m H	4th	14.37	
	1993	400m H	4th	59.14	
	1993	SMR	6th	1:46.59	
	1994	60y H *	2nd	8.06	
	1994	440y *	3rd	55.79	
	1994	600 *	4th	1:28.15	
	1994	100m H	2nd	14.00	
	1994	400m H	3rd	59.17	
	1994	4x100m relay	4th	46.97	
Bellamy, Amber (1)	2012	4x800m relay *	4th	9:12.72	
Biwott, Purity (9)	2008	800m *	2nd	2:13.72	
	2008	4x800m relay *	1st	9:15.53	
	2008	800m	3rd	2:10.38	
	2008	4x800m relay	2nd	8:50.94	
	2009	Mile *	2nd	4:53.72	
	2009	4x800m relay *	1st	8:58.54	
	2009	800m	1st	2:05.86	
	2009	1,500m	1st	4:26.57	
	2009	4x400m relay	2nd	3:44.52	
	Bolton, Argyanna (4)	2021	200m *	5th	24.91
		2021	400m	8th	58.82
		2021	4x400m relay	1st	3:42.76
		2022	400*	8th	57.00
Branch, Melissa (7)	2003	55m *	1st	7.07	
	2003	100m	6th	12.10	
	2003	4x100m relay	5th	47.82	
	2004	55m *	1st	6.92	
	2004	200m *	4th	24.92	
	2004	200m	6th	24.23	
	2004	4x100m relay	2nd	45.84	
Brathwaite, Janelle (1)	2005	100m H	2nd	14.14	
Bright, Safia (4)	2021	4x100m relay	2nd	45.73	
	2021	100m	8th	11.81	
	2021	200m	5th	23.90	
	2021	4x400m relay	1st	3:42.76	
	Briscoe, Telecia (6)	2017	60m H *	1st	8.54
	2017	Long Jump *	1st	19-5.25	
	2017	100m H	1st	13.70	
	2017	Long Jump	3rd	19-4.25	
	2018	60m H *	1st	8.38	
	2018	Long Jump*	8th	18-9.75	
Britton, Erin (8)	2007	1,000m *	6th	3:00.62	
	2007	4x800m relay *	2nd	9:11.96	
	2007	4x800m relay	5th	9:12.27	
	2008	1,000m *	2nd	2:56.84	
	2008	4x800m relay *	1st	9:15.53	
	2008	4x800m relay	2nd	8:50.94	
	2009	1,000m *	5th	2:57.55	
	2009	4x800m relay*	1st	8:58.54	
	Brown, Marcia (8)	1986	60y *	6th	7.26
1987		60y *	1st	6.98	
1987		SMR	2nd	1:42.29	
1987		4x100m relay	2nd	45.92	
1988		60y *	3rd	7.00	
1988		100m	3rd	11.85	
1988		SMR	3rd	1:42.82	
1988		4x100m relay	2nd	46.05	
Browner, Alexis (15)		2014	200m *	6th	24.62
		2014	4x400m relay *	3rd	3:44.72
	2014	100m	6th	11.83	
	2014	4x100m relay	3rd	45.55	
	2014	4x400m relay	3rd	3:46.17	
	2015	60m *	1st	7.49	
	2015	200m *	1st	23.39	
	2015	4x100m relay *	1st	44.99	
	2015	4x400m relay *	1st	3:41.39	
	2015	100m	1st	11.43	
	2015	200m	1st	23.48	
	2015	4x400m relay	1st	3:38.72	
	2016	60m *	3rd	7.53	
	2016	200m *	2nd	24.03	
	2016	4x400m relay *	2nd	3:45.28	
Calloway, Chyna (5)	2011	4x400m relay	3rd	3:48.39	
	2012	100m hurdles	8th	14.65	
	2012	400m hurdles	5th	1:00.87	
	2013	60m hurdles *	6th	8.83	
	2013	4x400m relay *	8th	3:54.52	
	Campbell, Coshan (5)	2020	600m *	4th	1:32.63
2020		DMR	5th	12:08.04	
2020		4x800m relay *	2nd	9:16.53	
2021		600m *	2nd	1:34.07	
2021		800m	6th	2:14.62	
Cano, Tiffany (14)	2016	600m *	7th	1:38.69	
	2016	4x400m relay *	2nd	3:45.28	
	2017	800m *	5th	2:15.98	
	2017	4x400m relay	5th	3:47.86	
	2017	4x800m relay	3rd	8:56.71	
	2018	800m *	5th	2:15.72	
	2018	4x800m relay *	1st	9:01.22	
	2018	DMR *	2nd	12:00.70	
	2018	4x400m relay	7th	3:53.13	
	2018	4x800m relay	2nd	8:57.68	
	2019	800 *	2nd	2:14.51	
	2019	4x400m relay *	8th	4:11.46	
	2019	4x800m relay *	1st	9:11.19	
	2019	4x80m relay	2nd	8:57.84	
Castillo, Faith (1)	2021	4x100m relay	2nd	45.73	
	Cejas, Melissa (4)	2012	4x800m relay *	4th	9:12.72
2014		4x800m relay *	5th	9:18.68	
2014		DMR *	8th	12:36.11	
2015		4x800m relay*	6th	9:17.94	
Cherono, Jackline (6)	2017	10,000m	5th	36:46.60	
	2019	5,000m *	3rd	17:41.07	
	2019	DMR *	7th	12:18.75	
