

2026 UW Indoor Preview - 1/16/2026 to 1/17/2026

Dempsey Indoor, Seattle WA

Performance List

Event 1 Women 60 Meter Dash Prelims

	Name	School	Seed Time	Prelim Time	Place
1	Doresca, Sariah	Stanford	7.45		
2	Armstrong, Desie	Cal Poly	7.49		
3	Oakes, Alaysia	Stanford	7.52		
4	Cannan, Emma	Simon Fraser	7.53		
5	Cummings, Jaeland	Simon Fraser	7.54		
6	Nielsen, Ashlyn	Central Washington	7.56		
7	Easter, Madison	Cal Poly	7.57		
8	Forst, Tori	Portland State	7.58		
9	Kneeshaw, Izzy	Hawai'i	7.58		
10	Roy-Williams, Cadence	Cal Poly	7.65		
11	Ennin, Samantha	Stanford	7.66		
12	Simos, Ava	Cal Poly	7.67		
13	Noji, Kela	Unattached	7.70		
14	Barlee, Alex	Simon Fraser	7.71		
15	Mesa-Espinosa, Angie	Hawai'i	7.71		
16	Wilson, Kyrstin	Puget Sound	7.75		
17	Dotson, Jazmine	Western Oregon	7.76		
18	Hoagland, Tayhlore	Cal Poly	7.77		
19	Larkan, Robyn	Hawai'i	7.78		
20	Brandes, Callie	Oregon State	7.80		
21	Patera, Riley	Oregon State	7.80		
22	Manley, Quinn	Western Washington	7.81		
23	Gonzales, Zoe	Central Washington	7.81		
24	Carter, Deiona	Hawai'i	7.83		
25	Vander Zwan, Carissa	Trinity Western (B.C.)	7.84		
26	Hatcher, Megan	Oregon State	7.84		
27	Chatwin, Kerlinda	Simon Fraser	7.86		
28	Fleenor, Keira	Central Washington	7.86		
29	McHenry, Sophia	Washington	7.90		
30	Polkinghorn, Hannah	Western Washington	7.91		
31	Lavato, Josie	Pacific (Ore.)	7.91		
32	Liessfeld, Vivien	Alaska Anchorage	7.92		
33	Rosario, Sienna	Portland State	7.94		
34	Wheat, Aida	Portland State	7.94		
35	Avery, Nicole	Western Washington	7.95		
36	Fields, Layla	Central Washington	7.97		
37	Kuenzi, Kirsten	Corban (Ore.)	7.98		
38	Cooper, Elena	Stanford	7.99		
39	Jolivette, Olivia	Portland State	8.00		
40	Vierck, Makenna	Western Oregon	8.00		
41	Waters, Soukhanya	Pacific Lutheran	8.00		
42	Hinton, Sage	Stanford	8.01		
43	Rose, Olivia	Unattached	8.07		
44	Guevara, Sofia	Central Washington	8.09		
45	Marshall, Kira	Pacific Lutheran	8.10		
46	Jennings, Jaileigh	Alpha Speed Academy	8.10		
47	Biggerstaff, Audrey	Oregon State	8.12		
48	Silva Navarro, Beatriz	Alpha Speed Academy	8.14		
49	Bailey, Sarah	Seattle Pacific	8.15		

2026 UW Indoor Preview - 1/16/2026 to 1/17/2026**Dempsey Indoor, Seattle WA****Performance List****Event 1 ... (Women 60 Meter Dash Prelims)**

	Name	School	Seed Time		
50	Nguyen, Ari	Western Washington	8.15	_____	_____
51	Bell, Jaida	Oregon State	8.15	_____	_____
52	Williams, Kayla	Alpha Speed Academy	8.18	_____	_____
53	Flores Farina, Sonya	Left Coast Track & Field	8.20	_____	_____
54	Cleveland, E'Maya	Saint Martin's	8.22	_____	_____
55	Dickson, Riley	Western Washington	8.25	_____	_____
56	Rivera, Coraline	Left Coast Track & Field	8.35	_____	_____
57	Tibbo, Zoe	Unattached	8.37	_____	_____
58	Datu, Erin	Saint Martin's	8.38	_____	_____
59	Clemons, D'Yhana	Pacific Lutheran	8.39	_____	_____
60	Huskic, Khloe	Western Washington	8.45	_____	_____
61	Kennedy-Hailu, Serena	Simon Fraser	8.45	_____	_____
62	Walker, Karma	Western Washington	8.50	_____	_____
63	Mcgurk, Lexie	Pacific Lutheran	8.50	_____	_____
64	Medina, Lydia	Portland State	8.60	_____	_____
65	Sendelbach, Olivia	Portland	8.60	_____	_____
66	Klaas, Marisa	Western Washington	8.65	_____	_____
67	Gutierrez, Kiana	Pacific Lutheran	8.65	_____	_____

2026 UW Indoor Preview - 1/16/2026 to 1/17/2026

Dempsey Indoor, Seattle WA

Performance List

Event 3 Women 200 Meter Dash

	Name	School	Seed Time	Finals	Place
1	Rutherford, Hannah	Stanford	23.88		
2	Bennett, Bec	Western Washington	23.99		
3	Easter, Madison	Cal Poly	24.01		
4	Hinton, Sage	Stanford	24.09		
5	Simos, Ava	Cal Poly	24.16		
6	Doresca, Sariah	Stanford	24.22		
7	Nielsen, Ashlyn	Central Washington	24.23		
8	Kneeshaw, Izzy	Hawai'i	24.24		
9	Cook, Kennedy	Western Washington	24.33		
10	Forst, Tori	Portland State	24.40		
11	Cummings, Jaeland	Simon Fraser	24.45		
12	Pendergast, Addie	Stanford	24.50		
13	Fairclough, Amelie	Hawai'i	24.50		
14	Wilson, Kyrstin	Puget Sound	24.56		
15	Peters, Cate	Stanford	24.64		
16	Polkinghorn, Hannah	Western Washington	24.68		
17	Hammond, Allyson	Pacific (Ore.)	24.78		
18	Manley, Quinn	Western Washington	24.82		
19	Mesa-Espinosa, Angie	Hawai'i	24.90		
20	Fleenor, Keira	Central Washington	24.91		
21	Harvey, Malia	Portland	24.96		
22	Barlee, Alex	Simon Fraser	24.99		
23	Guevara, Sofia	Central Washington	24.99		
24	Chatwin, Kerlinda	Simon Fraser	25.12		
25	Sarrys, Jada	Seattle Pacific	25.14		
26	Kleine, Casie	Western Washington	25.15		
27	Dotson, Jazmine	Western Oregon	25.22		
28	Cain, Aria	Portland	25.23		
29	Rosario, Sienna	Portland State	25.24		
30	Fischer, Nora	Hawai'i	25.26		
31	Gonzales, Zoe	Central Washington	25.26		
32	Waters, Soukhanya	Pacific Lutheran	25.35		
33	Larkan, Robyn	Hawai'i	25.38		
34	Fagan, Abby	Portland	25.41		
35	Newton, Rhonda	Washington	25.42		
36	Carter, Deiona	Hawai'i	25.46		
37	Beuthin, Michela	Trinity Western (B.C.)	25.49		
38	Peterson, Ashley	Portland State	25.57		
39	Iverson, Olivia	Portland State	25.59		
40	Wyllie, Tara	Hawai'i	25.66		
41	Leao, Alexis	Portland	25.72		
42	Silva Navarro, Beatriz	Alpha Speed Academy	25.73		
43	Nguyen, Ari	Western Washington	25.76		
44	Vander Zwan, Carissa	Trinity Western (B.C.)	25.78		
45	Rowland, Evangeline	Seattle Pacific	25.79		
46	Jennings, Jaileigh	Alpha Speed Academy	25.79		
47	Mosby, Brooke	Seattle Pacific	25.83		
48	Richardson, Lola	Portland	25.87		
49	Jolivette, Olivia	Portland State	25.94		

2026 UW Indoor Preview - 1/16/2026 to 1/17/2026**Dempsey Indoor, Seattle WA****Performance List****Event 3 ... (Women 200 Meter Dash)**

	Name	School	Seed Time		
50	Sendelbach, Olivia	Portland	25.95	_____	_____
51	McHenry, Sophia	Washington	26.01	_____	_____
52	Robertson, Veronica	Simon Fraser	26.03	_____	_____
53	Fields, Layla	Central Washington	26.19	_____	_____
54	Pontius, Ayla	Seattle Pacific	26.23	_____	_____
55	Dickson, Riley	Western Washington	26.24	_____	_____
56	Avery, Nicole	Western Washington	26.27	_____	_____
57	Medina, Lydia	Portland State	26.30	_____	_____
58	Connell, Bella	Central Washington	26.42	_____	_____
59	Estes, Kalia	Cal Poly	26.66	_____	_____
60	Mcgurk, Lexie	Pacific Lutheran	27.16	_____	_____

2026 UW Indoor Preview - 1/16/2026 to 1/17/2026**Dempsey Indoor, Seattle WA****Performance List****Event 4 Women 400 Meter Dash**

	Name	School	Seed Time	Finals	Place
1	Bennett, Bec	Western Washington	52.60	_____	_____
2	Rutherford, Hannah	Stanford	53.70	_____	_____
3	Cook, Kennedy	Western Washington	54.09	_____	_____
4	Hopper, Elise	Central Washington	54.35	_____	_____
5	Pendergast, Addie	Stanford	54.40	_____	_____
6	Peters, Cate	Stanford	54.87	_____	_____
7	Kneeshaw, Izzy	Hawai'i	54.92	_____	_____
8	Gardley, Mikayla	Washington	54.99	_____	_____
9	Beiswanger, Elizabeth	Puget Sound	55.17	_____	_____
10	Fairclough, Amelie	Hawai'i	55.80	_____	_____
11	Hatcher, Megan	Oregon State	56.07	_____	_____
12	Harris, Donna Marie	Central Washington	56.11	_____	_____
13	Fischer, Nora	Hawai'i	56.15	_____	_____
14	Darroch, Jayda	Western Washington	56.20	_____	_____
15	Cannan, Emma	Simon Fraser	56.37	_____	_____
16	Patera, Riley	Oregon State	56.93	_____	_____
17	Crane, Marissa	Hawai'i	56.95	_____	_____
18	Iverson, Olivia	Portland State	57.05	_____	_____
19	Sarrys, Jada	Seattle Pacific	57.54	_____	_____
20	Peterson, Ashley	Portland State	57.58	_____	_____
21	Beuthin, Michela	Trinity Western (B.C.)	57.64	_____	_____
22	Kleine, Casie	Western Washington	57.73	_____	_____
23	Bosma, Charlotte	Simon Fraser	58.20	_____	_____
24	Robertson, Veronica	Simon Fraser	58.31	_____	_____
25	Mosby, Brooke	Seattle Pacific	58.33	_____	_____
26	Brasfield, Taylor	Western Oregon	58.44	_____	_____
27	Pontius, Ayla	Seattle Pacific	58.53	_____	_____
28	Rowland, Evangeline	Seattle Pacific	58.95	_____	_____
29	Lorenz, Ruby	Oregon State	59.03	_____	_____
30	Wicker, Elorie	Left Coast Track & Field	59.79	_____	_____
31	Castillejo, Julie	Central Washington	59.80	_____	_____
32	Dreiling, Isabella	Portland	59.85	_____	_____
33	Mcgowan, Alexa	Western Oregon	1:00.14	_____	_____
34	Taba, Aliyah	Western Oregon	1:00.50	_____	_____
35	Rivas, Sara	Stanford	1:02.67	_____	_____
36	Lon, Alicia	Pacific Lutheran	1:05.69	_____	_____

