



WAKE FOREST SOCCER

GAME NOTES



SEPT. 22, 2024 | 12:00 P.M. | WINSTON-SALEM, N.C. | SPRY STADIUM

Head Coach: Tony da Luz

Season: 28th

Home Record: 4-0-0

Away Record: 3-2-1

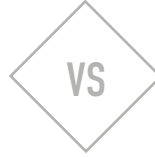
Neutral Record: 0-0-0

Goals Scored: 18

Goals Allowed: 5



**#13 WAKE FOREST
DEMON DEACONS**
Record: 7-2-1 | ACC: 2-1-0



**CALIFORNIA
GOLDEN BEARS**
Record: 8-1-1 | ACC: 1-0-0

Head Coach: Neil McGuire

Season: 18th

Home Record: 6-0-1

Away Record: 2-1-0

Neutral Record: 0-0-0

Goals Scored: 27

Goals Allowed: 11

WAKE FOREST VS. CALIFORNIA

QUICK HITTERS

- The Demon Deacons are coming off of their first-ever win over a No. 1-ranked opponent in program history.
- Additionally, it's the 11th win over a top-five opponent for Wake Forest and second this week.
- Wake Forest is the first team in NCAA history to defeat #1 and #2 in back-to-back matches.
- This marked the 18th time in program history that Wake Forest faced a top-ranked team and first since the 1-1 draw against No. 1 Virginia on Sept. 20, 2019.
- Spry Stadium has been a fortress for the Demon Deacons over the last three seasons, as Wake Forest has posted a stellar 15-2-5 record at home since the start of 2022 and is currently on a 13-game unbeaten stretch.
- This marks the second-longest unbeaten home stretch in program history and is one shy of the record set in 2007-08.
- The Demon Deacons entered the weekend ranked 13th nationally in the United Soccer Coaches Poll, the highest ranking for Wake Forest since 2013.
- Of note, the Demon Deacons moved up to No. 3 in the RPI following the historic victory, behind only Michigan State and North Carolina.
- Women's soccer is believed to be the sixth program in Wake Forest history to knock off the No. 1 team in the country joining Baseball, Field Hockey, Men's Basketball, Men's Soccer and Men's Tennis.
- The Demon Deacons enter the match ranked fourth in the conference and 16th nationally with 19.10 shots per-game.
 - Additionally, they are ranked fourth in the ACC in corners per-game and 16th nationally with 7.50.
- In goal, Valentina Amaral recorded her third-career clean sheet against the Cardinal and second of the season.
 - She has only conceded one goal in over 500 minutes for her career with a .926 save percentage and a 0.18 goals-against average.
- The Demon Deacons have opened ACC play with one of the toughest stretches in the nation, with the first four conference opponents having a combined record of 31-2-1 at the time of playing Wake Forest. The first three ACC opponents are all currently in the top 15 in the RPI: North Carolina (2nd), Stanford (10th) and Virginia (14th).

COVERAGE

- TV
ACC Network
- Twitter
Live updates, stats and more
[@WakeWSoccer](#)
- Facebook
Photos and news
Wake Forest Women's Soccer
- Instagram
Photos and videos
[@WakeWSoccer](#)
- GoDeacs.com
Complete coverage of WF Athletics

- The winner on Thursday was Emily Colton's third goal in a Wake Forest uniform and 13th of her career.
- She has now recorded at least one goal contribution in four of the last five matches.
- Her nine points rank second on the team so far this season.
- With her assist on the goal, Caiya Hanks has now reached double-digit points for the season-consecutive season with three goals and a team-high four assists.
 - Wake Forest has five players with five or more points so far in 2024.
 - Caiya Hanks - 10 points (3 goals, 4 assists)
 - Emily Colton - 9 points (3 goals, 3 assists)
 - Sierra Sythe - 8 points (3 goals, 2 assists)
 - Anna Swanson - 6 points (3 goals)
 - Hannah Johnson - 5 points (2 goals, 1 assist)

SCOUTING THE GOLDEN BEARS

- Cal is coming off of a 3-1 win over NC State in its first-ever ACC match and are currently on a seven-match winning streak, scoring three or more goals in five of those seven outings.
- The Golden Bears are led by senior forward Karlie Lema, who has a nation-best 13 goals in addition to five assists for a stellar 31 points through 10 games, which also leads the nation.
- Lema bagged a brace and an assist last time out against the Wolfpack. Cal's 27 total goals so far this season are third-most in the ACC and 10th-most in the country.

- In goal, Kelly McManus has posted a 1.02 goals-against average over eight matches and holds a 7-0-1 record this season in her starts.

SCHEDULE & RESULTS

AUGUST

15	at Army	W, 1-0
18	at Rutgers	D, 1-1
22	Temple	W, 4-0
25	No. 20 Mississippi State	W, 2-1
29	at Richmond	Canceled

SEPTEMBER

1	at r/v Iowa	L, 0-2
5	at Villanova	W, 1-0
8	UNC Asheville	W, 5-0
12	at No. 10 North Carolina*	L, 0-1
15	at No. 2 Virginia*	W, 3-0
19	No. 1 Stanford*	W, 1-0
22	California*	12 p.m.
29	at Syracuse*	1 p.m.

OCTOBER

3	Florida State*	7 p.m.
19	at SMU*	7 p.m.
24	at Pitt*	7 p.m.
27	Duke*	6 p.m.
31	NC State*	7 p.m.

Home games in **Bold**
*ACC Game

All times listed are ET

#GODEACS

WAKE FOREST SOCCER

ROSTER BREAKDOWN

BY CLASS

Graduates (2)

Faircloth, Nurkin

Seniors (17)

Small, K. Johnson, Meena, Morris, Ochoa, Dobsch, Chavoshi, N. DeMarinis, O. DeMarinis, Swanson, Duvall, Silva, E. Colton, A. Colton, Ansbro, Murphy, Cahill

Juniors (7)

Hanks, Wood, H. Johnson, Schmidt Chance, Wilson, DeNatale

Sophomores (5)

Amaral, Osborne, Brown Wiemann, Sythe

Freshmen (4)

Dawkins, Burst, Ressler, Noble

BY STATE

California (7)

A. Colton, E. Colton, Ochoa, Wood, Sythe, Wiemann, Osborne

Florida (5)

N. DeMarinis, O. DeMarinis, Brown, Amaral, Ressler

North Carolina (4)

Ansbro, Faircloth, Silva, Nurkin

Virginia (2)

Chance, Duvall

Georgia (2)

H. Johnson, Wilson

England (2)

Meena, Murphy

Illinois (2)

Dobsch, Noble

New York (1)

DeNatale

Maryland (1)

Chavoshi

South Carolina (1)

Morris

Minnesota (1)

Cahill

Hawaii (1)

Hanks

Iceland (1)

K. Johnson

Ohio (1)

Schmidt

Canada (1)

Small

New Mexico (1)

Swanson

Louisiana (1)

Burst

Texas (1)

Dawkins

2024 NUMERICAL ROSTER

NO.	NAME	POS.	YR.	HT.	HOMETOWN (PREVIOUS SCHOOL)
0	Paige Nurkin	GK	Gr.	6-0	Charlotte, N.C. (Columbia)
1	Valentina Amaral	GK	So.	5-7	Oviedo, Fla. (Oviedo)
2	Amaya Dawkins	M	Fr.	5-8	Wylie, Texas (Wylie East)
3	Emily Colton	M	Sr.	5-3	Carlsbad, Calif. (North Carolina)
4	Nikayla Small	M	Sr.	5-2	Pickering, Canada (Bill Crothers)
5	MJ Osborne	F	So.	5-4	Los Altos Hills, Calif. (Saint Francis)
6	Dempsey Brown	M	So.	5-7	Winter Park, Fla. (Lake Highland)
7	Kristin Johnson	D	Sr.	5-9	Reykjavik, Iceland (Commercial College of Iceland)
8	Chloe Burst	F	Fr.	5-5	New Orleans, La. (Mount Carmel Academy)
9	Caiya Hanks	F	Jr.	5-4	Kailia-Kona, Hawaii (Konawaena)
10	Malaika Meena	M	Sr.	5-6	Slough, England (Cox Green School)
13	Emily Morris	M	Sr.	5-4	Fort Mill, S.C. (Nation Ford)
14	Lola Ressler	M	Fr.	5-7	Winter Garden, Fla. (Montverde Academy)
15	Sammi Wiemann	D	So.	5-6	San Diego, Calif. (Point Loma)
16	Alex Wood	F	Jr.	5-8	Huntington Beach, Calif. (Edison)
17	Tyla Ochoa	D	Sr.	5-5	Encinitas, Calif. (La Costa Canyon)
18	Kate Dobsch	D	Sr.	5-9	Winnetka, Ill. (New Trier)
19	Sierra Sythe	F	So.	5-5	Long Beach, Calif. (Millikan)
20	Hannah Johnson	F	Jr.	5-11	Atlanta, Ga. (Atlanta International)
22	Josie Noble	M	Fr.	5-8	Wilmette, Ill. (New Trier Township)
23	Allie Schmidt	D	Jr.	5-5	Bainbridge Township, Ohio (Hathaway Brown)
24	Zara Chavoshi	D	Sr.	5-8	Potomac, Md. (Thomas S. Wootton)
25	Sophie Faircloth	D	Gr.	5-6	Winston-Salem, N.C. (Reagan)
26	Taryn Chance	D	Jr.	5-5	Stafford, Va. (Colonial Forge)
27	Nadia DeMarinis	D	Sr.	5-7	Boca Raton, Fla. (North Broward Prep)
28	Carly Wilson	M	Jr.	5-5	Atlanta, Ga. (Lambert)
29	Olivia DeMarinis	D	Sr.	5-7	Boca Raton, Fla. (North Broward Prep)
30	Anna Swanson	M	Sr.	5-4	Santa Fe, N.M. (Santa Fe Prep)
31	Olivia Duvall	F	Sr.	5-7	Alexandria, Va. (St. Stephen's and St. Agnes)
32	Emily Silva	M	Sr.	5-4	Greensboro, N.C. (Bishop McGuinness)
33	Abbie Colton	M	Sr.	5-3	Carlsbad, Calif. (La Costa Canyon)
34	Laurel Ansbro	D	Sr.	5-11	Cary, N.C. (Apex)
35	Emily Murphy	F	Sr.	5-6	Windsor, England (North Carolina)
39	Laine DeNatale	D	Jr.	5-7	Locust Valley, N.Y. (Locust Valley)
88	Payton Cahill	GK	Sr.	5-8	Cottage Grove, Minn. (Hill-Murray)

COACHING STAFF

Head Coach	Tony da Luz (San Diego '85) / 28th season
Associate Head Coach	Brittany Cameron (San Diego, '08) / 5th season
Assistant Coach	Courtney Drummond (Cal State San Marcos, '09) / 3rd season
Assistant Coach	Taylor Culp (Montclair State, '17) / 1st season

PRONUNCIATION GUIDE

1. Valentina Amaral	Val-in-TEEN-uh / Am-r-all
4. Nikayla Small	Ni-kayla
7. Kristin Johnson	Chris-TEEN
9. Caiya Hanks	Ki-ya
10. Malaika Meena	Muh-like-uh
15. Sammie Wiemann	WEE-min
17. Tyla Ochoa	TIE-la
19. Sierra Sythe	S-EYE-th
24. Zara Chavoshi	chavo-she
27. Nadia DeMarinis	de-mar-in-nis
29. Olivia DeMarinis	de-mar-in-nis
39. Laine DeNatale	de-na-tail-aye
HC Tony da Luz	duh-LOOZ

WAKE FOREST SOCCER

QUICK FACTS

PROGRAM HISTORY

First Year of Women's Soccer	1994
All-Time Record	341-224-63 (.593)
All-Time ACC Record	109-136-25 (.448)
ACC Reg. Season Championships	0
ACC Tournament Championships	1 (2010)
NCAAT Appearances (Last)	22 (2022)
NCAA Tournament Record	22-21-1
NCAA Round of 16 Appearances	4
NCAA Quarterfinal Appearances	2
College Cup Appearances	1 (2011)

FACILITY INFO

Facility Name	Spry Stadium
Capacity	3,500
Surface	Natural Grass

COACHING STAFF

Head Coach	Tony da Luz
Alma Mater, Year	San Diego, 1985
Year at Wake Forest	28th
Record at WFU	310-198-60 (.598)
Career Record	356-240-63 (.587)
ACC Record	105-119-28 (.470)
Associate Head Coach	Brittany Cameron
Assistant Coach	Courtney Drummond
Assistant Coach	Taylor Culp
Sports Medicine	Bridget Sullivan
Sports Performance	Jasmine Johnson

ATHLETIC COMMUNICATIONS

Women's Soccer Contact	Dylan Shackelford
Cell Phone	(903) 283-2467
Email (Preferred)	shacked@wfu.edu
Mailing Address	PO Box 7426 Winston-Salem, N.C., 27109
Website	www.GoDeacs.com
Twitter	@WakeWSoccer/@DemonDeacons

GAMES STARTED STREAK

	Current	Career Long
Sophie Faircloth	0	38
Laurel Ansbrow	7	37
Zara Chavoshi	24	24
Caiya Hanks	12	21
Malaika Meena	0	19
Emily Morris	11	18
Kristin Johnson	2	16
Nikayla Small	0	15
Dempsey Brown	3	15
Emily Murphy	7	13
Emily Colton	10	10
Abbie Colton	0	9
Tyla Ochoa	0	9
Payton Cahill	0	7
Allie Schmidt	0	7
Anna Swanson	2	5
Hannah Johnson	0	5
Carly Wilson	0	4
Valentina Amaral	3	3
Sierra Sythe	3	3
Alex Wood	0	3
Paige Nurkin	0	1
Olivia Duvall	0	1

LAST TIME OUT (VS STANFORD)

- For the first time in program history, the No. 13-ranked Wake Forest women's soccer team defeated the No. 1 team in the country, as it handed Stanford, 1-0, Thursday evening at Spry Stadium.
- The Demon Deacons continued to ride the momentum after defeating No. 2 Virginia, 3-0, on Sunday. The Deacs grew into the contest and controlled possession for much of the first half before getting on the board with a wonder strike from senior Emily Colton in the 30th minute into the top right corner of the goal.
- It marked her third goal for the Demon Deacons and 13th of her career. Junior Caiya Hanks picked up her team-high fourth assist of the season following a great forward run.
- The marker would be all Wake Forest needed as they handed the No. 1 Cardinal their first loss of the season. The match also marked the first conference game for Stanford as a member of the Atlantic Coast Conference.
- The Deacs continued to be on the front foot for much of the first half as they had chances to double their lead. At the half, Wake Forest had an 8-to-4 shot advantage and went on to finish the game with a 14-11 shot edge for the game.
- On the defensive side of the pitch, the Demon Deacons stayed composed and organized while redshirt freshman Valentina Amaral stood tall in net. She made a key save in the ninth minute to keep the game level and finished the night with four saves for her second consecutive clean sheet.
- Five outfield players for the Demon Deacons went the full 90 minutes, including the entire backline of seniors Laurel Ansbrow, Zara Chavoshi, Kristin Johnson and freshman Sierra Sythe. The four defended superbly over the course of the contest.
- Wake Forest has not conceded a goal in the last 243 combined minutes, dating back to the game at No. 10 North Carolina a week ago. Overall this season, Amaral has a 0.28 goals against average including 10 saves on 11 shots (.909 save percentage).
- Wake Forest has been incredible at Spry Stadium over the last three seasons, as it has posted a stellar 15-2-5 record at home since the start of 2022 and is currently on a 13-game unbeaten stretch. This marks the second-longest unbeaten home stretch in program history and is one shy of the record set in 2007-08.
- Women's soccer is believed to be the sixth program in Wake Forest history to knock off the No. 1 team in the country joining Baseball, Field Hockey, Men's Basketball, Men's Soccer and Men's Tennis.
- The Demon Deacons are now 3-0-1 all-time against Stanford dating back to 1997. Of note, Wake Forest is the only team in the nation to be undefeated against Stanford all-time with at least three matches played.

