



CROSS COUNTRY RECORDBOOK

THROUGH 2021 SPRING

Women's Results

Silver State Collegiate Invite

Craig Ranch Regional Park • North Las Vegas, Nev. • February 1, 2021 • 6,000m

Team Results: 1. BYU 46; 2. Boise State 61; 3. Northern Arizona 64; **4. Washington 88**; 5. Weber State 123; 6. Utah 137.

Individual Champion: Taryn O'Neill, Northern Arizona, 19:51.

Husky Finishers: 5. Haley Herberg 20:01; 6. Naomi Smith 20:04; 21. Andrea Markezich 20:53; 26. Madison Heisterman 21:13; 30. Hannah Waskom 21:23; 32. Kiera Marshall 21:41.

Battle Born Collegiate Challenge

Craig Ranch Regional Park • North Las Vegas, Nev. • February 19, 2021 • 6,000m

Team Results: 1. New Mexico 60; 2. Stanford 85; 3. Northern Arizona 100; 4. Boise State 101; 5. Colorado 102; **6. Washington 132**; 7. Colorado State 177; 8. Utah 242; 9. Washington State 256; 10. Southern Utah 258; 11. California Baptist 279; 12. Nevada 317.

Individual Champion: Ella Donaghu, Stanford, 19:44.

Husky Finishers: 14. Naomi Smith 20:12; 18. Allie Schadler 20:16; 20. Haley Herberg 20:18; 39. Madison Heisterman 20:47; 41. Camila David-Smith 20:49; 46. Kelly Makin 20:59; 63. Andrea Markezich 21:18; 70. Hannah Waskom 21:28; 74. Kiera Marshall 21:33.

Pac-12 Championships

Chambers Creek Regional Park • University Place, Wash. • March 5, 2021 • 6,000m

Team Results: 1. Stanford 30; 2. Colorado 50; **3. Washington 85**; 4. Oregon State 100; 5. Washington State 164; 6. Utah 166; 7. California 192; 8. Arizona 201; 9. Arizona State 261; 10. UCLA 297.

Individual Champion: Haley Herberg, Washington, 19:02.

Husky Finishers: 1. Haley Herberg 19:02; 14. Naomi Smith 19:59; 21. Madison Heisterman 20:11; 23. Andrea Markezich 20:12; 27. Kelly Makin 20:19; 32. Camila David-Smith 20:35; 34. Hannah Waskom 20:41; 55. Kiera Marshall 21:10.

NCAA Championships

OSU Cross Country Course • Stillwater, Okla. • March 15, 2021 • 6,000m

Team Results: 1. BYU 96; 2. North Carolina State 161; 3. Stanford 207; 4. Michigan State 212; 5. Minnesota 239; 6. New Mexico 274; 7. Colorado 279; 8. Alabama 280; 9. Boise State 304; 10. Arkansas 316; 11. Northern Arizona 318; 12. Ole Miss 325; **13. Washington 330**; 14. North Carolina 354; 15. Florida State 363; 16. Oregon State 375; 17. Michigan 400; 18. Georgetown 494; 19. Indiana 494; 20. Georgia Tech 508; 21. Illinois 521; 22. Portland 522; 23. Colorado State 532; 24. Oklahoma State 535; 25. Iowa State 580; 26. Liberty 611; 27. Duke 625; 28. Tulsa 650; 29. West Virginia 668; 30. San Francisco 688; 31. Furman 761.

Individual Champion: Mercy Chelangat, Alabama, 20:01

Husky Finishers: 26. Allie Schadler 20:43; 53. Naomi Smith 21:05; 55. Haley Herberg 21:05; 131. Camila David-Smith 21:44; 151. Madison Heisterman 21:52; 194. Kelly Makin 22:22; 205. Andrea Markezich 22:30.



Haley Herberg went out to a big lead and held off a late challenge to win the 2020-21 Pac-12 individual title.

Men's Results

Silver State Collegiate Invite

Craig Ranch Regional Park • North Las Vegas, Nev. • February 1, 2021 • 8,000m

Team Results: 1. BYU 49; 2. Northern Arizona 54; 3. Washington 75; 4. Notre Dame 80; 5. Air Force 92; 6. Weber State 158; 7. Boise State 179.

Individual Champion: Conner Mantz, BYU, 22:50.

Husky Finishers: 3. Talon Hull 23:01; 13. Luke Houser 23:36; 15. Alex Slenning 23:40; 19. Isaac Green 23:45; 25. Joe Waskom 23:48; 29. Tibebu Proctor 23:53; 45. Isaac Mohn 24:57.

Pac-12 Championships

Chambers Creek Regional Park • University Place, Wash. • March 5, 2021 • 8,000m

Team Results: 1. Stanford 28; 2. Colorado 60; **3. Washington 66**; 4. Oregon 139; 5. UCLA 164; 6. Washington State 171; 7. California 177; 8. Arizona 201; 9. Arizona State 239.

Individual Champion: Eduardo Herrera, Colorado, 22:30.

Husky Finishers: 7. Isaac Green 23:00; 10. Luke Houser 23:04; 12. Leo Daschbach 23:08; 17. Tibebu Proctor 23:24; 20. Joe Waskom 23:32; 21. Alex Slenning 23:34; 30. Isaac Mohn 23:47; 44. Gavin Parpart 24:40

NCAA Championships

OSU Cross Country Course • Stillwater, Okla. • March 15, 2021 • 10,000m

Team Results: 1. Northern Arizona 60; 2. Notre Dame 87; 3. Oklahoma State 142; 4. Arkansas 181; 5. Stanford 194; 6. Tulsa 237; 7. BYU 254; 8. Iowa State 265; 9. Southern Utah 270; 10. Iona 311; 11. Utah State 351; 12. Ole Miss 373; 13. Butler 379; 14. Colorado 398; 15. Wake Forest 425; 16. Duke 462; 17. Michigan State 463; 18. Wisconsin 464; 19. Air Force 464; 20. Villanova 468; 21. Portland 472; 22. Georgetown 528; 23. North Carolina State 547; 24. Furman 560; **25. Washington 568**; 26. Indiana 572; 27. Gonzaga 591; 28. Charlotte 634; 29. Purdue 741; 30. Syracuse 761.

Individual Champion: Conner Mantz, BYU, 29:26.

Husky Finishers: 51. Luke Houser 31:01; 104. Isaac Green 31:34; 145. Joe Waskom 32:09; 167. Isaac Mohn 32:23; 199. Leo Daschbach 32:49; 216. Alex Slenning 33:17.



Luke Houser led the way for the Husky men at the NCAA Championships with a 51st-place finish in Stillwater, Okla.