2026 UW Indoor Preview - 1/16/2026 to 1/17/2026**Dempsey Indoor, Seattle WA****Performance List****Event 5 Women 600 Meter Run**

	Name	School	Seed Time	Finals	Place
1	Whittaker, Juliette	Stanford	1:24.00	_____	_____
2	Symon, Chloe	Washington	1:29.00	_____	_____
3	Cieslak, Oliva	Stanford	1:31.63	_____	_____
4	Shults, Madison	Stanford	1:32.00	_____	_____
5	Touchette, Catherine	Hawai'i	1:32.00	_____	_____
6	DeMange, Elle	Cal Poly	1:32.51	_____	_____
7	Adelman, Avery	Cal Poly	1:32.52	_____	_____
8	Jackson, Jordan	Cal Poly	1:32.52	_____	_____
9	Merritt, Amelia	Western Oregon	1:35.00	_____	_____
10	Martensson, Lisa	Hawai'i	1:35.20	_____	_____
11	Everett, Amelia	Stanford	1:35.43	_____	_____
12	McKee, Ava	Oregon State	1:35.87	_____	_____
13	Brook, Ruby	Hawai'i	1:36.95	_____	_____
14	Pittman, Sena	Washington	1:38.01	_____	_____
15	Merritt, Kadence	Saint Martin's	1:50.00	_____	_____

2026 UW Indoor Preview - 1/16/2026 to 1/17/2026**Dempsey Indoor, Seattle WA****Performance List****Event 6 Women 800 Meter Run**

	Name	School	Seed Time	Finals	Place
1	Congdon, Maggi	Swoosh TC	1:58.42	_____	_____
2	Baker, Ellie	New Balance-Great Britain	2:01.00	_____	_____
3	Howell, Olivia	adidas	2:02.23	_____	_____
4	Scatchard, Mena	Unattached	2:02.72	_____	_____
5	Mooney, Maddie	Pacific Athletics	2:03.35	_____	_____
6	Brown, Jillian	Oregon State	2:04.99	_____	_____
7	McCabe, Maya	Unattached	2:06.29	_____	_____
8	Gorton, Izzy	Hawai'i	2:07.15	_____	_____
9	DeSouza, Jaden	St. Mary's (Ca)	2:07.58	_____	_____
10	Baechler, Maya	Oregon State	2:07.80	_____	_____
11	Chisar, Jess	Alaska Anchorage	2:08.27	_____	_____
12	Herron, Ainsley	Oregon State	2:08.38	_____	_____
13	Perotin, Rose	Portland	2:09.02	_____	_____
14	Broadbent, Ruby	Oregon State	2:09.86	_____	_____
15	Thompson, Marisha	Victoria (B.C.)	2:09.87	_____	_____
16	Couch, Julia	Oregon State	2:10.88	_____	_____
17	Smith, Ryann	Alaska Anchorage	2:11.50	_____	_____
18	Kroontje, Emmy	Western Washington	2:11.63	_____	_____
19	Mathis, Arden	Simon Fraser	2:12.24	_____	_____
20	Dee, Veronica	Simon Fraser	2:13.25	_____	_____
21	Millar, Stephanie	Simon Fraser	2:13.32	_____	_____
22	O'Beirne, Jenna	Oregon State	2:13.48	_____	_____
23	Owens, Erin	Victoria (B.C.)	2:13.59	_____	_____
24	Peterson, Averie	St. Mary's (Ca)	2:14.18	_____	_____
25	Quintana, Ellie	Oregon State	2:14.88	_____	_____
26	Ohrling, Sofie	Victoria (B.C.)	2:15.95	_____	_____
27	Friedrich, Olivia	Western Washington	2:16.24	_____	_____
28	Lopez Cristia, Irina	Portland State	2:16.29	_____	_____
29	Hulstedt, Dawn	Central Washington	2:16.62	_____	_____
30	Pidduck, Hannah	Central Washington	2:16.75	_____	_____
31	Atkinson, Giana	Portland	2:16.78	_____	_____
32	Butterfield, Hannah	Portland State	2:17.10	_____	_____
33	Nguyen, Kaydence	Western Oregon	2:17.13	_____	_____
34	Lindner, Lilli	Alaska Anchorage	2:17.74	_____	_____
35	Hutton, Holly	Western Oregon	2:18.00	_____	_____

2026 UW Indoor Preview - 1/16/2026 to 1/17/2026**Dempsey Indoor, Seattle WA****Performance List****Event 7 Women 1000 Meter Run**

	Name	School	Seed Time	Finals	Place
1	Nichols, Abby	Union Athletic Club	2:30.00	_____	_____
2	Foerster, Chloe	Washington	2:39.09	_____	_____
3	Swartz, Jenica	Washington	2:42.00	_____	_____
4	Longisa, Rosemary	Washington State	2:45.59	_____	_____
5	Ramsay, McKenna	Bowerman Track Club	2:46.69	_____	_____
6	McCabe, Maya	Unattached	2:46.71	_____	_____
7	Swayze, Kamryn	Bowerman Track Club	2:49.53	_____	_____
8	Pyeatt, Riley	Washington State	2:49.78	_____	_____
9	Brook, Ruby	Hawai'i	2:51.49	_____	_____
10	Stolte, Emma	Portland State	2:56.01	_____	_____
11	Langschwager, Emilie	Hawai'i	2:56.05	_____	_____
12	Herman, Lillian	Washington State	2:56.83	_____	_____
13	Alvarado, Isabela	Washington State	2:56.94	_____	_____
14	Becker, Lucy	Hawai'i	2:58.47	_____	_____
15	Mahei, Margarita	Saint Martin's	3:03.66	_____	_____
16	Jones, Sonja	Portland State	3:06.42	_____	_____
17	Sharp, Sam	Portland State	3:14.00	_____	_____

2026 UW Indoor Preview - 1/16/2026 to 1/17/2026

Dempsey Indoor, Seattle WA

Performance List

Event 84 Women 1 Mile Run B Sections

	Name	School	Seed Time	Finals	Place
1	Congdon, Maggi	Swoosh TC	4:22.22		
2	Dess, Klara	Unattached	4:25.00		
3	Carlson, Alexandra	adidas	4:27.20		
4	Yerby, Claire	Unattached	4:27.61		
5	Parks, Taryn	adidas	4:29.83		
6	Nichols, Abby	Union Athletic Club	4:30.59		
7	Schoffield, Kristie	Brooks Beasts	4:31.55		
8	Kennedy, Sophia	Stanford	4:32.47		
9	Cochran, Mia	Washington	4:32.87		
10	Swartz, Jenica	Washington	4:33.00		
11	Mooney, Maddie	Pacific Athletics	4:33.15		
12	Longisa, Rosemary	Washington State	4:33.88		
13	Cornejo, Tatiana	Cal Poly	4:35.56		
14	David-Smith, Julia	Washington	4:36.00		
15	Weir, India	Hoka	4:37.98		
16	Brown, Jillian	Oregon State	4:39.43		
17	Herron, Ainsley	Oregon State	4:39.84		
18	Cheptoo, Zenah	Washington State	4:41.26		
19	Cieslak, Oliva	Stanford	4:41.39		
20	Broadbent, Ruby	Oregon State	4:42.14		
21	Perotin, Rose	Portland	4:42.33		
22	Thompson, Marisha	Victoria (B.C.)	4:42.78		
23	Baechler, Maya	Oregon State	4:44.75		
24	Owens, Erin	Victoria (B.C.)	4:45.20		
25	Everett, Amelia	Stanford	4:47.46		
26	Kipmaiyo, Faith	Washington State	4:48.00		
27	Bissell, Nicole	Washington State	4:48.16		
28	Boos, Annie	Unattached	4:48.69		
29	Stolte, Emma	Portland State	4:48.81		
30	Bekins, Sophie	Hawai'i	4:49.39		
31	Evenson, Daphne	Washington State	4:49.90		
32	Olson, Isabel	Washington	4:50.00		
33	de Brouwer, Maya	Stanford	4:51.12		
34	Watkins, Rachael	Simon Fraser	4:51.18		
35	Langschwager, Emilie	Hawai'i	4:52.14		
36	Matonovich, Raiya	Simon Fraser	4:52.20		
37	Lione, Angelina	Pacific	4:53.67		
38	Ulrich, Delaney	Oregon State	4:53.67		
39	Lilley, Clemmie	Stanford	4:54.24		
40	Hodgson, Maella	Oregon State	4:54.56		
41	Kasprick, Cadence	Oregon State	4:55.00		
42	Kroontje, Emmy	Western Washington	4:55.11		
43	Alvarado, Isabela	Washington State	4:56.23		
44	Ohrling, Sofie	Victoria (B.C.)	4:56.39		
45	Shults, Madison	Stanford	4:56.52		
46	Yahn, Kate	Oregon State	4:56.68		
47	Schmutz, Emma	Pacific	4:56.71		
48	Smith, Ryann	Alaska Anchorage	4:57.59		
49	Arcadi, Monika	Victoria (B.C.)	4:58.70		

2026 UW Indoor Preview - 1/16/2026 to 1/17/2026**Dempsey Indoor, Seattle WA****Performance List****Event 84 ... (Women 1 Mile Run B Sections)**

	Name	School	Seed Time		
50	Sletner, Taylor	Washington State	4:58.80	_____	_____
51	Becker, Lucy	Hawai'i	5:00.20	_____	_____
52	Dee, Veronica	Simon Fraser	5:01.00	_____	_____
53	Kaines, Lindsey	Portland	5:01.08	_____	_____
54	Iosua, Daphne	Pacific	5:02.73	_____	_____
55	Lindner, Lilli	Alaska Anchorage	5:02.79	_____	_____
56	Ledesma, Marian	Unattached	5:03.32	_____	_____
57	O'Beirne, Jenna	Oregon State	5:05.03	_____	_____
58	Quintana, Ellie	Oregon State	5:05.96	_____	_____
59	Herring, Clare	Portland	5:06.61	_____	_____
60	Liebl, Jazmine	Western Oregon	5:08.99	_____	_____
61	Rodway, Ava	Trinity Western (B.C.)	5:09.00	_____	_____
62	Halpern, Kekaihlali	Saint Martin's	5:10.00	_____	_____
63	Lopez Cristia, Irina	Portland State	5:14.52	_____	_____
64	Kalisch, Milena	Simon Fraser	5:15.56	_____	_____
65	McCarty, Makendra	Alaska Anchorage	5:17.48	_____	_____
66	Puit, Gracie	Alaska Anchorage	5:20.95	_____	_____
67	Draeger, Delaney	Alaska Anchorage	5:21.97	_____	_____
68	Halpern, Kekaimalino	Saint Martin's	5:23.51	_____	_____
69	Huntsinger, Paige	Central Washington	5:28.09	_____	_____
70	Titchenal, Lexi	Central Washington	5:29.43	_____	_____
71	Kiprotich, Gloria	Alaska Anchorage	5:32.31	_____	_____

