

## 2026 UW Invite and Mile City - 1/30/2026 to 1/31/2026

## Dempsey Indoor, Seattle WA

## Performance List

**Event 1 Women 60 Meter Dash Prelims**

Name	School	Seed Time
1 Armstrong, Desie	Cal Poly	7.49
2 Bennett, Bec	Western Wash	7.91
3 Biehl, Brylie	Kitsap Flier	8.12
4 Biggerstaff, Audrey	Oregon State	8.12
5 Brandes, Callie	Oregon State	7.85
6 Cain, Aria	Portland	7.87
7 Clemons, D'Yhana	Pacific Luth	8.39
8 Curtis, LaQuinta	Olympic (Was	NT
9 Dickson, Riley	Western Wash	8.16
10 Dotson, Jazmine	Western Oreg	7.76
11 Easter, Madison	Cal Poly	7.52
12 Fagan, Abby	Portland	8.20
13 Fields, Layla	Central Wash	7.97
14 Fleenor, Keira	Central Wash	7.86
15 Guarino, Matilde	Fresno State	8.27
16 Gutierrez, Kiana	Pacific Luth	8.43
17 Hannible, Kyndall	Fresno State	8.19
18 Harvey, Malia	Portland	7.85
19 Hawkins, Dyvonna	Left Coast T	7.51
20 Heffernan, Janae	Fresno State	8.11
21 Hoagland, Tayhlore	Cal Poly	7.69
22 James, Jessica	Cal Poly Pom	7.90
23 Jones, Amor	UC Santa Bar	7.66
24 Kennedy-Hailu, Serena	Simon Fraser	8.25
25 Larkan, Robyn	Hawai'i	7.61
26 Manley, Quinn	Western Wash	7.81
27 Marshall, Kira	Pacific Luth	8.47
28 Mcgurk, Lexie	Pacific Luth	8.27
29 McHenry, Sophia	Washington	7.90
30 Mejia Garcia, Itzia	Fresno State	7.54
31 Mesa-Espinosa, Angie	Hawai'i	7.71
32 Moseby, Trinity	Cal Poly Pom	7.95
33 Nero, Aaliyah	Portland	8.37
34 Ngo, Lilian	Kitsap Flier	8.05
35 Nguyen, Arianna	Western Wash	7.84
36 Noji, Kela	Unattached	7.70
37 Okemgbo, Nyenuchi	Unattached	8.09
38 Polkinghorn, Hannah	Western Wash	7.91
39 Sela, Celeste	Hawai'i	7.98
40 Sendelbach, Olivia	Portland	8.24
41 Shillingford, Naomi	Cal Poly Pom	7.95
42 Simos, Ava	Cal Poly	7.61
43 Sobkowich, Hanna	Unattached	7.60
44 Taylor, Rachel	Unattached	7.75
45 Tibbo, Zoe	Unattached	8.37
46 Waters, Soukhanya	Pacific Luth	8.14
47 Williams, Arriell	Unattached	NT
48 Wilson, Kyrstin	Puget Sound	7.75
49 Wyllie, Tara	Hawai'i	7.85

**Event 3 Women 200 Meter Dash**

Name	School	Seed Time
1 Albergottie, Ahlia	Stanislaus S	26.89

2 Bennett, Bec	Western Wash	23.99
3 Biehl, Brylie	Kitsap Flier	27.43
4 Biggerstaff, Audrey	Oregon State	27.02
5 Brandes, Callie	Oregon State	26.02
6 Brasfield, Taylor	Western Oreg	25.59
7 Cain, Aria	Portland	25.23
8 Cigar-Dingle, Jayla	Sacramento S	24.06
9 Clemons, D'Yhana	Pacific Luth	27.19
10 Cook, Kennedy	Western Wash	24.33
11 Craven, Peyton	Oregon State	26.34
12 Darroch, Jayda	Western Wash	25.33
13 Dickson, Riley	Western Wash	26.24
14 Dreiling, Isabella	Portland	26.21
15 Easter, Madison	Cal Poly	24.01
16 Estes, Kalia	Cal Poly	26.52
17 Fagan, Abby	Portland	26.60
18 Fairclough, Amelie	Hawai'i	24.50
19 Fields, Layla	Central Wash	26.19
20 Fischer, Nora	Hawai'i	25.26
21 Fleenor, Keira	Central Wash	24.91
22 Green, Aniya	Bushnell (Or	25.39
23 Hatcher, Megan	Oregon State	25.19
24 Houg, Tori	Western Oreg	26.09
25 Hunter, Jaylin	Sacramento S	23.96
26 Johnson, Ayla	Central Wash	27.50
27 Kleine, Casie	Western Wash	25.15
28 Kneeshaw, Izzy	Hawai'i	24.56
29 Kubacki, Kate	Oregon State	26.65
30 Larkan, Robyn	Hawai'i	24.96
31 Leao, Alexis	Portland	25.72
32 Lorenz, Ruby	Oregon State	26.32
33 Manley, Quinn	Western Wash	24.82
34 Megurk, Lexie	Pacific Luth	27.04
35 McHenry, Sophia	Washington	26.01
36 Mejia Garcia, Itzia	Fresno State	24.09
37 Mesa-Espinosa, Angie	Hawai'i	24.90
38 Mosby, Brooke	Seattle Paci	25.64
39 Noji, Kela	Unattached	24.77
40 Polkinghorn, Hannah	Western Wash	24.68
41 Richardson, Lola	Portland	25.87
42 Rowland, Evangeline	Seattle Paci	25.79
43 Sarrys, Jada	Seattle Paci	25.14
44 Sendelbach, Olivia	Portland	26.99
45 Simos, Ava	Cal Poly	24.16
46 Sobkowich, Hanna	Unattached	23.89
47 Taylor, Rachel	Unattached	25.22
48 Wicker, Elorie	Left Coast T	26.46
49 Wilmot, Rachael	Hawai'i	25.05
50 Wilson, Kyrstin	Puget Sound	24.56

**Event 4 Women 400 Meter Dash**

Name	School	Seed Time
1 Adelman, Avery	Cal Poly	56.86
2 Bartone, Briana	UC Santa Bar	56.46
3 Beiswanger, Elizabeth	Puget Sound	55.17
4 Cigar-Dingle, Jayla	Sacramento S	57.39

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## Performance List

## Event 4 ...(Women 400 Meter Dash)

Name	School	Seed Time
5 Conte, Madeleine	Unattached	56.58
6 Crane, Marissa	Hawai'i	56.95
7 DeMange, Elle	Cal Poly	56.10
8 Fairclough, Amelie	Hawai'i	55.80
9 Fischer, Nora	Hawai'i	56.15
10 Garcia, Jordan	Cal Poly Pom	58.62
11 Green, Aniya	Bushnell (Or	58.17
12 Harris, Donna Marie	Central Wash	56.11
13 Harvey, Malia	Portland	56.68
14 Hatcher, Megan	Oregon State	56.18
15 Hopper, Elise	Central Wash	54.35
16 Hunter, Jaylin	Sacramento S	55.16
17 Jackson, Jordan	Cal Poly	55.12
18 James, Jessica	Cal Poly Pom	54.92
19 Josephson, Anna	UC Santa Bar	56.20
20 Kneeshaw, Izzy	Hawai'i	55.60
21 Lorenz, Ruby	Oregon State	59.03
22 Martensson, Lisa	Hawai'i	56.80
23 Metsarinta, Lotta	Cal Poly Pom	59.50
24 Mosby, Brooke	Seattle Paci	58.33
25 Newton, Rhonda	Washington	58.05
26 Pittman, Sena	Washington	56.62
27 Pontius, Ayla	Seattle Paci	58.53
28 Real, Mila	Stanislaus S	56.90
29 Roslan, Layla	UC Santa Bar	56.75
30 Rowland, Evangeline	Seattle Paci	58.95
31 Sarrys, Jada	Seattle Paci	57.54
32 Shepard, Mia	UC Santa Bar	53.04
33 Tjoe, Alison	UC Santa Bar	57.63
34 Williams, Tia	TCU	53.13
35 Wilmot, Rachael	Hawai'i	56.34