Women's Pac-12 Conference Championships

Year	Site	UW Finish	Team Champion	Individual Top UW Finisher	Place	Time	Champion	School	Time
2020	University Place, Wash.	3rd	Stanford	Haley Herberg	1st	19:02	Haley Herberg	Washington	19:02
2019	Monmouth, Ore.	2nd	Stanford	Katie Rainsberger	4th	19:41	Fiona O'Keeffe	Stanford	19:32
2018	Stanford, Calif.	4th	Oregon	Katie Rainsberger	11th	20:04	Dani Jones	Colorado	19:24
2017	Springfield, Ore.	4th	Colorado	Amy-Eloise Neale	3rd	18:58	Dani Jones	Colorado	18:57
2016	Tucson, Ariz.	2nd	Colorado	Amy-Eloise Neale	1st	20:22	Amy-Eloise Neale	Washington	20:22
2015	Colfax, Wash.	4th	Colorado	Maddie Meyers	3rd	19:56	Aisling Cuffe	Stanford	19:53
2014	Oakland, Calif.	4th	Oregon	Maddie Meyers	5th	20:21	Shelby Houlihan	Arizona State	19:59
2013	Louisville, Colo.	3rd	Arizona	Katie Flood	11th	21:57	Aisling Cuffe	Stanford	21:04
2012	Santa Clarita, Calif.	4th	Oregon	Megan Goethals	12th	20:37	Kathy Kroeger	Stanford	20:06
2011#	Tempe, Arizona	2nd	Colorado	Katie Flood	1st	19:32	Katie Flood	Washington	19:32
2010	Seattle, Wash.	tie-3rd	Stanford	Katie Flood	6th	20:13	Jordan Hasay	Oregon	19:44
2009	Long Beach, Calif.	1st	Washington	Kendra Schaaf	2nd	19:46	Nicole Blood	Oregon	19:42
2008	Eugene, Ore.	1st	Washington*	Kendra Schaaf	1st	19:24	Kendra Schaaf	Washington	19:24
2007	Corvallis, Ore.	3rd	Stanford	Anita Campbell	6th	20:10	Arianna Lambie	Stanford	19:40
2006	Stanford, Calif.	3rd	Stanford	Amy Lia	6th	20:45	Arianna Lambie	Stanford	20:16
2005	Tucson, Ariz.	4th	Stanford	Tori Tyler	8th	21:05	Arianna Lambie	Stanford	20:20
2004	San Francisco, Calif.	3rd	Stanford	Dallon Williams	7th	21:10	Amy Hastings	Arizona State	20:19
2003	Pullman, Wash.	4th	Stanford	Ingwill Makestad	9th	22:00	Sara Bei	Stanford	21:13
2002	Scottsdale, Ariz.	5th	Stanford	Courtney Inman	7th	20:57	Sara Bei	Stanford	19:48
2001	Los Angeles, Calif.	3rd	Stanford	Lisa Gibbs	6th	20:56	Lauren Fleshman	Stanford	20:09
2000	Seattle, Wash.	4th	Stanford	Cami Matson	4th	20:43	Tara Chaplin	Arizona	20:11
1999	Long Beach, Calif.	3rd	Stanford	Anna Aoki	5th	17:25	Erin Sullivan	Stanford	17:02
1998	Eugene, Ore.	2nd	Stanford	Jennifer Smith	4th	17:27	Amy Skieresz	Arizona	16:59
1997	Stanford, Calif.	3rd	Stanford	Deeja Youngquist	10th	17:48	Amy Skieresz	Arizona	16:40
1996	Stanford, Calif.	2nd	Stanford	Deeja Youngquist	9th	17:31	Amy Skieresz	Arizona	16:36
1995	Stanford, Calif.	4th	Oregon	Tara Carlson	4th	17:16	Amy Skieresz	Arizona	16:45
1994	Stanford, Calif.	4th	Stanford	Joelle Brayton	7th	17:32	Karen Hecox	UCLA	17:00
1993	Stanford, Calif.	5th	Stanford	Tara Carlson	12th	17:39	Karen Hecox	UCLA	16:43
1992	Stanford, Calif.	2nd	Oregon	Tara Carlson	3rd	17:07	Nicole Woodward	Oregon	16:51
1991	Stanford, Calif.	3rd	Oregon	Carrie Moller	4th	17:08	Lisa Karnopp	Oregon	16:48
1990	Stanford, Calif.	2nd	Oregon	Carrie Moller	9th	17:29	Liz Wilson	Oregon	16:52
1989	Stanford, Calif.	1st	Washington	Michele Buresh	8th	17:35	Jennifer Robertson	WSU	16:33
1988	Stanford, Calif.	6th	Oregon	Brandi Evans	23rd	18:21	Liz Wilson	Oregon	17:06
1987	Stanford, Calif.	7th	Oregon	Laura Farias	20th	18:01	Annette Hand	Oregon	16:44
1986	Stanford, Calif.	9th	Oregon	Michelle Swanson	31st	18:19	Penny Graves	Oregon	16:52

Women's NorPac Conference Championships

1985	Pullman, Wash.	5th	Oregon	Adrienne Lorvick	15th	19:13	Kirsten O'Hara	California	17:37
1984	Fresno, Calif.	4th	Oregon	Adrienne Lorvick	10th	17:23	Kim Rothe	Oregon	16:48
1983	Eugene, Ore.	5th	Oregon	Sara Lindgren	13th	18:34	Kathy Hayes	Oregon	16:55
1982 [^]	Fresno, Calif.	2nd	Oregon	Regina Joyce	1st	16:14	Regina Joyce	Washington	16:14

* - Perfect Score (15 points) ^ - Same race as 1982 Regionals # - First year moving from Pac-10 to Pac-12

Women's NCAA West Region Championships (NCWSA before 1981)

Year	Site	UW Finish	Team Champion	Individual Top UW Finisher	Place	Time	Champion	School	Time
2020	Not contested								
2019	Colfax, Wash.	2nd	Stanford	Mel Smart	3rd	19:58	Ella Donaghu	Stanford	19:50
2018	Sacramento, Calif.	4th	Oregon	Katie Rainsberger	9th	19:40	Allie Ostrander	Boise State	19:09
2017	Seattle, Wash.	6th	San Francisco	Amy-Eloise Neale	3rd	19:25	Charlotte Taylor	San Francisco	19:14
2016	Sacramento, Calif.	2nd	Stanford	Amy-Eloise Neale	1st	19:27	Amy-Eloise Neale	Washington	19:27
2015	Seattle, Wash.	3rd	Oregon	Maddie Meyers	3rd	20:37	Allie Ostrander	Boise State	20:10
2014	Palo Alto, Calif.	4th	Oregon	Maddie Meyers	7th	20:17	Shelby Houlihan	Arizona State	19:31
2013	Sacramento, Calif.	5th	Arizona	Katie Flood	4th	19:27	Emma Bates	Boise State	19:11
2012	Seattle, Wash.	4th	Oregon	Katie Flood	15th	20:05	Jordan Hasay	Oregon	19:16
2011	Palo Alto, Calif.	1st	Washington	Katie Flood	5th	20:14	Jordan Hasay	Oregon	19:44
2010	Springfield, Ore.	1st	Washington	Katie Flood	6th	20:17	Jordan Hasay	Oregon	20:01
2009	Springfield, Ore.	1st	Washington	Kendra Schaaf	1st	20:41	Kendra Schaaf	Washington	20:41
2008	Palo Alto, Calif.	1st	Washington	Christine Babcock	3rd	20:02	Alex Kosinski	Oregon	19:59
2007	Springfield, Ore.	4th	Stanford	Anita Campbell	4th	20:24	Teresa McWalters	Stanford	19:57
2006	Portland, Ore.	4th	Stanford	Anita Campbell	6th	21:19	Arianna Lambie	Stanford	20:59
2005	Stanford, Calif.	3rd	Stanford	Anita Campbell	11th	20:35	Arianna Lambie	Stanford	19:30
2004	Fresno, Calif.	5th	Stanford	Lindsey Egerdahl	16th	21:11	Alicia Craig	Stanford	20:03
2003	Portland, Ore.	3rd	Stanford	Ingvill Makestad	5th	20:37	Alicia Craig	Stanford	20:06
2002	Palo Alto, Calif.	4th	Stanford	Courtney Inman	7th	21:41	Alicia Craig	Stanford	20:39
2001	Tucson, Ariz.	4th	Stanford	Lisa Gibbs	11th	21:51	Tara Chaplin	Arizona	20:41
2000	Fresno, Calif.	5th	Stanford	Kate Bradshaw	5th	20:37	Lisa Aguilera	Arizona State	20:25
1999	Portland, Ore.	2nd	Stanford	Jen Schindler	7th	17:20	Julia Stamps	Stanford	16:50
1998	Fresno, Calif.	3rd	Arizona	Deeja Youngquist	11th	17:17	Amy Skieresz	Arizona	16:26
1997	Tucson, Ariz.	3rd	Stanford	Angela Froese	14th	17:53	Amy Skieresz	Arizona	17:00
1996	Fresno, Calif.	3rd	Stanford	Angela Froese	12th	17:33	Amy Skieresz	Arizona	16:13
1995	Woodland, Wash.	4th	Oregon	Tara Carlson	3rd	16:59	Amy Skieresz	Arizona	16:43
1994	Tucson, Ariz.	4th	Stanford	Tara Carlson	7th	17:57	Milena Glusac	Oregon	17:27
1993	Woodland, Wash.	5th	Arizona	Tara Carlson	5th	16:58	Karen Hecox	UCLA	16:42
1992	Tucson, Ariz.	1st	Washington	Tara Carlson	2nd	17:32	Louise Watson	Stanford	17:21
1991	Fresno, Calif.	3rd	Oregon	Carrie Moller	3rd	17:02	Lucy Nusrala	Oregon	16:48
1990	Fresno, Calif.	4th	Oregon	Carrie Moller	14th	17:33	Buffy Rabbitt	UC-Irvine	16:45
1989	Fresno, Calif.	1st	Washington	Jennifer Gillette	10th	17:36	Buffy Rabbitt	UC-Irvine	16:53
1988	Fresno, Calif.	7th	Oregon	Janicka Petersen	24th	17:47	Penny Graves	Oregon	18:36
1987	Fresno, Calif.	7th	Oregon	Laura Farias	36th	17:41	Annette Hand	Oregon	16:19
1986	Fresno, Calif.	10th	UCLA	Michelle Swanson	36th	17:45	Penny Graves	Oregon	16:42
1985	Bellevue, Wash.	11th	Oregon	Adrianne Lorvick	54th	19:10	Regina Jacobs	Stanford	16:41
1984	Tucson, Ariz.	8th	Stanford	Adrianne Lorvick	14th	18:15	Regina Jacobs	Stanford	17:05
1983	Eugene, Ore.	11th	Oregon	Sara Lindgren	22nd	18:34	Kathy Hayes	Oregon	16:55
1982	Fresno, Calif.	3rd	Stanford	Regina Joyce	3rd	16:14	Ceci Hopp	Stanford	16:03
1981	Stanford, Calif.	5th	Oregon	Regina Joyce	5th	16:43	Monica Joyce	S.D. State	16:29
1980	Missoula, Mont.	2nd	Oregon	Regina Joyce	1st	17:39	Regina Joyce	Washington	17:39
1979	Spokane, Wash.	2nd	Oregon	Sara Neil	8th	18:20	Molly Morton	Oregon	17:37
1978	Seattle, Wash.	2nd	Oregon	Rainey Roetman	7th	18:09	Robin Baker	Oregon	17:47
1977	Spokane, Wash.	2nd	Oregon	Kathy Adams	4th	18:18	Debbie Quatier	SPU	17:52
1976	Eugene, Ore.	3rd	Oregon	Rainey Roetman	16th	19:03	Debbie Quatier	SPU	17:04