2026 UW Indoor Preview - 1/16/2026 to 1/17/2026

Dempsey Indoor, Seattle WA

Performance List

Event 9 Women 3000 Meter Run

	Name	School	Seed Time	Finals	Place
1	Aragon, Christina	Nike	8:55.00		
2	Cheptoo, Zenah	Washington State	8:56.15		
3	Neigum, Kaila	Unattached	9:05.35		
4	Thomsen, Hanne	Stanford	9:06.90		
5	Hennessy, Abigail	Unattached	9:08.35		
6	Connor, Anna	Pacific Athletics	9:08.69		
7	Flynn, Julia	Stanford	9:09.37		
8	David-Smith, Julia	Washington	9:10.00		
9	Hightower, Anna	Northwestern	9:10.78		
10	Studdert, Hillary	Stanford	9:14.61		
11	Whitman, Maddy	Northwestern	9:16.00		
12	Laurent, Kate	Oregon State	9:16.26		
13	Smiljanec, Katarina	Croatia	9:17.07		
14	Criniti, Ava	Northwestern	9:19.00		
15	DeVeau, Abby	Washington	9:20.00		
16	Eybergen, Madelyn	Victoria (B.C.)	9:20.72		
17	Holman, Jacqueline	Northwestern	9:21.00		
18	Rodriguez, Sophia	Unattached	9:22.11		
19	Jepkorir, Caroline	Washington State	9:26.56		
20	Lundgren, Noemi	Oregon State	9:27.17		
21	de Brouwer, Maya	Stanford	9:27.44		
22	Bissell, Nicole	Washington State	9:29.79		
23	Welin, Josephine	Washington	9:30.00		
24	Stiles, Maeve	Washington	9:30.00		
25	Stolte, Emma	Portland State	9:31.29		
26	Latinsics, Molly	Oregon State	9:31.68		
27	Milliner, Lucy	Hawai'i	9:33.00		
28	Cosgrove, Erin	Oregon State	9:33.98		
29	Biwott, Mercy	Washington State	9:35.00		
30	Kipmaiyo, Faith	Washington State	9:35.00		
31	Martin, Mikaella	Hawai'i	9:35.00		
32	Crum, Megan	Portland	9:38.40		
33	Watkins, Rachael	Simon Fraser	9:39.13		
34	Ulrich, Delaney	Oregon State	9:39.18		
35	Chepngetich, Vicody	Washington State	9:40.00		
36	Olson, Isabel	Washington	9:40.00		
37	Carstens, Alauna	Evergreen State (Wash.)	9:40.70		
38	Hodgson, Maella	Oregon State	9:40.94		
39	Cossey, Hailey	Washington State	9:41.72		
40	Hartke, Alize	Bowerman Track	9:43.52		
41	Madariaga, Kylah	Washington State	9:44.01		
42	Carlson, Annika	Washington	9:45.00		
43	Lopizzo, Gioana	Washington	9:45.00		
44	Cossey, Aleeya	Washington State	9:45.33		
45	Smith, Ryann	Alaska Anchorage	9:46.91		
46	Foote, Emily	George Fox	9:47.17		
47	Hack, Mackenzie	Cal Poly	9:47.29		
48	Lione, Angelina	Pacific	9:47.33		
49	Parekh, Ava	Stanford	9:48.33		

2026 UW Indoor Preview - 1/16/2026 to 1/17/2026

Dempsey Indoor, Seattle WA

Performance List

Event 9 ... (Women 3000 Meter Run)

	Name	School	Seed Time		
50	Kibor, Brenda	Washington State	9:49.00		
51	Lochtefeld, Izzy	Portland	9:50.87		
52	Nichols, Maya	Washington State	9:51.14		
53	Bangerter, Selena	Portland	9:51.16		
54	Philbin, Jill	Western Washington	9:54.00		
55	Lindner, Lilli	Alaska Anchorage	9:57.17		
56	Morkert, Reese	Oregon State	9:57.81		
57	Ewing, Maya	Seattle Pacific	9:59.09		
58	Smith, Payton	Oregon State	9:59.23		
59	Ballard, Ella	Victoria (B.C.)	10:00.00		
60	Sletner, Taylor	Washington State	10:00.00		
61	Schoolmeester, Sophie	Unattached	10:00.00		
62	Narus, Kaleena	Washington State	10:01.16		
63	Lehner, Jaylyn	Washington State	10:01.26		
64	Abbott, Hailey	Victoria (B.C.)	10:01.84		
65	Allen, Danica	Portland	10:01.90		
66	Potratz, Kyla	Western Oregon	10:02.67		
67	Schmutz, Emma	Pacific	10:03.15		
68	Collier, Sydney	Unattached	10:03.57		
69	Kabenina, Kate	Portland	10:04.23		
70	Harrison, Madeline	Central Washington	10:05.30		
71	Parker, Alexis	Western Washington	10:06.00		
72	Edens, Ella	Western Washington	10:06.00		
73	Mulch, Matise	Seattle Pacific	10:06.97		
74	Villagomez Edvalson, Cecilia	Western Washington	10:07.72		
75	Reimer, Colette	Victoria (B.C.)	10:10.00		
76	Colbert, Sabrina	Western Washington	10:10.00		
77	Neff, Lillian	Central Washington	10:10.20		
78	McCarty, Makendra	Alaska Anchorage	10:11.00		
79	Puit, Gracie	Alaska Anchorage	10:11.89		
80	Avilez, Janelle	Portland	10:12.59		
81	Abbott, Chantal	Victoria (B.C.)	10:13.47		
82	Hoyt, Lauren	Washington State	10:13.74		
83	Peet-Williams, Christina	Victoria (B.C.)	10:14.25		
84	Cockburn, Samara	Victoria (B.C.)	10:14.94		
85	Iosua, Daphne	Pacific	10:15.73		
86	Dunlap, Mari	Rogue Valley Runners	10:17.52		
87	Smith, Erica	Victoria (B.C.)	10:17.91		
88	Prussian, Anna	Seattle Pacific	10:21.50		
89	Kalisch, Milena	Simon Fraser	10:23.42		
90	Flolo, Katelyn	Seattle Pacific	10:23.84		
91	Crawford, Alix	Pacific	10:24.40		
92	VanWart, Gwendolyn	Rogue Valley Runners	10:25.00		
93	Conover, Payton	Central Washington	10:26.00		
94	Sharp, Sam	Portland State	10:26.49		
95	Carter, Kendall	Western Washington	10:28.44		
96	Jones, Sonja	Portland State	10:31.16		
97	Gardner, Charlotte	Western Oregon	10:31.52		
98	Grey, Nettle	Western Oregon	10:31.62		
99	Manly, Katie	Central Washington	10:32.00		

2026 UW Indoor Preview - 1/16/2026 to 1/17/2026**Dempsey Indoor, Seattle WA****Performance List****Event 9 ... (Women 3000 Meter Run)**

	Name	School	Seed Time		
100	Gossett, Alexa	Seattle Pacific	10:32.61	_____	_____
101	Espinoza, Valeria	Pacific	10:33.86	_____	_____
102	Johnson, Julie	Central Washington	10:34.06	_____	_____
103	Draeger, Delaney	Alaska Anchorage	10:35.00	_____	_____
104	Beckstead, Adele	Western Oregon	10:37.42	_____	_____
105	Halpern, Kekaimalino	Saint Martin's	10:38.04	_____	_____
106	Huntsinger, Paige	Central Washington	10:41.89	_____	_____
107	Kiprotich, Gloria	Alaska Anchorage	10:45.00	_____	_____
108	Fox, Liberty	Portland State	10:48.40	_____	_____
109	Romo, Camila	Saint Martin's	10:51.00	_____	_____
110	Schweppe, Samantha	Saint Martin's	10:53.16	_____	_____
111	Bianchi, Soleil	Evergreen State (Wash.)	10:57.63	_____	_____
112	Palek, Maddy	Evergreen State (Wash.)	10:58.90	_____	_____
113	Biesack, Sylvie	Evergreen State (Wash.)	11:47.49	_____	_____

2026 UW Indoor Preview - 1/16/2026 to 1/17/2026

Dempsey Indoor, Seattle WA

Performance List

Event 11 Women 60 Meter Hurdles Prelims

	Name	School	Seed Time	Prelim Time	Place
1	Stapleton, Tess	Stanford	8.22		
2	Hammond, Allyson	Pacific (Ore.)	8.50		
3	Chang, Hannah	Seattle Pacific	8.55		
4	Larkan, Robyn	Hawai'i	8.57		
5	Moersdorf, Anneke	Pacific Athletics	8.63		
6	Heite, Liv	Alaska Anchorage	8.64		
7	Wyllie, Tara	Hawai'i	8.69		
8	DeGroot, Ellie	Central Washington	8.80		
9	De Arvizu Sarrias, Blanca	Alaska Anchorage	8.83		
10	Duah, Shelby	Alpha Speed Academy	8.85		
11	Estes, Kalia	Cal Poly	8.86		
12	Touchette, Catherine	Hawai'i	8.90		
13	Simmons, Lacie	Alaska Anchorage	8.90		
14	Skipper, Frankie	Alpha Speed Academy	8.93		
15	Littlewood, Catherine	Stanford	8.93		
16	Nguyen, Ari	Western Washington	8.99		
17	Rivas, Sara	Stanford	8.99		
18	Taba, Aliyah	Western Oregon	9.02		
19	Connell, Bella	Central Washington	9.02		
20	Grutsch, Isabella	Linfield	9.15		
21	Kubacki, Kate	Oregon State	9.16		
22	Zamora-Mercado, Isabel	Western Oregon	9.22		
23	Smith, Jazzlyn-Rei	Alpha Speed Academy	9.22		
24	Clay, Amariyah	Western Oregon	9.27		
25	Huber, Carley	Central Washington	9.28		
26	Nicol, Claire	Trinity Western (B.C.)	9.29		
27	Hatcher, Megan	Oregon State	9.31		
28	Johnson, Jasmine	Left Coast Track & Field	9.33		
29	Nordlund, Sara	Washington	9.38		
30	Eddington, McKinley	Alaska Anchorage	9.38		
31	Dickson, Riley	Western Washington	9.41		
32	Caprye, Abigail	Pacific Lutheran	9.46		
33	Avery, Nicole	Western Washington	9.48		
34	Baker, Elia	Central Washington	9.49		
35	Huskic, Khloe	Western Washington	9.50		
36	Johnson, Ayla	Central Washington	9.53		
37	Walker, Karma	Western Washington	9.55		
38	Noordam, Eileen	Trinity Western (B.C.)	9.59		
39	Beasley, Savannah	Portland State	9.66		
40	Bremont, Jillian	Portland	9.66		
41	Vierck, Makenna	Western Oregon	9.68		
42	Klaas, Marisa	Western Washington	9.76		
43	Boyd, Olivia	Western Oregon	9.99		
44	Achterling, Lilly	Pacific Lutheran	10.11		
45	Herring, Addisen	Pacific Lutheran	10.15		
46	Mcgowan, Alexa	Western Oregon	10.23		
47	Lon, Alicia	Pacific Lutheran	10.50		

2026 UW Indoor Preview - 1/16/2026 to 1/17/2026**Dempsey Indoor, Seattle WA****Performance List****Event 12 Women 4x400 Meter Relay**

	Team	Relay	Seed Time	Finals	Place
1	Stanford	A	3:35.75	_____	_____
2	Simon Fraser	A	3:37.45	_____	_____
3	Washington	A	3:39.39	_____	_____
4	Western Washington	A	3:40.37	_____	_____
5	Stanford	B	3:40.57	_____	_____
6	Cal Poly	A	3:42.49	_____	_____
7	Hawai'i	A	3:44.76	_____	_____
8	Central Washington	A	3:45.23	_____	_____
9	Oregon State	A	3:45.84	_____	_____
10	Oregon State	B	3:47.22	_____	_____
11	Cal Poly	B	3:50.45	_____	_____
12	Portland	A	3:55.00	_____	_____
13	Western Oregon	A	4:04.55	_____	_____
14	Trinity Western (B.C.)	A	4:10.00	_____	_____
15	Portland	B	4:10.26	_____	_____