## Event 6 Women 800 Meter Run

Name	School	Seed Time
1 Abbott, Dominique	Sacramento S	2:07.35
2 Aberg, Sandra	Weber State	2:13.41
3 Arciaga, Kaitlyn	UCLA	2:06.00
4 Atkinson, Giana	Portland	2:16.78
5 Ayers, Lauren	Utah	2:10.71
6 Baechler, Maya	Oregon State	2:07.80
7 Bailey, Hannah	Weber State	2:10.65
8 Becker, Lucy	Hawai'i	2:15.20
9 Bonilla, Helayna	Central Wash	2:22.86
10 Bradley, Kenna	UC Santa Bar	2:11.00
11 Broadbent, Ruby	Oregon State	2:09.86
12 Brook, Ruby	Hawai'i	2:09.91
13 Brown, Jillian	Oregon State	2:04.99
14 Bugnet, Brecklyn	Weber State	2:11.52
15 Carter, Riley	Western Wash	2:18.56
16 Chiara, Gabriella	Boise State	2:08.75
17 Chisar, Jess	Alaska Ancho	2:08.27
18 Cichon, Kaho	UCLA	2:09.51
19 Couch, Julia	Oregon State	2:10.88
20 Dawson, Carolina	Cal	2:11.52

21 Delgado, Yasmeen	Cal Poly Pom	2:14.75
22 Diaz, Roseli	Stanislaus S	2:23.37
23 Escorcía, Lilliana	Sacramento S	2:11.25
24 Esquivel, Araceli	Central Wash	2:16.43
25 Evenson, Daphne	Washington S	2:10.81
26 Fauria, Isabella	San Diego St	2:14.10
27 Gephart, Sylvie	Central Wash	2:22.53
28 Gorton, Izzy	Hawai'i	2:07.15
29 Greentree, Harriet	Hawai'i	2:13.25
30 Hales, Audrey	Southern Uta	2:14.24
31 Halpern, Kekaihlali	Saint Martin	2:14.97
32 Hamm, Emmeline	Boise State	2:11.71
33 Hatcher, Arissa	Cal Poly Pom	2:08.80
34 Herman, Lily	Washington S	2:12.15
35 Hernandez, Crystal	Stanislaus S	2:12.21
36 Hodgson, Maella	Oregon State	2:12.50
37 Holloway, Fiona	Cal St. Full	2:10.67
38 Hulsey, Madison	Utah	2:05.99
39 Hulstedt, Dawn	Central Wash	2:16.62
40 Huri, Madison	Western Oreg	2:17.50
41 Hutton, Holly	Western Oreg	2:15.22
42 Janik, Karina	San Diego St	2:13.05
43 Jeanneret, Georgia	UCLA	2:07.26
44 Jones, Kayla	TCU	2:09.58
45 Jones, Sara	San Diego St	2:17.37
46 Jorgensen, Taylor	Southern Uta	2:19.82
47 Kaines, Lindsey	Portland	2:14.17
48 Kasprick, Cadence	Oregon State	2:08.74
49 Kilcup, Meggie	Central Wash	2:18.59
50 Krauss, Noelani	Boise State	2:07.93
51 Kroontje, Emmy	Western Wash	2:11.63
52 Langschwager, Emilie	Hawai'i	2:12.87
53 Liebl, Jazmine	Western Oreg	2:18.85
54 Lindner, Lilli	Alaska Ancho	2:17.74
55 Lomeli, Elliana	San Diego St	2:13.50
56 Longisa, Rosemary	Washington S	1:59.90
57 Loveridge, Elayna	Weber State	2:15.65
58 Mager, Anna	San Diego St	2:15.00
59 Mariscal, Jasayla	Sacramento S	2:17.43
60 Marr, Avery	Oregon State	2:15.00
61 Marshall, Eliisa	Boise State	2:11.50
62 Martin, Kyla	Utah	2:04.76
63 McKee, Ava	Oregon State	2:14.02
64 Merritt, Amelia	Western Oreg	2:10.50
65 Milliner, Lucy	Hawai'i	2:06.41
66 Moreno, Isabela	Stanislaus S	2:25.31
67 N'Diaye, Isatu	UC Riverside	2:10.97
68 Ngyuen, Kaydence	Western Oreg	2:17.13
69 Niednagel, Rebekah	San Diego St	2:17.52
70 O'Beirne, Jenna	Oregon State	2:13.48
71 Oberg, Ginger	San Diego St	2:11.03
72 Pacheco, Hannah	Fresno State	2:14.03
73 Perotin, Rose	Portland	2:06.70
74 Pidduck, Hannah	Central Wash	2:16.01
75 Poulsen, Brynnli	Boise State	2:11.64
76 Quintana, Ellie	Oregon State	2:14.88

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## Performance List

## Event 6...(Women 800 Meter Run)

Name	School	Seed Time
77 Rinn, Brianna	Utah	2:03.38
78 Robertson, Kaiya	Boise State	2:04.31
79 Roos, Sally	Utah State	2:09.46
80 Ross, Isabel	UC Santa Bar	2:09.98
81 Russo, Emily	San Diego St	2:18.53
82 Ruth, Cloe	Utah	2:12.81
83 Schoolmeester, Sophie	Unattached	2:09.30
84 Scott, Georgia	TCU	2:04.84
85 Siebert, Lindsay	Washington S	2:13.52
86 Silva, Megan	Stanislaus S	NT
87 Smith, Ryann	Alaska Ancho	2:11.50
88 Soto, Izzy	Stanislaus S	2:16.90
89 Touchette, Catherine	Hawai'i	2:08.31
90 Warneke, Marie	UCLA	2:02.93
91 Wilcox, Millie	Utah	2:04.72
92 Wilkinson, Charlotte	Weber State	2:11.65
93 Wood, Samantha	San Diego St	2:11.52
94 Yahn, Kate	Oregon State	2:15.13
95 Zinkin, Tatum	San Diego St	2:09.98

## Event 109 Women 3000 Meter Run INVITE

Name	School	Seed Time
1 Abbott, Hailey	Victoria (B.	10:01.84
2 Ackermann, Hanna	Boise State	9:30.18
3 Allen, Danica	Portland	9:53.81
4 Arias, Alondra	Cal Poly Pom	9:49.76
5 Bangerter, Selena	Portland	9:51.07
6 Bissell, Nicole	Washington S	9:27.46
7 Biwott, Mercy	Washington S	9:45.00
8 Blaine, Haley	Boise State	9:40.45
9 Browne, Chloe	Unattached	9:17.36
10 Buitelaar, Adrianna	Unattached	9:22.60
11 B��hnke, Bianca	Boise State	9:26.95
12 Cabello, Vanessa	San Diego St	9:50.38
13 Carlson, Annika	Washington	9:38.81
14 Carstens, Alauna	Evergreen St	9:40.70
15 Cheptoo, Zenah	Washington S	8:56.15
16 Cochran, Mia	Washington	8:58.15
17 Conover, Payton	Central Wash	9:57.20
18 Cosgrove, Erin	Oregon State	9:33.98
19 Cossey, Hailey	Washington S	9:41.72
20 Crum, Megan	Portland	9:38.40
21 Culbreath, London	North Texas	9:23.60
22 Davenport, Brynn	Rogue Valley	9:30.00
23 David-Smith, Julia	Washington	9:00.09
24 DeVeau, Abby	Washington	9:29.73
25 Djomby Enyawe, Melisse	Cal Poly	9:40.00
26 Duran, Jessica	Washington S	10:05.73
27 Edens, Ella	Western Wash	10:02.99
28 Ellis, Sarah	Utah State	9:32.64
29 Evans, Isabella	Southern Uta	9:50.00
30 Fale, Josie	Utah	9:41.62
31 Foerster, Chloe	Washington	8:43.45
32 Foody, Olivia	UCLA	9:32.97