#PRODEACS

- Currently, the Deacs have five players in the NWSL, two in the USL Super League and five players overseas.
 - Aubrey Kingsbury - Washington Spirit (NWSL)
 - Bayley Feist - Kansas City Current (NWSL)
 - Madison Hammond - Angel City FC (NWSL)
 - Ryanne Brown - Seattle Reign (NWSL)
 - Hannah Betfort - Utah Royals (NWSL)
 - Katie Stengel - Crystal Palace (Women's Super League)
 - Vicky Krug - RB Leipzig (Frauen-Bundesliga)
 - Grace Jale - Perth Glory (A-League Women)
 - Giovanna DeMarco - Carolina Ascent (USL Super League)
 - Mariah Lee - DC Power (USL Super League)

DEACS' RECORD WHEN...

Overall	7-2-1	Wake has 0-5 shots	0-0-0
At home	4-0-0	Wake has 6-10 shots	0-2-1
On road	3-2-1	Wake has 11-15 shots	2-0-0
At neutral sites	0-0-0	Wake has 16+ shots	5-0-0
After a win	3-2-1	Opp. has 0-5 shots	4-1-1
After a loss	2-0-0	Opp. has 6-10 shots	2-1-0
After a tie	1-0-0	Opp. has 11-15 shots	1-0-0
In overtime	0-0-0	Opp. has 16+ shots	0-0-0
In double overtime	0-0-0	On Mondays	0-0-0
vs. ranked opponents	3-1-0	On Thursdays	4-1-0
vs. unranked opponents	4-1-1	On Fridays	0-0-0
vs. Top-10 opponents	2-1-0	On Saturdays	0-0-0
vs. ACC opponents	2-1-0	On Sundays	3-1-1
vs. non-conference opponents	5-1-1	In August	3-0-1
Scoring first	7-0-0	In September	4-2-0
Opp. scoring first	0-2-1	In October	0-0-0
Leading at half	4-0-0	In November	0-0-0
Tied at half	3-0-0	In 90+ degrees	0-0-0
Trailing at half	0-2-1	In 80-89 degrees	2-0-1
Scoring 1 or fewer goals	3-2-1	In 70-79 degrees	5-2-0
Scoring 2 goals	1-0-0	In 60-69 degrees	0-0-0
Scoring 3 or more goals	3-0-0	In 50-59 degrees	0-0-0
Opp. scoring 1 or fewer goals	7-1-1	In sub-50 degrees	0-0-0
Opp. scoring 2 goals	0-1-0	Wearing white uniforms	3-0-0
Opp. scoring 3 or more goals	0-0-0	Wearing black uniforms	1-2-0
Outshooting opponent	7-2-1	Wearing gold uniforms	2-0-1
Opp. outshooting Wake or tied	0-0-0	Wearing pink uniforms	0-0-0
In one-goal games	4-1-0	In national TV games	2-0-0

WAKE FOREST SOCCER

2024 ACC PRESEASON POLL

1. Florida State (15), 255
 2. Stanford (2), 235
 3. Notre Dame, 211
 4. North Carolina, 187
 5. Clemson, 186
 6. Virginia, 177
 7. Duke, 175
 8. Pitt, 168
 9. Wake Forest, 160
 10. Virginia Tech, 116
 11. California, 111
 12. NC State, 85
 13. Louisville, 80
 - 14t. Boston College, 50
 - 14t. SMU, 50
 16. Miami, 44
 17. Syracuse, 22
- First-place votes in parentheses

DEACS IN THE NATIONAL POLLS

13TH



UNITED SOCCER COACHES

1. Stanford
2. Florida State
- T3. Duke
- T3. Arkansas
5. Michigan State
6. Auburn
7. Utah State
8. North Carolina
9. Penn State
10. Santa Clara
11. Texas
12. Oklahoma State
- 13. Wake Forest**
14. Virginia
15. Memphis
16. Notre Dame
17. Ohio State
18. Iowa
19. Pepperdine
20. Kentucky
21. Colorado
22. Saint Louis
23. Xavier
24. Mississippi State
25. USC

15TH



TOPDRAWERSOCCER

1. Stanford
2. Auburn
3. Florida State
4. Texas
5. Arkansas
6. North Carolina
7. Kentucky
8. Virginia
9. Penn State
10. Michigan State
11. Memphis
12. Oklahoma State
13. Pitt
14. Utah State
- 15. Wake Forest**
16. Notre Dame
17. UCLA
18. Xavier
19. Georgia
20. Iowa
21. Duke
22. Mississippi State
23. Tennessee
24. Saint Louis
25. Santa Clara

3RD



NCAA RPI

1. Michigan State
2. North Carolina
- 3. Wake Forest**
4. Florida State
5. Auburn
6. Penn State
7. Ohio State
8. USC
9. Arkansas
10. Stanford
11. Notre Dame
12. Iowa
13. Pitt
14. Virginia
15. Duke
16. Oklahoma
17. Mississippi State
18. Utah State
19. Kentucky
20. Pepperdine
21. UCLA
22. Tennessee
23. Rutgers
24. Oklahoma State
25. Georgetown

HOW THE DEACS STACK UP IN 2024

Assists Per Game	1.80	68th	8th
Corners Per Game	7.50	16th	4th
Goal Differential	+13	44th	8th
Goals Against Per Game	.500	22nd	4th
Points Per Game	5.40	88th	11th
Save Percentage	.800	99th	6th
Saves Per Game	2.00	328th	14th
Scoring Offense	1.80	92nd	11th
Shots Per Game	19.10	16th	4th
Shots On Goal Per Game	7.60	59th	9th
Shutout Percentage	.600	36th	6th
Total Assists	18	49th	6th
Total Goals	18	64th	11th
Total Points	54	62nd	11th
W/L Percentage	.750	42nd	9th

2024 ATLANTIC COAST CONFERENCE STANDINGS

ACC STANDINGS

School	ACC	Win%	Pts	Overall	Win%
1. SMU	2-0-1	0.833	7	6-3-0	.650
2. Virginia Tech	2-0-0	1.000	6	7-2-1	.750
3. North Carolina	2-0-0	1.000	6	9-1-0	.900
4. Wake Forest	2-1-0	.667	6	7-2-1	.750
5. California	1-0-0	1.000	3	8-1-1	.850
6. Duke	1-0-0	1.000	3	6-1-0	.857
7. Florida State	1-0-0	1.000	3	6-0-1	.929
8. Pitt	1-1-0	.500	3	7-2-1	.750
9. Virginia	1-1-0	.500	3	8-1-0	.889
10. Notre Dame	0-0-1	.500	1	6-1-1	.812
11. Boston College	0-1-1	.250	1	8-2-1	.773
12. Miami	0-1-1	.250	0	3-3-2	.500
13. Stanford	0-1-0	.000	0	8-1-0	.889
14. NC State	0-1-0	.000	0	3-5-1	.389
15. Louisville	0-1-0	.000	0	5-2-2	.667
16. Clemson	0-2-0	.000	0	4-3-2	.556
17. Syracuse	0-3-0	.000	0	6-4-1	.591

WAKE FOREST SOCCER

2024 STARTING LINEUPS

	GK	F	F	F	M	M	M	D	D	D	D
at Army	Cahill	Murphy	Wood	Hanks	E. Colton	Meena	Small	Brown	Ansbro	Chavoshi	Morris
at Rutgers	Cahill	Murphy	Wood	Hanks	E. Colton	Meena	Small	Brown	Ansbro	Chavoshi	Morris
Temple	Nurkin	H. Johnson	Sythe	Hanks	E. Colton	A. Colton	Small	Brown	K. Johnson	Chavoshi	Morris
#20 Mississippi State	Cahill	H. Johnson	Murphy	Hanks	E. Colton	A. Colton	Meena	Brown	Ansbro	Chavoshi	Morris
at Iowa	Cahill	H. Johnson	Murphy	Hanks	E. Colton	A. Colton	Small	Brown	Ansbro	Chavoshi	Morris
at Villanova	Cahill	Murphy	Small	Hanks	E. Colton	A. Colton	Morris	Schmidt	Ansbro	Chavoshi	K. Johnson
UNC Asheville	Cahill	Murphy	Small	Hanks	E. Colton	A. Colton	Morris	Schmidt	Ansbro	Chavoshi	K. Johnson
at #10 North Carolina	Amaral	Murphy	Small	Hanks	E. Colton	A. Colton	Brown	Sythe	Ansbro	Chavoshi	Morris
at #2 Virginia	Amaral	Murphy	Swanson	Hanks	E. Colton	Morris	Brown	Sythe	Ansbro	Chavoshi	K. Johnson
#1 Stanford	Amaral	Murphy	Swanson	Hanks	E. Colton	Morris	Brown	Sythe	Ansbro	Chavoshi	K. Johnson
California											
at Syracuse											
Florida State											
at SMU											
at Pitt											
Duke											
NC State											

HEAD COACH TONY DA LUZ



HEAD COACH

ALMA MATER: SAN DIEGO, '85

28TH SEASON

WF RECORD: 310-198-60 (.598)

CAREER: 356-240-63 (.470)

As head coach of the Wake Forest women's soccer team for 28 of the program's 31 seasons, Tony da Luz has built the Demon Deacons into an ACC and national powerhouse. He holds a 309-198-60 record at Wake Forest, with his 310 wins ranking third among current coaches at their respective ACC programs.

Da Luz is one of only 11 coaches in Wake Forest history across all sports to win 200 games at the helm of the Demon Deacons. Under da Luz's guidance, Wake Forest has earned a bid to the NCAA Tournament and to the ACC Tournament 21 times. In 2011 he achieved his greatest success to date, leading the Demon Deacons to their first-ever College Cup appearance.

Recent years have seen Wake Forest reach a new level of women's soccer prominence. The Deacons captured the 2010 ACC Championship, the first in the history of the program, and made a return trip to the ACC Tournament final in 2011. The 2012 Wake Forest squad finished in a tie for second place in the ACC standings, equaling the program's best-ever finish.

Wake Forest's success under da Luz has not only been limited to the conference level. In addition to their 18 straight NCAA Tournament appearances through 2015, the Deacons also advanced to at least the second round in eight straight seasons and have reached the NCAA Quarterfinals twice - culminating in the program's first College Cup in 2011.

Prior to Wake Forest, da Luz spent five seasons at San Diego, where he finished with a 45-41-3 record. Da Luz was entrusted with starting the San Diego program from the ground up in 1992 and in his final two seasons he guided his teams to a 25-13-2 mark.

Da Luz achieved success as a player as a midfielder and defender while at San Diego. He was an All-WCC honorable mention selection in both 1981 and 1982. As team captain in 1982, he led the Toreros in assists and earned the team MVP award. Da Luz earned his bachelor's degree in Business Administration from San Diego in 1985.

2024 TEAM STAT LEADERS

GOALS		POINTS		SHOTS ON GOAL	
Swanson/Hanks/Sythe/E. Colton	3	Caiya Hanks	10	Emily Colton	15
Hannah Johnson	2	Emily Colton	9	Caiya Hanks	11
ASSISTS		SHOTS		MINUTES PLAYED (OUTFIELD)	
Caiya Hanks	4	Emily Colton	32	Zara Chavoshi	868
Emily Murphy/Emily Colton	3	Caiya Hanks	30	Laurel Ansbro	818

WAKE FOREST SOCCER

SEASON STATS



2024-25 Wake Forest Women's Soccer Combined Statistics All games

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as of Sep 21, 2024

Date	Opponent	Score	Att.
08/15/2024	at Army West Point	W 1-0	300
08/18/2024	at Rutgers	T 1-1	906
08/22/2024	Temple	W 4-0	1015
08/25/2024	Mississippi St.	W 2-1	933
09/01/2024	at Iowa	L 0-2	1563
09/05/2024	at Villanova	W 1-0	397
09/08/2024	UNC Asheville	W 5-0	758
* 09/12/2024	at North Carolina	L 0-1	2942
* 09/15/2024	at Virginia	W 3-0	1402
* 09/19/2024	Stanford	W 1-0	1229

Team statistics

	WF	OPP
SHOT STATISTICS		
Goals-Shot attempts	18-191	5-51
Goals scored per game	1.8	0.5
Shot pct.	.094	.098
Shots on goal-Attempts	76-191	25-51
SOG pct.	.398	.490
Shots/Game	19.1	5.1
Assists	18	4
GOAL BREAKDOWN		
Total Goals	18	5
Penalty	0	0
Unassisted	-	-
Overtime	0	0
Goals scored average	1.8	0.5
CORNER KICKS	75	18
PENALTY KICKS	0-0	0-0
OFFSIDES	23	41
PENALTIES		
Fouls	115	100
Yellow cards	16	13
Red cards	0	0
ATTENDANCE		
Total	3935	7510
Dates/Avg Per Date	4/984	6/1252
Neutral Site #/Avg	0/0	-

Record	Overall	Home	Away	Neutral
All Games	7-2-1	4-0-0	3-2-1	0-0-0
Conference	2-1-0	1-0-0	1-1-0	0-0-0
Non-Conference	5-1-1	3-0-0	2-1-1	0-0-0

#	Player	GP	G	A	PTS	SH	SH%	SOG	SOG%	GWG	PK-ATT
9	Hanks, Caiya	10	3	4	10	30	.100	11	.367	1	0-0
3	Colton, Emily	10	3	3	9	32	.094	15	.469	1	0-0
19	Sythe, Sierra	10	3	1	7	13	.231	6	.462	1	0-0
30	Swanson, Anna	10	3	0	6	8	.375	4	.500	1	0-0
20	Johnson, Hannah	8	2	1	5	16	.125	9	.563	1	0-0
4	Small, Nikayla	10	1	1	3	14	.071	6	.429	1	0-0
35	Murphy, Emily	10	0	3	3	24	.000	9	.375	0	0-0
16	Wood, Alex	10	1	0	2	7	.143	4	.571	1	0-0
33	Colton, Abbie	10	1	0	2	5	.200	2	.400	0	0-0
28	Wilson, Carly	7	1	0	2	2	.500	1	.500	0	0-0
13	Morris, Emily	10	0	1	1	12	.000	2	.167	0	0-0
6	Brown, Dempsey	10	0	1	1	7	.000	2	.286	0	0-0
24	Chavoshi, Zara	10	0	1	1	6	.000	1	.167	0	0-0
7	Johnson, Kristin	9	0	1	1	5	.000	1	.200	0	0-0
34	Ansbro, Laurel	10	0	1	1	1	.000	0	.000	0	0-0
2	Dawkins, Amaya	6	0	0	0	5	.000	3	.600	0	0-0
10	Meena, Malaika	4	0	0	0	2	.000	0	.000	0	0-0
5	Osborne, MJ	3	0	0	0	1	.000	0	.000	0	0-0
32	Silva, Emily	2	0	0	0	1	.000	0	.000	0	0-0
27	Demarinis, Nadia	1	0	0	0	0	.000	0	.000	0	0-0
39	DeNatale, Laine	2	0	0	0	0	.000	0	.000	0	0-0
0	Nurkin, Paige	1	0	0	0	0	.000	0	.000	0	0-0
18	Dobsch, Kate	2	0	0	0	0	.000	0	.000	0	0-0
29	Demarinis, Olivia	3	0	0	0	0	.000	0	.000	0	0-0
17	Ochoa, Tyla	1	0	0	0	0	.000	0	.000	0	0-0
1	Amaral, Valentina	5	0	0	0	0	.000	0	.000	0	0-0
23	Schmidt, Allie	4	0	0	0	0	.000	0	.000	0	0-0
88	Cahill, Payton	6	0	0	0	0	.000	0	.000	0	0-0
Total		10	18	18	54	191	.094	76	.398	-	0-0
Opponents		10	5	4	14	51	.098	25	.490	-	0-0