	2019	1,500m	6th	4:35.29	
	2020	DMR *	5th	12:08.04	
	2020	4x800m relay *	2nd	9:16.53	
Cook, Rhonda (6)	1991	60y *	5th	7.02	
	1991	SMR	5th	1:43.75	
	1991	4x100m relay	4th	46.85	
	1992	60y *	3rd	7.15	
	1992	SMR	4th	1:44.17	
	1992	4x100m relay	5th	47.59	

Cox, Lyn (4)	2003	4x100m relay	5th	47.82	Ferguson, Juanita (8)	1999	55m *	4th	7.04	
	2004	100m	5th	11.81		1999	200m *	5th	25.45	
	2004	200m	4th	24.16		1999	100m	4th		
	2004	4x100m relay	2nd	45.84		2000	55m *	3rd	6.99	
Dale, Becky (4)	1996	20# Weight Throw *	3rd	45-01	2000	4x400m relay *	3rd	3:54.63		
	1997	20# Weight Throw *	1st	53-02.25	2000	100m	5th	12.01		
	1998	20# Weight Throw *	1st	54-03.75	2000	200m	6th	25.07		
	1998	Hammer	1st	172-11	2000	4x100m relay	3rd	47.62		
Daniels, Starlette (8)	1986	60y *	3rd	7.09	Flores, Alexis (4)	2017	Long Jump *	8th	18-5	
	1986	Mile relay *	1st	3:55.31		2017	4x400m relay *	3rd	3:53.66	
	1986	100m	5th	12.03		2017	400m H	7th	1:02.61	
	1986	SMR	1st	1:39.55		2017	4x400m relay	5th	3:47.86	
	1986	4x100m relay	1st	45.37	Gay, Natasha (9)	2011	200m	5th	24.30	
	1987	100m	2nd	12.04		2011	4x100m relay	2nd	45.40	
	1987	SMR	2nd	1:42.29		2012	200m *	8th	24.73	
	1987	4x100m relay	2nd	45.92		2012	4x400m relay *	4th	3:43.59	
	2015	4x800m relay*	6th	9:17.74		2012	4x100m relay	4th	45.19	
Daniels, Patrice (3)	2017	4x800m relay	3rd	8:56.71	2013	200m *	6th	24.50		
	2018	4x400m relay *	8th	4:03.27	2013	100m	3rd	11.96		
	2000	400m *	6th	56.95	2013	200m	2nd	23.89		
Davis, Letitia (9)	2000	4x400m relay *	3rd	3:54.63	2013	4x100m relay	2nd	46.01		
	2000	400m	3rd	56.33	Gersbach, Kim (2)	1989	SMR	1st	1:42.02	
	2000	4x400m relay	6th	3:53.88		1989	4x100m relay	2nd	46.25	
	2000	4x100m relay	3rd	47.62	Gilkes, Letitia (6)	2000	600m *	2nd	1:33.88	
	2001	400m *	6th	61.53		2000	4x400m relay *	3rd	3:54.63	
	2001	4x400m relay *	1st	3:52.41		2000	4x400m relay	6th	3:53.88	
	2001	4x400m relay	2nd	3:47.36		2001	600m *	1st	1:32.36	
	Dingley, Tamara (4)	2001	400m	4th	55.37	2001	4x400m relay *	1st	3:52.41	
		1996	Mile *	2nd	4:51.13	2001	4x400m relay	2nd	3:47.36	
1996		3,000m *	2nd	9:49.90	Gilliam, Demetrice (2)	2008	4x400m relay *	2nd	3:48.95	
1996		1,500m	1st	4:26.69		2008	4x400m relay	2nd	3:47.71	
1996		3,000m	1st	9:43.58	Gittens, Kelsey (8)	2013	4x100m relay	2nd	46.01	
Echols, Jessica (1)	2013	400m hurdles	4th	1:01.73		2014	4x800m relay *	5th	9:18.68	
	Echols, Kydia (13)	2007	600m *	5th		1:35.95	2014	4x400m relay *	3rd	3:44.72
2007		4x400m relay *	1st	3:42.95		2014	4x100m relay	3rd	45.55	
2007		4x800m relay *	2nd	9:11.96		2014	4x400m relay	3rd	3:46.17	
2007		4x400m relay	2nd	3:45.84	2015	4x400m relay *	1st	3:41.39		
2007		4x800m relay	5th	9:12.27	2015	4x100m relay	1st	44.99		
2008		4x800m relay *	1st	9:15.53	2015	4x400m relay	1st	3:38.72		
2008		4x400m relay	2nd	3:47.71	Golston, Reater (7)	1986	440y *	5th	58.10	
2008		4x800m relay	2nd	8:50.94		1986	Mile relay *	1st	3:55.31	
2010		600m *	1st	1:32.47		1986	400m	3rd	54.44	
2010		4x400m relay *	2nd	3:46.48		1986	4x400m relay	2nd	3:42.15	
2010		4x800m relay *	2nd	9:10.01		1987	440y *	5th	57.85	
Edwards, Priscilla (6)		2010	800m	6th	2:12.02	1987	Mile relay	2nd	4:00.53	
		2010	4x800m relay	2nd	9:02.15	1987	SMR	2nd	1:42.29	