33 Foote, Emily	George Fox	9:47.17
34 Gaffney, Kelli	Cal Poly	9:33.69
35 Hacker, Aspen	Southern Uta	10:03.75
36 Harrison, Madeline	Central Wash	9:41.46
37 Hawkins, Ailish	UCLA	9:27.38
38 Herron, Ainsley	Oregon State	9:11.91
39 Jensen, Shelby	Utah State	9:28.12
40 Johnson, Adeline	Cal	9:19.73
41 Junginger, Emily	Utah	9:35.00
42 Kabenina, Kate	Portland	10:04.23
43 Kibor, Brenda	Washington S	9:38.59
44 Killpack, Nixie	Southern Uta	10:00.00
45 Kingston, Jade	Cal Poly Pom	9:57.59
46 Koma, Amit	Boise State	9:34.00
47 Lane, Ella	Victoria (B.	9:44.70
48 Latincsics, Molly	Oregon State	9:31.68
49 Laurent, Kate	Oregon State	9:16.26
50 Le Gallo, Claire	Utah	9:42.43
51 Lochtefeld, Izzy	Portland	9:50.87
52 Lopizzo, Gioana	Washington	9:24.11
53 Lott, Quinci	UCLA	10:06.80
54 Lowe, Malia	Utah State	9:43.78
55 Lundgren, Noemi	Oregon State	9:18.88
56 Madariaga, Kylah	Washington S	9:44.01
57 Marheineke, Evangeline	UCLA	9:35.00
58 Martin, Mikaella	Hawai'i	9:30.00
59 Martinez, Vivian	Cal Poly Pom	9:17.79
60 McCorkle, Georgia	Cal	9:35.74
61 McInnis, Brianna	Washington	10:00.00
62 Milam, Aubrey	North Texas	9:52.96
63 Morkert, Reese	Oregon State	9:57.81
64 Novak-Klotz, Nanette	Boise State	9:34.00
65 Nowakowska, Katarzyna	Utah	9:13.91
66 Oliva, Makena	Cal St. Full	9:55.17
67 Olson, Isabel	Washington	9:28.34
68 Owens, Erin	Victoria (B.	9:22.47
69 Pedol, Chiara	Fresno State	9:47.82
70 Peet-Williams, Christina	Victoria (B.	10:01.03
71 Peters, Annastasia	Utah	9:33.18
72 Peters, Lindsey	Utah	9:30.64
73 Potratz, Kyla	Western Oreg	10:01.40
74 Reeck, Ashley	Idaho State	9:57.56
75 Reimer, Colette	Victoria (B.	9:50.90
76 Rogers, Mackenzie	Utah	9:31.14
77 Salz, Annika	UCLA	9:50.59
78 Schmutz, Emma	Pacific	10:03.15
79 Silwal, Aditi	North Texas	9:51.76
80 Sletner, Taylor	Washington S	9:48.73
81 Smiljanec, Katarina	Unattached	9:17.07
82 Smith, Brie	Utah State	9:46.84
83 Smith, Isabella	Cal St. Full	9:40.17
84 Smith, Payton	Oregon State	9:57.02
85 Stewart, Riley	Unattached	9:14.31
86 Stiles, Maeve	Washington	9:24.61
87 Swain, Natalie	Utah State	9:34.67
88 Tau, Sophie	Cal	9:15.00

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## Performance List

**Event 109 ... (Women 3000 Meter Run INVITE)**

Name	School	Seed Time
89 Thomas, Chloe	Washington	9:04.07
90 Thompson, Marisha	Victoria (B.	9:12.60
91 Ulrich, Delaney	Oregon State	9:39.18
92 Vringer, Erin	Utah	8:52.99
93 Welin, Josephine	Washington	9:20.41
94 Yee, Regan	Unattached	8:38.94

**Event 111 Women 5000 Meter Run INVITE**

Name	School	Seed Time
1 Allen, Danica	Portland	17:23.09
2 Anderson, Melanie	Weber State	17:06.14
3 Ballard, Hadlie	Weber State	17:08.25
4 Bangerter, Selena	Portland	17:28.82
5 Beckstead, Adele	Western Oreg	17:45.00
6 Cazier, Audrey	Weber State	16:41.09
7 Colbert, Sabrina	Western Wash	17:28.64
8 Conover, Payton	Central Wash	17:29.44
9 Crawford, Alix	Pacific	17:50.23
10 Day, Hailey	Weber State	16:41.28
11 Duran, Jessica	Washington S	17:56.73
12 Ewing, Maya	Seattle Paci	16:55.22
13 Eybergen, Madelyn	Victoria (B.	15:57.96
14 Felix, Lydia	Weber State	17:07.88
15 Foody, Olivia	UCLA	16:24.55
16 Grey, Nettle	Western Oreg	18:14.74
17 Hagelin, Saga	Weber State	16:13.23
18 Harrison, Madeline	Central Wash	17:03.83
19 Hoyt, Lauren	Washington S	17:29.04
20 Kabenina, Kate	Portland	17:49.95
21 Lione, Angelina	Pacific	17:07.14
22 Lipary, Marina	Sacramento S	17:06.24
23 Lowe, Malia	Utah State	17:05.46
24 McCarty, Makendra	Alaska Ancho	17:54.12
25 Narus, Kaleena	Washington S	17:26.47
26 O'Donnell, Zola	Hawai'i	17:08.47
27 Oliva, Makena	Cal St. Full	17:00.27
28 Parker, Alexis	Western Wash	17:39.80
29 Salz, Annika	UCLA	16:54.28
30 Sigler, Maslin	Western Oreg	17:56.98
31 Smith, Brie	Utah State	16:36.61
32 Smith, Isabella	Cal St. Full	16:39.27
33 Tau, Sophie	Cal	16:22.15
34 Walker, Rhiannon	Fresno State	17:16.74

**Event 11 Women 60 Meter Hurdles Prelims**

Name	School	Seed Time
1 Albergottie, Ahlia	Stanislaus S	9.55
2 Avery, Nicole	Western Wash	9.48
3 Baker, Elia	Central Wash	9.49
4 Barmettler, Johanna	UC Santa Bar	9.63
5 Boyd, Sofia	Hawai'i	9.13
6 Bremont, Jillian	Portland	9.55
7 Caprye, Abigail	Pacific Luth	9.46
8 Chang, Hannah	Seattle Paci	8.55