#	Goalie	GP	MIN.	GA	GA/AVG	SAVES	PCT	W-L-T	SHO/CBO
0	Nurkin, Paige	1	90:00	0	0.00	1	1.000	1-0-0	1/0
1	Amaral, Valentina	5	326:19	1	0.28	10	.909	2-1-0	2/1
88	Cahill, Payton	6	483:41	4	0.74	9	.692	4-1-1	2/1
TM	TEAM	-	00:00	0	0.00	0	.000	0-0-0	1/0
Total		10	900:00	5	0.50	20	.800	7-2-1	6
Opponents		10	900:00	18	1.80	58	.763	2-7-1	2

Goals by Periods

Team	1st	2nd	OT1	OT2	TOTAL
WF	8	10	0	0	18
Opponents	4	1	0	0	5

Shots by Periods

Team	1st	2nd	OT1	OT2	TOTAL
WF	105	86	0	0	191
Opponents	22	29	0	0	51

Saves by Periods

Team	1st	2nd	OT1	OT2	TOTAL
WF	7	13	0	0	20
Opponents	28	30	0	0	58

Corners by Periods

Team	1st	2nd	OT1	OT2	TOTAL
WF	37	38	0	0	75
Opponents	7	11	0	0	18

Fouls by Periods

Team	1st	2nd	OT1	OT2	TOTAL
WF	45	70	0	0	115
Opponents	42	58	0	0	100

WAKE FOREST SOCCER

SEASON STATS



2024-25 Wake Forest Women's Soccer Team Game-by-Game All games

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Date	Opponent	Score	G	A	Pts	Sh	Sh%	Sog	Sog%	GW	GT	UA	OT	PK-Att	YC	RC	MIN
08/15/2024	at Army West Point	1-0	1	1	3	29	.034	15	.517	1	0	-	0	0-0	2	0	118
08/18/2024	at Rutgers	1-1	1	2	4	13	.077	3	.231	0	1	-	0	0-0	2	0	127
08/22/2024	Temple	4-0	4	4	12	38	.105	11	.289	1	0	-	0	0-0	0	0	115
08/25/2024	Mississippi St.	2-1	2	1	5	18	.111	10	.556	1	0	-	0	0-0	1	0	123
09/01/2024	at Iowa	0-2	0	0	0	10	.000	3	.300	0	0	-	0	0-0	3	0	122
09/05/2024	at Villanova	1-0	1	1	3	29	.034	11	.379	1	0	-	0	0-0	1	0	123
09/08/2024	UNC Asheville	5-0	5	4	14	20	.250	11	.550	1	0	-	0	0-0	0	0	115
09/12/2024	at North Carolina	0-1	0	0	0	9	.000	2	.222	0	0	-	0	0-0	3	0	117
09/15/2024	at Virginia	3-0	3	3	9	11	.273	4	.364	1	0	-	0	0-0	2	0	127
09/19/2024	Stanford	1-0	1	2	4	14	.071	6	.429	1	0	-	0	0-0	2	0	112
Totals		18-5	18	18	54	191	.094	76	.398	-	-	-	0	0-0	16	0	1199
Opponents			5	4	14	51	.098	25	.490	-	-	-	0	0-0	13	0	-

TEAM PER-GAME

Games played	Shots per game	Goals per game	Assists per game	Points per game
10	19.10	1.80	1.80	5.40

Date	Opponent	Score	Minutes	GA	GAAvg	Saves	Save%	W	L	T	SHO
08/15/2024	at Army West Point	1-0	90:00	0	0.00	1	1.000	1	0	0	1
08/18/2024	at Rutgers	1-1	90:00	1	1.00	2	.667	0	0	1	0
08/22/2024	Temple	4-0	90:00	0	0.00	1	1.000	1	0	0	1
08/25/2024	Mississippi St.	2-1	90:00	1	1.00	3	.750	1	0	0	0
09/01/2024	at Iowa	0-2	90:00	2	2.00	3	.600	0	1	0	0
09/05/2024	at Villanova	1-0	90:00	0	0.00	0	.000	1	0	0	1
09/08/2024	UNC Asheville	5-0	90:00	0	0.00	2	1.000	1	0	0	1
09/12/2024	at North Carolina	0-1	90:00	1	1.00	1	.500	0	1	0	0
09/15/2024	at Virginia	3-0	90:00	0	0.00	3	1.000	1	0	0	1
09/19/2024	Stanford	1-0	90:00	0	0.00	4	1.000	1	0	0	1
Totals		18-5	900:00	5	0.50	20	.800	7	2	1	6
Opponents			900:00	18	0.50	58	.763	2	7	1	2

WAKE FOREST SOCCER

SEASON STATS



2024-25 Wake Forest Women's Soccer Individual Statistics All games

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as of Sep 21, 2024

Game Records

Overall	Conference	Home	Away	Neutral
7 - 2 - 1	2 - 1 - 0	4 - 0 - 0	3 - 2 - 1	0 - 0 - 0

Team Box Score

No.	Player	GP-GS	MIN	G	A	PTS	SH	SH%	SOG	SOG%	YC	RC	GWG	PK-ATT	FG	OT	HAT	GTG	FOUL
9	Hanks, Caiya	10-10	733	3	4	10	30	.100	11	.367	1	0	1	0-0	1	0	0	1	9
3	Colton, Emily	10-10	738	3	3	9	32	.094	15	.469	1	0	1	0-0	1	0	0	0	8
19	Sythe, Sierra	10-4	551	3	1	7	13	.231	6	.462	0	0	1	0-0	1	0	0	0	1
30	Swanson, Anna	10-2	332	3	0	6	8	.375	4	.500	0	0	1	0-0	1	0	0	0	8
20	Johnson, Hannah	8-3	308	2	1	5	16	.125	9	.563	0	0	1	0-0	1	0	0	0	7
4	Small, Nikayla	10-7	526	1	1	3	14	.071	6	.429	0	0	1	0-0	0	0	0	0	8
35	Murphy, Emily	10-9	634	0	3	3	24	.000	9	.375	4	0	0	0-0	0	0	0	0	13
16	Wood, Alex	10-2	279	1	0	2	7	.143	4	.571	1	0	1	0-0	1	0	0	0	3
33	Colton, Abbie	10-6	504	1	0	2	5	.200	2	.400	2	0	0	0-0	1	0	0	0	4
28	Wilson, Carly	7-0	188	1	0	2	2	.500	1	.500	0	0	0	0-0	0	0	0	0	5
13	Morris, Emily	10-10	723	0	1	1	12	.000	2	.167	2	0	0	0-0	0	0	0	0	13
6	Brown, Dempsey	10-8	645	0	1	1	7	.000	2	.286	1	0	0	0-0	0	0	0	0	8
24	Chavoshi, Zara	10-10	868	0	1	1	6	.000	1	.167	2	0	0	0-0	0	0	0	0	13
7	Johnson, Kristin	9-5	512	0	1	1	5	.000	1	.200	0	0	0	0-0	0	0	0	0	2
34	Ansbro, Laurel	10-9	818	0	1	1	1	.000	0	.000	0	0	0	0-0	0	0	0	0	1
2	Dawkins, Amaya	6-0	126	0	0	0	5	.000	3	.600	0	0	0	0-0	0	0	0	0	3
10	Meena, Malaika	4-3	217	0	0	0	2	.000	0	.000	1	0	0	0-0	0	0	0	0	4
5	Osborne, MJ	3-0	35	0	0	0	1	.000	0	.000	0	0	0	0-0	0	0	0	0	1
32	Silva, Emily	2-0	28	0	0	0	1	.000	0	.000	0	0	0	0-0	0	0	0	0	0
27	Demarinis, Nadia	1-0	16	0	0	0	0	.000	0	.000	0	0	0	0-0	0	0	0	0	1
39	DeNatale, Laine	2-0	20	0	0	0	0	.000	0	.000	0	0	0	0-0	0	0	0	0	1
0	Nurkin, Paige	1-1	90	0	0	0	0	.000	0	.000	0	0	0	0-0	0	0	0	0	0
18	Dobsch, Kate	2-0	39	0	0	0	0	.000	0	.000	0	0	0	0-0	0	0	0	0	0
29	Demarinis, Olivia	3-0	25	0	0	0	0	.000	0	.000	0	0	0	0-0	0	0	0	0	0
17	Ochoa, Tyla	1-0	29	0	0	0	0	.000	0	.000	0	0	0	0-0	0	0	0	0	1
1	Amaral, Valentina	5-3	327	0	0	0	0	.000	0	.000	0	0	0	0-0	0	0	0	0	0
23	Schmidt, Allie	4-2	118	0	0	0	0	.000	0	.000	0	0	0	0-0	0	0	0	0	1
88	Cahill, Payton	6-6	484	0	0	0	0	.000	0	.000	0	0	0	0-0	0	0	0	0	0
Total		10	-	18	18	54	191	.094	76	.398	16	0	-	0-0	7	0	0	-	115
Opponents		10	-	5	4	14	51	.098	25	.490	13	0	-	0-0	3	0	0	-	100

No.	Goalie	GP-GS	Goal Average			Saves		Record			
			MINS	GA	GA AVG	SAVES	PCT	W	L	T	SHO/CBO
0	Nurkin, Paige	1-1	90:00	0	0.00	1	1.000	1	0	0	1/0
1	Amaral, Valentina	5-3	326:19	1	0.28	10	.909	2	1	0	2/1
88	Cahill, Payton	6-6	483:41	4	0.74	9	.692	4	1	1	2/1
TM	TEAM	-	00:00	0	0.00	0	.000	0	0	0	1/0
Total		10	900:00	5	0.50	20	.800	7	2	1	6
Opponents		10	900:00	18	1.80	58	.763	2	7	1	2

WAKE FOREST SOCCER



00

PAIGE NURKIN

GK • 6-0 • GR • CHARLOTTE, N.C. • COLUMBIA

Season Highs

Saves:
1, vs. Temple (8/22/24)
Clean Sheets:
1, last vs. Temple (8/22/24)
Shots Faced:
1, vs. Temple (8/22/24)

Career Highs

Saves:
8, at Providence (9/16/23)
Clean Sheets:
13, last vs. Temple (8/22/24)
Shots Faced:
21, vs. Harvard (11/5/23)

CAREER STATS

SEASON	TEAM	GP-GS	Minutes	GA	GAAvg	Saves	Save%	W	L	T	SHO/CBO
2021-22	CU	14 - 14	1244:05	13	0.95	74	.851	9	4	1	4/2
2022-23	CU	14 - 14	845:00	13	1.39	31	.705	4	5	0	1/3
2023-24	CU	18 - 18	1550:00	13	0.76	61	.824	10	5	3	7/2
2024-25	WF	1 - 1	90:00	0	0	1	1.000	1	0	0	1/0
TOTAL FOR WF		1 - 1	90:00	0	0	1	1.000	1	0	0	1/0
TOTAL		47 - 47	3729:05	39	0.95	167	.811	24	14	4	13/7

BIO INFORMATION

2023 (Senior)

Started 18 games and served as the primary keeper for Columbia ... Tallied 1,550 total minutes and allowed just 13 goals all season for a 0.75 goals against average ... Totaled 61 saves for an 82.4 save percentage ... Finished the season with a 10-5-3 record including seven shutouts ... Named First Team All-Ivy League and Academic All-Ivy ... A Three-time Ivy League Defensive Player of the Week selection ... Played a major role in helping Columbia lead the nation in goals against average, save percentage and shutout percentage at points during the season. Tallied four saves to help lead Columbia past Rutgers for the first NCAA Tournament win in program history ... Recipient of the 1994 Team Award.

2022 (Junior)

Made 14 starts ... Totaled 31 saves as she finished the season with the sixth-most saves in the Ivy League ... Averaged 2.21 saves per game, which ranked 6th in the Ivy League ... Earned four wins with 845 total minutes played ... Owned a 1.38 goals against average, which ranked 7th overall in the Ivy League ... Earned one shutout in the team's 1-0 win over Cornell (9/24).

2021 (Sophomore)

Made 14 starts in standout season...Owned 0.94 goals against average...Led Ivy League in save percentage, 0.851...Named to Ivy League honor roll four times...Earned shutouts against Bucknell (9/4), FDU (9/12), Seton Hall (9/17), Quinnipiac (9/19), Penn (10/9), Adelphi (10/12) ... Named to 2021 Academic All-Ivy team.

2020 (First-Year)

Season canceled due to COVID-19 pandemic.

High School

Earned two letters at Charlotte Latin School before playing her junior and senior seasons with Charlotte Soccer Academy DA ... Made 88 saves, tallied 12 shutouts and had a 0.584 goals against average her sophomore season to earn 2018 All-State, All-Region and All-Conference selections ... 2018 Southern Coast Cup Top Drawer Soccer Best IX ... All earned two letters in volleyball ... U16 State Champion ... Qualified for 2020 DA Cup Elite Eight ... Recorded 0.46 goals against average senior season ... National Merit Semifinalist.

Personal

Parents are John and Suzy Nurkin ... Has one sister, Ansley ... Enrolled in Columbia College.

WAKE FOREST SOCCER



1

VALENTINA AMARAL

GK • 5-7 • SO • OVIEDO, FLA. • OVIEDO HS

Season Highs

Saves:
4, vs. Stanford (9/19/24)
Clean Sheets:
2, last vs. Stanford (9/19/24)
Shots Faced:
4, vs. Stanford (9/19/24)

Career Highs

Saves:
4, vs. Stanford (9/19/24)
Clean Sheets:
2, last at Virginia (9/15/24)
Shots Faced:
4, vs. Stanford (9/19/24)

CAREER STATS

SEASON	TEAM	GP-GS	Minutes	GA	GAAvg	Saves	Save%	W	L	T	SHO/CBO
2023-24	WF	3 - 1	180:00	0	0	3	1.000	1	0	0	1/2
2024-25	WF	5 - 3	326:19	1	0.28	10	.909	2	1	0	2/1
TOTAL		8 - 4	506:19	1	0.18	13	.929	3	1	0	3/3

BIO INFORMATION

2023 (Freshman)

Made three appearances and one start... Made her collegiate debut and first-career start in a clean sheet, 3-0 victory against Idaho State (8/24)... Played the second half in a pair of 2-0 victories against Purdue (8/27) and Auburn (8/31)... Tallied her first career save against Purdue and logged two against Auburn... Did not allow a goal all season and the team was a perfect 3-0 in games she appeared in... Played a role in the program-record for fewest goals allowed (14)... Helped the team go unbeaten at home for the first time since 2007 (5-0-4)... The team finished third in the ACC in shutout percentage (.500) and fourth in goals-against average (.833)

Background

Selected as a goalkeeper on the U20 USWYNT ... Competed at the 2023 Concacaf Women's U20 Championships ... Ranked the No. 19 overall recruit and the no. 2 goalkeeper in the class of 2023, according to TopDrawerSoccer ... Competed for Florida Kraze/Krush on the club circuit.