Women's NCAA Championships (AIAW before 1981)

Year	Site	UW Finish	Team Champion	Individual Top UW Finisher	Place	Time	Champion	School	Time
2020	Stillwater, Okla.	13th	BYU	Allie Schadler	26th	20:43	Mercy Chelangat	Alabama	20:01
2019	Terre Haute, Ind.	11th	Arkansas	Mel Smart	12th	20:24	Weini Kelati	New Mexico	19:47
2018	Madison, Wisc.	9th	Colorado	Katie Rainsberger	19th	20:15	Dani Jones	Colorado	19:42
2017	Louisville, Ky.	21st	New Mexico	Amy-Eloise Neale	2nd	19:27	Ednah Kurgat	New Mexico	19:19
2016	Terre Haute, Ind.	12th	Oregon	Amy-Eloise Neale	8th	19:58	Karissa Schweizer	Missouri	19:41
2015	Louisville, Ky.	10th	New Mexico	Maddie Meyers	8th	20:03	Molly Seidel	Notre Dame	19:28
2014	Terre Haute, Ind.	23rd	Michigan St.	Maddie Meyers	27th	20:32	Kate Avery	Iona	19:31
2013	Terre Haute, Ind.	17th	Providence	Megan Goethals	80th	21:11	Abbey D'Agostino	Dartmouth	20:00
2012	Louisville, Ky.	9th	Oregon	Megan Goethals	48th	20:21	Betsy Saina	Iowa State	19:27
2011	Terre Haute, Ind.	2nd	Georgetown	Katie Flood	7th	19:47	Sheila Reid	Villanova	19:41
2010	Terre Haute, Ind.	16th	Villanova	Katie Flood	78th	21:11	Sheila Reid	Villanova	20:06
2009	Terre Haute, Ind.	3rd	Villanova	Kendra Schaaf	2nd	19:51	Angela Bizzarri	Illinois	19:46
2008	Terre Haute, Ind.	1st	Washington	Christine Babcock	7th	20:01	Sally Kipyego	Texas Tech	19:28
2007	Terre Haute, Ind.	8th	Stanford	Katie Follett	19th	20:43	Sally Kipyego	Texas Tech	19:30
2006	Terre Haute, Ind.	N/A	Stanford	Amy Lia	55th	21:43	Sally Kipyego	Texas Tech	20:12
2005	Terre Haute, Ind.	N/A	Stanford	Anita Campbell	94th	21:06	Johanna Nilsson	North. Arizona	19:34
2004	Terre Haute, Ind.	23rd	Colorado	Lindsey Egerdahl	92nd	21:51	Kim Smith	Providence	20:09
2003	Waterloo, Iowa	19th	Stanford	Lindsey Egerdahl	85th	21:11	Shalane Flanagan	North Carolina	19:31
2002	Terre Haute, Ind.	31st	BYU	Courtney Inman	73rd	21:03	Shalane Flanagan	North Carolina	19:37
2001	Greenville, S.C.	14th	BYU	Lisa Gibbs	35th	21:24	Tara Chaplin	Arizona	20:24
2000	Ames, Iowa	23rd	Colorado	Cami Matson	21st	21:16	Kara Grgas-Wheeler	Colorado	20:31
1999	Bloomington, Ind.	13th	BYU	Jen Schindler	78th	17:52	Erica Palmer	Wisconsin	16:40
1998	Lawrence, Kan.	9th	Villanova	Anna Aoki	38th	17:42	Katie McGregor	Michigan	16:48
1997	Greenville, S.C.	14th	BYU	Angela Froese	67th	17:41	Carrie Tollefson	Villanova	16:29
1995	Ames, Iowa	14th	Providence	Tara Carlson	8th	17:26	Kathy Butler	Wisconsin	16:51
1994	Fayetteville, Ark.	15th	Villanova	Tara Carlson	75th	18:15	Jennifer Rhines	Villanova	16:32
1993	Bethlehem, Pa.	N/A	Villanova	Tara Carlson	100th	18:03	Carole Zajac	Villanova	16:41
1992	Bloomington, Ind.	12th	Villanova	Stacie Hoytink	30th	17:58	Carole Zajac	Villanova	17:02
1991	Tucson, Ariz.	N/A	Villanova	Carrie Moller	14th	17:04	Sonia O'Sullivan	Villanova	16:30
1989	Annapolis, Md.	12th	Villanova	Sue Ocken	60th	17:52	Vicki Huber	Villanova	15:59
1982	Bloomington, Ind.	13th	Virginia	Regina Joyce	2nd	17:07	Lesley Welch	Virginia	16:39
1981*	Wichita, Kans.	N/A	Virginia	Regina Joyce	11th	16:47	Betty Springs	N.C. State	16:40
1980	Burien, Wash.	12th	N.C. State	Regina Joyce	6th	17:14	Julie Shea	N.C. State	16:49
1979	Tallahassee, Fla.	N/A	N.C. State	Sara Neil	36th	17:36	Julie Shea	N.C. State	16:35
1978	Boulder, Colo.	N/A	Iowa State	Kathy Adams	25th	18:01	Mary Decker	Colorado	17:00
1977	Austin, Tex.	12th	Iowa State	Rainey Roetman	40th	18:42	Kathy Mills	Penn State	16:51
1976	Madison, Wisc.	N/A	Iowa State	Rainey Roetman	84th	18:27	Julie Brown	CS Northridge	16:29

* - First year of NCAA cross country.



The 2008 NCAA Champions were inducted into the Husky Hall of Fame in 2014. The group that ran at NAAs included, from left to right, Kendra Schaaf (12th-place), Lauren Saylor (41st), Katie Follett (26th), Christine Babcock (7th), Anita Campbell (51st), Amanda Miller (34th), and Mel Lawrence (25th).