2026 UW Indoor Preview - 1/16/2026 to 1/17/2026**Dempsey Indoor, Seattle WA****Performance List****Event 13 Women High Jump**

	Name	School	Seed Mark	Finals	Place
1	Jones, Alyssa	Stanford	1.90m	_____	_____
2	Turban, Lilian	Hawai'i	1.86m	_____	_____
3	Norman, Dede	Oregon State	1.83m	_____	_____
4	Ntekpere, Emy	Central Washington	1.82m	_____	_____
5	Morgan, Kayla	Corban (Ore.)	1.78m	_____	_____
6	Hunt, Lexi	Oregon State	1.77m	_____	_____
7	Cook, Kora	Western Washington	1.76m	_____	_____
8	Martensson, Lisa	Hawai'i	1.76m	_____	_____
9	Moersdorf, Anneke	Pacific Athletics	1.75m	_____	_____
10	Castelli, Melanie	Cal Poly	1.74m	_____	_____
11	Proudfoot, Grace	Cal Poly	1.72m	_____	_____
12	Touchette, Catherine	Hawai'i	1.72m	_____	_____
13	Kennedy, Charli	Cal Poly	1.70m	_____	_____
14	Boyd, Olivia	Western Oregon	1.68m	_____	_____
15	Bakke, Kyra	Oregon State	1.65m	_____	_____
16	Windbiel, Olivia	Simon Fraser	1.62m	_____	_____
17	Caprye, Abigail	Pacific Lutheran	1.61m	_____	_____
18	Wedman-Kent, Nova	Simon Fraser	1.59m	_____	_____
19	Bosma, Charlotte	Simon Fraser	1.57m	_____	_____
20	Huber, Carley	Central Washington	1.57m	_____	_____
21	McKay, Meagan	Simon Fraser	1.55m	_____	_____
22	Caro, Griffey	Western Washington	1.55m	_____	_____
23	Kubacki, Kate	Oregon State	1.55m	_____	_____
24	Sparks, Sydney	Pacific Lutheran	1.53m	_____	_____
25	Delay, Sam	Central Washington	1.53m	_____	_____
26	DeGroot, Ellie	Central Washington	1.51m	_____	_____
27	Nicol, Claire	Trinity Western (B.C.)	1.50m	_____	_____
28	Achterling, Lilly	Pacific Lutheran	1.48m	_____	_____

2026 UW Indoor Preview - 1/16/2026 to 1/17/2026**Dempsey Indoor, Seattle WA****Performance List****Event 14 Women Pole Vault**

	Name	School	Seed Mark	Finals	Place
1	Vacca, Veronica	Washington	4.40m	_____	_____
2	Borton, Sara	Washington	4.35m	_____	_____
3	Urbanowicz, Sonya	British Columbia	4.20m	_____	_____
4	Wilson, Avril	Unattached	4.18m	_____	_____
5	Schuller, Sky	Stanford	4.06m	_____	_____
6	Enriquez, Ava	Hawai'i	3.96m	_____	_____
7	Juhler, Maddy	Oregon State	3.94m	_____	_____
8	Fowler, Mia	Oregon State	3.88m	_____	_____
9	Koch, Lindsey	Hawai'i	3.87m	_____	_____
10	Mohlman, Sydney	Western Washington	3.82m	_____	_____
11	Lee, Claire	Oregon State	3.78m	_____	_____
12	Cramp, Sage	Linfield	3.76m	_____	_____
13	Paresa, Analissa	Linfield	3.71m	_____	_____
14	Armstrong, Effie	Western Washington	3.68m	_____	_____
15	Claybrook, Addy	Central Washington	3.66m	_____	_____
16	Bryant, Cariann	Central Washington	3.61m	_____	_____
17	Rueppell, Lucia	British Columbia	3.55m	_____	_____
18	Wiley, Sheleena	Trinity Western (B.C.)	3.50m	_____	_____
19	Grubestic, JoJo	Western Washington	3.45m	_____	_____
20	Neir, Kiana	Pacific Lutheran	3.40m	_____	_____
21	Strand, Carley	Oregon State	3.26m	_____	_____
22	Zamora-Mercado, Isabel	Western Oregon	3.24m	_____	_____
23	Ross, Alena	Central Washington	3.24m	_____	_____
24	Mcgowan, Alexa	Western Oregon	3.20m	_____	_____
25	Caprye, Abigail	Pacific Lutheran	3.15m	_____	_____
26	Lemeza, Alecia	Western Oregon	3.05m	_____	_____
27	Hoffman, Tana	Western Washington	3.02m	_____	_____

2026 UW Indoor Preview - 1/16/2026 to 1/17/2026**Dempsey Indoor, Seattle WA****Performance List****Event 15 Women Long Jump**

	Name	School	Seed Mark	Finals	Place
1	Cooper, Elena	Stanford	6.44m	_____	_____
2	Ennin, Samantha	Stanford	6.43m	_____	_____
3	Stapleton, Tess	Stanford	6.31m	_____	_____
4	Oakes, Alaysia	Stanford	6.26m	_____	_____
5	Nwagwu, Melody	Cal Poly	6.19m	_____	_____
6	Roy-Williams, Cadence	Cal Poly	6.07m	_____	_____
7	Sela, Celeste	Hawai'i	6.04m	_____	_____
8	Washburn, Ava	Washington	5.98m	_____	_____
9	Wiley, Sheleena	Trinity Western (B.C.)	5.96m	_____	_____
10	Hoagland, Tayhlore	Cal Poly	5.96m	_____	_____
11	Ntekpere, Emy	Central Washington	5.91m	_____	_____
12	Bell, Jaida	Oregon State	5.89m	_____	_____
13	Ivery, La Kadron	Unattached	5.86m	_____	_____
14	Edwards, Adrienne	Washington	5.80m	_____	_____
15	Armstrong, Desie	Cal Poly	5.79m	_____	_____
16	Liessfeld, Vivien	Alaska Anchorage	5.79m	_____	_____
17	Touchette, Catherine	Hawai'i	5.79m	_____	_____
18	Rose, Olivia	Unattached	5.78m	_____	_____
19	Campbell, Mya	Alaska Anchorage	5.77m	_____	_____
20	Avery, Nicole	Western Washington	5.76m	_____	_____
21	Polkinghorn, Hannah	Western Washington	5.72m	_____	_____
22	Tibbo, Zoe	Unattached	5.67m	_____	_____
23	Cook, Kora	Western Washington	5.53m	_____	_____
24	Lee, Mada	Linfield	5.52m	_____	_____
25	DeGroot, Ellie	Central Washington	5.49m	_____	_____
26	Huber, Carley	Central Washington	5.45m	_____	_____
27	Nagra, Jasleen	Simon Fraser	5.43m	_____	_____
28	Kubacki, Kate	Oregon State	5.41m	_____	_____
29	Danner-Bunn, Ayla	Western Washington	5.41m	_____	_____
30	Barnett, Ava	Corban (Ore.)	5.38m	_____	_____
31	Ferencz, Savannah	Alpha Speed Academy	5.31m	_____	_____
32	Williams, Kayla	Alpha Speed Academy	5.30m	_____	_____

2026 UW Indoor Preview - 1/16/2026 to 1/17/2026**Dempsey Indoor, Seattle WA****Performance List****Event 16 Women Triple Jump**

	Name	School	Seed Mark	Finals	Place
1	Ntekpere, Emy	Central Washington	13.33m	_____	_____
2	Wyllie, Tara	Hawai'i	12.93m	_____	_____
3	Nwagwu, Melody	Cal Poly	12.80m	_____	_____
4	Williams, Kayla	Alpha Speed Academy	12.38m	_____	_____
5	Bir, Rachel	Washington	12.31m	_____	_____
6	Washburn, Ava	Washington	12.27m	_____	_____
7	Wiley, Sheleena	Trinity Western (B.C.)	12.04m	_____	_____
8	Kelly, Addison	Washington	12.00m	_____	_____
9	Windbiel, Olivia	Simon Fraser	11.86m	_____	_____
10	Miller, Azariah	Central Washington	11.82m	_____	_____
11	Moore, Tehya	Central Washington	11.74m	_____	_____
12	Smith, Jazzlyn-Rei	Alpha Speed Academy	11.64m	_____	_____
13	Tibbo, Zoe	Unattached	11.56m	_____	_____
14	Ferencz, Savannah	Alpha Speed Academy	11.53m	_____	_____
15	Edwards, Adrienne	Washington	11.50m	_____	_____
16	Abekah, Domfo	Simon Fraser	11.35m	_____	_____
17	Lee, Mada	Linfield	11.33m	_____	_____
18	Cates, Tia	Seattle Pacific	11.32m	_____	_____
19	Johnson Brewster, Jaylah	Alpha Speed Academy	11.00m	_____	_____
20	Danner-Bunn, Ayla	Western Washington	10.94m	_____	_____
21	Paugh, Madison	Simon Fraser	10.87m	_____	_____
22	Nagra, Jasleen	Simon Fraser	10.73m	_____	_____
23	Grutsch, Isabella	Linfield	10.67m	_____	_____

2026 UW Indoor Preview - 1/16/2026 to 1/17/2026**Dempsey Indoor, Seattle WA****Performance List****Event 17 Women Shot Put**

	Name	School	Seed Mark	Finals	Place
1	Polkinghorn, Jessica	Western Washington	15.45m	_____	_____
2	Turban, Lilian	Hawai'i	14.67m	_____	_____
3	Sopoaga, Valo	Hawai'i	14.50m	_____	_____
4	Chapin, Kathryn	Western Washington	14.21m	_____	_____
5	Vital, Samaria	Hawai'i	14.09m	_____	_____
6	Hofland, Taylor	Cal Poly	14.03m	_____	_____
7	Parks, Mara	Western Washington	13.97m	_____	_____
8	Forshaw, Rose	Hawai'i	13.96m	_____	_____
9	Demby, Golda	Cal Poly	13.66m	_____	_____
10	Chamizo, Olivia	Oregon State	13.47m	_____	_____
11	Wheaton, Rylee	Central Washington	13.16m	_____	_____
12	Andrews, Rylee	Western Washington	13.13m	_____	_____
13	Gordon, Maliyah	Central Washington	13.02m	_____	_____
14	Salanoa, Kamila	Central Washington	12.85m	_____	_____
15	Rydberg, Guinevere	Western Oregon	12.81m	_____	_____
16	Rigby, Isabella	Cal Poly	12.69m	_____	_____
17	Noordam, Eileen	Trinity Western (B.C.)	12.65m	_____	_____
18	Fisher, Natalie	Portland State	12.19m	_____	_____
19	Boyd, Izzy	Western Oregon	12.18m	_____	_____
20	Samuelu, Alberta	Saint Martin's	12.07m	_____	_____
21	Taula, Felicity	Central Washington	11.90m	_____	_____
22	Ayodeji, Blessing	Central Washington	11.75m	_____	_____
23	Prazer, Ellie	Central Washington	11.62m	_____	_____
24	Teague, Azadeh	Western Washington	11.57m	_____	_____
25	Udoh, Erica	Trinity Western (B.C.)	11.55m	_____	_____
26	Taula, Fidelity	Central Washington	11.47m	_____	_____
27	Ishaka, Uririnoghene (Riri)	Trinity Western (B.C.)	11.15m	_____	_____
28	Littlewood, Catherine	Stanford	10.85m	_____	_____
29	Ude, Sarah	Trinity Western (B.C.)	10.28m	_____	_____
30	Bledsoe, Vanessa	Saint Martin's	8.76m	_____	_____