9 Conte, Madeleine	Unattached	8.51
10 Cordoba, Maya	UC Santa Bar	9.88
11 Craven, Peyton	Oregon State	9.29
12 DeGroot, Ellie	Central Wash	8.80
13 Dickson, Riley	Western Wash	9.32
14 Edwards, Adrienne	Washington	NT
15 Estes, Kalia	Cal Poly	8.86
16 Herring, Addisen	Pacific Luth	9.78
17 Huskic, Khloe	Western Wash	9.36
18 Hutton, Madison	Fresno State	8.63
19 Johnson, Ayla	Central Wash	9.22
20 Klaas, Marisa	Western Wash	9.76
21 Kubacki, Kate	Oregon State	9.16
22 Larkan, Robyn	Hawai'i	8.57
23 Mackenzie, Jessica	UC Santa Bar	9.61
24 Metsarinta, Lotta	Cal Poly Pom	9.04
25 Moersdorf, Anneke	Pacific Athl	8.63
26 Nguyen, Arianna	Western Wash	8.93
27 Nordlund, Sara	Washington	9.29
28 Nteperere, Emy	Central Wash	8.91
29 Okemgbo, Nyenuchi	Unattached	8.82
30 Real, Mila	Stanislaus S	9.36
31 Roslan, Layla	UC Santa Bar	9.20
32 Smith, Neshara	Cal Poly Pom	8.30
33 Spaulding, Ella	Fresno State	8.78
34 Tito, Allison	UC Santa Bar	9.42
35 Tjoe, Alison	UC Santa Bar	9.01
36 Touchette, Catherine	Hawai'i	9.02
37 Walker, Karma	Western Wash	9.55
38 Weber, Merle	Sacramento S	9.22
39 Wyllie, Tara	Hawai'i	8.69

**Event 12 Women 4x400 Meter Relay**

Team	Relay	Seed Time
1 Cal Poly	A	3:46.95
2 Cal Poly Pom	A	3:47.61
3 Central Wash	A	3:45.23
4 Hawai'i	A	3:44.76
5 Hawai'i	B	3:48.03
6 Portland	A	4:06.10
7 San Diego St	A	3:40.69
8 Seattle Paci	A	3:53.57
9 UC Santa Bar	A	3:41.32
10 UCLA	A	3:28.18
11 Washington	A	3:39.39
12 Western Wash	A	3:40.20

**Event 13 Women High Jump**

Name	School	Seed Mark
1 Abreau, Kamea	Hawai'i	1.65m
2 Barmettler, Johanna	UC Santa Bar	1.65m
3 Barry, Jessi	Sacramento S	1.75m
4 Caprye, Abigail	Pacific Luth	1.61m
5 Castelli, Melanie	Cal Poly	1.74m
6 Cook, Kora	Western Wash	1.76m
7 Davis, Indiana	Sacramento S	1.72m

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## Event 13 ...(Women High Jump)

Name	School	Seed Mark
8 Hunt, Lexi	Oregon State	1.77m
9 Martensson, Lisa	Hawai'i	1.73m
10 Miller, Chandler	Sacramento S	1.67m
11 Norman, Dede	Oregon State	1.83m
12 Proudfoot, Grace	Cal Poly	1.70m
13 Squally, Shay-Lah	Olympic (Was	1.68m
14 Tarczy, Elizabeth	Fresno State	1.83m
15 Tito, Allison	UC Santa Bar	1.70m
16 Washington, Dalila	UC Santa Bar	1.66m

## Event 105 Women Pole Vault INVITE

Name	School	Seed Mark
1 Armstrong, Effie	Western Wash	12-00.75
2 Borton, Sara	Washington	14-03.25
3 Caprye, Abigail	Pacific Luth	10-04.00
4 Daugherty, Lizzy	Unattached	12-10.25
5 Enriquez, Ava	Hawai'i	12-08.75
6 Evans, Lexi	Cal Poly	14-05.25
7 Fowler, Mia	Oregon State	12-08.75
8 Gaitan, Shannon	Cal Poly Pom	11-07.75
9 Gessel, Avery	Unattached	12-03.50
10 Grubestic, JoJo	Western Wash	11-03.75
11 Harden, Sydni	UC Santa Bar	12-09.00
12 Hoffman, Tana	Western Wash	9-10.75
13 Horton, Bailie	Cal Poly Pom	12-01.50
14 Juhler, Maddy	Oregon State	12-11.00
15 Koch, Lindsey	Hawai'i	12-08.25
16 Lee, Claire	Oregon State	12-04.75
17 Mohlman, Sydney	Western Wash	12-06.25
18 Moll, Amanda	Washington	16-01.25
19 Moll, Hana	Washington	15-09.25
20 Neir, Kiana	Pacific Luth	11-01.75
21 Rueppell, Lucia	British Colu	11-07.75
22 Scott, Kaylee	Western Wash	10-04.00
23 Strand, Carley	Oregon State	10-10.00
24 Teran, Astrid	Cal Poly	13-03.50
25 Urbanowicz, Sonya	British Colu	13-09.25
26 Vacca, Veronica	Washington	14-05.25
27 Wade, Betsy	Hawai'i	11-09.75
28 Williams, Kendra	Cal Poly Pom	11-11.75
29 Wilson, Avril	Washington	13-08.50

## Event 15 Women Long Jump

Name	School	Seed Mark
1 Armstrong, Desie	Cal Poly	5.79m
2 Avery, Nicole	Western Wash	5.76m
3 Barry, Jessi	Sacramento S	5.88m
4 Boyd, Sofia	Hawai'i	5.46m
5 Combe, Carolina	UC Santa Bar	6.10m
6 Cook, Kora	Western Wash	5.53m
7 Craven, Peyton	Oregon State	5.79m
8 DeGroot, Ellie	Central Wash	5.49m
9 Dismukes, Reyna	Stanislaus S	5.82m
10 Dorf, Saskia	Unattached	5.75m

11 Edwards, Adrienne	Washington	5.38m
12 Guarino, Matilde	Fresno State	5.90m
13 Hannible, Kyndall	Fresno State	5.85m
14 Heffernan, Janae	Fresno State	6.18m
15 Hoagland, Tayhlore	Cal Poly	5.96m
16 Hutton, Madison	Fresno State	6.03m
17 Ivery, La Kadron	Unattached	4.78m
18 Kelso-Reynolds, Cyan	Bushnell (Or	5.49m
19 Lyons, Natalie	UC Santa Bar	5.88m
20 Mackenzie, Jessica	UC Santa Bar	5.76m
21 Moersdorf, Anneke	Pacific Athl	6.15m
22 Ntekpere, Emy	Central Wash	5.91m
23 Nwagwu, Melody	Cal Poly	6.19m
24 Polkinghorn, Hannah	Western Wash	5.72m
25 Sela, Celeste	Hawai'i	6.04m
26 Spaulding, Ella	Fresno State	5.79m
27 Tibbo, Zoe	Unattached	5.67m
28 Tito, Allison	UC Santa Bar	5.78m
29 Touchette, Catherine	Hawai'i	5.79m
30 Vonnahme, Mara	Sacramento S	5.65m
31 Washburn, Ava	Washington	5.98m
32 Zeigermann, Charlotte	Sacramento S	5.67m

## Event 16 Women Triple Jump INVITE

Name	School	Seed Mark
1 Bir, Rachel	Washington	12.31m
2 Cates, Tia	Seattle Paci	11.32m
3 Danner-Bunn, Ayla	Western Wash	10.94m
4 Dismukes, Reyna	Stanislaus S	11.79m
5 Dorf, Saskia	Unattached	12.45m
6 Edwards, Adrienne	Washington	ND
7 Huskic, Khloe	Western Wash	11.49m
8 Johnson, Kennedy	UC Santa Bar	12.79m
9 Kelly, Addison	Washington	11.44m
10 Miller, Azariah	Central Wash	11.82m
11 Moore, Tehya	Central Wash	11.74m
12 Nwagwu, Melody	Cal Poly	12.80m
13 Sims, Lynee	Fresno State	11.68m
14 Sweet, Talelia	Olympic (Was	ND
15 Tibbo, Zoe	Unattached	11.56m
16 Washburn, Ava	Washington	12.27m
17 Wyllie, Tara	Hawai'i	12.93m