Men's Pac-12 Conference Championships

Year	Site	UW Finish	Team Champion	Individual Top UW Finisher	Place	Time	Champion	School	Time
2020	University Place, Wash.	3rd	Stanford	Isaac Green	7th	23:00	Eduardo Herrera	Colorado	22:30
2019	Monmouth, Ore.	5th	Colorado	Andrew Jordan	3rd	23:06	Joe Klecker	Colorado	23:02
2018	Stanford, Calif.	2nd	Stanford	Talon Hull	2nd	23:10	Grant Fisher	Stanford	23:09
2017	Springfield, Ore.	5th	Stanford	Mahmoud Moussa	5th	23:52	Grant Fisher	Stanford	23:44
2016	Tucson, Ariz.	7th	Colorado	Andrew Gardner	18th	24:53	Edward Cheserek	Oregon	23:58
2015	Colfax, Wash.	4th	Colorado	Izaic Yorks	3rd	23:15	Edward Cheserek	Oregon	23:06
2014	Palo Alto, Calif.	4th	Colorado	Aaron Nelson	11th	23:59	Edward Cheserek	Oregon	23:23
2013	Louisville, Colo.	5th	Colorado	Aaron Nelson	8th	25:01	Edward Cheserek	Oregon	24:36
2012	Santa Clarita, Calif.	6th	Colorado	Joey Bywater	16th	23:58	Lawi Lalang	Arizona	22:49
2011#	Tempe, Arizona	7th	Colorado	Joey Bywater	16th	23:43	Lawi Lalang	Arizona	22:37
2010	Seattle, Wash.	7th	Stanford	Rob Webster Jr.	27th	24:15	Elliott Heath	Stanford	23:00
2009	Long Beach, Calif.	4th	Stanford	Kelly Spady	10th	23:25	Chris Derrick	Stanford	22:35
2008	Eugene, Ore.	3rd (tie)	Oregon	Jeremy Mineau	10th	23:47	Galen Rupp	Oregon	22:55
2007	Corvallis, Ore.	6th	Oregon	Jon Harding	20th	24:34	Shadrack Kiptoo-Biwott	Oregon	22:54
2006	Stanford, Calif.	6th	Oregon	Jeremy Mineau	7th	23:35	Galen Rupp	Oregon	23:04
2005	Tucson, Ariz	4th (tie)	Stanford	Mark Mandi	4th	24:20	Robert Cheseret	Arizona	23:57
2004	San Francisco, Calif.	4th	Stanford	Mark Mandi	6th	24:34	Robert Cheseret	Arizona	23:48
2003	Pullman, Wash.	3rd	Stanford	Eric Garner	10th	25:17	Ian Dobson	Stanford	24:34
2002	Los Angeles, Calif.	4th	Stanford	Eric Garner	19th	24:38	Grant Robison	Stanford	23:27
2001	Scottsdale, Ariz.	5th	Stanford	Jason Fayant	4th	24:17	Grant Robison	Stanford	24:04
2000	Seattle, Wash.	5th	Stanford	John Russell	12th	24:12	Jonathon Riley	Stanford	23:40
1999	Long Beach, Calif.	6th	Arizona	Jason Fayant	16th	24:48	Steve Fein	Oregon	23:38
1998	Eugene, Ore.	5th (tie)	Stanford	Christian Belz	12th	24:18	Abdirahman Abdi	Arizona	23:23
1997	Stanford, Calif.	6th	Stanford	Christian Belz	10th	24:47	Bernard Lagat	WSU	23:39
1996	Stanford, Calif.	6th	Stanford	Christian Belz	16th	25:02	Meb Keflezighi	UCLA	23:45
1995	Stanford, Calif.	4th	Oregon	Colin Johnston	10th	24:59	Karl Keska	Oregon	24:14
1994	Stanford, Calif.	2nd	Arizona	Darren Hunter	7th	24:54	Martin Keino	Arizona	24:04
1993	Stanford, Calif.	1st	Washington	Simon Baines	4th	24:07	Josephat Kapkory	WSU	23:38
1992	Stanford, Calif.	5th	Oregon	Neil Panchen	7th	24:33	Josephat Kapkory	WSU	23:46
1991	Stanford, Calif.	3rd	Arizona	Greg Metcalf	8th	24:11	Colin Dalton	Oregon	23:36
1990	Stanford, Calif.	3rd	Oregon	Pat Johnson	7th	24:24	Marc Davis	Arizona	23:44
1989	Stanford, Calif.	2nd	Oregon	Al Hjort	4th	23:42	Marc Davis	Arizona	23:31
1988	Stanford, Calif.	4th	Oregon	Bruce McDowell	4th	31:08	Brad Hudson	Oregon	30:47
1987	Stanford, Calif.	4th	Arizona	Bruce McDowell	17th	31:42	Matt Guisto	Arizona	30:33
1986	Stanford, Calif.	4th	Arizona	Curt Corvin	6th	30:49	Aaron Ramirez	Arizona	30:24
1985	Stanford, Calif.	6th	Stanford	Curt Corvin	9th	31:12	Marc Olesen	Stanford	30:33
1984	Stanford, Calif.	8th	Arizona	Curt Corvin	17th	31:27	Tom Ansberry	Arizona	30:25
1983	Stanford, Calif.	7th	Arizona	Dave Barnett	23rd	31:41	Jim Hill	Oregon	30:10
1982	Fresno, Calif.	8th	Oregon	Pat Ewing	36th	31:06	Jim Hill	Oregon	28:50
1981	Stanford, Calif.	8th	UCLA	Chris Villani	25th	32:12	Richard Tuwei	WSU	30:56
1980	Stanford, Calif.	6th	UCLA	Dave Barnett	13th	31:27	Ron Cornell	UCLA	30:27
1979^	Stanford, Calif.	7th	Oregon	Bill Stolp	9th	30:58	Henry Rono	WSU	29:07
1978	Fresno, Calif.	4th	Oregon	Bill Stolp	15th	30:54	Henry Rono	WSU	29:30
1977	Stanford, Calif.	2nd	Oregon	Bill Stolp	9th	30:43	Joel Cheruiyot	WSU	29:35
1976	Stanford, Calif.	3rd	Oregon	Gordy Braun	8th	29:38	Henry Rono	WSU	28:08
1975	Stanford, Calif.	4th	WSU	Individual results not available					
1974	Stanford, Calif.	6th	WSU	Individual results not available					
1973	Stanford, Calif.	4th	Oregon	Individual results not available					
1972	Seattle, Wash.	6th	WSU	Individual results not available					
1971	Los Angeles, Calif.	8th	WSU	Individual results not available					
1970	Pullman, Wash.	5th	Oregon	Individual results not available					
1969	Stanford, Calif.	8th	Oregon	Individual results not available					

- First year of moving from Pac-10 to Pac-12 ^ - First year of moving from Pac-8 to Pac-10

Men's NCAA West Regional Championships

Year	Site	UW Finish	Team Champion	Individual Top UW Finisher	Place	Time	Champion	School	Time
2020	Not contested								
2019	Colfax, Wash.	4th	Portland	Andrew Jordan	1st	29:43	Andrew Jordan	Washington	29:43
2018	Sacramento, Calif.	2nd	Portland	Tanner Anderson	4th	29:44	Nick Hauger	Portland	29:42
2017	Seattle, Wash.	2nd	Portland	Colby Gilbert	5th	29:43	Emmanuel R.-Levisse	Portland	29:33
2016	Sacramento, Calif.	10th	Stanford	Fred Huxham	3rd	29:47	Edward Cheserek	Oregon	29:23
2015	Seattle, Wash.	1st	Washington	Tyler King	5th	31:08	Edward Cheserek	Oregon	30:43
2014	Palo Alto, Calif.	5th	Oregon	Aaron Nelson	7th	29:45	Maxim Korolev	Stanford	29:33
2013	Sacramento, Calif.	9th	Stanford	Aaron Nelson	8th	29:54	Edward Cheserek	Oregon	29:35
2012	Seattle, Wash.	5th	Stanford	Joey Bywater	8th	29:53	Lawi Lalang	Arizona	29:02
2011	Palo Alto, Calif.	11th	Stanford	Aaron Beattie	41st	30:23	Lawi Lalang	Arizona	28:34
2010	Springfield, Ore.	6th	Oregon	Rob Webster Jr.	34th	30:50	Trevor Dunbar	Portland	29:57
2009	Springfield, Ore.	4th	Stanford	Colton Tully-Doyle	18th	31:12	Chris Derrick	Stanford	30:38
2008	Palo Alto, Calif.	5th	Oregon	Jeremy Mineau	8th	29:06	Galen Rupp	Oregon	27:41
2007	Springfield, Ore.	10th	Oregon	Kelly Spady	31st	30:55	Galen Rupp	Oregon	29:35
2006	Portland, Ore.	4th	Oregon	Jeremy Mineau	5th	30:16	Neftalem Araia	Stanford	30:06
2005	Stanford, Calif.	4th (tie)	Arizona	Mark Mandi	5th	30:22	Robert Cheseret	Arizona	30:03
2004	Fresno, Calif.	7th	Stanford	Travis Boyd	18th	30:59	Ryan Hall	Stanford	30:07
2003	Portland, Ore.	4th	Stanford	Eric Garner	21st	30:17	Ian Dobson	Stanford	29:32
2002	Palo Alto, Calif.	6th	Stanford	Ben Koss	23rd	31:26	Donald Sage	Stanford	30:13
2001	Tucson, Ariz.	7th	Stanford	Jason Fayant	6th	31:12	Donald Sage	Stanford	30:44
2000	Fresno, Calif.	8th	Stanford	John Russell	25th	31:34	Jonathon Riley	Stanford	30:40
1999	Portland, Ore.	8th	Stanford	Jason Fayant	27th	31:43	Steve Fein	Oregon	30:30
1998	Fresno, Calif.	6th	Stanford	Christian Belz	12th	31:05	Abdi Abdirahman	Arizona	30:06
1997	Tucson, Ariz.	5th	Stanford	Christian Belz	13th	31:25	Meb Keflezighi	UCLA	30:16
1996	Fresno, Calif.	5th	Stanford	Christian Belz	8th	30:58	Karl Keska	Oregon	30:16
1995	Woodland, Wash.	5th	Stanford	Andy Wyman	9th	31:03	Karl Keska	Oregon	30:12
1994	Tucson, Ariz.	3rd	Arizona	Nick Pavach	12th	31:57	Martin Keino	Arizona	30:50
1993	Woodland, Wash.	2nd	Portland	Simon Baines	2nd	29:48	Josephat Kapkory	WSU	29:21
1992	Tucson, Ariz.	3rd	Arizona	Neil Panchen	6th	31:33	Josephat Kapkory	WSU	30:42
1991	Fresno, Calif.	2nd	Arizona	Neil Panchen	6th	30:41	Josephat Kapkory	WSU	30:11
1990	Fresno, Calif.	2nd	Arizona	Adam Leahy	6th	31:09	Marc Davis	Arizona	30:08
1989	Fresno, Calif.	2nd	Oregon	Al Hjort	8th	30:51	Brad Hudson	Oregon	30:06
1988	Fresno, Calif.	2nd	Oregon	Al Hjort	3rd	30:30	Marc Davis	Arizona	30:08
1987	Fresno, Calif.	2nd	Arizona	Bruce McDowell	10th	30:40	Matt Guisto	Arizona	29:43
1986	Fresno, Calif.	4th	Arizona	Curt Corvin	3rd	30:25	Aaron Ramirez	Arizona	30:21
1985	Bellevue, Wash.	7th	Arizona	Curt Corvin	4th	29:59	Marc Olesen	Stanford	29:51
1984	Tucson, Ariz.	10th	Arizona	Dan Bell	35th	33:08	Tom Ansberry	Arizona	31:10
1983	Eugene, Ore.	7th	Oregon	Dave Barnett	8th	30:53	Jim Hill	Oregon	30:08
1982	Fresno, Calif.	12th	Oregon	Pat Ewing	42nd	31:06	Jim Hill	Oregon	28:50
1981	Stanford, Calif.	11th	UCLA	Chris Villani	25th	31:12	Richard Tuwei	WSU	29:25
1980	Stanford, Calif.	6th	UCLA	Dave Barnett	13th	31:27	Ron Cornell	UCLA	30:27
1979	Stanford, Calif.	9th	Oregon	Bill Stolp	9th	30:58	Henry Rono	WSU	29:07



The 2015 Huskies won the NCAA West Regional title on home turf in Seattle, the first Regional win in school history for the men.