WAKE FOREST SOCCER



2

AMAYA DAWKINS

MID • 5-8 • FR • WYLIE, TEXAS. • WYLIE EAST

Season Highs

Goals:
N/A
Assists:
N/A
Points:
N/A
Minutes Played:
45, vs. UNC Asheville (9/10/24)

Career Highs

Goals:
N/A
Assists:
N/A
Points:
N/A
Minutes Played:
45, vs. UNC Asheville (9/10/24)

CAREER STATS

SEASON	TEAM	GP-GS	Min.	G	A	Pts	Shot	Shot%	SOG	SOG%	GW	PK-Att
2024-25	WF	6 - 0	125:56	0	0	0	5	.000	3	.600	0	0 - 0
TOTAL		6 - 0	125:56	0	0	0	5	.000	3	.600	0	0 - 0

BIO INFORMATION

High School

As a midfielder for Wylie East, Dawkins was named District MVP in back-to-back seasons in 2022-23 and 2023-24, as well as named to the Texas All-State First Team.... She was also named District Midfielder of the Year during her freshman and sophomore campaigns... In 2022-23, she earned Texas All-State Tournament Team Honors... For her club, she was tabbed ECNL Texas First Team All-Conference in 2020-21 and Second Team in 2021-22... A member of the National Honor Society

Personal

Parents are Jennifer and JD Dawkins... Has one sister, Aleena... Born on April 27, 2006.

WAKE FOREST SOCCER



3

EMILY COLTON

MID • 5-3 • SR • CARLSBAD, CALIF. • LA COSTA CANYON

Season Highs

Goals:
2, vs. UNC Asheville (9/10/24)
Assists:
1, 3x, last at Virginia (9/15/24)
Points:
5, vs. UNC Asheville (9/10/24)
Minutes Played:
90, vs. Stanford (9/19/24)

Career Highs

Goals:
2, twice, last vs. UNC Asheville (9/10/24)
Assists:
1 (11x), last at Virginia (9/15/24)
Points:
5, vs. UNC Asheville (9/10/24)
Minutes Played:
100, vs. Virginia Tech (9/23/21)

CAREER STATS

SEASON	TEAM	GP-GS	Min.	G	A	Pts	Shot	Shot%	SOG	SOG%	GW	PK-Att
2021-22	UNC	18 - 18	1181:30	7	1	15	51	.137	25	.490	0	0 - 0
2022-23	UNC	26 - 26	1575:49	1	6	8	26	.038	9	.346	0	0 - 0
2023-24	UNC	23 - 23	1564:47	2	1	5	27	.074	9	.333	1	0 - 0
2024-25	WF	10 - 10	737:18	3	3	9	32	.094	15	.469	1	0 - 0
TOTAL FOR WF		10 - 10	737:18	3	3	9	32	.094	15	.469	1	0 - 0
TOTAL		77 - 77	5059:24	13	11	37	136	.096	58	.426	2	0 - 0

BIO INFORMATION

Junior Season (2023 - North Carolina)

One of only four Tar Heels to start all 23 matches ... Logged 1,576 minutes to rank fifth on the team ... Played a full 90 minutes in four contests, including in three of UNC's four NCAA Tournament games ... Was on the pitch for 60 or more minutes in 18 matches ... Finished the year with two goals, one assist and five points ... Scored the game-winner against Miami ... Netted another goal at Duke, scoring in back-to-back games ... Dished out an assist vs. Gardner-Webb ... Took 27 shots, including nine shots on goal.

Sophomore Season (2022 - North Carolina)

Started all 26 matches ... Ranked fourth on the team and 13th in the ACC in total assists (6) ... Averaged 61 minutes per match, playing over 60 minutes in 16 matches ... Tallied eight total points, registering three versus Baylor with a goal and assist ... Played 82 of 90 minutes on the road at Duke, and then played 82 minutes in the ACC double overtime match against the Blue Devils ... Scored her lone goal of the season against Baylor ... Credited with an assist in back-to-back games against Baylor and Missouri ... Registered an assist in ACC games against Duke and Pitt ... Collected a pair of assists in the NCAA Tournament versus Old Dominion and UCLA.

United States U-20 WYNT (2022)

Called up to join the U.S. Under-20 Women's Youth National Team to compete in the Concacaf Women's Championship (Santo Domingo, Dominican Republic) and the four-team Sud Ladies Cup (Aubagne, France) ... One of four Americans named to the Concacaf Women's U-20 Championship Best XI Team, leading the USA in assists in the tournament with five ... Helped the US win its seventh Concacaf U20 title and earn a spot in the Women's U20 World Cup.

Freshman Season (2021 - North Carolina)

Named to the All-ACC Freshman Team ... Started all 18 games and logged 1,181 minutes ... One of only three players on the team to start all 18 games ... Led the Tar Heels in goals scored (7), shots (51), and shots on goal (25) ... Finished second on the team in points with 15 ... Scored two goals at Florida and at Illinois ... Dished out her first career assist at Ohio State ... Recorded a season-high eight shots against Stanford ... Registered a season-best six shots on goal versus Virginia Tech ... Played 100 of a possible 110 minutes in the double overtime tie with the Hokies.

High School/Club

Attended La Costa Canyon High School ... Competed for City SC San Diego for 12 years ... Coached by Courtney Drummond at City SC ... Earned two varsity letters as a member of the girl's basketball team ... Helped lead her basketball team to the 2019 CIF Championship ... Named conference Defensive Player of the Year for her efforts on the hardwood ... Excelled academically as well, taking honors and AP courses throughout her time in high school.

Personal

Daughter of Jeff and Debbi Colton ... Father played football at Harvey Mudd College.

WAKE FOREST SOCCER



4

NIKAYLA SMALL

MID • 5-2 • SR • PICKERING, CANADA • BILL CROTHERS SECONDARY SCHOOL

Season Highs
Goals:
 1, vs. Mississippi State (8/25/24)
Assists:
 1, vs. Temple (8/22/24)
Points:
 2, vs. Mississippi State (8/25/24)
Minutes Played:
 80, at Army (8/15/24)

Career Highs
Goals:
 1, twice, last vs. Mississippi State (8/25/24)
Assists:
 2, 2x, last vs. Iona (9/3/23)
Points:
 2, 4x, last vs. Mississippi State (8/25/24)
Minutes Played:
 99, at Louisville (10/2/21)

CAREER STATS

SEASON	TEAM	GP-GS	Min.	G	A	Pts	Shot	Shot%	SOG	SOG%	GW	PK-Att
2021-22	WF	20 - 19	1391:20	1	5	7	38	.026	16	.421	0	0 - 0
2023-24	WF	18 - 17	1261:48	0	7	7	30	.000	11	.367	0	0 - 0
2024-25	WF	10 - 7	525:06	1	1	3	14	.071	6	.429	1	0 - 0
TOTAL		48 - 43	3178:15	2	13	17	82	.024	33	.402	1	0 - 0

BIO INFORMATION

Career Accolades

- 2021 All-ACC Freshman Team

2023 (Junior)

One of just four players on the team to appear in all 18 games, started 17... Led the team with a career-high seven assists... Ranked 57th in the nation and eighth in the ACC with 0.39 assists per game... Assisted the game-winning goal in the 1-0 victory in the opener against App State (8/17) and assisted the game-tying goal with four minutes remaining in the second game of the season against Army (8/20)... Played the full 90 against App State and Syracuse (10/5)... Logged two assists in the 6-0 victory over Iona, her second assist was the 10th of her career... Tallied at least one assist in six of the first 10 games... Fired 30 shots and 11 on goal... Finished fourth on the team with 1,265 minutes played... Helped the team go unbeaten at home for the first time since 2007 (5-0-4)

2022 (Sophomore)

Missed the season due to injury.

2021 (Freshman)

Earned Freshman All-ACC honors ... Selected for Canadian National Team Celebration Tour ... Played in 20 games, starting 19 of them ... Scored a goal against Youngstown State (Aug. 29) ... Tallied two assists against Loyola-Maryland (Oct. 29) and collected assists in three other games ... Played the full 90 minutes or more two times, totaling 1402 minutes of game action ... Took 38 shots in total.

Background

Nominated for the Best Youth Player in Canada in 2019... Selected for U17 Candian Youth Team against Mexico in 2019... Attended Canadian Youth Camps in 2019... Named to the Best XI in CONCACAF Championships - U15 Canadian Youth Team in 2018... Selected for the U15 Candian National Youth Team in 2018... Selected for Regional Excel Program... Captained the Provincial Team from 2017-19... Second-leading scorer in OPDL in 2017... Captained United FA in 2016 and 2017

Personal

Daughter of Jamie and Ishan Thomas Small...Born March 24, 2003

WAKE FOREST SOCCER



5

MJ OSBORNE

FWD • 5-4 • SO • LOS ALTOS HILLS, CALIF. • SAINT FRANCIS HS

Season Highs

Goals:

N/A

Assists:

N/A

Points:

N/A

Minutes Played:

18, vs. UNC Asheville (9/10/24)

Career Highs

Goals:

N/A

Assists:

N/A

Points:

N/A

Minutes Played:

18, vs. UNC Asheville (9/10/24)

CAREER STATS

SEASON	TEAM	GP-GS	Min.	G	A	Pts	Shot	Shot%	SOG	SOG%	GW	PK-Att
2024-25	WF	3 - 0	34:32	0	0	0	1	.000	0	.000	0	0 - 0
TOTAL		3 - 0	34:32	0	0	0	1	.000	0	.000	0	0 - 0

BIO INFORMATION

2023 (Freshman)

Did not make an appearance.

Background

Played two years of varsity soccer at Saint Francis High School ... Leading goal scorer as a freshman on the varsity squad (finished 2nd in CCS) ... Garnered All-League Honors in the WCAL ... Member of the U17 Women's National Team player pool in 2021 ... Selected for the ECNL Girls National Select Game (Arizona, April 2022).

Personal

Daughter of Beth and Dave Osborne ... Born on July 15, 2005 ... Has two brothers (Jack and Charlie) ... Mother (Beth) played tennis at UCLA ... Father (Dave) played rugby at UC Berkeley ... Uncle (Greg Nicholson) played soccer at Wake Forest from 1984-1987.

WAKE FOREST SOCCER



6

DEMPSEY BROWN

DEF • 5-7 • SO • WINTER PARK, FLA. • LAKE HIGHLAND HS

Season Highs

Goals:
N/A
Assists:
1, vs. Temple (8/22/24)
Points:
1, vs. Temple (8/22/24)
Minutes Played:
90, twice, last vs. Stanford (9/19/24)

Career Highs

Goals:
N/A
Assists:
1, vs. Temple (8/22/24)
Points:
1, vs. Temple (8/22/24)
Minutes Played:
90, 15x, last vs. Stanford (9/19/24)

CAREER STATS

SEASON	TEAM	GP-GS	Min.	G	A	Pts	Shot	Shot%	SOG	SOG%	GW	PK-Att
2023-24	WF	16 - 16	1353:11	0	0	0	12	.000	5	.417	0	0 - 0
2024-25	WF	10 - 8	644:55	0	1	1	7	.000	2	.286	0	0 - 0
TOTAL		26 - 24	1998:06	0	1	1	19	.000	7	.368	0	0 - 0

BIO INFORMATION

Career Accolades

2023 ACC All-Freshman
2023 All-ACC Academic Team

2023 (Freshman)

Appeared in and started 16 games... Named to the 2023 ACC All-Freshman team... Made her collegiate debut and played the full 90 in the 1-0 season-opening victory over App State (8/17)... Was a crucial piece to the backline and in the midfield throughout the season... Played the full 90 in 13 of her 16 starts... Logged 12 shots and five on goal... Played a part in nine clean sheets... Allowed just 11 goals in games she appeared in... Played a role in the program-record for fewest goals allowed (15)... Helped the team go unbeaten at home for the first time since 2007 (5-0-4)... The team finished third in the ACC in shutout percentage (.500) and fourth in goals-against average (.833)

Background

Earned five varsity soccer letters at Lake Highland Prep ... Named a United Soccer Coaches All-American for the 2023 season ... Garnered Central Florida All-Area Varsity Team honors, along with Florida Coaches Association All-State and Academic accolades ... Played for Orlando City (ECNL) ... Selected to the National Selection Game ... Led Orlando City to the Florida State Cup Championship.

Personal

Daughter of Nancy and Powell Brown ... Born on June 30, 2004 ... Has two sisters (Baldwin and Rory) and one brother (Preston).

WAKE FOREST SOCCER



7

KRISTIN JOHNSON

DEF • 5-9 • SR • REYKJAVIK, ICELAND • COMMERCIAL COLLEGE OF ICELAND

Season Highs
Goals:
 N/A
Assists:
 1, vs. Stanford (9/19/24)
Points:
 1, vs. Stanford (9/19/24)
Minutes Played:
 90, vs. Stanford (9/19/24)

Career Highs
Goals:
 N/A
Assists:
 2, vs. Miami (10/9/22)
Points:
 2, vs. Miami (10/9/22)
Minutes Played:
 101, Miami (10/7/21)

CAREER STATS

SEASON	TEAM	GP-GS	Min.	G	A	Pts	Shot	Shot%	SOG	SOG%	GW	PK-Att
2021-22	WF	20 - 19	1578:14	0	0	0	5	.000	1	.200	0	0 - 0
2022-23	WF	19 - 18	1467:12	0	4	4	2	.000	1	.500	0	0 - 0
2023-24	WF	18 - 17	1429:43	0	2	2	2	.000	1	.500	0	0 - 0
2024-25	WF	9 - 5	511:52	0	1	1	5	.000	1	.200	0	0 - 0
TOTAL		66 - 59	4987:01	0	7	7	14	.000	4	.286	0	0 - 0

BIO INFORMATION

Career Accolades

2023 All-ACC Academic Team
 2022 ACC Honor Roll

2023 (Junior)

One of four players to appear in all 18 games, started 17 at left back... Recorded two assists, including the game-clincher in the regular-season finale at Miami (10/26)... Finished second on the team with 1,430 minutes played... Went the full 90 in 11 matches... Fired two shots, one on-goal... Played a major role in the program-record for fewest goals allowed (15)... Helped the team go unbeaten at home for the first time since 2007 (5-0-4)... The team finished third in the ACC in shutout percentage (.500) and fourth in goals-against average (.833)... Held opponents to five shots or less on 10 occasions, including zero shots on-goal three times

2022 (Sophomore)

Played in all 19 games, started 18... Tallied a team-high four assists, including two in the 2-0 win over Miami... Logged 1,467 minutes of action, which ranked second among all outfield players... Helped the team record nine clean sheets... Played the full 90 in 11 matches.

2021 (Freshman)

Started in 20 games during the season all on the backline ... Took five shots ... Played the full 90 minutes or more in 11 games ... Helped the Deacs record 12 shutouts last season, tying the most since 2017 and limited opponents to a combined 17 goals, a new program record for the fewest goals allowed in a single season ... Totaled 1582 minutes of game action, fourth-most on the team.