2026 UW Indoor Preview - 1/16/2026 to 1/17/2026**Dempsey Indoor, Seattle WA****Performance List****Event 18 Women Weight Throw**

	Name	School	Seed Mark	Finals	Place
1	Moran, Shelby	Unattached	19.63m	_____	_____
2	Colson, Yvonne	Washington	18.00m	_____	_____
3	Gordon, Maliyah	Central Washington	17.15m	_____	_____
4	Beard, Kimberly	Unattached	17.07m	_____	_____
5	Vital, Samaria	Hawai'i	16.84m	_____	_____
6	Chapin, Kathryn	Western Washington	16.57m	_____	_____
7	Sopoaga, Valo	Hawai'i	16.45m	_____	_____
8	Udoh, Erica	Trinity Western (B.C.)	16.38m	_____	_____
9	Rydberg, Guinevere	Western Oregon	16.37m	_____	_____
10	McNeil-Vivanco, Marina	Hawai'i	16.17m	_____	_____
11	Ude, Sarah	Trinity Western (B.C.)	16.00m	_____	_____
12	Gelston, Katelynn	Oregon State	15.73m	_____	_____
13	Chamizo, Olivia	Oregon State	15.35m	_____	_____
14	Parks, Mara	Western Washington	15.29m	_____	_____
15	Deines, Jamie	Stanford	14.52m	_____	_____
16	Bahnmler, Kaelynn	Washington	14.34m	_____	_____

2026 UW Indoor Preview - 1/16/2026 to 1/17/2026

Dempsey Indoor, Seattle WA

Performance List

Event 47 Men 60 Meter Dash Prelims

	Name	School	Seed Time	Prelim Time	Place
1	Wells Jr., RayRay	Glif	6.48		
2	Hall, Jacob	Simon Fraser	6.76		
3	Magruder, Colton	Central Washington	6.77		
4	Ramsay, Rui	Trinity Western (B.C.)	6.78		
5	O'Donnell, Liam	Simon Fraser	6.84		
6	Penson-McCoy, Jesaiah	Unattached	6.86		
7	Johnson, Jaden	Western Washington	6.88		
8	Moffitt, Jackson	Western Washington	6.88		
9	Suzuki, Kaito	Unattached	6.88		
10	McDowell, Grant	Western Oregon	6.91		
11	Trichel, Cameron	Western Washington	6.93		
12	Sutton, Javonte	Western Washington	6.94		
13	Drumgoole, Xavier	Stanford	6.95		
14	Adeyanju, Favour	Trinity Western (B.C.)	6.95		
15	Macdonald, Jack	Portland State	6.95		
16	Ojukwu, John	Ultimate Speed Athletics	6.96		
17	Ford, Isaac	Western Washington	6.97		
18	Toews, Jonathan	Trinity Western (B.C.)	6.97		
19	Fong, Justin	Unattached	6.98		
20	Lau, Adrian	Simon Fraser	6.98		
21	Fong, Brendan	Unattached	7.00		
22	Tjernagel, Benjamin	Unattached	7.00		
23	Cadengo, Isaiah	Portland State	7.00		
24	Thompson, Demari	Western Oregon	7.02		
25	Donald, Jayden	Linfield	7.03		
26	Johnson, Ethan	Western Washington	7.05		
27	Ford, Evin	Western Washington	7.05		
28	Wright, Deandre	Evergreen State (Wash.)	7.05		
29	Hunter, Tarelle	Seattle Pacific	7.07		
30	DiMarzio, Jake	Western Washington	7.08		
31	Dominique, Eliyah	Western Washington	7.08		
32	Ajaegbu, Gabriel	Stanford	7.08		
33	Ross, Kamil	Alpha Speed Academy	7.09		
34	Frazier, Owen	Western Oregon	7.10		
35	Murphy, Brennen	Western Oregon	7.15		
36	Brenek, Lucas	Western Washington	7.15		
37	Christensen, Liam	Linfield	7.15		
38	Fiso, Matthew	Unattached	7.16		
39	Brhelle, Jackson	Simon Fraser	7.16		
40	Vega, Jordan	Western Oregon	7.17		
41	Gremaud, Brandon	Trinity Western (B.C.)	7.17		
42	Willingham, Tyger	Pacific Lutheran	7.18		
43	Aguilar, Joseph	Saint Martin's	7.19		
44	Nguyen, Hewie	Western Washington	7.19		
45	Dayton, Charles	Linfield	7.19		
46	Payne, Zach	Portland State	7.20		
47	Odom, Xander	Western Oregon	7.20		
48	Ernst, Hawkin	Left Coast Track & Field	7.20		
49	Brost, Dillon	Portland State	7.23		

2026 UW Indoor Preview - 1/16/2026 to 1/17/2026**Dempsey Indoor, Seattle WA****Performance List****Event 47 ... (Men 60 Meter Dash Prelims)**

	Name	School	Seed Time		
50	Dehghan, Danial	Dewitz Elite	7.26	_____	_____
51	Howmiller, Jacob	Puget Sound	7.29	_____	_____
52	Lindsay, Jarvae	Evergreen State (Wash.)	7.30	_____	_____
53	Orizaba, Quinnton	Left Coast Track & Field	7.35	_____	_____
54	Redford, Cody	Western Washington	7.40	_____	_____
55	Miller, Kaden	Western Washington	7.41	_____	_____
56	Bailey, Christian	Left Coast Track & Field	7.47	_____	_____
57	Satterfield, Kaimana	Pacific Lutheran	7.48	_____	_____
58	Burrell, Oliver	Left Coast Track & Field	7.49	_____	_____
59	Martin Huerta, Sebastian	Trinity Western (B.C.)	7.50	_____	_____
60	Sweeney, Aidan	Portland State	7.50	_____	_____
61	Facheux, Emaunuel	Seattle Pacific	7.85	_____	_____

2026 UW Indoor Preview - 1/16/2026 to 1/17/2026**Dempsey Indoor, Seattle WA****Performance List****Event 60 Men 200 Meter Dash**

	Name	School	Seed Time	Finals	Place
1	Dominique, Eliyah	Western Washington	21.20		
2	Earles, Daniel	Trinity Western (B.C.)	21.22		
3	Ajaegbu, Gabriel	Stanford	21.28		
4	Hall, Jacob	Simon Fraser	21.32		
5	Ford, Isaac	Western Washington	21.36		
6	Ryan, Zachary	Stanford	21.57		
7	Fong, Brendan	Unattached	21.60		
8	Ramsay, Rui	Trinity Western (B.C.)	21.63		
9	Penson-McCoy, Jesaiah	Unattached	21.75		
10	Atilano, Vincent	Cal Poly	21.75		
11	Trichel, Cameron	Western Washington	21.78		
12	Tjernagel, Benjamin	Unattached	21.78		
13	Brost, Dillon	Portland State	21.79		
14	Johnson, Ethan	Western Washington	21.84		
15	O'Donnell, Liam	Simon Fraser	21.84		
16	Reynolds, Ryce	Stanford	21.85		
17	Shields, Kamron	Pacific (Ore.)	21.89		
18	Fong, Justin	Unattached	21.89		
19	Ross, Kamil	Alpha Speed Academy	21.89		
20	Cadengo, Isaiah	Portland State	21.91		
21	Macdonald, Jack	Portland State	21.95		
22	Lau, Adrian	Simon Fraser	22.01		
23	Johnson, Jaden	Western Washington	22.07		
24	Ernst, Hawkin	Left Coast Track & Field	22.10		
25	Sutton, Javonte	Western Washington	22.14		
26	DiMarzio, Jake	Western Washington	22.26		
27	Adeyanju, Favour	Trinity Western (B.C.)	22.30		
28	Dehghan, Danial	Dewitz Elite	22.34		
29	Donald, Jayden	Linfield	22.39		
30	Bailey, Joseph	Stanford	22.41		
31	Brhelle, Jackson	Simon Fraser	22.42		
32	Dayton, Charles	Linfield	22.46		
33	Howmiller, Jacob	Puget Sound	22.47		
34	Barnes, Liam	Simon Fraser	22.52		
35	Herron, Corbin	Western Washington	22.53		
36	Odom, Xander	Western Oregon	22.55		
37	Wright, Deandre	Evergreen State (Wash.)	22.62		
38	Antoine, Alexandre	Trinity Western (B.C.)	22.71		
39	Cardinez, Aaron	Trinity Western (B.C.)	22.79		
40	Toews, Jonathan	Trinity Western (B.C.)	22.88		
41	Orizaba, Quinnton	Left Coast Track & Field	22.89		
42	Burrell, Oliver	Left Coast Track & Field	22.95		
43	Hunter, Tarelle	Seattle Pacific	22.97		
44	Christensen, Liam	Linfield	23.02		
45	Kramer, Seth	Pacific Lutheran	23.31		
46	Redford, Cody	Western Washington	23.33		
47	McNeil, Nathaniel	Simon Fraser	23.36		
48	Timmins, James	Portland State	23.39		
49	Bailey, Christian	Left Coast Track & Field	23.47		

2026 UW Indoor Preview - 1/16/2026 to 1/17/2026
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Performance List

Event 60 ... (Men 200 Meter Dash)					
	Name	School	Seed Time		
50	Satterfield, Kaimana	Pacific Lutheran	23.63	_____	_____
51	Aguilar, Joseph	Saint Martin's	23.96	_____	_____
52	Erickson, Jack	Pacific Lutheran	24.00	_____	_____
53	Dhillon, Lakshya	Pacific Lutheran	25.00	_____	_____

2026 UW Indoor Preview - 1/16/2026 to 1/17/2026**Dempsey Indoor, Seattle WA****Performance List****Event 54 Men 400 Meter Dash**

	Name	School	Seed Time	Finals	Place
1	Ryan, Zachary	Stanford	46.60	_____	_____
2	Jeggo, Zachary	Simon Fraser	46.62	_____	_____
3	TeSelle, MacGregor	Cal Poly	47.03	_____	_____
4	Franco, Alexander	Cal Poly	47.06	_____	_____
5	Moffitt, Jackson	Western Washington	47.20	_____	_____
6	Keith, Avery	Puget Sound	47.43	_____	_____
7	Ford, Evin	Western Washington	47.84	_____	_____
8	Reynolds, Ryce	Stanford	47.90	_____	_____
9	Brenek, Lucas	Western Washington	48.05	_____	_____
10	Fong, Brendan	Unattached	48.14	_____	_____
11	Woodring, Maurice	Western Washington	49.18	_____	_____
12	Ross, Kamil	Alpha Speed Academy	49.40	_____	_____
13	Le, Teo	Western Oregon	49.55	_____	_____
14	McKay, DayQuan	Western Oregon	49.59	_____	_____
15	Bailey, Joseph	Stanford	49.68	_____	_____
16	Orizaba, Quinnton	Left Coast Track & Field	49.87	_____	_____
17	Ernst, Hawkin	Left Coast Track & Field	50.34	_____	_____
18	Carr, Tyson	Simon Fraser	50.37	_____	_____
19	Barnes, Liam	Simon Fraser	50.48	_____	_____
20	Pratt, Joel	Unattached	50.50	_____	_____
21	Antoine, Alexandre	Trinity Western (B.C.)	50.74	_____	_____
22	Herbert, Joseph	Western Oregon	50.77	_____	_____
23	Gremaud, Ethan	Trinity Western (B.C.)	50.89	_____	_____
24	Cardinez, Aaron	Trinity Western (B.C.)	50.92	_____	_____
25	Joshua, Robert	Seattle Pacific	51.08	_____	_____
26	Erickson, Jack	Pacific Lutheran	54.00	_____	_____
27	Dhillon, Lakshya	Pacific Lutheran	56.00	_____	_____

