

2026 UW Indoor Preview - 1/16/2026 to 1/17/2026**Dempsey Indoor, Seattle WA****Results****Women 60 Meter Dash**

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Dempsey: ! 7.07 2/25/2023 Samirah Moody, USC			
Meet: M 7.15 1/17/2015 Jasmine Todd, Oregon			
Name	Year	School	Prelims
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Heat 1 Preliminaries			
1 6954 Kennedy-Hailu, Ser		Simon Fraser	8.25
2 6785 McGurk, Lexie		Pacific Lutheran	8.27
3 7292 Huskic, Khloe		Western Washington	8.28
4 7307 Walker, Karma		Western Washington	8.51
Heat 2 Preliminaries			
1 6879 Datu, Erin		Saint Martin's	8.37
2 7092 Tibbo, Zoe		Unattached	8.45
3 6702 Rivera, Coraline		Left Coast T	8.48
4 6780 Clemons, D'Yhana		Pacific Lutheran	8.67
Heat 3 Preliminaries			
1 6513 Liessfeld, Vivien		Alaska Anchorage	7.77
2 6845 Rosario, Sienna		Portland State	7.88
3 7276 Avery, Nicole		Western Washington	8.05
4 6772 Lavato, Josie		Pacific (Ore.)	8.11
5 6848 Wheat, Aida		Portland State	8.24
Heat 4 Preliminaries			
1 7298 Nguyen, Ari		Western Washington	7.84
2 6920 Bailey, Sarah		Seattle Pacific	8.13
3 6729 Biggerstaff, Audre		Oregon State	8.27
4 6535 Silva Navarro, Bea		Alpha Speed Academy	8.28
5 6728 Bell, Jaida		Oregon State	8.33
Heat 5 Preliminaries			
1 7001 Cooper, Elena		Stanford	7.86
2 6643 Kuenzi, Kirsten		Corban (Ore.)	8.00
3 6594 Fields, Layla		Central Washington	8.12
4 7243 Vierck, Makenna		Western Oregon	8.19
Heat 6 Preliminaries			
1 6950 Chatwin, Kerlinda		Simon Fraser	7.74
2 6595 Fleenor, Keira		Central Washington	7.99
3 6738 Hatcher, Megan		Oregon State	8.02
4 7302 Polkinghorn, Hanna		Western Washington	8.13
5 7163 McHenry, Sophia		Washington	8.25
Heat 7 Preliminaries			
1 6686 Larkan, Robyn		Hawai'i	7.61q
2 6562 Hoagland, Tayhlore		Cal Poly	7.69
3 6866 Wilson, Kyrstin		Puget Sound	7.77
4 7229 Dotson, Jazmine		Western Oregon	7.80
5 6730 Brandes, Callie		Oregon State	7.85
Heat 8 Preliminaries			
1 6559 Easter, Madison		Cal Poly	7.58q
2 6612 Nielsen, Ashlyn		Central Washington	7.66q
3 6683 Kneeshaw, Izzy		Hawai'i	7.75
4 6837 Forst, Tori		Portland State	7.76
Heat 9 Preliminaries			
1 7008 Hinton, Sage		Stanford	7.87
2 7089 Rose, Olivia		Unattached	8.01
3 6788 Waters, Soukhanya		Pacific Lutheran	8.14
4 6784 Marshall, Kira		Pacific Lutheran	8.47
Heat 10 Preliminaries			
1 6815 Sendelbach, Olivia		Portland	8.24

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2	6781 Gutierrez, Kiana	Pacific Lutheran	8.43	
3	6843 Medina, Lydia	Portland State	8.46	
4	7293 Klaas, Marisa	Western Washington	8.87	
Heat 11 Preliminaries				
1	6538 Williams, Kayla	Alpha Speed Academy	8.13	
2	7287 Dickson, Riley	Western Washington	8.16	
3	6700 Flores Farina, Son	Left Coast T	8.28	
Heat 12 Preliminaries				
1	6949 Cannan, Emma	Simon Fraser	7.44q	
2	7013 Oakes, Alaysia	Stanford	7.49q	
3	6554 Armstrong, Desie	Cal Poly	7.63q	7.626
4	7004 Doresca, Sariah	Stanford	7.63q	7.628
--	6951 Cummings, Jaeland	Simon Fraser	FS	
Heat 13 Preliminaries				
1	7296 Manley, Quinn	Western Washington	7.91	
2	6596 Gonzales, Zoe	Central Washington	8.13	
3	7053 Vander Zwan, Caris	Trinity West	8.17	
Heat 14 Preliminaries				
1	6570 Simos, Ava	Cal Poly	7.67q	
2	7005 Ennin, Samantha	Stanford	7.75	
3	7087 Noji, Kela	Unattached	7.80	
4	6947 Barlee, Alex	Simon Fraser	7.84	
5	6690 Mesa-Espinosa, Ang	Hawai'i	7.96	

Women 60 Meter Dash

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	Dempsey: !	7.07	2/25/2023	Samirah Moody, USC
	Meet: M	7.15	1/17/2015	Jasmine Todd, Oregon
Name		Year	School	Finals
=====				
Section 1 Finals				
1	6559 Easter, Madison		Cal Poly	7.52
2	6570 Simos, Ava		Cal Poly	7.61
3	6686 Larkan, Robyn		Hawai'i	7.70
Section 2 Finals				
1	6949 Cannan, Emma		Simon Fraser	7.45
2	7013 Oakes, Alaysia		Stanford	7.54
3	6554 Armstrong, Desie		Cal Poly	7.65
4	6612 Nielsen, Ashlyn		Central Washington	7.70

Women 200 Meter Dash

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Dempsey: !		23.09	2/24/2017	Kendall Ellis, USC
Meet: M		23.56	1/18/2020	Jaide Stepter, Unattached
Name		Year	School	Finals
=====				
Section 1				
1	6950 Chatwin, Kerlinda		Simon Fraser	25.27
2	6947 Barlee, Alex		Simon Fraser	25.57
3	6785 Mcgurk, Lexie		Pacific Lutheran	27.04
Section 2				
1	6807 Harvey, Malia		Portland	25.35
2	6560 Estes, Kalia		Cal Poly	26.52
3	6814 Richardson, Lola		Portland	27.35
Section 3				

2026 UW Indoor Preview - 1/16/2026 to 1/17/2026**Dempsey Indoor, Seattle WA****Results****....Women 200 Meter Dash**

1	6926 Mosby, Brooke	Seattle Pacific	25.64
2	6595 Fleenor, Keira	Central Washington	25.93
3	6690 Mesa-Espinosa, Ang	Hawai'i	26.33
4	6806 Fagan, Abby	Portland	26.60
5	6703 Wicker, Elorie	Left Coast T	26.73
Section 4			
1	6771 Hammond, Allyson	Pacific (Ore.)	24.60
2	6686 Larkan, Robyn	Hawai'i	24.96
3	7296 Manley, Quinn	Western Washington	26.23
4	6590 Connell, Bella	Central Washington	27.97
Section 5			
1	7016 Peters, Cate	Stanford	25.04
2	7302 Polkinghorn, Hanna	Western Washington	25.68
3	6788 Waters, Soukhanya	Pacific Lutheran	27.80
4	6843 Medina, Lydia	Portland State	27.97
Section 6			
1	6866 Wilson, Kyrstin	Puget Sound	25.62
2	6680 Fischer, Nora	Hawai'i	25.65
3	7298 Nguyen, Ari	Western Washington	25.75
Section 7			
1	6951 Cummings, Jaeland	Simon Fraser	24.70
2	6679 Fairclough, Amelie	Hawai'i	25.61
3	6596 Gonzales, Zoe	Central Washington	26.94
4	6535 Silva Navarro, Bea	Alpha Speed Academy	27.17
5	7287 Dickson, Riley	Western Washington	27.31
Section 8			
1	7283 Cook, Kennedy	Western Washington	25.57
2	6845 Rosario, Sienna	Portland State	26.08
3	6928 Pontius, Ayla	Seattle Pacific	26.75
4	6811 Leao, Alexis	Portland	27.68
Section 9			
1	6683 Kneeshaw, Izzy	Hawai'i	24.56
2	6612 Nielsen, Ashlyn	Central Washington	24.67
3	6802 Cain, Aria	Portland	25.36
4	6697 Wyllie, Tara	Hawai'i	25.86
5	6594 Fields, Layla	Central Washington	26.62
Section 10			
1	6570 Simos, Ava	Cal Poly	24.82
2	7229 Dotson, Jazmine	Western Oregon	26.44
3	6961 Robertson, Veronic	Simon Fraser	27.66
Section 11			
1	6559 Easter, Madison	Cal Poly	24.40
2	7008 Hinton, Sage	Stanford	25.07
3	7294 Kleine, Casie	Western Washington	26.18
4	6844 Peterson, Ashley	Portland State	27.07
5	7163 McHenry, Sophia	Washington	27.27
Section 12			
1	7018 Rutherford, Hannah	Stanford	24.84
2	7278 Bennett, Bec	Western Washington	25.34
3	7046 Beuthin, Michela	Trinity West	26.06
4	6931 Sarrys, Jada	Seattle Pacific	26.09
5	6815 Sendelbach, Olivia	Portland	26.99

2026 UW Indoor Preview - 1/16/2026 to 1/17/2026**Dempsey Indoor, Seattle WA****Results****Women 400 Meter Dash**

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Dempsey: ! 51.60 2/29/2020 Bailey Lear, USC			
Meet: M 52.50 1/13/2018 Jaide Stepter, Unattached			
Name	Year	School	Finals
=====			
Section 1			
1	6680	Fischer, Nora	Hawai'i 56.18
2	7286	Darroch, Jayda	Western Washington 57.61
3	6783	Lon, Alicia	Pacific Lutheran 1:08.09
Section 2			
1	6738	Hatcher, Megan	Oregon State 56.95
2	6599	Harris, Donna Mari	Central Washington 58.05
3	6844	Peterson, Ashley	Portland State 58.63
4	6928	Pontius, Ayla	Seattle Pacific 59.94
5	7017	Rivas, Sara	Stanford 1:02.03
Section 3			
1	6679	Fairclough, Amelie	Hawai'i 57.26
2	6865	Beiswanger, Elizab	Puget Sound 58.87
3	7242	Taba, Aliyah	Western Oregon 58.90
4	6931	Sarrys, Jada	Seattle Pacific 59.64
5	7227	Brasfield, Taylor	Western Oregon 1:01.75
Section 4			
1	6683	Kneeshaw, Izzy	Hawai'i 55.60
2	6926	Mosby, Brooke	Seattle Pacific 58.75
3	7237	Mcgowan, Alexa	Western Oregon 1:02.72
Section 5			
1	7016	Peters, Cate	Stanford 56.41
2	7015	Pendergast, Addie	Stanford 56.85
3	6677	Crane, Marissa	Hawai'i 57.42
4	6588	Castillejo, Julie	Central Washington 1:00.80
5	6961	Robertson, Veronic	Simon Fraser 1:01.01
Section 6			
1	7283	Cook, Kennedy	Western Washington 57.25
2	6703	Wicker, Elorie	Left Coast T 1:00.55
Section 7			
1	6949	Cannan, Emma	Simon Fraser 53.56
2	7278	Bennett, Bec	Western Washington 55.51
3	7018	Rutherford, Hannah	Stanford 55.78
4	7294	Kleine, Casie	Western Washington 57.89
5	6748	Lorenz, Ruby	Oregon State 59.68

Women 600 Meter Run

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Dempsey: ! 1:25.74 1/17/2025 Roisin Willis, Stanford			
Meet: M 1:25.74 1/17/2025 Roisin Willis, Stanford			
Name	Year	School	Finals
=====			
Section 1			
1	7006	Everett, Amelia	Stanford 1:31.77
2	6675	Brook, Ruby	Hawai'i 1:33.24
3	7167	Pittman, Sena	Washington 1:34.97
4	6750	McKee, Ava	Oregon State 1:37.03
Section 2			
1	6687	Martensson, Lisa	Hawai'i 1:31.16
2	6564	Jackson, Jordan	Cal Poly 1:31.73
3	6553	Adelman, Avery	Cal Poly 1:32.01

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4	6557 DeMange, Elle	Cal Poly	1:32.67
5	7238 Merritt, Amelia	Western Oregon	1:33.88
Section 3			
1	7020 Shults, Madison	Stanford	1:29.47
2	7170 Symon, Chloe	Washington	1:29.73
3	6694 Touchette, Catheri	Hawai'i	1:29.86
4	7000 Cieslak, Oliva	Stanford	1:30.76
5	7080 Fitzgibbon, Carmel	Unattached	1:32.26

Women 800 Meter Run

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Dempsey: ! 1:58.27 2/24/2024 Nia Akins, Brooks Beasts			
Meet: M 2:02.48 1/14/2023 Juliette Whittaker, Stanfor			
Name	Year	School	Finals
=====			
Section 1			
1	6799 Atkinson, Giana	Portland	2:17.40
2	7137 Ohrling, Sofie	Victoria (B.C.)	2:17.45
3	6842 Lopez Cristia, Iri	Portland State	2:17.82
4	7239 Nguyen, Kaydence	Western Oregon	2:18.22
5	6614 Pidduck, Hannah	Central Washington	2:19.29
6	6835 Butterfield, Hanna	Portland State	2:19.44
7	6603 Hulstedt, Dawn	Central Washington	2:21.10
8	7289 Friedrich, Olivia	Western Washington	2:21.28
9	7234 Hutton, Holly	Western Oregon	2:21.54
Section 2			
1	6958 Millar, Stephanie	Simon Fraser	2:12.33
2	7295 Kroontje, Emmy	Western Washington	2:12.40
3	6952 Dee, Veronica	Simon Fraser	2:12.64
4	6753 O'Beirne, Jenna	Oregon State	2:13.95
5	6955 Mathis, Arden	Simon Fraser	2:16.22
6	6755 Quintana, Ellie	Oregon State	2:18.69
7	6987 Peterson, Averie	St. Mary's (Ca)	2:24.54
Section 3			
1	6726 Baechler, Maya	Oregon State	2:08.48
2	6739 Herron, Ainsley	Oregon State	2:09.87
3	6731 Broadbent, Ruby	Oregon State	2:12.66
4	6735 Couch, Julia	Oregon State	2:17.30
--	6732 Brown, Jillian	Oregon State	DNF
Section 4			
1	7044 Congdon, Maggi	Swoosh TC	2:00.93M
2	6777 Mooney, Maddie	Pacific Athletics	2:07.94
3	6986 DeSouza, Jaden	St. Mary's (Ca)	2:08.59
4	6682 Gorton, Izzy	Hawai'i	2:11.12
--	6501 Carlson, Alexandra	adidas	DNF

