WAKE FOREST TRACK & FIELD

RECRUITING STANDARDS

Reaching the posted standards will not guarantee an athletic scholarship or a spot on the team. Variables that will be considered when evaluating potential awards include academic standards, scholarship availability, team needs and year (junior or senior) when the marks are reached. Partial scholarships may range in value from "books" to 99%.

Event	Consideration for a Full Scholarship	Consideration for a Partial Scholarship	Standard for Walk-ons
100m – M	10.40	10.60	10.70
100m – W	11.60	11.75	12.00
200m – M	21.00	21.50	21.80
200m – W	24.00	24.50	24.80
400m – M	47.00	47.50	48.75
400m – W	54.60	55.50	57.00
800m – M	1:50.00	1:52.00	1:545.00
800m – W	2:06.00	2:10.00	2:14.00
1600m – M	4:07.50	4:13.00	4:17.00
1600m – W	4:45.00	4:55.00	5:02.00
3200m – M	8:55.00	9:10.00	9:18.00
3200m – W	10:25.00	10:45.00	11:00.00
110HH – M	13.70	13.95	14.50
100H – W	13.60	14.00	14.50
300H – M	36.50	37.50	38.00
300H – W	42.00	43.10	44.00
400mH – M	51.50	52.50	54.00
400mH – W	59.00	60.50	62.00
Pole Vault – M	16-9/5.10m	16-0/4.88m	15-0/4.57m
Pole Vault – W	13-6/4.12m	12-6/3.81m	12-3/3.73m
High Jump – M	7-0/2.13m	6-9/2.06m	6-6/1.98 m
High Jump – W	5-10/1.78m	5-8/1.72m	5-5/1.65m
Long Jump – M	25-0/7.62m	24-0/7.32m	23-06/7.01m
Long Jump – W	19-8/6.00m	19-0/5.79m	18-6/5.64m
Triple Jump – M	52-0/15.85m	50-0/15.24m	48-0/14.63m
Triple Jump – W	41-0/12.50m	40-0/12.19m	38-6/11.73m
Shot Put – M (HSImp)	65-0/19.81m	60-0/18.29m	56-0/17.07m
Shot Put – W	48-0/14.63m	44-0/13.41m	42-0/12.80m
Discus – M (HSImp)	190-0/57.91m	1800/54.86m	170-0/51.82m
Discus – W	160-0/48.76m	145-0/44.20m	135-0/41.15m
Javelin – M	225-0/68.58m	200-0/60.96m	180-0/54.86m
Javelin – W	160-0/48.76m	145-0/44.209m	125-0/38.10m
Hammer – M (HSImp)	220-0/67.06m	200-0/60.96m	180-0/54.86m
Hammer – W	175-0/53.34m	155-0/47.24m	145-0/44.20m
Weight – M (HSImp)	75-0/22.86m	69-0/21.03m	63-0/19.20m
Weight – W	60-0/18.29m	51-0/15.54m	45-0/13.71m
Decathlon – M (HSImp)	7300	6500	6000
Heptathlon – W	5250	4700	4400