## Event 17 Women Shot Put

Name	School	Seed Mark
1 Andrews, Rylee	Western Wash	13.13m
2 Ayodeji, Blessing	Central Wash	11.75m
3 Ayodeji, Joy	Central Wash	11.23m
4 Bailey, Jordan	Sacramento S	12.40m
5 Bailey, Lydia	Western Wash	12.35m
6 Boyd, Izzy	Western Oreg	12.84m
7 Chamizo, Olivia	Oregon State	13.47m
8 Chapin, Kathryn	Western Wash	14.21m
9 Demby, Golda	Cal Poly	13.50m
10 Fellows, Nashayla	Olympic (Was	12.46m
11 Gordon, Hope	Sacramento S	13.77m

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## Performance List

## Event 17 ... (Women Shot Put)

Name	School	Seed Mark
12 Gordon, Maliyah	Central Wash	13.02m
13 Hofland, Taylor	Cal Poly	14.03m
14 Mellion, Galadriel	Sacramento S	14.61m
15 Nino, Alexis	Stanislaus S	13.89m
16 Parks, Mara	Western Wash	13.97m
17 Polkinghorn, Jessica	Western Wash	15.45m
18 Rigby, Isabella	Cal Poly	12.69m
19 Rydberg, Guinevere	Western Oreg	12.81m
20 Samuelu, Alberta	Saint Martin	12.07m
21 Sopoaga, Valo	Hawai'i	14.50m
22 Taula, Felicity	Central Wash	11.90m
23 Taula, Fidelity	Central Wash	11.47m
24 Teague, Azadeh	Western Wash	12.04m
25 Touchette, Catherine	Hawai'i	9.96m
26 Vital, Samaria	Hawai'i	14.09m
27 Walker, Karma	Western Wash	11.16m

## Event 18 Women Weight Throw

Name	School	Seed Mark
1 Bahnmiller, Kaelynn	Washington	16.85m
2 Chamizo, Olivia	Oregon State	15.34m
3 Chapin, Kathryn	Western Wash	16.57m
4 Colson, Yvonne	Washington	18.00m
5 Gelston, Katelynn	Oregon State	15.73m
6 Gordon, Maliyah	Central Wash	17.15m
7 Lawson, Maria	Fresno State	18.20m
8 McNeil-Vivanco, Marina	Hawai'i	16.17m
9 Mellion, Galadriel	Sacramento S	16.23m
10 Nino, Alexis	Stanislaus S	16.37m
11 Parks, Mara	Western Wash	15.29m
12 Rydberg, Guinevere	Western Oreg	16.37m
13 Sopoaga, Valo	Hawai'i	16.45m
14 Vital, Samaria	Hawai'i	16.84m

## Event 47 Men 60 Meter Dash Prelims

Name	School	Seed Time
1 Aboudou, Tawaf	Seattle Paci	6.86
2 Askew-Poirier, JoMierre	Kitsap Flier	7.09
3 Bauman, Jalen	Unattached	6.85
4 Bidlow, Cody	Unattached	6.98
5 Brenek, Lucas	Western Wash	7.15
6 Brhelle, Jackson	Simon Fraser	7.14
7 Caleb, Mabins	Unattached	7.29
8 Clark, Octavian	Olympic (Was	NT
9 DiMarzio, Jake	Western Wash	7.08
10 Dominique, Eliyah	Western Wash	7.08
11 Green, Jahlin	Bushnell (Or	7.24
12 Howmiller, Jacob	Puget Sound	7.29
13 Hunter, Tarelle	Seattle Paci	7.07
14 Johnson, Jaden	Western Wash	6.88
15 Joshua, Robert	Seattle Paci	6.94
16 Joyce, Jack	Puget Sound	7.09
17 King, Isaiah	Sacramento S	7.13
18 Kramer, Seth	Pacific Luth	7.31

19 Lindsay, Jarvae	Evergreen St	7.30
20 McDowell, Grant	Western Oreg	6.91
21 McFarland, Myles	Sacramento S	7.18
22 Miles, Gianni	Sacramento S	6.75
23 Moffitt, Jackson	Western Wash	6.88
24 Odom, Xander	Western Oreg	7.33
25 Penson-McCoy, Jesaiah	Unattached	6.86
26 Sutton, Javonte	Western Wash	6.94
27 Suzuki, Kaito	Unattached	6.88
28 TeSelle, MacGregor	Cal Poly	6.74
29 Thompson, Demari	Western Oreg	7.02
30 Trichel, Cameron	Western Wash	6.93
31 Vega, Jordan	Western Oreg	7.17
32 Wells Jr, Emmanuel	Unattached	6.48
33 Willingham, Tyger	Pacific Luth	7.18
34 Woods, Aidan	Kitsap Flier	7.09
35 Wright, Deandre	Evergreen St	7.02

## Event 60 Men 200 Meter Dash

Name	School	Seed Time
1 Askew-Poirier, JoMierre	Kitsap Flier	21.55
2 Brhelle, Jackson	Simon Fraser	22.42
3 Clark, Octavian	Olympic (Was	22.34
4 Cox, Malachi	Sacramento S	21.74
5 DiMarzio, Jake	Western Wash	22.26
6 Edwards, Tim	Sacramento S	21.51
7 Favier-Gonzales, John	Bushnell (Or	22.56
8 Ford, Evin	Western Wash	21.60
9 Green, Jahlin	Bushnell (Or	22.64
10 Herron, Corbin	Western Wash	22.53
11 Horton, Oliver	Olympic (Was	23.30
12 Howmiller, Jacob	Puget Sound	22.47
13 Hunter, Tarelle	Seattle Paci	22.97
14 Johnson, Jaden	Western Wash	22.07
15 Johnson, Ronald	Olympic (Was	NT
16 Joshua, Robert	Seattle Paci	21.62
17 Joyce, Jack	Puget Sound	22.31
18 Kendrick, Ronnie	TCU	21.12
19 Miles, Gianni	Sacramento S	21.14
20 Miller, Zamontae	Royal T Trac	21.65
21 Orekoya, Ife	Sacramento S	21.80
22 Penson-McCoy, Jesaiah	Unattached	21.22
23 Ring, Noah	Olympic (Was	22.95
24 Sutton, Javonte	Western Wash	22.14
25 TeSelle, MacGregor	Cal Poly	21.09
26 Thornton, Blake	Bushnell (Or	22.10
27 Trichel, Cameron	Western Wash	21.78
28 Volle, Carsen	Central Wash	22.26
29 Woods, Aidan	Kitsap Flier	22.06
30 Wright, Deandre	Evergreen St	22.62

## Event 54 Men 400 Meter Dash

Name	School	Seed Time
1 Anderson, Colby	Weber State	47.89
2 Andrews, Finn	Unattached	47.54
3 Atilano, Vincent	Cal Poly	46.95

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**Event 54 ... (Men 400 Meter Dash)**