	2003	55m H *	4th	8.37	Goodwin, Lorette (2)	1987	Shot Put *	6th	43-00.25	
	2003	Pentathlon *	3rd	3,328 pts		1987	Shot Put	6th	42-05.5	
	2003	Heptathlon	4th	4,451 pts	Grant, Bianca, (16)	2009	Long Jump *	4th	19-00.5	
	2003	4x100m relay	5th	47.82		2009	Triple Jump *	6th	38-10.25	
	2004	Heptathlon	2nd	4,725 pts		2009	Long Jump	2nd	19-10.25	
	2004	4x100m relay	2nd	45.84		2009	4x100m relay	1st	45.27	
	2017	4x400m relay *	3rd	3:53.66		2010	Long Jump *	2nd	19-11	
	Ellison, Addison (1)	2001	55m *	4th		7.30	2010	60m *	4th	7.62
Esprit, Keisha (8)		2001	200m *	7th		25.82	2010	Long Jump	1st	19-08.00
		2001	4x400m relay *	1st	3:52.41	2011	60m *	5th	7.65	
		2001	4x400m relay	2nd	3:47.36	2011	Long Jump *	1st	19-07.5	
		2002	55m *	4th	7.17	2011	4x100m relay	2nd	45.40	
		2002	200m *	4th	24.79	2011	Long Jump	5th	18-10.5	
		2002	200m	5th	25.09	2012	60m *	3rd	7.56	
		2002	400m	5th	55.78	2012	100m	2nd	11.73	
		Evans, Kerry (5)	1989	440y *	4th	58.26	2012	200m	4th	24.43
			1989	Mile relay *	2nd	3:57.08	2012	4x100m relay	4th	45.19
	1989		200m	2nd	23.58	2012	Long Jump	1st	20-05.25	
1989	SMR		1st	1:42.02	Graves, Carissa (2)	2001	4x400m relay *	1st	3:52.41	
1989	4x100m relay		2nd	46.25		2001	4x400m relay	2nd	3:47.36	
Farrington, Bianca (5)	2015	400m *	1st	54.60	Green, Jeree (1)	2006	4x100m relay	6th	48.15	
	2015	4x400m relay *	1st	3:41.39		Griffin, Penny (3)	1986	Long Jump *	4th	18-09.75
	2015	400m	1st	53.81	1986		Triple Jump *	4th	36-06	
	2015	4x400m relay	1st	3:38.72	1987		Long Jump *	2nd	19-02.5	
	Ferguson, Gortia (5)	2016	400m *	2nd	55.87	Guischard, Cathy (5)	1991	60y *	3rd	6.89
2013		60m *	4th	7.54	1991		440y *	5th	59.22	
2013		200m *	8th	24.57	1991		SMR	5th	1:43.75	
2014		100m	4th	11.711	1991		4x100m relay	4th	46.85	
2014		200m	5th	24.18	1991		4x400m relay	6th	3:51.37	
2014		4x100m relay	3rd	45.55						

Haage, Michelle (12)	1995	Shot Put *	1st	47-10.5	Igeh, Comfort (23)	1985	Long Jump *	2nd	19-07.75	
	1996	Shot Put *	2nd	47-01		1985	Long Jump	4th	19-00.25	
	1996	20# Weight Throw	2nd	46-11.75		1985	4x100m relay	2nd	16.23	
	1996	Shot Put	2nd	47-00.75		1986	Long Jump *	1st	20-04.75	
	1996	Discus	2nd	152-06		1986	60y *	2nd	7.02	
	1997	Shot Put *	1st	48-10.25		1986	Long Jump	1st	21-01.25	
	1997	20# Weight Throw	4th	51-00		1986	100m	1st	11.68	
	1997	Shot Put	1st	48-08.25		1986	200m	1st	23.69	
	1997	Discus	4th	155-04		1986	200m	1st	23.69	
	1998	Discus	3rd	144-07		1986	SMR	1st	1:39.55	
	1998	Shot Put	2nd	45-04		1986	4x100m relay	1st	45.37	
	1999	Shot Put *	2nd	46-06.75		1987	Long Jump *	4th	18-10	
	Haley, Maria (3)	1983	Javelin	1st		164-00.5	1987	60y *	5th	7.12
		1984	Javelin	2nd		162-10	1987	Mile relay *	2nd	4:00.53
		1985	Javelin	2nd		164-11	1987	Long Jump	1st	20-07.5
	Hannah, Kristy (4)	2011	4x800m relay *	4th		9:10.42	1988	Long Jump *	2nd	19-08.5
		2012	4x800m relay *	4th		9:12.72	1988	60y *	1st	6.93
		2014	600m *	8th		1:37.29	1988	Mile relay *	1st	3:51.59
		2014	4x800m relay *	5th		9:18.68	1988	Long Jump	1st	20-07.75
Higgs, Gregria (4)	2015	200m *	7th	24.89	1988	100m	2nd	11.80		
	2015	100m	4th	11.72	1988	200m	6th	24.65		
	2015	200m	4th	24.24	1988	SMR	3rd	1:42.82		
	2015	4x100m relay	1st	44.99	1988	4x100m relay	2nd	46.05		
	2016	200m	7th	24.77	2019	800m *	4th	2:16.13		
