



## TRACK AND FIELD

# 2024 Indoor Preview | TENTATIVE SCHEDULE

### Saturday January 13, 2024

#### SATURDAY FIELD EVENTS

<b>Start</b>	<b>Event</b>
9:00 a.m.	Women's Weight Throw
9:00 a.m.	Women's Triple Jump
9:00 a.m.	Men's Triple Jump
9:00 a.m.	Women's High Jump
10:00 a.m.	Women's Pole Vault
11:00 a.m.	Men's Weight Throw
11:00 a.m.	Women's High Jump
1:00 p.m.	Women's Long Jump
1:00 p.m.	Women's Shot Put
1:00 p.m.	Men's Shot Put
1:00 p.m.	Men's Long Jump
2:00 p.m.	Men's Pole Vault
2:15 p.m.	Men's High Jump

#### SATURDAY RUNNING EVENTS

8:00 a.m.	Mixed UW Run Club 3k
8:20 a.m.	Women's 3000 Meters (Heats 1 and 2-slowest heats)
8:50 a.m.	Men's 3000 Meters (Heats 1 and 2-slowest heats)
9:20 a.m.	Mixed Master's 60m Dash
9:30 a.m.	(Warm up time for Hurdles on the track)
9:45 a.m.	Women's 60m Hurdles, Prelim
10:05 a.m.	Men's 60m Hurdles, Prelim
10:20 a.m.	Women's 60 Meters, Prelim
10:35 a.m.	Men's 60 Meters Prelim
10:50 a.m.	Women's Mile
11:20 a.m.	Men's Mile
11:50 a.m.	Women's 60m Hurdles, FINAL
12:00 p.m.	Men's 60m Hurdles, FINAL
12:10 p.m.	Women's 60 Meters, FINAL
12:15 p.m.	Men's 60 Meters FINAL
12:25 p.m.	Women's 1000 Meters
12:35 p.m.	Men's 1000 Meters
12:45 p.m.	Women's 400 Meters
1:05 p.m.	Men's 400 Meters
1:15 p.m.	Women's 600 Meters
1:35 p.m.	Men's 600 Meters
1:55 p.m.	Women's 800 Meters
2:15 p.m.	Men's 800 Meters
2:25 p.m.	Women's 200 Meters
2:45 p.m.	Men's 200 Meters
3:00 p.m.	Women's 3000 Meters
3:40 p.m.	Men's 3000 Meters
4:10 p.m.	Women's 4x400-Meter Relay
4:30 p.m.	Men's 4x400-Meter Relay

**\*HEATS SLOW to FAST (slowest heats of the 3k will be run separately-Heats 1 and 2)**

**\*\* WE WILL RUN AHEAD OF SCHEDULE WHEN POSSIBLE; BUT NO MORE THAN 10 MINUTES \*\***