	<b>Name</b>	<b>School</b>	<b>Seed Time</b>
4	Boast, Josh	Central Wash	50.25
5	Brenek, Lucas	Western Wash	48.05
6	Brooks, Justin	Seattle Paci	47.84
7	Cox, Malachi	Sacramento S	48.30
8	del Prado, Josiah	Western Oreg	49.34
9	Edwards, Tim	Sacramento S	47.47
10	Emerson, Isaiah	Cal St. Full	46.65
11	Favier-Gonzales, John	Bushnell (Or	49.72
12	Foust, Sam	Western Wash	48.58
13	Franco, Alexander	Cal Poly	47.06
14	Frazier, Jonathan	Washington	47.71
15	Keith, Avery	Puget Sound	47.43
16	Kendrick, Ronnie	TCU	45.75
17	Ligons, Ambodai	Washington	47.12
18	Miller, Zamontae	Royal T Trac	48.23
19	Orekoya, Ife	Sacramento S	48.95
20	Pinto, Denzel	Western Wash	48.79
21	Rhodes, Alexander	Washington	45.93
22	Smith, Aiden	Olympic (Was	50.69
23	Smith, Jordan	Western Wash	50.81
24	Thornton, Blake	Bushnell (Or	50.37

**Event 58 Men 800 Meter Run**

	<b>Name</b>	<b>School</b>	<b>Seed Time</b>
1	Allen, Kadan	Southern Uta	1:50.52
2	Bartlett, Chase	Washington S	1:54.83
3	Black, Elliott	Western Oreg	1:56.67
4	Bloom, Jonah	Western Wash	1:52.46
5	Bohannon, Grant	Western Oreg	1:55.00
6	Borg, Logan	Sacramento S	1:53.48
7	Brennan Jr, Wil	Cal Poly	1:50.00
8	Brownell, Kade	Washington S	1:51.62
9	Buchanan, Tobias	Alaska Ancho	1:57.83
10	Carney, Isaac	TCU	1:50.29
11	Clark, Taj	Cal Poly	1:52.16
12	Cooper, Matt	Saint Martin	1:59.62
13	Crane, Richard	Southern Uta	1:53.00
14	Demund, Osaze	Unattached	1:50.91
15	Dylla, Collin	Unattached	1:46.67
16	Emerson, Aiden	Washington S	1:51.06
17	Fitzgerald, Angus	Boise State	1:50.56
18	Hein, Jackson	Cal	1:50.87
19	Hutton, Max	Central Wash	1:51.35
20	Jones, Shawn	Boise State	1:52.74
21	Kirk Jr., Lamarr	Cal	1:51.58
22	Lee, Braydon	Corban (Ore.	1:52.71
23	Lee, Josiah	Western Oreg	1:56.49
24	Lehr, Chase	North Texas	1:48.65
25	Malko-Allen, Mateo	Cal Poly	1:52.80
26	Mikusevich, Noah	Sacramento S	1:53.23
27	Milner, Mark	Portland	1:47.48
28	Miracle, Maxwell	Rogue Valley	1:51.00
29	Montanes, Isaac	George Fox	1:54.71
30	Morrow, Gabriel	Portland	1:55.28

31	Ortega-gammill, Kyle	Washington S	1:54.55
32	Palmen, Connor	Western Wash	1:52.37
33	Pomrankey, Easton	Western Oreg	1:52.47
34	Rasner, Thomas	Sacramento S	1:53.96
35	Regez, Sam	Portland	1:53.00
36	Reseigh, Nathan	Western Wash	1:52.03
37	Riley, Cole	Western Wash	1:53.29
38	Rodriguez, Isaiah	Western Oreg	1:49.66
39	Roelle, Hans-peter	Unattached	1:53.31
40	Ruiz, Anthony	Alaska Ancho	1:53.96
41	Sagiraju, Arrin	UCLA	1:51.00
42	Saunders, Tyler	Southern Uta	1:53.42
43	Scott, Tyler	Saint Martin	1:56.55
44	Sunray, Tdohasan	Puget Sound	1:57.22
45	Teeples, Ezra	Boise State	1:52.24
46	Terry, Heath	Western Wash	1:55.91
47	Theisen, Landon	Western Oreg	1:52.83
48	Umbers, Aleksy	Unattached	1:55.24
49	Verges, Ferran	Washington S	1:52.10
50	Verges, Ricard	Washington S	1:54.83
51	Walter, Chase	Unattached	1:47.89
52	Westwood, Lewis	Cal Poly	1:47.97
53	White, Matthias	Saint Martin	1:56.17
54	Yara, Shane	Western Oreg	1:57.17
55	Zukowski, Stephen	Alaska Ancho	1:58.00

**Event 62 Men 3000 Meter Run**

	<b>Name</b>	<b>School</b>	<b>Seed Time</b>
1	Abdelmagid, Ashraf	UC Riverside	8:05.75
2	Aden, Micaiah	Washington S	8:28.26
3	Ahmed, Muhammed	Washington S	8:15.89
4	Alderson, Bodie	Portland	8:32.86
5	Armstrong, Josh	Utah State	7:58.74
6	Avila, Nathaniel	Cal St. Full	8:13.42
7	Beaven, Paul	Santa Clara	8:12.46
8	Berkley, Jordan	Performance	8:10.00
9	Brakstad, Sten	Western Wash	8:16.06
10	Browne, Tyler	Victoria (B.	8:29.37
11	Brownell, Kade	Washington S	8:06.72
12	Bruce, Evan	Washington S	8:24.58
13	Cantu, Aaron	UCLA	8:21.92
14	Capelle, Everett	UCLA	8:11.27
15	Carney, Caden	Cal	7:59.62
16	Chairez, Noah	Cal St. Full	8:08.13
17	Cherry, Chris	Unattached	7:47.63
18	Cohen, Amit	Southern Uta	8:15.00
19	Cook, Leo	Washington S	8:29.48
20	Coughlan, Henry	UCLA	8:18.29
21	Elliott, Ty	Alaska Ancho	8:27.69
22	Emerson, Aiden	Washington S	8:07.85
23	Falkowski, Jack	UCLA	8:01.56
24	Faught, Garrett	Rogue Valley	8:09.00
25	Felix, Izbán	Cal Poly	8:10.00
26	FitzGerald, Rowan	Cal	8:05.75
27	Franco, Sam	Cal	8:04.88
28	Garnica, Logan	Utah State	8:03.74