Men's NCAA Championships

Year	Site	UW Finish	Team Champion	Individual Top UW Finisher	Place	Time	Champion	School	Time
2020	Stillwater, Okla.	25th	No. Arizona	Luke Houser	51st	31:01	Conner Mantz	BYU	29:26
2019	Terre Haute, Ind.	19th	BYU	Jack Rowe	88th	31:54	Edwin Kurgat	Iowa State	30:32
2018	Madison, Wisc.	6th	No. Arizona	Tanner Anderson	19th	29:40	Morgan McDonald	Wisconsin	29:08
2017	Louisville, Ky.	22nd	No. Arizona	Andrew Gardner	66th	30:23	Justyn Knight	Syracuse	29:00
2016	Terre Haute, Ind.	N/A	No. Arizona	Fred Huxham	100th	30:51	Patrick Tiernan	Villanova	29:22
2015	Louisville, Ky.	8th	Syracuse	Izaic Yorks	30th	30:19	Edward Cheserek	Oregon	28:45
2014	Terre Haute, Ind.	20th	Colorado	Aaron Nelson	21st	30:42	Edward Cheserek	Oregon	30:19
2013	Terre Haute, Ind.	N/A	Colorado	Aaron Nelson	20th	30:27	Edward Cheserek	Oregon	29:41
2012	Louisville, Ky.	N/A	Oklahoma St.	Joey Bywater	69th	30:29	Kennedy Kithuka	Texas Tech	28:31
2009	Terre Haute, Ind.	18th	Oklahoma St.	Kelly Spady	65th	30:35	Sam Chelanga	Liberty	28:41
2008	Terre Haute, Ind.	18th	Oregon	Jake Schmitt	58th	30:32	Galen Rupp	Oregon	29:03
2006	Terre Haute, Ind.	12th	Colorado	Jeremy Mineau	53rd	32:00	Josh Rohatinsky	BYU	30:45
2005	Terre Haute, Ind.	27th	Wisconsin	Jeremy Mineau	93rd	30:57	Simon Bairu	Wisconsin	29:16
2003	Waterloo, Iowa	21st	Stanford	Mark Mandi	67th	30:37	Dathan Ritzenhein	Colorado	29:15
2001	Greenville, S.C.	N/A	Colorado	Jason Fayant	94th	30:57	Boaz Cheboiywo	E. Michigan	28:47
1998	Lawrence, Kans.	N/A	Arkansas	Christian Belz	17th	30:50	Adam Goucher	Colorado	29:27
1996	Tucson, Ariz.	N/A	Stanford	Christian Belz	70th	32:28	Godfrey Siamusiye	Arkansas	29:49
1993	Bethlehem, Pa.	8th	Arkansas	Simon Baines	10th	29:53	Josephat Kapkory	WSU	29:33
1992	Bloomington, Ind.	N/A	Arkansas	Neil Panchen	47th	32:06	Bob Kennedy	Indiana	30:16
1991	Tucson, Ariz.	20th	Arkansas	Neil Panchen	38th	31:30	Sean Dollman	W. Kentucky	30:18
1990	Knoxville, Tenn.	12th	Arkansas	Pat Johnson	25th	30:02	Jonah Koech	Iowa State	29:05
1989	Annapolis, Md.	4th	Iowa State	Al Hjort	23rd	30:28	John Nuttall	Iowa State	29:30
1988	Des Moines, Iowa	18th	Wisconsin	Bruce McDowell	47th	30:26	Bob Kennedy	Indiana	29:20
1987	Charlottesville, Va.	22nd	Arkansas	Bruce McDowell	75th	30:43	Joe Falcon	Arkansas	29:15
1986	Tucson, Ariz.	N/A	Arkansas	Curt Corvin	27th	31:34	Aaron Ramirez	Arizona	30:28
1984	University Park, Pa.	N/A	Arkansas	Curt Corvin	107th	31:37	Timothy Hacker	Wisconsin	29:18
1983	Lehigh, Pa.	N/A	UTEP	Dave Barnett	121st	31:53	Zakaria Barrie	UTEP	29:20
1979	Bethlehem, Pa.	N/A	UTEP	Bill Stolp	45th	30:10	Henry Rono	WSU	28:20
1978	Madison, Wisc.	N/A	UTEP	Mark Hallenbeck	39th	30:25	Alberto Salazar	Oregon	29:30
1977	Spokane, Wash.	13th	Oregon	Bill McClement	68th	30:25	Henry Rono	WSU	28:34
1976	Denton, Texas	N/A	UTEP	Tim Murray	59th	29:47	Henry Rono	WSU	28:07
1975	Happy Valley, Pa.	N/A	UTEP	Scott Holmes	140th	30:39	Craig Virgin	Illinois	28:23

Husky All-Americans

Men

Men's All-Americans (Year - NCAA Finish)

Tanner Anderson (2018 - 19th)
 Simon Baines (1993 - 10th)
 Christian Belz (1998 - 17th)
 Curt Corvin (1986 - 27th)
 Colby Gilbert (2015 - 32nd)
 Alan Hjort (1989 - 23rd)
 Pat Johnson (1990 - 25th)
 Tyler King (2014 - 40th)
 Aaron Nelson (2013 - 20th; 2014 - 21st)
 Tibebe Proctor (2018 - 38th)
 Bill Stolp (1979 - 45th)
 Izaic Yorks (2015 - 30th)

WOMEN

Women's All-Americans (Year - NCAA Finish)

Anna Aoki (1998 - 38th)
 Christine Babcock (2008 - 7th; 2009 - 34th)
 Lilli Burdon (2018 - 33rd)
 Anita Campbell (2007 - 20th)
 Tara Carlson (1995 - 8th)
 Katie Flood (2011-7th)
 Katie Follett (2007 - 19th; 2008 - 26th; 2009 - 23rd)
 Lisa Gibbs (2001 - 35th)
 Megan Goethals (2011-18th)
 Stacie Hoitink (1992 - 30th)
 Regina Joyce (1980 - 6th; 1981 - 11th; 1982 - 2nd)
 Mel Lawrence (2008 - 25th; 2009 - 31st)
 Cami Matson (2000 - 21st)
 Maddie Meyers (2014 - 27th; 2015 - 8th)
 Amanda Miller (2008 - 34th)
 Carrie Moeller (1991 - 14th)
 Amy-Eloise Neale (2016 - 8th; 2017 - 2nd)
 Katie Rainsberger (2018 - 19th; 2019 - 33rd)
 Kendra Schaaf (2008 - 12th; 2009 - 2nd)
 Allie Schadler (2020 - 26th)
 Mel Smart (2019 - 12th)



Aaron Nelson became the first Husky man to earn multiple All-America honors in 2013 and 2014.



Katie Follett was a three-time All-American and helped the Huskies to the NCAA title in 2008 and third-place in 2009.



Washington's first All-American, Regina Joyce, was the runner-up at the 1982 NCAA Championships

Awards

Honda Award

2017	Amy-Eloise Neale (Finalist)
2009	Kendra Schaaf (Finalist)

Pac-12 Women's Athlete of the Year

2020	Haley Herberg
2016	Amy-Eloise Neale
2009	Kendra Schaaf
2008	Kendra Schaaf

Pac-12 Men's Newcomer of the Year

2014	Colby Gilbert
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Pac-12 Women's Newcomer of the Year

2019	Mel Smart
2010	Katie Flood
2008	Christine Babcock
2005	Tori Tyler

Pac-12 Men's Coach of the Year

1993	Mike Johnson
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Pac-12 Women's Coach of the Year

2011	Greg Metcalf
2009	Greg Metcalf
2008	Greg Metcalf
1992	Mike Johnson
1989	Mike Johnson

Pac-12 Scholar Athlete of the Year

2011	Christine Babcock
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USTFCCCA National Women's Coach of the Year

2008	Greg Metcalf
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USTFCCCA West Region Men's Athlete of the Year

2019	Andrew Jordan
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USTFCCCA West Region Women's Athlete of the Year

2016	Amy-Eloise Neale
2009	Kendra Schaaf

USTFCCCA West Region Men's Coach of the Year

2015	Greg Metcalf
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USTFCCCA West Region Women's Coach of the Year

2011	Greg Metcalf
2010	Greg Metcalf
2009	Greg Metcalf
2008	Greg Metcalf

Tom Hansen Award (Pac-12 award)

2017-18	Colby Gilbert and Amy-Eloise Neale
2012-13	Christine Babcock
1995-96	Tara Carlson
1992-93	Stacie Hoytink

A Conference Medal is awarded annually to each member institution's outstanding senior male and female student-athlete based on the exhibition of the greatest combination of performance and achievement in scholarship, athletics and leadership.