Women 1000 Meter Run

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Dempsey: ! 2:34.09 1/27/2024 Nikki Hiltz, Lululemon			
Meet: M 2:35.11 1/17/2025 Sinclair Johnson, Nike			
Name	Year	School	Finals
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Section 1			
1	7142 Thompson, Marisha	Victoria (B.C.)	2:48.14
2	7084 McCabe, Maya	Unattached	2:49.13

2026 UW Indoor Preview - 1/16/2026 to 1/17/2026**Dempsey Indoor, Seattle WA****Results****....Women 1000 Meter Run**

3	6545 Swayze, Kamryn	Bowerman Track Club	2:50.84
4	6544 Ramsay, McKenna	Bowerman Track Club	2:50.86
5	7138 Owens, Erin	Victoria (B.C.)	2:52.51
6	6675 Brook, Ruby	Hawai'i	2:53.76
7	7197 Herman, Lillian	Washington State	2:54.43
8	6685 Langschwager, Emil	Hawai'i	2:55.38
9	7192 Alvarado, Isabela	Washington State	2:56.34
10	6673 Becker, Lucy	Hawai'i	2:59.20

Section 2

1	7024 Whittaker, Juliett	Stanford	2:37.54
2	7159 Foerster, Chloe	Washington	2:37.79
3	7202 Longisa, Rosemary	Washington State	2:38.26
4	6717 Aragon, Christina	Nike	2:39.03
5	7169 Swartz, Jenica	Washington	2:39.88
6	6716 Baker, Ellie	New Balance-	2:40.18
7	7379 Yerby, Claire	Unattached	2:40.21
8	7080 Fitzgibbon, Carmel	Unattached	2:47.14

Women 1 Mile Run B Sections

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	Dempsey: ! 4:23.68	2/1/2020	Shelby Houlihan, Bowerman T
	Meet: M 4:27.86	1/17/2015	Shannon Rowbury, Nike Orego
Name	Year	School	Finals
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Section 1

1	6753 O'Beirne, Jenna	Oregon State	5:01.17
2	7083 Ledesma, Marian	Unattached	5:05.40
3	6808 Herring, Clare	Portland	5:08.51
4	6842 Lopez Cristia, Iri	Portland State	5:08.53
5	6755 Quintana, Ellie	Oregon State	5:10.79
6	7236 Liebl, Jazmine	Western Oregon	5:14.58
7	6880 Halpern, Kekaihula	Saint Martin's	5:16.23
8	7050 Rodway, Ava	Trinity West	5:23.28
9	6620 Titchenal, Lexi	Central Washington	5:29.33
10	6509 Draeger, Delaney	Alaska Anchorage	5:29.88
11	6604 Huntsinger, Paige	Central Washington	5:29.98
12	6881 Halpern, Kekaimali	Saint Martin's	5:36.95

Section 2

1	7006 Everett, Amelia	Stanford	4:44.62
2	7000 Cieslak, Oliva	Stanford	4:52.02
3	6762 Lione, Angelina	Pacific	4:53.86
4	6810 Kaines, Lindsey	Portland	4:54.58
5	7295 Kroontje, Emmy	Western Washington	4:54.62
6	6952 Dee, Veronica	Simon Fraser	4:55.64
7	7020 Shulds, Madison	Stanford	4:57.79
8	7133 Arcadi, Monika	Victoria (B.C.)	4:59.40
9	6673 Becker, Lucy	Hawai'i	5:03.87
10	7137 Ohrling, Sofie	Victoria (B.C.)	5:06.80
11	6685 Langschwager, Emil	Hawai'i	5:12.19

2026 UW Indoor Preview - 1/16/2026 to 1/17/2026**Dempsey Indoor, Seattle WA****Results****Women 1 Mile Run**

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Dempsey:	!	4:23.68	2/1/2020 Shelby Houlihan, Bowerman T
Meet:	M	4:27.86	1/17/2015 Shannon Rowbury, Nike Orego
Name		Year School	Finals
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Section 1

1	6740	Hodgson, Maella	Oregon State	4:52.52
2	6743	Kasprick, Cadence	Oregon State	4:53.34
3	7196	Evenson, Daphne	Washington State	4:58.29
4	6763	Schmutz, Emma	Pacific	5:04.98
5	6758	Ulrich, Delaney	Oregon State	5:06.42
6	6674	Bekins, Sophie	Hawai'i	5:07.33

Section 2

1	6739	Herron, Ainsley	Oregon State	4:39.87
2	6726	Baechler, Maya	Oregon State	4:40.28
3	6731	Broadbent, Ruby	Oregon State	4:42.49
4	6956	Matonovich, Raiya	Simon Fraser	4:42.62
5	7138	Owens, Erin	Victoria (B.C.)	4:42.72
6	7193	Bissell, Nicole	Washington State	4:43.73
7	7166	Olson, Isabel	Washington	4:44.17
8	7077	Boos, Annie	Unattached	4:53.64

Section 3

1	7044	Congdon, Maggi	Swoosh TC	4:27.77M
2	6503	Parks, Taryn	adidas	4:29.28
3	6501	Carlson, Alexandra	adidas	4:29.67
4	7154	Cochran, Mia	Washington	4:30.98
5	7010	Kennedy, Sophia	Stanford	4:32.13
6	7079	Dess, Klara	Unattached	4:34.92
7	7156	David-Smith, Julia	Washington	4:34.95
8	7142	Thompson, Marisha	Victoria (B.C.)	4:36.30
9	7130	Nichols, Abby	Union Athletic Club	4:37.19
10	6777	Mooney, Maddie	Pacific Athletics	4:40.35
11	6556	Cornejo, Tatiana	Cal Poly	4:49.61

Women 3000 Meter Run B Sections

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Dempsey:	!	8:34.45	1/27/2018 Sifan Hassan, Nike Oregon P
Meet:	M	8:47.26	1/14/2017 Kate Grace, NorCal Distance
Name		Year School	Finals
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Section 1

1	7224	Beckstead, Adele	Western Oregon	10:09.31
2	6925	Gossett, Alexa	Seattle Pacific	10:13.80
3	7232	Grey, Nettle	Western Oregon	10:23.21
4	6760	Espinoza, Valeria	Pacific	10:27.57
5	7231	Gardner, Charlotte	Western Oregon	10:33.42
6	6608	Manly, Katie	Central Washington	10:34.21
7	6509	Draeger, Delaney	Alaska Anchorage	10:45.27
8	6606	Johnson, Julie	Central Washington	10:56.15
9	6838	Fox, Liberty	Portland State	11:02.14
10	6512	Kiprotich, Gloria	Alaska Anchorage	11:10.98
11	6652	Palek, Maddy	Evergreen St	11:12.23
12	6883	Romo, Camila	Saint Martin's	11:32.02
13	6885	Schweppe, Samantha	Saint Martin's	11:38.28
14	6650	Biesack, Sylvie	Evergreen St	11:47.27

Section 2

2026 UW Indoor Preview - 1/16/2026 to 1/17/2026**Dempsey Indoor, Seattle WA****Results****....Women 3000 Meter Run B Sections**

1	7139	Peet-Williams, Chr	Victoria (B.C.)	10:01.03
2	7131	Abbott, Chantal	Victoria (B.C.)	10:04.40
3	7135	Cockburn, Samara	Victoria (B.C.)	10:04.77
4	7198	Hoyt, Lauren	Washington State	10:05.60
5	6591	Conover, Payton	Central Washington	10:10.78
6	7141	Smith, Erica	Victoria (B.C.)	10:11.22
7	6871	Dunlap, Mari	Rogue Valley	10:11.28
8	6929	Prussian, Anna	Seattle Pacific	10:11.66
9	6759	Crawford, Alix	Pacific	10:11.70
10	6953	Kalisch, Milena	Simon Fraser	10:12.21
11	6761	Iosua, Daphne	Pacific	10:21.64
12	6924	Flolo, Katelyn	Seattle Pacific	10:22.82
13	6872	VanWart, Gwendolyn	Rogue Valley	10:26.03
14	7280	Carter, Kendall	Western Washington	10:29.18
15	6846	Sharp, Sam	Portland State	10:35.48
16	6516	Puit, Gracie	Alaska Anchorage	10:57.51

Section 3

1	7140	Reimer, Colette	Victoria (B.C.)	9:50.90
2	7201	Lehner, Jaylyn	Washington State	9:51.82
3	6798	Allen, Danica	Portland	9:53.81
4	7282	Colbert, Sabrina	Western Washington	9:56.97
5	6600	Harrison, Madeline	Central Washington	9:57.22
6	7240	Potratz, Kyla	Western Oregon	10:01.40
7	7288	Edens, Ella	Western Washington	10:02.99
8	7299	Parker, Alexis	Western Washington	10:08.29
9	7132	Abbott, Hailey	Victoria (B.C.)	10:10.52
10	6809	Kabenina, Kate	Portland	10:11.39
11	6763	Schmutz, Emma	Pacific	10:12.49
12	7306	Villagomez Edvalso	Western Washington	10:18.16
13	6927	Mulch, Matise	Seattle Pacific	10:19.41
14	7078	Collier, Sydney	Unattached	10:19.41
15	6611	Neff, Lillian	Central Washington	10:27.66
16	6515	McCarty, Makendra	Alaska Anchorage	10:29.95
17	6514	Lindner, Lilli	Alaska Anchorage	10:34.66

Section 4

1	6740	Hodgson, Maella	Oregon State	9:43.88
2	6688	Martin, Mikaela	Hawai'i	9:46.74
3	7207	Sletner, Taylor	Washington State	9:48.73
4	7014	Parekh, Ava	Stanford	9:49.82
5	6758	Ulrich, Delaney	Oregon State	9:56.02
6	6756	Smith, Payton	Oregon State	9:57.02
7	6923	Ewing, Maya	Seattle Pacific	10:00.02
8	7091	Schoolmeester, Sop	Unattached	10:04.20
9	7301	Philbin, Jill	Western Washington	10:14.43
10	7204	Narus, Kaleena	Washington State	10:17.48
11	6751	Morkert, Reese	Oregon State	10:22.53
12	7134	Ballard, Ella	Victoria (B.C.)	10:24.90

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Dempsey: ! 8:34.45 1/27/2018 Sifan Hassan, Nike Oregon P			
Meet: M 8:47.26 1/14/2017 Kate Grace, NorCal Dist Pro			
Name	Year	School	Finals
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Section 1			
1	7200	Kibor, Brenda	Washington State 9:38.59
2	7002	de Brouwer, Maya	Stanford 9:38.81
3	7205	Nichols, Maya	Washington State 9:41.47
4	7195	Cossey, Hailey	Washington State 9:44.49
5	7194	Cossey, Aleeya	Washington State 9:44.97
6	6543	Hartke, Alize	Bowerman Track 9:45.16
7	6762	Lione, Angelina	Pacific 9:47.27
8	7203	Madariaga, Kyla	Washington State 9:47.72
9	6561	Hack, Mackenzie	Cal Poly 9:50.63
10	6518	Smith, Ryann	Alaska Anchorage 9:53.14
11	6663	Foote, Emily	George Fox 9:55.46
12	7153	Carlson, Annika	Washington 9:58.75
13	6800	Bangerter, Selena	Portland 10:04.75
14	6812	Lochtefeld, Izzy	Portland 10:17.45
15	7162	Lopizzo, Gioana	Washington 10:17.83
Section 2			
1	7081	Hennessey, Abigail	Unattached 9:15.79
2	6847	Stolte, Emma	Portland State 9:17.97
3	6749	Lundgren, Noemi	Oregon State 9:18.88
4	7173	Welin, Josephine	Washington 9:20.41
5	7168	Stiles, Maeve	Washington 9:24.61
6	7022	Studdert, Hillary	Stanford 9:28.76
7	7157	DeVeau, Abby	Washington 9:29.73
8	6745	Latincsics, Molly	Oregon State 9:34.55
9	6962	Watkins, Rachael	Simon Fraser 9:36.13
10	6804	Crum, Megan	Portland 9:39.01
11	6651	Carstens, Alauna	Evergreen St 10:13.30
--	7166	Olson, Isabel	Washington DNF
Section 3			
1	7136	Eybergen, Madelyn	Victoria (B.C.) 9:08.90
2	6722	Hightower, Anna	Northwestern 9:11.34
3	7023	Thomsen, Hanne	Stanford 9:12.02
4	7007	Flynn, Julia	Stanford 9:13.15
5	6646	Smiljanec, Katarin	Croatia 9:20.90
6	6721	Criniti, Ava	Northwestern 9:22.95
7	6724	Whitman, Maddy	Northwestern 9:22.95
8	6723	Holman, Jacqueline	Northwestern 9:23.30
9	7086	Neigum, Kaila	Unattached 9:24.48
10	6775	Connor, Anna	Pacific Athletics 9:38.13
11	7199	Jepkorir, Caroline	Washington State 9:48.19
12	7088	Rodriguez, Sophia	Unattached 9:50.10
--	6503	Parks, Taryn	adidas DNF