	2016	200m	7th	24.77	2019	4x800m relay*	1st	9:11.19		
Hightower, Sh'kendra (1)	2011	4x400m relay *	3rd	3:48.39	2019	DMR *	7th	12:18.75		
Hill-Johnson, Cheyenne (13)	2018	60m *	4th	7.62	2019	Steeplechase	4th	11:07.40		
	2018	200m *	3rd	24.53	2019	800m	5th	2:13.27		
	2018	100m	6th	12.12	2019	4x800m relay	2nd	8:57.84		
	2018	200m	6th	24.74	2020	800m *	5th	2:13.90		
	2018	4x100m relay	4th	46.44	2020	DMR *	5th	12:08.04		
	2019	60m *	3rd	7.59	2020	4x800m relay *	2nd	9:16.53		
	2019	200m *	5th	24.58	2021	1,500m	8th	4:39.00		
	2019	4x400m relay *	8th	4:11.46	2000	4x100m relay	3rd	47.62		
	2019	100m	4th	11.76	James, Jessi (1)	2016	5,000m *	7th	18:10	
	2019	200m	6th	24.40	Jemeli, Jackline (7)	2017	5,000m *	5th	17:29.64	
	2020	60m *	6th	7.57	2017	5,000m	6th	17:47.61		
	2021	60m *	4th	7.58	2017	10,000m	7th	36:56.24		
	2021	4x100m relay	2nd	45.73	2018	5,000m *	5th	17:41.04		
Hollins, E'keisha (3)	2017	4x400m relay *	3rd	3:53.66	2019	5,000m *	8th	18:00.78		
	2017	100	5th	11.82	2019	10,000m	8th	37:37.61		
	2017	4x400 relay	5th	3:47.86	2013	3000m *	3rd	10:12.00		
Holmes, Quanisha (2)	2011	4x400m relay *	3rd	3:48.39	2013	5000m	6th	17:32.52		
	2012	4x400m relay	5th	3:45.43	2014	DMR *	8th	12:36.11		
Ibarra, Rosa (16)	1992	Mile *	3rd	5:04.96	2014	3,000m *	7th	10:07.12		
	1992	2-mile *	2nd	10:35.01	2015	5,000m *	3rd	17:25		
	1992	3,000m	5th	10:00.50	2015	10,000m	6th	36.45		
	1993	2-mile relay	3rd	9:32.28	2017	100m	4th	11.82		
	1993	1,500m	5th	4:36.32	2017	200m	5th	24.04		
	1993	3,000m	4th	9:58.90	2018	60m *	1st	7.46		
	1994	Mile *	3rd	5:02.28	2018	200m *	1st	24.24		
	1994	2-mile *	1st	10:53.62	2018	100m	3rd	11.97		
	1994	3-mile *	1st	17:24.03	2018	200m	5th	24.30		
	1994	DMR *	2nd	12:24.02	2018	4x100m relay	4th	46.44		
	1994	5,000m	1st	17:40.80	2019	60m *	1st	7.53		
	1994	10000m	1st	35:44.12	2019	200m*	1st	24.08		
	1995	5000m	1st	16:55.93	2019	4x400m relay *	8th	4:11.46		
	1995	10000m	1st	34:55.06	2015	4x400m relay *	1st	3:41.39		
	1996	3000m *	1st	9:49.23	2015	4x800m relay *	6th	9:17.94		
	1996	5000m *	1st	17:40.23	Joseph, Mackola (1)	2011	4x800m relay *	4th	9:10.42	
Karunde, Caroline (7)	2008	1,500m	3rd	4:28.70	2008	10,000m	2nd	34:24.44		
	2008	10,000m	2nd	34:24.44	2008	4x800m relay	2nd	8:50.94		
	2009	3,000m *	1st	9:42.60	2009	3,000m *	1st	9:42.60		
	2009	4x800m relay *	1st	18:58.54	2009	4x800m relay *	1st	18:58.54		
	2009	5,000m	2nd	16:54.05	2009	5,000m	2nd	16:54.05		
	2009	10,000m	2nd	35:32.60	2009	10,000m	2nd	35:32.60		
	Kayler, Kim (8)	1987	High Jump *	6th	5-06	1987	High Jump *	6th	5-06	
		1988	High Jump *	5th	5-08	1988	High Jump *	5th	5-08	
		1989	High Jump *	3rd	5-09	1989	High Jump *	3rd	5-09	
		1989	SMR	1st	1:42.02	1989	SMR	1st	1:42.02	
		1989	4x100m relay *	2nd	46.25	1989	4x100m relay *	2nd	46.25	
		1989	High Jump	2nd	5-10.75	1989	High Jump	2nd	5-10.75	
		1990	High Jump *	2nd	5-10	1990	High Jump *	2nd	5-10	
1990		High Jump	2nd	5-08.75	1990	High Jump	2nd	5-08.75		
Kidd, Sandra (1)	1989	Mile relay *	2nd	3:57.08	1989	Mile relay *	2nd	3:57.08		
Kiyeng, Prudence (2)	2019	5,000	8th	17:58.54	2019	5,000	8th	17:58.54		
	2020	5,000m *	4th	17:36.86	2020	5,000m *	4th	17:36.86		

Kyomo, Nzael (8)	1986	60y *	1st	6.96	Oladipo, Caroline (9)	2006	4x100m relay	6th	48.15	