Background

Played 12 games for Iceland's Youth National Team... Played first game for KR's main team in the top league at 15 years old... Captained the KR Youth Team... Earned the most prominent player of the KR's mains team in 2019

Personal

Daughter of Olafur and Bjarndis Johnson...Born February 14, 2002

WAKE FOREST SOCCER



8

CHLOE BURST

FWD • 5-5 • FR • NEW ORLEANS, LA. • MOUNT CARMEL ACADEMY

Season Highs	Career Highs
Goals: N/A	Goals: N/A
Assists: N/A	Assists: N/A
Points: N/A	Points: N/A
Minutes Played: N/A	Minutes Played: N/A

BIO INFORMATION

High School/Club

Played on varsity as an eighth grader at Mount Carmel Academy and was named to the All-State First Team... Won the Louisiana High School State Championship in 2020 as a freshman and was named MVP... Earned All-State First Team honors again in 2020... Played for 2007 TDPElite Boys and 2006 ECNL Girls from 2021-23... Invited to USYNT ID Camps in 2021, 2022 and 2023... Also invited to USYNT Camp in January 2024.

Personal

Parents are Michael and Vanessa Burst... Has one sister, Sadie (20) and one brother, Jude (23)... Born April 16, 2007... Brother Jude has been a professional soccer player since 2017... Cousin, Luke Schmolke, is a member of the Georgia Tech baseball team... Another cousin, Shawn Michael Burst, played for LSU football from 2012-2016... Uncles Benny and Shawn played on the Tulane football team in the 1980's... Cousin, Bethany Burst, was on the Southeastern track and field and Southeastern cross country teams from 2009-2012.

WAKE FOREST SOCCER



9

CAIYA HANKS

MID • 5-4 • JR • KAILUA-KONA, HAWAII • KONAWAENA HIGH SCHOOL

Season Highs

Goals:
2, at Virginia (9/15/24)
Assists:
2, vs. UNC Asheville (9/10/24)
Points:
4, at Virginia (9/15/24)
Minutes Played:
84, at North Carolina (9/12/24)

Career Highs

Goals:
2, at Virginia (9/15/24)
Assists:
2, twice, last vs. UNC Asheville (9/10/24)
Points:
4, twice, at Virginia (9/15/24)
Minutes Played:
90, 6x, vs. Clemson (10/29/23)

CAREER STATS

SEASON	TEAM	GP-GS	Min.	G	A	Pts	Shot	Shot%	SOG	SOG%	GW	PK-Att
2022-23	WF	19 - 19	1343:48	1	3	5	41	.024	11	.268	0	0 - 1
2023-24	WF	17 - 15	1070:09	6	4	16	40	.150	18	.450	2	0 - 0
2024-25	WF	10 - 10	732:29	3	4	10	30	.100	11	.367	1	0 - 0
TOTAL		46 - 44	3146:27	10	11	31	111	.090	40	.360	3	0 - 1

BIO INFORMATION

Career Accolades

2023 All-ACC Academic Team
2023 Second Team All-ACC
2022 ACC Honor Roll
2022 ACC All-Freshman

2023 (Sophomore)

Appeared in 17 matches, started 15... Earned Second Team All-ACC honors... Led the team and set a career-high with 16 points... Tied for the team-lead and set a career-high with six goals... Set a career-high and finished second on the team with four assists... Tallied 40 shots and 18 on-goal... Went the full 90 in two matches, including the ACC Tournament game against Clemson (10/29)... Scored in consecutive matches against Army (8/20) and Idaho State (8/24)... Had a five-game point streak from Sept. 7-29... Tallied a goal and two assists for a career-high four points in the 3-1 win against Rhode Island (9/7)... Rescued a point with a game-tying goal against NC State in the 83rd minute (9/21)... Had the winner at Virginia Tech (9/29)... Logged 1,075 minutes of action... Helped the team go unbeaten at home for the first time since 2007 (5-0-4)

2022 (Freshman)

Earned ACC All-Freshman honors... Started all 19 matches... Finished the season with three assists in 1,351 minutes of action... Logged a team-high 41 shots... Scored her first career goal and assisted another in the 7-0 victory at High Point.

Background

Played high school soccer for Konawaena HS in Kailua-Kona, Hawaii and was named First Team All-BIIF and All-State Second Team ... Led the team to third in the State for back-to-back year ... Played club soccer for Kona Crush Soccer Academy, earning Kona Athlete of the Year 2018 ... Invited to participate in the National ID Training Center ... Ran track as a freshman at Konawaena, running the second fastest 100m and 200m in school history... Third in state for the 4x100 and ran anchor to the fastest time in school history.

WAKE FOREST SOCCER



10

MALAIKA MEENA

MID • 5-6 • SR • SLOUGH, ENGLAND • COX GREEN SCHOOL

Season Highs

Goals:
N/A
Assists:
N/A
Points:
N/A
Minutes Played:
75, at Rutgers (8/18/24)

Career Highs

Goals:
1, 2x, last at App. State (9/5/21)
Assists:
1, 2x, last at Virginia Tech (9/29/23)
Points:
2, 2x, last at App. State (9/5/21)
Minutes Played:
90, 5x, last vs. Boston College (10/19/23)

CAREER STATS

SEASON	TEAM	GP-GS	Min.	G	A	Pts	Shot	Shot%	SOG	SOG%	GW	PK-Att
2021-22	WF	22 - 17	1330:18	2	1	5	18	.111	9	.500	1	0 - 0
2022-23	WF	18 - 18	1304:30	0	1	1	19	.000	6	.316	0	0 - 0
2023-24	WF	11 - 9	709:13	0	0	0	13	.000	5	.385	0	0 - 0
2024-25	WF	4 - 3	216:33	0	0	0	2	.000	0	.000	0	0 - 0
TOTAL		55 - 47	3560:35	2	2	6	52	.038	20	.385	1	0 - 0

BIO INFORMATION

Career Accolades

2023 All-ACC Academic Team
2022 ACC Honor Roll

2023 (Junior)

Appeared in 11 matches, started nine... Recorded an assist in the 2-0 victory at Virginia Tech (9/29)... Fired 13 shots with five on-goal... Went the full 90 against Syracuse (10/5) and (10/19)... Logged 711 minutes of action... Played a role in the program-record for fewest goals allowed (15)... Helped the team go unbeaten at home for the first time since 2007 (5-0-4)... The team finished third in the ACC in shutout percentage (.500) and fourth in goals-against average (.833)

2022 (Sophomore)

Played and started in 18 matches... Tallied an assist in the 4-1 win over Rhode Island... Logged 1,307 minutes in the midfield... Played the full 90 in four matches, including two clean sheets against Milwaukee and Maryland.

2021 (Freshman):

Played in all 22 games in the season, starting 17 with two goals and one assist for five points ... Tallied a goal against VCU (Aug. 26) and App State (Sept. 5) and recorded an assist against Duke (Oct. 15) ... Took 18 shots, with nine shots on goal ... Played the full 90 minutes or more two times, seeing a total of 1337 minutes of game action.

Background

Midfielder from Cox Green School in Slough, United Kingdom... Trained and played for Arsenal in England... Attended several England U18 National Training Camps... Plays in the U18 National Team pool... Won the FA Cup and Youth League

Personal

Daughter of Albert Meena and Hellen Lawuo...Born March 9, 2003

WAKE FOREST SOCCER



13

EMILY MORRIS

MID • 5-4 • SR • FORT MILL, S.C. • NATION FORD HIGH SCHOOL

Season Highs

Goals:
N/A
Assists:
1, vs. Mississippi State (8/25/24)
Points:
1, vs. Mississippi State (8/25/24)
Minutes Played:
90, at Army (8/15/24)

Career Highs

Goals:
1, 6x, last at Miami (10/26/23)
Assists:
1, 6x, last vs. Mississippi State (8/25/24)
Points:
3, twice, last at Miami (10/26/23)
Minutes Played:
90, 4x, last at Army (8/15/24)

CAREER STATS

SEASON	TEAM	GP-GS	Min.	G	A	Pts	Shot	Shot%	SOG	SOG%	GW	PK-Att
2021-22	WF	12 - 2	406:39	0	2	2	3	.000	1	.333	0	0 - 0
2022-23	WF	18 - 18	1372:05	4	1	9	34	.118	17	.500	3	0 - 0
2023-24	WF	16 - 12	1006:10	2	2	6	24	.083	8	.333	0	0 - 0
2024-25	WF	10 - 10	722:15	0	1	1	12	.000	2	.167	0	0 - 0
TOTAL		56 - 42	3507:09	6	6	18	73	.082	28	.384	3	0 - 0

BIO INFORMATION

Career Accolades

2023 All-ACC Academic Team
2022 ACC Honor Roll

2023 (Junior)

Appeared in 16 matches, started 12... Finished the season with six points on two goals and two assists... Scored in the 6-0 victory over Iona (9/3)... Went the full 90 and added an assist against Pitt (10/8)... Tallied a goal and an assist in the 2-0 regular-season finale win over Miami (10/26)... Fired 24 shots with eight on-goal... Logged 1,011 minutes of action... Played a role in the program-record for fewest goals allowed (15)... Helped the team go unbeaten at home for the first time since 2007 (5-0-4)... The team finished third in the ACC in shutout percentage (.500) and fourth in goals-against average (.833)

2022 (Sophomore)

Played and started in 18 matches... Tallied four goals and an assist from the midfield... Scored her first-career goal in the opening game against Milwaukee... Scored three game-winning goals against High Point, Clemson and Syracuse... Led all midfielders with 1,379 minutes played... Logged 34 shots, 17 shots on goal.

2021 (Freshman)

Played in 12 games, starting two of those games ... Notched an assist against Youngstown State (Aug. 29) and Harvard (Nov. 14) ... On the field for a total of 404 minutes.

Background

Rated a three-star recruit on TopDrawerSoccer and ranked No. 192 in the IMG Academy rankings... Ranked No. 16 in the South Atlantic division and ranked No. 63 in the Midfielders rankings... Played with Charlotte Soccer Academy

WAKE FOREST SOCCER



14

LOLA RESSLER

MID • 5-7 • FR • WINTER GARDEN, FLA. • MONTVERDE ACADEMY

Season Highs	Career Highs
Goals: N/A	Goals: N/A
Assists: N/A	Assists: N/A
Points: N/A	Points: N/A
Minutes Played: N/A	Minutes Played: N/A

BIO INFORMATION

High School

Played club for Orlando City ECNL... She was a 2024 Florida Class 3A State Champion and earned State Championship MVP Honors... Named to the 2024 All-Area First Team... Also tabbed ECNL Southeast All Conference First Team honors twice... Garnered Southeast All-Conference First Team honors... Invited to Orlando Pride training... WIST All-Tournament First Team... Chose Wake Forest over the likes of Mississippi State, UCF, Cincinnati, South Carolina, UMass and FAU

Personal

Parents are Melanie and David Ressler... Has one brother (Sebastien) and one sister (Sophie)... Born on March 21, 2006

WAKE FOREST SOCCER



15

SAMMI WIEMANN

DEF • 5-6 • SO • SAN DIEGO, CALIF. • POINT LOMA HS

Season Highs	Career Highs
Goals: N/A	Goals: N/A
Assists: N/A	Assists: N/A
Points: N/A	Points: N/A
Minutes Played: N/A	Minutes Played: N/A

BIO INFORMATION

2023 (Freshman)

Did not make an appearance.

Background

Played two years of varsity soccer for Point Loma High School ... Won Rookie of the Year in her first year playing high school soccer ... Played club soccer for San Diego Surf (ECNL) ... Won the 2022 Blues Cup Championship and the 2021 ECNL Southwest Conference Championship ... Helped lead her team to the 2018 National Championship.

Personal

Daughter of Jana and Jeff Wiemann ... Born on July 7, 2005 ... Has one sister (Kaitlyn) and two brothers (Jacob and Trevor).

WAKE FOREST SOCCER



16

ALEX WOOD

FWD • 5-8 • JR • HUNTINGTON BEACH, CALIF • EDISON HIGH SCHOOL

Season Highs

Goals:
1, at Villanova (8/5/24)
Assists:
N/A
Points:
2, at Villanova (8/5/24)
Minutes Played:
52, at Army (8/15/24)

Career Highs

Goals:
2, vs. Rhode Island (8/21/22)
Assists:
1, twice, last vs. Clemson (8/21/22)
Points:
4, vs. Rhode Island (8/21/22)
Minutes Played:
90, vs. Virginia Tech (9/25/22)

CAREER STATS

SEASON	TEAM	GP-GS	Min.	G	A	Pts	Shot	Shot%	SOG	SOG%	GW	PK-Att
2022-23	WF	19 - 6	862:58	5	2	12	12	.417	8	.667	1	0 - 0
2023-24	WF	15 - 5	446:51	3	0	6	18	.167	9	.500	2	0 - 0
2024-25	WF	10 - 2	278:28	1	0	2	7	.143	4	.571	1	0 - 0
TOTAL		44 - 13	1588:17	9	2	20	37	.243	21	.568	4	0 - 0

BIO INFORMATION

Career Accolades

2022 ACC Honor Roll

2023 (Sophomore)

Appeared in 15 matches, started five... Finished tied for third on the team with three goals... Scored in three-consecutive matches against Auburn (8/31), Iona (9/3) and Rhode Island (9/7)... Had the game-winning goal against Iona and Rhode Island... Fired 18 shots with nine on-goal... Logged 447 minutes... Helped the team go unbeaten at home for the first time since 2007 (5-0-4)

2022 (Freshman)

Played in all 19 matches, started six... Notched a brace, including her first collegiate goal, in the 4-1 win over Rhode Island... Finished the season tied for first on the team with five goals... Scored a goal and assisted another in the 4-1 win over Clemson... Recorded 12 shots, scoring on 42% of her attempts... Earned her first career start in the 1-0 win against Oakland.

Background:

Ranked No. 38 Southern California Region as a forward ... Attended U.S. Soccer Training Center ... Played for Beach FC ECNL under coach Jeff Joyner (2021-22) ... Played for Beach FC USSDA under coach Anton Arrache (2016-20).

WAKE FOREST SOCCER



17

TYLA OCHOA

DEF • 5-5 • SR • ENCINITAS, CALIF. • LA COSTA CANYON HIGH SCHOOL

Season Highs

Goals:
N/A
Assists:
N/A
Points:
N/A
Minutes Played:
28, at Army (8/15/24)

Career Highs

Goals:
1, vs. Georgia (8/26/22)
Assists:
1, 3x last at Rhode Island (9/7/23)
Points:
2, vs. Georgia (8/26/22)
Minutes Played:
90, 5x, last at Rhode Island (9/7/23)

CAREER STATS

SEASON	TEAM	GP-GS	Min.	G	A	Pts	Shot	Shot%	SOG	SOG%	GW	PK-Att
2021-22	WF	18 - 10	892:52	0	0	0	4	.000	1	.250	0	0 - 0
2022-23	WF	6 - 6	404:35	1	1	3	2	.500	2	1.000	1	0 - 0
2023-24	WF	11 - 6	477:52	0	2	2	1	.000	0	.000	0	0 - 0
2024-25	WF	1 - 0	28:07	0	0	0	0	.000	0	.000	0	0 - 0
TOTAL		36 - 22	1803:26	1	3	5	7	.143	3	.429	1	0 - 0

BIO INFORMATION

Career Accolades

2022 ACC Honor Roll

2023 (Junior)

Appeared in 11 matches, started six... Picked up assists in the victories over Idaho State (8/24) and Rhode Island (9/7)... Went the full 90 against Rhode Island... Tallied one shot... Logged 477 minutes of action... Played a role in the program-record for fewest goals allowed (15)... Helped the team go unbeaten at home for the first time since 2007 (5-0-4)... The team finished third in the ACC in shutout percentage (.500) and fourth in goals-against average (.833)

2022 (Sophomore)

Played and started in six games... Helped the team to five clean sheets and just one goal allowed in her six starts... Notched her first career goal, the game winner, in the 77th minute of 1-0 victory over Georgia... Logged 406 minutes.