2026 UW Indoor Preview - 1/16/2026 to 1/17/2026**Dempsey Indoor, Seattle WA****Results****Women 60 Meter Hurdles**

=====				
	Dempsey: !	7.93	3/4/2006	Virginia Powell, USC
	Meet: M	7.96	1/14/2017	Sasha Wallace, Oregon
	Name		Year School	Prelims
=====				
Heat	1 Preliminaries			
1	6801 Bremont, Jillian	Portland		9.55
2	7243 Vierck, Makenna	Western Oregon		9.56
3	7293 Klaas, Marisa	Western Washington		9.95
4	7226 Boyd, Olivia	Western Oregon		9.97
Heat	2 Preliminaries			
1	6782 Herring, Addisen	Pacific Lutheran		9.78
2	7237 McGowan, Alexa	Western Oregon		9.96
3	6778 Achterling, Lilly	Pacific Lutheran		10.38
4	6783 Lon, Alicia	Pacific Lutheran		11.35
Heat	3 Preliminaries			
1	6686 Larkan, Robyn	Hawai'i		8.61q
2	6771 Hammond, Allyson	Pacific (Ore.)		8.64q
3	6922 Chang, Hannah	Seattle Pacific		8.84q
Heat	4 Preliminaries			
1	7298 Nguyen, Ari	Western Washington		8.95q
2	6709 Grutsch, Isabella	Linfield		9.34
3	7017 Rivas, Sara	Stanford		9.41 9.402
4	6590 Connell, Bella	Central Washington		9.41 9.410
5	7242 Taba, Aliyah	Western Oregon		9.56
Heat	5 Preliminaries			
1	6532 Duah, Shelby	Alpha Speed Academy		8.83q
2	6697 Wyllie, Tara	Hawai'i		8.85q
3	6511 Heite, Liv	Alaska Anchorage		8.95q
4	6508 De Arvizu Sarrias,	Alaska Anchorage		9.15
5	6592 DeGroot, Ellie	Central Washington		9.24
Heat	6 Preliminaries			
1	7292 Huskic, Khloe	Western Washington		9.36
2	6586 Baker, Elia	Central Washington		9.75
3	6779 Caprye, Abigail	Pacific Lutheran		10.13
--	7276 Avery, Nicole	Western Washington		DNF
Heat	7 Preliminaries			
1	6694 Touchette, Catheri	Hawai'i		9.19
2	6560 Estes, Kalia	Cal Poly		9.20
3	6517 Simmons, Lacie	Alaska Anchorage		9.25
4	7012 Littlewood, Cather	Stanford		9.43
Heat	8 Preliminaries			
1	6738 Hatcher, Megan	Oregon State		9.17
2	7165 Nordlund, Sara	Washington		9.29
3	7287 Dickson, Riley	Western Washington		9.32
4	7048 Nicol, Claire	Trinity West		9.54
5	6701 Johnson, Jasmine	Left Coast T		10.88
Heat	9 Preliminaries			
1	6537 Smith, Jazzlyn-Rei	Alpha Speed Academy		9.11q
2	7244 Zamora-Mercado, Is	Western Oregon		9.30
3	7228 Clay, Amariyah	Western Oregon		9.34
4	6744 Kubacki, Kate	Oregon State		9.41
5	6602 Huber, Carley	Central Washington		9.66
Heat	10 Preliminaries			
1	6605 Johnson, Ayla	Central Washington		9.22
2	6834 Beasley, Savannah	Portland State		9.56

2026 UW Indoor Preview - 1/16/2026 to 1/17/2026**Dempsey Indoor, Seattle WA****Results****....Women 60 Meter Hurdles**

3	7049 Noordam, Eileen	Trinity West	10.23
--	7307 Walker, Karma	Western Washington	DNF

Women 60 Meter Hurdles

=====			
	Dempsey: !	7.93 3/4/2006	Virginia Powell, USC
	Meet: M	7.96 1/14/2017	Sasha Wallace, Oregon
	Name	Year School	Finals
=====			
Section 1 Finals			
1	6922 Chang, Hannah	Seattle Pacific	8.75
2	6532 Duah, Shelby	Alpha Speed Academy	8.75
3	7298 Nguyen, Ari	Western Washington	8.93
4	6537 Smith, Jazzlyn-Rei	Alpha Speed Academy	9.31
Section 2 Finals			
1	6686 Larkan, Robyn	Hawai'i	8.59
2	6771 Hammond, Allyson	Pacific (Ore.)	8.61
3	6511 Heite, Liv	Alaska Anchorage	8.86
4	6697 Wyllie, Tara	Hawai'i	8.88

Women 4x400 Meter Relay

=====			
	Dempsey: !	3:29.78 2/25/2023	USC, USC
			Lear, Jones, John, Jones
	Meet: M	3:40.38 1/16/2016	Stanford, Stanford
			Gayles, Williams, Williams, Baker
	School		Finals
=====			
Section 1			
1	Oregon State 'B'		3:58.36
	1) Kopec, Katie	2) 6732 Brown, Jillian	
	3) 6730 Brandes, Callie	4) 6750 McKee, Ava	
2	Portland 'A'		4:06.10
	1) 6807 Harvey, Malia	2) 6802 Cain, Aria	
	3) 7378 Callo, Madi	4) 6806 Fagan, Abby	
3	Western Oregon 'A'		4:07.32
	1) 7233 Houg, Tori	2) 7228 Clay, Amariyah	
	3) 7234 Hutton, Holly	4) 7238 Merritt, Amelia	
Section 2			
1	Washington 'A'		3:46.55
	1) 7167 Pittman, Sena	2) 7170 Symon, Chloe	
	3) 7169 Swartz, Jenica	4) 7159 Foerster, Chloe	
2	Stanford 'A'		3:46.99
	1) 7018 Rutherford, Hannah	2) 7024 Whittaker, Juliette	
	3) 7016 Peters, Cate	4) 7020 Shults, Madison	
3	Western Washington 'A'		3:47.74
	1) 7294 Kleine, Casie	2) 7286 Darroch, Jayda	
	3) 7283 Cook, Kennedy	4) 7278 Bennett, Bec	
4	Central Washington 'A'		3:54.53
	1) 6599 Harris, Donna Marie	2) 6588 Castillejo, Julie	
	3) 6602 Huber, Carley	4) 6592 DeGroot, Ellie	

2026 UW Indoor Preview - 1/16/2026 to 1/17/2026**Dempsey Indoor, Seattle WA****Results****Women High Jump B Section**

Dempsey: ! 1.93m 2/25/2012 Brigetta Barrett, Arizona									
Meet: M 1.87m 1/16/2010 Amber Kaufman, Hawaii									
Name		Year		School		Finals			
=====									
Flight 1									
1	6776	Moersdorf, Anneke		Pacific Athletics		1.65m	5-05.00		
	1.40	1.45	1.50	1.55	1.60	1.65	1.70		
	---	0	0	0	XX0	X0	XXX		
2	6948	Bosma, Charlotte		Simon Fraser		1.60m	5-03.00		
	1.40	1.45	1.50	1.55	1.60	1.65			
	0	0	0	XX0	XX0	XXX			
3	6964	Windbiel, Olivia		Simon Fraser		1.55m	5-01.00		
	1.40	1.45	1.50	1.55	1.60				
	---	---	0	X0	XXX				
4	6779	Caprye, Abigail		Pacific Lutheran		J1.55m	5-01.00		
	1.40	1.45	1.50	1.55	1.60				
	---	0	XX0	X0	XXX				
5	7226	Boyd, Olivia		Western Oregon		J1.55m	5-01.00		
	1.40	1.45	1.50	1.55	1.60				
	---	0	0	XX0	XXX				
5	6694	Touchette, Catheri		Hawai'i		J1.55m	5-01.00		
	1.40	1.45	1.50	1.55	1.60				
	---	---	0	XX0	XXX				
7	6602	Huber, Carley		Central Washington		1.45m	4-09.00		
	1.40	1.45	1.50						
	0	0	XXX						
7	6963	Wedman-Kent, Nova		Simon Fraser		1.45m	4-09.00		
	1.40	1.45	1.50						
	0	0	XXX						
9	6787	Sparks, Sydney		Pacific Lutheran		J1.45m	4-09.00		
	1.40	1.45	1.50						
	X0	0	XXX						
10	7048	Nicol, Claire		Trinity West		J1.45m	4-09.00		
	1.40	1.45	1.50						
	0	X0	XXX						
11	7279	Caro, Griffey		Western Washington		J1.45m	4-09.00		
	1.40	1.45	1.50						
	0	XX0	XXX						
11	6744	Kubacki, Kate		Oregon State		J1.45m	4-09.00		
	1.40	1.45	1.50						
	0	XX0	XXX						
13	6778	Achterling, Lilly		Pacific Lutheran		J1.45m	4-09.00		
	1.40	1.45	1.50						
	X0	XX0	XXX						
14	6592	DeGroot, Ellie		Central Washington		1.40m	4-07.00		
	1.40	1.45							
	X0	XXX							

Women High Jump

Dempsey: ! 1.93m 2/25/2012 Brigetta Barrett, Arizona					
Meet: M 1.87m 1/16/2010 Amber Kaufman, Hawaii					
Name	Year	School	Finals		

2026 UW Indoor Preview - 1/16/2026 to 1/17/2026**Dempsey Indoor, Seattle WA****Results****....Women High Jump**

1	7009 Jones, Alyssa	Stanford	1.91mM	6-03.25
	1.55 1.60 1.65 1.70 1.73 1.76 1.79 1.82 1.85 1.88 1.91 1.94			
	--- --- --- 0 XO 0 0 0 0 XO 0 XXX			
2	6752 Norman, Dede	Oregon State	1.79m	5-10.50
	1.55 1.60 1.65 1.70 1.73 1.76 1.79 1.82			
	--- --- --- 0 0 0 XX0 XXX			
2	6613 Ntekpere, Emy	Central Washington	1.79m	5-10.50
	1.55 1.60 1.65 1.70 1.73 1.76 1.79 1.82			
	--- 0 0 0 0 0 XX0 XXX			
4	6555 Castelli, Melanie	Cal Poly	1.73m	5-08.00
	1.55 1.60 1.65 1.70 1.73 1.76			
	--- 0 0 0 XO XXX			
5	6687 Martensson, Lisa	Hawai'i	J1.73m	5-08.00
	1.55 1.60 1.65 1.70 1.73 1.76			
	--- --- 0 0 XX0 XXX			
5	6695 Turban, Lilian	Hawai'i	J1.73m	5-08.00
	1.55 1.60 1.65 1.70 1.73 1.76			
	--- --- 0 0 XX0 XXX			
7	6567 Proudfoot, Grace	Cal Poly	1.70m	5-07.00
	1.55 1.60 1.65 1.70 1.73			
	--- --- 0 0 XXX			
8	6565 Kennedy, Charli	Cal Poly	J1.70m	5-07.00
	1.55 1.60 1.65 1.70 1.73			
	0 0 0 XO XXX			
9	7284 Cook, Kora	Western Washington	1.65m	5-05.00
	1.55 1.60 1.65 1.70			
	--- 0 0 XXX			
10	6727 Bakke, Kyra	Oregon State	J1.65m	5-05.00
	1.55 1.60 1.65 1.70			
	0 XX0 0 XXX			
11	6644 Morgan, Kayla	Corban (Ore.)	J1.65m	5-05.00
	1.55 1.60 1.65 1.70			
	--- XO XX0 XXX			
12	6741 Hunt, Lexi	Oregon State	1.60m	5-03.00
	1.55 1.60 1.65			
	0 0 XXX			

Women Pole Vault INVITE

Dempsey: ! 4.67m 1/29/2021 Olivia Gruver, Unattached					
Meet: M 4.67m 1/29/2021 Olivia Gruver, Unattached					
Name	Year	School	Finals		
1	7171 Vacca, Veronica	Washington	4.28m	14-00.50	
	3.43 3.58 3.73 3.88 4.03 4.18 4.28 4.38				
	--- --- --- 0 XO 0 0 XXX				
2	7152 Borton, Sara	Washington	J4.28m	14-00.50	
	3.43 3.58 3.73 3.88 4.03 4.18 4.28 4.38				
	--- --- --- XO 0 0 XO XXX				
3	6678 Enriquez, Ava	Hawai'i	3.88m	12-08.75	
	3.43 3.58 3.73 3.88 4.03				
	--- XO XO XX0 XXX				
4	6684 Koch, Lindsey	Hawai'i	3.73m	12-02.75	
	3.43 3.58 3.73 3.88				
	--- 0 0 XXX				

2026 UW Indoor Preview - 1/16/2026 to 1/17/2026**Dempsey Indoor, Seattle WA****Results****....Women Pole Vault INVITE**

5	6747 Lee, Claire	Oregon State	J3.73m	12-02.75
	3.43 3.58 3.73 3.88			
	X0 X0 0 XXX			
6	7019 Schuller, Sky	Stanford	J3.73m	12-02.75
	3.43 3.58 3.73 3.88			
	0 XX0 XX0 XXX			
7	6736 Fowler, Mia	Oregon State	3.43m	11-03.00
	3.43 3.58			
	XX0 XXX			
--	6708 Cramp, Sage	Linfield	NH	
	3.43			
	XXX			
--	6711 Paresa, Analissa	Linfield	NH	
	3.43			
	XXX			

