

Covered Bridge Cross Country Meet
Friday, September 2, 2016
State Farm Fields - Appalachian State University
Boone, North Carolina

This is an invitational meet. Teams and individuals are invited. This is not an open meet. Contact Coach Michael Curcio for any further information 828-262-6559 or curciom@appstate.edu.

General Information

- Site: App State Farm Fields
- Race Times: Women's 5000m - 5:30 pm
Men's 6400m - 6:00 pm
- Course and Surface: Course is grass and pea gravel with some asphalt at a couple of crossings. There is one wide bridge with wood floors that will be crossed twice. Any questions, contact Coach Michael Curcio at 828-262-6559.
- Entry Information: We will be using Big Kahuna Timing for entries and chip timing results. Please enter a complete list of all runners that might run in the meet to bigkahunatiming.com no later than Monday, August 29th at 12:00pm to the listed internet site above. Please fill in all the data requested for the entry.
- Please send any unattached runners names to Coach John Weaver at: weaverjt@appstate.edu...no later than the 12:00pm deadline for regular entries.
- Entry Fee: \$120.00 per team (men and women separate)
Unattached runners still in college run free after presenting a valid college ID card.
Unattached runners post-collegiate will be a \$10.00 fee.
- Review of Course: Teams may view the course after 12:00 pm on September 2nd. Get in touch with Coach Curcio if you wish to review the course at an earlier time or day.
- Parking: Teams using charter buses must use the large parking lot adjacent to the course (on your right as you enter the area). Please do not drive down to the parking area near the fields since those fields are closed. Parking for all vehicles will be the large parking lot inside the fence. A gate in the far right side corner as you are looking at the fields will be open. Walk to the Covered Bridge. The course begins and ends in that area after crossing the bridge.
- TEAMS ARE NOT ALLOWED TO SETUP TEAM AREAS ON THE GREENWAY (PAVEMENT). THIS IS A WALKING TRAIL. IT IS SUGGESTED YOU BRING A TARP TO SETUP TEAM AREAS. TENTS CAN BE SETUP IN THIS AREA AS WELL.
- Blue Ridge Parkway: Teams planning to train in areas on the Blue Ridge Parkway land this weekend must register with the National Park Service. Contact Coach Mike Curcio for more details.
- GPS Information: 317 Dale Street, Boone, NC (Address is our motor pool area, which is at the same site)