USTFCCCA All-Academic Cross Country Individual Selections

Men Year	Name
2020	Leo Daschbach, Luke Houser, Isaac Mohn, Joe Waskom
2019	Andrew Jordan, Jack Rowe
2017	Andrew Snyder
2008	Jeremy Mineau
2006	Jeremy Mineau, Mike Sayenko
Women Year	Name
2020	Camila David-Smith, Madison Heisterman, Haley Herberg, Andrea Markezich, Allie Schadler, Naomi Smith
2019	Lilli Burdon, Camila David-Smith, Katie Rainsberger, Allie Schadler, Mel Smart
2018	Katie Rainsberger, Allie Schadler
2017	Amy-Eloise Neale
2016	Katie Knight, Amy-Eloise Neale
2015	Katie Knight, Maddie Meyers, Charlotte Prouse
2014	Eleanor Fulton, Maddie Meyers
2012	Justine Johnson
2011	Christine Babcock, Lindsay Flanagan, Justine Johnson
2010	Christine Babcock, Kailey Campbell, Justine Johnson
2009	Christine Babcock, Kailey Campbell
2008	Amanda Miller
1999	Anna Aoki
1991	Stacie Hoytink

USTFCCCA All-Academic Team Selections

Men	2020, 2019, 2017, 2016 2010, 2009, 2008, 2006 <i>USTFCCCA Records incomplete prior to 2006</i>
Women	2020, 2019, 2017, 2016 2015, 2014, 2013, 2012 2011, 2010, 2009 2008 (<i>National Scholar Team of the Year</i>) 2006 <i>USTFCCCA Records incomplete prior to 2006</i> 2001, 1999, 1997

Coaching History

Men	
Dan Ghormley	1968-74
Dixon Farmer	1975-80
Greg Gibson	1981
Art Hutton	1982-85
Mike Johnson	1986-96
Orin Richburg/Greg Metcalf	1997-2001
Greg Metcalf	2002-2017
Andy Powell	2018-
Women	
Alan Bonney	1976-82
Art Hutton	1983-85
Mike Johnson	1986-96
Orin Richburg/Greg Metcalf	1997-2001
Greg Metcalf	2002-2017
Maurica Powell	2018-

All-Pac-12 Teams

The Pac-12 Conference began recognizing All-Conference teams beginning in 1999, based on the results from the Pac-12 Championship meet. The top six finishers were named to the first team, and the next six to the second team. In 2003, the teams were expanded to seven members each. Pac-12 academic honors started in 1990. From 1990 to 2018 the Pac-12 recognized athletes with grade point averages above a 3.0 and selected a 1st Team, 2nd Team, and honorable mentions. In 2019, academic honors shifted away from the 1st/2nd Team format and required a 3.30 cumulative GPA and at least one full year in residence to make the Pac-12 Academic Honor Roll.

MEN

All-Pac-12 Team (1st Team or 2nd Team)

Tanner Anderson (2018 - 2nd)
 Leo Daschbach (2020 - 2nd)
 Jason Fayant (2001 - 1st)
 Andrew Gardner (2017 - 2nd)
 Eric Garner (2003 - 2nd)
 Isaac Green (2020 - 1st)
 Luke Houser (2020 - 2nd)
 Talon Hull (2018 - 1st)
 Andrew Jordan (2019 - 1st)
 Tyler King (2014 - 2nd)
 Mark Mandi (2004 - 1st; 2005 - 1st)
 Jeremy Mineau (2006 - 1st; 2008 - 2nd)
 Mahmoud Moussa (2017 - 1st)
 Aaron Nelson (2013 - 2nd; 2014 - 2nd)
 Tibebe Proctor (2018 - 2nd)
 John Russell (2000 - 2nd)
 Kelly Spady (2009 - 2nd)
 Izaic Yorks (2015 - 1st)

MEN

Pac-12 All-Academic Team (1st Team or 2nd Team)

Chris Ahl (2008 - 2nd)
 Sam Alexander (1993 - 1st; 1994 - 1st)
 Shawn Anderson (1990 - 2nd)
 Tyler Anderson (1990 - 2nd)
 Todd Arnold (2002 - 2nd; 2003 - 2nd)
 David Bazzi (1998 - 2nd)
 Christian Belz (1997 - 2nd)
 Riley Booker (2007 - 2nd)
 Travis Boyd (2003 - 1st; 2004 - 1st; 2005 - 1st; 2006 - 2nd)
 Joey Bywater (2011 - 2nd)
 Jason Cadman (1999 - 2nd)
 Micah Davis (1998 - 1st)
 Andy Fader (2003 - 1st; 2004 - 2nd; 2005 - 2nd)
 Jeff Green (1990 - 1st)
 Neil Hanson (1994 - 2nd; 1995 - 2nd)
 Jon Harding (2008 - 2nd)
 Steve Hatzenbeler (1995 - 1st)
 Jon Hickey (2004 - 2nd)
 Tom Hildrum (1997 - 2nd; 1998 - 2nd; 1999 - 1st)
 Dan Hilton (1996 - 2nd)
 Patrick Johnson (1990 - 1st)
 Mike Kirkendall (1992 - 1st)
 Gavin MacCluer (1995 - 2nd; 1996 - 1st)
 Mark Mandi (2003 - 2nd; 2004 - 2nd; 2005 - 2nd)
 Greg Metcalf (1991 - 1st)
 Jeremy Mineau (2006 - 2nd; 2008 - 1st)
 Kirk Nelson (1990 - 2nd)
 Neil Panchen (1992 - 1st)
 Gavin Parpart (2017 - 1st; 2018 - 2nd)
 Nick Pavach (1994 - 2nd)
 Kevin Peters (2005 - 2nd; 2006 - 2nd)
 Mike Sayenko (2006 - 2nd)
 David Schruth (1997 - 2nd)
 Jordan Swarthout (2008 - 1st; 2009 - 1st; 2010 - 1st)
 Andrew Wyman (1993 - 2nd; 1994 - 2nd; 1995 - 2nd)
 Bard Zajac (1991 - 2nd; 1994 - 2nd)

Pac-12 Fall Academic Honor Roll *(started in 2019)*

2019: Gavin Parpart, Mick Stanovsek
 2020: Sam Affolder, Luke Houser, Isaac Mohn, Gavin Parpart, Joe Waskom

All-Pac-12 Teams

The Pac-12 Conference began recognizing All-Conference teams beginning in 1999, based on the results from the Pac-12 Championship meet. The top six finishers were named to the first team, and the next six to the second team. In 2003, the teams were expanded to seven members each. Pac-12 academic honors started in 1990. From 1990 to 2018 the Pac-12 recognized athletes with grade point averages above a 3.0 and selected a 1st Team, 2nd Team, and honorable mentions. In 2019, academic honors shifted away from the 1st/2nd Team format and required a 3.30 cumulative GPA and at least one full year in residence to make the Pac-12 Academic Honor Roll.