Women Pole Vault

Dempsey: ! 4.67m 1/29/2021 Olivia Gruver, Unattached				
Meet: M 4.67m 1/29/2021 Olivia Gruver, Unattached				
Name	Year	School	Finals	
1	6549 Urbanowicz, Sonya	British Columbia	4.05m	13-03.50
	2.85 3.00 3.15 3.30 3.45 3.60 3.75 3.90 4.05 4.20 4.23			
	--- --- --- --- --- 0 0 0 --- XXX			
2	7297 Mohlman, Sydney	Western Washington	3.60m	11-09.75
	2.85 3.00 3.15 3.30 3.45 3.60 3.75			
	--- --- --- --- X0 0 XXX			
3	6589 Claybrook, Addy	Central Washington	3.45m	11-03.75
	2.85 3.00 3.15 3.30 3.45 3.60			
	--- --- XX0 0 0 XXX			
4	6548 Rueppell, Lucia	British Columbia	J3.45m	11-03.75
	2.85 3.00 3.15 3.30 3.45 3.60			
	--- 0 0 X0 XX0 XXX			
5	6757 Strand, Carley	Oregon State	3.30m	10-10.00
	2.85 3.00 3.15 3.30 3.45			
	--- --- 0 0 XXX			
5	7235 Lemeza, Alecia	Western Oregon	3.30m	10-10.00
	2.85 3.00 3.15 3.30 3.45			
	0 0 0 0 XXX			
5	6587 Bryant, Cariann	Central Washington	3.30m	10-10.00
	2.85 3.00 3.15 3.30 3.45			
	--- --- 0 0 XXX			
8	7054 Wiley, Sheleena	Trinity West	J3.30m	10-10.00
	2.85 3.00 3.15 3.30 3.45			
	--- --- X0 XX0 XXX			
9	7244 Zamora-Mercado, Is	Western Oregon	3.15m	10-04.00
	2.85 3.00 3.15 3.30			
	0 0 0 XXX			
9	7290 Grubestic, JoJo	Western Washington	3.15m	10-04.00
	2.85 3.00 3.15 3.30			
	--- 0 0 XXX			
11	6779 Caprye, Abigail	Pacific Lutheran	J3.15m	10-04.00
	2.85 3.00 3.15 3.30			
	X0 0 0 XXX			

2026 UW Indoor Preview - 1/16/2026 to 1/17/2026**Dempsey Indoor, Seattle WA****Results****....Women Pole Vault**

12	7304 Scott, Kaylee	Western Washington	J3.15m	10-04.00
	2.85 3.00 3.15 3.30			
	0 --- XO XXX			
13	6786 Neir, Kiana	Pacific Lutheran	3.00m	9-10.00
	2.85 3.00 3.15			
	--- 0 XXX			
14	6616 Ross, Alena	Central Washington	2.85m	9-04.25
	2.85 3.00			
	0 XXX			
15	7291 Hoffman, Tana	Western Washington	J2.85m	9-04.25
	2.85 3.00			
	XXO XXX			
--	7237 McGowan, Alexa	Western Oregon	NH	
	2.85			
	XXX			

Women Long Jump

Dempsey: ! 6.55m 2/19/2013 Grace Upshaw, Brittney Reese, Nike				
Meet: M 6.43m 1/16/2016 Andrea Geubelle, Unattached				
Name	Year	School	Finals	
1	6554 Armstrong, Desie	Cal Poly	5.68m	18-07.75
	5.29m 5.43m 5.68m PASS	PASS PASS		
2	7089 Rose, Olivia	Unattached	5.63m	18-05.75
	5.42m 5.63m 5.42m 5.42m 5.21m FOUL			
3	7302 Polkinghorn, Hanna	Western Washington	5.48m	17-11.75
	5.35m 5.48m PASS			
4	7276 Avery, Nicole	Western Washington	5.45m	17-10.75
	4.84m FOUL 5.45m			
5	6506 Campbell, Mya	Alaska Anchorage	5.37m	17-07.50
	5.37m FOUL 5.34m			
6	7284 Cook, Kora	Western Washington	5.19m	17-00.50
	5.06m 5.15m 5.19m			
7	6642 Barnett, Ava	Corban (Ore.)	5.18m	17-00.00
	FOUL 5.07m 5.18m			
8	6744 Kubacki, Kate	Oregon State	5.09m	16-08.50
	FOUL FOUL 5.09m			
9	6602 Huber, Carley	Central Washington	4.98m	16-04.25
	4.84m 4.98m 4.84m			
10	7092 Tibbo, Zoe	Unattached	4.94m	16-02.50
	4.94m 4.75m 4.85m			
11	7285 Danner-Bunn, Ayla	Western Washington	4.85m	15-11.00
	4.85m 4.74m 4.78m			
12	6959 Nagra, Jasleen	Simon Fraser	4.64m	15-02.75
	FOUL 4.64m FOUL			
--	6592 DeGroot, Ellie	Central Washington	FOUL	
	FOUL PASS PASS			
Flight 2				
1	7013 Oakes, Alaysia	Stanford	6.01m	19-08.75
	5.98m FOUL 5.85m FOUL FOUL 6.01m			
2	7001 Cooper, Elena	Stanford	5.77m	18-11.25
	FOUL 5.33m 5.69m 5.77m 5.73m FOUL			
3	6562 Hoagland, Tayhlora	Cal Poly	5.70m	18-08.50
	5.69m 5.70m 5.69m PASS PASS PASS			

2026 UW Indoor Preview - 1/16/2026 to 1/17/2026**Dempsey Indoor, Seattle WA****Results****....Women Long Jump**

4	6613 Ntekper, Emy	Central Washington	5.68m	18-07.75
	5.43m 5.68m 5.58m 5.26m 5.39m 5.35m			
4	6513 Liessfeld, Vivien	Alaska Anchorage	5.68m	18-07.75
	5.68m FOUL 5.08m FOUL FOUL FOUL			
6	7054 Wiley, Sheleena	Trinity West	5.65m	18-06.50
	5.63m 5.33m 5.43m 5.29m 4.72m 5.65m			
7	6566 Nwagwu, Melody	Cal Poly	5.59m	18-04.25
	5.59m 5.51m 5.47m PASS PASS PASS			
8	6692 Sela, Celeste	Hawai'i	5.39m	17-08.25
	4.61m 5.21m 5.39m			
9	7158 Edwards, Adrienne	Washington	5.38m	17-08.00
	5.38m 5.35m 5.21m			
10	6694 Touchette, Catheri	Hawai'i	5.35m	17-06.75
	5.35m 5.13m 4.84m			
11	6728 Bell, Jaida	Oregon State	5.29m	17-04.25
	5.29m 5.05m 4.95m			
12	7082 Ivery, La Kadron	Unattached	4.45m	14-07.25
	FOUL FOUL 4.45m			
--	7021 Stapleton, Tess	Stanford	FOUL	
	FOUL FOUL FOUL			
--	7005 Ennin, Samantha	Stanford	FOUL	
	FOUL FOUL FOUL			
--	7172 Washburn, Ava	Washington	FOUL	
	FOUL FOUL FOUL			

Women Triple Jump

Dempsey: ! 13.91m 2/27/2016 Andrea Geubelle, Unattached

Meet: M 13.31m 1/14/2012 Erica McLain, Unattached

Name	Year	School	Finals
------	------	--------	--------

Flight 1

1	6533 Ferencz, Savannah	Alpha Speed Academy	11.22m	36-09.75
	11.22m 11.00m 11.03m			
2	6946 Abekah, Domfo	Simon Fraser	11.02m	36-02.00
	10.91m 11.02m 11.01m			
3	7092 Tibbo, Zoe	Unattached	10.78m	35-04.50
	10.49m 10.78m 10.56m			
--	6921 Cates, Tia	Seattle Pacific	FOUL	
	FOUL FOUL FOUL			
--	6960 Paugh, Madison	Simon Fraser	FOUL	
	FOUL FOUL FOUL			
--	6959 Nagra, Jasleen	Simon Fraser	FOUL	
	FOUL FOUL FOUL			
--	7285 Danner-Bunn, Ayla	Western Washington	FOUL	
	FOUL FOUL FOUL			
--	6710 Lee, Mada	Linfield	FOUL	
	FOUL FOUL FOUL			
--	6709 Grutsch, Isabella	Linfield	FOUL	
	FOUL FOUL FOUL			
--	6534 Johnson Brewster,	Alpha Speed Academy	FOUL	
	FOUL FOUL FOUL			

Flight 2

1	6613 Ntekper, Emy	Central Washington	12.54m	41-01.75
	12.22m 12.54m 12.30m PASS PASS PASS			

2026 UW Indoor Preview - 1/16/2026 to 1/17/2026**Dempsey Indoor, Seattle WA****Results****....Women Triple Jump**

2	6697 Wyllie, Tara	Hawai'i	12.40m	40-08.25
	12.25m FOUL FOUL 12.24m 12.40m 12.20m			
3	6566 Nwagwu, Melody	Cal Poly	12.23m	40-01.50
	12.14m 11.77m 12.23m 11.66m FOUL FOUL			
4	7172 Washburn, Ava	Washington	12.16m	39-10.75
	11.55m 12.07m 12.16m FOUL FOUL 12.08m			
5	6538 Williams, Kayla	Alpha Speed Academy	12.15m	39-10.50
	11.90m 11.98m 12.01m FOUL 11.87m 12.15m			
6	6667 Khan, Aaliyah	Gls Speed TC	12.04m	39-06.00
	10.63m 12.04m 11.74m 11.63m FOUL 11.99m			
6	7054 Wiley, Sheleena	Trinity West	12.04m	39-06.00
	10.80m 12.04m 11.84m FOUL FOUL 11.92m			
8	6964 Windbiel, Olivia	Simon Fraser	11.90m	39-00.50
	11.53m 11.46m 11.82m 11.50m 11.71m 11.90m			
9	7151 Bir, Rachel	Washington	11.89m	39-00.25
	11.73m FOUL FOUL 11.81m 11.89m 11.88m			
10	6609 Miller, Azariah	Central Washington	11.64m	38-02.25
	FOUL 11.64m 11.20m			
11	7161 Kelly, Addison	Washington	11.44m	37-06.50
	11.28m 11.44m 11.37m			
12	6537 Smith, Jazzlyn-Rei	Alpha Speed Academy	11.35m	37-03.00
	10.96m 11.19m 11.35m			
13	6610 Moore, Tehya	Central Washington	11.03m	36-02.25
	10.79m 10.36m 11.03m			

Women Shot Put

Dempsey: ! 18.98m 2/24/2018 Maggie Ewen, Arizona St

Meet: M 18.18m 1/13/2024 Jaida Ross, Oregon

Name	Year	School	Finals
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Flight 1

1	7277 Bailey, Lydia	Western Washington	12.35m	40-06.25
	12.12m 12.35m 11.88m 11.64m 11.65m 11.70m			
2	7049 Noordam, Eileen	Trinity West	12.31m	40-04.75
	12.11m 12.00m 12.31m			
3	6836 Fisher, Natalie	Portland State	12.24m	40-02.00
	11.91m 11.59m 12.24m			
4	6568 Rigby, Isabella	Cal Poly	12.07m	39-07.25
	12.07m 11.85m 11.58m			
5	7305 Teague, Azadeh	Western Washington	12.04m	39-06.00
	12.04m FOUL 11.95m			
5	7225 Boyd, Izzy	Western Oregon	12.04m	39-06.00
	12.04m FOUL FOUL			
7	6619 Taula, Fidelity	Central Washington	11.31m	37-01.25
	FOUL 9.72m 11.31m			
8	6884 Samuelu, Alberta	Saint Martin's	10.95m	35-11.25
	10.95m 10.75m 10.94m			
9	6618 Taula, Felicity	Central Washington	10.76m	35-03.75
	10.76m 9.78m 10.75m			
10	7052 Udoh, Erica	Trinity West	10.67m	35-00.25
	9.63m 10.67m 10.66m			
11	6585 Ayodeji, Blessing	Central Washington	10.32m	33-10.25
	FOUL 10.04m 10.32m			

2026 UW Indoor Preview - 1/16/2026 to 1/17/2026**Dempsey Indoor, Seattle WA****Results****....Women Shot Put**

12	7047 Ishaka, Uririnoghe	Trinity West	10.26m	33-08.00
	9.63m 9.96m 10.26m			
13	7051 Ude, Sarah	Trinity West	10.13m	33-03.00
	10.09m 9.89m 10.13m			
14	6615 Prazer, Ellie	Central Washington	9.60m	31-06.00
	8.97m 9.60m 9.33m			
15	7012 Littlewood, Cather	Stanford	9.47m	31-01.00
	FOUL 9.45m 9.47m			
16	6877 Bledsoe, Vanessa	Saint Martin's	8.86m	29-01.00
	FOUL 8.86m FOUL			

Flight 2

1	7303 Polkinghorn, Jessi	Western Washington	14.75m	48-04.75
	FOUL 14.75m FOUL FOUL FOUL 13.66m			
2	6695 Turban, Lilian	Hawai'i	14.31m	46-11.50
	13.46m FOUL 13.89m 13.75m FOUL 14.31m			
3	7281 Chapin, Kathryn	Western Washington	14.14m	46-04.75
	13.36m 13.88m 13.68m FOUL 14.14m FOUL			
4	6563 Hofland, Taylor	Cal Poly	13.87m	45-06.25
	13.36m 13.72m 13.87m FOUL 13.08m 13.74m			
5	6558 Demby, Golda	Cal Poly	13.50m	44-03.50
	12.87m 13.50m FOUL 12.91m 13.10m 13.05m			
6	6696 Vital, Samaria	Hawai'i	13.49m	44-03.25
	12.16m 13.49m 13.41m FOUL 13.29m FOUL			
7	6681 Forshaw, Rose	Hawai'i	13.01m	42-08.25
	12.83m 12.76m 12.74m 13.01m 12.93m 12.72m			
8	7300 Parks, Mara	Western Washington	12.87m	42-02.75
	12.87m 12.37m 11.86m 12.68m 11.88m 12.29m			
9	6693 Sopoaga, Valo	Hawai'i	12.32m	40-05.00
	12.32m 12.32m 11.90m			
10	6597 Gordon, Maliyah	Central Washington	12.20m	40-00.50
	FOUL FOUL 12.20m			
11	7274 Andrews, Rylee	Western Washington	11.75m	38-06.75
	FOUL FOUL 11.75m			
12	7241 Rydberg, Guinevere	Western Oregon	11.74m	38-06.25
	FOUL FOUL 11.74m			
13	6617 Salanoa, Kamila	Central Washington	10.87m	35-08.00
	FOUL FOUL 10.87m			