2021 (Freshman)

Started in 18 games during the season all on the backline, starting 10 of those ... Played the full 90 minutes in two games ... Helped the Deacs record 12 shutouts last season, tying the most since 2017 and limited opponents to a combined 17 goals, a new program record for the fewest goals allowed in a single season ... Totaled 894 minutes of game action.

Background

MVP defender and captain for La Costa Canyon High School in Encinitas, California... Won the CIF Championships and was named player of the game five times... Named captain of the San Diego Surf club for four years... Six time Surf Cup Champions... Ranked third in the nation in 2019... Set the school record in the 4x100

Personal

Daughter of Jodi and Robert Ochoa...Born February 8, 2003

WAKE FOREST SOCCER



18

KATE DOBSCH

DEF • 5-9 • SR • WINNETKA, ILL • NEW TRIER HIGH SCHOOL

Season Highs

Goals:
N/A
Assists:
N/A
Points:
N/A
Minutes Played:
21, vs. UNC Asheville (9/10/24)

Career Highs

Goals:
N/A
Assists:
N/A
Points:
N/A
Minutes Played:
21, vs. UNC Asheville (9/10/24)

CAREER STATS

SEASON	TEAM	GP-GS	Min.	G	A	Pts	Shot	Shot%	SOG	SOG%	GW	PK-Att
2021-22	WF	4 - 0	115:33	0	0	0	0	.000	0	.000	0	0 - 0
2024-25	WF	2 - 0	38:42	0	0	0	0	.000	0	.000	0	0 - 0
TOTAL		6 - 0	154:15	0	0	0	0	.000	0	.000	0	0 - 0

BIO INFORMATION

Career Accolades

2022 ACC Honor Roll

2023 (Junior)

Did not make an appearance.

2022 (Sophomore)

Did not make an appearance.

2021 (Freshman)

Played in four games in the midfield ... Was on the field for 112 minutes total.

Background:

All-State defender for New Trier High School in Winnetka, Illinois... Led her club team, Eclipse Select, to a No. 1 national ranking during the 2019-20 campaign... Named the FC United Team Captain in 2015-16... Played with ODP Illinois State Team in 2015-16... Attended the US Soccer Training Center 2015-17... Four-time ECNL Midwest Conference Champions... Finalist at the ECNL National Championship... Ranked 3rd in the ECNL National Conference Playoffs in 2021

Personal:

Daughter of Kathleen Kumer and Brent Dobsch...Born February 5, 2003...Has a younger brother, Evan and younger brother, Aidan.

WAKE FOREST SOCCER



19

SIERRA SYTHE

FWD • 5-5 • SO • LONG BEACH, CALIF. • MILLIKAN HS

Season Highs

Goals:
1, 3x, last at Virginia (9/15/24)
Assists:
1, at Rutgers (8/18/24)
Points:
2, 3x, last at Virginia (9/15/24)
Minutes Played:
90, vs. Stanford (9/19/24)

Career Highs

Goals:
1, 3x, last at Virginia (9/15/24)
Assists:
1, at Rutgers (8/18/24)
Points:
2, 3x, last at Virginia (9/15/24)
Minutes Played:
90, vs. Stanford (9/19/24)

CAREER STATS

SEASON	TEAM	GP-GS	Min.	G	A	Pts	Shot	Shot%	SOG	SOG%	GW	PK-Att
2024-25	WF	10 - 4	550:02	3	1	7	13	.231	6	.462	1	0 - 0
TOTAL		10 - 4	550:02	3	1	7	13	.231	6	.462	1	0 - 0

BIO INFORMATION

2023 (Freshman)

Did not make an appearance.

Background

Played two years of varsity soccer at Millikan High School ... During the 2021-22 season, earned Moore League Offensive Player of the Year, All-League First Team honors and CIF Southern Section First Team accolades ... Invited to the USYNT U-15 ID Camp and the U.S. Soccer Virtual Camp.

Personal

Daughter of Maribeth and Andy Sythe ... Born on Feb. 18, 2005 ... Has one sister (Callie) ... Mother (Maribeth) played soccer at Dayton (1984-85) and Wright State (1986-88) ... Father played football at West Valley College (1982-83).

WAKE FOREST SOCCER



20

HANNAH JOHNSON

FWD • 5-11 • JR • ATLANTA, GA. • ATLANTA INTERNATIONAL SCHOOL

Season Highs

Goals:
1, twice, last vs. Temple (8/22/24)
Assists:
1, at Rutgers (8/18/24)
Points:
2, twice, last vs. Temple (8/22/24)
Minutes Played:
57, vs. Mississippi State (8/25/24)

Career Highs

Goals:
1, 6x, last vs. Temple (8/22/24)
Assists:
1, at Rutgers (8/18/24)
Points:
2, 6x, last vs. Temple (8/22/24)
Minutes Played:
69, vs. Boston College (10/27/22)

CAREER STATS

SEASON	TEAM	GP-GS	Min.	G	A	Pts	Shot	Shot%	SOG	SOG%	GW	PK-Att
2022-23	WF	18 - 8	630:02	2	0	4	12	.167	5	.417	1	0 - 0
2023-24	WF	12 - 0	308:26	2	0	4	16	.125	12	.750	0	0 - 0
2024-25	WF	8 - 3	307:12	2	1	5	16	.125	9	.563	1	0 - 0
TOTAL		38 - 11	1245:40	6	1	13	44	.136	26	.591	2	0 - 0

BIO INFORMATION

Career Accolades

2023 All-ACC Academic Team
2022 ACC Honor Roll

2023 (Sophomore)

Appeared in 12 matches... Notched two important goals in ACC play... Scored the game-clincher in the 89th minute against Virginia... Tallied the game-tying goal on the road in the 76th minute against Syracuse (10/5)... Fired 16 shots with 12 on-goal... Logged 303 minutes of action... Helped the team go unbeaten at home for the first time since 2007 (5-0-4)

2022 (Freshman)

Played 18 matches, starting eight... Scored the first Demon Deacon goal of the season, and first of her career, in the fifth minute of the opening match against Milwaukee... Scored the last goal of the season to equalize against Boston College with five minutes remaining... Logged 596 minutes.

Background

Four-year letter winner for Atlanta International School in Atlanta, Georgia, earning MVP award for the spring of 2021 ... Led Atlanta International School in scoring in 2020 and 2021 ... Participated in 2018 ECNL ID National Camp ... Two-time ECNL United Soccer Coaches Southeast All-Conference Team ... Named captain for Concorde Fire and led the Concorde Fire in scoring in 2018 and 2019 ... Participated in 2018 ECNL PDP.

WAKE FOREST SOCCER



22

JOSIE NOBLE

MID • 5-8 • FR • WILMETTE, ILL. • NEW TRIER TOWNSHIP

Season Highs	Career Highs
Goals: N/A	Goals: N/A
Assists: N/A	Assists: N/A
Points: N/A	Points: N/A
Minutes Played: N/A	Minutes Played: N/A

BIO INFORMATION

High School/Club

As a midfielder for New Trier Township High School, she was named Central Suburban League All-Conference twice... Earned Illinois All-State honors... Was a three-time Illinois State Champion... Also named Central Suburban League Offensive Player of the Year and Naperville Invitational MVP... Played club for Eclipse Select SC

Personal

Parents are Laura and Richard Noble... Has one sister (Lila) and two brothers (Knox and Marshall)... Born on October 27, 2005.

WAKE FOREST SOCCER



23

ALLIE SCHMIDT

DEF • 5-5 • JR • BAINBRIDGE TOWNSHIP, OHIO • HATHAWAY BROWN SCHOOL

Season Highs

Goals:
N/A
Assists:
N/A
Points:
N/A
Minutes Played:
45, at Villanova (8/5/24)

Career Highs

Goals:
1, vs. Clemson (9/22/22)
Assists:
N/A
Points:
2, vs. Clemson (9/22/22)
Minutes Played:
90, twice, last vs. Virginia Tech (9/25/22)

CAREER STATS

SEASON	TEAM	GP-GS	Min.	G	A	Pts	Shot	Shot%	SOG	SOG%	GW	PK-Att
2022-23	WF	16 - 9	858:09	1	0	2	4	.250	1	.250	0	0 - 0
2023-24	WF	6 - 1	176:55	0	0	0	2	.000	1	.500	0	0 - 0
2024-25	WF	4 - 2	117:44	0	0	0	0	.000	0	.000	0	0 - 0
TOTAL		26 - 12	1152:48	1	0	2	6	.167	2	.333	0	0 - 0

BIO INFORMATION

Career Accolades

2022 ACC Honor Roll

2023 (Sophomore)

Appeared in six matches, started one... Played 41 minutes in the opening victory over App State (8/17)... Started in the 6-0 victory over Iona (9/3)... Fired two shots with one on-goal... Logged 177 minutes of action... Played a role in the program-record for fewest goals allowed (15)... Helped the team go unbeaten at home for the first time since 2007 (5-0-4)... The team finished third in the ACC in shutout percentage (.500) and fourth in goals-against average (.833)

2022 (Freshman)

Played in 16 matches, started nine... Scored her first career goal in the 4-1 win over Clemson... Logged 859 minutes of action... Played the full 90 in three matches.

Background

Rated as a four-star No. 179 overall prospect and No. 46 defender by IMG Academy / TopDrawerSoccer.com for the 2022 class ... Rated the No. 13 in the Great Lakes region ... Played club soccer for Internationals Soccer Club, helping her team secure ENCL National Finalist ... Helped lead club to 2020-21 ECNL Ohio Valley Conference Championship ... Named ECNL Ohio Valley Second Team All-Conference ... Attended multiple U.S. Soccer Regional Youth National Team ID Center.

WAKE FOREST SOCCER



24

ZARA CHAVOSHI

DEF • 5-8 • SR • POTOMAC, MD • THOMAS S. WOOTTON HIGH SCHOOL

Season Highs

Goals:
N/A
Assists:
1, at Virginia (9/15/24)
Points:
1, at Virginia (9/15/24)
Minutes Played:
90, 8x, last vs. Stanford (9/19/24)

Career Highs

Goals:
1, twice, last vs. Louisville (10/22/23)
Assists:
1, 3x, last at Virginia (9/15/24)
Points:
2, twice, last vs. Louisville (10/22/23)
Minutes Played:
97, Florida State (11/5/21)

CAREER STATS

SEASON	TEAM	GP-GS	Min.	G	A	Pts	Shot	Shot%	SOG	SOG%	GW	PK-Att
2021-22	WF	18 - 18	1561:46	0	1	1	6	.000	1	.167	0	0 - 0
2022-23	WF	16 - 14	1328:30	1	1	3	8	.125	2	.250	0	1 - 1
2023-24	WF	15 - 14	1243:25	1	0	2	2	.500	2	1.000	1	0 - 0
2024-25	WF	10 - 10	867:49	0	1	1	6	.000	1	.167	0	0 - 0
TOTAL		59 - 56	5001:30	2	3	7	22	.091	6	.273	1	1 - 1

BIO INFORMATION

Career Accolades

2022 ACC Honor Roll
2023 All-ACC Academic Team

2023 (Junior)

Appeared in 15 matches, started 14... Played a major role on the backline at right back... Went the full 90 in 12-consecutive matches... Scored the lone goal in the home finale against Louisville with a free kick in the 29th minute... Fired two shots with both coming on-goal... Played a role in the program-record for fewest goals allowed (15)... Helped the team go unbeaten at home for the first time since 2007 (5-0-4)... The team finished third in the ACC in shutout percentage (.500) and fourth in goals-against average (.833)

2022 (Sophomore)

Played in 16 matches, starting 14... Scored her first career goal with a penalty in the 7-0 victory at High Point... Logged 1,329 minutes of action on the backline... Played the full 90 in 12 of her 14 starts, including the final six matches of the season... Helped the Deacs to eight clean sheets.

2021 (Freshman)

Started in 18 games during the season all on the backline ... Picked up one assist against Syracuse ... Played the full 90 minutes in 15 games ... Helped the Deacs record 12 shutouts last season, tying the most since 2017 and limited opponents to a combined 17 goals, a new program record for the fewest goals allowed in a single season ... Totaled 1564 minutes of game action.

Background:

Picked up All-State Honorable Mention in 2019... Earned four Mind in Motion Awards (Higher than 3.25 GPA during season)... Played club soccer for McLean Youth, which is the same club as former Deacon Madison Hammond... Guided the McLean Youth Soccer program to two ECNL Champions... Attended the 2020 National Team Regional ID Session... Invited to the US National Team Training Centers... Earned an invite to the 2015 National Team Combine

Personal:

Daughter of Soheil and Cindy Tran-Chavoshi... Born Decemeber 6, 2002... Has two older sisters, Kiyaan Chavoshi and Shireen... Majoring in health and exercise science.

WAKE FOREST SOCCER



25

SOPHIE FAIRCLOTH

MID • 5-6 • GR • WINSTON-SALEM, N.C. • REAGAN HIGH SCHOOL

Season Highs

Goals:
N/A
Assists:
N/A
Points:
N/A
Minutes Played:
N/A

Career Highs

Goals:
2, Virginia Tech (10/29/20)
Assists:
1, four times, last vs. Harvard (11/14/21)
Points:
4, Virginia Tech (10/29/20)
Minutes Played:
110, twice, last vs. Boston College (4/8/21)

CAREER STATS

SEASON	TEAM	GP-GS	Min.	G	A	Pts	Shot	Shot%	SOG	SOG%	GW	PK-Att
2020-21	WF	14 - 14	1314:41	4	2	10	11	.364	8	.727	0	1 - 1
2021-22	WF	22 - 22	1704:50	1	2	4	20	.050	9	.450	1	0 - 1
2022-23	WF	10 - 8	690:09	0	0	0	9	.000	3	.333	0	0 - 1
TOTAL		46 - 44	3709:40	5	4	14	40	.125	20	.500	1	1 - 3

BIO INFORMATION

Career Accolades

2022 ACC Honor Roll
2021 All-ACC Academic Team
2021 Black and Golden Globes Female Rookie of the Year
2020 ACC All-Freshman Team

2023 (Senior)

Did not make an appearance.

2022 (Junior)

Played in 10 matches, started eight... Tallied 691 minutes... Played the full 90 in three matches... Recorded nine shots, three on goal.

2021 (Sophomore)

Collected four points on one goal and two assists ... Was one of two players to wo started every game and played the full 90 minutes or more 10 times ... Scored her second collegiate "Olimpico" against Coastal Carolina (Sept. 9), finding the back of the net directly off a corner kick ... Tallied an assist against Maryland (Sept. 12) and Harvard (Nov. 14) ... Took 20 total shots, nine of them on target ... Helped the Deacs record 12 shutouts last season, tying the most since 2017 and limited opponents to a combined 17 goals, a new program record for the fewest goals allowed in a single season ... Second-most on the team in minutes played with 1696.

2020-21 (Freshman)

Voted to the ACC All-Freshman Team ... Named All-ACC Academic Team ... Led the team in goals (4), points (10), shot percentage (.364), penalty goals (1-1), minutes played (1,321), games started (14) and assists (2). ... Started every game during and played the full 90 minutes or more 13 times, only missing four minutes all season long ... Scored an "Olimpico" against North Carolina (Sept. 17), finding the back of the net directly off a corner kick ... Tallied a brace against Virginia Tech (Oct. 29) ... Took 11 total shots, eight of them on target ... Helped the back line post six shutouts.