	1986	100m	3rd	11.93		2007	Triple Jump *	2nd	40-01.5	
	1986	200m	5th	24.65		2007	Triple Jump	6th	39-01.25	
	1986	SMR	1st	1:39.55		2007	4x100m relay	1st	46.21	
	1986	4x100m relay	1st	45.37		2008	Triple Jump *	2nd	40-08.75	
	1987	60y *	2nd	6.99		2008	4x400m relay *	2nd	3:48.95	
	1987	SMR	2nd	1:42.29		2008	4x100m relay	1st	46.21	
	1987	4x100m relay	2nd	45.92		2008	4x400m relay	2nd	3:47.71	
Lacefield, Deanna Campbell (4)	1992	SMR	4th	1:44.17	Owens, Cynthia (5)	2008	Triple Jump	3rd	40-03.25	
	1992	4x100m relay	5th	47.59		1991	4x100m relay	4th	46.85	
	1993	SMR	6th	1:46.59		1991	4x400m relay	6th	3:51.37	
	1994	4x100m relay	4th	46.97		1993	DMR *	2nd	12:24.31	
Lee, Leandria (12)	2009	4x400m relay	2nd	3:44.52	Owens, Tiona (13)	1993	100m	6th	12.16	
	2010	4x400m relay *	2nd	3:46.48		1993	SMR	6th	1:46.59	
	2011	60m *	3rd	7.62		2015	Triple Jump *	7th	37-8	
	2011	200m *	5th	24.53		2015	Long Jump *	6th	18-1.75	
	2011	4x400m relay *	3rd	3:48.39		2015	Triple Jump	8th	38-6.75	
	2011	4x100m relay	2nd	45.40		2016	Triple Jump *	2nd	40-3.50	
	2012	200m *	7th	24.73		2016	Long Jump *	8th	17-11.75	
	2012	4x400m relay *	4th	3:43.59		2018	Triple Jump *	1st	40-8.25	
	2012	100m	6th	11.73		2018	Long Jump	4th	19-5.25	
	2012	200m	6th	24.63		2019	Triple Jump *	1st	40-9.75	
	2012	4x100m relay	4th	45.19		2019	Long Jump *	4th	18-10.25	
	2012	4x200m relay	5th	3:45.43		2019	60 hurdles *	4th	8.75	
	Lopez, Selene (7)	2014	5,000m *	4th		17:22.01	2019	4x400m relay*	8th	4:11.46
		2014	DMR *	8th		12:36.11	2019	100m hurdles	1st	13.96
2014		10,000m	6th	37:14.94	2019	Triple Jump	1st	40-8.25		
2015		5,000m *	6th	17:33	2017	4x400m relay *	3rd	3:53.66		
2015		10,000m	8th	37:16	2017	100m H	3rd	14.12		
2017		Marathon	2nd	3:08:08.50	2017	4x400m relay	5th	3:47.86		
2017		10,000m	4th	36:45.03	2018	4x400m relay *	8th	4:03.27		
Mannie, Cherita (1)		2003	High Jump *	4th	5-05.75	2018	100m H	7th	14.64	
	2007	400m *	1st	54.59	2018	4x100m relay	4th	46.44		
Mayers, Patricia (7)	2007	200m *	2nd	24.39	Pavez, Tanya (1)	2018	4x400m relay *	8th	4:03.27	
	2007	4x400m relay *	1st	3:42.95	Pedroza, Elva (6)	2007	4x800m relay *	2nd	9:11.96	
	2007	200m	5th	25.14	2007	4x800m relay	5th	9:12.27		
	2007	400m	3rd	55.30	2008	4x800m relay *	1st	9:15.53		
	2007	4x100m relay	1st	46.21	2009	4x800m relay	1st	8:58.54		
	2007	4x400m relay	2nd	3:45.84	2010	4x800m relay *	2nd	9:10.01		
	1992	Mile relay *	2nd	3:59.72	2010	4x800m relay	2nd	9:02.15		
	1992	4x400m relay	5th	3:48.93	Perry, Donita (4)	1985	4x100m relay	2nd	46.23	
	McArthur, Stacy (2)	2015	600m *	3rd		1:32.48	1986	4x400m relay	2nd	3:42.15
		2015	4x400m relay *	1st		3:41.39	1987	60y *	6th	7.18
2015		4x800m relay *	6th	9:17.94	1987	Mile relay *	2nd	4:00.53		
2015		400m	4th	55.36	Pusey, Janet (1)	1989	60y *	1st	6.98	
2015		4x400m relay	1st	3:38.72		Quiah, Angie (5)	2012	4x400m relay	5th	3:45.43
2016		600m *	1st	1:31.23			2013	4x100m relay	2nd	46.01
2016		4x400m relay *	2nd	3:45.28	2014		4x400m relay	3rd	3:44.72	
Moore, Barbara (1)	1988	60y H	5th	8.19	2014		4x100m relay	3rd	45.55	
	Moreda, Tigist (6)	1993	2-mile *	1st	10:27.30		2014	4x400m relay	3rd	3:46.17
		1993	3-mile *	1st	16:41.73	Redhead, Janelle (3)	2012	200m *	2nd	23.11
		1993	2-mile relay *	3rd	9:32.28		2012	400m *	1st	53.25