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Performance List

Event 56 Men 600 Meter Run

	Name	School	Seed Time	Finals	Place
1	Brooks, Justin	Seattle Pacific	1:22.00	_____	_____
2	Brennan, Wil	Cal Poly	1:22.06	_____	_____
3	Springer, Zack	St. Mary's (Ca)	1:24.00	_____	_____
4	Hollister, Gus	St. Mary's (Ca)	1:24.00	_____	_____
5	Gremaud, Ethan	Trinity Western (B.C.)	1:24.20	_____	_____

2026 UW Indoor Preview - 1/16/2026 to 1/17/2026**Dempsey Indoor, Seattle WA****Performance List****Event 58 Men 800 Meter Run**

	Name	School	Seed Time	Finals	Place
1	Grosvenor, Grant	F8tc	1:47.21		
2	Walter, Chase	Unattached	1:47.89		
3	VanDyke, Clayton	Unattached	1:49.51		
4	Matusz, DJ	Unattached	1:49.75		
5	Roberts, Yutaka	Portland	1:49.82		
6	Emerson, Aiden	Washington State	1:51.06		
7	Hutton, Max	Central Washington	1:51.35		
8	Plummer, Colton	Simon Fraser	1:51.39		
9	Brownell, Kade	Washington State	1:51.62		
10	Wirshing, Spencer	St. Mary's (Ca)	1:52.00		
11	Verges, Ferran	Washington State	1:52.10		
12	Ahmed, Amir	Portland State	1:52.15		
13	Khoury, Ryan	Unattached	1:52.28		
14	Palmen, Connor	Western Washington	1:52.37		
15	Bloom, Jonah	Western Washington	1:52.46		
16	Pomrankey, Easton	Western Oregon	1:52.47		
17	Deane, Trevor	Unattached	1:52.51		
18	Theisen, Landon	Western Oregon	1:52.83		
19	Molina, Mark	Simon Fraser	1:52.96		
20	Regez, Sam	Portland	1:53.00		
21	Solari, Alan	St. Mary's (Ca)	1:53.14		
22	Riley, Cole	Western Washington	1:53.29		
23	O'Connor, Yale	Simon Fraser	1:53.94		
24	Ruiz, Tony	Alaska Anchorage	1:53.96		
25	Abade, Abdi	Portland State	1:54.27		
26	Hulbert, Charlie	Alaska Anchorage	1:54.42		
27	Bartlett, Chase	Washington State	1:54.83		
28	Verges, Ricard	Washington State	1:54.83		
29	Arthur, JD	Portland State	1:54.94		
30	Umbers, Aleksy	Unattached	1:55.00		
31	Terry, Heath	Western Washington	1:55.91		
32	Taddy, Hunter	Alaska Anchorage	1:55.95		
33	Zukowski, Stephen	Alaska Anchorage	1:56.00		
34	White, Matthias	Saint Martin's	1:56.17		
35	Morrow, Gabriel	Portland	1:56.26		
36	Pannu, Armaandeeep	Simon Fraser	1:56.45		
37	Black, Elliott	Western Oregon	1:56.67		
38	Lee, Josiah	Western Oregon	1:57.50		
39	Porter, Anthony	Alaska Anchorage	1:57.60		
40	Brooks, Justin	Seattle Pacific	1:57.70		
41	Korth, Nathan	Seattle Pacific	1:57.94		

2026 UW Indoor Preview - 1/16/2026 to 1/17/2026**Dempsey Indoor, Seattle WA****Performance List****Event 50 Men 1000 Meter Run**

	Name	School	Seed Time	Finals	Place
1	Ellis, Sam	ON	2:16.00	_____	_____
2	Waskom, Joe	adidas	2:20.00	_____	_____
3	Powell, Owen	Washington	2:20.76	_____	_____
4	Bergen, Zane	Stanford	2:20.87	_____	_____
5	Bilyard, Tyler	Washington	2:21.00	_____	_____
6	Abrams, Colin	Stanford	2:22.00	_____	_____
7	Grosvenor, Grant	F8tc	2:22.01	_____	_____
8	Westwood, Lewis	Cal Poly	2:22.12	_____	_____
9	Smith, Carson	Cal Poly	2:22.70	_____	_____
10	Palmer, Matthew	Bowerman Track Club	2:24.90	_____	_____
11	Demund, Osaze	Unattached	2:25.00	_____	_____
12	Miracle, Maxwell	Rogue Valley Runners	2:25.00	_____	_____
13	Chippendale, Toby	Stanford	2:26.00	_____	_____
14	Klassen, Mitchell	Victoria (B.C.)	2:26.44	_____	_____
15	Schneider, William	Unattached	2:27.00	_____	_____
16	Kary, Gabriel	Unattached	2:27.00	_____	_____
17	Balazs, Patrik	Bowerman Track Club	2:27.50	_____	_____
18	Martinez, Eric	St. Mary's (Ca)	2:28.00	_____	_____
19	Rickey, Connor	Santa Clara	2:28.00	_____	_____
20	TeVeld, Reuben	Galbraith Track Club	2:29.02	_____	_____
21	Diamond, Thomas	Washington	2:29.86	_____	_____
22	Strub, Coen	Santa Clara	2:30.00	_____	_____

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Dempsey Indoor, Seattle WA

Performance List

Event 52 Men 1 Mile Run

	Name	School	Seed Time	Finals	Place
1	Myers, Cam	Nike	3:47.48		
2	Kidder, Brannon	Brooks	3:52.89		
3	Prakel, Samuel	adidas	3:55.00		
4	Milner, Mark	Portland	3:56.90		
5	Price, Jonas	Portland	3:57.72		
6	Diamond, Thomas	Washington	3:58.00		
7	Tostenson, Josiah	Washington	3:58.00		
8	Reina Jr, Reuben	Washington	3:58.00		
9	VanDyke, Clayton	Unattached	3:58.86		
10	Jenkins, Evan	Washington	3:59.00		
11	Distel, Jamar	Washington	3:59.32		
12	Koech, Vincent	Washington State	4:00.72		
13	Kurui, Evans	Washington State	4:00.87		
14	Gorze, Tyrone	Washington	4:02.00		
15	Scasso, Giuliano	Portland	4:02.11		
16	Lautenslager, Jeff	Unattached	4:02.17		
17	Kabasenche, Eliason	Portland	4:02.97		
18	Roelle, Hans-peter	Unattached	4:03.91		
19	Diehr, Julius	Unattached	4:03.98		
20	Cook, Miles	Cal Poly	4:04.00		
21	Skoog, Joseph	Unattached	4:04.89		
22	Brownell, Kade	Washington State	4:04.90		
23	Sloan, Nathan	Elevated Performance	4:05.00		
24	Miracle, Maxwell	Rogue Valley Runners	4:05.00		
25	Malko-Allen, Mateo	Cal Poly	4:06.41		
26	Rovnak, Aaron	Portland	4:06.82		
27	Pomrankey, Easton	Western Oregon	4:06.95		
28	Emerson, Aiden	Washington State	4:07.01		
29	Meli, Josphat	Washington State	4:07.04		
30	Rodriguez, Isaiah	Western Oregon	4:07.09		
31	Tolbert, Jack	Santa Clara	4:07.48		
32	Clark, Taj	Cal Poly	4:07.89		
33	Kipchoge, Solomon	Washington State	4:08.95		
34	Stein, Nathan	Portland	4:09.01		
35	Habash, Jason	St. Mary's (Ca)	4:09.14		
36	Erikson, Anthony	St. Mary's (Ca)	4:09.91		
37	McAllister, Ian	Victoria (B.C.)	4:10.00		
38	Camacho-Bucks, Antonio	Santa Clara	4:10.00		
39	Hulbert, Charlie	Alaska Anchorage	4:10.07		
40	Papavasiliou, Liam	Santa Clara	4:10.11		
41	Schoening, Benjamin	Simon Fraser	4:11.76		
42	Molina, Mark	Simon Fraser	4:12.00		
43	Rahkola, Maverick	Simon Fraser	4:12.32		
44	Ortega-Gammill, Eric	Santa Clara	4:12.36		
45	Vaca, Daniel	Santa Clara	4:13.07		
46	Verges, Ferran	Washington State	4:13.23		
47	Fesslmeier, Mateo	Santa Clara	4:13.93		
48	Hawley, Elliot	Portland	4:14.00		
49	Mulugeta, Yemane	Trinity Western (B.C.)	4:14.17		

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Dempsey Indoor, Seattle WA

Performance List

Event 52 ... (Men 1 Mile Run)

	Name	School	Seed Time		
50	Berg, Kyle	Santa Clara	4:14.39		
51	Bruce, Evan	Washington State	4:14.41		
52	Reseigh, Nathan	Western Washington	4:14.52		
53	Ahl, Braden	Simon Fraser	4:14.66		
54	Fielding Stogner, Jon	St. Mary's (Ca)	4:14.77		
55	Erickson, Mitchell	Victoria (B.C.)	4:14.85		
56	Russell, Jacob	Pacific	4:15.00		
57	O'Connor, Yale	Simon Fraser	4:15.34		
58	Logie, Micah	Simon Fraser	4:16.56		
59	Wilcott, Grayson	Washington State	4:16.72		
60	Ruiz, Tony	Alaska Anchorage	4:17.00		
61	Aden, Micaiah	Washington State	4:17.00		
62	Zukowski, Stephen	Alaska Anchorage	4:17.02		
63	Bartlett, Chase	Washington State	4:17.63		
64	Browning, Benjamin	Alaska Anchorage	4:18.00		
65	Andersen, Sam	St. Mary's (Ca)	4:18.00		
66	Cook, Leo	Washington State	4:18.33		
67	Naught, Charlie	Central Washington	4:18.51		
68	Verges, Ricard	Washington State	4:18.52		
69	Swedin, Eric	Washington State	4:19.19		
70	Charkut, Evan	Santa Clara	4:19.80		
71	Smith, Ari	Portland State	4:19.86		
72	Ahmed, Amir	Portland State	4:19.90		
73	Vera Alvarado, Edgar	Alaska Anchorage	4:20.00		
74	Roy, Samuel	Alaska Anchorage	4:20.00		
75	Porter, Anthony	Alaska Anchorage	4:20.00		
76	Buchanan, Tobias	Alaska Anchorage	4:20.20		
77	Arthur, JD	Portland State	4:20.20		
78	Tveit, Ries	Alaska Anchorage	4:21.70		
79	Ortega, Noe	Saint Martin's	4:21.98		
80	Bates, Brian	Unattached	4:22.00		
81	O'Neal, Henry	Alaska Anchorage	4:22.00		
82	Ahmed, Muhammed	Washington State	4:22.00		
83	Pannu, Armaandeep	Simon Fraser	4:24.50		
84	McIntosh, Elliot	Portland	4:26.00		
85	Coon, Ethan	Saint Martin's	4:28.00		
86	Lindley, Garrich	Saint Martin's	4:32.00		
87	Cooper, Matt	Saint Martin's	4:33.47		
88	White, Matthias	Saint Martin's	4:37.63		
89	Estrada, Harlan	Evergreen State (Wash.)	4:41.22		
90	Calderon, Osvaldo	Evergreen State (Wash.)	4:43.80		
91	Sanchez, Nathaniel	Evergreen State (Wash.)	4:52.88		
92	Sanchez, Daniel	Evergreen State (Wash.)	4:54.92		