Background

Played three years of varsity soccer at Reagan High School...tallied 45 goals and 16 assists...three-time All-Conference selection and two-time All-Region and All-State selection...during her sophomore season she was named the Central Piedmont Conference Offensive Player of the Year... played club soccer for NC Fusion ECNL under coach John Pardini...was a Mid-Atlantic All-Conference selection...earned three varsity letters in indoor track and two her efforts on the cross country at Reagan... two-time 2018 North Carolina 4A State Champion (1,000 meters;1,600 meters)...member of two-time NC 4A State Champion 4x800 Relay Team (2018, 2019)...earned All-America honors in 2018 as a member of Reagan's 4x1 mile relay... owns Reagan High School's school record in the mile (4:57)...two-time All-Conference, Region & State performer in cross country...member of National Honor Society in High School.

Personal

Daughter of Barry and Beth Faircloth...born on Jan. 12, 2002...sister Spencer (20) currently runs track and cross country for Wake Forest and has a younger sister Olivia

WAKE FOREST SOCCER



26

TARYN CHANCE

DEF • 5-5 • JR • STAFFORD, VA. • COLONIAL FORGE HIGH SCHOOL

Season Highs

Goals:
N/A
Assists:
N/A
Points:
N/A
Minutes Played:
N/A

Career Highs

Goals:
1, at High Point (9/1/22)
Assists:
1, 3x, last vs. Miami (10/9/22)
Points:
2, at High Point (9/1/22)
Minutes Played:
37, vs. Syracuse (10/2/22)

CAREER STATS

SEASON	TEAM	GP-GS	Min.	G	A	Pts	Shot	Shot%	SOG	SOG%	GW	PK-Att
2022-23	WF	13 - 0	306:41	1	3	5	6	.167	2	.333	0	0 - 0
2023-24	WF	4 - 0	86:35	0	0	0	3	.000	1	.333	0	0 - 0
TOTAL		17 - 0	393:16	1	3	5	9	.111	3	.333	0	0 - 0

BIO INFORMATION

2023 (Sophomore)

Appeared in four matches... Fired three shots with one on-goal... The Deacs posted a 4-0-0 record in games she appeared in with a plus-12 goal differential and no goals conceded... Played a season-high 32 minutes in the 6-0 victory over Iona (9/3)... Logged 84 minutes of action... Played a role in the program-record for fewest goals allowed (15)... Helped the team go unbeaten at home for the first time since 2007 (5-0-4)... The team finished third in the ACC in shutout percentage (.500) and fourth in goals-against average (.833)

2022 (Freshman)

Played in 13 matches... Scored first career goal, in addition to an assist, in the 7-0 victory at High Point... Contributed to six clean sheets... Logged 301 minutes of action... Racked up three assists over the campaign.

Background

Played club soccer for VA Union ECNL ... Guided VA Union ECNL to an appearance in the Virginia State Cup Finals ... Won the Jefferson Cup and competed in the VA State ODP / Regional ODP ... Chance was named to the Honor Roll three straight years ... Sean Armand, cousin, played for Iona Basketball and currently plays professionally overseas in Spain.

WAKE FOREST SOCCER



27

NADIA DEMARINIS

DEF • 5-5 • SR • BOCA RATON, FLA • NORTH BROWARD PREP HS

Season Highs

Goals:
N/A
Assists:
N/A
Points:
N/A
Minutes Played:
15, vs. UNC Asheville (9/10/24)

Career Highs

Goals:
N/A
Assists:
N/A
Points:
N/A
Minutes Played:
34, Youngstown State (8/29/21)

CAREER STATS

SEASON	TEAM	GP-GS	Min.	G	A	Pts	Shot	Shot%	SOG	SOG%	GW	PK-Att
2021-22	WF	2 - 0	42:58	0	0	0	0	.000	0	.000	0	0 - 0
2022-23	WF	1 - 0	22:00	0	0	0	0	.000	0	.000	0	0 - 0
2023-24	WF	2 - 0	24:52	0	0	0	0	.000	0	.000	0	0 - 0
2024-25	WF	1 - 0	15:17	0	0	0	0	.000	0	.000	0	0 - 0
TOTAL		6 - 0	105:07	0	0	0	0	.000	0	.000	0	0 - 0

BIO INFORMATION

Career Accolades

2022 ACC Honor Roll

2023 (Junior)

Appeared in two matches... Logged 14 minutes in the 6-0 victory over Iona (9/3) and 11 minutes in the 2-2 draw at Syracuse (10/5)... Played a role in the program-record for fewest goals allowed (15)... Helped the team go unbeaten at home for the first time since 2007 (5-0-4)... The team finished third in the ACC in shutout percentage (.500) and fourth in goals-against average (.833)

2022 (Sophomore)

Logged 22 minutes in the 7-0 victory over High Point.

2021 (Freshman)

Played in two games in the midfield ... Was on the field for 42 minutes total.

Background:

Standout for North Broward Prep in Boca Raton... Went to States in track and broke the school record in 4x400 and was earned District Champions in 800m... Played club soccer for Weston FC... Played on the ODP Florida State Team... Invited to play for ODP Southern Region Team for Thanksgiving Interregional Event... Invited and participated at ODP International Trip to Costa Rica... Attended her first U.S. Youth National Team camp in Arizona

Personal:

Daughter of Jody and Vince DeMarinis...Born April 30, 2003...Sister Olivia is a twin defender at Wake Forest.

WAKE FOREST SOCCER



28

CARLY WILSON

MID • 5-5 • JR • ATLANTA GA. • LAMBERT HS

Season Highs

Goals:
1, vs. Temple (8/22/24)
Assists:
N/A
Points:
2, vs. Temple (8/22/24)
Minutes Played:
50, vs. Temple (8/22/24)

Career Highs

Goals:
1, twice, last vs. Temple (8/22/24)
Assists:
N/A
Points:
2, twice, last vs. Temple (8/22/24)
Minutes Played:
90, vs. Boston College (10/27/22)

CAREER STATS

SEASON	TEAM	GP-GS	Min.	G	A	Pts	Shot	Shot%	SOG	SOG%	GW	PK-Att
2022-23	WF	19 - 8	1036:41	0	0	0	6	.000	1	.167	0	0 - 0
2023-24	WF	12 - 2	466:47	1	0	2	9	.111	3	.333	1	0 - 0
2024-25	WF	7 - 0	187:07	1	0	2	2	.500	1	.500	0	0 - 0
TOTAL		38 - 10	1690:35	2	0	4	17	.118	5	.294	1	0 - 0

BIO INFORMATION

2023 (Sophomore)

Appeared in 12 matches, started two... Scored the opener in the 44th minute against Purdue (8/27)... The Deacs posted an 8-1-3 record in matches she appeared in... Fired nine shots with three on-goal... Logged 462 minutes... Played a role in the program-record for fewest goals allowed (15)... Helped the team go unbeaten at home for the first time since 2007 (5-0-4)... The team finished third in the ACC in shutout percentage (.500) and fourth in goals-against average (.833)

2022 (Freshman)

Played in all 19 matches, started eight... Played the full 90 in the final regular season game against Boston College... Contributed to nine clean sheets... Recorded six shots and one on goal... Logged 1,037 minutes in the midfield.

Background

Two-year letter winner for Lambert High School in Atlanta, Georgia, earning GHSA First Team All-State and USC First Team All-State ... Led Lambert HS to Georgia 7A State Runner-Up and earned 2021 Coaches Award ... Named Forsyth All-County First Team ... Played club soccer for Concorde Fire ECNL Platinum, helping her team secure back-to-back ECNL Southeast Conference championships in 2018 and 2019 ... Helped Concorde Fire SC Platinum earn ECNL National Playoffs appearances in 2016 and 2018 ... Played for Tophat 04 DA Team.

WAKE FOREST SOCCER



29

OLIVIA DEMARINIS

DEF • 5-5 • SR • BOCA RATON, FLA • NORTH BROWARD PREP HS

Season Highs

Goals:
N/A
Assists:
N/A
Points:
N/A
Minutes Played:
15, vs. UNC Asheville (9/10/24)

Career Highs

Goals:
N/A
Assists:
N/A
Points:
N/A
Minutes Played:
45, at Maryland (9/8/22)

CAREER STATS

SEASON	TEAM	GP-GS	Min.	G	A	Pts	Shot	Shot%	SOG	SOG%	GW	PK-Att
2021-22	WF	4 - 0	67:59	0	0	0	0	.000	0	.000	0	0 - 0
2023-24	WF	2 - 0	20:58	0	0	0	0	.000	0	.000	0	0 - 0
2024-25	WF	3 - 0	24:21	0	0	0	0	.000	0	.000	0	0 - 0
TOTAL		9 - 0	113:18	0	0	0	0	.000	0	.000	0	0 - 0

BIO INFORMATION

Career Accolades

2022 ACC Honor Roll

2023 (Junior)

Appeared in two matches... Logged six minutes in the 3-0 victory over Idaho State (8/24) and 14 minutes in the 6-0 win against Iona (9/3)... Played a role in the program-record for fewest goals allowed (15)... Helped the team go unbeaten at home for the first time since 2007 (5-0-4)... The team finished third in the ACC in shutout percentage (.500) and fourth in goals-against average (.833)

2022 (Sophomore)

Did not make an appearance.

2021 (Freshman)

Played in four games in the midfield ... Was on the field for 66 minutes total.

Background:

Standout for North Broward Prep in Boca Raton... Went to States in track and broke the school record in 4x400 and was earned District Champions in 800m... Named Most Improved Girls Track and Field... Played club soccer for Weston FC... Joined the Florida Olympic Development Team... Invited and participated at ODP International Trip to Costa Rica... Attended her first U.S. Youth National Team camp in Arizona

Personal:

Daughter of Jody and Vince DeMarinis...Born April 30, 2003...Sister Nadia is a twin defender at Wake Forest.

WAKE FOREST SOCCER



30

ANNA SWANSON

MID • 5-4 • SR • SANTA FE, N.M. • SANTA FE PREP HIGH SCHOOL

Season Highs

Goals:
2, vs. UNC Asheville (9/10/24)
Assists:
N/A
Points:
4, vs. UNC Asheville (9/10/24)
Minutes Played:
52, vs. Stanford (9/19/24)

Career Highs

Goals:
2, vs. UNC Asheville (9/10/24)
Assists:
1, 2x, last vs. Iona (9/3/23)
Points:
4, vs. UNC Asheville (9/10/24)
Minutes Played:
52, vs. Stanford (9/19/24)

CAREER STATS

SEASON	TEAM	GP-GS	Min.	G	A	Pts	Shot	Shot%	SOG	SOG%	GW	PK-Att
2022-23	WF	5 - 0	102:21	0	0	0	1	.000	1	1.000	0	0 - 0
2023-24	WF	17 - 7	787:19	3	2	8	15	.200	7	.467	1	0 - 0
2024-25	WF	10 - 2	331:27	3	0	6	8	.375	4	.500	1	0 - 0
TOTAL		32 - 9	1221:07	6	2	14	24	.250	12	.500	2	0 - 0

BIO INFORMATION

Career Accolades

2022 ACC Honor Roll

2023 (Junior)

Appeared in 17 matches, started seven... Notched her first-career assist in the 3-0 win against Idaho State (8/24)... Earned her first-career start and recorded an assist in the 6-0 victory over Iona (9/3)... Scored her first-career goal in the 78th minute of the Deacs' first ACC win of the season against Virginia (9/24)... Scored goals in draws against Syracuse (10/5) and Boston College (10/19)... Finished third on the team with eight points... Fired 15 shots with seven on-goal... Logged 783 minutes... Helped the team go unbeaten at home for the first time since 2007 (5-0-4)

2022 (Sophomore)

Played in five matches... Contributed to three clean sheets and just two goals allowed in her five appearances... Logged a season-high 28 minutes and recorded a shot in the 7-0 win at High Point.

2021 (Freshman)

Redshirted.

Background

First Team All-State midfielder for Santa Fe Prep High School in Santa Fe, N.M... Won the District Championship and named District Player of the Year... Top 10 in the nation for goals scored with 49 goals... Played for Phoenix Rising ECNL under Paul Taylor... Qualified and competed at the U14 and U16 Rocky/Central Ski Racing Junior Olympics... Competed at the New Mexico Cross Country Championships in 2016... 2017 New Mexico State Champion in the 200m Medley

Personal

Daughter of Leah and Sloan Swanson... Born September 12, 2002

WAKE FOREST SOCCER



31

OLIVIA DUVALL

MID • 5-7 • SR • ALEXANDRIA, VA. • ST. STEPHEN'S AND ST. AGNES SCHOOL

Season Highs

Goals:
N/A
Assists:
N/A
Points:
N/A
Minutes Played:
N/A

Career Highs

Goals:
1, 2x, last vs. Iona (9/3/23)
Assists:
N/A
Points:
2, 2x, last vs. Iona (9/3/23)
Minutes Played:
34, vs. Iona (9/3/23)

CAREER STATS

SEASON	TEAM	GP-GS	Min.	G	A	Pts	Shot	Shot%	SOG	SOG%	GW	PK-Att
2021-22	WF	3 - 0	52:15	0	0	0	0	.000	0	.000	0	0 - 0
2022-23	WF	9 - 1	143:44	1	0	2	4	.250	2	.500	0	0 - 0
2023-24	WF	9 - 0	168:08	1	0	2	5	.200	2	.400	0	0 - 0
TOTAL		21 - 1	364:07	2	0	4	9	.222	4	.444	0	0 - 0

BIO INFORMATION

Career Accolades

2022 ACC Honor Roll
2023 All-ACC Academic Team

2023 (Junior)

Appeared in nine matches... Scored her second-career goal in the 6-0 victory over Iona (9/3)... Fired five shots with two on-goal... Logged 166 minutes... Played a role in the program-record for fewest goals allowed (15)... Helped the team go unbeaten at home for the first time since 2007 (5-0-4)... The team finished third in the ACC in shutout percentage (.500) and fourth in goals-against average (.833)

2022 (Sophomore)

Played in nine matches, started one... Scored first career goal in the 7-0 victory at High Point... Logged 142 minutes of action... Contributed to five clean sheets.

2021 (Freshman)

Played in three games in the midfield ... Was on the field for 52 minutes total.