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## Performance List

## Event 62 ... (Men 3000 Meter Run)

	Name	School	Seed Time
29	Gibson, Zac	Cal	8:16.10
30	Giesch, Anthony	Portland	8:14.50
31	Gladfelter, Jack	Corban (Ore.)	8:15.00
32	Gorze, Tyrone	Washington	7:53.63
33	Graham, Christian	Boise State	8:00.00
34	Hamilton, Duncan	Unattached	7:41.55
35	Hawley, Elliot	Portland	8:23.15
36	Helmer, Carson	Portland	8:19.27
37	Hendry, Hunter	North Texas	8:37.34
38	Hernandez, Benjamin	Western Oreg	8:45.00
39	Hernandez, Joshua	Southern Uta	8:47.03
40	Hill, Bryce	Utah State	8:09.58
41	Holdsworth, Jayden	Utah State	8:00.46
42	Horne, William	Weber State	8:15.00
43	Hulbert, Charlie	Alaska Ancho	8:22.84
44	Hupke, Jacob	Portland	8:12.63
45	Hurd, Luke	Central Wash	8:21.30
46	Kabasenche, Eliason	Portland	7:59.19
47	Knight, Justyn Markus	Unattached	7:41.10
48	Kuchar, Jaxon	Victoria (B.)	8:19.59
49	Kurui, Evans	Washington S	7:48.44
50	Lanham, Samuel	Pacific	8:39.23
51	Lautenslager, Jeff	Unattached	8:01.32
52	Lippert, Ryan	George Fox	8:32.77
53	Martin, Ryan	Sacramento S	8:16.94
54	McAllister, Ian	Victoria (B.)	8:33.76
55	McCormick, Keegan	Bowerman Tra	8:07.14
56	McInelly, Kellen	Central Wash	8:19.20
57	McIntosh, Elliot	Portland	8:50.56
58	McKee, Joseph	Utah State	8:13.01
59	Meli, Josphat	Washington S	8:00.95
60	Moha, Zander	Corban (Ore.)	8:19.67
61	Nelson, Ezra	Southern Uta	8:27.38
62	O'Neal, Henry	Alaska Ancho	8:56.05
63	Ortega, Noe	Saint Martin	8:36.63
64	Ortega-Gammill, Eric	Santa Clara	8:21.10
65	Porter, Anthony	Alaska Ancho	8:43.00
66	Potts, Boston	Portland	8:28.36
67	Pretre, Justin	Cal	7:53.44
68	Price, Jonas	Portland	7:48.84
69	Rodriguez, Gabriel	Cal	8:17.06
70	Rogers, Owen	Weber State	8:02.04
71	Rongitsch, Matt	Alaska Ancho	8:35.00
72	Rovnak, Aaron	Portland	8:06.79
73	Roy, Samuel	Alaska Ancho	8:42.59
74	Ruiz, Estanis	Portland	7:57.12
75	Scasso, Giuliano	Portland	7:57.49
76	Serafimovici, Dima	Central Wash	8:34.74
77	Stein, Nathan	Portland	8:11.11
78	Stevens, Kutoven	Washington S	7:59.68
79	Swedin, Eric	Washington S	8:23.66
80	Tewalt, Muluken	Unattached	7:39.09
81	Van Hezewijk, Gabe	Victoria (B.)	8:23.44
82	van Straaten, Ares	Central Wash	8:29.20

83	Vera, Edgar	Alaska Ancho	8:43.00
84	Visser, Peter	Weber State	7:45.00
85	Weber, Jack	Pacific	8:21.28
86	Werner, Logan	Western Wash	8:29.20
87	Wilcott, Grayson	Washington S	8:25.81
88	Woodhouse, Garrett	Utah State	8:13.99
89	Yuzdepski, Mathias	Victoria (B.)	8:40.17

## Event 110 Men 5000 Meter Run INVITE

	Name	School	Seed Time
1	Aden, Micaiah	Washington S	14:56.61
2	Ahmed, Muhammed	Washington S	13:58.42
3	Avila, Nathaniel	Cal St. Full	14:15.23
4	Baggett, Braylon	Boise State	14:33.09
5	Bartek, Connor	North Texas	14:32.06
6	Billings, Jonah	Western Wash	14:27.28
7	Bothwell, Ethan	Western Oreg	14:38.00
8	Brakstad, Sten	Western Wash	14:28.03
9	Brown, spencer	Unattached	14:30.00
10	Browning, Benjamin	Alaska Ancho	14:50.00
11	Bruce, Evan	Washington S	14:39.21
12	Campbell, Zander	Western Oreg	14:45.00
13	Chairez, Noah	Cal St. Full	14:15.27
14	Cook, Leo	Washington S	14:43.02
15	Coughlan, Henry	UCLA	14:21.85
16	Davenport, Jett	Pacific	14:35.00
17	Day, Carson	Weber State	14:25.00
18	Floyd, LJ	Utah State	13:59.34
19	Fuentes, Samuel	Western Oreg	14:48.00
20	Glaza, Gavin	Unattached	14:08.90
21	Gorze, Tyrone	Washington	13:39.78
22	Hildenbrand, Caden	George Fox	14:55.30
23	Hill, Bryce	Utah State	14:14.89
24	Kilby, Alex	Boise State	14:29.12
25	Kipchoge, Solomon	Washington S	13:24.30
26	Kiprop, Patrick	Boise State	13:46.00
27	Kuhlenbeck, Gavin	Black Hills	14:46.00
28	Kurui, Evans	Washington S	13:16.01
29	Maiorano, Michael	Utah State	14:01.42
30	McCoy, JT	Cal St. Full	14:20.17
31	McKee, Joseph	Utah State	14:20.66
32	McKee, Joshua	Utah State	14:06.27
33	McQuillen, Leaf	Western Wash	14:54.58
34	Meli, Josphat	Washington S	13:47.61
35	O'Day, Cale	Western Wash	14:55.00
36	Parker, Logan	Western Oreg	14:48.04
37	Peel, Logan	Unattached	14:30.33
38	Penuel, Collin	Portland	14:44.49
39	Peterson, Jacob	Weber State	13:59.46
40	Resnik, Matthew	Western Oreg	14:28.00
41	Sanders, Kohl	Pacific	14:48.14
42	Schoenherr, Malachi	Unattached	14:15.68
43	Seman, Remedan	Western Oreg	14:32.00
44	Sesteaga, John	Cal	14:30.00
45	Simmons, John	Utah State	13:59.35
46	Spencer, Tyler	Weber State	14:20.00

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## Performance List

**Event 110 ... (Men 5000 Meter Run INVITE)**

Name	School	Seed Time
47 Stevens, Kutoven	Washington S	13:54.99
48 Swedin, Eric	Washington S	14:44.73
49 Tobon Sanchez, Eduardo	Western Wash	14:54.45
50 Trampe, Daniel	Santa Clara	14:15.77
51 Tveit, Ries	Alaska Ancho	14:55.00
52 Wilcott, Grayson	Washington S	14:48.51
53 Wiley, Landrum	Black Hills	14:50.55
54 Woodhouse, Garrett	Utah State	14:23.23
55 Zeljak, Spencer	Western Wash	14:50.90

**Event 78 Men 60 Meter Hurdles Prelims**

Name	School	Seed Time
1 Andrews, Finn	Unattached	8.73
2 Bell, Andrew	Seattle Paci	8.01
3 Brown, David	Central Wash	8.03
4 Calhoon, Ian	Central Wash	8.22
5 Cates, Tomeko	Washington	NT
6 Crumley, Reid	Saint Martin	9.44
7 Frazier, Jonathan	Washington	7.92
8 Gater, Solomon	Cal St. Full	8.35
9 Gloden, Jordan	Unattached	8.54
10 Gross, Blake	Sacramento S	8.88
11 Gross, Brock	Sacramento S	8.54
12 Harvey, Elijah	Royal T Trac	NT
13 Herron, Corbin	Western Wash	8.18
14 Johnson, Ronald	Olympic (Was	NT
15 McFarland, Myles	Sacramento S	8.02
16 Miller, Kaden	Western Wash	8.80
17 Oliver, Cole	Sacramento S	9.41
18 Preau, Amare	Seattle Paci	8.70
19 Ruttledge, Hugh	Saint Martin	8.66
20 Volle, Carsen	Central Wash	9.15

**Event 64 Men 4x400 Meter Relay**

Team	Relay	Seed Time
1 Bushnell (Or	A	3:26.89
2 Cal Poly	A	3:06.72
3 Seattle Paci	A	3:24.87
4 Western Oreg	A	3:11.10