Women Weight Throw

Dempsey: ! 22.82m 2/24/2023 Camryn Rogers, California

Meet: M 20.73m 1/18/2020 Alyssa Wilson, UCLA

Name	Year	School	Finals
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Flight 1

1	7085 Moran, Shelby	Unattached	19.58m	64-03.00
	17.09m FOUL 19.58m 18.46m 18.72m 17.56m			
2	7150 Bahnmilller, Kaelyn	Unattached	16.85m	55-03.50
	16.45m FOUL 16.15m 16.07m 16.74m 16.85m			
3	6597 Gordon, Maliyah	Central Washington	16.65m	54-07.50
	15.46m FOUL 16.54m 14.76m 15.97m 16.65m			
4	7076 Beard, Kimberly	Unattached	16.38m	53-09.00
	15.47m 16.38m FOUL 15.49m 16.32m 15.63m			
5	7155 Colson, Yvonne	Washington	15.96m	52-04.50
	13.12m FOUL 15.07m 15.00m 15.61m 15.96m			

2026 UW Indoor Preview - 1/16/2026 to 1/17/2026**Dempsey Indoor, Seattle WA****Results****....Women Weight Throw**

6	6696 Vital, Samaria	Hawai'i	15.76m	51-08.50
	14.62m FOUL 15.74m 15.59m FOUL 15.76m			
7	7051 Ude, Sarah	Trinity West	J15.76m	51-08.50
	15.76m 15.60m FOUL FOUL FOUL FOUL			
8	6693 Sopoaga, Valo	Hawai'i	15.26m	50-00.75
	15.26m 14.88m 14.38m 14.80m 14.56m FOUL			
9	7241 Rydberg, Guinevere	Western Oregon	14.90m	48-10.75
	FOUL FOUL 14.90m FOUL FOUL FOUL			
10	7300 Parks, Mara	Western Washington	14.84m	48-08.25
	14.01m 14.61m 14.84m			
11	7003 Deines, Jamie	Stanford	14.59m	47-10.50
	14.26m 14.59m FOUL			
12	6689 McNeil-Vivanco, Ma	Hawai'i	14.58m	47-10.00
	14.26m 14.58m 13.49m			
13	7052 Udoh, Erica	Trinity West	14.02m	46-00.00
	FOUL 14.02m FOUL			
14	7281 Chapin, Kathryn	Western Washington	13.99m	45-10.75
	13.99m 13.96m FOUL			
15	7047 Ishaka, Uririnoghe	Trinity West	13.38m	43-10.75
	13.38m FOUL FOUL			
--	7361 Wochnick, Taryn	Saint Martin's	FOUL	
	FOUL FOUL FOUL			

Men 60 Meter Dash

=====				
	Dempsey: !	6.50	2/14/2015	Ryan Bailey, NIKE
	Meet: M	6.55	1/17/2015	Joe Morris, RayRay Wells Jr.
	Name		Year School	Prelims
=====				
Heat 1 Preliminaries				
1	6666 Wells Jr., RayRay	Glfc		6.76q
2	6971 Hall, Jacob	Simon Fraser		6.79q
3	7072 Ramsay, Rui	Trinity West		6.93q
4	6634 Magruder, Colton	Central Washington		6.94q
5	6583 TeSelle, MacGregor	Cal Poly		7.00
Heat 2 Preliminaries				
1	6979 O'Donnell, Liam	Simon Fraser		6.98q
2	7125 Suzuki, Kaito	Unattached		7.06
3	7118 Penson-Mccoy, Jesa	Unattached		7.08
4	7329 Johnson, Jaden	Western Washington		7.11
Heat 3 Preliminaries				
1	7055 Adeyanju, Favour	Trinity West		6.93q
2	7354 Trichel, Cameron	Western Washington		7.02 7.011
3	6571 Atilano, Vincent	Cal Poly		7.02 7.016
4	7351 Sutton, Javonte	Western Washington		7.03
5	7258 McDowell, Grant	Western Oregon		7.20
Heat 4 Preliminaries				
1	7033 Drumgoole, Xavier	Stanford		6.89q
2	6973 Lau, Adrian	Simon Fraser		7.03
3	7075 Ojukwu, John	Ultimate Spe		7.08
4	7074 Toews, Jonathan	Trinity West		7.15
--	6859 Macdonald, Jack	Portland State		FS
Heat 5 Preliminaries				
1	7126 Tjernagel, Benjami	Unattached		7.06
2	7108 Fong, Brendan	Unattached		7.06

2026 UW Indoor Preview - 1/16/2026 to 1/17/2026**Dempsey Indoor, Seattle WA****Results****....Men 60 Meter Dash**

3	7271 Thompson, Demari	Western Oregon	7.07
4	7109 Fong, Justin	Unattached	7.13
5	6853 Cadengo, Isaiah	Portland State	7.15
Heat 6 Preliminaries			
1	6660 Wright, Deandre	Evergreen St	7.02
2	7319 Dominique, Eliyah	Western Washington	7.11
3	6714 Donald, Jayden	Linfield	7.13
4	7321 Ford, Evin	Western Washington	7.17
5	6938 Hunter, Tarelle	Seattle Pacific	7.29
Heat 7 Preliminaries			
1	7261 Murphy, Brennen	Western Oregon	6.95q
2	7251 Frazier, Owen	Western Oregon	7.02
3	7026 Ajaegbu, Gabriel	Stanford	7.08
4	6542 Ross, Kamil	Alpha Speed Academy	7.17
5	7318 DiMarzio, Jake	Western Washington	7.19
Heat 8 Preliminaries			
1	6968 Brhelle, Jackson	Simon Fraser	7.14
2	7106 Fiso, Matthew	Unattached	7.18
3	6712 Christensen, Liam	Linfield	7.21
4	7061 Gremaud, Brandon	Trinity West	7.63
Heat 9 Preliminaries			
1	6886 Aguilar, Joseph	Saint Martin's	7.24
2	6713 Dayton, Charles	Linfield	7.29
3	6797 Willingham, Tyger	Pacific Lutheran	7.30
4	7337 Nguyen, Hewie	Western Washington	7.31
5	7262 Odom, Xander	Western Oregon	7.33
Heat 10 Preliminaries			
1	6706 Ernst, Hawkin	Left Coast T	7.28
2	6647 Dehghan, Danial	Dewitz Elite	7.29
3	6861 Payne, Zach	Portland State	7.34
4	6852 Brost, Dillon	Portland State	7.42
5	6868 Howmiller, Jacob	Puget Sound	7.46
Heat 11 Preliminaries			
1	6704 Bailey, Christian	Left Coast T	7.51
1	6707 Orizaba, Quinnton	Left Coast T	7.51
3	6656 Lindsay, Jarvae	Evergreen St	7.59
4	7334 Miller, Kaden	Western Washington	7.66
Heat 12 Preliminaries			
1	6863 Sweeney, Aidan	Portland State	7.31
2	6705 Burrell, Oliver	Left Coast T	7.44
3	7069 Martin Huerta, Seb	Trinity West	7.64

Men 60 Meter Dash

=====				
	Dempsey: !	6.50	2/14/2015	Ryan Bailey, NIKE
	Meet: M	6.55	1/17/2015	Joe Morris, RayRay Wells Jr.
Name			Year School	Finals
=====				

Section 1 Finals

1	7033 Drumgoole, Xavier	Stanford	6.85
2	6634 Magruder, Colton	Central Washington	6.88
3	7072 Ramsay, Rui	Trinity West	6.89
4	6979 O'Donnell, Liam	Simon Fraser	6.98

Section 2 Finals

1	6666 Wells Jr., RayRay	Glif	6.71
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2026 UW Indoor Preview - 1/16/2026 to 1/17/2026**Dempsey Indoor, Seattle WA****Results****....Men 60 Meter Dash**

2	6971 Hall, Jacob	Simon Fraser	6.75
3	7055 Adeyanju, Favour	Trinity West	6.90

Men 200 Meter Dash

=====			
Dempsey: ! 20.65 2/25/2022 Kasaun James, USC			
Meet: M 20.88 1/18/2014 Aaron Brown, USC			
Name	Year	School	Finals
=====			
Section 1			
1	6853 Cadengo, Isaiah	Portland State	21.81
2	6968 Brhelle, Jackson	Simon Fraser	22.91
3	6938 Hunter, Tarelle	Seattle Pacific	23.73
Section 2			
1	7109 Fong, Justin	Unattached	22.97
2	6705 Burrell, Oliver	Left Coast T	24.37
3	6789 Dhillon, Lakshya	Pacific Lutheran	27.63
--	6704 Bailey, Christian	Left Coast T	DQ Lane violation
Section 3			
1	7039 Reynolds, Ryce	Stanford	22.23
2	6774 Shields, Kamron	Pacific (Ore.)	22.61
3	6790 Erickson, Jack	Pacific Lutheran	24.12
--	6714 Donald, Jayden	Linfield	DQ Lane Violation
Section 4			
1	6979 O'Donnell, Liam	Simon Fraser	22.31
2	6852 Brost, Dillon	Portland State	23.02
3	7074 Toews, Jonathan	Trinity West	23.08
--	6647 Dehghan, Danial	Dewitz Elite	DQ Lane Violation
Section 5			
1	7055 Adeyanju, Favour	Trinity West	22.31
2	7354 Trichel, Cameron	Western Washington	22.38
3	7126 Tjernagel, Benjami	Unattached	22.68
4	7027 Bailey, Joseph	Stanford	22.93
5	7057 Cardinez, Aaron	Trinity West	23.07
Section 6			
1	6571 Atilano, Vincent	Cal Poly	21.82
2	7118 Penson-Mccoy, Jesa	Unattached	22.40
3	7318 DiMarzio, Jake	Western Washington	22.96
4	6660 Wright, Deandre	Evergreen St	23.49
5	6864 Timmins, James	Portland State	23.68
Section 7			
1	7351 Sutton, Javonte	Western Washington	22.44
2	7072 Ramsay, Rui	Trinity West	22.46
3	6976 McNeil, Nathaniel	Simon Fraser	23.94
--	7108 Fong, Brendan	Unattached	DQ Lane Violation
Section 8			
1	7040 Ryan, Zachary	Stanford	22.11
2	6967 Barnes, Liam	Simon Fraser	22.90
3	6706 Ernst, Hawkin	Left Coast T	22.96
4	7344 Redford, Cody	Western Washington	23.77
--	7321 Ford, Evin	Western Washington	DQ Lane Violation
Section 9			
1	6971 Hall, Jacob	Simon Fraser	21.86
2	7026 Ajaegbu, Gabriel	Stanford	22.19
3	7329 Johnson, Jaden	Western Washington	22.49

2026 UW Indoor Preview - 1/16/2026 to 1/17/2026**Dempsey Indoor, Seattle WA****Results****....Men 200 Meter Dash**

4	6868 Howmiller, Jacob	Puget Sound	23.76
5	6794 Kramer, Seth	Pacific Lutheran	24.06
Section 10			
1	7319 Dominique, Eliyah	Western Washington	21.86
2	7059 Earles, Daniel	Trinity West	21.90
3	6973 Lau, Adrian	Simon Fraser	22.45
4	6712 Christensen, Liam	Linfield	23.57
5	6713 Dayton, Charles	Linfield	23.61

Men 400 Meter Dash

Dempsey: ! 45.94 2/24/2018 Rai Benjamin, USC			
Meet: M 46.39 1/18/2003 Ja'Warren Hooker, Asics			
Name	Year	School	Finals
Section 1			
1	7108 Fong, Brendan	Unattached	48.84
2	7314 Brenek, Lucas	Western Washington	49.00
3	7027 Bailey, Joseph	Stanford	50.74
4	7119 Pratt, Joel	Unattached	51.86
Section 2			
1	7322 Ford, Isaac	Western Washington	48.27
2	7039 Reynolds, Ryce	Stanford	48.47
3	6967 Barnes, Liam	Simon Fraser	50.03
4	6789 Dhillon, Lakshya	Pacific Lutheran	1:04.61
--	7259 McKay, DayQuan	Western Oregon	DQ Lane Violation
Section 3			
1	6869 Keith, Avery	Puget Sound	48.53
2	7335 Moffitt, Jackson	Western Washington	48.89
3	7256 Le, Teo	Western Oregon	49.79
4	6969 Carr, Tyson	Simon Fraser	50.35
5	6790 Erickson, Jack	Pacific Lutheran	55.65
Section 4			
1	6578 Franco, Alexander	Cal Poly	49.60
2	6583 TeSelle, MacGregor	Cal Poly	49.99
3	6542 Ross, Kamil	Alpha Speed Academy	50.67
4	6706 Ernst, Hawkin	Left Coast T	51.28
5	7064 Isfan, Jaron	Trinity West	51.84
Section 5			
1	6972 Jeggo, Zachary	Simon Fraser	47.29
2	7040 Ryan, Zachary	Stanford	47.84
3	7358 Woodring, Maurice	Western Washington	48.32
4	6939 Joshua, Robert	Seattle Pacific	50.81

Men 600 Meter Run

Dempsey: ! 1:16.12 2/1/2025 Justin O'Toole, Washington			
Meet: M 1:16.14 1/17/2025 Chase Walter, Cal Poly			
Name	Year	School	Finals
Section 1			
1	6573 Brennan, Wil	Cal Poly	1:20.54
2	7062 Gremaud, Ethan	Trinity West	1:20.83
3	6996 Springer, Zack	St. Mary's (Ca)	1:23.15
4	6991 Hollister, Gus	St. Mary's (Ca)	1:25.67