		1993	DMR *	2nd	12:24.31		2012	4x400m relay *	4th	3:43.59
		1993	5,000m	1st	16:52.44	Reed, Antoinette (14)	1991	Long Jump *	6th	18-9.75
1993		10,000m	1st	35:12.46	1991		Triple Jump *	2nd	39-6.25	
Nation, Latanya (15)		2008	Pentathlon *	2nd	3,409 pts		1991	Triple Jump	4th	38-6.75
		2008	4x100m relay	1st	46.21		1991	SMR	5th	1:43.75
	2008	Long Jump	5th	18-09	1991		4x100m relay	4th	46.85	
	2009	60m H *	2nd	8.86	1991		4x400m relay	6th	3:51.37	
	2009	Long Jump *	3rd	19-01.25	1992		Long Jump *	4th	18-05	
	2009	100m H	2nd	14.23	1992		Triple Jump *	1st	39-05	
	2009	Long Jump	5th	19-03.25	1992		60y *	5th	7.15	
	2009	Triple Jump	3rd	39-08.75	1992		Mile relay *	2nd	3:59.72	
	2009	4x100m relay	1st	45.27	1992		Long Jump	3rd	19-03.5	
	2010	Long Jump *	3rd	19-00.5	1992		100m	6th	11.96	
	2010	Triple Jump *	6th	39-03.75	1992		4x100m relay	5th	47.59	
	2011	100m hurdles	5th	14.04	1992		4x400m relay	5th	3:48.93	
	2012	60m hurdles *	5th	8.88	Reed, Bessie Ann (2)	2000	4x400m relay *	3rd	3:54.63	
	2012	Long Jump *	1st	19-02.75		2000	4x400m relay	6th	3:53.88	
	2012	Triple Jump *	4th	39-03.00	Reeves, Kenda (1)	1988	Mile relay *	1st	3:51.59	
Robinson, Charlene (1)	1994	DMR *	2nd	12:24.02	Rogers, Monique (2)	2018	4x100m relay	4th	46.44	
	2018	4x400m relay	7th	3:53.13						

Ross, Keliesha (13)	2007	4x400m relay *	1st	3:42.95	Smith, Rochene (10)	2015	60m *	3rd	7.56
	2007	100m	4th	11.95		2015	200m *	5th	24.42
	2007	4x100m relay	1st	46.21		2015	100m	2nd	11.58
	2007	4x400m relay	2nd	3:45.84		2015	200m	2nd	23.82
	2008	4x400m relay *	2nd	3:48.95		2015	4x100m relay	1st	44.99
	2008	200m *	6th	24.86		2016	60m *	2nd	7.45
	2008	200m	5th	24.68		2016	200m *	1st	23.87
	2008	4x100m relay	1st	46.21		2016	4x400 relay *	2nd	3:45.28
	2008	4x400m relay	2nd	3:47.71		2016	100m	2nd	11.45
	2009	4x100m relay	1st	45.27		2016	200m	2nd	23.70
	2009	4x400m relay	2nd	3:44.52	Solomon, Brigitte (1)	1991	SMR	5th	1:43.75
	2010	60m *	5th	7.72	Solomon, Joanne (1)	1987	Mile relay *	2nd	4:00.53
	2010	4x400m relay *	2nd	3:46.98	Solomon, Wendy (1)	1989	Mile relay *	2nd	3:57.08
Rowberry, Rachel (2)	1993	Mile relay *	3rd	3:56.60	Sote, Mwinga (4)	1985	1,500m	6th	4:36.67
	1993	2-mile relay *	3rd	9:32.28		1986	Mile *	2nd	5:02.45
Sato, Nina (1)	2015	High Jump	4th	5-7.25		1987	1,000y *	4th	2:44.45
Secrest, Jennifer (3)	2010	4x800m relay *	2nd	9:10.01		1987	Mile relay *	4th	5:11.24
	2010	4x800m relay	2nd	9:02.15	Stegnik, Denise (1)	1989	High Jump *	5th	5-05
	2011	4x800m relay *	4th	9:10.42	Thomas, Althea (18)	1985	400m	4th	54.49
Segovia, Magally Schneider (10)	1992	600y *	2nd	1:25.48		1985	4x100m relay	2nd	46.23
	1992	Mile relay *	2nd	3:59.72		1986	440y *	2nd	56.96
	1992	400m	2nd	54.67		1986	600y *	6th	1:28.90
	1992	SMR	4th	1:44.17		1986	200m	4th	24.37
	1992	4x100m relay	5th	47.59		1986	400m	2nd	52.80
	1992	4x400m relay	5th	3:48.93		1986	SMR	1st	1:39.55
	1993	440y *	4th	57.69		1986	4x100m relay	1st	45.37
	1993	600y *	2nd	1:25.23		1987	440y *	6th	58.69
	1993	Mile relay *	3rd	3:56.60		1987	600y *	3rd	1:26.75
	1993	400m	4th	56.06		1987	400m	4th	55.88
Sheppard, Shykilia (8)	2011	4x100m relay	2nd	45.40		1987	4x100m relay	2nd	45.92
	2012	4x400m relay *	4th	3:43.59		1988	440y *	2nd	56.95
