



High Point Panthers Team Challenge February 11, 2016

- Admission:** There will be no charge for spectators at this meet.
- Eligibility:** High Point Panthers Team Challenge is an invitational event that is open to a total of six (6) Division I schools only. The meet is currently full. Teams wishing to be put on a waiting list should contact Mike Esposito at High Point: mesposit@highpoint.edu.
- Current teams confirmed include: High Point, Campbell, Citadel, College of Charleston (women only), Davidson, UNC-Greensboro, West Virginia (women only).
- Entry Deadline:** Online entries via Direct Athletics will open on Monday, January 25, 2016 and will close on Wednesday, February 10 at 11:59 pm EST.
- Entry Fee:** The registration fee is \$250 per team per gender.
- Team payment is due at packet pick-up. *Acceptable forms of payment are checks, money orders and cash.* Checks should be made payable to JDL Fast Track, LLC.
- Entry Limitations:** Each school is limited to no more than 6 athletes per running/field event and 2 relay teams.
- Spike Requirement:** **Pyramid spikes or Christmas tree spikes only with maximum length of ¼". Any athletes reporting to the starting line with larger spikes or needle spikes will not be allowed to compete. This will be strictly enforced. All athletes must check their spikes with the clerk when they check in.** Replacement spikes will be available for sale at the concession stand.
- Athletic Trainer:** JDL Fast Track will be providing a certified athletic trainer on-site during the competition. Schools not traveling with a trainer should send supplies, such as tape and pre-wrap, as the on-site athletic trainer will have limited quantities of those supplies.
- RunnerSpace Videos:** RunnerSpace will be on-site recording each track event. The races will be available after the event as part of RunnerSpace's +Plus subscription package. To get more information about subscribing to see this and all other races held at JDL Fast Track, go to www.runnerspace.com or www.jdlfasttrack.com. Also, the RunnerSpace video will serve as the official race video in the event of a protest, provided the RunnerSpace video is conclusive and captures the portion of the race in question.
- Check-in Procedures:** Field event athletes must check-in to their field event sites no later than 30 minutes prior to their competition. For running events, all athletes must check-in to receive their hip numbers no less than 10 minutes prior to their event.
- Seeding/Heat Sheets:** Preliminary heat sheets will be distributed via email to coaches/athletes on Thursday (Feb 11), and will also be posted on the JDL Fast Track website on the Schedule page. Every attempt will be made to have heat sheets distributed by noon.
- Implements:** Implement weigh-in will be underneath the timing platform near the throws cage. Implement weigh-in will be open from 3:30 pm to 4:15 pm. Both genders should go ahead and get implements weighed at this time.

Field Event Finals: Trials in the shot put and long jump will consist of 3 attempts, with the top 9 athletes advancing to finals.

Scoring: Scoring shall be consistent with NCAA dual meet scoring, which stipulates that scoring is limited to two individuals per team and one relay per team. Scoring for individual events is: 5-3-2-1. Scoring for relay events is: 5-3.

Each team will be given scored results against every other team in attendance and results will be sent to each team.

Team Officiating Duties: JDL Fast Track will be securing two head officials for each field event. Additionally, each team will be responsible for providing coaching staff or non-competing athletes to serve as “officials” to assist with that event or area of meet management. Each school should notify Craig Longhurst as to which event they wish to assist with no later than Wednesday, February 10.

Clerking	Finish Line/Hurdle Crew	High Jump
Shot Put	Long Jump	Long Jump/Shot Put

Timing: Fully automatic timing will be performed by Timing, Inc. of Cherryville, NC.

Results: Results will be posted at Direct Athletics and on JDL Fast Track’s website.

Schedule: In all events, the women will go first followed by men. Additionally, faster heats will precede the slower heats. A final schedule will be sent to all coaches via email no later than the morning of December 1.

3:30 PM **4:00 PM** **4:15 PM**
Track Opens **Coaches’ Meeting** **Officials’ Meeting**

RUNNING EVENTS	
Time	Event
5:00 PM	60m Hurdles
	Mile
	60m Dash
	800m Run
	200m Dash
	3000m Run
	4x400m Relay

FIELD EVENTS		
Time	Event	Area
5:00 PM	High Jump – men first	HJ Apron
4:15 PM	Weight Throw – women first	Throws Cage
	Shot Put – women first	
5:00 PM	Pole Vault – women first	PV Runway “A”
5:00 PM	Women’s LJ/TJ	LJ Runway “B”
5:00 PM	Men’s LJ/TJ	LJ Runway “A”

Meet Contact Info:

Craig Longhurst
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For additional information about the facility, rules or procedures, please visit the FAQ page on our website. A link to the FAQ page can be found at the top right-hand side of www.jdlfasttrack.com.