2026 UW Indoor Preview - 1/16/2026 to 1/17/2026**Dempsey Indoor, Seattle WA****Results****Men 800 Meter Run**

Dempsey: ! 1:46.34 2/23/2024 Kieran Lumb, On Running			
Meet: M 1:46.45 1/17/2025 Kyle Reinheimer, Washington			
Name	Year	School	Finals
1 6934 Brooks, Justin		Seattle Pacific	1:55.16
2 6824 Morrow, Gabriel		Portland	1:55.28
3 7246 Black, Elliott		Western Oregon	1:58.07
4 6903 White, Matthias		Saint Martin's	1:59.08
5 7257 Lee, Josiah		Western Oregon	1:59.93
6 7360 Jackson, Jarrett		Alaska Anchorage	2:00.37
7 6940 Korth, Nathan		Seattle Pacific	2:00.54
Section 2			
1 7222 Verges, Ricard		Washington State	1:55.88
2 6520 Buchanan, Tobias		Alaska Anchorage	1:57.83
3 7127 Umbers, Aleksy		Unattached	1:57.96
4 7352 Terry, Heath		Western Washington	1:58.37
5 6528 Taddy, Hunter		Alaska Anchorage	1:59.23
6 6851 Arthur, JD		Portland State	2:01.81
Section 3			
1 6828 Regez, Sam		Portland	1:54.08
2 6994 Solari, Alan		St. Mary's (Ca)	1:54.38
3 7346 Riley, Cole		Western Washington	1:54.38
4 7270 Theisen, Landon		Western Oregon	1:55.26
5 6527 Ruiz, Tony		Alaska Anchorage	1:56.69
6 6849 Abade, Abdi		Portland State	1:57.08
7 6977 Molina, Mark		Simon Fraser	1:57.62
Section 4			
1 6998 Wirshing, Spencer		St. Mary's (Ca)	1:53.87
2 7113 Khoury, Ryan		Unattached	1:54.11
3 7338 Palmen, Connor		Western Washington	1:54.53
4 7211 Brownell, Kade		Washington State	1:54.70
5 7221 Verges, Ferran		Washington State	1:54.98
6 7312 Bloom, Jonah		Western Washington	1:55.59
7 6850 Ahmed, Amir		Portland State	1:58.69
8 7102 Deane, Trevor		Unattached	2:01.42
Section 5			
1 6981 Plummer, Colton		Simon Fraser	1:49.38
2 7129 Walter, Chase		Unattached	1:49.78
3 7128 VanDyke, Clayton		Unattached	1:50.63
4 6829 Roberts, Yutaka		Portland	1:51.67
5 7115 Matusz, DJ		Unattached	1:52.68
6 6631 Hutton, Max		Central Washington	1:54.64

Men 1000 Meter Run

Dempsey: ! 2:18.34 1/12/2019 Yomif Kejelcha, Nike Oregon			
Meet: M 2:18.34 1/12/2019 Yomif Kejelcha, Nike Oregon			
Name	Year	School	Finals
Section 1			
1 7030 Chippendale, Toby		Stanford	2:29.21
2 6662 TeVelde, Reuben		Galbraith Tr	2:29.52
3 6546 Balazs, Patrik		Bowerman Track Club	2:29.99
4 6914 Rickey, Connor		Santa Clara	2:32.02
5 7362 Sharp, Anthony		St. Mary's (Ca)	2:32.84

2026 UW Indoor Preview - 1/16/2026 to 1/17/2026**Dempsey Indoor, Seattle WA****Results****....Men 1000 Meter Run**

6	7363 Schuetze, Jacob	St. Mary's (Ca)	2:34.56
7	6915 Strub, Coen	Santa Clara	2:34.63
8	6992 Martinez, Eric	St. Mary's (Ca)	2:38.61

Section 2

1	6582 Smith, Carson	Cal Poly	2:21.54
2	7103 Demund, Osaze	Unattached	2:26.23
3	7025 Abrams, Colin	Stanford	2:27.05
4	6547 Palmer, Matthew	Bowerman Track Club	2:29.79
5	7146 Klassen, Mitchell	Victoria (B.C.)	2:30.51
--	7177 Diamond, Thomas	Washington	DNF

Section 3

1	7174 Bilyard, Tyler	Washington	2:17.96!
2	6661 Grosvenor, Grant	F8tc	2:18.29!
3	6725 Ellis, Sam	ON	2:18.42
4	7029 Bergen, Zane	Stanford	2:18.98
5	7187 Powell, Owen	Washington	2:21.52
6	6584 Westwood, Lewis	Cal Poly	2:23.88
--	6505 Waskom, Joe	adidas	DNF

Men 1 Mile Run

Dempsey: ! 3:50.74 1/18/2025 Nathan Green, Washington

Meet: M 3:52.61 1/12/2019 Yomif Kejelcha, Nike Oregon

Name	Year	School	Finals
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Section 1

1	6966 Ahl, Braden	Simon Fraser	4:13.10
2	6904 Berg, Kyle	Santa Clara	4:15.91
3	7345 Reeseigh, Nathan	Western Washington	4:15.94
4	7223 Wilcott, Grayson	Washington State	4:16.09
5	6818 Hawley, Elliot	Portland	4:16.26
6	6527 Ruiz, Tony	Alaska Anchorage	4:18.87
7	7212 Bruce, Evan	Washington State	4:20.06
8	6767 Lanham, Samuel	Pacific	4:20.09
9	6978 O'Connor, Yale	Simon Fraser	4:21.20
10	6531 Zukowski, Stephen	Alaska Anchorage	4:21.23
11	7208 Aden, Micaiah	Washington State	4:22.21
12	7144 Erickson, Mitchell	Victoria (B.C.)	4:24.23
13	6974 Logie, Micah	Simon Fraser	4:26.86
14	6908 Fesslermeier, Mateo	Santa Clara	4:40.80

Section 2

1	6913 Papavasiliou, Liam	Santa Clara	4:14.71
2	7148 McAllister, Ian	Victoria (B.C.)	4:16.88
3	7221 Verges, Ferran	Washington State	4:16.90
4	6905 Camacho-Bucks, Ant	Santa Clara	4:17.26
5	6523 Hulbert, Charlie	Alaska Anchorage	4:17.63
6	6990 Habash, Jason	St. Mary's (Ca)	4:18.83
7	6832 Stein, Nathan	Portland	4:19.71
8	6989 Erikson, Anthony	St. Mary's (Ca)	4:21.10
9	6982 Rahkola, Maverick	Simon Fraser	4:21.31
10	6977 Molina, Mark	Simon Fraser	4:21.39
11	6919 Vaca, Daniel	Santa Clara	4:28.35

Section 3

1	6648 Sloan, Nathan	Elevated Per	4:06.89
2	6574 Clark, Taj	Cal Poly	4:10.23

2026 UW Indoor Preview - 1/16/2026 to 1/17/2026**Dempsey Indoor, Seattle WA****Results****....Men 1 Mile Run**

3	6580 Malko-Allen, Mateo	Cal Poly	4:11.94
4	6830 Rovnak, Aaron	Portland	4:12.42
5	7266 Rodriguez, Isaiah	Western Oregon	4:13.72
6	6874 Miracle, Maxwell	Rogue Valley	4:15.13
7	7264 Pomrankey, Easton	Western Oregon	4:18.90
8	7045 Griffin, Connor	Timberline Athle	4:25.91
--	7122 Schneider, William	Unattached	DNF

Section 4

1	7128 VanDyke, Clayton	Unattached	4:02.74
2	6575 Cook, Miles	Cal Poly	4:05.68
3	7114 Lautenslager, Jeff	Unattached	4:06.46
4	6831 Scasso, Giuliano	Portland	4:08.06
5	7181 Gorze, Tyrone	Washington	4:10.80
6	6821 Kabasenche, Eliaso	Portland	4:11.11
--	7104 Diehr, Julius	Unattached	DNF

Section 5

1	6718 Myers, Cam	Nike	3:49.81!
2	6504 Prakel, Samuel	adidas	3:54.27
3	6552 Kidder, Brannon	Brooks	3:54.62
4	7188 Reina Jr, Reuben	Washington	3:55.26
5	7177 Diamond, Thomas	Washington	3:55.33
6	6827 Price, Jonas	Portland	3:57.00
7	7178 Distel, Jamar	Washington	3:57.33
8	6505 Waskom, Joe	adidas	3:59.92
9	6823 Milner, Mark	Portland	4:03.40
10	7191 Tostenson, Josiah	Washington	4:06.05
--	7110 Hammond, Rhys	Unattached	DNF

Men 1 Mile Run B Sections

Dempsey: ! 3:50.74 1/18/2025 Nathan Green

Meet: M 3:52.61 1/12/2019 Yomif Kejelcha, Nike Oregon

Name	Year	School	Finals
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Section 1

1	7096 Bates, Brian	Unattached	4:21.52
2	6822 McIntosh, Elliot	Portland	4:25.28
3	6889 Cooper, Matt	Saint Martin's	4:30.13
4	6980 Pannu, Armaandeeep	Simon Fraser	4:30.35
5	6899 Ortega, Noe	Saint Martin's	4:30.48
6	6903 White, Matthias	Saint Martin's	4:31.60
7	6888 Coon, Ethan	Saint Martin's	4:34.27
8	6654 Calderon, Osvaldo	Evergreen St	4:37.06
9	6524 O'Neal, Henry	Alaska Anchorage	4:41.43
10	6896 Lindley, Garrich	Saint Martin's	4:47.12
11	6658 Sanchez, Nathaniel	Evergreen St	4:49.54
12	6657 Sanchez, Daniel	Evergreen St	5:09.57

Section 2

1	7220 Swedin, Eric	Washington State	4:17.32
2	6862 Smith, Ari	Portland State	4:19.24
3	6520 Buchanan, Tobias	Alaska Anchorage	4:24.62
4	7222 Verges, Ricard	Washington State	4:25.24
5	6850 Ahmed, Amir	Portland State	4:26.84
6	6519 Browning, Benjamin	Alaska Anchorage	4:27.37
7	6636 Naught, Charlie	Central Washington	4:29.06

2026 UW Indoor Preview - 1/16/2026 to 1/17/2026**Dempsey Indoor, Seattle WA****Results****....Men 1 Mile Run B Sections**

8	6529 Tveit, Ries	Alaska Anchorage	4:29.96
9	6851 Arthur, JD	Portland State	4:33.59
10	6525 Porter, Anthony	Alaska Anchorage	4:40.27
11	6988 Andersen, Sam	St. Mary's (Ca)	5:00.05
--	7210 Bartlett, Chase	Washington State	DNF

Men 3000 Meter Run

=====			
Dempsey: ! 7:36.69 2/9/2024 Ky Robinson, Stanford			
Meet: M 7:40.40 1/13/2024 Luke Houser, Washington			
Name	Year	School	Finals
=====			

Section 1

1	7037 Noonan, Evan	Stanford	7:57.09
2	7117 Mong, Parker	Unattached	7:58.20
3	7101 Dannatt, Charlie	Unattached	7:58.37
4	7175 Briggs, Isaac	Washington	8:02.02
5	7070 Mulugeta, Yemane	Trinity West	8:03.50
6	7028 Bell, Joshua	Stanford	8:08.21
7	6831 Scasso, Giuliano	Portland	8:12.92
8	7181 Gorze, Tyrone	Washington	8:14.14
9	7099 Corvin, Cruize	Unattached	8:15.24
10	7100 Crabtree, James	Unattached	8:19.56
--	7174 Bilyard, Tyler	Washington	DNF
--	7187 Powell, Owen	Washington	DNF
--	6725 Ellis, Sam	ON	DNF

Section 2

1	7183 Jenkins, Evan	Washington	7:51.42
2	7218 Kurui, Evans	Washington State	7:51.44
3	7043 Young, Leo	Stanford	7:52.46
4	7032 Dargan, James	Stanford	7:55.87
5	7186 Neil, Nathan	Washington	8:00.08
6	7121 Romine, Josh	Unattached	8:02.76
7	7219 Meli, Josphat	Washington State	8:09.04
8	6817 Gannon, Trey	Portland	8:14.86
--	7188 Reina Jr, Reuben	Washington	DNF
--	7191 Tostenson, Josiah	Washington	DNF

Men 3000 Meter Run B Sections

=====			
Dempsey: ! 7:36.69 2/9/2024 Ky Robinson, Stanford			
Meet: M 7:40.40 1/13/2024 Luke Houser, Washington			
Name	Year	School	Finals
=====			

Section 1

1	7252 Fuentes, Samuel	Western Oregon	8:35.99
2	6944 Venable, Isaac	Seattle Pacific	8:44.38
3	7339 Parnow, TJ	Western Washington	8:52.16
4	6999 Woolf, Jackson	St. Mary's (Ca)	8:53.37
5	7348 Salazar, Matthew	Western Washington	8:54.41
6	6653 Baeder, Max	Evergreen St	8:55.23
7	6524 O'Neal, Henry	Alaska Anchorage	8:56.05
8	6873 Goode, Nathan	Rogue Valley	8:56.66
9	6937 Gale, Nathaniel	Seattle Pacific	8:59.30
10	6941 Penn, Darien	Seattle Pacific	8:59.56

2026 UW Indoor Preview - 1/16/2026 to 1/17/2026**Dempsey Indoor, Seattle WA****Results****....Men 3000 Meter Run B Sections**