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Dempsey Indoor, Seattle WA

Performance List

Event 85 Men 3000 Meter Run B Sections

	Name	School	Seed Time	Finals	Place
1	Suliman, Waleed	Unattached	7:39.00		
2	Young, Leo	Stanford	7:40.00		
3	Reina Jr, Reuben	Washington	7:41.11		
4	Powell, Owen	Washington	7:41.13		
5	Tostenson, Josiah	Washington	7:41.90		
6	Hammond, Rhys	Unattached	7:41.92		
7	Dargan, James	Stanford	7:46.00		
8	Bergen, Zane	Stanford	7:46.90		
9	Kurui, Evans	Washington State	7:48.44		
10	Waskom, Joe	adidas	7:50.00		
11	Noonan, Evan	Stanford	7:54.00		
12	Bilyard, Tyler	Washington	7:55.80		
13	Gannon, Trey	Portland	7:55.97		
14	Chelal, Rogers	Washington State	7:56.00		
15	Skapinsky, Milo	Stanford	7:56.70		
16	Koech, Vincent	Washington State	7:57.38		
17	Scasso, Giuliano	Portland	7:57.49		
18	Romine, Josh	Unattached	7:57.84		
19	Gorze, Tyrone	Washington	7:58.00		
20	Jenkins, Evan	Washington	7:58.00		
21	Neil, Nathan	Washington	7:58.00		
22	Briggs, Isaac	Washington	7:58.00		
23	Grevious, Byron	Stanford	7:58.00		
24	Bell, Joshua	Stanford	7:58.00		
25	Distel, Jamar	Washington	7:58.00		
26	Dannatt, Charlie	Unattached	7:58.32		
27	Meli, Josphat	Washington State	8:00.95		
28	Crabtree, James	Unattached	8:01.46		
29	Mulugeta, Yemane	Trinity Western (B.C.)	8:05.67		
30	Kiplagat, Justin	Trinity Western (B.C.)	8:06.37		
31	Brownell, Kade	Washington State	8:06.72		
32	McCormick, Keegan	Unattached	8:07.14		
33	Emerson, Aiden	Washington State	8:07.85		
34	Mong, Parker	Unattached	8:08.21		
35	Grossman, Micah	Cal Poly	8:08.86		
36	Maldonado, Oliver	Santa Clara	8:08.88		
37	Sherry, Callum	Stanford	8:09.65		
38	Felix, Ibzan	Cal Poly	8:10.00		
39	Tolbert, Jack	Santa Clara	8:10.78		
40	Kipchoge, Solomon	Washington State	8:10.99		
41	Stein, Nathan	Portland	8:11.11		
42	Schneider, William	Unattached	8:12.63		
43	Hupke, Jacob	Portland	8:12.63		
44	Hulbert, Charlie	Alaska Anchorage	8:13.19		
45	Papavasiliou, Liam	Santa Clara	8:13.27		
46	Fernandez, George	Western Washington	8:13.68		
47	Ahmed, Muhammed	Washington State	8:15.89		
48	Brakstad, Sten	Western Washington	8:16.06		
49	Schoening, Benjamin	Simon Fraser	8:16.53		

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Dempsey Indoor, Seattle WA

Performance List

Event 85 ... (Men 3000 Meter Run B Sections)

	Name	School	Seed Time		
50	Spillane, Oisin	St. Mary's (Ca)	8:17.02		
51	Corvin, Cruize	Unattached	8:17.39		
52	Henry, Will	Western Washington	8:19.50		
53	Camacho-Bucks, Antonio	Santa Clara	8:20.00		
54	Billings, Jonah	Western Washington	8:20.00		
55	Helmer, Carson	Portland	8:20.00		
56	Kuchar, Jaxon	Victoria (B.C.)	8:20.36		
57	Alderfer, Jared	Western Washington	8:20.85		
58	Ortega-Gammill, Eric	Santa Clara	8:21.17		
59	Hurd, Luke	Central Washington	8:21.30		
60	Vaca, Daniel	Santa Clara	8:21.43		
61	Berg, Kyle	Santa Clara	8:21.99		
62	Resnik, Matthew	Western Oregon	8:22.00		
63	Potts, Boston	Portland	8:22.00		
64	Ahl, Braden	Simon Fraser	8:22.24		
65	Ruiz, Kellen	George Fox	8:22.93		
66	Ganz, Marcus	Victoria (B.C.)	8:23.30		
67	Bruce, Evan	Washington State	8:24.58		
68	Trampe, Daniel	Santa Clara	8:25.00		
69	White, Ryder	Rogue Valley Runners	8:25.00		
70	Rapp, Liam	Western Washington	8:25.07		
71	Souza, Andre	Pacific	8:25.20		
72	Erickson, Avery	Seattle Pacific	8:25.35		
73	Wilcott, Grayson	Washington State	8:26.05		
74	Williams, Cohen	Portland	8:26.12		
75	Helder, Kaden	Santa Clara	8:26.35		
76	Zukowski, Stephen	Alaska Anchorage	8:26.90		
77	McInelly, Kellen	Central Washington	8:26.97		
78	Hildenbrand, Caden	George Fox	8:27.00		
79	Parker, Logan	Western Oregon	8:27.86		
80	Rahkola, Maverick	Simon Fraser	8:28.00		
81	Williams, Eli	Western Washington	8:28.00		
82	Jaquith, Josiah	Northwest (Wash.)	8:28.00		
83	Aden, Micaiah	Washington State	8:28.26		
84	Mason, Lance	Jpn	8:28.52		
85	Moffett, Jacob	St. Mary's (Ca)	8:29.15		
86	Werner, Logan	Western Washington	8:29.20		
87	McManus, Jacob	Santa Clara	8:29.29		
88	Cook, Leo	Washington State	8:29.48		
89	Zeljak, Spencer	Western Washington	8:29.50		
90	Naught, Charlie	Central Washington	8:29.84		
91	Alderson, Bodie	Portland	8:29.88		
92	Browning, Benjamin	Alaska Anchorage	8:30.00		
93	Seman, Remedan	Western Oregon	8:30.00		
94	Bothwell, Ethan	Western Oregon	8:30.00		
95	Tobin, Jack	Santa Clara	8:30.00		
96	Evans, Logan D.	Pacific	8:31.00		
97	Swedin, Eric	Washington State	8:31.18		
98	van Straaten, Ares	Central Washington	8:32.27		
99	Charkut, Evan	Santa Clara	8:32.38		

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Dempsey Indoor, Seattle WA

Performance List

Event 85 ... (Men 3000 Meter Run B Sections)

	Name	School	Seed Time		
100	Smith, Ari	Portland State	8:32.50		
101	Davenport, Jett	Pacific	8:32.85		
102	McQuillen, Leaf	Western Washington	8:33.63		
103	Uridales, Diego	St. Mary's (Ca)	8:34.04		
104	Sanders, Kohl	Pacific	8:34.28		
105	Serafimovici, Dima	Central Washington	8:34.74		
106	Eide, Lars	Unattached	8:35.00		
107	Tobon, Eduardo	Western Washington	8:35.00		
108	Carroll, William	Santa Clara	8:35.00		
109	Mutai, David	Trinity Western (B.C.)	8:35.13		
110	Ortega, Noe	Saint Martin's	8:36.68		
111	Penuel, Collin	Portland	8:37.02		
112	Reid, Malcolm	Trinity Western (B.C.)	8:37.68		
113	Ibrahim, Farhan	Portland State	8:38.35		
114	Rodriguez, Diego	Western Washington	8:38.55		
115	Lanham, Samuel	Pacific	8:39.23		
116	Roy, Samuel	Alaska Anchorage	8:40.00		
117	Ruiz, Tony	Alaska Anchorage	8:40.00		
118	Porter, Anthony	Alaska Anchorage	8:40.00		
119	Vera Alvarado, Edgar	Alaska Anchorage	8:40.00		
120	Headley, Elijah	Trinity Western (B.C.)	8:40.53		
121	Abade, Abdi	Portland State	8:41.00		
122	Gillingham, Luke	Portland State	8:41.15		
123	Monaghan, Cian	Puget Sound	8:41.40		
124	Yuzdepski, Mathias	Victoria (B.C.)	8:41.47		
125	Leandro, Chance	Western Washington	8:41.78		
126	Tveit, Ries	Alaska Anchorage	8:41.96		
127	Browne, Tyler	Victoria (B.C.)	8:43.00		
128	Campbell, Zander	Western Oregon	8:43.60		
129	Fuentes, Samuel	Western Oregon	8:45.00		
130	O'Neal, Henry	Alaska Anchorage	8:45.00		
131	Buchanan, Tobias	Alaska Anchorage	8:45.14		
132	Goode, Nathan	Rogue Valley Runners	8:46.61		
133	Baeder, Max	Evergreen State (Wash.)	8:46.73		
134	Higgins, Francis (Timmy)	Saint Martin's	8:47.00		
135	Bustamante, Andres	Northwest (Wash.)	8:47.00		
136	Venable, Isaac	Seattle Pacific	8:49.58		
137	Salazar, Matthew	Western Washington	8:50.08		
138	Parnow, TJ	Western Washington	8:52.14		
139	Woolf, Jackson	St. Mary's (Ca)	8:52.78		
140	Penn, Darien	Seattle Pacific	8:53.76		
141	Gale, Nathaniel	Seattle Pacific	8:55.30		
142	Beck, Jake	Saint Martin's	9:00.00		
143	Scott, Tyler	Saint Martin's	9:00.00		
144	Felix, Noah	Pacific	9:00.67		
145	Coon, Ethan	Saint Martin's	9:00.96		

2026 UW Indoor Preview - 1/16/2026 to 1/17/2026**Dempsey Indoor, Seattle WA****Performance List****Event 78 Men 60 Meter Hurdles Prelims**

	Name	School	Seed Time	Prelim Time	Place
1	Bell, Andrew	Seattle Pacific	8.01		
2	Brown, David	Central Washington	8.03		
3	Herron, Corbin	Western Washington	8.18		
4	Calhoon, Ian	Central Washington	8.22		
5	Boast, Josh	Central Washington	8.31		
6	Herber, Tate	Western Oregon	8.32		
7	McQuain, Jackson	Western Oregon	8.38		
8	Volle, Carsen	Central Washington	8.39		
9	Mendoza, Samuel	Alpha Speed Academy	8.45		
10	Gremaud, Brandon	Trinity Western (B.C.)	8.49		
11	Lyons, Braylen	Alpha Speed Academy	8.57		
12	Adler, Mikell	Pacific (Ore.)	8.62		
13	Ruttledge, Hugh	Saint Martin's	8.66		
14	Sweeney, Aidan	Portland State	8.68		
15	Preau, Amare	Seattle Pacific	8.70		
16	Cates, Tomeko	Washington	8.73		
17	San, Khen	Western Oregon	8.81		
18	Miller, Kaden	Western Washington	8.82		
19	James, Jaylen	Alpha Speed Academy	8.83		
20	Timmins, James	Portland State	8.91		
21	Corpuz, Treyton	Saint Martin's	9.21		
22	Clarke, Dajean	Trinity Western (B.C.)	9.32		
23	Emon, Caleb	Trinity Western (B.C.)	9.40		
24	Crumley, Reid	Saint Martin's	9.44		
25	Martin Huerta, Sebastian	Trinity Western (B.C.)	9.50		
26	Frazier, Jonathan	Washington	NT		

2026 UW Indoor Preview - 1/16/2026 to 1/17/2026**Dempsey Indoor, Seattle WA****Performance List****Event 64 Men 4x400 Meter Relay**