Background:

Four-year letter winner for St. Stephen's and St. Agnes School School in Alexandria, Va, earning Saints Award Soccer... Played club soccer for ODP Region 1 Team and won the State Cup Championship... Selected for Washington Spirit ADP Pool... Stood out as a three-sport athlete at St. Stephen's and St. Agnes School School as a two-time State Lacrosse Champion and ISL Lacrosse Champion

Personal:

Daughter of Tyler and Andrea Duvall...Born April 7, 2003

WAKE FOREST SOCCER



32

EMILY SILVA

MID • 5-4 • SR • GREENSBORO, N.C. • BISHOP MCGUINNESS CATHOLIC HS

Season Highs

Goals:
N/A
Assists:
N/A
Points:
N/A
Minutes Played:
15, vs. UNC Asheville (9/10/24)

Career Highs

Goals:
N/A
Assists:
N/A
Points:
N/A
Minutes Played:
45, vs. Iona (9/3/23)

CAREER STATS

SEASON	TEAM	GP-GS	Min.	G	A	Pts	Shot	Shot%	SOG	SOG%	GW	PK-Att
2021-22	WF	1 - 0	04:33	0	0	0	0	.000	0	.000	0	0 - 0
2022-23	WF	4 - 0	75:28	0	0	0	0	.000	0	.000	0	0 - 0
2023-24	WF	5 - 0	88:12	0	0	0	5	.000	2	.400	0	0 - 0
2024-25	WF	2 - 0	27:51	0	0	0	1	.000	0	.000	0	0 - 0
TOTAL		12 - 0	196:04	0	0	0	6	.000	2	.333	0	0 - 0

BIO INFORMATION

Career Accolades

2022 ACC Honor Roll

2023 (Junior)

Appeared in five matches... The Deacs posted a 5-0-0 record in games she appeared in... Fired five shots with two on-goal... Logged 85 minutes of action, including 45 minutes in the 6-0 victory over Iona (9/3)... Played a role in the program-record for fewest goals allowed (15)... Helped the team go unbeaten at home for the first time since 2007 (5-0-4)... The team finished third in the ACC in shutout percentage (.500) and fourth in goals-against average (.833)

2022 (Sophomore)

Made four appearances... Contributed to three clean sheets... Logged 75 minutes.

2021 (Freshman)

Played in one game in the midfield ... Was on the field for four minutes total.

Background

All-State midfielder and two year captain for Bishop McGuinness Catholic High School in Greensboro, North Carolina... Led the Bishop McGuinness Catholic HS to the 2021 Northwest 1A Conference Championship... Three-time NCSCA 1A All-Region and three-time NCSCA 1A All-Conference... Competed in the 2018 and 2019 Champions League with NC Fusion... Received the 2019 NC Fusion Award

Personal

Daughter of Enrico and Ha Silva...Born February 12, 2003

WAKE FOREST SOCCER



33

ABBIE COLTON

DEF • 5-3 • SR • CARLSBAD, CALIF. • LA COSTA CANYON HIGH SCHOOL

Season Highs

Goals:
1, vs. Mississippi State (8/25/24)
Assists:
N/A
Points:
2, vs. Mississippi State (8/25/24)
Minutes Played:
76, vs. Mississippi State (8/25/24)

Career Highs

Goals:
1, vs. Mississippi State (8/25/24)
Assists:
N/A
Points:
2, vs. Mississippi State (8/25/24)
Minutes Played:
90, twice, last at Rhode Island (9/7/23)

CAREER STATS

SEASON	TEAM	GP-GS	Min.	G	A	Pts	Shot	Shot%	SOG	SOG%	GW	PK-Att
2021-22	WF	7 - 0	189:34	0	0	0	5	.000	3	.600	0	0 - 0
2023-24	WF	18 - 17	1236:18	0	0	0	13	.000	4	.308	0	0 - 0
2024-25	WF	10 - 6	503:46	1	0	2	5	.200	2	.400	0	0 - 0
TOTAL		35 - 23	1929:38	1	0	2	23	.043	9	.391	0	0 - 0

BIO INFORMATION

Career Accolades

2022 ACC Honor Roll
2023 All-ACC Academic Team

2023 (Junior)

One of four players to appear in all 18 matches, started 17... Was a crucial piece in the midfield playing at the six... Earned her first-career start in the 1-0 victory over App State (8/17)... Went the full 90 against Army (8/20) and Rhode Island (9/7)... Fired 13 shots with four on-goal... Finished tied for fifth on the team with 1,245 minutes played... Played a role in the program-record for fewest goals allowed (15)... Helped the team go unbeaten at home for the first time since 2007 (5-0-4)... The team finished third in the ACC in shutout percentage (.500) and fourth in goals-against average (.833)... Held opponents to five shots or less on 10 occasions, including zero shots on-goal three times.

2022 (Sophomore)

Did not make an appearance.

2021 (Freshman)

Played in seven games during the season and took five shots ... Was on the field for 189 minutes.

Background:

Played high school soccer for La Costa Canyon High School in California... Played 14 seasons with City SC and was team captain for three seasons... Named Defensive Midfielder of the Year in 2020-21 for the club... Won the National State Cup and was a USYS Regional Semi-Finalist... Recognized by US Soccer and was part of the USYNT player pool and attended multiple ID camps... Led the Mindset Organization and taught younger players how to cope with stress and pressure... Joined the inaugural Girls Academy League and won the Southwest Conference

Personal:

Daughter of Jeffery and Debra Colton... Born June 23, 2003... Has one older sister, Ellie and one younger sister, Emily... Majoring in exercise science.

WAKE FOREST SOCCER



34

LAUREL ANSBROW

DEF • 5-8 • SR • CARY, N.C. • APEX HIGH SCHOOL

Season Highs

Goals:
N/A
Assists:
1, at Army (8/15/24)
Points:
1, at Army (8/15/24)
Minutes Played:
90, 8x, last vs. Stanford (9/19/24)

Career Highs

Goals:
1, twice, last at Miami (10/26/23)
Assists:
1, twice, last at Army (8/15/24)
Points:
2, twice, last at Miami (10/26/23)
Minutes Played:
90, 36x, last vs. Stanford (9/19/24)

CAREER STATS

SEASON	TEAM	GP-GS	Min.	G	A	Pts	Shot	Shot%	SOG	SOG%	GW	PK-Att
2021-22	WF	2 - 0	36:26	0	0	0	0	.000	0	.000	0	0 - 0
2022-23	WF	19 - 17	1587:02	1	1	3	7	.143	2	.286	0	0 - 0
2023-24	WF	18 - 18	1531:05	1	0	2	7	.143	2	.286	1	0 - 0
2024-25	WF	10 - 9	817:55	0	1	1	1	.000	0	.000	0	0 - 0
TOTAL		49 - 44	3972:28	2	2	6	15	.133	4	.267	1	0 - 0

BIO INFORMATION

Career Accolades

2022 ACC Honor Roll
2023 All-ACC Academic Team

2023 (Junior)

The only player on the team to start all 18 matches... Was the leader of one of the top backlines in the nation... Went the full 90 in 14 matches... Led the team with 1,532 minutes played... Scored the opener in the 2-0 victory over Miami in the 60th minute (10/26)... Fired seven shots with two on-goal... Played a role in the program-record for fewest goals allowed (15)... Helped the team go unbeaten at home for the first time since 2007 (5-0-4)... The team finished third in the ACC in shutout percentage (.500) and fourth in goals-against average (.833)... Held opponents to five shots or less on 10 occasions, including zero shots on-goal three times.

2022 (Sophomore)

Played in all 19 matches, starting 17... Led all outfield players in minutes with 1,579... Scored first career goal at NC State... Recorded an assist on the equalizing goal against Boston College in the final regular season game... Played the full 90 in 15 matches... Helped the Deacs earn nine clean sheets.

2021 (Freshman)

Did not appear in a match.

Background

Named to the NC SWAC First Team All-Conference and NCSVA All-Region Team while playing for Apex High School in 2019... National Honor Society, National Technical Honors Society and AP Scholar... Played club for NC Courage as a team captain... Named to the ECNL U16 Mid-Atlantic All-Conference Team in 2019... ECNL Player Development Program invitee... Attended USYNT Regional ID Center... Ranked No. 157 at the IMG Academy Club Player Rankings and No. 14 in the TopDrawerSoccer Regional Rankings in the South Atlantic

Personal

Daughter of Jane and Mark Ansbrow... Born April 10, 2003... Has one older sister, Sarah... Majoring in biology

WAKE FOREST SOCCER



35

EMILY MURPHY

FWD • 5-6 • SR • WINDSOR, ENGLAND • CHELSEA

Season Highs

Goals:
N/A
Assists:
1, 3, last at Virginia (9/15/24)
Points:
1, 3, last at Virginia (9/15/24)
Minutes Played:
90, at North Carolina (9/12/24)

Career Highs

Goals:
1, 16x, last vs. North Carolina (10/13/23)
Assists:
2, at Illinois (8/26/21)
Points:
4, at Illinois (8/26/21)
Minutes Played:
90, 4x, last at North Carolina (9/12/24)

CAREER STATS

SEASON	TEAM	GP-GS	Min.	G	A	Pts	Shot	Shot%	SOG	SOG%	GW	PK-Att
2021-22	UNC	15 - 14	849:01	5	6	16	36	.139	18	.500	0	0 - 0
2022-23	UNC	24 - 3	623:15	5	4	14	16	.313	11	.688	1	0 - 0
2023-24	WF	17 - 15	1162:19	6	2	14	36	.167	17	.472	0	1 - 1
2024-25	WF	10 - 9	633:34	0	3	3	24	.000	9	.375	0	0 - 0
TOTAL FOR WF		27 - 24	1795:54	6	5	17	60	.100	26	.433	0	1 - 1
TOTAL		66 - 41	3268:09	16	15	47	112	.143	55	.491	1	1 - 1

BIO INFORMATION

Career Accolades

2023 All-ACC Academic Team
2022 ACC Honor Roll

2023 (Junior)

Appeared in 17 matches, started 15... Finished second on the team with 14 points and a career-high six goals... Added two assists... Made her Wake Forest debut in the opener against App State (8/17)... Tallied her first goal and assist in a Wake Forest uniform in the 3-0 victory over Idaho State (8/24)... Made it back-to-back games with a goal with a penalty kick against Purdue (8/27)... Scored three goals in four games from Sept. 29-Oct. 13... Scored the equalizer in the 75th minute against her former team North Carolina (10/13)... Fired 36 shots with 17 on-goal... Went the full 90 in three matches... Logged 1,167 minutes of action... Helped the team go unbeaten at home for the first time since 2007 (5-0-4)

2022 (North Carolina)

Made 24 appearances, tallying three starts ... Registered five goals, including the game winner against NC State (Oct. 9) ... Notched four assists ... Ranked second on the team in SOG% (.688) amongst players with 10 or more attempts ... Logged 20+ minutes in 19 matches ... Competed for a total of 629 minutes.

2021 (North Carolina)

Named to the All-ACC Freshman Team ... Started 14 of the 15 games she played ... Led the Tar Heels with 16 points and tied for the team lead in assists (6) ... Tied for second on the team in goals scored (5) and was second in shots on goal (18) ... Competed for 849 minutes ... Did not play against Duke, Virginia Tech or Clemson ... Four of her five goals were scored during non-conference play with the fifth scored against Miami ... Tallied five points at Illinois with a goal and two assists ... Scored the game-tying goal in the 49th minute against Stanford, leading Carolina to a 2-1 overtime triumph ... Scored goals against Washington and Florida ... Played a season-high 72 minutes against Arkansas ... Played over 50 minutes in 10 additional games and never played less than 44 minutes.

Personal

Joined the UNC women's soccer program prior to the start of the 2021 season after enjoying a successful term with Birmingham City of the Barclay's FA women's Super League, playing with Chelsea and Arsenal ... Was called to up in October 2019 to the England U17 team to play in the 2020 U17 UEFA Women's Under-17 Championship ... Invited to a senior Republic of Ireland national team training camp in April 2021.

WAKE FOREST SOCCER



39

LAINE DENATALIE

DEF • 5-7 • JR • LOCUST VALLEY, N.Y. • LOCUST VALLEY HIGH SCHOOL

Season Highs

Goals:
N/A
Assists:
N/A
Points:
N/A
Minutes Played:
15, vs. UNC Asheville (9/10/24)

Career Highs

Goals:
N/A
Assists:
1, at High Point (9/1/22)
Points:
1, at High Point (9/1/22)
Minutes Played:
62 vs. Idaho State (8/24/23)

CAREER STATS

SEASON	TEAM	GP-GS	Min.	G	A	Pts	Shot	Shot%	SOG	SOG%	GW	PK-Att
2022-23	WF	2 - 0	60:56	0	1	1	0	.000	0	.000	0	0 - 0
2023-24	WF	7 - 0	254:34	0	0	0	0	.000	0	.000	0	0 - 0
2024-25	WF	2 - 0	19:42	0	0	0	0	.000	0	.000	0	0 - 0
TOTAL		11 - 0	335:12	0	1	1	0	.000	0	.000	0	0 - 0

BIO INFORMATION

Career Accolades

2022 ACC Honor Roll

2023 (Sophomore)

Appeared in seven matches... Played a career-high 60 minutes in the 3-0 victory over Idaho State (8/24)... The Deacs posted a 6-0-1 record in games she appeared in and allowed just two goals... Logged 252 minutes of action... Played a role in the program-record for fewest goals allowed (15)... Helped the team go unbeaten at home for the first time since 2007 (5-0-4)... The team finished third in the ACC in shutout percentage (.500) and fourth in goals-against average (.833)

2022 (Freshman)

Played in two matches... Notched first career assist in 7-0 win at High Point... Logged 51 minutes.

Background

Named B1 Conference Player of the Year in 2021 ... Four-year letter winner for Locust Valley High School in Locust Valley, New York, collecting 47 goals and 26 assists and is a three-time All-County and 2020 All-State member ... Played club soccer for SUSAs Academy under the direction of JR Balzarini ... Named to the Top 20 Girl Soccer Player to Watch in 2020 and 2021 ... Named to the Top 100 Long Island Girls Soccer Player in 2019, 2020 and 2021 ... Academic Top 15 of Class of 2022, Advanced Placement Scholar and National Honor Society all four years of high school.

WAKE FOREST SOCCER



88

PAYTON CAHILL

GK • 5-8 • SR • COTTAGE GROVE, MINN. • HILL-MARRAY HIGH SCHOOL

Season Highs

Saves:
3, twice, last at Iowa (9/1/24)
Clean Sheets:
2, last at Villanova (8/5/24)
Shots Faced:
5, at Iowa (9/1/24)

Career Highs

Saves:
3, 3x, last at Iowa (9/1/24)
Clean Sheets:
6, last at Villanova (8/5/24)
Shots Faced:
9, vs. North Carolina (10/13/23)

CAREER STATS

SEASON	TEAM	GP-GS	Minutes	GA	GAAvg	Saves	Save%	W	L	T	SHO/CBO
2023-24	WF	8 - 8	720:00	5	0.63	9	.643	4	1	3	4/0
2024-25	WF	6 - 6	483:41	4	0.75	9	.692	4	1	1	2/1
TOTAL		14 - 14	1203:41	9	0.68	18	.667	8	2	4	6/1

BIO INFORMATION

Career Accolades

2022 ACC Honor Roll

2023 (Junior)

Appeared in and started eight matches... Made her collegiate debut and earned a clean sheet in the 2-0 victory over Virginia (9/24)... Earned another clean sheet victory in her second start on the road against Virginia Tech (9/29)... Started her career unbeaten in her first seven games (4-0-3)... Tallied nine saves, including a career-high three in the 1-1 draw against North Carolina (10/13)... Recorded back-to-back clean sheets in wins against Louisville (10/22) and Miami (10/26)... Played a role in the program-record for fewest goals allowed (15)... Helped the team go unbeaten at home for the first time since 2007 (5-0-4)... The team finished third in the ACC in shutout percentage (.500) and fourth in goals-against average (.833)

2022 (Redshirt Freshman)

Did not make an appearance.

2021 (Freshman)

Redshirted.

Background

Trained at the US National Team Camp... Two-sport athlete in soccer and tennis... Named All-State in Hill-Murray High School... State, Regional, National and International ODP teams... Selected to participate in the ECNL Player Development Program invitee... Ranked No. 142 in the TopDrawer-Soccer rankings

Personal

Daughter of Teige and Jen Cahill... Has one younger sister, Phoenix... Majoring in finance and economy...