11	6719 Bustamante, Andres	Northwest (Wash.)	9:07.07
12	6887 Beck, Jake	Saint Martin's	9:09.83
13	6901 Scott, Tyler	Saint Martin's	9:36.57
Section 2			
1	7143 Browne, Tyler	Victoria (B.C.)	8:29.37
2	7248 Campbell, Zander	Western Oregon	8:30.47
3	7063 Headley, Elijah	Trinity West	8:31.03
4	6849 Abade, Abdi	Portland State	8:35.58
5	6529 Tveit, Ries	Alaska Anchorage	8:35.84
6	7347 Rodriguez, Diego	Western Washington	8:37.49
7	6856 Ibrahim, Farhan	Portland State	8:38.97
8	7073 Reid, Malcolm	Trinity West	8:39.91
9	7149 Yuzdepski, Mathias	Victoria (B.C.)	8:40.17
10	6870 Monaghan, Cian	Puget Sound	8:42.02
11	6855 Gillingham, Luke	Portland State	8:42.48
12	7331 Leandro, Chance	Western Washington	8:48.59
13	6530 Vera Alvarado, Edg	Alaska Anchorage	8:52.11
14	6526 Roy, Samuel	Alaska Anchorage	8:53.32
15	6525 Porter, Anthony	Alaska Anchorage	8:58.56
16	6970 Cole, Anderson	Simon Fraser	9:23.94
Section 3			
1	6825 Penuel, Collin	Portland	8:23.52
2	7220 Swedin, Eric	Washington State	8:23.66
3	6907 Charkut, Evan	Santa Clara	8:27.04
4	6769 Sanders, Kohl	Pacific	8:30.17
5	6640 van Straaten, Ares	Central Washington	8:36.09
6	6764 Davenport, Jett	Pacific	8:36.12
7	6899 Ortega, Noe	Saint Martin's	8:36.63
8	7353 Tobon, Eduardo	Western Washington	8:36.67
9	7332 McQuillen, Leaf	Western Washington	8:36.81
10	7071 Mutai, David	Trinity West	8:40.56
11	6997 Uridales, Diego	St. Mary's (Ca)	8:50.91
12	7105 Eide, Lars	Unattached	9:07.88
Section 4			
1	7357 Williams, Eli	Western Washington	8:23.98
2	7268 Seman, Remedan	Western Oregon	8:28.20
3	6993 Moffett, Jacob	St. Mary's (Ca)	8:28.87
4	7208 Aden, Micaiah	Washington State	8:30.42
5	6911 McManus, Jacob	Santa Clara	8:30.64
6	7359 Zeljak, Spencer	Western Washington	8:32.13
7	6816 Alderson, Bodie	Portland	8:32.86
8	7247 Bothwell, Ethan	Western Oregon	8:33.41
9	6519 Browning, Benjamin	Alaska Anchorage	8:36.21
10	6916 Tobin, Jack	Santa Clara	8:37.31
11	6982 Rahkola, Maverick	Simon Fraser	8:40.67
12	6699 Mason, Lance	Jpn	8:41.39
13	7356 Werner, Logan	Western Washington	8:42.63
14	6720 Jaquith, Josiah	Northwest (Wash.)	8:54.52
Section 5			
1	7223 Wilcott, Grayson	Washington State	8:25.81
2	6966 Ahl, Braden	Simon Fraser	8:25.94
3	6918 Trampe, Daniel	Santa Clara	8:27.71
4	6826 Potts, Boston	Portland	8:28.36
5	7212 Bruce, Evan	Washington State	8:32.70
6	6635 McInelly, Kellen	Central Washington	8:35.99

2026 UW Indoor Preview - 1/16/2026 to 1/17/2026**Dempsey Indoor, Seattle WA****Results****....Men 3000 Meter Run B Sections**

7	6935 Erickson, Avery	Seattle Pacific	8:37.32
8	6833 Williams, Cohen	Portland	8:37.87
9	6875 White, Ryder	Rogue Valley	8:39.64
10	6770 Souza, Andre	Pacific	8:41.47
11	6664 Hildenbrand, Caden	George Fox	8:48.43
12	6665 Ruiz, Kellen	George Fox	8:58.95
13	7263 Parker, Logan	Western Oregon	9:04.88

Section 6

1	6904 Berg, Kyle	Santa Clara	8:12.13
2	6995 Spillane, Oisin	St. Mary's (Ca)	8:14.94
3	7313 Brakstad, Sten	Western Washington	8:17.22
4	6576 Felix, Ibzán	Cal Poly	8:18.76
5	6819 Helmer, Carson	Portland	8:19.27
6	7311 Billings, Jonah	Western Washington	8:19.44
7	7147 Kuchar, Jaxon	Victoria (B.C.)	8:19.59
8	7325 Henry, Will	Western Washington	8:19.80
9	6912 Ortega-Gammill, Er	Santa Clara	8:21.10
10	7265 Resnik, Matthew	Western Oregon	8:27.28
11	6984 Schoening, Benjami	Simon Fraser	8:35.02
12	6905 Camacho-Bucks, Ant	Santa Clara	8:40.73
13	6919 Vaca, Daniel	Santa Clara	8:43.36
14	6630 Hurd, Luke	Central Washington	8:43.67

Section 7

1	6579 Grossman, Micah	Cal Poly	8:05.24
2	6917 Tolbert, Jack	Santa Clara	8:05.25
3	7116 McCormick, Keegan	Unattached	8:09.57
4	6832 Stein, Nathan	Portland	8:13.08
5	7041 Sherry, Callum	Stanford	8:14.55
6	6913 Papavasiliou, Liam	Santa Clara	8:15.90
7	7320 Fernandez, George	Western Washington	8:18.93
8	7066 Kiplagat, Justin	Trinity West	8:19.39
9	7122 Schneider, William	Unattached	8:21.55
10	7211 Brownell, Kade	Washington State	8:23.50
11	6820 Hupke, Jacob	Portland	8:29.53
12	6523 Hulbert, Charlie	Alaska Anchorage	8:37.66
13	6910 Maldonado, Oliver	Santa Clara	8:45.11

Men 60 Meter Hurdles

Dempsey: ! 7.55 2/23/2024 Johnny Brackins Jr., USC

Meet: M 7.65 1/13/2018 Aries Merritt, NIKE

Name Year School Prelims

Heat 1 Preliminaries

1	7260 McQuain, Jackson	Western Oregon	8.38q
2	7254 Herber, Tate	Western Oregon	8.49q
3	6541 Mendoza, Samuel	Alpha Speed Academy	8.65
4	7061 Gremaud, Brandon	Trinity West	8.83
5	6641 Volle, Carsen	Central Washington	9.15

Heat 2 Preliminaries

1	6864 Timmins, James	Portland State	8.94
2	7058 Clarke, Dajean	Trinity West	9.62

Heat 3 Preliminaries

1	6863 Sweeney, Aidan	Portland State	8.59q
2	6773 Adler, Mikell	Pacific (Ore.)	8.63

2026 UW Indoor Preview - 1/16/2026 to 1/17/2026**Dempsey Indoor, Seattle WA****Results****....Men 60 Meter Hurdles**

3	6900 Rutledge, Hugh	Saint Martin's	8.86
4	6540 Lyons, Braylen	Alpha Speed Academy	8.97
Heat 4 Preliminaries			
1	6626 Brown, David	Central Washington	8.14q
2	6627 Calhoon, Ian	Central Washington	8.37q
3	7326 Herron, Corbin	Western Washington	8.44q
4	6625 Boast, Josh	Central Washington	8.44q
5	6933 Bell, Andrew	Seattle Pacific	8.65
Heat 5 Preliminaries			
1	7267 San, Khen	Western Oregon	8.70
2	6942 Preau, Amare	Seattle Pacific	8.74
3	7334 Miller, Kaden	Western Washington	9.26
Heat 6 Preliminaries			
1	7179 Frazier, Jonathan	Washington	8.30q
2	7060 Emon, Caleb	Trinity West	9.12
3	6891 Crumley, Reid	Saint Martin's	9.68
4	7069 Martin Huerta, Seb	Trinity West	11.67

Men 60 Meter Hurdles

=====			
Dempsey: !	7.55	2/23/2024	Johnny Brackins Jr., USC
Meet: M	7.65	1/13/2018	Aries Merritt, NIKE
Name		Year School	Finals
=====			

Section 1 Finals

1	7260 McQuain, Jackson	Western Oregon	8.34
2	6625 Boast, Josh	Central Washington	8.39
3	6863 Sweeney, Aidan	Portland State	8.61
4	6627 Calhoon, Ian	Central Washington	8.62

Section 2 Finals

1	6626 Brown, David	Central Washington	8.08
2	7326 Herron, Corbin	Western Washington	8.20
3	7179 Frazier, Jonathan	Washington	8.33
4	7254 Herber, Tate	Western Oregon	8.65

Men 4x400 Meter Relay

=====			
Dempsey: !	3:04.95	2/24/2024	USC, USC
			Blockburger, Allen, Andrew, Jones
Meet: M	3:11.37	1/17/2004	Oregon, Oregon
			Anderson, Lamb, Holliday, Scherer
School			Finals
=====			

Section 1

1	Western Washington 'B'	3:19.80
1)	7319 Dominique, Eliyah	2) 7314 Brenek, Lucas
3)	7351 Sutton, Javonte	4) 7354 Trichel, Cameron
2	Central Washington 'A'	3:23.20
1)	6626 Brown, David	2) 6641 Volle, Carsen
3)	6627 Calhoon, Ian	4) 6625 Boast, Josh
3	Trinity Western (B.C.) 'A'	3:25.68
1)	7064 Isfan, Jaron	2) 7058 Clarke, Dajeon
3)	7062 Gremaud, Ethan	4) 7057 Cardinez, Aaron

Section 2

1	Gls Speed TC 'A'	3:11.41
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2026 UW Indoor Preview - 1/16/2026 to 1/17/2026**Dempsey Indoor, Seattle WA****Results****....Men 4x400 Meter Relay**

1) 6669 Bruner Jr., Eddie	2) 6671 So-Gilmore, Dionysus
3) 6672 Warne, Miller	4) 6670 Flint, Sutton
2 Western Washington 'A'	3:11.92
1) 7335 Moffitt, Jackson	2) 7321 Ford, Evin
3) 7358 Woodring, Maurice	4) 7322 Ford, Isaac
3 Simon Fraser 'A'	3:17.27
1) 6969 Carr, Tyson	2) 6981 Plummer, Colton
3) 6967 Barnes, Liam	4) 6972 Jeggo, Zachary

Men High Jump

Dempsey: ! 2.31m 2/13/2010 Jesse Williams, Nike				
Meet: M 2.30m 1/19/2008 Michael Mason, British Columbia				
Name	Year	School	Finals	
Flight 1				
1 7184 Lieberg, Leland		Washington	1.95m	6-04.75
1.80 1.85 1.90 1.95 2.00				
--- --- 0 0 XXX				
1 7060 Emon, Caleb		Trinity West	1.95m	6-04.75
1.80 1.85 1.90 1.95 2.00				
--- 0 0 0 XXX				
1 6985 Wang, Leupold		Simon Fraser	1.95m	6-04.75
1.80 1.85 1.90 1.95 2.00				
--- 0 0 0 XXX				
4 6622 Baker, Cal'von		Central Washington	J1.95m	6-04.75
1.80 1.85 1.90 1.95 2.00				
--- --- XX0 0 XXX				
5 7058 Clarke, Dajean		Trinity West	J1.95m	6-04.75
1.80 1.85 1.90 1.95 2.00				
--- XX0 XX0 XX0 XXX				
6 7315 Brown, Owen		Western Washington	1.90m	6-02.75
1.80 1.85 1.90 1.95 2.00				
0 0 0 X R				
7 7038 Oguneeye, Laolu		Stanford	1.85m	6-00.75
1.80 1.85 1.90				
0 0 XXX				
7 7340 Paul, Aaron		Western Washington	1.85m	6-00.75
1.80 1.85 1.90 1.95				
0 0 X R				
9 7344 Redford, Cody		Western Washington	J1.85m	6-00.75
1.80 1.85 1.90 1.95				
0 X0 X R				
10 6792 Hanis, Kevin		Pacific Lutheran	J1.85m	6-00.75
1.80 1.85 1.90				
X0 X0 XXX				
11 7061 Gremaud, Brandon		Trinity West	J1.85m	6-00.75
1.80 1.85 1.90				
XX0 X0 XXX				
12 7259 McKay, DayQuan		Western Oregon	J1.85m	6-00.75
1.80 1.85 1.90				
--- XX0 XXX				
13 7310 Beizak, Illia		Western Washington	J1.85m	6-00.75
1.80 1.85 1.90				
X0 XX0 XXX				

2026 UW Indoor Preview - 1/16/2026 to 1/17/2026**Dempsey Indoor, Seattle WA****Results****....Men High Jump**

14	6623	Bender, Matthew	Central Washington	1.80m	5-10.75
		1.80 1.85			
		0 XXX			
--	7097	Battistoni, Jackso	Unattached	NH	
		1.80 1.85 1.90			
		--- --- XXX			
--	6975	McDiarmid, Linden	Simon Fraser	NH	
		1.80			
		XXX			

Men High Jump Jump Off

Name	Year	School	Finals
1 7060 Emon, Caleb		Trinity West	2.00m 6-06.75
		2.00	
		0	
-- 7184 Lieberg, Leland		Washington	NH
		2.00	
		X	
-- 6985 Wang, Leupold		Simon Fraser	NH
		2.00	
		X	