	Team	Relay	Seed Time	Finals	Place
1	Cal Poly	A	3:06.72	_____	_____
2	Stanford	A	3:08.27	_____	_____
3	Gls Speed TC	A	3:09.70	_____	_____
4	Western Washington	A	3:10.08	_____	_____
5	Western Washington	B	3:13.10	_____	_____
6	Western Oregon	A	3:17.72	_____	_____
7	Central Washington	A	3:18.65	_____	_____
8	Simon Fraser	A	3:22.23	_____	_____
9	Portland State	A	3:24.81	_____	_____
10	Trinity Western (B.C.)	A	3:34.93	_____	_____

2026 UW Indoor Preview - 1/16/2026 to 1/17/2026**Dempsey Indoor, Seattle WA****Performance List****Event 83 Men High Jump B Section**

	Name	School	Seed Mark	Finals	Place
1	Lieberg, Leland	Washington	2.06m	_____	_____
2	Battistoni, Jackson	Unattached	2.04m	_____	_____
3	Baker, Cal'von	Central Washington	2.03m	_____	_____
4	Emon, Caleb	Trinity Western (B.C.)	2.00m	_____	_____
5	Wang, Leupold	Simon Fraser	2.00m	_____	_____
6	Paul, Aaron	Western Washington	1.98m	_____	_____
7	Redford, Cody	Western Washington	1.98m	_____	_____
8	McKay, DayQuan	Western Oregon	1.98m	_____	_____
9	Beizak, Illia	Western Washington	1.98m	_____	_____
10	Bender, Matthew	Central Washington	1.95m	_____	_____
11	Brown, Owen	Western Washington	1.93m	_____	_____
12	Clarke, Dajean	Trinity Western (B.C.)	1.90m	_____	_____
13	Hanis, Kevin	Pacific Lutheran	1.90m	_____	_____
14	Oguneye, Laolu	Stanford	1.88m	_____	_____
15	Gremaud, Brandon	Trinity Western (B.C.)	1.88m	_____	_____
16	McDiarmid, Linden	Simon Fraser	1.86m	_____	_____

2026 UW Indoor Preview - 1/16/2026 to 1/17/2026**Dempsey Indoor, Seattle WA****Performance List****Event 80 Men Pole Vault INVITE**

	Name	School	Seed Mark	Finals	Place
1	Rhoads, Jimmy	Washington	5.71m	_____	_____
2	Bresko, Mathis	Unattached	5.53m	_____	_____
3	Gault-Crabb, Eli	Washington	5.50m	_____	_____
4	Feyrer, Ben	Cal Poly	5.20m	_____	_____
5	Klein, Drew	Central Washington	4.95m	_____	_____
6	Martin, Jaime Eduardo	Trinity Western (B.C.)	4.90m	_____	_____
7	White, Bryce	British Columbia	4.80m	_____	_____
8	Doidge, Ryan	Saint Martin's	4.65m	_____	_____
9	Kleindl, Hunter	Pacific Lutheran	4.58m	_____	_____
10	Weston, Sam	British Columbia	4.55m	_____	_____
11	Montero, Kurt	Western Washington	4.53m	_____	_____
12	Seals, Austin	Western Washington	4.50m	_____	_____
13	Cummings, Isaiah	Western Washington	4.50m	_____	_____
14	Klein, Aidan	Western Washington	4.50m	_____	_____
15	Clarke, Dajean	Trinity Western (B.C.)	4.45m	_____	_____
16	Martin Huerta, Sebastian	Trinity Western (B.C.)	4.36m	_____	_____
17	Saxon, Mikel	Seattle Pacific	4.35m	_____	_____
18	Cox, Aiden	Western Washington	4.27m	_____	_____
19	Worby, Thomas	Seattle Pacific	4.20m	_____	_____
20	Staniunas, Phillip	Western Oregon	4.20m	_____	_____
21	Takeshita, Zack	Saint Martin's	4.20m	_____	_____
22	Miller, Kaden	Western Washington	4.05m	_____	_____
23	Pieper, Charles	Central Washington	4.05m	_____	_____
24	Essex, Peter	Pacific Lutheran	3.90m	_____	_____
25	Schlag, Kaiden	Pacific Lutheran	3.81m	_____	_____
26	Van Pelt, Jonathan	Evergreen State (Wash.)	3.70m	_____	_____
27	Magno, Archie	Pacific Lutheran	3.35m	_____	_____
28	Toma, Brock	Western Oregon	NH	_____	_____

2026 UW Indoor Preview - 1/16/2026 to 1/17/2026**Dempsey Indoor, Seattle WA****Performance List****Event 70 Men Long Jump**

	Name	School	Seed Mark	Finals	Place
1	Artis, Prestin	Unattached	8.00m	_____	_____
2	Luebbert, Tim	Washington	7.34m	_____	_____
3	Reis, Oliver	Corban (Ore.)	7.33m	_____	_____
4	Drumgoole, Xavier	Stanford	7.32m	_____	_____
5	Njeri, David	Royal T	7.27m	_____	_____
6	Hutchinson, Roman	Washington	7.23m	_____	_____
7	Aboudou, Tawaf	Seattle Pacific	7.16m	_____	_____
8	Clarke, Dajeon	Trinity Western (B.C.)	7.05m	_____	_____
9	Jenkins, Nick	Unattached	7.02m	_____	_____
10	Klein, Drew	Central Washington	7.02m	_____	_____
11	Emon, Caleb	Trinity Western (B.C.)	7.01m	_____	_____
12	Menicke, Gabe	Western Washington	7.01m	_____	_____
13	Roth, Nathan	Simon Fraser	6.92m	_____	_____
14	McKay, DayQuan	Western Oregon	6.88m	_____	_____
15	Kramer, Seth	Pacific Lutheran	6.87m	_____	_____
16	Bender, Matthew	Central Washington	6.85m	_____	_____
17	Redford, Cody	Western Washington	6.79m	_____	_____
18	Odoms, Makhi	Saint Martin's	6.79m	_____	_____
19	Koonantha, Ping	Western Oregon	6.77m	_____	_____
20	Nguyen, Hewie	Western Washington	6.72m	_____	_____
21	Adams, Daanish	Simon Fraser	6.71m	_____	_____
22	Grant, Morgan	Alaska Anchorage	6.69m	_____	_____
23	Niyongere, Edward	Portland State	6.67m	_____	_____
24	Fiso, Matthew	Unattached	6.65m	_____	_____
25	Gremaud, Brandon	Trinity Western (B.C.)	6.57m	_____	_____
26	Meade, Connor	Pacific Lutheran	6.56m	_____	_____
27	Miller, Kaden	Western Washington	6.55m	_____	_____
28	Hinton, LaMarcus	Saint Martin's	6.53m	_____	_____
29	Boast, Josh	Central Washington	6.47m	_____	_____
30	Paul, Aaron	Western Washington	6.39m	_____	_____
31	Baker, Cal'von	Central Washington	6.30m	_____	_____

2026 UW Indoor Preview - 1/16/2026 to 1/17/2026**Dempsey Indoor, Seattle WA****Performance List****Event 72 Men Triple Jump**

	Name	School	Seed Mark	Finals	Place
1	Smith, Trevontay	Washington	15.70m	_____	_____
2	Luebbert, Tim	Washington	15.69m	_____	_____
3	Hutchinson, Roman	Washington	15.30m	_____	_____
4	Reis, Oliver	Corban (Ore.)	15.05m	_____	_____
5	Menicke, Gabe	Western Washington	14.97m	_____	_____
6	Jenkins, Nick	Unattached	14.81m	_____	_____
7	Niyongere, Edward	Portland State	14.65m	_____	_____
8	Aboudou, Tawaf	Seattle Pacific	14.57m	_____	_____
9	Adams, Daanish	Simon Fraser	14.51m	_____	_____
10	Fiso, Matthew	Unattached	14.28m	_____	_____
11	Odoms, Makhi	Saint Martin's	14.17m	_____	_____
12	Brown, Owen	Western Washington	14.05m	_____	_____
13	Baker, Cal'von	Central Washington	13.98m	_____	_____
14	Boast, Josh	Central Washington	13.97m	_____	_____
15	Hinton, LaMarcus	Saint Martin's	13.92m	_____	_____
16	Bender, Matthew	Central Washington	13.90m	_____	_____

2026 UW Indoor Preview - 1/16/2026 to 1/17/2026**Dempsey Indoor, Seattle WA****Performance List****Event 74 Men Shot Put**

	Name	School	Seed Mark	Finals	Place
1	Pastorian, Aiden	Cal Poly	17.87m	_____	_____
2	Beerbower, Albert	Cal Poly	17.52m	_____	_____
3	Inman, Connor	Western Washington	16.71m	_____	_____
4	Turner, Noah	Western Washington	16.67m	_____	_____
5	Kriete, Wes	Central Washington	16.04m	_____	_____
6	Haller, Noah	Western Washington	15.31m	_____	_____
7	Ramos, Angelo	Western Washington	15.22m	_____	_____
8	Behrman, Jacob	Western Oregon	15.13m	_____	_____
9	Goeglein, Thomas	Puget Sound	14.80m	_____	_____
10	Close, Dan	Central Washington	14.80m	_____	_____
11	Gerrard, Ray	Western Oregon	14.73m	_____	_____
12	Pytte, Alex	Western Washington	14.59m	_____	_____
13	Cates, Tomeko	Washington	14.45m	_____	_____
14	Detzler, Mason	Western Oregon	14.43m	_____	_____
15	Reed, Caleb	Central Washington	14.34m	_____	_____
16	Simicich, Nathan	Western Washington	14.25m	_____	_____
17	Hill, Jonathan	Western Washington	13.72m	_____	_____
18	Holland, Brady	Central Washington	13.65m	_____	_____
19	Bennett, Charlie	Central Washington	13.20m	_____	_____
20	Kaila, Janek	Trinity Western (B.C.)	12.75m	_____	_____
21	Mandlin, Zachary	Saint Martin's	12.23m	_____	_____
22	Haderman, Blayne	Saint Martin's	12.19m	_____	_____
23	Bushnell, Eric	Alaska Anchorage	11.67m	_____	_____

2026 UW Indoor Preview - 1/16/2026 to 1/17/2026**Dempsey Indoor, Seattle WA****Performance List****Event 76 Men Weight Throw**

	Name	School	Seed Mark	Finals	Place
1	Fleming, Grayson	Unattached	21.74m	_____	_____
2	Gutierrez, Calvin	Western Washington	18.92m	_____	_____
3	Ramos, Angelo	Western Washington	18.08m	_____	_____
4	Close, Dan	Central Washington	17.96m	_____	_____
5	McKhann, Mason	Stanford	17.79m	_____	_____
6	Coppedge, Daniel	Portland State	17.12m	_____	_____
7	Holzhauer, Hudson	Linfield	16.08m	_____	_____
8	Bahm, Tristan	Western Washington	16.04m	_____	_____
9	D'Amico, Jack	Stanford	16.00m	_____	_____
10	Detzler, Mason	Western Oregon	15.30m	_____	_____
11	Liu, Jason	Stanford	15.00m	_____	_____
12	Haller, Noah	Western Washington	14.89m	_____	_____
13	Reed, Caleb	Central Washington	14.58m	_____	_____
14	Kriete, Wes	Central Washington	14.41m	_____	_____
15	Kaila, Janek	Trinity Western (B.C.)	14.00m	_____	_____
16	Simicich, Nathan	Western Washington	13.77m	_____	_____