	2012	100m	8th	12.09		1988	600y *	2nd	1:25.96
	2012	200m	8th	24.85		1988	Mile relay *	1st	3:51.59
	2012	4x100m relay	4th	45.19		1988	400m	2nd	53.35
	2012	4x400m relay	5th	3:45.43		1988	SMR	3rd	1:42.82
	2013	Long Jump *	5th	18-4.25		1988	4x100m relay	2nd	46.05
	2013	4x400m relay *	8th	3:54.52	Thompson, Wykeisha (5)	1998	20# Weight *	3rd	49-03
Shores, Jami (6)	1983	Long Jump	6th	18-01.25		1998	Hammer	2nd	164-11
	1984	Long Jump *	3rd	19-04		1999	20# Weight *	5th	51-05.5
	1984	Long Jump	4th	18-09.25		2000	Hammer	1st	167-03
	1986	Long Jump *	5th	18-00		2000	20# Weight *	3rd	51-03.75
	1986	Triple Jump *	5th	36-04	Tibbs, Ann (2)	1993	Mile relay *	3rd	3:56.60
	1986	Long Jump	5th	20-01.5		1993	SMR	6th	1:46.59
Simmons, Akisha (11)	2004	4x100m relay	2nd	45.84	Traweek, Michaela (1)	2003	4x100m relay	5th	47.82
	2006	200m *	5th	25.13	Tuggle, Michelle (1)	1987	High Jump *	5th	5-06
	2006	200m	6th	24.73	Ushieagu, Florence (4)	1985	4x100m relay	2nd	46.23
	2006	4x100m relay	6th	48.15		1986	440y *	3rd	57.91
	2007	60m *	5th	7.67		1986	Mile relay *	1st	3:55.31
	2007	200m *	5th	24.56		1986	4x400m relay	2nd	3:42.15
	2007	4x400m relay *	1st	3:42.95	Villegas, Milca (5)	2010	4x800m relay *	2nd	9:10.01
	2007	100m	2nd	11.86		2010	4x800m relay	2nd	9:02.15
	2007	200m	4th	25.13		2011	4x800m relay *	4th	9:10.42
	2007	4x100m relay	1st	46.21		2012	800m *	6th	2:15.03
	2007	4x400m relay	2nd	3:45.84		2012	4x800m relay *	4th	9:12.72
Smith, Kimberly (16)	2008	60m *	1st	7.40	Wall, Latosha (6)	1994	100m	5th	12.14
	2008	200m *	1st	24.44		1994	4x100m relay	4th	46.97
	2008	4x400m relay *	2nd	3:48.95		1996	55m *	5th	7.14
	2008	100m	1st	11.68		1996	100m	5th	12.09
	2008	200m	1st	24.18		1997	100m	4th	12.17
	2008	4x100m relay	1st	46.21		1997	200m	5th	25.00
	2009	60m *	1st	7.37	Walton, Lakeisha (1)	2014	DMR *	8th	12:36.11
	2009	200m *	1st	24.34	Weatherton, Equilla (4)	2005	100m	5th	12.149
	2009	100m	1st	11.58		2006	60m *	3rd	7.68
	2009	200m	1st	23.72		2006	100m	3rd	11.78
	2009	4x100m relay	1st	45.27		2006	4x100m relay	6th	48.15
	2009	4x400m relay	2nd	3:44.52	Weaver, Shaun (2)	2000	4x100m relay	3rd	47.62
	2010	60m *	1st	7.20		2000	4x100m relay	6th	3:53.88
	2010	200m *	1st	24.17					
	2010	4x400m relay *	2nd	3:46.48					
	2010	100m	4th	11.88					
Sosa, Silvia (9)	2017	800m	8th	2:15.80					
	2017	4x800m relay	3rd	8:56.71					
	2018	1,000m *	3rd	2:53.20					
	2018	4x800m relay *	1st	9:01.22					
	2018	DMR *	2nd	12:00.70					
	2018	1,500m	7th	4:34.16					
	2018	800m	6th	2:14.78					
	2018	4x400m relay	7th	3:53.13					
	2018	4x800m relay	2nd	8:57.68					

Welford, Rowena (Morton) (15)	1993	Long Jump *	3rd	18-09.75		
	1993	Triple Jump *	6th	36-10		
	1993	Long Jump	3rd	18-08		
	1994	Long Jump *	1st	19-04		
	1994	60y H *	3rd	8.28		
	1994	Long Jump	2nd	19-04.25		
	1994	4x100m relay	4th	46.97		
	1995	Long Jump *	3rd	18-09.25		
	1995	55m H *	3rd	8.24		
	1995	Long Jump	4th	19-04.25		
	1995	100m H	5th	14.35		
	1996	Long Jump *	3rd	19-07		
	1996	55m H *	3rd	8.09		
	1996	Long Jump	1st	20-01.5		
	1996	100m H	3rd	14.11		
Westfall, Raheema (12)	2020	60m *	4th	7.49		
	2020	200m *	2nd	24.25		
	2021	60m *	2nd	7.50		
	2021	200m *	2nd	24.30		
	2021	4x100m relay	2nd	45.73		
	2021	100	4th	11.63		