**Event 66 Men High Jump**

Name	School	Seed Mark
1 Baker, Cal'von	Central Wash	2.03m
2 Beizak, Illia	Western Wash	1.98m
3 Bender, Matthew	Central Wash	1.95m
4 Cosby, Waylon	Bushnell (Or	1.99m
5 Culler, Aaron	Olympic (Was	NH
6 Dunn Smith, Bobby	Olympic (Was	NH
7 Hanis, Kevin	Pacific Luth	1.90m
8 Jackson, Taylor	Bushnell (Or	1.93m
9 Kaltreider, Eli	Sacramento S	2.05m
10 Lieberg, Leland	Washington	2.06m
11 Marshall, Kyree	Sacramento S	1.98m
12 Mitchell, Quentin	Sacramento S	2.13m

13 Nunn, Preston	Sacramento S	1.90m
14 Oliver, Cole	Sacramento S	1.98m
15 Paul, Aaron	Western Wash	1.98m
16 Redford, Cody	Western Wash	1.98m
17 Schexnayder Jr., Jermaine	Bushnell (Or	2.03m

**Event 68 Men Pole Vault B Section**

Name	School	Seed Mark
1 Allen, Jonathan	Unattached	4.95m
2 Bresko, Mathis	Unattached	5.53m
3 Clements, Isaac	Victoria (B.	4.75m
4 Cox, Aiden	Western Wash	4.27m
5 Cummings, Isaiah	Western Wash	4.50m
6 Doidge, Ryan	Saint Martin	4.82m
7 Essex, Peter	Pacific Luth	3.90m
8 Feyrer, Ben	Cal Poly	5.27m
9 Gault-Crabb, Eli	Washington	5.50m
10 Klein, Aidan	Western Wash	4.50m
11 Klein, Drew	Central Wash	4.95m
12 Kleindl, Hunter	Pacific Luth	4.58m
13 Montero, Kurt	Western Wash	4.53m
14 Oates, Olen	Unattached	5.80m
15 Pedrotti-Jacobs, Max	Puget Sound	4.24m
16 Pieper, Charles	Central Wash	4.20m
17 Rhoads, Jimmy	Washington	5.82m
18 Saxon, Mikel	Seattle Paci	4.50m
19 Seals, Austin	Western Wash	4.50m
20 Shirley, Andrew	Unattached	5.18m
21 Takeshita, Zack	Saint Martin	4.20m
22 Toney, Scott	Unattached	5.73m
23 Van Pelt, Jonathan	Evergreen St	4.05m
24 Weston, Sam	British Colu	4.55m
25 White, Bryce	British Colu	4.80m
26 Worby, Thomas	Seattle Paci	4.20m

**Event 70 Men Long Jump**

Name	School	Seed Mark
1 Aboudou, Tawaf	Seattle Paci	7.16m
2 Artis, Prestin	Unattached	8.00m
3 Caleb, Mabins	Unattached	6.89m
4 Cates, Tomeko	Washington	6.96m
5 Che, Eric	Unattached	7.36m
6 Cherry, Michael	Sacramento S	7.04m
7 Clark, Octavian	Olympic (Was	6.71m
8 Culler, Aaron	Olympic (Was	ND
9 Dunn Smith, Bobby	Olympic (Was	ND
10 Gross, Blake	Sacramento S	6.66m
11 Gross, Brock	Sacramento S	6.53m
12 Hinton, LaMarcus	Saint Martin	6.53m
13 Hutchinson, Roman	Washington	7.23m
14 Jenkins, Nick	Unattached	7.02m
15 Kishen, Ty	Bushnell (Or	6.92m
16 Klein, Drew	Central Wash	7.02m
17 Kramer, Seth	Pacific Luth	6.87m
18 Lindsay, Jarvae	Evergreen St	6.77m
19 Luebbert, Tim	Washington	7.34m

## 2026 UW Invite and Mile City - 1/30/2026 to 1/31/2026

## Dempsey Indoor, Seattle WA

## Performance List

**Event 70 ... (Men Long Jump)**

	Name	School	Seed Mark
20	Mccrimmon, Jaxson	Olympic (Was)	6.33m
21	Menicke, Gabe	Western Wash	7.01m
22	Miller, Kaden	Western Wash	6.55m
23	Njeri, David	Unattached	7.28m
24	Redford, Cody	Western Wash	6.79m
25	Wellman, Kaleo	Bushnell (Or)	7.42m

**Event 102 Men Triple Jump B section**

	Name	School	Seed Mark
1	Abarabar, Maurice	Unattached	47-03.00
2	Aboudou, Tawaf	Seattle Paci	47-09.75
3	Baker, Cal'von	Central Wash	46-00.50
4	Bender, Matthew	Central Wash	45-07.25
5	Boast, Josh	Central Wash	45-10.00
6	Brown, Owen	Western Wash	46-01.25
7	Caleb, Mabins	Unattached	47-05.00
8	Fiso, Matthew	Unattached	46-10.25
9	Hinton, LaMarcus	Saint Martin	45-08.00
10	Hutchinson, Roman	Washington	50-02.50
11	Jenkins, Nick	Unattached	48-07.25
12	Kishen, Ty	Bushnell (Or)	47-02.50
13	Luebbert, Tim	Washington	51-05.75
14	Mccrimmon, Jaxson	Olympic (Was)	40-11.75
15	Menicke, Gabe	Western Wash	49-01.50
16	Schexnayder Jr., Jermaine	Bushnell (Or)	49-01.75
17	Smith, Trevontay	Washington	51-06.25
18	Zongo, Hakim	Saint Martin	42-09.00

**Event 74 Men Shot Put**

	Name	School	Seed Mark
1	Akutey, Emmanuel	Sacramento S	15.44m
2	Aupa'ua, Sypress	Olympic (Was)	17.19m
3	Beerbower, Albert	Cal Poly	17.52m
4	Behrman, Jacob	Western Oreg	15.13m
5	Campbell, Nywaun	Western Oreg	14.00m
6	Detzler, Mason	Western Oreg	14.43m
7	Gerrard, Ray	Western Oreg	14.73m
8	Goeglein, Thomas	Puget Sound	14.80m
9	Haller, Noah	Western Wash	15.31m
10	Hill, Jonathan	Western Wash	13.72m
11	Holland, Brady	Central Wash	14.27m
12	Inman, Connor	Western Wash	16.71m
13	Kriete, Wes	Central Wash	16.04m
14	Mandlin, Zachary	Saint Martin	12.73m
15	Pastorian, Aiden	Cal Poly	16.92m
16	Pytte, Alex	Western Wash	14.59m
17	Ramos, Angelo	Western Wash	15.22m
18	Reed, Caleb	Central Wash	14.36m
19	Simicich, Nathan	Western Wash	14.25m
20	Skipper, Cole	Olympic (Was)	14.90m
21	Steffany-Alosuesuema, Halilk	Olympic (Was)	13.61m
22	Turner, Noah	Western Wash	16.67m

**Event 76 Men Weight Throw**

	Name	School	Seed Mark
1	Akutey, Emmanuel	Sacramento S	16.14m
2	Bahm, Tristan	Western Wash	16.04m
3	Behrman, Jacob	Western Oreg	13.10m
4	Detzler, Mason	Western Oreg	16.00m
5	Gutierrez, Calvin	Western Wash	18.92m
6	Haller, Noah	Western Wash	14.89m
7	Kriete, Wes	Central Wash	15.88m
8	Pedro, Gage	Saint Martin	13.53m
9	Ramos, Angelo	Western Wash	18.08m
10	Simicich, Nathan	Western Wash	13.98m
11	Turner, Noah	Western Wash	14.76m
12	Washington, Jaden	Sacramento S	13.26m