WOMEN

All-Pac-12 Team (1st Team or 2nd Team)

Anna Aoki (1999 - 1st)
Christine Babcock (2008 - 1st; 2009 - 1st; 2011-2nd)
Kate Bradshaw (2000 - 2nd)
Anita Campbell (2006 - 2nd; 2007 - 1st; 2008 - 1st)
Melinda Campbell (1999 - 2nd)
Lindsay Flanagan (2012 - 2nd)
Katie Flood (2010 - 1st; 2011-1st; 2013 - 2nd)
Katie Follett (2007 - 2nd; 2008 - 1st; 2009 - 2nd)
Lisa Gibbs (2001 - 1st)
Megan Goethals (2012 - 2nd)
Haley Herberg (2020 - 1st)
Courtney Inman (2002 - 2nd)
Mel Lawrence (2007 - 2nd; 2008 - 1st; 2009 - 1st; 2010 - 2nd)
Amy Lia (2006 - 1st)
Ingviil Makestad (2003 - 2nd)
Cami Matson (2000 - 1st)
Shona McCulloch (2019 - 2nd)
Maddie Meyers (2014 - 1st; 2015 - 1st)
Amy-Eloise Neale (2016 - 1st; 2017 - 1st)
Charlotte Prouse (2016 - 1st)
Katie Rainsberger (2018 - 2nd; 2019 - 1st)
Lauren Saylor (2008 - 2nd)
Kendra Schaaf (2008 - 1st; 2009 - 1st)
Jen Schindler (1999 - 2nd)
Mel Smart (2019 - 1st)
Naomi Smith (2020 - 2nd)
Tori Tyler (2005 - 2nd)
Dallon Williams (2004 - 1st)

WOMEN

Pac-12 All-Academic Team (1st Team or 2nd Team)

Anna Aoki (1998 - 2nd; 1999 - 1st)
Brooke Anderson (2007 - 2nd)
Christine Babcock (2009 - 1st; 2010 - 1st; 2011-1st)
Hilary Blake (1992 - 2nd)
Liv Borgersen (1991 - 2nd)
Kate Bradshaw (2002 - 2nd)
Tara Carlson (1993 - 1st; 1994 - 1st; 1995 - 1st)
Camille Connelly (2002 - 2nd; 2003 - 2nd; 2004 - 2nd)
Lindsey Egerdahl (2002 - 2nd)
Staci Eskesen (1997 - 2nd)
Ashley Foianini (1999 - 2nd)
Angela Froese (1996 - 2nd; 1997 - 1st)
Eleanor Fulton (2014 - 2nd; 2015 - 2nd)
Grace Green (2010 - 1st)
Grace Hodge (2016 - 2nd; 2017 - 2nd)
Laura Hodgson (2003 - 1st; 2004 - 1st)
Stacie Hoytink (1990 - 1st; 1991 - 1st; 1992 - 1st)
Anne Howard (1990 - 2nd)
Courtney Inman (2002 - 2nd)
Emily Johnson (1993 - 2nd; 1994 - 2nd; 1995 - 2nd)
Justine Johnson (2013 - 2nd)
Danelle Kabush (1996 - 2nd; 1997 2nd)
Aimee Kriz (1992 - 2nd; 1993 - 2nd)
Allison Linnell (2009 - 2nd)
Kathrine Malm (1994 - 2nd)
Anna Maxwell (2015 - 2nd)
Carrie Moller (1991 - 1st)
Emily Mullen (2000 - 1st)
Amy-Eloise Neale (2016 - 1st; 2017 - 2nd)
Sue Ocken (1990 - 2nd)
Trisha Rasmussen (2006 - 2nd; 2007 - 2nd)
Jennifer Reese (1990 - 2nd; 1991 - 2nd)
Kate Spigel (2002 - 1st)
Kara Syrdal (1998 - 2nd; 1999 - 1st; 2000 - 1st)
Angela Wishaar (2004 - 1st; 2005 - 2nd)
Nikki Zielinski (2017 - 2nd; 2018 - 2nd)

Pac-12 Fall Academic Honor Roll *(started in 2019)*

2019: Lilli Burdon, Katie Rainsberger, Allie Schadler, Erica Schroeder, Hannah Waskom
2020: Camila David-Smith, Anna Gibson, Madison Heisterman, Haley Herberg, Andrea Markezich, Marlena Preigh, Allie Schadler, Makenna Schumacher, Mel Smart, Carley Thomas, Hannah Waskom

Washington hosted the Sundodger Invitational at Lincoln Park in West Seattle from 1992 until 2018

Men's Team Results

Year	Winner	Score	UW Place	Score
2018	Boise State*	15	2nd	55
2017	Washington	15	1st	15
2016	Washington State	24	2nd	40
2015	Washington State	24	2nd	33
2014	Washington State	24	2nd	33
2013	Washington	30	1st	30
2012	Washington	22	1st	22
2011	Washington	28	1st	28
2010	Washington	27	1st	27
2009	Washington	32	1st	32
2008	Washington	41	1st	41
2007	Washington	30	1st	30
2006	Chico State	40	2nd	82
2005	Washington	39	1st	39
2004	Washington	29	1st	29
2003	Washington	27	1st	27
2002	Washington	46	1st	46
2001	Washington State	32	2nd	33
2000	Washington	41	1st	41
1999	Utah	47	3rd	108
1998	Utah	49	3rd	60
1997	Oregon	43	3rd	79
1996	Oregon	32	5th	139
1995	Club Northwest	44	2nd	58
1994	Washington	37	1st	37
1993	Portland	33	2nd	55
1992	Club Northwest	35	3rd	104
1992	Oregon	42	—	—

*UW workout effort

NOTE: In 2000, the women's course was extended to 6,000 meters to prepare for the 2000 Pac-10 Championships at Lincoln Park. The course returned to 5,000 meters from 2001-03, before changing permanently to 6,000 meters in 2004.

Men's Individual Results

Year	Winner	Team	Time	Top UW Finisher	Place	Time
2018	Yusuke Uchikoshi	Boise State	24:17	Tibebu Proctor	8th	24:30
2017	Johnathan Stevens	Washington	24:11	Johnathan Stevens	1st	24:11
2016	Colby Gilbert	Washington	23:38	Colby Gilbert	1st	23:38
2015	Izaic Yorks	Washington	24:05	Izaic Yorks	1st	24:05
2014	Aaron Nelson	Washington	24:01	Aaron Nelson	1st	24:01
2013	Aaron Nelson	Washington	23:50	Aaron Nelson	1st	23:50
2012	Joey Bywater	Washington	23:48	Joey Bywater	1st	23:48
2011	Max O'Donoghue-McDonald	Washington	24:08	Max O'Donoghue-McDonald	1st	24:08
2010	Max O'Donoghue-McDonald	Washington	24:03	Max O'Donoghue-McDonald	1st	24:03
2009	Kelly Spady	Washington	23:55	Kelly Spady	1st	23:55
2008	Paul Limpf	Eastern Wash.	23:33	Jake Schmitt	3rd	23:48
2007	Jon Harding	Washington	23:36	Jon Harding	1st	23:36
2006	Scotty Bauhs	Chico State	23:43	Carl Moe	6th	24:15
2005	Austin Ramos	UCLA	24:00	Jon Harding	4th	24:08
2004	Mark Mandi	Washington	24:06	Mark Mandi	1st	24:06
2003	Eric Kiuaka	Iron Lung TC	23:58	Eric Garner	3rd	24:10
2002	Paul Kezes	Western Wash.	23:42	Eric Garner	7th	24:23
2001	Bryan Green	UCLA	24:11	Jason Fayant	4th	24:25
2000	Mark Pilja	Michigan	23:53	John Russell	5th	24:24
1999	Dave Davis	Puget Sound	24:34	David Bazzi	6th	25:14
1998	Jeff Simonich	Utah	24:47	David Bazzi	2nd	25:05
1997	Elvis Terry	Idaho State	24:46	Christian Belz	3rd	25:00
1996	Karl Keska	Oregon	24:05	Christian Belz	7th	25:16
1995	Uli Steidl	Portland	24:45	Andy Wyman	4th	25:03
1994	Uli Steidl	Portland	25:21	Colin Johnston	2nd	25:25
1993	Simon Baines	Washington	24:40	Simon Baines	1st	24:40
1992	Graeme Fell	Brit. Columbia	24:33	Neil Panchen	4th	24:59

Sundodger Invitational Men's Records

Men's (8,000m)

Name	Team	Year	Time
1. Paul Limpf	Eastern Washington	2008	23:33
2. Jon Harding	Washington	2007	23:36
3. Colby Gilbert	Washington	2016	23:38
4. Michael Williams	Washington State	2016	23:41
5. Paul Kezes	Western Washington	2002	23:42
6. Scotty Bauhs	Chico State	2006	23:43
7. Marko Cheseto	Alaska Anchorage	2008	23:45
8. Paul Limpf	Eastern Washington	2007	23:46
9. Joey Bywater	Washington	2012	23:48
Jake Schmitt	Washington	2008	23:48

Washington Meet Record

Jon Harding 23:36 (2007)

Washington hosted the Sundodger Invitational at Lincoln Park in West Seattle from 1992 until 2018

Women's Team Results

Year	Winner	Score	UW Place	Score
2018	Boise State*	17	3rd	73
2017	Washington	22	1st	22
2016	Washington	18	1st	18
2015	Washington	17	1st	17
2014	Washington	25	1st	25
2013	Washington	19	1st	19
2012	Washington	45	1st	45
2011	Washington	28	1st	28
2010	Washington	22	1st	22
2009	Washington	21	1st	21
2008	Washington	24	1st	24
2007	Washington	27	1st	27
2006	Michigan	27	3rd	70
2005	Washington	53	1st	53
2004	Idaho	40	2nd	54
2003	Washington	41	1st	41
2002	Michigan	45	2nd	72
2001	Washington	35	1st	35
2000	Washington	24	1st	24
1999	Washington	28	1st	28
1998	Michigan	31	2nd	53
1997	Washington	33	1st	33
1996	Club Northwest	45	t3rd	101
1995	Washington	29	1st	29
1994	Washington	46	1st	46
1993	Arkansas	30	4th	137
1992	Oregon	42	—	—

*UW workout effort

NOTE: In 2000, the women's course was extended to 6,000 meters to prepare for the 2000 Pac-10 Championships at Lincoln Park. The course returned to 5,000 meters from 2001-03, before changing permanently to 6,000 meters in 2004.