	2021	200	3rd	23.83		
	2021	4x400m relay	1st	3:42.76		
	2022	60*	2nd	7.36		
	2022	200*	1st	23.56		
	2022	100	1st	11.43		
	2022	200	1st	22.98		
	White, Brittany (1)	2013	4x100m relay	2nd	46.01	
		Williams, Denise (22)	1985	Long Jump *	5th	18-11.5
			1985	Long Jump	2nd	19-07
1985			100m H	5th	14.31	
1986			Long Jump *	2nd	20-01.5	
1986			Triple Jump *	1st	40-0.75	
1986			60y H *	3rd	8.18	
1986			Long Jump	2nd	20-07.25	
1986			Triple Jump	1st	39-06.75	
1986			100m H	4th	14.11	
1986			4x400m relay	2nd	3:42.15	
1987			Long Jump *	3rd	19-00.5	
1987			Triple Jump *	1st	39-08	
1987			60y H *	5th	8.28	
1987			Long Jump	3rd	20-03.5	
1987	Triple Jump		2nd	41-00.25		
1987	100m H	1st	13.95			
1988	Long Jump *	3rd	19-04.25			
1988	Triple Jump *	2nd	39-00.0			
1988	60y H *	4th	8.13			
1988	Long Jump	2nd	20-03.5			
1988	Triple Jump	2nd	39-09.75			
1988	100m H	2nd	13.93			
Williams, Elizabeth (14)	2017	800m *	4th	2:15.73		
	2017	800m	4th	2:11.94		
	2017	4x800m relay	3rd	8:56.71		
	2018	800m *	4th	2:14.83		
	2018	4x800m relay *	1st	9:01.22		
	2018	DMR *	2nd	12:00.70		
	2018	1,500m	8th	4:35.38		
	2018	800m	5th	2:13.10		
	2018	4x800m relay	2nd	8:57.68		
	2019	4x800m relay *	1st	9:11.19		
	2019	DMR *	7th	12:18.75		
	2019	4x800m relay	2nd	8:57.84		
	2020	DMR *	5th	12:08.04		
	2020	4x800m relay *	2nd	9:16.53		
	Williams, Ja'lanna (7)	2018	600m *	1st	1:31.87	
2018		4x400m relay *	8th	4:03.27		
2018		4x800m relay *	1st	9:01.22		
2018		DMR *	2nd	12:00.70		
2018		400m	7th	55.90		
2018		4x400m relay	7th	3:53.13		
2018		4x800m relay	2nd	8:57.68		
Williams, Taylor (3)		2019	4x800m relay *	1st	9:11.19	
		2019	DMR *	7th	12:18.75	
		2019	4x800m relay	2nd	8:57.84	

Young, Jodie (11)	1993	3-mile *	4th	17:20.13
	1993	DMR *	2nd	12:24.31
	1993	10,000M	5th	38:03.38
	1994	Mile *	4th	5:04.95
	1994	2-mile *	3rd	11:00.02
	1994	DMR *	2nd	12:24.02
	1994	1,500m	6th	4:42.32
	1995	3,000m	1st	10:05.79
	1996	1,000m *	3rd	2:55.06
	1996	Mile *	3rd	4:57.07
	1996	1,500m	3rd	4:28.90

## NAIA ALL-AMERICAN SCHOLAR-ATHLETES

Maria Haley	1984, 1985
Jami Shores	1984
Deanna (Campbell) Lacefield	1993, 1994
Rowena (Morton) Welford	1995, 1996
Bessie Ann Reed	2000, 2001
Priscilla Edwards	2002, 2003, 2004
Jodi Henderson	2002
Kristin Raines	2007
Keliesha Ross	2009, 2010
Kydia Echols	2010
Diana Gutierrez	2010
Tiffany Cano	2019
Allison Alvarez-Garcia	2020
Margaret Gaydon	2020
Michaela Phipps	2020

## OTHER NATIONAL HONORS

- 2002 Dr. Leroy Walker Sportsmanship Award: Jodi Henderson
- 2017 NAIA Hall of Fame Inductee: Denise Williams
- 2017 USTFCCCA Program of Year
- 2018 USTFCCCA Program of Year
- 2018 USTFCCCA Academic All-America: Tiffany Cano, Silvia Sosa, Ja'lanna Williams
- 2019 Google Cloud CoSIDA Academic All-American: Tiffany Cano
- 2019 USTFCCCA Program of Year
- 2019 USTFCCCA Scholar Team & Indoor Scholar Team of Year
- 2020 NAIA Scholar-Team (3.24)
- 2021 NAIA Scholar-Team (3.08)

## OLYMPIANS

- Mwinda Sote (Tanzania) – 3,000 – Semifinalist – 1984
- Nzael Kyomo (Tanzania) – 200 – Quarterfinalist – 1980
- 200 – Quarterfinalist – 1984
- 100 – First round – 1980
- 100 – Quarterfinalist – 1984
- Tigist Moreda (Ethiopia) – 10,000 – 1992 – 8th place
- Janelle Redhead (Grenada) – 200 – Semifinalist