Men Pole Vault

Dempsey: ! 5.81m 1/31/2004 Toby Stevenson, Unattached													
Meet: M 5.70m 1/13/2007 Brad Walker, Unattached													
Name		Year		School		Finals							
1	6551 White, Bryce			British Columbia		4.65m 15-03.00							
	3.15 3.30 3.45 3.60 3.75 3.90 4.05 4.20 4.35 4.50 4.65 4.80 4.81												
	---	---	---	---	---	---	---	0	0	0	---	XXX	
2	6943 Saxon, Mikel			Seattle Pacific		4.50m 14-09.00							
	3.15 3.30 3.45 3.60 3.75 3.90 4.05 4.20 4.35 4.50 4.65												
	---	---	---	---	---	---	---	X0	X0	0	XXX		
3	7349 Seals, Austin			Western Washington		J4.50m 14-09.00							
	3.15 3.30 3.45 3.60 3.75 3.90 4.05 4.20 4.35 4.50 4.65												
	---	---	---	---	---	---	---	---	---	XX0	XXX		
4	7336 Montero, Kurt			Western Washington		4.35m 14-03.25							
	3.15 3.30 3.45 3.60 3.75 3.90 4.05 4.20 4.35 4.50												
	---	---	---	---	---	---	---	---	X0	XXX			
4	7317 Cummings, Isaiah			Western Washington		4.35m 14-03.25							
	3.15 3.30 3.45 3.60 3.75 3.90 4.05 4.20 4.35 4.50												
	---	---	---	---	---	---	---	---	X0	XXX			
6	6637 Pieper, Charles			Central Washington		4.20m 13-09.25							
	3.15 3.30 3.45 3.60 3.75 3.90 4.05 4.20 4.35												
	---	---	---	---	X0	X0	0	XX0	XXX				
7	6659 Van Pelt, Jonathan			Evergreen St		4.05m 13-03.50							
	3.15 3.30 3.45 3.60 3.75 3.90 4.05 4.20												
	---	---	---	---	---	---	0	XXX					
8	6550 Weston, Sam			British Columbia		J4.05m 13-03.50							
	3.15 3.30 3.45 3.60 3.75 3.90 4.05 4.20												
	---	---	---	---	---	---	X0	XXX					

2026 UW Indoor Preview - 1/16/2026 to 1/17/2026**Dempsey Indoor, Seattle WA****Results****Men Long Jump**

Dempsey: ! 8.12m 2/29/2008 Norris Frederick, Washington					
Meet: M 8.00m 1/14/2012 Norris Frederick, Nike					
Name	Year	School	Finals		
1 7255 Koonantha, Ping		Western Oregon	6.71m	22-00.25	
6.71m FOUL FOUL					
2 6622 Baker, Cal'von		Central Washington	6.50m	21-04.00	
5.63m 6.50m 5.93m					
3 7337 Nguyen, Hewie		Western Washington	6.43m	21-01.25	
6.43m FOUL FOUL					
4 7106 Fiso, Matthew		Unattached	6.41m	21-00.50	
6.41m 4.94m 6.34m					
5 6895 Hinton, LaMarcus		Saint Martin's	6.36m	20-10.50	
FOUL 6.36m 6.31m					
6 6860 Niyongere, Edward		Portland State	6.31m	20-08.50	
FOUL FOUL 6.31m					
6 6965 Adams, Daanish		Simon Fraser	6.31m	20-08.50	
5.94m 6.31m 6.29m					
8 6522 Grant, Morgan		Alaska Anchorage	6.25m	20-06.25	
6.20m 6.24m 6.25m					
9 6625 Boast, Josh		Central Washington	6.20m	20-04.25	
6.03m 6.20m 6.03m					
10 7061 Gremaud, Brandon		Trinity West	6.03m	19-09.50	
FOUL 6.03m FOUL					
11 7334 Miller, Kaden		Western Washington	5.95m	19-06.25	
4.24m 5.95m 5.90m					
Flight 2					
1 7095 Artis, Prestin		Unattached	7.56m	24-09.75	
7.56m FOUL 7.32m 6.99m		PASS PASS			
2 7033 Drumgoole, Xavier		Stanford	7.31m	23-11.75	
6.90m 4.96m 6.96m 7.29m		6.86m 7.31m			
3 6645 Reis, Oliver		Corban (Ore.)	7.21m	23-08.00	
7.02m PASS PASS 7.21m		PASS PASS			
4 7060 Emon, Caleb		Trinity West	7.08m	23-02.75	
6.85m 6.98m FOUL FOUL		6.88m 7.08m			
5 6876 Njeri, David		Royal T	6.95m	22-09.75	
6.63m 6.81m 6.80m FOUL		6.95m 6.87m			
6 6983 Roth, Nathan		Simon Fraser	6.94m	22-09.25	
6.94m 6.71m 6.79m 5.69m		6.44m 6.46m			
7 6932 Aboudou, Tawaf		Seattle Pacific	6.91m	22-08.00	
6.91m FOUL 6.89m 6.34m		6.70m PASS			
8 7058 Clarke, Dajean		Trinity West	6.83m	22-05.00	
6.31m 6.83m FOUL FOUL		6.56m 4.94m			
9 7111 Jenkins, Nick		Unattached	6.81m	22-04.25	
6.74m 6.81m 6.79m FOUL		6.58m FOUL			
10 7259 McKay, DayQuan		Western Oregon	6.56m	21-06.25	
5.97m 6.56m 5.63m					
10 6623 Bender, Matthew		Central Washington	6.56m	21-06.25	
6.56m 6.48m FOUL					
12 6794 Kramer, Seth		Pacific Lutheran	6.36m	20-10.50	
6.17m 6.02m 6.36m					
13 7333 Menicke, Gabe		Western Washington	6.12m	20-01.00	
6.12m 6.10m PASS					

2026 UW Indoor Preview - 1/16/2026 to 1/17/2026**Dempsey Indoor, Seattle WA****Results****Men Triple Jump**

Dempsey: ! 16.62m 2/1/2003 Julien Kapek, USC									
Meet: M 16.43m 1/16/2016 Eric Sloan, USC									
Name		Year		School		Finals			
Flight 1									
1	6645	Reis, Oliver		Corban (Ore.)		15.60m	51-02.25		
		14.98m	15.60m	14.62m	PASS 15.06m FOUL				
2	7190	Smith, Trevontay		Washington		15.07m	49-05.50		
		FOUL 15.07m	FOUL 14.61m	15.02m	14.89m				
3	7182	Hutchinson, Roman		Washington		14.86m	48-09.00		
		FOUL 14.39m	14.31m	14.79m	FOUL 14.86m				
4	7111	Jenkins, Nick		Unattached		14.74m	48-04.50		
		14.09m	13.16m	14.61m	14.74m FOUL 14.43m				
5	7185	Luebbert, Tim		Washington		14.38m	47-02.25		
		14.27m	FOUL 14.38m	FOUL 13.73m	FOUL				
6	6932	Aboudou, Tawaf		Seattle Pacific		14.28m	46-10.25		
		14.28m	FOUL 14.28m	14.09m	14.27m 14.12m				
7	6965	Adams, Daanish		Simon Fraser		14.21m	46-07.50		
		13.30m	13.81m	14.04m	FOUL 14.21m 14.02m				
8	7333	Menicke, Gabe		Western Washington		14.16m	46-05.50		
		14.13m	14.04m	12.76m	14.16m 12.95m PASS				
9	6622	Baker, Cal'von		Central Washington		14.03m	46-00.50		
		13.28m	14.03m	14.01m	13.54m 13.65m FOUL				
10	6860	Niyongere, Edward		Portland State		13.80m	45-03.50		
		FOUL	FOUL 13.80m						
11	6623	Bender, Matthew		Central Washington		13.41m	44-00.00		
		13.41m	13.10m	12.75m					
12	6625	Boast, Josh		Central Washington		13.16m	43-02.25		
		12.92m	13.00m	13.16m					
13	6895	Hinton, LaMarcus		Saint Martin's		13.04m	42-09.50		
		13.04m	12.92m	12.93m					
14	7315	Brown, Owen		Western Washington		12.99m	42-07.50		
		12.99m	FOUL PASS						
15	7106	Fiso, Matthew		Unattached		12.98m	42-07.00		
		FOUL	FOUL 12.98m						

Men Shot Put

Dempsey: ! 21.47m 3/1/2008 Ryan Whiting, Arizona St				
Meet: M 19.87m 1/13/2018 Darrell Hill, USOC-CV				
Name	Year	School	Finals	
1 6638 Reed, Caleb		Central Washington	14.36m	47-01.50
	14.36m 13.51m 13.29m FOUL FOUL FOUL			
2 6629 Holland, Brady		Central Washington	14.27m	46-10.00
	FOUL 13.76m FOUL 14.27m FOUL 12.29m			
3 7327 Hill, Jonathan		Western Washington	13.14m	43-01.50
	13.14m FOUL 12.93m			
3 7350 Simicich, Nathan		Western Washington	13.14m	43-01.50
	FOUL 13.14m FOUL			
5 6897 Mandlin, Zachary		Saint Martin's	12.73m	41-09.25
	12.56m 12.73m 12.63m			
6 7250 Detzler, Mason		Western Oregon	12.44m	40-09.75
	12.44m FOUL 12.21m			

2026 UW Indoor Preview - 1/16/2026 to 1/17/2026**Dempsey Indoor, Seattle WA****Results****....Men Shot Put**

7	6624 Bennett, Charlie	Central Washington	11.93m	39-01.75
	11.60m 11.93m 10.70m			
8	6521 Bushnell, Eric	Alaska Anchorage	11.91m	39-01.00
	10.51m 11.91m 10.53m			
9	7065 Kaila, Janek	Trinity West	10.73m	35-02.50
	10.08m FOUL 10.73m			
10	6893 Haderman, Blayne	Saint Martin's	10.59m	34-09.00
	10.12m 10.24m 10.59m			

Flight 2

1	6581 Pastorian, Aiden	Cal Poly	16.92m	55-06.25
	16.42m 16.86m 16.40m 16.92m 16.42m FOUL			
2	7328 Inman, Connor	Western Washington	16.18m	53-01.00
	16.18m 15.64m 16.08m 15.97m 15.72m FOUL			
3	7355 Turner, Noah	Western Washington	15.81m	51-10.50
	15.27m FOUL 15.81m FOUL 14.88m FOUL			
4	6572 Beerbower, Albert	Cal Poly	15.43m	50-07.50
	FOUL 14.58m 15.15m 14.35m 15.43m 15.35m			
5	7324 Haller, Noah	Western Washington	14.84m	48-08.25
	FOUL 14.69m 14.84m FOUL FOUL FOUL			
6	6633 Kriete, Wes	Central Washington	14.83m	48-08.00
	FOUL FOUL 14.03m FOUL 14.64m 14.83m			
7	6867 Goeglein, Thomas	Puget Sound	13.72m	45-00.25
	13.72m 13.48m FOUL FOUL 13.44m FOUL			
8	7253 Gerrard, Ray	Western Oregon	13.33m	43-09.00
	12.11m 13.33m FOUL			
9	7176 Cates, Tomeko	Washington	13.07m	42-10.75
	13.07m 12.53m FOUL			
10	7341 Pytte, Alex	Western Washington	12.94m	42-05.50
	12.27m FOUL 12.94m			
11	7342 Ramos, Angelo	Western Washington	12.88m	42-03.25
	FOUL 12.88m FOUL			
--	7245 Behrman, Jacob	Western Oregon	FOUL	
	FOUL FOUL FOUL			

Men Weight Throw

Dempsey: ! 23.73m 2/23/2024 Jayden White, Washington

Meet: M 22.98m 1/15/2011 Michael Mai, U.S. Army

Name	Year	School	Finals
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Flight 1

1	7107 Fleming, Grayson	Unattached	19.96m	65-06.00
	19.72m FOUL 19.93m 19.79m 19.96m 19.94m			
2	7323 Gutierrez, Calvin	Western Washington	17.81m	58-05.25
	17.50m 17.81m 17.13m 16.34m 15.55m FOUL			
3	7036 McKhann, Mason	Stanford	17.26m	56-07.50
	16.51m 17.26m 16.47m 16.65m 15.73m 16.71m			
4	7342 Ramos, Angelo	Western Washington	17.07m	56-00.00
	16.53m 16.45m 16.96m 16.38m 17.06m 17.07m			
5	6854 Coppedge, Daniel	Portland State	16.72m	54-10.25
	16.17m 16.72m 16.31m 16.15m 15.22m 16.69m			
6	6715 Holzhauer, Hudson	Linfield	16.24m	53-03.50
	16.24m FOUL 15.71m 16.06m FOUL FOUL			
7	7250 Detzler, Mason	Western Oregon	16.00m	52-06.00
	FOUL 15.02m FOUL 16.00m 15.35m 15.22m			

2026 UW Indoor Preview - 1/16/2026 to 1/17/2026**Dempsey Indoor, Seattle WA****Results****....Men Weight Throw**

8	6633 Kriete, Wes	Central Washington	15.88m	52-01.25
	FOUL 15.19m FOUL 15.88m 15.15m FOUL			
9	7309 Bahm, Tristan	Western Washington	15.68m	51-05.50
	15.68m 15.51m 15.51m 14.89m 15.61m 15.46m			
10	7324 Haller, Noah	Western Washington	14.50m	47-07.00
	14.50m 14.06m 14.04m			
11	7350 Simicich, Nathan	Western Washington	13.98m	45-10.50
	13.60m 13.98m FOUL			
12	7031 D'Amico, Jack	Stanford	13.73m	45-00.50
	13.35m 13.73m 12.97m			
13	7067 Marshall, Harris	Trinity West	13.48m	44-02.75
	13.28m 13.48m FOUL			
14	7035 Liu, Jason	Stanford	12.69m	41-07.75
	FOUL 11.83m 12.69m			
15	6638 Reed, Caleb	Central Washington	12.65m	41-06.00
	12.65m FOUL FOUL			

Mixed 60 Meter Dash Master's

Name	Year	School	Finals
Section 1			
1 7367 M48 MacDonald, Orv	M	Unattached	7.84
2 7365 M42 Ma, Dr. Maxwell	M	Unattached	7.91
3 7376 M38 Weston, Van Pe	M	Unattached	7.93
4 7368 M60 Baker, Keith	M	Unattached	8.32
Section 2			
1 7364 M60 Voce, Rob	M	Unattached	8.53
2 7369 M60 Wilcox, Rod	M	Unattached	8.68
3 7373 W59 Shearer-Hannah	W	Ideal Performanc	9.11
4 7372 M72 Ortman, David	M	Houston Elite	9.39
Section 3			
1 7371 M69 Ahearn, Leo	M	Unattached	9.59
2 7370 M67 Edwards, Georg	M	Unattached	9.92
3 7375 W57 Wayte, Laura	W	Ideal Performanc	10.88
4 7374 M77 Jacobson, Vanc	M	Unattached	11.46