Women's Individual Results

Year	Winner	Team	Time	Top UW Finisher	Place	Time
2018	Allie Ostrander	Boise State	20:21	Katie Rainsberger	10th	21:17
2017	Amy-Eloise Neale	Washington	20:29	Amy-Eloise Neale	1st	20:29
2016	Charlotte Prouse	Washington	20:18	Charlotte Prouse	1st	20:18
2015	Sarah Inglis	Trinity Western	20:22	Maddie Meyers	2nd	20:31
2014	Maddie Meyers	Washington	20:21	Maddie Meyers	1st	20:21
2013	Katie Flood	Washington	20:25	Katie Flood	1st	20:25
2012	Christine Babcock	Unattached	20:27	Eleanor Fulton	6th	21:08
2011	Allix Potratz-Lee	Oiselle	20:56	Eleanor Fulton	3rd	21:02
2010	Lindsay Flanagan	Washington	20:34	Lindsay Flanagan	1st	20:34
2009	Kendra Schaaf	Washington	19:49	Kendra Schaaf	1st	19:49
2008	Kendra Schaaf	Washington	19:58	Kendra Schaaf	1st	19:58
2007	Anita Campbell	Washington	20:20	Anita Campbell	1st	20:20
2006	Erin Webster	Michigan	20:17	Amy Lia	6th	21:02
2005	Haley Paul	WSU	20:50	Tori Tyler	4th	21:08
2004	Sabrina Monro	Club Northwest	20:10	Angela Wishaar	5th	21:28
2003	Margaret Butler	Kajaks TC	16:52	Amy Lia	7th	17:26
2002	Sabrina Monro	Unattached	16:31	Laura Hodgson	4th	17:16
2001	Sabrina Monro	Washington	16:06	Sabrina Monro	1st	16:06
2000	Gillian Palmer	Washington	20:50	Gillian Palmer	1st	20:50
1999	Leigh Daniel	Texas Tech	16:52	Melinda Campbell	2nd	16:59
1998	Katie McGregor	Michigan	16:44	Kara Syrdal	8th	17:30
1997	Cari Rampersad	Simon Fraser	17:15	Margaret Butler	5th	17:27
1996	Sarah Howell	Valley Royals	17:14	Anna Aoki	10th	17:46
1995	Tara Carlson	Washington	17:08	Tara Carlson	1st	17:08
1994	Tara Carlson	Washington	17:24	Tara Carlson	1st	17:24
1993	Milena Glusac	Oregon	17:01	Tara Carlson	4th	17:31
1992	Nicole Woodward	Oregon	17:04	Brandi Evans	3rd	17:22

Sundodger Invitational Women's Records

Women's (6,000m)

Name	Team	Year	Time
1. Kendra Schaaf	Washington	2009	19:49
2. Mel Lawrence	Washington	2009	20:06
3. Sabrina Monro	Club Northwest	2004	20:10
4. Erin Webster	Michigan	2006	20:17
5. Charlotte Prouse	Washington	2016	20:18
6. Katie Knight	Washington	2016	20:18
7. Annemarie Schwanz	Fresno State	2016	20:19
8. Anita Campbell	Washington	2007	20:20
9. Allie Ostrander	Boise State	2018	20:21
Maddie Meyers	Washington	2014	20:21

Washington Meet Record
Kendra Schaaf, 19:49 (2009)

Men's Team Results

Year	Winner	Score	UW Place	Score
2016	Oregon	26	3rd	64
2015	Oregon	52	6th	146
2014	Northern Arizona	62	6th	152

Women's Team Results

Year	Winner	Score	UW Place	Score
2016	Washington	24	1st	24
2015	Oregon	36	2nd	59
2014	Oregon	48	3rd	119

Men's Individual Results

Year	Winner	Team	Time	Top UW Finisher	Place	Time
2016	Edward Cheserek	Oregon	23:06	Colby Gilbert	5th	23:29
2015	Edward Cheserek	Oregon	23:15	Izaic Yorks	16th	23:36
2014	Patrick Tiernan	Villanova	23:00	Aaron Nelson	5th	23:33

Women's Individual Results

Year	Winner	Team	Time	Top UW Finisher	Place	Time
2016	Charlotte Prouse	Washington	19:36	Charlotte Prouse	1st	19:36
2015	Aisling Cuffe	Stanford	19:41	Maddie Meyers	3rd	19:49
2014	Elise Cranny	Stanford	20:11	Maddie Meyers	3rd	20:20

Washington Invitational Meet Records**Men's (8,000m)**

Name	Team	Year	Time
1. Patrick Tiernan (1)	Villanova	2014	22:59
2. Edward Cheserek (2)	Oregon	2016	23:06
3. Edward Cheserek	Oregon	2015	23:15
4. Fut. Zienasellassie (3)	Northern Arizona	2014	23:19
5. Joe Rosa (4)	Stanford	2015	23:20
6. Lane Werley (5)	UCLA	2015	23:21
Abbabiya Simbassa (6)	Oklahoma	2014	23:21
8. Jack Keelan (7)	Stanford	2015	23:22
9. Patrick Corona (8)	Air Force	2015	23:23
10. Jerrell Mock (9)	Colorado State	2016	23:25
Matt McElroy (10)	Northern Arizona	2014	23:25

Washington Top Time
Colby Gilbert, 23:29 (2016)

Women's (6,000m)

Name	Team	Year	Time
1. Charlotte Prouse (1)	Washington	2016	19:36
2. Aisling Cuffe (2)	Stanford	2015	19:41
3. Katie Rainsberger (3)	Oregon	2016	19:42
4. Alli Cash (4)	Oregon	2015	19:44
5. Amy-Eloise Neale (5)	Washington	2016	19:47
Courtney Smith (6)	Harvard	2016	19:47
7. Maddie Meyers (7)	Washington	2015	19:49
8. Maggie Schmaedick (8)	Oregon	2015	19:50
Hannah Everson (9)	Air Force	2015	19:50
10. Waverly Neer (10)	Oregon	2015	19:56

Washington Top Time
Charlotte Prouse, 19:36 (2016)

Jefferson Park Golf Course Records**Men's (8,000m)**

Name	Team	Year	Time
1. Patrick Tiernan (1)	Villanova	2014	22:59
2. Elliott Heath (2)	Stanford	2010	23:00
Jake Riley (3)	Stanford	2010	23:00
Chris Derrick (4)	Stanford	2010	23:00
5. Luke Puskedra (5)	Oregon	2010	23:05
6. Edward Cheserek (6)	Oregon	2016	23:06
Stephen Sambu (7)	Arizona	2010	23:06
8. Michael Coe (8)	California	2010	23:12
9. Edward Cheserek	Oregon	2015	23:15
10. Matthew Centrowitz (9)	Oregon	2010	23:17
11. Futsum Zienasellassie (10)	Northern Arizona	2014	23:19

Washington Top Time
Colby Gilbert, 23:29 (2016)

Includes:

2010 Pac-10 Championship
2014, 2015, 2016 Washington Invitational

Men's (10,000m)

Name	Team	Year	Time
1. Lawi Lalang (1)	Arizona	2012	29:02
2. Emmanuel Roudolff-Levisse (2)	Portland	2017	29:33
3. Jeff Thies (3)	Portland	2017	29:38
Stephen Sambu (3)	Arizona	2012	29:38
5. Steven Fahy (5)	Stanford	2017	29:40
6. Nick Hauger (6)	Portland	2017	29:41
7. Colby Gilbert (7)	Washington	2017	29:43
Tanner Anderson (7)	Oregon	2017	29:43
Andrew Gardner (7)	Washington	2017	29:43
Trevor Dunbar (7)	Oregon	2012	29:43

Washington Top Time
Joey Bywater, 29:53 (2012)

Includes:

2012, 2015, 2017 NCAA West Regional

Women's (6,000m)

Name	Team	Year	Time
1. Charlotte Taylor (1)	San Francisco	2017	19:14
2. Allie Ostrander (2)	Boise State	2017	19:16
Jordan Hasay (2)	Oregon	2012	19:16
4. Laura Hollander (4)	Cal Poly	2012	19:22
5. Amy-Eloise Neale (5)	Washington	2017	19:25
6. Kathy Kroeger (6)	Stanford	2012	19:27
7. Weronika Pyzik (7)	San Francisco	2017	19:29
8. Katie Rainsberger (8)	Oregon	2017	19:30
9. Fiona O'Keeffe (9)	Stanford	2017	19:31
10. Isabelle Brauer (10)	San Francisco	2017	19:35

Washington Top Time
Amy-Eloise Neale, 19:25 (2017)

Includes:

2010 Pac-10 Championship
2012, 2015, 2017 NCAA West Regional
2014, 2015, 2016 Washington Invitational